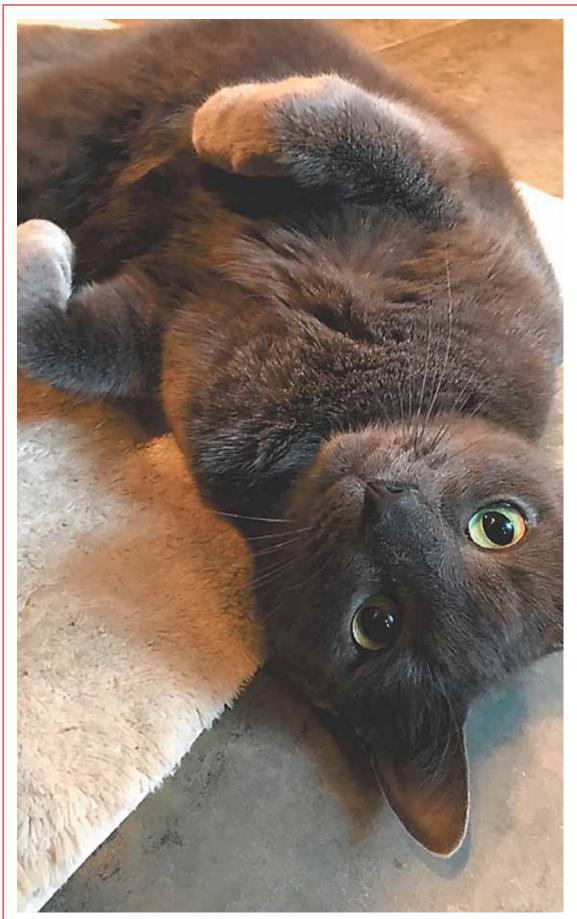


More photos, pages 6, 8, 12-15

25 CENTS

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July 26, 2018



Pet Gazette

This is Ashton from Alexandria.

— Taryn Salinas

More Photos, Pages 6, 8, 12-15.

Remembering Underwood

Pioneering WWII veteran dies at 93.

By Jeanne Theismann Gazette Packet

t was 1943 when Ethel Underwood saw one of the now iconic "Uncle Sam Wants You" posters used by the Army to recruit young men and women during World Wars I and II. Newly graduated from high school, Underwood decided to enlist in the Women's Army Corps, beginning a career that would see her become one of the most decorated women in U.S. military history.

Underwood, the first African American woman to achieve the rank of colonel in the United States Air Force Reserves, enlisted at a time when the military was still segregated. She later served as an officer during the early days of desegregation.

"As an African American, I know I was a pioneer," Underwood wrote in her profile at the Women in Military Service to America Memorial. "But in spite of roadblocks and deterrents, I was able to contribute and establish standards and road maps that paved the way for women that have followed. To serve with these kind of limitations and yet excel is indeed an achievement, whether acknowledged or not."

Underwood's career would take her around the world, with a final assignment bringing the trailblazing woman to Alexandria in 1979, where she remained un-



Photo by Steven Halperson/ Tisara Photo

Ethel Underwood

til her death July 19 at the age of 93.

"Colonel Underwood inspired me from the moment she opened her door," said Jane Hess Collins, herself a retired USAF colonel who profiled Underwood in 2017 for Living Legends of Alexandria. "She was welcoming, gracious and nononsense. In anticipation of her interview she had military documents, newspaper articles and other information already laid out on her coffee table. As she told me the story of her life, of listening to Dr. Martin Luther King's 'I Had a Dream' speech to her list of 'firsts,' she seemed unfazed by her accomplishments and viewed her extraordinary life as just doing what needed to be done."

Born in Hampton, S.C., and raised in Beaufort, Underwood was the youngest of three sisters and a brother. She was raised by her mother Bessie and grandmother Clara after her father died when she was a baby.

Underwood served during World War II from 1943 to 1946 as an emergency medical techni

SEE REMEMBERING, PAGE 4

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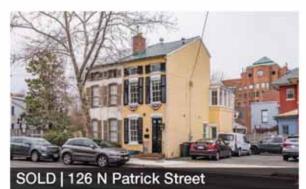
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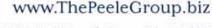


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USCGC Nathan Bruckenthal

Coast Guard commissions newest

Fast Response Cutter.

By Jeanne Theismann GAZETTE PACKET

nited States Coast Guard Commandant Adm. Karl Schultz joined family members and friends of the late Nathan Bruckenthal at the Alexandria waterfront July 25 to commission the USCGC Nathan Bruckenthal, the Coast Guard's newest Fast Response Cutter.

"The name Nathan Bruckenthal is one that is recognized and revered throughout our service," Schultz told the crowd. "Petty Officer Bruckenthal defined service above self and we are here today to honor that legacy."

Among those in attendance were Bruckenthal's sister Noabeth Bruckenthal, widow Patti Bruckenthal and daughter Harper, who was born during the deployment from which her father never returned.

The cutter, which arrived in Alexandria July 24, is named after Coast Guard Petty Officer 3rd Class Nathan Bruckenthal, who was mortally wounded April 24, 2004, while serving aboard the USS Firebolt during Operation Iraqi Freedom.

Bruckenthal, the first Coast Guard member killed in action since the Vietnam War. thwarted a multi-vessel suicide attack on an oil terminal while conducting maritime intercept operations in the North Arabian Gulf. He was posthumously awarded a Bronze Star, Purple Heart and Global War on Terrorism Expeditionary Medal.



Patti Bruckenthal, widow of Petty Officer Nathan Bruckenthal, left, is joined by her daughter Harper and sister-in-law Noabeth at the commissioning of the USCGC Nathan Bruckenthal July 25 at the Alexandria waterfront. At right is Joe Re of the Navy League of the **United States.**

The 154-foot patrol craft USCGC Nathan Bruckenthal is the 28th vessel in the Coast Guard's Sentinel-class FRC program. FRCs feature advanced command, control, communications, computers, intelligence, surveillance and reconnaissance equipment and can reach a maximum speed of over 28 knots.

The USCGC Nathan Bruckenthal's new homeport will be Atlantic Beach, N.C.

Murder in Potomac Yard

t had been a pretty quiet year for crime in Alexandria, but just one week after a murder in Old Town, a suspicious death on East Reed Avenue near Potomac Yard has been ruled a homicide.

82-year-old Jerry Scott was found on Monday, July 23, with trauma to his upper body, and an autopsy conducted on Tuesday officially ruled his death as a homicide.

Police have not announced the arrest of a suspect but say there is no immediate threat to the public.

This is the third homicide in Alexandria

Anyone with information about the incident is asked to call Detective Brad Cecchetti at 703-746-6858.

Vernon Miles

Joseph Egerton Dies

Gallery owner, businessman dies at 79.

By Jeanne Theismann Gazette Packet

oseph Egerton, a longtime Alexandria businessman whose ventures included the Arts Afire Glass Gallery on King Street, died May 16 after a long battle with Myelodysplastic Syndromes. He was 79.

A resident of Alexandria since 1972, Egerton's first career was in publishing but his love of fine arts led him to a second career as a retail shop owner.

"I love high-end crafts and glass," Egerton told the Gazette Packet in 2007 of his decision to open his gallery in 2000. "And during the economic downturn in 1994, I observed that hand-made crafts and jewelry remained strong sellers even in a bad economy."

Born May 29, 1938, in Youngstown, Ohio, Egerton was the son of the late Howard and Marie Egerton. At age 6 he moved to Bowie, Md., and graduated from Bladensburg High School in 1956. He went on to establish a successful career as a production manager with Scripta Technica and then co-founded Hemisphere Publishing Corp., a DC publishing house producing health science books, journals and engineering reference books with emphasis on heat transfer. In 1985, Hemisphere was sold to Harper and Row Publishers and Egerton stayed on as executive vice president, retiring in 1987.

Egerton's first retail venture was Egerton Gardens, which he opened in 1994 on South Washington Street with his spouse, the late David Torrey.

"I have been an entrepreneur in my own businesses since 1974," Egerton said of his business ventures, which included Alexandria Type Company, Diversities Craft Gallery, Arts Afire Glass Gallery and the Arts Afire Craft Gallery. Egerton combined the glass and crafts gallery locations in 2006.



Sandy Levitz Lunner/Gazette Packet

Joseph Egerton in his Arts Afire Glass Gallery in 2011. Egerton died May 16 at the age of 79.

Egerton Gardens carried high-end garden fixtures, art and garden antiques. With its success, Egerton went on to establish Diversities, an American Craft Store and in 2000 acquired Arts Afire Glass Gallery, where he featured the works of more than 400 American artisans. He closed the gallery and retired

Egerton served on several Alexandria boards, including KISMET and The Campagna Center, and chaired Old Town's last Decorator Show House in 2011, which featured the Charles Goodman Property. He founded the South Washington Street Merchants Association and folded it into KISMET after closing Egerton Gardens. He also participated in a number of retail studies for the City of Alexandria.

"Businesses are like humans," Egerton said of his retail experiences. "They need to go through growing pains by them

SEE EGERTON, PAGE 22

U16 Boys Futsal Team Wins National Championship

U13 boys advance to final four.

lexandria Soccer Association's (ASA) U16 Boys Futsal ID Team won the United States Futsal Federation National Championship for the second year in a row on Sunday, July 22. The competition was held over four days in Santa Clara, Calif. The U16 boys advanced out of their group stage in first place giving them an automatic bid to the semifinals.

"Last summer, as soon as the national championship excitement had settled, one of our players was asked what he wanted to do next," said head Coach Will Hanna. "His response was, 'let's win it again.' That's really the attitude we've embodied as a team over the past year as we've worked towards a second national title. I'm incredibly proud of this group for their perseverance and championship mentality."

In the semifinal game on Saturday evening, ASA beat Allstar United Earth

SEE CHAMPIONSHIP, PAGE 22 ASA U16 Boys Futsal





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News

Remembering Underwood

From Page 1

cian with the Women's Army Corp then used her GI Bill to become a nurse. She held a B.S. in Nursing Education and a Masters in Public Health Administration from Columbia University.

Following her graduation, she re-entered the military in 1952, this time as a commissioned officer with the United States Air Force Nurse Corps. Trained as a flight nurse, she was assigned to RAF Wethersfield, United Kingdom and was part of flight crews that travelled between Europe and the United States.

Underwood served another 33 years, both in active and reserve status, before retiring

"I liked the military style," she told Collins. "It was for me."

After retirement from the military, Underwood became the director of nursing at Alexandria's Woodbine Nursing and Convalescent Center, retiring from there in

She served for many years on Alexandria's Commission on Aging and was active in developing the Alexandria Residential Care Home, a 10-bed residential facility that served the elderly population of the city.

According to Collins, one of Underwood's life highlights was attending Dr. Martin Luther King's "I Have a Dream" speech in August of 1963, on the steps of the Lincoln

Memorial. Underwood and a group of friends, all living in New York, took the train to Washington, D.C. to join the historic

"It was such an experience," Underwood told Collins. "The words got to you and you had to be careful because you could tear up very easily."

Underwood was part of a founding group of the Alexandria Black History Museum and established their volunteer program. She has also served on boards for Inova Alexandria Hospital, Hopkins House, the Alexandria Society for the Preservation of Black Heritage and Living Legends of Alexandria.

She also served on the executive committee of the NAACP, was a delegate to the White House Conference on Aging, a founding member of the Women in Voluntary Service to America Memorial, a charter member of the National World War II Museum and a founding sponsor of the Dr. Martin Luther King, Jr. Memorial.

In March of 2006, the Virginia legislature honored Underwood with House Joint Resolution No. 488, commending her recognition by Senior Services of Alexandria during its "Honoring the Best" Spring Gala.

A visitation will be held July 26 at 10 a.m. at Alfred Street Baptist Church, 301 S. Alfred St., followed by a memorial service

Drop-off your unwanted medications

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PROPERLY DISPOSE OF UNWANTED MEDICATIONS AT THE FOLLOWING LOCATIONS:

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Alexandria Fire Station 210 5255 Eisenhower Ave

The Neighborhood Pharmacy of Del Ray 2204 Mt Vernon Avenue

CAN'T MAKE IT TO DRUG TAKE BACK DAY?

The Neighborhood Pharmacy of Del Ray recently launched the first-ever permanent prescription drug drop-off box in the City of Alexandria.

The drug drop-off box provides year-round access to safe drug disposal for all Alexandria residents and is located inside the pharmacy at 2204 Mt. Vernon Ave

DID YOU KNOW?

- Many people believe prescription drugs are safer than illegal drugs because a doctor prescribed them—they're not.
- More people die accidentally from prescription drugs each year than all types of illegal drugs combined.
- Combining pain killers or anti-anxiety drugs with alcohol multiplies the effect—your heart or your breathing can stop.
- Drug-induced deaths now exceed deaths from motor vehicle accidents in more than 17 states.
- Most kids who abuse prescription drugs report they get them from their home medicine cabinets or from friends.
- Proper disposal of unwanted medication prevents environmental contamination of our waterways and soils.

SYMPTOMS OF PRESCRIPTION DRUG OVERDOSE

- Abnormal pupil size
- Agitation Convulsions
- Paranoid behavior Difficulty breathing

- Hallucinations
- Non-reactive pupils
- Nausea and vomiting
- Staggering or unsteady
- Sweating or extremely dry, hot skin
- Tremors
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VIENNA

Wed. Aug. 1 3:30p & 6p Courtyard by Marriott 2722 Gallows Rd

ARLINGTON Thurs. Aug. 2

12p & 6p Courtyard by Marriott 1533 Clarendon Blvd

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Rabbits, Turtles, Fish and More

AWLA shelter open to everyone.

eople often think of cats and dogs when they think of the AWLA, so they can be surprised when they visit the shelter and meet a much wider variety of animals, including rabbits, ferrets, guinea pigs, hamsters, birds, turtles, snakes, lizards and sometimes even fish. And those are just animals available for adoption. Our Animal Services officers also assist wild animals that have been injured or orphaned. These animals are kept separated from domestic animals and only stay at the shelter until they can be released or transferred to a wildlife rehabber.

As an "open access" shelter, the AWLA provides care for any animal in need from the City of Alexandria, which

AWLA means always being prepared to handle any creature that might need our help. Last year, AWLA Executive Director Megan Webb was leaving the shelter late one evening and noticed a large box tucked under a bush. She pulled it out and, hearing scratching noises, guessed there would be kittens inside, though she didn't hear any meowing. When she opened the box and gently pulled out a large towel, she was surprised by a large monitor lizard, who popped his head out and hissed at her. She was able to safely wrangle the reptile and a second lizard still hiding in the box. Two more of these Argentinean tegu lizards were left outside the shelter in subsequent days.

All four lizards eventually found homes where they could be properly cared for and safely handled, thanks to relationships with local reptile rescue organizations. Fortunately, the AWLA is stocked with a variety of housing accommodations and food to meet the needs of many animals that might arrive — however they do so.

We find that people often assume small animals require less care and may be a more appropriate pet for a child than a dog or



Photo courtesy, AWI

Cockatiel Grayscale was brought to the shelter after flying into a resident's window.

cat, but often, those same animals are surrendered to us because the child has lost interest or does not understand their new pet's needs. When considering adopting a small animal, we suggest making them a family pet rather than putting all of the responsibility for the animal's care on a child, which can be overwhelming and possibly even make them resentful of the animal. Making it the family's pet encourages all family members to be involved in the care of the animal and models this commitment for the child to follow.

Rabbits rank right behind cats and dogs as the animal we shelter most frequently. The majority of these rabbits are surrendered by owners, many brought to us in September and October after a child has gone back to school. When thinking of a pet for your family, it is important to consider the life expectancy of the animal and what life milestones your family will be reaching during that time. Did you know the rabbits live 8 to 10 years? That means that a rabbit adopted when a child is 12 could be left with parents for years after the child has left home.

Like all animals, rabbits have wide ranges of personalities, and picking the rabbit that



PHOTO BY SHELLEY CASTLE PHOTOGRAPHY

One of the Argentinian Tegu lizards found outside the AWLA.

matches your lifestyle is essential. We recently had rabbits named Peanut and Juliet at the shelter who could not have been more different. Peanut was a gregarious rabbit who sought attention — and ear scratches - from anyone who came near; he would push his head toward them for a pet and then melt to the ground in bunny bliss. Peanut needed a home where he could be at the center of everything. On the other hand, Juliet, a beautiful white rabbit, came to us from a situation where she had very little experience with people. She would give a strong warning thump with her leg whenever a stranger came too close, so she required a little extra time and patience from AWLA staff and volunteers. Juliet was seeking a home where she could bond strongly to her person but also have a quiet space for her enclosure to retreat when visitors came over. Both Peanut and Juliet have found those matches with their new fami-

Birds often come to the AWLA as strays, especially when winter changes to spring and people open their windows, forgetting that their pet bird might take the opportunity to spread his or her wings. This past spring, a cockatiel the shelter staff dubbed Grayscale had flown into a stranger's house, surprising the homeowner who eventually caught the bird and brought him to us. Grayscale had clear signs of having been



Photo by Shelley Castle Photography

Juliet the rabbit was shy when she first arrived at the shelter.



PHOTO BY SHELLEY CASTLE PHOTOGRAPHY

Social bunny Peanut sought out attention from anyone who passed by.

on his own for a while, but as with all animals who come in without owner information, shelter staff shared his photo and story with the community in hopes of finding and reuniting him with his family. A video of Grayscale whistling "If You're Happy and You Know It" found a following on social media, and when no one reached out to the AWLA during the state-mandated "stray hold" period, he was made available for adoption. Happily Grayscale found a new home just the next day. We still hear from people checking in to see how he's doing.

If you're interested in giving any type of animal a home, the Animal Welfare League of Alexandria is here to help. Our staff is versed in the specific needs of many species and can help you consider the realities of bringing a new animal into your family, helping you plan for "pet success" long after the initial love-at-first-sight moment.

The AWLA recently changed its logo to represent the many animals who walk, hop, fly or swim through the shelter doors, so the next time you are looking for your perfect pet — of any breed — we hope your first stop will be the Vola Lawson Animal Shelter.



This is Elvis, who is almost 15 and a catahoula who survived Hurricane Katrina. Elvis still enjoys sailing on the Bay, where his eye patch has earned him a reputation as a rogue and a pirate. As you can see from this photo, he gets tuckered out after a day of being first mate.

— Sherry Schiller



"GoodBoy" — You never stop reading!

Laura Mae Sudder

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WELLINGTON \$1,470,000 1115 Custis Street 4 BR | 4.5 BA | 5.925 sq ft | 3-car gara



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ALEXANDRIA CITY \$1.349,000 2805 Russell Road 5 BR | 4,5 BA | 4,351 sq ft | 2-car garage



WELLINGTON VILLA \$5,750,000 7615 Southdown Road 6 BR | 7,55 BA | 11,300 sq ft | 4 garage parking spaces



OLD TOWN \$1.150.000 316 Third Street 3 BR | 2.5 BA | 2.530 sq ft | 2 assigned parking spaces



WELLINGTON ESTATES \$690,000 1116 Greenway Road 4 BR | 3.5 BA | 2.934 sq ft | Driveway parking



MT VERNON TERRACE \$1,795,000 5023 Burke Drive 5 BR | 4.5 BA | 5,913 sq ft | 2-car garage



WAYNEWOOD \$779.000 8420 Crowley Place 5 BR | 3 BA | 2,223 sq ft | Driveway parking



U STREET CORRIDOR \$749.000 2020 12th Street NW #116 2 BR | 2 BA | 1.076 sq ft | 1 assigned parking space



FERRY POINT ON POTOMAC \$1,395,000 9427 Ferry Landing Court 7 BR | 6 BA | 7.312 sq ft | 3-car garage



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The 2nd Annual **Dogs for Literacy** Dog Walk to raise funds to provide tutors for struggling readers is scheduled for Sunday, Oct. 21, from 2-4:00 p.m. at Ben Brenman Park. Participants and their humans will be able to register to walk either one mile or five kilometers in support of the Alexandria Tutoring Consortium's (ATC's) tutoring program. The event is sponsored by ATC, a local non-profit that recruits and trains more than 150 community volunteers to tutor kindergarten and first grade students needing reading support in the Alexandria City Public Schools. See https:// alexandriatutors.org/







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OPINION

Learning about Safe Place

The Department of Recreation, Parks and Cultural **Activities Outreach Coordi**nator Michael Johnson has been working to educate the community about Safe Place — a national program that assist youth in crisis. Campers at the



Nannie J. Lee Recreation Center, Camp Adventure Program were educated on July 11 about the services available if they are in a crisis. Participants watched a Safe Place Awareness video, completed worksheets as well as discussed what to do if they needed help. There is a total of 31 sites available throughout the city currently. All the city's recreation centers, libraries, and fire departments are locations that will provide a safe place if a youth is in need. The national 24-hour Hotline number is 703-746-5400. It is the department's goal to educate as many children as possible this summer over the next few weeks. Johnson continues to work with community partners such as the police and fire department, libraries and the department of social services to create a safe place for the community. For more information on the Safe Place program, contact Johnson at 703-746-5571. If searching for summer adventure or afterschool availability, contact the Nannie J. Lee Recreation Center at 703-746-5424.

LETTERS TO THE EDITOR

Vigilance Required

To the Editor:

I, along with many of you, have looked on with horror at the child separation crisis at the border. A silver lining in all of it is that it has forced us to not to be passive spectators to our democratic process. Our democracy demands a certain vigilance and it's been heartening to see people step up, get informed, donate to causes, join protests, and contact their congressional representatives.

However, I'm here to sound an alarm on a much more corrupting force here at home: the erosion of the due process of law for undocumented residents caught up in the Sheriff's voluntary Intergovernmental Service Agreement with Immigration and Customs Enforcement (ICE). The agreement allows the Sheriff wide latitude to transfer people over to ICE with nothing more than an administrative warrant with a detainer request. These warrants carry no constitutional authority and are not signed by a judge. In 2017, 105 people were turned over to ICE this way, near twice as many from 2016. More than half were just waiting for a trial and had not been convicted. The agreement also allows ICE to use our jail to hold immigrants arrested from other jurisdictions in return for

Recently, after meeting with activists from Tenants and Workers U.S. Rep. Don Beyer (Alexandria United and the Legal Aid Justice Center, the Sheriff announced a handful of changes. For those serving a sentence from a judge, he will not hold them past their scheduled release dates, and for those released on bond, hold them up to 16 hours. While this can

seem like a step in the right direction, it ignores the capricious nature of the policy and the disrespect for the judicial process. An administrative warrant created and signed by ICE is still all it takes to potentially destroy a family for an immigration violation, which is a civil infraction.

I fear that the Sheriff is simply directing precious resources to rearrange the deck chairs on the sinking Titanic and creating busy work for our hard-working civil servants. If such sweeping changes can be made at the direction of one man, it creates a mockery of the judicial process meant to protect us all from overreach. If instead, the onus was put on ICE to acquire a judicial warrant, the matter is out of the Sheriff's hands and we can be more certain of the predictably of due process and that justice was served.

Our local law enforcement's job is just that: to enforce our local laws. It should not wrap itself up in creating policy and should leave policy making to our policy makers. Respectfully, if the Sheriff does not have the courage to end this overreach, there are many noble professions elsewhere that could best use his knack for creating policy.

> **Cam Cook** Alexandria

Swamp Creature

To the Editor:

The letter writers' attacks on Gazette-Packet July 19-25) in asserting that disgraced EPA Administrator Scott Pruitt "cleaned the swamp" are so outrageously absurd as to invite ridicule and laughter.

Pruitt is the very definition of a "swamp creature" — subordinating the public interest to the special interests of fossil-fuel lobbyists. Add to this his own personal unethical corruption — at taxpayer expense! — which is, in the end, what brought his downfall.

My only hesitancy in sending this letter to the editor is that, in this Time of Trump, we may continue to spread lies while trying to refute them.

> **Walter Nicklin** Alexandria

Pruitt as Hero?

To the Editor:

When I read the letter to the editor, "Pruitt as Hero" [Gazette Packet, July 19], I was scanning ahead waiting for the punch-line.

Aside from the extensive corruption and graft he perpetrated on the American people, Scott Pruitt will be remembered as one of the worst EPA administrators ever. While I could list more than 76 rules or executive orders issued under Pruitt and Trump's administration that will harm our air and water, I will suffice to say the EPA under Pruitt has done more harm to this country that will negatively affect our lives and our children for years to come.

I would urge readers to educate themselves and do the research to understand the real impact of the damage Pruitt has caused. The EPA under Pruitt has effectively rolled back regulations on Clean Air, Clean Water, denies Climate Change, allows previously banned pesticides known to cause cancer back into the marketplace and pulls the U.S. out of the Paris Climate Agreement.

These are only a few of the rules, regulations and policies this administration and Pruitt have effectively gutted allowing big business to again begin dumping and polluting all in the name of dollars and shareholder value. At what point do we stand-up and recognize the lasting damage the EPA is doing to the long-term well being of our children?

> **Geoff Stone** Alexandria



Activist Geri Baldin and Lt. Gov. Justin Fairfax

Rainy Day Of Blessings

To The Editor:

On Saturday, July 21, the Alfred Street Baptist Church held its annual Brother's Keeper Outreach Project. Backpacks were filled with supplies along with gift cards, young boys received haircuts as part of "groom for school," and clothing was provided.

As I attended the Brother's Keeper event with a friend, and as a member, more and more I'm amazed of the beauty of blessings pouring out each year during the community outreach.

This year it was awesome having had a chance to meet Lt. Gov. Justin Fairfax. He thanked me for all I do for the community. It was kind of awesome; I would say those few words alone — "thank were amazing.

Activist Geri Baldwin

Alexandria

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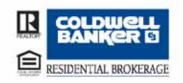
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AnnaBelle (left) with her Rally Excellent Ribbon and Honey (right) when she got her Championship title.



Lisa Groover with Honey.

Helping Dog Owners When They Move

By Lisa Groover McEnearney Associates, Inc.

hen I was in college, my parents gave away my black lab, Kayla, because they couldn't find a place to live that would accept a dog over 50 pounds. It broke my heart. When I got into real estate, I knew from the beginning that I wanted to ease the pain for people in similar situations.

I was just churning some numbers and discovered that 40 percent of my clients are pet owners!

Pugs, Bulldogs, Greyhounds, Havanese, Rottweilers, Weimaraners, Tabbies, Calicos ... it has been my pleasure to work with animal lovers to find a new home, or to sell theirs. I have to admit that finding the right

place to live for a family with seven beagles has been my most challenging search to date!

My dog owner clients Tracy and Sherrie said, "Being the first time we sold a home, Lisa made us feel like her only client, and was extra attentive to our needs as we have three dogs. We would use Lisa again in a heartbeat!"

And dog owner Jacquie said, "Finding a home with three dogs was challenging. Working with an agent who understood our pet needs was not one of them. A pet owner can always tell another animal lover, and that is exactly what we got with Lisa!"

In addition to being a pet friendly real estate professional, I have also been a volunteer dog obedience trainer with Mount Vernon Dog Training Club for 5-6 years. Ours has been a class teaching the basic

skills of sit, down, stay, come and heel to dogs 5 months or older. More advanced classes are available through the club offering opportunities for earning a Canine Good Citizen (CGC) designation, and skills for showing your dog in all levels of competition. My dog AnnaBelle (Golden Retriever) earned five obedience and rally titles at trials throughout the area.

Dog therapy has been one of my favorite ways to volunteer in the community. Alexandria Public Library has a wonderful Paws to Read program where elementary schoolaged children practice their reading aloud one-on-one to dogs.

Playing with a dog during exam week is a great way to relieve stress for students. We had a very special day at Georgetown University.

Greeting WWII and Vietnam vets as they

arrive on Honor Flights at Reagan National Airport is a fantastic way to give back to those that have served.

Whether it is nursing homes, hospitals, libraries or schools ... dog therapy makes a difference to those that need unconditional love from a caring four-legged friend.

I am proud to have been a sponsor for the Alexandria Dog Walk in support of the Animal Welfare League of Alexandria, and Paws for the People to raise funds for the Christ Church Food Pantry.

Yes ... I am a dog lover. Please stop me to say "hello" when you see me walking Honey ... my seventh Golden Retriever. I would be happy to help you get involved. You may also go to my website (LisaGroover.com) and click on the "dog friendly real estate" section for tips on moving when you own a dog.



Yes "Tina," you are right, according to the Walmart website, the term is "Ear Muff"!

— Laura Mae Sudder



Roaring British Lion

— Michael Lee Pope



"Sweetie" — Being sooo photogenic can be sooo exhausting!

— Laura Mae Sudder





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This is Scooby who is 10 years old and brother to Jax. He is a Mama's boy big time and follows her everywhere just like a lab puppy instead of a cat, but he'll always be Mama's little black panther in her eyes.

- JIMMY DEATON



This is Jax. When we got him as a kitten 10 years ago he could literally fit into my two hands cupped together, that's how young he was. He is without a doubt my best friend.

- JIMMY DEATON





Remember when you were little, you were taught that you must SHARE? Well, Cinco de Mayo, "son" of Max Rotermund and Susan Dawson of Alexandria, SHARES our laptop and office chair with us. In fact, he OWNS them! Nothing gets done until he decides to leave.



"BellyCat aka Dusty" - shhhh! ... mumm's the word ... please don't tell the vet you saw me!

– Laura Mae Sudder



"Squeaky Weimar" - nestled within the jungle of a patio chair Laura Mae Sudder



Grendel, a mastiff mix: 125 pounds of pure marshmallow and contender in the XXL Snuggle Division.

— JC Herz

Aerial Yoga dog: Kota — Jo Echard



"Lizards need love too." This is Danielle Watt of Alexandria with her new lizard Commando!



Best friends, Bella (left) and Kota — Jo Echard



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Embracing 'Jesus Christ Superstar'

Rock opera by Andrew Lloyd Webber and Tim Rice runs through Aug. 11 at LTA.

BY STEVE HIBBARD

et during the present day using cellphones and iPads in an office space called INRI, Inc., the Little Theatre of Alexandria (LTA) is kicking off its 2018-2019 season with the rock opera, "Jesus Christ Superstar," from July 21 to Aug. 11. With music by Andrew Lloyd Webber and lyrics by Tim Rice (and practically no spoken dialogue), this musical is a timeless work set against the backdrop of a universally-known series of events.

"This story or the musical version has been with me since I bought the concept album in 1970. The ideas of this production were to remove it from a Biblical setting and move it to a modern telling. The result is a corporate open concept office," said Director Jim Howard, who was one of the three producers. The other producers are Margaret Evans-Joyce and Robert Kraus with choreography by Michael Page.

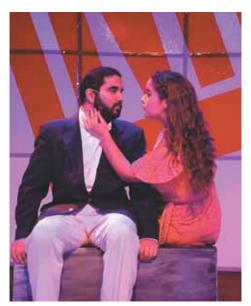
Howard said the challenge was to get a good team of designers behind him to bring this musical to life. "Since I've worked with many of the design team that signed up they stayed on board to assist me. My producers are the best for keeping the team in place and helping me through this process. The second challenge is to pick a cast. I've got to give kudos to my musical director Chris Tomasino and choreographer Michael Page in the process of picking a cast," he said.

Rishabh Bajekal plays the title role of Jesus of Nazareth, but he's not really the same Jesus in the Bible, he says. "In this show Jesus is written as perpetually frustrated and overwhelmed by the role he plays in God's grand plan. These emotions build until he confronts God and, as a result, accepts his fate and the fact that he must die. Jesus has a full range of emotions from song to song and scene to scene," he said.

He said the thing that challenged him the



Cody Boehm plays Simon Zealotes (center) with the ensemble of LTA's production of "Jesus Christ Superstar."



Rishabh Bajekal plays Jesus of Nazareth and Thea Simpson plays Mary Magdalene in LTA's production of "Jesus Christ Superstar."

most about this character is the same thing that excited him the most: the acting. "I consider myself a singer first, and this acting-intensive role has really made me stretch myself and grow as an actor," he said. "I've really enjoyed figuring out how to interact with castmates in character. It's been a challenge to fully embody the character, though, because portraying the emotional and physical pain Jesus goes through, particu-

larly in the second act, definitely takes a toll. This character is totally different than I am as a person, but I'm excited to stretch myself and give a nuanced performance."

Carlos Antonio Ramirez is playing the role of the conflicted Judas Iscariot. "In the traditional contexts he is seen as a full-hearted villain, a man dedicated to sabotaging Jesus and his goals; 'Superstar' takes a different angle. My favorite aspect of JCS' is that it aims to humanize the characters we see in the Bible, so Judas is not portrayed as a villain but more so a tragic antihero that fears that the followers of Jesus are growing too fast, which causes him to fear that the high priests will eventually use violence to dismantle this new sect. This fear eventually causes Judas to betray Jesus; in his eyes he is sacrificing Jesus so that his followers may live on," he said.

He said his biggest challenge was the vocal lines. "It is as though while writing the play Sir Webber said to himself, 'Hey, what's the highest notes your average male singer can hit? Oh great, so let's take all of those and split them between Jesus and Judas.' Thankfully, our music director Chris (Tomasino) has helped us really learn to have far better control in a part of our voices that isn't frequently used, and I can honestly say that whatever bar is set in the audience's' mind will be met," he said.

Michael Gale is playing the role of Peter the Apostle. "He begins the show as one Jesus's main advocates and supporters, but his doubts and fears around what Jesus and his movement have become is a source of conflict as the show progresses," he said.

He added: "JCS' is a collection of songs—there aren't lines or even stage directions, so it's up to the director and actors to connect the dots. It is exciting, but also overwhelming at times, to be given that much flexibility and responsibility. Peter has two songs in the second act, which represent the climax of his story arc, but there is a lot for me to work out as an actor around how I build up to those moments and how they resolve."

Cody Boehm is playing the male role of Simon Zealots, who is Jesus's right-hand man and confidant. "He wants nothing more than for Jesus to succeed in life and stands by him no matter the consequences. Simon is the epitome of a true friend," she said.

She added: "Playing a role that was written for man has been challenging. Vocally everything's written in the wrong octave for a woman, so figuring out how to navigate that and put my own spin on it has definitely been trying at times," she said.

The Little Theatre of Alexandria is presenting "Jesus Christ Superstar" through Aug. 11, Wednesdays-Saturdays at 8 p.m.; Sundays at 3 p.m. Tickets are \$29-\$34. The venue is located at 600 Wolfe St., Alexandria. Call the box office at 703-683-0496 or visit www.thelittletheatre.com.

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Art Exhibit: Graffiti. Through July 29, gallery hours at Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St., Alexandria. Potomac Fiber Arts Gallery announces the opening of its juried show, Graffiti. Graffiti's unique form of artistic expression inspires this show's theme: big and bold

graphics, hip hop culture, and social commentary. Themed work will be eligible for recognition by the jurors. Non-themed work may also be exhibited. Visit

www.Potomacfiberartsgallery.com.
"Pippin." Through July 30, at
Episcopal High School, 3900 W.
Braddock Road, Alexandria. Directed
by Rebecca Wahls, the Schwartz/
Hirson musical is retold through the
millennial lens. Using the 2013
revival script, Monumental Theatre
Company shares its version of
Pippin's journey of self discovery.
Visit www.monumentaltheatre.org.

Art Exhibit: "Drawing Energy: The Logic of Madness." Through Aug. 5, gallery hours at Torpedo Factory,

S, gallery hours at Torpedo Factory, Studio 21, 105 North Union St., Alexandria. Guy Jones uses his Cherokee teachings to evoke the energy and spirit of living things in his pen and ink drawings. Using micron pen and scratchboard techniques, Jones creates artworks that are mischievous, whimsical, and a bit eerie. Opening Reception and Meet the Artist: Thursday, July 12, 6:30-8 p.m. Special Program – Drawn in: Taking a Closer Look at the Solo Exhibit, Thursday, July 26.

Free. Visit www.theartleague.org or

call 703-683-1780.

New Works by Ken Strong. Through Aug. 9, gallery hours at Broadway Gallery, 5641-B General Washington Drive. Shipped straight from his studio in Australia, Ken Strong's new works represent a variety of subjects from Australia and the United States. Call 703-354-2905 or visit broadwaygalleries.net.

Art Exhibit: "Off the Grid." Through Aug. 31, gallery hours at the Torpedo Factory Art Center, 105 N. Union St. "Off the Grid" is an exhibit of artwork by Fairfax County and City of Alexandria inmates. The inmates vary in age, background and artistic experience, with most having never drawn before their lessons with volunteer art instructor Kelli Schollard-Sincock. Visit torpedofactory.org.

Art Exhibit: Art, Light, and

Metaphor. Through Sept. 2 at Target Gallery in the Torpedo Factory Art Center, 105 N. Union St., Alexandria. New exhibition explores the connections between art, light, and metaphor. The opening reception will be the cornerstone of the Torpedo Factory Art Center's Late

Shift: Bright Lights on Friday, July 20, 7-9 pm. A Gallery Talk with select artist comments will take place at 8 p.m.
There will also be a special Illuminate pop-up exhibition in the Grand Hall. Learn more at torpedofactory.org/target.

"Dredging The Lethe." On view through Sept. 14 at The Torpedo Factory Art Center, 105 N. Union St. Free admission. Visit www.torpedofactory.org. Wrapped around the interior wall of a smokestack of the former munitions factory, Kara Hammond's mural, "Dredging the Lethe," uses recycled book-pages, collage, charcoal, gesso and ink to create large-scale drawings of Greek goddesses amid contemporary human events. Free admission. Visit

www.torpedofactory.org. **Art Exhibit: Makers in the**

Mansion. Through Oct. 22 at Woodlawn & Pope-Leighey House Historic Site, 9000 Richmond Highway. Six installations of work by local African American makers hosted in an 1805 mansion owned by Nelly Parke Custis and Lawrence Lewis, once a prominent plantation home. Stories of a transformed African American community through the artisan eye. RSVP to Woodlawnevents@savingplaces.org.

WFUMC Farmers Market. Tuesdays through Oct. 23, 4-7 p.m. at Washington Farm United Methodist Church, 3921 Old Mill Road. Orchard Country Produce, from Gardners, Pa., will operate a Farmer's Market from the west parking lot of WFUMC. They also operate from the St. Luke's parking lot on Fort Hunt Road on Saturday mornings. They have a very wide offering ranging from fresh vegetables to meat and desserts. Admission is free. Visit www.washingtonfarmumc.org or call 703-780-4696.

Row by Row Junior. Through Oct. 31, local quilt shops like Artistic Artifacts (4750 Eisenhower Ave.) are welcoming children participating in Row by Row Junior to their shops. It's the junior version of the summertime travel event for quilt making fans known as Row by Row Experience. Kids visit shops in person, collect a free sewing pattern, and find inspiration in colorful, creative world of sewing. At home, families can find free tutorial support and activities online by visiting www.rowbyrowexperience.com or www.artisticartifacts.com for local quilting.

Mount Vernon Farmers Market.

Wednesdays, 8 a.m.-noon at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane, Alexandria. Every Wednesday (through Dec. 19), 15 local farmers and producers will sell fresh produce and fruits; meats; breads and pastries; honey, jams and jellies;



High-fire crimson horizon plate by Phyllis Roderer of Manassas, Va.



Jade celestial ceramic lantern by Pam Eisenmann of Springfield, Va.



Jade celestial ceramic lantern by Helene Vonnegut of Arlington, Va.

Ceramics Combust

"Brilliance: An Exploration of Heat and Light." July 30-Sept. 2, at Scope Gallery, 105 North Union St., Studio 19, Torpedo Factory Art Center, Alexandria. Hours are Monday through Sunday from 10 a.m.-6 p.m., with Thursdays open until 9 p.m. Call Scope Gallery at 703-548-6288, visit www.scopegallery.org, www.torpedofactory.org/galleries/scope.

High-fire stoneware contrast tray with brushpainting detail by Jennifer Coffin of Fairfax, Va.

dairy products and eggs; herbs; and more. Visit www.fairfaxcounty.gov/parks/farmersmarkets.

SUMMER CAMPS

Quest Forth into Nature. At Huntley Meadows Park, 3701 Lockheed Blvd, Alexandria. Nature Quest camps have a variety of themes as they explore the plants and animals that put the wild into the park's wildlife. Nature Quest campers ages 6-11 will research reptiles and amphibians the week of Aug. 6. Visit www.fairfaxcounty.gov/parks/camps to register.

Camp Invention. Multiple sessions through July 27 at Charles Barrett Elementary School, 1115 Martha Custis Drive and at James K Polk Elementary School, 5000 Polk Ave. Using hands-on activities, Camp Invention promotes science, technology, engineering and mathematics (STEM) learning; builds

resourcefulness and problem-solving skills; and encourages entrepreneurship — in a fun and engaging environment. See campinvention.org for details.

NOW THRU LABOR DAY

Honoring Our Veterans Exhibit. At

Gadsby's Tavern Museum, 134 N Royal St., Alexandria. Included in museum admission - Adults: \$5, Children (ages 5 -12): \$3. After his service in the Revolutionary War, Hamilton went home to contribute to his community and nation. As part of the World War I 100th Commemoration, learn how returning veterans served Alexandria, including American Legion Post #24, which restored Gadsby's Tavern in honor of WWI veterans. See how the museum looked under their care and hear about the contributions veterans still make to the City of Alexandria today. Visit www.gadsbystavern.org.

Free Estimates

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FRIDAY/JULY 20

Reception: "Off the Grid." 7-9 p.m. at the Torpedo Factory Art Center, 105 N. Union St. "Off the Grid" is an exhibit of artwork by Fairfax County and City of Alexandria inmates. The inmates vary in age, background and artistic experience, with most having never drawn before their lessons with volunteer art instructor Kelli Schollard-Sincock. Opening remarks by Schollard-Sincock at 7:30 p.m. For more information about the art classes, email sheriff@fairfaxcounty.gov. Visit

torpedofactory.org.

Reception: Art, Light, and

Metaphor. 7-9 p.m. at Target Gallery in the Torpedo Factory Art Center, 105 N. Union St., Alexandria. New exhibition explores the connections between art, light, and metaphor. Gallery Talk at 8 p.m. Learn more at torpedofactory.org/

Mount Vernon Nights. 7:30 p.m. at Grist Mill Park, 4710 Mt. Vernon Memorial Highway. This series of free, public concerts features a variety of musical performances reflecting Fairfax County's diversity, culture and community spirit. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's special summer traditions. Visit www.fairfaxcounty.gov/parks/performances/mt-vernon-nights.

WEDNESDAY/JULY 25

Cool Yoga 2018. 6:30-7:30 p.m. at Del Ray Psych & Wellness Lot, 1900 Mt. Vernon Ave. Maureen Clyne teaches Cool Yoga – Del Ray's free summer outdoor yoga, Wednesdays through Aug. 29. Chill out after class with the Cool Yoga After-Party featuring refreshments courtesy of Bon Vivant Cafe + Farm Market.





Visit our website: www.twopoorteachers.com

Email yoga@prasadayoga.com. Alexandria Pitch Celebration. 6:30 p.m. at the WeWork in Crystal City, 2221 South Clark St., 12th Floor, Arlington. Don't miss the final pitch of the season, when students from the Alexandria Grow My Business program will present their business pitches in a formal setting and receive feedback from a panel of expert judges. RSVP at www.eventbrite.com, search "Empowered Women."

THURSDAY-SATURDAY/JULY 26-28

Disney's "Newsies." At Bishop Ireton High School, 201 Cambridge Road, Alexandria. Presented as part of the Summer Theatre Program cosponsored by Saint Bernadette Catholic Church in Springfield. Visit www.summertheatreprogram.org.

FRIDAY/JULY 27

30th Anniversary. At the Alexandria Pastry Shop & Cafe, 3690 H & I King St., Alexandria. Celebrating 30 years of providing its customers with special occasion cakes and pastries as well as old-fashioned, hand crafted bakery confections that make ordinary days special. Raffling off gift certificates for \$10; grand prize is \$200. Email catering@alexandriap astry.com.

Four Mile Movies: Wonder. 6:30 p.m., film begins at dusk, Four Mile Conservatory Center 4109 Mt. Vernon Ave. A summer tradition in Arlandria returns with a host of new and old favorites on the last Friday of the month this summer. Fun with friends and family, a picnic dinner, and a blanket or chair. Free. Visit www.fourmilemovieseries.com.

18th Century Gaming Night. 7-9 p.m. at Gadsby's Tavern Museum, 134 N. Royal St., Alexandria. Cost is \$10 cover. Play games 18th century style: Shut the Box, Fox + Geese, Dice, and a special Cards against Humanity: Tavern Edition. Also hear stories of this young nation and see the room(s) where it happened. Cash bar with wine, beer, and specialty cocktail will be available. Visit www.alexandriava.gov/ GadsbysTavern or call 703-746-4242.

Trivia Night. 7-9 p.m. at Lee-Fendall House Museum, 614 Oronoco St., Alexandria. Staff members at Carlyle House Historic Park and Lee-Fendall House Museum have combined their random nerd knowledge to create biweekly trivia nights. Test knowledge on all things from pop culture to history. \$5 a person; includes one drink ticket. Additional drinks can be bought at the cash bar. Teams may have up to six members. Registration slots are first come, first served; pay ahead to save a spot. Every other Friday June-August. Purchase tickets

through eventbrite.com. **Mount Vernon Nights.** 7:30 p.m. at Grist Mill Park, 4710 Mt. Vernon Memorial Highway. This series of free, public concerts features a variety of musical performances reflecting Fairfax County's diversity, culture and community spirit. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's special summer traditions. Visit www.fairfaxcounty.gov/parks/ performances/mt-vernon-nights.

SATURDAY/JULY 28

Mount Vernon Flea Market. 8 a.m.-1 p.m. at 8717 Fort Hunt Road, Alexandria. Flea Market will take place every fourth Saturday of the month through September. Vendors will sell items such as: homemade goods, lavender sachets, jewelry, soap, antique and vintage items; books, CD's and DVDs, comic books and more. Refreshments will also be on sale. Hosted by the Mount Vernon



Almost Home, painting

Seaside, painting

Arlington Artist Solo Show: Peregrination

Arlington-based fine artist Bryan Jernigan's solo show – "Peregrination" – will run through July 28. Peregrination, also known as a long, meandering journey, encapsulates the artist's abstract take on real and envisioned landscapes. Gallery hours at The Margaret W. and Joseph L Fisher Gallery on the second floor of the Rachel M. Schlesinger Center on the Alexandria campus of the Northern Virginia Community College, 4915 E. Campus Drive (off Beauregard Street), Alexandria. Visit www.nvcc.edu/ schlesingercenter.

Masonic Lodge No. 219. Rain or shine. Visit www.facebook.com/ mountvernonfleamarket/

Telling their Story: Museum Specialty Tours. 10 a.m. at Gadsby's Tavern Museum, 134 N. Royal St., Alexandria. Cost is \$12/ person. Tour the halls where Washington, Lafayette, Jefferson, Madison and Burr partied and made history. Consider the ideas debated in the rooms where it happened... for some, but not for all. Visit www.gadsbystavern.org

"Beyond The Battlefield" - A Civil War Walking Tour. 10 a.m.-noon at Lee-Fendall House Museum, 614 Oronoco St., Alexandria. Participants will see locations and stories associated with soldiers, citizens, and the enslaved, including the occupation of Alexandria and emancipation. The tour will last approximately two hours and the tour route is approximately 1.75 miles. Tickets are \$15 in advance through eventbrite.com, or \$20 the day of the program. Tour space is limited, so the purchase of tickets in advance is recommended. Participants are encouraged to wear comfortable shoes and bring water. Call 703-548-1789 or visit www.leefendallhouse.org.

Archaeology Workshop: Understanding the Landscape.

At the grounds of George Washington Masonic National Memorial. Archaeology Workshops take a deeper look at the archaeology process and the Shuter's Hill site, before sifting through excavated soil for artifacts. Reservations are \$10 per person and may be made online. If a session is filled, contact the museum at 703-746-4399 or archaeology@alexandriava.gov to be added to a waitlist. Visit www.alexandriaarchaeology.org.

Short African American Films. 11

a.m.-3 p.m. at The Lyceum, 201 S. Washington St., Alexandria. \$10 admission. The Alexandria Black History Museum will host a short film teaturing th award-winning studios in Washington, D.C. and Richmond. These directors highlight the stories of notable African American figures, demonstrating that African American history is America's history. Make a reservation at alexandriava.gov/ EventPurchase.aspx.

Archaeology Workshop. 1:30-3 p.m. at Shuter's Hill at the George Washington Masonic Memorial, Alexandria. Part of the Alexandria Archaeology Program. What did Shuter's Hill used to look like? Each day of excavation uncovers more information. Take a tour of the site to learn how archaeologists can understand the original landscape, view archaeology in action, and get the chance to sift through excavated soil. \$10 donation and preregistration is required at Alexandriava.gov/Shop.

isual Arts Workshop: Seeing Beauty. 2 p.m.-4 p.m. at Green Spring Gardens, 4603 Green Spring Road, Alexandria. Adults. Photography instructor Tuan Pham helps participants seek artistic beauty, sharpen perception of the natural world and learn how to capture that new vision for photography or other visual arts. \$34/person. Register online at www.fairfaxcounty.gov/parks/parktakes using code 290 331 3701 or call 703-642-5173.

Home Makeover 1850s. 2 p.m. at the Lee-Fendall House Museum and Garden, 614 Oronoco St., Alexandria. Explore the extensive renovations that the Cazenove family made to the Lee-Fendall house and garden in the early 1850s. Learn about the fashionable trends that shaped their decorative decisions and discover the modern conveniences they added to make the home more comfortable. Cost is \$8 in advance, \$10 at door.

Visit www.leefendallhouse.org. **Harry Potter Tour.** 6-9 p.m. at the Stabler-Leadbeater Apothecary Museum, 105-107 S. Fairfax St., Alexandria. Adults only tours. In honor of Harry's birthday, the Apothecary is offering tours exploring the historic muggle science and medicine that's found in J.K. Rowling's Harry Potter series. Call 703-746-3852 or visit www.apothecarymuseum.org.

SUNDAY/JULY 29

Harry Potter Tour. 1-4 p.m. at the Stabler-Leadbeater Apothecary Museum, 105-107 S. Fairfax St. Alexandria. Family-friendly tours. In honor of Harry's birthday, the Apothecary is offering tours exploring the historic muggle science and medicine that's found in J.K. Rowling's Harry Potter series. Call 703-746-3852 or visit

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Jernigan

www.apothecarymuseum.org. **Meet the Junior Docents.** 2-5 p.m. at Gadsby's Tavern Museum, 134 North Royal St., Alexandria. These young historians, grades 4 and older, will be on hand to share highlights of the tavern and answer questions as guests journey through the museum. Great for families as children connect with the building through their peer tour guides as well as for adults looking for some inspiration. Included in regular admission: \$5 adults (\$4 with AAA), \$3 children ages 5-12, and 4 and under are free. Call 703-746-4242 or visit

www.gadsbystavern.org.

Free Music Concert. 3-5 p.m. at The Lyceum, 201 S. Washington St., Alexandria. Free. The Washington Metropolitan Philharmonic Association presents its weekly free summer chamber concert series. This week's concert features violinist Lisa Park and pianist Dan Campolieta playing music by Kreisler, Elgar, and Brahms. Email: wmpa.exec@gmail.com. Visit

www.wmpamusic.org **Band Concert.** 7-8 p.m. at Fort Hunt National Park, Pavilion A, 8999 Fort Hunt Road. Kings Park Concert Band; program of marches, band classics, Broadway and movie show tunes. There are picnic tables in the pavilion, or bring a lawn chair. Free. Call 703-569-3090 or visit kingsparkband.org.

18th Century Gaming Night. 7-9 p.m. at Gadsby's Tavern Museum, 134 N. Royal St., Alexandria. \$10 cover. Play games 18th century style Shut the Box, Fox + Geese, Dice, and a special Cards against Humanity: Tavern Edition. Also hear stories of the young nation and see the room(s) where it happened. Cash bar with wine, beer, and specialty cocktail will be available. Visit www.gadsbystavern.org.

MONDAY/JULY 30

Read, See, Do. 2-3 p.m. at Carlyle House Park, 121 N. Fairfax St., Alexandria. Every Monday in July, Carlyle House and Alexandria Library are teaming up to have a reading program paired with an activity. The books chosen have a historic theme

and can be tied in with Carlyle House. The program will take place on the Magnolia Terrace behind the house, which will be tented. Visit www.novaparks.com.

JULY 30-SEPT. 2

Ceramics Combust. At Scope Gallery, 105 North Union St., Studio 19, Torpedo Factory Art Center, Alexandria. Featuring "Brilliance: An Exploration of Heat and Light." Hours are Monday through Sunday from 10 a.m.-6 p.m., with Thursdays open until 9 p.m. Call Scope Gallery at 703-548-6288, visit www.scopegallery.org, www.torpedofactory.org/galleries/

JULY 31-AUG. 26

Life Under the Sea. At Potomac Fiber Arts Gallery, in Torpedo Factory Art Center, Studio 29, 105 North Union St., Alexandria. Real or imagined, the world beneath the waves calls to the artists for this show: Enchanted mermaids, coral, shells, sunken ships, fish, and glorious colors. Free. Visit www.Potomacfiberartsgallery.com or call 703-548-0935.

WEDNESDAY/AUG. 1

Ready, Set, Grow: Agriculture in the Classroom for Elementary Teachers (K-5). 9 a.m.-1 p.m. at Green Spring Gardens, 4603 Green Spring Road, Alexandria.. This interactive, professional development workshop helps sprout successful learners. The workshop features cross-curricular, standards-aligned lessons and resources that use Virginia agriculture and natural resources to engage learners in science, mathematics, language arts and social studies. Leave with resource kits full of curriculum, books, and materials. Free. Space is limited, and registration is required. Call 703-642-5173 to register.

Cool Yoga 2018. 6:30-7:30 p.m. at Del Ray Psych & Wellness Lot, 1900 Mt. Vernon Ave. Maureen Clyne teaches Cool Yoga – Del Ray's free summer outdoor yoga, Wednesdays through Aug. 29. Chill out after class with the Cool Yoga After-Party featuring refreshments courtesy of Bon Vivant Cafe + Farm Market. Email yoga@prasadayoga.com.

THURSDAY/AUG. 2

Children's Dance Party. 11-11:45 a.m. at Kate Waller Barrett Branch Library, 717 Queen St., Alexandria. Join in the SummerQuest Junior Dance Party. Lots of great tunes to dance to, plus fun props – bells, scarves and more. (Ages 2+). Visit www.alexlibraryva.org.

First Thursday Del Ray. 6-9 p.m. Along Mount Vernon Ave., Alexandria. First Thursdays is a series of free outdoor street festivals along Mount Vernon Avenue. Every first Thursday of the month, the Del Ray Business Association features businesses along Mount Vernon Avenue, special events, food and music. Each month has a different theme with activities for children, live music and a festive atmosphere. Visit www.visitdelray.com.

FRIDAY/AUG. 3

Summer Concert. 7 p.m. at Market Square, 202 King St., Alexandria. Free. Featuring the 257th Army Band, "The Band of the Nation's Capital," a unit of the District of Columbia Army National Guard.

Book Buzz. 2-3:30 p.m. at Beatley Central Library, 5005 Duke St., Alexandria. Attention book lovers: want the inside scoop on the upcoming books for fall release?

Library staff will give a presentation on the newest titles from Penguin, Random House, and Macmillan. Free. Visit www.alexlibraryva.org.

Mount Vernon Nights. 7:30 p.m. at Grist Mill Park, 4710 Mt. Vernon Memorial Highway. This series of free, public concerts features a variety of musical performances reflecting Fairfax County's diversity, culture and community spirit. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's special summer traditions. Visit www.fairfaxcounty.gov/parks/performances/mt-vernon-nights.

AUG. 3-SEPT. 2

Ancestry Art Exhibit. 7-9 p.m. Opening Reception. At Del Ray Artisans, 2704 Mount Vernon Ave., Alexandria. The "Ancestry" exhibit at Del Ray Artisans showcases how the diverse, vibrant cultures of our members come together to form one strong community. Visit www.DelRayArtisans.org/event/ ancestry/

SATURDAY/AUG. 4

Friendship Firehouse Festival. 9 a.m.-2 p.m. at Friendship Firehouse Museum, 107 S. Alfred St., Alexandria. The free family event features antique fire apparatus, craft booths, displays by Alexandria merchants and live music. Participants will enjoy visiting the Friendship Firehouse Museum, originally built as a firehouse in 1855. Children will receive free fire

helmets and are treated to a supervised visit inside the fire trucks. Call 703-746-3891 or visit the website www.alexandriava.gov/

FriendshipFirehouse.

Watercolor Workshop: Working with Brusho. 9:30 a.m.-3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road, Alexandria. (16-Adult) Brusho is a versatile watercolor medium made of ink crystals. It's incredibly vivid and beautiful colors open up a world of possibilities for painters. Learn to use Brusho in your watercolor paintings on various surfaces under the guidance of artist Marni Maree. A supply list will be emailed before the first class. Bring lunch. \$90 per person. Register online at www.fairfaxcounty.gov/ parks/parktakes using code 290 332

1001 or call 703-642-5173

Watercolor Workshop: Working with Brusho. 9:30 a.m. to 3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road, Alexandria. (16-Adult) Brusho is a versatile watercolor medium made of ink crystals. Learn to use Brusho in watercolor paintings on various surfaces under the guidance of artist Marni Maree. A supply list will be emailed before the first class. Bring your lunch. \$90/person. Register online at www.fairfaxcounty.gov/ parks/parktakes using code 290 332 1001 or call 703-642-5173.

Tavern Day Open House.10 a.m.-5 p.m. at Gadsby's Tavern Museum, 134 North Royal St., Alexandria. Want to learn to dance like George Washington? Ever heard of a learned pig? From 1-5 p.m., continuous tours of the historic site will be given by Junior Docents (grades 4-7). Learn to dance like George and Martha Washington in the ballroom. Call 703-746-4242 or visit www.gadsbystavern.org

SummerQuest - Mr. Gabe. 11-noon at James M. Duncan Jr. Branch Library, 2501 Commonwealth Ave. Alexandria. Mr. Gabe is a singer and guitarist who performs original songs as well as familiar classics. All ages. Space is limited to the first 74 participants.

Special Collections Tour, 11-11:45 a.m. at the Local History/Special Collections Library, 717 Queen St.,



Alexandria. Come learn about the

unique treasures held at the Local

Saturday of every month. Learn

History / Special Collections the first

about the importance of Alexandria

in Virginia history and about resources available for researching

your ancestors or home. Free. Visit

Lincolnia Senior Center, 4710 North Chambliss St, Alexandria. The

Northern Virginia Country-Western

Dance Association will hold a dance.

Lessons, 6-7 p.m. Open dancing, 7-

9:30 p.m. A DJ provides music. Couples and singles of all ages welcome. Admission for NVCWDA

members \$10; non-members \$12;

SATURDAY-SUNDAY/AUG. 4-5

Hands on History Tent. Noon-4 p.m.

N. Fairfax St. This year's annual

Hands-on-History Tent theme is Colonial Plants. Learn all about

at Carlyle House Historic Park, 121

native Virginia plants and their use

during the 18th-century. Participate

in a variety of games, crafts, and

projects that test knowledge of plants, and explore how they were

used in cooking, medicine, and art.

The event is free, and designed for

children ages 3-12. Call 703-549-

2997 or visit www.novaparks.com.

Language. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road,

(program + tea); \$12 (program only). The handshake, the wink, and the thumbs up: gestures form a nuanced, non-vocal language that

everything from encouragement to

disdain, many gestures have a long history. Hear about their fascinating

cultures. Programs are by reservation only. Call 703-941-7987, TTY 703-

origins, and discover that not all

body language is universal to all

Meet the Junior Docents. 2-5 p.m.

at Gadsby's Tavern Museum, 134

North Royal St., Alexandria. These

young historians, grades 4 and older, will be on hand to share highlights of

the tavern and answer questions as

guests journey through the museum.

with the building through their peer

tour guides as well as for adults

Included in regular admission: \$5

adults (\$4 with AAA), \$3 children

Concert. 3-5 p.m. at The Lyceum, 201

S. Washington St. The Washington

ages 5-12, and 4 and under are free.

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SUNDAY/AUG. 5

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www.nvcwda.org.

children under 18 accompanied by a paying adult \$5. Smoke-free, alcohol-free. BYO refreshments. Visit

www.alexlibraryva.org

Country-Western Dance. At

Special Collections

Learn about the treasures held at the Local History / Special Collections the first Saturday of every month. Learn about the importance of Alexandria in Virginia history and about resources available for researching your ancestors or home. Saturday, Aug. 4, 11-11:45 a.m. at the Local History/Special Collections Library, 717 Queen St., Alexandria. Free. Visit www.alexlibraryva.org for

summer chamber concert series. This week's concert features the US Naval Academy Band Wind Trio playing music by Bach, Schuloff, Brandon, and Auric. Free. Donations appreciated. Call 703-799-8229 or visit www.wmpamusic.org.

TUESDAY/AUG. 7

SummerQuest Maker Camp. 2-3 p.m. at Beatley Central Library, 5005 Duke St., Alexandria. Ages 8-14. Come explore STEAM concepts with high-tech and low-tech activities and challenges. Class size limited to 20 children, pick up a ticket starting at 1:30 p.m.

WEDNESDAY/AUG. 8

Decoding Weather Machine. 6:30-8:30 p.m. at James M. Duncan Jr. Branch Library, 2501 Commonwealth Ave., Alexandria. Disastrous hurricanes. Widespread droughts and wildfires. Withering heat. Extreme rainfall. This is a result of the weather machine itself - our climate. In this two-hour documentary, NOVA will cut through the confusion around climate change.

Cool Yoga 2018. 6:30-7:30 p.m. at Del Ray Psych & Wellness Lot, 1900 Mt. Vernon Ave. Maureen Clyne teaches Cool Yoga – Del Ray's free summer outdoor yoga, Wednesdays through Aug. 29. Chill out after class with the Cool Yoga After-Party featuring refreshments courtesy of Bon Vivant Cafe + Farm Market. Email yoga@prasadayoga.com.

Outdoor Concert. 7 p.m. at John Carlyle Square Park, 300 John Carlyle St., Alexandria. Free. Featuring Capital Sound and Brigadier Brass. Part of the Centennial of the end of World War I, the District of Columbia National Guard will host a series of events to commemorate the end to the first

THURSDAY/AUG. 9

SummerQuest Maker Camp. 2-3 p.m. at Beatley Central Library, 5005 Duke St., Alexandria. Ages 8-14. Come explore STEAM concepts with high-tech and low-tech activities and challenges. Class size limited to 20 children, pick up a ticket starting at 1:30 p.m

FRIDAY/AUG. 10

Alexandria After Work Concert

Series. 6-8 p.m. at the Murray-Dick-Fawcett House, 517 Prince St. The Folklore Society of Greater Washington and The Office of Historic Alexandria sponsor a concert on the second Friday of the month with locations rotating between the Murray-Dick-Fawcett House, Lloyd House, and The Lyceum, Alexandria's History Museum. \$15 suggested donation for the musicians, light refreshments available, and a cash bar. Visit www.fsgw.org.







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SPORTS





Collette Duplantier

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Wahoos: Division Champions

he Chinquapin Wahoos won the Division Championships in storming fashion this summer. The team was led by Alex Guevara, Eamonn Greiner, Amir Smith, Liya Fairfax, Madison Schang, Ellie Robb, Jack Schiefele, Yahia Omar, Dylan Lim, Eva Billups, Kate Merril, Camila Zuniga, Jolan Foronda, Bodie Lauinger, Catherine Salomons, Eve McLaury, Jack McLaury, Emil LaSida, Ronan Lauinger, Alex Paz, Maya Solis, and Lydia Greenwood who all had top three finishes. LaSida lowered the Colonial Swim League backstroke record and had

three 1st place finishes.

This weekend is All-Stars and 28 Wahoo swimmers have a chance at competing. The 8&Under Girls, the 9-10 Boys, and the 13-14 Boys all won Divisional trophies with the 8&Under Girls having an unprecedented six swimmers making All Stars. This group includes Chloe Fox, Linda Jimenez, Liya Fairfax, Chance Maxwell, Ellie Robb, and Madison Schang.

8&Under Boys Freestyle: Alex Guevara (18.06) 2nd; Logan Phillips (21.96) 8th; Eamonn Greiner (22.55) 10th; Backstroke: Eamonn Greiner (26.13) 2nd; Dominic Grajkowski (29.71) 10th; Logan Phillips (29.96)

11th; Breaststroke: Amir Smith (25.42) 2nd; Eamonn Greiner (27.90) 5th; Butterfly: Alex Buevara (20.78) 3rd; Chris Paz (28.01) 6th; Logan Phillips (34.07) 10th; Individual Medley: Alex Guevara (1:45.76) 1st.

8&Under Girls Freestyle: Liya Fairfax (19.20) 1st; Madison Schang ((19.32) 3rd; Linda Jimenez (20.22) 4th; Backstroke: Ellie Robb (24.57) 3rd; Chloe Fox (24.72) 4th; Linda Jimenez (25.33) 6th; Breaststroke: Madison Schang (25.43) 2nd; Linda Jimenez (26.10) 3rd; Chance Maxwell (29.04) 5th; Butterfly: Ellie Robb (22.28) 2nd; Chloe Fox (29.52) 8th; Individual Medley: Madison Schang (1:47.66) 1st; Ellie Robb (1:57.78) 3rd; Chloe Fox (2:00.45)

9-10 Boys Freestyle: Yahia Omar (39.02) 3rd; Dylan Lim (39.27) 4th; Chris Green (39.68) 5th; Backstroke: Jack Schiefele (42.99) 2nd; Breaststroke: Merrill Plotkin (53.47) 5th; Chris Green (1:05.23) 11th; Butterfly: Jack Schiefele (17.27) 1st; Dylan Lim (19.94)3rd; Chris Green (21.32) 7th; Individual Medley: Jack Schiefele (1:36.78) 1st; Yahia Omar (1:42.90) 2nd; Avery Altenburg (2:15.48) 9th.

(2:15.48) 9^{cc}. **9-10 Girls** Freestyle: Eva Billups (35.64) 1st; Kate Merril (39.21) 4th; Camila Zuniga (39.72) 6th; Backstroke: Eva Billups (41.81) 1st; Kate Merril (48.16) 3rd; Tennyson Fitzgerald (48.46) 4th; Breaststroke: Halle Thomas (53.40) 4th; Colette Duplantier (57.51) 10th; Tennyson Fitzgerald (59.06) 13th; Butterfly: Camila Zuniga (19.52) 3rd; Eva Billups (19,69) 4th; Individual Medley: Tennyson Fitzgerald (1:50.28) 4TH; Halle Thomas (1:52.45); Petra Evans (2:06.46).

11-12 Boys Freestyle: Bodie Lauinger (31.07) 3rd; Seamus Greiner (39.02) 12th; Henry Mead (39.02) 15th; Backstroke: Bodie Lauinger (37.46) 3rd; Seamus Greiner (50.89) 13th; Breaststroke: Jolan Foronda (36.50) 2nd; Bodie Lauinger (43.34) 5th; Seamus Greiner (47.53) 7th; Butterfly: Jolan Foronda (35.41) 2nd; Henry Mead (53.50) 15th; Individual Medley: Jolan Foronda (1:18.31) 3rd; Henry Mead (1:48.99)

11-12 Girls Freestyle: Eve McLaury (33.34) 5th; Abby Altenburg (34.43) 6th; C ate Cox (35.25) 7th; Backstroke: Catherine Salomons (38.20) 2nd; Eve McLaury (38.92) 3rd; Abby Altenburg (40.09) 4th; Breaststroke: Catherine Salomons (43.21) 2nd; Sally Cox (45.31) 4th; Lucy Thomas (46.93) 7th

Butterfly: Eve McLaury (36.44) 3rd; Abby Altenburg (39.58) 6th; Cate Cox (42.12) 8th; Individual Medley: Catherine Salomons (1:25.15) 4th; Lucy Thomas (1:38.40) 12th; Elisabeth Carroll (1:41.50) 14th.

13-14 Boys Freestyle: Jack McLaury (31.04) 2nd; Alex Paz (31.53) 3rd; Diego

See Wahoos, Page 21





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SPORTS

Wahoos

From Page 20

Flores-Acosta (31.72) 5th; Backstroke: Emil LaSida (28.64) 1st; Ronan Lauinger (31.78) 2nd; Jack McLaury (35.33) 4th; Breaststroke: Ronan Lauinger (34.740 1st; Mikal Helms (45.00) 10th; Butterfly: Emil LaSida (27.92) 1st; Jack McLaury (34.94) 3rd; Diego Flores-Acosta (36.33) Individual Medley: Emil LaSida (1:05.84) 1st; Ronan

Lauinger (1:08.38) 2nd.

13-14 Girls Freestyle: Maya Solis (30.00) 1st; Stephanie Rosario (34.13) 9th; Haley Jaukedahl (36.01) 15th; Backstroke: Maya Solis (33.76) 1st; Haley Jaukedahl (39.98) 6th; Jocelyn Teran (48.40) 16th; Breaststroke: Stephanie Rosario (44.00) 5th; Jocelyn Teran (47.02) 10th; Alexis Kent (49.96) 14th; Butterfly: Maya Solis (33.76) 3rd; Stephanie Rosario (38.60) 10th; Haley Haukedahl (39.52) 12th; Individual Medley: Alexis Kent (1:40.31) 8th.

15-18 Boys Freestyle: Ian Do (29.37)9th; Jacob Rosario (29.54) 10th; Backstroke: Ian Do (34.21) 4th; Angel Callisaya (40.94) 14th; Maderro Helms (45.28) 15th; Breaststroke: Jacob Rosario (39.79) 11th; Maderro Helms (44.40) 17th; Angel Callisaya (44.48) 18th; Butterfly: Ian Do (31.16) 4th; Jacob Rosario (33.56) 12th; Individual Medley: Angel Callisaya (1:29.03) 13th; Maderro Helms (1:36.14) 14th.

15-18 Girls Freestyle: Lydia Greenwood (29.31) 2nd; Athena Salomons (33.04) 7th; Nicole Rosario (33.24) 9th; Backstroke: Athena Salomons (39.12) 6th; Maeva Dellaria (42.81) 11th; Breaststroke: Nicole Rosario (43.84) 7th; Athena Salomons (44.44) 8th; Butterfly: Lydia Greenwood (31.51) 2nd; Nicole Rosario (36.54) 8th; Maeva Dellaria

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/ Calendar. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/JULY 26

Community Health Meeting. 6:30-8:15 p.m. at the Dr. Oswald Durant Memorial Center, 1605 Cameron St. Residents are invited to make community health a priority by attending the second Community Health Meeting. Light refreshments will be served, and live translators will be provided for Spanish, Arabic, and Amharic speakers. The meeting is free and open to the public; RSVP online. Visit www.alexandriava.gov/ Health.

FRIDAY/JULY 27

Application Deadline. The City of Alexandria invites the community to learn more about City government through the upcoming City Academy, Senior Academy, Community Fire Academy, Community Police Academy, Community Sheriff's Academy, and Community Commonwealth's Attorney Academy. Visit alexandriava.gov/Academies.

SATURDAY/JULY 28

- "Take Back Day." 10 a.m.-2 p.m. The service is free and anonymous; no questions asked. The following sites will collect unused and unwanted medication:
- Neighborhood Pharmacy of Del Ray, 2204 Mt Vernon Ave.
- ❖ Alexandria Police Headquarters, 3600 Wheeler Ave.
- First Baptist Church, 2923 King St.
- ❖ Alexandria Fire Station 210, 5255

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Announcements

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Saturday, July 28 - 9:00 - 2:00 pm 8624 Buckboard Dr. (Riverside Gardens) Alexandria, VA

Legals

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING is hereby given that Alexandria Renew Enterprises (AlexRenew) will hold a PUBLIC HEARING on its PROPOSED OPERATING AND CAPITAL BUDGET for the FISCAL YEAR ENDING SEPTEMBER 30, 2019 on Tuesday, September 18th, 2018 at 6:00 p.m. The meeting will be held at AlexRenew's Environmental Center Building located at 1800 Limerick Street, Alexandria, VA. The proposed budget is available for examination by the public online at www.alexrenew.com and during regular business hours at the above address. Copies will be made available upon request - phone (703) 549-3381 ext. 2260. July 26th and September 6th.

Alexandria Renew Enterprises BY: William Dickinson Secretary - Treasurer

Announcements

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Legals

Legals

Public Notice - Environmental Permit

PURPOSE OF NOTICE: To seek public comment on a draft permit from the Department of Environmental Quality that will allow the release of combined sewer system overflows during wet weather events into three water bodies in Alexandria, Virginia.

Public comment period: July 20, 2018 to August 20, 2018

Permit name: Virginia Pollutant Discharge Elimination System Permit - Wastewater/Stormwater issued by DEQ, under the authority of the State Water Control Board.

APPLICANT Name, address and permit number: City of Alexandria, Virginia Sanitation Authority d/b/a Alexandria Renew Enterprises 1800 Limerick Street, Alexandria, VA 22314

Name and address of facility: Alexandria Combined Sewer System Alexandria (Old Town), VA

PROJECT DESCRIPTION: Alexandria Renew Enterprises has applied for a reissuance of a permit for the public Alexandria Combined Sewer System. The applicant proposes to release combined sewer system overflows during wet weather events at an estimated, system wide annual average volume of 127 million gallons into three water bodies. There is no sludge generated by this system. The facility proposes to release combined sewer system overflows during wet weather events into Hooff Run, Hunting Creek and the Potomac River (Oronoco Bay) in Alexandria in the Potomac River watershed. A watershed is the land area drained by a river and its incoming streams. The permit requires monitoring for the following pollutants: flow, pH, carbonaceous-bio-chemical oxygen demand 5-day, dissolved oxygen, total suspended solids, total Kjeldahl nitrogen, E. coli, ammonia, nitrate-nitrits, total nitrogen, total phosphorus, chlorides, total recoverable zinc and total recoverable copper. In addition, the permit requires continuation of the nine minimum controls and commencing implementation of the approved long term control plan update.

HOW TO COMMENT AND/OR REQUEST A PUBLIC HEARING: DEQ accepts comments and requests for public hearing by hand-delivery, email or postal mail. All comments and requests must be in writing and be received by DEQ during the comment period. Submittals must include the names, mailing addresses and telephone numbers of the commenter/requester and of all persons represented by the commenter/requester. A request for public hearing must also include: 1) The reason why a public hearing is requested. 2) A brief, informal statement regarding the nature and extent of the interest of the requester or of those represented by the requester, including how and to what extent such interest would be directly and adversely affected by the permit. 3) Specific references, where possible, to terms and conditions of the permit with suggested revisions. A public hearing may be held, including another comment period, if public response is significant, based on individual requests for a public hearing, and there are substantial, disputed issues relevant to

Contact for public comments, document requests and additional information: The public may review the draft permit and application at the DEQ-Northern Regional Office by appointment, or may

Name: Douglas Frasier Address: DEQ-Northern Regional Office, 13901 Crown Court, Woodbridge, VA 22193

Phoning It In



By KENNETH B. LOURIE

For my next post-scan, face-to-face appointment with my oncologist, we won't in fact be seeing him face to face. Instead, we will be speaking with him phone to phone. This bothers or concerns me not in the least. "I only mention this in passing," ("The Exorcist," 1973) and as a topic for this week's column since I'm being CT-Scanned on Wednesday,

Typically, we would meet my oncologist in person a week or so after my scan to allow for proper reporting/interpreting of the scan. This appointment would have been made - or attempted to have been made, during the previous face-to-face appointment, three months prior. However, sometimes the computer program managing such scheduling doesn't provide the doctor's schedule so far in advance.

When this happens, the doctor/staff makes a note in the computer's margins, so to speak, to schedule me automatically when the appointments become available. Well, for some reason, that didn't happen this cycle. That became clear to me when, a few weeks before my presumptive appointment, I went online to see when my it had been "computerized." I noticed it hadn't. I immediately called oncology to make inquiries and to schedule this kind-ofimportant, post-scan appointment.

I spoke with one of the nurses — with whom I'm familiar, and explained my circumstances. She went on the computer, entered my member number and, if I understand the process correctly, typed in something like "next available appointment,

"Aug. 31," she said.

I said "What!? I usually see the doctor the week after my scan."

"That's the next available appointment," she repeated. (I'd mutter "incredible" to myself but I have some prior experience with such blips.)

Stammering as I gathered my thoughts, the nurse casually offered up the chance of a phone appointment. "Sure!," I said, (having received a similar offer once before).

The nurse said "How about Aug. 6?" 12 days post scan and much sooner than Aug. 31. (Normally we try to schedule the follow-up in-office appointment for the following Friday, 10 days after the Wednesday scan which ideally would have been Aug. 3).
"Perfect," I said, since I'm home on Mondays

and my wife. Dina, coincidentally had already scheduled that day off from work. (The phoneappointment process involves putting the phone on speaker - so that all parties can participate, and exercising some patience. It's a little awkward but given the appointment unavailability, it's what we have to do.) Not stressing too much about this unexpected set of circumstances, I am now prepared to move forward and hope for the best - results.

The only semi concern I do have is what if the conversation, different than the previous phoneappointment conversation, involves some significant decision-making/discussing about Kenny's life treating forward. If the conversation is potentially life-altering, I'd rather look my oncologist in the eyes rather than hear his voice over the phone.

And, of course, being that there are very few guarantees in the cancer business, there is absolutely no assumption to be presumed that since I'm having a phone appointment that somehow that means all is well with yours truly. Hardly, I haven't even had my scan yet. It simply means that the doctor is already double-booked for the time frame in consideration.

However, on the totally-plus side: There's no 45 minute drive to and from. Once on site, there's no 15- to 20-minute wait in the reception area. Then there's no 10- to 20-minute wait/getting vitals in the examining room until my oncologist comes in. And finally, there's no 30- to 45-minute appointment with my oncologist since there's no physical examination and no ability as well to computerreview the actual scan. It's simply questions and answers. This all works perfectly well when the scan

I don't do "what-ifs." I do what I do until I'm Moreover, I don't worry about things I can't control. My scan is in 10 days and it will show what it shows.

In the interim, I will hope for the best and await further instructions.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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-Thomas Fuller

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.

-Werner Heisenberg

News

Egerton

From Page 3

selves. No matter how much experience one has, the growing process has a life of its own. The only thing is that experience teaches you not to panic as the growth factor kicks in. And you are able to make better decisions to guide the business along."

Egerton died at his Del Ray home following a long illness. He was predeceased by his spouse, David Torrey, in 2015. Services were private. In lieu of flowers, contributions may be made to the Myelodysplastic Syndrome Foundation, 4573 S. Broad St., Suite 150, Yardville, NJ 08620 or www.mdsfoundation.org.

"Visitors love this town," Egerton said of his decision to be a business owner in Alexandria. "It is historic, charming and easy to get around, and the offerings are truly international."

Championship

From Page 3

quakes from San Jose by a score of 6-3 to advance to the finals. The finals took place Sunday afternoon against Futsal 415, the third place finishers in the Northwest Regional tournament, from San Francisco. At halftime Alexandria led 1-0. Early in the second half a spark by Matthew Castillo set things in motion and the game broke open. From there, ASA was able to score several more goals and the game ended with a score of 6-2.

Alex Temoshok, the team's goalkeeper said, "There was not only a lot of practicing in preparation for the tournament, but also a lot of time spent fundraising. We did a lot of refereeing to make money. We also fundraised by selling snacks in concession stands at tournaments. A lot of extra work was put into getting us here."

The futsal team is coached by Hanna, assisted by Peja Radivojevic and managed by Drew Dietrich. ASA's Futsal program director is Chris Arnold. The players are Alex Temoshok, Andrew Dietrich, Dylan Albarracin Jairo Guevara, Jonathan Vargas, Jose Alvarado, Matthew Castillo, Sam Thompson, and Thanos Androus.

Joining the U16 team in California was the ASA boys U13 Futsal ID team. The U13 boys team made their first appearance at the national tournament, and advanced to the semifinals after three group stage games. The boys lost a semifinal game to SUSC Halcones from Modesto, Calif.

Futsal ID Tryouts for the ASA futsal program will take place on Aug. 18, Aug. 19 and Saturday, Oct. 6. Open to boys and girls ages U9-U19.

ASA Alexandria Soccer Association is a 501(c)(3) non-profit organization that offers soccer programs for children ages two through 19. Programs include Recreation, Academy (formerly Travel), Junior Academy, Tots, Futsal and more. See alexandria-soccer.org





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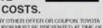
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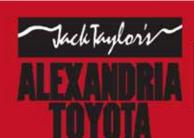
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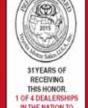
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