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SENIOR LIVING

PAGE 2

Chantilly CONNECTION

Fair Oaks ♦ Fair Lakes

Rehearsing a scene from “The Dixie Swim Club” are (standing, from left) Carole Preston, Leslie Anne Ross and Kathy Young, and (seated, from left) Caty Nicholson and Gioia Albi.

‘Camaraderie, Friendship and Precious Moments’

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Local Celebration With Worldwide Flair

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CALENDAR, PAGE 8 ♦ CLASSIFIEDS, PAGE 6
PHOTO BY BONNIE HOBBS

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Northern Virginia Senior Olympics includes bocce competition.

FILE PHOTOS BY SHIRLEY RUHE

Preparing for Senior Olympics

New this year:
canasta, croquet and beach ball wallyball.

BY SHIRLEY RUHE

It may seem like a long time until September when the 36th year of the Northern Virginia Senior Olympics (NVSO) kicks off.

But not for 83-year-old Chuck Toftoy from Arlington, who often enters 20 events, and says he practices all year long.

Opening ceremonies for this year's events are scheduled for Sept. 15 at 9 a.m. at Thomas Jefferson Community Center in Arlington, and the competition is scheduled to end on Sept. 26.

The NVSO began in 1982 with about 80 people competing; last year there were 752 competitors signed up for one or more of the 70 events offered. The events ranged from tennis, baseball throw, bocce, orienteering, swimming and diving, golf, corn hole toss, volleyball, and pickleball.

Three new sports have been added to the competition this year including canasta, croquet and beach ball wallyball. Herb Levitan, a member of the NVSO Board, explains beach ball wallyball is like volleyball but played on a racquetball court with a beachball which is bigger and softer than a volleyball. Levitan is currently preparing for the Virginia senior games coming up soon where he swims four freestyle events.

Alease Brooks, 85, has been competing for 14 years and participated in 13 different sports in 2017. But her favorite is pickleball. Her children have bought her T-shirts in different colors for her games and often come to watch her and cheer her on.

Toftoy says this year he plans to reduce the number of sports he enters so that he can concentrate on pickleball since he plans to enter singles, doubles and mixed competition this year.

Last year, 93-year old Henry Colette from Oakton was one of 19 bocce competitors. But for the last several years he has been guaranteed a win because there was no one else in his age group competing.

Last year's oldest competitor was 101 years old



Kim Aderman competes in last year's diving match.

with her sport of choice was duplicate bridge.

Seniors participate for many reasons — some because they like to stay busy and fit, others because they are returning to a high school or college sport, some because they like the community of friends they see every year and others because they still “like to dream big.”

This year's games are expected to be held in 29 venues including community centers, parks, high schools and other locations across Northern Virginia. Registration for this year's NVSO will open June 1. This year NVSO is hoping to bring back the 5k run and looking for an event director for that event. Those interested in volunteering can call 703-403-5360.

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Local Celebration with Worldwide Flair

CIF presents 8th annual Centreville International Showcase.

BY BONNIE HOBBS

Northern Virginia's diversity will be on full display during the 8th annual Centreville International Showcase. An evening of dance, music and food, it's set for Saturday, April 21, from 5:30-9 p.m., at the Korean Central Presbyterian Church, 15451 Lee Highway (Route 29) in Centreville, near Bull Run Elementary.

Sponsored by the Centreville Immigration Forum (CIF), the festive event includes food from community restaurants, performances by local international talent, a silent auction and a 50/50 raffle. This family-friendly, cultural celebration will feature cuisine and entertainment from a variety of countries, including Korea, Guatemala, India, Ghana and Ireland.

"Living, shopping, and dining out in Centreville is a true, international experience," said CIF President Alice Foltz. "The showcase reflects the amazing opportunities that we have to share our lives and traditions, right in our own community. Dancers and singers, with colorful costumes from many traditions, provide us with a beautiful evening. This is a cruise around the world, without leaving home."

The event's goal is to bring the commu-



Kofi Dennis (standing, far right) and Friends perform traditional, African rhythms.

PHOTO COURTESY OF CAROL ROBINSON

nity together for an evening of fellowship and fun. There is no admission, but the showcase raises money for CIF through a silent auction, 50/50 raffle, food sales and donations during the evening.

The opening ceremony is at 5:30 p.m., with entertainment following. Encore performances will be presented by the McNeill-James School of Irish Dance and Kofi and Friends African Drumming, as well as several other groups.

Dinner begins at 6 p.m. with food including international favorites such as pupusas, tamales, kimchap and pollo a la brasa. Among the local restaurants returning are

Chicken Latino, Two Amigos, Ciao Osteria, Guapo's, El Quetzal and The Auld Shebeen.

For more information, and to get the latest in entertainment and food, go to www.centrevilleimmigrationforum.org.

Also go to the website to purchase dinner tickets, see the early-bird specials and be able to reserve a table in advance to enjoy the performers up close.

Use Pay Pal or a check payable to Centreville Immigration Forum and mailed to: Centreville Labor Resource Center, 5956 Centreville Crest Lane, Centreville, VA 20121.

Specify that it's for the showcase.



PHOTO BY BONNIE HOBBS

Members of The O'Neill-James School of Irish Dancing.

Stabbing Fatality Case Goes to Grand Jury

Flores Cuchillas is accused of killing man outside sports bar.

BY BONNIE HOBBS

Harold Garnett was taller and heavier than Vidal Flores Cuchillas, but the latter man allegedly had a pocket knife, which erased the difference between them. And when the two got into an altercation outside a Centreville sports bar, Garnett, 27, was stabbed and later died.

Fairfax County police arrested Flores Cuchillas, 38, of Centreville and charged him with second-degree murder. And Monday, April 2, in General District Court, the case against him was sent to the grand jury.

The tragedy occurred Nov. 4, 2017, shortly after 2 a.m., in the parking lot of Velocity 5 in the Trinity Centre off Route 29. The restaurant had been closed for about 40 minutes when staff closing up heard a fight at the far end of the park-

ing lot and contacted police.

Responding officers found Garnett, also of Centreville, with stab wounds to his upper body. He was rushed to the hospital and later succumbed to his injuries. Meanwhile, K-9 units searching for the alleged perpetrator found Flores Cuchillas hiding in some nearby bushes.

Garnett was a regular at Velocity 5, and Flores Cuchillas — who did not know him — was there with two friends, Edwin and Jose. Monday afternoon, during Flores Cuchillas's preliminary hearing, homicide Det. John Vickery testified that a pocket knife with a 3-inch blade was found in the parking lot.

Vickery said that, when he arrived on the scene after the incident, Flores Cuchillas had already been arrested for being drunk in public and spoke with him. "He told me he'd come from Velocity 5 and was running because some people were chasing him and

said they were going to kill him," said Vickery. "He was dirty and looked like he'd been rolling around on the ground."

Vickery said Flores Cuchillas told him a black male [Garnett, whose name he didn't know at the time] became angry first and that Edwin was on the ground first. "He described the decedent's behavior as crazy and said he was with a group of individuals," said the detective. Vickery then read a section of his report in which he'd written that Flores Cuchillas "opened the knife and struck [Garnett]."

"He said it was in defense and that it was an accident, correct?" asked public defender Dawn Butorac. Vickery replied affirmatively and said the knife's trajectory was down-



Vidal Flores Cuchillas

ward and there was just one strike.

"Did [Flores Cuchillas] say he was trying to hurt or kill [Garnett]?" asked Butorac. Vickery said no. "He also expressed remorse for the victim and wrote an apology letter, didn't he?" she asked.

"He had me dictate one," answered Vickery. Butorac then had the detective confirm that,

according to the autopsy report, Garnett was 273 pounds and 5 feet, 9-1/2 inches. He also agreed with her that Flores Cuchillas is 140 pounds and 5 feet, 4 inches.

Assistant Commonwealth's Attorney Ryan Bredemeier then asked Vickery,

SEE STABBING, PAGE 7

County Can Ban Loaded Rifles on Road

The following letter to all members of the Fairfax County Board of Supervisors from members of the General Assembly from Fairfax, urges common sense action on guns; the state legislators say Fairfax County has the authority to ban loaded shotguns and rifles on the roads.

Dear Madam Chairman and Hon. Supervisors:

Section 15.2-915.2 of the Code of Virginia gives all local governments in Virginia the authority to ban loaded shotguns and loaded rifles on public highways.

§ 15.2-915.2. Regulation of transportation of a loaded rifle or shotgun.

The governing body of any county or city may by ordinance make it unlawful for any person to transport, possess or carry a loaded shotgun or loaded rifle in any vehicle on any public street, road, or highway within such locality.

A similar ordinance has been enacted in the counties of Fauquier, Loudoun, Madison, Albemarle, Chesterfield, Clarke, James City, King George, New Kent, Northumberland, Surry, Warren and the cities of Alexandria,

Fredericksburg, Petersburg, Richmond, Roanoke, Virginia Beach, and Williamsburg.

We, members of the Virginia General Assembly representing Fairfax County, do not believe that there is a need for loaded shotguns or loaded rifles on Fairfax County's public roads. High emotions that come with traffic congestion in our region have led to instances where firearms have been discharged in incidents of road rage. Requiring that shotguns and rifles are not loaded at the beginning of a trip will help to reduce the potential for such split-second, life-changing decisions to occur in a moment of anger. Such an ordinance will also help to protect the driver and passengers, including children, as well as law enforcement from the accidental discharge of one of these weapons. For example, in 2006, Virginia State Trooper Kevin C. Manion was killed after a loaded rifle went off during a wreck cleanup in Clark County.

We recognize that the Fairfax County Board of Supervisors considered this issue in 2015.

However given recent events, we believe that it is important at this time for all our localities

to use their existing authority to foster gun safety and protect the driving public.

We hereby ask that you initiate the processes necessary to change Fairfax County's ordinances to prohibit the transportation of loaded shotguns and loaded rifles to the fullest extent possible under Virginia Law.

We look forward to working with you on this important initiative.

Sen. Scott Surovell (D-36)
Sen. Richard Saslaw (D-35)
Sen. Barbara Favola (D-31)
Sen. David Marsden (D-37)
Sen. Jennifer Wexton (D-33)
Sen. George Barker (D-39)
Del. Kaye Kory (D-38)
Del. Mark Keam (D-35)
Del. Rip Sullivan (D-48)
Del. Ken Plum (D-36)
Del. Alfonso Lopez (D-49)
Del. David Bulova (D-37)
Del. Karrie K. Delaney (D-67)
Del. Paul Krizek (D-44)
Del. Jennifer Boysko (D-86)

BULLETIN BOARD

KINDERGARTEN REGISTRATION

Child turning 5 years old by Sept. 30?

If so, contact your child's school to make arrangements for kindergarten enrollment. Most schools begin getting information together now for parents of incoming kindergartners, and many host an orientation or open house. All kindergarten programs are full-day and located in FCPS elementary schools. Check your school's webpage or contact the school directly for specific enrollment information and dates of orientation or visit www.fcps.edu/registration/kindergarten-registration.

Colin Powell Elementary School is holding kindergarten registration Thursday, April 5, 5:30-7:30 p.m.

and Monday, April 16, 9 a.m.-noon. Due to the time required to register children, the school requests that only parents come for registration. Forms and other information are available online at: www.fcps.edu/registration/general-registration-requirements.

Brookfield Elementary School will host a kindergarten registration for the 2018-2019 school year on Monday, April 16. Parents of children who will be five years old on or before Sept. 30, 2018, and are living within the Brookfield Elementary School boundaries, should contact the school at 703-814-8700 in order to make a registration appointment.

Greenbriar East Elementary School is now accepting registration paperwork for rising Kindergartners.

The Kindergartener information session is scheduled for Monday, April 16 from 2-3 p.m. Families who live within the school's boundaries and have a child who will turn 5 years of age by Sept. 30, 2018, should visit greenbriareastes.fcps.edu or call 703-633-6400 to make an appointment.

Centre Ridge Elementary School in Centreville is open for kindergarten registration for the school year 2018-19. Forms and other information are available on line at <https://www.fcps.edu/registration/kindergarten-registration>. They are also available in the front office. Call 703-227-2600 with questions.

Greenbriar West Elementary School is now accepting information for next year's Kindergarten classes. Families who live within the school's boundaries and have a child who will turn 5 years of age by Sept. 30, 2018, call the school office at 703-633-6700.

THURSDAY/APRIL 5

Autism 101: An Introduction to Understanding Autism. 10-11:30 a.m. at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. Join the Autism Society of Northern Virginia to learn accurate, important, basic information at this workshop highlighting Autism Acceptance Month. Open to all who want to learn more about autism. Visit www.fcps.edu/node/28279.

FRIDAY/APRIL 6

Strategies to Support Elementary School Students. 10 a.m.-noon at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. A Closer Look at Stress and Anxiety: Strategies to Support Elementary School Students will explore strategies and resources to support children experiencing stress and anxiety in elementary school. Visit www.fcps.edu/node/28279.

SATURDAY/APRIL 7

Teen Job Fair. 11 a.m.-1 p.m. at Chantilly High School, 4201 Stringfellow Road, Chantilly. Employers will gather, take applications and resumes for part time jobs. Contact Dulles Regional Chamber of Commerce at www.dulleschamber.org for more.

TUESDAY/APRIL 10

Flash Forward! Postsecondary Education and Employment Options. 6:30-8:30 p.m. at Woodson High School, 9525 Main St., Entrance 1 - Cafeteria, Fairfax. Flash Forward is for students receiving special education services and their parents to explore options for life after high school. The agenda includes information tables, an overview of postsecondary options, and workshops on supported employment, competitive employment, and postsecondary education. Visit www.fcps.edu/node/28279.

TUESDAY-THURSDAY/APRIL 10-12

FY 2019 Budget Meetings. April 10, 4 p.m.; April 11-12, 1 p.m. at the Fairfax County Government Center (Board Auditorium), 12000 Government Center Parkway, Fairfax. The budget plan can be found at www.fairfaxcounty.gov/budget/advised-budget-plan. Sign up to speak at www.fairfaxcounty.gov/bosclerk/speakers-form or call 703-324-3151.

FRIDAY/APRIL 13

Collaborative IEP Meetings: Parents as Partners. 10 a.m.-12:30 p.m. at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. Parents are essential partners in the special education process. Join us for this important workshop to learn more about the IEP process and its components, your role in the IEP meeting, responsibilities of the IEP team members, and planning for your child's IEP meeting. Visit www.fcps.edu/node/28279.

Wanted for Abduction

The Fairfax County Police Department is asking for the public's help in finding a man wanted for two counts of abduction and the use of a firearm in the commission of a felony. Detectives believe 37-year-old Osman Osman, of Herndon, may have left Virginia after assaulting and temporarily abducting his wife and child on Saturday, March 24 in Chantilly. Detectives believe Osman traveled to New York City after the incident, but do not know where he currently is. Osman is also wanted for two counts of assault on a family member, a protective order violation and transporting a firearm while subject to a protective order. If anyone sees Osman, immediately call 9-1-1 and do not ap-

proach him, as he is believed to be armed and dangerous.

The police ask that anyone with information about Osman should call Detective Moser at 703-246-5393. No detail is too small, as a tip could be what detectives need to locate and arrest him. Tips can be submitted anonymously through Crime Solvers by visiting www.fairfaxcrimesolvers.org, or text-a-tip by texting "TIP187" plus a message to CRIMES (274637). Anonymous tipsters are eligible for cash rewards of \$100 to \$1000 if their information leads to an arrest.



Osman

'Camaraderie, Friendship and Precious Moments'

The Alliance Theatre presents "The Dixie Swim Club."

BY BONNIE HOBBS

After graduating from college, where they became friends on their swim team, five Southern women meet for a long weekend, every August, at the same beach cottage on North Carolina's Outer Banks. There, they catch up, laugh and meddle in each other's lives.

But when something unexpected happens to one of them, they rally 'round with the strength and love that takes this comedy in a poignant and surprising direction. And that's the premise of The Alliance Theatre's upcoming play, "The Dixie Swim Club," a show about friendships that last forever.

"We've been getting together since January, so we did tons of really detailed character development even before we started rehearsing, said Director Scott Olson. "And it helped me as a director to understand where everyone was coming from."

More than once, he said, the actresses even brought him to tears because "They really know what to do, and I'm so blessed that they came together for this show. They've 'become' their characters and exceeded them, far beyond my expectations."

The story goes from 1985 to today, so the women are shown from ages 44-77. And, said Olson, "Men will learn what women really go through — and how much they have to put up with from their men."

Little Rocky Run's Kathy Young portrays five-times-married Lexie Richards, who's reminiscent of Samantha from the TV show, "Sex and the City." Describing Lexie as self-absorbent, vain and frivolous, Young said, "She loves men, but doesn't have the best luck with them or with marriage. She's voluptuous and exudes sexuality, but I see her as having a big heart. She'd do anything for her friends, and they're the best part of her life."

Young likes playing her because "She's the sex kitten I've never been or seen myself as. So this role takes me out of my comfort zone and makes me stretch. And it's so much fun doing it with this group of women.



PHOTO BY BONNIE HOBBS

From left are Kathy Young, Gioia Albi, Leslie Anne Ross, Carole Preston and Caty Nicholson.

Everyone's character portrayal is so strong, I can't wait to be onstage with them. Scott put together a cast and developed a relationship between us that's going to really come across to the audience."

She said people will really relate to the different life stages and to what the women are experiencing. "There are moments that are hilarious and moments that are heart-breaking," said Young. "The audience is going to laugh 'til they hurt, and they're going to cry, too. If they liked [the movie] 'Steel Magnolias,' they're going to love this."

Playing Jeri Neal McFeeley, a nun who lives in a convent, is Caty Nicholson. "She's kindhearted, genuine and naïve," said Nicholson. "She only gets to let loose when she's with her girlfriends."

The other women call her their "Little ray of sunshine." However, said Olson, "She decides to explore and push the boundaries of her life a little."

"She goes for it," said Nicholson. "People will learn a lot about nuns they didn't realize. I love Jeri because I feel I am her sometimes, minus the nun part. She's not the group's youngest, but she acts that way. There are many things in this role I've never had to do before, and it's challenging."

She said the audience will enjoy "the ca-

maraderie, the precious moments we share, the jokes. There's nothing to not love about this show."

Leslie Anne Ross also appreciates the strong bonds she and her castmates have formed, saying, "I feel like I'll be friends with them, the rest of my life." She portrays career woman Dinah Grayson, a smart, successful lawyer in a prestigious, Atlanta law firm.

"But she's so focused on her job that she's not very in touch with the reality of her life," said Ross. "She works all the time, isn't married or maternal and has no time for a personal life. She drinks a lot and is hiding in the alcohol. She also has a fabulous sense of humor and is a smart-aleck, but she's unlucky in love."

Ross says she's a lot like her character, but more in touch with her feelings and doesn't drink as much. "She's the least sentimental of the friends, but I'm the opposite, so I have to keep my emotions down, but I'm also sardonic and a smart-aleck."

She said the chemistry between the actresses will appeal to the audience — "seeing women being real and enjoying each other, without being competitive. They support each other, no matter what. And this show is really funny; as they get older,

To Go

Show times are April 13, 14, 20, 21, 27 and 28 at 7:30 p.m.; and April 15, 22 and 29 at 2 p.m. Performances are at Mountain View High, 5775 Spindle Court (behind Glory Days Grill) in Centreville. Tickets are \$18, adults; \$15, senior citizens and children under 13, at www.thealliancetheatre.org.

they're not afraid to say inappropriate things."

Carole Preston plays Sheree Hollinger, the group's leader and former swim-team captain. "She's a hyper-organized control freak; and when she feels like she's lost control, she freaks out," said Preston. "She's planned out her life, so when things go wrong, she doesn't take it well."

Although this role takes her, too, out of her comfort zone, she loves it. "I was new to this group of actors and Alliance, and I've felt so welcomed," said Preston. "And that's helped me establish the character and relationships."

"This girl can deliver a line that'll make you cringe and curl your toes, at the same time," added Olson.

As for the audience, said Preston, "I want people to have fun and a little escape and take away the importance of friendship and how precious it is."

Portraying Vernadette Simms is Gioia Albi. "She's a hot mess and, literally, the opposite of Sheree," said Albi. "She planned nothing in her life. But she's super-real, genuine and smart. She's a teacher and a mother of two who talks a lot about her husband and children. But she has a black cloud that won't leave her."

Albi says her character is a challenge because she has no accent and Vernadette is the most Southern of all the women. "She also has an unbelievably deep love and appreciation of the South," said Albi. "I hope people will be thinking and talking about this show, days later, and that it spurs conversations about the women in the audience's lives. They'll also be laughing and repeating the lines because they're so funny. And they'll find a character that reminds them of someone in their life."

Overall, said Olson, "These women have had the courage to break out of their shells and do their roles. That's what I love about them and I know the audience will, too."

ROUNDUPS

Teen Job Fair Offered

A 2018 Fairfax County Teen Job Fair and Resume Building Workshop will be held at Chantilly High School, 4201 Stringfellow Road, Chantilly, on Saturday, April 7. These events will focus on student job seekers (approximately ages 16 to 18) looking for full time employment, after-school employment, seasonal positions, internship opportunities, or volunteer experiences. It is open to all teens in Fairfax County looking for employment or wanting tips to build their resume.

er students looking to begin to build their resume. To register, visit <https://docs.google.com/forms/d/e/>

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Staying Safe in Emergencies

The Community Emergency Response Team (CERT) program prepares citizens to safely help themselves, their families and their communities in the event of major disasters where first responders are delayed. And at the next meeting of the Sully District Police Station's Citizens Advisory Committee, people will learn about them.

On Tuesday, April 11, at 7:30 p.m., at the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly,

Jim Sobecke from the Fairfax County CERT Team will explain the team's duties and how community members can become involved.

CERT is comprised of community members who train to support emergency or disaster response operations in the event that normal emergency services become overwhelmed. At the meeting, residents will learn how this program fits in with the Ready.gov information regarding "Have a Plan, Make a Kit and Keep informed." They'll also see various radios used for emergency communications and learn how CERT's radio team can also

SEE ROUNDUPS, PAGE 7

Announcements

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NEWS



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State Champions

The Chantilly High School Forensics team on March 24 won the State Championship — for the third year in a row. “This victory is a testament to the talent and character of the Chantilly forensics students — both past and present. They really know how to work together and to support each other,” according to teacher Barbara M. Clougherty.

Lees Corner House Fire Turns Fatal

On Friday, March 30, at approximately 1:34 a.m., units from Fairfax County Fire and Rescue, Loudoun County Fire and Rescue, and the Washington Metropolitan Airport Authority Fire Department were dispatched for a reported house fire in the 3400 block of Cotton Top Court in the Lees Corner section of Fairfax County. Units arrived on scene and observed smoke coming from the second floor of a two-story single family home. Crews quickly located a fire in a bedroom and extinguished it.

Two occupants were home at the time of the fire and evacuated prior to fire department arrival. Both occupants were transported to an area hospital. One occupant was treated and released. On March 31, the other occupant died from his injuries. Fire Investigators determined the fire started in a second floor bedroom and was accidental in nature. The fire was caused by smoking a cigarette in bed while simulta-



An occupant died as a result of a house fire in Lees Corner.

neously using oxygen. Red Cross service was offered and declined. There were no reported firefighter injuries. Damages as a result of the fire are estimated to be \$18,750.

Legals

ABC LICENSE

Chipotle Mexican Grill of Colorado LLC trading as Chipotle Mexican Grill, 14383 Newbrook Drive, Suite 100, Chantilly, VA 20151. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Beer On Premises license to sell or manufacture alcoholic beverages. M. Steven Ellis, Manager authorizing advertisement. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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News Stabbing

FROM PAGE 3

"Did you clarify whether [Flores Cuchillas] said people were chasing him and threatening to kill him, before or after the incident?"

"He didn't say, but I assumed, after," replied Vickery.

Then, addressing Judge William Minor directly, Butorac said, "There was no intent to kill; so, at most, this is manslaughter. A man twice his size was attacking his friend [Edwin] and trying to attack the defendant, so this was self-defense. Mr. Flores Cuchillas tried to stop this fight, but [Garnett] escalated it by swinging at him a couple times. There were drugs in the victim's system, and [Flores Cuchillas] acted with the least force possible to protect himself."

However, said Bredemeier, "The defendant pulled out a deadly weapon and struck a person in the chest. The use of a deadly weapon indicates malice, and I ask you to certify this case to the grand jury."

The judge then found there was probable cause to believe Flores Cuchillas committed second-degree murder and sent his case to the next grand jury for possible indictment. The defendant then returned to jail, where he is being held without bond.

ROUNDUPS

FROM PAGE 5

provide communications for local, non-emergency events, such as road races, parades and other community activities.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, April 12, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

Clean Out Medicine Cabinets

Take advantage of a free, convenient, confidential, and safe disposal of unused or expired medications during Operation Medicine Cabinet Cleanout on Saturday, April 28. Drop off medications (pills or liquids only, no pressurized canisters or needles) at the Fair Oaks District Station, 12300 Lee Jackson Memorial Highway, Fairfax, or the Sully District Station, 4900 Stonecroft Boulevard, Chantilly, between 10 a.m. and 2 p.m.

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg			

Label Me Presumptuous



By KENNETH B. LOURIE

I have not been collecting return-address labels for years. I have however, been receiving them for years. Either as thank yous for charitable contributions made or as inducements for charitable contributions yet to be made. Regardless of the reason, I have had an ample supply until recently. And they have served me well as both a reminder of what I have and have not done. And over time, they have most definitely served their purpose. Amazingly though, the pages of return-address labels in inventory has been shrinking of late. Due to some combination of my lack of charitableness as well as a reduction in the numbers of unsolicited charitable quid pro quos (there may be a relationship there).

Let me be clear: I am under no delusion or pressure to respond to these letters/requests for money. Just because I receive them doesn't mean I must adhere to them. They're hardly a subpoena nor are they payment for services rendered. They are merely a pre-approach-type solicitation mailed to me at my home offering goods (the labels) for services (my contribution) not yet rendered. Opening an envelope and reading its contents doesn't make me a partner in their pursuit of my dollars.

But what exactly is the protocol here? Certainly I can understand keeping and/or using the return-address labels if I make a contribution, but what if I don't make a contribution? Do I have to throw these perfectly good return-address labels away? Don't some of these labels, by their design/content - and ultimately by their use by yours truly, indirectly support the original sender's cause? Isn't their use some kind of tacit paying-it-forward-type approval/contribution on my part? I realize money and/or in-kind contributions likely help more, but is there use by a non-contributor not abuse at all? After all, I'm sort of passing the word/keeping their chain going, aren't I?

If all is fair in love and war, certainly there's a little wiggle room in the world of mailing unsolicited inducements to unsuspecting recipients? I mean, I'm not asking for trouble here, am I? I'm merely asking for some understanding and clarification. If what was sent to me - not at my request and not as part of a phone conversation securing a commitment, was not my doing, then why am I responsible for it being done?

Obviously the labels are a convenience for me, and that is worth some amount of money and time that now I'm not having to spend. Still, it feels like an intrusion of sorts, a method to their madness - presumably, but to me a presumption, nevertheless. And that's just a few letters away from an assumption, and you all know what is said about assuming?

I suppose if you cast a wide enough net you're going to catch a few contributors who don't find anything fishy about this direct mail process and who feel compelled to respond favorably - so to speak, because a good deed has been for them. And if a good deed (or a "solid," to quote Detective Andy Sipowitz/Dennis Franz from NYPD Blue) deserves another then contributions will be made and address labels will be affixed.

But after years of receiving these return-address-labels-masquerading-as-solicitations-for-contributions - to a variety of charities, some more well known than others, I don't feel the least bit stuck in my decision to use these return address labels as I see fit. In a way, I am the beneficiary of their largess and in turn, they are the beneficiary of my non-cash contribution. It's sort of a win-win. But I don't suppose that was their intention. I suppose they wanted more, not less.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/.
The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Fitness for 50+. Daytime hours, Monday-Friday at Sully Senior Center, 14426 Albemarle Point Place, Chantilly. Jazzercise Lite, Zumba Gold, Hot Hula Fitness (dancing Polynesian style), Strength Training, Qi Gong, Tai Chi and more. Membership is \$48 a year, and waivers are available. Email lynne.lott@fairfaxcounty.gov or call 703-322-4475 for more.

History Volunteers Needed. Fairfax Station Railroad Museum needs history buffs. The Museum offers a variety of volunteer opportunities in Museum events, programs and administration. Email volunteers@fairfax-station.org or call 703-945-7483 to explore opportunities. The Museum is located at 11200 Fairfax Station Road in Fairfax Station. It is open every Sunday, except holidays, from 1-4 p.m. www.fairfax-station.org, 703-425-9225.

Art Guild of Clifton Exhibit. 10 a.m.-8 p.m. at Clifton Wine Shop, 7145 Main St., Clifton. Includes oil paintings of European settings; doors, windows, and flower shops. Free. Call 703-409-0919 for more.

Carolina Shag Dance. Wednesdays, 6:30-10 p.m. at Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m.; no partners needed; dinner menu at 6:45 p.m. Tickets are \$8. Visit www.nvshag.org for more.

Open Rehearsal. Wednesdays, 7:30 p.m. at Lord of Life church, 13421 Twin Lakes Drive, Centreville. The Fairfax Jubil-Aires barbershop chorus invites men of all ages who enjoy singing. Free. Visit www.fairfaxjubilaire.org for more.

Live After Five. Fridays at 5:30 p.m.



at The Winery at Bull Run, 15950 Lee Highway, Centreville. Every Friday night a band plays on the patio of the winery. Free to attend. Visit www.wineryatbullrun.com for a full schedule.

Mondays are Family Night. 5-7 p.m. at Villaggio, 7145 Main St. \$45 for a family of four. Call 703-543-2030 for more.

LIBRARY FUN

Toddlin' Twos. Tuesdays, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Early literacy storytime with songs and

activities included. Age 2 with caregiver, free. Call 703-502-3883 to reserve a spot.

Storytime for Three to Fives.

Tuesdays, 1:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Stories and activities for children age 3-5 with caregiver. Free. Call 703-502-3883 to reserve a spot.

Plant Clinic. Saturdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. A neighborhood plant clinic with horticultural tips, information, techniques, and advice. Free. Call 703-502-3883 to reserve a space.

Lego Block Party. Every other

Saturday at 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Legos will be provided for an afternoon of building. Grades 3-6. Free. Call 703-502-3883 to reserve a spot.

Duplo Storytime. Every other Wednesday, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Develop and reinforce early literacy skills for reading success. Ages 1-3 with adult. Free. Call 703-502-3883 to reserve a spot.

Legos Kids Club. Every other Tuesday, 10:30 a.m. at the Centreville Regional Library, 14200

Scouting for Bricks

This LEGO fan event typically draws over 3,000 visitors. Visitors will be treated to over 20,000 square feet of LEGO related exhibits, activities and merchandise. The Scouting for Bricks event is open to the public and is a family-friendly event. This fundraiser helps cover the costs of campouts and activities. Tickets are \$6 per person online at scoutingforbricks.com, or \$7 at the door. Children 3 and under are free. Friday, April 6-Saturday, April 7, 9 a.m.-5 p.m. at the nZone, 14550 Lee Road, Chantilly.

St. Germain Drive. Thousands of Legos for children to play with. Ages 6-12. Free. Call 703-830-2223 to reserve a space.

Starlight Storytime. Every other Wednesday, 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Stories under the stars for ages 4-8. Wear pajamas and bring stuffed friends. Free. Call 703-830-2223 to reserve a space.

IMPROVING ENGLISH

ESL Book Club. Mondays, 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Meet and discuss a book chosen by group. Free. Call 703-830-2223 with questions and to reserve a spot.

One-on-One English Conversation. Various times at Centreville Regional Library, 14200 St. Germain Drive. Spend an hour with a volunteer tutor to practice conversing in English. Various times and days. Reservations are required. Call the library at 703-830-2223 to make a reservation.

Practice English Conversation Group. Saturdays, 3-5 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Drop in and enjoy casual conversation and learning for adult learners of English. Volunteer led program. Call 703-830-2223 for more.

English as Second Language Book Club. Mondays, 7-9 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults learning English meet to discuss a book chosen by the group. Call the library 703-830-2223 for book title.

Advanced English Conversation Group. Tuesdays, 10:30 a.m.-12:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Drop-in conversation group for adult English as Second Language speakers who want to improve their skills. Call 703-830-2223 for more.

ESL Book Club. Every other Saturday, 11 a.m. at the Chantilly Library, 4000 Stringfellow Road. Adults learning English are welcome to meet and discuss a book chosen by the group. To find out book title, call 703-502-3883.

English Conversation Group. Thursdays, 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Practice English with a group of students and adults. Free. Call 703-502-3883 to reserve a space.

English Conversation Group. Tuesdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Practice English with a group of students and adults. Free. Call 703-502-3883 to reserve a space.

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