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and Oakton
Vienna
CONNECTION

Back to School in Vienna

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'Amish' Cover Band Rocks the House in Vienna

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Teen Sex Trafficking Close to Home

NEWS, PAGE 3

Kindergartner Carson Wintermute and fifth-graders Shelby Smith and Kinsley Wintermute walk to Wolftrap Elementary on Tuesday, the first day of the new school year.

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Providence District Supervisor Linda Q. Smyth (D) announced the group at the start of the show.



PHOTOS BY MIKE SALMON/THE CONNECTION

The crowd got into it as well.

Amish Cover Band Rocks the House in Vienna

Nottoway Park's natural stage setting doubled as a dance floor for the Amish Outlaws.

BY MIKE SALMON
THE CONNECTION

The suspenders, blue shirts, and straw hats screamed Amish, but the stage show and antics of The Amish Outlaws bore no resemblance to this religious group with roots in the Pennsylvania countryside. The crowd on the hillside at Nottoway Park was up and

dancing in no time when the group took the stage on Thursday, Aug. 23 as part of the Summertime Concert Series put on by the Fairfax County Park Authority.

Hazekiah Yoder, one of the lead singers, immediately took to the audience, got down off the stage and went into the crowd, but then paused. "I swallowed a bug," he joked, connecting with the crowd as he went into the first song that involved jumping before

"Everybody Rock Your Body," by the Backstreet Boys, and rolling into a set that included U2, a reggae hit, and "Honky Tonk Woman," by the Rolling Stones.

"We try to find things people won't hear every day," said Yoder, commenting that "you won't hear 'Brown Eyed Girl,' out of us."

THE AMISH OUTLAWS are a cover band described as "men in full Amish garb releasing their pent-up energy with infectious joy," read the description on the table. The Amish garb description isn't entirely accurate, said Yoder. The religion is strict about clothes, cars and electricity. "You're not going to catch any Amish in shorts," he said.

Three of the band members are of Amish heritage, but left that life as teens. One is Yoder, and then there's another singer Amos Def, and the bass player. "All three of us are

from that culture," Yoder said. Although they mention Amish in their band title, "we're not making fun of our former culture in any way," Yoder said. "We're sort of goofy people anyway," he added.

The Amish culture has European roots in Switzerland and Germany with the Mennonites, but formed in the late 17th century when Jakob Ammann broke away and started his own religion. They settled in and around Lancaster, Pa., and Yoder has heard minimal negative comments to the group in reference to using Amish in their name. They aren't a stereotypical wild rock band and the family-type crowd like in Vienna is their typical show.

"We all try to live a decent existence," Yoder said.

Providence Supervisor Linda Q. Smyth (D) announced the group at the start of the show, which was the last of the summer

concerts at that park. She praised the volunteers that staffed the event and then set the evening's pace. "Let's close out our season with a bang," she said.

IN THE AUDIENCE was Ken Quincy, the vice chairman of the board at the Fairfax County Park Authority that also lives in Vienna. He was happy with the size of the crowd but knows these outside events are always a risk. "The weather is always a factor, zero rain outs this year," he said. "A big variety of music on the schedule appeals to a wide variety," he said.

They had Seldom Scene a few weeks before playing bluegrass, and the crowd was bigger, but this band got the crowd involved with dancing and interacting, which Quincy liked. Although both Smyth and Quincy were there, this was not always the case. "Linda Smyth and I sort of trade off MC'ing the act," he said.



Amos Def hammers out one of their cover tunes.

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Teen Sex Trafficking Close to Home

How vulnerable teens are targeted.

BY WALLICIA GILL
AND BRAD SWANSON

*This article first appeared in The Blue View
www.blueview.org. It has been slightly edited.*

Local experts say that Northern Virginia is a teen sex trafficking hotspot, but most people know very little about this growing crime. A better understanding among the public will help to combat the problem, agree both police and victims advocates.

MORE THAN 100 LOCAL VICTIMS A YEAR

According to law enforcement records compiled by the Northern Virginia Human Trafficking Task Force, approximately 500 sex trafficking victims were “identified” — brought to the attention of law enforcement — in northern Virginia in the 4-year period from January 2013 to February 2017.

That averages to about 125 sex trafficking victims identified in the area per year. Experts believe that only a small minority of trafficking victims are brought to light, but they don’t have good insight into what the fraction really is. The trend in identifying victims in the region is upward, and experts believe the practice is growing, but some part of the increase may also come from more awareness and better discovery.

Of the approximately 140 sex trafficking victims identified in the year from January 2016 to February 2017, the latest data available, most were female, but a significant minority were not. Experts say boys and young men, especially from the LGBTQ community, are as vulnerable to trafficker recruiting as girls and young women — and less likely to come forward.

The average age of sex trafficking victims in the USA is 12-to-15 years, but in this area the average appears to be somewhat higher, 15-18. Consequently, only about a third of



Kay Duffield



Teresa Hartnett

the total identified last year were technically juveniles, but the average age of the “adult” victims is not available.

The ethnic backgrounds of sex trafficked women typically mirror that of the region, and this appears to be the case for this area as well. In broad socioeconomic terms, girls in poverty, dysfunctional families and neighborhoods with more crime appear more susceptible to becoming trafficking victims, although high income and stable family life are no barrier.

“Any victim I have personally met from Northern Virginia is upper income demographic,” said Teresa Hartnett, coordinator of the Trafficking Task Force, which brings together law enforcement agencies, government agencies and nongovernmental organizations in the fight against trafficking.

Vulnerability is the key to understanding why girls and young women get trapped into sex trafficking, according to Kay Duffield, who serves both as co-chair of the Victims’ Services Committee of the Trafficking Task Force and executive director of the non-profit Northern Virginia Human Trafficking Initiative. Girls are not kidnapped off the street and bound in chains. The typical pattern is for a girl who is lonely, unhappy, rebellious, adventurous, or some combination, to meet a trafficker, who poses as a friend and over time gains influence through empathy, attention and acceptance. The initial meetings typically happen online or in shopping malls or other public places. The trafficker is patient, waiting for

“Any victim I have personally met from Northern Virginia is upper income demographic.”

— Teresa Hartnett, coordinator, Northern Virginia Human Trafficking Task Force

the payoff from a successful recruitment.

After winning a girl’s trust, a typical tactic is for the trafficker to break her will by raping her, or staging a gang rape, sometimes filming the episode for blackmail, according to Hartnett. Drugs are another method of control. Also common is threatening harm to family members if the victim comes forward. But some victims are ensnared by emotional dependence, or fear, without strong-arm tactics being necessary. Often the victim keeps up a show of normality — going to school, spending time with her family — while she is being subjected in her unsupervised time to involuntary sex.

The average period of being trafficked, is difficult to determine. In some cases, after a few instances, the victim is deemed unsuitable, or the trafficker is caught, or moves on. But in other cases trafficking is a one-way journey and its victims are unable to return.

FORTY PERCENT OF VICTIMS RETURN TO TRAFFICKING

Of the approximately 500 northern Virginia victims identified by police in 2013-17, only about 300 were “recovered” — removed from the trade, reunited with families, or sent to live elsewhere. In other words, this data shows that 40 percent of those identified slipped back into sex trafficking.

The reasons differ in each case, but are often tied to the same factors that led to vulnerability in the first place. Being returned to live in a dysfunctional family and neighborhood doesn’t strengthen a girl’s

will to resist the false affection and security of an experienced trafficker.

The experience of being trafficked can destroy a young woman or teen’s self-esteem and dignity and skew her ability to function.

“Starting over is very hard,” said Hartnett. “It can get overwhelming, and some survivors lose hope. If they lose momentum going forward, they slip backwards into what’s familiar — and what they have come to think they deserve.”

Trafficking victims who are able to recover often take many months or years of counseling and emotional support to regain their autonomy and self-confidence.

Traffickers typically are not solo operators but rather are linked and have specialized functions, similar to street level drug distribution, according to Hartnett. Some are adept at recruiting, and then passing the victims to pimps who control one or two victims at a time. But not all trafficking is low-level. Networks operate across state lines moving victims both to take advantage of high demand in a different area and to isolate the victims from potential sources of help.

Gang-led trafficking varies in intensity across the country. In northern Virginia, gangs typically do not practice trafficking as an organized activity although some gang members traffick as individuals, says Duffield.

Not all trafficking is done by third parties. Family members, including drug-addicted parents, sometimes sell their own children to traffickers.

SEE SEX TRAFFICKING, PAGE 9

Recent Cases

❖ A Washington, D.C. man was sentenced on Aug. 17, 2018 to 18 years in prison for forcibly sex trafficking a minor.

According to court documents from Eastern District of Virginia, Justin Shayne Robinson, 27, lured the 16-year-old victim to a motel in northern Virginia. Once the minor victim arrived, Robinson directed sexualized photos to be taken of her, and created and posted online advertisements for commercial sex acts with the minor. Robinson and his co-conspirator, Markus Jakeem Plummer, 27, of Woodbridge, then trafficked the minor

over a period of roughly a week. Robinson and Plummer took all the proceeds of the minor’s commercial sex acts for their own benefit. Robinson and Plummer used force and surveillance to ensure that the minor continued to see clients and was unable to escape the motel. Robinson used violence to force the victim to continue working for him, including choking her and leaving medically documented bruising on her leg and neck. Co-Conspirator Markus Plummer is scheduled for sentencing on Sept. 28.

❖ On July 20, 2018, a Virginia man was sentenced to 186 months in prison and 10 years of supervised release for multiple crimes related to the prostitution and ex-

ploitation of a 15-year-old minor. Abdul Karim Bangura Jr. aka “AJ”, 22, of Triangle, Va. pleaded guilty in August 2017 to all counts of an indictment charging him with sex trafficking of a minor, conspiracy to engage in sex trafficking of a minor, interstate transportation of a minor for the purposes of prostitution, and production of child pornography.

According to admissions made in connection with his plea in the Eastern District of Virginia, Bangura and his co-defendant Christian Hood conspired to recruit a 15-year-old girl to work as a prostitute and to advertise her prostitution services on Backpage.com. Bangura also transported

the minor to hotels in Virginia, Maryland, and Washington, D.C. for prostitution dates, and he took a portion of the money she made from commercial sex customers. Bangura also used a phone to record a video of himself having sex with the minor. In August 2017, a year ago, Hood was convicted at trial of sex trafficking and conspiracy to engage in sex trafficking of this same minor.

These unrelated cases were brought as part of Project Safe Childhood, a nationwide initiative launched in May 2006 by the Department of Justice to combat the growing epidemic of child sexual exploitation and abuse.

OPINION

America Needs Unions

BY DAVID BRODER
PRESIDENT,
SEIU VIRGINIA 512



Broder

This Labor Day, while some of us attend barbecues or spend quality time with our families, millions of Americans will go to work.

Americans are now working longer hours for lower wages. Despite an increase in our educational attainment, fewer of us have paid sick days, parental leave or employer-based healthcare. Even fewer of us have retirements we can count on.

Unions are a solution to our broken economy. Working people who form unions with their co-workers earn higher wages, have better health care, have more secure retirements, and are safer on the job.

The statistics are overwhelming. Working people in unions earn 30 percent more than their non-union counterparts, and are nearly five times more likely to have a guaranteed pension.

Women workers who are union members earn nearly \$9,000 a year more than their non-

union counterparts. For African-American workers, the union differential is also about \$9,000, and for Latino workers the yearly advantage is more than \$11,000.

Unions have made all the difference in my family's life.

I'm the great-grandson of eastern European Jewish immigrants, who fled anti-Semitic violence, and came to this country with nothing. Thanks to my grandparents' union, my father was able to go to college. Thanks to my mother's teachers union (in which she was a powerful leader), our family never had to choose between seeing a doctor and putting food on the table, and my parents can now retire and live with dignity.

It's no wonder that more people are speaking out, organizing and voting for the rights to form a union.

Across the country, in deeply-conservative states like Oklahoma and West Virginia, union teachers and community allies have successfully mobilized for improvements to our education system, teacher pay and workers' rights.

Here in Virginia in 2016, a bipartisan majority of voters rejected the anti-worker constitutional amendment known as "right to work," while last month, voters in Missouri rejected the state's right-to-work law by a 2:1 margin.

Across the country, 61 percent of Americans

support unions, according to a recent Gallup Poll. Young workers are even more supportive, and are joining unions in record numbers, in order to fix a broken economy.

When workers join together to form unions, we all benefit.

Strong unions raise wages, improve health care, and expand retirement security for all workers, union and non-union. Unions have played important roles in the civil rights movement and women's rights movement, and continue today to fight for racial, immigrant and environmental justice.

Here in Northern Virginia, unions have helped lead fights to raise wages, increase mental health funding, create jobs, and ensure health care for up to 400,000 people through Medicaid Expansion.

So, this Labor Day, whether you're enjoying a burger with family and friends or you're hard at work at your job (or maybe your second or third job), I invite you to join us.

Let us all unite together on our jobs, in our communities, and at the polls this November, to demand a better economic future for all people!

Learn more at AmericaNeedsUnions.org

David Broder of Vienna is president of SEIU Virginia 512, a union of home care providers, and county employees in Fairfax and Loudoun.

LETTERS TO THE EDITOR

Wake-up Election

To the Editor:
(re: An Open Letter to Representative Comstock, by David Pope, Connection, Aug. 22-28, 2018)

Barbara Comstock has served all well; your lifelong Republican anxiety representative in your Open Letter appears your cup half empty; others out here in your longed-for "democratic" past, are

experiencing glass half full and increasing volume in Real Life.

Speaking of President Trump's actions, I refer you to a recent interview with 94 year old Henry Kissinger.

"Donald Trump is a phenomenon that foreign countries haven't seen before." Kissinger gives new understanding of

Trump's foreign policy and predicts its success. "He is the one true leader. After eight years of tyranny, we finally see a difference."

We the people electing past Presidents, Congress members, Social Democrats, (swamp dwellers), incumbents, both parties (the deep State) bureaucrats working to take duly elected President

Trump down, need to wakeup!

Fellow conservatives, light a fire under your outrage, preserve The Constitution with God given Rights, vote November for Barbara Comstock. Your future way of life may well depend on it!

Mary Donaldson
Great Falls

Make Gun Violence Rare Again

To the Editor:

As my daughter goes back to school on Aug. 28 as a junior at McLean High School, the Parkland School shooting is at the forefront of my mind. Fort Lauderdale, Fla. is my other hometown, and I knew friends who were impacted by this horrific event. Gun violence can happen anywhere and we shouldn't accept this as our norm.

McLean High School, as well as many other schools that reside in District 10, is represented by Barbara Comstock. Let's not forget she is ranked as one of the top ten politicians who happily accepted \$137,232 in donations from the NRA. Comstock might be quiet these days about gun policy because constituents in Northern Virginia have shifted to favor more

sensible gun control, but her record speaks loud and clear. Comstock has voted against universal background checks and limiting semi-automatic weapons and currently votes with Trump more than 97 percent of the time.

The uprising of student advocacy for adequate gun control in the aftermath of the Parkland shooting needs to continue nation-

wide. This November vote for Democrat Jennifer Wexton who doesn't take money from the NRA and supports universal background checks and closing gun show loopholes. At least with Wexton in office, we might have a fighting chance to make gun violence rare again.

Kristin Battista-Fraze
McLean

Majority Wants a Secure Border

To the Editor:

It's the cliched language which grates: "breaking up families," "shocked the conscience," "from their mothers' arms" ("Isolating the Children," Connection, Aug. 22-28). Not one to pass up an opportunity to make political capital instead of offering practical solutions, Del. Ken Plum (D-36)

inveighs against separation from their presumed parents of children entering the United States illegally. The sincerity here is a tad suspect since we recall nothing of this censure when separation was practiced, to a degree, by the previous administration. I suspect the vast majority of illegal immigrants know that their entry is illegal.

Unfortunate as they are, children who have made it here across considerable land expanse under uncomfortable conditions can probably tolerate clean beds, tasty meals, TV, and recreational facilities while their illegal parents are being detained. It is incontestable that the vast majority of Americans want a secure border. Del. Plum

offers no solutions to an insecure-border problem. Practical suggestions in place of overwrought language would be welcome.

Of-stated administration policy is controlled legal immigration. What otherwise: open borders, abolition of ICE?

Harry Locock
Reston

Vienna & Oakton
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NEWS DEPARTMENT:
vienna@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Andrea Worker
Contributing Writer
aworker@connectionnewspapers.com

Jean Card
Production Editor
jcard@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Don Park
Display Advertising
703-778-9431
donpark@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

**Classified & Employment
Advertising**
703-778-9431

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
[@MaryKimm](https://twitter.com/MaryKimm)

Executive Vice President
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Art/Design:
Laurence Foong, John Heinly,
Ali Khaligh
Production Manager:
Geovani Flores

CIRCULATION
circulation@connectionnewspapers.com



NEWS



PHOTO CONTRIBUTED

The Vienna Essentials musicians (from left): Tariq Abdulhak; Sarah Kwartin; Adriano Moran; Rachel Petrovich; and Christina Luckett

Teens Share Music with Senior Citizens

The Vienna Essentials, a group of high school students who hail from Vienna, put on a concert for the residents of Sunrise Senior Living of McLean. Vienna Essentials musicians and their respective instruments: Tariq Abdulhak (violin); Sarah Kwartin (guitar); Christina Luckett (piano); Adriano Moran (violin and voice); and Rachel Petrovich (trombone).

Their concert included both solo and group performances. After performing as a group together, then each Vienna Essentials member played a solo piece on his/her musical instrument.

This Sunrise Senior Living facility includes Memory Care. Vienna Essentials members learned that several research studies suggest that listening to and singing music has positive mental and emotional benefits for all ages, including the elderly. So the concert ended with a Sing-a-long portion. Specifically, the Vienna Essentials musicians invited the senior citizens to join in singing several songs, including: "You are My Sunshine," "Lean on Me," "Do Re Mi," "What a Wonderful World" and "Here Comes the Sun."

WEEK IN VIENNA

Freeman Store to Host Vintage Market and Appraisal Day

Come Out and Celebrate Virginia's Best Small Town Event, Freeman Store Vintage Market and Appraisal Day, Saturday, Sept. 8, 10 a.m. - 4 p.m., 131 Church Street NE.

Historic Vienna, Inc. presents a family friendly, free event. Set up your chair on the lawn to listen to foot-stomping Hickory Grove bluegrass music, shop outdoor vintage sale, including antiquarian books, purchase crafts and observe spinning and beekeeping demonstrations, enjoy games for all ages, don clothes and props for your own photo opportunity, and purchase great food and drink for sale by local Vienna merchants. Abram Lydecker, 1859 Freeman Store builder and owner, will play tunes on vintage instruments and relate stories of yesteryear.

Three expert appraisers will be on hand to evaluate jewelry, gems, coins, watches, stamps, and general items - china, glass, furniture, artwork, from 10 -1. Call 703-938-5187 or contact historicviennava@gmail.com for your appointment reservation, cost is \$10 per item.

VIENNA POLICE HIGHLIGHTS

The following summary contains various incidents of general interest as well as vehicular crashes handled by the Town of Vienna Police Department from Aug. 17 - 23, 2018.

INCIDENTS

Grand Larceny — 200 Block Manvell Road, SE, Between Jan. 1 at 12 p.m. and July 6 at 12 p.m. A resident reported rings missing from her home.

Police Service — 100 Block Wilmar Place, NW, Aug. 17, 6:28 p.m. A resi-

dent turned in ammunition for destruction.

Suspicious Event — 300 Block Charles Street, SE, Aug. 19, 1:08 p.m. A resident received a suspicious letter in the mail that was regarding a former acquaintance.

Arrest — Driving After Illegally Consuming Alcohol — 400 Block Maple Avenue, West, Aug. 19, 2:05 a.m. Sgt. Juelharte observed a vehicle commit a

SEE POLICE, PAGE 9

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News



Fourth-grader Jules Costello and her family walk to Wolftrap Elementary on the first day of school.



Officer J. D. Carroll helps students and families to safely cross the street as they walk to school.

Back to School in Vienna

Wolftrap Elementary students start the new year.

School buses once again traveled the streets Tuesday as Fairfax County Public Schools began the new year. Stu-

dents of Wolftrap Elementary and their families greeted friends as they approached the school and headed inside to their classes.

Students are looking forward to many things going into this year, but for students like fourth-grader Jules Costello and second-grader

Samantha Kehrt, the most exciting thing about going back to school is being able to see their friends again.

—CARLYN KRANKING



Arya (third), Anika (kindergarten) and Avni Patel (fifth) walk to school on their first day.



First-grader Jack Clark said he is most excited to see his friends and go to the Mt. Kim after school program.



Students returned to classes as Fairfax County Public Schools began the new year on Tuesday.



Second-grader Samantha Kehrt and sixth-grader Vivian Mack walk to school together.



Kindergartner Carson Wintermute and fifth-graders Shelby Smith and Kinsley Wintermute.

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PHOTOS BY CARLYN KRANKING/THE CONNECTION



Intrepid Girl Scout Juniors, outdoorswomen, adventurers.

Vienna Girl Scouts Experience Bike Campin

Since first grade as Girl Scout Daisies, our troop in a way has been training for bike camping. We may not have known that in three years we would actually do it, but just riding in circles in a cul de sac got us ready for an amazing thirty-three mile bike trip that would test our resilience. A lot of other activities got us ready too. We learned to signal, talk to other bikers, stay to the right, ride signal file and be considerate of other bikers. As third graders (Girl Scout Brownies) we set a goal to go bike-camping where we would bike to a campsite, pump our own water, cook dinner over a camping stove, sleep in tents and bike the next morning to the finish line, all while practicing the seven principles of Leave No Trace. We

did multiple bike training seasons on the W&OD trail to improve our biking skills and stamina. After two cancelled dates because of weather that flooded and closed parts of the C&O Canal Trail, the third date was the charm. We biked about 15 miles from Brunswick, Md. to Antietam campground Saturday afternoon and then rode 18 more miles Sunday morning to McMahons Mill. We went through heat, humidity, crazy hungry mosquitoes, insects, deep mud, sticks, fallen trees and rocks for starters but nothing could stop these determined 10 year old Girl Scouts.

Let me just say this whole story is dedicated to the amazing Sara Holtz. She honestly is the strongest woman I have ever met. She is the definition of a role model.

—MEERA AYYAR/GIRL SCOUT



A photo opportunity near Harpers Ferry.



Overcoming an obstacle: carrying our bikes over dead trees blocking the C&O Canal Trail.



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ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Row by Row Junior. Through Oct. 31, local quilt shop proprietors like Jinny Beyer Studio (776 Walker Road, Great Falls) are welcoming children participating in Row by Row Junior to their shops. It's the junior version of the summertime travel event for quilt making fans known as Row by Row Experience. Kids visit shops in person, collect a free sewing pattern, and find inspiration in colorful, creative world of sewing. At home, families can find free tutorial support and activities online by visiting rowbyrowexperience.com or jinnybeyer.com for local quilting.

McLean Farmers Market. Fridays through Nov. 16, 8 a.m.-noon at 1659 Chain Bridge Road, McLean. Visit www.fairfaxcounty.gov/parks/farmersmarkets/mclean.

Great Falls Farmers Market. Saturdays, 9 a.m.-1 p.m., 778 Walker Road, Great Falls. Music, vendors, fresh produce, fresh prepared food, delightful bakery, spices from around the world, wild-caught fish, grass-fed, free-range meats, organic-fed poultry and eggs. Email kathleen@greatfallsfarmersmarket.org for more.

Vienna Farmers Market. 8 a.m.-noon, Saturdays, through Nov. 3 at Vienna Community Center, 120 Cherry St. S.E., Vienna. The Vienna Farmers Market, hosted by the Optimist Club of Greater Vienna, has more than 30 vendors from across the region, the Vienna Farmers Market provides locally-sourced fruits and vegetables and homemade eats. Throughout the year, great music will be featured. Visit www.optimistclubofgreatervienna.org/ for more.

Oakton Farmers Market. Saturdays, 9 a.m.-1 p.m. at Unity of Fairfax Church, 2854 Hunter Mill Road, Oakton. Year-round weekly farmers market in Oakton. Local produce, meats/eggs, dairy, baked goods, and more. Admission is free. Visit community-foodworks.org.

The Freeman Store & Museum Wednesday through Sunday noon-4 p.m. 131 Church St. NE, Vienna. The Freeman Store & Museum is dedicated to Preserving and promoting Vienna's heritage through the identification, preservation, and interpretation of history significant places, events, and persons. Historicviennainc.org

Colvin Run Mill open 11-4 p.m. daily, closed Tuesday. 10017 Colvin Run Road, Great Falls. Fairfax County's operational 19th century water powered gristmill, offers recreational and educational activities for all ages through daily tours, school programs and special events. Fees: \$7/adult, \$6 students 16+ with ID, \$5 children & seniors. Admission to park is free except for some special events.

Fishing Rod Rentals. Riverbend Park, 8700 Potomac Hills St., Great Falls. Rentals available during Visitor center hours. Fishing tackle and live bait are available for purchase. Reservations required for group rentals. \$6/rental (2 hour max). Valid driver's license required. Rod/reel combinations are perfect for beginners and children. A Virginia or Maryland freshwater fishing license is required for those 16 years or older. The park does not sell fishing licenses. www.fairfaxcounty.gov/parks/riverbend-park/.

FRIDAY/AUG. 31-SUNDAY/SEPT. 2

AAUW's Used Book Sale. Friday, 9 a.m.-7 p.m.; Saturday, 10 a.m.-6 p.m. and Sunday, 10 a.m.-3 p.m. at the Spring Hill Recreation Center, 1239

Spring Hill Road, McLean. The McLean Branch of AAUW's 49th Annual Used Book Sale will feature 40,000 books, CDs, DVDs, and records. On Sunday, most books are \$10 a bag. Credit cards will be accepted. Proceeds provide scholarships for women. Visit mclean-va.aauw.net for more.

SATURDAY/SEPT. 1

Live Music: Hot Lanes Big Band. 8 p.m. at Jammin' Java, 227 Maple Ave. E., Vienna. Performance will feature Capitol Steps singer Delores King Williams. Visit www.jamminjava.com for more.

SATURDAY-SUNDAY/SEPT. 1-2

Middle Eastern Food Festival. Saturday, 11 a.m.-11 p.m.; Sunday, noon-6 p.m. at Holy Transfiguration Church, 8501 Lewinsville Road, McLean. The Festival will feature authentic Middle Eastern food, pastries, music and dancing, as well as vendors, church tours, and activities for both children and adults. Children can enjoy the moon bounce, face painting, pony rides and the petting zoo, as well as participate in some of the many games going on throughout the Festival. Rain or shine. Admission and parking are free. Call 703-734-9566 or visit www.MiddleEasternFoodFestival.com.

TUESDAY/SEPT. 4

Bird Watching for Beginners. 8-10 a.m. at Riverbend Park, 8700 Potomac Hills Street, Great Falls. Birding is a hobby that can last a lifetime. Get started with this intro course at Riverbend Park. The class will cover such birding basics as how to use binoculars and the importance of a field guide. It will also cover strategies to use for identifying different types of birds. Designed for participants age 14-adult. \$15 per person. Call 703-759-9018 or visit www.fairfaxcounty.gov/parks/riverbend.

WEDNESDAY/SEPT. 5

Newcomers & Neighbors Coffee. 11 a.m.-12:30 p.m. at in the Community Room of the Regency at McLean, 1800 Old Meadow Road, McLean. The McLean Newcomers and Neighbors will host a coffee for members and for non-members who might be interested in joining. Visit www.McLeanNewcomers.org or email McLeanNewcomers@yahoo.com for more.

THURSDAY/SEPT. 6

Meet Douglas Grindle. 7:30-9 p.m. at Patrick Henry Library. 101 Maple Ave. E., Vienna. Meet the author of "How We Won and Lost the War in Afghanistan," a firsthand account of a small team of Afghans and Americans who brought peace to a portion of Kandahar Province in 2012, and then saw that peace begin to slip away as they departed. Books available for sale and signing. Free. Call 703-938-0405 or visit librarycalendar.fairfaxcounty.gov/event/4028889.

FRIDAY/SEPT. 7

50 Years of Jethro Tull at the Filene Center. 8 p.m. at Wolf Trap, 1645 Trap Road, Vienna. Ian Anderson presents 50 Years of Jethro Tull. Formed in 1968, Jethro Tull have released 30 studio and live albums, selling more than 60 million copies worldwide. \$35-\$95. Call 703-255-1900 or visit wolfftrap.org.

FRIDAY-SUNDAY/SEPT. 7-9

Tysons Library Booksale. Friday, 11



Middle Eastern Food Festival Sept. 1-2

The Festival will feature authentic Middle Eastern food, pastries, music and dancing, as well as vendors, church tours, and activities for both children and adults. Smell the aromas from the outdoor grills, partake of Kibbee, Shish Kebab, Falafel, Fattoush, Hummus, and Stuffed Grape Leaves, or any number of other delicious menu choices, including a roast lamb dinner at 6 p.m. Saturday evening and all day on Sunday. Then relax with a cup of Arabic coffee and mouth-watering pastry. Children can enjoy the moon bounce, face painting, pony rides and the petting zoo, as well as participate in some of the many games going on throughout the Festival. Saturday, Sept. 1, 11 a.m.-11 p.m.; Sunday, Sept. 2, noon-6 p.m. at Holy Transfiguration Church, 8501 Lewinsville Road, McLean. Rain or shine. Admission and parking are free. Call 703-734-9566 or visit www.MiddleEasternFoodFestival.com.



a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. and Sunday, 1-4 p.m. at Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Large selection of books and media for all ages and interests. Half Price / \$10 per bag sale on Sunday. Email TysonsLibraryFriends@gmail.com or call 703-790-4031.

SATURDAY/SEPT. 8

Virginia Indian Festival. 10 a.m.-4 p.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Learn about the culture of Virginia's first residents when the Virginia Indian Festival returns to Riverbend Park. The festival features eight American Indian tribes from Virginia, including the Rappahannock dancers and drummers. Enjoy performances, hands-on activities and live demonstrations. Hear American Indian storytelling, try a bow and arrow, throw a spear and make stone tools. Help build a dugout canoe. Visit the marketplace for American Indian crafts, pottery and jewelry. Purchase a six-hour pass in advance online for \$8. Tickets at the gate are \$10 each. Call 703-759-9018 or visit www.fairfaxcounty.gov/parks/

riverbend.

Freeman Store Vintage Market and Appraisal Day. 10 a.m.-4 p.m. at Freeman Store, 131 Church St., NE, Vienna. Come to the Freeman Store and Museum lawn with rolled-up sleeves to whitewash the Victory Garden fence and visit with their chickens. Set up a chair on the lawn to listen to foot-stomping Hickory Grove bluegrass music, shop the outdoor vintage sale, including antiquarian books, purchase crafts and observe spinning and beekeeping demonstrations, enjoy games for all ages, don clothes and props for your own photo opportunity. Food and drink for sale by local Vienna merchants. Three expert appraisers will be on hand to evaluate jewelry, gems, coins, watches, stamps, and general items - china, glass, furniture, art work, from 10-1. Call 703-938-5187 or contact historicviennava@gmail.com for an appointment, \$10 per item. Free and family-friendly. Visit historicviennainc.org for more.

Lahey Lost Valley Open House. Noon-3 p.m. at historic Lahey Lost Valley property, 9750 Brookmeadow Drive, Vienna. The Fairfax County Park Authority (FCPA) is preparing

the historic Lahey Lost Valley property for the Resident Curator Program. The Resident Curator Program provides the opportunity for individuals, non-profit and for-profit organizations to secure long-term lease agreements in beautiful public park settings such as Lahey Lost Valley in Fairfax County. Visit www.fairfaxcounty.gov/parks/resident-curator-program or contact Stephanie Langton at 703-324-8791.

SUNDAY/SEPT. 9

A Doggone Good Time. 10 a.m.-1 p.m. at The Water Mine Family Swimmin' Hole at Lake Fairfax Park, 1400 Lake Fairfax Drive, Reston. The Water Mine will go to the dogs this September with a season-ending event benefiting the Fairfax County Animal Shelter and Fairfax County Park Foundation. Dogs can swim in Rattlesnake River and splash in the playground area for a suggested donation of \$10 per dog. The event will also serve as a collection site for dog food donations for the Fairfax County Animal Shelter. A low-cost rabies clinic will be available in Lake Fairfax Park's Main Office from noon-2 p.m. Pets may receive 1-year rabies vaccinations for \$15 each (cash or check only). Visit www.fairfaxcounty.gov/parks/rec/watermine/ or call 703-324-8662.

Countdown Concerts in the Park: Superfly Disco. 5 p.m. in the McLean Central Park Gazebo, , 1468 Dolley Madison Blvd., McLean. Concert series tracks the history of the McLean Community Center from its opening in 1975 — revisit a decade as the McLean Community Center prepares for the reopening of the Ingleside Avenue facility. Visit www.mcleancenter.org/alden-theatre/ for more.

Youth Orchestra Auditions. 6:30-8:30 p.m. at at St. Dunstan's Episcopal Church, 1830 Kirby Road, McLean. Students in junior high schools and high schools in the area are invited to participate in the auditions for the McLean Youth Orchestra. The conductors are full time music directors at Fairfax County public schools and will lead the groups with practices planned on Sunday afternoons for the fall 2017-18 season. Visit mcleanyouthorchestra.org for more.

TUESDAY/SEPT. 11

Youth Orchestra Auditions. 6:30-8:30 p.m. at at St. Dunstan's Episcopal Church, 1830 Kirby Road, McLean. Students in junior high schools and high schools in the area are invited to participate in the auditions for the McLean Youth Orchestra. The conductors are full time music directors at Fairfax County public schools and will lead the groups with practices planned on Sunday afternoons for the fall 2017-18 season. Visit mcleanyouthorchestra.org for more.

"Celebrating Our Lights." 7-9 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. "Celebrating Our Shining Lights" with Suzanne Giesemann: Join evidential medium and author Suzanne Giesemann as she shares stories of communication across the veil. \$25. Visit www.unityoffairfax.org/events for more.

THURSDAYS/SEPT. 13, 20 & 27

Mah Jongg for Beginners. 6:30-9:30 p.m. at Temple Rodef Shalom, 2100 Westmoreland St., Falls Church. A three-session Mah Jongg class for beginners. Enrollment is limited. \$85 includes nine hours of lessons with a Mah Jongg card. To register, Email iva.gresko@gmail.com or 703-328-1606.

NEWS

Teen Sex Trafficking Hits Close to Home

FROM PAGE 3

GROWING PROBLEM IN NORTHERN VIRGINIA

From anecdotal evidence, sex trafficking appears to be growing in the region, say experts. They point to two factors. First, the typical buyer of teenaged sex is married, male, with children, and money to spend. That's a common profile in affluent northern Virginia.

Forced sex is sold in a market, and responds to buying pressure like any other.

"We need to do something on the demand side," said Duffield. "Traffickers are going to create that

product until demand is gone."

The second factor explains why areas like Springfield, Dumfries and Tysons are trafficking hotspots: trafficking follows the highways. Traffickers, whether local or interstate, like mobility and the anonymity of travel nodes, as do buyers. Converging highways make for easy contact, fast access to motels, and quick exits. The tangle of major roads in northern Virginia draws in sex trafficking like a neon sign.

If someone knows a victim of trafficking, call the National Human Trafficking Hotline at 1-888-373-7888. If danger is imminent, call 911.



New Law To Keep Traffickers in Jail

On June 25, 2018, Gov. Ralph Northam signed human trafficking legislation that adds offenses related to human trafficking to the list of crimes for which bail can be denied, keeping traffickers in jail and better protecting trafficking victims. Locally, Kathleen Murphy (D-34) and Kathy Tran (D-42) were cosponsors.

"Human trafficking is a threat to public safety here in Virginia and across the United States," said Northam. "This legislation will help us prevent these crimes by making it more difficult for human traffickers to post bail and leave jail to intimidate witnesses or continue their criminal activity."

"Human trafficking is a dehumanizing crime that robs its victims of their dignity, their identity, and their freedom," said Attorney General Mark Herring.

While prosecuting traffickers, local law enforcement found that traffickers would pay their own bail and bail out their victims continuing the cycle of abuse and trafficking. This legislation will keep traffickers in jail.

This legislation adds the following offenses that are attributable to human trafficking to the list of crimes for which there is a rebuttable presumption against admission to bail: Taking or detaining a person for the purposes of prostitution or unlawful sexual intercourse; receiving money from procuring or placing a person in a house of prostitution or forced labor, receiving money from the earnings of a prostitute, and commercial sex trafficking, where the alleged victim is a family or household member.

VIENNA POLICE HIGHLIGHTS

FROM PAGE 5

traffic offense and initiated a traffic stop. Upon her

interaction with the driver, the officer detected an odor of alcohol emitting from the vehicle. The driver failed to complete a series of field sobriety tests and was placed under arrest. The driver was also found to be in possession of cases of alcohol. Sgt. Juelharte transported the 18-year-old man from Armand Court in Falls Church to the Fairfax County Adult Detention Center where he was given the opportunity to provide a sample

of his breath for analysis. The man was then charged with Driving After Illegally Consuming Alcohol Underage and Unlawful Possession of Alcohol Underage.

Fraud — 900 Block Hillcrest Drive, SW, Aug. 20, 12 p.m. A resident reported a checkbook was missing from her home. Her bank advised her that some of the checks had been fraudulently cashed.

Vandalism — 500 Block Highland Street, NW, Between Aug. 20 at 3 p.m. and Aug. 21 at 6:54 a.m. An employee reported damage to a piece of excavating equipment at a job site.

Open Door — 400 Block Course Street, NE, Aug. 21, 10:35 a.m. Officers responding for a residential alarm found the front door was unsecured. They searched the residence and found nothing appeared to have been disturbed.

Arrest — Drunk In Public — Wolftrap Hotel, 430 Maple Avenue, West, Aug. 21, 7:46 p.m. Officers responded to a room at the hotel to assist with a man and a woman who were having a dis-

pute. Both parties had been drinking and agreed to stop arguing and go to sleep for the night. Officers were called back to the same room a short time later and arrangements were made for the woman to move to another room for the night. The officers responded back to the hotel a third time after the woman called another acquaintance for assistance. Ofc. Wallace located the 46-year-old woman from Pooks Hill Road in Bethesda, Md. and placed her under arrest. She

was transported to the Fairfax County Adult Detention Center where she was charged with Drunk In Public.

Grand Larceny — Navy Federal Credit Union, 820 Follin Lane, SE, Aug. 22 between 7:30 a.m. and 7:45 a.m. A woman reported her wedding bands were missing from the locker room of the fitness center in the credit union.

Solicitor — 1000 Block Aponi Road, SE, Aug. 22, 11:12 a.m. Sgt. Sheeran observed three men in a truck soliciting for tree removal service. The men were advised they would need to obtain a permit to solicit within the Town.

Police Service — 100 Block Center Street, North, Aug. 22 4:30 p.m. A resident advised he observed two syringes in a large garbage can in a parking lot on Center Street, North. Ofc. Sterling located the syringes and secured them at the police station for proper destruction.

Suspicious Event — Northside Park, 600 Mill Street, NE, Aug. 23, 6:38 p.m.

A citizen advised he was walking his dog through the woods of the park when he heard what he thought may have been a gunshot. A few moments later he came across a puddle of blood and a shotgun shell. Officers searched the area

but were unable to find any other signs of foul play. It

was noted that Fairfax County Police advised an officer had to euthanize an injured deer in the same area about the same time this call was received by our department.

Suspicious Event — 400 Block Walker Street, SW, Aug. 23, 10:41 p.m. A resident reported ongoing issues with juveniles banging on doors and windows of his house, then running away. He believes they once attempted to gain entry into the home.

CRASHES

100 Block Beulah Road, NE — Aug. 13 5:15 p.m. Vehicle-2 was legally parked in a parking lot. Vehicle-1 struck the left rear bumper; the driver then left without providing their information. Driver-1 was later identified, and full information was provided.

100 Block Pleasant Street, NW — Aug. 17, 11:20 a.m. Driver-1 was attempting to park in a parking space in a parking lot. Driver-1 jumped the curb, went onto the sidewalk and through the bushes and potted plants. Vehicle-1 continued down a small grade, returned to the parking lot and struck Vehicle-2, which was legally parked. There was extensive property damage, but no injuries were reported.

300 Block Maple Avenue, East — Aug. 17, 9:07 p.m. Vehicle-1 was traveling westbound on Maple Avenue in the left lane. Vehicle-2 was traveling westbound in the right lane. Driver-1 attempted to change lanes and was struck by Vehicle-2. Driver-1 was issued a summons charging Failure to Pay Full Time and Attention.

MIDDLE EASTERN FOOD FESTIVAL

Labor Day Weekend

Saturday, Sept. 1, 11:00 am–11:00 pm

Sunday, Sept. 2, 12:00 noon–6:00 pm

Holy Transfiguration Melkite Greek-Catholic Church
8501 Lewinsville Road, McLean, Virginia (near Spring Hill Road)

703-734-9566 • MiddleEasternFoodFestival.com

Free Admission!

Middle Eastern Food

Kabobs

Gyros

Grape Leaves

Falafel

Fattoush

Baklava &

Other Favorites!

Live Music & Folk Dancing

Moon Bounce

Kids' Games

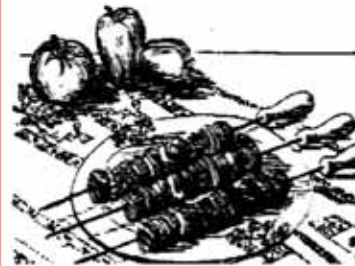
Petting Zoo

Vendors

Backgammon & Chess

Church Tours

Icon Shop



Special Feature!

Roast Lamb Dinner

Sat., Sept. 1, 6-9 p.m.

Sun., Sept. 2, All Day



McLean Area AAUW 49th Annual USED BOOK SALE

Used Books, CD's, DVD's & Records
For Adults & Children

Spring Hill Recreation Center
1239 Spring Hill Road, McLean, VA

Friday, August 31 • 9am-7pm

Saturday, September 1 • 10am-6pm

Sunday, September 2 • 10am-3pm

Proceeds support Scholarships for Women
American Association of University Women

For more info: (703) 527-4206
aauwbookfair@gmail.com

Announcements

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Announcements

Legals

ABC LICENSE

DE ROSA INC trading as Rango's Fine Tex-Mex, 1934 Old Gallows Road, Vienna VA (Fairfax County) 22182. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Beer and Wine and Mixed Beverages on Premises license to sell or manufacture alcoholic beverages. Robert Ismael Rosa Hernandez / President. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

Announcements

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News

Alzheimer's Conference to Be Held in Fairfax

The Alzheimer's Foundation of America's (AFA) national Educating America Tour will visit Fairfax on Thursday, Sept. 27, for a free Alzheimer's and caregiver educational conference. The conference is open to family and professional caregivers, individuals living with Alzheimer's disease and the general public, and will be held at the Waterford at Fair Oaks, located at 12025 Lee Jackson Memorial Highway, in Fairfax, from 9 a.m. to 2 p.m.

The conference is designed to connect people with information about Alzheimer's disease, brain health, healthy aging and caregiving, as well as to give them a place to have their questions answered. Guests will hear from dementia and caregiving experts who will share their research, services and stories and teach attendees about dementia, practical steps on how to be a better caregiver, and improving quality of life for those with Alzheimer's disease.

"Knowledge is a powerful tool. We want to equip as many people as possible with important information that will help them," said Charles J. Fuschillo, Jr., AFA's president and chief executive officer. "With more than 140,000 people in Virginia living with the disease, and many more serving as caregivers, we aim to help individuals understand Alzheimer's disease and improve their quality of life through education and empowerment."

THE KEYNOTE SPEAKER will be Dr. Peter Davies, director of the Litwin-Zucker Center for Alzheimer's Disease & Memory Disorders at the Feinstein Institute for Medical Research. Davies is also a professor of pathology and neuroscience at the Donald and

Barbara Zucker School of Medicine at Hofstra/Norwell. For more than 35 years, Davies' research has been focused on the biochemistry of Alzheimer's disease, with a specific interest in the development of new treatments and diagnostic tests for Alzheimer's disease. He will provide an update on Alzheimer's disease research, its symptoms, and the steps researchers are taking to find a better treatment and cure.

The next session will be a panel discussion on long-term care strategies and options. Learn the different types of care plans available, and their benefits. Find out how to ensure a better quality of life for loved ones by providing dependable and affordable care.

There will also be a discussion in the five pillars of brain health, led by Sarah Lenz Lock, senior vice president of Policy, Research and International for AARP. She is also the executive director of the Global Council on Brain Health. Lock will educate people about how to improve and maintain brain health as they get older while reducing risks.

THE CONFERENCE will conclude with a session on tips to improve a difficult caregiving day. Led by Lindsey Vajpeyi, BA, ADC/MC, director of education and outreach for the Insight Memory Care Center, the session will offer strategies to help caregivers reduce their stress and improve their health, while providing the best possible care for their loved ones.

Free, confidential memory screenings will be conducted throughout the day.

For more information or to register, visit: <https://alzfdn.org/event/afa-educating-america-tour-fair-oaks/>.

Using the Libraries for Successful School Year

Fairfax County Public Libraries provided a few suggestions for using the libraries to help students succeed this school year.

- ❖ Get support and guidance from library staff. Library staff are trained to help students find legitimate information sources online including historical newspapers, speeches, reference databases, trusted websites and more.

- ❖ Use the library branches to read and study. There are reading nooks, tables and chairs, quiet study rooms and small group study rooms.

- ❖ Take advantage of free online tutoring sessions with a Virginia certified teacher.

- ❖ Free homework help research.fairfaxcounty.gov/c.php?g=758032&p=5455538 is available 24/7 through the library. Among the online resources, there's live homework help with a teacher through Credo Reference, a service for students in grades 3-12.

Students can also [sign up for GIVE tutoring in multiple branches](#) throughout the academic year.

The library also has a variety of Online Resources separately tailored for [Grades K-8](#), and for [Grades 9-12](#).

Writing a paper? Check out "Crediting Online Resources" to find the correct way to properly cite your sources.

And then there's "Homework Related Websites" categorized by subject.

Whether you're studying classics, history or current events, the library has over 2.2 million items in its collection including digital material and print material. Use library resources to prep for fall SATS AND ACTS. Several different online sources offer test preparation for SAT, AP, ACT and SOL exams. Visit [Learning Express](#) to get started.

Access free Wi-Fi and computers.

Girls on the Run Gains Two New Board Members

Girls on the Run of NOVA has two new members on its board of directors: Chris Holland and Christine Klein.

"Chris and Christine have greatly supported our organization in a number of ways prior to their appointments to our board. They bring experience, expertise and new energy to the table. We are excited to continue to work with them in this new role as we work to inspire every girl across the Northern Virginia region to be strong and confident," said Katey Comerford, GOTR NOVA's executive director.

Klein is currently senior vice president, meetings and business partnerships at the National Defense Industrial Association. She is a past coach for Girls on the Run and currently serves at the chair of Strong Girls Celebration for GOTR NOVA. "The opportunity to be involved and contribute to an organization that

promotes a healthy lifestyle and an environment for girls to be strong and confident is extremely gratifying and a pleasure," said Klein.

Holland comes to GOTR NOVA's board as a service area manager for Wegmans Food Markets at the Chantilly store. He also leads the company's community outreach in the Northern Virginia area. Holland has been an active supporter of GOTR NOVA programming in recent years as someone who believes in giving back to one's greater community. Holland said, "I personally and professionally work hard to help families live healthier, better lives. I am excited about the opportunity to further these efforts through my new role with GOTR NOVA."

For more information about the Fall 2018 registration and team sites for Girls on the Run of NOVA, visit www.gotrnova.org.

BULLETIN

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

REGISTRATION OPEN

Girls on the Run Fall 2018 season will begin the week of Sept. 24. The program serves approximately 5,000 girls annually with over 900 volunteer coaches throughout the Northern Virginia region. GOTR NOVA envisions a world where every girl knows she has the ultimate power to be her best. For more information about the Fall 2018 registration and team sites for Girls on the Run of NOVA, visit www.gotrnova.org.

VOTER REGISTRATION AND ID EVENTS

The Fairfax County Office of Elections (12000 Government Center Parkway Suite 323, Fairfax) is open daily during normal business hours to provide county residents the opportunity to register to vote or obtain a free voter photo ID if needed. Applicants will need to complete a photo voter ID application, have a photo taken and sign a digital signature pad. Call 703-222-0776.

The following special events will also provide opportunity to register to vote and/or get a photo Virginia Voter card.

- ❖ Monday/Sept. 24, 10 a.m.-2 p.m.. Goodwin House Bailey's Crossroads, 3440 South Jefferson Street, Falls Church.
- ❖ Thursday/Sept. 27, 10 a.m.-2 p.m., Lewinsville Retirement Residence, 1515 Great Falls Street, McLean.
- ❖ Tuesday/Oct. 9, 10 a.m.-2 p.m., Arleigh Burke Pavilion at Vinson Hall Retirement Community, 1739 Kirby Road, McLean.

VOLUNTEERS WANTED

AARP Foundation Tax-Aide is looking to expand its team of volunteers for the upcoming tax season. Tax-Aide, now in its 51st year, offers free in-person preparation and assistance to anyone, especially those 50 and older, who can't afford a tax preparation service. Volunteers make a difference in their communities by assisting many older, lower-income taxpayers, and their families, who might otherwise miss out on the tax credits and deductions they've earned. To learn about volunteer opportunities, visit aarpfoundation.org/taxaide or call 1-888-OUR-AARP (1-888-687-2277).

MENTAL HEALTH SERVICES

The Fairfax-Falls Church Community Services Board's Merrifield Center offers a new stand-up information kiosk. Part of a pilot project, the new feature aims to improve the customer service experience and decrease wait times for individuals who are seeking mental (behavioral) health services. To check in, individuals respond to five simple questions, then the CSB's Patient Track software alerts staff. Based on clinicians' schedules and availability, as well as the needs of the client, individuals are triaged and seen by the next available staff member. For more information on available services, call the CSB at 703-383-8500 (Monday-Friday, 9 a.m.-5 p.m.). In an emergency 24/7, call CSB Emergency Services at 703-573-5679 or the Fairfax Detox Center at 703-502-7000 (TTY 703-322-9080).

AUG. 26-SEPT. 9

Pool Closure: Providence RECenter. Four Fairfax County Park Authority RECenter pools will be closing for regular, periodic cleaning and maintenance next month. Consider trying out another county pool during the temporary shutdown. RECenter passes are valid at all nine Park Authority RECenters. Dates are subject to change. Visit www.fairfaxcounty.gov/parks/recenter for more.

AUG. 27-SEPT. 23

Pool Closure: Spring Hill RECenter. Four Fairfax County Park Authority RECenter pools will be closing for regular, periodic cleaning and maintenance next month. Consider trying out another county pool during the temporary shutdown. RECenter passes are valid at all nine Park Authority RECenters. Dates are subject to change. Visit www.fairfaxcounty.gov/parks/recenter for more.

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Present and Future Danger



By KENNETH B. LOURIE

Having recently been infused three weeks after my last treatment, no guarantee given certain lab results, I am now on track to have one more infusion before my Sept. 26 CT scan. The plan is, per my "Progressing But So Am I" column (8/15/18), to triple the amount of medicine I will have received before my next scan. This will compare quite favorably to the one infusion I received prior to my July 25 scan.

Moreover, as I've considered the previous quarter's infusion schedule trying to understand possible reasons for the 10-percent-ish tumor growth which occurred, I've come up with a hopefully plausible explanation. Other than that's what cancer so often does, that is.

As my previous years of scans continued to show "stable," my oncologist and I kept increasing the interval between infusions trying to strike a balance between treating the cause and me living with the effect. Over these years, we've gradually extended those infusion intervals from every three weeks, to every four, to five, to six and most recently to seven-week intervals, all the while maintaining my quarterly CT schedule.

Apparently, we've now struck out, so to speak and for the moment at least, we're in sort of a limbo. (Hopefully the bar isn't set so incredibly low that we can't slide under it.)

As for minimizing the growth, could the solution be as simple as more medicine?

As to what my oncologist thinks of this assessment, I've not mentioned to him as I've only recently theorized it (maybe he knew already and that's what contributed to his suggestion that we follow this course of treatment/action).

We did discuss changing medicines, but he was afraid of the side effects it might cause. We also discussed if he'd had other patients who had experienced tumor growth after a period of stability — like me, who after increasing the frequency of the previously stabilizing drug showed stable once again. He said he had — so, rather than presume all is lost, we've agreed to go forward into the great semi unknown. An "unknown" that will likely end in late September when my next scan's results will be reported.

Now that you know the foundation for this column, let me address the substance behind it. There is a scenario which worries me. It's premature I grant you, but it's difficult to play dumb all the time, especially when it involves cancer/your life.

Still, if I've learned anything from my oncologist, it is that discussing scenarios before the evidence is confirmed is a bit of a fool's errand, so waiting until the actual results are in is better. More accurate anyway.

Despite what I've been told, this patient might not be able to be so patient. Ergo: What if my late September scan shows growth — again? What if, even after tripling the amount of medicine I infuse, the tumors grow, maybe even grow more significantly than ever before?

I'd have to say that development would be a problem and a bit more disappointing than July's scan results. If that result in fact occurs, would that square me at a crossroads? I would think. Would that result obliterate the false sense of security I may have had? Hardly. Cancer patients don't have a sense of security, false or otherwise. We have a sense of inevitability.

Somehow, over the next month, I must find a path forward through this cycle of potentially impending gloom. Right now, nothing has happened. Right now, nothing has been determined. I don't feel any different than before and I don't believe I have any of the symptoms my oncologist has advised me about. I still have an appetite and I'm certainly not losing any weight.

I expect to have one more infusion before this next scan, and to feel the usual post-chemotherapy side effects that I do and then recover and feel as I do today: pretty well. One month, exactly, from the date I'm writing this column, to the date of my next scan and hopefully just a few days later for the results.

What worries me most is, sometimes the human body has a mind of its own, and despite the best of intentions and treatment, it is, to quote my late mother, "Enough already."

Kenny Lourie is an Advertising Representative for *The Potomac Almanac & The Connection Newspapers*.



PHOTOS BY MARIA HENDERSON

Matt Aukofer of Vienna sings and plays two instruments for Bad Hair Day.



Falls Church resident John Ratliff sings while playing guitar for Bad Hair Day.

Bad Hair Day Charms Area Audiences

The group focuses on oldies, British Invasion hits and classic rock.

BY ROBERT BLIZARD
THE CONNECTION

Sure, there is a time many suffer from a pathetic pompadour or badly behaved bouffant, but a horrendous hairdo can, in at least one instance, be a good thing.

For local fans of the Fairfax County-based band Bad Hair Day, this musical version of a crummy coiffure is most welcome. And such has been true for more than a decade.

Founded more than 10 years ago, Bad Hair Day plays gigs all over the Washington metro area. The group focuses on oldies, British Invasion hits and classic rock. They refer to themselves as a band with “solid experience playing familiar, fun, family-friendly music.”

What many of their fans may not realize is that the four men are all Atoms — graduates of Annandale High School. They started working together more than 30 years ago in the late 1980s.

“We each had done smaller, one-off projects while in high school, but nothing was very serious until Bad Hair Day came along,” said bass player Matt Aukofer of Vienna.

He added that, “Sometimes it feels like I’ve been a member of Bad Hair Day forever.”

AUKOFER EXPLAINED that he was not sure how the group came with its name but noted that they initially referred to themselves as the Bedheads.

His fellow founding members include brothers Andrew and John Ratliff, who play drums and guitar, respectively; both of them sing lead on vocals. Scott Castonguay joined the band later and also plays guitar. All of them live in Northern Virginia.

Aukofer also plays guitar but has a special passion for playing bass.

“When you play guitar, you’re rarely the only one in the band playing guitar. When you play bass, you are the only one playing it in the band, so your parts stand out and are important in terms of holding the music together,” he said.

Over the years, the band has played at events as diverse as the National Cherry Blossom Festival, First Night Alexandria on New Year’s Eve, and the 10th anniversary of the British Schools of Washington. They have performed at many summer concert se-



John Ratliff, Matt Aukofer, Andrew Ratliff and Scott Castonguay have been entertaining DC metro area audiences for decades.

ries including those at Eastern Market and Ballston Market, as well as weddings and even the 35th reunion of Annandale High School’s class of 1981.

Venues range from the National Press Club to historic homes and vineyards.

Asked if he has a favorite place for Bad Hair Day to perform, Aukofer said, “We have done several shows at the Downtown Holiday Market near the National Portrait Gallery. If it’s not too cold, the atmosphere is vibrant with everyone in a holiday spirit.”

One lesson learned over the years: the fanciness of a venue does not correlate with audience involvement.

“Any show where the audience gets into it is the best. We have played dive bars where the people were great — enthusiastic, loud and dancing — and those are always really fun. On the flip side, we have played really nice venues — ballrooms, parties and weddings — where we were barely acknowledged.”

BAND MEMBERS have termed their low-feedback gigs as “glorified rehearsals.”

For the foreseeable future, Bad Hair Day intends to continue appearing throughout the national capital area. As they move forward, Aukofer would like to perform a few songs they’ve not yet performed, such as Eric Clapton’s “Lay Down, Sally” and the Steve Miller Band’s “Abracadabra.”

For more information about the band and to see some live performance videos, visit [Facebook.com/BadHairDayDC](https://www.facebook.com/BadHairDayDC).



Sampling of Appetizers, Entrées and Desserts

Vienna’s Clarity restaurant.

BY ALEXANDRA GREELEY
THE CONNECTION

For the sake of clarity, dedicated restaurant goers should carefully pick destinations that serve top-tier meals. Why, they should wonder, spend money on just middling menus? Good question — good answer is this, pick Vienna’s Clarity restaurant.

Award-winning chef/owner Jon Krinn has created a destination and a menu that have earned him plenty of kudos and press mentions. And well he deserves them. Clarity has an appealingly cheerful pale yellow-orange color theme; bar seating; kitchen counter seating to get into Krinn’s cooking space; and three dining areas for special private events, though when the crowds overflow, apparently some patrons may sit back there. And, for clement weather, the sitting in the front terrace with snazzy umbrellas is a definite option.

All that aside, what really counts here is the unusual sampling of appetizers, entrées, and desserts. Apparently, Krinn changes much of the menu often, except said the staff, his grass-fed, dry-aged cheeseburger with Gruyère, pickled watermelon, and blistered shishito peppers is a menu mainstay. Clearly, this has been a patron favorite since day one.

When you stop by for lunch, at least in summery weather, you may luck out and encounter Krinn’s artistic Earth & Eats Summer Melon Carpaccio. Artfully laid out on the serving plate are paper-thin slices of cantaloupe interspersed with paper-thin slices of Tuscan prosciutto, and a dash or two of aged pecorino on a thin pool of spiced cantaloupe purée sauce.

The portion is maybe enough for two people, but just fine for one. Fortunately, the attentive waiter will keep the hot bread and rolls on the way.

One of the menu’s shining stars was the bowl of piping hot Fisherman’s Stew. While that may seem really geared for cold weather, it really suits the palate regardless of outdoor temp. Lucky are the patrons who can spoon into the broth and enjoy the array of clams, Gulf shrimp, and scallops with fingerling potatoes.

Other entrées competing with the stew are the seared Southwesterner Fran veal flank; pork schnitzel with bacon-braised collard greens, and crispy pork roulade with pickled onions, plus other offerings. There’s much to look forward to, but remember, much of the menu changes routinely, so your visit may bring some gastronomic surprises.

The kitchen turns out fabulous desserts, and these, too, change. Should you find the flourless dark chocolate ganache cake, the rose and lemon panna cotta, and/or a scoop of their in-house-made ice cream, take your pick or order them all. Coffees, teas, and artisan cheese, plus after dinner drinks make a fine conclusion to your lunch or dinner experience ... and do not forget to scan the wine list before, during, and after the meal.

Reservations are suggested and if you want to extend your Clarity experience, ask about cooking classes, wine dinners, and other special events. And if you want to host a private party, check out the back dining areas for a tranquil event.

Clarity, 442 Maple Ave. E., Vienna, Va. 703-539-8400. Hours: Dinner nightly, lunch Tuesday - Friday.