



**Hadeed**  
ORIENTAL RUG CLEANING  
AND IN-HOME SERVICES

**PET DANDER.  
POLLEN. GET THE  
ALLERGENS OUT!**



**IN-PLANT ORIENTAL RUG CLEANING**  
Have **2** Rugs Cleaned And Get The **3rd** Cleaned **FREE!**  
Save up to 35%

Valid on Our Signature Hand-Washing of Your Fine Rugs Or the Hanna Ayoub Express Expedited Service for Rugs that Qualify!  
- A Trusted Resource Since 1929!

**OUR BEST OFFER EVER  
EXTENDED  
BY POPULAR  
DEMAND!**

**703-836-1111 | JoeHadeed.com | FREE PICKUP & DELIVERY!** Expires 6/24/18. Same size or smaller rug free. Not valid w/any other offers. †Some restrictions apply.



The  
**Arlington**  
Connection



Graduates at Yorktown High School look for family and friends in DAR Constitution Hall on June 14.

**Moving Forward**

NEWS, PAGES 2-4

**It's Time to Get a Cup  
Of Lemonade**

NEWS, PAGE 7

ATTENTION POSTMASTER:  
TIME SENSITIVE MATERIAL.  
REQUESTED IN HOME 6-21-18

PRSR STD  
U.S. POSTAGE  
PAID  
EASTON, MD  
PERMIT #322

ONLINE AT [WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

ENTERTAINMENT, PAGE 8 ♦ CLASSIFIEDS, PAGE 14

PHOTO BY VERNON MILES/THE CONNECTION

JUNE 20-26, 2018





PHOTOS BY VERNON MILES/THE CONNECTION

A panoramic view of Washington-Lee High School graduation.

# Goodbye Washington-Lee A class comfortable with change.

BY VERNON MILES  
THE CONNECTION

**W**hen Kashi Nikore, valedictorian of Washington-Lee High School, took the stage, she told the crowd at the Daughters of the American Revolution Constitution Hall that she was there to announce the new name of the high school. For once in a full day of graduations on June 14 in the hall, there was a moment of rapt silence. Potentially renaming the school named after two slave owners and one leader of the Confederacy has been one of the county's hot button issues. Nikore announced that it would be named "Obama High School," after Michelle Obama and the school burst into laughter.

It was a good joke, played at the expense of the horrified reaction of local stalwarts,

but it also illustrates one of the differences with the class of 2018. Graduations are often times of reflection for parents, faculty, and students. But for 498 graduates in the class of 2018, eyes are turned firmly towards the future. It's a class that is not only comfortable with change, but as shown at high school graduations where Parkland was mentioned at least once in each ceremony, it's a generation actively working towards it.

"Diversity has come a long way for our school," said Nikore. "It's not just about tolerance, but respect."

"It's so surreal to be here today," said Ellen McNamara, whose daughter Helen Curtin was graduating from Washington-Lee. "She loved it."

McNamara said her daughter was involved in school sports and Girl Up. McNamara said some of her favorite memories were going to softball games and watching her daughter play.

"It goes so fast," said McNamara. "It was an unbelievable school."

Graduations are a mixed experience for parents. Kim Sanz said her daughter, Kat Sanz's graduation, would leave her an empty nester: all of her children have graduated high school. Kim Sanz said it was an exciting prospect, but also a sad one.

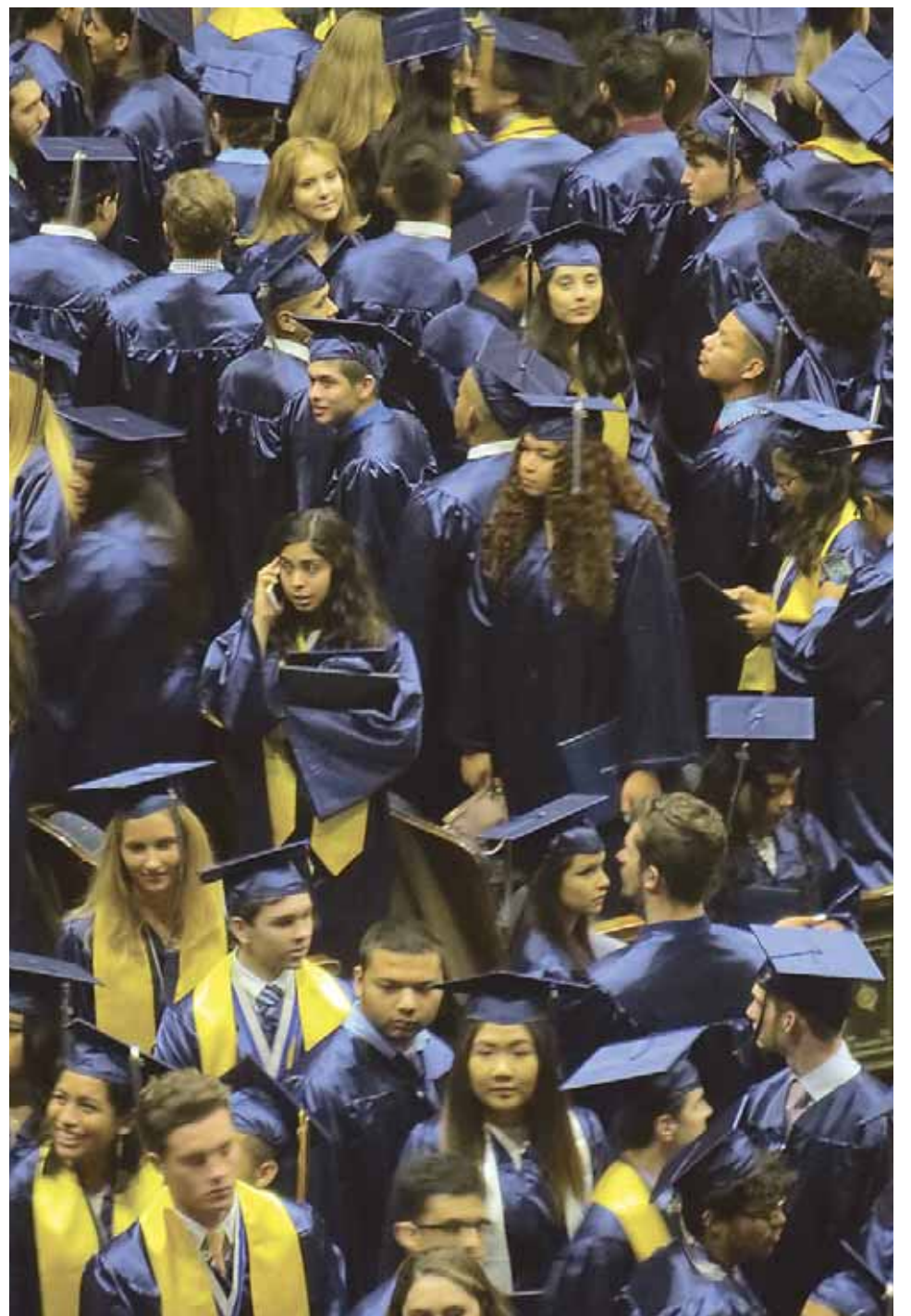
"She grew over her time [at Washington-Lee]," said Gerry Sanz. "She made some good friends."

Kat Sanz will be attending University of Maryland in the fall, along with her brother.

"[Being at graduation] is profound," said Cassandra Dudka, whose son Cory Dudka was graduating. "It's been a fabulous journey. It was a very positive, supportive, inclusive school."

Cassandra Dudka said one of her son's best experiences in school came at the very end, where his senior experience allowed him to travel to Europe with friends to study for three weeks.

"Allowing them to go off and do that was truly life changing," said Cassandra Dudka. "He learned so much about himself."



Washington-Lee High School graduates inside DAR Constitution Hall.



Valedictorian Kashi Nikore.





Valedictorian Jack Markowitz addresses the graduates.

Yorktown High School graduation concludes.



PHOTOS BY VERNON MILES/THE CONNECTION

## 416 Graduates Say Farewell to Yorktown High School

### Sharing memories.

BY VERNON MILES  
THE CONNECTION

The classroom is only part of the high school experience. At the graduation on June 14 from Daughters of the American Revolution Constitution Hall, parents and students alike reflected on four years of learning and growth both inside the classes and in extracurricular activities.

“[My favorite memories] are watching her play volleyball,” said Deborah Meyers, whose daughter Amanda Meyers was graduating from Yorktown High School. “She was on the team with a number of girls she went to elementary school with.”

“My sister Piper [O’Donnell] was the captain of the dance team,” said Tara O’Donnell, who was slightly nostalgic for her own graduation at Yorktown four years earlier. “She loved it at Yorktown, and also was involved in lacrosse, basketball and tennis.” Their mother, Roena O’Donnell,

said Piper O’Donnell’s gymnastics background really helped her in dance, and made her a good addition to the school.

Cyndi Radke’s graduating daughter Jennifer had originally wanted to do dance in High School, but after a knee injury she joined the speech and debate team for Yorktown. According to her mother, Jennifer Radke wound up falling in love with speech and debate and attended the National Championships. “She’s a shy kid, and it really helped her find her voice,” said Cyndi Radke. “It’s so excited. We’re so proud.” “She

had an excellent experience,” said Joycelyn Harrison, mother of Cayla Harrison. “The teachers were great and she was challenged academically. She grew tremendously, both academically and in character.” Yorktown has an atmosphere of family. Valedictorian Jack Markowitz recalled that every one of the 416 graduating students helped shape Yorktown into the school that it was. Markowitz’ performance was followed by a rendition of “See You Again” by the Yorktown Chamber Choir, honoring senior Anna Ross, who died earlier that school year.

## A Day for Families at Wakefield High School Graduation

### Moving forward.

BY VERNON MILES  
THE CONNECTION

While many high schools can feel like a family, for many, Wakefield High School was literally populated by family. For many families in South Arlington, it’s a legacy. In the crowd full of parents and siblings at the Daughters of the American Revolution Constitution Hall on June 14, many remembered their own graduations from the school, and the friends and faculty that helped make Wakefield so special.

“I feel like I’m the one graduating tonight,” said Catherine Torres, whose son Juan Torres Jr. is the latest member of his family to graduate from the Wakefield High School. “He had a lot of fun. He played football at the school, and I’ll always remember those big game nights. It feels so awesome to be here.”

Fatima Taki had two graduates that day,



PHOTO BY VERNON MILES/THE CONNECTION

At the conclusion of Wakefield High School’s graduation, mortar boards go flying.

SEE WAKEFIELD, PAGE 15

WWW.CONNECTIONNEWSPAPERS.COM

ARLINGTON CONNECTION ♦ JUNE 20-26, 2018 ♦ 3





**Cecilia Allen (left) with Tasnia Rahman**



**Tom Mallan (left) with Robert Gessel (center) and Nathaniel Klein. Mallan said Gessel dedicates himself to making the world a better place and it has helped steer him towards comedy. Mallan described Klein as a Tigger-like tornado of enthusiasm in a floor-length medieval cloak.**



**Michael Coughlin (left) with Luis Perez Juchani. Coughlin said Juchani arrived in the U.S. from Bolivia four years ago and spoke no English, but was diligent and after a while learned an enormous amount of the language with the aim of building a new life in this country for himself and his family.**

## ‘A Unique Place’ Each graduate singled out at H-B Woodlawn.

BY VERNON MILES  
THE CONNECTION

PHOTOS BY VERNON MILES/THE CONNECTION

There’s not a cap or gown in sight at H-B Woodlawn, unless one student’s flowing medieval cloak counts. There was a surplus of Hawaiian shirts, though, setting the laid back tone for Arlington’s alternative school graduation tradition. In an informal ceremony on June 15, teachers at the school gave a small speech about every one of the 100 students graduating from the school. Principal Casey Robinson, also a teacher at the school who years ago had been a student there, said the tradition emphasizes that every student is an individual and is special.

“It’s been an outstanding class,” said Robinson. “I was on maternity leave in the fall, and felt confident with the school in their hands. They’re a caring group; they really look out for others.”

Robinson said this empathy extended onto the national and world stage.

“We had a lot of student activism with this class,” Robinson said, noting the town hall students held after the Parkland shooting where students spoke with state and federal political leaders about how to push for greater gun control reforms. “Some se-



**Patti Walsh (left) and Caroline Beger**

niors also helped to organize walkouts. One of our goals is to instill in them confidence in their abilities and to stand up for what they believe in.”

Laurie Granger, whose son Will Granger had been in attendance at the school since 6th grade, said he loved every minute of his time there.

“It really helped him be true to himself,” said Laurie Granger. “Kids here are free to be true to themselves. They do a musical every year and he had a fantastic time with



**Teri Doxsee (left) with Matthew Luoma. Doxsee said Luoma loves animation and has come out of his shell over his years at H-B.**

that. It was so good and lets the kids show passion for arts, even kids who are not as artistic find their talents. It’s been such a good ride.”

Many of the parents said the school had helped to change their students’ lives. Dane Henshall said the school helped her daughter, Grace Henshall, find confidence to try new things.

“If she failed, her friends and school would be there to catch her,” said Dane Henshall. “She ended up being able to work with a



**Francisca Jorgensen (left) and Zach Longworth. Longworth was a new arrival at the school but quickly became known for his love of film.**

teacher advisor, Lee Buckley, to help her figure out why she procrastinated and helped her work on an organization system.”

Dane Henshall said if it hadn’t been for the openness of H-B Woodlawn’s system, her daughter wouldn’t have tried Frisbee, theater, or psychology, all of which she loved.

“[Graduation] hasn’t hit me yet,” said Henshall. “I’m very blessed. Arlington is such a unique place, and a wonderful environment to raise a family.”

## Ballston BID Honors Leaders in Real Estate and Innovation

**Marymount president, Avison Young, GHT Limited, and Lincoln Property Company celebrated.**

The Ballston Business Improvement District (BID) hosted the second annual Best of Ballston Awards Program presented by Clark Construction in conjunction with BID’s Annual Meeting at the Hilton Arlington

Hotel on June 14. The awards program celebrated the innovative businesses, community leaders and real estate professionals behind Ballston’s renaissance.

Highlighting the evening was the presentation of the Robert Ball Sr. Award to Dr.

Matthew D. Shank, president of Marymount University, in recognition of his contributions to Arlington and his dedication to serving the community. Serving as Marymount’s president since 2011, Shank has worked to strengthen Arlington both intellectually and

aesthetically, from his role in developing the “Blue Goose” into the Marymount Ballston Center to his work with the Arlington Street People’s Assistance Network and numerous additional community organizations.

Tina Leone, CEO of the Ballston BID, presented the “Best of Ballston” Awards. A panel of local leaders determined win

SEE BALLSTON, PAGE 14



## "FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for June 24-30.

**Senior Centers** will be closed Wednesday, July 4 in observance of Independence Day

**Senior centers:** Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16<sup>th</sup> St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18<sup>th</sup> St.

**Senior trips:** Signature Theatre, "The Scottsboro Boys," Sunday, July 1, \$78; Washington Nationals vs Boston Red Sox, Tuesday, July 3, \$55; Captain Billy's Crab House, Newburg, Md., Thursday, July 5, \$5 (transportation only); Baltimore Museum of Industry, Friday, July 6, \$12; Shenandoah Theatre, Winchester, "West Side Story," Saturday, July 7, \$50. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

### NEW PROGRAMS:

**Informal current events discussion,** Monday, July 2, 10 a.m., Walter Reed. Details, 703-228-0955.

**Jeopardy game,** Monday, July 2, 10:30 a.m., Walter Reed. Details, 703-228-0955.

**Pickleball beginners,** Mon-

days, 9 a.m., Arlington Mill; 9:45 a.m., Walter Reed. Details, 703-228-4771.

**Just Playin' Country,** Monday, July 2, 11:15 a.m.. Lee. Details, 703-228-0555.

**Learn ukulele basic strumming,** Tuesday, July 3, 4:30 p.m., Walter Reed. Register, 703-228-0555.

**Solve Sudoku puzzles in a group setting, beginners,** Tuesdays, 10 a.m., Walter Reed. Register, 703-228-0955.

**Casual group of crafty persons who like to knit or crochet,** Tuesdays, 1 p.m., Langston-Brown. Details, 703-228-6300.

**Basic movements of Middle Eastern dance,** Tuesdays, 12:15 p.m., Lee. Register, 703-228-0555.

**New beginners line dancing class** starts Thursday, July 5, 1 p.m., Arlington Mill. Register, 703-228-7369.

**Arlington Mill Trekkers,** Thursdays, 9 a.m. Details, 703-228-7369.

55+ Book Club to discuss, "A Gentleman in Moscow" by Amor Towles, Friday, July 6, 12 p.m., Central Library. Details, 703-228-4403.

**Ballroom dance,** Friday, July 6, 1-3p.m., Lee. Details, 703-228-0555.



MEET MATA AMRITANANDAMAYI,  
RENOWNED HUMANITARIAN  
AND SPIRITUAL LEADER

# AMMA

## WASHINGTON, DC JULY 1 - 2, 2018

Programs include inspirational music, meditation, spiritual discourse, and personal blessings

### July 1 – FREE PROGRAM

10:00am, morning program  
7:30pm, evening program

### July 2 – FREE PROGRAM

10:00am, morning program

### July 2 – DEVI BHAVA FREE PROGRAM

A celebration devoted to world peace  
Program begins at 7:00pm

### LOCATION

Crystal Gateway Marriott  
1700 Jefferson Davis Hwy  
Arlington, VA 22202

### PARKING / TRANSPORTATION

**\$17.00 Hotel Parking** | Free parking available in neighboring lots all day Sunday, and Monday after 4:00 PM  
**Crystal City Metro** | .02 mi from hotel lobby  
**Free Shuttle** | To and from Reagan National Airport

For info about Amma's charities visit  
[embracingtheworld.org](http://embracingtheworld.org).

PLEASE PLAN TO ARRIVE AT LEAST 90 MINUTES BEFORE THE PROGRAM TO RECEIVE A FREE TOKEN IF YOU WOULD LIKE TO HAVE AMMA'S EMBRACE. TOKENS MAY BE LIMITED BY TIME CONSTRAINTS.

[AMMADC.ORG](http://AMMADC.ORG) | [INFO@AMMADC.ORG](mailto:INFO@AMMADC.ORG) | (240) 532-2662

OM LOKAH SAMASTAH SUKHINO BHAVANTU MAY ALL BEINGS EVERYWHERE BE HAPPY



## Coming June 24th

## The New and Improved Pike Ride.



Work. Play. Do both with Pike Ride. With simpler, more direct service and frequency during nights and weekends, connecting with your favorite people at your favorite spots along Columbia Pike is going to be easier than ever.

[wmata.com/pikeride](http://wmata.com/pikeride)





# Working To Alleviate Food Insecurity

**W**hat began as a way to engage Marymount University biology students in a fun community project has grown into a thriving organization that works to alleviate local food insecurity and promote sustainable living through urban agriculture.

Food For Thought was founded by Brenna Cook '18 and Dr. Susan Agolini, Clare Boothe Luce assistant professor of biology and physical sciences at Marymount. The student-run club started with members volunteering weekly at St. Andrew's Episcopal Church's garden, a mile from campus.

Gardening was new for most students.

The club has drawn faculty and student volunteers from disciplines as diverse as nursing, politics and fashion design. MU alumni have also participated and helped spread its message beyond campus. To date, 118 volunteers have served the project.

They have also worked with Arlington Friends of Urban Agriculture by planting and distributing basil seedlings to commuters at local metro stations. In addition, Cook and Agolini presented a poster on Food For Thought at the Virginia Urban Agriculture Summit in October.

Over the winter, the nonprofit Rooftop Roots helped the club construct and plant three raised beds in a grassy area of campus that fronts North Glebe Road. Produce raised there goes

to the Arlington Food Assistance Center. Food For Thought also started a chapter of the Food Recovery Network that provides prepared-but-unused food from Marymount's Gerard Dining Hall to the Arlington Street People's Assistance Network (A-SPAN).

Elizabeth Swanson, a senior biology major from Manassas Park, Virginia, was drawn to the group by her love for plants and interest in urban agriculture and environmental sustainability.

"The best thing about Food for Thought is how personal it is, in every sense of the word," said Swanson, the club's new president and first summer intern. "Not only does our club attempt to assist in the ever-increasing problem of food insecurity by personally growing the produce that we donate and being there for every step of the process, we have also formed a lot of personal connections in the greater Arlington community."

During her internship, she'll continue to care for the raised-bed gardens and help out at the St. Andrew's garden as often as possible. She's also hoping to recruit more student volunteers.

"We're always looking to connect with volunteers outside of our campus as well, so anyone interested in our mission or learning about gardening is more than welcome to contact us," she said.

Email Food For Thought at [fft@marymount.edu](mailto:fft@marymount.edu).



**Elizabeth Swanson, the first intern and current Food For Thought president, is pictured with founding president Brenna Cook '18.**



## New Officers

**New officers of 2018-2019 Senior Adult Council installed by Jane Rudolph (left), DPR director, Thursday, June 14, include, from right, Chair Vera Libeau, Treasurer Andrea Vojtko, and Secretary Valerie Turner. (Absent: Vice-chair John Gunning.)**



## 20 Years of Service

**Leadership Center for Excellence celebrated 20 years of community service and leadership development on Tuesday, June 12 at the Army Navy Country Club. Attendees celebrated the organization's history, honored its founders, and paid tribute to the Founding President & CEO Betsy Frantz. Frantz served the Leadership Center for Excellence from 1998 to March 2018. She is now the president of the Virginia Hospital Center Foundation.**

## BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### WEDNESDAY/JUNE 20

**Coffee with a Cop: South Outreach Team.** 5-6:30 p.m. at Starbucks, 1201 S. Fern St. The Arlington County Police Department is committed to developing and maintaining strong relationships with those who live, work or visit Arlington County. Coffee with a Cop provides an opportunity to build these partnerships, one cup of

coffee at a time. Visit [newsroom.arlingtonva.us/release/public-invited-to-coffee-with-a-cop-2](http://newsroom.arlingtonva.us/release/public-invited-to-coffee-with-a-cop-2) for more.

### TUESDAY/JUNE 26

**Sips and Civility: The Dream Project.** 6:30-8 p.m. at Unitarian Universalist Church, 4444 Arlington Blvd. The Arlington League of Woman Voters is hosting another Sips and Civility Program – and a look into the lives, the hopes and the

dangers of Arlington DACA and Dreamer kids. \$20 per person to cover the cost of food and space rental. Any profit will be donated to the Dream Project. Attendees can pay cash at the door or by credit card at [www.eventbrite.com](http://www.eventbrite.com), search "LWV Sips and Civility." Visit [www.lwv-arlingtonva.org](http://www.lwv-arlingtonva.org) for more.

### THURSDAY/JUNE 28

**"Return on Creativity: An Arlington Asset."** 5:15-7:30 p.m.

at Virginia Tech Research Center, 900 N. Glebe Rd., 2nd floor. Join Arlington Economic Development for its second seminar in the series "Return on Creativity: An Arlington Asset." The ROC series will offer networking opportunities. Free. Registration required, space is limited. Register at [www.eventbrite.com](http://www.eventbrite.com), search "Return on Creativity."

The  
**Arlington**  
Connection

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

@ArlConnection

An independent, locally owned weekly newspaper delivered to homes and businesses.

**Published by  
Local Media Connection LLC**

**1606 King Street  
Alexandria, Virginia 22314**

Free digital edition delivered to your email box. Go to [connectionnewspapers.com/subscribe](http://connectionnewspapers.com/subscribe)

**NEWS DEPARTMENT:**  
[arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com)

**Steven Mauren**

Editor

703-778-9415

[smauren@connectionnewspapers.com](mailto:smauren@connectionnewspapers.com)

**Jean Card**

Production Editor

[jcard@connectionnewspapers.com](mailto:jcard@connectionnewspapers.com)

**Vernon Miles**

Reporter

757-472-3435

[vmiles@connectionnewspapers.com](mailto:vmiles@connectionnewspapers.com)

**Eden Brown, Shirley Ruhe**

Contributing Writers

[arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com)

**ADVERTISING:**

For advertising information  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)  
703-778-9431

**Debbie Funk**

Display Advertising/National Sales

703-778-9444

[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

**David Griffin**

Marketing Assistant

703-778-9431

[dgriffin@connectionnewspapers.com](mailto:dgriffin@connectionnewspapers.com)

**Classified & Employment**

**Advertising**

703-778-9431

**Editor & Publisher**

Mary Kimm

[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)

@MaryKimm

**Executive Vice President**

Jerry Vernon

703-549-0004

[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Editor in Chief**

Steven Mauren

**Art/Design:**

Laurence Foong, John Heinly,  
Ali Khaligh

**Production Manager:**

Geovani Flores

**CIRCULATION**

[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)





# It's Time to Get a Cup of Lemonade

BY SHIRLEY RUHE  
THE CONNECTION

**Y**ou know it's summer when the local swimming pool opens, the bell of the ice cream truck rings just down the block and the Bridges to Independence lemonade stands open around Ar-

lington. These lemonade stands are youth-run enterprises that teach decision-making and a strong work ethic to children while satisfying their customers' sweet tooth on a hot summer's day.

Jeannette Norton, director of development at Bridges to Independence, says, "Usually we have around 20 kids participating from 5-years-old to 18. They all have different roles and each is doing their part."

Last year the youth served more than 1,500 cups of lemonade at several stands located at key sites around Arlington. This year the stands will open July 3 and serve lemonade 2-3 times a week for five weeks until Aug. 4.

The lemonade stands are the centerpiece of Bridges to Independence's summer youth program for children working their way out of homelessness. The participants will learn financial literacy through a series of five workshops given by one of the sponsors and will practice what they learn by running their own lemonade stand. Half of the money they earn will allow them to open

a savings account and the other half will support an end of summer field trip.

Norton says usually the field trip is to an amusement park like Six Flags. It is a rite of passage for a young person." She says, "It is the first time they have ever been to an amusement park." Norton says last year the youngsters sold lemonade for \$1 a cup but often

people donate more. "Last year someone gave \$100 for a cup of lemonade. It was a pretty exciting day."

Bridges to Independence is a non-profit organization that has served 507 individuals with the goal to lead individuals and families out of homelessness and into stable, independent futures.

Seventy-six percent left the pro-

gram employed, 91 percent transitioned into permanent housing and 100 percent of the seniors graduated from high school and started college.

This year's sponsors for the lemonade program are Arlington Community Federal Credit Union, Enterprise Knowledge, Hair Cuttery, Honest Tea and Westfourth Communications.



PHOTO CONTRIBUTED

**Bridges to Independence lemonade stand in 2017.**

## Schedule of Lemonade Stands

Day	Date	Time	Location	Address
Tuesday	3-Jul	5:30 – 7:00 PM	Market Common Clarendon	2800 Clarendon Blvd, Arlington, VA 22201
Thursday	5-Jul	5:30 – 7:00 PM	FRESHFARM Ballston Market	901 N Taylor St, Arlington, VA 22203
Saturday	7-Jul	12:00 – 1:30 PM	Animal Welfare League of Arlington	2650 S Arlington Mill Dr, Arlington, VA 22206
Tuesday	10-Jul	5:30 – 7:00 PM	Market Common Clarendon	2800 Clarendon Blvd, Arlington, VA 22201
Thursday	12-Jul	5:30 – 7:00 PM	FRESHFARM Ballston Market	901 N Taylor St, Arlington, VA 22203
Tuesday	17-Jul	5:30 – 7:00 PM	Volunteer Arlington, a program of Leadership Center for Excellence	4420 N. Fairfax Drive, Suite 102, Arlington, VA 22203
Thursday	19-Jul	5:30 – 7:00 PM	Arlington Community Federal Credit Union	TBD
Saturday	21-Jul	12:00 – 1:30 PM	Market Common Clarendon	2800 Clarendon Blvd, Arlington, VA 22201
Tuesday	24-Jul	5:30 – 7:00 PM	FRESHFARM Market Crystal City	1900 Crystal Drive, Arlington, VA 22201
Wednesday	25-Jul	5:30 – 7:00 PM	Clarendon Animal Care	3000 10th St N, Arlington, VA 22201
Thursday	26-Jul	1:00 – 2:30 PM*	Arlington Community Federal Credit Union	5666 Columbia Pike, Falls Church, VA 22041
Tuesday	31-Jul	5:30 – 7:00 PM	Hair Cuttery	2020 Wilson Boulevard, Retail A2, Arlington, VA 22201
Thursday	2-Aug	5:30 – 7:00 PM	FRESHFARM Ballston Market	901 N Taylor St, Arlington, VA 22203
Saturday	4-Aug	12:00 – 1:30 PM	Market Common Clarendon	2800 Clarendon Blvd, Arlington, VA 22201

EMPOWER THE CHILD.

EMPOWER THE MIND.

## COMMONWEALTH ACADEMY CONGRATULATES THE CLASS OF 2018

**We wish them the best in college, career and life pursuits!**

**"You can either be a passive victim of circumstance, or you can be a successful active leader who seizes every opportunity you get. Knowing each of you, I'm sure you will all choose the latter."**

Michael Scott Laemmle, Jr., C/A Class of 2018, in his speech to classmates at graduation



COMMONWEALTH  
ACADEMY

**Grades 3-12**

**1321 LESLIE AVE., ALEXANDRIA, VA 22301**

**703.548.6912**

**CA-EMPOWERS.ORG**



# ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## FARMERS MARKETS

**Crystal City:** Tuesdays, 3-7 p.m.; Crystal Drive between 18th and 20th streets. Visit [freshfarm.org/crystal-city.html](http://freshfarm.org/crystal-city.html)

**Clarendon:** Wednesdays, 3-7 p.m.; Clarendon Central Park (next to the Clarendon Metro). Visit [clarendon.org/farmersmarket/](http://clarendon.org/farmersmarket/).

**Rosslyn:** Wednesdays, 2:30-6:30 p.m.; Central Place Plaza, 1800 N. Lynn St. Visit [freshfarm.org/rosslyn.html](http://freshfarm.org/rosslyn.html).

**Ballston:** Thursdays, 3-7 p.m.; Welburn Square (across from the Ballston metro). Visit [www.ballstonbid.com/meet/taste-arlington/farmers-market-info](http://www.ballstonbid.com/meet/taste-arlington/farmers-market-info).

**Arlington Courthouse:** Saturdays, 8 a.m.-noon; N. 14th Street and N. Courthouse Road. Visit [www.community-foodworks.org/arlington-courthouse-market/](http://www.community-foodworks.org/arlington-courthouse-market/).

**Arlington Mill:** 9 a.m.-1 p.m.; Columbia Pike at S. Dinwiddie St. Visit [columbia-pike.org/fm-arlington-mill/](http://columbia-pike.org/fm-arlington-mill/).

**Marymount:** Saturdays, 9 a.m.-1 p.m.; Marymount University, N. Glebe Road and Yorktown Boulevard. Visit [www.marymountfarmersmarket.org](http://www.marymountfarmersmarket.org).

**Columbia Pike:** Sundays, 9 a.m.-1 p.m.; Columbia Pike and S. Walter Reed Drive. Visit [columbia-pike.org/fm/](http://columbia-pike.org/fm/).

**Fairlington:** Sundays, 9 a.m.-1 p.m.; Fairlington Community Center, 3308 S. Stafford St. Visit [www.fairlingtonfarmersmarket.org/](http://www.fairlingtonfarmersmarket.org/).

**Westover:** Saturdays, 8 a.m.-noon; Washington Boulevard and N. McKinley Road. Visit [westoverfarmersmarket.org/](http://westoverfarmersmarket.org/).

## ONGOING

**“The Scottsboro Boys.”** Through July 1 at Signature Theatre, 4200 Campbell Ave., Arlington. Signature’s tradition of celebrating Kander & Ebb



PHOTO BY PHILIP LONG

## ‘La Cenerentola’

Opera NOVA’s one-hour version of Rossini’s “La Cenerentola” (“Cinderella”) on Friday, June 29, and Saturday, June 30. There will be special performances for home-schoolers, summer campers, parochial, private and public school students on June 29 at 10:30 a.m. and to seniors at 2 p.m. June 29. On June 30 at 2 p.m., for families of military personnel and children of imprisoned parents. Another show is at 6 p.m. on June 30. At Gunston Middle School, 2700 S. Lang St., Arlington. Tickets are \$6 for adults, \$5 for members and seniors, \$4 for children and \$10 for donors. To reserve, contact 703-536-5775 or [mcdm1@verizon.net](mailto:mcdm1@verizon.net).

continues with its final musical collaboration. In the vein of “Chicago” and “Cabaret,” the Tony Award-winning masterminds deliver a musical critique of a stunning true story of racism and injustice in the American South. On March 25, 1931, nine African-American teenagers were ripped off a train, falsely accused of a crime, hastily tried and sentenced to death in an outrageous

disregard of due process. Visit [www.sigtheatre.org](http://www.sigtheatre.org).

**Art Exhibit: ‘Out of My Mind.’** Through July 8, gallery hours at Fred Schnider Gallery, 888 N. Quincy St. David Carlson: Paintings and Drawings from Fields and Transformation series. Call 703-841-9404 or email [gallery@fredschnider.com](mailto:gallery@fredschnider.com).

**Art Exhibit: Border (Untitled).** Through July 28, gallery hours at Cody Gallery, Ballston Center, 1100 North Glebe Road, second floor and The Barry Gallery, located in the Reinsch Library at Marymount, 2807 North Glebe Road. Marymount University will present Border (Untitled), an exhibition on the state of culture, art, and politics surrounding immigration and refugees. A fundraiser will be presented at both spaces for Love Without Borders. Works by refugees from around the globe will be available for sale, with all proceeds donated to support Love Without Borders and its work for refugee aid. Visit [www.love-withoutborders.org/](http://www.love-withoutborders.org/), [www.marymount.edu/barrygallery](http://www.marymount.edu/barrygallery) or [www.marymount.edu/ballston-center-gallery](http://www.marymount.edu/ballston-center-gallery).

**Art Exhibit: “Peregrination.”** Gallery hours at The Margaret W. and Joseph L Fisher Gallery on the second floor of the Rachel M. Schlesinger Center on the Alexandria campus of the Northern Virginia Community College, 4915 E. Campus Drive (off Beauregard Street), Alexandria. Arlington-based fine artist Bryan Jernigan’s solo show – “Peregrination” – will run through July 28, with a meet-the-artist reception on Saturday, June 23, 2-4 p.m. Peregrination, also known as a long, meandering journey, encapsulates the artist’s abstract take on real and envisioned landscapes. Visit [www.nvcc.edu/schlesingercenter](http://www.nvcc.edu/schlesingercenter).

**Art Exhibit: “Open World” and “Within/Between.”** Through Sept. 29, gallery hours at Arlington Arts Center, 3550 Wilson Blvd., Arlington. Open World features eight contemporary artists and artist teams who engage in world-building

through installation, video, digital media, sculpture, and collage. Features work by Rachel Frank, Jodie Mim Goodnough, Rachel Guardiola, Azikiwe Mohammed, Nicholas O’Brien, Plakooke, Alissa D. Polan, and Stephanie J. Williams. In Within/Between, AAC Resident Artists Olivia Tripp Morrow and Jen Noone explore materiality and form. Visit [arlingtonartscenter.org](http://arlingtonartscenter.org) for more.

**Gardening Lecture.** Wednesdays, through Oct. 10, 7 p.m. at the Arlington Central Library, 1015 N. Quincy St. The Arlington Food Assistance Center and the Master Gardeners of Northern Virginia will sponsor a free series of talks and demonstrations about gardening. In addition to basic gardening techniques, topics will include foraging for wild edibles, pollinators, food preparation and preservation, and more. All are welcome. Visit [www.afac.org/plot-against-hunger/pah-events/](http://www.afac.org/plot-against-hunger/pah-events/).

**Plant Clinic.** Wednesdays, through Oct. 24, 6:45-8:45 p.m. at The Arlington Central Library, east lobby, 1015 N. Quincy St. Visit [mgmv.org](http://mgmv.org).

**Ball-Sellers House Open.** Through Oct. 27, Saturdays 1-4 p.m. at Ball-Sellers House, 5620 3rd St., South. Free tours by a knowledgeable docent transport you back to the colonial era in the historic artifact of a house built in the 1740s. See how John Ball built the house and imagine what life would have been like in it for a middle class farmer, his wife, and five daughters. The house was donated to the Arlington Historical Society by its last owner, Marion Sellers, in 1975. Something for all ages. Call 703-892-4204 or visit [arlingtonhistoricalsociety.org](http://arlingtonhistoricalsociety.org).

**Farmers Market.** Through October, 9 a.m.-1 p.m. at Arlington Mill Community Center, 909 South Dinwiddie St. Columbia Pike will be the place to shop local on the weekends for the freshest produce, meats, goods and treats with the grand opening of a second farmers market at Arlington Mill Community Center. Visit [columbia-pike.org/fm-arlington-mill](http://columbia-pike.org/fm-arlington-mill).

**Arlington Historical Museum.**

Wednesdays, 12:30-3:30 p.m.; Saturdays and Sundays, 1-4 p.m. Arlington Historical Museum, owned and operated by the Arlington Historical Society, is located at 1805 S. Arlington Ridge Road. The two-story brick structure was built in 1891 as the Hume School, named for Frank Hume who gave some of the property for the school. It is the oldest school building in Arlington County. Now a museum, it houses permanent and temporary local history exhibits ranging from pre-1607 to Sept. 11, 2001. Visit [arlingtonhistoricalsociety.org](http://arlingtonhistoricalsociety.org).

**Civil War Artifact Display.** Saturdays and Sundays, 10 a.m.-2 p.m. at Fort C.F. Smith Park Visitor Center, 2411 24th St. N. The New Fort C.F. Smith Park Visitor Center features displays about Union soldiers and the Defenses of Washington between 1861 and 1865. Artifacts from archaeological studies from Forts Ethan Allen and C.F. Smith are on display. Kids can try on replica Civil War uniforms and learn about camp life. Visit [parks.arlingtonva.us/locations/fort-cf-smith-park/](http://parks.arlingtonva.us/locations/fort-cf-smith-park/).

**Arlington Farmer’s Market.** Every Saturday, 8 a.m.-noon at the corner of N. 14th Street and N. Courthouse Road. A weekly celebration of local food including fresh produce, meats, dairy, cheese, baked goods, free range eggs, specialty items, cut flowers, plants and herbs. Email [csingiser@cfwdc.org](mailto:csingiser@cfwdc.org) or call 917-733-6402.

**FRESHFARM Market.** 3-7 p.m. on Tuesdays at 1900 Crystal Drive. Shop from local farmers and producers with seasonal fruits and vegetables, fresh-cut flowers, container plants and herbs, farm-raised eggs, all-natural meats, artisan baked goods, and specialty foods. Visit [www.crystalcity.org](http://www.crystalcity.org) for more.

**Mobile Bike Repair.** 8 a.m.-3 p.m. on Thursdays at 1900 Crystal Drive. Drop off your bike on Thursday morning and have it tuned up and ready to ride before heading home. Email [DC@velofix.com](mailto:DC@velofix.com), or phone 855-VELO-FIX for more.

**Food Truck Thursdays.** 11 a.m.-2 p.m. at 1900 Crystal Drive and 201 12th St. Actual truck schedules are subject to change so be sure to follow your favorites. Visit [www.crystalcity.org](http://www.crystalcity.org) for more.

**Healthy Lifestyle Runs.** Saturdays, 9 a.m. at Roosevelt Island, George Washington Memorial Parkway. American Cancer Society partners with parkrun USA to promote fitness in the fight against cancer. Free. Visit [www.parkrun.us/rooseveltislanddc/](http://www.parkrun.us/rooseveltislanddc/) for more.

**Friday Night Live.** 8 p.m. Fridays at the Church at Clarendon, 1210 N. Highland St., Suite A. Local musicians perform. Free. Visit [1bc.org](http://1bc.org) for more.

**Arlington’s Historical Museum Open on First Wednesdays.** The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County’s history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at [garrett.peck@arlingtonhistoricalsociety.org](mailto:garrett.peck@arlingtonhistoricalsociety.org).

**Open Mic Comedy.** Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or Visit [www.RiRa.com/](http://www.RiRa.com/) Arlington for more.

**Invasive Plants Removal.** Work parties are held every month to keep



Seaside, painting

## Arlington Artist Solo Show: Peregrination

Arlington-based fine artist Bryan Jernigan’s solo show – “Peregrination” – will run through 16-July 28, with a meet-the-artist reception on Saturday, June 23, 2-4 p.m. Peregrination, also known as a long, meandering journey, encapsulates the artist’s abstract take on real and envisioned landscapes. Gallery hours at The Margaret W. and Joseph L Fisher Gallery on the second floor of the Rachel M. Schlesinger Center on the Alexandria campus of the Northern Virginia Community College, 4915 E. Campus Drive (off Beauregard Street), Alexandria. Visit [www.nvcc.edu/schlesingercenter](http://www.nvcc.edu/schlesingercenter).



# ENTERTAINMENT

the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or Visit [registration.arlingtonva.us](http://registration.arlingtonva.us). Free, no registration required.

**Karaoke.** 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit [www.galaxyhut.com](http://www.galaxyhut.com) or call 703-525-8646.

**Pub Quiz.** 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit [www.whitlows.com](http://www.whitlows.com) or call 703-276-9693.

**Storytime.** Wednesdays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

**Lego Club.** Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

**Crystal City Sparket.** 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC's Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit [www.crystalcity.org](http://www.crystalcity.org).

**Art for Life.** Third Thursday of each month. The Hyatt Regency Crystal City's "Art for Life" Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org).

**Brunch at Freddie's.** Third Saturday of every month, 11 a.m.-1 p.m. at Freddie's Beach Bar, 555 23rd St. The Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome. No reservation is required. Visit [www.facebook.com/events/700174390103305](http://www.facebook.com/events/700174390103305).

## WEDNESDAY/JUNE 20

**National Hike with a Geek Day.** 9:30-11 a.m. Meet at Gulf Branch Nature Center, 3608 Military Road, Arlington. Wear your best nature or science T-shirt with pride and learn scientific names while searching for "flora and fauna." Discover apps to use to list the species seen along the way. Register online for \$5. Visit [www.parks.arlingtonva.us](http://www.parks.arlingtonva.us). Call 703-228-3403.

**Coffee and Conversation.** 10-11 a.m. at Langston Brown Community Center, 2121 North Culpeper St. Open to all — bring your own coffee,



PHOTO BY JOE FURGAL

**Pack a picnic and enjoy an evening of classics, Broadway, patriotic, and film music with The Arlington Philharmonic. This community event celebrates the work of the Animal Welfare League of Arlington who will have adoptable dogs available at the concert. Bring the whole family and well-behaved dogs. Free dog treats provided by Dogma Gourmet Dog Bakery & Boutique.**

## Pops for Pets

Presented by the Arlington Philharmonic and the Animal Welfare League of Arlington. Sunday, June 24, 6 p.m. at Lubber Run Amphitheater, 200 N Columbus St, Arlington. Free. Visit [www.arlingtonphilharmonic.org](http://www.arlingtonphilharmonic.org) or [info@arlingtonphilharmonic.org](mailto:info@arlingtonphilharmonic.org).

learn about aging in place with Arlington Neighborhood Village, and hear one of the speakers listed below. No RSVP needed. Free parking is available in the parking lot adjacent to the Center. Visit [arlnvil.org](http://arlnvil.org) for more.

## THURSDAY/JUNE 21

**Wakefield Golf Tournament.** 7:30 a.m. at Reston National Golf Course, 11875 Sunrise Valley Drive, Reston. The Wakefield HS Golf Team & the Wakefield HS Education Foundation present their 10th Golf Tournament to benefit Wakefield's students and scholarships on. This is a 9 a.m. shotgun start. Registration opens at 7:30 a.m., driving range and practice area open at 8 a.m. The day includes golf, prizes and a fun-filled awards luncheon. Visit [www.planmygolfevent.com/31783-CopyofWakefieldHSGolfTeamEducati/](http://www.planmygolfevent.com/31783-CopyofWakefieldHSGolfTeamEducati/) for more.

**Free Lemonade Day.** 10 a.m.-9 p.m. at Charleys Philly Steaks, 1100 S. Hayes St., Arlington. Customers can visit the Arlington Charleys location at Fashion Center at Pentagon City to receive a free, regular-sized Original Lemonade (no purchase necessary, limit one per customer).

**Make Music Day.** 11 a.m.-9 p.m. at Clarendon Central Park at the Clarendon Orange Metro. In partnership with the Clarendon Alliance, Arlington Independent Media, and WERA to bring a Mass Appeal Event featuring over 20 artists on two stages. Arlington Independent Media will provide beer and wine. Find participating artists at [makemusicday.org/dc](http://makemusicday.org/dc). Any musician, amateur or professional, young or old, is invited to take part by signing up at [makemusicdday.org/dc](http://makemusicdday.org/dc).

**Summer Scavenger Hunt.** 5:30-6:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Families ages 6 and up.

Have fun searching for signs of summer on the longest day of the year. The evidence is all around if you know where to look. Free. Register children and adults; children must be accompanied by a registered adult. Call 703-228-4747 or visit [registration.arlingtonva.us](http://registration.arlingtonva.us) to register.

## FRIDAY/JUNE 22

**Solstice Hike and Campfire.** 7:30-9 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Families ages 5 and up, enjoy the extra daylight with an evening hike and campfire. Hike the hills and dales of the park as we keep an eye out for late night residents. Then head back to the campfire to sing songs and roast marshmallows. Register for just \$7. Visit [www.parks.arlingtonva.us](http://www.parks.arlingtonva.us).

## SATURDAY/JUNE 23

**Small Space Gardening: Edible Landscaping.** 10:30 a.m.-noon at Shirlington Branch Library, 4200 Campbell Ave., Arlington. Extension Master Gardeners will teach participants to incorporate edible plants into garden design even if space is tight in the yard. Learn to reshape a small yard into a more sustainable landscape and how to install and maintain new edible plantings. Free. Advance registration requested at [mgnv.org](mailto:mgnv.org). Call 703-228-6414 or email [mgaralalex@gmail.com](mailto:mgaralalex@gmail.com).

**Meet the Artist: "Peregrination."** 2-4 p.m. at The Margaret W. and Joseph L. Fisher Gallery on the second floor of the Rachel M. Schlesinger Center on the Alexandria campus of the Northern Virginia Community College, 4915 E. Campus Drive (off Beauregard Street), Alexandria. Arlington-based fine artist Bryan Jernigan's solo show — "Peregrination" — will run June 16-July 28. Peregrination, also known as a long, meandering journey, encapsulates the artist's abstract take on real and envisioned landscapes. Visit [www.nvcc.edu/schlesingercenter](http://www.nvcc.edu/schlesingercenter).

**Netherlands Carillon Concerts: Jesse Ratcliffe.** 6-8 p.m. at Netherlands Carillon, Arlington. The 50 bells of the Netherlands Carillon hang in an open steel tower, a symbol of Dutch regard for American aid during and after World War II. Enjoy views of Washington, D.C., while guest artists play patriotic music, jazz, and pop. Bring a blanket or folding chairs. Sunshades and free-standing tents are allowed, but stakes are not. Free. Call 703-235-1530 or visit [www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm](http://www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm) for more.

**Meet Authors Jessica Spotswood and Tiffany Schmidt.** 7 p.m. at One More Page Books, 2200 N. Westmoreland St., #101, Arlington. Authors of The Last Summer of the Garrett Girls and Bookish Boyfriends: A Date With Darcy. Call 703-300-9746. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

## SUNDAY/JUNE 24

**Meet Authors Greer Macallister and Jenni L. Walsh.** 3 p.m. at One More Page Books, 2200 N. Westmoreland St., #101, Arlington. Authors of Girls in Disguise and Side by Side. Call 703-300-9746. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**Stories of Scottsboro Today.** 5 p.m. at Busboys and Poets-Shirlington, 4251 Campbell Ave., Arlington. The Scottsboro trials inspired a generation of Civil Rights activists, and the injustices these nine young men faced still resonate in the era of Black Lives Matter and the fight for a

Past issues of

# THE CONNECTION NEWSPAPERS

back to 2008 are available at

<http://connectionarchives.com/PDF>

## Home of the \$6,850 Bathroom Remodel From Now to WOW in 5 Days Guarantee

**TWO POOR TEACHERS**  
Kitchen and Bathroom Remodeling



**Free Estimates**  
**703-214-8384**



Visit our website: [www.twopoorteachers.com](http://www.twopoorteachers.com)

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Since 1999





# ENTERTAINMENT

fair and effective criminal justice system. Join in a panel discussion about the impact of the Scottsboro trials and the state of the American criminal justice system today. Visit [www.busboysandpoets.com](http://www.busboysandpoets.com).

**Pops for Pets Concert.** 6 p.m. at Lubber Run Amphitheater, 200 N. Columbus St., Arlington. Free. Presented by the Arlington Philharmonic and the Animal Welfare League of Arlington. Visit [www.arlingtonphilharmonic.org](http://www.arlingtonphilharmonic.org) or email [info@arlingtonphilharmonic.org](mailto:info@arlingtonphilharmonic.org).

**Firefly Festival.** 7:30-9:30 p.m. at Fort C.F. Smith Park, 2411 N. 24th St., Arlington. Families ages 3 and up. Register children and adults; children must be accompanied by a registered adult. Come celebrate summer's natural night lights and learn about these bioluminescent beetles. Activities include: bug hunts, games, crafts, walks, and talks about fireflies. Bring a picnic blanket and dinner as we wait for sunset and the natural lights to come out. Cancelled if raining. Call 703-228-4747 or visit [registration.arlingtonva.us](http://registration.arlingtonva.us) to register.

## MONDAY/JUNE 25

**Summer Arts Camps.** At Arlington Arts Center, 3550 Wilson Blvd., Arlington. For ages 4-18. Thematic and technique-focused camps return for children and teens. Line, color, shape, texture, space, and form will all be emphasized through creative projects based on campers' observations and imaginations. Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org).

**Washington-Lee HS Golf Tournament.** Shot-gun start at 10 a.m. at Country Club of Fairfax, 5110 Ox Road, Fairfax. Prizes, auction and raffle items available. 100 percent of the proceeds goes directly to W-L HS Athletic Dept. Registration includes



**Reach out to embrace stones (tile bathroom and mountain range), 2018, by Alissa D. Polan.**

## ‘Open World’ and ‘Within/Between’

Open World features eight contemporary artists and artist teams who engage in world-building through installation, video, digital media, sculpture, and collage. Features work by Rachel Frank, Jodie Mim Goodnough, Rachel Guardiola, Azikiwe Mohammed, Nicholas O'Brien, Plakooke, Alissa D. Polan, and Stephanie J. Williams. In Within/Between, AAC Resident Artists Olivia Tripp Morrow and Jen Noone explore materiality and form. Exhibit runs through Sept. 29, gallery hours at Arlington Arts Center, 3550 Wilson Blvd., Arlington. A gallery talk is planned for Saturday, Sept. 29, 1-3 p.m. Visit [arlingtonartscenter.org](http://arlingtonartscenter.org) for more.

breakfast and lunch. For more information or sponsorship opportunities, contact: [evan.rodger@apsva.us](mailto:evan.rodger@apsva.us). Register at [www.planmygolfevent.com/31815-W-LHS\\_Golf\\_Tourney/](http://www.planmygolfevent.com/31815-W-LHS_Golf_Tourney/).

### Dance Technique for Performers.

7 p.m. at Signature Theatre, 4200 Campbell Ave., Arlington. A structured technique class focusing on style, storytelling, and personal artistry. Through a warm-up combining yoga, isolations, ballet, and jazz, dancers will strengthen technique, followed by jumps and turns across the floor. The class will be taught by Signature Artistic Associate and Resident Casting Director, Kelly Crandall d'Amboise, and a roster of guest artists including Broadway gypsies, visiting performers to the area and the Signature stage, and local artists. \$5 per class. Sign-ups available one week before class date, online only. Visit [www.sigtheatre](http://www.sigtheatre).

## JUNE 25-30

**Entirely Elvis Cabaret.** At Signature Theatre, 4200 Campbell Ave., Arlington. Time to get “All Shook Up” for an entire cabaret dedicated to Elvis Presley's soulful voice and sinful hips. There'll be some “Love Me, Tender,” a little “Heartbreak Hotel,” and, of course, plenty of “Hound Dog” as Signature salutes the King. Tickets \$35. Visit [www.sigtheatre.org](http://www.sigtheatre.org) for more.

## MONDAY-FRIDAY/JUNE 25-AUG. 16

**Rec on Wheels.** 6-8 p.m. Free. Staff comes to your neighborhood park and facilitates fun recreational activities for the whole family with evenings of lively sports, arts and crafts, games and enjoyable events. Locations are: Mondays at Fort Barnard Park, 2101 S. Pollard St.; Tuesdays at Rocky Run Park, 1109 N. Barton St.; Wednesdays at Doctors Run Park, 1301 S. George Mason Drive; Thursdays, Tyrol Hill Park, 5101 7th Road S.; and Fridays at various park locations. Visit [parks.arlingtonva.us](http://parks.arlingtonva.us) for more.

## TUESDAY/JUNE 26

**Women of Vision Honors.** 7 p.m. at Arlington Economic Development's offices, 1100 North Glebe Road, Suite 1500, Arlington. The Arlington County Commission on the Status of Women will honor three women for the 2018 Arlington County Women of Vision for their commitment and leadership in the community. Tickets are not required, but a \$25 donation requested. Visit [commissions.arlingtonva.us/commission-status-women](http://commissions.arlingtonva.us/commission-status-women) for more.

## WEDNESDAY/JUNE 27

**Coffee and Conversation.** 10-11 a.m. at Ballston BID Offices, 4600 North Fairfax Drive, Ballston. Open to all – bring your own coffee, learn about aging in place with Arlington Neighborhood Village. Tina Leone, CEO, Ballston BID will provide an update on the BID's activities and what's the latest in Ballston. No RSVP needed. Parking is available in the Holiday Inn parking lot. Visit [arlrvil.org](http://arlrvil.org) for more.

**Fossils of Long Branch.** 2-3 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Ages 6 to 10. Thanks to the Appalachian Mountains, fossils are everywhere at Glencarlyn Park. Learn how fossils are made and take a hike to find some. Must wear closed-toe shoes in water. Call 703-228-4747 or visit [registration.arlingtonva.us](http://registration.arlingtonva.us) to register.



The Netherlands Carillon is part of the George Washington Memorial Parkway.

## Netherlands Carillon Concerts

The 50 bells of the Netherlands Carillon hang in an open steel tower, a symbol of Dutch regard for American aid during and after World War II. Enjoy views of Washington, D.C., while guest artists play patriotic music, jazz, and pop. Bring a blanket or folding chairs. Sunshades and free-standing tents are allowed, but stakes are not. Monday, Sept. 3, 2-4 p.m.; Saturdays, through Aug. 25, 6-8 p.m. at Netherlands Carillon, Arlington. Free. Call 703-235-1530 or visit [www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm](http://www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm).

## FRIDAY/JUNE 29

**Animal Colors Campfire.** 7-8 p.m. at Gulf Branch Nature Center, 3608 N. Military Road, Arlington. Families. The whole family is invited to join us at the Gulf Branch fire ring for lots of old-fashioned fun. Program will be filled with activities that may include stories, special animal guests, games, songs and of course, S'mores. Register children and adults; children must be accompanied by a registered adult. Call 703-228-4747 or visit [registration.arlingtonva.us](http://registration.arlingtonva.us) to register.

## FRIDAY-SATURDAY/JUNE 29-30

**Opera Version of “Cinderella”** at Gunston Middle School, 2700 S. Lang St., Arlington. Opera NOVA's one-hour version of Rossini's “La Cenerentola” on Friday, June 29, and Saturday, June 30. Special performances for home-schoolers, summer campers, parochial, private and public school students on June 29 at 10:30 a.m. and seniors at 2 p.m. On June 30 at 2 p.m., for families of military personnel and children of imprisoned parents. Another show at 6 p.m. on June 30. Tickets are \$6 for adults, \$5 for members and seniors, \$4 for children and \$10 for donors. To reserve, contact 703-536-5775 or [mcdm1@verizon.net](mailto:mcdm1@verizon.net).

## SATURDAY/JUNE 30

**Blow Stuff Up.** 11 a.m.-12 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Ages 8 to 12. Using common items like baking soda, vinegar, Mentos, soft drinks and fizzy tabs, make foam volcanoes and other safe exploding things. Experiment with the formulas to create the biggest bursts. Be prepared to get messy. Call 703-228-4747 or visit [registration.arlingtonva.us](http://registration.arlingtonva.us) to register.

**Netherlands Carillon Concerts: Tiffany Lin.** 6-8 p.m. at Netherlands Carillon, Arlington. The

50 bells of the Netherlands Carillon hang in an open steel tower, a symbol of Dutch regard for American aid during and after World War II. Enjoy views of Washington, D.C., while guest artists play patriotic music, jazz, and pop. Bring a blanket or folding chairs. Sunshades and free-standing tents are allowed, but stakes are not. Free. Call 703-235-1530 or visit [www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm](http://www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm) for more.

## MONDAY-FRIDAY/JULY 2-6

**Summer Camp Girls Computer Programming.** 9 a.m.-3 p.m. at Ashlawn Elementary School, 5950 8th Road N. A typical class begins with an introduction to programming by the class acting out stories they will later program on the computer. Students will then write a script using interactive tiles for the rest of the class to act out. These short stories are then reproduced in Scratch. \$300. Before and after care available for additional fee. Call 703-608-1941 or visit [booleangirl.org](http://booleangirl.org).

## SATURDAY/JULY 7

**Netherlands Carillon Concerts: Edward M. Nassor.** 6-8 p.m. at Netherlands Carillon, Arlington. The 50 bells of the Netherlands Carillon hang in an open steel tower, a symbol of Dutch regard for American aid during and after World War II. Enjoy views of Washington, D.C., while guest artists play patriotic music, jazz, and pop. Bring a blanket or folding chairs. Sunshades and free-standing tents are allowed, but stakes are not. Free. Call 703-235-1530 or visit [www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm](http://www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm) for more.

## SUNDAY/JULY 8

**Notable Nature.** 3-4:15 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Families ages 5 and up. Lessons in nature journaling and sketching. Construct nature journals, hone writing and

drawing skills, and talk about the season while hiking. Includes an optional 15 minutes of practice time following the one hour program. Cost is \$5. Register children and adults; children must be accompanied by a registered adult. Call 703-228-6535.

**Bilingual Campfire.** 7-8 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. The whole family is invited to join for old-fashioned fun. Program will be filled with entertaining activities which may include stories, special animal guests, games, songs and S'mores. Cost is \$5. Register children and adults; children must be accompanied by a registered adult. Call 703-228-6535.

## MONDAY-FRIDAY/JULY 9-13

**The Birthday pARTy.** For ages 4-6 at Arlington Arts Center, 3550 Wilson Blvd., Arlington. In this camp, enjoy five days of artists whose birthdays are celebrated during June-August. Draw, paint, and construct through this celebratory week. Visit [arlingtonartscenter.org/education/](http://arlingtonartscenter.org/education/) or call 703-248-6800.

**Becoming an Artist.** For ages 11-14 at Arlington Arts Center, 3550 Wilson Blvd., Arlington. In this camp, build understanding of drawing, painting, and sculpture by exploring traditional and experimental techniques. Projects will be introduced by looking at contemporary artists' practices related to each discipline, and emphasis will be placed on observation and representation in combination with problem solving and developing an artistic voice. Visit [arlingtonartscenter.org/education/](http://arlingtonartscenter.org/education/) or call 703-248-6800.

## WEDNESDAY/JULY 11

**Rocks and Minerals.** 2-3 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Ages 6 to 10. What is the difference between a rock and a mineral? Learn how the three classes of rocks differ from each other. Cost is \$5. Call 703-228-6535.



# Talking to Children about Suicide

**Creating safe environment is key to opening a discussion.**

BY MARILYN CAMPBELL

**T**he recent high profile deaths by suicide make it inevitable that children will ask questions and express a curiosity about the topic. However, some parents might feel a sense of uneasiness about answering those questions. Local mental health educators say that the steady increase in death by suicide each year since 1999 makes those conversations vital.

Parents can begin by creating a safe environment for an age-appropriate dialogue, says Linda Gulyn, Ph.D, professor of psychology at Marymount University. "As always, reassure young children that you are there for them no matter what," she said. "Don't feed into the anxiety. Teens understand it 100 percent, probably more than you realize."

"Encourage children to ask questions and answer them honestly," added Jerome Short, Ph.D., associate professor of psychology at George Mason University. "Parents should state that they will help their children handle any bad feelings or problems that happen."

Suicide can be a frightening topic for children and a difficult subject for parents to explain, advised Short. "Explain that people die in different ways and suicide means that people hurt themselves and died from it," he said. "A more detailed explanation is that our thoughts and feelings come from our brain, and sometimes a person's brain is sick. People feel alone, believe they are a burden on others, and are hopeless that it will change. Some people cannot stop the hurt they feel inside by themselves, but they can get help."

Parents should have a general understanding of suicide rates, signs and methods of preventing before embarking on a conversation with their children about the topic, advises Monica Band, Ed.D., assistant professor of counseling at Marymount University, who recommends the National Suicide Prevention and the American Foundation for Suicide Prevention as sources of information. "I would also recommend parents challenging their misconceptions and preconceived notions of [those who] who attempt and think of committing suicide because it is an issue that has an impact across cultures."

Some children might not understand the difference between feelings of sadness and clinical depression. "Explain that we all get sad and have good days and bad days," said Gulyn. "Usually we feel better. But kids who commit suicide are so sad that they don't know what to do to feel better. But the truth is there is a way to feel better, and there are very helpful adults in school and at home who are great to talk to."

However, some children might have difficulty grasping the concept of mental illnesses like depression. "Sad is normal, sad is part of life, and usually we feel sad when something outside of us happens,

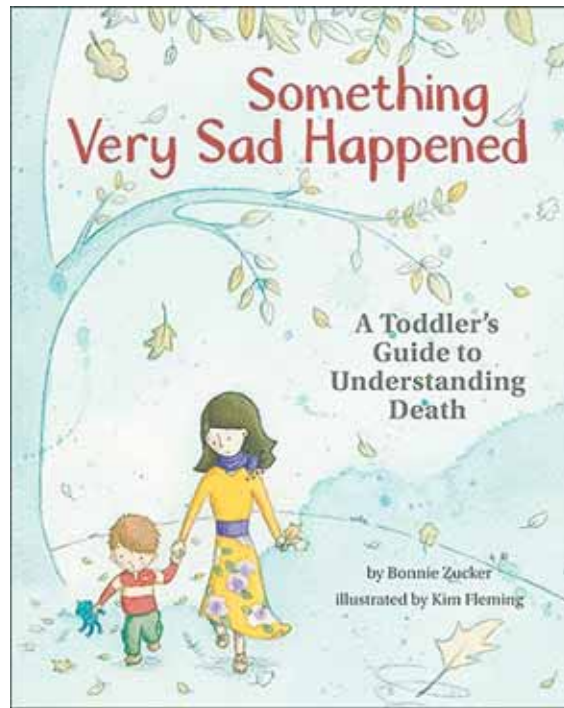


PHOTO CONTRIBUTED

**Books like "Something Very Sad Happened: A Toddler's Guide to Understanding Death" by Bonnie Zucker can help parents explain concepts of mental health to their children.**

like when a friend moves away. And we know that we will feel better," said Gulyn. "Depression is when someone feels hopeless that he or she won't be sad anymore. And that makes them not want to do fun things, or take care of themselves."

An awareness of warning signs of mental illness and the fact that depression is not a normal phase of adolescence are two factors that Gulyn underscores. "[Depression] is a serious mental health disorder for which there are effective treatments," she said. "Parents need to be aware of kids isolating themselves from others, especially peers. Other signs [include] not taking care of your physical appearance, consistently performing poorly in school, substance abuse, eating disorders, excessive or inadequate rest."

If a parent notices any of these symptoms or suspects that their child might be depressed, Gulyn advises a straightforward approach. Don't be afraid to ask your teen directly, "Do you think you are depressed?" or "Have you been thinking about hurting yourself?", she suggests.

Teaching a child healthy help-seeking behaviors will give them an invaluable tool when facing mental health issues, advised Monica P. Band, an assistant professor of counseling at Marymount University. "If parents raise the child to have specific religious or spiritual beliefs, this could be a way to begin the discussion of how one finds

strength, resilience, or peace in times when they feel like they're not in control," said Band. "Regardless of one's religious or spiritual beliefs, it is worth it if parents have an understanding and awareness of mood shifts or changes with their children and set an example and expectation with how to address these issues when things aren't feeling right or normal for their child."

## Resources

### National Suicide Prevention Lifeline

<https://suicidepreventionlifeline.org/>  
**American Foundation for Suicide Prevention**  
<https://afsp.org/about-suicide/risk-factors-and-warning-signs/>

### BOOKS:

**"Something Very Sad Happened: A Toddler's Guide to Understanding Death"** by Bonnie Zucker

**"Depression: A Teen's Guide to Survive and Thrive"** by Jacqueline Toner and Claire Freeland

**"Danny and the Blue Cloud"** by James M. Foley

**"Why are You So Sad, A Child's Book About Parental Depression"** by Beth Andrews



AT GAYLORD NATIONAL\*

FEATURING  
**an ALL-★ AMERICAN CELEBRATION**

**Enjoy endless family activities this summer on the Potomac!**  
 Now – September 3, 2018

- Live music every Friday featuring the best in Jazz, Adult Contemporary, R&B & more!
- Movies Under the Stars and Great American Road Trip Atrium Show, both presented by bubly™
- Water Splashing Fun, Star-Spangled Clues Scavenger Hunt & A National Haunting Ghost Tour
- Seasonal spa treatments, unique dining events and a Silent Disco Party
- Additional entertainment experiences just steps away in National Harbor

Book Your Getaway Today!  
**GaylordNational.com/SummerFest**  
 (301) 965-4000



PRESENTED BY 

AQUAFINA is a registered trademark of PepsiCo, Inc., © 2018 RUBLY and the Bubly Design are trademarks.

# HADEED

SINCE 1955

**Oriental Rug Cleaning & In-Home Services**

**POLLEN. PET DANDER. GET THE ALLERGENS OUT!**

SAVE UP TO **35%**

**OUR BEST OFFER EVER!**

**In-Plant Oriental Rug Cleaning**

Have **2** Rugs Cleaned

And Get The **3rd** Cleaned

**Free!**

Offer Valid On 1 - Week Express Services or Signature Hand-Washing of Fine Rugs!

<b>EXPRESS SERVICE!</b> Machine Made Synthetic Rugs	<b>EXPRESS SERVICE!</b> Machine Made Wool Rugs	<b>EXPRESS SERVICE!</b> Handmade Tufted Rugs	<b>SIGNATURE SERVICE!</b> Handmade Wool Rugs <small>HAND WASHED</small>
--	---	---	---

**CHOOSE THE SERVICE THAT'S BEST FOR YOUR RUG!**

**FREE PICKUP & DELIVERY!**  
Includes: Furniture Moving & Rolling & Laying the Rugs!†

We Hand-Wash Your Fine Oriental Rugs!

<p><b>In-Plant Rug Restoration</b></p> <p><b>10% OFF*</b></p> <p><small>*Hurry, Offer Expires 6/24/18.</small></p>	<p><b>Wall to Wall Carpet Steam Cleaning</b></p> <p><b>20% OFF*</b></p> <p><small>*Hurry, Offer Expires 6/24/18.</small></p>	<p><b>Hardwood Floor Cleaning/Polishing</b></p> <p><b>20% OFF*</b></p> <p><small>*Hurry, Offer Expires 6/24/18.</small></p>
--	--	---

535 W. Maple Avenue  
Vienna, VA

4918 Wisconsin Ave.  
DC/MD

3206 Duke Street  
Alexandria, VA

6628 Electronic Dr.  
Springfield VA

3116 W. Moore Street  
Richmond VA

**703-836-1111 | JoeHadeed.com**

\* Expires 6/24/18. (3) for the price of (2) same size or smaller rug free. Not valid w/any other offers. †Available in MD, DC, & VA. Min. order required, some restrictions apply. Doesn't include breakables. Call for details.



# Painting the Town Red

## Caps, fans celebrate Stanley Cup win.

PHOTOS BY MARK MOGLE/THE CONNECTION

**F**ans from around the region turned out June 12 for the Washington Capitals' victory parade in D.C. celebrating the team's first Stanley Cup championship in its 44-year history.

The Caps, whose second home is their practice facility in Arlington, claimed the

title on June 6 with a 4-3 victory over the Las Vegas Golden Knights in game 5 of the best of seven series.

Team captain Alex Ovechkin was awarded the Conn Smythe trophy as the series MVP.

— JEANNE THEISMANN



Jay Beagle greets the crowd along the victory parade route.



Slapshot, the Washington Capitals mascot, leads a cheer during the victory rally.



Washington Capitals captain Alex Ovechkin raises the Stanley Cup during the team's victory parade and rally June 12 in D.C. The Caps, who practice in Arlington, won their first NHL championship in the team's 44-year history.



Andre Burakovsky embraces a young fan during the Washington Capitals victory parade celebration.



Washington Capitals team members celebrate their Stanley Cup victory at the June 12 rally.



In March 2018, 239 Arlington homes sold between \$2,400,000-\$27,540. This week's list represents those homes sold in the \$890,000-\$450,000 range. For the complete list, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

Copyright 2018 MarketStats for ShowingTime. Source: Bright MLS as of April 15, 2018.

Adopt/Donate/Volunteer  
www.lostdogandcatrescue.org



**Announcements**

**We pay top \$ for STERLING,  
MEN'S WATCHES,  
JEWELRY, COSTUME JEWELRY,  
FURNITURE, PAINTINGS AND CLOCKS.**  
**Schefer Antiques**  
703-241-0790  
theschefer@cox.net

**Find us on Facebook  
and become a fan!**  
[www.Facebook.com/  
connectionnewspapers](http://www.Facebook.com/connectionnewspapers)

**THE CONNECTION**  
Newspapers & Online  
The Connection to Your Community  
[www.connectionnewspapers.com](http://www.connectionnewspapers.com)

**Announcements**

**Dear Patients,**  
I have enjoyed caring for you and your families over the years. With a lot of joy, and some sadness, I am announcing my retirement. As you all know, See Clearly Vision is staffed with some of the most knowledgeable and caring physicians in the country and you will continue to be in great hands with Doctors Tagayun, Wisecarver, Rajpal and Hoang. Your medical records are confidential and will remain on file with See Clearly Vision. If you choose another doctor within our organization, you do not need to take any action concerning your records. It has been a great pleasure meeting and caring for you all. I sincerely appreciate your friendship and loyalty. I wish you continued good health and all the best in the coming years.

Sincerely,  
**Dr. John Yassin.**  
See Clearly Vision  
1715 N. George Mason Dr #206  
Arlington, VA 22205  
(703) 525-4411  
seeclarly.com

**Announcements**

**Announcements**

**OUTER BANKS, NC - VACATION RENTALS**

Over 600 vacation homes from S. Nags Head to Corolla's 4x4!

**Brindley Beach**  
VACATIONS & SALES

877-642-3224  
[www.brindleybeach.com](http://www.brindleybeach.com)

**Announcements**

**Announcements**

IS IT A HIKE,  
OR A SPIRITUAL JOURNEY?

**WEST VIRGINIA**  
WVtourism.com  
*almost heaven*

## News



### Advocating for Striking Workers

Local elected officials and community leaders visited Didlake workers on June 7 who have been on strike for nearly two weeks outside the Army National Guard Readiness Center in Arlington. Leaders included: State Sen. Barbara Favola of the 31st district, state Del. Elizabeth Guzman of the 31st district, Arlington County Board Chair Katie Cristol, and Director of Virginia CASA de Virginia, Michelle LaRue. The workers chose to strike after Didlake refused to recognize their union after a majority voted in April 2017 to unionize, and also refused to bargain over their pay and health insurance. Didlake also has appealed the National Labor Relations Board rulings in favor of the Didlake workers.

## Social Security to Close Arlington Office

The Social Security Administration will consolidate its Arlington office, located at 1401 Wilson Blvd., with other local offices, effective June 22, due to an expiring lease. All employees of the office will relocate to surrounding offices.

Residents living in the Arlington service area may conduct business at any Social Security office. The closest office is located at: 6295 Edsall Road, Plaza 500, Suite 190, Alexandria.

Social Security office hours are 9 a.m. – 4 p.m. Mondays, Tuesdays, Thursdays, and Fridays, and 9 a.m. – 12 p.m. on Wednesdays.

Most Social Security services do not require a visit to an office. People may create their “my Social Security” account, a personalized online service, at [www.socialsecurity.gov/myaccount](http://www.socialsecurity.gov/myaccount).

Through their “my Social Security” account, people can check personal information and conduct business with Social Security.

If they already receive Social Security benefits they can start or change direct deposit online, and if they need proof of their benefits, they can download their current Benefit Verification Letter from their account.

People not yet receiving benefits can use their online account to get a personalized Social Security Statement, which provides earnings information as well as estimates of future benefits. Virginia residents may request a replacement Social Security card online if they meet certain requirements. The portal also includes links to information about other online services, such as applications for retirement, disability and Medicare benefits.

Many Social Security services are also available by dialing toll-free, 1-800-772-1213. People who are deaf or hard of hearing may call Social Security's TTY number, 1-800-325-0778.

## Ballston BID Honors Leaders

FROM PAGE 4

ners from submissions in the following categories:

❖ Property Manager's Award –Michael Cahill of Lincoln Property Company and the Meridian Group. Cahill has been instrumental in aiding the Ballston BID's community unification programs, from BLinked, Ballston's free public WiFi network, to new benches and improved trash receptacles. He has utilized all these programs to connect tenants to services, products and programs that help build business.

❖ Innovation & Creativity Award – presented to Paul O'Brien and Susan Dawson of GHT Limited. GHT's work to create innovate, comfortable and healthy environments for office tenants has made Arlington an attractive business location that attracts

and retains companies. Their project portfolio includes more than 25,000,000 square feet of local LEED Certified space, including the Arlington Gateway and the Westin Arlington Hotel in Ballston.

❖ Broker Award – presented to Peter Berk, David Millard, Caroline Guidera and Nicholas Gregorios of Avison Young. In the last nine months, the team completed 75,000 square feet of leases between two properties at 901 North Glebe Road and 1000 North Glebe Road, of which 60,000 square feet represent new tenants to Ballston and expansion of tenants already located in Ballston.

The Ballston Business Improvement District (BID) is a 25-block neighborhood with more than 8.3 million square feet of office space, one-million square feet of retail space and 8,000 residential units. Visit [www.ballstonbid.com](http://www.ballstonbid.com).





PHOTO BY VERNON MILES/THE CONNECTION

**Valedictorians Meghan Anderson and Holden Anderson.**

## Wakefield

FROM PAGE 3

with her twin children Sarah and David Khettouch graduating.

“They are pretty different, and had different groups but with some of the same overlapping friends,” said Fatima Taki, adding that one of her favorite memories was watching those groups crossover as they both got ready for prom night in the same house.

Meghan Anderson was the school valedictorian, and Don Anderson’s second daughter to graduate from the school.

“It feels great,” said Don Anderson. “This is our last one. She worked really hard and had a great experience. Ever since she was a little kid, she never wanted to be left behind by her older sisters. She cried when she got a B in elementary school and never looked back. The call about her being top of her class was really a highlight for me.”

When Meghan Anderson took the stage with her friend and fellow valedictorian Holden Anderson (no relation), they said the national politics had shaped the 408 graduating seniors into what is the class of 2018.

“We united Junior Year when Trump was elected,” said Meghan Anderson, “who, by the way, is still not my President.”

Meghan Anderson said that in the wake of the Parkland shooting, she and her classmates had helped to organize walkouts for gun reform.

“People make fun of us for avocado toast and spending way too many house playing Fortnite,” said Holden Anderson, “but we will be the generation to solve climate change, bridge the partisan divide, and find a place in America [for all immigrants].”

## BUSINESS DIRECTORY

WWW.CONNECTIONNEWSPAPERS.COM

CALL 703-549-0004 FOR ADVERTISING INFORMATION

<b>LANDSCAPING</b> <b>A&amp;S CONSTRUCTION</b> SOD, Mulch, Clean-Up Leaf Removal Hauling. <b>703-863-7465</b>	Good is not good, where better is expected. <b>-Thomas Fuller</b>	<b>LANDSCAPING</b>   <b>LANDSCAPING</b> <b>Patios &amp; Drainage</b> Your neighborhood company since 1987 <b>703-912-6886</b>
<b>ELECTRICAL</b> <b>K&amp;D ELECTRIC</b> <b>COMMERCIAL / RESIDENTIAL SERVICE</b> Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc...	<b>ELECTRICAL</b> <b>Licensed/Bonded/Insured</b> Office 703-335-0654 Mobile 703-499-0522 letrkman28@gmail.com	<b>J.E.S. Services</b> <b>Free Estimates • Fully Licensed &amp; Insured</b> <ul style="list-style-type: none"> <li>Planting &amp; Landscaping Design</li> <li>Drainage &amp; Water Problems</li> <li>Concrete Driveways, Replacement or New</li> <li>Patios and Walks • Masonry Work or Dry Laid</li> <li>Paver, Flagstone, Brick, any style you choose</li> <li>Retaining walls of all types</li> </ul> <b>All work Guaranteed</b>
<b>GUTTER</b>   <b>GUTTER</b> <b>GUTTER CLEANING</b> Gutters and Downspouts Cleaned Small Repairs • Gutter Guards <b>PINNACLE SERVICES</b> Lic/Ins 703-802-0483 free est. email: jamie@lawnsgutters.com web: lawnsandgutters.com Friendly Service with a Friendly Price!		<b>TILE / MARBLE</b>   <b>TILE / MARBLE</b> <b>BATHROOM REMODELING</b> by Brennan Bath and Tile Partial or Full. Kit. Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp. <b>www.brennan-tile.com</b> <b>703-250-2872</b> Licensed • Bonded • Insured
<b>IMPROVEMENTS</b>   <b>IMPROVEMENTS</b> <b>Power Washing</b> Go from green to clean, do you have mold on your siding rotten wood that's a hoia violation? We do houses, decks, fences, side walks, etc. Deck and fence repair, deck staining and sealing. Licensed & Insured • Free Estimates email: jnave@comcast.net <b>703-987-5096</b>		<b>TILE / MARBLE</b>   <b>TILE / MARBLE</b> <b>Quality Tree Service &amp; Landscaping</b> Reasonable prices. Licensed & insured. <b>Spring Cleanup...</b> Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience – Free estimates <b>703-868-5358</b> <b>24 Hour Emergency Tree Service</b>
<b>A&amp;S Landscaping</b> <ul style="list-style-type: none"> <li>All Concrete work</li> <li>Retaining Walls • Patios</li> <li>Decks • Porches (incl. screened) • Erosion &amp; Grading Solutions</li> <li>French Drains • Sump Pumps</li> <li>Driveway Asphalt Sealing</li> </ul>		<b>PAVING</b>   <b>PAVING</b> <b>GOLDY BRICK CONSTRUCTION</b> Walkways, Patios, Driveways, Flagstone, Concrete <b>FREE ESTIMATES</b> Licensed, Insured, Bonded <b>703-250-6231</b>
<b>703-863-7465</b> LICENSED <b>Serving All of N. Virginia</b>  <b>RN. CONTRACTORS, INC.</b> Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic <b>Phone: 703-887-3827</b> E-mail: rncontractorsinc@gmail.com <b>www.rncontractors.com</b>		<b>MASONRY</b>   <b>MASONRY</b> <b>Alfredo's Construction Company, Inc.</b>  <ul style="list-style-type: none"> <li>Concrete Driveways</li> <li>Patios • Sidewalks</li> <li>Stone • Brick</li> </ul> <b>Phone:</b> <b>VA: (703) 698-0060 • MD: (301) 316-1603</b> <b>www.alfredosconstructioncompany.com</b>
<b>Find us on Facebook and become a fan!</b> <b>www.Facebook.com/connectionnewspapers</b> <b>THE CONNECTION</b> Newspapers & Online The Connection to Your Community www.connectionnewspapers.com		An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. <b>-Werner Heisenberg</b>

## Watching Some More and Wondering No Less



By KENNETH B. LOURIE

Recently, I bought my wife, Dina, the “Limited Edition, Downton Abbey, The Complete Collector’s Set.” Twenty-two discs, all the episodes, bonus features, etc. Now we can finally delete the saved content off our DVR; that should open up about half the available storage. Storage that we’ve happily used and accessed many times.

In its prime though, we did not miss a Downton Abbey episode when it was first broadcast on PBS (starting Jan. 9, 2011 and ending Jan. 3, 2016) and we’ve been recording, saving and watching ever since. We are two, of millions, who couldn’t get enough viewing time of this period drama then and still can’t to this day.

Ergo, the purchase. Now we are in control. If anything happens to our cable box – and it needs to be replaced/upgraded, we will not – as previously happened, suffer a potentially tragic loss of content in the exchange. Eliminating that worry alone has made the purchase worth the very reasonable price we paid.

Having the complete set in hand, Dina and I have decided to re-watch the series from start to finish. Heretofore, we had watched episodes in sequence, but not necessarily in chronological order – meaning season one, episode one through the final episode of season six. As a result of this decision, we have gotten reacquainted with story lines which had somewhat faded over time as there are some episodes we hadn’t seen in years. We had saved many, but not all (when it was free to do so; now, the there’s a cost, \$2.99 per episode to buy, I believe).

So far, we’re through season two and we’ve thoroughly enjoyed the people, places and things – and the many nuances we may have missed or forgotten. However, this passage of time has caused Dina and I to rethink some of our opinions of characters and story lines.

There are two primary reassessments that oddly enough, Dina and I share.

One concerns Dr. Clarkson, the local/family doctor who runs the Downton Cottage Hospital. The other concerns Patrick Crawley (the cousin/ original heir who was thought to have died when the Titanic sank in 1912) who reappears in season two as a convalescing Peter Gordon, a.k.a. P Gordon. As much as we like Dr. Clarkson, and are amused by his straddling the line between himself and the aristocracy, we have decided that we don’t like some of his medical opinions: his hesitancy to even consider the treatment for dropsy for Mr. Drake that “cousin” Isobel (an experienced nurse) had proposed; his judgment of the possible psychological consequences of transferring the patient with gas blindness (with whom Thomas had developed a rapport) who subsequently killed himself – presumably rather than accept being transferred; and finally Matthew who suffered what Dr. Clarkson described as a transection of his spine when he and William were injured in battle which turned out to be a bruise.

An injury that he said would prevent Matthew from ever walking and – as later realized, fathering children either. In all three instances, Dr. Clarkson was proven to be wrong. As a consequence, if Dr. Clarkson was diagnosing my cancer, I’d ask for a second opinion.

As for Peter Gordon/P Gordon/Patrick Crawley and the story line concerning his reappearance as heir/heir pretender so many years after the family thought he had died – I would love to ask Julian Fellowes (writer and creator of “Downton Abbey”) if this element was fact or fiction or simply a mere diversion for affect.

It all seemed so contrived, especially after “P” Gordon (who says he got his “name from a liquor bottle”) leaves a note for the heartbroken Edith before there’s any resolution. I mean, was he the heir or wasn’t he? Did he leave because he felt the jig was up and the ruse was likely to fail? Or did he feel so betrayed and disrespected by his family (the Crawleys) that he felt his present and/or future could never be what he envisioned?

Consequently, there are two questions I’d like answered: was Peter Gordon actually Patrick Crawley and where did Dr. Clarkson get his medical training?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



# SPECIAL SAVINGS FOR YOUR TOYOTA



**WELCOME TO ALEXANDRIA TOYOTA'S  
PERSONALIZED CAR CARE EXPERIENCE**

**BUY 3  
TIRES  
AND  
GET ONE**



**FREE**

See Service  
Advisor for details.

**GOT TIRES?**

INCLUDES ROAD HAZARD PROTECTION, TIRE  
WARRANTY, AND FREE COURTESY INSPECTION.

**BONUS: ADD A 4 WHEEL  
ALIGNMENT FOR \$39.95**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA  
VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME  
OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND  
SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 5/31/18

**CHECK ENGINE  
LIGHT DIAGNOSIS**

**NO  
CHARGE**

INITIAL DIAGNOSIS

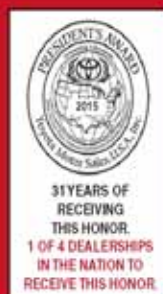
WE WILL RETRIEVE  
VEHICLE CODES  
& GIVE YOU  
AN ESTIMATE  
OF REPAIR COSTS.



NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA  
VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME  
OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP  
SUPPLIES ADDITIONAL. OFFER EXPIRES 5/31/18

*Jack Taylor's*  
**ALEXANDRIA  
TOYOTA**

3750 Jefferson Davis Hwy • Alexandria, VA 22305



**SERVICE & PARTS DEPT HOURS:**

Monday - Friday, 7:00am to 7:00pm

Saturday, 8:00am to 5:00pm

**YOU HAVE SATURDAY OFF.  
THAT'S EXACTLY WHY WE DON'T!**

**ToyotaCare**  
Customers

Don't Forget Your **FREE** Service.  
5,000 • 10,000 • 15,000 • 20,000 • 25,000

**Now Available** Mile Services  
Call your ASM for details

**ToyotaCare Plus \$329<sup>00</sup>**  
Covers up to 4 years/45,000 miles

**OIL & FILTER CHANGE**

**\$29<sup>95</sup>**

NON-SYNTHETIC

**\$44<sup>95</sup>**

SYNTHETIC

**Includes:** Genuine Toyota oil filter, up to 5 qts of conventional oil\*,  
inspect windshield wipers, check tire condition, check battery (with  
print-out), inspect and adjust all fluid levels, inspect air & cabin air filters.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF  
WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 5/31/18

**BRAKE SPECIAL**

**\$79<sup>95</sup>**

**Includes:** Install Genuine Toyota front brake pads,  
inspect front & rear rotors & drums, check tire  
condition and inspect all hardware. Pads only.

**MACHINE ROTORS ADDITIONAL**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON  
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA  
TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 5/31/18

**SIGHT LINE  
WIPER BLADES**

**\$10 OFF**

Sight Line only.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON  
MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA  
TOYOTA. PARTS CENTER ONLY. GOOD THRU 5/31/18

**VARIABLE DISCOUNT**

**\$15.00 OFF** when you spend \$100.00 - \$199.99

**\$30.00 OFF** when you spend \$200.00 - \$299.99

**\$45.00 OFF** when you spend \$300.00 - \$399.99

**\$50.00 OFF** when you spend \$400.00 or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED  
AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 5/31/18

**FREE**

**BATTERY CHECK-UP**

Check cold cranking amps and visual inspection of  
battery condition. Includes battery condition print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME  
OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 5/31/18

**TRUESTART™ BATTERIES**

**SPECIAL  
OFFER**

**\$99<sup>95</sup>**

INCLUDES BATTERY INSTALLATION

**Includes:** 84 month warranty, 24 month free replacement,  
24 month free roadside assistance.  
Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME  
OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 5/31/18

**ALIGNMENT SPECIAL**

**\$64<sup>95</sup>**

Your car's alignment suffers, and can  
cause uneven tire wear and steering problems.  
**INCLUDES:** Inspect suspension, ball joints, struts  
& shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON  
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.  
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 5/31/18



**ALEXANDRIA TOYOTA**

Check your windshield. Does your sticker say **2/18, 3/18,**  
or **4/18**? If so, your VA Safety Inspection is now due

**VIRGINIA STATE INSPECTION**

**FREE**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF  
WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 5/31/18

**CALL FOR AN APPOINTMENT AT 703-684-0710 OR SCHEDULE ONLINE AT ALEXANDRIATOYOTA.COM**