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The Arlington Connection

HomeLifeStyle
PAGE 9

Captain Sarah Marchegiani (left) demonstrates how to rescue someone choking for Elena Ogbe (center) and Imari Poindexter (right).

Stayin' Alive

NEWS, PAGE 2

Uncertain Future
NEWS, PAGE 3

PHOTO BY VERNON MILES /THE CONNECTION ENTERTAINMENT, PAGE 6 ♦ CLASSIFIEDS, PAGE 10



Lt. Robert Bowen from the Arlington Fire Department teaching CPR.



Hillary Lindsay from the Alexandria Fire Department teaching CPR.

Stayin' Alive

Wakefield High School students undergo CPR training.

BY VERNON MILES
THE CONNECTION

“Ah, ha, ha, ha, stayin’ alive, stayin’ alive ...” You’re probably hearing the refrain from the hit 1977 Bee Gees song in your head. At 104 beats per minute, the tune falls within the 100 and 120 chest compressions per minute recommended by the British Heart Foundation for CPR.

On April 5, firefighters and medics from Arlington and Alexandria worked with the Virginia Hospital Center for five hours to teach Wakefield High School students how to recognize a cardiac arrest victim and how to potentially help save a life.

“It’s important to know when to stop and when to start,” said Imron Saeed, a student at the school who says he’s had two people pass out near him before. “Things happen. People pass out.”

Mayra Ramirez, a Wakefield student, said she learned that when someone passes out, the first thing you do is check for consciousness and, if not, to begin pro-



Captain Sarah Marchegian (left) watches Imari Poindexter (right) perform CPR while Elena Ogbe (center) prepares the defibrillator.

cedures for CPR.

One of the other lessons from the day was to always know where the nearest automated external defibrillator (AED) is. The course instructor, Lt. Robert Bowen with the Arlington Fire Department, said at one point firefighters responded to a school where a student was going into cardiac arrest and the student’s peers were all standing around watching a few feet away from a defibrillator that could have saved the student’s life.

“I don’t want students to worry about breaking ribs, I don’t want them to worry about being sued,” said Bowen. “Help someone who needs your help.”

Bowen said teens are equally as vulnerable to heart attacks as anyone else, and they might encounter someone in their family or other students experiencing a heart attack.

“It’s about feeling confident doing CPR,” said Bowen. “A lot of people hesitate and worry that they won’t do it right or they might hurt someone.”

CPR training has stepped up across Virginia after a bill was passed in 2013 requiring all high school students to undergo CPR training before graduation.

“It’s important to create a team aspect to help them save a life before emergency medical services gets there,” said Taryn Overman from the Virginia Hospital Center. “It’s about closing the loop.”

Overman said part of the importance of teaching CPR at a high school level was that the students were more likely to absorb the information than adults would be, and might be able to take that home and share

PHOTOS BY VERNON MILES /THE CONNECTION



Jerry Parr with the Arlington Fire Department demonstrates how to rescue someone choking.

it with others.

“This school has been great about getting invested,” said Overman. “Having firefighters and EMTs here giving this course really gives it weight.”

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Uncertain Future

School Board and County Board
commiserate over cuts.

BY VERNON MILES
THE CONNECTION

Fresh out of a contentious approval by the School Board, Arlington Public Schools' proposed budget had its County Board debut. In a joint School Board-County Board work session on April 6, elected officials looked over the approved budgets and compared cuts.

School Board Chair Barbara Kanninen said some of the biggest cuts for schools were coming to the school's planning. With \$4.77 million in reductions, Kanninen said the schools will see class size increases for grades 4 through 12, a reduction in the Montessori program and foreign language in elementary schools, and cuts to clerical offices at a high school level. A further \$1.3 million in reductions came from postponing "Growth and Whole Child Initiatives" and \$1.8 million in teaching reductions.

Among those, Kanninen said the hardest was decision to cut paid parental leave.

"Arlington was the first jurisdiction in Virginia to have paid parental leave," said Kanninen. "It's difficult to sustain that. It's a very painful thing to cut."

But moments later, a review of the County Board budget showed a similar strain. According to County Manager Mark Schwartz, the county will face \$8.4 million in total reductions to ongoing programs. Some of this involves reductions and eliminations of county offices, like \$483,238 for the elimination of the Office of Community Health and \$825,584 to reduce the county's Employment Services. Others are reductions in county services, like \$356,771 to eliminate two ART bus routes and \$500,000 to scale back the Lee Highway Planning Process, a

SEE CUTS, PAGE 10



Members of the School Board and County Board discuss budget cuts.

Budget Reductions

Total Reductions: \$8.4 million (ongoing)

- Eliminate Office of Community Health (DPR): \$483,238
- Reduce Employment Services (DHS): \$825,584
- Reduce Arlington Initiative to Rethink Energy Program: \$554,312
- Contract Out Pharmacy Services (DHS): \$449,238
- Eliminate Two ART Routes (routes 54 & 92): \$356,771
- Scale Back Lee Highway Planning Process: \$500,000

Arlington County budget reductions

Reductions & Changes in Service Delivery

Arlington School Board budget reductions

Summary of Reductions & Changes	Amount (\$ in millions)	Positions
Changes in Planning Factors	4.77	57.90
• Class size increases in grades 4-12		
• Montessori reduction		
• Redefine FLES model		
• HS Clerical		
Postpone Growth and Whole Child Initiatives	1.29	14.00
Teaching & Learning Reductions	1.82	15.00
• Art, STEM Minority Achievement specialists		
• Department Chair and Content Lead		
• Administrative assistants and other positions		

Use Computers to Help Stop Human Trafficking

BY SHIRLEY RUHE
THE CONNECTION

Bring your sleeping bag, pillow and computer skills to Expedition Hackathons in Arlington on April 14-15. Technology strategy firm Blue Compass and George Mason University's Schar School of Policy and Government-Terrorism, Transnational Crime and Corruption Center (TraCCC) will host this pro bono event addressing the issues of human trafficking.

The hackathon will focus on the challenge of creating a solution to help combat human trafficking or assist its victims, using artificial intelligence/machine learning, predictive modeling, or anything else.

Christine Jung, CEO of Blue Compass, says on the first morning of the two-day event, people will talk to independent experts, then come up with their own ideas and bounce them off experts in the FBI, DHS, State Department, National Center for

Missing and Exploited Children (NCMEC) and other organizations with a role in preventing human trafficking. She says, for instance, the participants might come up with an app or predictive program by using data or pictures. Some of the hackers will present their data to a panel of judges.

Jung says there is very little coordination between Federal, state and local "boots on the ground" to address the trafficking problem. "People who have the skills can bring things together. Some people choose to spend the night. Each piece is part of a bigger solution and we might not know it at the time but as we all learn together, it brings results."

Jung says Blue Compass has run hackathons around the country for the Federal government in a number of areas. "The public likes to interact with the Federal government." Their human trafficking effort started when Blue Compass did an event

SEE HELP STOP, PAGE 10



People work in teams and build out their data ideas in a Sunnyvale, Calif. hackathon in 2016.

PHOTO CONTRIBUTED

Halfway through the Race, Still Running

Sushi Zen sponsors 20 fundraisers for nonprofits.

BY SHIRLEY RUHE
THE CONNECTION

Rosie Gordon-Mochizuki and her husband, Shoji Mochizuki, are in the 12th lap of their 20-lap fundraising marathon. Since they are celebrating their 20th year of owning Sushi Zen on Harrison Street, they are sponsoring 20 fundraisers for non-profit organizations this year to give back to the community. Each organization receives a percent of the proceeds for the evening.

Their first fundraiser was held in June of 2017 for the Educational Theatre Company. The last fundraiser is scheduled for June 2018. Number 12 is the April 4 fundraiser for Doorways for Women and Families, created in 1978. Linley Beckbridge, communications director of Doorways, is sitting at the front door to greet visitors. She says Doorways provides services for families and youth experiencing homelessness as well as domestic violence. She added, "We have the only 24-hour hotline for domestic vio-



Linley Beckbridge and Veronica Floyd from Doorways greet supporters at Sushi Zen fundraiser.



Janet and Liana Stein chat with Rosie Gordon-Mochizuki over tempura and California Rolls at Sushi Zen Fundraiser.



Sushi Zen chefs

roll seaweed for spicy tuna rolls for the next customers flowing in to fill the tables.

Rosie Gordon-Mochizuki says, "During this effort I have met so amazing people and learned more about what each of the nonprofit organizations do. I am proud to be part of this community. Arlington is a very giving community."

April 18 is the next nonprofit fundraiser — for the Animal Welfare League.

lence in Arlington and run two shelters as well for survivors."

Janet and Liana Stein are the first to arrive and order small bowls of udon soup, with tempura for Liana and California roll with fish roe platter for Janet. Behind the prep bar the sushi chefs prepare sweet potato rolls and un-

OAR To Celebrate 10 Years with Fundraiser

Offender Aid and Restoration (OAR) will host its 10th Annual Second Chance Fundraising Breakfast on Tuesday, April 24 from 7:45-9 a.m. at the Crystal Gateway Marriott Hotel.

This year's guest speaker is Harold Clarke, director of the Virginia Department of Corrections with state Sen. Barbara Favola and state Sen. Adam Ebbin as honorary chairs for the event.

Clarke, a leader in seeking solutions to assist with prisoner reentry, says the major obstacle right now is employment because a number of employers are reluctant to provide employment because they are concerned about the criminal history. Clarke adds research shows that people with a criminal history have a 40 percent less chance of securing employment.

Guests must RSVP to attend since the breakfast is generally at capacity with 600 guests. Guests can RSVP on the website at www.oaronline.org/breakfast-rsvp-form-2028. Attending the breakfast is free, but the event is a fundraiser so guests are asked to consider making a donation.

OAR was founded in 1974. They provide reentry services to previously incarcerated individuals including transition assistance and employment coaching. The OAR Reentry Services Department serves nearly 800 post-release participants annually and nearly 400 pre-release participants at the Arlington County Detention Facility, the Alexandria De-



Offender Aid and Restoration's annual Second Chance Fundraising Breakfast will be April 24.

tention Center and Coffeewood Correctional Center.

The breakfast highlights the challenges of prisoner reentry with transition back

into the community and showcases some of the successes of the OAR program and the lives impacted.

— SHIRLEY RUHE

The
Arlington
Connection

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News



PHOTOS COURTESY OF THE CENTER FOR LOCAL HISTORY, ARLINGTON PUBLIC LIBRARY.

Phoebe Knipling with students at the Science Fair.

Walk Through History

... of Arlington women.

Celebrate National Library Week (April 8-14) by strolling through the history of Arlington's women pioneers from 1900-1975 at the new online exhibition at the Arlington Library. Visit <http://arlingtonwomenshistory.org>

This new exhibition, "Women's Work: Stories of Persistence and Influence," is taken from the Center for Local History's (CLH) Community Archives which contains extensive information on women's pioneering roles and accomplishments in Arlington County. Many of these women worked behind the scenes and against stereotypes in their era to found Arlington's first hospital, the local libraries and were movers behind educational advances and conservation efforts.

The exhibition highlights the accomplishments of several Arlington women including political activist Gertrude Crocker who headed a national movement that led to women's right to vote in every state, real estate entrepreneur Margarite Syphax whose dream to create affordable housing for African-Americans grew into a multi-million-dollar affordable housing enterprise, and science educator Dr. Phoebe Hall Knipling who founded the Outdoor Laboratory in Arlington. In addition it focuses on a number of women who organized in-



Gertrude Crocker

dependent libraries in their neighborhoods leading to the establishment of the Arlington Public Library.

"All these women were active in almost every aspect of civic life and their contributions were instrumental in influencing the character of Arlington and beyond," said Library Director Diane Kresh.

This event heralds the beginning of a year-long series of community exhibitions and events as well as additional stories of early women pioneers.

— SHIRLEY RUHE

SCHOOL NOTES

Email announcements to arlington@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Nicole Barnes, of Arlington, was named to the Champlain College (Burlington, Vt.) president's list for the fall 2017 semester.

Tyler McTague, of Arlington, was named to the fall 2017 dean's list at Ohio Wesleyan University (Delaware, Ohio).

Connar Mulcahy, of Arlington, was named to the fall 2017 dean's list at Ohio Wesleyan University (Delaware, Ohio).

Robert Moffett Powell, of Arlington, was named to the Iowa State University dean's list for fall 2017.

Rachel Lauren Cummins, of Arlington, was named to the Baylor University (Waco, Texas) dean's list for fall 2017.

Sally Gustafson, a freshman major at Grove City College (Pa.), has been named to the dean's list with high distinction for the fall 2017 semester. Gustafson is a 2017 graduate of Washington Lee High School and is the daughter of The Hon. and Mrs. David Gustafson (Sharon) from Arlington.

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ENTERTAINMENT

TAP Serves Up 'Sweeney Todd'

Sondheim musical is story of revenge, obsession, and murder.

BY STEVE HIBBARD
THE CONNECTION

The Arlington Players (TAP) is presenting the musical thriller "Sweeney Todd" — The Demon Barber of Fleet Street, from April 13-28. The play is a tale of obsession, love, murder, and revenge that is darkly humorous. With music and lyrics by Stephen Sondheim and book by Hugh Wheeler, the story is based on the play by Christopher Bond. It opened on Broadway in 1979 and won the Tony Award for Best Musical.

TAP Director Clare Shaffer said part of her goal was to create an abstracted, skeletal London teeming with city life. "While 'Sweeney Todd' is predominantly a story of revenge, obsession, and murder, it is also deeply rooted in socioeconomic inequality and urban anonymity that emerged during the British Industrial Revolution. During this time manufacturing, business, and the number of wage laborers skyrocketed — as did socioeconomic tensions and urban poverty and overpopulation," she said.

"The show is rife with themes of classism and we aim to highlight the gap between the bourgeois and the blue-collar in our design and staging. From Sweeney's initial imprisonment, to the crowd of uneducated passersby being swindled by Pirelli, to the commitment of Johanna, we see again and again 'how civilized men behave' and find ourselves almost rooting for Sweeney's lit-



PHOTO BY STEVEN YATES

TAP is presenting "Sweeney Todd" from April 13-28 at the Thomas Jefferson Community Theatre in Arlington.

eral and cultural cannibalism."

Brian Lyons-Burke plays the role of Judge Turpin, the great villain of the story. "It is his actions that denied freedom to Sweeney and tore his family apart. He is a man that feels justified in taking what he wants when he wants, partly by virtue of his exalted position as a judge and pillar of the community, partly because at heart, he is an evil, grasping man. He is the focus for Sweeney's desire for vengeance," he said.

He said the character himself is a bit of a challenge. "This is a man who is extremely amoral and venal, driven by his desires with no empathy for others. While I have played evil characters in the past, Turpin is in a

league of his own. It is a real challenge to reach for such a dark and creepy character, especially in a musical," he said.

He added: "Sweeney Todd is almost a Greek tragedy set to music. This is a dark tale of revenge and madness — even the comedy is dark! This is often called a musical thriller — and I hope that the audience will be thrilled — and touched deeply by the tragic elements of the show."

Judy Lewis plays the role of the beggar woman, a sort of a victim of a #MeToo situation, in a tragic way. "However, and maybe fortunately for her sake, she doesn't remember much of her past and has gone quite mad — not entirely bonkers crazy, but off

enough to wander the streets switching moods on a dime. She does, however, have animal instincts about bad stuff and bad people, and that comes into play further into the show," she said.

Her biggest challenge was the vocals as her character sings in about three different ranges. "We've decided not to make her too pretty with the vocals, so it's a matter of finding that sweet spot for her sound," she said.

Alden Michels plays the role of Beadle Bamford, the head law enforcement officer outside of the court — a mix between a sheriff and a bailiff. "The Beadle has a very demanding singing range and that is just a challenge of vocal athleticism," he said. "As far as acting, he has a lot of fun stuff to play, but the key for him is to bring out both how insufferably pompous, hypocritical, and savage he is without turning him into an absolute cartoon — he has to feel like a real guy for the audience to really hate him as they should."

As far as audience takeaways, he said: "I hope it scares and delights them and gets them to think about some larger cultural things: capitalism, revenge, stratified society ... it's all in the script and score — so I hope we're able to conjure that."

Bob McGrath plays the role of Sweeney Todd, a man who has returned to London after escaping the penal colony where he was falsely imprisoned for 15 years. "Upon arrival, he finds out that his despairing wife had poisoned herself and his daughter is now the ward of the judge who had him transported. This knowledge, and his feelings of guilt for not having prevented it, propel him on a quest for retribution that

SEE 'SWEENEY TODD,' PAGE 11

CALENDAR

ONGOING

Art Exhibit: "Spring Break." Through April 27, gallery hours at Gallery Underground, in the Crystal City Shops at 2100 Crystal Drive. "Spring Break," a seasonally-themed and colorful member show features works depicting scenes of spring and vacation locales. Also featured, along with new works by Gallery members, is artwork by Marsha Brown, a painter, sculptor and ceramic artist in the local area. Visit www.galleryunderground.org or call 571-483-0652.

"John." Through April 29, at Signature Theatre, 4200 Campbell Ave., Annie Baker's "John" at the Tony-winning Signature Theatre plays for four weeks, running April 3 through April 29, 2018. Visit SigTheatre.org.

Healthy Lifestyle Runs. Saturdays, 9 a.m. at Roosevelt Island, George Washington Memorial Parkway. American Cancer Society partners with parkrun USA to promote fitness in the fight against cancer. Free. Visit www.parkrun.us/rooseveltislanddc/ for more.

Arlington's Historical Museum Open on First Wednesdays. The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County's history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.



PHOTO BY GAIL BINGHAM

Jane Franklin Dance presents "The Big Meow."

'The Big Meow'

Join Jane Franklin Dance for a performance of "The Big Meow," a story of hope, disappointment, courage and the need for belonging. These simple themes are part of every neighborhood, but in this wonderful tale told through the experiences of Little Cat, a potential weakness is a unique strength. The performance incorporates spoken word, movement, music, and an interactive participatory introduction for young children. Saturday, April 14, 4-5 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. \$15 Adults/\$10 Children under age 10. Call 703-933-1111 or visit www.janefranklin.com.

1113 or at garrett.peck@arlingtonhistoricalsociety.org.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or Visit registration.arlingtonva.us. Free, no registration required.

Storytime. Wednesdays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

Crystal City Sparket. 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC's Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit www.crystallcity.org.

Art for Life. Third Thursday of each month. The Hyatt Regency Crystal City's "Art for Life" Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit www.torpedofactory.org.

Brunch at Freddie's. Third Saturday of every

SEE CALENDAR, PAGE 7

CALENDAR



Live Comedy: Pablo Francisco

Pablo Francisco draws his audience into his vivid imagination and takes them on a wild ride as they experience his spontaneous outbursts, clever insights and some of the funniest rapid fire comedy, ever unleashed. Friday, April 20, 7:30 and 10 p.m.; Saturday, April 21, 7 and 9:30 p.m. at Arlington Cinema and Drafthouse, 2903 Columbia Pike. \$30-\$35. Visit ArlingtonDrafthouse.com.

PHOTO BY TOMAS WHITEHOUSE

FROM PAGE 6

month, 11 a.m.-1 p.m. at Freddie's Beach Bar, 555 23rd St. The Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome. No reservation is required. Visit www.facebook.com/events/700174390103305.

GYMNASTICS OPEN TRYOUTS

Arlington Gymnastics are holding tryouts for both girls (Aerials) and boys (Tigers) competitive teams during April and May. For age 4 and older. Tryouts are free. Visit www.arlingtonaerials.org and sites.google.com/site/arlingtontigersva.

- ❖ Aerials Level 3 Tryouts – Saturday, April 14, 5-8 p.m.
- ❖ Aerials Pre-Team Tryouts – Saturday, April 21, 5-8 p.m.
- ❖ Aerials Xcel Gold Tryouts – Saturday, May 12, 5-7 p.m.
- ❖ Tigers Pre-team & Level 4 Tryouts – Saturday, May 19, 9 a.m.-noon

THURSDAY/APRIL 12

Shark Attack. 10-11 a.m. at Gulf Branch Nature Center, 3608 N. Military Road. Sharks play a significant role in the ocean's food web. Study this important apex ocean predator, examine a shark's jaw, learn about their skin, and more. Ages 3-5. Parents are invited to stay and observe, or those with younger siblings may visit the rest of the building during the program. Parents must remain on-site. \$5 per person. Registration required. Register online or call 703-228-4747, using activity code 632818. Call 703-228-3403 for more information.

Nando's PERI-PERI Fundraiser. 11 a.m.-10 p.m. At 1800 North Lynn St., Rosslyn. Six D.C. United soccer stars will flip PERI-PERI chicken and serve dishes to fans. Player appearances from 2-8 p.m. Nando's will donate 100% of proceeds to D.C. United's charity partner DC Scores.

Unearthing History. 7-9 p.m. at Reinsch Library Auditorium, Marymount University, 2807 N. Glebe Road. The archaeological

excavations at the Ball-Sellers House–, the oldest building in Arlington County–, recovered thousands of artifacts relating to the daily life on the property for more than 270 years. Archaeological findings with Patrick O'Neill. Free and open to the public. Visit www.arlingtonhistoricalsociety.org or call 703-892-4204.

Deep Dive: Spring Ephemerals. 8-9 p.m. Gulf Branch Nature Center, 3608 N. Military Road. Take a Deep Dive into natural history that scratches more than just the surface. Wildflowers that bloom quickly in spring before the trees leaf out depend on a variety of adaptations. What physical structures help them survive in early spring? What other



Arlington Home Show and Garden Expo

Learn about remodeling kitchens and baths, finishing or waterproofing basements, replacing windows, doors, flooring, roofing and siding, security systems and more from a wide variety of top-rated companies. A rich program of free classes awaits visitors. The Landlord Seminar is back and only this class needs registration at tiny.cc/LLS2018. Saturday, April 14, 10 a.m.-4 p.m. at Kenmore Middle School, 200 S. Carlin Springs Road. Call 703-228-3765, or the Home Expo team at 202-599-0665 or visit arlingtonhomeshow.org/.

organisms have symbiotic relationships with spring ephemerals? Ages 18 and older. \$5 per person. Registration required. Register online or call 703-228-4747, using activity code 632848-B.

FRIDAY/APRIL 13

Coming Home Breakfast. 7:30-9

a.m. at NRECA, 4301 Wilson Blvd. Join A-SPAN's 5th Annual Coming Home Breakfast and learn about A-SPAN's new program initiatives offered in partnership with existing services at the Homeless Services Center. Explore A-SPAN's new job START internship program to augment housing, shelter and nursing services. The event is free to attend and will include a light breakfast. RSVP to SHurst@a-span.org.

Raise A Tadpole. 4-5 p.m. Gulf Branch Nature Center, 3608 N. Military Road. Get ready to temporarily own a tadpole. Learn all about wood frogs and how to raise a healthy tadpole into a frog. Gulf Branch Nature Center will provide everything, including a few tadpoles. Supplies and the metamorphosed froglet must be returned when it's ready for release in the Gulf Branch woods. Ages 9-14. \$5 per person. Registration required. Register online or call 703-228-4747, using activity code 632828-H. Learn more here.

Opening Reception: Spring SOLOS 2018. 6-9 p.m. at Arlington Arts Center, 3550 Wilson Blvd. Arlington Arts Center (AAC) presents Spring SOLOS 2018, the second SOLOS presentation of its 2017-2018 season. The artists included in Spring SOLOS 2018 are Sean Derry, Adam Griffiths, Phaen Howng, Giulia Piera Livi, Nick Primo, and Jerry Truong. Opening reception for exhibitions on all three levels and open studios with resident artists. Visit arlingtonartscenter.org.

Parents' Night Out. 6-10 p.m. at Walter Reed Community Center, 2909 16th St. S. Children will enjoy an evening of games, art and fun. Teens came up with this program as one way to help parents and give back to the community. Brought to you by Teens Making A Difference. \$25 per child. Registration required. Register online or call 703-228-4747, using activity code 720118-G.

"Border." 7:30 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. Individuals describe barriers experienced through career, racial, gender or ethnic prejudice. \$22. Call 703-933-1111 or visit www.janefranklin.com/.

FRIDAY-SATURDAY/APRIL 13-14

Used Book Sale. Friday, 9 a.m.-9 p.m.; Saturday, 9 a.m.-4 p.m. at Falls Church Community Center, 223 Little Falls St., Falls Church. The book sale benefits scholarship/grant programs for women, including local Falls Church high school girls. Sponsored by Falls Church American Association of University Women. Visit fallschurcharea-va.aauw.net/booksale.



Arlington Reads

Investigative journalist Katherine Boo, author of "Behind the Beautiful Forevers: Life, Death, and Hope in a Mumbai Undercity," describes Annawadi, a slum of Mumbai, India, where she follows the interconnected lives of several residents, including a young trash picker, a female slumlord and a college student. Wednesday, April 18, 7-9 p.m. at Arlington Central Library, 1015 North Quincy St. Meet the author and get your book signed. Visit library.arlingtonva.us/arlington-reads/

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School Board Praises Athletes' Achievements

State finalists in winter sports celebrated.

Minutes into its regular meeting on April 5, the Arlington County School Board paused to recognize student-athletes from its public high schools: Wakefield, Washington-Lee and Yorktown. All the young men and women were finalists in state-wide winter sports, which included swimming, diving, wrestling, gymnastics, indoor track and basketball.

Special note was taken of the achievement of four young women from Yorktown: Mary Kate Reicherter (sophomore), Kayle Park (junior), Victoria Huske (freshman) and Emily Brooks (senior). On the way to becoming this year's champion, the quartet set an all-time state record for the 200 Medley Relay.

Their coach, Torey Ortmayer, observed that each swimmer was talented, but all also demonstrated a willingness to work hard in every practice.

Ortmayer said he had confidence his squad could win the event this year, so much so that he "could stand back and enjoy the race knowing they would take care of business."

Seven other state championships were claimed by Arlington students: Jabari Bennett, Washington-Lee - Shot Put; Justin Clark, Wakefield - Diving; Julia Hays, Yorktown - Gymnastics (floor); Katya Olsen, Yorktown - Gymnastics (vault); Victoria Huske, Yorktown - 50 Freestyle and 100 Butterfly; and Kayle Park, Victoria Huske, Mary Kate Reicherter and Natalie English, Yorktown - 400 Freestyle Relay (Tie).

— MICHAEL MCMORROW



PHOTO BY FRANK BELLAVIA/ARLINGTON PUBLIC SCHOOLS

Winter sports state finalists with Arlington School Board and staff.

State Finalists

WASHINGTON-LEE

Indoor Track

Jabari Bennett: Shot Put (1st)
Rebecca Stewart: Triple jump (6th)

Swim & Dive

Jaya Kambhampaty: 100 Back (3rd)
Jack Mowery, Jaya Kambhampaty, Lachlan Latin, Kai Green: 200 Free Relay (3rd)

WAKEFIELD

Indoor Track

Joshua Sutton: High Jump (5th)
Xavier Taylor: 300m Dash (3rd)
Xavier Taylor: 500m Dash (4th)

Wrestling

Loranzo Rajaonarivelo: 160 pound (3rd)

Vincent Galang: 145 pound (6th)

Swim & Dive

Justin Clark: Boys Diving (1st)
Jack Kumashiro: Boys Diving (3rd)
Antonia Kotliarov: Girls Diving (5th)

Boys Basketball

National District Runner-up; Region 5C Champions; VHSL Class 5 State Runner-up

YORKTOWN

Swim & Dive

Hannah Karlin, Annika Creedon, Mary Kate Reicherter, Kayle Park, Victoria Huske, Emily Brooks, Natalie English, Charlotte Thomson, and Emily Larsen: Girls Swim Team (2nd)
Hannah Karlin: Diving (2nd)
Mary Kate Reicherter, Kayle Park, Victoria Huske, and Emily Brooks: 200 Medley Relay (1st)

Victoria Huske: 50 Free (1st)

Victoria Huske: 100 Fly (1st)

Kayle Park, Victoria Huske, Mary Kate Reicherter, and Natalie English: 400 Free Relay (1st)

Kayle Park: 200 IM (4th)

Annika Creedon: Diving (5th)

Kayle Park: 100 Breast (5th)

Mary Kate Reicherter: 100 Backstroke (3rd)

Sam Ellison: 50 Free (6th)

Ryan Soh, Zach Rosenthal, Thomas Outlaw, and Sam Ellison: 200 Medley Relay (2nd)

Wrestling

Clay Chadwick: Heavyweight Division Runner-up

Gymnastics

Julia Hays: Floor (1st)

Katya Olsen: Vault: (1st)

Annual Breakfast Supports A-SPAN

Plan to be inspired at the fifth annual A-SPAN Coming Home breakfast on Friday, April 13 with registration at 7:30 a.m. and the program from 8-9 a.m.

Keynote speaker will be Christian Dorsey, Arlington County Board vice-chair.

This free breakfast fundraiser is A-SPAN's largest event of the season. RSVP to reserve one of the few remaining seats at shurst@a-span.org. The event will be held at the NRECA building at 4301 Washington Boulevard.

A-SPAN is a nonprofit organization whose mission is to end homelessness in Arlington by securing permanent housing and providing life-sustaining services for Arlington's most vulnerable citizens.

— SHIRLEY RUHE



FILE PHOTO BY SHIRLEY RUHE/THE CONNECTION

A-SPAN Coming Home breakfast

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THROUGH APRIL 17

Tax Assistance. Tuesdays, 10 a.m.-7 p.m.; Thursdays, 10 a.m.-4 p.m. at Arlington Central Library, 1015 N. Quincy St. AARP Foundation Tax-Aide has helped low- to moderate-income individuals for more than 40 years in every state and the District of Columbia. AARP Foundation Tax-Aide is offered in cooperation with the IRS. No need to be a member of AARP to receive help with completing taxes. Some appointments available. Call 703-829-6192 for more.

THURSDAY/APRIL 12

YEA! Investor Panel. 6-8 p.m. at Marymount University (Ballston Center), 2807 N. Glebe Road.

Watch as YEA! students pitch their business ideas to a panel of investors for a chance to receive start-up capital to launch their business. Two investor panelist seats remain. Contact the Chamber today to participate. Visit arlingtonchamber.org.

SATURDAY/APRIL 14

Potomac River Watershed

Cleanup. 10 a.m.-noon. Join ACE for the 30th Annual Potomac Watershed Cleanup. ACE is joining a multi-state network of supporters working with the Alice Ferguson Foundation to make the watershed cleaner and raise awareness about the problem of litter in our region. Register at arlingtonenvironment.org.



PHOTO MERRIFIELD GARDEN CENTER

The colors of Camellia blooms can be enjoyed now, says David Watkins of Merrifield Garden Center.



PHOTO AMERICAN PLANT

Preparing a spring garden includes pruning, mulching and fertilizing, says Haynes Davis of American Plant in Bethesda.

Spring in Bloom

Preparing and planning a colorful warm-weather garden.

BY MARILYN CAMPBELL

One of the most anticipated rites of spring is the vibrancy of the first blooms on flowers and trees. However, this beauty can only be savored after the weeding, pruning and planting are finished. While preparing and planning a spring garden is not an effortless endeavor, local landscaping gurus say that an organized plan can make it more manageable.

"The first thing you need to do is cut back any ornamental grasses like Liriope two to four inches off the ground so the brown, tired-looking leaves are gone before the new leaves start to grow," said David Watkins, general manager of Merrifield Garden Center. "If you wait too long it's tough to separate old from new and you end up getting brown on the new leaves."

Removing all of the leaves and other debris from the flowerbed is the next step, advises Haynes Davis of American Plant in Bethesda. "Cut back any perennials or ornamental grasses that have not already been cut back and prune out any dead branches from existing shrubs," he said. "I fertilize at this point with ... a slow-release, organic fertilizer that works for blooming and evergreen plants. Lastly I put down a fresh layer of mulch and then the beds are ready for spring."

Preparing to have a perfectly manicured lawn for spring begins by raking removing all of the fallen leaves, adds Davis. "Having your PH tested would be a good idea because now would be the time to put down lime to get your soil to the correct acidity level which is 5.8 to 6.5," he said. "This is also the time to put down pre-emergent [herbicides] to keep the weeds from coming up, but you have to remember, if you put down a pre-emergent you cannot over seed for six to 12 weeks, depending on the product you are using."

Cutting away dead or overgrown branches to stimulate new growth comes next, says Watkins. "I would prune any branches on

shrubs and trees that are crisscrossing and rubbing against each other," he said. "Then edge, mulch and fertilize your plants. Remove old mulch first and put down two to three inches of new mulch, but make sure you don't put it too close to the trunk of the plant."

When whipping a garden into shape for spring, Alexandria-based landscape designer Ruth Tinsley believes in engaging the senses. "If you plant fragrant spring flowers like Honeysuckle, Phlox, Butterfly Bush and roses, they will give you a pleasant aroma when you are walking through your yard or garden," she said. "Plant them in large swaths to get the biggest impact."

Butterfly Bush and Stock are two flowering plants that do double-duty, advises Tinsley. "They not only have a nice fragrance, but they will add beautiful color to your yard or garden. Butterfly bush is relatively hearty and has vibrant pink and purple blooms, and Stock comes in a vivid, dark-red color."

Until temperatures are warm on a consistent basis, Davis offers a caveat about planting flowers. "I would only plant Pansies and Violas for flowers outside," he said. "They will give you good color all the way up to the time to plant summer annuals, which is when we have sustained night time temps around 55 degrees, usually around mid-April. For perennials about the only thing you can plant now would be hellebores."

"Forsythia bushes are blooming now. They're one of the first to bloom," added Watkins. "Shortly Camellias and Azaleas will start to bloom."

Options for plants that can tolerate cooler temperatures are plentiful, advises Watkins. "All of your trees and shrubs can be planted now and it's great to get your garden started early so there's less maintenance in the summer," he said. "All of our ornamental trees like Cherry, Redbud, Crabapple and Dogwood can be planted now."

"As for shrubs, you can plant anything right now as long as it has been acclimated and does not have new tender growth," added Davis. "We have all of our plants that are tender either in our greenhouses or covered with frost blankets until the temperatures warm up."



PHOTO AMERICAN PLANT

Pansies and Violas can be planted now to offer bright colors to a spring garden, says Haynes Davis of American Plant in Bethesda.



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Some Restrictions Apply

NEWS

Commiserating over Cuts

FROM PAGE 3

move Schwartz says has faced stiff opposition from local neighbors.

"As you can see from the manager's presentation, you're not walking that route alone," said County Board member Christian Dorsey. "We thank you for that. Understand that this is a reality that exists in Arlington and elsewhere. It's important to note that there is still growth in the student budget."

Dorsey noted that a 3.5 percent increase in the the county transfer to schools accounted for enrollment growth and a good percentage of the expected pay increases for staff. But School Board member Nancy Van Doren, who was the lone vote against the school budget at the previous night's meeting, said the budget is insufficient to meet the needs of the schools.

"I believe we do need to bring you needs based budget," said Van Doren. "We need \$4.7 million. I believe we are on a very dangerous path of eroding the quality of education that we have a hallmark of in this community, part of the driver of our economic self sufficiency. When we make these kinds of cuts, falls more heavily on our neighborhood schools... That is beginning down a path of inequity."

Van Doren explained that optional schools can al-

ways maintain their student populations at certain quotas, while neighborhood schools do not have the option of turning students away. Van Doren also noted that the schools will be using half of their reserves to fund needs in the FY 2019 budget.

"That's not sustainable," said Van Doren. "We need to reconsider revenue sharing principles and investment in schools."

While it's unlikely for Arlington Schools to receive more than they requested from a County Board that has already established a no tax-rate increase, Van Doren's comments did find some agreement on the County Board.

"Van Doren summarized very ably the history of this county and community and what makes us strong," said County Board member Erik Gutshall. "This budget is not as tough as next year's will be and that's a sobering thought We're fighting over crumbs, and I'm not sure that's where we want to be on these critical issues. [We face] fundamental structure problems on local basis, also degradation of services for support for most vulnerable at a national level that all fall down on us. We have to really be eyes wide open to what's coming in front of us."

The County Budget is set for approval on April 21. The final School Board budget will be adopted on May 3.

Help Stop Human Trafficking

FROM PAGE 3

for Polaris, a nonprofit organization which operates the National Human Trafficking Hotline. "We didn't want to write a check and be done with it." This event is sponsored in conjunction with George Mason University and held at their Arlington campus. "We've hoping to find donors so we can continue this effort in the future."

Human trafficking is one of the most profitable criminal businesses in the world. And in the DC region, it continues to be a growing serious problem with trafficking reports up 13 percent last year. NCMEC reported that one out of five endangered and runaway children in Virginia in 2015 became a

victim of sex trafficking. Experts say there is evidence of teen sex trafficking in every high school in the region. As a result, both the Arlington Public School System and the Fairfax County School System have recently designed new curriculums which have been incorporated into regular lessons for middle school and high school students stressing awareness of human trafficking and prevention.

The event will be held at George Mason University Arlington Campus in Founders Hall at 3351 North Fairfax Drive. It is also possible to attend in-studio in Washington D.C. by phone. It starts at 9 a.m. April 14 and ends at 6 p.m. April 15. This Human Trafficking event is part of Expedition Hackathon's Social Impact Series.

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for April 15-21.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Cirque Du Soleil, Tysons Corner, Sunday, April 15, matinee, \$101; U.S. Naval Academy Tour & Tea, Annapolis, Monday, April 16, \$61; Maryland Live, Hanover, Tuesday, April 17, \$9; Walters Art Museum, Baltimore, Russian crafts, Thursday, April 19, \$15; Leesburg Flower & Garden Show, Saturday, April 21, \$6. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

NEW PROGRAMS:

Prevent heart disease through nutrition, Monday, April 16, 11 a.m., Walter Reed.

Register, 703-228-0955.

Seeing art as artists do, Monday, April 16, 11:30 a.m., Langston-Brown. Register, 703-228-6300.

Just Playin' Country, Monday, April 16, 11:15 a.m., Lee. Details, 703-228-0555.

Reduce chances of becoming a victim, Tuesday, April 17, 11 a.m., Langston-Brown. Register, 703-228-6300.

Pet Chatz, new technology to connect pets with owners, Tuesday, April 17, 1 p.m., Walter Reed. Register, 703-228-0955.

What to consider when preparing a will, Wednesday, April 18, 11 a.m., Langston-Brown. Register, 703-228-6300.

Free hearing screenings, Wednesday, April 18, 10 a.m.-2 p.m., Walter Reed. Call for appointment, 703-228-0955.

Arlington Walking Club to travel to Dunbarton Oaks Park, D.C., Wednesday, April 18, 9:30 a.m., \$4. Register, 703-228-4403.

How to maximize photo and editing apps on Smartphones, Wednesday, April 18, 6:30 p.m., Arlington Mill. Register, 703-228-7369.

55+ Foodies group, Thursday, April 18, 6 p.m., Central Library. Register, 703-228-5946.

Open Latino dancing, Friday, April 20, 10 a.m.-noon, Arlington Mill. Details, 703-228-7369.

Ballroom dance, Friday, April 20, 1 p.m., Lee Details, 703-228-0555.

Creative art exhibit open to the public, Saturday, April 21, 2-4 p.m., Walter Reed. Free parking. Details, 703-228-0955.

ENTERTAINMENT

'Sweeney Todd'

FROM PAGE 6

reap the most dire consequences for himself, those who wronged him as well as innocent people," he said.

He said it's a challenge to be terrifying and sympathetic at the same time and not have one cancel out the other. "He does all these horrible things but he is the play's protagonist, so the audience has to relate to (on some level) this man who only trusts the objects that help him murder. They need to feel his pain. Otherwise, they won't stay with you," he said.

AnnaBelle Lowe plays the role of Johanna, Sweeney's daughter who was separated from him as an infant and then adopted by Judge Turpin. "She is a young woman who is beginning to challenge the strict ideals of her upbringing when she becomes enamored of Anthony. Johanna is faced with her father figure, the judge, intending to marry her himself, so she and Anthony attempt to take control of their fate together," she said.

She added: "If Sweeney Todd is a parable, then I think it's about being blinded by obsession. As a Sondheim-obsessive, it pains me to say it, but his characters often strive for a single outcome, only to be punished for it. If it isn't, then maybe Sweeney Todd is about the morbid fun of watching characters struggle with what you know and they don't."

As music director, Paige Rammelkamp said her main challenge was to respect and interpret the work of Sondheim. "In a play where the music is the main vessel of emotion, character, and symbolism, it's important to make sure all of that shines through while still honoring the director's vision as well as everything new our actors bring to the table," she said.

She added: "The most fascinating thing about this lush score is how each character is directly controlling the music, rather than vice versa — every time Sweeney sings, the music moves to match his objectives, no matter how 'insane.'"

As the producer, Janet Bordeaux said her biggest challenge is finding enough volunteers to assist the designers. "TAP is always looking for people who have carpentry experience, can use a paint roller and brush, and can assist the costumer with sewing. Everything you experience at a TAP production is done by a volunteer — from the directors and designers to the actors to everyone behind the scenes. It is the passion that these volunteers have for theater that will make 'Sweeney Todd' a remarkable experience for the audience," she said.

The Arlington Players (TAP) is presenting "Sweeney Todd" — The Demon Barber of Fleet Street, from April 13-28. Show times are Friday and Saturday at 8 p.m.; Sunday matinees at 2:30 p.m. Tickets are \$25/adult; \$22/senior/military; and \$15/child/student. The venue is the Thomas Jefferson Community Theatre, 125 S. Old Glebe Road, Arlington. Visit www.thearlingtonplayers.org.

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It's A Miracle (Not a Cancer Column) ...



By KENNETH B. LOURIE

... that the green, cotton, chino-type casual-Friday pants I often wear on -in-the-office-Thursdays, lasted as long as they did. Given the number of years I've been stuffing myself into them (not every Thursday mind you, but very regularly), and the weight I've gained, especially since the ultra low point during heavy duty chemotherapy nine years ago, the miracle is that these pants hadn't split wide open on any number of previous occasions.

As it actually happened yesterday, the split was gradual, not along a seam and not offensive to anybody, least of all, me.

And though the tear was understandable, given the psi (pounds per square inch) of pressure they were under, the loss however expected was sad nonetheless. For someone who exults in a limited wardrobe as much as I do, the reduction in available garments I choose to wear — repeatedly, is impactful.

Hardly do I have too many other go-to-pants in the closet. Considering my lack of interest, lack of need and lack of properly fitting alternatives hanging in the balance, when a split occurs, such as the one I've described "heretofore," (Ben Affleck in "Good Will Hunting"), not only is the loss palpable, it is downright inconvenient. Now what? Not that my appearance is ever a priority, but I'd rather not dress for failure.

The problem is, when your clothing options can be characterized as "either or," you're in a bind which, given the pounds that have been added over the winter (let's be honest; more like the preceding fall, summer, spring, winter and fall), you're constantly challenged, especially when attempting to zip up your fly and/or button your pants. Talk about a pointless effort.

If there was a cash reward for such failure, I'd be basking somewhere warm, in semi retirement — with an elastic waistband to do my bidding.

"But alas, poor Yurick." No such reward exists, but thankfully, elastic waistbands do, and not just on underwear, bathing suits, shorts and sweatpants. The question becomes then: How committed do I want to become to such elasticity? Isn't it kind of a slippery slope to rubberize my waistline? My fear is, once I go elastic, I may never go back, and in never going back, I'm also afraid there may be no stopping me, if you know what I mean? And if I'm not to be stopped then am I prepared to live with myself, my ever-expanding self, that is?

I imagine my oncologist wouldn't approve. And I know my internal medicine doctor wouldn't approve (I've already received some electronic advisories to that effect); and I know with 100 percent certainty that my wife, Dina wouldn't approve. She might have married me "in sickness and health, and thick and thin," but she'd much rather I be thin than thick.

Granted, I may be mixing metaphors here, but I trust you get my point. She liked me the way I was, and sort of likes me the way I am, but I'm doubtful she would like me nearly as much if I were to morph into another being.

Ergo, the future is now. Do I continue to pack on the pounds and have less and less clothing that fits — and fewer and fewer excuses as to why that old thing seems to be that same old thing, again; buy new clothes that reflect and lock in my girth, or bite the bullet — not the Entenmann's Pop'ems, Hostess CupCakes, Oreo Mega Stuf cookies or M&M's plain/peanut butter candy and try to lose weight and save some face, literally?

I believe I know the answer. I'm just not sure of the start date. It better be soon because the underwear I bought myself for Christmas is beginning to lose its shape and I'm pretty sure I know the reason; and it's not a manufacturer's defect.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Lucchetti Wins Oration Contest

Gabriella Lucchetti, a junior at Bishop O'Connell High School, won first place in the Joseph S. Rumbaugh Oration Contest sponsored by the Colonel William Grayson Chapter, Virginia Society Sons of the American Revolution (VASSAR). She received a \$100 check, a National Society SAR Oration bronze medal, and a certificate.

Gabriella also won third place in the Virginia SAR statewide oration contest. She competed against contestants representing 27 chapters throughout the Commonwealth of Virginia. She was recently selected to represent VASSAR at the National Society SAR Oration Contest at the SAR National Congress in Houston, Texas in July 2018.

The topic of her oration was "The Green Mountain Boys," the



From left: Colonel William Grayson Chapter Vice President Barry Schwoerer, Gabriella Lucchetti and her mother Karen Lucchetti.

story of a Vermont Militia unit commanded by Ethan Allen, and their relationship with General Benedict Arnold, soon to be a turncoat. The oration examines the

role of The Green Mountain Boys in the capture of Fort Ticonderoga and eventual success of the Revolutionaries to stop a British invasion from Canada.

Police Seek Public's Help in Locating Suspect

The Arlington County Police Department is seeking the public's assistance in locating a suspect wanted for robbery of the Wells Fargo Bank located at 1701 N. McKinley Road on Dec. 22, 2017.

Christopher Lee Hicks, 42, of no fixed address is wanted in Arlington County on one count of robbery. Anyone with information on the whereabouts of Hicks should contact Detective C. Riccio at 703-228-4180 or Criccio@arlingtonva.us. If seen, call 9-1-1 immediately.

The suspect entered the Wells Fargo Bank on Dec. 22 and passed the teller a note, demanding money. After obtaining an undisclosed amount of money, he left the bank and



Hicks

fled on foot heading towards Washington Boulevard. The suspect is described as a white male, 40-50 years old, approximately 5'3" – 5'6" tall. He was wearing a gray winter hat, dark red coat and blue jeans at the time of the incident.

BULLETIN BOARD

SUNDAY/APRIL 15

Essay Contest Submission Deadline. The Arlington Historical Society, in partnership with Columbia Lodge No.285, is pleased to announce support for their 2018 8th grade and high school student historical writing contest. The topic for this year's essay is: 2018 marks the 100th year

anniversary of the armistice ending World War I. World War I has been called the "forgotten war" by some historians. Have we forgotten this war in Arlington? Why or why not? Essays should be submitted to Max Gross (gross_max@hotmail.com). Essays received after this date will not be considered. Visit www.arlingtonhistoricalsociety.org.

MONDAY/APRIL 16

Blood Drive. 3-7:30 p.m. at Shirlington Branch Library, 4200 Campbell Ave. The American Red Cross encourages eligible donors to give blood during National Volunteer Month this April. Donating blood is a simple way for those who are short on time to make a life-changing

difference. Volunteer donors are the only source of blood products for those in need of transfusions. Donors of all blood types are needed to help meet patient needs this spring. Make an appointment to donate at RedCrossBlood.org or 1-800-RED CROSS (1-800-733-2767).



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