# Mount Pernon Gazette

Mount Vernon's Hometown Newspaper • A Connection Newspaper



Pavers are parked one street over from Frye Road, staged for more paving in the near future.

## Paving Reawakens Controversy

### Some Frye Road residents seek fewer speed bumps.

By Mike Salmon The Gazette

paving operation on Frye Road, and requests by one of the residents to the Mount Vernon District Supervisor Dan Storck, has turned into a controversy involving speed

bumps, petitions, neighborhood traffic and dollar signs.

Todd Usher, a resident of the community since 2014, does not like the speed bumps that were put on Frye Road and is looking at the upcoming paving operation as an opportunity to get rid of all of them, SEE SOME FRYE, PAGE 3



#### Stroller Strong Moms The local chapter of the Stroller Strong Moms workout group gathers at Grist Mill Park in Mount Vernon. The group is led by Kelli Berger at lower left.

## Progress Report

Supervisor Storck evaluates his office's accomplishments.

By Gerald A. Fill The Gazette

n an interview last week, Mount Vernon District Supervisor Dan Storck details his accomplishments and future challenges after completing his first two and a half years in office.

He expresses confidence that his successes will result in the transformation of Mount Vernon's image from one of a struggle to solve long standing transportation and development problems to one of significant progress.

Citing what he believes made a major difference, Storck points to his success in achieving "financial leverage" that has launched significant progress toward transportation improvements in the Route 1 corridor. Coupled with that success was the approval of the Embark Comprehensive Plan Amendments by the Board of Supervisors that set the stage for redevelopment of the corridor and revitalization of the Richmond Highway. "With the menu in place and

"With the money in place and the Comprehensive Plan amendments approved, we are now bringing new economic development through private and public investments to our district," Storck said. "Also, working with Lee District Supervisor Jeff McKay, we have formed a Strategic Economic Development Team to bring together key individuals and organizations to drive revitalization and growth in the region. Innovation, creativity, transit friendly,

### **Upcoming Events**

- Mount Vernon Nights, Friday and Saturday, Grist Mill National Nights Out, Aug. 7, vari-
- workhouse Brewfest, Aug. 4,
- Workhouse Arts Center MVHS Master Plan Outreach,

September/October, MVHS See www.fairfaxcounty.gov/ mountvernon/



WELLBEING

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July 6, 2018

Supervisor Dan Storck at a meeting last year.

environmentally conscious projects commensurate to development goals for the 21<sup>st</sup> century are now underway."

The financial highlights include Richmond Highway NVTA funding:

\$127 million for widening of Richmond Highway to six lanes; from Mount Vernon Highway to Napper Road;

 \$250 million to fund the Richmond Highway Bus Rapid Transit (BRT); and

◆ \$12 million to match Virginia Department of Transportation (VDOT) and Department of Rail and Public Transportation (DRPT) funds to replace the Richmond Highway underpass below the CSX Railroad from Lorton to Woodbridge.

"The above financial approvals mean that overall funding for Richmond Highway is 75 percent approved for the widening, and 50 percent approved for funding the Bus Rapid Transit system," Storck said.

Storck was pleased with, as he put it, the success in achieving "financial leverage" which he had a key role in achieving. Coupled with the realization of money for the transportation system which SEE STORCK. PAGE 4

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#### OPEN SUN 7/8, 2-4



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ATLANTIC COAST

ACN

News

## Finding Balance, in Life and Arts

Local artist Terry Angstrom went from teaching math to painting Italian architecture.

By Mike Salmon The Gazette

ecoming an artist doesn't mean you shed all of your former skills, grab a brush and open a studio. Many times, it takes a variety of things to hone the talent. That's what Terry Anstrom has experienced.

In her past life, Anstrom was a math teacher at several Fairfax County schools, and even though she closed the books on that career, she finds herself using math in her paintings, making flowers balanced, and in patterns. She creates things "very meticulously," she said. "In my own way, I have achieved my own

### 'An Italian Perspective'

Featured Artist Show at the Workhouse Art Center, in Building 6 Gallery, 9516 Workhouse Way, Lorton, from Aug. 8 - Sept. 2, 2018. The Reception is during Second Saturday, Aug. 11 from 6-9 p.m.

schools. She also sees it happen with others, even visitors to the Workhouse Arts Center in

balance," she

said. She taught

math at Edison, Lee and Mount

high

Vernon

Lorton where she has a studio and sees visitors frequently. "I encourage them to be balanced," she said.

When her son was growing up, his math and artistic talents came out as he was deciding on a career, and Anstrom looked for ways to incorporate art in whatever he chose. Now he's a successful architectural engineer.

"He needed a job that he could make a living," she said, "you can combine."

When parents with children come to the



In her studio at the Workhouse, former Mount Vernon High School teacher Terry Anstrom shows her collection.

Photo by Mike Salmon The Gazette

Workhouse, Anstrom brings up various topics to find their interests. "At an early age, they want to expose their children to art," she said. When the children come in, she asks them their favorite subjects in school, and tries to pick out something she's done that relates to that subject.

She's had some high points in her art career, including being on the cover of the Elan Magazine in May 2013, and being a signature member of the Virginia Water-



Castel St Angelo: This photo of Italian architecture will be part of Terry Anstrom's show in August.

color Society. "I participated in some national shows," she said.

Recently Anstrom went on a trip to Italy and saw several patterns on the Italian streetscape that she photographed and recreated when she got back, and these paintings are the basis of her upcoming show in August called "An Italian Perspective."

There were arches, bridges, and buildings with other architectural features that Anstrom focused on. "Whenever I paint something, they evoke an emotion," she said. Anstrom's ancestors are from Florence, so she visited there as well as Rome and Venice, and even took a cooking class at ZaZa Restaurant in Florence. They made pasta, pizza and Tiramisu, an Italian dessert staple. "That was wonderful," she said. The class was on the last night of their trip and as they sat down to pat "a rain

trip and as they sat down to eat, "a rainbow came out," Anstrom said. "It was a culmination of our trip," she said.

## Some Frye Road Residents Seek Fewer Speed Bumps

#### From Page 1

or at the very least, the one that is closest to his house. He says he's tried to discuss this with Storck but Storck will not meet with him to discuss this issue, Usher said, and has tried numerous times.

Storck is aware of Usher's issue, and refers to Usher as a "frequent flyer," at his office — over the past few years, Usher has been in for a few different reasons and knows Storck's late night availability on Thursday nights during the week, but has not taken advantage of it. They've both been exchanging emails, but neither has picked up the phone.

"I'm curious why he won't sit down with me," said Usher.

"He knows how to schedule an appointment with me," said Storck, "we've given him the opportunity."

Gary Scutt, a neighbor of Usher's, called the speed bump issue "one of our favorite topics," but had the same feeling about Storck's office though. "He's as responsive as a fence post," Scutt said.

It started with the speed bump process www.ConnectionNewspapers.com

and traffic calming in Usher's neighborhood off Frye Road in the Mount Vernon District back when the previous supervisor, Gerald Hyland, was in office. There was a petition started by someone on the street with alleged ties to Hyland's office, and it led to the county putting in the speed bumps and humps in the neighborhood.

"It's a very specific process," said Storck. It not only leads to speed bumps, but an "a la carte menu of things," to calm traffic, Storck said. The individual with ties to Hyland's office, before Storck became supervisor, which Scutt or Usher declined to name, didn't want cars speeding past her house so she pushed for the speed bumps. Scutt said he was at the meeting where she admitted it. It was done "mainly to appease someone that had the ear of the county supervisor," he said.

The signatures were obtained and the speed bumps put in, but not all were in favor. There are a few residents that are not for them, and Storck is aware, but it's all in the numbers. "Over two-thirds that returned the survey said they wanted them," Storck

said. To Usher, the signatures were from another part of Frye Road, and not down near the end where he lives. "They didn't get anybody's input down here," he said.

When the paving started this summer on the side roads, Usher looked at it as the perfect time to get rid of the speed bumps. To repave the street, the speed bumps have to be taken out, which Storck's office has acknowledged, and put back in at \$100,000 a piece, says Usher. Usher needs at least 50 people to sign a petition for a new survey but he said there is not enough time to get that petition going. Storck wasn't sure about the costs Usher mentioned but will support the spending since it supported the effort the majority of the community wanted.

#### Bulletin Board

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### **TUESDAY/JULY 10**

Story Time: Focus and Self-Control. 10-11 a.m. at The Parent Resource Center Library, "I don't want the county to come out there if there's not a substantial number of people for it," said Storck. "He's being offered the chance for a new survey if he gets 50 households," Storck added. And so far, the paving schedule has remained as is, so Usher is looking for a little victory in the whole thing, but nothing has changed thus far. "If we could get rid of this northernmost one, we'd be happy," Usher said, pointing to the bump out in front of his house.

The back and forth discussions have old roots in the government process. "That's what democracy is all about," said Storck.

Scutt is a lifelong resident of the Mount Vernon District and "stuff like this drives me crazy," he said.

2334 Gallows Road, Entrance 1 - Room 105, Dunn Loring. This Story Time will highlight books and activities to support focus and selfcontrol in young children. Focus and self-control is an evidence-based executive functioning skill that involves paying attention, following the rules, thinking flexibly, and exercising self

SEE BULLETIN BOARD, PAGE 14 Mount Vernon Gazette & July 5-11, 2018 & 3

## NEWS

## Storck Evaluates His Office's Accomplishments

FROM PAGE 1 has been slow in becoming a reality until now, final approval of the changes in the Comprehensive Plan by the Planning Commission and the Board of Supervisors means that the transportation projects can proceed without further delay.

Storck's many years as a member of the School Board prior to being elected supervisor gave him substantial community engagement and outreach experience. Several community leaders find him positive, engaged, working hard and willing to take on the tough issues.

"I have nothing but the utmost respect for Dan Storck and the job he has done as our supervisor. He is the model public servant and I do not know how he has time for all the activities and work he has as Mount Vernon supervisor. I cannot think of anything that needs major change except he could use more staff that could pick up some of the workload. That is unlikely to

happen considering budget limitations," said Mike Rioux, the Mount Vernon District representative to the Metropolitan Washington Airports Authority (MWAA) Reagan National Airport Community Working Group. "I know Dan is working hard along with our other elected officials on the Route 1 improvements and like all of us he is probably frustrated by how long it will take and the funding needed to improve the Route 1 corridor. He knows as most citizens do the huge benefit the Route 1 changes will have on our local economy — if he had one wish it would be that his efforts along with the others could make it happen much quicker."

Adding more perspective is Queenie Cox, president of the New Gum Springs Civic Association, saying, "Supervisor Storck does a good job of engaging the affected community. We appreciate that. However, I

#### CRIME REPORT

The following incidents were reported by the Mount Vernonsm District Police Station. **BURGLARY:** 5800 block of Berkshire Court, June 27. A resident reported that

someone entered the residence and damaged property. JUNE 29 LARCENIES 8200 block of Richmond Highway, beverages from business JUNE 27 LARCENIES 7900 block of Richmond Highway, merchandise from business 6700 block of Richmond Highway, merchandise from business STOLEN VEHICLES 2500 block of Parkers Lane, 1994 Honda Accord



Mount Vernon District Supervisor's office: Tae Choi, development and land use aide; Christine Morin, chief of staff; Donna Slaymaker, office manager; Allison Miessler, transportation, public safety and human services aide; Supervisor Dan Storck; Camela Speer, director of communications; and Abdul Shaban, events and community outreach aide.

would like to see him more willing to engage the county staff on the tough issues we often face by being willing to apply stronger oversight of the staff, especially when they don't follow standard county policy." Former Mount Vernon Planning Commissioner Earl Flanagan said, "Supervisor Storck has done a very good job of organizing his office and working hard to get on top of the many 'hot' planning and development issues which he inherited. Former Supervisor Gerry Hyland laid the groundwork for much of what is now taking place in the transportation and economic development field in Mount Vernon. Supervisor Storck I believe is following up on the development of Mount Vernon and equal to the many challenging development issues he is faced with as he moves into the second half of his first term of office. The one thing I believe where there is room for some improvement is he needs to be more sensitive to the long-term needs of the local community and to make sure that their views and those of the community at large are adequately taken into consideration before he takes a position. I believe he is moving in the right direction and I am confident he is aware of this issue and is working to improve his sensitivity to the complex issues which come before him."

Cathy Ledec, tree commissioner for the Mount Vernon District, said, "Dan has worked hard to establish effective partnerships in the Mount Vernon District. He really respects those who bring technical knowledge and he works to include that knowledge in his decision-making. The EMBARK Comprehensive Plan Amendment is a good example of his leadership where he brought the community together around the future of the Richmond Highway Corridor. This produced a robust plan that showcases the diversity of our community. Going forward, I would like to see more attention to the need for natural areas, green spaces, and parks to support a healthy environment and lifestyle for residents. We need more of this."

Katherine Ward, long time community leader and former co-chair of the Mount Vernon Council of Citizens Associations, said, "I have been very pleased to work with Supervisor Storck … he has taken the long view of revitalization and embraced the vision designed by the citizens through the EMBARK process to revitalize the Richmond Highway. It will be a pleasure to continue to work with him and his creative staff in the future."

Storck also discussed other issues facing the community.

Fairfax County's Opioid Task Force Report illustrates the increase in abuse of illicit drugs as well as prescription drug abuse. Storck said he stands ready to support what the Board of Supervisors and School Board wants to do to combat the trend, in the schools and throughout the community.

"This is no longer a low income problem ... it affects all age groups and income levels," Storck said. "The prescription drug accessibility issue complicates the problem and we need the active participation of all elements of our society and in particular pharmaceutical companies to curb the growth in use. I support more effective enforcement of the use of prescription drugs and illicit drugs of abuse at all levels."

In terms of affordable housing for low and

### Highlights

Money for Route 1 widening, and bus rapid transit.

Board of Supervisors' approval of amendments to the Comprehensive Plan to enable revitalization of the Route 1 Corridor.

Formation of a Strategic Economic Development Advisory Team for Mount Vernon and Lee Districts.

moderate income people and senior affordable housing, Storck said supports addressing the shortage of affordable housing issue. He cited several building projects in Mount Vernon and Lorton that are planned or underway that will help expand affordable housing accessibility.

What is he doing to slow the growth rate in property taxes? It is a major source of revenue for the growing school system as well as for revenue needs for the Board of Supervisors.

Storck replied that other sources of funding are needed besides property taxes to help the county meet revenue demands. One source of help

was his desire to see more of Fairfax County taxes sent to the state to be returned to the county. "Right now we only receive 23 cents on the dollar sent to the state and we should receive a higher percentage." he said. "In order to be sustainable, an urban county like Fairfax needs to be able to access the number 1 source of revenue generated in our wealthy county. We need to get our fair share of county contributed income taxes back from the Commonwealth."

He also discussed the redevelopment of the former Mount Vernon High School. The county has hired a contractor to assist in the planning and development of the land and revising the use and configuration of the building to realize a community building that will serve multiple needs for the district and region. Progress is already being realized in the use of the building for recreational purposes. Storck has appointed a steering committee which will monitor progress, reach out to the community for ideas, and will continue to communicate with Storck , McKay, and county staff.

"This project will have a dramatic impact on the scope and character of the Route 1 corridor and beyond in recreation, business development, community services, child care, higher education, the arts, nonprofit organization opportunities, convening community meetings etc. etc. I am excited by the prospects and plan to continue to emphasize this as one of my highest priority efforts now and in the coming years."

Concerning the Workhouse Arts Center in Lorton, Storck said, "I am very pleased to say that this project, at first subject to assistance by the county, is now financially independent and the future is very positive." www.CONNECTIONNEWSPAPERS.COM

<sup>4 ♦</sup> Mount Vernon Gazette ♦ July 5-11, 2018

## News



Caroline Yates sits for a caricaturist.



Parker Fulghum conquers the mechanical bull.

## WPHS's All-Night Celebration

est Potomac seniors celebrated their high school graduation at the Belle Haven Country Club on June 8. The celebration was made possible by donations from local businesses and community members.

The 2018 Senior Class expressed its appreciation to the following businesses: Williamsburg Manor North Citizens Association, Stratford On The Potomac Section IV, Nails America at Belle View, Tropical Smoothie, TresChic Designs, Fort Hunt Animal Hospital, Waynewood Civic Association, Virginia Florist, Northern Virginia Doctors of Optometry, Mount Vernon Kiwanis Club, Washington Nationals Baseball Club, Campbell & Ferrara, Hollin Hall Automotive, Hughes Orthodontics, Wolverine Athletic Boosters, Christian Relief Services, West Potomac High School Band Boosters, Fort Hunt Sportsmen's Association, Sugar House Day Spa and Salon, Carl Sandburg PTA, Jack Taylor Alexan-



Jackson Bates, Jahari Fleetwood, Will Makinen, Alex Rimmington and Allen Hill enjoy conversation and music.

dria Toyota-Scion, Hairtistics, Hogan Family/Seahorse Designs, London Bob, Mt Vernon Travel, Inc., The Little Theater of Alexandria, Potomac Nationals, Sisterhood of Olam Tikvah, Parcel Plus Belle View, Tempo Restaurant, Cosmopolitan

Grill, Mount Vernon Physical Therapy, American Tukong Martial Arts Academy, Clarke & Sampson Inc., Four Sales, LTD, Southside 815, Rebecca LG Bostick Architects, Genuario Construction Company, Inc, and Costco.





Find local businesses at www.MtVernon-LeeChamber.org 703-360-6925

Monthly Networking Second Thursday Business Breakfast 2nd Thursday of each month 8:00 am to 9:30 am **Belle Haven Country Club** 

MOUNT VERNON-LEE CHAMBER OF COMMERCE 6821 Richmond Highway / Alexandria, VA 22306







Alex/Potomac Valley \$529,90 8807 Vernon View Drive Lovely, 4BR, 2BA, 4 lvl Split on a lg, \$529,900 beautiful .3 acre lot w/a fenced bkyd. Freshly painted interior and beautiful refinished hdwds. Main lvl has a spacious & cozy Family rm w/gas FPL, 4th BR, & 2nd full bath. Upper level #1 offers an open kitchen plus Living & Dining Rm. Upper level #2 has full

bath & 3BRs. The lower level has a lg partially finished Rec rm. Good price on a super lot



Alex/Wessynton \$629,000 3301 Wessynton Way Beautiful home in Wessynton. Mt. Vernon's sought after contemporary community, just a stone's throw to Mt. Vernon Estate & George Washington Pkwy, & is adjacent to Little Hunting Creek. Large kitchen w/ breakfast area, & a separate Dining

Alex/Riverside Estates \$594,900 8341 Orange Court Stunning & updated 5BR, 3BA Split

w/2 car garage on a beautifully landscaped lot looking across to

woodlands & winter water views

of Little Hunting Creek. Kitchen gutted in 2011 w/porcelain, quartz

& SS. Other updates include

Rm. Beautiful hdwd floors. FPL's in the ovely Living Rm & Family Rm. Situated in a natural, wooded setting the home's bountiful windows bring outdoors inside. Enjoy the natural landscaping on your deck. 1 car garage. Community amenities include boat ramp, swimming pool, tennis courts.



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levels. Large partially finished basement & 2 car garage w/side entry plus circular driveway. 5 minute drive to Ft. Belvoir, 20 mins to South Alexandria.



fireplace with high-end wood stove insert. Fenced play area.



Alex/Waynewood \$679,900 1120 Waynewood Blvd. Waynewood's popular Mayfield model w/4 finished levels & a spacious 5th level w/good ceiling height waiting to be finished. Steps to Waynewood Elemen-tary. This lovely light-filled home has 4BRs, w/2.5 BAs, a 3 season porch, &

a lovely fenced bkyd w/a brick patio & anel doors finished hdwd floors. FPL in Living rm, eat-in kitchen w/gas cooktop & double oven. Separate Dining rm w/French doors to porch. Family rm on lower level w/half bath.



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hardwood floors on main & upper Spectacular home, lot & location at a very reasonable price

> Alex/Riverside Estates \$559,900 8523 Bound Brook Ln. Lovely Mt. Vernon home w/ attractive floorplan - 5BRs, 3BAs & a 2 car garage. Great curb appeal. Newer roof & windows. Beautiful kitchen w/corian counters, SS appliances, lovely cabinetry & island bar. French doors off kitchen open to deck. Spacious Family rm w/raised hearth fireplace

> Alex/Sulgrave Manor \$560,150 4000 Renault Place Beautiful 4BR, 3BA garage home with stunning renovations on

> landscaped .69 acre lot <1mile to Ft. Belvoir, Walker Gate. Gorgeous new custom kitchen & lovely remodeled baths. Open floor plan, refinished hdwd floors, 50 yr. roof & skylights (2016), windows (2015). SGD off Master BR to deck. Family rm

## OPINION

## Local Newspapers Under Siege

### Need to address restraining orders and gun violence.

ne member of Connection Newspapers staff is Kemal Kurspahic, who shares with us his first-hand experience of running a newspaper from a war zone when information was desperately needed by the besieged residents of Sarajevo. Kemal Kurspahic is managing editor for The Connection Newspapers. He was the editor-in-chief of the Bosnian daily Oslobodjenje in Sarajevo, Bosnia Herzegovina, 1988-94. Under his leadership the paper published every day from an atomic bomb shelter during the siege of Sarajevo, maintaining high

### EDITORIAL

professional standards and Bosnian culture and tradition of ethnic and religious tolerance in the midst of terror. The pa-

per published the names of those killed each day in Sarajevo.

He experienced first hand the horror of having staff members killed while out on assignment. He was critically injured himself when a vehicle taking him to his newsroom crashed as it traveled at high speed down "sniper alley." The International Press Institute named Kurspahic one of its first 50 World Press Freedom Heroes in 2000.

Journalism is a dangerous occupation in many other countries, usually not here in the U.S.

I tell this story now because of the newly minted fear that many journalists feel after the murders of five in the newsroom of the Capital Gazette in Annapolis. Police and survivors say the shooter had long held a grudge against the newspaper, and had sued for defamation. The targeted attack came very close to home.

The dead were Gerald Fischman, 61, editorial page editor; Rob Hiaasen, 59, editor and features columnist; John McNamara, 56, sports reporter and editor for the local weekly papers; Wendi Winters, 65, a local news reporter and community columnist; and Rebecca Smith,

a sales assistant.

The shooter had restraining orders against him because of violent threats made in a different situation, but restraining orders apparently do not result in restricting gun purchases. He was still able to buy the gun he used in the attack. This is a loophole that desperately needs to be closed. A person subject to a restraining order of any type or duration for making threats should certainly not be able to buy a gun.

Every newspaper editor knows the experience of talking to a subject, source or reader who is irate over something the paper published. If we aren't making anyone angry, it's probably because we aren't writing about anything important. But my conversations with people who object to something we've reported have always had a subtext of respect. Many complaints have resulted in greater understanding on all sides that can create more lasting connections. Other times have resulted in agreeing to disagree.

Now, we lock the doors at least for now, knowing that there could likely be copy cat attacks, as school shootings began with one high profile attack. But we are not afraid.

We will continue to publish our 15 weekly papers.

The threat to survival for most local papers is the decline in advertising, compounded now by a tariff on newsprint. Don't forget that if you have an advertising or marketing budget, you should spend some of those dollars with local newspapers.

> — Mary Kimm MKIMM@CONNECTIONNEWSPAPERS.COM

### About This Week's Papers

Our papers go to press a day early due to the July 4th holiday. That means that this week's papers will not contain coverage of July 4th events. Watch for coverage next week.

### Submit Your Photos For the Pet Gazette Now

The Pet Gazette, a twice-yearly special edition, will publish the last week of July, and photos and stories of your pets with you and your family should be submitted by Friday, July 20.

We invite you to send stories about your pets, photos of you and your family with your cats, dogs, llamas, alpacas, ponies, hamsters, snakes, lizards, frogs, rabbits, or whatever other creatures share your life with you.

Tell us the story of a special bond between a child and a dog, the story of how you came to adopt your pet, or examples of amazing feats of your creatures.

Do you volunteer at an animal shelter or therapeutic riding center or take your pet to visit people in a nursing home? Does your business have a managing pet? Is your business about pets? Have you helped to train an assistance dog? Do you or someone in your family depend on an assistance dog?

Or take this opportunity to memorialize a beloved pet you have lost.

Just a cute photo is fine too. Our favorite pictures include both pets and their humans.

Please tell us a little bit about your creature, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name). Email to editors@connectionnewspapers.com or submit online at www.connectionnewspapers.com/ pets.

For advertising information, email sales@connectionnewspapers.com or call 703-778-9431.

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www.ConnectionNewspapers.com

By Paul Krizek State Delegate (D-44) hile you are cel-

ebrating the 242nd anniversary of the founding of our great nation on this July 4, remember that Indepen-



dence Day was so designated by federal law back in 1941. This year's state laws don't include such an auspicious designation but there are some noteworthy ones I highlight below, all of which became law on July 1.

#### Education

One of the first bills I introduced makes several changes to the teacher licensure process. It permits teachers with a valid out of state license, with full credentials and without deficiencies to receive licensure in Virginia without the burden of passing additional require-6 & Mount Vernon Gazette & July 5-11, 2018 ments. Additionally, it permits a local school are surprised when they don't get the positive board or superintendent to waive certain licensure requirements for any individual who holds a provisional license and is employed by the school. Another bill of mine allows local school boards to request

an additional 180 days to appoint a new superintendent. The old law

New State Laws Effective July 1

required school boards to fill a vacancy within six months, which could have led to unqualified superintendents. With regard to student discipline, students in preschool through third grade will no longer be suspended for more than three days or expelled except potentially in the cases of drug offenses, firearm offenses, certain criminal acts and physical harm or the credible threat of it. Likewise, for older students, we reduced the length of long-term, school suspensions to 45 days from 364. It is a critical step toward dismantling the school-toprison pipeline. Some schools habitually deny access to education as a punishment, and yet

## COMMENTARY

colleges and universities to release student contact information. Students must give written permission before their address, email or phone

results we desire from our educational system.

Importantly, in higher education, there is now

a law that creates an opt-in system for public

number could be released through a public records request.

#### Transportation

Please don't text and drive, and if you do so in a work zone there is a new law that imposes a mandatory \$250 fine for using a handheld communications device for reading emails or texting while operating a vehicle in a highway work zone. There is nothing more important that keeping our children safe. Now children under two years old or that do not meet the stated weight requirement will not See New Laws, Page 14



## BRANDYWINE LIVING...

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Our new Alexandria community is Brandywine Living's 29th luxury, active aging community with licensed Assisted Living and Memory-Care, visit us at www.Brandycare.com

## ENTERTAINMENT Exploring Human Nature in 'Enchanted April'

### Set in 1920s post-war society, play offers an uplifting story with timeless message.

By Steve Hibbard

he play "Enchanted April," be ing presented by Aldersgate Church Community Theater (ACCT) from July 6-22, follows two London housewives who feel lost in the shadows of marriage and forgotten in the rush of 1920s post-war society. They pool their savings to rent a villa in Italy for a ladies-only holiday away, reluctantly recruiting a pair of difficult upper-class women to share the cost and the experience. Together under the Mediterranean sun, the four women clash and then begin to bond until men once again upset the balance. The play is based on the novel by Elizabeth von Arnim.

"Enchanted April' is a play that explores human nature and how our choices make us who we are and how changing those choices changes what we become and how we impact others. It is an uplifting story with a timeless message," said Director Marzanne Claiborne.

Nic Barta is playing the role of Antony Wilding, a man seeking comfort and refuge. "He saw things in the Great War that no one should see and has come out of it a little damaged. But through it all he's tried to keep his spirits high. Whenever he is in Italy, and with his Godmother Costanza, he's in heaven. Antony just wants something to remind him that the world is still full of beauty and I think he finds that when he meets the women in the play," he said.

Melissa Dunlap is playing the role of Rose Arnott, who lives a dutiful life serving her church and caring for school children. "She and her husband have grown apart, which has led Rose to be even more pious. Everything begins to change when she meets

#### CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged

#### ONGOING

Art Exhibit: Graffiti. Through July 29, gallery hours at Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St., Alexandria. Potomac Fiber Arts Gallery announces the opening of its juried show, Graffiti. Graffiti's unique form of artistic expression inspires this show's theme: big and bold graphics, hip hop culture, and social commentary. Themed work will be eligible for recognition by the jurors. Non-themed work may also be exhibited. Visit www.Potomacfiberartsgallery.com for more.

♦ MOUNT VERNON GAZETTE ♦ JULY 5-11, 2018

Madeline Byrd (as Lotty Wilton) and Richard Isaacs (as Mellersh Wilton) rehearse a scene from **ACCT's production of "Enchanted** April."

Lotty Wilton. Without knowing exactly how, she finds herself on a holiday in Italy for the month of April. Once there, Rose finds her true self," she said.

Eleanore Tapscott is playing the role of Mrs. Graves, a dignified and perceptive widow with an arch sense of humor who can be opinionated and domineering. "She has been widowed for many years and has chosen to remove herself from society and live in the past. Because she finds no value in modern thinking and practices and because most of her peer group has died, she is emotionally closed off and extremely lonely," she said.

Joel Durgavich plays the roles of Frederick Arnott/Florian Ayers. "Frederick is a poet who has turned to writing salacious novels under the pseudonym of Florian Ayers. The novels mentioned are fictionalized accounts of the mistresses of Henry XV and they are wildly successful. Frederick and (his wife) Rose have been having marital problems for four years and Frederick, under the alternate identity of Florian Ayers, is exploring



Nic Barta (as Antony Wilding), Madeline Byrd (as Lotty Wilton), and Melissa Dunlap (as Rose Arnott) rehearse a scene from ACCT's production of "Enchanted April."

cheating on his wife with Lady Caroline Bramble," he said.

Madeline Byrd plays the role of Lotty Wilton, a woman who feels stuck - stuck in rainy London, stuck in a routine, stuck in an unhappy marriage — all of which she wants to escape. "She has hopes for what could be and 'sees things' that can happen in the future. She takes it upon herself to create a new experience in her life - enlisting the help of a few other ladies (Rose Arnott, Lady Caroline Bramble, and Mrs. Clayton Graves) to head for sunny Italy," she said.

Anne Hilleary plays the role of Costanza, the Italian cook at the villa that the British ladies have rented for the month of April. 'She takes pride in the work she does to keep everything running as smoothly as possible at the villa. Also, she is wise, warm, down-to-earth, funny, and easy-going. Having visited Italy, I believe that the character of Costanza embodies much of what is most enjoyable about the country and its people," she said.

Alexandra Guyker plays the role of Lady Caroline Bramble, a "modern" socialite, whose overbearing mother is constantly thrusting her into the social sphere. "Surrounded by party goers and artists, she longs to find peace and solitude at San Salvatore, but instead finds real connections through true friendship," she said.

Co-producer Becky Patton said: "'Enchanted April' has a wide variety of technical challenges and facilitating communications between designers, the director and the actors was a major role. The design team is top notch, which reflects the respect they all have for Marzanne. Everyone worked closely together to make this a beautiful production."

Aldersgate Church Community Theater (ACCT) is presenting "Enchanted April" from July 6-22. Show times are Fridays and Saturdays at 8 p.m.; Sundays at 2 p.m. Tickets are \$10-\$15. The venue is located at Aldersgate Church, 1301 Collingwood Road,

Alexandria. Visit www.acctonline.org.

New Works by Ken Strong. Through Aug. 9, gallery hours at Broadway Gallery, 5641-B General Washington Drive. Shipped straight from his studio in Australia, Ken Strong's new works represent a variety of subjects from Australia and the United States. Call 703-354-2905 or visit

broadwaygalleries.net for more. "Dredging The Lethe." On view through Sept. 14 at The Torpedo Factory Art Center, 105 N. Union St. Free admission. Visit www.torpedofactory.org for more. Wrapped around the interior wall of a smokestack of the former munitions factory, Kara Hammond's mural, "Dredging the Lethe," uses recycled book-pages, collage, charcoal, gesso and ink to create large-scale drawings of Greek goddesses amid contemporary human events. Free admission. Visit www.torpedofactory.org for more.

Row by Row Junior. Through Oct. 31, local quilt shops like Artistic Artifacts (4750 Eisenhower Ave.) are welcoming children participating in Row by Row Junior to their shops. It's the junior version of the summertime travel event for quilt making fans known as Row by Row Experience. Kids visit shops in person, collect a free sewing pattern, and find inspiration in colorful, creative world of sewing. At home, families can find free tutorial support and activities online by visiting www.rowbyrowexperience.com or www.artisticartifacts.com for local quilting.

**Mount Vernon Farmers Market** Opens. Wednesdays, 8 a.m.-noon at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane Alexandria. Every Wednesday (through Dec. 19), 15 local farmers and producers will sell fresh produce

and fruits; meats; breads and pastries; honey, jams and jellies; dairy products and eggs; herbs; and more. Visit www.fairfaxcounty.gov/ parks/farmersmarkets.

**Open for Tours.** Through December. At 9000 Richmond Hwy., Alexandria. Woodlawn and Frank Llovd Wright's Pope-Leighey House is open for tours Friday through Monday, from 11 a.m. until 4 p.m. (last tour at 3 p.m.) Not open to the public Tuesday, Wednesday or Thursday. To learn more about National Trust Sites, visit savingplaces.org/historic-sites. Tours of the Freedom House

Museum. Saturdays and Sundays, 1-5 p.m. at Freedom House Museum, 1315 Duke St. The Freedom House Museum was once the headquarters and holding pen for the largest domestic slave trading firm in the United States, Franklin and Armfield. The building is currently owned by

the Northern Virginia Urban League and together with the Office of Historic Alexandria. Visit the museum in this historic reminder of slavery. Admission is \$5 per person. Tickets can be purchased at the door. Visit www.alexandriava.gov Museums for more

"Alexandrians Fight the Great War." Various times at The Lyceum, Alexandria's History Museum, 201 South Washington St. This new exhibition traces the experiences of local people during the first World War. The homes, hospitals, factories and shipyards of wartime Alexandria come back to life through the use of rare images, archival and modernday video clips, quotes from participants, original objects including weapons, period music, and scale models. Call 703-746-4994 or visit www.alexandriahistory.org. "Before the Spirits are Swept

www.ConnectionNewspapers.com

## ENTERTAINMENT

## 4 Dates to Circle in July

#### By Hope Nelson

rom pub crawls to peaches, the summertime food and beverage scene has certainly heated up. Here are some of July's best bets.

#### Fifth Annual Old Town Pub Crawl, July 7

Join the crew from Port City Brewing Company to visit eight different Old Town establishments over the course of an afternoon. It costs nothing to have your "pub crawl pass" stamped at each

### APPETITE

location in pursuit of a limited-edition pint glass - or you can stay and linger

over a pint or a bite of food. Pizzeria Paradiso, the Fish Market, Daniel O'Connell's, Vola's, Chadwicks, Union Street Public House, Bugsy's, and Virtue Feed and Grain will all have their doors open to pub-crawlers - but do crawl responsibly. 1:30-6 p.m.

Bluejacket Beer Dinner at Rustico, July 10 Rustico is back with one of its trademark beer dinners, this time hosting D.C. neighbor - and sister brewery to the restaurant - Bluejacket for an evening of suds and grub. Greg Engert, beer director for both Rustico and Bluejacket, will be the host for the

#### CALENDAR

Away." Various times at the Alexandria Black History Museum, 902 Wythe St. This exhibition, featuring 20 of Sherry Sanabria's African American historic site paintings, is made possible by the Sanabria family, who generously donated 23 of her paintings to the Alexandria Black History Museum. These paintings are part of Sanabria's "Sites of Conscience" series, which has as its focus African American heritage, prisons, concentration camps, and mental hospitals. Free, but donations are appreciated. Call 703-746-4356.

#### SUMMER CAMPS

**Mount Vernon's Camp** Washington. George Washington's Mount Vernon invites rising fourth through sixth graders to attend its "Camp Washington" program. Campers can explore Washington's estate through STEM-based activities focusing on archaeology, surveying, architecture, gardening, and more Sessions Monday-Friday, July 9-13 and July 23-27. Cost per session is \$400 per child for Mount Vernon members or \$460 for non-members. Camp Washington's registration fee includes lunches, snacks, backpacks and a Camp Washington t-shirt. Visit

- mountvernon.org/camp for more. Quest Forth into Nature. At Huntley Meadows Park, 3701 Lockheed Blvd, Alexandria. Nature Quest camps have a variety of themes as they explore the plants and animals that put the wild into the park's wildlife. Nature Quest campers ages 6-11 will investigate insects during the week of July 9, browse birds at camp the week of July 16, and research reptiles and amphibians the weeks of July 23 and Aug. 6. Visit www.fairfaxcounty.gov/parks/camps
- to register. Del Ray Artisans Grown-Ups Art Camp. Through July 13, at Del Ray Artisans Gallery, 2704 Mount Vernon Ave., Alexandria. GUAC offers a chance to customize your own "art camp" by taking classes during 10 days of art-filled workshops taught by local artists. Nearly 20 classes to choose from include: techniques in

#### evening and will walk diners through several courses of beer and food pairings. Five different beers will be served, so come thirsty. 827 Slaters Lane. 7-9 p.m. \$55 per person; reservations required.

#### Ice Cream Social at Nalls Produce, July 14

The venerable produce market is hosting a soiree to celebrate the delicacies from Trickling Springs Creamery. Visitors can come scoop up a free taste of the creamery's small-batch ice cream flavors - and pick up some fruits and veggies for a weekend cookout, too. 7310 Beulah St. 11 a.m.-2 p.m. Free.

#### **Georgia Peach Truck at Greenstreet Gardens, July 21**

Straight from down South, the Georgia Peach Truck arrives with a passel of freestone peaches from Georgia's Dickey Farms. The sweet summertime fruits are sold by the box, each of which weighs about 25 pounds and holds 65 to 80 peaches. Split a box with friends or preserve them to enjoy all year long. 1721 W. Braddock Road. 2:30-4 p.m. \$46 per box.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

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#### 734 North St. Asaph Street, Alexandria, VA 22314





Mount Vernon Gazette 🔹 July 5-11, 2018 🔹 9



painting, smartphone photography, polymer clay, mixed media, bookmaking, journaling/drawing, jewelrymaking, leather-working, paper and fiber art, sculpture, and more. Visit www.DelRayArtisans.org/event/ guac-2018 for more.

- Alexandria Archaeology Summer Camp. Monday-Friday, July 16-20, 9 a.m.-3:30 p.m. at the Alexandria Archaeology Museum and Shuter's Hill archaeology site. Cost is \$400. Help Alexandria's City archaeologists excavate a real archaeological site. Campers ages 12-15 will learn professional excavating, recording, and artifact processing methods. A non-refundable deposit check of \$100, payable to the City of Alexandria, is required upon receipt of application to secure reservation. The balance of \$300 is due by June 1, 2018. Visit www.alexandriaarchaeology.org.
- Art Camp. Register for Del Ray Artisans 2018 Art Camp. At 2704 Mount Vernon Ave., Alexandria. Youth ages 8-14 are invited to spend one week (July 16-20 or July 23-27) learning and creating through a variety of art skills and methodologies, followed by a oneday gallery show. All art supplies and snacks are provided. \$325 per child. Scholarships may be available. Email Youth@DelRayArtisans.org. Visit

### Jazz at Meade

Featuring Tony Craddock Jr. and Cold Front. This is the 11th year of professional monthly jazz concerts in the heart of Old Town Alexandria on the third Sunday of the month (April-November). Sunday, July 15, 4-6 p.m. at 322 N. Alfred St., Alexandria. Cost:

Tony Craddock,

www.DelRayArtisans.org/event/artcamp-2018 for more. Clio's Kids: A History Mini-Camp.

Tuesday-Thursday, July 17-19, 9 a.m.-noon at The Lyceum, 201 S. Washington St., Alexandria. The theme for 2018 is "Alexandria: Then and Now." Each day of camp will teach about life in Alexandria - past and present. Camp includes a visit to Friendship Firehouse Museum where they'll form a camp bucket brigade. Campers should come prepared for outside activities each day, including sturdy walking shoes and clothing appropriate for the weather. The camp is for ages 5-7. Cost is \$115 and includes snacks and souvenirs. Advanced registration is required at

www.alexandriava.gov/Lyceum. Insect Safari. 9 a.m.-1 p.m. at Green Spring Gardens, 4603 Green Spring Road, Alexandria. Children age 5-11 can go on a weeklong Insect Safari with a camp the week of July 23. This camp explores bugs and insects that inhabit Green Spring's gardens, woods and wetlands. Visit www.fairfaxcounty.gov/parks/green-spring or call 703-642-5173.

Camp Invention. Multiple sessions, July 2-27 at Charles Barrett Elementary School, 1115 Martha Custis Drive and at James K Polk Elementary School, 5000 Polk Ave. Using hands-on activities, Camp

Jr.



## ENTERTAINMENT



Chef Nabin Paudel lowers calamari into hot fat to get crispy

hef Nabin Paudel pulls out a large

wok and sets it on the front burner

turned up to high heat. The air in

the kitchen is already steamy from the open

pit Tandoor oven mixed with the humid day

outside. He opens a container of Clabber

will cook until they look brown and crispy.

wok, now sizzling with hot vegetable oil at

350 degrees. He slips in chunks of red and

green pepper and purple onion, which will

get sprinkled with, salt, white pepper and

sugar, then tossed in the air to coat thor-

oughly. "This will take 2 minutes." Paudel

checks the calamari and lifts the basket to

drain off the oil before tossing with the veg-

etables in the wok. "Now a drizzle of

This whole dish only takes 10

minutes." He is making

masala calamari at the

Nepalese-Indian restaurant

Namaste on Rose Hill Drive.

Paudet turns back to the

they are fully coated.

IN THE

Kitchen

By Shirley Ruhe



**Chef Nabin Paudel sautés** peppers and onions



Masala Calamari with homemade chili sauce



Chef Nabin Paudel skewers marinated lamb chops



**Roasts lamb chops in Tandoori** oven



Tandoori lamb chops with creamy lentils and basmati rice

Want to see how to make the bread? With choices like roti, cheese naan, mint paratha and onion kulcha, it's difficult to choose. So this lesson waits for another day.

CALENDAR

Invention promotes science, technology, engineering and mathematics (STEM) learning; builds resourcefulness and problem-solving skills; and encourages entrepreneurship - in a fun and engaging environment. See campinvention.org for details.

#### **THURSDAY/JULY 5**

First Thursday Del Ray. 6-9 p.m. Along Mount Vernon Ave., Alexandria. First Thursdays is a series of free outdoor street festivals along Mount Vernon Avenue. Every first Thursday of the month, the Del Ray **Business Association features** businesses along Mount Vernon Avenue, special events, food and music. Each month has a different theme with activities for children, live music and a festive atmosphere. Visit www.visitdelray.com for more.

#### JULY 5-AUG. 5

- Art Exhibit: "Drawing Energy: The **Logic of Madness.**" Gallery hours at Torpedo Factory, Studio 21, 105
- 10 & Mount Vernon Gazette & July 5-11, 2018

Sriracha sauce to add some heat."

Meet Chef Nabin Paudel from Namaste

Paudel carefully arranges the calamari on a narrow white plate festooned with shredded lettuce and carrots and a plump lemon wedge for garnish. He adds a cup of homemade chili sauce for dipping. "I make this sauce by the gallon with vinegar, sugar, salt, chili paste and a little cornstarch to thicken." Before serving, he arranges green strips of spring onions on the top.

Paudel says he learned his skills from one of the best chefs in India. "He had a TV show, and I liked his style of cooking." Paudel came to America in 2006 from Nepal and has been at Namaste for five years. He says it is difficult to really define Nepalese cooking or to distinguish it from Indian because there are regional styles that specialize in different dishes and spices just as in China or in America.

(little dumplings) filled with chicken or vegetables. "Everyone loves those." Or maybe Takari, which is layers of goat meat, great mustard leaf, black lentils and potato pickle, steamed with spices and served with rice. "Some people order the same thing every time. Some of them come here just for the butter chicken."

of chops that have been marinating for 24

hours. "I use plain yogurt, ginger, garlic paste, and spices including chili powder, garam masala, cumin, coriander and meat masala. He threads the first piece of meat on a long metal skewer. And then follows with three more chops. "This is for one person." Paudel lowers the skewer into a Tandoori oven, a deep pit with flames shooting up from the bottom. "This will take 15-20 minutes to cook. We don't do anything. The heat around them cooks them. We can tell when they are done by looking at them." The lamb chops will be served with len-

tils (often referred to as dal) that have been cooked in water for about two hours. He puts a hearty spoonful of garlic in a small skillet followed by fresh ginger and cooks it on high heat with unsalted butter. "Some people are allergic to dairy so then we don't use it." He says they try to accommodate people's allergies and wishes.

Paudel adds the lentils to the skillet and stirs briefly, then walks over the check the lamb. "Look at it now. Did you see it before?" The lamb chops are arranged on a circular plate with fresh cilantro scattered on the top. A small dish of creamy lentils sits aside. "We add a scoop of basmati rice on the side." He stands back and looks at the finished dish and with a second thought arranges two peas atop the rice. "There. It's finished. Looks a little bit like eyes."

**Apothecary Geek Tour: The** Original Geek Tour. 11 a.m. noon. At Stabler-Leadbeater Apothecary Museum, 105-107 S. Fairfax St., Alexandria. If the regular 30-minute tour of the Apothecary Museum just isn't enough, this is the tour for you. This one-hour tour spends more time in the historic retail shop and laboratory of the old apothecary, and is led by an expert Apothecary Museum guide. Visit

p.m. at Green Spring Gardens, 4603 Nora Burgan will be at the park to She'll offer a cooking demonstration of favorite recipes and show participants how to make sundried tomatoes. Following the program, enjoy a traditional English afternoon tea at the historic house. \$45/

program and tea; \$22/program only. Reservations are required. Call 703-941-7987 or visit www.fairfaxcounty.gov/parks/green-

spring. Music Concert. 3-5 p.m. at the Lyceum, 201 S. Washington St., Alexandria. The Washington Metropolitan Philharmonic Association presents composer and pianist Haskell Small in an afternoon of chamber music as part of their summer chamber music series. Free. Email wmpa.exec@gmail.com or visit www.wmpamusic.org for more.

#### **MONDAY/JULY 9**

Read, See, Do. 2-3 p.m. at Carlyle House Park, 121 N. Fairfax St., Alexandria. Every Monday in July, Carlyle House and Alexandria Lib are teaming up to have a reading program paired with an activity. The books chosen have a historic theme and can be tied in with Carlyle House. The program will take place on the Magnolia Terrace behind the house, which will be tented. Visit www.novaparks.com for more.

www.ConnectionNewspapers.com

One of the customer favorites is momos

On to the Tandoori lamb chops. Paudel removes a lamb chop from a container full

North Union St., Alexandria. Guy

Jones uses his Cherokee teachings to

evoke the energy and spirit of living

things in his pen and ink drawings.

Using micron pen and scratchboard

techniques, Jones creates artworks

a bit eerie. Opening Reception and

Meet the Artist: Thursday, July 12,

Drawn in: Taking a Closer Look at

the Solo Exhibit, Thursday, July 26.

Free. Visit www.theartleague.org or

Mount Vernon Nights. 7:30 p.m. at

Grist Mill Park, 4710 Mt. Vernon

Memorial Highway. This series of

reflecting Fairfax County's diversity,

culture and community spirit. Bring a

picnic dinner and a blanket and enjoy

free, public concerts features a

variety of musical performance

one of Fairfax County's special

www.fairfaxcounty.gov/parks/

performances/mt-vernon-nights for

summer traditions. Visit

6:30-8 p.m. Special Program

call 703-683-1780.

FRIDAY/JULY 6

more.

that are mischievous, whimsical, and

#### SATURDAY/JULY 7

- **USA & City Birthday Celebration.** 6-10 p.m. at Oronoco Bay Park, 100 Madison St., Alexandria. The City of Alexandria will celebrate its 269th and the USA's 242nd birthday. In the event of inclement weather, fireworks only will be rescheduled for Sunday, July 8, at 9:30 p.m. Admission is free. Visit alexandriava.gov/Recreation or call 703-746-5592. Scheduled activities:
- 6 p.m. Performance by U.S. Navy Band Commodores; refreshment sales 7:30 p.m. - Town Crier announces Mayor Allison Silberberg; poetry reading by Wendi R. Kaplan, Poet Laureate; acknowledgements
- 8 p.m. Distribution of birthday cake by the mayor and members of City Council
- 8:30 p.m. Performance by the Alexandria Symphony Orchestra; Jon Kalbfleisch, guest conductor 9:30 p.m. – Grand finale fireworks
- display, featuring Tchaikovsky's "1812 Overture" with cannon support by the Presidential Salute Battery of

the 3d United States Infantry Regiment ("The Old Guard"), Joint Base Myer-Henderson Hall, Virginia

## **SUNDAY/JULY 8**

www.alexandriava.gov for more. Al Fresco Summer Dining. 1-3:30

Green Spring Road, Alexandria. Chef discuss the history of outdoor dining





## Entertainment



#### **U.S. Patents Making History**

U. S. patent history was made June 19, when the U.S. Patent and Trademark Office issued its 10 millionth patent. In recognition of this milestone, the National Inventors Hall of Fame Museum has opened a new exhibit — "A History of Patent Designs: From 1x to 10 Million." Included in the exhibit is a reproduction of the first U.S. patent, granted in 1790 and signed by President George Washington. The National Inventors Hall of Fame Museum is located at the USPTO's Madison Building. Open Monday through Friday from 10 a.m. to 5 p.m. and Saturday from 11 a.m. to 3 p.m., admission to the museum is free and open to the public. www.invent.org.

#### Calendar

#### WEDNESDAY/JULY 11

**Cool Yoga 2018.** 6:30-7:30 p.m. at Del Ray Psych & Wellness Lot, 1900 Mt. Vernon Ave. Maureen Clyne teaches Cool Yoga – Del Ray's free summer outdoor yoga, Wednesdays through Aug. 29. Chill out after class with the Cool Yoga After-Party featuring refreshments courtesy of Bon Vivant Cafe + Farm Market. Email yoga@prasadayoga.com for more.

#### WEDNESDAY-SUNDAY/JULY 11-15

Accordion Players Unite. At the Holiday Inn Hotel and Suites, 625 First St., Alexandria, The American Accordionists' Association will hold its 80th Anniversary Festival and Competition, featuring Lou Coppola, who performed with the acclaimed United States Air Force Strolling Strings for over 28 years, and played the accordion at the White House for nine presidents. Also featuring Joe Cerrito, jazz accordionist extraordinaire, who has backed up greats such as Sarah Vaughn, Steve Allen, and Harry Belafonte. Visit www.ameraccord.com for more.

#### THURSDAY/JULY 12

Second Thursday. 6-9 p.m. at Torpedo Factory Art Center, 105 N. Union St., Alexandria. Free. Browse open studios and galleries, get to know the artists, and enjoy special programming throughout the building. Don't miss the monthly lecture series, Torpedo Talks, at 8 p.m. in the Main Hall. This series features some of the contemporary art world's best-known artists, art curators and art professionals. Visit www.torpedofactory.org.

#### **Opening Reception: "Drawing**

Energy: The Logic of Madness." 6:30-8 p.m. at Torpedo Factory, Studio 21, 105 North Union St., Alexandria. Guy Jones uses his Cherokee teachings to evoke the energy and spirit of living things in his pen and ink drawings. Visit www.theartleague.org or call 703-683-1780.

Ticks and Mosquitos. 7-8:30 p.m. at Burke Branch Library, 4701 Seminary Road, Alexandria. Learn the lifecycle and science of how best to control mosquitoes and ticks. Extension Master Gardeners will teach you how to identify the mosquitoes and ticks that are common in our area, as well as learning about their life cycle, how they reproduce, and where they go in the winter. Free. Advance registration requested at mgnv.org. Call 703-228-6414 or email mgarlalex@gmail.com.

#### FRIDAY/JULY 13

- Alexandria After-Work Concert Series. 6-8 p.m. at Lloyd House, 220 N. Washington St., Alexandria. Cosponsored by the Office of Historic Alexandria and the Folklore Society of Greater Washington, join us for monthly Friday-night concerts on the second Friday of the month. The July concert features the Ship's Company Chanteymen. For more than a decade, the Ship's Company Chanteymen have shared sea salts' songs from the 1700s and 1800s, \$15 suggested donation for the musicians. No ticket required. Beer and wine for sale. Visit
- www.fsgw.org for more. **Trivia Night.** 7-9 p.m. at Lee-Fendall House Museum, 614 Oronoco St., Alexandria. Staff members at Carlyle House Historic Park and Lee-Fendall House Museum have combined their random nerd knowledge to create biweekly trivia nights. Test knowledge

on all things from pop culture to history. \$5 a person; includes one drink ticket. Additional drinks can be bought at the cash bar. Teams may have up to six members. Registration slots are first come, first served; pay ahead to save a spot. Every other Friday June-August. Purchase tickets through eventbrite.com.

Рното

- through eventbrite.com. **Mount Vernon Nights.** 7:30 p.m. at Grist Mill Park, 4710 Mt. Vernon Memorial Highway. This series of free, public concerts features a variety of musical performances reflecting Fairfax County's diversity, culture and community spirit. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's special summer traditions. Visit www.fairfaxcounty.gov/parks/ performances/mt-vernon-nights for more.
- Athenaeum Invitational. At The Athenaeum, 201 Prince St., Alexandria. Celebrates the visual arts of Virginia, Maryland, the District of Columbia and West Virginia. It is a theme-based event featuring the works of both specially-invited artists who have exhibited in the Athenaeum Gallery in the past, as well as works selected through a call for submissions. This year's theme, the Curiosity Cabinet, asks artists to explore any aspect of Cabinets of Curiosities or Wunderkammers. Interpretations may be literal or abstract. See www.nvfaa.org/ submissions.

#### JULY 13-30

"Pippin." At Episcopal High School, 3900 W. Braddock Road, Alexandria. Directed by Rebecca Wahls, the Schwartz/Hirson musical is retold through the millennial lens. Using the 2013 revival script, Monumental Theatre Company shares its version of Pippin's journey of self discovery.



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Mount Vernon Gazette 🔹 July 5-11, 2018 🔹 11

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## Wellbeing



A lack of swimming skills is one of the top factors increasing the risk of drowning.

Photo by Marilyn CAMPBELL

## Summer Water Safety

Supervision and learning to swim are top ways to prevent drowning.

By Marilyn Campbell

lazing heat and sky rocketing temperatures often mean cooling off with a dip in the pool. As the summer is in full swing, safety officials are reminding the public of drowning risks and prevention methods.

"Learning to swim at any early age is all about being safe in and around the water," said Gina Bewersdorf, owner of Goldfish Swim School in Reston, Falls Church and Alexandria. "Undeniably we all will have an opportunity to visit a pool, lake or ocean at some point, and our goal is to equip our swimmers with water safety skills early on."

The Centers for Disease Con-

trol and Prevention (CDC) cites a lack of swimming ability, failure to wear life jackets, alcohol use and a lack of close supervision while swimming as some of the top factors that affect drowning risk. According to the CDC, from 2005 to 2014 there was an average of 3,536 unintentional drownings. One in five people who die from drowning are children 14 and younger.

"A person can drown in a matter of seconds," said the water first because even seconds can make a big Aaron Schultz, a lifeguard in Arlington. "When I'm difference in stopping a drowning," said Schultz.

at the pool, I notice that parents are often texting while trying to watch their children, but even if children look like their playing they could easily go under and be in danger a less than a minute. This is especially important to remember at the beach."

Taking part in formal swimming lessons reduces the risk of drowning among children between one and four years old, but many people lack basic swimming skills, according to the CDC. "Beginning formalized lessons as early as 4 months old has shown benefit in children developing a love for water and foundation upon which to build water safety skills," said Bewersdorf.

American Red Cross swimming safety tips such as always swimming in a designated area attended by lifeguards, avoiding swimming alone, wearing life jackets, securing a pool with barriers and making sure everyone in your family is a strong swimmer, are among those that Mary Anderson of the Montgomery County Office of Health and Human Services says the county is reinforcing.

> "There's a website that we put together called 'Summer of Safety', and it's got everything from A to Z with summer safety and swimming pool safety."

> Other suggestions include enrolling in courses to learn CPR, having appropriate equipment such as a first aid kit and cell phone to make emergency calls. "If someone is around water and discovers that their child is missing, it's a good idea to check

"Learning to swim at any early age is all about being safe in and around the water." - Gina Bewersdorf, Goldfish **Swim School** 



## ENTERTAINMENT

Visit www.monumentaltheatre.org for

more.



www.ConnectionNewspapers.com

"Passageway," pen and ink on gesso board and deer jaw bones. 8-inch x 9-inch.

### 'Drawing Energy: The Logic of Madness'

Guy Jones uses his Cherokee teachings to evoke the energy and spirit of living things in his pen and ink drawings. Using micron pen and scratchboard techniques, Jones creates artworks that are mischievous, whimsical, and a bit eerie. Through Aug. 5, gallery hours at Torpedo Factory, Studio 21, 105 North Union St., Alexandria. Opening Reception and Meet the Artist: Thursday, July 12, 6:30-8 p.m. Special Program - Drawn in: Taking a Closer Look at the Solo Exhibit, Thursday, July 26. Free. Visit www.theartleague.org or call 703-683-1780.

Alexandria. The Washington

Metropolitan Philharmonic Association presents its weekly free summer chamber concert series. This week's concert features pianist Sasha Beresovsky playing the music of Beethoven, Scriabin, and Chopin. Visit www.wmpamusic.org.

Jazz at Meade Concert. 4-6 p.m. at 322 N. Alfred St., Alexandria. Featuring Tony Craddock Jr. and Cold Front. This is the 11th year of professional monthly jazz concerts in the heart of Old Town Alexandria on the third Sunday of the month (April-November). Cost: \$20 donation. Call

703-549-1334.

#### **MONDAY/JULY 16**

Read, See, Do. 2-3 p.m. at Carlyle House Park, 121 N. Fairfax St., Alexandria. Every Monday in July, Carlyle House and Alexandria Library are teaming up to have a reading program paired with an activity. The books chosen have a historic theme and can be tied in with Carlyle House. The program will take place on the Magnolia Terrace which will

be tented. Visit www.novaparks.com. 40 Under 40 Awards. 6-8 p.m. at



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## Well Blow Me Down

#### By KENNETH B. LOURIE

Ah. The whirr of chain saws finally cutting their way through the nearly two dozen trees in my front half acre knocked down during the March 2 wind storm. Given what this cut down and clean up will cost, it is not an expense to be paid out of petty cash. In fact, we needed a little help.

And considering the time allowed by Rigo (the man for the job), to come back and do the work; it's been approximately two months since we shook on the deal, it's enabled us to arrange for payment on a mutually beneficial schedule.

He'll the do the work when he can (not a fixed time and date) and we'll pay him what and when we can; sort of a trade and sort of because he's doing some other regular work in our neighborhood (the adjacent property in fact).

Typically in the past, when I've received knocks on my door by other tradesman saying they're doing similar work in the neighborhood to what I've needed – or appeared to need: yard clean up, tree maintenance, driveway repair/ repaving, etc., offering me discounts because they're "working on the street," I've always resisted because I've never had the money (cash) or trust to pay them.

Well, I don't exactly have the money now, but neither did Rigo knock on my door. I had been given his name and number months ago by an extremely reliable former neighbor so I had the trust and the time seemed right. When I spoke to Rigo and told him who I was, he said he had been expecting the call, as my neighbor apparently assured him I would.

And so, almost four months since the trees "thudded" to the ground, Rigo and his men have hit the ground sawing. As Dennis Eckersley, a Major League Baseball Hall of Fame inductee and current member of the NESN/Boston Red Sox television broadcast so often says: "It's a beautiful thing."

And what makes this "treetment" a "beautiful thing" is not just the sense of accomplishment for work which most definitely needed to be started – and finished, but specifically work yours truly is incapable of doing.

As the homeowner of a registered historic property built in 1742 ("Belly Acres" I call it) sitting on two acres, constantly in need of something or other both inside and out, to say that I am – and have been overwhelmed since we took ownership in May of 1992, is an understatement.

The overstatement would be: I am in so over my head that to invoke a childhood expression that still doesn't make any sense: "I need to look up to look down."

Hearing multiple chain saws, even starting at 8:30 a.m., as I had been forewarned two days prior would occur, is music to my ears. Any progress I can make – or others can on my behalf – in stemming the tide of my maintenance malfeasance is huge. It's not exactly a sense of pride, it's more a sense of passing homeowner 101, the entry level course I've mostly failed going on 26+ years.

Needing the kind of help I do – in terms of time, money, tools, skillset and inclination – is an unrelenting burden of incompetence which I readily accept. Unfortunately, time does not lessen the responsibility. Nevertheless, I'm lucky to own such a unique and historic property.

If some maintenance suffers, it's not for lack of concern, it's for lack of ability and knowledge. Moreover, I just can't summon up the necessary fortitude. Throw in a stage IV, non-small cell lung cancer diagnosis and the prospects in the future for home-owning improvement are not great.

It's been my nine+ years experience that a cancer diagnosis (especially a "terminal" one) tends to rearrange your priorities/rewire your brain, so to speak. And even though I'm very happy seeing and hearing the trees being tended to, I'm more concerned about the forest.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



## OPINION New Laws

be permitted to use forward facing restraint devices.

#### **Justice and Public Safety**

Raising the grand larceny threshold has been a major criminal justice reform I have advocated for since my first election. Now the threshold is increased from \$200 to \$500. A felony is the harshest penalty outside of execution the state can impose on its citizens, and it should not be given lightly. Felony convictions cost people their careers, separates them from loved ones, and costs people their freedom. Virginia's felony threshold hasn't been raised since 1980 and was tied with New Jersey for the lowest in the nation. Another new law creates the Kinship Guardianship Assistance Program to facilitate child placements with relatives and ensure permanent stability for children for whom adoption or being returned home are unfortunately not appropriate long-term solutions.

#### Health

Marijuana is still illegal but the use of a byproduct of the plant is allowed under a new law that provides that a practitioner may issue a written certification for the use of cannabidiol or THC-A oil for the treatment of any diagnosed condition or disease determined by the practitioner to benefit from such use. Under the old law, a practitioner could only issue a written certification for the treatment of epilepsy.

#### Energy

As a staunch environmentalist, I have long fought for net metering projects. One bill that passed directs Dominion Energy to conduct a pilot program which allows any public school that produces more energy from a wind or solar powered generation facility than it consumes to credit the excess energy to the account of one or more schools or be paid for the excess energy produced. Furthermore, the new Grid Modernization and Security Act should generate more than 5,000 megawatts of electricity from new renewable energy projects with \$870 million invested in energy conservation over the next decade.

#### Bulletin Board

From Page 3

control. Registration is limited and required for children ages 4-6 and their parents. Visit www.fcps.edu/resources/family-engagement/ parent-resource-center for more.

#### SATURDAY/JULY 14

Supervisor Dan Storck (Mount Vernon District) will not be holding 2nd Saturday office hours for the months of July and August due to summer scheduling. Visit www.fairfaxcounty.gov/ mountvernon for more.

#### **TUESDAY/JULY 17**

Story Time: Making Connections. 10-11 a.m. at The Parent Resource Center Library, 2334 Gallows Road, Entrance 1 - Room 105, Dunn Loring. Making Connections is at the heart of learning. This Story Time will highlight books and activities to support this evidence-based executive functioning skill in young children. Registration is limited and required for children ages 4-6 and their parents. Visit www.fcps.edu/ resources/family-engagement/parent-resourcecenter for more.

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#### 8620 Fort Hunt Rd. \$595,000 Great Opportunity!

421 Old Mt. Vernon Rd.

\$668,500

**Rare Opportunity!** Rare mid-century design with

private pool scene makes for

deal setting. Many updates

to this 4BR/ 3.5 BA home

nclude kitchen, roof, water basement finished

9300 Maybrook Pl

\$749,000

Large Colonial!

heater.

tare Fort Hunt Colonial for inder \$600k. Spacious 4 Bedroom featuring large oom sizes, excellent floor plan with hardwoods, Andersen replacement

windows, freshly painted, & huge two car garage. Screen porch overlooks gorgeous level lot. Stratford landing school

**JUST LISTED & OPEN SUN** 

and in-law suite added with full kitchen, incredible pool, all bathrooms

updated including stunning master bath and closet. Don't miss this one!

**Open Sunday 2-4!** 



including: roof, windows, kitchen, stainless steel appliances, granite countertops and gorgeous hardwood floors. Other features include two car garage and expansive exterior deck. Home Warranty! Great value!

## **NEW LISTING!**



**Updated Colonial!** Extensively updated Bed/2Full/2Half Bath home prominent Mt. Vernon ocation. Major updates include: Kitchen, windows doors, roof, exterior painted,

\$819,500

4204 Mt. Vernon

Memorial Hwy

\$649,000

Classic Colonial!

many more! 4 fireplaces including one in master sitting room enhanced by jaw dropping bath and walk in closet. Don't want to miss this opportunity!

### CONTRACT



4603 Fenimore Pl \$549,500 Many Updates! ust listed 2 level 5 bed/3 Bath home on huge lot over half an acre or privacy at end of cul-de-sac! Major updates include: new roof, new siding, new HVAC and hot

water heater, new windows and front entry doors, granite counter in kitchen, 22ft x 20ft deck, 16ft x 12 ft shed in back vard. A lot of house for the money! Won't last long!





4519 Dolphin Ln \$565,000 Great Potential!

abulous large rambler with luge potential. Gorgeous half acre lot just steps from Mt. Vernon Yacht Club. Features include large room sizes, open floor plan,

replacement windows, finished lower level with direct outside access, sun room and over sized carport. Excellent value in Yacht Haven

### **NEW LISTING!**



4118 Robertson Blvd \$575,000 **Classic Colonial!** 

Classic three level Colonial with 4 Bedrooms, 3.5 Baths and garage. Special features nclude: 4 Bedrooms on upper level. Master suite with dressing area and ample

closet space, living room with wood burning fireplace, hardwoods on main two levels, basement with wet bar and full bath, 1 car garage. Hard o find three level colonial in prime Mt. Vernon location for under \$600k!

## SSIC COLONIAL



9411 Mount Vernon Cir. \$1,150,000 Mt. Vernon on the Potomac!

Stately brick colonial in area's premier water front community. Over 6,000 sq ft of luxury! Features Include: Estate size rooms, high

ceilings, three finished levels, four BR's including 3 room master suite with stunning bath, elegant trim detail, hardwood floors, extensive rear decking, oversize 2 car garage. Located in cul-de-sac with river access.

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