IN-PLANT ORIENTAL RUG CLEANING Have 2 And Get Rugs The 3rd Cleaned Cleaned Save up to 35%

Huntingto

Beacor

Valid on Our Signature Hand-Washing of Your Fine Rugs Or The Hadeed **Express Expedited Service** for Rugs that Qualify!

EXTENDED BY POPULAR DEMAND!

703-836-1111 | JoeHadeed.com | FREE PICKUP & DELIVERY! Expires 4/8/18, Same size or smaller rug free. Not valid w/any other offers, †Some restrictions apply.

Mount Pernon Gazette

New Vision for Richmond Highway

EMBARK General Locator Map Proposed Plan Amendment 2015-IV-MV1

LEGEND

BRT Station Location

Area Within One-Half

Embark Richmond

Highway Right-of-Way

Mile of Station

Revitalization plan emphasizes history, livability, environment and diversity with 18,000 new residential units and 8 million square feet of nonresidential.

> Ken Moore The Gazette

ore than threequarters of a billion dollars will be needed for the new vision for Richmond Highway. But enthusiasm for Embark Richmond Highway has already been cemented in place.

"We love the Embark. We think it's beautiful,

we think it's well designed, it's environmentally great, we hope it wins an award," said Mary Paden, of the South County Task Force, during a



Storck

Board of Supervisors public hearing on Tuesday, March 20.

"It's exciting for us who live in the Lee and Mount Vernon districts to see the potential for what our community can become as it redevelops. This plan amendment tells us that all of you see the potential, too," Catherine Ledec, president of Friends of Huntley Meadows Park, told the Board of Supervisors.

"The staff did an amazing job," said Edythe Kelleher, of the Southeast Fairfax Development Corporation.

"The level of detail, all the threads they pulled together, all the public comments that they had to sift through over the course of two and a half years, the manner in which they made everything so transparent to the community so that everyone could follow what was happening, this is truly a model of how this type of project should move forward," she said.

"An amazing, amazing complex

Huntley.

The Board of Supervisors, following an hour and a half public hearing, approved the Plan Amendment for Richmond Highway on Tuesday, March 20.

"Much like we've invested in the Tysons, Dulles and Reston corridors, Richmond Highway is ripe to be the next major reinvestment in the county," said Mount Vernon District Supervisor Dan

THE PLAN CONCEN-TRATES more mixed-use development, especially residential, within a half mile around nine planned Bus Rapid Transit stations.

There could be as many as 18,000 housing units and 8.5 million square feet in nonresidential development. Buildings could be as tall as 22 stories in the Beacon/Groveton town center.

There are six future business centers along the Rich-

Highway

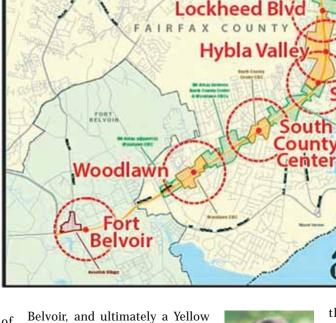
McKay

corridor, with most of future the growth in four centers: Penn Daw, Beacon/ Groveton, Hybla Valley/ Gum Springs

 $m \ o \ n \ d$

Woodlawn. The densest development will be focused in Beacon/ Groveton and Hybla Valley, the locations for the two future Metro

"This amendment clears the way for modern transit-oriented development in the Richmond Highway corridor to support a bus rapid fabulous document," said Carolyn transit (BRT) system, from the Gamble, of Friends of Historic Huntington Metro Station to Fort



Line Metrorail extension," said Storck.

The Woodlawn hub includes historic sites, such as Mount Vernon, Washington's Grist Woodlawn and Pope-Leighey House, and would be a cultural corridor and tourist hub, including a hotel and conference center near the BRT station.

The plan also emphasizes important environmental resources.

ADVOCATES WANT to ensure details in the plan, such as underground utilities and affordable housing and attention to common areas and green spaces.

"We just want to make sure that



Bulova

the people who work and live in it maintain the diverse ethnic and economic nature of our community. We're very proud of that,"

One Mile

said Paden. "I'm proud that I live

in a house and on one side is a U.S. citizen from Ghana, on the other side. I have soldiers who work at Fort Belvoir, and next to them is a family from Bolivia. I think it's a great strength of our area and we don't want to lose it, we don't want to get gentrified."

Chairman Sharon Bulova and the board gave unanimous support for the project.

"This truly is a transformative project and truly is exciting," said Springfield District Supervisor Pat Herrity

'It's a wonderful, wonderful corridor, it's a corridor full of environmental treasures and a corridor especially full of historic treasures," said Bulova. "And Embark recognizes that and incorporates all those things into the plan. I think this is exciting, I congratulate you both," she said to Storck and Lee District Supervisor Jeff McKay.

"If you take anything away from this, take the solidarity of the people that testified," said McKay. "This has been

a robust effort with a huge amount of community input."

"The number one thing I say we need is action, we need to secure money and we need to get money," said McKay. "Too many times, I've seen communities focus on a perfect plan and lose the opportunity right in front of them. We're not going to let that happen with Route 1.'



A team built on reputation.

When John McEnearney opened for business, he had one simple goal in mind...attract the best real estate agents in the business to his firm so that McEnearney Associates could provide the highest level of service to our clients. For the past 37 years we have had the good fortune to see that wish come true. They are the reason so many clients trust McEnearney Associates. They are responsible for our enviable reputation. To put it simply...they are McEnearney Associates.





Alexandria | \$1,599,000

Gorgeous new build with 5,200 SF features 5 bedrooms, 4.5 baths, a culinary inspired kitchen, versatile floorpan, spacious lower level, master with spa bath & 1-car garage. thegoodhartgroup. com/listings/718-w-timber-branch/ Sue & Allison Goodhart 703.362.3221 www.TheGoodhartGroup.com



Del Ray | \$849,900

This 3-bedroom, 2-bath bungalow features a large living with fireplace which leads into the separate dining room. Large kitchen with granite counters, lower level rec room, private yard, and 1-car garage. Walk to "The Avenue." 107 W Howell Ave. Jen Walker 703.675.1566 www.JenWalker.com



Old Town | \$1,975,000

Easy elegance defines this comfortable 3-level townhome in the SE quadrant! The open floor plan is customized with high-level craftsmanship. 4 bedrooms, 3.5 baths, an amazing patio, and 2 offstreet parking spaces!

Janet Caterson Price 703.622.5984 www.JanetPriceHomes.com



Seminary Ridge | \$1,075,000

The thoughtful redesign of a classic 4-bedroom, 3.5-bath home with will wow you! Special features include a chef's kitchen, a mudroom & laundry room with custom cabinetry, 2 fireplaces, 2 master suites, inviting outdoor spaces & so much more. Mason Montague Bavin 703.338.6007 www.MasonBavin.com



Belle Haven | \$1,195,000

English garden in the city! Just one mile south of Old Town is this genteel 1940s home, carefully curated and updated. Featuring Sub-Zero/Wolf kitchen, greenhouse, flat lot, roof deck, 4 bedrooms, 3.5 baths and a rare 2-car garage. Janet Caterson Price 703.622.5984 www.JanetPriceHomes.com



Old Town | \$849,000

Style. Location. Community! 3-bedroom, 3.5-bath townhome with fabulous chef's kitchen open to dining/living. Master retreat. Home office, guest suite, rec room, sunny roof deck and 1-car garage. Walk to Metro! 810 Snowden Hallowell Way MaryAshley Rhule 860.214.7474 www.maryashleyrealestate.com



Alexandria | \$1,549,900

Stately brick Colonial 10 minutes from This home is waiting for you with fresh Old Town & Pentagon. Gourmet kitchen & great patio with built-in grill. 5 bedrooms, space for gym, office & guests. Walk to rooms. Lovely lower level includes large schools, shops & dining. thegoodhartgroup.com/listings/1600-king-james/ Sue & Allison Goodhart 703.362.3221 www.TheGoodhartGroup.com



Stratford Landing | \$565,000

paint, gleaming hardwoods, updated kitchen and baths, large spacious recreation room, storage and half bath. Private deck backing to woods. Vicki Binkley 703.994.0778 Phyllis Sintay 703.472.3563



Old Town \$2,195,000 Stunning waterfront Fords Landing end townhouse with incredible views! Sculptured marble

fireplace mantels,

luxurious master

suite with cherry paneled dressing room, hardwood floors, high ceilings, wet bar with wine cooler, four bedrooms, three full and two half renovated baths, and two-car garage.

Babs Beckwith 703.627.5421 www.BabsBeckwith.com



Nethergate \$725,000 Rare all-brick,

3-level townhouse with walk out from combined kitchen/ dining room to fully landscaped brick patio and parking. 3 bedrooms, 2.5

bathrooms & 3 wood fireplaces. Refinished hardwoods, terrazzo floor tiles, exposed brick double wood-burning fireplace, Juliet balconies. Generous storage & attic. 2 parking. Metro. 1225 Michigan Ct.

Barbara Cousens 703,966,4180 Jud Burke 703.966.8343



Old Town \$899,000 Stunning end unit in the sought-after SE quadrant! This

lovely 4-bedroom, 2.5-bath house gleams with natural sunlight and has winter

water views from 2 floors, Renovated kitchen and baths, fenced yard, deck and 2-car driveway. No HOA.

Tracy Dunn 571,212,3658 www.tracybdunn.com



OPEN SAT 3/31, 2-4

Warwick Village \$559,900 The 3-level, 3-bedroom, 1-bath, brick townhouse features a large kitchen and a living/dining room

combination perfect for everyday living and casual entertaining. Lower level rec room and backyard with patio. Easy walk to "The Avenue" & the new Warwick Pool opening this summer! 2918 Hickory St.

len Walker 703.675.1566 www.JenWalker.com

















At Old Mill Park, the existing bike trail leads off from the east side of the access road but not the west side.

Bike Trail in Mount Vernon Eyed for Improvements

Links and bridge planned for segments southeast of plantation.

By Mike Salmon The Gazette

t Mount Vernon High School, on March 14, area cyclists looked at Fairfax County plans to complete a link in the Fairfax County bike rail network, patching together trail bits along Mount Vernon Memorial Highway to complete this bike trail in the southern part of the county.

Chris Wells, the Fairfax County bicycle and pedestrian coordinator, chaired the meeting, where they laid out plans that included a 10-foot shared use path connecting links of an existing trail with a pedestrian bridge crossing Dogue Creek and improved pedestrian crossings with Americans with Disabilities Act (ADA)-compliant marked crosswalks and curb ramps.

This \$6.5 million, two-mile stretch is part of the Potomac Heritage National Scenic Trail between Richmond Highway (Route 1) and Southwood Drive and in accordance to the Countywide Trails Plan.

They are patching together pieces of an neglected roadside trail that has been there for years, and is falling apart in places, according to area cyclist John Pickett, who attended the meeting.

"On paper, we want to connect the dots," said Pickett. He noted that even with the project completed, this stretch of trail would not be an ideal trail portion because the old parts that weave along Mount Vernon Memorial Highway are too narrow and riddled with tree-root lumps making it rough for bicycle commuters or serious riders. "It sets the stage to say 'let's fix the old stuff," Pickett said. With a team of consultants standing by the maps in the school cafeteria, concerns were raised about the steel and concrete design of the Dogue Creek bridge, sight lines for crosswalks, the condition of the decrepit existing trail segments, and drainage. The crossing at Old Mill Road was targeted as well.

Mount Vernon District Supervisor Dan

Storck was also there. He hopes the trail project will be done in 2018, but realistically thinks it will be 2019.

Part of the plan requires third-party approval. "Coordination with the FHWA, the U.S. Army and VDOT is required for potential intersection improvement at Fort Belvoir's Walker Gate entrance," the slideshow read. This meeting was a first step in the county process, and will now move further along, but no hard dates were mentioned. Comments will be accepted through April 8 at https://www.slideshare.net/ fairfaxcounty/mount-vernon-memorialhighway-trail-public-information-meeting-

County Honors Students with Peace Awards

Students from 23 Fairfax County schools recognized for promoting peace and conflict resolution.

By Steve Hibbard The Gazette

tudents from 23 Fairfax 2018 Student Peace Awards of Fairfax County, which were handed out in a reception held Sunday, March 11, at the Sherwood Community Center in Fairfax.

Since 2006, the awards have www.ConnectionNewspapers.com

recognized youth who introduce programs in their schools on many different issues that promote peace and conflict resolution County Public Schools were throughout the county. In the named recipients of the 2017-2018 school year, the recipients each received \$200, plus another \$100 to be given to any nonprofit organization of his or her choice.

"It's an honor to be here to help recognize you today for your out See County, Page 6



Mount Vernon High School: Scarlett Elizabeth Reyes was honored for her work with Christian Relief Services that helps families in the U.S. and around the world find safe havens from violence and attain clean water, housing, medical assistance, and education. She is with U.S. Rep Gerry Connolly (D-11).



West Potomac High School: Kameron Clarke was honored for opening the conversation between students, local police, and community leaders to foster learning, communication, and understanding and foster safer interactions between students and the police. Pictured with U.S. Rep Gerry Connolly (D-11).

Mount Vernon Gazette * March 29 - April 4, 2018 * 3

News

'Nevertheless, She Persisted' Commission for Women celebrates 2018 honorees at Women's History

Month reception.

By Andrea Worker

arch is Women's History Month, and the theme for this year's celebrations is "Nevertheless, She Persisted," referring to the now-famous phrase that was part of Republican Senate Majority Leader Mitch McConnell's rebuke of Democratic Sen. Elizabeth Warren of Massachusetts in February of 2017 after a partyline vote to stop Warren's speech against the appointment of Sen. Jeff Sessions as the U.S. attorney general.

"Sen. Warren was giving a lengthy speech," said McConnell at the time. "She had appeared to violate the rule[s]. She was warned ... nevertheless, she persisted."

Since then, that phrase has become a rallying cry for women's rights advocates and others around the world, and is a fitting description for the women chosen by the Fairfax County Commission for Women as their 2018 honorees, according to Michelle Mueller, the county's liaison to the commission, who led the program at the commission's reception on March 6 at the Government Center.

The women selected as this year's recipients for recognition by the county "have exemplified that persistence," said Mueller in her remarks, especially in their work to "fight all forms of discrimination against women."

* Sheila Coates, a sixth generation Virginian, Coates has been "persisting" for over four decades. The founder and president of Black Women United for Action since its inception in 1985, Coates has served on the board of the National Council of Women's Organizations and as a delegate to the National Summit on Africa. She successfully lobbied for a minority-at-large position to the Fairfax County Commission for Women, as well as for the appointment of an African American woman to the board at George Mason University — a first for the institution which she attended and where she studied public administration and political science. Coates continues her work, serving on a number of boards, panels and committees, and advising and educating on women's rights issues.



Grace Wolf Cunningham is serving her fourth term on the Herndon Town Council and is the first Korean American elected official in the Commonwealth of Virginia. Cunningham is an adviser to the Washington Coalition for Comfort Women's Issues (WCCW).

The group's name comes from the euphemism given to the more than 200,000 women trafficked as sex slaves during World War II by the Japanese military as "comfort" for the fighting troops and was started to call for acknowledgement of, and reparation to these victims.

In addition to their founding mission, today, WCCW continues to advocate for the rights of wartime victims and is dedicated to the "eradication and prevention of sex crimes." Cunningham was the driving force behind the installation of the "Peace Garden," unveiled at the Government Center in 2014, as a memorial to those "Comfort Women" and as a reminder of the need to remain vigilant and continue to fight human trafficking.

Laura Harris is another veteran in the fight against discrimination and as a

champion for victims of domestic violence. Harris has worked for Fairfax County Juvenile and Domestic Relations Court Services Unit for over 30 years and led the charge to bring county services and resources together in a coordinated response to domestic violence, instrumental in establishing the county Domestic Violence Prevention, Policy and Coordinating Council, as well as the Domestic Action Center. Among her achievements, Harris also helped to start the volunteer "Attorney for the Day Program" which provides pro bono legal services to clients seeking protective orders in domestic violence situations, but who cannot afford attorneys or who face challenges understanding their rights and the legal system.

Lidia Soto-Harmon, the CEO of the Girl Scout Council of the Nation's Capital, believes in developing and supporting future leaders, assuring that all young women have the opportunity to succeed. To that aim, Soto-Harmon works to make sure that no girl or volunteer is excluded from full participation in Girl Scouts because of financial difficulties.

Adding to her resume of years of activism, Soto-Harmon currently serves as the governance chair for the Meyer Foundation, an organization that "works on pursuing and investing in solutions that build an equitable Greater Washington community in which women of color and economically vulnerable thrive."

Assisting Michelle Mueller in presenting certificates to the honorees were Fairfax County Board of Supervisors Chairman Sharon Bulova, and Hunter Mill District Supervisor Cathy Hudgins. At the regular Board of Supervisors' Meeting which followed the reception, Bulova presented a proclamation, accepted on behalf of the Commission for Women by Cunningham, declaring March 2018 as "Women's History Month, and a time to honor all women who continue to fight and succeed in bringing positive change to the lives of diverse American Women.'

ACKNOWLEDGING THE WOMEN who

sacrificed in the past to gain the opportunity for women of today to succeed, the reception also included a display of the planned Turning Point Suffragist Memorial, a garden-based memorial to be located within the Occoquan Regional Park in Lorton — once part of the prison grounds where women suffragists were incarcerated.

Executive Director of Turning Point Patricia Wirth was on hand to showcase the drawings of the memorial and remind attendees of the contributions of the women "who came before us." Wirth says they still haven't raised all the funds needed to build the national memorial, but declared that regardless of what phase of achievement has been reached by that time, "there's going to be an unveiling event on Aug. 26, 2020."

Cunningham vowed to "put pressure on my colleagues to donate to the fundraising efforts for the memorial. We are so fortunate to live in amazing Fairfax County," said Cunningham, "where we have a woman as our Board of Supervisors chair, a woman chair for the public school board, mayors like Lisa Merkel of Herndon, women serving our area in the state legislature and so many more, unlike many other jurisdictions across our region and the country - and we wouldn't have this opportunity without these women who sacrificed to get women the right to vote.

For more about Women's History Month and the Commission for Women, see www.fairfaxcounty.gov/cfw. The Turning Point Suffragist Memorial Association has a Facebook page and information on www.suffragistmemorial.org.



From left: Board of Supervisors Chairman Sharon Bulova; honorees Lidia Soto-Harmon, Laura Harris, Grace Cunningham, and Sheila Coates; **Hunter Mill District Supervisor Cathy Hudgins**; and Michelle Mueller, county liaison to the Commission for Women at the Women's History Month 2018 Reception.

News



Living Stations of the Cross

On Friday, March 30, Saint Rita Catholic Church, 3815 Russell Road, and Good Shepherd Catholic Church, 8710 Mount Vernon Highway, will offer Living Stations of the Cross (or Via Crucis en Vivo) at 6 p.m. The living stations consist of a visual portrayal of Jesus on the way to his crucifixion.

2 REMODELED HOME TOURS, 1 DAY

Saturday, April 7, 12-4pm in Arlington

Come see how redesigning existing and adding space created better function, flow, and light in these homes. Showcasing both a kitchen addition with master bath to age in place and a MAIN-LEVEL transformation, this is a remodeled home tour you can't miss!







2916 N Lexington Street Ariington, VA 2220 Aging parents that need to relocate?

3600 25th Street North Ariington, VA 22201 Your home does not fit your lifestyle?

This is the tour for you.

Major Remodels • Additions • Kitchens + Baths • Basements • Exteriors 703.425.5588 | SunDesignInc.com





Rex Reiley RE/MAX Allegiance

703-768-7730 rex.reiley@rmxtalk.com



Alex/Riverside Estates \$429,900 8312 Orange Court

This is an excellent opportunity for an investor to come in, purchase, renovate, and flip. Also, a great opportunity for a young family to come in and fix up for themselves. Wonderful bones and yard on this 5BR, 3BA split w/a 2 car garage and fenced back yard. Won't be able to find a better price in Riverside Estates. Call Rex, his staff is ready to help you.



Alex/Vernon on Potomac \$595,900

8534 Riverside Road Lovely 4BR, 3BA Split w/DBL carport in Stratford Landing Elementary District. Numerous updates including Kitchen, Baths, tankless HWH, DBL Pane windows, exterior siding, beautiful hdwd floors on main level and lovely laminate (like hard wood) floors throughout lower level. Fenced back yard w/a wood deck and brick patio- Short walk to Stratford elementary. This is a keeper!!



Alex/Waynewood \$724, 1120 Waynewood Blvd. \$724,900

Waynewood's popular Mayfield model w/ 4 finished levels & a spacious 5th level w/good ceiling height waiting to be finished. Steps to Waynewood Elementary. This lovely light-filled home has 4BRs, w 2.5 BAs, a 3 season porch, & a lovely fenced bkyd w/a brick patio &

an attractive shed. Quality replacement windows, 6 panel doors. Beautiful newly refinished hdwd floors. FPL in Living rm, eat-in kitchen w/gas cooktop & double oven. Separate Dining rm w/French doors to porch. Family rm on lower level w/half bath.



Alex/Riverside Estates \$589,900 8543 Mt Vernon Highway Newly remodeled 3 lvl colonial w/4 BRs,

2.5BAs, huge oversized garage, all on a lovely .41 acre lot. New baths & stunning new open kitchen w/white cabinetry, granite counters, SS appliances, recessed lighting & an island w/breakfast bar. Large, bright Living rm w/fpl, separate Dining rm w/slid-

ng glass doors to deck & Family rm w/sliding glass doors to screened porch overlooking beautiful & flat bkyd. Gorgeous hdwd flrs, newly refinished. New carpeting & paint. Lower lvl Rec Rm w/fpl. One mile to GW Parkway, Potomac River & Mt. Vernon Estate. It's a 10!



Alex/Potomac Valley \$562 8807 Vernon View Drive

Lovely 4BR, 2BA, 4 lvl, Split on a lg, beautiful .3 acre lot w/a fenced bkyd. Freshly painted interior & beautiful refinished hdwds. Main lvl has a spacious & cozy Family rm w/gas FPL, 4th BR, & 2nd full bath. Upper level

#1 offers an open kitchen plus Living & Dining Rm. Upper level #2 has a full bath & 3BRs. The lower level has a lg partially finished Rec rm. Good price on a super lot & very nice home that you



Mt. Vernon Grove \$574, 9336 Heather Glen Drive \$574,900

Beautiful 4BR, 2.5BA colonial w/2 car garage on the Potomac River side of Mount Vernon. .34 Acre. Library on main level. Family rm w/fireplace off the kitchen w/French doors to bkyd. Dressing room & walk-in closet adjoin the spacious

Master suite. Separate Dining & Living rms. Unfinished basement w/walk-up steps. Minutes to Ft. Belvoir (S) & 15 minutes to Old Town, Alex, (N)



Alex/Mt. Vernon Manor \$585,000 4317 Granada Street

Beautifully remodeled 4BR, Split: Kitchen, Baths, DBL pane windows, 6 panel doors-Large Garage- All on a spectacular .52 acre lot. Stunning covered porch off the dining rm overlooking a magnificent landscaped/ hardscaped back yd w/an unbelievable spectacular 40'x 20' pool. Absolutely amazing, nothing like it in Mt. Vernon! LL offers 2 large BRs, plus remodeled

iath plus family rm & gas fpl. A lovely den has built-in shelves & and a newer double pane SGD which opens to a beautiful covered patio also overlooking the phenomenal yd & pool. All this for under \$600K!! Your chance to buy it now before everyone can see how the spring weather will turn this beautiful yd into a wonderland!



For more information: www.RexReiley.com

Each Office Independently Owned and Operated



County Honors Students with Peace Awards

From Page 3

standing work to promote peace throughout Fairfax County and beyond. Your areas of focus cover a wide range of topics and methods, but all unite in one common goal, and that is to encourage and to strengthen peace and unity among all of us," said Sharon Bulova, Board of Supervisors chairman. "In Fairfax County, we consider our diversity to be our greatest asset. It is what makes us special."

Special guests included Bulova; U.S. Rep Gerry Connolly (D-11); state Del. Ken Plum (D-36); School Board Member Ilryong Moon; School Board Chair Jane Strauss; School Board Member Ryan McElveen; and Guest Speaker Janessa Gans Wilder, founder and CEO of the Euphrates Institute, who flew in from California for the event. The host and organizer was Margaret Fisher.

Carmen Mazyck, 18, of Alexandria, who attends Hayfield Secondary, was honored for her role in the Hayfield Black Student Union. "With the Hayfield Black Student Union, our motto was to educate, serve, and inspire the community to embrace African-American culture and other cultures to bring people together of all races," she said.

Bryce Liquerman, 16, of McLean, a Junior at McLean High School, worked with Special Olympic athletes by coaching softball and soccer teams. "I help spread the word in the community that people shouldn't be awkward around them and people should be very accepting of people who are different mentally and physically," he said. "We're all people; it doesn't really matter, we're all the same I've led a lot of activities like doing tournaments and team events with many different Special Olympic athletes who have partnered a lot with other kids in our community."

Sarah Osman, 18, of Lorton, a senior at King Abdullah Academy, worked with "RefAmerica," which welcomed high school Syrian refugees who recently moved here. "As American high school students, we got to interact with each other and understand one another's cultures," she said. "We actually got to go to Congress and speak to congressional leaders on the matter of welcoming Syrian refugees into our country. I spoke about the plight of the history and how welcoming them into this country keeps the Pilgrim's legacy alive because the Pilgrims of 1620 came into this country in hopes of starting a brand new land where there would be freedom of speech and religion."

Arnaz Carter-Newman, 17, of Reston,

who attends Cedar Lane High School, worked with a Positivity Project. "We just hope to pass on the message that no one should be having a bad day. Everyone should be having a better day; everyone should be in a better mood," he said. "When you produce negative energy, then other people around you want to produce negative energy. When you produce positive energy, you start spreading positive energy and then everyone around you gets more happy.

Breshna Haider, 17, of Centreville, who attends Westfield High School, works with the school's Muslim Student Association. "We work really hard to partner with other organizations like the Adams Center of Sterling, and we want to promote more positive energy; we want people to be aware of what we do and get rid of the bad connotations from being a Muslim." she said.

Kimberly Schmaus, 18, of Chantilly, who attends Chantilly High School, helped to promote peace in the community. "I raised awareness about diversity in the community to try and promote peace. I urged others in the community to do the same because it's like a ripple effect; if one person starts it, it will have an effect on everyone else," she said.

Alvin Kim, 17, of Annandale, who attends Annandale High School, worked with NAKASEC - The National Korean and American Service and Education Consortium. "I lobbied and worked towards immigrant rights and immigrant opportunities and also helping to improve the community around Annandale," he said. "I did stuff like protesting for DACA, which was an Executive Order by President Obama back in 2012, and I also went to our U.S. senators such as Mark Warner and Tim Kaine to ask for their help in our cause We went around our school and our neighborhoods asking for petition signatures so that our representatives, both senators and House members, that they know that we care and that it is important to us that these needs are met." Janan Iranbomy, 17, of Falls

Quander Road School: Gina Scapellato was honored for instituting a peace project that encourages classmates to be more aware of how their actions and communication affect others, and for her work to help the homeless. She is with U.S. Rep Gerry Connolly (D-11).

Church, who attends Marshall High School, served on the Fairfax County Student Human Rights Commission and was president of Marshall's Amnesty International group. "I started a Fairfax County campaign called the 'Embrace Diversity Campaign' where we involved all students from Marshall and other Fairfax County high schools to have a campaign to unite the diverse community that we have in Fairfax County and just celebrate the unity in the community," she said.

Ricardo Avalos, 20, of Centreville, a Centreville High Junior, was the first president of the United International Students Association. "I helped immigrant students explore their dreams and make them feel less isolated in the school community, and helped them make more social relationships with students in the school so they don't feel that isolated with the students surrounding them," he said. "I personally experienced this because I came to the United States almost three years ago and I felt very isolated."

Katie Oliveira, 18, of Vienna, who attends James Madison High School, is one of the presidents of Madison's Amnesty Interna-

tional group along with Allison Janowski. "We worked really hard this year to do a 'Write for Rights Campaign' at our school, which is one of Amnesty International campaigns to get prisoners of conscience released from prison internationally," she said. "And we also led some debate days which we tried to promote healthy discussion within our **z** school from many different groups of people in the school to create a healthy debate and a safe space for people to speak their mind.

Kameron Clarke, 17, of Alexandria, who attends West Potomac High School, initiated a Police Relations Seminar at the school. "Me and my Combatting Intolerance Class are planning it. We're hoping to get two police officers from the Fairfax County Police Department and a defense lawyer to come and talk to students about how to interact with the police safely to prevent police brutality and just better relationships between students,

the community and the police officers," she

Bryan Brito, 21, of Centreville, who attends Mountain View High School, does volunteer work relating to immigration and Latin culture. "I've been pretty involved in it because I myself was an immigrant and undocumented in many different aspects. I had the same situation that many of the people that I'm helping now. I'm on the board of directors of the CIF — Centreville Immigration Forum. I am like the voice of them — I acknowledge the needs of my community and things that we can do and projects that we can accomplish," he said.

Nahom Dagnachew, 16, of Springfield, who attends Annandale High School, works with NAKASEC to promote immigrant rights. "When DACA was repealed, we did a lot of actions and sit-ins in Congress in order to promote DACA. In the last Virginia election, we also did a lot of voting promotion. We're trying to get the voter turnout high. We managed to increase Asian turnout by 195 percent for the 2017 Virginia election. Right now, we're working on getting a clean Dream Act approved," he said.



Bank Robbery

A man entered the SunTrust bank at 5922 Richmond Highway on March 23 at 12:28 p.m., displayed a note to the

teller, implied he had a gun and demanded money. The man was given an undisclosed amount of cash and left the bank. There were no injuries. The suspect was described as a white male, 40-50 years old, wearing a black stocking hat, a tan jacket, and a blue shirt with a striped tie. He also had a bandaid on the right side of his face.

Crime Report

The following incidents were reported by the Mount Vernon District Police Station.

ROBBERY: Arlington Drive and Vernon Square

ROBBERY: Arlington Drive and Vernon Square Drive, March 25, 11:55 a.m. A boy reported being approached by two men in ski masks while walking in the neighborhood. One of the men tackled the boy and then stole his phone.

the boy and then stole his phone.

HIT-AND-RUN/ARREST: Sherwood Hall Lane
/ Fordson Road, March 20, 4:41 p.m. A Fairfax
County Public Schools bus was rear ended while
sitting in traffic. There were students on board, but
no one was taken to the hospital for injuries. The
driver of the car that hit the bus ran from the scene.
Officers were then informed someone matching the
driver's description had arrived at a nearby hospi-

tal. The driver was identified as 25-year-old woman from Alexandria. She was charged with felony hitand-run, and also had an outstanding warrant for failure to appear in court on a drug charge.

FRAUD: 7901 Richmond Highway, March 20, 5:30 p.m. An employee noticed damage to the ATM at this location. A technician verified that a skimming device was used at this location, inserted in the part of the ATM with damage done to it.

ROBBERY: 8100 block of Keeler Street, March 20, 8:30 p.m. The victim reported that he was attempting to sell a pair of shoes to a subject on an app. The suspect arrived, displayed a handgun and fled with the shoes. The suspect was described as a black, 5 feet 6 inches tall, late teens, 120 pounds.

The suspect was wearing a black jacket, and grey

BURGLARY: 4900 block of Lawrence Street, March 19, 9:45 a.m. A resident called police after finding a window of their house open. When officers arrived, they apprehended a boy running out of the home.

WARRANT SERVICE / ASSAULT ON LAW ENFORCEMENT: 8723 Cooper Road, March 19, 9:00 p.m. Officers received information that there was a juvenile at this location who was wanted. As the officers attempted to arrest the boy, he elbowed one of the officers and ran away. The subject was

See Crime Report, Page 17 www.ConnectionNewspapers.com



Brandywine Living...

because we still do what we wanna do



OPENING SOON! Call Samantha or Susan at 703.940.3300

5550 Cardinal Place (next to Cameron Station) Alexandria, VA 22304 | www.Brandycare.com

Opinion 'Channeling Outrage into Activism'

By Adam P. Ebbin State Senator (D-30)

Ebbin spoke to students at Lewinsville Park in McLean during the walkout on March 14. The students, who attend schools across Northern Virginia, were participating in a rally for gun violence prevention organized by Students Demand Action DMV



following a 17-minute National Student Walkout held that morning at 10 a.m. in memory of the 17 who were killed in the Marjory Stoneman Douglas High School shooting in Parkland, Fla.

'm Senator Adam Ebbin, and I have an "F" rating from the NRA. Across the country, the gun violence prevention movement is being led by students like you. You are doing more than just wearing an orange ribbon, you are taking action and leading a conversation. You are channeling your outrage into activism.

I've been moved and inspired by the bravery and resilience of the young people in Parkland. Today, we are amplifying their message. With your activism, we can make real progress.

Every day, 96 Americans are killed with a

Every 10 hours a Virginian is killed with a

153,000 students have been exposed to campus shootings since Columbine.

For decades, the corporate gun lobby has dictated our gun laws.

Elected leaders at the local, state, and national level can make a difference; implore us all to take action. Hold legislators accountable for their voting records.

While Washington is mired in empty expressions of thoughts and prayers, it's time for state legislators to step up.

I have worked for common sense gun laws for years. This year, over 60 bills addressing gun violence were introduced in the Virginia General Assembly, but every one was defeated.

Del. Kathleen Murphy [D-34] and I have formed a General Assembly Gun Violence Prevention Caucus, but we need more voices loud voices, informed and passionate voices, particularly voices like yours.

I'm here to amplify your voice, to tell you that you don't have to be a voter yet to shape

Speak up by calling your elected officials. Engage the community by writing letters to the editor.

Get involved at election time.

Register to vote as soon as you are eligible. Stay informed and stay

active.

Commentary

Repeat until no school in America has to wonder "Who's next?"

Refuse to accept the status quo. Demand an end to gun violence.

The NRA tells us the AR-15 shouldn't be banned.

When a soft nosed bullet leaves the barrel of an AR15, it is travelling at three times the speed of a bullet fired from a handgun. It will break the sound barrier leaving the gun, travelling at 3,000 feet per second, tumbling end over end until it makes contact with its target.

When its target is a human body, the bullet enters and exits in less than the time it takes to blink, shredding tissue in a process known as caveation, killing soft tissue for up to three inches around the entry path, and leaves an exit wound the size of an orange.

A high capacity magazine on an AR-15 can unleash 50 of these rounds in less than a minute. Outfitted with an NRA-supported bump stock this weapon can empty this magazine in a matter of seconds. Don't let the NRA tell you it shouldn't be banned.

At Marjory Stoneman Douglas high school first responders saw the power of this weapon, the twitch of a finger painting the hallways of their school with blood.

Don't let the NRA tell you it shouldn't be banned. Don't tell us that kids have a right to carry these into our schools and movie theatres and malls an concerts and unleash the fury of this weapon on Americans.

Don't tell us that anyone has the right to carry a gun that holds 50 rounds and can be modified to fire them in under ten seconds.

Don't tell us we shouldn't be able to stop dangerous individuals from buying AR-15s at a sporting goods store.

Don't let the NRA tell you that thoughts and prayers are enough.

Enough is enough.

We're telling the NRA times up, we're telling them no more.

No more fearing the next headline.

We're telling the corporate gun lobby we're done with being afraid that when your friends go to school they might not come back.

We cannot wait any longer.

The NRA can get out of the way, or they can

One Major Hurdle Cleared

Several more to go in **Richmond Highway** revitalization.

By Dan Storck Mt. Vernon District Supervisor

ast week, our region took a major step forward in the revitalization of Richmond Highway when it passed the Embark Comprehensive Plan Amendment. This was the next major hurdle in re-imagining and redeveloping the Richmond Highway corridor and moving us into the 21st century. The Plan Amendment clears the way for modern, high-density transit oriented development

Commentary

in the corridor to support a bus rapid transit (BRT) system, from the Huntington Metro Station to Fort

Belvoir, and ultimately a Yellow Line Metrorail extension

Over the next decade, we must work through several challenges to stay on this path to revitalizing Richmond Highway. To understand the process and see the results that can come from this type of redevelopment, you only have to look to our north. The signs of growth and redevelopment abound around the I-95/495 in-



tersections, the Woodrow Wilson Bridge and the Huntington Metro Station, where more than 10 years ago the federal, state and county governments made significant infrastructure investments. Today, you can see the many benefits

of this public investment and the private investment it has brought, from better traffic flow and new housing to improved parks.

We now begin the next steps in implementing our vision along the Richmond Highway corridor, and that means securing the funding to make it happen. The highway and transit improvements included in the Embark Plan are critical to bringing private investment, new housing and development to both sides of the highway. This development, in turn, is critical to the success of BRT, and ultimately Metro, along the corridor.

The Richmond Highway transportation projects are estimated to cost \$700 million, with less than \$100 million allocated to these projects to date. Securing the additional \$600 million in funding will be a huge challenge and must come from many federal, state, regional, county and local sources. Making matters even more challenging, if the current State budget proposals to fund Metro pass as written, a significant portion of the new Metro funding will come from diverting local and regional transportation funds from the Northern Virginia Transportation Authority (NVTA). With \$377 million in funding for Richmond Highway improvements projected to come from future NVTA allocations, the funding of Embark is in jeopardy. We need your help advocating now to secure this much needed investment in the revitalization of the Richmond Highway corridor. You can start by contacting the Governor and your state representatives today to tell them to find new funding sources for Metro. Check out our website for more information on contacting your representatives about this important issue. Then, stay tuned as we engage the region in continuing to fight for this critical transportation funding which will bring exciting revitalization to the Richmond Highway corridor.

The Gazette welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to: Letters to the Editor • The Gazette

1606 King St. • Alexandria VA 22314 Call: 703-917-6444.

By e-mail: gazette@connectionnewspapers.com

Mount Vernon Gazette

www.MountVernonGazette.com

@MtVernonGazette

An independent, locally owned weekly newspaper delivered to homes and business

Published by Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT: gazette@connectionnewspapers.com

Steven Mauren

Editor, 703-778-9415 smauren@connectionnewspapers.com

Jean Card

Production Editor jcard@connectionnewspapers.com

Andrea Worker

Contributing Writer aworker@connectionnewspapers.com

Jeanne Theismann

jtheismann@connectionnewspapers.com @TheismannMedia

ADVERTISING:

For advertising information sales@connectionnewspapers.com

Debbie Funk

Display Advertising/National Sales 703-778-9444 debfunk@connectionnewspapers.com

Julie Ferrill

Real Estate, 703-927-1364 iferrill@connectionnewspapers.com

Helen Walutes

Display Advertising, 703-778-9410 hwalutes@connectionnewspapers.com

David Griffin

Marketing Assistant 703-778-9431 dgriffin@connectionnewspapers.com

Classified & Employment Advertising

703-778-9431

Publisher

Jerry Vernon 703-549-0004

Editor & Publisher

Mary Kimm mkimm@connectionnewspapers.com @MaryKimm

Editor in Chief Steven Mauren

Art/Design: Laurence Foong, John Heinly, Ali Khaligh

Production Manager: Geovani Flores

CIRCULATION **Circulation Manager:**

circulation@connectionnewspapers.com

A Connection Newspaper



Letters

Benefits for Surviving Children

To the Editor:

If you are a surviving spouse of a civilian federal employee and your child was denied pension benefits after Social Security ended, keep reading.

OPM is misinterpreting the law! The governing statute is 5 U.S.C. §8443(a), which states: (a) (1) If an employee or Member dies after completing at least 18 months of civilian service which is creditable under section 8411, or an annuitant dies, each surviving child is, for any month entitled to an annuity equal to - (A) the amount by which the applicable amount under paragraph (2) for such month exceeds the applicable amount under paragraph (3) for

month, divided by (B) the number of children entitled to a payment under this section for such month.

(2) The applicable amount under this paragraph for any month is the total amount to which the surviving child or children (as the case may be) of the annuitant, employee or Member would be entitled for such month under subchapter III of chapter 83 (including any adjustment based on section 8340) based on the service of such annuitant, employee, or Member, if the service of such annuitant, employee, or Member were creditable under such subchapter. (3) The applicable amount under this paragraph for any month is the total amount of child's insurance benefits which are payable (or would on proper application be payable) under title II of the Social Security Act for such month based on the wages and self-employment income of such annuitant, employee, or

Ruling: In 5 U.S.C. §8443(a)(2) Congress referred to "child or children." In paragraph (a)(3), Congress only referred to a singular "child's" benefits. If Congress had intended for child to be plural in paragraph (a)(3) as it was in (a)(2), it would have stated "child's or "children's" benefits. Instead, Congress only referenced one child when discussing the amount of SSA benefits to be subtracted from the potential FERS award. OPM's implementing regulation changed paragraph (a)(3) to "all children" which is erroneously canceling out pension benefits for older children as they age out of SSA. I have tried to bring this injustice to both my congressman and senator on numerous oc-

If you are a surviving spouse fight OPM! It is illegal for you to use SSA benefits in the name of one child for the benefit of another child. OPM's calculation of including younger children's SSA benefits to offset older children's pension benefit violates SSA. It is also discriminating against the older child as they will not qualify for the same benefits as a younger child using OPM's current calcu-

Insist OPM obey the statute as written when calculating your

> **Barbara Wiley** Alexandria

In Praise Of School Librarians

To the Editor:

In honor of School Library Month (April), I first want to recognize all of our school librarians out there in Fairfax County. Thank you for all you do every day for our students. Additionally, a loud shout-out goes to state delegates who support highly qualified, certificated librarians in our public schools. In these times we live in, it is more important than ever to have knowledgeable librarians who are committed to guiding students through the responsible use of digital platforms, critical analysis of all types and sources of information, and, of course, the search for the perfect book.

Part of the librarian's job is to collaborate with the instructional staff in his or her school to teach these skills. If we don't have certificated librarians in our library, the quality of the whole education program suffers.

Students in our schools show achievement in the following ways: thinking, creating, sharing and growing. Librarians, through the following shared foundations - inquiry, inclusion, collaboration, curation, exploration and engagement — foster an environment for this evidence of learning. Just this month, Dr. Scott Brabrand, superintendent of FCPS, in a meeting with over 200 school representatives, mentioned the need for digital literacy lessons for our students — the very lessons that librarians have the expertise to provide.

So, the next time you're picking up your kids from their school, regardless of grade level, stop by the school library to greet the librarian, and check out all the amazing things going on there.

Michelle G Johnson Alexandria

SHOP LOCAL FIRST



Connecting Business and Community

Find local businesses at www.MtVernon-LeeChamber.org 703-360-6925

Monthly Networking Second Thursday Business Breakfast 2nd Thursday of each month 8:00 am to 9:30 am Belle Haven Country Club

MOUNT VERNON-LEE CHAMBER OF COMMERCE 6821 Richmond Highway / Alexandria, VA 22306





Public Hearings

Funding the Right Transportation Projects

You are invited to share comments on transportation projects that have been recommended for funding in the FY2019-2024 Six-Year Improvement Program (SYIP). Additionally, pursuant to §33.2-202, comments will be accepted for new projects valued in excess of \$25 million. The Commonwealth Transportation Board will take your comments into consideration as it develops the FY2019-2024 Six-Year Improvement Program. The program allocates public funds to highway, road, bridge, rail, bicycle, pedestrian and public transportation projects. All federally eligible projects in the SYIP will be included in the Statewide Transportation Improvement Program to document how Virginia will obligate its federal funds.

Meeting materials will be available at http://www.ctb.virginia.gov/planning/springmeetings/default.asp beginning April 16, 2018.

Public meetings begin at 4:00 p.m. in each of the locations except as noted below: A formal comment period will be held at these meetings.

Monday, April 16, 2018 Hampton Roads - Hampton Roads Transportation Planning Organization, 723 Woodlake Drive Chesapeake, VA 23320	Thursday, April 19, 2018 Lynchburg - VDOT Lynchburg District Office Ramey Memorial Auditorium 4303 Campbell Avenue Lynchburg, VA 24501	Tuesday, April 24, 2018 Richmond - Hilton Garden Inn 800 Southpark Boulevard Colonial Heights, VA 23834
Monday, April 30, 2018* Northern Virginia - Northern Virginia District Office Potomac Conference Room 4975 Alliance Drive Fairfax, VA 22030 *meeting begins at 5:30 p.m.	Thursday, May 3, 2018 Staunton - Holiday Inn and Conference Center 152 Fairway Lane Staunton, VA 24402	Monday, May 7, 2018 Culpeper - Culpeper District Auditorium 1601 Orange Road Culpeper, VA 22701
Tuesday May 8, 2018 Fredericksburg - Germanna Community College Workforce and Technology Center 10000 Germanna Point Drive, Fredericksburg, VA 22408	Thursday, May 10, 2018 Salem - Holiday Inn Valley View 3315 Ordway Drive NW Roanoke, VA 24017	Monday, May 14, 2018 Bristol - Southwest Virginia Higher Education Center One Partnership Circle Abingdon, VA 24210

You can also submit your comments by email or mail by May 30, 2018:

For roads and highways: Six-YearProgram@VDOT.Virginia.gov, or Infrastructure Investment Director. Virginia Department of Transportation 1401 East Broad St., Richmond, VA 23219.

For rail and public transportation: DRPTPR@drpt.virginia.gov, Public Information Office, Virginia Department of Rail and Public Transportation 600 East Main Street, Suite 2102, Richmond VA, 23219.

The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of its services on the basis of race, color or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).

Opinion

Embark Ushers in a New Phase for U.S. 1

By Scott Surovell State Senator (D-36)

ast week, the Fairfax County Board of Supervisors approved the Embark Route 1 comprehensive plan revision, a step that lays the groundwork for development over the next 30-40 years for the seven miles of U.S. 1

between the Huntington Metro zen during work on the U.S. 1 redesigns and right-of-way im-Station and Fort Belvoir. This plan, reflecting several years of community input, has significant implications for both Fairfax and Prince Commentary

William counties.

When I was elected to the House of Delegates in 2009, efforts to reach consensus for a Fairfax County, U.S. 1 road design had froCenterline Study, issued by the Virginia Department of Transpor-

tation (VDOT) in January 2010 after a 15-year process. Prince William County was planning a

series of U.S. 1 redesigns while Fairfax County's decision-making had stalled after disputes arose about incorporating transit into

pacts. Then-Congressman Jim Moran had secured \$180 million to expand U.S. 1 to six lanes in Fort Belvoir, but that expansion would create a bottleneck at Jeff Todd

After consulting VDOT experts, then-Virginia Sen. Toddy Puller and I introduced legislation requiring VDOT to conduct a new study

focused on Fairfax County's segment of U.S. 1. Gov. Bob McDonnell and Virginia's Secretary of Transportation at the time, Sean Connaughton, had Mt. Vernon roots, were sympathetic and helped free up \$2 million in state funds. Senator Puller partnered with Prince William Sen. Chuck Colgan who put \$2 million in the state budget and the Route 1 Multimodal Alternative Analysis was born.

Between 2011 and 2014, officials held numerous public meetings and at their conclusion, the consultants recommended that U.S. 1 be widened to a consistent six lanes incorporating sidewalks and multi-use paths along the entire 14-mile stretch. Transit was the hard part.

I adamantly insisted that a Yellow Line Metro Subway extension be incorporated. The consultants determined that a Metro extension was feasible to Hybla Valley, but to create an environment to support such a large investment and obtain federal funding, the county would have to boost commercial and employment density. The consultants also recommended constructing bus rapid transit (BRT) from the Huntington Metro station to Woodbridge to facilitate the growth necessary to support Metro.

The study's executive committee approved these recommendations in October 2014 and the Board of Supervisors adopted the study's conclusions in early 2015. Then the county initiated the Embark Route 1 process for phases I and II through Fort Belvoir, a process needed to incorporate these recommendations into the county's Comprehensive Plan. This is what the Board of Supervisors adopted last week.

The Embark plan will bring a new street grid to facilitate parcel interconnectivity and keep cars, bikes and people off U.S. 1 and create thousands of new jobs. Projects will "daylight" long-buried creeks, getting them out of sewer pipes and coupled with modern storm water control facilities, become community assets. Sustainable development approaches will reduce individual energy consumption. Similar to the Arlington Metro Corridor, this project will take cars off the roads.

For residents in Woodbridge, Phase III will connect bus rapid transit to the Woodbridge VRE, expand the Occoquan River bridge to six lanes, improve the commute into Fort Belvoir, facilitate better



See Embark, Page 18 www.ConnectionNewspapers.com

Opinion

Truth about Sports Scholarships

By Bob Gardner
Executive Director, National
Federation of State High School
Associations
And Billy Haun
Executive Director, Virginia High
School League

any parents are trying to live the dream through their sons and daughters — the dream of landing a college athletic scholarship by specializing in a sport year-round. Unfortunately, most of these dreams are never realized.

The odds of a sports scholarship paying for even a portion of a student's college education are miniscule.

The College Board, a not-for-profit organization comprised of 6,000 of the world's leading educational institutions, reports

Commentary

that a moderate cost for college students who attend a public university in their state of resi-

dence is \$25,290 per year. The annual cost at a private college averages \$50,900.

Meanwhile, the most recent data from the NCAA reveals that the average Division I athletic scholarship is worth only \$10,400. More significantly, the same study shows that fewer than two percent of all high school athletes (1 in 54) ever wear the uniform of an NCAA Division I school.





Gardner

Haun

Even if the dream is realized, parents likely will spend more money for club sports than they ever regain through college athletic scholarships. Thanks to the costs of club fees, equipment, summer camps, playing in out-of-state tournaments and private coaching, youth sports has become a \$15 billion-per-year industry.

There is an option, and it's a financially viable one: Encourage your sons and daughters to play sports at their high school.

In education-based high school sports, student-athletes are taught, as the term implies, that grades come first. The real-life lessons that students experientially learn offer insights into leadership, overcoming adversity and mutual respect that cannot be learned anywhere else. Unlike club sports, coaches in an education-based school setting are held accountable by the

See Sports, Page 18

COMMUNITY OPEN HOUSE

Fairfax County invites you to a Community Open House to learn more about the Original Mount Vernon High School Redevelopment Project.

Original Mount Vernon High School Redevelopment Project

Thursday, April 5th 7:00 PM - 9:00 PM

Original Mount Vernon High School Cafeteria 8333 Richmond Hwy, Alexandria, VA 22309

Visit https://www.fairfaxcounty.gov/publicworks/capital-projects/originalmount-vernon-high-school for more information.

& To request reasonable ADA accommodations, 72 hours prior to the meeting call 703-324-5800 and TTY 711.





You Can Make a Difference





Cats benefit from being in a foster home. We need long- and short-term fosters for cats of all ages, mothers with litters and kittens on their own.

Email cats@lostdogrescue.org.



Consider Fostering

visit the website, click on Participate

Adopt/Donate/Volunteer at www.lostdogrescue.org

Richmond Highway Bus Rapid Transit (BRT) Public Information Meetings

PUBLIC INFORMATION MEETINGS

Tuesday, April 17, 2018 West Potomac High School

(Cafeteria) 6500 Quander Rd Alexandria, VA 22307

and

Wednesday, April 18, 2018

Mount Vernon High School (Cafeteria) 8515 Old Mt Vernon Road Alexandria, VA 22309

Agenda for both meetings 6:30-8:30 PM - Open House 7:00 PM - Presentation / Q&A

PROJECT WEBSITE

fairfaxcounty.gov/transportation

Keyword: "Richmond Highway BRT"

Fairfax County Department of Transportation (FCDOT) invites the public to an informational meeting to learn about a project to implement a Bus Rapid Transit (BRT) system along Richmond Highway and North Kings Highway from Huntington Metrorail Station to Fort Belvoir.

BRT systems are high-quality public transportation systems designed to be fast, reliable, and more convenient than traditional bus routes.

Join us at a meeting to learn about the project background and related studies, features of BRT systems, and how to stay involved. You can also give your input on the project.

Translation: Spanish translation will be available for the presentation and meeting displays. If you would benefit from translation to another language, those services can be requested free of charge by contacting FCDOT at 703-877-5600, TTY 711.

Transportation and On-site Child Care Assistance: Transportation is offered from Sacramento Neighborhood Center, South County Government Center, and Hybla Valley Elementary School. Requests are accepted until April 12 by contacting Maria Franco-Nativi at 703-704-6700, TTY 711, or by email at maria. franco-nativi@fairfaxcounty.gov.

FCDOT ensures nondiscrimination in all programs and activities in accordance with Title VI of the Civil Rights Act of 1964 and the Americans with Disabilities Act (ADA). If you need this information in an alternate format, contact FCDOT at 703-877-5600, TTY 711. You may also mail project comments to FCDOT, Richmond Highway BRT Project Manager, 4050 Legato Road, Suite 400, Fairfax, VA, 22030.

Spring Fun



High-fire stoneware hand painted woodpecker ware by Laura Nichols of Great Falls, Va.

Cal endar

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Woodlawn Needlework Show and

Sale. Through March 31, 10 a.m.-4 p.m. (closed Tuesdays) at Woodlawn and Pope-Leighey House, 9000 Richmond Highway. The 55th annual Needlework show and sale at Woodlawn Estate, the historic home of Nelly Custis, America's foremost needleworker. Exhibits, vendors, workshops, house tours, and more for the whole family. Adults \$15, k-12 \$6, 5 and under free. Call 703-570-6903 or visit www.woodlawnpopeleighey.org/annualneedleworkshow/.

"Cherry Blossom Week." Through March 31, Daily, 10 a.m.-6 p.m.; Thursdays until 9 p.m. at The Torpedo Factory Art Center, 105 N. Union St. The Torpedo Factory Artists' Association (TFAA) is honoring the annual National Cherry Blossom Festival with their own Cherry Blossom Week. With a schedule of events that includes artist demonstrations, private tours, and instudio specials, cherry blossom fun blooms at the Torpedo Factory Art Center. More than 50 of the 82 working artist studios at the Torpedo Factory Art Center will have cherry blossom-inspired art on display or for sale, and interactive events will occur all week. Complete details of the TFAA's Cherry Blossom Week, including studio maps, can be found

at torpedofactoryartists.com/cherry. "Finishing Flourishes." Through March 31, gallery hours at the Torpedo Factory Art Center's Scope Gallery, 105 North Union St., ground floor Studio 19. Artists have a ball with "Finishing Flourishes," as they put forth their finest, and elevating detailing as the high-point in design Perfect punctuation on a pot makes tops twerk or handles twirl with grace. Edges flute and ruffle and feature lacy, racy cut outs. Call Scope Gallery at 703-548-6288 or visit www.scopegallery.org.

"Drone Zone." Through March 31, gallery hours in the Art League Gallery, Torpedo Factory Art Center, 105 North Union St., Studio 21. Drones appeared in Beverly Ryan's artwork in 2015, inspired by questions about their use in warfare. Ryan explores questions related to this topic in her multi-media exhibit,



Raku-fired sculpted crackle-glazed polar bears by Heidi Schramm of Arlington, Va.

High-fire sea otter and raccoon mugs by Peggy Reichard of Accokeek, Md.

www.theartleague.org or call 703-

various times at Del Ray Artisans Gallery, 2704 Mount Vernon Ave.

artists see nature and depict it in

media, and drawings. Before the camera, much of what we knew

'Outdoors In" showcases the ways

paintings, sculptures, textiles, mixed

about nature came from artists and

others who drew and painted what

they saw and experienced. Artists

include local students, visit

'Outdoors In." Through April 1,

Beasts Beyond Boundaries'
Kiln Club artists highlight "Beasts Beyond Boundaries: Cultural Creature-centric Connections," corralling critters on gallery shelves. Hang with hip hippos and party with polar bears as artists express imagination in original sculpture. Looking for a little fleeting fun, artistry attracts insects like sweet bees, lovely ladybugs or an utterly beautiful butterfly. Go fishing for good fortune and catch a school of smelt, a plate of salmon or Maryland crabs. Plan to playfully eat kung pao from a kitty bowl and mu shu from a platter of mutt. April 2-29, daily 10 a.m.-6 p.m.; Thursdays until 9 p.m. at Scope Gallery, 105 North Union St., ground floor Studio 19 of the Torpedo Factory Art Center. Call 703-548-6288 or visit www.scopegallery.org.

www.DelRayArtisans.org/exhibits.

through April 15, at the Athenaeum,

201 Prince St. In Parallel Lives transcultural humanity is on display.

Curated by Brigitte Reyes, five artists

(Antonius Bui, Amy Chan, Nekisha

embrace and explore their place in

the world. visit www.nvfaa.org or

Art Exhibit: Renewal. Through April

Durrett, Muriel Hasbun, and Jeff

Huntington) bridging diverse cultures and aesthetic traditions

"Parallel Lives." Various times,

15, gallery hours at Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. Gallery artists producing themed work may draw on any aspect of "renewal" for inspiration. This show will highlight the work of gallery artists Debra Lee, Cheryl Roesel, and Julia Stephens. visit www.Potomacfiberartsgallery.com or call 703-548-0935.

"Before the Spirits are Swept Away." Various times at the Alexandria Black History Museum,



Stoneware high-fire crackle contrast penguins by Klaudia Levin of Silver Spring, Md.

Rus Uz to Bring Taste of Russia, Uzbekistan to Carlyle

call 703-548-0035.

By Hope Nelson

ungry cinema-goers in Alexandria's Carlyle district will soon have a new option to try. Rus Uz, a fusion of Russian and Uzbekistan cuisine, is opening its doors over the summertime directly adjacent to the AMC Hoffman Theater at 210 Swamp Fox Road, taking the place of the departed Ruby Tuesday.

A spinoff of an Arlington restaurant with the same name, Alexandria's Rus Uz will take the majority of the original eatery's menu and styling but add some twists, says general manager Ibrokhim Rakhmatullaev.

Appetite

"It's going to be the exact same (as the Arlington location)," he said. "The only difference over here is we're trying a new concept: We're

going to have a tea room. ... We're going to have a small, special tea room full of desserts — we have a pastry chef from the region that's going to be working with us, so it's going to be an upscale

And the new location for Rus Uz isn't the company's first foray into Alexandria. Indeed, the business began in town, but on a smaller scale, Rakhmatullaev said.

"When we first started off, we were a catering company. ... We were in Alexandria, but it was a very small (place)," he said.

Now, though, the restaurant is returning to Al-

exandria after a years-long respite, hardier and more robust. And Rakhmatullaev is pleased with the spot they've chosen.

"The Hoffman is a great area, and I think there is a lot of improvements going on and will be coming soon for the Hoffman Town Center," he said.

In another twist of coincidence, Rus Uz's longtime Arlington neighbors have also moved to the Carlyle area in the last little while.

The National Science Foundation "used to be right next to our restaurant in Arlington," Rakhmatullaev said. "We used to have a lot of their corporate private events in our restaurant."

In terms of the food, expect a hearty blend of both Russian and Uzbek dishes, says Rakhmatullaev. On the Russian side of things, "expect a lot of caviar ... stroganoff, borscht, a lot of vodka obviously," he laughed.

Representing Uzbekistan, leading the way is the plov. "It's the national Uzbek dish," says Rakhmatullaev. "Rice, raisins, carrots, chickpeas ... lamb, everything in cooked in one pot with turmeric. It's one of my favorite dishes on the menu right now."

The Rus Uz team has begun renovations and expects to have the restaurant in good order soon. Barring struggles with permitting, Rakhmatullaev aims to have the restaurant open by July.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

902 Wythe St. This exhibition, featuring 20 of Sherry Sanabria's African American historic site paintings, is made possible by the Sanabria family, who generously donated 23 of her paintings to the Alexandria Black History Museum. These paintings are part of Sanabria's "Sites of Conscience" series, which has as its focus African American heritage, prisons, concentration camps, and mental hospitals. Free but donations are appreciated. Call 703-746-4356.

Pick-Up Hockey. Ongoing, Wednesdays and Fridays 11:30 a.m.-1 p.m. at Mount Vernon Ice Skating, 2017 Belle View Blvd. Play hockey with other hockey buffs, hitting slap shots and learning puck handling skills that the pros use. Players must have full equipment. 16 and older. visit www.fairfaxcounty.gov/parks/rec/mtvernon/ or call 703-768-3224.

The Monday Morning Birdwalk takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park's entrance at 3701 Lockheed Blvd. Call 703-768-

CAMPS, CLASSES & WORKSHOPS

Community Dance. 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. For a schedule, visit

TheDelRayArtisans.org. **The Harmony Heritage Singers** (Mount Vernon Chapter of Barbershop Harmony Society), a daytime, a cappella, Chorus, rehearses on the 2nd and 4th Tuesdays, monthly, at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane, 10 a.m.-1 p.m. Newcomers welcome for fun or to book for a performance. visit HHSingers.org, or call 703-352-5271

THURSDAY-SATURDAY/MARCH 29-31

Fairfax County Parks. Egg-citing activities are breaking out at parks

Spring Fun

Hersh Conducts ASO Season Finale

By Melinda Kernc Alexandria Symphony Orchestra

uring the 74th season, the Alexandria Symphony Orchestra (ASO) has been featuring its four candidates for music director. The finalists have conducted symphonies from Xalapa, Mexico to Lucena, Spain — from the Los Angeles Philharmonic to the Washington National Opera. One candidate will be chosen later this spring as

ASO the ASO's next music director, and special events and appearances are planned to introduce him to Alexandria and the surrounding community during the ASO's 75th Anniversary Season in 2018-2019.

The fourth and final candidate, Nicholas Hersh, will conduct Saturday, April 7, 8 p.m. at Schlesinger Concert Hall, and Sunday, April 8, 3 p.m. at the George Washington Masonic Memorial. The program features Johannes Brahms' Symphony No. 2 in D Major, C.P.E. Bach's Symphony in E-Flat Major and Astor Piazzolla's "Tangazo: Variations on Buenos Aires."

"The connective thread for this program is three composers from three different eras pushing the limits of musical form," said Hersh. Bach's Symphony bridges the Baroque and Classical styles by using classical form with innovative harmonies and unexpected timbres. "Piazzolla composed 'Tangazo' in classical form as well, but he also summons the fiery tangos of his homeland within Bach's structure — including a fugue," comments Hersh.

"Brahms' Second is often described as the sunniest of his symphonies, yet the composer called it so melancholy it should be printed on black-bordered paper," observes Hersh. "For this reason — and its timeless melodies — it remains utterly fascinating



Nicholas Hersh

after its premiere." Nicholas Hersh serves as associate conductor of the Baltimore Symphony Orchestra and artistic director of the Baltimore Symphony Youth Orchestras. As guest conductor, he has appeared with the New World Symphony, New Jersey Symphony, National Reper-

nearly 150 years

tory Orchestra and Southern Great Lakes Symphony.
Concert attendees, musicians and community members are invited to provide feedback after the performance. The ASO will announce the new music director later this spring.

The Alexandria Symphony is a fully-professional orchestra drawing from the Washington, D.C. metropolitan region's wealth of musical talent. ASO musicians perform with other orchestras and top military bands. The ASO performs Saturdays at Rachel M. Schlesinger Concert Hall and Arts Center and Sunday matinees at the George Washington Masonic Memorial. Adult tickets are \$20-\$80, with \$5 youth, \$10 student and military, senior and group discounts available. Visit www.alexsym.org or call 703-548-0885.

Join us for Easter!

Easter Sunday - April 1 7:30am 9am 10:30am 12pm 2pm en español

Good Shepherd Catholic Church 8710 Mt. Vernon Hwy Alexandria VA 22309 gs-cc.org



(703) 382-1011 www.mtvac.net

Join MTVAC \$10 Down \$10 First Month

Get FIT for the New Year Don't Delay and Join Today! *Fitness Memberships Only

Offer expires 3/31/18

Sign up today!

The #1 Place for Fitness & Tennis in Alexandria—Since 1972

Cal endar

throughout Fairfax County in March. Visit www.fairfaxcounty.gov/parks/ park-news/2018/psa055.

Hidden Oaks Nature Center is running a Dinosaur Egg Hunt on March 29, 30, 31 and April 1. Enjoy a dinosaur-themed program and outdoor egg hunt while visiting Dinoland in Nature Playce. The program is for children age 2-8. \$8 per child.

On Saturday, March 31, Burke Lake Park is hosting a day of fun called Baskets and Bunnies. There will be egg hunts, carousel and train rides, crafts and games. \$12 per person in advance; \$16 the day of the event. Clemyjontri Park is offering an Easter Egg Hunt, crafts and photo ops with the Easter Bunny for children age one to nine. \$7 per child. Add a carousel ride for \$2. There's also an Egg Hunt that day at **Nottoway Park.** Register at the picnic shelter for egg hunts for children age 1-9. Registration begins at 9:30 a.m. Schedule: ages 1-2, 10:30 a.m.; ages 3-4, 11 a.m.; ages 5-6, 11:30 a.m.; ages 7-9, 12 p.m. \$10 per child, registration 9:30-11:45 a.m. \$10 per child – cash only at registration.

THURSDAY/MARCH 29

Easter Egg Hunt. At Cameron Run Park, Alexandria. Children, 2-11 years old, are invited to celebrate spring with coloring, games and photo opportunities with the Easter Bunny. Bring an Easter basket to collect eggs, a raincoat if it's sprinkling, and a camera to take photos with the Easter Bunny. Each hunt is \$10 per child, plus a \$3

online service fee. visit apm.activecommunities.com/ novaparks for details and to register.

FRIDAY/MARCH 30-SUNDAY/APRIL 1

Easter Egg Hunt. Friday, 3 p.m.;
Saturday, 10:30 a.m., 12:30 and 2:30 p.m.; Sunday, 12:30 and 2:30 p.m. at Lee-Fendall House Museum, 614
Oronoco St. Activities include games, crafts, refreshments, and photos with the Easter Bunny. Every participating child will receive an Easter egg. \$12 children, \$5 adults. Call 703-548-1789 or visit www.leefendallhouse.org.

SATURDAY/MARCH 31

Hike Thru Wildflowers. 10 a.m.noon at Huntley Meadows Park, 3701 Lockheed Blvd., Alexandria. Huntley Meadows naturalist and artist Margaret Wohler leads a spring hike focusing on spring wildflowers. Learn

Margaret Wohler leads a spring hike focusing on spring wildflowers. Learn techniques to sketch these flowers and how to enhance your observation skills. Cost is \$9/person. Call 703-768-2525 or visit www.fairfaxcounty.gov/parks/

huntley-meadows.

Women's History Month

www.ODCLINKS.org.com.

Comen's History Month
Luncheon. 11 a.m.-2 p.m. at Hilton
Alexandria Mark Center, 5000
Seminary Road, Alexandria.
Presented by Old Dominion Chapter,
The Links Inc. in partnership with the
Old Dominion Foundation Inc.
Luncheon to benefit the foundation's
scholarship program. Keynote
speaker is Dr. Johnnetta Betsch Cole.
Register at
odcodfnow.eventbrite.com or visit

Locals' Alley Saturdays. 12:30-2:30 p.m. at The Old Town Shop, 105 South Union St. Meet the makers of local goods, featuring Dimitri Olive Oil & Vinegar tastings. Call 703-684-4682 or visit

www.TheOldTownShop.com.

A Treasury of Tea. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Discover myths and facts behind the history of tea and the many tea types. Hear about social impacts of tea, changing fashions of the tea table, and teatime traditions and etiquette, and learn how to brew teas to perfection. Adults.

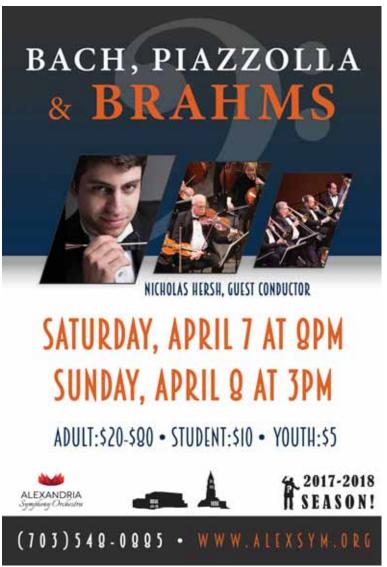
Reservations required: \$32/person (program + tea), \$12 (program only). Call (703) 941-7987, TTY 703-324-3988.

Live Music: Cleve Francis. 7:30-10 p.m. at The Birchmere, 3701 Mount Vernon Ave. An evening of eclectic music with Cleve Francis and his large band performing their own brand of country, folk, blues, light rock and jazz. \$35 plus fees. Email muzicdoc@gmail.com or visit www.clevefrancis.com.

MARCH 31-MAY 20

Art Exhibit: 2018 Emerging

Artists. Daily 10 a.m.-6 p.m.; Thursday until 9 p.m. at Target Gallery at the Torpedo Factory, 105 North Union St., Studio 2. Target Gallery, the contemporary exhibition space of the Torpedo Factory Art Center, introduces a new annual exhibition series featuring the work of emerging artists of the D.C., Maryland, and Virginia region. This inaugural year's exhibition features the work of Katie Barrie, Ronald







SENIOR LIVING

This special focus will include stories focusing on enhanced lifestyle for seniors among Connection readers and their families, including spiritual, physical, mental and financial well-being. Target the neighborhoods of the top suburban communities with the highest home values, incomes and spending power with many mature adults exploring their many opportunities. Showcase your products and services in this special focus section with the award-winning Connection Newspapers print and digital media.

April 4, 2018
Advertising Closes:
March 29, 2018

Your ads in Connection
Newspapers' 15 demographically
segmented markets appear in
print and digital editions on our
Web sites, reaching affluent
viewers and readers.

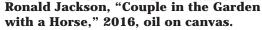


Perfect Marketing Opportunity for:

Retirement Homes | Assisted Living | Real Estate | Home Remodeling | Home Cleaning & Staging | Home Health Care | Doctors | Dentists | Cosmetic Surgery | Vision Services | Counselors | Physical Therapy | Spas | Hearing Aids | Medical Equipment | Travel | Education | Second Career Planning | Trusts | Annuities | Investments

Spring Fun







Holly Trout, "Trophy," 2017 - plastic animal legs mounted on wood.

2018 Emerging Artists

Target Gallery, the contemporary exhibition space of the Torpedo Factory Art Center, introduces a new annual exhibition series featuring the work of emerging artists of the D.C., Maryland, and Virginia region. This inaugural year's exhibition features the work of Katie Barrie, Ronald Jackson, Hollis McCracken, and Holly Trout. They were selected by a jury panel consisting of Ksenia Grishkova, director of Touchstone Gallery; Blair Murphy, independent curator; and Jack Rasmussen, director and curator at the American University Museum at the Katzen Arts Center. The exhibit runs March 31-May 20 at Target Gallery at the Torpedo Factory, 105 North Union St., Studio 2. Opening Reception: Friday, April 13, 7-9 p.m. and Jury Panel Talk: Thursday, May 10, 8 p.m. Visit torpedofactory.org/partners/target-gallery.

Calendar

Jackson, Hollis McCracken, and Holly Trout. Visit torpedofactory.org/ partners/target-gallery.

APRIL 2-29

Art Exhibit: Beasts Beyond

Boundaries. Daily 10 a.m.-6 p.m.; Thursdays until 9 p.m. at Scope Gallery, 105 North Union St., ground floor Studio 19 of the Torpedo Factory Art Center. Kiln Club artists highlight "Beasts Beyond Boundaries: Cultural Creature-centric Connections," corralling critters on gallery shelves. Call 703-548-6288 or visit www.scopegallery.org.

TUESDAY/APRIL 3

Yoga in the Park. 8-8:55 a.m. at Huntley Meadows Park, 3701 Lockheed Blvd., Alexandria. Eightweek Hatha yoga class on Tuesdays. Cost is \$93 for series. Call 703-768-2525 or visit www.fairfaxcounty.gov/ parks/huntley-meadows.

WEDNESDAY/APRIL 4

Discussion with Brian Stolarz. 6:30

p.m. at Alexandria Black History
Museum, 902 Wythe St., Alexandria.
Featuring criminal defense attorney
Brian Stolarz on the exoneration of
Alfred Dewayne Brown who spent 10
years on death row in Texas for a
crime he did not commit. Sponsored
by the Alexandria Black History
Museum, the Alexandria African
American Hall of Fame, the
Alexandria Society for the
Preservation of Black Heritage Inc.,
and the Queen Street All American
Bible Study Ministry. For
reservations, call 703-746-4356.

Plant Selection, DIY Sustainable
Yard Series, Part 4. 7-8:30 p.m. at
Beatley Library, 5005 Duke St.
There's a perfect selection of plants
that will thrive best in the conditions
of any site. Learn how to select
appropriate plants, what is meant by
a native plant versus a cultivar, and
some best practices for planting and
maintenance. Free. Advance

registration requested at mgnv.org. Call 703-228-6414 or email mgarlalex@gmail.com.

APRIL 4-MAY 6

Art Exhibit A Study of Manhattan.

Gallery hours at the Art League Gallery, 105 North Union St., Studio 21, in the Torpedo Factory. Paintings by Robert Gilbert: A Study of Manhattan: Power, Dominance, and Excitement. Opening Reception takes place Thursday, April 12, 6:30-8 p.m. Visit www.theartleague.org or call 703-683-1780.

THURSDAY/APRIL 5

Local Author Thursday. 5-7 p.m. at The Old Town Shop, 105 South Union St. Book signing by Craig Roach, "Simply Electrifying: The Technology that Transformed the World, from Benjamin Franklin to Elon Musk." Light refreshments. Call 703-684-4682 or visit www.TheOldTownShop.com.

Author Talk with Ann Bausum. 7 p.m. at the Nannie J. Lee Center, 1108 Jefferson St., Alexandria. Free. The author of Sergeant Stubby will read from her books as part of All Alexandria Reads, facilitated by the Alexandria Library. Call 703-746-5405.

APRIL 6-29

Art Exhibit: A Touch of Magic.

Gallery hours at Del Ray Artisans
Gallery, 2704 Mount Vernon Ave. Del
Ray Artisans "A Touch of Magic"
exhibit is inspired by the subtle,
simple, complex, or bold magic that
creates life's special moments,
fulfilled dreams, rare experiences,
and fosters the recognition of beauty.
Opening Reception is Friday, April 6,
7-9 p.m. Visit
www.DelRayArtisans.org.

SATURDAY/APRIL 7

Garden Gate Plant Shop Reopens. 9 a.m.-1 p.m. at Green Spring

Gardens, 4603 Green Spring Road, Alexandria. You will find shrubs, native plants, wildflowers, ornamental grasses and unusual perennials and annuals. All proceeds from the shop benefit the gardens at Green Spring. Friends of Green Spring (FROGS) receive a 10 percent discount. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/greenspring/shops.

spring/shops.

Playwriting for Young Audiences
Workshop. 9 a.m.-noon at National
Art Education Association, 901 Prince
St., Alexandria. Guest playwright
Martha King DeSilva will discuss
writing and developing new plays for
younger audiences. Registration fee:
\$45; early bird fee \$35 (before March
30). Email

PipelinePlaywrights@gmail.com for registration information.

The "Grandest Congress" - The French and Indian War in Alexandria. 12-4 p.m. at Carlyle House Historic Park, 121 N. Fairfax St., Alexandria. Free. Visitors to the Carlyle House will experience Maj. Gen. Edward Braddock's visit there and the French and Indian War firsthand through costumed interpreters. Visit www.novaparks.com or call 703-549-

50-Year Tribute to Rev. Dr. Martin Luther King, Jr. 2 p.m. at Bethlehem Baptist Church, 7836 Fordson Road. To remember the 50th anniversary of Dr. Martin Luther King's death on April 4, 1968, a local coalition of faith communities and nonprofits, Ventures in Community (VIC), will sponsor a tribute to him. An informal cookie-and-punch reception will follow. The event is free and open to all. Visit www.bethlehemofalexandria.org.

6-7 p.m. at Lincolnia Senior Center, 4710 North Chambliss St., Alexandria. Open dancing 7-9:30 p.m. with a DJ who provides music. Admission for NVCWDA members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. Smoke-free, alcohol-free.

Spring Fun

Pub Crawl To Benefit Foundation

Nonprofit provides scholarships.

By Ashley Claire Simpson Gazette Packet

hile not everyone can serve in the Armed Forces or combat domestic danger as a first responder, it is possible for civilians to be heroes in their own right. Beer Army Foundation — a non-profit organization that fuels acts of heroism in local communities — holds events all year that both honor local heroes and turn its participants into such local heroes.

This Saturday, March 31, the inaugural Heroes Charity Pub Crawl in Old Town, Alexandria, will benefit Beer Army Foundation, which every year awards 10 scholarships to degree-seeking students in the Unite

"We're a 501(c)3 non-profit commu nity outreach organization that prom

education, volunteerism and economic impact," said Matt Smith, deputy director of Beer Army Foundation, said. "Every year, we give out 10 scholarships to degree-seeking students of every kind in Virginia, North Carolina, South Carolina, and Oregon; anywhere we have a fundraising event, we give back to that community and offer scholarships for people in the area. We are probably the most liberal scholarship program out there. We don't care how old you are, your background, or what kind of academic program you're pursuing. We just want to help people get where they want to go.

Founder Dustin Canestorp, a retired United States Marine, established Beer Army Foundation to unite fellow beer enthusiasts with a passion for giving back.

"My tagline for this organization is, 'We drink beer for a purpose," Smith said. "Our founder, Dustin, is a retired Marine and tries to create things that benefit the community. We do a lot of things to honor everyday heroes who don't necessarily enjoy the limelight of being called a hero. We hold a lot of events to toast anyone who makes a positive impact in someone's life or their community.

Canestorp launched the organization in 2007, after his close friend and fellow Marine was killed in

"I still had very mixed emotions with processing and compartmentalizing the loss of Todd ... His loss was the key reason for me to begin Beer Army," Canestorp wrote on the Beer Army Foundation website. "I just knew that I was ready to move on from the Marine Corps and do something in the beer industry ... it was time for me to pursue my American Dream which encompassed the lovely liquid that

Canestorp took the energy from fellowship forged

with his friends during beer and poker nights in Jacksonville, North Carolina — the home of the Marine Corps base Camp Lejeune — and turned it into a charitable army of community heroes.

Beer Army Foundation, now in its 10th year, contributes to community charities and continues to grow its scholarship program through its own restaurant, Beer Army Burger Company, and a host of beer and brewing related events. These include festivals and pub crawls like the Heroes Charity Pub Crawl in Alexandria this weekend.

"It's our way to reach the community," Smith said. "Last year, we gave out \$13,000 in scholarships. All applicants have to do is write an essay, and an independent panel stacks and ranks all the essays we receive. We don't care if you're going to culinary school,

> 'lege, a four-year university, or business school. You just have to write a 'thank you' letter if you win."

The community giveback doesn't stop with these scholarships either.

"Every dollar we earn goes right back into charity," Smith said. "The more money we have, the more money we raise and the more scholarship dollars we can give out.

Our impact has grown every year, too. In total, we've had \$3.9 million of economic impact between the scholarships, events and donating to charities.'

This Saturday, the Heroes Charity Pub Crawl will begin at Murphy's Alexandria Grand Irish Pub, and will end at Chadwicks. Each bar will host its own happy hour special, and all ticket proceeds will go to Beer Army Foundation.

Mike Wimer, Alexandria resident and organizer of the Heroes Charity Pub Crawl, said he couldn't turn down the opportunity to help out the organization, many of its volunteers being his own friends.

"I have some friends retired from Alexandria fire department who work and volunteer for Beer Army Foundation," Wimer said. "I'm a retired Alexandria firefighter of 11.5 years and before that, I was in the Army for eight and a half years. That's how I got involved. I took one look at their website and thought, 'If they're helping all these people, I can at least help the cause this year by setting up this event in Alexandria."

Wimer began organizing this event six months ago, and has planned for some of his favorite Alexandria haunts to be a part of it.

"I asked 20 to 30 restaurants knowing that you need six to eight restaurants in the same general vicinity. Otherwise, it's too spread out. Each of the participating are each running specials, most of them their happy hour specials, which is really special for a Saturday. These are all top end restaurants in Old Town and the event will go from noon to 5pm. It's all about raising a pint for heroes."

To purchase tickets in advance for \$15, visit www.beerarmy.org/herohunt. Tickets on site at Murphy's the day of the event for \$20.

Plant sale & garden product marketplace

APRIL 13 & 14 at RIVER FARM

The American Horticultural Society's

7931 East Boulevard Drive Alexandria, Virginia

10 a.m.-4 p.m.

Parking \$10 per car; free for AHS members

For more information, visit: www.ahsgardening.org/ GardenMarket

The American Horticultural Society is a 501(c)(3) non-profit organization. Proceeds from this community event help support the AHS's educational programs and the stewardship of River Farm.

Thanks to media sponsor

Mount Vernon Gazette

A Community Favorite



Since 1904, The Royal has been Old Town's Favorite neighborhood restaurant. Award-winning menu includes prime rib, fresh seafood, roast chicken best burgers hand-carved roast turkey and salad bar.

Serving Breakfast - Lunch - Dinner

Full Buffet with Omelette Station Saturday and Sunday Brunch 7am-2pm

Save 50%

On second dinner entree of equal or lesser value when you mention this ad. Offer expires 4/30/18

734 North St. Asaph Street, Alexandria, VA 22314



RoyalRestaurantVA.com

Cal endar

BYO refreshments. Visit

www.nvcwda.org. **Alexandria Symphony.** 8 p.m. at Schlesinger Concert Hall and Arts Center, 4915 E. Campus Drive, Alexandria. Nicholas Hersh's program focuses on contrasting styles featuring Johannes Brahms Symphony No. 2 in D Major, C.P.E. Bach's Symphony in E-Flat Major and Astor Piazzolla's Tangazo: Variations on Buenos Aires. Tickets are \$20-\$80/adults, visit www.alexsym.org or call 703-548-0885.

SUNDAY/APRIL 8

Alexandria Symphony. 3 p.m. at George Washington Masonic Memorial, 101 Callahan Drive, Alexandria. Nicholas Hersh's program focuses on contrasting styles, featuring Johannes Brahms Symphony No. 2 in D Major, C.P.E. Bach's Symphony in E-Flat Major and Astor Piazzolla's Tangazo: Variations on Buenos Aires. Tickets are \$20-\$80/adults. Visit www.alexsym.org or call 703-548-0885.

MONDAY/APRIL 9

Ballroom Dance Classes. 7 p.m. at The Athenaeum, 201 Prince St., Alexandria. Led by Gary Stephans, ballroom dance instructor. Learn the Fox Trot, Waltz, Tango, Swing, Salsa, Merengue, Rumba, Cha-Cha and Samba. No partner needed. Cost is \$30/person; \$55/couple. Email garystephans@me.com or 703-505-5998.

April 4-May 6, 2018. Visit

News



Last year's tribute to Rev. Dr. Martin Luther King, Jr. at Bethlehem Baptist Church.

Gather for Tribute to King

To remember the 50th anniversary of Dr. Martin Luther King's death on April 4, 1968, a local coalition of faith communities and nonprofits, Ventures in Community (VIC), will sponsor a tribute to him at 2 p.m., Saturday, April 7, at Bethlehem Baptist Church, 7836 Fordson Road, Alexandria

The event features essays by high school students answering the question, "How to End Racism in America: What Would Dr. King Do?"

Three church choirs will perform, and all in at-

tendance will be asked to recommit to ending racism. An informal cookie-and-punch reception will follow. The event is free and open to all.

VIC is a community group of about 60 faith communities, nonprofits, and county agencies in the south county area formed 45 years ago provide volunteer support to the hypothermia shelter at Rising Hope Methodist Mission Church. It holds monthly meetings and sponsors other events. See Ventures in Community – VIC on Facebook.



West Potomac High School wrestling coaches, Bruce Huester, Doug Clark, and team.

Memorial Donation Supports Team

At West Potomac High School's winter sports banquet on March 6, the wrestling team was presented with a donation in honor of Dr. John William King.

King died suddenly on Christmas Eve and his family and friends wanted to make a donation to something special to him. This effort was spearheaded by three of his closest friends and Fort Hunt High School

classmates, Doug Clark, Louis Dupart and Bruce Huester. A member of the Fort Hunt High School wrestling team from 1964 to 1968, King was an accomplished student athlete and respected orthodontist in the Richmond area. This donation will help continue the West Potomac wrestling team's tradition of excellence.

Bulletin Board

Submit civic/community announcements at ConnectionNewspapers.com/ Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

KINDERGARTEN REGISTRATION

Child turning 5 years old by Sept.

30? If so, contact your child's school to make arrangements for kindergarten enrollment. Most schools begin getting information together now for parents of incoming kindergartners, and many host an orientation or open house. All kindergarten programs are full-day and located in FCPS elementary schools. Check your school's webpage or contact the school directly for specific enrollment information and dates of orientationor visit www.fcps.edu/registration/kindergarten-registration.

SUNDAY/APRIL 1

Easter Sunrise Service. 7-7:45 a.m. at The Circle at George Washington' Mount Vernon, 3200 Mount Vernon Memorial Highway, Mount Vernon. Ahnna Lise Stevens-Jennings, director of Youth Ministries, Aldersgate UMC presents "When Morning Meets Our Eyes." Hosted by the Rotary Club of Mount Vernon assisted by Boy Scout Troop 993. Bring a lawn chair. All are welcome. Free. Email mikej1013@verizon.net for more.

MONDAY/APRIL 2

Scholarship Deadline. Scholarship for research of local Civil War history

— The Bull Run Civil War Round Table in Centreville, a 501 (3) c organization, offers a \$2,000 scholarship to a public or private high school senior who resides either in Fairfax County. Applicants should plan to attend college in the fall of 2018. Information and application instructions can be found at bullruncwrt.org.

WEDNESDAY/APRIL 4

Public Meeting: Richmond Highway Corridor

Improvements. 6:30-8:30 p.m. at Mount Vernon High School, 8515 Old Mt Vernon Road. Join a third public information meeting hosted by Virginia Department of Transportation (VDOT) about plans to widen Richmond Highway from four to six lanes between Jeff Todd Way to Napper Road. A brief presentation will begin at 7 p.m. Visit www.virginiadot.org/projects/

northernvirginia/richmond_highway.asp.

THURSDAY/APRIL 5

Original Mount Vernon High School Redevelopment Project.

Original Mount Vernon High School, 8333 Richmond Highway. Supervisor Dan Storck, County staff, the Alexander Company and Elm Street Development will discuss the overall vision and process for the redevelopment master planning. Community attendance and input is encouraged. The Open House will convene in the cafeteria. Visit www.fairfaxcounty.gov/publicworks/ capital-projects/original-mountvernon-high-school.

FRIDAY/APRIL 6

Scholarship Nomination Deadline.

The National Capital Region Chapter of the National Football Foundation is accepting nominations for their 2018 Scholar-Athlete banquet. The Chapter awards five \$1,000 scholarships annually to deserving high school senior scholar athletes who played high school football. Nominees are evaluated on academic and athletic excellence, as well as contributions to their school and community. Nomination packets have been mailed to each high school head coach in the National Capital Region.

TUESDAY:THURSDAY/APRIL 10-12

FY 2019 Budget Meetings. April 10, 4 p.m.; April 11-12, 1 p.m. at the Fairfax County Government Center (Board Auditorium), 12000 Government Center Parkway, Fairfax. The advertised budget plan can be found at www.fairfaxcounty.gov/budget/advertised-budget-plan. Sign up to speak at the public hearings on

up to speak at the public hearings or the FY 2019 budget at www.fairfaxcounty.gov/bosclerk/ speakers-form or call 703-324-3151.

WEDNESDAY/APRIL 11

FCPSOn Community Meeting. 7
p.m. at Mount Vernon High School,
8515 Old Mt Vernon Road. Learn
more about FCPS' plans to extend
student learning and increase equitable
access to technology. FCPSOn provides
a device for each student and allows
students opportunities for deeper
understanding of content and skills
outlined in the Portrait of a Graduate
in order to be successful in the
workforce of the future. Visit
www.fcps.edu/resources/technology/



Widening Presentation

VDOT is hosting a third public information meeting regarding the US 1 widening between Costco and Fort Belvoir on Wednesday, April 4, from 6:30 to 8:30 p.m. A brief presentation will begin at 7 p.m. at Mount Vernon High School, 8515 Mt. Vernon Road.



TO ADVERTISE IN THIS PAPER, CALL BY MONDAY 11:00 AM 703-778-9411

Announcements

We pay top \$ for STERLING,

MEN'S WATCHES, JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS.

> Schefer Antiques 703-241-0790

theschefers@cox.net

Find us on Facebook and become a fan!

www.Facebook.com/ connectionnewspapers



The Connection to Your Community

Announcements

Employment

Forget Daily Commuting

Print and digital media sales consultant for area's most popular and trusted local news source

Manage your own hours from home Enjoy flexible schedule plus no daily commute Help local businesses grow Unique opportunity to be a voice in your community Competitive compensation

Call Jerry Vernon 703-549-0004

Trusted Connection to Local Communities

Announcements

AUCTION

Gray Auctions Co. VA#1104 "One of Virginia's Largest Consignment Auctions" Sponsored By Sharon UMC

7+ Estates, 3+ Antique Dealers, Coins, Surplus, Autos, Farm Equipment, Furniture, Tools & more Saturday, March 31, 2018 @ 9 A.M.

14089 Robinson Road, Stony Creek, VA 23882 For all info Visit: www.graycoservices.com or call Joe Grav at 804-943-3506

Announcements

Announcements

STORM PROOF METAL ROOFING

WE MANUFACTURE METAL **WE INSTALL METAL** WE FINANCE METAL

SUPERIOR DURABILITY - ENERGY EFFICIENT 40 YEAR WARRANTY ON THE FINISH SENIOR CITIZEN DISCOUNT

WWW.METALROOFOVER.COM

CALL 800-893-124

Announcements

Announcements

BASEM RACKED WALL

We Fix: Basements, Crawlspaces, Cracked/Settling Foundations, Bowing Walls



800-772-0704

Call Now! 10% Limited Time Coupon Serving you since 1972

Some Restrictions Apply

Crime

From Page 6

apprehended shortly after. In addition to the original warrant, he was charged with resisting arrest and assault on a law enforcement officer.

DRUNK IN PUBLIC/ARREST: Andrus Road and Sherwood Hall Lane, March 16, 7:12 p.m. Officers responded for a man taking his clothes off and screaming. When officers arrived, the man was acting disorderly and was given several commands to stop. He refused and an electronic control weapon was used to take him into custody. A 40year-old man of no fixed address was charged with drunk in public.

PURSUIT: Janna Lee Avenue/ Woodhue Place, March 15, 11:15 p.m. A patrol officer attempted a traffic stop on a Ford Fusion. The driver did not stop. Officers pursued the suspect, while in the area of the 7900 block of Janna Lee Avenue, the suspect got out of the vehicle and attempted to run away. The suspect was taken into custody after a brief search. A 26-year-old man from Alexandria was charged with reckless driving, disregarding police signal to stop, four outstanding warrants, and possession with intent to distribute a schedule I substance.

WARRANT / ARREST: 6300 block of Richmond Highway, March 15, 7:30 p.m. While conducting an investigation the location of the suspect was known to officers. Officers were able to apprehend the suspect and confirmed he was responsible for numerous diamond thefts in Fairfax county and surrounding jurisdictions. The 20-year-old man from Arlington was charged with one outstanding warrant, two counts of grand larceny, and two counts of larceny with intent to distribute.

BURGLARY: 5400 Claymont Drive, March 13, 10 p.m., A resident reported an unknown male opened her window while she was sleeping. She woke up, and saw a man with a mask on, blue jacket, and blue jeans. The suspect jumped out of the window when the resident woke up and ran away. There were no injuries. No items taken from

ASSAULT ON LAW ENFORCE-MENT OFFICER: 3500 block of Buckman Road, March 9 at 9:55 a.m. An 18-year-old man from Burke was arrested after resisting arrest following a traffic stop. An officer stopped a vehicle for a traffic violation in which the suspect was the passenger. He and the driver were asked to exit the car due to suspicion of narcotics. The suspect physically assaulted one officer and was arrested for assault on a law enforcement officer, obstruction of justice, and possession of marijuana.

ASSAULT ON LAW ENFORCE-MENT OFFICER: 2511 Parkers Lane (Mount Vernon Police Station), March

Employment

9 at 7:30 p.m. A 25-year-old man from Alexandria was arrested for assault on a law enforcement officer after initially being arrested on a domestic related incident. He was being escorted to the magistrate when he became disorderly and started spitting on an officer and then at deputies.

TRAFFIC PURSUIT: 8000 block of Richmond Highway, March 10, 8:10 p.m. An officer on patrol observed a vehicle driving recklessly on Richmond Highway. The officer attempted to stop the car, but it continued driving towards the Maryland state line. Due to traffic, the pursuing officer lost sight of the vehicle. The Prince George's County Police Department located the vehicle abandoned near National Harbor.

ROBBERY: 6711 Richmond Highway (Rite Aid), March 11, 6:45pm. A man entered a convenience store and displayed a handgun to an employee. The suspect took cash and fled on foot. There were no injuries. The suspect was described as a black man, appearing to be in his 20's, about 5'9" and wearing grey sweats and sunglasses.

BURGLARY: 3200 block of Napper Road, March 8 between 12 p.m. and 3:46 p.m. A home was entered and jewelry and personal items were taken.

ROBBERY: 6717 Richmond High way (Walgreens), March 4, at 9:35 p.m. A community member was walking away from the Walgreens when he encountered three men. A brief conversation ensued and the three men assaulted the man and robbed him of his money

TRAFFIC PURSUIT / DWI AR-**REST:** 2600 block of Arlington Drive, March 4, at 1 a.m. A 30-year-old man from Alexandria was arrested and charged with DWI, hit and run, disregarding an officer's signal to stop, and multiple other traffic violations following a traffic pursuit. An officer observed a vehicle with an apparent equipment violation. The officer activated the emergency lights and siren on his police car to signal the driver to stop. The suspect failed to stop and continued to drive. He eventually stopped his car, got out, and attempted to run away. Officers caught him after the brief foot chase.

MARCH 26

LARCENIES

3000 block of Doeg Indian Court, license plate from vehicle

6400 block of Dorset Drive, packages from residence 9300 block of Fairfax Street, credit

card from residence 2500 block of Parkers Lane, wallet from residence

6600 block or Richmond Highway, merchandise from business

8300 block of Richmond Highway, license plate from vehicle

Richmond Highway/Dawn Drive, license plate from vehicle

Employment

7700 block of Ridge Crest Drive, credit cards from residence

LARCENIES

1600 block of Belle View Boulevard, merchandise from business.

2500 block of Parkers Lane, property

6700 block of Richmond Highway, merchandise from business

7700 block of Richmond Highway, merchandise from business.

MARCH 22

LARCENIES

8900 block of Camden Street, electronic device from vehicle.

8200 block of Claremont Woods Drive, documents from vehicle,

2300 block of Huntington Avenue, beer from business

4600 block of Odessa Drive, property from residence.

2500 block of Parkers Lane, property from business. 6600 block of Richmond Highway,

credit card from business. 6800 block of Richmond Highway,

cash from business.

MARCH 20 LARCENIES

2900 block of Arlington Drive, merchandise from business

6800 block of Richmond Highway, cash from business

7600 block of Richmond Highway, merchandise from business

MARCH 19 LARCENIES

8200 block of Claremont Woods Drive, license plate from vehicle

8400 block of Madge Lane, wallet from residence

5900 block of Richmond Highway, medications from residence 6100 block of Richmond Highway,

wallet from business 6700 block of Richmond Highway,

shoes from business 7700 block of Richmond Highway,

merchandise from business

MARCH 16 LARCENIES

3000 block of Furman Lane, wheels from vehicle

6300 block of Richmond Highway, wallet from business

MARCH 15 LARCENIES

7700 block of Richmond Highway, merchandise from business MARCH 14

LARCENIES

Dorset Road and Telegraph Road, money for cab ride.

8428 Fort Hunt Road (Sandburg Middle School), cell phone from school. 3100 block of Lockheed Boulevard, food from business.

MARCH 13

LARCENIES

3400 block of Buckman Road, property from business

Legals

Executive Director

Mount Vernon At Home is a successful grassroots volunteer driven nonprofit organization established in 2007, seeking an experienced, innovated and goal oriented Executive Director to lead our organization through an upcoming period of growth. The ideal candidate will provide strategic direction to support and develop membership, volunteer recruitment, programs and services for the organization The Executive Director would work closely with the Board of Directors, staff and members of the organization. Our organization operates in a close-knit community and we place a high priority on communication. recognition and collaboration with strategic partners. We are in search of an Executive Director who is aligned with our village culture and will continue to enhance it through positive leadership. Knowledge and involvement of the Mount Vernon community.

Key Duties and Requirements:

- · College degree or hig
- Previous experience in leadership/management role in the senior industry Demonstrated ability to develop and implement successful strategic plans
- Marketing and community development including public speaking
- Build strong relationships with current members and attract new members Senior resources and knowledge of the health care industry
- Provide support to the Board for fundraising, donor research and grant opportunities
- Salary commensurate with experience
- Respond to ed.mvah@gmail.com

ABC LICENSE

PETRA INC trading as MAGGIOS ITALIA-NO, 2258 Huntington Ave, ALEXANDRIA, FAIRFAX COUNTY, VIRGINIA 22303. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a MIX BEVERAGE CONTROL (ABC) for a Mix BEVERAGES license to sell or manufacture alcoholic beverages. DAVID JABRO, OWN-ER. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at

www.abc.virginia.gov or 800-552-3200.

An expert is someone who knows some of the worst mistakes that can be made in his subject

and how to avoid them. -Werner Heisenberg

The Daze **Continue To** Go Bye

By KENNETH B. LOURIE

You know, if my feet didn't hurt so much, I could almost forget that I have cancer, other than being aware of my upcoming infusion: April 6; my upcoming CT Scan and MRI: April 18; and my upcoming follow-up appointment with my oncologist to discuss the results: April

Nevertheless, the goal is to not think about the fact that I have non-small cell lung cancer, stage IV. The kind for which there is no cure: made clear by my oncologist at the initial Team Lourie meeting when he advised me that he "could treat me but that he couldn't cure me." What?! At that surreal moment, what goes in one ear flies out the other.

But here I am, nine years and counting; you bet I'm counting. That's one of the recurring thoughts I have as a multi-year cancer survivor; although, as my friend Frank has said to me: "you're in pretty good condition for the condition you're in.

Other than schedules and my underlying diagnosis (and my original "13 month to two year" prognosis), I regularly consider how long I've lived, one month now into year 10. It's both scary and reassuring: Am I further from the beginning or closer to the end? See. I can't stop thinking about it.

Generally speaking however, I am not bogged down by my diagnosis/circumstances, as anybody who knows me, knows. Nor am I preoccupied with the imminent danger in which my diagnosis places me everyday. And I'm certainly not bemoaning the likely reduction in my life expectancy from what I assumed it would be: mid to late 80s, given how long both my parents lived, to what is logical to believe it will now be: late 60s; considering all the statistics for similarly diagnosed individuals. Typically, one diagnosed with stage IV lung cancer doesn't just live with it (as a chronic-type disease), rather you die because of it.

This column is more for public consumption than it is about private perception. In truth, although a second, minute or hour doesn't go by when I don't think/remember/acknowledge the facts of my case, I am able, most of the time, to keep a smile on my face and not bring a frown to

Moreover, I want/need those others to forget that I have cancer as much as it is possible for it to be forgotten. And I want my behavior to be a contributing factor to their forgetting. If I don't start it then there's no reason for them to finish it.

And I'm being selfish in saying so? Absolutely! Because the better vibrations I receive from others, the better I'll feel about myself. And the better I feel about myself, the better and more able I'll be to deal with my disease and all its emotional and physical side- and straight-on effects. Effects which are hardly the stuff with which dreams are made. To invoke and rework a quote from the legendary screen actress Bette Davis: Having cancer is not for sissies.

But it is indiscriminate and projections into the not-to-distant future are frightening: for both males and females, one in three have a "lifetime risk of developing or dying from cancer," according to the U.S. National Cancer Institute's Surveillance Epidemiology and End Results (SEER) Database, based on "data compiled between 2012 and 2014, the most recent available.

So how do you put that in your pipe and not smoke it? If you're unlucky enough to be one of these new "diagnosees," you either roll with the punches or get rolled over instead. The choice is yours, as it was mine.

Get busy living or get bust dying. Andy Dufresne (Tim Robbins) said to "Red," (Morgan Freeman), in the Oscar-nominated "The Shawshank Redemption" (1994). And I try to remind myself of that every day, and every night, too.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers



To Advertise Your Business. Call Karen at 703-778-9422

LANDSCAPING

A&S CONSTRUCTION SOD, Mulch, Clean-Up Leaf Removal Hauling.

Good is not good, where better is expected.

-Thomas Fuller

ELECTRICAL

703-863-7465

COMMERCIAL / RESIDENTIAL SERVICE

Family Owned & Operated Recessed Lighting

Small Repairs • Gutter Guards

PINNACLE SERVICES

lic/ins 703-802-0483 free est.

email jamle@lawnsandgutters.com web: lawnsandgutters.com

Friendly Service with a Friendly Price

Licensed/Bonded/Insured Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades

Hot Tubs, etc.

Office 703-335-0654 lektrkman28@gmail.com

GUTTER

Mobile 703-499-0522

LANDSCAPING LANDSCAPING

Patios & Drainage

Your neighborhood company since 1987 703-912-6886

J.E.S. Services

Free Estimates - Fully Licensed & Insured

- Planting & Landscaping Design

- Drainage & Water Problems
 Concrete Driveways, Replacement or New
 Patios and Walks Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose Retaining walls of all types

All work Guaranteed

TILE / MARBLE TILE / MARBLE

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.

Spring Cleanup... Tree removal, topping & pruning.

shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc.

25 years of experience - Free estimates 703-868-5358

24 Hour Emergency Tree Service

A&S Landscaping

703-987-5096

Power Washing

Go from green to clean, do you have

mold on your siding rotten wood that's a hoa voilation? We do houses, decks,

fences, side walks, etc. Deck and fence repair, deck staining and sealing.

Licensed & Insured • Free Estimate

- All Concrete work
- Retaining Walls Patios Decks • Porches (incl.
- screened) . Erosion & **Grading Solutions**
- French Drains Sump Pumps Driveway Asphalt Sealing

703-863-7465 LICENSED

Serving All of N. Virginia



Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting

We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827 E-mail: rncontractorsinc@gmail.com www.rncontractors.com



An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.

-Werner Heisenberg

ATTENTION ADVERTISERS:

expand your audience beyond our weekly print edition with



- Email Marketing Social Media
- Sponsored Content

FOR MORE INFORMATION GALL /U3.//8.9431

OR VISIT CONNECTIONNEWSPAPERS.COM/ADVERTISING

Opinion

Embark

From Page 10

access to Metro and generate more jobs. Phase IV will extend Metro.

I am proud that many people worked together to get this done, but now the hard work begins. Thus far, we have only identified a fraction of the \$2.1 billion necessary to implement this plan. The 2013 Virginia transportation tax increases will help. Federal transit grants are expected to cover about half of the cost, but Fairfax County must rewrite its affordable housing ordinance to facilitate no net loss of affordable housing in our corridor — a federal requirement to receive \$1 billion in federal transit grants.

U.S. 1 is central to the quality of life for all the people of eastern Fairfax and Prince William counties. Its future affects jobs, housing, retail, our environment and everyone's property values. Embark Route 1 is the next step to make our community the best place to live in Northern Virginia.

It is an honor to serve as your state senator. Email me at scottsurovell@gmail.com if you have any feedback.

Sports

From Page 11

guiding principles and goals of their school district. And the cost of participating in high school sports is minimal in most cases.

While there is a belief that the only way to get noticed by college coaches is to play on non-school travel teams year-round, many Division I football and basketball coaches recently have stated that they are committed to recruiting students who have played multiple sports within the high school setting.

In addition, by focusing on academics while playing sports within the school setting, students can earn scholarships for academics and other talents - skill sets oftentimes nurtured while participating in high school activities. These scholarships are more accessible and worth more money than athletic scholarships. While \$3 billion per year is available for athletic scholarships, more than \$11 billion is awarded for academic scholarships and other financial assistance.

Without a doubt, your sons and daughters will have more fun, make more friends and be better prepared for life beyond sport by participating in multiple sports and activities offered by the high school in your community.

The Gazette welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to: Letters to the Editor • The Gazette 1606 King St. • Alexandria VA 22314 Call: 703-917-6444.

By e-mail: gazette@connectionnewspapers.com

SPECIAL SAVINGS

FOR YOUR TOYOTA



WELCOME TO ALEXANDRIA TOYOTA'S PERSONALIZED CAR CARE EXPERIENCE



See Service Advisor for details.

GOT TIRES?

INCLUDES ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY INSPECTION.

NOT VALID WITH ANY OTHER OFFER OR COUPOIL TOYOTA VEHICLES ONLY COUPON MUST BE PRESENTED AT TIME OF WRITE-UP VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND

10% OFF

OVER THE COUNTER PARTS

& ACCESSORIES

Maximum discount \$100.





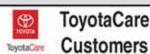




SERVICE & PARTS DEPT HOURS:

Monday - Friday, 7:00am to 7:00pm Saturday, 8:00am to 5:00pm

YOU HAVE SATURDAY OFF.
THAT'S EXACTLY WHY WE DON'T!



Don't Forget Your FREE Service. 5,000 • 10,000 • 15,000 • 20,000 • 25,000 Mile Services

Call your ASM for details

ToyotaCare Plus \$32900
Covers up to 4 years/45,000 miles

LUBE, OIL, & FILTER SPECIAL

\$29⁹⁵

\$449

3750 Jefferson Davis Hwy • Alexandria, VA 22305

SYNTHETIC

Includes: Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fl uid levels and complimentary multi-point inspection with print out.

HOT VALEDWITH ANY OTHER OFFER OR COUPCIN TOYOTA VEHICLES CREY COUPCINGUET BE PRESENTED AT TIME OF WRITE UP HIS ACCORDANCE OF A EXAMPLED SHIPLES ACCORDANCE. SPEED SOFFER SHIPLES

COMPLIMENTARY

15 MINUTE ALIGNMENT CHECK

NOT WILD WITH MY OTHER OTHER TO CITY WHICH ES ONLY COUPONING IT SETTED AT THE OF PURCHASE WILD ONLY AT ALL WILDOWS TO CONTRACT CONTRA

\$7Q95

Your car's alignment suffers, and can cause uneven tire wear and steering problems. INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

T VALUE WITH ANY CONET OFFER ON COURCE YOURSE WENCEST DIAY COURS MAKE THE PRESENTED AT TIME

BRAKE SPECIAL

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors& drums, check tire condition and inspect all

hardware. TCMC pads only.

MACHINE ROTORS AN ADDITIONAL \$199.95.

T MUST WITH MITCHER OFFICE OFFICE DOOR SHOULD DET CO-FORMULT BE PRESENTE AT THE

SIGHT LINE WIPER BLADES

\$10 OFF

Sight Line only.

NOT WILD WITH ANY OTHER OFFER TOYOTA VEHICLES ONLY COLPONIAVAT SE PRESENTED AT TIME OF

30,000 MILES FACTORY RECOMMENDED SERVICE

\$159⁹⁵

SYNTHETIC \$10 MORE

Includes: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

NOT WILL WITH JAVY OTHER OFFER ON COLPON TOYOTA VEHICLES ONLY COLPON MUST BE PRESENTED AT TIME OF

VARIABLE DISCOUNT

\$5.00 OFF when you spend \$35.00 - \$49.99 \$10.00 OFF when you spend \$50.00 - \$99.99 \$15.00 OFF when you spend \$100.00 - \$199.99 \$20.00 OFF when you spend \$200.00 - \$499.99 \$50.00 OFF when you spend \$500.00 or more

NOT WILD WITH MAY CHEEK DIFFERON COUPON TO HOW REHOUGH OUT DOURD MAKET BE PRETENTED.
THAT OF ART TO WILD CHOM? ALD MAKEN TO HOW, NO HAVE SHOP SUPPLES ACCORDING, DIFFERENCES WHITE



ALEXANDRIA TOYOTA

OSMS Productions, Inc. 1-800-289-7671 #201802015

TRUESTART™ BATTERY SPECIAL

\$**99**95

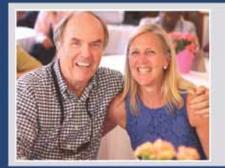


INCLUDES BATTERY INSTALLATION

Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance. Does not apply to hybrid batteries.

NOT VALED WITH ANY OTHER OFFER OR COUPON TOYOTA VEHICLES CIALY COUPON MUST BE PRESENTED AT THE OF WRITE-UP VALID ONLY AT ALEXANDRIA TOYOTA, TOX AND SHOP SUPPLIES ADDITIONAL OFFER EXPRESS WHITH

CALL FOR AN APPOINTMENT AT 703-684-0710 OR SCHEDULE ONLINE AT ALEXANDRIATOYOTA.COM



CHRIS WHITE

Planning to sell in 2018? Now is the time to call Chris & Peggy White! Leading the Area in Real Estate. SOLD!!!





9313 Old Mansion Rd. \$850,000 Park Like Back Yard!

Riverwood gem! Impeccable 4 BR/ 3.5 Bath home in park ike setting on quiet cul de sac next to Potomac River! Recently renovated kitchen, family room off kitchen with

fireplace, fully finished basement with guest room, full bath and rec room. Oversize two car garage allows for extra storage space. Unique rear covered patio overlooks beautifully manicured back yard.



8634 Gateshead Rd. \$699,000 Incredible Pool Scene! Completely refreshed 4 BR

2 Full/2 Half Bath home with full interior paint and hardwoods on main and upper level just refinished. Oversize two car garage.

Jaw dropping sun room addition off family room/kitchen overlooks relaxing private pool scene. Ideal home with Spring and Summer right around the corner! Won't last long at this price!

8708 Sudbury Dr. \$590,000 Pristine Condition!



personal touches! 350 sq ft sunroom addition with fireplace over 2 car garage gives you views over beautifully landscaped half acre lot. Absolute bargain for this much space!

COMING SOON!



4405 Ferry Landing Rd. Recently Renovated!

Recently renovated and expanded 4 BR, 3.5 BA split level on a huge half acre lot in prestigious Yacht Haven Estates. 700 sq ft sunroom addition brings the outdoors in and brings light to every

Recently renovated kitchen and baths make this home completely turn key. Circular driveway and one car garage provides ample parking. Here's your chance to get into Yacht Haven Estates!

COMING SOON!



9421 Old Mt. Vernon Rd. \$698,500 Rare Opportunity!

Rare mid-century design with private pool scene makes for deal setting. Many updates to this 4BR/ 3.5 BA home nclude kitchen, roof, water heater, basement finished

and in-law suite added with full kitchen, pool work, all bathrooms updated including stunning master bath and closet. Don't miss this one!

COMING SOON!



9411 Mount Vernon Cir. \$1,220,000 Mt. Vernon on the Potomac!

Stately brick colonial in area's premier water front community. Over 6,000 sq ft of luxury! Features Include: Estate size rooms, high

ceilings, three finished levels, four BR's including 3 room master suite with stunning bath, elegant trim detail, hardwood floors, extensive rear decking, oversize 2 car garage. Located in cul-de-sac with river access.

COMING SOON!



4417 Dolphin Ln. \$625,000 Spacious Rambler!

Exceptionally spacious rambler in Yacht Haven Estates with expanded main level master suite with luxury bath. Gorgeous setting on large level lot steps from

Yacht Club. Features include: large room sizes, hardwood floors, 4 BR's, 3 Baths, thermal windows & finished lower level. Oversize deck overlooks expansive fenced rear yard.

NEW PRICE!



8307 Crown Court Rd Incredible New Kitchen! \$775,000

Just completed, brand new Chef's kitchen and custom ighting plan enhance this truly spectacular property. New kitchen features custom cabs, top line granite

counter, brand new appliances, and gas cooking. Other feats: 5 BR's, 5 BA's, high ceilings, two car garage and the most amazing pool and grounds you'll ever find at this price range!

OMMUNITY WATER ACCESS



4200 Robertson Blvd

Contemporary Design! Super unique center courtyard style home in Mt. Vernon. Circle drive leads to 2 car garage. 3 bed/ 2.5 bath home with lower level rec room. Fully fenced back yard

with unique center courtyard accessible from all interior rooms. Bring the outdoors in with this rare contemporary opportunity! Won't last long!

1 Level Living!



411 Grist Mill Woods Way \$1,050,000 Backs to Forest!

Truly spectacular Property! Stunning three level Colonial n premier setting on gorgeous arge lot fronting quiet cul-deac in premier Mt. Vernon Special Features Include: open floor plan, high

ceilings, many major updates, finished fully walk out lower level, and 2 car garage. Walls of windows and large deck capitalize on wooded private lot

NEW KITCHEN!



9104 Chickawane Ct. Main Level Master! \$719,500

xceptionally spacious 6 BR nome with rare first floor aster suite. Major rooms on main level accommodate living. one level Other features include:

finished levels, full walk out level, cavernous storage space, freshly painted, newly finished hardwood floors, and two car garage. Prime location on large lot with pool on quiet cul-de-sac

CONTRACT

CONTRACT IN 1st WEEKEND!



3909 Rive Dr. \$725,000 Pristine Condition!

Fabulous property in prime Rive location! Major eatures include: Bedrooms, 3 Baths, large room sizes, open floor plan, home has been substantially

updated and Chef's kitchen is absolutely stunning. Gorgeous setting on elevated half acre landscaped grounds in premier river front community with many multi million dollar properties!

SOLD

CONTRACT IN 1st WEEKEND!



703.283.9028 Chris White

> www.chrisandpeggywhite.com chris.white@longandfoster.com