

# Fairfax Station

## CONNECTION Clifton & Lorton



Jersey Mike's owners Tracey (left) and Maurice Jennings, with Linda Patterson of Lorton Community Action Center.

# Jersey Mike's To Open in Lorton

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PHOTO BY STEVE HIBBARD/THE CONNECTION

AUGUST 2-8, 2018

ONLINE AT [WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

# Newspaper Discovery Shines Light on Suffragette Movement

A newspaper likely used as insulation in an old property is now part of the Park Authority's historic archives and is featured in this month's edition of artiFACTS. This 1917 newspaper, discovered during demolition of a dilapidated old house, was folded open to a story about a female suffragette.

The newspaper was discovered when a dilapidated, unlivable, historic house was being demolished. The newspaper was probably used for insulation. The paper is dated July 18, 1917, and is folded to a column about women arrested for protesting for the right of female suffrage.

Part of the column quotes Elizabeth Selden Rogers. "[W]e are not guilty of any offence, not [paper deteriorated] in our opinion, of infringing a police regulation. We know full well that we stand here because the President of the United States refuses to give liberty to American women." Rogers was sentenced to 60 days but was



PHOTO FROM FAIRFAX COUNTY SUFFRAGETTE-ARTIFACTS, JULY 2018

**This newspaper dated July 18, 1917 was discovered when a dilapidated, unlivable, historic house was being demolished. The newspaper was probably used for insulation.**

pardoned after three.

Seventy-two women, commonly referred to as the "Suffragettes,"

were jailed at Lorton. Several of the imprisoned initiated a hunger strike and were force-fed. The jail where they were imprisoned is now the Workhouse Arts Center. It houses a museum that commemorates the women who were jailed fighting for the right to vote.

The Park Authority's collections include more than 5,000 historic objects, such as quilts, chairs, baskets, machines, and clothing; thousands of archival items, such as photographs, letters, maps, and other documents; and upwards of three million artifacts that include archaeological finds, such as spear points and pottery. All come with their own stories to tell. The artiFACTS newsletter allows us to showcase a small sampling of these treasures to educate, enlighten and entertain.

For more information about the Park Authority's Museum Collections, contact Heritage Resource Specialist Megan Leining at 703-631-1429 or at [megan.leining@fairfaxcounty.gov](mailto:megan.leining@fairfaxcounty.gov).

## Survey for Young Adults to Help Target Drug Prevention Efforts

In an effort to better target opioid and other drug prevention efforts, the Fairfax-Falls Church Community Services Board (CSB) is seeking opinions of young adults between the ages of 18-25. The survey is anonymous and voluntary, and asks questions about use of alcohol, prescription drugs, and heroin.

An initiative of the Partnership for Success and the OMNI Institute, an organization that works to help organize substance use campaigns, the survey seeks comparison data from residents in various areas across the Commonwealth of Virginia concerning attitudes, knowledge and drug use of young people. Participants will be asked to select their three big-

gest substance abuse issues for their demographic in their community. They will also be asked about their perceptions of risk and other questions. The survey takes no more than five minutes to complete.

As an incentive, all those taking the survey will be eligible to enter to win a \$250 gift card. (Contact information for the drawing will be collected in a separate location and will not be linked to survey responses.)

Participants in the survey must be Virginia residents and between the ages of 18 and 25. The survey is live now through Aug. 31, share the link with young adults in your community: <https://www.surveymonkey.com/r/3Y37BBJ>.

### BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### MENTAL HEALTH SERVICES

The Fairfax-Falls Church Community Services Board's Merrifield Center offers a new stand-up information kiosk. Part of a

pilot project, the new feature aims to improve the customer service experience and decrease wait times for individuals who are seeking mental (behavioral) health services. To check in, individuals respond to five simple questions, then the CSB's Patient Track software alerts staff. Based on clinicians' schedules and availability, as well as the needs of the client, individuals are triaged and

SEE BULLETIN, PAGE 7



Join us for our **Second Saturday Art Walk** from 6p-9p on the second Saturday of each month. It's the perfect time to meet nearly 100 Resident and Arches Gallery Artists who create art in their studios and exhibit in our galleries. Enjoy thrilling performances of dance, cabaret, comedy, big band, jazz, and theater. Indulge in unique classes in the art of mixology or cuisines from around the world. And explore art exhibitions featuring the region's finest sculpture, painting, glass, ceramics, and fiber art.

All this excitement and more is tucked away at the Workhouse Arts Center, a 55-acre visual and performing arts center in Lorton, VA, located on the historic grounds of the former DC Correctional Facility at Lorton.

### August Featured Artists

- |                    |                                |
|--------------------|--------------------------------|
| W-5: Group Show    | W-8: Brew Vessels Invitational |
| W-6: Terry Anstrom | W-9: John Hartt                |
| W-7: Suellen Black | W-10: Mikhail Bolkhovitinov    |

9518 Workhouse Way Lorton, VA 22079  
Wed-Sat 11a-6p, Sunday 12p-5p



[WorkhouseArts.org](http://WorkhouseArts.org)

# Jersey Mike's to Open in Lorton

Store franchise is establishing a special business partnership with Lorton Community Action Center.

BY STEVE HIBBARD  
THE CONNECTION

**A** new Jersey Mike's Subs shop is opening at the Shoppes at Lorton Valley in mid-to-late-September. The owners, Tracey Jennings, 48, and her husband Maurice, 52, of Lorton, used to run a ZIPS Dry Cleaners in Norfolk and commuted back and forth for eight years. They started as customers and befriended a Jersey Mike's store owner and studied up on the business. So, they decided that was the franchise they wanted, and they sold their ZIPS in 2017.

Their new Jersey Mike's will employ 25 people at its 1,600 sq.ft. store at 8971 Ox Road, Lorton, in the Shoppes at Lorton Valley. They will offer Italian, steak and cheese, and Club Sub flavors where all of the meats are sliced fresh and the bread is baked daily.

"We bake our bread daily here. We have vegetarian, we have your meats, gluten-free, our salads are called 'tubs;' we slice our tomatoes daily; everything is fresh sliced daily," said Tracey. "We have something called 'the Juice;' it's the combination of oil and vinegar and seasonings that change the whole taste of the sandwich. ... Our meats are fresh and sliced in front of you," said Tracey.

Mike's Subs opened as a storefront location in Point Pleasant, N.J., in 1956. In 1975, Peter Cancro, a 17-year-old high school senior who worked for Mike's bought the operation with the help of his football coach. In 1987, he began franchising the Mike's concept under the name Jersey Mike's Subs. Today there are 1,500 franchises nationwide. Its headquarters are in Manasquan, N.J.

"We want people to know when they come into Jersey Mike's that it's more than just a sub. We call it a 'Sub-Above.' You're going to get a friendly environment and when you patronize our store, you're giving back to your community. We hire people in Lorton, we partner with LCAC (Lorton Community Action Center), which is a Lorton-based charity."

She continued: "The food is great and they serve the communities in which they operate," said Tracey. "It's at the top level, not just at the store level. (Cancro) bought the store when he was 17 and it was called 'Mike's,' and he coined the name Jersey Mike's."

Originally from Richmond, Tracey got a degree in business management from the University of the District of Columbia. Maurice is originally from Alexandria and graduated from Mount Vernon High School,



Jersey Mike's owners Tracey (left) and Maurice Jennings, with Linda Patterson of Lorton Community Action Center.

Northern Virginia Community College and George Mason University. The couple has a 10-year-old son, Connor, who plays football and basketball for South County.

**AS PART OF THEIR GRAND-OPENING,** this Jersey Mike's franchisee is establishing a partnership with LCAC by distributing 10,000 coupons to customers in the community. In the first five days of opening, customers can donate a minimum of \$2 and will receive a free sub. The \$2 will go to LCAC.

Tracey was attracted to LCAC because of their focus. "They do a multitude of things; it's not just one need that they focus on — from the clothing pantry to the food pantry — it's just an array of different things that they do," she said.

"You're helping a lot of different people

from everyday life and when you help and give you can make a difference in their lives. It's important and that goes to the backbone of who my husband and I are. Life can change in a minute for anybody," said Tracey.

According to LCAC Executive Director Linda Patterson, 52, of Alexandria: "It is impossible for LCAC to serve the families in our community without partnerships like Jersey Mike's. It takes an entire community to assist or help our neighbors have a better life. LCAC is excited that Jersey Mike's is joining us on this journey to help make Lorton a better community."

Located at 9518 Richmond Highway in Lorton, LCAC serves low-income families and seniors of Lorton, Newington, and Fort Belvoir. "LCAC has been around for 43 years trying to meet the basic needs of low-in-

come families and seniors and provide educational opportunities to better the lives of the people we meet," said Patterson.

"We do that through basic needs like our food pantry that feeds 200 families a week, and back-to-school program, which will serve 400 kids this summer. We also have a Thanksgiving and Christmas program and offer educational opportunities like nutrition education so families can learn to cook and eat meals on a limited budget, utilizing LCAC's garden and a variety of fresh produce" she said.

LCAC serves about 3,300 people a year; last year they had 10,700 visits to the food pantry, she said. Families are eligible to come once a week for food. LCAC also offers ESOL and computer classes as well as kids' summer activities.

In addition, they offer emergency rent and utility assistance in keeping families housed, and if families become homeless, they move them into housing.

During the 'Fall for LCAC' food-raiser on Sept. 16, Jersey Mike's will place a box in their store and collect food for the pantry. In addition to LCAC, Jersey Mike's will be partnering with people re-entering into the workforce.

"We want to give second chances for people coming out of jail and give them basic skills and training," she said.

Every March, Jersey Mike's also has an annual 'Month of Giving' where last year they raised \$6 million for 170 charities nationwide. Since the program started eight years ago, they've raised \$24 million. For the Day of Giving next March, Lorton Jersey Mike's revenue will go to LCAC.

For now, the couple is focused on getting the new store opened; it's a big task. They've reached out to the Workhouse Arts Center for potential partnerships on some of their events.

The week before they open, they'll be distributing food to local businesses, to the Workhouse, to the firehouse, giving them free food as an introduction, and introducing their brand.

For more on Jersey Mike's, visit the website at [www.jerseymikes.com](http://www.jerseymikes.com).

PHOTO BY STEVE HIBBARD/THE CONNECTION

## Registration for Senior Olympics Ends Aug. 24.

The Northern Virginia Senior Olympics (NVSO) includes more than 60 events that exercise the mind as well as the body. To qualify for the NVSO you must be at least 50-years-old by Dec. 31, 2018. The deadline for online registration at [www.nvso.us](http://www.nvso.us) is Aug. 24.

Paper registrations, available at most county recreation and senior centers, must be postmarked no later than Aug. 20. There will be no onsite or day of event registration.

The games are scheduled to commence Saturday, Sept. 15 and end Sept. 26.

The NVSO began in 1982 with about

80 entrants. In 2017 nearly 800 Northern Virginians took part. The NVSO is one of the largest annual senior events in the region. Last year's oldest medal winner was 101-years-old.

This year the NVSO is adding three new events: canasta at The Jefferson in Arlington; croquet at the Walter Reed Community Center in Arlington; and beach ball wallyball at the Providence RECenter in Falls Church. (Wallyball is like volleyball but played in a racquetball court, where it is legal to hit the ball off of the walls.)

The NVSO's basic registration fee is \$13. A fee of \$2 is added for each event entered.

Some events require additional fees including bowling, cycling, golf and orienteering.

The NVSO is also seeking volunteers to help at its venues across Northern Virginia. Those interested in volunteering should contact RSVP Northern Virginia at 703-403-5360 or email RSVP at [rsvp@volunteerfairfax.org](mailto:rsvp@volunteerfairfax.org)

For a complete list of events and venues, visit [www.nvso.us](http://www.nvso.us) The NVSO is a joint project of the cities of Alexandria, Fairfax and Falls Church and of the counties of Arlington, Fairfax, Fauquier, Loudoun, and Prince William.

## When a Good Plan Must be Better

BY SUPERVISOR DAN STORCK  
(D-MT. VERNON)



**A**t the July 10 Board of Supervisor's meeting, I voted against the County's first-ever Operational Energy Strategy. While I strongly believe the County needs such a strategy, the goals and plan were not aggressive enough to make a real positive difference to either our County budget or our environment.

The Energy Strategy set goals and targets for reducing energy use in County buildings, vehicles and operations, increasing some efficiencies, and saving money while also reducing greenhouse gas emissions. However, the strategy did not go far enough in advancing efficiencies, assessing future impacts or providing community and governmental leadership. As a County, we can and must do more to save people, places and property. Yes, the waters are rising, particularly here in the Mount Vernon District, our rivers, bays and marshes are seeing sea-level rise. We are experiencing more extreme weather events from derechos

**“The environmental stewardship of our planet is a moral, social, political and financial issue, requiring action by all individuals, communities, businesses, religious institutions, social leaders, and especially by public officials.”**

to snowmageddons. Without strong, aggressive actions to stop or at least slow down global warming and protect our environment, these conditions will continue to worsen for ourselves, our children and our grandchildren.

Our time to act is now!

The County needs more aggressive goals and actions for our Operational Energy Strategy, but it also needs a Community Climate Action Plan and to begin resiliency planning for the changes coming. I believe that by adopting stronger energy efficiency and savings goals, the County will not only lead the way in improving the quality of our environment, but also realize a rapid return on investment resulting in millions of dollars in future cost sav-

ings. During my time on the School Board, we successfully engaged an Energy Saving Performance Contractor which saved the schools more than \$10 million in 3 years. I am very proud of this achievement as these cost savings continue to increase as each day passes.

The environmental stewardship of our planet is a moral, social, political and financial issue, requiring action by all individuals, communities, businesses, religious institutions, social leaders, and especially by public officials. My thanks to the many community groups who embrace this challenge every day, working hard to education others and make our communities more sustainable and better places to live. It is an honor to serve you.

## In-Service Training

BY KENNETH R. “KEN” PLUM  
STATE DELEGATE (D-36)

COMMENTARY

**T**he only common requirement for holding elective office is that one be a registered voter in the state meaning then of course that you must be at least 18 years of age.

You do not need to be a resident of the district you hope to represent although you will have to move into the district if you win. The concept of a citizen legislature is that it is made up of people from all walks of life in the community who can collectively speak for the community at large. Supposedly there would be no professional politicians—just regular everyday folks. Such an approach should work out well to have the community broadly represented.

In the past, because of laws and practices, most legislatures have been filled mostly with old white men. Recent years have seen a shift including in Virginia as more women are running for office and getting elected. This year has more women, young people, and people of color running than ever before.

With the diversification of who sits in the legislature the challenge becomes taking people of many different backgrounds, perspectives and constituencies and bringing them together to work for consensus on legislation to get a ma-

jority vote. While skills acquired in business and civic activities teach many of the soft skills of interpersonal relationships and team building that are transferable to a legislative body, there are unique differences that are important to recognize.

Most legislatures with which I am familiar have orientation programs to acquaint new members with where the bathrooms are, rules of order in committee meetings and on the floor, and operating procedures around the capitol. Putting legislation together, developing a strategy for its passage, and keeping constituents back home happy are most often handled by the political party caucuses or helpful mentors.

Another source of in-service training I have found invaluable are conferences put together by professional associations, specifically the National Conference of State Legislatures (NCSL). I am at their national conference this week.

NCSL keeps up with what is happening in state capitols around the country and through publications, conferences and consultancy keeps legislators informed. The association is truly non-partisan, although its leadership—chosen from among state legislators

across the country—maintain their party allegiance while the staff is able to stay out of the partisanship.

Virginia of course had the first representative legislature in the western world beginning in 1619. Not everyone followed the Virginia model however in writing their constitution of organizing their legislatures. I continue to be amazed as I work with colleagues from around the country as to the number of different ways that legislative bodies can organize themselves and do their business. No

one has a corner on the best way to do the people's business, but we can learn from taking a look at how other states conduct their business.

NCSL refers to the states as the laboratories of democracy. The description is appropriate as we all face mostly the same challenges. Our responses are different, however. By getting together for what some would call a conference, but what I think is more appropriately called in-service training, we can do a better job for the people we represent.

LETTERS TO THE EDITOR

## Gerrymandering Continues to Mess with Our Elections

To the Editor:

No matter where we stand on the political spectrum, the possibility that anyone interferes or tampers in our elections is unacceptable. Meanwhile, gerrymandering continues to mess with all our elections.

Gerrymandering is drawing voting districts to expand the impact of some votes and shrink others. In 2019, Virginians will elect 100 state delegates and 40 state senators. In 2020 another national census will be taken, and in 2021 the incumbents elected in 2019 (with more influence from the majority party) will draw voting maps that

favor their own re-election. Having incumbents draw their own districts is a serious conflict of interest. Unless we find a fairer way, this process will be repeated in 2029, 2031, and so on.

You can help by (1) identifying which candidates favor fair redistricting, (2) voting for them, and (3) checking out OneVirginia2021.org, where you (like more than 80,000 other Virginians) can send a message to your representatives demanding an independent commission to apportion districts fairly.

**Karen Scarfone**  
Clifton

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# NEWS



PHOTO COURTESY OF FAIRFAX COUNTY FIRE & RESCUE DEPARTMENT

**Fire Investigators determined that the fire was caused by a lightning strike.**

## Lightning Strike Causes Lorton House Fire

On Sunday, July 22, at 9:08 p.m., units were dispatched to a report of a house that had been struck by lightning in the 9500 block of 5th Place in the Lorton area of Fairfax County.

Upon arrival, units found a two-story, single family home with smoke from the roof area. Crews quickly located a fire inside the walls and floors of the home. The fire was quickly extinguished. There were no civilian or firefighter injuries.

Six occupants were present in the home at the time of the fire. The fire was discovered by the home-

owner after he heard a loud lightning strike hit the house. Smoke alarms were present and sounded as the occupants evacuated the home.

Fire Investigators determined that the fire started in the immediate area around the gas meter. The fire was caused by a lightning strike.

No occupants were displaced as a result of the fire. Red Cross assistance was offered and declined. Damages due to the fire were approximately \$12,500 - according to Fairfax County Fire & Rescue Department.



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## WELLBEING

# Required Vaccinations for School

Local clinics offer free immunizations.

BY MARILYN CAMPBELL

As parents compile back-to-school task lists, health officials say that along with backpacks, notebooks and pencils, parents add the vaccinations that are required by Maryland and Virginia state laws in order for students to attend school. Now is the time to get those immunizations to avoid the back to school rush.

“We have free, walk-in clinics where you can get vaccines between now and the beginning of the school year,” said Mary Anderson, Montgomery County Department of Health and Human Services. “We urge parents to go now and not wait. We offer vaccines at clinics every day of the week at four different locations.”

Appointments are not required for immunization visits in Montgomery, Arlington and Fairfax counties. The Alexandria Health Department, however offers services by appointment only.

“We would certainly encourage parents to make an appointment now,” added John Silcox, Fairfax County Health Department. “Appointments fill up quickly, and there are some walk-in appointments, but the closer you get to school the more crowded our clinics get.”

Fairfax County has five clinics which offer vaccines. “School-required immunizations are always free at our clinics, whether a person has insurance or not,” said Silcox. “We highly encourage parents to call the clinic that is most conveniently located to them so that they have you vaccines in time for school.”

Parents must bring a copy of the child’s existing immunization record. “A parent or designated adult must be with the child when the go to get vaccines,” said Anderson. “If a parents doesn’t have or can’t find their child’s record, we can try to reconstruct it.”

As recently as May, the Washington, D.C. region saw a case of a vaccine preventable disease, says Anderson. “There was a case of measles that this particular individual had contracted outside of the country,” she said. “But this is a reminder about the importance of vaccinations because if you had come in contact with this individual and hadn’t been vaccinated you could have gotten sick.”



PHOTOS COURTESY OF FAIRFAX COUNTY

Parents are encourage to get required vaccines now to avoid the back-to-school rush.

**“We have free, walk-in clinics where you can get vaccines between now and the beginning of the school year. We urge parents to go now and not wait.”**

— **Mary Anderson, Montgomery County Department of Health and Human Services**

## Immunization Requirements

### MARYLAND

<http://www.montgomeryschoolsmd.org/info/immunizations/>

### VIRGINIA

<http://www.vdh.virginia.gov/immunization/requirements/>

Some students may be granted an exemption from the Virginia and Maryland state requirements for religious for medical reasons. “There is an exemption form that people would need to get filled out and turn into their school in order to be exempt from the state requirement.”

## Local Health Departments Offer Free Vaccines

### ALEXANDRIA

<https://www.alexandriava.gov/health/info/default.aspx?id=11444>

### ARLINGTON COUNTY

<https://health.arlingtonva.us/public-health/health-clinics-services/immunization-clinic/>

### FAIRFAX COUNTY

<https://www.fairfaxcounty.gov/health/immunization/school>

### MONTGOMERY COUNTY

<https://www.montgomerycountymd.gov/HHS/RightNav/SeventhGradeImmunizations.html>

Connection Newspapers is looking for freelance/part-time reporters to cover beats (local governance, planning, business, schools, police, transportation, and other news) within Fairfax County, Arlington County and City of Alexandria. These are fascinating assignments if you are interested in learning more about where you live and how things work. Please send note of interest, resume, 3 clips and 3 story ideas to Mary Kimm [mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)

**THE CONNECTION**  
 Newspapers & Online

**SPECIAL PULLOUT TAB**  
**Newcomers & Community Guide**  
**August 22, 2018**

The annual Newcomers and Community Guides for each of our 15 communities with inside facts on what makes each community special, their secret places, the real power players, how to get involved and more.

Including the history, schools, parks, libraries, local people, elected officials, county/city offices, how decisions are made, a calendar of events and other vital community information.

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# AREA ROUNDUPS

## Fatal Two-vehicle Crash on I-95

At 1:16 a.m. Saturday, July 28, Virginia State Police Senior Trooper K. Terry responded to a fatal two-vehicle crash in Fairfax County on Interstate 95 at the 166 mile marker.

A 2004 Toyota Camry traveling south on I-95 rear-ended a south-bound 2015 Mitsubishi Outlander. The impact of the crash caused the Mitsubishi SUV to overturn and the Toyota to catch fire.

The driver of the Mitsubishi, Kaitlyn R. Taylor, 26, of Jessup, Md., died at the scene. She was wearing a seat belt.

The driver of the Camry, David A. Tobul, 25, of Springfield, was not injured in the crash. His two passengers, an adult male and an adult female, were both transported to Inova Fairfax Hospital for treatment of non-life threatening injuries.

Sr. Trooper Terry charged Tobul with DUI-Manslaughter. The crash remains under investigation. Additional charges are pending.

### BULLETIN BOARD

FROM PAGE 2  
seen by the next available staff member.

For more information on available services, call the CSB at 703-383-8500 (Monday-Friday, 9 a.m.-5 p.m.). In an emergency 24/7, call CSB Emergency Services at 703-573-5679 or the Fairfax Detox Center at 703-502-7000 (TTY 703-322-9080).

### VOLUNTEERS NEEDED

**Haven of Northern Virginia** is committed to offering, support, compassion, information and resources to the bereaved and seriously ill. Volunteers provide individual and group support to those suffering from a loss. Volunteers must participate in a 30 hour training. Training will be offered in October 2018. To volunteer, call Haven at 703-941-7000.

**Assistance League of Northern Virginia**, a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at gronbiz@aol.com or Program Coordinator Lynn Barron at lynnlieb517@verizon.net.

### FRIDAY-SUNDAY/AUG. 3-5

**Tax-Free Holiday.** During Virginia's sales tax holiday, qualifying school supplies, clothing, footwear, hurricane and emergency preparedness items, and Energy Star and WaterSense products can be

SEE BULLETIN, PAGE 11



# Welcome Home

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## A healthy body starts with a healthy mouth!

At Peter K. Cocolis, Jr. and Associates, we believe optimum oral health is key to total body health and well-being. These days, going to the dentist is not just about taking good care of your teeth; it is about taking good care of your health. Problems in your mouth can be signs of trouble elsewhere in your body. Your oral exam reveals important early warning signs for many total-body conditions including diabetes, oral cancer and high blood pressure.

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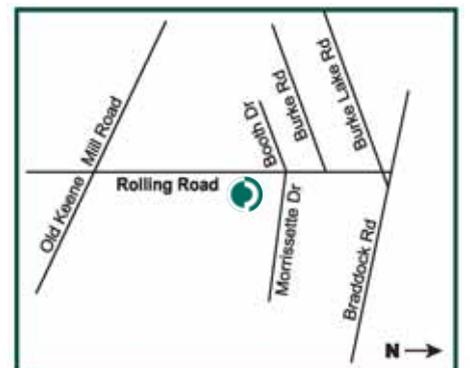
*Washingtonian* magazine, Drs. Cocolis and DaSilva exceed industry standards in the time they dedicate to continuing education and service. Our skilled and compassionate team pairs patient education with the latest dental techniques and technology, offering an extensive array of dental services including digital x-rays, injection-free laser procedures, CAD-cam same-day porcelain crowns, tooth whitening, Invisalign, and veneers. We offer a variety of sedation options including oral sedation and nitrous oxide (sleep dentistry) and are dedicated to easing all aspects of your dental experience.

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# ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## CAMP

**Youth Arts Summer Camps.** At Workhouse Arts Center, 9518 Workhouse Road, Lorton. Multiple sessions available for ages 3-17. Themes include Doodle Tots (ages 3-5), Visual Arts Explorers (ages 6-10), Fine Arts Innovators (ages 11-13), Summer Arts Intensive for Young Adults (ages 14-17), Short Film, and Game Design. New Music and Theatre Camps include Let's Play Guitar Camp, Vocal Arts Camp, Performing Arts Summer Camp Challenge, and Experimental Theatre Project Camp. Visit [www.workhousearts.org](http://www.workhousearts.org).

## WEDNESDAY/AUG. 1

**Springfield Nights.** 7 p.m. at Burke Lake Park, 7315 Ox Road, Fairfax Station. Featuring: Ruthie & the Wranglers (American Roots). Bring a picnic dinner, blankets, your dog, and lawn chairs and relax with friends and family. Beer and food will be available for purchase. Call 703-451-8873.

**Kings Park Concert Band.** 7:30-8:30 p.m. at Mason District Park, 6621 Columbia Pike, Annandale. Kings Park Concert Band; program of marches, band classics, Broadway and movie show tunes. Seating provided in the amphitheater or bring your lawn chair. Free. Call 703-569-3090 or visit [kingsparkband.org](http://kingsparkband.org).

## THURSDAY/AUG. 2

**Bocce Picnic and Play.** 11 a.m.-1 p.m. at Green Acres Center, 4401 Sideburn Road, Fairfax. Featuring a free Bocce Picnic and Play event. Green Acres is the host site for the 2018 NVSO bocce competition scheduled on Thursday, Sept. 20. Medalists from past NVSO bocce competitions are expected to be on hand at the picnic Aug. 2 to help introduce bocce to those who might be new to the sport. Participants may also register for the NVSO at the picnic. All registration for the senior games ends Aug. 24. You must be at least 50-years-old by Dec. 31, 2018, to compete in the NVSO. To register for the free RSVP picnic or to become a NVSO volunteer, call volunteer specialist Carly Hubicki at 703-403-5360 or visit [www.rsvpnova.org](http://www.rsvpnova.org).

**Evenings on the Ellipse with The Gibson Brothers.** 5:30-7 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The Evenings on the Ellipse summer concert series is a family-friendly event featuring a wide range of musical genres. Paradise Springs Winery and The Winery at Bull Run will be providing complimentary tastings; glasses of wine and full bottles available for purchase. A Farmers Market (2:30-6:30 p.m.) will also be on site selling fresh fruit and savory snacks. Rain or shine. Free. Visit [fairfaxcounty.gov/parks/performance](http://fairfaxcounty.gov/parks/performance).

## FRIDAY/AUG. 3

**B-I-N-G-O.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit [www.fairfaxvfd.com](http://www.fairfaxvfd.com) or call 703-273-3638.

## SATURDAY/AUG. 4

**Car Wash.** 9 a.m.-1 p.m. at Next to

Patient First, 10100 Fairfax Blvd./Lee Highway (across from the fire station). Proceeds benefit the Fairfax High School Cross Country Team. Email [mawhalley@fcps.edu](mailto:mawhalley@fcps.edu).

**Workhouse Brewfest.** 1-8 p.m. at Workhouse Arts Center, 9518 Workhouse Way, Lorton. More than 30 Virginia craft breweries, artisan distilleries, and Virginia wineries will be on tap at the third annual Workhouse Brewfest, which will also feature live performances by 12 bands, food trucks, access to 12 air-conditioned art galleries and 65 artist studios. Visit [workhousebrewfest.org](http://workhousebrewfest.org) for tickets.

**Mount Vernon Nights.** 7 p.m. at Workhouse Arts Center, 9518 Workhouse Road, Lorton. This series of free, public concerts features a variety of musical performances reflecting Fairfax County's diversity, culture and community spirit. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's special summer traditions. Visit [www.fairfaxcounty.gov/parks/performance/mt-vernon-nights](http://www.fairfaxcounty.gov/parks/performance/mt-vernon-nights).

## AUG. 4-SEPT. 2

**Art Exhibit: Free Beer (and other lies).** At Arches Gallery at Workhouse Arts Center, Building 9, 9518 Workhouse Way., Lorton. Featuring works by John Hartt, who is known for his quirky oil paintings which have been described as strangely comforting. His latest kooky collection, "Free Beer (and other lies)," explores some of the concepts and stories surrounding beer, drunkenness and lies as only Hartt can interpret them. Visit [www.workhousearts.org](http://www.workhousearts.org). For more information about John Hartt, visit [www.jortt.com](http://www.jortt.com).

## SUNDAY/AUG. 5

**History Challenge Day.** 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Choose from a selection of quizzes on a variety of topics for a chance to win a prize. Different versions will be available for all ages and groups and interests. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit [www.fairfax-station.org](http://www.fairfax-station.org), [www.facebook.com/FFXSRR](http://www.facebook.com/FFXSRR), or call 703-425-9225.

**Ballet "Precedence."** 2 p.m. at Ernst Community Cultural Center, NVCC Annandale Campus, 8333 Little River Turnpike, Annandale. Virginia Ballet Company and School will present a program that includes modern dance, ballet, and flamenco. All seats are reserved, and tickets are priced by location, with orchestra center \$30, orchestra sides \$20, and Balcony \$15 (all plus a \$3 processing fee). Tickets may be purchased at [www.vaballet.org](http://www.vaballet.org) or at the door. Call 703 249-8227.

## TUESDAY/AUG. 7

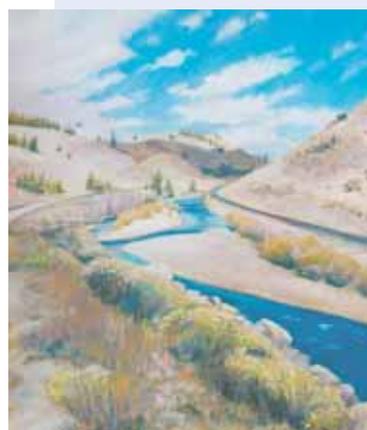
**Farm to Fairfax Market.** 10 a.m.-2 p.m. at Old Town Square, 10415 North St., Fairfax. The market, will be producers-only - meaning that all vendors at the market may only sell what they raise on their farms or make from scratch using local ingredients as much as possible. May-September, weather permitting. Call 703-385-7893.

**Erin's Epic Stories.** 10:30 a.m. at Old Town Square, 10415 North St., Fairfax. A variety of children's activities and entertainment in Old Town Square at the pergola, Tuesdays June-August. Weather permitting. Free. Visit [www.fairfaxva.gov/government/parks-recreation/old-town-square](http://www.fairfaxva.gov/government/parks-recreation/old-town-square).

**Dwelling Detectives.** 7-9 p.m. at Burke Centre Library, 5935 Fred Oak Road, Burke. Local Architectural Historian, Susan Hellman, will

## Hometown Thursdays: Lesson Zero

The new series hosts bands from the Fairfax area. Meet up with friends, grab dinner at one of the many restaurants in downtown, and listen to great music. A free, family-friendly event for all ages. Thursday, Aug. 9, 6:30-8:30 p.m. at Old Town Square, 10415 North St., Fairfax. Visit [www.fairfaxva.gov/government/parks-recreation/special-events/hometown-thursdays](http://www.fairfaxva.gov/government/parks-recreation/special-events/hometown-thursdays) for more.



"High Desert, Colorado" pastel, 2018, by K. Best Gillmann.

## Free Beer (and other lies).

Featuring works by John Hartt, who is known for his quirky oil paintings which have been described as strangely comforting. His latest kooky collection, "Free Beer (and other lies)," explores some of the concepts and stories surrounding beer, drunkenness and lies as only Hartt can interpret them. Aug. 4 through Sept. 2, at Arches Gallery at Workhouse Arts Center, Building 9, 9518 Workhouse Way., Lorton. Opening reception on Saturday, Aug. 11, 6-9 p.m. Visit [www.workhousearts.org](http://www.workhousearts.org). For more information about John Hartt, visit [www.jortt.com](http://www.jortt.com).

provide tips on researching historic buildings, including resources to use in this area and steps to uncover the truth about one's house. Free. Email [slawski\\_brian@yahoo.com](mailto:slawski_brian@yahoo.com) or visit [www.burkehistoricalsociety.org](http://www.burkehistoricalsociety.org).

## WEDNESDAY/AUG. 8

**Springfield Nights.** 7 p.m. at Burke Lake Park, 7315 Ox Road, Fairfax Station. Featuring: The Colin Thompson Band (Blues/Rock). Bring a picnic dinner, blankets, your dog, and lawn chairs and relax with friends and family. Beer and food will be available for purchase. Call 703-451-8873.

## WEDNESDAY-THURSDAY/AUG. 8-9

**Studio Ghibli: Spirited Away.** Wednesday, 7 p.m. (Japanese with English subtitles); Thursday, 11 a.m. (English dubbed) at Angelika Film Center - Mosaic, 2911 District Ave., Fairfax. The Angelika Mosaic will feature animated films from the celebrated Studio Ghibli praised for their originality, stunning animation,

## Closing Soon: Illuminated 'Scapes

Featuring 12 original pastels and paintings by Kathleen Best Gillmann. Illuminated 'scapes are waterscapes, skyscapes, and landscapes where the effects of light and color are key to the composition. The title was chosen to reference medieval illuminated manuscripts which were often complicated and colorful like Gillmann's work. Through Aug. 3, gallery hours at Arches Gallery, Bldg. W-9, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Visit [workhousearts.org](http://workhousearts.org).



Oh Bartender! There's a Pink Squid in my Beer by John Hartt; media: Oil on Board; size: 8" x 10"

and ambitious storytelling. All tickets are regular admission. Visit [www.AngleikaFilmCenter.com](http://www.AngleikaFilmCenter.com).

## THURSDAY/AUG. 9

**Evenings on the Ellipse with Robin and Linda Williams.** 5:30-7 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The Evenings on the Ellipse summer concert series is a family-friendly event featuring a wide range of musical genres. Rain or shine. Free. Visit [fairfaxcounty.gov/parks/performance](http://fairfaxcounty.gov/parks/performance).

**Hometown Thursdays: Lesson Zero.** 6:30-8:30 p.m. at Old Town Square, 10415 North St., Fairfax. Third Thursdays in May-September. The new series will host local bands from the Fairfax area. Meet up with friends, grab dinner at one of the many restaurants in downtown, and listen to great music. A free, family-friendly event for all ages. Visit [www.fairfaxva.gov/government/parks-recreation/special-events/hometown-thursdays](http://www.fairfaxva.gov/government/parks-recreation/special-events/hometown-thursdays).

## FRIDAY/AUG. 10

**B-I-N-G-O.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit [www.fairfaxvfd.com](http://www.fairfaxvfd.com) or call 703-273-3638.

**Movies Under the Moon: Moana.** 8 p.m. at Van Dyck Park, 3740 Old Lee Highway, Fairfax. Enjoy a night under the stars in Van Dyck Park with family and friends with a movie for all ages to enjoy. Free admission, bring chairs and blankets.

## SATURDAY/AUG. 11

**Community Family Safety Day.** 10 a.m.-2 p.m. at 11230 Waples Mill Road, Fairfax. Sponsored by Jubilee Christian Center, Focus Family Martial Arts, and other local businesses and organizations. Free activities, including: inflatables, demonstrations on how to keep children safe, and sno-cones. Food vendors will be on-site. Call 703-383-1170 or visit [www.jccag.org](http://www.jccag.org).

**Opening Reception: Free Beer (and other lies).** 6-9 p.m. at Arches Gallery at Workhouse Arts Center, Building 9, 9518 Workhouse Way., Lorton. Artist John Hartt is known for his quirky oil paintings which have been described as strangely comforting. His latest kooky collection, "Free Beer (and other lies)," explores some of the concepts and stories surrounding beer, drunkenness and lies as only Hartt can interpret them. Visit [www.workhousearts.org](http://www.workhousearts.org). For more information about John Hartt, visit [www.jortt.com](http://www.jortt.com).

**Mount Vernon Nights.** 7 p.m. at Workhouse Arts Center, 9518 Workhouse Road, Lorton. This series of free, public concerts features a variety of musical performances reflecting Fairfax County's diversity, culture and community spirit. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's special summer traditions. Visit [www.fairfaxcounty.gov/parks/performance/mt-vernon-nights](http://www.fairfaxcounty.gov/parks/performance/mt-vernon-nights).

## MONDAY/AUG. 13

**Donation Deadline.** During bank hours at Sonabank, 10855 Fairfax Blvd, Fairfax. Sonabank is collecting school supplies at all branches, including: notebook paper, three-ring binders, spiral notebooks, composition notebooks, No. 2 pencils, pencil pouches, colored pencils, calculators, crayons, pencil erasers, dry erase marker, glue sticks, bottle glue, pocket folders, three-prong folders, pocket dictionaries, markers, highlighters, rulers, tissues, hand sanitizers, copy paper, sticky notes, backpacks and blunt-end safety scissors. Visit [sonabank.com](http://sonabank.com).

## TUESDAY/AUG. 14

**Farm to Fairfax Market.** 10 a.m.-2 p.m. at Old Town Square, 10415 North St., Fairfax. The market, will be producers-only - meaning that all vendors at the market may only sell what they raise on their farms or make from scratch using local ingredients as much as possible. May-September, weather permitting. Call 703-385-7893.

**Erin's Epic Stories.** 10:30 a.m. at Old Town Square, 10415 North St., Fairfax. A variety of children's activities and entertainment in Old Town Square at the pergola, Tuesdays June-August. Weather permitting. Free. Visit [www.fairfaxva.gov/government/parks-recreation/old-town-square](http://www.fairfaxva.gov/government/parks-recreation/old-town-square).

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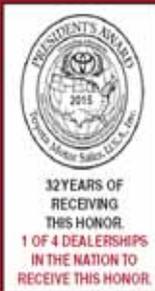
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## NEWS

**In an effort to increase the bee population in Virginia after a reported near 60 percent total colony loss by reporting beekeepers in the Commonwealth, individuals 18 years and older may receive up to three free bee hives through the Virginia Department of Agriculture and Consumer Services Beehive Distribution Program.**



## Where Have All the Honeybees Gone?

**Virginia General Assembly establishes the Beehive Distribution Program, after the shocking number of total winter colony losses.**

By MERCIA HOBSON  
THE CONNECTION

The winter losses of honeybee colonies over the 2017 – 2018 season were greater than expected. To address the problem and increase the number of actively managed bee colonies, the 2018 Session of the Virginia General Assembly established the Beehive Distribution Program.

“An individual who submits an application to the Department of Agriculture and Consumer Services for a beehive unit through the Program will be registered as a beekeeper with the Department ... Individuals may receive no more than three basic beehive units per fiscal year (July 1 thru June 30). Only residents of Virginia who are 18 years of age or older at the time the application is submitted are eligible to receive a beehive unit through the Program.”

“The winter losses were 59.5 percent,” said Keith Tignor, State Apiarist. This is the highest rate since 2000 when the state began monitoring winter losses. It is the fourth highest reported in the nation for total winter all colony loss with only Arizona, Tennessee and Louisiana reporting higher losses according to the nonprofit Bee Informed Partnership.

Virginia Department of Agriculture and Consumer Services said “VDACS staff found high levels of Varroa mites and nosema infections in wintering bees. Both of these maladies shorten the lifespan of worker bees, increasing mortality rates in winter months.”

VDACS cautions that applicants must comply with all state and local requirements related to beehive management and other beekeeping activity as well

as contact the locality in which the beehive(s) will be located to ensure compliance with all applicable ordinances.

Applications for beehive units may be submitted electronically to the at [www.vdacs.virginia.gov/plant-industry-services-beehive-distribution-program.shtml](http://www.vdacs.virginia.gov/plant-industry-services-beehive-distribution-program.shtml)

PHOTOS BY MERCIA HOBSON/THE CONNECTION



**Tim Field of Herndon checks his honeybee hives. Although his hives did not suffer colony loss, 60 percent of reporting beekeepers in the Commonwealth of Virginia did, the fourth highest loss percentage in the United States.**

# BULLETIN BOARD

FROM PAGE 7

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## TUESDAY/AUG. 7

**Volunteer Information Session.** 2-3 p.m. at Burke Library, 5935 Fred Oaks Road, Burke. Learn about opportunities to help children succeed in the classroom at GrandInvolve's volunteer information session for seniors. Email [info@grandinvolve.org](mailto:info@grandinvolve.org) or visit [www.grandinvolve.org](http://www.grandinvolve.org) for more.

**Lions Dinner Meeting.** 6:30-8:30 p.m. at American Legion Post 177, 3939 Oak St., Fairfax. Lions Club meets the 1st and 3rd Tuesdays of each month. Guests are welcome to learn about the mission of the Lions Clubs "We Serve," meet club members and learn to help serve the community. Free to first time guests. Email [fairfaxlions@cox.net](mailto:fairfaxlions@cox.net) or visit [www.fairfaxlions.org](http://www.fairfaxlions.org) for more.

## SUNDAY/AUG. 12

**Spiritual Prosperity Workshop.** 1:30-4 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. Learn how to make changes in life using spiritual laws of abundance in this workshop with nationally-known author and speaker Edwene Gaines. Workshop is offered on a love offering (donation) basis. Call 703-281-1767 or visit [www.unityoffairfax.org/four-spiritual-laws-prosperity-workshop-s](http://www.unityoffairfax.org/four-spiritual-laws-prosperity-workshop-s) for more.

## AUG. 13-SEPT. 9

**Pool Closure: South Run RECenter.** Four Fairfax County Park Authority RECenter pools will be closing for regular, periodic cleaning and maintenance next month. Consider trying out another county pool during the temporary shutdown. RECenter passes are valid at all nine Park Authority RECenters. Dates are subject to change. Visit [www.fairfaxcounty.gov/parks/recenter](http://www.fairfaxcounty.gov/parks/recenter) for more.

## TUESDAY/AUG. 21

**Lions Dinner Meeting.** 6:30-8:30 p.m. at American Legion Post 177, 3939 Oak St., Fairfax. Lions Club meets the 1st and 3rd Tuesdays of each month. Guests are welcome to learn about the mission of the Lions Clubs "We Serve," meet club members and learn to help serve the community. Free to first time guests. Email [fairfaxlions@cox.net](mailto:fairfaxlions@cox.net) or visit [www.fairfaxlions.org](http://www.fairfaxlions.org) for more.

## FRIDAY/AUG. 31

**Survey Deadline.** In an effort to better target opioid and other drug prevention efforts, the Fairfax-Falls Church Community Services Board (CSB) is seeking opinions of young adults between the ages of 18-25. The survey is anonymous and voluntary, and asks questions about use of alcohol, prescription drugs, and heroin. Learn more about CSB's Wellness & Prevention efforts in Fairfax County at [www.fairfaxcounty.gov/community-services-board/prevention](http://www.fairfaxcounty.gov/community-services-board/prevention). Visit [www.surveymonkey.com/r/3Y37BBJ](http://www.surveymonkey.com/r/3Y37BBJ) to take the survey.

## THURSDAY/SEPT. 6

**ESL Class Registration.** 7 p.m. at Lord of Life Lutheran Church's two campuses: Fairfax Campus, 5114 Twinbrook Road, Fairfax; or Clifton Campus, 13421 Twin Lakes Drive, Clifton. Registration fee \$15; Text book \$25. Class meets Tuesdays and Thursdays from 7-9 p.m.; start date is on Sept. 11 and ends Nov. 15, 2018. Call 703-323-9500 or visit [www.lordoflifeva.org](http://www.lordoflifeva.org).

**Public Hearing.** 7 p.m. in the Oaks Room at Twin Lakes Golf Course, 6201 Union Mill Road, Clifton. The Fairfax County Park Authority (FCPA) and the Northern Virginia Regional Park Authority (NOVA Parks) will hold a joint public hearing on the proposed adoption of an amendment to Park Regulation Section 1.17, Remote-Control Devices and Powered Models or Toys. The full text of the proposed amendment is available at [www.fairfaxcounty.gov/parks/model-aircrafts-drones](http://www.fairfaxcounty.gov/parks/model-aircrafts-drones). Anyone wishing to speak on this subject may call Judy Pedersen, FCPA Public Information Officer, at 703-324-8662 or email [parkmail@fairfaxcounty.gov](mailto:parkmail@fairfaxcounty.gov), to be placed on the Speakers' List.

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## Fortitude For a Fortnight



By KENNETH B. LOURIE

Intestinal or otherwise. "All hands to the pump," (Downton Abbey), emotionally speaking. The weight of it all is not too much to bear, but it is pretty close to it:

- ◆ 24-hour urine collection on Tuesday;
- ◆ Pre-chemotherapy lab work and quarterly CT Scan on Wednesday (not often occurring on the same day but this cycle unfortunately they did);
- ◆ Balance of Wednesday and Thursday waiting for lab results which ultimately determine whether I'm approved for chemotherapy on FRIDAY;
- ◆ Thursday through Monday (or longer): waiting for scan results from previous Wednesday (my life doesn't hang in the balance exactly, but it's definitely hanging somewhere);
- ◆ Friday: my actual chemotherapy;
- ◆ Sunday through Thursday (post chemotherapy): feeling lousy, hardly eating, irregular sleep, tired all the time (typical post-chemotherapy side effects)

◆ And finally, per my July 25 column entitled "Phoning It In," talking with my oncologist over the phone to discuss my scan, my treatment going forward, my life, etc.

In summary: Tuesday, July 24 to Monday, Aug. 6, two weeks of cancer "centricity."

Considering this first paragraph, no wonder I used the word hope and expressed per pen the written emotion so much in my previous two columns. When cancer or any other treatment for a serious disease, operation, recuperation, physical therapy and so forth is concerned, ultimately, what else is there?

Whether you're following doctor's orders and/or supplementing it with non-Western, holistic-type alternatives, rarely are there any guarantees other than as they say "death and taxes" and for a time was said in the 1940s and 50s: "The Washington Senators finishing last in The American League."

Nevertheless, hope springs eternal, as a formerly long-suffering life-long member of Red Sox Nation can attest: three World Series Championships since 2004 after breaking/braking the "Curse of the Bambino," (the 86-year drought since the Red Sox had last won the World Series in 1918 - Babe Ruth's last season playing for the Red Sox).

And as I live on/write on nine years and nearly eight months past a "13-month to two-year" prognosis diagnosed back in late February 2009, I am eternally hopeful - and always forever grateful.

And in spite of my amazing, miraculous good fortune, the last thing I do, and I mean the absolute last thing I do, is take any of it for granted. That is why the emotion so often expressed in pen and in person is hope. I am never going to betray/dismiss who and/or what has power over my outcome/life expectancy.

I mean, at the end of the day (heck, at the beginning of the day), I am a mere mortal and don't presume for a minute (or even a second) that living in the "Kenny lane" is sufficient to defeat the greatest advisory mankind has ever known: cancer. And though I am generally positive and optimistic, I am cautiously so.

After all, I'm just not supposed to blow by (live through) my original prognosis as if it was an arbitrary statement. It was the real deal, and when you first hear it, it's a surreal one at that. But here we are, late July, 2018.

At this actual real-time Friday-morning moment, I am on hold with oncology confirming that my pre-chemotherapy lab results are acceptable for today's infusion. (Otherwise, this fortnight will be extended by seven days.) As any cancer patient under treatment knows, one's presence is never really confirmed until the medical staff advises you. Soon, I will be advised.

In all the intervening moments, I am still waiting to hear back concerning the results from my CT Scan on Wednesday. Hopefully (there's that word again), we will hear before the weekend. It's so much easier to suffer through/anticipate the fortnight when news is known sooner rather than later.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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