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‘Burke Airport’ Story Revisited

Retired teacher Mary Lipsey of Ravensworth tells of the community’s years-long fight to save their land from development.

BY STEVE HIBBARD
THE CONNECTION

Back in the 1950s, before Chantilly was chosen as the site for Dulles Airport, the community of Burke was selected to build Washington’s new international airport.

In her 45-minute talk, “Burke Airport?,” retired teacher Mary Lipsey of Ravensworth told the story of the community’s years-long fight to save their land from development. The talk was presented by the Burke Historical Society on May 24, 2018, at the Kings Park Library.

It all started in June 1941 when Franklin Roosevelt dedicated Washington National Airport and in three short years, it was already up to full capacity, said Lipsey, a 15-year retired American history teacher. “They said we have a problem; we have larger jet planes and our airports are tiny. So, in 1950 they passed the Airport Act, which provided for the construction of a second airport in the Washington area, signed by Harry S. Truman,” said Lipsey, author of the book, “Aviation: From Curiosity to Reality.”

Seven sites were proposed for the new airport, including Annandale, Burke, Fairfax, Springfield, Chantilly, Herndon and Pender (Fair Oaks) in Virginia. They also eyed two sites in Maryland: Friendship Airport (Thurgood Marshall Airport) and Andrews’ Air Force Base. But ultimately Burke was selected.

LIPSEY said on June 13, 1951, a government official went into the Burke Post Office and posted a notice that the Federal government would be condemning 4,000 acres of land in Burke. Mrs. Fowler was Postmistress at the time and the citizens did a “Paul Revere” around the neighborhood to get 300 people together for a meeting to discuss the news; it would be the first meeting of the Burke Civic Association.

By October 1951, the government had acquired 1,000 acres in Burke, paying homeowners a paltry \$100 per acre for their property. The exact location of the Burke Airport would be from the vicinity of the Burke Post Office down to Burke Lake Park, on the side of Burke Lake Road where Sunrise Living sits today.

Lipsey said the airport split friendships, caused people move away or have their homes carted off on flatbed trucks and moved to other locations. In 1950, the Burke population was 200; by 1952, some 36 families had moved out, and by 1960 the population went down to 150. The farmers were hurt the most because their livelihood was taken away from them. The government budgeted only \$14 million for the airport but it would cost closer to \$50 million.



Judge Paul Brown’s Historic ‘Brimstone Hill’ Must Go
Judge Paul Brown, who lived at Brimstone Hill, was an early opponent of the Burke Airport.



A Burke home being hauled away by a flatbed truck due to the Burke Airport.

Early opponents of the airport included Judge Paul Brown, who lived at Brimstone Hill or Arundel’s Tavern, and Frank Coffey Pearson, who delivered the Evening Star Newspaper.

Some of the “pros” of the new airport included: longer runways than National Airport and suitable for more air traffic; it would provide lucrative tax revenue; would provide convenient air travel for Burke residents; and would bring an upsurge of economic growth for the county. The Citizens Committee for Burke Airport supported it.

Some of the “cons” of the airport were that the terrain in Burke was too hilly and would have to be reshaped; Burke’s historic homes would be destroyed or damaged; and noise pollution would increase.

Other “cons” were that the Burke airspace was already crowded with the use of the Quantico Marine Base, Fort Belvoir, and the Dahlgren Naval Base; the Fairfax County

Board of Supervisors was not informed about the airport coming because the Federal government had not consulted them; the airport could be ruinous to future residential development; and the construction would destroy the Pohick Watershed. They said 3,000 persons within five-mile radius would suffer adverse effects to their homes and occupations and the runways at Burke Airport would be “flaming daggers” aimed at Fairfax and Annandale high schools in the event of an airplane crash.

In August 1951, Jasper Jones of Fairfax Station sued the government because the airport would be built within 12,000 feet of his 100-acre farm and that his cows would be greatly harmed. But he lost the suit.

The airport had a few opponents, including: Virginia congressmen; Burke Communities Civic Association; the Fairfax County Board of Supervisors; the Springfield Civic



Retired teacher Mary Lipsey of Ravensworth told the story of “Burke Airport?” and the community’s years-long fight to save their land from development on May 24, 2018, at the Kings Park Library.

Association and the Burke Airport Relocation Committee.

By 1953, people had been moving out of Burke but nothing was happening. The government had stopped buying more property and the negotiations stalled. Dwight Eisenhower was the new president and in July 1953, there was a Congressional study that said Burke was not suitable for the location.

By 1957, \$12.5 million more was appropriated for the airport. By then, Burke citizens started sending letters of opposition to their Congressmen as well as officials all over the country. Lipsey said that was the smartest thing the Burke people did because it seemed to work. The idea for a Burke Airport soon vanished.

In January 1958, hearings were held in Congress to recommend moving the airport further out to Chantilly. There was an African-American community there called the Willard community that the government purchased because they didn’t expect to receive resistance from its 100 homeowners. Chantilly, which old-timers recall having a store and a post office in those days, was flatter and more suitable for the Dulles Airport. Lipsey said the fate of Willard was lost when that airport was chosen for the site.

THE ORIGINAL BURKE LANDOWNERS were offered to repurchase their land and auctions were held. But many people had already moved away; during 1951-1958 much of the land was not repurchased. So, an auction was held June 13, 1959, that was opened for developers to buy the land. It was around this time that Fairfax County purchased 218 acres to buy Burke Lake Park, at a price of \$50 cheaper than what developers paid.

Soon after in 1960, construction of the Kings Park subdivision had begun. By 1962, the Dulles Airport was officially opened and dedicated, and on May 25, 1963, Burke Lake opened, whose water source was the Pohick Creek.

Potential for Progress on Pension Reform

BY PAT HERRITY
SPRINGFIELD DISTRICT SUPERVISOR
(R)



The Fairfax County Board of Supervisors finally appears poised to make additional changes to the county's unsustainable pension plan. After delaying action for the last three years, a number of options have been put on the table for the board to consider at its June 26 Personnel Committee meeting. There has been some board support for adopting the entire package but the outcome is far from certain. If the package is adopted it will reduce pension costs for new employees by 19 to 25 percent and will still leave county employees with a pension plan better than any of our surrounding jurisdictions. While I believe the board missed the opportunity to develop an overall compensation plan that would provide a mix of salary, pensions, and benefits that would attract the best employees and teachers, these changes are meaningful and I support all of the changes to the general county employee pension plan and most of the changes to the public safety plans.

Currently, employees that begin employment with the county right out of school can retire as early as age 55 with a full pension benefit

that is higher than those of surrounding jurisdictions. On top of that pension benefit they get a benefit unheard of today — a pre social security supplement — as early as age 55. The pre social security supplement is an additional county paid supplement that equals the social security payment they would have received if they were 67. Unlike real social security payments that increase with

cost of living (less than 1 percent last year), this county paid benefit increases at a guaranteed 3 percent. These retirement benefits are far in excess of what is typical in today's work environment — even in the public sector.

Fairfax County currently has an unfunded pension liability in excess of \$5.5 billion. Pensions alone currently cost the county 30 cents on top of every payroll dollar (about 70 cents if you include all benefits). Funding our pension liabilities competes with employee and teacher salary increases and our ability to fund the high quality of services county residents have come to expect. Since joining the board in 2008 I have been advocating to address our compensation and pension issues.

County staff did an outstanding job of simplifying this very difficult material. Here a link to the details: [https://www.fairfaxcounty.gov/boardofsupervisors/board-personnel-commit-](https://www.fairfaxcounty.gov/boardofsupervisors/board-personnel-committee-meeting-may-22-2018)

tee-meeting-may-22-2018. The changes are anticipated to take effect for new employees hired after July 1, 2019 and because they appropriately impact new employees only, the savings will be in future years.

The proposed changes are summarized below:

- ❖ Increasing the Minimum Retirement Age from 55 to 60 and set it at 50 for public safety employees

- ❖ Increasing from the Rule of 85 to the Rule of 90 — full retirement at salary plus age for general county employees

- ❖ Increasing the Salary Averaging Period from 3 years to 5 years

- ❖ Eliminate the Provision that increases the retirement annuity by 3 percent annually

- ❖ Increase the Employee Contribution Rate by approximately 1 percent

The changes were presented as a package and there was some support for enacting the entire package of reforms; however, the board may advance a more limited package of reforms at its meeting on June 26. Unfortunately, it appears as though the public will not have a formal opportunity to weigh in on the reforms until after the package has been selected and it comes to public hearing in September or October this year. It is important that supervisors hear from residents before the Personnel Committee meeting on June 26 with their opinions on the package.

Green for Medicaid

BY EILEEN FILLER-CORN
STATE DELEGATE (D-41)



Pressing the green “yes” button at my desk on the floor of the House of Delegates last Wednesday night was literally the most consequential vote I have ever taken. It truly was the best day for me, ever, in the Virginia House of Delegates.

People often ask me why I serve, and I always respond “because I truly want to make a difference.” The fact is, if I were ever in doubt, I can look at this vote and say, yes we can and yes we do make a difference, in this case, to over 300,000 Virginians who had no insurance. These people are not just statistics, they are neighbors, family members and friends.

As I drove back from Richmond that night, I think it finally sunk in: Medicaid expansion will become a reality in Virginia. We passed a budget that reflects our values, providing well-deserved access to healthcare for over 300,000 people, teachers and state employees will receive raises, there will be additional money for mental health and for people with developmental and intellectual disabilities and insurance will be provided for people with autism up until age 21, while funds will be added to our rainy-day fund.

I have always gone to Richmond with a goal to listen and get things done, working with everyone, finding areas of commonality. This budget is a perfect example of Democrats and Republicans coming together to do what is

right for the Commonwealth and its citizens. Gov. Ralph Northam, former Gov. Terry McAuliffe, all of our Democratic members of the House and Senate, as well as a number of Republicans and so many others: individuals, groups and stakeholders worked earnestly in support of Medicaid expansion for over five years and we finally did it.

We were victorious because everyone came together and because we elected so many new diverse but like-minded voices into the House of Delegates in November of 2017. As our Democratic leader aptly put it, we showed “the power of 49.” But 49 is not 51; we needed leadership on the other side of the aisle, as we had through Speaker Kirk Cox, Appropriations Chairman Chris Jones and Commerce and Labor Chairman Terry Kilgore who were instrumental in leading support among Republicans in the House. Senators

The most important vote I have ever taken.

Emmett Hanger, Dick Saslaw, George Barker, and Janet Howell were essential in leading the Senate as well, and Lieutenant Governor Justin Fairfax broke a number of ties in the Senate to block hostile amendments to our budget. This was truly a team effort.

Thanks to the passage of this budget there will also be funding for more judges and additional individuals with disabilities will have access to Medicaid waivers. Investment was increased in economic development while additional money will be provided to expand broadband and preserve our AAA bond rating. Through this budget, we will create opportunities for working families to thrive. We will build a better, healthier, stronger Virginia.

I will always remember pressing that green button on my desk on May 30, 2018 while watching the vote board light up green in support of a budget we can all be proud of. During my time in office, this was truly the most important vote I have ever taken.

Send Father's Day Photos

Father's Day is Sunday, June 17, and once again this newspaper will publish a gallery of Father's Day photos.

Every year at this time, we put out the call for photographs of fathers and their children, grandfathers and their children and grandchildren.

Send in photos with the following information: the town where you live, the names of everyone in the picture, the approximate date the picture was taken, the ages of the children and a sentence or two about what is happening and where the photograph was taken. Be sure to tell us your town name and neighborhood. Photos are due by June 12.

You can submit your photos online at www.connectionnewspapers.com/fathersday. You can also email photos to editors@connectionnewspapers.com.



NEWS

Promoting Education in the Area

The Fairfax County Alumnae Chapter of Delta Sigma Theta Sorority, Inc. was chartered on May 22, 1993. They celebrated 25th anniversary on May 20 at the Westfields Marriott Washington Dulles in Chantilly presenting scholarships to area high school students.

The Chapter received recognition and awards from numerous organizations, including: Fairfax County Government Volunteer Services Award, Fairfax County Human Rights Award, Katherine Hanley Shelter, Reston Community Center, Fairfax County School Board Community Service Award.

Its current membership consists of approximately 140 gifted and talented professional women residing in Fairfax County. The members are actively involved in many programs and activities to promote the sorority's national programmatic thrust. Since its inception, FCAC has continued its commitment to the community and focuses on educational programs



Fairfax County Alumnae Chapter of Delta Sigma Theta Sorority Scholarship recipients with guest speaker, from left: Nadia Hernandez (Lee High School), Lauren Dessaure (West Potomac High School), Hannah King (Thomas A. Edison High School), Danielle Newsome (Bishop Ireton High School), Lt. General Stayce Harris (Guest Speaker, Inspector General, U. S. Air Force), Rachel Jackson (James Madison High School), Sinclaire Jones (Lake Braddock Secondary School), Alissa Wells (Lake Braddock Secondary School), Lauryn Mann (James Robinson Secondary School), Jessica Kitchings (Fairfax Baptist Temple Academy)

that make a difference in the lives of Fairfax County residents through volunteer advocacy, public service and social action. Lenior

Simmons is the current chapter president. For more information on FCAC DST, visit www.fcacdst.org.

Empowering Males to Build Opportunities for Developing Independence (EMBODI) Book Awards, from left: Benita Toler, Kelcey Parks (Awardee), Wallicia Gill, Emory Ortiz (Awardee), Lenior Simmons (President, FCAC).



Fairfax County Alumnae Chapter of Delta Sigma Theta Sorority Charter Members, from left, standing: Arlene Donnelly, Carol Bradley, Juanita Trapp, Opal Cotton, Jonesetta Lassiter, Mary Ann Bosley, Benita Toler, Barbara Speed, Joyce Green, Linda Jones Kemp, Sharon Bundy, Janice Scott, Shelia Edwards. Front Row: Darlene Faltz, Peggy Ridley, Yvonne McCall, Princess Powell-McEvilly, Regina Milteer-Rock.



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WELLBEING

Families Meditating Together

BY MARILYN CAMPBELL

Sitting on cushions in a dimly lit corner of the living room, a family of five struggles to relax. But when a lithe woman in flowing yoga pants and a pale grey ballet-wrap top brings her hands together and the gentle sound of Tibetan meditation cymbals fills the air, their eyes close, their shoulders relax and they begin to breathe deeply.

“This is how I like to begin all of my family sessions,” said meditation teacher Pleasance Baechli of Transcendental Meditation and Mindfulness Center in Bethesda, Md. “It allows people to calm their minds and bring their attention to the breath and what’s going on in their bodies. For a moment, there’s nowhere else they need to be and nothing that they need to do.”

This is the nature of a family mindfulness session, a chance for families to unplug and disconnect from a world of tablets, smart phones, long commutes, sports practices, homework and errands. Such sessions, says Baechli, offer opportunities for families to reconnect with one another and strengthen their bonds, and are not as difficult to establish as one might think.

“Mindfulness can sound complicated and



PHOTO BY MARILYN CAMPBELL

Cymbals and meditation cushions are tools that mindfulness teacher Pleasance Baechli uses in her family mediation sessions.

confusing, especially for children,” she said. “But it’s simply a state of awareness, and that just means noticing what we’re feeling

and what we’re sensing at the present moment. And it’s noticing those thoughts and feelings without judgement or criticism. It’s

accepting them and letting them pass through our bodies.”

Carving out time to meditate in a overloaded schedule can be tall order, but simplicity can help overcome that roadblock. “Unfortunately, the older the kids get and the more activities they have, the harder it gets to make time for quiet and meditation, even though we need it more, of course,” said Elizabeth Rees, a mother of three and the associate rector and leader of meditation practices at Saint Aidan’s Episcopal Church in Alexandria. “I try to teach my kids breathing techniques and we have a few favorite meditations that we practice periodically before bed. There are also some great [smartphone] apps [like] Insight Timer, Calm and Headspace.”

Understanding what mindfulness is and what it is not can help avoid frustration from unmet expectations. “Grasping the concept of mindfulness is tough for some kids and sitting still for long periods of time to practice can be torture,” said Baechli. “Mindfulness is simply focusing on your thoughts and feelings as they are right in this moment. That’s it. Mindfulness is not a cure-all. Don’t expect it to turn your high-energy son into a quiet child or your daughter who has trouble paying attention and is struggling

in school into a straight-A student. That’s probably not going to happen.”

What it can do however, when practiced over time, is help regulate emotions and strengthen one’s ability to concentrate and focus, advises Anne Navolio, Ph.D., a child psychologist based in McLean. She points to a 2012 study by researchers at the University of Washington which credits weekly mindfulness sessions with an improved ability to concentrate. She also references a 2016 study by the University of Wisconsin which showed that even a five minute meditation session each day can increase one’s ability to deal with stressful situations. “For beginning a daily practice, start with shorts sessions, especially for young children. Even one-minute of sitting can be beneficial,” she said. “And if your kids aren’t even interested in that, don’t force it.”

Incorporating meditation music and concepts that children can understand can make the process easier, advises Baechli. “I like to use cymbals at the begin-

ning of a practice or sound a bell,” she said. “Those sounds usually last about 30-45 seconds and sometimes I tell kids to sit quietly and focus on what they’re hearing until they can no longer hear it. I also tell kids, especially boys, to use their superhero senses to

determine what they can hear and smell all around them.”

Spending time outside, either on a hike, nature walk or a trek through the park, can be an opportunity to practice mindfulness as a family, says Navolio. “Simply walking in silence for even a few short minutes and noticing birds, squirrels and cars that are passing or even the scents of freshly mowed grass or food cooking in a restaurant you pass can be a mindfulness practice.”

Leading by example can get children engaged in mindfulness practices. “I encourage and model gratitude and attention to small things in the world around us,” said Rees. “I definitely think the more mindful and present we can be, the less angst we will have about the past and the future, neither of which we have much control over.”

“Unfortunately, the older the kids get and the more activities they have, the harder it gets to make time for quiet and meditation, even though we need it more, of course.”

— Elizabeth Rees, Associate Rector, Saint Aidan’s Episcopal Church

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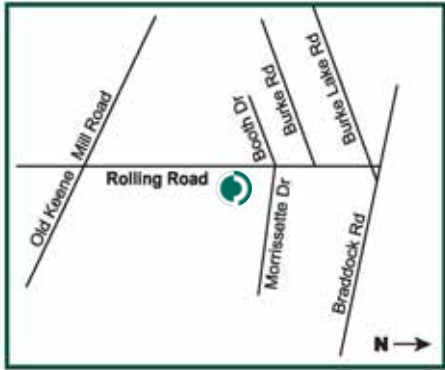
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& Associates**

**Peter K. Cocolis, Jr., DMD, MAGD
Emily A. DaSilva, DDS, FAGD**

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CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

“California Suite.” Through June 16, Thursday-Saturday, 7:30 p.m.; Sunday, 2 p.m. at James Lee Community Center Theater, 2855 Annandale Road, Falls Church. The Providence players conclude their 20th anniversary season with the Neil Simon comedy, “California Suite,” Simon’s humorous confection in four separate comedy playlets with one common thread. Four couples from different cities travel to California over the course of a year and stay in the same Beverly Hills Hotel suite, bringing their problems, anxieties and comic marital dilemmas with them. Adults, \$20; students/seniors, \$17. All seating is reserved. Call 703-425-6782 or visit www.providenceplayers.org for more.

Art Exhibit: House, Sky and Abyss. Through June 24, gallery hours at Workhouse Arts Center’s Vulcan Muse Gallery, 1st Floor, 9518 Workhouse Road, Lorton. House, Sky and Abyss is a solo exhibition featuring Gerardo Camargo chronicling the relationship between natural environment and social constructs. Visit www.workhousearts.org.

Art Exhibit: Candy for the Eye, Food for the Soul. Through July 8, gallery hours at Workhouse Arts Center’s Warrior Way Gallery, 1st Floor, 9518 Workhouse Road, Lorton. Gene Moty, a retired Air Force officer, creates contemplative, whimsical paintings using traditional materials. Visit



PHOTO BY CHIP GERTZOG, PROVIDENCE PLAYERS

Liz Mykietyn as Millie Michaels and Dave Wright as Marvin Michaels in the Providence Players production of the Neil Simon comedy “California Suite.”

‘California Suite’

The Providence players conclude their 20th anniversary season with the Neil Simon comedy, “California Suite,” Simon’s humorous confection in four separate comedy playlets with one common thread. Four couples from different cities travel to California over the course of a year and stay in the same Beverly Hills Hotel suite, bringing their problems, anxieties and comic marital dilemmas with them. On stage through June 16; Thursday-Saturday, 7:30 p.m.; Sunday, 2 p.m. at James Lee Community Center Theater, 2855 Annandale Road, Falls Church. Adults, \$20; students/seniors, \$17. All seating is reserved. Call 703-425-6782 or visit www.providenceplayers.org for more.

www.workhousearts.org.

Art Exhibit: Nature’s Fingerprints I. Through July 8, gallery hours at Workhouse Arts Center, Building 6 Gallery and Studio 605, 9601 Ox Road, Lorton. Using only natural dyes, each art quilt, silk scarf and framed work is an alchemy of color and texture as unique as a human fingerprint. Visit www.MariselaRumberg.com for more.

The Sunday Farmers’ Market. Through Oct. 21, 10 a.m.-2 p.m. at

10500 Page Ave., Fairfax — one block from West and Main streets behind the Wells Fargo Bank and adjacent to the Historic Fairfax County Courthouse. Visit www.fairfaxsundaymarket.com.

Saturday Community Farmers’ Market. Through Oct. 27, 8 a.m.-1 p.m. at 10500 Page Ave., Fairfax — one block from West and Main streets behind the Wells Fargo Bank and adjacent to the Historic Fairfax County Courthouse. Visit www.fairfaxsaturdaymarket.com.

Farmers Market. Saturdays, 10 a.m.-2 p.m. at Springfield Town Center, 6699 Spring Mall Drive, Springfield. Visit www.facebook.com/SpringfieldFoodworks/.

Second Saturdays. 6-9 p.m. at the Workhouse Arts Center, 9518 Workhouse Road, Lorton. The Second Saturday Art Walk is the perfect time to meet nearly 85 Resident and Associate Artists, creating art in the studios or exhibiting in our galleries. Experience performances of dance, cabaret, comedy, big band, jazz, and theater. Indulge in classes in the art of mixology or cuisines from around the globe. Enjoy art exhibitions in nine galleries of the region’s finest sculpture, painting, glass, ceramics, and fiber art works. Visit www.workhousearts.org/.

Senior Line Dancing. Mondays, 1 p.m.; Fridays, 10-11:30 a.m. at Little River Glen Senior Center, 4001 Barker Court, Fairfax. Line Dancing is a gentle, social form of aerobic activity. Studies have shown it aids in warding off Alzheimer’s disease. No previous experience needed. Cost: \$5 per 8-week session. Email barbriba@hotmail.com or call 703-524-3739.

Fairfax Pets on Wheels New Volunteer Orientation. An orientation for new volunteers interested in visiting residents of nursing homes and assisted living facilities with their approved pets through the Fairfax Pets On Wheels program is held the first Wednesday of every month starting at 7:30 p.m. Visit www.fpow.org for each month’s location. Prior to attending, please complete the online application found at www.fpow.org/volunteer. www.fpow.org, 703-324-5424 or dfspetsonwheels@fairfaxcounty.gov.

Carolina Shag. Wednesdays, 6:30-10 p.m. at Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m. No partners needed. Dinner menu. \$8. Under 21 free. nvshag.org.

FUN-Exercise Thursdays, noon-12:50 p.m. at Grace Presbyterian Church Family Room, 7434 Bath St., Springfield. Inova certified exercise instructor leads a moderate level exercise class with music and current events conversation. Muscle, Balance, Strength Training using stretch bands and weights both standing and seated exercises. Instructor donation is \$5. moorefitt@yahoo.com or 703-499-6133.

Exercise Program Mondays and Fridays at 9:30 a.m. year-round at Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. The exercises are for strength, balance and maintaining limberness. Contact SCFB office at 703-426-2824 for more information.

Cafe Ivrit (Hebrew Cafe). Wednesdays, 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (hello) Did you always want to converse in Hebrew? Join Na’ama each week for conversational Hebrew. You will learn and practice Hebrew in a fun and interactive way while learning more about Israel. Free, however we ask that you try to attend regularly. RSVP Naama.Gold@jccnv.org.

Smoke Free Bingo. 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot (with breaks for smoking friends). www.fairfaxvd.com. 703-273-3638.

SEE CALENDAR, PAGE 10

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SPORTS

Lake Braddock Softball Falls in State Quarterfinals

Bruins win first region championship since 2002.

BY JON ROETMAN
THE CONNECTION

Senior catcher Ally Kurland went 3 for 3 with a pair of doubles, and sophomore pitcher Mia Haynes did not allow a hit during the final five innings, but the Lake Braddock softball team's 2018 season would end against McLean just four days after the Bruins won a region championship.

A first-inning single by McLean shortstop Rachel Remer plated the game's only run and the Highlanders defeated the Bruins 1-0 on Tuesday in the 6A state quarterfinals at Lake Braddock Secondary School.

Haynes surrendered an infield single in the top of the second but did not allow a hit for the remainder of the contest. The sophomore's performance in the circle went for naught, however, as Lake Braddock failed to score despite having a runner in scoring position in each of the first four innings.



PHOTO BY JON ROETMAN/THE CONNECTION

Lake Braddock senior Ally Kurland went 3 for 3 in her final high school game.

"I didn't think one run would do it," Lake Braddock head coach George Rumore said. "[Haynes]

settled down and did a great job after that."

Kurland ripped a two-out

double to deep right in the bottom of the first, hit an opposite-field double with two outs in the third and led off the sixth with a single. Each time, however, Kurland's courtesy runner was stranded by McLean pitcher Julia Longo, who earned the win with a five-hit shutout.

"Regional champions, that was just icing on the cake. It was a great season."

—Lake Braddock senior Ally Kurland

Kurland finished her high school career with the strong performance and will play college softball at Penn State.

"She's done a great job," Rumore said. "You can't say enough about the kid."

Lake Braddock designated player Colette Beaudoin went 1 for 3.

Haynes suffered the loss, allow-

ing one run on two hits in seven innings. She walked two, struck out two and hit one batter.

While the Bruins were disappointed with Tuesday's outcome, Rumore said the season was a success. Lake Braddock finished the campaign with a 20-5 record and beat rival South County 2-1 on June 1 to win the Region 6C championship.

"It's a great feeling for the kids to win a regional like that because they're hard to come by," Rumore said. "That was big. We wanted to beat South County as much as they want to beat us. We wanted to win that regional. É The girls just played hard and got it done."

After splitting two regular season meetings with South County and losing to the Stallions in the Patriot District title game, Lake Braddock traveled to Lorton and beat South County to capture its first region championship since 2002.

"This season was amazing," Kurland said. "Regional champions, that was just icing on the cake. It was a great season."

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CALENDAR

FROM PAGE 8

English Conversation Groups
weekly at George Mason, Burke
Centre, and Lorton Libraries Practice
and improve your English. Day and
start times vary. Visit:
[va.evanced.info/fairfaxcounty/lib/
eventcalendar.asp](http://va.evanced.info/fairfaxcounty/lib/
eventcalendar.asp)

Funday Monday 10:30 a.m., every
Monday at Old Town Hall, 3999
University Drive, Fairfax. There will
be music, movement, storytelling,
performances, crafts, and more. It is
open to children of all ages, however
especially for those who haven't yet
started school. Programs are free and
open to the public, donations are
gratefully appreciated. There is
ample free parking in the downtown
area, and stroller access at the rear of
Old Town Hall on Main St. 703-385-
7858 www.fairfaxva.gov/culturalarts.

FRIDAY/JUNE 8

Old Town Village Performances:
Alte Kameraden Octet. 7-8 p.m.
at Old Town Plaza, 3955 Chain
Bridge Road, Fairfax. The weekend
starts here – Friday night on the Old
Town Village Plaza – music and
dance to relax by. Fridays, June-
September, weather permitting.
Performances are free. Call 703-385-
7858 or visit
www.oldtownplazafairfax.com for
more.

B-I-N-G-O. 7 p.m. at Fire Station 3,
4081 University Drive, Fairfax. Enjoy
free coffee, entertaining callers, a
friendly atmosphere, \$1,000
guaranteed jackpot, treasure chest
progressive raffles, and good food
available for purchase. All proceeds
go to purchasing fire and rescue
equipment. Visit www.fairfaxvfd.com
or call 703-273-3638 for more.

**'A Night to End Human
Trafficking.'** 7-11 p.m. at Hilton
Springfield, 6550 Loisdale Road,
Springfield. A night of fun and
entertainment with a purpose:
putting an end to human trafficking.
In an effort to combat this injustice,
Just Ask Prevention Project and
Airline Ambassadors are hosting 'A
Night to End Human Trafficking' to
help raise funds for educational
videos and curriculum development.
Visit eventbrite.com and search "Just
ask."

**Movies Under the Moon: The
Incredibles.** 8 p.m. at Van Dyck
Park, 3740 Old Lee Highway, Fairfax.
Enjoy a night under the stars in Van
Dyck Park with family and friends
with a movie for all ages to enjoy.
Free admission, bring chairs and
blankets.

THURSDAY-SATURDAY/JUNE 7-9

Interfaith Ramadan Tent. 7:30 p.m.
at Fairfax Presbyterian Church,
10723 Main St., Fairfax. American
Turkish Friendship Association is
organizing a Ramadan tent with the
goal of bringing together neighbors
of all backgrounds for celebrating
joys together in the month of
Ramadan. Cosponsored by Ezher
Bloom Mosque of Fairfax. Visit
www.atfa.us, www.iitstudies.org or
fairfaxpresbyterian.org for more.

FRIDAY-SUNDAY/JUNE 8-10

2018 Celebrate Fairfax! Festival. at
Fairfax County Government Center,
12000 Government Center Parkway,
Fairfax. The 37th annual Celebrate
Fairfax! Festival highlights include
family programming, craft beer,
Virginia wine, a silent disco, 40+
thrilling carnival rides, nightly
fireworks, and headlining
performances by Good Charlotte,
Sugar Ray & Gin Blossoms and
Cracker. Visit
www.CelebrateFairfax.com.

SATURDAY/JUNE 9

**Kidz Korner: Kitty Pozer Day
Family Activities.** 10:30 a.m. in
Old Town Square at the pergola,
Fairfax. A variety of children's
activities and entertainment in Old
Town Square, Saturdays June-
September. Free show. Visit
[www.fairfaxva.gov/government/
parks-recreation/old-town-square](http://www.fairfaxva.gov/government/
parks-recreation/old-town-square).

**Meet the Artist: Marisela
Rumberg.** 6-9 p.m. at Workhouse
Arts Center, Building 6 Gallery and
Studio 605, 9601 Ox Road, Lorton.
Using only natural dyes, each art
quilt, silk scarf and framed work is an
alchemy of color and texture as
unique as a human fingerprint. Visit
www.MariselaRumberg.com for
more.

SATURDAY-SUNDAY/JUNE 9-10

Fairfax Comicon. Saturday, 11 a.m.-6
p.m.; Sunday, 10 a.m.-4 p.m. at
George Mason University, Dewberry
Hall, 400 University Drive, Fairfax. A
brand new event, two full days of
comics and cosplay at George Mason
University. \$10-\$20. Free parking.
Visit [vacomicon.com/events/
summer2018/](http://vacomicon.com/events/
summer2018/).

SUNDAY/JUNE 10

Wine, Whiskers, and Wags. 1-5
p.m. at Paradise Springs Winery,
13219 Yates Ford Road, Clifton.
Friends of the Fairfax County Animal
Shelter is holding their 12th Annual
Wine, Whiskers, and Wags, an annual
fundraising event with heavy hors
d'oeuvres, beverages, a ticket for a
glass of wine or a wine tasting, a
keepsake wine glass, dog
demonstrations, participation in the
silent auction and access to
exhibitors. Tickets are required and
may be purchased in advance for \$45
at www.ffcas.org; tickets may also be
purchased at the event for \$55.

Second Sunday Program. 2 p.m. at
Fairfax Museum and Visitor Center,
10209 Main St., Fairfax. "The Yanks
are Coming (Eventually): Hearing
America Change, 1914-1919." Historical
performer and music
historian Michael Lasser will discuss
songs from World War 1 and how the
era's popular music traces the
changes in American attitudes
toward the war. Free. Call 703-385-
8414.

MONDAY/JUNE 11

**Funday Monday: Story Time and
Crafts.** 10:30-11:30 a.m. at Old
Town Square, 10415 North St.,
Fairfax. A variety of children's
activities and entertainment in Old
Town Square, Mondays June-August.
Free. Visit [www.fairfaxva.gov/
government/parks-recreation/old-
town-square](http://www.fairfaxva.gov/
government/parks-recreation/old-
town-square) for more.

TUESDAY/JUNE 12

Farm to Fairfax Market. 10 a.m.-2
p.m. at Old Town Square, 10415
North St., Fairfax. The market, will
be producers-only – meaning that all
vendors at the market may only sell
what they raise on their farms or
make from scratch using local
ingredients as much as possible. May-
September, weather permitting. Call
703-385-7893.

Storytime in the Park. 10:30 a.m. in
Old Town Square, 10415 North St.,
Fairfax. In association with Fairfax
County Public Library. Weather
permitting. Visit www.fairfaxva.gov
for more.

THURSDAY/JUNE 14

Art and Lunch. 10:30 a.m.-2:30 p.m.
at Old Town Hall, 3999 University
Drive, Fairfax. The Fairfax Art League

will be hosting an Art and Lunch
event. Bring lunch and enjoy the
company of other artists. Free and
open to the public. New members
welcome. Visit
www.fairfaxartleague.net or call 703-
587-9481.

Artist Reception. 7-9 p.m. at Old
Town Hall, 3999 University Drive,
Fairfax. The Fairfax Art League will
be hosting a Feature Artist Reception.
Free and open to the public. New
members welcome. Visit
www.fairfaxartleague.net or call 703-
587-9481.

FRIDAY/JUNE 15

Read for Fun. Fairfax County Public
Library helps make reading fun by
providing tools, access and incentives
during its Summer Reading
Adventure. The Summer Reading
Adventure runs June 15-Sept. 1 and
invites all children and teens – birth
through high school – to read for fun
over the summer. The theme in 2018
is "Reading Takes You Everywhere."
Visit [research.fairfaxcounty.gov/
summer-reading](http://research.fairfaxcounty.gov/
summer-reading) for more.

Old Town Village Performances:
Main Street Brass Quintet. 7-8
p.m. at Old Town Plaza, 3955 Chain
Bridge Road, Fairfax. The weekend
starts here – Friday night on the Old
Town Village Plaza – music and
dance to relax by. Fridays, June-
September, weather permitting.
Performances are free. Call 703-385-
7858 or visit
www.oldtownplazafairfax.com for
more.

B-I-N-G-O. 7 p.m. at Fire Station 3,
4081 University Drive, Fairfax. Enjoy
free coffee, entertaining callers, a
friendly atmosphere, \$1,000
guaranteed jackpot, treasure chest
progressive raffles, and good food
available for purchase. All proceeds
go to purchasing fire and rescue
equipment. Visit www.fairfaxvfd.com
or call 703-273-3638 for more.

**Family Movie Night: "Lego
Ninjago Movie."** 7 p.m. at
Sherwood Community Center, 3740
Old Lee Highway, Fairfax. Enjoy a
free, family friendly (movies are PG)
movie night. An adult must
accompany anyone under the age of
14. "Britepaths" Food Drive at Family
Fun Nights. Britepaths is a volunteer-
based organization that identifies
and addresses the unmet
fundamental needs of Fairfax area
residents. Call 703-385-7858.

SATURDAY/JUNE 16

**Kidz Korner: Mr. Skip – Fun and
Songs.** 10:30 a.m. in Old Town
Square at the pergola, Fairfax. A
variety of children's activities and
entertainment in Old Town Square,
Saturdays June-September. Free
show. Visit [www.fairfaxva.gov/
government/parks-recreation/old-
town-square](http://www.fairfaxva.gov/
government/parks-recreation/old-
town-square).

Pet Adoption Event. 11 a.m.-2 p.m.
at Pet Supplies Plus, 11054 Lee
Highway, Fairfax. Meet some of the
critters currently looking for homes,
and find out how to adopt today. On
the third Saturday of each month in
association with the City of Fairfax
Police Department's Division of
Animal Control. Call 703-385-7919
or visit www.fairfaxva.gov.

Father-Daughter Dance. 6-9 p.m. at
The Sherwood Center, 3740 Old Lee
Highway, Fairfax. Fairytale guests
will be visit that evening so don't
miss out. Girls celebrate Father's Day
with dads, granddads, big brothers,
godfathers and family members.
There will be lots of dancing, games,
prizes and good food. \$30 per
person. Register at
www.fairfaxva.gov/specialevents.
Call 703-385-7978 or email
parksrec@fairfaxva.gov for more.

BULLETIN

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

VOLUNTEERS NEEDED

Assistance League of Northern Virginia, a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at gronbiz@aol.com or Program Coordinator Lynn Barron at lynnieb517@verizon.net.

KINDERGARTEN REGISTRATION

Child turning 5 years old by Sept.30? If so, contact your child's school to make arrangements for kindergarten enrollment. Most schools begin getting information together now for parents of incoming kindergartners, and many host an orientation or open house. All kindergarten programs are full-day and located in FCPS elementary schools. Check your school's webpage or contact the school directly for specific enrollment information and dates of orientation or visit www.fcps.edu/registration/kindergarten-registration.

FRIDAY/JUNE 8

Application Deadline. Leadership Fairfax announces the second round of applications for the Emerging Leaders Institute & Leadership Fairfax Institute Classes of 2019. Learn more at an informational webinar on June 6, at noon. Applications and webinars are available at leadershipfairfax.org or call 703-752-7555.

FRIDAY-SUNDAY/JUNE 8-10

White Elephant Sale. Friday, 5-8 p.m.; Saturday, 9 a.m.-7 p.m.; Sunday, 8:30 a.m.-2:30 p.m. at St Mary of Sorrows, 5222 Sideburn Road, Fairfax. Jewelry, furniture, households, sports, toys, and antiques. \$5 admission on Friday; free Saturday and Sunday. Call 703-323-0345.

SATURDAY/JUNE 9

Movement and Meditation: An Interactive Workshop. 1-2:30 p.m. at Insight Memory Care Center, 3953 Pender Drive #100, Fairfax. As a busy caregiver, it's easy to neglect one's own health. Join an interactive class to learn simple stretches and yoga techniques that can help one to relax and de-stress during the day. This program is a part of Insight's ongoing Wellness Workshop series, for caregivers to focus on their own health and well-being. Free. Contact Lindsey Vajpeyi at 703-204-4664 or lindsey.vajpeyi@insightmcc.org or visit insightmcc.org.

TUESDAY/JUNE 12

Primary Elections. The last day to vote an absentee ballot in person is Saturday, June 9, 2018. Election day voting is Tuesday, June 12 from 6 a.m.-7 p.m. Visit www.fairfaxcounty.gov/elections/upcoming for more.

REVIVE Trainings. 11:30 a.m. at CSB's Merrifield Center, 8221 Willow Oaks Corporate Drive (Room LL-419/425 Lower Level East), Fairfax. The Fairfax-Falls Church Community Services Board (CSB) will dispense free Naloxone at upcoming REVIVE trainings. Get trained with the skills and tools to administer Naloxone, a drug that reverses the effects of opioid/heroin overdose. Trainings are free, approximately one hour long, and are offered at numerous locations and times across Fairfax County. Advance registration is not required to attend training. Visit www.fairfaxcounty.gov/community-services-board/news/2018/free-naloxone-revive-trainings.

Dementia Caregiver Support Groups. Noon-1:30 p.m. Shepherd's Center of Fairfax-Burke sponsors a monthly meeting on the 2nd Tuesday of each month for caregivers to learn and to share with others experiencing similar challenges. Before attending, contact the facilitator, Eileen Thompson at 703-451-8626 or Eileen.thompson1@gmail.com.

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Creature Comforts



By KENNETH B. LOURIE

Can you hear that? Of course you can't. You're there and I'm here. And exactly where am I? As usual on a Saturday morning, I'm sitting at my desk, staring out my window onto to "Belly Acres" (our two acres) waiting for creative lighting to strike.

What it is that you can't hear is the sound of Chino, one of my three male, domestic shorthair cats (there are two other females making for a total of five), purring. Purring so loudly, in fact, and positioned so strategically that I can't look across to my computer screen, grab a tissue from atop my printer or press any keys on my keyboard without seeing him, touching him and/or most definitely, hearing him.

Lying on his side with his back to the computer and his front facing me, I am semi-entranced by the heave-ho of his stomach, the alertness of his ears and the occasional stare and gradual closing of his eyes. Still the purring persists.

Knowing cat behavior, as I've come to after 40-plus years of ownership/cohabitation, I've learned to appreciate their sights and sounds and signs of affection (Chino has now rolled over with his back now facing and touching me, yet another sign of affection and trust, and dare I say, love and devotion). The purring has now stopped because Chino has fallen asleep in his "rocking chair, good buddy," to invoke some old-fashioned CB-Radio-type chatter. Perhaps in Chino's serenity will I find some creative juices to flow.

If you're a cat owner/cat "understander," this behavior is as good as it gets: proximity and tolerance. Cats may not exactly come when you call them, sit on command or fetch, but they most definitely can express love. And it's in these behavioral expressions of love that us cat owners find the greatest joy and the most comfort, so long as we interpret it as such. Nor should we get mad when they exhibit contrary behavior, like ignoring you or walking away when approached or occasionally biting/scratching/clawing the hands that feed, pet and play with them. That's par and it's their course we're playing.

As an experienced "feline," I am accustomed to and mostly amused by, this behavior. It is a behavior, among many that cats exhibit where you have zero (I was going to say minimal, but let's be honest) control. Accepting that may give you a greater sense of anticipation concerning their behavior. And it's when you can correctly anticipate that behavior where you can find some real satisfaction.

Not that correctly anticipating said behavior will become a reliable part of future interactions, nevertheless; it is understanding that being equal parts right and wrong concerning their behavior – and finding humor in it, is what will make you an enlightened cat owner. It's somewhere between expecting the unexpected and accepting that being wrong twice doesn't necessarily make you right once – and appreciating the difference. It's possible that this awareness may help clarify the cat's meow. Then again ... ?

But so what? Because of their frequently inexplicable shenanigans, I am continually bemused, and as an aside, with five cats in the house full time, never alone. And it's that never being alone that I find the most comforting.

Whether it's feeding time, litter time, petting/playing/sleeping time, shopping time or veterinarian time, I am regularly engaged. Now, whether they're happy about any of it or not, I can't say for sure. Still, it gives us all something to do, someone to see – and something to hear.

Chino has now awakened from his nap. He has positioned himself so that he is laying across my writing tablet, resting almost entirely on my non-writing left hand and purring as loudly as he was at the beginning of this column. But now that I'm nearly finished, I guess he figures he can get in my way, which doesn't bother me in the least. After all, he is a cat; I wouldn't expect anything less.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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