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and Oakton Vienna CONNECTION

Ayr Hill Garden Club
Flower Show will be
held Sunday, April 29,
2-5 p.m at 307 Windover
Avenue, NW, Vienna.

Ayr Hill Garden Club To Host Flower Show

NEWS, PAGE 6

**Easy Flower
Arranging 2**

This simple arrangement consists of three ingredients:

1. YUCCA
2. REDBUSH, new growth which I find long enough, in warm water, and
3. ROSES from local grocery store

CPStuntz



Inside



Senior
Living
April 2018

Senior Living

Bald Eagles
Rediscover Potomac
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Vienna Police Highlights
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PHOTO COURTESY OF AHGC
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APRIL 4-10, 2018

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Two bald eagles tend to three eaglets near Great Falls. Bald eagles usually mate and lay eggs in mid-February. Eggs incubate just over a month — about 35 days — and the young fledge 10 to 12 weeks later.



PHOTOS BY CHRISTINA TYLER WENKS

A bald eagle protects her three eaglets on Minnehaha Island in the Potomac River.

Bald Eagles Rediscover Potomac

Bald eagles are a sign of ecosystem improvement.

BY CHRISTINA TYLER WENKS

A pair of bald eagles is raising three eaglets on Minnehaha Island in the Potomac River. This is the third bald eagle nest in the Great Falls area this year and the second known to contain hatchlings. The proximity of the nests tells naturalists at Riverbend Park that the area's ecosystem is improving.

Last week, the Potomac Conservancy issued a report that said the Potomac River's health is better than recent decades. The river's report card gave the Potomac a B — up from a D in 2011.

"We hope these additional nests are indicators of increasing biodiversity of species and that means the ecosystem is healthier — birds, amphibians, and mammals — but this takes many years," said Julie Gurnee, Riverbend Park naturalist.

WILDLIFE SPECIALISTS and national park rangers say bald eagles actively nested on Conn Island near Great Falls National Park for the past 20 years. A pair of eagles are nesting on Minnehaha Island for a second year. A young eagle that fledged last year is often spotted fishing in the Potomac River by the Riverbend Visitor's Center.

Wildlife enthusiasts are watching a third bald-eagle nest on Watkins Island near Riverbend Park. "What's surprising is their proximity to each other," said Gurnee. "This is much closer than we expected to see another eagle nest."

Pollution and lead, such as buckshot and fishing weights, threaten eagles scavenging



A break in foliage along Riverbend Park's Potomac Heritage Trail allows outdoor enthusiasts to view an eagle's nest on Minnehaha Island in the Potomac River. With binoculars, eaglets are frequently visible.

during winter months, said Alonso Abugattas of the Capital Naturalist website and educator at Northern Virginia parks.

Boosting biodiversity takes years. Long-term river and wildlife health depends on residents taking steps such as installing native plants and increasing natural stream

buffers with deep roots to absorb herbicides, fertilizers, and road runoff, and reducing waste and lowering emissions and reliance on cars, said Gurnee and Abugattas.

VIRGINIA BLUEBELL blooms are expected to peak the week of the Riverbend



Majestic Bald eagle.

"We hope these additional nests are indicators of increasing biodiversity of species and that means the ecosystem is healthier — birds, amphibians, and mammals — but this takes many years."

— Julie Gurnee, Riverbend Park naturalist

Park's Bluebell Festival, which is Saturday, April 14, from 10 a.m. until 2 p.m. During the festival, a scope will be set up along Potomac Heritage Trail so visitors may observe eagle-nest activity. Festival admission is \$7 online and \$9 on site.



Vienna Tsunami Wins Basketball Championships

Tsunami - VYI Middle School Girls Basketball brought a crushing defense into the play-offs and held all opponents to 20 points or less, reminding everyone that defense wins championships. Pictured, from left, top: Coach Matt Woolums, Viha Chakrapani, Olivia Lane, Kaitlyn Park, Ahanna Naimpally, Mia Woolums, Coach Kevin Gooder; bottom: Rosie Paek, Lillian Gooder, Kayla Mathis, Rome Castro)

VIENNA POLICE HIGHLIGHTS

The following summary contains various incidents of general interest as well as vehicular crashes handled by the Town of Vienna Police Department from March 23 – March 29, 2018.

INCIDENTS

Assist Fire/EMS — Cedar Lane School 101 Cedar Lane SW March 23 between 8 and 8:09 a.m. A student was transported to a hospital as a precaution due to a medical condition.

Juvenile — 200 Block of Locust Street SE March 23, 2:02 p.m. A resident requested police to do a welfare check on her residence. Police was able to check on the residence and locate children inside her home. Police waited for the caller to arrive at the residence and take custody of the children prior to leaving the scene.

Assist Fire/EMS — Plum Street SW March 23, 4:35 p.m. Police responded to a report of a CPR in progress. Medics were on scene prior to police arrival. The medics transported the person to the hospital.

Suspicious Event — 120 Cherry Street SE March 23, 5:36 p.m. A driver reported that someone he knows ran him off the road. Both parties involved in the incident were interviewed. The driver wanted the incident documented.

Fraud — 100 Block of Park Street SE March 23, 6 p.m. A resident reported that someone called his home and attempted to scam him. The caller stated he owed money to the power company and needed to pay some undisclosed amount of money.

Trespassing — McDonalds 544 Maple Avenue West March 23, 10:15

p.m. A customer that would not comply with the manager's requests was officially trespassed from the restaurant.

Suspicious Vehicle — 100 Block of Patrick Street SE March 24, 12:03 a.m. A citizen reported a suspicious vehicle. Officers located the vehicle and spoke with the occupants. Officers determined that no violation of law was taking place.

Animal Case — Navy Federal Credit Union 820 Follin Lane SE March 24, 8:14 a.m. A police officer responded to the area for an injured deer. A deer was struck by a vehicle and appeared to be in pain. The officer had to euthanize the deer.

Suicide Attempt — Kingsley Road SW /Meadow Lane SW March 24, 7:06 p.m. A caller reported that an armed suicidal subject was in the Vienna area. Officers were able to locate the suicidal subject and disarmed him without incident. Officers determined that the subject was in need of medical assistance and transported him to a hospital for treatment. **Domestic Dispute — 100 Block of Patrick Street SE March 24, 9:33 p.m.** A resident requested police assistance with a domestic dispute. Officers spoke to all the parties involved and determined that no violation of law had taken place.

Shoplifting — Sally Beauty Supply 329 Maple Avenue East March 25, 4:31 p.m. Juveniles shoplifted several items from the store. The juveniles were caught by a store employee. The employee requested police assistance. The parents were

SEE POLICE, PAGE 16

VINSON HALL RETIREMENT COMMUNITY

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McLean Community Center 2018 Governing Board Elections

The Governing Board and staff of the McLean Community Center strongly encourage all qualified residents to vote **for members of the McLean Community Center 2018-2019 Governing Board**. Your vote sends a very important message of your support of the Center's programs and services.

Requirements to Vote:

1. You must be a resident of the McLean Community Center tax district (Dranesville Small District 1A); however, you need not be registered to vote in the general election.
2. You must be at least 18 years old to vote for an adult candidate. Adults may vote for up to three candidates. Teens turning 18 on or before McLean Day may only vote for adult candidates.
3. You must be 15 through 17 years old by McLean Day to vote for youth candidates. Youth voters have two votes, and may vote for one candidate in the McLean High School boundary area, and one candidate in the Langley High School boundary area. Youth voters may not vote for more than one candidate in the same boundary area.
4. You must bring identification and proof of residency, such as a driver's license. If you do not have identification, you may sign a sworn statement.

When & Where:

Vote between the hours of **10:30 a.m. and 5 p.m.** at the McLean Day 2018 festival on **Saturday, May 19**, at Lewinsville Park, 1659 Chain Bridge Rd.

Absentee Voting:

Want to vote, but can't make it to the McLean Day festival on May 19? Vote by absentee ballot April 9 – May 16! Call the Center at 703-790-0123, TTY: 711 or send a request by email to "elections@mcleancenter.org" to have a ballot package sent to your home. You may also stop by one of three MCC's sites: Administrative Office at 6631 Old Dominion Dr., Program Office at 6645 Old Dominion Dr. (both in McLean Square Shopping Center), or at the Old Firehouse Teen Center, 1440 Chain Bridge Rd. Completed absentee voting affidavits and ballots must be returned to one of the sites by 5 p.m. on **Wednesday, May 16**, to be counted.

Write-in candidates are allowed and must have at least 10 votes from 10 residents of the Center's tax district in order to have their votes counted. For youth write-in candidates, the 10 votes must come from teens who live within the same high school boundary area as the candidate.

Meet the Candidates

Adult Candidates—Three Positions Open (four candidates)



MARIA FODERARO-GUERTIN

I'm excited to run as a candidate for the board of the McLean Community Center. My husband and I have lived in McLean for 14 years. We're grateful to be raising our twins in such a wonderful community. I have been a foreign language and history teacher for 20 years. I have broad experience working with companies and nonprofits facing budget challenges. I've been pleased to work with many organizations advancing core values my parents instilled in me: volunteerism and hard work. With your vote, I will continue that work with our board to expand offerings for our vibrant community. Email: mariaformccboard@gmail.com



CAROLE HERRICK

McLean Community Center opened in 1975; thus, it has served residents of Small District 1A for 43 years. It is the community's jewel. Among its many features, the center provides community information, classes, lectures, meeting space, a kitchen, the Susan B. DuVal Art Studio, the MPA gallery, the Alden Theatre and a teen center. Years ago, I served three terms on the Governing Board, followed by Friends of MCC. Soon a more modern center will open. I hope to be the connection with the vision of those who created the original center and those providing a vision for its future. Email: cherrick1@aol.com



TERRI MARKWART

As a member of the McLean Community Center Board, I will support the mission of the Center by promoting a sense of community through its programs and renovated facilities while respecting the tax dollars of the residents of Small District 1A. I am an 18-year resident of McLean with three children in our public schools. As Langley High School's past PTSA President, former GMU adjunct professor, member of Redeemer Lutheran Church, TEDxTysons, Tysons Interfaith, Safe Community Coalition and McLean Youth/Langley athletics volunteer, my experience will work for the residents of Greater McLean. Thank you for your vote. Email: terrimarkwart@gmail.com



RAJ MEHRA

I am running for a seat on the McLean Community Center board because I care deeply about the community. My family has been residents of McLean since 2003 and my wife and daughters grew up in McLean. We are supporters of the McLean Project for the Arts, I have served for the last five years on the board of the Greater McLean Chamber of Commerce and when my children were younger, I was a coach for McLean Youth Soccer and McLean Basketball. The charm of McLean is what I treasure most, and I want to help preserve this. Email: rmehra123@yahoo.com

Meet the Candidates

Youth Candidates—Two Positions Open Langley High School Boundary Area (two candidates)



BRIAN KIM

Hello, my name is Brian and I am a student at Langley High School. I am running for a position on the Governing Board to become an active member of my community. I have had previous experiences as a campaign organizer at the Fairfax County Democratic Committee, an intern at Sejong Geriatric Hospital and a volunteer at Sibley Memorial Hospital. At Langley, I am a member of the Debate Team and Varsity Golf Team. Overall, I am not only interested in working with professionals and other students, but also eager to participate in the administration of McLean. Email: briankim315@gmail.com



MEGAN MARKWART

A lifelong McLean resident and sophomore at Langley, I've been attending MCC programs since I was born—tagging along with my siblings to Music Together class. Redeemer Lutheran Church and my family taught me the importance of giving back and sports taught me the value of working together as a team. I work at McLean Hardware, play Langley Field Hockey, JV Soccer Captain and elected Class of 2020 SGA representative; I am also interested in being part of the discussion about how to increase youth programming at the Old Firehouse and the newly renovated MCC. Thank you for your vote. Email: mmarkwart@gmail.com

McLean High School Boundary Area (three candidates)



SERENA AURORA

I believe that student governors have a special role and should always try to assess issues and decisions from the point of view of other students. Being student governor is about making sure that all perspectives are considered. I want to become a youth governor to learn more about how the community is run and to support the people in it. I have gained many experiences ranging from leading and participating in various committees to holding leadership roles. In all, I want to have a better understanding of the main concerns and policies that affect the children in our community. Email: serenaaurora27@gmail.com



LAUREN HERZBERG

I am a second-generation McLean resident; I love this town and the people that make it up. McLean High School has fostered my love for field hockey, where I was JV captain and Varsity player, developed my interest in business through DECA and spurred by fascination with the Spanish language. My true passion lies in serving others. I volunteer for Jill's House, where I provide care for children with disabilities. I pledge to implement my love for service into the McLean Community Center and promote leadership programs to prepare McLean's youth for the future. Email: lbherzberg6@gmail.com



KIMYA SHIRAZI

The identity of a community is characterized by the degree to which its members are engaged with one another. As a member of the McLean community for 16 years, I've always felt the unique sense of inclusion that its people, events and resources offer. I'm currently a junior at McLean High School who is running for the McLean student position on the McLean Community Center Board. My primary intention for wanting this position is because I aim to play an influential role in heightening McLean's collective involvement, the same quality which I admire about the community in the first place. Email: kimyashirazi@gmail.com



The McLean Community Center Temporary Office Address:

6631 Old Dominion Drive, McLean, VA 22101
703-790-0123/TTY: 711 | www.mcleancenter.org



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MIDWEEK SERVICES, WED. 7:00 PM

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Hunter Mill Road over Colvin Run Bridge Replacement

Fairfax County
Public Information Meeting

Monday, April 16, 2018
6:30 p.m. – 8:30 p.m.
Presentation starts at 7 p.m.

Forest Edge Elementary School
1501 Becontree Lane
Reston, VA 20190

Find out about plans to improve safety and operations by replacing the weight-restricted, one-lane Hunter Mill Road (Route 674) bridge over Colvin Run with a new two-lane bridge that will have four-foot-wide shoulders.

Stop by between 6:30 p.m. and 8:30 p.m. to view displays and learn more about the project. VDOT will hold a presentation beginning at 7 p.m. Project staff will be available to answer your questions.

Review project information at the VDOT project website (www.virginiadot.org/projects), at the information meeting, or during business hours at VDOT's Northern Virginia District Office at 4975 Alliance Drive in Fairfax. Please call ahead at 703-259-2606 or TTY/TDD 711 to ensure appropriate personnel are available to answer your questions.

Give your written comments at the meeting, or submit them by **April 26, 2018** to Brian Morrison, P.E., Virginia Department of Transportation, 4975 Alliance Drive, Fairfax, VA 22030, or email meetingcomments@VDOT.virginia.gov. Please reference "Hunter Mill Road over Colvin Run" in the subject line.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights Division at 703-259-1775 or TTY/TDD 711.

State Project: 0674-029-358, P101, R201, B643
UPC: 110499
Federal: STP-BR09 (295)

NEWS

Ayr Hill Garden Club to Host Flower Show

The show, 'Bringing Nature to Your Home,' will be held during Walk on the Hill, April 29.

PHOTOS OF PREVIOUS FLOWER SHOW COURTESY OF AHGC

The Ayr Hill Garden Club (AHGC) now in its 89th year will, once again, host a flower show to be held in conjunction with the Town of Vienna's annual Walk on the Hill & Green Expo event. The show, titled "Bringing Nature to Your Home," will be held on Sunday, April 29, 2018 at the Windover Heights Historic District home of AHGC member Louise Davidson, 307 Windover Avenue, NW, Vienna, 2 – 5 p.m. Records show that 307 Windover Ave NW was built in 1895. Later additions have enhanced its charm.

"Bringing Nature to Your Home" will emphasize pollinators and native plants. The show will be held on April 29 rain or shine. The flower show and the Walk on the Hill & Green Expo is free and open to the public. Parking is available at Green Hedges School.

The Windover Heights Historic District was established on April 2, 1979, through the efforts of area residents and the Vienna Town Council. An old area of special atmosphere, known locally as "The Hill," the Historic District is an excellent representation of both period architecture and environmental harmony. The long-standing historic houses are of fine character. In recent years, the many additions and renovations have been designed to blend with and complement the historic characteristics of the neighborhood. Winding streets reflect farming patterns of an earlier age; ancient trees and gardens are testimony to a continuing appreciation of natural beauty. Associated with events and people in the history and growth of Vienna, the Historic District reverberates with echoes of the town's past.

This flower show is being held during Vienna's annual Walk on the Hill, sponsored by Historic Vienna, Inc., Vienna's Department of Parks and Recreation, and the neighborhood residents. The Ayr Hill Garden Club and area residents initiated the Walk on the Hill in 1971 to focus attention on the importance of preserving this historic neighborhood. The Windover Heights Historic District was established in 1979. The annual Walk on the Hill has been co-sponsored by Historic Vienna since 1983.

Celebrating 89 years of service to the community, the Ayr Hill Garden Club's (AHGC) motto is civic gardening. The Club maintains five gardens of various sizes in the Town of Vienna, and has contributed to projects throughout Fairfax County over its 89 year history. Their fundraising and membership dues support their efforts in maintaining and planting five gardens in Vienna:

❖ **W&OD Trail Garden** – Along the old W&OD railroad bed at Maple Avenue the club has created a pleasant urban space with seating and bicycle racks.



Ayr Hill Garden Club Flower Show will be held Sunday, April 29, 2-5 p.m. at 307 Windover Avenue, NW, Vienna.



Easy Flower Arranging.

This garden contains a variety of lovely perennials, annuals and shrubs, and a growing display of native plants.

❖ **Salsbury Spring Native Plant Garden** – This small park at the corner of Windover Avenue and Lawyers Road has become a native habitat garden containing river birches, service berry, button bushes, golden ragworts and other plants that support the local ecosystem. It has been certified as a National Wildlife Federation habitat.

❖ **Children's Discovery Garden** – Designed to stimulate interest in poetic names, color, form, texture, variety and scent, this garden lies near the caboose on Church Street.

❖ **Pollinator Garden** – On the grounds of Emmanuel Lutheran Church, this relatively new garden features plants and herbs that attract birds, butterflies, and other insects. It serves as an outdoor classroom and experimental area. At night, bats fly overhead.

❖ **Little Library Garden** – This "learning garden" is located around the Little Library on the grounds of the Freeman Store. One section is a Herb Garden planted with herbs that were prized by early European settlers for food, medicine and aroma. Another section is a Native American Garden with plants used by northeastern Native American tribes for food, medicine, and tools.

In addition, the AHGC members decorate the Freeman Store for the December Holidays and the Vienna Caboose. They provide hospice trays and May Day baskets for home bound and institutional "friends." They hold flower shows every other year.

Meetings are held on the fourth Monday of every month, except December, July and August. Guests are welcome to many of the meetings. The Club is a Charter Member of the National Capital Area Garden Clubs, Inc. since 1950 and is represented in District III.



and Oakton
Vienna
CONNECTION

Senior Living

APRIL 2018

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Senior Living

Senior Centers Without Walls

The Senior Center Without Walls program in Fairfax County is a public/private partnership that brings local government together with residents, businesses and houses of worship to provide all the benefits in programming and activities for older adults in communities where a senior center facility is not located. The Senior Center Without Walls program currently serves older adults in the Burke/West Springfield and Great Falls communities.

Each Senior Center Without Walls program is a community/volunteer-run program with support from the Neighborhood and Community Services.

Burke/West Springfield Senior Center Without Walls

❖ Programming focuses primarily on exercise and fitness for older adults, including Tai Chi and Zumba classes.

❖ For information about registration and programming, call 703-250-9181, TTY 711 or Email burkewestspringfieldcw@fairfaxcounty.gov

[@fairfaxcounty.gov](http://www.fairfaxcounty.gov)

❖ For activity details and schedules, visit the community-based website at www.scwow.org.

Great Falls Senior Center Without Walls

❖ Programming focuses primarily on social gatherings and continuing education for older adults, including technology workshops, trips, current events discussions and guest speakers/lecturers on a variety of topics.

❖ For information about registration and programming, please call 703-787-4962, TTY 711.

❖ For activity details and schedules, visit the community-based website at www.gfseniors.org.

If you are interested in volunteering to support the Senior Centers Without Walls program, please contact us:

❖ Burke/West Springfield Center Without Walls: Call 703-250-9181, TTY 711; or Email us at burkewestspringfieldcw@fairfaxcounty.gov

❖ Great Falls Senior Center Without Walls: Call 703-787-4962, TTY 711

Lunch at Senior Centers

Senior Centers offer prepared lunches for participants and guests. Reservations must be made at least one day in advance at the center where you want to be served. The cost of lunch for all guests and for participants ages 50 to 59 is \$8.50 per meal. The suggested meal donation (between \$2 and \$6) for participants ages 60 and over is based on a sliding scale depending on individual income

SENIOR CENTER LOCATIONS

Herndon Senior Center

Address: 873 Grace Street, Herndon, VA 20170

Phone: 703-464-6200, TTY 711

Operating Hours: Monday -

Thursday, 9 AM to 8 PM; Friday and

Saturday, 9 AM to 4 PM

Hollin Hall Senior Center

Address: 1500 Shenandoah Road, Alexandria, VA 22308

Phone: 703-765-4573, TTY 711

Operating Hours: Monday - Friday, 9

AM to 4 PM

James Lee Senior Center

Address: 2855 Annandale Road, Falls Church, VA 22041

Phone: 703-534-3387, TTY 711

Hours: Monday - Friday, 9 AM to 4 PM

Kingstowne Center for Active Adults

Address: 6488 Landsdowne Center, Alexandria, VA 22315

Phone: 703-339-7676, TTY 711

Hours: Monday - Friday, 9 AM to 4 PM

Lewinsville Senior Center

(temporarily relocated to Lewinsville Retirement Residences - see <https://www.fairfaxcounty.gov/neighborhood-community-services/lewinville-senior-center> for details)

www.fairfaxcounty.gov/neighborhood-community-services/lewinville-senior-center for details

1515 Great Falls Street, McLean, VA

22101

Phone: 703-442-9075, TTY 711

Hours: Monday - Friday, 9 AM to 4 PM

Lincolnia Senior Center

Address: 4710 North Chambliss

Street, Alexandria, VA 22312

Phone: 703-914-0330, TTY 711

Hours: Monday - Friday, 9 AM to 4 PM

Little River Glen Senior Center

Address: 4001 Barker Court, Fairfax, VA 22032

Phone: 703-503-8703, TTY 711

Hours: Monday - Friday, 9 to 4 PM

Lorton Senior Center

Address: 7722 Gunston Plaza,

Lorton, VA 22079

Phone: 703-550-7195, TTY 711

Hours: Monday - Friday, 9 to 4 PM

Pimmit Hills Senior Center

Address: 7510 Lisle Avenue, Falls Church, VA 22043

Phone: 703-734-3338, TTY 711

Hours: Monday - Friday, 9 AM to 4 PM

Providence Senior Center

Address: 3001 Vaden Drive, Fairfax VA 22031

Phone: 703-865-0520, TTY 711

Hours: Monday - Friday, 9 AM to 4 PM

South County Senior Center

Address: 8350 Richmond Highway,

Suite 325, Alexandria, VA 22309

Phone: 703-704-6216, TTY 711

Hours: Monday - Friday, 9 AM to 4 PM

Sully Senior Center

Address: 14426 Albemarle Point

Place, Chantilly, VA 20151

Phone: 703-322-4475, TTY 711

Operating Hours: Monday - Friday, 9

AM to 4 PM

Seniors Calendar

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

FRIDAY/APRIL 6

Coffee Social at Tallwood. at 10 a.m. at Tallwood Campus, 4210 Roberts Road, Fairfax. Welcome new members, make new friends and kick-off spring term in Fairfax with coffee, refreshments and friendly conversation. The event will include a quick presentation. For more information or to register, visit bit.ly/2H8AZy1 (Special Event 1304).

FRIDAY & MONDAY/APRIL 6 & 9

AARP Smart Drivers Classes. 9 a.m.-1 p.m. at Oakton United Methodist Church, 2951 Chain Bridge Road, Oakton. A refresher course for drivers age 50 and older. \$15 AARP members, \$20 for non-members payable on the first day of class. Visit www.scov.org/files/2018_04_aarp_smart_driver_flyer.pdf. Call instructor David Young to register at 703-591-1847.

SATURDAY/APRIL 7

Caregiver Bootcamp. 8:30 a.m.-3 p.m. at Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Join IMCC for a special day-long training event covering essential caregiving topics. Contact Lindsey Vajpeyi, lindsey.vajpeyi@insightmcc.org, 703-204-4664 or visit InsightMCC.org.

Living with Alzheimer's: For Middle-Stage Caregivers. 10 a.m.-noon at Ravensworth Baptist Church, 5100 Ravensworth Road, Annandale. Part one of three-part series. Join the Alzheimer's Association for this free three-part series and hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's. Call 800-272-3900. Other times offered.

MONDAYS/APRIL 9-MAY 14

Adventures 'N Learning. 9:30 a.m.-2:45 p.m. at Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. Join the Shepherd's Center of Fairfax every Monday for 6 weeks. Start with gentle exercise, followed by speakers on topics such as health, history, community, personal development, finance, and more. Afternoon breakouts are book club, bridge or canasta. Bring a brown bag lunch. \$30. Register at 703-426-2824, or visit www.scfbva.org.

TUESDAY/APRIL 10

Dementia Caregiver Support Groups. Noon-1:30 p.m. Shepherd's Center of Fairfax-Burke sponsors a monthly meeting on the 2nd Tuesday of each month for caregivers to learn and to share with others experiencing similar challenges. Before attending, contact the facilitator, Eileen Thompson at 703-451-8626 or Eileen.thompson1@gmail.com.

THURSDAY/APRIL 12

Adventures in Learning Open House. 10 a.m.-noon at UUCF, 2709 Hunter Mill Road, Oakton. Bounce into Spring with a new revved up brain. Cost is \$45. Classes begin April 19-June 14 (no class May 3). Visit www.scov.org.

SATURDAY/APRIL 14

Community Shredding Event. 8 a.m.-noon at I-95 Landfill, 9850 Furnace Road, Lorton. Shred event is open to Fairfax County residents along with residents of the Towns of Vienna, Herndon and Clifton and the Cities of Fairfax and Falls Church. Documents from businesses will not be accepted. All cars must be in line by noon. Residents will be asked to remain in their vehicles. Visit www.fairfaxcounty.gov/mountvernon/secure-document-shredding-event.

TUESDAY/APRIL 17

Joy Of Living for Seniors. 11 a.m.-noon at St Timothy's Episcopal Church, 432 Van Buren St., Herndon. As part of an ongoing series, St Timothy's Episcopal Church in Herndon, will hold a presentation about Israel/Palestine and the Two State Solution, followed by a light lunch. Donation offerings for lunch accepted. RSVP to jgdops@gmail.com.

WEDNESDAY/APRIL 18

Legal and Financial Considerations for Dementia. 1-3 p.m. at Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Many people are unprepared to deal with the

legal and financial consequences of dementia. Learn about legal documents, resources to help cover future care costs, and where to turn for assistance. Contact Lindsey Vajpeyi, lindsey.vajpeyi@insightmcc.org, 703-204-4664 or visit InsightMCC.org.

Community Meeting. 7:30 p.m. in the Great Falls Library, 9830 Georgetown Pike A, Great Falls. The Great Falls Civic Association Land Use & Zoning Committee will present to the general community regarding a new senior care facility on Walker Road in Great Falls proposed by Verity Commercial and IntegraCare.

THURSDAY/APRIL 19

"Behind My Wings." 7:30 p.m. at Amphora Restaurant, 377 Maple Ave. West, Vienna. Sponsored by Chapter 227 Vietnam Veterans of America Inc. BJ Elliott will discuss her stewardess service on commercial flights (aka Freedom Bird) that transported troops to and from Vietnam. Free. Call Len Ignatowski at 703-255-0353 or visit the web page at www.vva227.org.

Caregivers Support Group. 10-11:30 a.m. at UUCF Unitarian Universalist Congregation of Fairfax - Program Building, 2709 Hunter Mill Road, Oakton. For caregivers to adult family members with dementia. First and third Thursdays of every month. Hosted by Shepherd's Center of Oakton-Vienna, scov.org. Contact facilitator Jack Tarr at 703-821-6838 or jtarr5@verizon.net.

FRIDAY/APRIL 20

Great Decisions Discussion Group. 10 a.m.-noon at Vienna Seventh-Day Adventist Church, 344 Courthouse Road, SW, Vienna. Discussion on China and America: The New Geopolitical Equation. Group meets from April 20, 2018-Nov. 16, 2018. To view topic schedule: www.scov.org/files/2018_great_decisions_flyer.pdf

Cost is \$27 (includes briefing book). Registration required. Call 703-281-0538.

Super Salad Social. 12:30-2:30 p.m. at Rose Gallery - Reston Community Center Lake Anne, A, 4305 1609, Washington Plaza N, Reston. Enjoy lunch with fellow OLLI members and hear the candidates for the OLLI 2018 Board of Directors election. The election runs May 4-18. Please bring a salad (green salad, pasta salad, grain salad, or fruit salad), fruit, or dessert to share. Visit bit.ly/2q06Ngf.

Ms. Virginia Senior America Pageant Orientation. Meeting held in Falls Church. Free orientation for senior women interested in joining the program. Presentation will explain how to enroll and prepare for the pageant. The pageant will be held in Falls Church on July 7, 2018. Contact State Director Rebecca Tebbs Nunn at 804-435-3704.

TUESDAY/APRIL 24

Home & Garden Tour. 10 a.m.-4 p.m. Tour four homes and gardens in Great Falls, Vienna and McLean - from a "quilt garden" at a 1750 home to a garden and cottage designed for retirement. Advance tickets are \$40 by April 17; tickets on day of tour are \$50 at Meadowlark Gardens. Tickets sold at tour homes and the Great Falls Library. Contact Garden Club of Fairfax at fairfax@vagardenweek.org. Visit www.vagardenweek.org.

Social Security - Know Your Options to Maximize Your Benefits. 12:30-2 p.m. at 1234 Ingleside Ave., McLean. Learn strategies that you can use to potentially maximize your benefit. Presented by Sarah Graham. One lesson for 1 hour, 30 minutes. Cost is \$7/\$5 MCC district residents.

WEDNESDAY/APRIL 25


A Matter of Balance. 10 a.m.-noon at Oakton Church of the Brethren, Fellowship Hall, 10025 Courthouse Road, Vienna. An award-winning program designed to manage falls and increase activity levels. Meets for eight weeks. Free. Class size limited to 14 participants. To register, contact Casey Tarr at 703-850-4131 or eileentarr1@verizon.net.

Senior Movie Day. 10 a.m. at Bow Tie Cinemas, Reston Town Center, Reston. Featured movie is "Murder on the Orient Express." Refreshments and door prizes provided prior to movie. Free to 55-plus. Email: Ashleigh@reston.org; call 703-435-6577 or visit www.reston.org.

SATURDAY/APRIL 28

Scam Jam and Shred Event. 9 a.m.-1 p.m. at

SEE SENIOR CALENDAR. PAGE 10



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Senior Living

**Kim Aderman
competes in
last year's
diving match.**

FILE PHOTO BY
SHIRLEY RUHE/
THE CONNECTION



Preparing for Senior Olympics

**New this year:
canasta, croquet and
beach ball wallyball.**

BY SHIRLEY RUHE
THE CONNECTION

It may seem like a long time until September when the 36th year of the Northern Virginia Senior Olympics (NVSO) kicks off.

But not for 83-year-old Chuck Toftoy from Arlington, who often enters 20 events, and says he practices all year long.

Opening ceremonies for this year's events are scheduled for Sept. 15 at 9 a.m. at Thomas Jefferson Community Center in Arlington, and the competition is scheduled to end on Sept. 26.

The NVSO began in 1982 with about 80 people competing; last year there were 752 competitors signed up for one or more of the 70 events offered. The events ranged from tennis, baseball throw, bocce, orienteering, swimming and diving, golf, corn hole toss, volleyball, and pickleball.

Three new sports have been added to the competition this year including canasta, croquet and beach ball wallyball. Herb

SEE SENIOR OLYMPICS, PAGE 11

Seniors Calendar

FROM PAGE 9

Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Free fraud fighting event. AARP Virginia and Fairfax County Government's Silver Shield task force are bringing together top experts and law enforcement officials to present at a free informational Scam Jam. Shred truck will be on-site from 8 a.m.-noon. Documents will be shredded on-site free of charge. No quantity limit. No plastics or electronics. Light refreshments and lunch will be served. Registration is required at aarp.cvent.com/OSSFairfax or call 1-877-926-8300.

Operation Medicine Cabinet Cleanout. 10 a.m.-2 p.m. at all Fairfax County Police Stations. Drop off medications (pills or liquids only, no pressurized canisters or needles). Disposal is free, convenient, confidential, and safe handling of unused or expired medications. Visit

www.fairfaxcounty.gov/community-services-board/.

Drug Take Back Day. 10 a.m.-2 p.m. in City of Fairfax Police Station lobby, 3730 Old Lee Highway. Unwanted prescription and over-the-counter drugs, including pills, ointments and liquids in sealed containers (no needles or syringes) will be accepted. Drop-off is anonymous. Call 703-385-7829.

SATURDAY/MAY 19

A Salute to the Military. 7:30 p.m. at Vinson Hall Community Building, 1733 Kirby Road, McLean. With Tysons McLean Orchestra. Sponsored by Linda and Wayne Sharp with special guest Col. Arnald Gabriel. Featuring Copland's Lincoln Portrait and Tchaikovsky's 1812 Overture.

SUPPORT GROUPS

Shepherd's Center of Fairfax-Burke sponsors

SEE SENIOR CALENDAR, PAGE 11

WWW.CONNECTIONNEWSPAPERS.COM

Senior Living

Northern Virginia Senior Olympics includes bocce competition.

FILE PHOTO BY
SHIRLEY RUHE/
THE CONNECTION



Preparing for Senior Olympics

FROM PAGE 10

Leviton, a member of the NVSO Board, explains beach ball wallyball is like volleyball but played on a racquetball court with a beachball which is bigger and softer than a volleyball. Levitan is currently preparing for the Virginia senior games coming up soon where he swims four freestyle events.

Alease Brooks, 85, has been competing for 14 years and participated in 13 different sports in 2017. But her favorite is pickleball. Her children have bought her T-shirts in different colors for her games and often come to watch her and cheer her on.

Toftoy says this year he plans to reduce the number of sports he enters so that he can concentrate on pickleball since he plans to enter singles, doubles and mixed competition this year.

Last year, 93-year old Henry Colette from Oakton

was one of 19 bocce competitors. But for the last several years he has been guaranteed a win because there was no one else in his age group competing.

Last year's oldest competitor was 101 years old with her sport of choice was duplicate bridge.

Seniors participate for many reasons — some because they like to stay busy and fit, others because they are returning to a high school or college sport, some because they like the community of friends they see every year and others because they still “like to dream big.”

This year's games are expected to be held in 29 venues including community centers, parks, high schools and other locations across Northern Virginia. Registration for this year's NVSO will open June 1. This year NVSO is hoping to bring back the 5k run and looking for an event director for that event. Those interested in volunteering can call 703-403-5360.

Seniors Calendar

FROM PAGE 10

a monthly meeting on the 2nd Tuesday of each month, noon-1:30 p.m., for caregivers to learn and to share with others experiencing similar challenges. Before attending, contact the facilitator, Eileen Thompson at 703-451-8626 or eileen.thompson1@gmail.com.

Haven of Northern Virginia provides support, compassion, information and resources to the bereaved and seriously ill. To become a Haven volunteer, please call 703-941-7000 to request an orientation. Volunteers must complete a 30-hour training and commit to one year of service answering Haven phones (2.5 hours weekly). Next training is scheduled for fall 2017.

ONGOING

The Golden Girls of Northern Virginia, a senior women's softball league, is looking for players. Any woman over the age of 40 is encouraged to join. All skill levels are welcome. Games are on Wednesday evenings and Saturday mornings in Vienna, April-October. Other activities during the year. Visit www.goldengirls.org.

Fitness for 50+. Daytime hours, Monday-Friday at Sully Senior Center, 14426 Albemarle Point Place,

Chantilly. Jazzercise Lite, Zumba Gold, Hot Hula Fitness (dancing Polynesian style), Strength Training, Qi Gong, Tai Chi and more. Membership is \$48 a year, and waivers are available. Email lynne.lott@fairfaxcounty.gov or call 703-322-4475 for more.

Burke Lake Seniors Golf League seeks members. Interested golfers are invited to join the Burke Lake Seniors Golf League. Must be 55 and older, enjoy playing golf, meeting new people and having an all-around good time. Reserved tee times on Tuesday and Thursday mornings at the Par 3 Burke Lake Golf Course on Ox Road. Annual dues for the season – April 1 through October 31 – are \$20 plus green fees. Call Charlie Ryan 703-690-4227.

VOLUNTEERS NEEDED

RSVP, a volunteer network for seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria, offers a wide array of opportunities for volunteers 55 and older. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings. To sign up for an upcoming orientation, email Carly

Hubicki at chubicki@volunteerfairfax.org or call RSVP at 703-403-5360. To learn more about RSVP, visit www.rsvpnova.org.

Shepherd's Center of McLean-Arlington-Falls Church, 1205 Dolley Madison Blvd., McLean continues to have an urgent need for new volunteers to help area senior citizens get to and from their medical and therapy appointments. Call the Center at 703-506-2199 or e-mail the Center at info@scmafc.org. The Center's website is www.scmafc.org.

History Volunteers Needed. Fairfax Station Railroad Museum needs history buffs. The Museum offers a variety of volunteer opportunities in Museum events, programs and administration. Email volunteers@fairfax-station.org or call 703-945-7483 to explore opportunities. 11200 Fairfax Station Road. www.fairfax-station.org, 703-425-9225.

Volunteers Needed. PRS is looking for empathetic and caring volunteers to make phone calls to older adults who may be feeling socially isolated. The commitment is one 3-hour shift per week for one year. Located in Arlington. Ages 21 & up. Intensive training provided. prsinc.org/caring-volunteering/. Questions? Email lpadgett@prsinc.org.



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Master Suite Enables Aging-in-Place

Solution addresses long-term needs arising from spouse's stroke.

BY JOHN BYRD

Fred and Liz Saalfeld had occupied their four-bedroom 2,800-square-foot Colonial in Springfield for nearly five decades when the unexpected caused them to reconsider basic housing needs. Without warning, Liz Saalfeld suffered a heart attack. Her mobility — previously hampered by arthritis — now became seriously compromised.

Looking ahead, a wheelchair-access plan also now seemed prudent to Fred Saalfeld, who increasingly relied a pair of canes to get around.

The proposed retrofit was a tall order, however. The master bedroom was on the second floor; the laundry room in the basement. There was an open carport, but no extra storage space. The master bathroom was just too narrow for a wheelchair — assuming there was a way to mount the stairs.

Equally relevant, the home's surrounding landscaping was undeveloped, with a steep hill in the backyard. There were places to sit, but no quiet places to stretch out and relax.

Acting decisively, Saalfeld sought fresh ideas from local remodelers — eventually deciding on Michael Nash Kitchens and Homes who had previously remodeled his kitchen.

"Michael Nash was very responsive to our needs, and really understood Aging-In-Place considerations," Saalfeld said.

Part of that responsiveness arose from Sonny Nazemian, Michael Nash's founder and president, and a Universal Design Certified Remodeler (UDCR), who commenced drafting design ideas with the Saalfelds on the first meeting.

"Aging-in-place (AIP) is becoming one of the high-demand remodeling services segments," Nazemian said. "But it's a specialty area — and requires staying on top of ever-evolving ADA (American with Disabilities Act) regulations, and strict building codes."

From the first, Nazemian pictured an addition extending from the rear elevation. The Saalfeld would gain expanded sleeping quarters and each spouse would have their own walk-in closet. A wheelchair-friendly bathroom replete with in-shower bench, grab bars and hand-held body spray nozzles would be specially designed. The laundry room would be moved to the



The Saalfelds added a wheelchair friendly master suite to the four bedroom colonial they had occupied for over 50 years. The 1,200-square-foot addition extends from the old rear elevation into a formerly hilly backyard. The new addition includes a laundry, a spacious ADA (Americans with Disabilities Act) master suite with "his" and "her" wardrobe closets. The French doors access a flagstone patio, and newly landscaped grounds surrounded by a privacy fence. The addition also has a dedicated HVAC system

first floor

At 1,200 square feet, the new master suite addition features a 14-foot cathedral ceiling and double French doors that segue to a flagstone patio. To create the needed 28' x 42' footprint, Nazemian excavated down three feet from the existing surface, removed six metric tons of earth and — to achieve the necessary compaction — planted a grove of Tock's shrubbery.

To control water runoff, designers introduced a French drain and swell linked to an infiltration trench.

With the foundation issues resolved, attention turned to the new addition's space plan and design. Exterior brick cladding was matched to the home's original masonry

creating a seamless enlargement of the existing house. Interior floors were, likewise, milled and finished to blend with the hardwood floors in the existing structure.

"The interior style is very consistent throughout," Saalfeld said. "It's very much one house."

To ensure natural light and comfort, Nazemian specified low-E, double Argon-filled glass for all windows including a pair of double French doors that lead to the patio. A smaller louvered door was created for the family's Irish setter who exercises in a side yard.

A new split-system HVAC unit was installed to provide the new addition with dedicated heat and air control. The solution proved to be a money-saver, since it concentrates temperature requirements



The shower is equipped with grab bars, a bench and hand-held nozzles — all of which Fred Saalfeld uses in his daily bathing routine.

in rooms where the couple spend most of their time.

The master bathroom (at 200 square feet) is a masterpiece of efficiency and warmth. The door from the bedroom is 32" wide with the 90 degree swing radius required by the ADA-regulations — yet the interior design is soft and earthy, porcelain tiling offset by walnut cabinet facings and a granite-topped vanity.

Best yet, a series of well-defined walkways link garden focal points with a mid-yard gazebo. Surrounded by a privacy fence, the grounds are a nicely protected Eden, perfect for quiet enjoyment.

For more information, call 703-641-9800 or visit MichaelNashKitchens.com

John Byrd has been writing about home improvement for 30 years. He can be reached at 703-715-8006, www.HomeFrontsNews.com or byrdmatx@gmail.com. Send photos of interesting remodeling projects to: b2b@homefrontsnews.com.



With a pair of walk-in wardrobe closets on the left, and access to a first level laundry and master bedroom on the right, the access corridor from the main house is spacious. The French doors open into the dining room. Michael Nash matched the original hardwood flooring to create a seamless unity between the old house and the new addition.



The louvered door on the right is for the family's Irish setter, who exercises in the side yard. All doors are at least 32 inches wide and have a 90 degree clearing width.

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Art Exhibit. Through April 7 at Village Green Shopping Center, 513 Maple Ave. NW, Vienna. Vienna Arts Society presents First 100 Weeks, paintings by Deborah Schneider. Free and open to the public. Visit viennaartsociety.org/.

Art Exhibit. Through April 28 at The Frame Factory, 212 Dominion Road NE, Vienna. The Landscapes of Ten Artists features work by Sheila Blake, Marsha Gallo, Gary Goldberg, Linda Greigg, Barbara Johnson, Robert McBride, Be Sargent, Thomas Xenakis, Susan Yanero, and Ellen Zeland. Visit www.theframefactory1.com.

"Trees, Trees, and Beyond." Through May 31 at Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. Vienna Arts Society Exhibition. Free. Open 10-7 p.m. in April; 10-7:30 p.m. in May. Visit www.ViennaArtsSociety.org or call 703-319-3971.

Vienna Art Society Exhibition. Through late June at North County Government Center, 1801 Cameron Glen Drive, Reston. Visit viennaartsociety.org.

Oakton Farmers Market. 9 a.m.-1 p.m. at Unity of Fairfax Church, 2854 Hunter Mill Road, Oakton. Year-round weekly farmers market in Oakton. Local produce, meats/eggs, dairy, baked goods, and more. Admission is free. Visit community-foodworks.org.

Free Tai Chi. Every Saturday, from 7:55-9 a.m., Introduction and Beginners' Practice, meet on the outdoor basketball court located directly behind the Dolley Madison Public Library, 1244 Oak Ridge Ave. in McLean Central Park, McLean. Call 703-759-9141 or visit www.FreeTaiChi.org for more.

The Freeman Store & Museum Wednesday through Sunday noon-4 p.m. 131 Church St. NE, Vienna. The Freeman Store & Museum is dedicated to Preserving and promoting Vienna's heritage through the identification, preservation, and interpretation of history significant places, events, and persons. Historicviennainc.org

Bingo Night. Sundays. 4 p.m. Flame Room, Vienna Volunteer Fire Department, 400 Center St. S, Vienna. \$10. www.vvfd.org/bingo.html.

Gentle Yoga. Thursdays, 6:30 p.m. Emmaus United Church of Christ, 900 E Maple Ave. E., Vienna. Saturdays, 9:30 a.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Gentle Kundalini Yoga, one free introductory session, senior discounts. Increase flexibility, improve breathing and health, reduce stress. Ravi Kaur has 15 years experience teaching yoga. \$15 per session. www.edimprovement.org. 571-213-3192.

The Golden Girls of Northern Virginia, a senior women's softball league, is looking for players. Any woman over the age of 40 is encouraged to join. All skill levels are welcome. Games are on Wednesday evenings and Saturday mornings in Vienna, April-October. Visit www.goldengirls.org.

Colvin Run Mill open 11-4 p.m. daily, closed Tuesday. 10017 Colvin Run Road, Great Falls. Fairfax County's operational 19th century water powered gristmill, offers recreational and educational activities for all ages through daily tours, school programs and special events. Fees: \$7/adult, \$6 students 16+ with ID, \$5 children & seniors. Admission to park is free except for some special events.



PHOTO CONTRIBUTED

Vienna Theatre Company presents "Blithe Spirit."

'Blithe Spirit'

Vienna Theatre Company presents Noel Coward's famous 1941 comedy "Blithe Spirit" from April 20-May 6 at the Vienna Community Center, 120 Cherry St., SE, Vienna. Tickets \$14. Visit www.viennatheatrecompany.org.

Fishing Rod Rentals. Riverbend Park, 8700 Potomac Hills St., Great Falls. Rentals available during visitor center hours. Fishing tackle and live bait are available for purchase. Reservations required for group rentals. \$6/rental (2 hour max). Valid driver's license required. Rod/reel combinations are perfect for beginners and children. A Virginia or Maryland freshwater fishing license is required for those 16 years or older. The park does not sell fishing licenses. www.fairfaxcounty.gov/parks/riverbend-park/.

THURSDAY/APRIL 4

Youth Art Show Reception. 4:30-6 p.m. at 1446 Chain Bridge Road, McLean. Join MPA for a Youth Art Show celebrating works by Fairfax County Public School elementary, middle and high school art students from the Langley pyramid. The show runs March 21-April 5. Visit MPA@ChainBridge.com.

THURSDAY/APRIL 5

Betty McIntosh's OSS. 7:30-9 p.m. at Patrick Henry Library, 101 Maple Ave., East, Vienna. Dr. Ann Todd will discuss her book OSS Operation Black Mail, the story of Betty McIntosh, a journalist who served during World War II on the China-Burma-India front in the organization that became the CIA. Books will be available for signing and sale. Visit librarycalendar.fairfaxcounty.gov/event/3721993.

Liz Longley Performs. 7:30 p.m. at Jammin'Java, 227 Maple Ave., East, Vienna. In performance with The Harmaleighs. Visit www.jamminjava.com.

FRIDAY/APRIL 6

"Despicable Me 3." 7-9 p.m. at The Old Firehouse, 1440 Chain Bridge Road, McLean. Cost is \$3/person. Gather the whole family and bring blankets, pillows and camp chairs for an indoor, picnic-style family movie night. Participants will enjoy unlimited free popcorn with the movie that will be shown on a large projection screen. For Old Firehouse activities, call 703-448-8336.

SATURDAY/APRIL 7

Spring Cleaning in the Parks. 9-11:30 a.m. at 10 different Fairfax County parks: Cub Run RECenter, Ellanor C. Lawrence Park, Hidden Oaks Nature Center at Roundtree Park, Hidden Pond Nature Center, Huntley Meadows Park, Lake Accotink Park, Lake Fairfax Park, Riverbend Park, Scott's Run Nature Preserve, and Sully Historic

Site. More than 750 volunteers will join the Fairfax County Park Authority and The Nature Conservancy for annual "spring cleaning" efforts to kickoff Earth Month. The volunteers will remove trash and debris, while also assisting scientists and conservationists by recording data about what they remove. Visit www.fairfaxcounty.gov/parks/.

Mosaic Harmony Community Concert. 7 p.m. at Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Includes selections from Mosaic Harmony, World Children's Choir and The Washington International Chorus. Tickets \$18/adults; \$12/children. Visit mosaiccharmony.org.

SUNDAY/APRIL 8

Talk on John Mosby. 4 p.m. at Great Falls Library, 9830 Georgetown Pike, Great Falls. Featuring local author Greg Wilson speaking on "Private John Mosby, First Virginia Cavalry, Picketing Fairfax County before becoming the Grey Ghost." Become a member of the Great Falls Historical Society by joining, for \$35/year for a family. Visit the website at gfhns.org.

Amadeus Orchestra with Steven Honigberg, Cello. 4 p.m. at Saint Luke Catholic Church, 7001 Georgetown Pike, McLean. A pre-concert lecture by Music Director A. Scott Wood will begin at 3:15 p.m. Tickets are \$35 and may be purchased at the door or online at www.amadeusconcerts.com. Students 17 and under and active military are admitted free.

MONDAY/APRIL 9

Vote for MCC Governing Board. Want to vote for MCC Governing Board candidates, but can't make it to the McLean Day festival on May 19? Vote by absentee ballot April 9-May 16. Call the Center at 703-790-0123, or send a request by email to elections@mcleancenter.org to have a ballot package sent to your home. Visit the website, www.mcleancenter.org.

TUESDAY/APRIL 10-19

Vienna Idol 2018 Auditions. At Caffé Amouri, Tuesday, April 10, 7-8:30 p.m.; Whole Foods, Thursday, April 12, 7-8:30 p.m.; Whole Foods, Wednesday, April 18, 7-8:30 p.m.; and Caffé Amouri, Thursday, April 19, 7-8:30 p.m. First Place is \$700 plus eight hours of recording time at CUE Studios. Second Place - \$500; Third Place - \$250. Visit www.viennaidol.org for more.

SEE CALENDAR, PAGE 14



McLean
Community
Center
The Center of It All



Here's What's Happening at MCC

The Old Firehouse Family Movie Night "Despicable Me 3" (PG)

Friday, April 6, 7-9 p.m.

The Old Firehouse, 1440 Chain Bridge Rd.

\$3 per person. Preregistration is recommended.



MCC Governing Board Election Vote by Absentee Ballot

Monday, April 9-Wednesday, May 16

Meet the Candidates at

www.mcleancenter.org/about/candidates



Presented by The Alden Christylez Bacon: The Human Beatbox

Friday, April 13, 8 p.m.

The Old Firehouse, 1440 Chain Bridge Rd.

\$20/\$14 MCC tax district residents



Some selling spaces still available! Spring Community Garage Sale Featuring the New Kids' Corner Sale

Saturday, April 14, 9 a.m.-1 p.m.

1420 Beverly Rd.
(intersection of Ingleside Ave.
and Beverly Rd.)
Free Admission



The Old Firehouse Teacher Workday Trip Hershey's Chocolate World

Monday, April 16, 8 a.m.-7 p.m.

The Old Firehouse, 1440 Chain Bridge Rd.
\$70/\$60 MCC district residents



The Old Firehouse Family Events The Unruly Theatre Project

Friday, April 20, 7 p.m.

The Old Firehouse
1440 Chain Bridge Rd.
Free admission



The McLean Community Center
www.mcleancenter.org
Home of the Alden Theatre
www.aldentheatre.org



Administrative Offices
6631 Old Dominion Dr.
McLean, VA 22101
703-790-0123, TTY: 711



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MIDWEEK SERVICES, WED. 7:00 PM

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CALENDAR

FROM PAGE 13

THURSDAY, APRIL 12

Artist Reception. 6:30-8 p.m. “A Study of Manhattan: Power, Dominance and Excitement” by Great Falls Studios Artist Robert Gilbert. At The Torpedo Factory at the Art League in Alexandria. The Gallery is located at 105 North Union St., Alexandria. Visit torpedofactory.org.

Opening Exhibition Reception. 7-9 p.m. at 1446 Chain Bridge Road, McLean. “Erratic Landscapes: New Works by Artemis Herber.” Working with the humble material of recycled corrugated cardboard, German-born, Maryland-based artist Artemis Herber creates massive depictions of space and place. On display April 12 to June 3. Visit MPA@ChainBridge.com.
Reception: “Bon Appetit.” 7:30-9:30 p.m. at 115 Pleasant St., NW, Vienna. The public is invited to enjoy light refreshments and meet the artists at a reception celebrating the Bon Appetit exhibition. Watercolor artist Cathy Williams will present a demonstration during the reception. Exhibit runs through May 6. Visit www.ViennaArtsSociety.org or call 703-319-3971.

APRIL 12-14

Used Book Sale. At Oakton Community Library, 10304 Lynnhaven Place, Oakton. Free. Spring Book Sale will be Thursday, April 12, 1-8 p.m.; Friday, April 13, 10-6 p.m.; and Saturday, April 14, 10-3 p.m. A Friends of Oakton Library Members’ Only Pre Sale will be held Wednesday, April 11, 2-5:30 p.m. Come and browse thousands of gently used books for adults and children. Email janesharnoff@aol.com or call 703-758-9623.

THURSDAY/APRIL 12-MAY 6

“Fly By Night.” At 1st Stage in Tysons, 1524 Spring Hill Road, Tysons Corner. It’s 1965 in New York City and the lights are about to go out. But not before a melancholy sandwich maker becomes enchanted with two sisters in this bittersweet romantic tale about finding hope in a world beset by darkness. Play by Kim Rosenstock, Michael Mitnick, and Will Connolly, directed by Kathryn Chase Bryer. \$38 general admission, \$35 seniors (65+), \$15 students and military. Visit www.1ststage.org or call 703-854-1856.

FRIDAY/APRIL 13

Screening of “Walk With Me.” 7:30 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. The film is narrated by actor Benedict Cumberbatch and stars Zen Buddhist master and Nobel Peace Prize nominee Thich Nhất Hanh in a cinematic journey into the world of mindfulness. Admission is \$10; however, no one will be turned away. Advance ticket purchase done via texting to 703-935-4525, then follow prompts; show receipt at door. Visit www.unityoffairfax.org.

Christylez Bacon: The Human Beatbox. 8 p.m. at The Old Firehouse, 1440 Chain Bridge Road, McLean. GRAMMY-nominated Christylez Bacon is a dynamic member of the hip-hop movement, bringing innovation to an art form already known for mixing urban musical styles. Cost is \$20/\$14 MCC District residents. For Old Firehouse activities call 703-448-8336.

FRIDAY-SATURDAY-APRIL 13-14

The Art of Persian Cuisine. 6-10 p.m. At Entyse Bistro, 1700 Tysons



PHOTO CONTRIBUTED BY DONNA MOULTON

The Home & Garden Tour will take place in Great Falls, Vienna, and McLean on April 24 as part of the 85th Historic Garden Week in Virginia.

Home & Garden Tour

Tour four homes and gardens in Great Falls, Vienna and McLean on Tuesday, April 24, 10 a.m.-4 p.m. – from a “quilt garden” at a 1750 home to a garden and cottage designed for retirement. Advance tickets are \$40 by April 17; tickets on day of tour are \$50 at Meadowlark Gardens, tour homes and the Great Falls Library. Contact Garden Club of Fairfax at fairfax@vagardenweek.org or visit www.vagardenweek.org.

Blvd., McLean. Drawing inspiration from the 13th-century Persian poet, Exclusively Events’ Poopak Golesorkhi, and Chef Ahmed Masouleh, have joined together to bring this whimsical culinary milieu to the heart of Tysons Corner. Cost is \$85/person. Email rumitysons@gmail.com.

Vienna’s Energy Future. 6:30-8:30 p.m. at Oakton Library, 10304 Lynnhaven Place, Oakton. Free. Sierra Club/Great Falls Group hosts a presentation about a growing movement in Virginia to stop two proposed pipelines posing a threat of damage to streams, rivers, and scenic views. Email s.weltz@yahoo.com or call 703-608-2471.

SATURDAY/APRIL 14

Bluebell Festival. 9:30 a.m.-4:30 p.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Volunteers needed to run crafts and activities, help with parking, etc. Sign up at www.fairfaxcounty.gov/parks/riverbend/bluebells. Contact the Public Information Office at 703-324-8662 or via Parkmail@fairfaxcounty.gov.

Model Railroaders Open House. 1-5 p.m. at the Vienna Depot, 231 Dominion Road NE. Northern Virginia Model Railroaders hold an open house at the Vienna Depot each month and on Vienna celebration days, including Viva! Vienna and the Vienna Holiday Stroll. Free admission. Call 703-938-5157 or visit www.nvmr.org.

MONDAY/APRIL 16

The Old Firehouse Teacher Workday Trip. 8 a.m.-7 p.m. Enter a chocolate utopia at Hershey’s Chocolate World and create a Hershey Bar, enter the taste-test lab and try to solve the 4D Chocolate Mystery. Admission to all activities and transportation are included in the fee. \$70/\$60 MCC District residents. Visit www.mcleancenter.org.

WEDNESDAY/APRIL 18

McLean Newcomers and Neighbors Luncheon. 11:30 a.m. at Punjabi by Nature, 2750 Gallows Road, Vienna. Monica Bhide will discuss her latest novel “Karma and the Art of Butter Chicken.” Cost is \$22 per person. To attend, pay at squareup.com/market/mclean-newcomers-club. No reservations will be accepted after Friday, April 13. Visit www.McLeanNewcomers.org.

TUESDAY/APRIL 19

McLean Historical Society Meeting. 7:30 p.m. at McLean Community Center, in McLean Square Shopping Center (next to Cafe Tatti), 6631 Old Dominion Drive, McLean. Featuring Joe Mornini, founder of Team River Runner, a non-profit adaptive, therapeutic and leadership training program for wounded and disabled veterans. He will discuss teaching kayaking to wounded warriors on Seneca Creek as well as the Potomac crossing of J.E.B. Stuart on this way to Gettysburg. Contact Carole Herrick at 703-356-8223.

FRIDAY/APRIL 20

The Unruly Theatre Project. 7 p.m. at The Old Firehouse, 1440 Chain Bridge Road, McLean. Free admission. Teen improv troupe offers a hilarious night of comedy. For Old Firehouse activities, call 703-448-8336.

FRIDAY-SATURDAY/APRIL 20-21

“Blithe Spirit” Play Production. 8 p.m. at Vienna Community Center, 120 Cherry St., SE, Vienna. Noel Coward’s famous 1941 comedy. Presented by Vienna Theatre Company and Vienna Department of Recreation. Tickets \$14. Visit www.viennatheatrecompany.org.
The Art of Persian Cuisine. 6-10 p.m. At Entyse Bistro, 1700 Tysons Blvd., McLean. Drawing inspiration from the 13th-century Persian poet, Exclusively Events’ Poopak Golesorkhi, and Chef Ahmed Masouleh, have joined together to bring this whimsical culinary milieu to the heart of Tysons Corner. Cost is \$85/person. Email

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HOME SALES

In February 2018, 44 homes sold between \$1,575,000-\$225,000 in the Vienna and Oakton area.

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	PostalCode
918 FREDERICK ST SW	6	5	1	VIENNA	\$1,575,000	Detached	0.29	22180
607 VALLEY DR SE	6	6	1	VIENNA	\$1,535,000	Detached	0.24	22180
2748 STREAM VISTA CT	4	4	1	OAKTON	\$1,440,000	Detached	1.72	22124
1020 APONI RD SE	5	4	2	VIENNA	\$1,395,000	Detached	0.35	22180
10686 WATER FALLS LN	5	5	2	VIENNA	\$1,315,000	Detached	0.69	22182
1410 PATRICK CIR SW	6	4	1	VIENNA	\$1,100,000	Detached	0.31	22180
1707 RALEIGH HILL RD	5	4	1	VIENNA	\$1,006,500	Detached	0.58	22182
9107 WEXFORD DR	4	3	1	VIENNA	\$965,000	Detached	0.39	22182
2128 HANEY LN	4	2	1	VIENNA	\$885,000	Detached	0.13	22182
11713 FLEMISH MILL CT	4	2	1	OAKTON	\$850,000	Detached	0.60	22124
202 GLEN AVE SW	4	3	0	VIENNA	\$825,000	Detached	0.41	22180
1801 BATTEN HOLLOW RD	5	3	0	VIENNA	\$806,250	Detached	0.47	22182
2087 KEDGE DR	5	3	1	VIENNA	\$805,000	Detached	0.35	22181
1001 DELILAH DR SW	5	3	1	VIENNA	\$801,000	Detached	0.38	22180
8022 KIDWELL TOWN CT	3	3	1	VIENNA	\$799,990	Townhouse	0.05	22182
507 COUNCIL CT NE	4	3	1	VIENNA	\$774,900	Townhouse	0.15	22180
1606 WHITE PINE DR	5	3	1	VIENNA	\$747,000	Detached	0.94	22182
3422 VALEWOOD DR	4	3	1	OAKTON	\$735,000	Detached	0.47	22124
1831 ABBOTSFORD DR	5	2	1	VIENNA	\$732,500	Detached	0.29	22182
10151 CASTLEWOOD LN	3	3	1	OAKTON	\$729,000	Townhouse	0.08	22124
11607 HELMONT DR	4	2	1	OAKTON	\$725,000	Detached	0.55	22124
3004 PHYLLMAR PL	4	2	1	OAKTON	\$715,000	Detached	0.79	22124
2185 WOLFTRAP CT	3	3	1	VIENNA	\$701,000	Townhouse	0.05	22182
606 DELANO DR SE	3	2	0	VIENNA	\$700,000	Detached	0.27	22180
503 VALLEY DR SE	3	2	0	VIENNA	\$700,000	Detached	0.27	22180
8727 LITWALTON CT	4	3	0	VIENNA	\$700,000	Detached	0.19	22182
2010 MEADOW SPRINGS DR	4	3	1	VIENNA	\$693,000	Semi-Detached	0.06	22182
602 VALLEY DR SE	3	3	0	VIENNA	\$680,000	Detached	0.35	22180
11801 QUARTER HORSE CT	4	3	0	OAKTON	\$665,000	Detached	0.56	22124
3368 HICKORY HILLS DR	3	3	0	OAKTON	\$665,000	Detached	0.57	22124
2936 MILLER HEIGHTS RD	4	3	1	OAKTON	\$655,000	Detached	0.46	22124
10524 ELMENDEN CT	3	3	1	OAKTON	\$648,000	Detached	0.08	22124
2943 OAKBOROUGH SQ	3	2	2	OAKTON	\$590,000	Townhouse	0.06	22124
8230 CITADEL PL	3	2	0	VIENNA	\$585,500	Detached	0.28	22180
10137 TURNBERRY PL	4	3	1	OAKTON	\$580,000	Townhouse	0.06	22124
9601 SCOTCH HAVEN DR	3	2	2	VIENNA	\$535,000	Townhouse	0.06	22181
2791 CENTERBORO DR #487	2	2	0	VIENNA	\$403,000	Garden 1-4 Floors	22181
2791 CENTERBORO DR #76	2	2	0	VIENNA	\$375,000	Garden 1-4 Floors	22181
2655 GLENGYLE DR #55	3	1	1	VIENNA	\$312,000	Townhouse	22181
9993 OAKTON TERRACE RD #9993	2	1	0	OAKTON	\$277,500	Garden 1-4 Floors	22124
9490 VIRGINIA CENTER BLVD #431	1	1	0	VIENNA	\$270,000	Garden 1-4 Floors	22181
10002 OAKTON TERRACE RD #10002	1	1	0	OAKTON	\$250,000	Garden 1-4 Floors	22124
9486 VIRGINIA CENTER BLVD #221	1	1	0	VIENNA	\$240,000	Garden 1-4 Floors	22181
10248 APPALACHIAN CIR #1-C3	2	1	0	OAKTON	\$225,000	Garden 1-4 Floors	22124

Copyright 2018 MarketStats for ShowingTime. Source: Bright MLS as of March 15, 2018.

Blood Donation Opportunities

Though spring has officially arrived, the American Red Cross blood supply is still recovering from severe winter storms in March. Donors of all blood types are urged to roll up a sleeve and help save lives.

Volunteer blood donors from across the country are needed to help ensure lifesaving blood products are available for patients this spring. Make an appointment to donate blood by downloading the free Red Cross Blood Donor App, visiting RedCrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767).

Upcoming blood donation opportunities in the area, March 20 to April 15

Herndon

4/9/2018: 2 p.m. - 7 p.m., St. Timothy's Episcopal Church, 432 Van Buren St.

4/11/2018: 1:30 p.m. - 7 p.m., ArtSpace Herndon, 750 Center St

Reston

4/4/2018: 3 p.m. - 8 p.m., St Thomas a Becket RCC, 1421 Wiehle Ave

4/6/2018: 8 a.m. - 1:30 p.m., U.S. Geological Survey, 12201 Sunrise Valley Dr

4/6/2018: 9 a.m. - 2 p.m., Extended Stay America, 12190 Sunset Hills Rd Fairfax

4/5/2018: 12:45 p.m. - 5:45 p.m., Fairfax Blood Donation Center, 2720 Prosperity Avenue, Suite 200

4/6/2018: 7:45 a.m. - 3 p.m., Fairfax Blood Donation Center, 2720 Prosperity Avenue, Suite 200

4/7/2018: 7:45 a.m. - 3 p.m., Fairfax Blood Donation Center, 2720 Prosperity Avenue, Suite 200

4/8/2018: 7:45 a.m. - 2:45 p.m., Fairfax Blood Donation Center, 2720 Prosperity Avenue, Suite 200

4/9/2018: 1:15 p.m. - 8:30 p.m., Fairfax Blood Donation Center, 2720

Prosperity Avenue, Suite 200

4/10/2018: 10:45 a.m. - 5:45 p.m., Fairfax Blood Donation Center, 2720 Prosperity Avenue, Suite 200

4/11/2018: 12:45 p.m. - 8 p.m., Fairfax Blood Donation Center, 2720 Prosperity Avenue, Suite 200

4/12/2018: 12:45 p.m. - 5:45 p.m., Fairfax Blood Donation Center, 2720 Prosperity Avenue, Suite 200

4/13/2018: 7:45 a.m. - 3 p.m., Fairfax Blood Donation Center, 2720 Prosperity Avenue, Suite 200

4/14/2018: 7:45 a.m. - 3 p.m., Fairfax Blood Donation Center, 2720 Prosperity Avenue, Suite 200

4/15/2018: 7:45 a.m. - 2:45 p.m., Fairfax Blood Donation Center, 2720 Prosperity Avenue, Suite 200

4/10/2018: 1:30 p.m. - 7:15 p.m., American Legion Post 176, 6520 Amherst Ave

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'Collect for Kids' Seeks Help

Donations and help from organizations is requested.

BY MERCIA HOBSON
THE CONNECTION

The Foundation for Fairfax County Public Schools announced their community partners are preparing for the 2018 "Collect for Kids" school supplies and backpacks drive for students in Fairfax County Public Schools. In 2017, the drive helped more than 39,000 of the 55,000 students who receive free or reduced-price meals in Fairfax County Schools. The goal for 2018 is to provide 40,000 of these children and youth with school supplies and backpacks.

"Collect for Kids" is seeking monetary contributions and help from organizations. Their online donation form states: "100 percent of your donation will be allocated for school supplies for FCPS students in need." Even though a robust and connected group of partners make "Collect for Kids" work, the organization is also seeking help from new organizations to support their effort. Currently, more than 20 businesses, government agencies and community organization work together on the campaign, among them Apple Federal Credit Union, Britepaths, Western Fairfax Christian Ministries, Cornerstones, and Kids R First.



PHOTO BY MERCIA HOBSON/THE CONNECTION

The Foundation for Fairfax County Public Schools announced their community partners are getting ready for the 2018 "Collect for Kids" school supplies and backpack drive as they seek monetary donations and help from organizations.

According to "Collect for Kids," "Every school in Fairfax County is touched by need. Some schools have as few as 1 percent of students living in poverty and some schools have over 90 percent of students living in poverty."

In the Oak Hill/ Herndon area, supporting partners of "Collect for Kids" serve stu-

dents at Coates, Dranesville, Herndon, Floris and Hutchison Elementary Schools, Herndon and Rachel Carson Middle Schools, and Herndon High School.

For more information on how to donate or help with the effort visit collectforkids.org.

AREA ROUNDUPS

Assistance League of Northern Virginia to Hold Fundraiser

The annual Spring Fundraiser is Assistance League of Northern Virginia's most important fundraiser of the year with money raised benefiting the nonprofit's 2018-19 programs which feed, clothe and educate children in need in our communities.

Set for April 27, the event will take place from 11 a.m.-2 p.m. at the Country Club of Fairfax, 5110 Ox Road, in Fairfax. This year's luncheon and silent auction is sponsored by: Quadrant, Inc. - \$6,000 Super Star; Joyce Koons Honda Buick GMC - \$1,000 Gold Star; Spine Care of Manassas Chiropractic Center - \$1,000 Gold Star; Manassas Honda Kawasaki Suzuki - \$250 Bronze Star; NOVEC - \$250 Bronze Star.

To purchase tickets, contact ALNorthernVA@gmail.com. www.northernvirginia.assistanceleague.org



PHOTO COURTESY OF FAIRFAX COUNTY FIRE & RESCUE DEPARTMENT

Canines Trained for Rope Operations

Units from Fire and Rescue Station 14, Burke, A-Shift recently assisted K9 handlers from Virginia Task Force -1 and the Prince William Police Department on a drill regarding rope operations. It is important to expose the canines to heights so that during actual deployments the K9 team is familiar with how to work during this type of operation. All the canines end the training with a fun "find" on the rubble pile.

—TRISH DANULA

VIENNA POLICE HIGHLIGHTS

FROM PAGE 4

contacted and custody of the juveniles was turned over to their parents.

Domestic Dispute — 800 Block of Cottage Street SW March 25, 9:28 p.m. A resident requested police assistance with a domestic dispute. Officers spoke to all the parties involved and determined that at this time no violation of law had taken place.

Open Door/Window — Westwood Country Club 800 Maple Avenue East March 26, 1:13 a.m. Officers responded to an alarm call. Officers searched the business with negative results.

Service — Lawyers Road NW / Lewis Street NW March 26, 9:24 a.m. A police officer responded to a report of a subject walking around that appeared to be lost. The officer spoke to the subject and determined that he was ok. The officer transported the subject to a local business to ensure his safe arrival.

Larceny Petit — 300 Block of Adahi Road SE March 26 between 6 and 6:30 p.m. A resident reported that someone stole a package from his front porch that arrived while he was out of town.

Arrest - Drunk in Public - 00 Block of Patrick Street SE March 27, 1:01 a.m. Officers were dispatched to a report of an intoxicated man in the area. Officers located the subject and noticed he had a strong odor of alcoholic beverage. The man had trouble standing up and walking. The man could not provide his home address. The 19-year-old man without a fixed address was arrested and transported to the Fairfax County Adult Detention Center. A warrant for Drunk in Public was issued and served. The man was remanded to the custody of the Fairfax County Deputies. **Suspicious Event** — Suntrust Bank 501 Maple Avenue West March 27, 2:32 p.m. A bank representative requested an officer to assist with a possible fraud. The representative stated that a customer withdrew \$9,000 in cash from his account and would not explain why. The representative thought the customer could be a victim of fraud. Police searched the area for the customer with negative results. The customer later returned to the bank and re-deposited the money back into his account. The customer told police that he received a phone call from an unknown person claiming that his nephew had been arrested and needed bail money. After thinking about what the bank representative said earlier, the customer decided to call his nephew. His nephew told him he was not in jail and the customer realized that the bank representative was right all along.

Shoplifting — Whole Foods 143 Maple Avenue East March 27, 5:29 p.m. Juveniles shoplifted some food items from the store. The juveniles were caught by the store manager. The manager requested police assistance. Police located the parents of the juveniles. The juveniles were returned to the custody of their parents.

Animal Case — Pruitt Court SW March 28, 6 a.m. A resident was bitten by her own cat. The cat was placed on a standard ten-day quarantine.

Fraud — Niblick Drive SE March 28, 10:05 a.m. A citizen reported that his credit union contacted him and advised that someone attempted to take out a \$30,000 loan using his identity. The citizen was advised on how to protect his identity from further fraud.

Suspicious Event — Stroke Comeback Center 145 Park Street SE March 28, 2:37 p.m. A citizen requested a police officer to document an incident that took place involving his teenage son and a patient.

Arrest - Drunk in Public - 100 Block of Patrick Street SE March 29, 12:29 a.m. A citizen requested police assistance with a fight in progress. Officers arrived on scene and separated all parties. One of the involved parties was unsteady on her feet, slurring her speech, smelled strongly of alcoholic beverage and was acting belligerent. The woman

SEE POLICE, PAGE 17

Area Teenagers Win Golf Trophies

On Saturday, March 24, and Sunday March, 25, 2018, the Hurricane Junior Golf Tour held the Laurel Hill Junior Shootout in Lorton at the Laurel Hill Golf Club. In the Tiger Woods Division Boys 16-18, Alex Price of Purcellville, Va. took home the prize after an exciting playoff against Benjamin Kruper of Woodbridge, Va.

Reeve Felner of Vienna finished in first place in the Will Smith Division Boys 14-15. In the Ernie Els Division Boys 11-13, Bryan Kim of Brookeville, Md. finished in first place with a two-day total score of 148 (73-75).

In the Justin Timberlake Division Girls 14-18, Tigress Suh of Herndon took home the prize, finishing with a two-day total score of 156 (75-81).



In the Justin Timberlake Division Girls 14-18, Tigress Suh of Herndon took home the prize, finishing with a two-day total score of 156 (75-81)



Reeve Felner of Vienna finished in first place in the Will Smith Division Boys 14-15.



Victoria Matthews of Great Falls finished in first place in the Justin Rose Division Girls Under 13

PHOTOS CONTRIBUTED

Victoria Matthews of Great Falls finished in first place in the Justin Rose Division Girls Under 13. Victoria finished with a two-day

total score 163 (82-81). Liam Foster of Charlottesville finished in first place for the Boys Under 10 Division with a two-day total score of 167 (83-84).

Nominate Fairfax County to Receive a \$20K Grant for Earth Month

The Fairfax County Park Authority and the Fairfax County Park Foundation invite you to vote for Fairfax County parks in the National Recreation and Park Association's "Meet Me at the Park" Earth Month Campaign. The locale that receives the most nominations will receive a \$20,000 grant to improve a local park.

For the fourth year in a row, the NRPA is

collaborating with The Walt Disney Company — including Disney/ABC Television Group and ESPN — to help fund local park improvement projects across the country through the national "Meet Me at the Park" Earth Month campaign. The city that receives the most nominations during the month of April will receive a \$20K grant to improve a local park. From April 1 to April

30, 2018, visit www.meetmeatthepark.org to nominate Fairfax, Va. At the end of April, the city with the most nominations will receive the \$20K grant funding. Everyone who submits a nomination will be entered into a drawing for a GoPro Prize Pack.

"Fairfax County residents are passionate about their parks," said Park Authority Executive Director Kirk Kincannon. "This contest gives them the opportunity to turn that passion into action and create something really special at one of Fairfax County's 427 parks."

Both promotions begin at 12 a.m. on April 1, 2018 and conclude at 11:59 p.m. on April 30, 2018. No purchase necessary to participate. For complete details and Official Rules for both promotions, visit www.meetmeatthepark.org

NRPA is a national not-for-profit organization dedicated to ensuring that all Americans have access to parks and recreation for health, conservation and social equity. Through its network of 60,000 recreation and park professionals and advocates, NRPA encourages the promotion of healthy and active lifestyles, conservation initiatives and equitable access to parks and public space. For more information, visit www.NRPA.org.

For more information on nominating Fairfax County, contact the Park Authority Public Information Office at 703-324-8662 or parkmail@fairfaxcounty.gov.

Weichert, Realtors Recognizes Vienna Associates

Mark Ackermann, president of Weichert, Realtors' Capital Region, announced that sales associates Patricia "Pat" Stack and Lex Lianos from the Vienna office were recognized for exceptional performance in 2017 during Weichert's recent annual awards celebration.

As a top producer, Stack led the entire company for dollar volume and resale dollar volume for the year. On the regional level, Lianos led all associates for new home dollar volume, sales and resales in 2017. The Weichert sales region comprises locations throughout Arlington, Fairfax, Fauquier, Loudoun, Orange, Prince William and



Patricia "Pat" Stack



Lex Lianos

PHOTOS CONTRIBUTED

Warren counties.

Stack and Lianos can be reached in Weichert's Vienna office at 156 East Maple Avenue, or call 703-938-6070 for more information.

Northern Virginia Students Work Together to Save Environment

On Tuesday, April 10, NoVA Outside will hold the seventh annual School Environmental Action Showcase. The event occurs at the George Mason University's Fairfax campus. This event features the environmental conservation work of students across Northern Virginia. The students not only get to feature projects they have done but see what other students of the area have been working on. Last year the event brought out roughly 1,000 attendees and is expected to exceed that this year.

The Showcase features programs such as the Caring for Our Watersheds competition, hosted by the non-profit Earth Force, which provides more than \$20,000 in prizes and project implementation funding. Virginia Tech's Thinkabit Lab gives the students an opportunity to interactively explore solutions to environmental issues using programmable sensors and electronic devices.

This year the Showcase also features the return of the Recycled mascot competition, in which students construct their school mascots from recycled and recyclable materials.

"To have all these young people sharing their environmental research and solutions, you see the value they bring to Northern Virginia through their efforts, and also the power they have to drive positive change in their community. And they inspire each other to innovate, to advocate, and to strengthen their environmental stewardship throughout their school careers," said Kurt Moser, co-chair of the event.

NoVA Outside is a non-profit alliance of environmental educators, teachers, and others who work to support environmental educators and increase their effectiveness. They offer resources such as networking opportunities and professional development workshops. They also host events supporting environmental education and involvement such as the School Environmental Action Showcase, Early Childhood Conference, and School Age Green Educators meetups. For more information, visit www.novaoutside.org.

VIENNA POLICE HIGHLIGHTS

FROM PAGE 16

was arrested for Drunk in Public. Officers spoke to the remaining parties but they did not help with the investigation and were very vague on their statements. Officers were not able to determine with certainty if any other crime took place and left the scene without any further incidents. The 36-year-old woman from Brown Street in East Stroudsburg, Pa. was arrested and transported to the Fairfax County Adult Detention Center. A warrant for Drunk in Public was

issued and served. The woman was remanded to the custody of the Fairfax County Deputies.

Fraud — 300 Block of Maple Avenue West March 29, 5:27 p.m. A business owner reported that he received a phone call, from someone posing as a Dominion Power employee, advising him that his payments were late. The caller stated that if he did not pay his balance someone was coming in the next hour to shut the power off to the business. The owner was provided what appeared to be a local phone number to call and make payment arrangements. During the second phone call he was

asked to provide additional financial information. At this time the owner got suspicious and hung up the phone. The owner then called Dominion Power directly and he was advised that his account was in good standing and that it was all a scam.

CRASHES

Accident — Beulah Road NE / Ayr Hill Avenue NE March 21, 7:31 a.m. Driver #1 was traveling eastbound on Ayr Hill Avenue NE, Vehicle #2 was traveling southbound on Beulah Road NE. Driver #1 attempted to stop at the stop sign at Beulah Road, however, due to the snowy conditions the

vehicle slid through the intersection and struck the right rear bumper of Vehicle #2.

Accident — Center Street N / Shepherdson Lane NE March 24, 2:18 p.m. Vehicle #2 advised they were traveling behind another vehicle that slowed abruptly to make a turn onto Shepherdson Lane. Vehicle #1 also stated the other vehicle slowed down to turn however Vehicle #1 struck Vehicle #2 in the rear.

Hit and Run — 319 Nutley Street NW March 26, 5 a.m. A mailbox was hit between the hours of 0500 and 0700 on 3/26/2018.

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News



Vienna Sister March for Our Lives

PHOTO BY SHARON SHUTTERBUG/VELOCITY PHOTOS

Concerned Vienna citizens held a march near the town fountain on Saturday, March 24, to support the larger marches in DC and around the country calling for common sense gun laws and an end to gun violence.

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Employment

MULTIPLE POSITIONS - Criterion Systems, Inc. has mult opngs in Vienna, VA:
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BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

PARENTS HELPING PARENTS

Parent Support Partners, a service of the Healthy Minds Fairfax initiative, are all parents who have received training and are qualified to offer education, support and assistance at no cost to families or caregivers. They provide reliable information that families can use in decision-making and are familiar with services and resources that can help families in distress. Visit www.fairfaxcounty.gov/healthymindsfairfax or www.nami-northernvirginia.org/parent-peer-support.html.

VOLUNTEER WANTED

Operation Paws for Homes, a Virginia based 501(c)(3) organization seeks volunteers, especially to foster dogs. See www.ophrescue.org for information and all volunteer opportunities.

KINDERGARTEN REGISTRATION

Child turning 5 years old by Sept. 30? If so, contact your child's school to make arrangements for kindergarten enrollment. Most schools begin getting information together now for parents of incoming kindergartners, and many host an orientation or open house. All kindergarten programs are full-day and located in FCPS elementary schools. Check your school's webpage or contact the school directly for specific enrollment information and dates of orientation or visit www.fcps.edu/registration/kindergarten-registration.

GOVERNING BOARD CANDIDATES

The McLean Community Center (MCC) is seeking candidates to run for seats on its 2018-2019 Governing Board. A candidate must reside in the Center's tax district (Small District 1A-Dranesville). To have their names placed on election ballots, candidates are required to obtain the signatures of 10 McLean tax district residents in their respective categories (either adult or youth). Three adult positions and two youth positions are open this year. Key Election Dates:

- Monday, April 9: Absentee Voting begins at the MCC Administrative Office, 6631 Old Dominion Dr., and The Old Firehouse Center, 1440 Chain Bridge Road.
- Sunday, May 6: Candidates Meet and Greet, 2-4 p.m. Sponsored by the Friends of MCC, at the Old Firehouse Center, 1440 Chain Bridge Road.
- Wednesday, May 16: Absentee Voting ends at the MCC Administrative Office and the Old Firehouse Center at 5 p.m.
- Saturday, May 19: Elections at McLean Day from 10:30 a.m.-5 p.m.

For more information on the MCC Governing Board Elections, call the Center at 703-790-0123, TTY: 711, or visit the Center's website: <http://bit.ly/2ix7qc1>.

THURSDAY/APRIL 5

Caregivers Support Group. 10-11:30 a.m. at UUCF Unitarian Universalist Congregation of Fairfax - Program Building, 2709 Hunter Mill Road, Oakton. For caregivers to adult family members with dementia. First and third Thursdays of every month. Hosted by Shepherd's Center of Oakton-Vienna, scov.org. Contact facilitator Jack Tarr at 703-821-6838 or jtarr5@verizon.net.

Autism 101: An Introduction to Understanding Autism. 10-11:30 a.m. at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. Join the **Autism Society of Northern Virginia** to learn accurate, important, basic information at this workshop highlighting Autism Acceptance Month. Open to all who want to learn more about autism. Visit www.fcps.edu/node/28279.

FRIDAY/APRIL 6

Board of Supervisors Breakfast. 7:30-10 a.m. at the Fairview Park Marriott, 3111 Fairview Park Drive, Falls Church. Guests will hear directly from Chairman Sharon Bulova and each Supervisor about the challenges and opportunities in all nine districts. Leadership Fairfax will present the annual Katherine K. Hanley Award for Public Service to Kevin Greenleaf for his three decades of outstanding service. Tickets, tables and sponsorships are available at <https://leadershipfairfax.org/event-2734934>.

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Label Me Presumptuous



By KENNETH B. LOURIE

I have not been collecting return-address labels for years. I have however, been receiving them for years. Either as thank yous for charitable contributions made or as inducements for charitable contributions yet to be made. Regardless of the reason, I have had an ample supply until recently. And they have served me well as both a reminder of what I have and have not done. And over time, they have most definitely served their purpose. Amazingly though, the pages of return-address labels in inventory has been shrinking of late. Due to some combination of my lack of charitableness as well as a reduction in the numbers of unsolicited charitable quid pro quos (there may be a relationship there).

Let me be clear: I am under no delusion or pressure to respond to these letters/requests for money. Just because I receive them doesn't mean I must adhere to them. They're hardly a subpoena nor are they payment for services rendered. They are merely a pre-approach-type solicitation mailed to me at my home offering goods (the labels) for services (my contribution) not yet rendered. Opening an envelope and reading its contents doesn't make me a partner in their pursuit of my dollars.

But what exactly is the protocol here? Certainly I can understand keeping and/or using the return-address labels if I make a contribution, but what if I don't make a contribution? Do I have to throw these perfectly good return-address labels away? Don't some of these labels, by their design/content - and ultimately by their use by yours truly, indirectly support the original sender's cause? Isn't their use some kind of tacit paying-it forward-type approval/contribution on my part? I realize money and/or in-kind contributions likely help more, but is there use by a non-contributor not abuse at all? After all, I'm sort of passing the word/keeping their chain going, aren't I?

If all is fair in love and war, certainly there's a little wiggle room in the world of mailing unsolicited inducements to unsuspecting recipients? I mean, I'm not asking for trouble here, am I? I'm merely asking for some understanding and clarification. If what was sent to me - not at my request and not as part of a phone conversation securing a commitment, was not my doing, then why am I responsible for it being done?

Obviously the labels are a convenience for me, and that is worth some amount of money and time that now I'm not having to spend. Still, it feels like an intrusion of sorts, a method to their madness - presumably, but to me a presumption, nevertheless. And that's just a few letters away from an assumption, and you all know what is said about assuming?

I suppose if you cast a wide enough net you're going to catch a few contributors who don't find anything fishy about this direct mail process and who feel compelled to respond favorably - so to speak, because a good deed has been for them. And if a good deed (or a "solid," to quote Detective Andy Sipowicz/Dennis Franz from NYPD Blue) deserves another then contributions will be made and address labels will be affixed.

But after years of receiving these return-address-labels-masquerading-as-solicitations-for-contributions - to a variety of charities, some more well known than others, I don't feel the least bit stuck in my decision to use these return address labels as I see fit. In a way, I am the beneficiary of their largess and in turn, they are the beneficiary of my non-cash contribution. It's sort of a win-win. But I don't suppose that was their intention. I suppose they wanted more, not less.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

OPINION

Legislators: County Has Authority To Ban Loaded Rifles on Road

The following letter to all members of the Fairfax County Board of Supervisors from members of the General Assembly from Fairfax, urges common sense action on guns; the state legislators say Fairfax County has the authority to ban loaded shotguns and rifles on the roads.

Dear Madam Chairman and Hon. Supervisors: Section 15.2-915.2 of the Code of Virginia gives all local governments in Virginia the authority to ban loaded shotguns and loaded rifles on public highways.

§ 15.2-915.2. Regulation of transportation of a loaded rifle or shotgun.

The governing body of any county or city may by ordinance make it unlawful for any person to transport, possess or carry a loaded shotgun or loaded rifle in any vehicle on any public street, road, or highway within such locality.

A similar ordinance has been enacted in the counties of Fauquier, Loudoun, Madison, Albemarle, Chesterfield, Clarke, James City, King George, New Kent, Northumberland, Surry, Warren and the cities of Alexandria, Fredericksburg, Petersburg, Richmond,

Roanoke, Virginia Beach, and Williamsburg.

We, members of the Virginia General Assembly representing Fairfax County, do not believe that there is a need for loaded shotguns or loaded rifles on Fairfax County's public roads. High emotions that come with traffic congestion in our region have led to instances where firearms have been discharged in incidents of road rage. Requiring that shotguns and rifles are not loaded at the beginning of a trip will help to reduce the potential for such split-second, life-changing decisions to occur in a moment of anger. Such an ordinance will also help to protect the driver and passengers, including children, as well as law enforcement from the accidental discharge of one of these weapons. For example, in 2006, Virginia State Trooper Kevin C. Manion was killed after a loaded rifle went off during a wreck cleanup in Clark County.

We recognize that the Fairfax County Board of Supervisors considered this issue in 2015.

However given recent events, we believe that it is important at this time for all our localities

to use their existing authority to foster gun safety and protect the driving public.

We hereby ask that you initiate the processes necessary to change Fairfax County's ordinances to prohibit the transportation of loaded shotguns and loaded rifles to the fullest extent possible under Virginia Law.

We look forward to working with you on this important initiative.

Sen. Scott Surovell (D-36)
Sen. Richard Saslaw (D-35)
Sen. Barbara Favola (D-31)
Sen. David Marsden (D-37)
Sen. Jennifer Wexton (D-33)
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Del. Paul Krizek (D-44)
Del. Jennifer Boysko (D-86)

March for Your Cause

BY KENNETH R. "KEN" PLUM
 STATE DELEGATE (D-36)

Our Founding Fathers were brilliant individuals. Not only did they craft a new form of government with the United States Constitution, but they established a government of "we the people" leaving behind monarchies and special privileges. While it created "a more perfect union," it included within its structure mechanisms upon which the union could be further perfected.

While it did take a civil war to bring about the most needed reform that had been debated at the Constitutional Convention and not settled but compromised away, many other reforms and perfections have taken place through constitutional amendments, laws

and judicial decisions.

With the massive changes that have taken place in our nation's history, particularly in civil rights, it is amazing that there have been so few changes to our basic structure of government. Building on the ideals of Thomas Jefferson in the Declaration of Independence that all persons have inalienable rights of life, liberty and the pursuit of happiness, the Constitution and its provisions created a way to realize these goals that ensures America's greatness is not in its past but in its future.

Most often mentioned in the guarantees that propel our country into future greatness are the freedoms of speech, press and religion. Less discussed in the past but now seen as a critically impor-



tant right to maintain our free government is the freedom to assemble. If freedoms are to be maintained in the future, it may be our right to assemble that will ensure it happens.

It is somewhat ironic that at a time

when the internet enables advocacy blitzes to fill the electronic mail boxes of public officials to support a cause that the crowds of people filling the streets in various marches may be our greatest safeguard. Many feel it is not enough to simply send a letter or brochure or give or listen to a speech; we need to visibly show the depth and breadth of our cause by assembling supporters by the thousands in the heat, cold, rain or sunshine.

I participate in marches in our

Nation's Capital as well as our State Capital to show support for equality in our society and for an end to gun violence. I find the marches inspirational because of the worthiness of the cause and the wonderful people I meet who have such strong dedication and conviction that they will take part however inconvenient. If you have not taken part in a march, I encourage you to do so. After all, assembling together to support our rights is part of what the Founding Fathers had in mind when they included the right to assemble in our Bill of Rights. The other important day to be sure to exercise your right to assemble is on election day when you have an opportunity to express your right as a citizen. It amplifies your voice when you assemble with others to vote for the persons who most clearly are representing your views on issues.

Enjoy School Libraries

April is School Library Month and a great time to consider all the amazing things a school library achieves for students and the school community. The American Association of School Librarians has dubbed this year's theme "Making Connections," which is a very appropriate theme. All of

schools in Burke are lucky to have certified librarians, which studies show increase reading test scores, overall higher test scores and encourage a love of reading and learning that continues throughout life.

School libraries have much more than books; most have labs where students create, investigate and collaborate on learning projects. In addition to assisting students, the school librarian is a treasured

resource for all classroom teachers in the school. The connections the school librarian makes, and encourages students to make with learning, their community, the world and reading, impact learners as they go on to become life-long learners and productive members of our community.

You can support the American Association of School Librarians and School Library Month by sharing your connections with your

local school. Offer to be a guest reader or to share how reading or librarians influenced your life and career.

Contact your local school today and connect as school librarians help make connections with students, teachers, community and the world.

Alyssa Lingler
 Burke

Vienna & Oakton
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