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The
Arlington
Connection

A+
PAGE. 11

Walk for
The Animals


NEWS, PAGE 12

Kim Closs with Gemma and Rylee participated in the Animal Welfare League's annual Walk for the Animals on Saturday, May 12.

Dealing with Eviction


NEWS, PAGE 2

ENTERTAINMENT, PAGE 8 ♦ CLASSIFIEDS, PAGE 14
PHOTO BY VERNON MILES/THE CONNECTION



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McWilliams Ballard

News

Group book discussion of “Evicted: Poverty and Profit in the American City” with from left front: Peggy Greenwood, Rev. Laura Martin, Elaine Eder, and Easterlyn Walters.

PHOTOS BY
SHIRLEY RUHE
THE CONNECTION



No Place Like Home

Sharing stories of evictions.

This is the second in a series focusing on affordable housing in Arlington.

BY SHIRLEY RUHE
THE CONNECTION

The afternoon started off as a discussion of “Evicted,” the story of eight families in Milwaukee by Pulitzer prize-winning author Matthew Desmond. The author has personal experience since his own parents went through a foreclosure. The people he interviews live in a world where they know nothing is free, and everyone gets something in return. He admits that, of course, he did want something — their stories.

In the last 30 years evictions have become more prevalent, with African American women and children often hit the hardest. In Virginia last year evictions totaled 150,541. Several women are sitting around a table. Rev. Laura Martin, associate pastor at Rock Spring United Church of Christ, says, “I’ve worked for 14 years with housing and homeless. Arlington is different than Milwaukee but there are parallels and themes. What this author does is ethnography or living with people.” Martin points out that housing is at the base of so many other connecting layers — race, violence in the family. She says one of these stories illustrates that, within groups of people who are really poor, race is used to separate people. Martin says another common theme is that abuse is the price women pay to keep their families housed. “He broke my ribs but he bought my kid shoes. And they are so grateful.” And people are afraid. If they complain

about housing conditions they can lose their trailer. “Even though the trailer may be falling apart, it’s all you have. “ “Let’s turn to page 236 and read the paragraphs aloud. Peggy you start.” “Is it hard to get in?” “We do a credit and background check.” “Well, our credit isn’t the greatest.” “That’s OK as long as you don’t have any con-victions or e-victions.” The group agrees this book is not easy to read. When you try to fix one thing, another happens. Martin illustrates the case of a woman whose child had asthma and had to have a \$200 inhaler. Her choice was to rent out her couch so she had the funds to buy an inhaler. Maybe the person who rents it is a drunk. “But you don’t have the resources so you don’t have the choice.” From the end of the table Easterlyn

SEE EVICTIONS, PAGE 15



Easterlyn Walters shares her story of eviction and of her every day struggles to make a home for her son Eli.

Compromise Is Not a Dirty Word in Arlington

Working Group Plan for 4MRV heads to county.

BY SHIRLEY RUHE
THE CONNECTION

It has been a long and winding road to get to the proposed policy plan and framework for Four Run Valley (4MRV). The valley is one of Arlington's last unplanned areas. It is an area of diverse interests including Jennie Dean Park, industrial businesses, arts groups, the largest dog park, Four Mile Run and the Nauck neighborhood which is an African-American community predating the Civil War. It is located between Nauck and Shirlington.

The plan was laid out at the Arlington Committee of 100 informational meeting on May 9 with various interests presenting their points of view. Chikwe Njoku, project coordinator and division chief with Arlington Department of Community Planning and Housing & Development, gave a presentation on the proposed framework for development of 4MRV. He laid out key themes including public access to the run, development of the arts district, reflection of industrial character, and maintaining cultural heritage of Nauck.

Key challenges include the level of development, two-block arts/industrial area, presence of existing businesses, parks and bikes/pedestrian safety, environmental stewardship, Shirlington Dog Park and the configuration of Jennie Dean Park. John Vihstadt, County Board representative to the 4MRV Working Group, said, "The process has been a bit bumpy. There were a lot of interests who naturally feel strongly that



Panel discusses Four Mile Run Valley Framework for Area Plan and Park Master Plan.



their uses be protected."

The competing interests were reflected in the discussions that followed, with a key bone of contention being the future of Jennie Dean Park.

Option 1 for the park is recommended by the Shirlington Community who live outside the study area but they point out Jennie Dean Park is on the border line with Shirlington. Edith Wilson, president of the Shirlington Civic Association, says they have no parks or playgrounds and that all the residents live in multifamily housing with no yards of their own. "We depend on it." She adds that Option 1 does not require the uncertain purchase of the current WETA building.

She says they support Option 1 because the playground is closer and more accessible to Shirlington residents who come over the footbridge and also the design is less awkward. She says Arlington parks are for everyone, and the community needs of all the neighborhoods surrounding the valley master plan area should be considered.

However, the Nauck community prefers Option 2 that places the adult ballpark on the other side of the park with the accompanying lights and noise that would be objectionable to Nauck residents. They live just across the street on South Four Mile Run. Option 2 depends on county purchase of the WETA building but includes more green space and less disruption for Nauck residents.

Njoku's presentation was followed by short discussions by Arlingtonians with various interests in the community.

Mike Katrivanos is the owner of a brewery in Arlington. He painted a positive picture for business: "The outlook in the valley is good. You always hear about vacancy rates but office vacancy rates in the valley

SEE WORKING GROUP, PAGE 13

How 4MRV Framework Affects One Community

BY SHIRLEY RUHE
THE CONNECTION

A working group was established two years ago by the county to develop a policy framework for the 4MRV area. According to Robin Stomblor, vice chair of the Four Mile Run Working Group, Nauck has been waiting for decades for a revitalization plan from for the area.

Edith Wilson, chair of the Shirlington Civic Association, said, "This didn't begin in 2016 with the working group. We have a history of failed attempts and broken promises."

Portia Clark, president of the Nauck Civic Association, said, "There was pressure from residents — why does North Arlington get all of the attention?"

Stomblor said, "We recognized that Nauck was always put on the bottom rung by the county so we said if the county isn't going

to do something, we are. Some of us sat around the kitchen counter — looked at drawings, did some research. We had a strong buy-in from Nauck. We had some important ideas reflecting Nauck's wants and needs but we had no illusions things would change."

Their group grew larger and larger. Finally in October 2015 the chair of the County Board said Nauck would be the first priority for 2016. "We thought finally Nauck is going to get its day," said Stomblor.

In January 2016 there was a launch party for the area with the County Board, U.S. Rep. Don Beyer, volunteers, and Nauck residents to describe the current conditions and vision for the future. They gathered at Arlington Food Assistance Center to move forward. "And then we were waiting until May when the county decided to put together a working group. And that's where we have been for the last two years."

The working group has developed a framework that will be considered at a County Board meeting later in May. The next step is to prepare a draft Area Plan and Park Master Plan during the spring and summer of 2018.

The framework was developed after 30 — at times acrimonious — meetings of the diverse working group to develop a plan that balanced often competing interests and diverse goals for the community.

Stomblor says the plan says almost nothing about Nauck "and that is troubling. The framework is silent on a number of issues we would like to see more detail on. It lacks creativity and an understanding of the neighborhood."

Clark said, "All the neighborhoods, the



Portia Clark, president of the Nauck Civic Association

sports interests and businesses all say what Nauck wants. The board gets input and then does what they want. The county is driving the plan to redo the park."

Clark says what Nauck needs is economic development: "Young people are working paycheck to paycheck. They have no hope in the system." Clark says the character of Nauck is changing. The population used to be 80-90 percent African-American but that number has

dropped to 36 percent. The change came as the population aged and the demographics shifted dramatically.

Affordable housing and the cycle of poverty are related issues. Clark explains the older generation who had owned their own

SEE HOW 4MRV, PAGE 14



Current Powhatan Springs Skate Park.



Concept rendering for redesigned Powhatan Springs Skate Park.

What's Next for County Board? A look ahead at the May 19 County Board meeting.

BY VERNON MILES
THE CONNECTION

The County Board will consider the Four Mile Run Valley Policy Framework. The framework was approved by the Planning Commission at its May 9 meeting after several years of planning. The Four Miles Run Valley, a neighborhood known for its industrial uses and parks, will see major changes to

both spaces with aims to make them more connected.

Another long awaited park redevelopment, the Powhatan Springs Skate Park reconstruction, will also be brought to the County Board for approval. The current Powhatan Springs Skate Park was opened in 2004 and, today, much of the concrete around the site has crumbled and created hazardous riding conditions. The county will consider a \$1.9 million contract, though

total project cost is estimated \$2.2 million, to replace the park with a new facility. If approved, construction is expected to begin in the fall with the new park opening in early 2019.

As part of the ongoing Complete Streets project, the County Board will also consider a \$1.8 million contract to improve a section of South Walter Reed Drive between South Four Mile Run Drive and Arlington Mill Drive. The area is currently the nexus

of two of Arlington's most popular bicycle trails: the Washington & Old Dominion Trail and the Four Mile Run Trail. The improvements will include wider shared sidewalks and new curb ramps.

The staff report notes that concerns were raised throughout the planning process that the project's realignment of South Arlington Mill Drive could worsen traffic at the already congested nearby intersections. A

SEE WHAT'S NEXT, PAGE 14

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Police Chief Jay Farr presented the ACCS Law Enforcement Officer of the Year Award to Master Police Officer Rosa Ortiz.

Ortiz Honored for Work on Cold Cases

Police Chief Jay Farr presented the ACCS Law Enforcement Officer of the Year Award on May 9 to Master Police Officer Rosa Ortiz for her work on cold cases. Farr said during National Police Week he wanted to emphasize “it is justice to the victims we seek, not incarceration. Rosa speaks for those who can’t speak for themselves.” He pointed to a 1999 homicide that just had a successful prosecution due to Ortiz’s years of persistent work.

Farr added, “The police are on the front line every day but the eyes and ears are you.”

Ortiz told the group of police officers, community supporters and members of the Arlington

Crime Solvers (ACCS) Board that she has a passion for criminal investigation. She explained these cold cases get harder to solve as the years go by. Witnesses die, the suspect may die but the case is still unsolved.

Ortiz flipped slides illustrating cold cases that have been solved in Arlington. “She said, “There are 20 unsolved cases in Arlington. I have been blessed to be part of some closures. I try to get some sort of resolution for the victims. I know the county pays me but I work for the families.”

Sheriff Beth Arthur addressed the group about the day-to-day mental health issues of those in

SEE ORTIZ, PAGE 7



PHOTO BY MICHAEL MCMORROW/THE CONNECTION

At Work

When a storm-damaged tree is in the backyard (30th St., N. corner of Yorktown Boulevard) May 10, it’s fun to watch the experts at work.



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OPINION

Reclaim Kindness by Giving Locally

BY ROSIE ALLEN-HERRING

UNITED WAY OF THE NATIONAL CAPITAL AREA

On Thursday, May 17, more than 370 Arlington County nonprofits will join together with other organizations throughout the Washington, D.C. metropolitan area to take part in United Way of the National Capital Area's Do More 24 — the region's largest online giving day expected to raise nearly \$2 million for local nonprofits.

We know that dramatic budget cuts and changes to the tax laws will affect the local nonprofits servicing Arlington County residents. A reduction in federal funding for nonprofits throughout the area could dramatically impact mission-critical initiatives, such as providing food for the hungry, job counseling for the unemployed, health care services for seniors, as well as access to affordable housing and child care

COMMENTARY

for low-income families. All of this is happening against a backdrop of an increased need for critical services for our area's most vulnerable populations from local nonprofits, whose capacity is already strained past the point of breaking. We are hearing from our nonprofit partners on a daily basis about the overwhelming demand for services for the area's "at-risk" populations, including those benefiting from programs that support school success, financial empowerment and access to health support services.

for low-income families.

In response, during a 24-hour period beginning at noon on Thursday, May 17 to noon on Friday, May 18, our local nonprofit community will come together with an urgent call to action for area residents to reclaim kindness by thinking and giving locally to the nonprofits on-the-front lines here in our own community.

Do More 24 is the region's largest online giving day and has raised more than \$7 million in the last six years. The support goes directly towards helping organizations right here in

Arlington County and throughout the metro area fill holes in their budgets, buy desperately needed new equipment and ultimately serve our neighbors.

By reclaiming kindness, residents are banding together and supporting more than 790 participating nonprofits ranging from animal welfare to workforce readiness, environmental causes, financial stability, education, homelessness and housing, and more. Residents are letting our local nonprofits know that they are here, aware of the need and willing to support in unison with their neighbors. We know that our community is up to the challenge, so even a small act of kindness goes a long way, especially during these financially volatile times. With that, we invite you to reclaim kindness on May 17.

Rosie Allen-Herring is the president and chief executive officer for United Way of the National Capital Area, which will host its community-wide Do More 24 Online Giving Day on May 17. Residents can learn more at www.DoMore24.org

Energy-Filled: 'The Drowsy Chaperone'

BY EMILIA COUTURE

WASHINGTON-LEE HIGH SCHOOL

Although entitled "The Drowsy Chaperone," Wakefield High School's spring musical was anything but sleepy and lethargic. The cast and crew performed the musical parody with excellent comedic timing and energy, providing entertainment and laughter for all.

Written by Don McKellar, Bob Martin, Lisa Lambert, and Greg Morrison, "The Drowsy Chaperone" is a musical comedy that puts a new twist on classic trope of a show-within-a-show. The show debuted on Broadway at the Marquis theatre in 2006. It was nominated for 13 Tonys and won several such as "Best Original Score" and "Best Costume Design."

The show begins with the "Man in Chair" (Ethan Chow) delivering a short monologue about the theatre. He then puts on a record of his favorite show which shares the name of the musical itself. The "Man in Chair" character serves as both a narrator and a character with his own arc. Chow played this with depth and a comedic charisma that allowed the audience to trust him and also laugh with him.

Belle Perkins and Ethan Chow in Wakefield High School's production of "The Drowsy Chaperone" on May 5.



PHOTO BY DANAH ALKHAFAJI

The frequent breaking of the fourth wall to share trivia about the show allowed for an intimate feel that drew the audience in and made them chuckle. Chow spoke comedy throughout the show but took a more serious tone for the monologues that the "Man in Chair" has. The main monologues are about his divorce and then about why he loves the record. Chow delivered both with a touching integrity.

As the record spins and the show begins, we meet the cast of characters that are involved in the wedding of the glamorous celebrity Janet Van De Graaff (Samantha Rios) and her fiancé Robert Martin (Garrett Rinker). Both Rinker

and Rios quickly demonstrate their respective vocal prowess with their renditions of "Cold Feet" and "Show Off." Another cast member with polished vocals was Xavier Molina. Molina played Aldolpho, a Hispanic man who is the self-proclaimed "king of romance." His pitch was spot on, and his comedic timing was excellent. His song of seduction to the Chaperone, "I am Aldolpho," was absolutely hilarious.

The ensemble as a whole had an excellent chemistry that kept up the momentum of the plot. Comedy can be difficult to sustain, but this cast had the energy to keep the audience laughing from beginning to end. One particularly amusing character was the butler named Underling (Jack Cackley). Cackley kept up a consistently sullen demeanor that made his biting one-liners even more snappy. His eventual romance with the ditzy Mrs. Tottendale (Gwenyth Covington) showed that Cackley could add emotional depth to his character without sacrificing any comedic value.

While mostly comedic, "The Drowsy Chaperone" has some serious moments that are thought-provoking for the audience. The performers at Wakefield did a superb job of honoring the serious moments while also keeping the energy and hilarity of an old-fashioned Broadway show.

Send Father's Day Photos

Father's Day is Sunday, June 17, and once again this newspaper will publish a gallery of Father's Day photos.

Every year at this time, we put out the call for photographs of fathers and their children, grandfathers and their children and grandchildren.

Send in photos with the following information: the town where you live, the names of everyone in the picture, the approximate

date the picture was taken, the ages of the children and a sentence or two about what is happening and where the photograph was taken. Be sure to tell us your town name and neighborhood. Photos are due by June 12.

You can submit your photos online at www.connectionnewspapers.com/fathersday. You can also email photos to arlington@connectionnewspapers.com.

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Robert King and Vera Liberu direct visitors to the senior activities offered at 55+ fitness day at Langston-Brown Senior Center on May 11.



Seniors work out on the treadmills in the weight room at 55+ fitness day.

PHOTOS BY SHIRLEY RUHE/THE CONNECTION

Stretch, Bike or Meditate

At 55+ Fitness Day

The parking lot is already full and side streets lined with cars. Meet at the sign-in table for the bike ride, head for dance fusion class with Jean Perry or catch the drop-in volleyball after trying out the weight room on the second floor. It was 55+ fitness day at Langston-Brown Senior Center on May 11.

Ronald Black, fitness coach for the regular drop-in "workout with a fitness coach" sessions offered

on Monday and Friday from 11 a.m.-2 p.m. and on Wednesdays from 11:30 a.m.-2:30 p.m., says they expect about 200 seniors to participate during the day. Black says he is there to provide information about exercise and to assist with using the machines and weights. The activities began at 9:30 a.m. and ended at 2:45 p.m. with Tai Chi taught by Karen Levitan. The event was sponsored by the Office of Senior Adult Programs.

— SHIRLEY RUHE

Ortiz Receive Award

FROM PAGE 5

detention with more people coming in with heroin. She estimated 170 incarcerated have serious mental health issues. Arthur added that the sheriff's office also works with the ACPD to solve cold cases.

The event was sponsored by the ACCS, which had been established to help resolve crimes. They fund two hot lines that allow community members to give anonymous tips to police. Andres Tobar, president of ACCS, said funding from donations is used to assist with the hot lines.

Lydia Robertson was also on the program. Her brother, Paul Zeller, was shot and killed 12 years ago while walking home from the Metro. She told the group, "The community rallied round and the police kept us updated."

There was an extensive investigation but no one was found."

After 10 years the family made the difficult decision to close the case and donated \$5,000 to be used for rewards in successfully resolved cases. "We believe in rewarding people who come forward."

You can read any of this week's 15 papers digital editions here:

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VDOT Virginia Department of Transportation

I-395 Shirlington Interchange

Improvements Study

Arlington County

City of Alexandria

Public Information Meeting

Monday, May 21, 2018

6:30 p.m. – 8:30 p.m.

Presentation starts at 7 p.m.

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Find out about a study to improve safety and operations at the I-395 Shirlington interchange, including the ramp from South Glebe Road to southbound I-395, the South Shirlington Road and South Arlington Mill Drive traffic signal, and the four-way stop controlled intersection of Gunston Road and Martha Custis Drive.

Stop by between 6:30 p.m. and 8:30 p.m. to view displays and learn more about the study. VDOT will hold a presentation beginning at 7 p.m. Project staff will be available to answer your questions.

Review project information at the VDOT project website (www.virginiadot.org/projects), at the information meeting, or during business hours at VDOT's Northern Virginia District Office at 4975 Alliance Drive in Fairfax. Please call ahead at 703-259-2318 or TTY/TDD 711 to ensure appropriate personnel are available to answer your questions.

Give your written comments at the meeting, or submit them by **May 31, 2018** to Olivia Daniszewski, Virginia Department of Transportation, 4975 Alliance Drive, Fairfax, VA 22030, or email meetingcomments@VDOT.virginia.gov. Please reference "I-395 Shirlington Interchange Improvements Study" in the subject line.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact Olivia Daniszewski at 703-259-2318.

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Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Wordless Shakespeare: "Titus Andronicus." Through May 27, Wednesday-Saturday, 8 p.m.; Sunday matinee, 2 p.m. at Synetic Theater, Crystal City, 1800 S. Bell St. Synetic Theater's Founding Artistic Director Paata Tsikurishvili will present the 13th installation of his Wordless Shakespeare series, "Titus Andronicus." The revenge-driven tragedy tells the bloody tale of Titus and Tamora with all of the fiery passion, energy, and vengeance only Synetic Theater can deliver. Recommended for ages 16 and older for violence and mature content. \$35 and up. Student tickets start at \$15. Seniors and military, \$5 off. Visit synetictheater.org.

Spring SOLOS 2018. Through June 2, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Arlington Arts Center (AAC) presents Spring SOLOS 2018, the second SOLOS presentation of its 2017-2018 season. The artists included in Spring SOLOS 2018 are Sean Derry, Adam Griffiths, Phaen Howng, Giulia Piera Livi, Nick Primo, and Jerry Truong. AAC's long-running SOLOS exhibition program introduces talented regional artists to the community and give these artists an opportunity to present new work in solo-style exhibitions in one of AAC's seven gallery spaces. Visit arlingtonartscenter.org.

Art Exhibit: Fantasy Will Set You Free. Through June 2, gallery hours in the Wyatt Resident Artists Gallery at Arlington Arts Center, 3550 Wilson Blvd. AAC resident artist Negar Ahkami creates expressive, tactile paintings inspired by Iranian art and the many global visual traditions that intersect with Iran's rich art history. Visit arlingtonartscenter.org.

HB Woodlawn: Picturing Disaster: The Beauty of Bees. Through June 2, gallery hours in the Jenkins Community Gallery at Arlington Arts Center, 3550 Wilson Blvd. Organized by instructor Faylinda Kodis, this exhibition will present work from H-B Woodlawn seniors who have spent their high school careers focusing on the visual arts. Picturing Disaster: The Beauty of Bees explores the effects of environmental destruction on the honey bee population. Visit arlingtonartscenter.org.

Art Exhibit: Unnoticed Beauty. Through June 7 at 3700 S. Four Mile Run, Four Mile Run Valley. Exhibit courtesy of Arlington Arts in



Julian Milkis clarinet; Leonid Sushansky violin/artistic director; Carlos Cesar Rodriguez piano; Ephriam Wolfolk Jr double bass; and Leland Nakamura drums.

National Chamber Ensemble

National Chamber Ensemble presents an exciting season finale of great works in the classical genre and jazz. The performance will feature the jazz suites of French composer Claude Bolling and the music of outstanding local classical and jazz composers. Saturday, May 19, 7:30 p.m. at Gunston Arts Center (Theater One), 2700 South Lang St., Arlington. \$36, adult; \$18, student. Tickets at app.arts-people.com/index.php?ticketing=natce or at the box office one hour before the performance. Visit www.NationalChamberEnsemble.org.

partnership with H-B Woodlawn visual arts students, Arlington Public Schools. "For most of us, knowledge of our world comes largely through sight, yet we look about with such unseeing eyes that we are partially blind. One way to open your eyes to unnoticed beauty is to ask yourself, "What if I had never seen this before? What if I knew I would never see it again?" - Rachel Carson, The Sense of Wonder.

"Girlfriend." Through June 10 in Signature Theatre's ARK Theatre, 4200 Campbell Ave. The D.C. area premiere of Todd Almond's coming-of-age musical, inspired by Matthew Sweet's 1991 alternative-rock album "Girlfriend." Visit SigTheatre.org.

Art Exhibit: 'Out of My Mind.' Through July 8, gallery hours at Fred Schnider Gallery, 888 N. Quincy St. David Carlson: Paintings and Drawings from Fields and Transformation series. Call 703-841-9404 or email gallery@fredschnider.com.

Art Exhibit: Border (Untitled). Through July 28, gallery hours at Cody Gallery, Ballston Center, 1100

North Glebe Road, second floor and The Barry Gallery, located in the Reinsch Library at Marymount, 2807 North Glebe Road. Marymount University will present Border (Untitled), an exhibition on the state of culture, art, and politics surrounding immigration and refugees. A fundraiser will be presented at both spaces for Love Without Borders. Works by refugees from around the globe will be available for sale, with all proceeds donated to support Love Without Borders and its work for refugee aid. Visit www.love-withoutborders.org/, www.marymount.edu/barrygallery or www.marymount.edu/ballston-center-gallery.

Healthy Lifestyle Runs. Saturdays, 9 a.m. at Roosevelt Island, George Washington Memorial Parkway. American Cancer Society partners with parkrun USA to promote fitness in the fight against cancer. Free. Visit www.parkrun.us/rooseveltislanddc/ for more.

Friday Night Live. 8 p.m. Fridays at the Church at Clarendon, 1210 N. Highland St., Suite A. Local musicians perform. Free. Visit 1bc.org for more.

Arlington's Historical Museum Open on First Wednesdays. The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County's history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at garrett.peck@arlingtonhistoricalsociety.org.

Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or Visit www.RiRa.com/ Arlington for more.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of

the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or Visit registration.arlingtonva.us. Free, no registration required.

WEDNESDAY/MAY 16

Oakgrove Park Ribbon Cutting Ceremony. 7 p.m. at Oakgrove Park, 1606 North Quincy St., Arlington. Updates include the replacement of the tot lot and picnic shelter, installation of a new school-age playground, water fountain, new trees and bioretention for stormwater management. Free. No registration required.



Ball-Sellers House.

Wine and Wisteria

An evening of Virginia wine tasting at the historic 1740s home of John Ball, colonial farmer and miller, relaxing under a pergola bearing a 100+ year old wisteria vine. Enjoy wine and light refreshments in the unique atmosphere of the oldest building in Arlington and a rare evening tour of John Ball's colonial house. Saturday, May 19, 7-10 p.m. at Ball-Sellers House, 5620 3rd St., South. \$22. Call 703-892-4204 or visit arlingtonhistoricalsociety.org.

THURSDAY/MAY 17

Author Event. 7 p.m. at Arlington Central Library, 1015 N. Quincy St. Arlington Reads presents a conversation with Matthew Desmond, a Princeton sociologist and MacArthur "Genius" and the 2017 Pulitzer Prize-winning author of EVICTED: Poverty and Profit in the American City. Call 703-300-9746 or visit www.onemorepagebooks.com.

FRIDAY/MAY 18

Reception: Border (Untitled). 6-8 p.m. at Cody Gallery, Ballston Center, 1100 North Glebe Road, second floor. A talk will be held at the opening reception which will feature work by Sobia Ahmad, Nathalie Alfonso, Mojdeh Rezaeipour and Agustina Woodgate that investigates boundaries, labor, and identity. Admission is free. Street parking and Capital Bikeshare are available. The gallery is located near the Ballston Metro. Visit www.marymount.edu/ballston-center-gallery.

Explore. 7:30 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Join an adventurous journey of humankind: from ancient Mesopotamia to the age of space exploration. The story centers on the motive of human travel to Mars, and presents and explains a broad selection of related scientific topics, including the history of astronomy, the geocentric and heliocentric models, Kepler's laws of planetary motion, and orbital maneuvers. Duration: 30 minutes; target audience: all ages. Reserve your tickets here at friendsoftheplanetarium.ticketleap.com/.

SATURDAY/MAY 19

Wakefield High 65th Anniversary. 10 a.m.-noon. At Wakefield High, 1325 S. Dinwiddie Street, Arlington. In the fall of 1953 Wakefield opened as a state-of-the-art school to serve students. In 2013, a new building, again state-of the art, opened to house the Wakefield Warrior community. In addition to self-guided tours, a slide show of photos taken of the old building will be shown. This event is free and no reservations are required. A registration form can be printed from



PHOTO COURTESY OF CASE DESIGN/REMODELING

Case Design/Remodeling - Rendering of the Arlington home open on May 19th, rendering by Case.

Case Open House

Case Design/Remodeling, Inc. invites visitors to attend an open house to see one of their recent remodeled homes. Free. Saturday, May 19, 10 a.m.-2 p.m. at Case Design/Remodeling, Inc. Open House, 2373 N. Danville St. RSVP by Friday, May 18th to Maddie Millholland mmillholland@casedesign.com. Visit casedesign.com.

ENTERTAINMENT

wakefieldalumni.org/classes.html. Contact Helen Chung Vasiliadis (WHS '79) at helencvas@gmail.com or 703-930-5255. The Foundation can be reached at information@wakefieldalumni.org.

Case Open House. 10 a.m.-2 p.m. at Case Design/Remodeling, Inc. Open House, 2373 N. Danville St. Case Design/Remodeling, Inc. invites visitors to attend an open house to see one of their recent remodeled homes. Free. RSVP by Friday, May 18th to Maddie Millholland mmillholland@casedesign.com. Visit casedesign.com.

Synetic Teen Company Auditions. Noon-3 p.m. at Synetic Theater's Studio, 2155 Crystal Plaza Arcade, T-19, Crystal City. Synetic Theater's Teen Company is a year-round training program dedicated to developing the next generation of artistic performers. Fresh off the heels of their successful adaptation of William Golding's *Lord of the Flies*, Synetic's Teen Company will produce William Shakespeare's *A Midsummer Night's Dream* for their 2018/19 Season. Email tori@synetictheater.org to request an audition date.

Crystal Campfire. 7-8 p.m. at Long Branch Nature Center Amphitheater, 625 S. Carlin Springs Road, Arlington. Cost is \$5. This program will be filled with entertaining activities which may include stories, special animal guests, games, songs and of course, S'mores. Call 703-228-6535.

Family Game Night. 7-9 p.m. at St. John's Episcopal Church, 415 S. Lexington St., Arlington. Come and play a favorite game or try a new one. Enjoy playing with long-time friends. Visit www.stjohnsarlingtonva.org or call 703-671-6834.

Wine and Wisteria. 7-10 p.m. at Ball-Sellers House, 5620 3rd St., South. An evening of Virginia wine tasting at the historic 1740s home of John Ball, colonial farmer and miller, relaxing under a pergola bearing a 100+ year old wisteria vine. Enjoy wine and light refreshments in the unique atmosphere of the oldest building in Arlington and a rare evening tour of John Ball's colonial house. \$22. Call 703-892-4204 or visit arlingtonhistoricalsociety.org.

NCE Presents Season Finale. 7:30 p.m. At

Gunston Arts Center (Theater One), 2700 South Lang St., Arlington. National Chamber Ensemble presents a season finale of great works in the classical genre and jazz. The performance will feature the jazz suites of French composer Claude Bolling and the music of local classical and jazz composers. Admission \$36/adult; \$18/students. Tickets at app.arts-people.com/index.php?ticketing=natce or at the box office one hour before the performance. Visit www.NationalChamberEnsemble.org.

Galileo & Newton and Full Dome Show

"Two Small Pieces Of Glass." 7:30 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Step into an astronomical time machine and spend the evening with the Masters of the Telescope...Galileo and Newton. Listen, first hand, to the stories that led to the great contributions of these two famed scientists. Then, learn the history of the telescope, from Galileo's modifications to a child's spyglass - using two small pieces of glass - to the launch of the NASA/ESA Hubble Space Telescope and the future of astronomy. The show explores the wonder and discovery made by astronomers throughout the last 400 years. Duration: 90 minutes; target audience: all ages. Reserve your tickets at friendsoftheplanetarium.ticketleap.com/.

SUNDAY/MAY 20

Taste of Arlington. Noon-6 p.m. on Wilson Blvd, between N. Randolph Street and N. Lincoln Street. The 31st annual Taste of Arlington presented by Courthouse Social transforms Wilson Boulevard and neighboring streets into a family-friendly street festival with dining, music, and entertainment for all ages. Visit tasteofarlington.com.

"Little Bear" and "One World, One Sky."

1:30 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Enjoy a short full dome show created by the Friends of the Planetarium, based on the song "The Little Bear," written by singer/song writer Dr. Jim Thorne. Then, Elmo and Big Bird live in the United States and Hu Hu Zhu lives far away in China, but they discovered that they still see the same stars at night. Duration:

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ENTERTAINMENT

45 minutes, for all ages. Reserve tickets at friendsoftheplanetarium.ticketleap.com.

“Little Bear” and “Magic Treehouse: Space Mission.” 3 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Enjoy a short full dome show created by the Friends of the Planetarium, based on the song “The Little Bear,” written by singer/song writer Dr. Jim Thorne. Then travel with the brother-sister duo, Jack and Annie, in their Magic Tree House as they discover a note that asks them to answer a series of six questions about space. Duration: 45 minutes, for all ages. Reserve tickets at friendsoftheplanetarium.ticketleap.com.

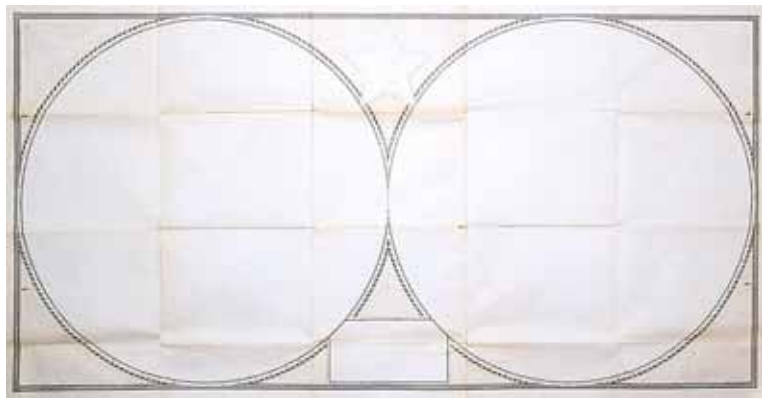
Tragedy & Triumph Concert. 4-6 p.m. at Washington-Lee High School, 1301 N. Stafford St. The Arlington Philharmonic presents Tragedy and Triumph featuring 16 year old Julia Angelov performing in Concerto for Violin and Orchestra by Jean Sibelius. The philharmonic will also play Shostokovich's dramatic Symphony No. 5. Free. Call 703-910-5161 or visit www.arlingtonphilharmonic.org.

MONDAY/MAY 21

Fake, Fraud or Genuine? 3-4:30 p.m. at the Arlington County Central Library, 1015 N. Quincy St. Encore Learning will present a lecture by Oscar Fitzgerald who will speak on “Fake, Fraud or Genuine? How much do you know about American Furniture?” Fitzgerald is an author, historian and consultant as well as on the faculty of the Smithsonian Institution/George Washington University's Master's Program in Decorative Arts and Design History. Call Encore Learning at 703-228-2144.

TUESDAY/MAY 22

Master Gardener Volunteer Training. 6:30-8:30 p.m., at Fairlington Community Center, 3308 South Stafford St. Learn about Extension Master Gardener Volunteer Training. Come and find out what it means to be an Extension Master Gardener volunteer, what the training program includes, and about the mission to share urban agriculture and sustainable landscaping best management practices with the community. Free. Call 703-228-6414 or email mgarlalex@gmail.com.



Agustina Woodgate, Northern and Southern Hemisphere, 2014, Sanded outdated world map, 22 x 41 inches.

Exhibit: Border (Untitled)

Marymount University will present Border (Untitled), an exhibition on the state of culture, art, and politics surrounding immigration and refugees. It will be held at Marymount's two art galleries, with two free receptions scheduled: from 6-8 p.m. on Friday, May 18 at Cody Gallery at the Ballston Center; and from 6-8 p.m. on Wednesday, May 30 at the Barry Gallery on the school's main campus. The dual exhibit runs on the state of culture, art, and politics surrounding immigration and refugees. through July 28.

Visit www.love-withoutborders.org/, www.marymount.edu/barrygallery or www.marymount.edu/ballston-center-gallery



Taste of Arlington

The 31st annual Taste of Arlington presented by Courthaus Social transforms Wilson Boulevard and neighboring streets into a family-friendly street festival with dining, music, and entertainment for all ages. Sunday, May 20, noon-6 p.m. on Wilson Blvd, between N. Randolph Street and N. Lincoln Street. Visit tasteofarlington.com.

WEDNESDAY/MAY 23

Local History Talk: The Hume School. 7-8:30 p.m. at Aurora Hills Branch, Arlington Public Library, 735 18th St. S. Tom Dickinson of the Arlington Historical Society will speak about Frank Hume and the history of the Hume School. Located on Arlington Ridge Road, it is the oldest school building in Arlington County and home of the Arlington Historical Museum. Visit arlingtonhistoricalsociety.org.

Author Event. 7 p.m. at One More Page Books, 2200 North Westmoreland St. Seven writers share from “Grace In Darkness,” Volume VIII of Grace & Gravity, an anthology series founded to highlight fiction written by talented local women. Visit www.onemorepagebooks.com.

THURSDAY/MAY 24

Author Event. 7 p.m. at Arlington Central Library, 1015 N. Quincy St. Local YA authors Jon Skovron and Jessica Spotswood founded Shut Up & Write: YA Author Writing, a bimonthly series of panels focused on the craft of writing. This month's panel will revolve around writing and editing anthologies. Robin Talley interviews Ellen Oh. Call 703-300-

9746 or visit www.onemorepagebooks.com.

SATURDAY/MAY 26

Marymount Farmers Market Opens. 9 a.m.-1 p.m. at Marymount University, 2807 North Glebe Road. The Marymount Farmers Market will launch its third season. A joint effort between Field to Table, Marymount, North Arlington neighbors, nearby civic associations and the Lee Highway Alliance, the market will be held each Saturday through Nov. 17. Visit www.marymountfarmersmarket.org/.

Fabulous Feet. 4-5 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Ages 6-10. Who is brave enough for a ‘barefoot’ hike? Take those shoes off and learn from your own feet and from animals who walk on tiptoes, have claws and pads, or backward-pointing toes. For

information: 703-228-3403. \$5. #632828-I. Register at 703-228-4747 or registration.arlingtonva.us.

Turtle Campfire. 7-8 p.m. At Gulf Branch Nature Center, 3608 Military Road, Arlington. Cost is \$5. This program will be filled with entertaining activities that may include stories, special animal guests, games, songs and of course, S'mores. Call 703-228-3403.

MONDAY/MAY 28

Memorial Moon Hike. 8-9 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Families ages 5 and up. Discover the nature center's trails in a whole new way. Under the glow of a full moon come out to hike with and enjoy the first fireflies and the night life of the forest. For information: 703-228-3403. \$5. #632858-N. Register at 703-228-4747 or registration.arlingtonva.us.

WEDNESDAY/MAY 30

Reception: Border (Untitled). 6-8 p.m. at The Barry Gallery, located in the Reinsch Library at Marymount, 2807 North Glebe Road. A narrative of experiences from organizations aiding Syrian refugees and the refugees themselves compiled by Associate Professor Barry Erdeljon and his students. Portraits will also be shown from the “Inside Out” project by photographer Josh Mojica, as well as portraits of Syrian refugee students associated with the Karam Foundation. Admission is free. Visit www.marymount.edu/barrygallery.

THURSDAY/MAY 31

Mosquitoes and Ticks: Identification and Control. 3-4:30 p.m. at Cherrydale Library, 2190 North Military Road. In this presentation, learn the science of how best to control mosquitoes and ticks. Free. Advance registration requested at mgmv.org. Call 703-228-6414 or email mgarlalex@gmail.com.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

FRIDAY/MAY 18

Bike to Work Day. Join thousands of area commuters for a celebration of bicycling as a fun, healthy, and sustainable way to get to work! Meet up with your neighbors and coworkers at one of the 100 regional pit stops to enjoy food, music, and fun activities with fellow bikers. Free and open to all area commuters whether new to riding or who ride every day. The first 20,000 people to register receive a free t-shirt. Visit www.bikearlington.com/bike-to-work-day.

Lecture on Military Benefits. 11 a.m.-noon at Virginia Hospital Center, Carlin Springs Campus, 601 S. Carlin Springs Road. Enter the Urgent Care Center entrance then make an immediate right into the Wellness Room. Learn more about the benefits for veterans and their spouses. The lecture will focus on subjects from housing to end of life planning. Forms will be available from the Veteran Service Officers presenting. Free, but RSVP 703-558-6859 or gbeck@VirginiaHospitalCenter.com

MONDAY/MAY 21

Disaster Preparedness Class. 5-9:30 p.m. at Virginia Hospital Center, 1701 N George Mason Drive, Parking B, Zone B, Ground Floor, Arlington. Virginia Hospital Center and Arlington County have joined forces to offer this disaster preparedness classes. Dr. Reed Smith, from Virginia Hospital Center's Emergency Department, will teach participants how to provide life saving measures in the immediate aftermath of a disaster, before first responders arrive. Registration required, space is limited. Free. To register, email sdubik@virginiahospitalcenter.com.



Visitors browse locally sourced food items at the Marymount Farmers Market.

Marymount Farmers Market Opens

The Marymount Farmers Market will launch its third season. A joint effort between Field to Table, Marymount, North Arlington neighbors, nearby civic associations and the Lee Highway Alliance, the market will be held each Saturday through Nov. 17, 9 a.m.-1 p.m. at Marymount University, 2807 North Glebe Road. Visit www.marymountfarmersmarket.org/.

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More Than Apple for Teacher

Gifts for those who educate children.

BY MARILYN CAMPBELL

As the school year nears an end, it's time to thank those whose jobs run the gamut from comforting kindergartners with separation anxiety to teaching biology to hormonal teenagers. End-of-year teacher gifts are seemingly ubiquitous in June, but how does one choose a useful present that doesn't get re-gifted or donated? Local tastemakers offer their take on gifts for teachers that teachers actually want to receive.

"Teachers can always use extra supplies for their classrooms," said Courtney Thomas of the Picket Fence in Burke. "Put together a goody bag full of pencils and markers, notepads, page flags and sticky notes or anything your teacher needs to keep his or her desk stocked. Tie it all up in a reusable bag they can repurpose to carry papers and books to and from school."

Treat your teacher to a spa day at home, advises Thomas. "Get a collection of your favorite lotions, soaps and candles and give your teachers a much appreciated excuse to pamper themselves."

Flowers are a cheerful present to offer those who teach children, but fresh flowers have a limited lifespan, advises Todd Martz of Home on Cameron in Old Town Alexandria who suggests bouquets with longevity. "Felt flowers always look fresh and add a bit happiness to every day," he said.

Sometimes the most treasured gifts are those that don't come with a price tag. "My favorite handmade teacher gift is a thoughtful note of thanks, said Kathryn Horn Coneway of Art at the Center in Alexandria. "Taking the time to say thank you and be specific about how an adult has impacted your child's growth is a powerful way of affirming the work teachers do. I think it is great to encourage kids to write letters of thanks as well and to think through what specifically they can name that they have learned or gained from a teacher."

"A beautiful and thoughtful gift for all teachers are



PHOTO COURTESY OF SONORAN ROSE BOUTIQUE

Wine-scented bath bombs from Napa Valley are the perfect gift for the teacher who needs a little pampering.



COURTESY OF KATHRYN CONEWAY

Notepads make useful end-of-year teachers gifts, suggests Amanda Mertins of Patina Polished Living in Alexandria.

guest towels," says Cristina Chiotti of Sonoran Rose Boutique in Potomac, Md. "[We have some] that come from South Africa and are available in a variety of lovely prints and designs," she said. "Delicious wine-scented bath bombs from Napa Valley are the perfect gift for the teacher who needs a little pampering."

For teachers with a preppy spirit, Amanda Mertins, of Patina Polished Living in Alexandria, advises, "Some of the most thoughtful gifts for teachers who go above and beyond to educate our children are gift monogrammed items, gifts cards and notepads."

And for teachers who enjoy spending time outdoors, Chiotti says an ideal gift includes "Pairing some local Maryland honey with our gardening tool kit for the perfect springtime gardening gift."



PHOTO COURTESY OF THE PICKET FENCE

Candles, soaps and lotions in a gift bag will make luxurious end-of-year teacher gifts, says Courtney Thomas of The Picket Fence in Burke.



PHOTO COURTESY OF ART AT THE CENTER

A note written on a handmade card such as this collage with mulberry paper and acrylic medium on watercolor paper by Kathryn Horn Coneway of Art at the Center, makes meaning teacher gifts, says Coneway.

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Isabel Megin with Luna.



Jeffrey Lewis with Lovey.



Gary Sturm, chair of the Animal Welfare League of Arlington, and Lovey.



Claire Fleming and Lief

Walk the Dog

Dogs on parade for the Animal Welfare League's Walk for the Animals.

Four Mile Run was a sea of wagging tails on May 12 as the Animal Welfare League of Arlington hosted its annual Walk for the Animals. While last year the event suffered some light storms, this weekend it was a perfect sunny day as over a hundred dogs, from chihuahuas to retrievers, paraded across Shirlington. This year, the Animal Welfare League raised \$69,590.

"It's just fantastic," said Gary Sturm, chair of the Animal Welfare League of Arlington. "It's a great event. We have great sponsors. People bring their kids and their dogs, it's a real family event."

— VERNON MILES

The Animal Welfare League's annual Walk for the Animals



PHOTOS BY VERNON MILES/THE CONNECTION



Tim Lowe and Chleo



Gus (left) and Gidget



Sakura in a stroller

Working Group Plan for 4MRV Heads to County

FROM PAGE 3

are single digit, and average turnover is low. A business is usually there 10-20 years. The valley is a little bit of a different animal. I am a Nauck resident and it is a pleasure to walk to work." He says he cherishes the sense of camaraderie and the vibe in the valley." Edith Wilson, representing Shirlington, points out the process didn't begin in 2016. It was always stricken from the county's list because there was something more exciting." She said finally Shirlington and Nauck said: "Time's up. We need a plan that is fundable." Wilson added that Shirlington supports Option 1 for Jennie Dean Park because "it can be built the soonest and is the fairest. This should be a park for the community. We should honor the past but prepare for the future."

Jeff Zeeman says the arts are already present in 4MRV. "It is a center for arts, bursting at the seams with dancing and singing but they desperately need space. It isn't friendly for pedestrians or attractive. We want funky, too. Arlington doesn't have funky. Our vision is that arts and industry complement not supplant each other. We want it to be an exciting place in Arlington, a creative mecca." Caroline Haynes, representing the parks, says people take their parks very seriously and the discussions have been very complicated with split votes

on the proposals. "There is a separate committee on parks. We will see more on that. It is time to get going on this and no one will get everything they want."

Portia Clark representing Nauck, the historically African-American part of Arlington, said, "There are elements that align with our vision but there is no plan for economic development and it is silent on the future of property. There is little mention of the needs of Nauck in the plan. While there are two options for Jennie Dean Park, neither completely reflects our goals. Number 2 option is better because it places the ballpark with the noise and lights on the other side of the park and makes the green space more accessible. We welcome change but not at the expense of our values. We will not stand for making Nauck invisible." Shirley Brothwell, representing sports, asked the question: "Where does Jennie Dean Park fit with the others that are there? There are future uses we don't



John Vihstadt, County Board representative to the 4MRV Working Group.

PHOTO BY SHIRLEY RUHE/THE CONNECTION

even know about. The population is growing with lots of kids. Sports is popular in Arlington." She says that the objective is to see Jennie Dean Park replaced and that Option 1 is better using available dollars. "But we recognize Nauck's point of view."

After the presentation questions and answers flew around the room:

- ❖ Which of the options for Jennie Dean Park has more environmental?

- ❖ What are the issues with purchase of the current WETA building?

- ❖ There was no mention whatsoever of affordable housing; why is that?

- ❖ You tried to squeeze it all in. Don't we need more land to do all the things we need to do?

- ❖ Don't you agree Nauck has been there longer and should have greater weight?

The final question summed up the framework. "Do you think your concerns were adequately addressed? Ten seconds each."

- ❖ Business: Did the best they could un-

der the circumstances. Business was told they could stay but lost a lane.

- ❖ Shirlington: Having a new park is a plus but get rid of buses.

- ❖ Sports: Mixed bag. Don't know what the replacement will look like and no expansion.

- ❖ Nauck: Loss unless we get option 2.

- ❖ Parks: Mixed bag.

- ❖ Arts community: We get it but not enough land.

As Caroline Haynes said in her presentation on parks. "No one gets 100 percent of what they want. Compromise is not a dirty word in Arlington."

The County Board is scheduled to consider the adoption of the Policy Framework later in May. Vihstadt said, "This was complicated because we did an area plan and park plan together. It involved the community planning, housing, transportation, economic development all involved at the same time. The county has silos. It has forced the county to talk to each other in a holistic fashion. I think the framework is the first concrete step and I could imagine that between 2019-21 we could see the design, construction and building. We have to make some difficult budget choices but I am confident we will do Jennie Dean justice. I think ultimately this process will be considered a success."




Enjoy the Carefree Lifestyle You Deserve

Meet Carol and MJ. Carol and MJ are great buddies. They are also next door neighbors. Carol is 88 years old and MJ is 79. Carol moved to Hermitage Northern Virginia from Arlington about a year before MJ, who came from Montgomery County, Maryland. After moving, the two friends discovered a shared love of outdoor walks on the grounds of the community and around the quiet neighborhood streets. Carol focuses on her balance with a functional fitness class 4x a week and MJ enjoys reading in the library. Carol likes the many interesting people and MJ enjoys the many excursions and the reading club. It feels like a family here at Hermitage Northern Virginia.

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ABC LICENSE
Nga Inc. trading as Modern Nails and Spa, 1100 S Hayes St, Ste 1080, Arlington, VA 22202-4912. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Day Spa license to sell or manufacture alcoholic beverages. Michael Winn, Member. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

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News

How 4MRV Plan Affects Nauck

FROM PAGE 3

homes for many years left their homes to their children. Developers moved in. Rents skyrocketed as new units replaced old.

Some young adults doubled up with the parents and some sold their parents houses and moved away because they couldn't afford the mortgage. "We used to say that Nauck was the last affordable housing in Arlington but not anymore. There is no such thing as affordable."

Clark said, "There are a number of hidden pockets of poverty in the 22204 and 22206 zip codes" with elderly making up a lot of low-income residents. "Other [are] young women with children under five and if there is no husband to pay child support they are usually on welfare." A lot of men live in poverty because if they work, they get their money taken for child support. So they do pick-up jobs and dig themselves into a hole. One thing leads to another because, without a steady job, you can't apply for the few affordable housing unit available. The waiting list is always lengthy.

Charles Meng, executive director & CEO of Arlington Food Assistance Center whose building is located in the Four Mile Run area, says Nauck is coming under a lot of pressure due to development. "I really think that Arlington has to look at what it is doing to maintain the diversity of this county because as land prices go up and gentrification continues the diversity Arlington is so proud of will soon be gone."

Clark says the county wanted to change the industrial area but the citizens like it for incubator business and it could help to create much needed jobs.

Stompler echoes this comment: "This is a light industrial area, the last vestige of industrial in Arlington. and we would like the character to remain. There are a lot of ways to keep the industrial presence but to incorporate different uses like an apprenticeship program. This is already happening with the arts, and we already

have a lot of arts here that people don't know about like a black box theatre and a sound studio but it needs to be revitalized. We want it for the community."

What's Next for County Board?

FROM PAGE 4

pilot striping program was implemented and the project was fine tuned in late 2017 in response to these concerns.

"The project will increase pedestrian and bike safety at two important intersections and the bridge," wrote Edith Wilson, president of the Shirlington Civic

Association, in a letter attached to the project. "So far the initial lane changes at South Arlington Mill Drive and South Walter Reed Drive have gone smoothly." Wilson noted that she hoped the project would continue making improvements on the western side of the trail, like more signage direction visitors to the popular Shirlington Dog Park.

Golf Tourney To Benefit W-L Athletics

The 12th Annual Washington-Lee High School Golf Tournament will take place June 25 with a Shotgun Start at 10 a.m. at the Country Club of Fairfax.

Sponsorship opportunities start at \$250:

- ❖ Gold / Silver / Bronze Packages
- ❖ Hole-in-One / At the Turn Putting Contest
- ❖ Hole / Flag Sponsorships

Registration costs includes breakfast and lunch:

- ❖ W-L staff member / coach (\$125); Non – W-L staff (\$150)
- ❖ Register a Foursome before June 10th for discount

See www.planmygolfevent.com/31815-W-LHS_Golf_Tourney/

All of the proceeds goes directly to the W-L HS Athletic Department.

For more information or sponsorship opportunities, contact evan.rodger@apsva.us.

'FLOURISHING AFTER 55'

"Flourishing After 55" from Arlington Office of Senior Adult Programs for May 21-26.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: DC Duck Tour, Monday, May 21, \$45; Gramercy House and Garden Tour, Stevenson, Md., \$40 (incl. lunch), Tuesday, May 22; Dover Downs Casino, Del., Wednesday, May 23, \$9; Washington National Opera costume shop, D.C., Thursday, May 24, \$18; tour Pierce Mill, D.C., Saturday, May 26, \$6. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

NEW PROGRAMS:

Bob Dylan birthday tribute, Monday, May 21, 1:30 p.m., Lee. Details, 703-228-0555.

Armchair tour of Cezanne's portraits, Monday, May 21, 1:30 p.m., \$6, Lee. Register, 703-228-0555.

Garden group to discuss shade gardens, Monday, May 21, 1 p.m., Walter Reed. Register, 703-228-0955.

Online banking overview, Tuesday, May 22, 11 a.m., Langston-Brown. Register, 703-228-6300.

Genealogy 101, Tuesday, May 22, 11:30 a.m., Lee. Register, 703-228-0555.

Interactive workshop for caregivers, Tuesday, May 22, 10 a.m., Walter Reed. Register, 703-228-0955.

History of writing instruments and accessories, Wednesday, May 23, 1:30 p.m., Aurora Hills., Register, 703-228-5722.

Tasty salad combinations, Wednesday, May 23, 11 a.m., Walter Reed. Register, 703-228-0955.

Russkie Musikanti ensemble, Thursday, May 24, 11 a.m., Arlington Mill. Register, 703-228-7369.

Preventing falls, Thursday, May 24, 1 p.m., Arlington Mill. Register, 703-228-7369.

Arlington Mill Walkers, Thursdays, 9 a.m., W&OD and Four Mile Run Trails. Details, 703-228-7369.

Ballroom dancing, Friday, May 25, 1 p.m., Arlington Mill; Latin dancing, 10 a.m., Arlington Mill, Details, 703-228-7369.

Lee Walkers will walk in Great Falls, Friday, May 25, 10 a.m., \$3. Register, 703-228-0555.

Fast-paced walking group, Friday, May 25, 9 a.m., Aurora Hills. Details, 703-228-5722.

Evictions

FROM PAGE 2

Walters, now an Arlington resident, speaks up. “I can totally relate. My son Eli and I have been homeless so many times.” She explained she is from Africa so when she became pregnant it was a disgrace to her family. She rotated from a room to a shelter to a friend, a dorm and another shelter.

Walters says, “It is totally dehumanizing to be evicted. You are living paycheck to paycheck and you get a five-day stamp on your door. Then in less than a week they take you to court, less than another week you are out.”

Martin interjects, “You have to pay their court costs.”

Walters continues, “The Sheriff puts your stuff out on the street without any concern for my clothes or my son’s medication.”

This has been five years ago but she says, “I don’t hold on to my things any more because everything feels temporary. Everything can be gone in a minute.” She says the most important thing is making sure everything is OK for Eli as they moved from one basement to the next, “the experience you make for him in the four corners you call home.”

Walters says, now that they have a place to live, her son “walks differently; he talks differently. But you live worried it could happen again.” Even in their apartment Eli’s room is the most put together, but she says in her room things are still in plastic containers. Now she counts every penny each week and shares food and child care with a neighbor. There is a sense of community that we understand and want to help each other. And that’s how we make it.”

Today there is still a tense dynamic with her family. Her son is the bridge. But her family asks for things and “when my father was sick, I tried to help with resources I didn’t have.”

But her family isn’t willing to give her assistance in return. She says, “I’ve had to learn to be selfish and make sure I can take care of us first.”

Walters has told her story before. “People always say ‘you don’t look like you live in affordable housing.’ They have a misconception that they take the bottom of the totem pole. You don’t even know what I go through. What you go through and what I go through is the same human experience.

“This book is tough but it is so real because I lived it.”



A display of “Evicted” by Matthew Desmond at the National Building Museum illustrates number of evictions by state with Virginia at 150,541. The exhibit opened April 14 and runs through May 19, 2019.

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Musing About Infusing

By KENNETH B. LOURIE



Seven weeks between chemotherapy infusions; I could get used to this. Here I am sitting and writing on Wednesday, May 9 and my next scheduled infusion isn't until Friday, June 1. That's another three-plus weeks. It's a "staycation," of sorts, meaning: I'm not going anywhere, but due to the new extended chemotherapy infusion interval – from six weeks to seven, I don't have to.

Though it's hardly an ideal vacation – either staying or going – for a cancer patient still undergoing treatment, not having to go the Infusion Center is about as good as it gets. What's even better is receiving scan results (which at present are still scheduled quarterly) which show "stable," "shrinkage," or even "N.E.D.," which means "no evidence of disease" (I'm "stable"). All of which I can live with. Despite ending that last sentence with a preposition.

With respect to "N.E.D.," unfortunately, being asymptomatic as I generally am – and mostly have been, is not necessarily an indicator that all is well.

Neither do symptoms always confirm "progression" (medical jargon for growth and/or movement). Sometimes the pain is scar tissue. Other times it's a side effect of the medicine you've been infusing or the pill you've been swallowing. (Presently, there are targeted treatment options which enable patients to take pills at home, tarceva being one example. Which if I may quote the late Maurice Chevalier singing in "Gigi:" "I remember it well" from the 11 months a few years ago when I didn't have to commute to the infusion center.)

Throw in the occasional phone appointment I've had with my oncologist, post-scan, when he and I both know – per an email he usually sends, that the results continue to show "stable," and when an in-office examination is likely not to "present" (more medical jargon; this one meaning, show) any contradictory findings and I've definitely had my moments of relative/comparative calm. Moments which, when they do occur, need to be cherished because, in the terminal cancer world, the news is not always good.

And since you have to take the good with the bad, with minimal control over both – acknowledging the good and not giving into the bad, become your stock and trade. It's easy, maybe even inevitable that a cancer patient will get overwhelmed by his or her circumstances so finding a way to navigate the slings and arrows of the outrageous misfortune which has befallen you is more than crucial; it's life sustaining.

Practically speaking though, how does one absorb the news and subsequent reality of a cancer diagnosis? What word I used to describe what I felt and heard at the initial Team Lourie meeting with my oncologist when he told me I had a "terminal" form of cancer: non-small cell lung cancer, stage IV, was "surreal."

It's a word I've heard many other cancer patients use when describing the moment when they first heard their devastating news. At that ground-zero moment, the words "non-small cell lung cancer," at least for me, were almost incomprehensible, especially if there's no cancer history in your immediate family (which was true for me). I mean, I understood him well enough, I just didn't process the information.

Similar to when I received a call at work, from my internal medicine doctor, a few days after my biopsy (and a week or so before meeting my oncologist), advising me of the results. He asked me if I wanted to meet him at his office (that can't be good I thought – and it wasn't). I said, "No. Just tell me" And so he did.

He told me that they found tumors in my lungs which were malignant. My knee-jerk reaction? "What does that mean?" Upon hearing that kind of news/maybe just that word, "malignant," you sort of lose control of your faculties. (At least I did.)

Thinking straight? Hardly. You're thinking crooked. But as time goes by and you somehow begin to assimilate/compartamentalize your diagnosis/prognosis, it becomes quite clear: anything you can do to bring some normalcy into your life is a win-win for you and a lose-lose for cancer.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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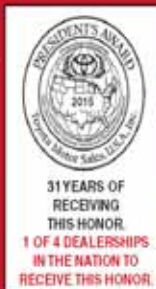
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