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Potomac

ALMANAC

Potomac's Bo and Andy Razak with grandson Asher Razak at Saturday's March For Our Lives.

March For Our Lives

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EASTER & SPRING FUN
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Aquarium Offers Hands-on Learning
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ENTERTAINMENT, PAGE 6 ♦ CLASSIFIEDS, PAGE 11
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Potomac REAL ESTATE

PHOTOS BY Deb Stevens/THE ALMANAC

In January 2018, 32 Potomac homes sold between \$3,650,000-\$300,000.

January, 2018 Sales, \$710,000~\$895,000



7 1532 Blue Meadow Road — \$710,000



5 8609 Wild Olive Drive — \$770,000



1 11805 Devilwood Drive — \$895,000



6 11200 Old Post Road — \$755,000



4 9422 Turnberry Drive — \$818,262

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 11805 DEVILWOOD DR	4	3	1	POTOMAC	\$895,000	Detached	0.21	20854	REGENT PARK	01/31/18
2 10208 IRON GATE RD	1	1	0	POTOMAC	\$875,000	Other	2.19	20854	CAMOTOP	01/25/18
3 13131 BRUSHWOOD WAY	4	3	1	ROCKVILLE	\$834,500	Detached	2.12	20854	TRAVILAH MEADOWS	01/03/18
4 9422 TURNBERRY DR	3	3	1	ROCKVILLE	\$818,262	Attach/Row Hse	0.08	20854	AVENEL	01/05/18
5 8609 WILD OLIVE DR	4	3	1	ROCKVILLE	\$770,000	Detached	0.25	20854	REGENCY ESTATES	01/22/18
6 11200 OLD POST RD	4	2	1	POTOMAC	\$755,000	Detached	0.24	20854	FOX HILLS	01/22/18
7 1532 BLUE MEADOW RD	4	2	1	ROCKVILLE	\$710,000	Detached	0.24	20854	HORIZON HILL	01/12/18

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Photos by Andy Razak

Signs of the times accompanied the March For Our Lives in Washington D.C. on Saturday, March 24.

March For Our Lives Shows Determination

Students lead the protest against gun violence.

By Susan Belford
The Almanac

No more guns! "Vote them out!" "Enough!" "Never Again!" chanted the crowds, led by students who had been personally touched by the devastation of gun violence. As more than half-a-million people cheered and wept with them, these teens delivered this message: "We will not give up and we will bring about change. We will vote out legislators controlled by the NRA, we will fight for gun reform laws and we will never forget."

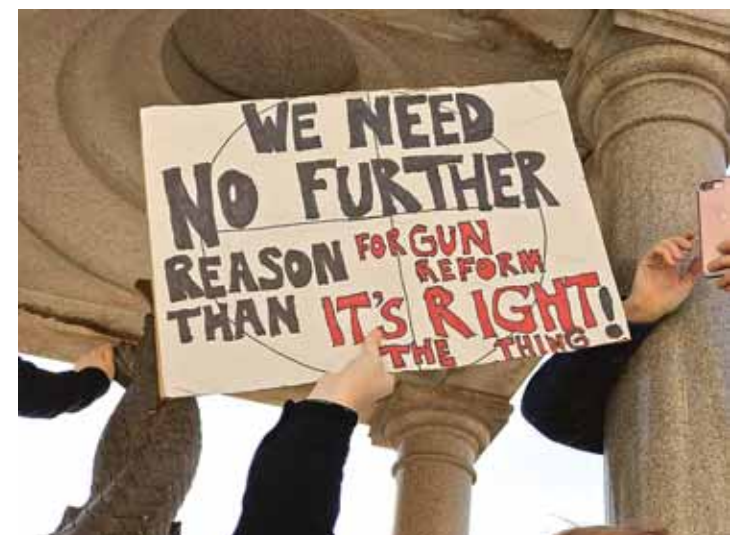
The youth came to Washington D.C. on Saturday, March 24, to express their rage and need for change. They spoke with passion and determination, focusing on thoughtful solutions to gun violence — changes they want to be immediately addressed by Congress. The teens delivered first-hand stories of bloodshed and heart-break, tales of lost siblings, friends and classmates.

The students from Marjory Stoneman Douglas High School organized a rally of hundreds of thousands of people in Washington D.C. They encouraged their peers to register to vote in the 2018 mid-term elections and to work to bring about an adjustment in the attitudes of legislators. Their message was one of hope that stricter gun-control laws can end the two decades of shootings which have taken place across the US — in schools, concerts, movie theatres and on the streets. They are seeking to unseat elected officials who receive campaign contributions from the NRA. They want an end to student nightmares of a shooting taking place while she or he is in class. They do not want to arm teachers; instead they

www.ConnectionNewspapers.com



Alex Wigmore, Polly Bomstein, and Eleanor Bomstein.



One of the many signs held by march participants.

want a safe environment in which to learn and safety on the streets as students travel back and forth to school.

In New York City, Meghan Bonner, a Marjory Stoneman Douglas High School student said, "The adults failed us, and now 17 people are dead." These students are taking the matter into their own hands — and encouraging common sense gun laws. "We are not looking for band-aid solutions," said one teen.

Eleven-year-old Naomi Wadler of Alexandria, Va., addressed the crowd: "We know we have seven short years until we too have the right to vote," she said of her peers. "So I am here today to honor the words of Toni Morrison: 'If there is a book that you want to read but it hasn't been written yet you must be the one to write it.'"

David Hogg, survivor of the Marjory Stoneman Douglas High School shooting, made it clear that politicians in the pocket of the National Rifle Association wouldn't be around much longer. "To those politicians supported by the NRA and who allow the continued slaughter of our children and our future, I say: Get your resumes ready," Hogg

See Marching Against, Page 11



The streets of D.C. were filled with marchers on Saturday.

Opinion

My Peeps — An Easter Story

By Ginny Barnes

On St. Patrick's Day, in a cardboard box on the back seat of my car, 14 little chicks twitter all the way home from Frederick and the wonderland of Farmers Supply. For the next 6-8 weeks, these chicks will be my peeping charges. Because of them I'll spend more time in the parlor where I've set up their brooder. Though less than a week old, several already have tiny wing feathers emerging. I'll be able to hear them from the kitchen peeping while I cook. I can visit them between daily tasks and lay on the couch of an evening holding them on my chest where they tend to lay easy against our human warmth and drop off to sleep.

These little chicks will lose their fuzz and have feathers by Easter. They will become future layers of delicious, miraculous eggs. They will eventually join my flock in the red barn and be part of a daily ritual; my going to the barn twice a day. Mornings I let them out into their run; bring them chicken feed and water.

Evenings I close them in for the night and collect eggs. Both trips invite conversation. They chatter and I chatter back. "How was your day? I hope you girls don't fight over these greens I brought." What they say is my choice. "Where are the bread crumbs? What took you so long to get down here?"

Several weeks ago I found a box of elbow macaroni in the cupboard and couldn't recall how long it had been there so I cooked it up for my hens and drizzled the last of a bottle of garlic basting oil on it. This treat lasted for three morning trips to the barn with what we call "the chicken bucket," full of vegetable scraps and whatever tasty edible comes to hand. Everyone loved the pasta and carried on with pleasure as they grabbed a piece and ran to safety before swallowing it. There was something amusing about watching hens eat elbow macaroni on a cold morning. Spaghetti is funnier for the noodles are long and, like us, the hens kind of suck them down.

Raising these young birds is perhaps a Spring rite. Both my grandmas raised chickens and the Grandma who lived in Silver Spring sold eggs during WWII to help take care of her family. One of the earliest photos I ever saw of



Raising chicks, a family tradition.

myself at my country Grandma's place is of a little girl squatting in the dust of a chicken yard, hens all around her. Under one arm she holds a dollie. Her other hand is extended to the milling flock. Does she have dry corn to scatter for them? She looks so at home in the small black and white photo. Sometimes I wonder if my grandmothers, now guardian angels, are looking down on me and clucking to one another in approval.

The author lives in Potomac's historic Glen. She is an artist, environmental activist, sometime writer and currently president of the West Montgomery County Citizens Association (WMCCA).

Bulletin Board

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/MARCH 29-SUNDAY/APRIL 1

Holy Week and Easter Services. St. James' Episcopal Church, 11815 Seven Locks Road, Potomac. Call 301-762-8040 or visit www.stjamespotomac.org.

Maundy Thursday, March 29 — 7:30 p.m. Holy Eucharist and foot

washing in the church.

Good Friday, March 30 — noon to 3 p.m., Vigil (come and go as you are able at the vigil); 7:30 p.m. Good Friday Liturgy.

Easter Sunday, April 1 — Services 8 and 10:30 a.m.; brass, bells, and a glorious celebration. Holy Eucharist and a children's Easter egg hunt after the 10:30 service. All welcome.

WEDNESDAY/MARCH 28

Forum: Commission on Aging. 9 a.m.-12:30 p.m. at Silver Spring Civic Building, 1 Veterans Plaza, Silver

Spring. Seniors, non-profit organizations and businesses serving seniors, and interested residents are invited to a forum to help residents understand the County's Age-Friendly Initiative. Following a panel discussion, participants will hear from experts and share questions and views about civic and social engagement, elder abuse prevention, employment and senior public safety. Refreshments will be served. The event is free but reservations are requested. Register at Tremayne.jones@montgomerycountymd.gov

or at 240-777-1262.

Effective Communication Strategies. 6:30 p.m. at Brookdale Potomac, 11215 Seven Locks Road, Potomac. Free. For more information and/or to register, call the Alzheimer's Association 24/7 Helpline at 800-272-3900.

SATURDAY/MARCH 31

Buoyancy/Archimedes — When Liquids Push Objects Up. 2 p.m. at Davis Community Library, 6400 Democracy Blvd., Bethesda. Montgomery County Public Libraries is offering free STEM Smart programs in which children ages 10-14 will have the opportunity to learn about Science, Technology, Engineering and Mathematics (STEM) and do hands-on experiments led by retired scientists. Children can participate in all sessions or select sessions of interest. Registration is required for each session. Call 240-777-0006 or visit montgomerycountymd.gov/library/.

Letter

Constant Threat

To the Editor:

Re: "Potomac Area Students Honor Those Killed in Parkland," March 21, Potomac Almanac.

Gun violence is a terrifying thought, but, the more likely source of violence in the daily routine of Potomac residents is navigating roads with ubiquitous and ever-present, super-size luxury SUVs rolling stop signs, speeding, and, tailgating so close you can't read their front license plate.

John Dix
Potomac



Snowy Spring

Harper and Owen Gottlieb are having fun in the snow in River Falls on March 21.



Yifan Shi and Dylan Siah also are enjoying the snow day.

Photos by Deborah Stevens/The Almanac

POTOMAC ALMANAC

www.PotomacAlmanac.com

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EDITOR & PUBLISHER

Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

EDITORIAL

PHONE: 703-778-9415

E-MAIL:

almanac@connectionnewspapers.com

EDITOR

Steven Mauren, 703-778-9415
smauren@connectionnewspapers.com

PRODUCTION EDITOR

Jean Card
jcard@connectionnewspapers.com

CONTRIBUTING WRITERS

Susan Belford, Carole Dell, Cissy Finley Grant, Carole Funger, Colleen Healy, Kenny Lourie, Peggy McEwan, Ken Moore

Contributing Photographers

Harvey Levine, Deborah Stevens

Art/Design:

Laurence Foong, John Heinly, Ali Khaligh

Production Manager

Geovani Flores

ADVERTISING

For advertising information
sales@connectionnewspapers.com
703-778-9431

Display Advertising:

Kenny Lourie 301-325-1398
klourie@connectionnewspapers.com

Debbie Funk

National Sales & Real Estate
703-778-9444
debfunc@connectionnewspapers.com

David Griffin

Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Jerry Vernon

Executive Vice President
703-549-0004
jvernon@connectionnewspapers.com

CIRCULATION

circulation@connectionnewspapers.com

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Performing ‘Imagine!’

Third graders at the Bullis School performed an original musical “Imagine!” The play explores creative thinking through five humorous scenes that include invention, arts, language, writing and make believe. The play relays a message about the importance of developing one’s imagination and the significance of the the arts in people’s lives.

The playwright Rob Cohen has written the script, lyrics and music for nine musicals for children, built on universal themes about the world and character education. Several schools around the country have performed his works. For more information visit www.Classplays.com.

Photos by Colleen Healy
The Almanac



The cast of “Imagine!” back row, from left: Emmanuel Bailey, Dylan Zacharia, Arthur Zhou, Diyar Nasehi, Alexander Domask, Jacob Lang, Nathan Schwartz, Jackson Eberstein, and Toan Nguyen; middle: Kailey Zuckeman, Kaylen Mendiratta, Karina Hunter, Anastasia Phelps, Sydney Tucker, and Kylie Works; and front: Ella Domask and Lyla Anzelone.



Third grade students perform a song from “Imagine!” in the new black box theater at the Bullis school.



The children take their bows after “Imagine!”

Welcoming Spring with a Celebration of New Life

A week-long lesson in pet responsibility.

By Peggy McEwan
The Almanac

For a unusual family experience, why not rent a chick? Actually, two baby chickens, little hatchlings, fluffy, yellow and full of peeps and poop.

Play that last part down. The chicks are only rented for one week. This year, April 14 through 21.

For the last several years, Rocklands Farm in Poolesville has celebrated Spring and new life with its Rent a Chick program.

“I think this is the sixth, maybe the fifth year,” said Greg Glenn, co-founder and

farm manager at Rocklands Farm. “The premise is to give families the opportunity to learn how precious life is. It is an opportunity for young children and families to know where their food comes from and it is a very effective and simple solution for parents to give their children the responsibility of having a pet.”

The program is turn key, he said.

The chicks come with everything needed for a week of living off the farm: a box for their home, bedding, feed, two dishes, one for food, the other for water. And instructions.

“We train you when you pick up,” Glenn said. Rocklands Farm gets chickens, about 500 chicks per batch, which are pasture raised for food. But first they get a start away from the farm.

About 250 chicks are rented out each year and most come back to the farm after their week-long home stay. There is a very low



Families can rent chicks and children can learn the responsibility of having a pet.

death rate for the chicks that leave the farm.

“It’s a smaller death loss than if we were to raise them,” Glenn said. “We find that

with families getting just two little chicks, they pay attention to detail, [the chicks] do better.”

Glenn also said they have had a lot of positive feedback about the program.

“The most incredible feedback from families and kids is really the understanding of life,” he said.

The cost for the chick rental is \$30 for the week. Pick up is from 11 a.m. to 4 p.m. Saturday, April 14 with return for 11 a.m. to 4 p.m. the next Saturday, April 21 at the farm, 14525 Montevideo Road, Poolesville.

If those dates don’t work, Rocklands Farm also has a Summer Duckling Rental program scheduled for June 30-July 7.

For more information and to make a reservation for either chicks or ducklings, visit the farm’s website: rocklandsfarmmd.com select education at the top right then chick rental.

Spring Fun

Life: From Streams to Chesapeake Bay

Glen Echo Park Aquarium offers hands-on learning.

By Peggy McEwan
The Almanac

A little piece of the Chesapeake Bay resides nearby — the Glen Echo Park Aquarium, “A Chesapeake Bay Discovery Center.”

The aquarium opened Sept. 19, 2015, taking over the space vacated by Discovery Creek Children’s Museum.

“We chose that day because it is ‘talk like a pirate day,’” said Andrew Wilson, director of the aquarium.

The space outside the aquarium has a wooden climbing structure that Wilson had reconfigured to resemble a pirate ship.

But pirates and the booty that may lie under the waters of the bay are not the focus of the aquarium. It’s the aquatic animals and the ecology of the rivers flowing into the bay that is.

The walls of the aquarium building are painted with murals that tell the story of water as it flows from western Maryland streams, creeks and rivers, traveling through the state to the Chesapeake Bay.

“Everything [on the mural] is representative of what can be found in the bay,” Wilson said. “Even the manatee, can be found in the Chesapeake Bay.”

Around the room are large aquariums at child-eye level with samples of local aquatic animals. Some of the aquariums have themes — such as the apparently empty one midway along the right side of the room.

“That’s the Hide’n’Seek Tank,” Wilson said. “It appears empty but look carefully.”

Sure enough, there was a flounder resting on the bottom buried in sand and several small shrimp, so light as to be translucent and hard to see.

By far the most popular display at the aquarium is the touch tank, Wilson said.

Visitors can hold horseshoe crabs, Mermaid’s Pocketbooks, whelps, and hermit crabs.

On a recent Saturday, Jake Norton, a volunteer at the aquarium, worked the touch tank with Sandy Burk, an employee.

Norton, who lives in Alexandria, volunteers every other Saturday, he said.

“I want to be a marine biologist,” he said. “[This is] always enjoyable, I’ve come to care for all the animals here as though they are family.”

Though he said he doesn’t have any favorites, he said he did particularly like the eel and the catfish.

“The kids aren’t allowed to reach into the water,” Burk said. “But we pick up the animals and let them touch them.”

That is because children could have lotion, particularly sunscreen, on their hands that could harm the animals, Wilson said.



David Leach, 8, and his sister Hannah, 2, play at the sand table at Glen Echo Park Aquarium.

The aquarium is small but friendly and definitely hands on. There is a discovery table outfitted with magnifying glasses and microscopes and plenty of specimens for visitors to examine.

Outside there is a sand table for digging and playing, water buckets for measuring alkalinity and a tube for climbing through. Soon there will be box turtles in their own yard.

March 31 will be Turtle Day at the Aquarium.

“Our box turtle is making his spring debut and he’s bring three new friends with him,” according to the announcement for Turtle Day. From 11 a.m. to 4 p.m. the aquarium will offer all things turtle: crafts, talks, and activities.

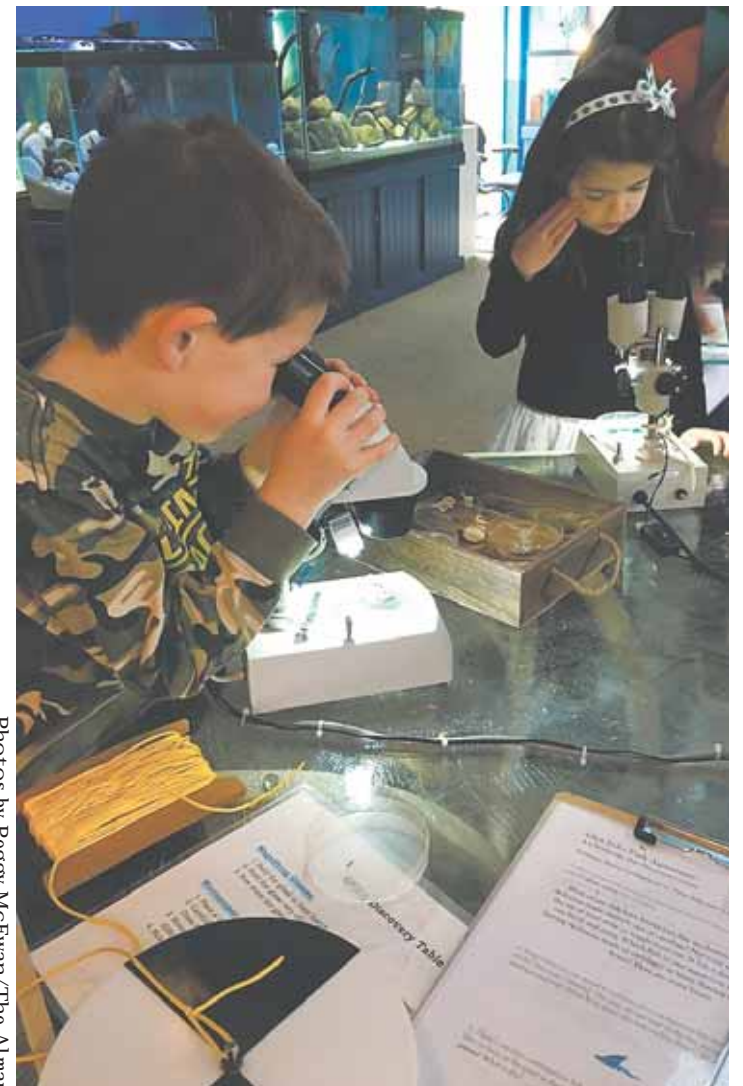
Wilson is available to answer questions and show off the animals at the Aquarium.

“We love to help people see things,” he said. “Because we are small we can walk around and show things.”

Wilson is the owner of Under the Sea, a company that makes aquatic presentations at local schools.

“It was my dream to have a place where people could visit,” he said.

When he learned the space was available at Glen Echo Park, he knew he had found a



Owen Larson, 5, and Rose Larson, 3, explore the Discovery Table at Glen Echo Park Aquarium on March 21.



Who knew a Little Skate had such a cute face? It is one of the marine animals living at Glen Echo Park Aquarium.

home for his dreams.

The Glen Echo Park Aquarium offers programs for preschoolers, birthday parties and a summer camp program besides welcoming visitors to the Glen Echo Park.



Andrew Wilson, director of Glen Echo Park Aquarium, holds a Mermaid’s Pocketbook, actually a Skate egg case.

Regular admission is \$6, children under 2 are free. Seniors and military are \$5. Admission is valid for the whole day.

For more information visit: www.gepaquarium.org.

www.ConnectionNewspapers.com

Spring Fun



Pressenda Chamber Players

Washington Conservatory of Music Chamber Concert

Six members of the Pressenda Chamber Players present an evening of works for six strings by the great Romantic composers Johannes Brahms and Pyotr Tchaikovsky: Brahms Sextet in G Major and Tchaikovsky's Souvenir de Florence. Performers include Aaron Berofsky, Kathryn Votapek, violins; Amadi Azikiwe, Gregory Luce, violas; Jan Mueller-Szeraws and Tobias Werner, cellos. Free (donations welcome). Saturday, April 7, 8 p.m. at Westmoreland Congregational UCC Church, 1 Westmoreland Circle, Bethesda. Visit www.westmorelanducc.org/.

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Art Exhibit. Through March 31, gallery hours at Gallery B, 7700 Wisconsin Ave., Suite E, Bethesda. Gallery B's March exhibit will feature a group show by Teresa Jarzynski, Vatsala Menon, Robert O'Brien and Barbara Pliskin. Visit www.bethesda.org.

"My Camera, My Voice." Through April 8, various times at Photoworks Gallery, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. A new exhibit by Baltimore native and two-time combat veteran Michael A. McCoy. His portraits, and his camera, are his voice, and they speak of both the struggles and the joys of life after deployment. Visit glenechophotoworks.org/2018/01/22/camera-voice-photographs-michael-mccoy/.

Mule-Drawn Canal Boat Rides, Great Falls Tavern. April-August. Call the C&O Canal National

Historical Park at Great Falls visitor center, 301-767-3714 or visit www.nps.gov.

Pups on the Patio. 4-7 p.m. every Thursday at Silver, 7150 Woodmont Ave., Bethesda. Guests can enjoy drinks, appetizers and dinner with their pets outside on Silver's patio. Visit www.eatatsilver.com for more.

Children's Storytime. Wednesdays and Saturdays, 10 a.m. at Barnes & Noble Booksellers, 4801 Bethesda Ave., Bethesda. Listen to employees read children's stories. Free. Visit www.storelocator.barnesandnoble.com/event/4824850-21.

VisArts Cocktails and Canvas Class. at VisArts in the Painting & Drawing Studio, 155 Gibbs St., Rockville. Price \$40. Visit www.visartsatrockville.org/cocktails-and-canvas for more.

Late Night Comedy. Fridays (open mic night) and Saturdays (established comedians) at Benny's Bar & Grill, 7747 Tuckerman Lane, Potomac. Benny's is open 8 a.m.-1 a.m. Fridays and Saturdays. www.BennysBarGrill.com.

Drop in Art Activities. Every Saturday 10 a.m.-12:30 p.m. in the Candy Corner Studio at Glen Echo Park, 7300 MacArthur Blvd., parents and children can explore a new art form or theme. \$10/child, parent combo. Drop-in only. www.pgip.org.

Mommy & Me (& Daddy, Too). Third Tuesday each month. 10 a.m. at Rockville Town Square. Meet for a morning out with active learning and creative play with lunch specials, story time, arts and crafts, sing-alongs, prizes and more. rockvilletownsquare.com/events/mommy-and-me.

Chocolate Factory Tours. Fridays and Saturdays, 2-5:45 p.m. at SPAGnVOLA Chocolatier, 360 Main St., Gaithersburg. Take a short tour of The Truffle Factory facilities. Free. www.spagnvola.com.

Glen Echo Park Films. Saturdays and Sundays. Arcade Building, 7300 MacArthur Blvd., Glen Echo. Films about the Park's history are shown on rotation in the lobby. Free. Visit www.glenechopark.org for more.

SilverWorks Studio & Gallery. See Spring Fun, Page 9



Joy Ike



Heather Aubrey Lloyd

Live Music

Joy Ike, plus Heather Aubrey Lloyd will perform. Born to Nigerian immigrants, Philadelphia-based independent artist Joy Ike's percussive piano-playing and soaring vocals give homage to her African upbringing. Leaving her career as a publicist in 2008, Ike has since played thousands of shows across the Northeast, Midwest, and South. Heather Aubrey Lloyd, recovering reporter, performance poet and fairy tale collector, has co-fronted Baltimore's ilyAIMY (I love you And I Miss You) for 15 years, playing everything from bars to bait shops to clothing-optional resorts nationwide. Sunday, April 1, 7 p.m. at Focus Bethesda at Positano's Restaurant, 4948-4940 Fairmont Ave., Bethesda. Tickets are \$18 in advance at www.focusmusic.org/buy-tickets and for members, \$20 at the door.

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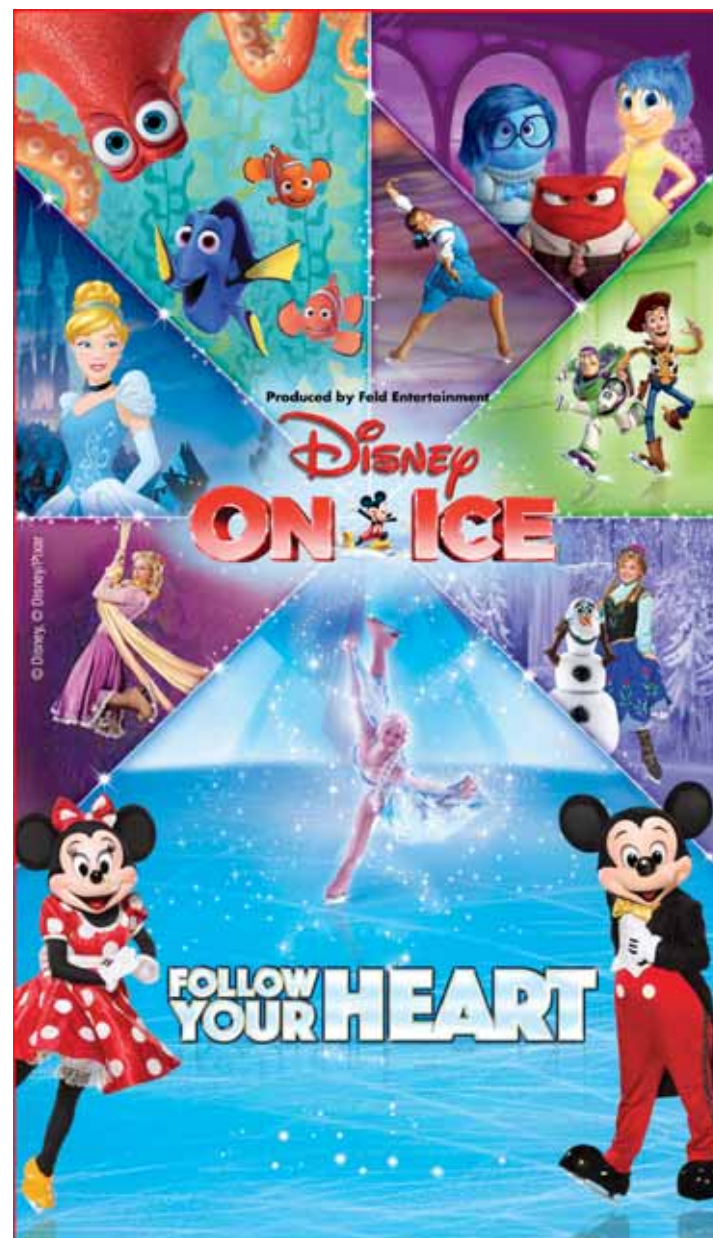
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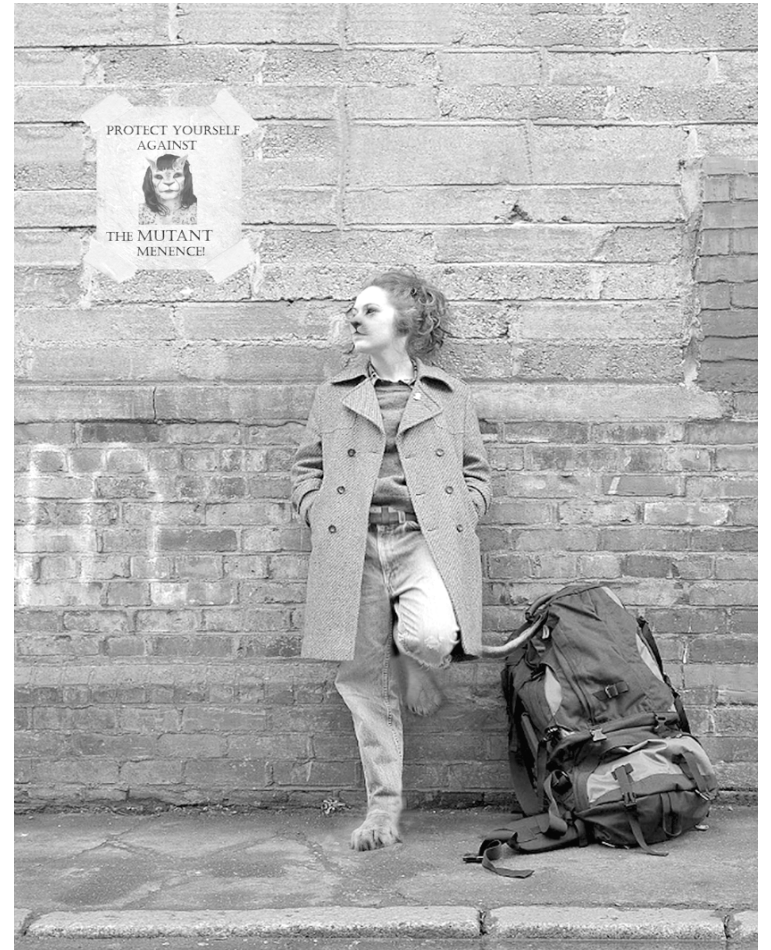
DisneyOnIce.com

Student Art

Artwork by Walt Whitman High School students of Digital Art teacher Kristi McAleese. Additional work will be published.



Christopher Olin, Walt Whitman High School, Grade 12



Brooke McLeod, Walt Whitman High School, Grade 11



Mateo Asturizaga, Walt Whitman High School, Grade 11



**Rory Nevins, Walt Whitman High School,
Grade 12**



Max Fletcher, Walt Whitman High School, Grade 11

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Spring Fun

From Page 7

Wednesdays, Thursdays, Saturdays and Sundays, 10 a.m.-6 p.m. Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. SilverWorks Studio & Gallery is a working silversmith studio and includes an ongoing exhibition, as well as sales of the work of artist-in-residence Blair Anderson. Free. Visit www.silverworksglenechopark.com.

Art Glass Center at Glen Echo. All day Wednesdays; Fridays, 10 a.m.-2 p.m.; Saturdays, 10 a.m.-4 p.m.; Sundays, noon-4 p.m. Art Glass Center, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Ongoing exhibitions feature work of resident artists. Sculpture, vessels, functional art and jewelry for sale. Classes are taught year-round for beginner, intermediate and advanced students. Visit www.artglasscenteratglenecho.org for more.

Yellow Barn Studio & Gallery.

Saturdays and Sundays, 12-5 p.m. The Yellow Barn Studio & Gallery presents free exhibitions of emerging artists' work. Each weekend features the work of a different artist. Most artwork is also for sale. www.yellowbarnstudio.com.

Acoustic Open Mic. Wednesdays, 7-11 p.m. at Benny's Bar & Grill, 7747 Tuckerman Lane. Everyone welcome to perform. Wine bottles are 50 percent off. www.bennysbargrill.com.

Potomac Games Group.

Wednesdays, 6:30 p.m. at Potomac Community Recreation Center, 11315 Falls Road, Potomac. The world is in the midst of a Golden Age of new board and card games for players of all ages. Free. Contact event host Randy Hoffman at 412-983-5411 or randyhoffman@gmail.com.

CAMPS, CLASSES & WORKSHOPS

Art Explorers Open Studio. Every Saturday, 10 a.m.-12:30 p.m. at The Candy Corner Studio, 7300 MacArthur Blvd., Glen Echo. Art activities for parents and children. Activities change weekly and there is no pre-registration; \$10 per child. Visit www.glenechopark.org/saturday-art-explorers for more.

Ceramic Classes. Various dates and times. VisArts, 155 Gibbs St, Rockville. An opportunity to try the new ceramic workshops. Visit www.visartsatrockville.org/ceramics for a list of class dates, times.

DANCING

Weekly International Folkdancing. Thursdays, 7:30-11 p.m. at Church of the Redeemer, 6201 Dunrobbin Drive, Bethesda. Circle and line dances from Eastern Europe. Lesson at 7:30, followed by requests. Glen Echo Folkdancers welcome beginners of all ages; no partner needed. Wear comfortable shoes. \$7. Call 301-466-3018 or visit www.dancingplanetproductions.com.

Thang Ta. Wednesdays, 6-7 p.m. at Sutradhar Institute of Dance and Related Arts, 1525 Forest Glen Road, Silver Spring. Learn the ancient art of the sword and spear. \$25. www.dancesidra.org.

Weekly Blues Dance. Thursdays 8:15-11:30 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd. Capital Blues presents rotating DJs and instructors with beginner workshop 8:15-9 p.m., no partner necessary. \$8 for all. capitalblues.org

Weekly Swing Dance. Saturdays, 8 p.m.-midnight. The DC Lindy Exchange presents a swing dance with live music in the Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Beginner swing dance lesson at 8 p.m., followed by dancing. Admission \$16-\$18, age 17 and under \$12. Visit www.glenechopark.org.

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Argentine Tango with Lessons.

Most Sundays, 6:30-11 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Argentine Tango lessons followed by a Milonga most Sunday evenings. Beginner lesson 6:30-7:30 p.m. and intermediate lesson 7:30-8:30 p.m. Cost is \$15/lesson and includes the Milonga. For just the Milonga, cost is \$10 and the open dance with DJ runs 8:30-11 p.m. No partner required. www.glenechopark.org, 301-634-2222.

Contra and Square Dance. Fridays and Sundays 7-10:30 p.m. in the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd. The evening can include square dances, mixers, waltzes and other couple dances. All

Contra and Square dances are taught, no partner necessary. Lessons at 7 p.m., followed by the called dance with live music at 7:30. \$13 for nonmembers, \$10 for FSGW members, \$5 ages 17 and under. www.glenechopark.org, 301-634-2222.

Live Music & Dancing. Fridays and Saturdays, 7-11 p.m. in Margery's Lounge, Normandie Farm Restaurant, 10710 Falls Road, Potomac. Dance to the music of Barry Gurley. Call 301-983-8838 or visit www.popovers.com.

THURSDAY/MARCH 29

International Folkdancing. Weekly, 7:30-11 p.m. at Church of the

Redeemer, 6201 Dunrobbin Drive, Bethesda. Circle and line dances from Eastern Europe. Lesson at 7:30, followed by requests. Glen Echo Folkdancers welcome beginners of all ages; no partner needed. Wear comfortable shoes. \$7. Call 301-466-3018 or visit www.dancingplanetproductions.com.

SATURDAY/MARCH 31

Mountain Dulcimers of Northern Virginia. 12:30-3:30 p.m. at Great Falls Tavern, 11710 MacArthur Blvd., Potomac. Visitors may try their hand at playing a mountain dulcimer, percussion instrument, or simply sing along. Programs at Great Falls Tavern are free, but there is an

entrance fee to the park per vehicle. Call 301-767-3714.

SUNDAY/APRIL 1

Live Music. 7 p.m. at Focus Bethesda at Positano's Restaurant, 4948-4940 Fairmont Ave., Bethesda. Joy Ike, plus Heather Aubrey Lloyd will perform. Tickets are \$18 in advance at www.focusmusic.org/buy-tickets and for members, \$20 at the door.

MONDAY/APRIL 2

"The Wall's Embrace" Film Screening. 7 p.m. at The Angelika Film Center, 2911 District Ave.,

See Spring Fun, Page 10

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“Sisterly” by Nina Vallado

Bethesda Film Fest

The films selected for the screening include:

- ❖ **Aiven** – by Enrique Huaiquil, Silver Spring, MD
- ❖ **Mama Rwanda** – by Laura Waters Hinson, Washington, D.C.
- ❖ **Pot of Gold: The Origin of Japanese Bidet** – by Daiei Onoguchi, Bethesda, MD
- ❖ **Sisterly** – by Nina Vallado, Silver Spring, MD
- ❖ **Two Steps Back** – by R. Kayeen Thomas, Washington, D.C.

The evening will include a discussion with the filmmakers after each screening. Screenings will be held Friday, April 6, 7 p.m.; Saturday, April 7, 6 and 8:30 p.m. at Imagination Stage, 4908 Auburn Ave., Bethesda. Tickets are available at www.bethesda.org for \$10. Remaining tickets will be sold at the door.

Fairfax. Produced and directed by Nancy Frohman of Potomac, the film explores the psychology behind the Vietnam Veterans Memorial and its power to heal. Visit www.goldendoodleproductions.com.

THURSDAY/APRIL 5

International Folkdancing. Weekly, 7:30-11 p.m. at Church of the Redeemer, 6201 Dunrobbin Drive, Bethesda. Circle and line dances from Eastern Europe. Lesson at 7:30, followed by requests. Glen Echo Folkdancers welcome beginners of all ages; no partner needed. Wear comfortable shoes. \$7. Call 301-466-3018 or visit www.dancingplanetproductions.com.

FRIDAY/APRIL 6

Auditions: MoCo's Got Talent. 5-9 p.m. at North Potomac Community

Recreation Center, 13850 Travilah Road, Rockville. MoCo's Got Talent is a countywide talent competition for middle and high school students to showcase their talents in the visual and performing arts. Participants must register to audition in advance at ActiveMONTGOMERY.org, using one of the activity number: 49621. After registering, participants must call 240-777-8080 to secure an audition time slot.

FRIDAY-SATURDAY/APRIL 6-7

Bethesda Film Fest. Screenings will be held April 6, 7 p.m.; April 7, 6 and 8:30 p.m. at Imagination Stage, 4908 Auburn Ave., Bethesda. The evening will include a discussion with the filmmakers after each screening. Tickets are available at www.bethesda.org for \$10. Remaining tickets will be sold at the

door.

SATURDAY/APRIL 7

Washington Conservatory of Music Chamber Concert. 8 p.m. at Westmoreland Congregational UCC Church, 1 Westmoreland Circle, Bethesda. Six members of the Pressenda Chamber Players present an evening of works for six strings by the great Romantic composers Johannes Brahms and Pyotr Tchaikovsky: Brahms Sextet in G Major and Tchaikovsky's Souvenir de Florence. Performers include Aaron Berofsky, Kathryn Votapek, violins; Amadi Azikiwe, Gregory Luce, violas; Jan Mueller-Szeraws and Tobias Werner, cellos. Free (donations welcome). Visit www.westmorelanducc.org/.

THURSDAY/APRIL 12

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Photo by Michael A. McCoy



My Camera, My Voice

A new exhibit by Baltimore native and two-time combat Veteran Michael A. McCoy. His portraits, and his camera, are his voice, and they speak of both the struggles and the joys of life after deployment. Through April 8 at Photoworks Gallery, Glen Echo Park, 7300 MacArthur Blvd, Glen Echo. Visit glenechophotoworks.org/2018/01/22/camera-voice-photographs-michael-mccoy/.



"Guns don't solve problems. People solve problems."



John Styer, Nancy Styer and Susan Belford at the march.

Marching Against Gun Violence

From Page 3

said.

Adults who attended the March for Our Lives were in awe of the students who possessed the composure to stand before more than 500,000 people to share their feelings and message: "We won't sit down and be quiet and wait our turn. Now is the time to create change. Welcome to the revolution."

Bethesda's Polly Bomstein was grateful that she could attend this history-making day. She said, "The March for Our Lives rally reinforced my belief that anyone, young or old can make a difference. To see thousands and thousands of people completely captivated by the strong messages of Gen Z was empowering."

Sarah Cato from Potomac who attended with her husband Philip, said, "My husband and I were honored to be able to attend the March For Our Lives in Washington. It was simply awe inspiring. This movement started by these bright, articulate, compassionate, passionate and grieving young

people could lead the way to a more safe and sane future for us all — if only we adults can join them with support and a dose of their caring."

Nancy Styer traveled from Rockville to the rally and found herself in an amazingly polite and respectful crowd. She watched and listened to poignant, well-articulated speeches on the Jumbotron and said, "I ran a gambit of emotions during the march from grief to anger to hope. The standout was those young people who spoke — they were brilliant!"

She was accompanied by sister-in-law, former Montgomery County Public Schools counselor Ginny Styer who said, "We witnessed this new generation channel their trauma and grief into outraged passion for an end to gun violence — an end to the murders of our children in schools and cities — now. We absorbed some of their pain — and it's now up to us to act, revitalizing our own activism from half-a-century ago. What will I do to be a part of this change now?"



There was also a March at Maplewood in Bethesda. These seniors supported the rally.

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The Daze Continue To Go Bye



By **KENNETH B. LOURIE**

You know, if my feet didn't hurt so much, I could almost forget that I have cancer, other than being aware of my upcoming infusion: April 6; my upcoming CT Scan and MRI: April 18; and my upcoming follow-up appointment with my oncologist to discuss the results: April 27.

Nevertheless, the goal is to not think about the fact that I have non-small cell lung cancer, stage IV. The kind for which there is no cure; made clear by my oncologist at the initial Team Lourie meeting when he advised me that he "could treat me but that he couldn't cure me." What?! At that surreal moment, what goes in one ear flies out the other.

But here I am, nine years and counting; you bet I'm counting. That's one of the recurring thoughts I have as a multi-year cancer survivor; although, as my friend Frank has said to me: "you're in pretty good condition for the condition you're in."

Other than schedules and my underlying diagnosis (and my original "13 month to two year" prognosis), I regularly consider how long I've lived, one month now into year 10. It's both scary and reassuring: Am I further from the beginning or closer to the end? See. I can't stop thinking about it.

Generally speaking however, I am not bogged down by my diagnosis/circumstances, as anybody who knows me, knows. Nor am I preoccupied with the imminent danger in which my diagnosis places me everyday. And I'm certainly not bemoaning the likely reduction in my life expectancy from what I assumed it would be: mid to late 80s, given how long both my parents lived, to what is logical to believe it will now be: late 60s; considering all the statistics for similarly diagnosed individuals. Typically, one diagnosed with stage IV lung cancer doesn't just live with it (as a chronic-type disease), rather you die because of it.

This column is more for public consumption than it is about private perception. In truth, although a second, minute or hour doesn't go by when I don't think/remember/acknowledge the facts of my case, I am able, most of the time, to keep a smile on my face and not bring a frown to others.

Moreover, I want/need those others to forget that I have cancer as much as it is possible for it to be forgotten. And I want my behavior to be a contributing factor to their forgetting. If I don't start it then there's no reason for them to finish it.

And I'm being selfish in saying so? Absolutely! Because the better vibrations I receive from others, the better I'll feel about myself. And the better I feel about myself, the better and more able I'll be to deal with my disease and all its emotional and physical side- and straight-on effects. Effects which are hardly the stuff with which dreams are made. To invoke and rework a quote from the legendary screen actress Bette Davis: Having cancer is not for sissies.

But it is indiscriminate and projections into the not-to-distant future are frightening: for both males and females, one in three have a "lifetime risk of developing or dying from cancer," according to the U.S. National Cancer Institute's Surveillance Epidemiology and End Results (SEER) Database, based on "data compiled between 2012 and 2014, the most recent available."

So how do you put that in your pipe and not smoke it? If you're unlucky enough to be one of these new "diagnosees," you either roll with the punches or get rolled over instead. The choice is yours, as it was mine.

"Get busy living or get bust dying," as Andy Dufresne (Tim Robbins) said to "Red," (Morgan Freeman), in the Oscar-nominated "The Shawshank Redemption" (1994). And I try to remind myself of that every day, and every night, too.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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