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News

Acres of Sunflowers in Peak Bloom Now

Site attracts photographers and bird watchers.

housands, maybe hundreds of thousands, of sunflowers are blooming right now just off of River Road. Thousands of people looking for a great photograph or views of song birds or just a burst of yellow are coming from across the region to see the spectacle.

The Maryland Department of Natural Resources - Wildlife and Heritage Service plants sunflowers each spring on the McKee-Beshers Wildlife Management Area. The primary purpose for planting sunflowers on wildlife management areas is to provide a food source for mourning doves, as well as other wildlife species, after the plants mature and dry. Mourning doves are hunted at these fields during hunting seasons that traditionally begin on Sept. 1 and continue through early January.

In addition to mourning doves, sunflowers and sunflower seeds are a favorite food source for a host of other songbirds, mammals and pollinators.

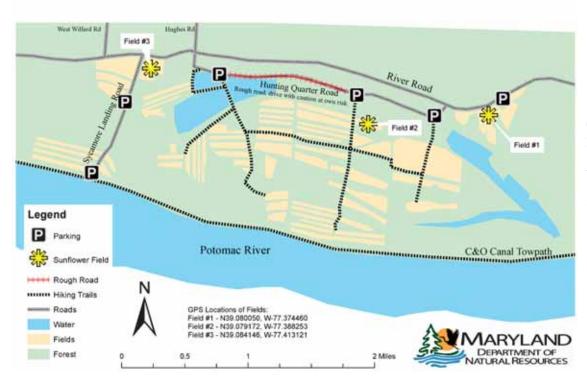
Sunflowers require pollination by insects, usually bees, to produce a seed crop. In turn, honey bees and many species of native bees, benefit from the abundant nectar and pollen that sunflowers produce.

The many benefits of sunflowers are lost when they are cut or trampled by people. These sunflowers are planted for the benefit of wildlife and regulations prohibit the cutting, destruction or removal of any plants from these areas. The public is welcome to visit, admire and photograph the sunflowers in bloom. However, visitors must be responsible and ensure that their actions don't have negative consequences.

The 2018 sunflowers were planted on May 3, and they are reaching peak bloom right now as expected in mid-July.

SEE SUMMER, PAGE 5

McKee-Beshers WMA Sunflower Map 2018



This map shows the location of this year's sunflower fields that were planted in May and off peak blooms in mid-July.

Map provided by Maryland Department of Natural Resources







Photos by Mary Kimm/The Almanac



Harry Sikes and Blake Aucamp at the pool in River Falls.



Marlena and Teddy Ginstling with Grace Lazarous on the playground in River Falls.

Potomac REAL ESTATE

May, 2018 Sales, \$1,279,000~\$1,450,000

In May 2018, 88 Potomac homes sold BETWEEN \$2,150,000-\$274,000.

3 9912 Bluegrass Road

8000 Cobble Creek Circle - \$1,279,000



Photos by **Deb Stevens**/The Almanac







5 10724 Stapleford Hall Drive — \$1,300,000







1 9910 Meriden Road — \$1,450,000

Address BR FB HB . Postal City . Sold Price ... Type Lot AC .. PostalCode Subdivision Date Sold .. 5 .. 5 . 1 POTOMAC ... \$1,450,000 ... Detached 0.87 20854 POTOMAC OUTSIDE 05/01/18 2 12912 THREE SISTERS RD 6 .. 5 . 1 POTOMAC ... \$1,385,000 ... Detached 2.56 20854 BEALLMOUNT GROVE 05/31/18 5 10724 STAPLEFORD HALL DR 5 .. 3 . 2 POTOMAC ... \$1,300,000 ... Detached 0.92 20854 ... 3 8000 COBBLE CREEK CIR 5 .. 4 . 1 POTOMAC ... \$1,279,000 ... Detached 0.19 20854 POTOMAC CREST 05/25/18 COPYRIGHT 2018 MARKETSTATS FOR SHOWINGTIME. SOURCE: BRIGHT MLS AS OF JUNE 15, 2018.

4 7904 Hackamore Drive — \$1,300,000

News

Summer Spectacle

From Page 3

The last couple of years, publicity brought a new popularity to the sunflower fields, with hundreds of people flocking to the fields with cameras in tow. So it's a good time to emphasize a few things.

RULES:

- ❖ Destruction or removal of any plants (including sunflowers) is strictly prohibited.
- ❖ Parking is only allowed in designated parking areas.
- ❖ Do not block gates. Violators may be towed and ticketed.
- * Driving is only allowed on main roads (River Road, Hunting Quarter Road, and Sycamore Landing Road). Only authorized or emergency vehicles allowed behind gates.
- ❖ Dogs are allowed, but must be leashed.
- ❖ Wildlife Management Areas are trash-free. No trash cans are provided. Take all trash with you.

TIPS FOR SUCCESSFUL VISIT:

❖ McKee-Beshers WMA has no bathroom facilities, no benches and

no picnic tables. Plan accordingly.

- * McKee-Beshers WMA is home to ticks, mosquitoes and poison ivy. Lots and lots of mosquitoes. Long pants and shoes are recommended. Bring insect repellent.
- The sunflower fields can be hard to find. Use the map above to help navigate to the fields.
- * Bring a step stool along to get a higher vantage point for photographs.

DIRECTIONS:

From the Capital Beltway, take Exit 39 (River Road) west toward Potomac. Proceed for approximately 11 miles to the intersection of River Road and MD 112, Seneca Road. Turn left and continue on River Road for about 2 1/2 miles. McKee-Beshers will be on the left as you head west on River Road.

GPS Coordinates of sunflower fields:

- ❖ Field 1 (River Road) N39.080050, W-77.374460
- ❖ Field 2 (Hunting Quarter Road) N39.079172, W-77.388253
- ❖ Field 3 (Sycamore Landing Road) − N39.084146, W-77.413121



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Thinking about aging in place? Social Lunch

Thursday, July 12, at noon, Tally Ho Restaurant Open to all. Participants pay for their own meal

Pot Luck Dinner, musical entertainment!

Thurs., July 19, 6 pm, Potomac Commun Ctr open to all, RSVP please to 240-221-1370

To learn more: 240-221-1370

info@PotomacCommunityVillage.org www.PotomacCommunityVillage.org







"Audiobooks are great

for long car rides and

Barbara Marshall,

Montgomery College

much better than

video games."

Best for Family Road Trips

Top audiobook picks for long drives with children.

BY MARILYN CAMPBELL

ith summer comes roadtrips. In fact, a study by New York University's School of Professional studies showed that 63 percent of American families will take a vacation by car this summer. Long stretches of interstate and backseat time call for loading up on audio books before hitting the road.

"Audio books are great for long car rides and they're much better than video games," said Barbara Marshall, department chair for Education and Social Sciences at Montgomery College. "They don't take the place of actually reading a book, but there is a time and place for them.



PHOTO BY MARILYN CAMPBELL

Audio books are helpful in passing time during a family vacation by car.

One of those times, says Marshall, is long drives without scenic views. She and others who are familiar with children's literature suggest some of the best books for family vacations by car.

"Ghost" by Jason Reynolds and narrated by Guy Lockard is a recommendation by Jennifer Rothschild, Youth Services Collection Development Librarian for

Arlington Public Libraries. This 3.5 hour audio books is about a gifted runner named Ghost who has a chance to run for a prestigious middle school track team, but is challenged to stay on track both literally and figuratively in order to reach his full potential.

Fantasy buffs might appreciate "Dealing with Dragons" by Patricia C. Wrede, while fans of dystopian novels might enjoy

"Leviathan," written by Scott Westerfeld and narrated by Alan Cumming, suggests Rothschild.

Set in an alternate version of WWI, Leviathan is the first in a trilogy. Primary characters include Prince Aleksander, the would-be heir to the Austro-Hungarian throne, and Deryn, a girl who disguises herself as a boy to serve in the British Air Service. The story takes off when the two cross paths.

History lovers might appreciate another Rothschild pick: "Notorious Benedict Arnold" which was written by Steve Sheinkin and narrated by Mark Bramhall. Running at 6.5 hours, this is a true story about an American war hero who loses his career and freedom for greater recognition.

Music lovers might enjoy "Solo" by Kwame Alexander, says Yunna Iqbal of Scrawl Books in Reston. The audio version of the New York Times best selling book by the same name, tells the tale of Blade, the son of a former rock star with a drug addiction. Intertwined with songs, the story follows Blade as he tries to escape his escape his family's fame and fortune.

"Each chapter has a specific song and story follows and that makes it good for both young kids and older kids," said Iqbal.

"Artemis Fowl" by Eoin Colfer, narrated by

Recommendations

For audio book reviews and suggestions: www.ala.org/alsc/awardsgrants/notalists/ncr

Nathaniel Parker could appeal to thrill-seekers. The main character, a 12-year-old named Artemis Fowl is the heir to a crime family who appears to be unusually skilled at masterminding crimes until greed threatens to ruin his most his brilliant plan. This Rothschild suggestion runs 6.5 hours.

Timeless classics like "Charles and the Chocolate

Factory" and "James and the Giant Peach," both by Roald Dahl, are also fail-safe choices for family road trips, says Iqbal.

"Ghost Boys" by Jewell Parker Rhodes is a recommendation from Lelia Nebeker, Book Buyer at One More Page Books in Arlington. "It's a very short book, so if you're only driving for three hours, you can probably finish it," she said. "It's from the per-

spective of a seventh-grade black boy who is shot and killed by the police, and his ghost is telling the story of seeing the world after his death, where he meets the ghost of Emmett Till. It's a heartbreaking book, but beautifully written, well performed on the audiobook."

Despite the mature sounding premise, Nebeker says that it's intended for readers ages 9 and up.

"Avalon High by Meg Cabot' is a fun contemporary take on the King Arthur myth by the prolific Meg Cabot," advised Nebeker. "This one does take place in a high school setting, but it's appropriate for ages 10 and up for sure. So cute and funny."

"Two of my coworkers read 'Love Sugar Magic: A Dash of Trouble' by Anna Meriano ... and raved about it," said Nebeker.

"Amal Unbound' by Aisha Saeed is about a 14-yearold girl in Pakistan who becomes a servant to pay off her family's debts," said Nebeker. "[This is] another book for young readers that has some mature content, but is good for ages 10 and up and will start good discussion between parents and young readers."

"Howl's Moving Castle" by Diana Wynne Jones and "A Wrinkle in Time" by Madeleine L'Engle are two additional suggestions from Nebeker.

For a wider selection of choices, Marshall suggests the American Library Association's website which offers reviews of audio books: www.ala.org/alsc/awardsgrants/notalists/ncr.

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

In July: Four Exhibits at Two Locations. Through Wednesday, July 25, gallery hours at Artists & Makers Studios 1, 11810 Parklawn Drive, Suite 210 and Artists & Makers Studios 2, 12276/12280 Wilkins Ave., Rockville. Artists & Makers Studios are celebrating summer at two locations with four exhibits, featuring Black Artists of D.C. Schroeder Cherry, AnaMarie Paredes, and Christopher John Hoppe in the galleries of both studio centers. Visit artistsandmakersstudios.com for more.

Art Exhibit: Four Seasons. Through July 28, Wednesday-Saturday, noon-6 p.m. at Gallery B, 7700 Wisconsin Ave., Suite E, Bethesda. The exhibit will feature artwork by Aanen Nilsen, Tea Okropiridze, Antonio Scott and Joan Sarah Wexler. Visit www.bethesda.org for more.

NOW THROUGH AUG. 5

"Be a Good Little Widow." At River Road Unitarian Universalist Congregation Building, Fireside Room, 6301 River Road, Bethesda. The Unexpected Stage Company presents a comedy about life, grief, and longing by Bekah Brunstetter ("This Is Us," "The Cake," "The Oregon Trail"). Tickets, priced \$10 to \$29.50, are on sale via phone at 800-838-3006, online at www.unexpectedstage.org, and at the door. Call 301-337-8290 or visit www.unexpectedstage.org.



Classic Film

"Casablanca" at the Bethesda Outdoor Movies, Wednesday, July 15, 9 p.m. at the corner of Norfolk and Auburn avenues in Bethesda's Woodmont Triangle. Admission is free. Call 301-215-6660 or visit www.bethesda.org

THURSDAY/JULY 19

Sojourne (Soul). 6-8 p.m. at Veterans Park, corner of Woodmont and Norfolk Avenues, Bethesda. Free. Part of weekly outdoor concerts produced by the Bethesda Urban Partnership. With food and drink by Flanagan's Harp & Fiddle. Call 301-215-6660 or visit www.bethesda.org.

FRIDAY/JULY 20 Family Luau Party. 4-

5:30 p.m. at My Gym Potomac, 11325 Seven Locks Road, Potomac. The Family Luau Party is an hour and a half of fun games, themed activities and pizza for the family. All ages welcome. \$15, members; \$20, nonmembers. Call 301-983-5300 or visit www.mygym.com/ potomac/events for more.

SUNDAY/JULY 22

Waltz Dance. Workshop, 2:45-3:30 p.m.; dance, 3:30-6 p.m. at the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Featuring the ensemble Summer Waltz Trio playing a lively mix of folk waltzes with a few other couple dances, including Hambo, Schottische, Swing, Tango, and Polka. Admission is \$13. No partner required. Call 202-238-0230

or 301-634-2222, or visit www.WaltzTimeDances.org. **Zoe Mulford Performs.** 5:30 p.m. at Folk 'N Great Music in Rockville. Featuring England-based Zoe Mulford, a multiinstrumentalist live. Doors open at 5 p.m. for a pot-luck supper. Reservations suggested as space is limited. Visit www.folkngreatmusic.org.

TUESDAY/JULY 24

Bethesda Outdoor Movies: Remember the Titans. 9 p.m. at the corner of Norfolk and Auburn avenues in

Bethesda's Woodmont Triangle. The Bethesda Urban Partnership will present the 14th annual Bethesda Outdoor Movies: Stars on the Avenue, July 24-28 with five evenings of major motion pictures. Arrive early and bring lawn chairs. Admission is free. Call 301-215-6660 or visit www.bethesda.org for more.

THURSDAY/JULY 26

Bethesda Outdoor Movies: The Big Sick. 9 p.m. at the corner of Norfolk and Auburn avenues in Bethesda's Woodmont Triangle. The Bethesda Urban Partnership will present the 14th annual Bethesda Outdoor Movies: Stars on the Avenue, July 24-28 with five evenings of major motion pictures. Arrive early and bring lawn chairs. Admission is free. Call 301-215-6660 or visit www.bethesda.org for

POTOMAC ALMANAC

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CONNECTION

Comparatively **Speaking**



By KENNETH B. LOURIE

After writing such an emotional column last week ("A Relative Unknown"), I'm having a little trouble finding footing for my pen for this week's

It reminds me of thoughts I had about continuing to write my "Everything in general about nothing in particular"-themed columns - which I had published in The Connection from December 1997 through May 2009, after I received my terminal cancer diagnosis in late February, 2009. How could I continue to write such lightweight nonsense after being given a "13 month to twoyear" prognosis?

Not that my intention writing forward was ever to immerse you regular readers in self-indulgent Kenny at his self-important worst. Hardly. It was more that I had a need and apparently, an ability, to write about my cancer experiences with a similarly light touch as I had previously done so discussing everyday topics dating back 12 years or so.

Those columns, as you incredibly regular readers may recall, ranged from the sublime to the ridiculous, including everything in between. However, they never mentioned politics, current events, personalities in the news or anything of substance, quite frankly.

To give you a few examples: "Armed and Dangerous," a column about drivers who drive with their left arms hanging out the driver's side window (one of my mother's favorites); "Sole Man," a column about seeing so many single shoes lying by the side of the road; "Registering a Complaint," a column about the new (at the time) self-checkout registers at supermarkets; and "Victim of 'Soycumstance,'" a column about why there are always so many packets of soy sauce in Chinese carry-out, and so many more, hundreds in fact, about "everything in general ...

For me, they were – and continue to be, an amusing diversion/avocation which enabled me to pursue my passion and dream about writing a syndicated climate from a warm climate, preferably one with an ocean view, while maintaining my day job. A day job which I still maintain. And though the challenge for maintaining both may be greater now than ever, us true believers in the newspaper business will continue to read and write as best we can, in print and online.

Now, throw in a cancer diagnosis, which at the outset was extremely discouraging, and you might wonder how any of this makes sense. Well, perhaps it didn't. But perhaps having tasks and responsibilities was exactly the kind of regularity that a cancer patient given a rather grim prognosis needed, consciously, and maybe more importantly, subconsciously.

Somewhere in my head (or wherever one's subconscious exists) going on about life as if nothing was particularly life threatening (heck, more like life ending, at age 54 and a half, no less) perhaps was the kind of antidote my body needed. Though told then - and now, that there's no cure for what ails me: non-small lung cancer, stage IV, nevertheless, I am still alive nine-plus years later, "advocating" and "vocating."

However, maintaining my status quo; reading, writing and "'rithmeticking" doesn't generally make me cry as writing last week's column did. And in living long enough to experience what I wrote about last week, I am always grateful to whomever/whatever power is responsible for yours truly being here, there and everywhere (also a reference to the name of the first song, by The Beatles, that Dina and I danced to as

Amazingly, life goes on, as does this column. But fortunately, for you irregular readers, not for much longer.

Have written this far I think I've transitioned now from an extremely emotional experience: meeting my cousin from Argentina to an unemotional/normal one: life in the mundane and boring Kenny lane. A lane I hope to continue to travel. At least I hope so, anyway.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.





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202-905-7762 Nancy Itteilag



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Nancy Ittellag



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