

Pictured volunteering for the Town of Herndon are members of Johnson Lambert, a CPA and Consultant firm in the Town of Vienna: Sam Rosenthal, Tyler Ernstmann, Caroline Lehman, Shannon Richard, Hannah Steer, Bob Smutsky, Riley Green, Akbar Alam, Corey Witt and David Fuge, the Chief Information Officer.

# Oak Hill Herndon CONNECTION

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**FAILURE** to 1) hire only people with no legal history of abusing, neglecting or mistreating residents; or 2) report and investigate any acts or reports of abuse, neglect or mistreatment of residents. [Cited on 06/16/2016 and **again** on 07/27/2017]

**FAILURE** to develop policies that prevent mistreatment, neglect, or abuse of residents or theft of resident property. [Cited on 07/27/2017]

**FAILURE** to make sure services provided by the nursing facility meet professional standards of quality. [Cited on 06/16/2016 and **again** on 07/27/2017]

**FAILURE** to provide necessary care and services to maintain the highest well being of each resident. [Cited on 06/16/2016 and **again** on 07/27/2017]

**FAILURE** to allow the resident the right to participate in the planning or revision of the resident's care plan. [Cited on 07/27/2017]

**FAILURE** to make sure that doctors see a resident's plan of care at every visit and make notes about progress and orders in writing. [Cited on 07/27/2017]

**FAILURE** to immediately tell the resident, the resident's doctor and a family member of the resident of situations (injury/decline/room, etc.) that affect the resident. [Cited on 06/16/2016 and **again** on 07/27/2017]

**FAILURE** to 1) make sure that each resident's drug regimen is free from unnecessary drugs; 2) each resident's entire drug/medication is managed and monitored to achieve highest well being. [Cited on 07/27/2017]

**FAILURE** to make sure that the nursing home area is free from accident hazards and risks and provides supervision to prevent avoidable accidents. [Cited on 07/27/2017]

**FAILURE** to store, cook, and serve food in a safe and clean way. [Cited on 06/16/2016 and **again** on 07/27/2017]

**FAILURE** to at least once a month, have a licensed pharmacist review each resident's medication(s) and report any irregularities to the attending doctor. [Cited on 07/27/2017]

\*To view the full inspection results, the scope and severity of these deficiencies, additional surveys and the facility's plans of correction, visit the Nursing Home Compare tool at <http://www.medicare.gov/nursinghomecompare/search.html#>.

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**David Fuge, the Chief Information Officer at Johnson Lambert, a CPA and Consultant firm in the Town of Vienna, volunteers for the Town of Herndon helping to remove insidious quackgrass from a Monarch WayStation at the Herndon Centennial Golf Course.**



**Tyler Ernstmann of Johnson Lambert, a CPA and Consultant firm in the Town of Vienna stays hydrated as he volunteers in the 95-degree heat and pulls weeds to help clear a planting bed in the Town of Herndon.**

PHOTOS BY MERCIA HOBSON/THE CONNECTION

## Volunteer Gardeners Help Town of Herndon

BY MERCIA HOBSON  
THE CONNECTION

The Town of Herndon is described as “4.3 square miles of endless possibilities.” The town earned designation as a “Tree City USA” by the National Arbor Day Foundation and is home to eleven neighborhood parks. However, within those 4.3 square miles are not only parks with new trees and plantings which require endless health and welfare checks but town properties, such as those on the Town Hall Square and at the Centennial Golf Course which require endless oversight, endless weeding, and removal of dead plants and shrubs.

The Town of Herndon is fortunate to have a community forester, John Dudzinsky. According to the town website, Dudzinsky, who is a certified arborist, is responsible not only for the trees and plants on town property but also the review of plant material for new developments and the provision of information and advice to citizens on the protection of their trees against insects and diseases. He is also responsible for providing educational programs for adults and children and as town staff, Dudzinsky is part of the Community Forestry, a joint effort between the town staff, the citizens and resources available from other organizations.

On Friday, June 29, Dudzinsky drove in the parking lot of the Herndon Centennial Golf Course on Ferndale Avenue. The day was bright, sunny, hot and humid. Piled in the back of the truck were shovels, weeders, hoes and other gardening tools, enough for the dozen or so volunteers who would be arriving to help dig out dead shrubs, weed and plant new shrubs and perennials on the town-owned property.

Soon the volunteers arrived: David Fuge, the Chief Information Officer of Johnson Lambert, a CPA and Consultant firm in the nearby Town of Vienna and members of the firm’s staff, Sam Rosenthal, Tyler Ernstmann, Caroline Lehman, Shannon Richard, Hannah Steer, Bob Smutsky, Riley Green, Akbar Alam and Corey Witt.

Dudzinsky explained his plan for the day. The volunteers would weed and dig out dead shrubs and trees in multiple beds at the golf course and then replant the areas as needed with new shrubs, trees and butterfly-attracting perennials. They would be-



**Hannah Steer and Sam Rosenthal, staff members at Johnson Lambert, a CPA and Consultant firm in the Town of Vienna provide community service pulling weeds in a Monarch WayStation in Herndon.**

gin with the Monarch Way Station at the entrance to the golf course.

Fuge said community service is part of the Core Values of Johnson Lambert and that the firm volunteers in the communities in which they live and work. Asked how the firm planned for volunteering this day, Fuge said, “We can be out here today because we knew this event was coming and prioritized for it. We are able to meet our clients’ commitments, and do this.”

Bob Smutsky added; “It’s not hard to find volunteers at our office. We’re always willing to help.”

When asked how he finds volunteers, Dudzinsky replied the need is posted in Volunteer Fairfax and on the Town of Herndon websites. Parks and Recreation also gets the word out, Dudzinsky said. “We work closely together asking for volunteers. Once a corporation knows we are organized and have projects, they return year after year.”

Asked what type of projects work best to get volunteers, Dudzinsky said, “I think one draw for volunteers is if it is a one-time opportunity, compared to a once a week or monthly service commitment.”

After many hours and many water bottles, the garden beds look amazing. They were weed-free with many new shrubs and perennials, thanks to the staff and Chief Information Officer of Johnson Lambert in the Town of Vienna.

### VIEWPOINTS

## Area Residents Reflect on July 4

What does the 4th of July mean to you?; How do you plan to celebrate the day?

### Paul Cohen of Great Falls, United States Navy, retired

“When I get up, I’m going to pull out a copy of the Declaration of Independence and read it. It provides the mission and vision of the United States, and the Constitution provides the framework for how we will live it out. ... Later in the evening, we will go watch the fireworks.”



### Mark Faust of Oakton, Fairfax County History Teacher, retired

“It helps to be reminded of our shared nationhood, as in E Pluribus Unum, Out of many, one, and the sacrifices that have been made to preserve it, both military and civil. ... I think of the 4th of July as Memorial Day with fireworks.”



### Richard Shields of Reston

“It gets me to think what our country would be like if King George had only been a little more intelligent in the way he dealt with the colonies. ... As for what we will be doing on the 4th, we will probably go to the fireworks.”



### Dom Koethe of Herndon

“I’m going to have a cookout with my family.”



### Armando Gonzalez of Herndon

“The first thing I think about is the War for Independence and that the British wore red jackets. The Americans, to me, were a ragtag group. They were minutemen though, meaning they could shoot accurately within one minute on an arc, not that they would be ready to fight in a minute. ... As for what I’m going to do, I’m going to watch tennis.”



### Ben Hamblin of Reston

“Usually we go out to Rehoboth Beach; it’s only a two-hour drive.”

—MERCIA HOBSON



PHOTOS BY  
MERCIA HOBSON/THE CONNECTION



## WELLBEING



A lack of swimming skills is one of the top factors increasing the risk of drowning.

PHOTO BY MARILYN CAMPBELL

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# Summer Water Safety

Supervision and learning to swim are top ways to prevent drowning.

BY MARILYN CAMPBELL

Blazing heat and sky rocketing temperatures often mean cooling off with a dip in the pool. As the summer is in full swing, safety officials are reminding the public of drowning risks and prevention methods.

"Learning to swim at any early age is all about being safe in and around the water," said Gina Bewersdorf, owner of Goldfish Swim School in Reston, Falls Church and Alexandria. "Undeniably we all will have an opportunity to visit a pool, lake or ocean at some point, and our goal is to equip our swimmers with water safety skills early on."

The Centers for Disease Control and Prevention (CDC) cites a lack of swimming ability, failure to wear life jackets, alcohol use and a lack of close supervision while swimming as some of the top factors that affect drowning risk. According to the CDC, from 2005 to 2014 there was an average of 3,536 unintentional drownings. One in five people who die from drowning are children 14 and younger.

"A person can drown in a matter of seconds," said Aaron Schultz, a lifeguard in Arlington. "When I'm

at the pool, I notice that parents are often texting while trying to watch their children, but even if children look like their playing they could easily go under and be in danger a less than a minute. This is especially important to remember at the beach."

Taking part in formal swimming lessons reduces the risk of drowning among children between one and four years old, but many people lack basic swimming skills, according to the CDC. "Beginning formalized lessons as early as 4 months old has shown benefit in children developing a love for water and foundation upon which to build water safety skills," said Bewersdorf.

American Red Cross swimming safety tips such as always swimming in a designated area attended by lifeguards, avoiding swimming alone, wearing life jackets, securing a pool with barriers and making sure everyone in your family is a strong swimmer, are among those that Mary Anderson of the Montgomery County Office of Health and Human Services says the county is reinforcing.

"There's a website that we put together called 'Summer of Safety', and it's got everything from A to Z with summer safety and swimming pool safety."

Other suggestions include enrolling in courses to learn CPR, having appropriate equipment such as a first aid kit and cell phone to make emergency calls.

"If someone is around water and discovers that their child is missing, it's a good idea to check

the water first because even seconds can make a big difference in stopping a drowning," said Schultz.

**"Learning to swim at any early age is all about being safe in and around the water."**

— Gina Bewersdorf, Goldfish Swim School



# CALENDAR

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday.

## ONGOING

**Art Exhibit – Mike Cloud: Figure Studies.** Through July 7, Tuesday-Saturday, 11 a.m.-5 p.m. at GRACE, 12001 Market St., Suite 103, Reston. Mike Cloud: Figure Studies presents a selection of works by Brooklyn-based artist Mike Cloud (b. 1974, Chicago) that consider language, symbolism, metaphor, history, and identity through the examination of the figure. Based around a single monumental painting, Cycle and Stable (2015), the exhibition includes the artist's series of collages based on the work of photographer Annie Leibovitz and new paintings. Call 703-471-9242 or visit [restonarts.org](http://restonarts.org).

**Art Exhibit: Paris Parks.** Through July 14 at ArtSpace Herndon, 750 Center St., Herndon. In his exhibit, Michael Kolster, is partly inspired by the work of Eugene Atget, he photographed in four Parisian Parks: St. Cloud, Parc de Sceaux, Montsouris, and Bois de Boulogne. Visit [www.artspaceherndon.org](http://www.artspaceherndon.org) or call 703-956-6590.

**Reston Concerts on the Town.** 7:30-10 p.m. Saturdays through August. At Reston Town Center Pavilion, 11900 Market St., Reston. Music genres from around the nation are performed by live bands each week. Bring lawn chairs or picnic blankets for seating. Free. Rain or shine. Alcohol permitted at restaurants only. Visit [www.restontowncenter.com/concerts](http://www.restontowncenter.com/concerts).

**Muscle Up Mondays.** 6:30 p.m. Meets Mondays, May through October, at Pavilion at Reston Town Center, 11900 Market St., Reston. Free fitness classes presented by CRUNCH Fitness-Reston group instructors. (No class on Memorial Day, May 28.) Call 571-267-5000 or visit [crunchreston.com](http://crunchreston.com) Facebook.com/CrunchReston.

**Mr. Knick Knack!** 10:30-11:15 a.m. May through October. At Reston Town Center Pavilion. Free performances of heart-centered music for children. No performances on Memorial Day, Labor Day, or Columbus Day. Visit [www.restontowncenter.com/events](http://www.restontowncenter.com/events).

**Reston Farmers Market.** Open Saturdays, through Dec. 1, 8 a.m.-noon at 1609 Washington Plaza N., Reston. Fairfax County Park Authority markets are strictly producer-only meaning that vendors must grow or make from scratch everything they bring to market. Call 703-642-0128 or visit [www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets).

**Homegrown Yoga.** Tuesday, Wednesday and Thursday nights at ArtSpace Herndon, 750 Center St., Herndon. Alison Adams is bringing Homegrown Yoga to ArtSpace Herndon. All levels welcome. Drop in and take a class. \$25 two week unlimited pass or drop-in available. Visit [homegrownpoweryoga.com](http://homegrownpoweryoga.com) to sign up.

**The Elden Street Tea Shop.** Saturdays in ArtSpace Herndon, 750 Center St., Herndon. Sip tea and enjoy a variety of locally made snacks and pastries while enjoying the latest art installations in the gallery. Visit [www.eldenstreettea.com](http://www.eldenstreettea.com).

**Small Business Support Sundays.** Visit independent stores and restaurants, and those that support small businesses at Reston Town Center, offering specials, discounts, tastings, and localized treats every Sunday. Visit [SmallBusinessSupportSundays.com](http://SmallBusinessSupportSundays.com).

**All-comers' Group Fun Run at Potomac River Running.**



Tuesdays and Thursdays. Reston Town Center, 11900 Market St., Reston. For beginners or competitive runners, come out for a fun, low-key run that is safe and social. Call 703-689-0999 [potomacriverrunning.com](http://potomacriverrunning.com).  
**Over-40 Softball League.** A Fairfax-based league is looking for enough players to form another team. Players must be at least 40 years of age to be eligible. All games are doubleheaders - played on Sundays at Bready Park in Herndon between 11 a.m. and 6 p.m. Email [skeduman@aol.com](mailto:skeduman@aol.com).

## SUMMER CAMP

**Reston Community Center** is gearing up for an exciting 2018 summer camp season, with selections that offer something for everyone. Want to play chess, kick a soccer ball or practice tae kwon do? Want to make jewelry, play paintball or design a video game? Find all that and more through RCC. Registration is ongoing, but camps are filling quickly. Visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) or call 703-476-4500.

## WEDNESDAY/JULY 4

**Town of Herndon 4th of July Celebration.** 6:30-10 p.m. around the Herndon Community Center and Bready Park Softball Field, 814 Ferndale Ave., Herndon. Arts and crafts, bingo, games, and additional activities. At 7:15 p.m., live entertainment featuring E3 begins. Starting at 9:30 p.m., there will be a fireworks display choreographed to music. There will be a variety of food for purchase. Bring a blanket or lawn chair. Leave pets at home. Food will not be allowed on the turf field. Please note traffic will be rerouted. Rain date: July 5th for fireworks display only. Visit [herndon-va.gov](http://herndon-va.gov) or call 703-787-7300.

## THURSDAY/JULY 5

**Play Dough Storytime.** 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Stories, songs and lots of play dough fun. Age 3-5 with adult. Registration open. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).  
**Millennials Book Club.** 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Title is "Reading Lolita in Tehran" by Azar Nafisi. Check out a library copy or buy a copy to own. Adults from early 20s to mid 30s. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).

## Summerbration

Reston Community Center's Summerbration concerts features live entertainment under the stars at Reston's newest outdoor stage. Select concerts also feature professional dance instruction. Fridays through Aug. 31, 7-9 p.m. at Reston Station, in the open-air plaza atop Wiehle-Reston East Metro. Free. Parking is free in the ParkX parking garage from 6:30-9:30 p.m. during the concerts. Visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) or call 703-390-6166.

PHOTO BY  
KEVIN DANAHER

## Patrons swing to the sounds of King Teddy at Summerbration in 2017.

Motown, swing, blues, jazz, Latin fusion, Celtic, bluegrass and zydeco and take place every Saturday night through Aug. 25. Free. Visit [www.restontowncenter.com](http://www.restontowncenter.com).

## MONDAY/JULY 9

**Stem Challenge: Bristle Bots.** 4 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Make a "bristle bot." Recycling, crafting and robotics all rolled into one. Cosponsored by the FRRL. Age 6-10. Registration now open. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).

## TUESDAY/JULY 10

**Rainbow Rock.** 2:30 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Move, groove, and have fun with the Rainbow Rock Band. Cosponsored by the FRRL. All Ages. No registration required. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).  
**Read to the Dog.** 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Read aloud to a trained therapy dog. Bring a book or choose one from the Library. Call or sign up online for a 15 minute session. Age 5-11. Registration now open. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).

## WEDNESDAY/JULY 11

**Wednesday Morning Book Club.** 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. This month's title is "All the Light We Cannot See" by Anthony Doerr. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).  
**Color Me Happy.** 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Relax, unwind, and color your cares away in an adult coloring session. Invite a friend, date or mate to come along. Coloring pages, pens and pencils provided, or bring some along. Adults. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).

## THURSDAY/JULY 12

**Baby Lapsit.** 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Enjoy nursery rhymes and songs while building early literacy skills for children. Age birth to 11 months with adult. Registration now open. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).  
**Origami Workshop.** 4 p.m. at Reston

Regional Library, 11925 Bowman Towne Drive, Reston. Create colorful works of art using step-by-step paper folding techniques. Registration now open. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).

## FRIDAY/JULY 13

**Hypnotizers.** 2 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Create spinning, glowing light machines that hypnotize and amaze. All electrified projects go home. Registration now open. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).  
**Summerbration Concerts.** 7-9 p.m. at Reston Station, in the open-air plaza atop Wiehle-Reston East Metro. Reston Community Center's Summerbration featuring Oasis Island Sounds. Parking is free in the ParkX parking garage from 6:30-9:30 p.m. during the concerts. Visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) or call 703-390-6166.

## MONDAY/JULY 16

**Nose To Toes Yoga.** 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Explore yoga movement while enjoying books and songs. Bring a towel or yoga mat. Registration now open. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).  
**Stress To Success or Teens.** 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. This special yoga workshop helps teens learn tools to distress, boost self-esteem, and to develop strength, emotional balance and self-confidence. Bring a mat or towel. Cosponsored by FRRL. Age 13-18. Registration now open. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).

## TUESDAY/JULY 17

**Sing! Books with Miss Emily.** 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Miss Emily for singing storytime with illustrated songs. Cosponsored by the FRRL. Age 2-5 with adult. No registration required. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).  
**Stem Challenge.** 3 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Five engineering challenges with clothespins, binder clips and craft sticks. Age 7-11. Registration now open. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).

## WEDNESDAY/JULY 18

**The Wizard of Reading.** 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Enjoy amazing tricks and reading fun with magician Dean Alan. Cosponsored by the FGMRL. Age 6-12. No registration required. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).

## FRIDAY/JULY 20

**Gymboree Music I.** 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Discover melody pitch and rhythm while building a repertoire of joyful songs. Cosponsored by the FRRL. Age 6-18 months with adult. Registration open July 6. Call 703-689-2700 or visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).  
**Gymboree Music II.** 11:15 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Dance and sing to a new musical style each month, including Latin, Rock 'n' Roll and Classical. Cosponsored by the FRRL. Age 18-24 months with adult. Registration open July 6. Visit [librarycalendar.fairfaxcounty.gov](http://librarycalendar.fairfaxcounty.gov).



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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.  
**-Werner Heisenberg**

**Announcements**

**NEWS**

# Fairfax County to Invest \$1.2 Million in Downtown Herndon Project

**O**n June 19, Fairfax County announced they will invest \$1.2 million in economic development money to build a new mixed use project in downtown Herndon that includes a signature arts center. This is the largest investment to date from the \$5 million fund that's designed to stimulate economic growth in the county.

The Board of Supervisors approved a funding agreement with the Town of Herndon on June 19, 2018. The agreement details how the county's funds will be spent on this public-private partnership project between the town and Comstock.

The project will create a town center with the 18,000-square foot arts center planned as the centerpiece for downtown Herndon. The three-building development plans include approximately 281 apartments, 17,600 square feet in ground floor retail and a 761-space parking garage.

"I am pleased that funding from the County's Economic Development Support Fund will help make the Herndon Arts Center a reality," said Dranesville District Supervisor John Foust, who chairs the Fairfax County Economic Advisory Commission. "Activities around the arts create thousands of jobs and hundreds of millions of dollars in economic activity in Fairfax County. The Herndon Arts Center will also contribute to the success of a redevelopment project that will significantly increase the tax base of the town and the county. Projects like the Herndon Arts Center also contribute to the county's economic success by creating a community that will attract a 21st-century workforce."

County officials anticipate that its investment will be recouped in the first two years after the project is delivered. The new development is expected to generate up to \$800,000 a year in new property and sales taxes revenues for the county, according to an independent economic analysis commissioned by the town.

Because the town owns the site for the future development, the 4.67-acre property is currently tax exempt. The new town center, however, would pay real estate taxes, as well as generate sales tax from the retail components.

Located at intersection of Elden Street and Center Streets, south of the W&OD Trail, the site was formerly home to a car dealership, and it currently serves as a municipal parking lot.

"Allocation of this grant funding to the town is a tangible, impactful demonstration of Fairfax County's commitment to economic development in Herndon," said Mayor Lisa Merkel. "Redevelopment of Herndon's downtown creates a new and exciting



PHOTO COURTESY OF FAIRFAX COUNTY

**"The new development is expected to generate up to \$800,000 a year in new property and sales taxes revenues for the county, according to an independent economic analysis commissioned by the town," reported Fairfax County on their website.**

destination at the county's western edge, and we greatly appreciate the spirit of partnership symbolized by this grant."

The county's investment is leveraged by an additional \$3.6 million in funding that the town will contribute towards the project's construction. Under the agreement with the town, Fairfax County will not invest its money until Herndon first puts in a minimum \$1.2 million of its own funding.

The county created its Economic Development Support Fund a year and half ago exactly for projects like this one. This fund is intended to invest one-time, seed money into projects that will create direct economic benefits to Fairfax County. This makes the fund different from traditional economic incentives that some governments offer to companies or developers.

The fund is intended to pay for capital development projects, buy property, or provide programming support for activities identified in the county's strategic Economic Success Plan.

This plan calls for growing and diversifying the economy in part by encouraging more mixed use development and arts facilities and districts.

*For more information on the county's investment or the economic development fund, contact Scott Sizer, Office of the County Executive, at 703-324-2581.*



## BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### MENTAL HEALTH SERVICES

**The Fairfax-Falls Church Community Services Board's Merrifield Center** offers a new stand-up information kiosk. Part of a pilot project, the new feature aims to improve the customer service experience and decrease wait times for individuals who are seeking mental (behavioral) health services. To check in, individuals respond to five simple questions, then the CSB's Patient Track software alerts staff. Based on clinicians' schedules and availability, as well as the needs of the client, individuals are triaged and seen by the next available staff member. For more information on available services, call the CSB at 703-383-8500 (Monday-Friday, 9 a.m.-5 p.m.). In an emergency 24/7, call CSB Emergency Services at 703-573-5679 or the Fairfax Detox Center at 703-502-7000 (TTY 703-322-9080).

### WEDNESDAY/JULY 4

**Free Sober Rides.** Wednesday, July 4, 7 p.m. through Thursday, July 5, 4 a.m. Area residents, 21 and older, may download Lyft to their phones, then enter a code in the app's "Promo" section to receive a no cost (up to \$15) safe ride home. WRAP's Independence Day SoberRide promo code will be posted at 5 p.m. on July 4 on [www.SoberRide.com](http://www.SoberRide.com). The SoberRide code is valid for the first 1,500 Lyft users who enter the code.

### TUESDAY/JULY 10

**Story Time: Focus and Self-Control.** 10-11 a.m. at The Parent Resource Center Library, 2334 Gallows Road, Entrance 1 - Room 105, Dunn Loring. This Story Time will highlight books and activities to support focus and self-control in young children. Focus and self-control is an evidence-based executive functioning skill that involves paying attention, following the rules, thinking flexibly, and exercising self control. Registration is limited and required for children ages 4-6 and their parents. Visit [www.fcps.edu/resources/family-engagement/parent-resource-center](http://www.fcps.edu/resources/family-engagement/parent-resource-center) for more.

### WEDNESDAY/JULY 11

**Staying Focused and Finishing 2018 Strong.** 8:30-10 a.m. at Greater Reston Chamber of Commerce, 886 Metro Center Drive, Suite 230, Reston. Gretchen Richards of Dynamic Business Capabilities will show participants how to improve productivity and stay focused on what's important to close out 2018 strong. Visit [www.restonchamber.org](http://www.restonchamber.org) for more.

### THURSDAY/JULY 12

**Lessons Learned from GovCon Deal Warriors.** 8-10 a.m. at Reston Association Conference Center, 12001 Sunrise Valley Drive, Reston. Join Reston Chamber of Commerce's seasoned panel of "GovCon Deal Warriors" to discuss the current M&A landscape and learn what contractors need to do to ensure successful M&A execution. \$35, members; \$50, future members/guests; free, government agency representative; \$10 more at the door. Visit [www.restonchamber.org](http://www.restonchamber.org) for more.

**Story Time: Perspective Taking.** 10-11 a.m. at The Parent Resource Center Library, 2334 Gallows Road, Entrance 1 - Room 105, Dunn Loring. This Story Time will highlight books and activities to support perspective taking in young children. Perspective taking is an evidence-based executive functioning skill that forms the basis for children's understanding of their parents', teachers', and friends' intentions. Registration is limited and required for children ages 4-6 and their parents. Visit [www.fcps.edu/resources/family-engagement/parent-resource-center](http://www.fcps.edu/resources/family-engagement/parent-resource-center) for more.

### TUESDAY/JULY 17

**Story Time: Making Connections.** 10-11 a.m. at The Parent Resource Center Library, 2334 Gallows Road, Entrance 1 - Room 105, Dunn Loring. Making Connections is at the heart of learning. This Story Time will highlight books and activities to support this evidence-based executive functioning skill in young children. Registration is limited and required for children ages 4-6 and their parents. Visit [www.fcps.edu/resources/family-engagement/parent-resource-center](http://www.fcps.edu/resources/family-engagement/parent-resource-center) for more.

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## Well Blow Me Down



By KENNETH B. LOURIE

Ah. The whirr of chain saws finally cutting their way through the nearly two dozen trees in my front half acre knocked down during the March 2 wind storm. Given what this cut down and clean up will cost, it is not an expense to be paid out of petty cash. In fact, we needed a little help.

And considering the time allowed by Rigo (the man for the job), to come back and do the work; it's been approximately two months since we shook on the deal, it's enabled us to arrange for payment on a mutually beneficial schedule.

He'll the do the work when he can (not a fixed time and date) and we'll pay him what and when we can; sort of a trade and sort of because he's doing some other regular work in our neighborhood (the adjacent property in fact).

Typically in the past, when I've received knocks on my door by other tradesman saying they're doing similar work in the neighborhood to what I've needed – or appeared to need: yard clean up, tree maintenance, driveway repair/repaving, etc., offering me discounts because they're "working on the street," I've always resisted because I've never had the money (cash) or trust to pay them.

Well, I don't exactly have the money now, but neither did Rigo knock on my door. I had been given his name and number months ago by an extremely reliable former neighbor so I had the trust and the time seemed right. When I spoke to Rigo and told him who I was, he said he had been expecting the call, as my neighbor apparently assured him I would.

And so, almost four months since the trees "thudded" to the ground, Rigo and his men have hit the ground sawing. As Dennis Eckersley, a Major League Baseball Hall of Fame inductee and current member of the NESN/Boston Red Sox television broadcast so often says: "It's a beautiful thing."

And what makes this "treatment" a "beautiful thing" is not just the sense of accomplishment for work which most definitely needed to be started – and finished, but specifically work yours truly is incapable of doing.

As the homeowner of a registered historic property built in 1742 ("Belly Acres" I call it) sitting on two acres, constantly in need of something or other both inside and out, to say that I am – and have been overwhelmed since we took ownership in May of 1992, is an understatement.

The overstatement would be: I am in so over my head that to invoke a childhood expression that still doesn't make any sense: "I need to look up to look down."

Hearing multiple chain saws, even starting at 8:30 a.m., as I had been forewarned two days prior would occur, is music to my ears. Any progress I can make – or others can on my behalf – in stemming the tide of my maintenance malfeasance is huge. It's not exactly a sense of pride, it's more a sense of passing homeowner 101, the entry level course I've mostly failed going on 26+ years.

Needing the kind of help I do – in terms of time, money, tools, skillset and inclination – is an unrelenting burden of incompetence which I readily accept. Unfortunately, time does not lessen the responsibility. Nevertheless, I'm lucky to own such a unique and historic property.

If some maintenance suffers, it's not for lack of concern, it's for lack of ability and knowledge. Moreover, I just can't summon up the necessary fortitude. Throw in a stage IV, non-small cell lung cancer diagnosis and the prospects in the future for home-owning improvement are not great.

It's been my nine+ years experience that a cancer diagnosis (especially a "terminal" one) tends to rearrange your priorities/rewire your brain, so to speak. And even though I'm very happy seeing and hearing the trees being tended to, I'm more concerned about the forest.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



# OPINION

## Local Newspapers Under Siege

### Need to address restraining orders and gun violence.

**O**ne member of Connection News papers staff is Kemal Kurspahic, who shares with us his first-hand experience of running a newspaper from a war zone when information was desperately needed by the besieged residents of Sarajevo. Kemal Kurspahic is managing editor for The Connection Newspapers. He was the editor-in-chief of the Bosnian daily Oslobođenje in Sarajevo, Bosnia Herzegovina, 1988-94. Under his leadership the paper published every day from an atomic bomb shelter during the siege of Sarajevo, maintaining high professional standards and Bosnian culture and tradition of ethnic and religious tolerance in the midst of terror. The paper published the names of those killed each day in Sarajevo.

EDITORIAL He experienced first hand the horror of having staff members killed while out on assignment. He was critically injured himself when a vehicle taking him to his newsroom crashed as it traveled at high speed down "sniper alley." The International Press Institute named Kurspahic one of its first 50 World Press Freedom Heroes in 2000.

Journalism is a dangerous occupation in many other countries, usually not here in the U.S.

I tell this story now because of the newly minted fear that many journalists feel after the murders of five in the newsroom of the Capital Gazette in Annapolis. Police and survivors say the shooter had long held a grudge against the newspaper, and had sued for defamation. The targeted attack came very close to home.

The dead were Gerald Fischman, 61, editorial page editor; Rob Hiaasen, 59, editor and features columnist; John McNamara, 56, sports reporter and editor for the local weekly papers; Wendi Winters, 65, a local news reporter and community columnist; and Rebecca Smith, a sales assistant.

The shooter had restraining orders against him because of violent threats made in a different situation, but restraining orders apparently do not result in restricting gun purchases. He was still able to buy the gun he used in the attack. This is a loophole that desperately needs to be closed. A person subject to a restraining order of any type or duration for making threats should certainly not be able to buy a gun.

Every newspaper editor knows the experience of talking to a subject, source or reader who is irate over something the paper published. If we aren't making anyone angry, it's probably because we aren't writing about anything important. But my conversations with people who object to something we've reported have always had a subtext of respect. Many complaints have resulted in greater understanding on all sides that can create more lasting connections. Other times have resulted in agreeing to disagree.

Now, we lock the doors at least for now, knowing that there could likely be copy cat attacks, as school shootings began with one high profile attack. But we are not afraid.

We will continue to publish our 15 weekly papers.

The threat to survival for most local papers is the decline in advertising, compounded now by a tariff on newsprint. Don't forget that if you have an advertising or marketing budget, you should spend some of those dollars with local newspapers.

— MARY KIMM  
MKIMM@CONNECTIONNEWSPAPERS.COM

### About This Week's Papers

Our papers go to press a day early due to the July 4th holiday. That means that this week's papers will not contain coverage of July 4th events. Watch for coverage next week.

### Submit Your Photos for the Pet Connection Now

The Pet Connection, a twice-yearly special edition, will publish the last week of July, and photos and stories of your pets with you and your family should be submitted by Friday, July 20.

We invite you to send stories about your pets, photos of you and your family with your cats, dogs, llamas, alpacas, ponies, hamsters, snakes, lizards, frogs, rabbits, or whatever other creatures share your life with you.

Tell us the story of a special bond between a child and a dog, the story of how you came to adopt your pet, or examples of amazing feats of your creatures.

Do you volunteer at an animal shelter or therapeutic riding center or take your pet to visit people in a nursing home? Does your business have a managing pet? Is your business about pets? Have you helped to train an assistance dog? Do you or someone in your family depend on an assistance dog?

Or take this opportunity to memorialize a beloved pet you have lost.

Just a cute photo is fine too. Our favorite pictures include both pets and their humans.

Please tell us a little bit about your creature, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name).

Email to editors@connectionnewspapers.com or submit online at www.connectionnewspapers.com/pets.

For advertising information, email sales@connectionnewspapers.com or call 703-778-9431.

## The Welcoming Inclusion Network

### Making Fairfax County accessible to all abilities.

BY SUPERVISOR JOHN C. COOK  
BRADDOCK DISTRICT SUPERVISOR

**O**ne of Fairfax County's greatest strengths is in being a home to over a million people from all walks of life. While we have made great strides in bringing the community together, adults with developmental and intellectual disabilities can find it very challenging to participate fully in community life. After they leave school or home, many rely on employment or day services to integrate them into society and allow them to contribute by working or through other activities. This population is growing and deserves a seat at the table. Current services are helpful, but there remains a great deal of work if we want a truly inclusive society.

#### COMMENTARY



The Fairfax Falls Church Community Services Board established the Welcoming Inclusion Network (WIN) collaborative to address these pressing issues and devise long-term solutions to create an environment where everyone is valued.

I have the honor of chairing WIN, but the real work is done by my operations co-chair Lori Stillman, who is a former CSB official and parent. Joining us on the steering committee are a number of experts who have a great range of experiences with developmental and intellectual disability services. WIN stakeholders include county staff, parents of those with disabilities, special needs services providers, self-advocates, and employers. Together we work to achieve WIN's four key goals:

- ❖ NETWORK: Build opportunities for increased information and resource sharing
- ❖ DESIGN: Ensure service equity and efficiency through community-designed services

ciency through community-designed services

❖ EMPLOYMENT: Boost employment opportunities through existing and new service models

❖ INCLUSION: Identify and address other challenges to full community inclusion

WIN stakeholders meet regularly at the Fairfax County Government Center for presentations and working sessions. Each meeting has a new topic of discussion and breakout sessions to delve deeper into the obstacles for inclusivity and to find effective solutions. The next WIN meeting is on July 9 from 6:30 – 8 p.m. and will be in the Fairfax County Government Center. Anyone interested in learning more about day and employment services for people with developmental and intellectual disabilities is welcome to attend.

It is up to all of us in the end to make the world a more accessible place for those of us with different abilities. I hope you will join me in supporting this important cause and the hardworking stakeholders seeking to make our county a better place for all.

## Oak Hill & Herndon CONNECTION

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