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After 27 years as Fairfax's city manager, Bob Sisson is retiring.



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Slow down and signal before passing others. All trail users should keep to the right except when passing.

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Before crossing a street, always make eye contact with the motorist to ensure they see you - even if the walk sign is on. Wait until the road is clear or until all traffic has stopped.

The 2018 Fairfax County bike & trail map is now available at all government centers and bike shops in Fairfax County, as well as at fairfaxcounty.gov/transportation/bike-walk





NEWS 'A Genuine Sense of Community'

Bob Sisson reflects on 27 years as city manager.

By Bonnie Hobbs The Connection

Ithough City Manager Bob Sisson's May 4 retirement an nouncement came as a surprise to many Fairfax City residents, he's been planning it for a while and told the mayor and City Council, the week before.

"I'll be 68 in September, and I don't want to do this my whole life," he said. "And this gives the mayor and new City Council team the opportunity to start the replacement process so they can work together the maximum amount of time."

Originally from suburban Kansas City, Sisson was assistant city manager in Stillwater and Norman, Okla., before taking the reins in Fairfax in 1991. Then, the City had just undertaken a 2020 project – and now, 27 years later, that date is almost here and Fairfax is looking toward 2035.

When Sisson began here, there was no email, Internet or social media, so communication was slower and less abundant. Today, he said, "We hear from more residents, more frequently. There's heightened expectation about communicating about a broader list of subjects. Email is more immediate than letters, you can copy others on it and it's a lot easier to send things quickly back and forth to residents and staff. With the touch of a button, I can communicate with all 400 employees."

During his tenure, the city has been consistently ranked among the top 10 places to live in the U.S., and recognition for its livability, safety and services has grown steadily. Recently, "U.S. News & World Report" ranked Fairfax the sixth-healthiest place in the nation, based on measures including income, education, life span, access to critical services and proximity to parks.

But, said Sisson, "City managers don't achieve things by themselves. The credit for community leadership goes to the elected officials who set policy." However, he admitted he'll remember and feel satisfaction about several things, such as the redevelopment of Old Town Village.

"It was where the post office, an old gas station and parking lots used to be, and it was decades in the making," he said. "The City was able to bring all the property owners together. And with [former 11th district representative] Tom Davis's help, we were able to relocate the post office, construct a new one and assemble the parcels for redevelopment into a better use. It enabled new, commercial buildings to be built to encourage more economic development downtown and to create a more pedestrianfriendly area."

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City Manager Bob Sisson on the grounds in front of Fairfax City Hall.

"There's a genuine sense of community here, and a fondness for living here that I haven't found anywhere else I've lived. And that's what's kept me in this City for this ridiculous amount of time."

-City Manager Bob Sisson

FAIRFAX also changed its downtown traffic pattern from one-way to two-way and undergrounded the cable, communications and electric-utility lines. And, said Sisson, "That was tremendously complicated."

Years later, the City rebuilt all the curb and gutters downtown, upgraded the stormwater infrastructure and did new asphalt paving. It also partnered with Fairfax County to build a new library. In addition, the City updated electrical connections in the downtown buildings and constructed the hugely popular Old Town Square – complete with a splash pad and a place for live entertainment and other activities. So, said Sisson, "Our downtown's appearance and function have dramatically improved since the early days of my tenure."

He's also pleased that Fairfax's bond rating has improved by two categories, from AA to AA+ and then to AAA – the highest rating a city can obtain. It means that Fairfax can pay lower interest rates on any money it borrows. Similarly, the City Fire Department achieved the top rating for municipal fire departments, meaning that residents pay the lowest-price category of insurance premiums.

Both City Hall and the police station were rebuilt in 2006-07, and Fairfax is now preparing to rebuild Fire Station 33. The City also transitioned out of the water business. "It was years in the analysis," said Sisson. "But it became clear that it was in the City's best interests to sell it." Also during Sisson's watch, Fairfax underwent significant residential and commercial redevelopment – and it's continuing today with projects such as Northfax and Scout on the Circle. "In the '90s, the thinking was that we needed move-in housing, so Farrcroft and Pickett's Reserve provided larger homes for families," he said. "There wasn't a mixture of homes, especially higher-priced ones."

Now, though, said Sisson, "It's agreed that the City needs to focus some attention on affordable housing. Some feel like the City is overrun by townhomes, but it's not a significant percentage of our housing stock. And there were many complaints that empty-nester seniors didn't have a place to move, so Providence Square and the Enclave are excellent options for them."

Day to day, his work includes speaking with residents about their complaints and inquiries, monitoring department budgets and meeting with City finance staff to discuss revenues and expenditures. He also deals with personnel issues, including the City's health, compensation and retirement systems.

TOUGHEST PART of the job, he said, is "Not being able to financially address all the City's needs. So I appreciate the mayor's and Council's priority-setting to help us make those calls." Sisson said it's also difficult when the City takes some action and the community is divided in its opinion



After 27 years as Fairfax's city manager, Bob Sisson is retiring.

about it. And, he added, "Temporarily losing the confidence of that segment of the community is unpleasant, until confidence is restored."

But, he said, "We as a staff have been given the resources by the elected leadership to have the ability to provide first-rate services that benefit the community. Residents like living here, and the City influences that happiness, to a great degree. So whenever I hear somebody say, 'I love the City,' it's like they're saying to me and to all the City staff members, collectively, 'You've done a great job,' and that gives me real satisfaction."

Besides, said Sisson, "There's a genuine sense of community here, and a fondness for living here that I haven't found anywhere else I've lived. And that's what's kept me in this City for this ridiculous amount of time. I have enjoyed every day working for the Fairfax City residents, and I've been extremely fortunate to have been offered this position with the City. It's been the professional highlight of my life."

Now, though, he wants to travel, help his wife with her business and have the flexibility to no longer be tied to a full-time job. "It's been an honor and a privilege to be city manager here, and I think the City is in great shape, financially and operationally," he said. "Tll [remain here] to enjoy the quality of life we worked to preserve and improve, and to see things come together that our staff helped make happen."

Aided by an executive-search consultant, Mayor David Meyer and City Council will choose Sisson's replacement.^oA new city manager is expected to be hired sometime this fall.

"Bob Sisson has led City staff through nearly three decades of great change for the City of Fairfax," said Meyer. "We've been incredibly fortunate to have Bob as our city manager, and we appreciate his leadership and commitment on behalf of all our citizens."

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(From left) are Angela Wijas; Ruthie Evers; Gina Bonney; Victoria's Cakery founder Victoria Eustice; her son and the shop's owner since 2001, Mike Hensley; and Linda Campbell.



A photo of Linda Campbell at her desk in 1988.

'With Us Through Thick and Thin'

By Bonnie Hobbs The Connection

t's quite an achievement to work 30 years for one employer, but Linda Campbell has done just that at Victoria's Cakery in Fairfax. So in celebration, her co-workers feted her March 23 with a surprise luncheon and, of course, cake.

"They have a great staff; everybody gets along, with no drama," she said. "Everyone who works here becomes like part of a family."

When she first started there in 1988, just three people were involved – founder Victoria Eustice, Melva Mazor and Campbell. "They did the baking and I did everything else," said Campbell. "I even washed the dishes. I was the clerk; I answered phones, waited on customers, wrote on cakes and did basic office work – bookkeeping and payroll."

As the business grew, it got too much for her to do all those things, so more people were hired to be clerks and do cleanup. "But it's still a mom-and-pop business," said Campbell. "I concentrate on the office part."

Eustice started the bakery in her Fairfax home, 34 years ago, and Campbell was her next-door neighbor. Four years later, Eustice asked her if she could work four hours a day. A month later, it became full time; but for the past 11 years, she's been part-time.

Once the business moved to Main Street, said Campbell, "At first, we were in a little room now used for prep work. Then about 20 years ago, we expanded into the front portion of the building. All the cakes are really good – the almond pound cake is one of my favorites."

FOR HER CELEBRATION, though, the staff honored her with a special chocolate whipped-cream cake. "When I walked in, they yelled surprise," she said. Eustice's son, Mike Hensley, is the current owner and head baker, and he and Campbell both have February birthdays, so he'd invited her to come to the bakery March 23 for lunch.

"I was totally surprised," she said. "We had lunch delivered from Auld Shebeen. My co-workers were here to celebrate, and some even came in 'specially for it."

"If it wasn't for her and my son, there wouldn't be a cakery," said Eustice. "I appreciate that she's been with us through thick and thin, and she's excellent at what she does. She's very personable and caring and has just meant so much to us."

Colleague Angela Wijas, also part-time now, agrees. "She's just amazing and is actually why I work here," said Wijas, who's made the frosting and decorated the cakes



Linda Campbell holds a chocolate whipped-cream cake celebrating her 30 years with Victoria's Cakery.

since 1999. "I came in to order a cake for my daughter's confirmation and Linda helped me," she explained. "We started talking and became friends."

A year later, Wijas saw a help-wanted ad for the bakery and answered it. "When I went in, Linda told them, 'She's good

Victoria's Cakery honors longtime employee.

people,' and they hired me," said Wijas. "She's just lovely – a fine person and enjoyable to be around."

Another co-worker, Ruthie Evers, calls Campbell "absolutely fabulous. She's generous with her knowledge and her time, and she doesn't have a mean bone in her body."

THE SHOP bakes an average of about 45 cakes a day. It has its share of walk-in customers, but most of its business comprises special orders for events such as birthdays, weddings, graduations, anniversaries and baby showers. It offers a variety of cupcakes, cookies, cookie bars and whole cakes or slices.

Happy to honor Campbell, Hensley said, "At Victoria's Cakery, family always comes first, and this is a family. Linda takes care of the books so I can concentrate on the baking. She's just great and has been a friend and a mentor to me. And since we're such a small business, every milestone is worth celebrating."

Working there, said Campbell, "You meet interesting people. Many of them work downtown here, but others come from as far as Winchester – and they all come back." As for her 30th-anniversary surprise, she said, "It's a wonderful honor – although I've always been appreciated here."

Solving the Mysteries of Civil War Graffiti

History buffs and anyone who loves a good tale have marveled for years at the Civil War graffiti discovered in the attic at historic Blenheim in Fairfax City. On Saturday, May 19, attendees can learn about the intricacies of unraveling the mysteries of the artfully scribbled poems and signatures left behind by Union soldiers in the farmhouse attic — plus the notes and drawings of both Union and Confederate soldiers in five other sites in the Northern Virginia region.

"Beneath the Paint: Civil War Graffiti

Symposium" will tackle the big picture and history of Civil War-era graffiti with the Northern Virginia Civil War Graffiti Trail, as well as the enormous skills required to reveal and preserve these historic gems. (Registration and fee, \$15, required. Details below.)

The history-filled and intriguing day, which includes light breakfast and lunch, will cover:

9:30-10 a.m —, Registration/Continental Breakfast

10-10:30 a.m. — Welcome, Site Intro-

ductions

10:30-11:30 a.m. — Kim O'Connell, "History of Civil War Graffiti"

11:30-11:45 a.m. — Break

11:45-12:45 p.m. — Conservator Chris Mills, "The Technical Side of Graffiti Recovery and Conservation"

1:15-1:45 p.m. — Conservator Kirsten Travers Moffitt, "Uncovering Blenheim's Graffiti"

2-2:30 p.m. — Tours of Blenheim House, Gallery and Site

The event, which takes place at Historic

Blenheim and the Civil War Interpretive Center, is perfect for history buffs and those who want to learn more about the graffiti gracing the home in Fairfax City and in other structures in our area. The in-depth examination of this fascinating subject is also appropriate for high-school and college students.

Registration, \$15; lunch, \$10; Historic Blenheim and the Civil War Interpretive Center, 3610 Old Lee Highway, Fairfax;. 703-591-6728. Online registration: https://bit.ly/

2rBuZqX (Search "Beneath")



PVI Student-Athletes Headed to College Teams

Paul VI Catholic High School in Fairfax recently announced its Class of 2018 college-bound student-athletes. Pictured left to right bottom row: Luke Caracciolo (Bryant/Lacrosse), Chase Hutson (Seton Hall/Soccer), RJ Barnes (VMI/Lacrosse), Antonella Henson-Vendrell (Monmouth/Lacrosse), Michelle Umali (Catholic/Dance), Italia Carnazza (Randolph-Macon/Lacrosse), Adam Melendez (Catholic/soccer), Chris DeBruyne (Army/Soccer), John Kittelberger (Susquehanna/Golf). Second row: Kyle Greenfelder (Denison/Lacrosse), Reid McDonald (Trinity/Lacrosse), Emily Kavanaugh (Illinois-Chicago/Soccer), Alejandro Luna (Scranton/Soccer), Jackie Hatheway (Virginia Tech/Dance), Patrick McHale (Catholic/Track), Emily Dettbarn (Hood/Soccer), Raphaella Henson-Vendrell (Hood/Lacrosse), Nick Marshall (Suffolk/Golf). Third row: Greyson Ergenbright (Dartmouth/Lacrosse), Kelsey Shea (Brown/Lacrosse), Katie Coritz (Columbia/Soccer), Nina Askew (Providence/Volleyball), Brigid Sullivan (Manhattanville/Soccer), Sam Freeborne (Mary Washington/Baseball), Matt Zielezienski (Hamilton/Soccer), Jack Weeks (Georgetown/Baseball), Zach Hosseinian (William & Mary/Soccer), Justin Shim (Dickinson/Golf). Top row: Gavin Kemble (Gettysburg/Football), Steven Cornwell (UMBC/Lacrosse), Brandon Fisher (Ohio State/Lacrosse), Thomas Russell (USNA/Baseball), Miles Latimer (Stony Brook/Basketball), Kate Klimkiewicz (Boston College/Basketball), Andrew McHale (Catholic/Track), Carter Spivey (East Carolina/Baseball), Brandon Slater (Villanova/Basketball). Not pictured: Amira Collins (Tennessee/Basketball).



Edison Academy Students Receive Rotary Scholarships

The Springfield Rotary Foundation (SRF) of the Rotary Club of Springfield (RCS), awarded two \$1,000 scholarships to students at Edison Academy. Pictured are Daniel 'Kaz' Kasmierski, President, RCS; Khoa D. Tran, Edison High School/Edison Academy; Ansuv K. Sikka, Lake Braddock Secondary School/ Edison Academy; and Wayne Chiles, SRF of RCS. Also in attendance were other members of the RCS, students of Garfield Elementary School (GES) which has received RCS/SRF funding for Lego Robotics equipment and books given in the names of weekly speakers to the GES Library, and relatives and friends of the scholarship recipients. Culinary Arts students provided the meals for everyone under the guidance of Chef Glenn Walden, CEC, CCE.





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OPINION Decision Slows Transportation Progress

By Jeffrey C. McKay Lee District Supervisor

rustrating. Exasperating. Maddening. Irritating. Anyone who regularly drives in Northern Virginia is familiar with these feelings, because we all spend time sitting in traffic, staring at miles of brake lights in front of us.

One way we overcome these congestion problems is through funding from the Northern Virginia Transportation Authority (NVTA), a state agency that has awarded \$990 million to transportation projects all over the region.

After years of underfunding by the Commonwealth led to crippling traffic and insufficient maintenance, the 2013 Virginia General Assembly and then Governor McDonnell thankfully reached an agreement to significantly



Commentary

increase funding for transportation, particularly in Northern Virginia, through this new pot of funds. It has been tremendously successful.

This year, attention was focused on the needs of Metro — a vital component in our transportation

network and the Commonwealth's economy. While the Commonwealth provides significant aid, it is important to note that the local jurisdictions in Virginia that have been responsible for funding Metro since its inception — over half a billion dollars has been provided through local and regional revenue sources in the last five years alone.

Unfortunately, Speaker Kirk Cox and Del. Tim Hugo blocked Gov. Ralph Northam's plan to provide new revenues for Metro (through small increases in taxes on hotel stays and property sales), which resulted

from discussions with a bipartisan coalition of businesses, local governments, transportation advocates, and legislators — instead, they forced the adoption a plan that diverts more than \$100 million per year from existing road and transit projects funded by the transportation revenues enacted in 2013.

Our region's transportation needs are still sizable, as evidenced by the fact that NVTA received \$2.5 billion in project requests over the next six years, though it only has approximately \$1.25 billion available to

distribute. As a result, many projects that would alleviate congestion and improve mobility will likely be delayed, deferred, or never built — a regrettable outcome that could have been avoided. We should not be addressing one transportation need at the expense of others.



Former Supervisor Gerry Hyland, former Planning Commissioner Earl Flanagan and Supervisor Dan Storck.



Supervisor Dan Storck , Steve Hunt, Former Supervisor Gerry Hyland, Marlene Miller.

Spring is a Time of Renewal

By Supervisor Dan Storck (D-Mt. Vernon)

any would say that giving back to the community is a calling, a mis sion. Others would say it makes them feel good, renews their soul. Whatever your reason, engaging in your community will strengthen bonds, enlighten perspectives and knit new relationships.

This month we honored former Planning Commissioner Earl Flanagan and Mount Vernon Voice co-publishers Marlene Miller and Steve Hunt.

After twelve years serving as Mount Vernon District Planning Commissioner and at the youthful age of 93, Earl has decided to hang up his planning commissioner hat. The District owes Earl a debt of gratitude for all he has done for us, including guiding the Embark process, the Richmond Highway Widening project and the Lorton Liberty development. He has made a significant impact on land use plan-

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ning in the District, defining what it looks like today and what it will look like for years to come. Earl has given back to his community in many other ways, from his service to the military to serving as President of the Riverside Estates Civic Association and on the Boards of the Fairfax County Federation of Citizens Associations and the Southeast Fairfax Development Corporation. I hear Earl has no plans to retire from civic duty and that we will

see him taking on new roles in the future. Marlene Miller and Steve Hunt have been the "Voice" of the Mount Vernon District for the last 16 years. Although they have made the difficult decision to end publication of the Voice, we are grateful for the many news articles and intriguing stories they have written over the years. It is through the weaving of our stories into the fabric of our community that we inspire, encourage and inform each generation. If there was an event happening anywhere in the District, you could count on Marlene and Steve being there!

I encourage each and every one of you to find your passion, learn new things, meet new people, volunteer your time, stretch out of your comfort zone and seek out the community engagement role that is right for you! You will grow, learn and be renewed as you give your time, talents or treasures to help those around you.

Find something that

renews your soul.

Not sure where to start? Here are some suggestions:

Mount Vernon District Boards, Authorities and Commissions - https:// www.fairfaxcounty.gov/mountvernon/ boards-authorities-and-commissions

Fairfax County Volunteer Management System (VMS) - http:// www.fairfaxcountypartnerships.org/

get_involved/

Volunteer Fairfax - http:// www.volunteerfairfax.org/

Contact your local school, church, nonprofit or neighborhood support group



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CAPPIES REVIEW In Search of Moral Compass

The New School presents 'Kennedy's Children.'

By Karlee Skaggs W. T. Woodson High School

" ave you seen my moral compass?" These are the first words to catch the eye upon entering The New School's black box theatre, before any actor has even taken a breath to speak. They are written on one of many vibrant 1970-esque posters adorning a wood-paneled wall that has been grained with care behind an authentic-looking bar. It is an intimate setting for the intimate show, "Kennedy's Children" by Robert Patrick, a show composed entirely of monologues. It weaves together the stories of five people who have seen the world and the lives they hoped crumble at the hands of the 1960s.

In a black box theatre, every audience member's eye becomes that of a critic. Such proximity to the performers requires much more attention to detail in terms of both the set as well as the stage business, as you can't brush off errors with a "They won't be able to tell from the stage." The set design has not only acknowledged this challenge but has used it to its advantage, as is visible in the messy neatness of the chalkboard menu, the intended cheapness of the bar itself, the period-appropriate posters and the drinks in the characters' glasses, wonderfully appropriate to each.

Standout and heart of The New School's production is Ethan Ocasio, who in the character of Sparger has been given the platform to display the fullness of his acting ability. Ocasio did not let a single line go to waste, from the sarcastic comments delivered with brilliant comedic timing to traumatic recollections, he smoothly demanded the attention of the audience with the discernable comfort of a seasoned actor.

Another notable performance came from Annie Kraemer, who portrayed Carla, a Marilyn Mon-



Joe Neff and Mary Beth Doebel in The New School's production of 'Kennedy's Children.'

roe-wannabe. Kraemer did a wonderful job differentiating her character from the other females with marvelously dainty stage business and a sophisticated, breathy speech pattern maintained solidly throughout the entirety of the show. Even more impressive was her believable devotion to dated, and at times taboo notions, leaving her monologues enjoyably conversational.

Though "Kennedy's Children" only chronicles five stories, a sixth, silent actor (in this case, the charming Joe Neff, the Bartender) never leaves the stage. Neff performed commendably with the difficult task of being an actorprop hybrid; his stage business was authentic but not distracting, and the premeditated nature of his business was evident in its variety.

As an ensemble, The New School's cast of "Kennedy's Children" was small, but fierce. The collective emotional arc contributed to by all the actors was a lovely and clearly conscious messa di voce, and the difficult subject matters were handled by these young actors with exceptional poise. The cast's cohesiveness echoed that one question through the wood-paneling, the black box, into the parking lot and the minds of audience members on their way home.

"Have you seen my moral compass?"

Send Father's Day Photos

Father's Day is Sunday, June 17, and once again this newspaper will publish a gallery of Father's Day photos.

Every year at this time, we put out the call for photographs of fathers and their children, grandfathers and their children and grandchildren.

Send in photos with the following information: the town where you live, the names of everyone in the picture, the approximate date the picture

was taken, the ages of the children and a sentence or two about what is happening and where the photograph was taken.

Be sure to tell us your town name and neighborhood. Photos are due by June 12. You can submit your photos online at www.connectionnewspapers.com/fathersday. You can also email photos to editors@connectionnewspapers.com.





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Education Learning Fun More Than Apple for Teacher

Gifts for those who educate children.

By Marilyn Campbell

s the school year nears an end, it's time to thank those whose jobs run the gamut from comforting kindergartners with separation anxiety to teaching biology to hormonal teenagers. End-of-year teacher gifts are seemingly ubiquitous in June, but how does one choose a useful present that doesn't get re-gifted or donated? Local tastemakers offer their take on gifts for teachers that teachers actually want to receive.

"Teachers can always use extra supplies for their classrooms," said Courtney Thomas of the Picket Fence in Burke. "Put together a goody bag full of pencils and markers, notepads, page flags and sticky notes or anything your teacher needs to keep his or her desk stocked. Tie it all up in a reusable bag they can repurpose to carry papers and books to and from school."

Treat your teacher to a spa day at home, advises Thomas. "Get a collection of your favorite lotions, soaps and candles and give your teachers a much appreciated excuse to pamper themselves."

Flowers are a cheerful present to offer those who teach children, but fresh flowers

have a limited lifespan, advises Todd Martz of Home on Cameron in Old Town Alexandria who suggests bouquets with longevity. "Felt flowers always look fresh and add a bit happiness to every day," he said.

Sometimes the most treasured gifts are those that don't come with a price tag. "My favorite handmade teacher gift is a thoughtful note of thanks, said Kathryn Horn Coneway of Art at the Center in Alexandria. "Taking the time to say thank you and be specific about how an adult has impacted your child's growth is a powerful way of affirming the work teachers do. I think it is great

and to think through what specifically they can name that they have learned or gained from a teacher." "A beautiful and thoughtful gift for all teachers are dening gift."

handonn Bath Bomb

Photo Courtesy of Sonoran Rose Boutique Wine-scented bath bombs from Napa Valley are the perfect gift for the teacher who needs a little pampering.

guest towels," says Cristina Chiotti

of Sonoran Rose Boutique in

Potomac, Md. "[We have some]

that come from South Africa and

ful gifts for teachers who go above

and beyond to educate our chil-

dren are gift monogrammed items,

And for teachers who enjoy

gifts cards and notepads."



Notepads make useful end-of-year teachers gifts, suggests Amanda Mertins of Patina Polished Living in Alexandria.

to encourage kids to write letters of thanks as well spending time outdoors, Chiotti says an ideal gift includes "Pairing some local Maryland honey with our gardening tool kit for the perfect springtime gar-



Photo Courtesy of The Picket Fence Candles, soaps and lotions in a gift bag will make luxurious end-of-year teacher gifts, says Courtney Thomas of The Picket Fence in Burke.



Photo Courtesy of Art at the Center A note written on a handmade card such as this collage with mulberry paper and acrylic medium on watercolor paper by Kathryn Horn Coneway of Art at the Center, makes meaning teacher gifts, says Coneway.







Photos by Steve Hibbard/The Connection U.S. Rep. Gerry Connolly (center) and the crowd at the Congressional Arts Competition held at the Workhouse Arts Center in Lorton.

Nicole Evans, ninth grade, of Lake Braddock Secondary with her artwork. Evans won first place and \$1,000. Her work will be displayed in the U.S. Capitol for one year.

Connolly Holds Congressional Art Competition

S. Rep. Gerry Connolly (D-11) hosted his 10th annual Congres sional Art Competition Awards Ceremony on Saturday, May 12, 2018, at the Workhouse Arts Center's McGuire Woods Gallery (Building 16) in Lorton. The show featured 130 submissions from 105 artists in oils, pastels, acrylics, photography, computer graphics, pencil, pen and ink, and charcoal, representing 25 different high schools and home-schoolers in Fairfax and Prince William counties.

"This is our 10th annual Congressional Arts Competition. We're very proud of the fact that we have 25 high schools as well as home-schoolers participating this year. There are over 138 pieces; we started out our first year with 70, so we've almost doubled, and I think it's an exciting thing for young people to see their art actually hung in a gallery like any other professional piece of art," said Connolly. "We think it's a great opportunity to see the incredible talent and artistic expression coming out of our young people."

The first-place winner was Nicole Evans of Lake Braddock Secondary. She won \$1,000 plus her artwork will be hung in the U.S. Capitol for one year. Evans and her family will also be invited to a reception at the U.S. Capitol along with the winners from other Congressional Districts from around the country.

The second-place award winner was Ashley Kim of Centreville High School. She won \$750 and was named the Workhouse High School Rising Star, which means her piece will be displayed in the Workhouse Gallery for one year.

The third-place winner was Alessandra Rodriguez of Heritage Christian School; fourth-place winner was Maya Kirkpatrick of Chantilly High School; fifth-place winner was Corban Hubler, home-schooled



Jonathan Larsen, grade 11, of South County High School with his artwork.



Tricia Joganich, 10th grade, of South County High School with her art work.



U.S. Rep. Gerry Connolly chats with Thomas Lane, a 12th grader at South County High School.

from Springfield; and sixth-place tie: Esha Saini of Thomas Jefferson High School; and Esther Park of Oakton High School. The sponsors and judges included: ArtsFairfax, the Workhouse Arts Foundation, The Prince

William Arts Society, Arts Herndon, Clearbrook Center of the Arts, and Greater Reston Arts Center (GRACE).

— Steve Hibbard



Greta Holliday, 12th grade, homeschooled from Springfield with her art work.

Calendar

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

- Rock of Ages The Musical. Through May 20, Fridays-Saturdays, 8 p.m.; Sundays, 2 p.m. at Workhouse Arts Center, Building W-3 (Theatre), 9518 Workhouse Way, Lorton. This Tony-Award winning musical takes the audience back to the 1980s era of big: big bands, big egos big guitar solos and big hair. This musical comedy lovingly features hits from the time with music from Styx, Journey, Bon Jovi, Whitesnake and many more. Parental discretion advised. \$20-\$35. Visit
- www.workhousearts.org. **Art Exhibit: House, Sky and Abyss.** Through June 24, gallery hours at Workhouse Arts Center's Vulcan Muse Gallery, 1st Floor, 9518 Workhouse Road, Lorton. House, Sky and Abyss is a solo exhibition featuring Gerardo Camargo chronicling the relationship between natural environment and social constructs. Visit www.workhousearts.org
- Art Exhibit: Candy for the Eye, Food for the Soul. Through July 8, gallery hours at Workhouse Arts Center's Warrior Way Gallery, 1st Floor, 9518 Workhouse Road, Lorton. Gene Moty, a retired Air Force officer, creates contemplative, whimsical paintings using traditional materials. Visit www.workhousearts.org.

THURSDAY/MAY 17

- Hometown Thursdays: Witness Protection. 6:30-8:30 p.m. at Old Town Square, 10415 North St., Fairfax. Third Thursdays in May-September. The new series will host local bands from the Fairfax area. A free, family-friendly event for all ages. Visit www.fairfaxva.gov/ government/parks-recreation/
- special-events/hometown-thursdays. "Heat, Dirt, and Scholarship: Women in Classical Archaeology." 7 p.m. at Braddock District Supervisor's Office, 9002 Burke Lake Road, Burke. Dr. Carol Mattusch, Mathy Professor of Art History, emerita at George Mason University specializes in courses on Greek and Roman art and archaeology and the rediscovery of classical antiquity. All are welcome. Presented by the Springfield-Annandale Branch of the American

Annandate Branch of the American Association of University Women. Email deborahdodd55@aol.com or call 703-490-8737 for more.

FRIDAY/MAY 18

- **Bike to Work Day.** Join more than 18,000 area commuters for a free celebration of bicycling as a fun, healthy and environmentally-friendly way to get to work. Starting at various early morning hours, and some in the afternoon. Morning Bike to Work Day convoys, led by experienced bicycle commuters, will travel throughout the region. All levels of cyclists are welcome to join the convoys. To register, visit www.biketoworkmetrodc.org and be
- entered for a free bike raffle. **46th Annual Clifton Homes Tour.** 10 a.m.-5 p.m. Guided tours of four Clifton homes and a silent auction at Clifton Presbyterian Church. Free events include tours of two historic Clifton churches, a silent auction, wreath sale, and Trinkets and Treasures at Clifton Presbyterian Church. Tour tickets: \$25-30, Free admission to silent auction. Meets at Clifton Presbyterian Church, 12748 Richards Lane, Clifton. Visit www.cliftoncwc.org.



Saxophone Quartet's current members include founder, leader and arranger Jim Frances, Marshall Wise, Brian Cole, and Dan Hurlow

The Fairfax

City of Fairfax Band: "The Americans"

The Fairfax Saxophone Quartet will be featured at "The Americans" concert by the City of Fairfax Band. As part of a concert devoted to American classical and movie music masters, the quartet will do its "classi-jazz" take on tunes by Stephen Foster. The concert will also feature as soloist the band's Young Artist Competition winner, tuba player Diego Stine. Saturday, May 19, 7:30 p.m. at Fairfax High School, 3501 Rebel Run, Fairfax. Adults, \$15; seniors, \$10; students, free. Tickets available at the door or www.fairfaxband.org.

- **B-I-N-G-O.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Visit www.fairfaxvfd.com or call 703-273-3638 for more.
- 3638 for more. **Family Movie Night: "My Little Pony."** 7 p.m. at Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Enjoy a free, family friendly (movies are PG) movie night. An adult must accompany anyone under the age of 14. "Britepaths" Food Drive at Family Fun Nights. Britepaths is a volunteerbased organization that identifies and addresses the unmet fundamental needs of Fairfax area
- residents. Call 703-385-7858. Encore Chorale Concert. 7:30-9 p.m. at United Christian Parish Reston, 11508 North Shore Drive, Reston. Combined Encore Chorales from Reston, Fairfax, and Lansdowne Woods sing music from Broadway, the Great American Songbook, and traditional Spirituals. Free and open to the public. Visit www.EncoreCreativity.org.

SATURDAY/MAY 19

World Vision Global 6K for Water. 10 a.m.-1 p.m. at Community Covenant Church, 7018 Sydenstricker Road, Springfield. Walk or run 6 kilometers to join World Vision in raising money for clean water initiatives. \$50. Register for the walk at teamworldvision.org and join team Community Covenant Church Springfield. Visit www.teamworldvision.org/team/

- Community-Covenant-Springfield. **Touch a Truck.** 10 a.m.-2 p.m. at Red Cross National Capital Region Headquarters, 8550 Arlington Blvd., Fairfax. Join the 2nd Annual Touch A Truck Event. Bring the family out and see all of the Red Cross emergency vehicles,bloodmobiles, fire engines, police vehicles, and more. Enjoy games, including a bounce house, food and fun for the entire family. Rain or shine. Entry is free. Visit www.redcross.org/news/event/ Touch-A-Truck—Open-House-Event.
- 4th Annual Kids Safety Saturday. 10 a.m.-1 p.m. at City Hall, 10455 Armstrong St., Fairfax. Join the City of Fairfax and the City of Fairfax Police Department for Kids Safety Saturday in front of City Hall in conjunction with the 21st Annual Antique Car Show.
- Antique Car Show. 10 a.m.-3 p.m. at City Hall, 10455 Armstrong St., Fairfax. Live Bluegrass music, food and fun. 4th Annual Kid's Safety Day also takes place 10 a.m.-1 p.m. See the Model-T Ford reassembled in 15

- minutes, 1 p.m. Visit www.nrvg.org or www.visitfairfax.com. **Pet Adoption Event.** 11 a.m.-2 p.m. at Pet Supplies Plus, 11054 Lee Highway, Fairfax. Find a new forever animal friend with the help of the
- animal friend with the help of the City of Fairfax Animal Control and Animal Shelter. Visit www.fairfaxva.gov/government/ police/programs/animal-control/ adopt-a-pet. **'Beneath the Paint: Civil War**
- **Graffiti Symposium.**" 2-4 p.m. at the Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. Speakers and topics include: Kim O'Connell, the history of Civil War Graffiti; Conservator Chris Mills, the technical side of graffiti conservation, and Conservator Kirsten Moffitt, graffiti investigation and conservation at Historic Blenheim. Sponsored by "The Northern Virginia Civil War Graffiti Trail." Space is limited. Fee: \$15. Lunch: \$8. Call 703-591-6728. **"Fashion for Fighters" Gala.** 5-10 p.m. at Springfield Golf & Country

Club, 8301 Old Keene Mill Road, Springfield. Join the Navy Safe Harbor Foundation for Fashion for Fighters Gala – an evening of fashion to raise funds for wounded, ill and injured U.S. Navy, Coast Guardsmen and their families.Guests will enjoy sponsored fashion shows, silent auctions and raffles along with music and entertainment. Visit www.safeharborfoundation.org.

- Superhero Family Fun. 6:30-8:30 p.m. at Children's Science Center, 3949 Pender Drive, Suite 120B, Fairfax. Come dressed as a favorite superhero and join an evening of superhero science. In addition to exploring the Lab, the following extra activities are available: Villain Quest; Cobweb Slime; Superhero Geneticsl and Super Coding.
- Fairfax Band Concert. 7:30-9 p.m. at Fairfax High School, 3501 Rebel Run, Fairfax. The City of Fairfax Band presents an evening of All-American music by Aaron Copland, Paul Creston, Alfred Reed, John Philip Sousa and John Williams, plus a tribute to Stephen Foster featuring the Fairfax Saxophone Quartet. The concert will also feature as soloist the band's Young Artist Competition winner, tuba player Diego Stine. \$10-\$15; students free. Call 571-336-2322 or visit www.fairfaxband.org.

SUNDAY/MAY 20

5K Race/Walk and 1K Fun Run. 8-11 a.m. Fundraiser to support Muskaan India Inc. of Potomac, Md.



The Gaffney home is one of four Clifton homes featured on the Clifton Homes Tour for Charity on May 18.

46th Annual Clifton Homes Tour

Guided tours of four Clifton homes and a silent auction at Clifton Presbyterian Church. Free events include tours of two historic Clifton churches, a silent auction, wreath sale, and Trinkets and Treasures at Clifton Presbyterian Church. Proceeds benefit local scholarships and charities through the Clifton Community Woman's Club 501(c)(3) Charitable Trust. Tour tickets: \$25-30; free admission to silent auction. Friday, May 18, 10 a.m.-5 p.m., meets at Clifton Presbyterian Church, 12748 Richards Lane, Clifton. Visit www.cliftoncwc.org.

To be held at Fairfax Corner Center, 4100 Monument Corner Drive, Fairfax. The organization Muskaan is a U.S. based 501(c)(3) nonprofit that supports Muskaan, a NGO in New Delhi, India. Visit

- www.muskaanthengo.org. **N Gauge Model Train Show.** 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road in Fairfax Station. Admission is \$4 for adults 16 and over; \$2 for children 5-15; and free for museum members and children under 5. Visit www.fairfax-station.org or call 703-425-9225.
- Northern Virginia Youth Winds -Spring Concert. 3 p.m. at Fairfax High School, 3501 Rebel Run, Fairfax. Northern Virginia Youth Winds represent the Educational Division of the City of Fairfax Band Association. With members selected by competitive audition, NVYW Symphonic and Junior Winds are elite wind bands representing talented musicians from school music programs throughout Northern Virginia. Visit www.fairfaxband.org.

MONDAY/MAY 21

Funday Monday: Good Gollie Miss Mollie. 10:30 a.m. at Old Town Hall, 3999 University Drive, Fairfax. Music, movement, story telling, performances, crafts, and more. Funday Monday is open to children of all ages, however especially for those who haven't yet started school. Free and open to the public, donations appreciated. Call 703-385-7858 or visit www.fairfaxva.gov/ culturalarts.

Golf Tournament. 11 a.m.-7 p.m. at 8301 Old Keene Mill Road, Springfield. Food for Others is hosting its 15th annual golf tournament at the Springfield Golf & Country Club. This key fundraising event supports Food for Others' ability to feed our hungry neighbors. Visit www.foodforothers.org/golf.

TUESDAY/MAY 22

Storytime in the Park. 10:30 a.m. in Old Town Square, 10415 North St., Fairfax. In association with Fairfax County Public Library. Weather permitting. Visit www.fairfaxva.gov.

WEDNESDAY/MAY 23

Author Event. 7 p.m. at St. Mary of Sorrows , 5222 Sideburn Road, Fairfax. The Italian Heritage Society of St. Mary of Sorrows will sponsor a free talk and book signing by Jack Sacco, author of "Where Birds Never Sing," a book about his father who fought under General Patton at Omaha Beach. Call 703-323-0345.

FRIDAY/MAY 25

- Rock the Block: Reagan Years. 6:30-9:30 p.m. at Old Town Square, 3999 University Drive, Fairfax. Bring lawn chairs or blankets to sit on. Children can wear swim suits and bring towels and enjoy the spray pad. No Pets allowed except service animals. Call 703-385-7858 or visit www.fairfavya.gov/rocktheblock
- www.fairfaxva.gov/rocktheblock. **B-I-N-G-O.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Visit www.fairfaxvfd.com or call 703-273-3638 for more.
- Friday Night Campfires. 7:30-9 p.m. at Hidden Pond Nature Center is located at 8511 Greeley Boulevard, Springfield. Each campfire event will feature a new topic and a different area of the park will be explored. Learn about animals, insects, plants and more. End the evening with s'mores by the campfire. \$8 per person. Call 703-451-9588 or visit www.fairfaxcounty.gov/parks/ hidden-pond.

SUNDAY/MAY 27

- Ride of the Patriots. Meets at Patriot Harley-Davidson on Lee Highway in Fairfax. Some 4,000 motorcyclists will gather to pay tribute to America's servicemen, women, and veterans to raise awareness of American POW and MIA soldiers of all wars. The parade of bikers will follow a route to the Pentagon where it will join with thousands of other bikers from around the country and the world for the 31st annual "Rolling Thunder." The Ride of the Patriots is organized by the Fairfax Harley Owners' Group and Patriot Harley-Davidson. Visit www.rideofthepatriots.com.
- Reading Circle and Activities. 1:15 p.m. and 2:30 p.m. At the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Reading circle for "That Dadblamed Union Cow," the children's story based on a real-life case of a cow that adopted Union soldiers during the Civil War. The museum will be open from 1-4 p.m. Admission: Museum members and ages 4 and under, free; ages 5-15, \$2, ages 16 and older, \$4. Visit www.fairfax-station.org, www.facebook.com/FFXSRR. Call 703-425-9225.
- BHS General Meeting. 3:30-5 p.m. at Pohick Regional Library, 6450 Sydenstricker Road, Burke. Jon Vrana will present "Accotink — Mill, Village, Creek, and Camp." Learn about this creek as well as the mill and village that developed alongside. Free. Visit burkehistoricalsociety.org.

CAPPIES REVIEW Performance Above and Beyond

Robinson Secondary School production of Monty Python's Spamalot.

By Danielle Burman Northwood High School Academy

hen one thinks of the clas sic tale of King Arthur and his fearsome knights they may think of a dominant and influential army, but all rules can be altered in Camelot. Robinson Secondary School's near-Broadway caliber production of Monty Python's Spamalot takes us to a world of tap dancing townspeople, mermaid-like Ladies of the Lake, and a killer team of not-so knightley knights.

The 14 time Tony nominated musical, Monty Python's Spamalot is a high energy musical comedy that features a book, music and lyrics by Eric Idle, as well as music by John Du Prez. Based upon the hit 1975 film, Monty Python and the Holy Grail, Spamalot is an amusing parody of the Arthurian Legend. The story follows the notorious King Arthur and his loyal attendant Patsy on their mighty quest to find the coveted Holy Grail. It's all smooth sailing until hilarious obstacles jump into their path like a taunting team of French guards, abnormally tall Knights Who Say "Ni," and even a deep desire to take part in an extravagant Broadway musical.

After seeing Robinson's Cappie Award winning performance of Pippin last year I had high expectations going into Spamalot,



Nico Ochoa and Daniel Williams in Robinson Secondary School production of Monty Python's Spamalot.

and the players at Robinson Secondary School greatly exceeded them. From the astounding liveliness from every member of the forty-four ensemble, to the ability to milk the comedic moments while maintaining the fight for the Holy Grail, the company of Spamalot created a wildly impressive production.

Leading the knights was Daniel Williams as King Arthur. Williams' smooth speaking

voice and mature sovereign quality was not overlooked. With deadpan humor when speaking to the loyal Patsy (Nico Ochoa), and trotting gallups with coconuts rhythms in the background, Williams' portrayal was comically brilliant. Also, Nico Ochoa as Patsy was uproarious. With over-the-top facial expressions, eye catching dance skills, and clear vocals Ochoa proved to be a top performer. What is better than one Lady of the Lake? Three of them! Robinson took the risk of splitting a singular role into three, but it worked exceptionally well for this rendition. The Ladies of the Lake (Jordan James, Anna Maria Shockey, and Claire Burton) all had their moment to shine in their song, "The Song That Goes Like This," and each captured the mystical aura of her character. Additionally, the camaraderie and added pop culture references by the knights of the round table (Matthew Ross, RJ Pratt, Hasan Crawford, and David Ingle), aided in the creation of an ensemble driven show.

The technical aspects were top notch. The cartoonish set and the credit reel during the remarkable orchestra's overture created a movie-like sentiment. Additionally, in "Come With Me," the beautiful duochrome blue wings perfectly enhanced the dynamic choreography by Maria Gleason and Isabelle Guzzano, along with the sparkling lighting design by Jason Eisen.

Whether one has watched the movie repetitively or if this was your first experience with the tale, Robinson Secondary School's production of Spamalot went above and beyond. With audience members wistfully singing "Always Look on the Bright Side of Life," Spamalot at Robinson Secondary School demonstrates that positivity and loyal friendship can defeat any foe.



HERNDON JOB FAIR Tuesday, May 22 • 2 PM to 6 PM

Cyber, IT, Tech Professionals, Public Trust clearances welcome! Security University, 510 Spring Street, 20170 Social networking for both exhibitors and candidates CYBER INTELLIGENCE IT ... SECURITY

SPRINGFIELD JOB FAIR

Thursday, May 24 • 10 AM - 12 NOON (Reserved for Veterans/Military/Family and/or cleared candidates only) 12 NOON - 2 PM (Open to all job seekers) FREE RESUME SEMINAR AMERICAN LEGION POST 176, 6520 Amherst Ave, 22151

All industries are invited!

JUNE 5-STAFFORD-QUANTICO HIRING EVENT 3 PM-7 PM

Cyber, TS/SCI, CI/full poly, welcome! HOSTED BY DAWSON AT HAMPTON INN 2925 Jefferson Davis Hwy, Stafford, VA 22554 (min. from Quantico)

Interested in exciting work with a Native Hawaiian Organization that brings the spirit of Aloha to our employees and puts the DAWSON "Ohana" first? DAWSON & JOBZONE will be hosting an Open House/Job Fair for meeting and greeting prospective candidates for interviewing. Dawson will be seeking candidates to fill several contracts. Highlights of positions include Cyber Counterintelligence Specialists positions: Security and Defense Counterintelligence (CI) Support, Cyber Threat Analysts, CI Cyber Threat Technical Analysts, CI Digital Forensics Examiner, TSCM/TEMPEST experience, PLUS. All candidates must have at a minimum TS/ SCI. REGISTER AND POST/LINK RESUME – https://www.jobzoneonline.com/job-seekers.aspx For advanced consideration for an interview, submit resume by email to janet.giles@ jobzoneonline.com and lphillips@dawson8a.com.

Register: **www.JobZoneOnline.com** (Post and link resume) For more info: Janet.Giles@JobZoneOnline.com / 540-226-1473



A group of Robinson seniors, who helped out with Day Prom, pose for a photo in the lobby.



Robinson students (from left) Tess Mahon Kuzin, Ronnie Torres, and Nick Ortega.



Lake Braddock students junior Gavin Brodie, freshman Dane Liberatore, and senior Katie Dow.

A Day to Remember at Waterford in Fairfax

member, for special education students from Annandale, Chantilly, Herndon, Lake Braddock, Oakton, Robinson, West Springfield, Westfield, and Woodson high schools,

ay Prom 2018 - A Day to Re took place on May 1 at the Waterford at Fair Oaks in Fairfax. Day Prom is a popular annual event, which has grown tremendously since it began 17 years ago and now includes two separate events to accommodate all those interested in attending.



The dance floor is packed with students.



Darin Nguyen, a senior at Lake Braddock, relaxes with friends at a table.



Lake Braddock senior Joe Adamich shows off his dance moves.



Robinson students Charlie Serbia, Anthony Palma, Maria Danner, Macey Dunn, and Sean Pulju have a great time dancing together.



Silas Beyene, a sophomore at Lake Braddock. 12 * Fairfax Connection * May 17-23, 2018



West Springfield students junior Janetta Jones, left, and sophomore Madi Howard show off their fancy prom dresses.



Luke Arnold from Lake Braddock and Westfield senior Ayana Coran enjoy dancing together.

Photos By Tom Manning/The Connection





Home Sales

In March 2018, 73 Fairfax homes sold between \$1,210,000-\$178,000.

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Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

KINDERGARTEN REGISTRATION

Child turning 5 years old by Sept.30? If so, contact your child's school to make arrangements for kindergarten enrollment. Most schools begin getting information together now for parents of incoming kindergartners, and many host an orientation or open house. All kindergarten programs are full-day and located in FCPS elementary schools. Check your school's webpage or contact the school directly for specific enrollment information and dates of orientationor visit www.fcps.edu/registration/ kindergarten-registration.

THURSDAY/MAY 17

- Hiring Event. 9 a.m.-2 p.m. at ALDI, 11001 Lee Highway, Fairfax. ALDI hiring event for its Fairfax-area stores, positions include: Manager Trainees, Shift Managers and Store Associates. Applicants can apply in person at the Fairfax store. Visit aldi.us.
- Safe Driving While Aging. 9:30 a.m.-1:30 p.m. at Lord of Life Lutheran Church, 13421 Twin Lakes Drive, Clifton. NV Rides will host workshops offering tips and best practices to help older drivers stay on the road safely, and for as long as possible. Free. RSVP requested at Ginac@nvrides.org or 703 537-3070. Public Meeting Presentation. 6-8 p.m. at
- Irving Middle School, 8100 Old Keene Mill Road, Springfield. Fairfax County Department of Transportation (FCDOT) is requesting feedback on proposed Fairfax Connector service changes to Routes 171 and 699. The meeting will include a presentation at 7 p.m. on the proposed changes and Fairfax Connector representatives will be on hand to answer questions and take feedback from attendees. Rider feedback is welcomed on the proposed changes until 5 p.m. on Friday, June 8, 2018. To comment on the proposed route changes: email comments to fairfaxconnector@fairfaxcounty.gov. Call 703-339-7200, TTY 711 or visit www.fairfaxconnector.com.
- Public Input Wanted. 7 p.m. at Fairfax County Government Center, Rooms 9/10, 12000 Government Center Parkway, Fairfax. Fairfax County will seek public input on the Northern Virginia Transportation Authority (NVTA) 60 Candidate Projects for their FY 2018-2023 Six Year Program. Visit thenovaauthority.org for more

FRIDAY-SATURDAY/MAY 18-19

Yard Sale. Friday, noon-5 p.m.; Saturday, 7 a.m.-2 p.m. at Historic Pohick Church, 9301 Richmond Highway, Lorton. Historic Pohick Episcopal Church, the colonial church of George Washington and George Mason, will be holding its annual "Hodge Podge" Yard Sale. On sale will be furniture, antiques, collectibles, household items, tools, electronics, toys, books, clothing and more. All proceeds will benefit the many ministries of Pohick Church, which serves the southern Fairfax and northern Prince William County areas. Call Darryl Sebastian 703-339-7197 or visit www.pohick.org.

SATURDAY-TUESDAY/MAY 19-22

Registration System Update. The Fairfax County Park Authority is switching to an updated registration system later this month. As the switch is being made, park customers will not be able to complete any member-based transactions; these include registering for classes or camps or purchasing passes or memberships. However, park visitors can buy a ticket for a spin on a carousel, rent a boat or pay daily admission fees at RECenters. Call 703-222-4664 Monday-Friday, 9 a.m.-4 p.m.

SUNDAY/MAY 20

Understanding and Caring for a Person with Dementia. 12:30-2 p.m. at Christ Church, 7600 Ox Road, Fairfax Station. This class will discuss the different types of dementia, common behaviors, the reasons for troubling behaviors, communication techniques, and services available for caregivers. Lindsey Vajpeyi, Director of Education and Outreach at Insight, will be presenting this program. Contact Lindsey Vajpeyi at 703-204-4664 or lindsey.vajpeyi@insightmcc.org or visit insightmcc.org.



BUSINESS



DIRECTORY

CALL 703-549-0004 FOR ADVERTISING INFORMATION





Seven weeks between chemotherapy infusions; I could get used to this. Here I am sitting and writing on Wednesday, May 9 and my next scheduled infusion isn't until Friday, June 1. That's another three-plus weeks. It's a "staycation," of sorts, meaning: I'm not going anywhere, but due to the new extended chemotherapy infusion interval – from six weeks to seven, I don't have to.

Though it's hardly an ideal vacation - either staying or going - for a cancer patient still undergoing treatment, not having to go the Infusion Center is about as good as it gets. What's even better is receiving scan results (which at present are still scheduled quarterly) which show "stable," "shrinkage," or even "N.E.D," which means "no evidence of disease" (I'm "stable"). All of which I can live with. Despite ending that last sentence with a preposition.

With respect to "N.E.D.," unfortunately, being asymptomatic as I generally am - and mostly have been, is not necessarily an indicator that all is well.

Neither do symptoms always confirm "progression" (medical jargon for growth and/or movement). Sometimes the pain is scar tissue. Other times it's a side effect of the medicine you've been infusing or the pill you've been swallowing. (Presently, there are targeted treatment options which enable patients to take pills at home, tarceva being one example. Which if I may quote the late Maurice Chevalier singing in "Gigi:" 'I remember it well' from the 11 months a few years ago when I didn't have to commute to the infusion center.)

Throw in the occasional phone appointment I've had with my oncologist, post-scan, when he and I both know – per an email he usually sends, that the results continue to show "stable," and when an in-office examination is likely not to "present" (more medical jargon; this one meaning, show) any contradictory findings and I've definitely had my moments of relative/comparative calm. Moments which, when they do occur, need to be cherished because, in the terminal cancer world, the news is not always good.

And since you have to take the good with the bad, with minimal control over both - acknowledging the good and not giving into the bad, become your stock and trade. It's easy, maybe even inevitable that a cancer patient will get overwhelmed by his or her circumstances so finding a way to navigate the slings and arrows of the outrageous misfortune which has befallen you is

more than crucial; it's life sustaining. Practically speaking though, how does one absorb the news and subsequent reality of a cancer diagnosis? What word I used to describe what I felt and heard at the initial Team Lourie meeting with my oncologist when he told me I had a "terminal" form of cancer: non-small cell lung cancer, stage IV, was "surreal."

It's a word I've heard many other cancer patients use when describing the moment when they first heard their devastating news. At that ground-zero moment, the words "non-small cell lung cancer," at least for me, were almost incomprehensible, especially if there's no cancer history in your immediate family (which was true for me). I mean, I understood him well enough. I just didn't process the information.

Similar to when I received a call at work, from my internal medicine doctor, a few days after my biopsy (and a week or so before meeting my oncologist), advising me of the results. He asked me if I wanted to meet him at his office (that can't be good I thought - and it wasn't). I said, "No. Just tell me" And so he did.

He told me that they found tumors in my lungs which were malignant. My knee-jerk reaction? "What does that mean?" Upon hearing that kind of news/maybe just that word, "malignant," you sort of lose control of your faculties. (At least I did.)

ng straight? Hardly You're thinking Thin crooked. But as time goes by and you somehow begin to assimilate/compartmentalize your diagnosis/prognosis, it becomes quite clear: anything you can do to bring some normalcy into your life is a win-win for you and a lose-lose for cancer.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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