

and Oakton Vienna CONNECTION

WELLBEING
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Marilynne Jost's student Candace Miu received the prestigious Paderewski Medal in 2016 and completed her High School Diploma in piano this year. Miu was also awarded the President's Cup from the National Federation of Music Clubs this year for her 12 years of superior performances.

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AUGUST 1-7, 2018

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PEOPLE



PHOTOS COURTESY OF SHARI SCHWARTZ

Marilynne Jost and her students at their Spring Recital earlier this year.



Marilynne Jost (second from right) performs a piece written for eight hands at one piano with some of her adult students.

‘More Than Just a Teacher’

BY CARLYN KRANKING
THE CONNECTION

As Marilynne Jost drove at age 27, a truck in the curb lane made a u-turn into her car, sending it into a ditch on the side of the road. During the impact, she smashed her knuckles on her left hand. Jost, a pianist, was told that she would never play again.

“The Missouri mule in me said, ‘Oh yeah? Watch me,’” Jost said.

When she got her hand out of its cast, Jost returned to practicing basics. She would play piano for about ten minutes, soak her hand in warm water for twenty, then repeat the process. She finally improved, but not to the level she was at before. Though she gave up her plan to audition for Phillips Gallery, Jost refused to give up piano.

This September marks Jost’s 60th year teaching piano, and over the years, she has made an impact on countless students and their families. Janice Murray, whose daughter takes lessons with Jost, teared up just talking about her.

“I think she’s just a top-notch teacher,” Murray said. “She’s been teaching her whole life, and it is something that she was meant to do. I wanted to find a teacher that [my daughter] could develop a relationship with, and I just feel like they hit it off from the beginning.”

When Jost was growing up and taking piano lessons of her own, she had a teacher who would stop instruction the moment her 45-minute lesson was over. This teacher would close the piano book and cut her off, even if she was in the middle of a measure. Jost vowed that she would never do that to a student.

Now, Jost strives to spend the necessary time with each student, even adapting her lessons to what each kid may need on a particular day.

“My job is to deal with them as a whole person, not just as a 30-minute music student,” Jost said. “If they come to me with a bad day and I can get them to leave in a good mood, I’ve done



Candace Miu (right), a student of Jost's, received the prestigious Paderewski Medal in 2016 and completed her High School Diploma in piano this year. Miu was also awarded the President's Cup from the National Federation of Music Clubs this year for her 12 years of superior performances.

something worthwhile.”

JOST TAKES TIME during each lesson to talk to her students about life. If a student is having a difficult day, she tries to find a fun piece to play to ease their stress. She said a parent told her she’s like everybody’s grandmother.

“She likes kids, and to be a good teacher, I think you have to like being around kids,” parent Carrie Moacdieh said. “But that’s not enough. You have to know your material, and of course, she herself was a professional concert pianist.”

At age 16, Jost made her debut with the St. Louis Philharmonic, and she then went to Washington University in St. Louis on a full scholarship, where she studied music. Since then, she performed many programs, culminating in an all-Chopin pro-

Oakton piano teacher has shared her love of music for 60 years.



Jost and a new student this year, Alisa Chang, at the Spring Recital

gram in 2010.

Though Jost was a concert pianist herself, she does not put pressure on her students to do the same.

“I don’t expect to turn out spectacular kids that are going to go into concert careers. I’ve had an awful lot of good ones. But that’s not my goal,” Jost said. “My goal is just to spread the love of music so that they will be symphony supporters, support the good music station and play in the communities and retirement homes. I encourage my kids to do that all the time.”

In addition to taking students to play at retirement homes, Jost encourages her students to give back to the community by writing valentines and letters for wounded veterans and participating in fundraisers.

Last year, her studio participated in a two-week hurricane relief fundraiser that she planned. Students asked for donations from sponsors, who pledged a certain amount of money per hour of practice time. This fundraiser brought in about \$1,400 for the American Red Cross and more than \$800 for The Humane Society.

While these charitable actions teach her students giving, parent Katherine Thomas said that Jost’s everyday actions also model good behavior for the kids. Thomas moved last year, and Jost offered to come over and help paint her walls. When Thomas had a lot of company at her house, Jost bought her a turkey.

“She really goes out of her way to try to help others. She looks for needs of others and then meets them,” Thomas said. “I like that she teaches the kids not just how to play the piano, but how to be responsible and how to be respectful.”

Jost and many parents agree that she is not the teacher for everyone – she wants students to meet expectations and can sometimes be strict. But she genuinely cares about her students, and to them, Jost is more than just a teacher: The Murrays have had her over for Thanksgiving, past students come back to visit and her adult students consider Jost a friend.

ONE OF HER ADULT STUDENTS, Diane Baumgartner, previously took piano lessons from a teacher in Maryland. Her schedule got very busy when she started to simultaneously take a weaving class, so she had to cancel a couple of piano lessons.

“Then I get this letter in the mail from him, basically firing me from being his student, because I wasn’t dedicated enough,” Baumgartner said. She looked for a new teacher, and that’s how she came across Jost. “She’s more than just a teacher, she’s a friend, and I am really, really grateful that my old piano teacher fired me, because otherwise I never would have met her.”

Though she has been a piano teacher for 60 years, Jost was never in it for glory.

“I’m not out to make a big name for myself,” Jost said. “I just want the kids to enjoy music. I want them to be able to say to their kids, ‘Oh, I had the neatest piano teacher. I want you to study piano. I hope we can find a teacher like that.’ That’s my legacy. That’s what I can contribute to the world.”

NEWS

VIENNA/OAKTON CONNECTION EDITOR KEMAL KURSPAHIC
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Local Artists Meet Community

Vienna Arts Society holds first reception in new space.

BY CARLYN KRANKING
THE CONNECTION

Marvel Adams's house is so full of her artwork that pieces have to be stored under sofas and beds. Mary Ellen Larkins has six kilns in her basement. "It's really nice in the winter time when the heat rises from the kilns, but it's not so nice in the summer when the heat rises and it's fighting the air conditioning," Larkins said.

The passion to create that is shared by Vienna Arts Society members is evident not only in their homes, but in their enthusiasm at art shows. Sunday, the Vienna Arts Society held its first reception in its new art center at the Windover building, 243 Church Street, NW. This show featured art by various Society members, including Artist of the Year Richard Neff.

"I like to do scenes of nature, landscapes and especially flowers in their natural setting," Neff said. "I'm a copyist at the National Gallery of Art, so they allow me to come in and copy famous paintings. I learn to be a better painter by copying others."

The gallery also includes the 2018 Healing Wall, created by the Vienna Arts Society and the Fort Belvoir Community Hospital. Volunteers from Vienna have been going to the hospital for five years to allow the service members there to paint puzzle pieces. Society members later connect the puzzle pieces to create the Healing Wall.

"The way the Vienna Arts Society puts them together makes it pop a little bit more, and more of the story of the military members comes out," said Jennifer Pratt, recreation therapist at Fort Belvoir Community Hospital. "One [piece] is just simple, but then when it all goes together, there's a lot more depth."

Painting the puzzle pieces serves as a kind of art therapy and helps the service members at the hospital to heal.

"Surprisingly enough, people who have PTSD seem to come out of their shells when they do artwork. It's cathartic for them and very beneficial," Vienna Arts Society President Hayden Luczka said. "There are literally people who do some of this artwork that never speak, and when they finish with the artwork, they're speaking to the person sitting next to them."

'My Daily Path' by Noreen Brunini. 'It's a painting of a path through trees. It's a place that my daughter walked every day when she was in England,' Brunini says.



"Basics" by Hayden Luczka, President of the Vienna Arts Society. "Art for me is in the eye of the beholder, so people see different things in a piece of artwork. You might see a flower in some of the things that I do, or you might see a fish or you might see a ghost. What I see in ('Basics') is a sun. I see a sun, and I see the world around it," says Luczka.



Marvel Adams and her artwork (mosaic and pottery). 'Somebody just told me, "We never know what you're gonna bring in, because you never do the same thing." If you're a crafty person, you're gonna do it all,' said Adams

PHOTOS BY CARLYN KRANKING/THE CONNECTION



Mary Ellen Larkins and her glass jewelry. 'I just fell in love with glass. I don't know, it had a magical power,' Larkins says.



Richard Neff, Artist of the Year, and his paintings. 'When I'm painting, I get into the mood and time goes very quickly. It's like playing music: You're into the moment. You don't think about your troubles, or problems or anything. When I see a scene that's really beautiful, I like to capture that somehow, so that's what I'm doing,' said Neff.

The Shouse Village swim team collected more than 300 pounds of food donations for A Simple Gesture, Reston.

PHOTOS BY CARLYN KRANKING/
THE CONNECTION



Yellow and Blue Makes Green

Local swim team collects donations for A Simple Gesture.

BY CARLYN KRANKING
THE CONNECTION

The Shouse Village swim team closet houses all kinds of items, from folded-up bed sheets with spray-painted team slogans to large canopies that provide shade for the swimmers. This summer, the closet also became a storage location for more than 300 pounds of canned goods.

"There is a giant box in the closet that is more than two grown men can pick up right now," team spirit leader Melissa Carey said.

Saturday, Carey announced the donation total at the swim team end-of-season banquet. Due to the contributions of Shouse swim team families and those of visiting teams, the swimmers were able to give this generous donation to the Reston nonprofit A Simple Gesture.

The swimmers were split into competing groups named for the colors of the swim team – yellow and blue – and could earn "spirit points" throughout the season. To motivate giving, whichever team collected the most donations overall would be awarded ten points. The donations, placed in A Simple Gesture's signature "cool, green bags," will be delivered to various food banks in Reston and Herndon.

"We're telling [the kids], 'What does yellow and blue equal? Green,'" Shouse Village resident and A Simple Gesture volunteer Bob Park said. "So you combine them all together, and bingo, everyone wins."

The Shouse Village swim team has a history of giving back to the community: Each summer, the team raises funds for a local charity through its Swim-a-Thon. Shouse swimmers collected money for HSC Pediatric Center this year, and by the end of the season, the team had raised more than \$7,000 for the cause.

Though the team did not set a goal for the donation drive, Carey said, their total was more than anything she predicted they could accomplish. Other parents felt the same way.

"I was really shocked at the turnout and the level of dedication," swim team parent Elizabeth Judkins said. "That was phenomenal to see."

While food pantries receive a lot of donations during the holiday season, contributions tend to go down at this time of year. Nevertheless, Park said, hunger is still a persistent issue in the community.

"It's striking that in this part of the county, where people seem to have so much, we still have hunger," Park said. "There's a simple way to help ease that problem."



To motivate giving, donating was incorporated into a team spirit competition. (Standing, left: Bob Park, right: Melissa Carey).

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Art Exhibit: Country Places.

Through Aug. 4, gallery hours at Village Green Shopping Center, 513 Maple Ave. NW, Vienna. Artist Libby Eckert's exhibit Country Places is on display. Free and open to the public. Call 703-319-3971 or visit www.ViennaArtsSociety.org.

Vienna Farmers Market. 8 a.m.-noon, Saturdays, through Nov. 3 at Vienna Community Center, 120 Cherry St. S.E., Vienna. The Vienna Farmers Market, hosted by the Optimist Club of Greater Vienna, has more than 30 vendors from across the region, the Vienna Farmers Market provides locally-sourced fruits and vegetables and homemade eats. Throughout the year, great music will be featured to accompany your shopping. Visit optimistclubofgreatervienna.org/.

Oakton Farmers Market. 9 a.m.-1 p.m. at Unity of Fairfax Church, 2854 Hunter Mill Road, Oakton. Year-round weekly farmers market in Oakton. Local produce, meats/eggs, dairy, baked goods, and more. Admission is free. Visit community-foodworks.org.

REGISTRATION OPEN

Vienna Youth Soccer Fall 2018.

House Soccer is Vienna Youth Soccer's recreation soccer program. House is open to all boys and girls ages 3-18 years old who wish to play and learn soccer while having fun, making friends, and developing sportsmanship in a non-pressure

environment. Visit www.vys.org.

WEDNESDAY/AUG. 1

Summer Stories, Songs, and Sprinklers.

1 p.m. on the lawn of the Freeman Store, 131 Church St. NE, Vienna. Young children and families are invited to listen to a story, tune into some favorite songs, then have a little casual fun with water sprinklers at 1 p.m. Wednesdays, through Aug. 8. Free and appropriate for all ages. Visit www.viennava.gov.

WEDNESDAY-THURSDAY/AUG. 1-2

Studio Ghibli: The Tale of Princess Kaguya.

Wednesday, 7 p.m. (Japanese with English subtitles); Thursday, 11 a.m. (English dubbed) at Angelika Film Center – Mosaic, 2911 District Ave., Fairfax. The Angelika Mosaic will feature animated films from the celebrated Studio Ghibli praised for their originality, stunning animation, and ambitious storytelling. All tickets are regular admission. Visit www.AngleikaFilmCenter.com.

THURSDAY/AUG. 2

Nottoway Nights. 7:30-8:30 p.m. at Nottoway Park, 9537 Courthouse Road, Vienna. Featuring John McCutcheon (Folk). Bring blankets and chairs and enjoy music from around the world every Thursday evening at Nottoway Park. Free. Visit www.fairfaxcounty.gov/parks/performance/nottoway-nights.

FRIDAY/AUG. 3

Summer on the Green: Nowhere Men. 6:30 p.m. area residents can



Live Music at Jammin' Java

Dan Navarro has just released his first true studio-recorded solo album, "Shed My Skin." **Saturday, Aug. 11, 8 p.m. at Jammin' Java, 227 Maple Ave. E., Vienna. \$20-25. Visit www.jamminjava.com or www.dannavarro.com for more.**

catch a new and diverse musical act at the Town Green or at Chillin' on Church. Bring blankets and chairs, but please leave Fido and any other pets at home. The concerts are free

and open to the public. Visit www.viennava.gov.

FRIDAY-SATURDAY/AUG. 3-4

Beauty and the Beast. 7:30 p.m. at the Vienna Community Center, 120 Cherry St. SE, Vienna. Vienna Youth Players' premieres Walt Disney's Beauty and the Beast. The cast and crew features more than 30 aspiring student-artists, ages 8-18. This production will be a swan song as it is director Barbara 'Babs' Dyer's final show with the company after helming the director's chair 26 years. Tickets are \$15 each general admission, at viennava.gov/webtrac or at the community center.

SATURDAY/AUG. 4

W&OD 10K. 6 p.m. starting and finishing at Centennial Park, 131 Church St., NE, Vienna. In memory of Sally Hamilton (1962-2009), director of Friends of the W&OD Trail, Fairfax 4 Horses, and Hunters Valley Riding Club. The out-and-back course runs through one of the area's first environmentally-protected zones, an undeveloped meadowland where the deer and the antelope play. Visit www.active.com and search "Friends of W&OD" to register.

MONDAY/AUG. 6

Submission Deadline. Vienna Arts Society's annual Photography Show is calling for photographers from around the Capitol Region. The theme is "Visual Stories." Show will be open Aug. 14-Sept. 15. \$10 per piece for VAS members, \$15 per piece for non-members. Enter no more than two photographs. Prospectus available at www.ViennaArtsSociety.org.

WEDNESDAY/AUG. 8

Summer Stories, Songs, and Sprinklers.

1 p.m. on the lawn of the Freeman Store, 131 Church St. NE, Vienna. Young children and families are invited to listen to a story, tune into some favorite songs, then have a little casual fun with

water sprinklers at 1 p.m. Free and appropriate for all ages. Visit www.viennava.gov.

WEDNESDAY-THURSDAY/AUG. 8-9

Studio Ghibli: Spirited Away.

Wednesday, 7 p.m. (Japanese with English subtitles); Thursday, 11 a.m. (English dubbed) at Angelika Film Center – Mosaic, 2911 District Ave., Fairfax. The Angelika Mosaic will feature animated films from the celebrated Studio Ghibli praised for their originality, stunning animation, and ambitious storytelling. All tickets are regular admission. Visit www.AngleikaFilmCenter.com.

THURSDAY/AUG. 9

Nottoway Nights. 7:30-8:30 p.m. at Nottoway Park, 9537 Courthouse Road, Vienna. Featuring Cathy Ponton King (Blues/Soul). Bring blankets and chairs and enjoy music from around the world every Thursday evening at Nottoway Park. Free. Visit www.fairfaxcounty.gov/parks/performance/nottoway-nights.

FRIDAY/AUG. 10

Summer on the Green: Richard Walton Group. 6:30 p.m. area residents can catch a new and diverse musical act at the Town Green or at Chillin' on Church. Bring blankets and chairs, but please leave Fido and any other pets at home. The concerts are free and open to the public. Visit www.viennava.gov.

FRIDAY-SUNDAY/AUG. 10-12

Beauty and the Beast. Friday-Saturday, 7:30 p.m.; Sunday, 1:30 p.m. at the Vienna Community Center, 120 Cherry St. SE, Vienna. Vienna Youth Players' premieres Walt Disney's Beauty and the Beast. The cast and crew features more than 30 aspiring student-artists, ages 8-18. This production will be a swan song as it is director Barbara 'Babs' Dyer's final show with the company after helming the director's chair 26 years. Tickets are \$15 each general admission, at viennava.gov/webtrac or at the community center.

SATURDAY/AUG. 11

Bands for Bikes. 1-4 p.m. at Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. Rising college freshmen Jack Lichtenstein and Morgan Poirier, will host their 5th annual "Bands for Bikes" concert to benefit Wheels to Africa (a youth-led all volunteer 501c(3) that collects used bikes for needy children). Joining the boys as an organizer this year will be Langley rising sophomore and musician, Claire Fulton. Area student musicians and bands will be performing on the outdoor stage. Bike donations welcome (but not required) and can be dropped off 10 a.m.-4 p.m. that day.

Live Music: Dan Navarro. 8 p.m. at Jammin' Java, 227 Maple Ave. E., Vienna. With a career spanning decades and a dozen albums with Lowen & Navarro, Dan Navarro has just released his first true studio-recorded solo album, "Shed My Skin." \$20-25. Visit www.jamminjava.com.

MONDAY/AUG. 13

Dining with Dorothy. 12:30 p.m. at Ledo Pizza, 141 Park St., Vienna. A program of the Shepherd's Center of Oakton-Vienna. Join with friends or make new ones. Newcomers are always welcome. To reserve space, contact event chair, Dorothy Flood at dflood1706@gmail.com.

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WELLBEING

Required Vaccinations for School

Local clinics offer free immunizations.

BY MARILYN CAMPBELL

As parents compile back-to-school task lists, health officials say that along with backpacks, notebooks and pencils, parents add the vaccinations that are required by Maryland and Virginia state laws in order for students to attend school. Now is the time to get those immunizations to avoid the back to school rush.

"We have free, walk-in clinics where you can get vaccines between now and the beginning of the school year," said Mary Anderson, Montgomery County Department of Health and Human Services. "We urge parents to go now and not wait. We offer vaccines at clinics every day of the week at four different locations."

Appointments are not required for immunization visits in Montgomery, Arlington and Fairfax counties. The Alexandria Health Department, however offers services by appointment only.

"We would certainly encourage parents to make an appointment now," added John Silcox, Fairfax County Health Department. "Appointments fill up quickly, and there are some walk-in appointments, but the closer you get to school the more crowded our clinics get."

Fairfax County has five clinics which offer vaccines. "School-required immunizations are always free at our clinics, whether a person has insurance or not," said Silcox. "We highly encourage parents to call the clinic that is most conveniently located to them so that they have you vaccines in time for school."

Parents must bring a copy of the child's existing immunization record. "A parent or designated adult must be with the child when they go to get vaccines," said Anderson. "If a parent doesn't have or can't find their child's record, we can try to reconstruct it."

As recently as May, the Washington, D.C. region saw a case of a vaccine preventable disease, says Anderson. "There was a case of measles that this particular individual had contracted outside of the country," she said. "But this is a reminder about the importance of vaccinations because if you had come in contact with this individual and hadn't been vaccinated you could have gotten sick."



PHOTOS COURTESY OF FAIRFAX COUNTY

Parents are encouraged to get required vaccines now to avoid the back-to-school rush.

"We have free, walk-in clinics where you can get vaccines between now and the beginning of the school year. We urge parents to go now and not wait."

— Mary Anderson, Montgomery County Department of Health and Human Services

Immunization Requirements

MARYLAND

<http://www.montgomeryschoolsmd.org/info/immunizations/>

VIRGINIA

<http://www.vdh.virginia.gov/immunization/requirements/>

Some students may be granted an exemption from the Virginia and Maryland state requirements for religious or medical reasons. "There is an exemption form that people would need to get filled out and turn into their school in order to be exempt from the state requirement."

Local Health Departments Offer Free Vaccines

ALEXANDRIA

<https://www.alexandriava.gov/health/info/default.aspx?id=11444>

ARLINGTON COUNTY

<https://health.arlingtonva.us/public-health/health-clinics-services/immunization-clinic/>

FAIRFAX COUNTY

<https://www.fairfaxcounty.gov/health/immunization/school>

MONTGOMERY COUNTY

<https://www.montgomerycountymd.gov/HHS/RightNav/SeventhGradeImmunizations.html>



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August 22, 2018

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SPORTS

Intermediate Girl Molly Kenefick

PHOTO BY
SUSAN ESTES



Oakton Otters Finish the Season Undefeated, 5-0

The Oakton Otters (Oakton Swim and Racquet Club) dominated the diving boards Tuesday night, July 24, against Chesterbrook and finished the season in first place and undefeated (5-0) in NVSE's Division 3. The final score at the meet was 55 to 17.

Six Otter divers placed first in their respective categories: Isabelle Whang in Freshman Girls with a score of 60.1; Max Messina in Junior Boys with a score of 86.25; Claire Newberry in Intermediate Girls with a score of 116.2; Spencer Dearman in Intermediate Boys with a score of 152.7; Molly Estes

in Senior Girls with a score of 145.8; and Josh Shipley in Senior Boys with a score of 156.5. The Otters swept the category of Intermediate Girls (Kalina Montel, second; Molly Kenefick, third). The other Otters who placed were: Samantha Schuster (Freshman Girls, second); Jon Anthony Montel (Freshman Boys, second); Christina Angelicchio (Junior Girls, second); Brendan Doe (Junior Boys, second); Blaise Wuest (Intermediate Boys, second); Kyla Straker (Senior Girls, second); and Liam Klopfenstein (Senior Boys, second).

VIENNA POLICE HIGHLIGHTS

The following summary contains various incidents of general interest as well as vehicular crashes handled by the Town of Vienna Police Department from July 20 – July 26, 2018.

INCIDENTS

Vandalism — 300 Block Berry Street, SE Between July 7 at 8 a.m. and July 14 at 10 p.m. A resident reported damage to their vehicle that was legally parked on the roadway.

Grand Larceny — Ray's Auto Body 316 Dominion Road, NE Between July 18 at 9 p.m. and July 19 at 7 a.m. An employee with Michael's Lawn Service reported that someone cut the fence to the secured storage lot at Ray's Auto Body and stole lawn equipment from one of their vehicles parked in the lot.

Lost Property — James Madison Shell 545 Maple Avenue, West Between July 19 at 10 a.m. and July 20 at 10 a.m. A resident lost his wallet after placing it on the roof of his vehicle while he was pumping gas. The resident drove off forgetting about the wallet and was unable to locate it when he returned.

Narcotics Violation — Nutley Street and Princeton Terrace, SW July 19, 11:12 a.m. PFC Post observed a vehicle with expired registration and conducted a traffic stop. Upon her interaction with the driver, the officer detected the odor of marijuana. The driver was in possession of an immeasurable amount of marijuana. The marijuana was disposed of, and the driver was released with a warning.

Narcotics Violation — Ware Street and Gibson Drive, SW July 20, 12:46 a.m. Lt. Taylor observed two juveniles in the area. Upon his interaction with the two males, he detected the odor of marijuana. Both juveniles were found to be in possession of smoking devices and grinders. Lt. Taylor confiscated the drug paraphernalia, verbally counseled the two and released them to the custody of their parents.

Trespassing — Town of Vienna Property Yard 600 Mill Street, NE July 20, 12:47 a.m. Sgt. Ruddy observed three men and a woman coming out of the creek bed at the Town Property Yard. The woman advised that her husband

and their two friends became concerned for her safety when she wandered away from the Caboose Brewery. As they followed her to the area of the creek, they all fell in. The four people were advised they were trespassing on Town property and agreed to leave the area.

Arrest – Warrant Service — Vienna Police Department 215 Center Street, South July 20, 11:45 a.m. A resident came to the police station to accept service of a summons from Harrisonburg, Virginia Police Department. The 19-year-old woman from Rensselaer Court in Vienna was released on her signature for the summons charging False Alarm for Ambulance or Fire. **Arrest – Warrant Service** — Wolftrap Hotel 430 Maple Avenue, West July 20, 12:20 p.m. Officers responded to the hotel to serve a warrant on a man wanted by Fairfax County Police. Ofc. Sterling arrested the 38-year-old man and transported him to the Fairfax County Adult Detention Center. He was served with the capias charging Probation Violation and held without bond.

Police Service — 900 Block Frederick Street, SW July 20 between 5 and 6:56 p.m. A caretaker requested assistance in locating an elderly resident who had left home alone, and was concerned for their safety. The elderly resident was located by neighbors and returned home safely.

Lost Property — Pazzo Pomodoro 118 Branch Road, SE July 20 between 8 and 11 p.m. A resident advised she lost her medication while at the restaurant.

Police Service — Kingsley Road, SW July 20, 8:02 p.m. Officers served a Protective Order on a resident and helped arrange to get his belongings from his home.

Assist EMS — James Madison Shell 545 Maple Avenue, West July 20, 11:18 p.m. Officers responded to assist rescue personnel with a man who suffered a medical emergency. A resident advised that she and the man were traveling from a family party when he began to feel sick and became unconscious. The resident immediately pulled over and called for rescue. The man was transported to an area hospital for treatment.

Animal Case — 900 Block of Glyndon Street, SE July 20, 2:30 p.m. A repairman reported being bitten by the homeowners dog. The dog was placed on a routine 10- day quarantine.

Animal Case — Oakton-Vienna Veterinary Hospital 320 Maple Avenue, East July 20, 7:15 p.m. A dog bit an employee during a procedure.

Petit Larceny — 200 Block Yeonas Drive, SW July 22, 4:26 a.m. A cab driver reported a man that was refusing to pay their tab. Ofc. Rohr located the 21-year-old man in his residence on Yeonas Drive. He was issued a summons for Defrauding a Cab Driver and released on his signature. **Arrest – Driving While Intoxicated, Hit & Run, and Drunk in Public** — 300 Block Center Street, South July 22, 6:32 p.m. Officers responded to the report of a driver repeatedly striking a parked vehicle and attempting to leave the scene. Arriving officers found the woman driver and her male passenger putting their clothes on before exiting the vehicle. Upon the officers' interaction with both the driver and passenger they detected signs of impairment. The driver failed to complete a series of field sobriety tests. Ofc. Rohr arrested a 30-year-old woman from Cedar Lane, SE in Vienna. She was transported to the Fairfax County Adult Detention Center where she was given the opportunity to provide a sample of her breath for analysis. She was then charged with Driving While Intoxicated, Hit & Run, and held on a \$2000 secured bond. MPO Shaw arrested the 36-year-old man from Nititz Road in Kensington, Md. He was transported to the Fairfax County Adult Detention Center where he was charged with Drunk In Public. **Assault** — Kingsley Road and Nutley Street, SW July 22, 10:30 p.m. A taxi cab driver reported that a passenger he had just picked up from the Vienna Metro station assaulted him. As they were traveling north on Nutley Street the man, described as a Korean man in his late 20s, became irate. He demanded the driver pull the vehicle over. The man then struck the driver with his fists before running eastbound on Kingsley Road. Officers searched the area but were unable to locate the man.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

MENTAL HEALTH SERVICES

The Fairfax-Falls Church Community Services Board's Merrifield Center offers a new stand-up information kiosk. Part of a pilot project, the new feature aims to improve the customer service experience and decrease wait times for individuals who are seeking mental (behavioral) health services. To check in, individuals respond to five simple questions, then the CSB's Patient Track software alerts staff. Based on clinicians' schedules and availability, as well as the needs of the client, individuals are triaged and seen by the next available staff member. For more information on available services, call the CSB at 703-383-8500 (Monday-Friday, 9 a.m.-5 p.m.). In an emergency 24/7, call CSB Emergency Services at 703-573-5679 or the Fairfax Detox Center at 703-502-7000 (TTY 703-322-9080).

WEDNESDAY/AUG. 1

Application Deadline. Think and Act Green. The Town of Vienna's Community Enhancement Commission (CEC) is challenging local businesses and nonprofits to adopt green practices and self-certify as "sustainable" based on points earned. Find a list of suggested green strategies and the Sustainability Challenge checklist at viennava.gov/sustainabilitychallenge. Submit to Town Hall at 127 Center Street S., Vienna to the attention of the Community Enhancement Commission. Contact Desiree Di Mauro at desiree@d2t2.org.

THURSDAY/AUG. 2

Caregivers Support Group. 10-11:30 a.m. at UUCF Unitarian Universalist Congregation of Fairfax - Program Building, 2709 Hunter Mill Road, Oakton. For caregivers to adult family members with dementia. First and third Thursdays of every month. Hosted by Shepherd's Center of Oakton-Vienna, scov.org. Contact facilitator Jack Tarr at 703-821-6838 or jtarr5@verizon.net.

Community Meeting. 7 p.m. at McLean High School, 1633 Davidson Road, McLean. Join the Virginia Department of Transportation and Fairfax County for the first of two community meetings on efforts to identify potential congestion solutions for neighborhoods near I-495 (the Capital Beltway). VDOT and Fairfax County staff will be on hand to answer questions. Visit www.virginiadot.org/projects/northernvirginia/mclean_traffic_analysis.asp for details. Send comments to meetingcomments@vdot.virginia.gov, and include "McLean Area Traffic Analysis" in the subject line.

THROUGH AUG. 3

Public Comment Period. The Metropolitan Washington Airports Authority is hosting three public hearings to inform and solicit comments from the community about proposed toll rate increases along the Dulles Toll Road. An "online open house" will be available at www.dullestollroad.com/toll/toll-setting-process throughout the comment period. It will contain an explanation of the informational exhibits and a comment form. Comments may also be submitted at the public hearings, via email to dtcomments@hntb.com or mailed during the comment period to: MWAA Public Comment Period, c/o HNTB, 2900 South Quincy St., Suite 600, Arlington, VA 22206.

FRIDAY/AUG. 3

Networking Breakfast. 7:30-9 a.m. at Tower Club, 8000 Towers Crescent Drive, Suite 1700, Vienna. DemBiz welcomes former Virginia Governor and former DNC Chair Terry McAuliffe as part of their Signature Breakfast Series. Join for a discussion of Virginia business and what he's hearing on the ground as he speaks all over the country. Visit www.dembiz.org for more.

FRIDAY-SUNDAY/AUG. 3-5

Tax-Free Holiday. During Virginia's sales tax holiday, qualifying school supplies, clothing, footwear, hurricane and emergency preparedness items, and Energy Star and WaterSense products can be purchased without paying sales tax. Visit tax.virginia.gov/virginia-sales-tax-holiday for details.

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OPINION

In-Service Training

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

The only common requirement for holding elective office is that one be a registered voter in the state meaning then of course that you must be at least 18 years of age.

You do not need to be a resident of the district you hope to represent although you will have to move into the district if you win. The concept of a citizen legislature is that it is made up of people from all walks of life in the community who can collectively speak for the community at large. Supposedly there would be no professional politicians—just regular everyday folks. Such an approach should work out well to have the community broadly represented.

In the past, because of laws and practices, most legislatures have been filled mostly with old white men. Recent years have seen a shift including in Virginia as more women are running for office and getting elected. This year has more women, young people, and people



of color running than ever before.

With the diversification of who sits in the legislature the challenge becomes taking people of many different backgrounds, perspectives and constituencies and bringing them together to work for consensus on legislation to get a majority vote. While skills acquired in business and civic activities teach many of the soft skills of interpersonal relationships and

team building that are transferable to a legislative body, there are unique differences that are important to recognize.

Most legislatures with which I am familiar have orientation programs to acquaint new members with where the bathrooms are, rules of order in committee meetings and on the floor, and operating procedures around the capitol. Putting legislation together, developing a strategy for its passage, and keeping constituents back home happy are most often handled by the political party caucuses or helpful mentors.

Another source of in-service training I have found invaluable are conferences put together by professional associations, specifically the National Conference of State Legislatures (NCSL).

I am at their national conference this week.

NCSL keeps up with what is happening in state capitols around the country and through publications, conferences and consultancy keeps legislators informed. The association is truly non-partisan, although its leadership—chosen from among state legislators across the country—maintain their party allegiance while the staff is able to stay out of the partisanship.

Virginia of course had the first representative legislature in the western world beginning in 1619. Not everyone followed the Virginia model however in writing their constitution of organizing their legislatures. I continue to be amazed as I work with colleagues from around the country as to the number of different ways that legislative bodies can organize themselves and do their business. No one has a corner on the best way to do the people's business, but we can learn from taking a look at how other states conduct their business.

NCSL refers to the states as the laboratories of democracy. The description is appropriate as we all face mostly the same challenges. Our responses are different, however. By getting together for what some would call a conference, but what I think is more appropriately called in-service training, we can do a better job for the people we represent.

LETTERS TO THE EDITOR

Gerrymandering Continues to Mess with Our Elections

To the Editor:

No matter where we stand on the political spectrum, the possibility that anyone interferes or tampers in our elections is unacceptable. Meanwhile, gerrymandering continues to mess with all

our elections.

Gerrymandering is drawing voting districts to expand the impact of some votes and shrink others. In 2019, Virginians will elect 100 state delegates and 40 state senators. In 2020 another national census will be taken, and in 2021 the incumbents elected in 2019 (with more influence from the majority party) will draw voting maps that favor their own re-election. Having incumbents draw their own districts is a serious conflict of interest. Unless we find a fairer way,

this process will be repeated in 2029, 2031, and so on.

You can help by (1) identifying which candidates favor fair redistricting, (2) voting for them, and (3) checking out OneVirginia2021.org. where you (like more than 80,000 other Virginians) can send a message to your representatives demanding an independent commission to apportion districts fairly.

Karen Scarfone
Clifton

Write The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor
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1606 King St.
Alexandria VA 22314
Call: 703-917-6444.
By e-mail:
north@connectionnewspapers.com

Raising Money for 'Night of Magic'

The Northwest Federal Credit Union Foundation recently celebrated its fourth annual Neon Night Glow Run, raising money for their ninth annual Night of Magic, which the NWFCU Foundation hosts at Inova Children's Hospital. There were 250 participants in this year's race, with proceeds going towards the annual event, which creates a memorable evening of fun for critically ill children and their families.

"This year's Neon Night Glow Run was a tremendous success, grossing over \$13,000," said Executive Director of the NWFCU Foundation, Alexandra Shade. "We appreciate our community sponsors

and race participants for coming together to support our program with Inova Children's Hospital and the children receiving treatment there."

The NWFCU Foundation was established in 2004 to promote and manage Northwest Federal Credit Union's philanthropic activities. The mission of NWFCU Foundation is to empower youth to achieve their goals by helping them learn and celebrate life and supporting their health and well-being. The NWFCU Foundation is a 501(c)(3) organization. Donations are tax deductible to the extent permissible by law for those who itemize deductions. For more information, visit www.nwfcufoundation.org.



PHOTO CONTRIBUTED

Participants in the 2018 Neon Night Glow Run begin the race

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