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McLean CONNECTION



Angeleaza Anderson and Nick DePinto in “Hero’s Welcome” at 1st Stage. The show runs through Oct. 7 in Tysons Corner.

Finely-honed Dark Tale at 1st Stage

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Turning Point Suffragist Memorial for Women Who Led Fight for Vote

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Icy Treats Beat the Heat

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Clayton Pelham, Jr. as Brad and Anne Bowles as Kara in "Hero's Welcome" at 1st Stage in Tysons Corner.

NEWS

Finely-honed Dark Tale

"Hero's Welcome" at 1st Stage in Tysons.

BY DAVID SIEGEL
THE CONNECTION

Theater audiences hungry for a compelling, dark comic-tragedy having its DC area premiere need look no further than 1st Stage in Tysons. With a styl-

ish, well-performed production of British playwright Alan Ayckbourn's "Hero's Welcome," 1st Stage continues to present superior, newish theatrical creation not previously seen in the area.

Ayckbourn's "Hero's Welcome" is a prickly tale of simmering discord. Who and what can be trusted

are key themes. There is plenty of smug condescension from those who think themselves superior with snippets of comic undertones.

Under Alex Levy's finely-honed direction and his inspired diverse casting, what could have been a tale of nasty, privileged white British citizens becomes enveloping as it careens about.

"Hero's Welcome" starts with the return of local war hero Murray played by Nick DePinto as a man with plenty of secrets to unravel about his life. Seems he left town nearly two decade before under a very dark cloud. Murray returns home with his young foreign-born wife. She is called Baba for short. She is with limited English language skills providing the opportunity for others to think her not-bright; something they do at their own peril. Baba is portrayed by a charmingly endearing Angeleaza Anderson. Murray and Baba have plans to resuscitate a now seedy hotel called the Bird of Prey.

War hero Murray is the petrol who lights disruptive fires under the assured public façade of his home town's upper crust. One coiled-up couple is portrayed by Anna Bowles as Kara, a verbally abused wife living in a decorated cell of a prison, as she calls her home. Her abuser husband Brad is played by Clayton Pelham Jr. as tormentor-in-chief full of hostility and contempt.

Another couple is composed of Lisa Hodsoll, persuasively playing Alice, an agonized, glum town Mayor with secrets of her own and James J. Johnson as her timid husband Derek with model trains as his diversion from reality.

Each character is visually distinct in attire designed by Danielle Preston. Kathryn Kawecki's set is a handsome; with detailed, distinct areas depicting various lifestyles.

Ayckbourn penned a play not for those with little appetite for verbal or emotional assaults about marriage and wartime. "Hero's Welcome" also has some overlong scenes that add little but time to the proceedings. But, under director Levy's fine touch and the cast's acting talents, the play has a reflective air that leaves its mark with a fiery conclusion.

1st Stage presents "Hero's Welcome" at 1524 Spring Hill Road, Tysons, through Oct. 7, 2018. Visit: www.1stStage.org or call 703-854-1856.



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Turning Point Suffragist Memorial To Be Built

\$2 million project to be dedicated on Aug. 26, 2020 at Occoquan Regional Park.

BY STEVE HIBBARD
THE CONNECTION

A \$2 million National Turning Point Suffragist Memorial is slated to be built in time for dedication on Aug. 26, 2020 at Occoquan Regional Park near the Occoquan River, said Patricia Depew Wirth, who is the Executive Director of the Turning Point Suffragist Memorial Association. The memorial planned near the Jean R. Packard Events Center is intended to honor the 5 million women who fought for women's suffrage.

On Saturday, Sept. 15, 2018, Patricia Depew Wirth told 40 members and guests of AAUW Springfield-Annandale branch at Kings Park Library in Burke that the memorial will contain various elements that all have a basis in suffragist history. There will be replicas of the White House gates and a wall to honor the women who were jailed in Occoquan Prison with plaques for each. It will also contain 19 information stations that will tell 72 years of the history of the Suffrage Movement, from 1848 to 1920. The memorial will include a bridge to "bridge the two centuries" that it took to get the women's right to vote. Rotunda pillars will represent Democracy. The memorial will also contain a meditation garden and interactive kiosks.

So far, Turning Point has received roughly \$1 million in-kind and cash donations; Fairfax County donated \$200,000 towards it, but it is still short on needed funding to complete the project. Some of The Turning Point's strategic partners include: AAUW, League of Women Voters, and NOVA Parks, which is donating the land and the perpetual maintenance of the facility. Donate at www.suffragistmemorial.org

In addition to the Memorial, they are developing a Constitution Trail starting at the National Archives, going to Mount Vernon, Gunston Hall, Montpelier and to the Turning Point Suffragist Memorial.

WIRTH, who worked in the automotive service industry for 30 years, and now de-



Patricia Depew Wirth, Executive Director of the Turning Point Suffragist Memorial Association, shows plans for the Memorial.



An artist's rendering of the Turning Point Suffragist Memorial.

votes all of her time to building the memorial, gave a presentation of the movers and shakers in the Women's Suffrage Movement, starting with an audio of the Declaration of Sentiments — the document that changed course of women's lives in Seneca Falls, N.Y., in 1848. It was signed by 68 women and 32 men at the convention.

She talked about the contributions of

icons Elizabeth Cady Stanton and Lucretia Mott, who met in 1840 in London, England, to attend an international abolitionist convention.

"Many early suffragists were abolitionists. In that period of time, if you were married, you belonged to your husband. ... Women were limited in their ability to get higher education and get into the professions. They

did not feel equal. That's why this movement got going," she said.

Wirth mentioned the contributions of Susan B. Anthony, of New York state, who dedicated her entire life to suffragists. In 1851, she marched into a polling place and attempted to vote but she was thrown on the sidewalk, manhandled and arrested for the crime of voting. "She had a trial, was found guilty of voting but never went to jail. She was a wonderful woman to be reckoned with," she said.

Mary Church Terrell, the founding member of NAACP in 1909, was the first African American woman to go to college, Wirth said. Terrell went to Oberlin, was a teacher, principal, and member of the Delta Sigma Theta sorority.

Another woman, Carrie Chapman Catt, was involved in National American Woman Suffrage Association and founder of the League of Women Voters in 1920. She focused on getting the vote state by state, by establishing offices in every state. She came out with "The Winning Plan" strategy that involved getting an Amendment to the Constitution and turned all those state offices into the League of Women Voters.

Wirth mentioned Alice Paul, the co-founder of the National Woman's Party, a Quaker from New Jersey, who authored the Equal Rights Amendment in 1923. "She became aware of the Suffragette movement in England overseen by Pankhurst family," she said. Paul marched with them, went to jail, went on hunger strikes and met Lucy Burns.

Alice Paul, who co-founded the National Women's Party with Lucy Burns, was a brilliant strategist who felt we needed an amendment to the constitution.

"She felt without it, women in the South would never get the vote. She knew what she was talking about," Wirth said.

In 1913, Alice Paul planned the March down Pennsylvania Avenue in Washington, D.C., where between 5,000 and 9,000 people marched in a parade for women's rights.

SEE HISTORIC FIGHT, PAGE 11

Next Step for Equality

After the 19th Amendment affirming women's right to vote was ratified in 1920, suffragist leader Alice Paul introduced the ERA in 1923 as the next step in bringing "equal justice under law" to all citizens. The proposed Equal Rights Amendment (ERA) states that the rights guaranteed by the Constitution apply equally to all persons regardless of their sex.

In 1972, the ERA was finally passed by Congress and sent to the states for ratification. The original seven-year time

limit was extended by Congress to June 30, 1982, but at that deadline, the ERA had been ratified by only 35 states, three states short of the 38 required to put it into the Constitution.

Now, Virginia could be the last state needed to ratify the Equal Rights Amendment, which would pass on the floor of the House and the Senate in the session beginning Jan. 9, 2019, if opponents don't prevent the vote by tying it up in committee.

The Equal Rights Amendment Verbatim:
Section 1. Equality of rights under the law

shall not be denied or abridged by the United States or by any state on account of sex.

Section 2. The Congress shall have the power to enforce, by appropriate legislation, the provisions of this article.

Section 3. This amendment shall take effect two years after the date of ratification.

The ERA has been introduced into every Congress since the deadline, and beginning in 1994, ERA advocates have been pursuing two different routes to ratification:

❖ the traditional process described in Article V of the Constitution (passage by a

two-thirds majority in both the Senate and the House of Representatives, followed by ratification by three-quarters of the states), and

❖ the "three-state strategy" (ratification in three more of the 15 state legislatures that did not ratify the ERA in 1972-82, based on legal analysis that when three more states vote yes, this process could withstand legal challenge and accomplish ratification of the ERA). Virginia could be the third and final state needed to pursue this strategy were the Equal Rights Amendment to pass in the 2019 General Assembly session.

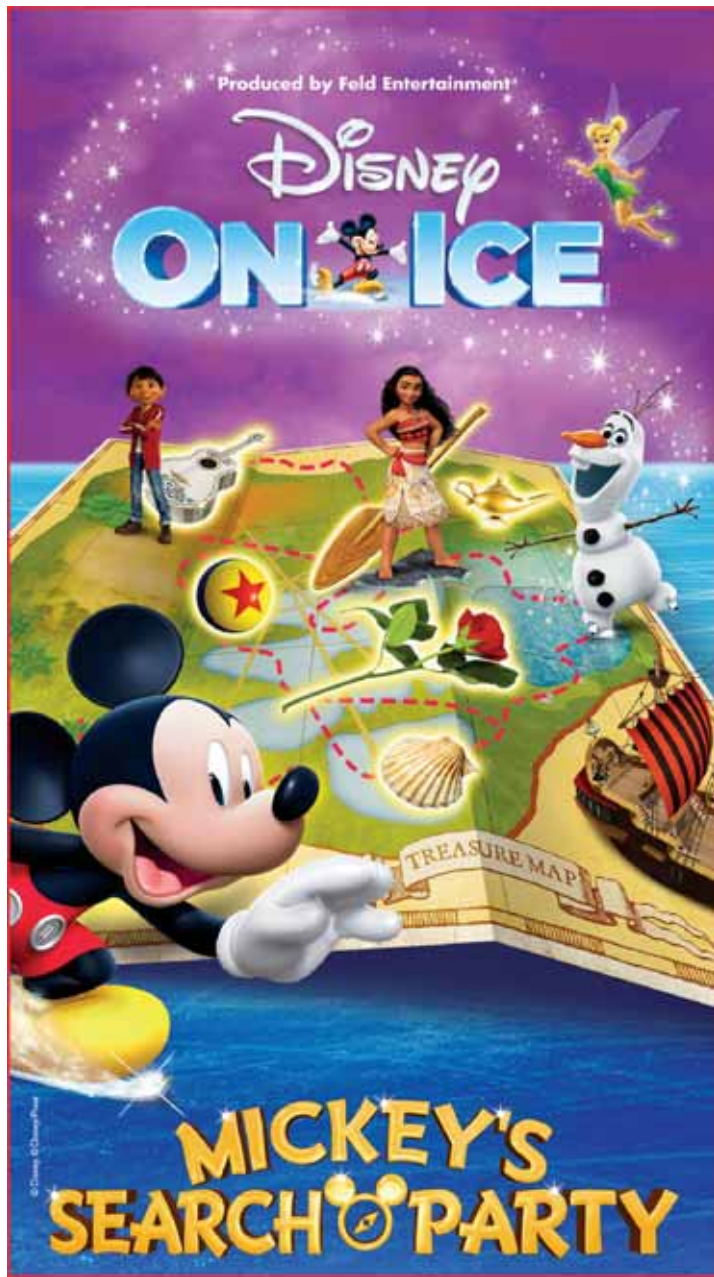
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Navigating the Tween Years

Child development experts offer suggestions
for a difficult period of development.

BY MARILYN CAMPBELL

One of the most unsettling times in a parent-child relationship can be the period of adolescence when children are growing into adulthood. During this period say mental health professionals, teens may exhibit defiance and disrespect while parent might experience hurt and question the quality of their parenting abilities.

This period of time in the lives of both parents and adolescents can be fraught with confusion, pain and disappointment. Understanding the reasons behind the sudden shift is one of the keys to navigating this life change. "One of the most important developmental tasks during adolescence is for the child to discover who they are apart from their parents in preparation for eventually living as an adult," said Melissa K. McCeney, Ph.D., professor of psychology at Montgomery College. "They are working to define their own values and goals, and part of that process involves questioning authority."

"It's a natural part of separation from parents," added Linda Gulyn, Ph.D., professor of psychology at Marymount University. "In fact most behaviors described as rude or disrespectful are the teen's way of expressing her desire to be her own person; not an extension of the parent."

Understanding what a child of this age might be feeling and experiencing can make parents more empathetic prepare them to help guide their children through this developmental period. "Adolescents also tend to be very idealistic and absolute in their thinking, which may lead them to become critical of parents who can't possibly live up to unrealistic standards," said McCeney. "Brain development during adolescence can make teens less sensitive to how other people are feeling and more sensitive to their own feelings. Consequently, they may behave in self-centered and inconsiderate ways without even realizing it."

During this period, some parents may question their parenting skills or style. "These things will happen regardless of parenting style because they're a normal part of the developmental process," said McCeney "Parenting style could affect how difficult this transitional period is, though. Children whose parents are overly permissive or demand immediate compliance with no discussion under threat of punishment are more likely to become teens who are very rude and disrespectful. Parents who have consistently had high expectations for their children within the context of a warm and nurturing relationship have already laid the groundwork for more constructive conflict resolution."

Gulyn suggests that parents exhibit authority, but avoid extremes. "Always set limits and boundaries,

but do it in a way that you maintain a warm relationship with your child," she said. "Research shows that authoritarian, that is strict and punitive, and permissive, having no rules or boundaries, result in the most disrespectful and difficult rebellious behaviors."

When adolescents rebel, the way a parent responds can set the tone for the eventual outcome. "In my opinion, the parent needs to diffuse that moment with empathy or at least an expression of understanding how it must be for the teen," said Gulyn. "[For example,] 'I know it's frustrating trying to keep all those homework assignments straight ...'"

"I also believe the teen needs feedback that his rudeness hurts," continued Gulyn. "[For example,] 'Wow, that really made me feel bad when you talked to me that way.' You are the parent. You need to help your teen develop empathy and understand the consequences of their behaviors."

Encourage children to think about the effect their behavior might have on others, suggests Jerome Short, Ph.D, associate professor of psychology at Marymount University. "Parents should ask their children, 'How would you feel if someone did that to you?' or 'How do you think that person feels after you did that?'," suggests Short. "These questions increase a focus on empathy and compassion. Parents should make it clear that they value kindness and respect and want their children to value those principles too."

Reinforcement is more effective than punishment, advises McCeney, but she underscores the reality that actions have consequences, and sometimes they're unpleasant. "When punishment seems appropriate, try to stick with natural consequences as much as you can," she said. "For example, a teen who is being hateful at the dinner table

might need to eat alone. If your child is insulting to you while you drive him to a party, perhaps you should turn around and go back home instead."

McCeney advises against consequences without warning. "If you go the punishment route, though, it's important to make sure your teen knows in advance exactly what the consequence will be and how they need to change their behavior in order to avoid it," she said. "For example, instead of making an unexpected screeching U-turn, say, 'What you just said to me was really rude, and I don't see why I should do you a favor if you're not going to be nice. If you speak disrespectfully to me again, we'll turn around and go home.' Then follow through as necessary. If you know your kid is likely to act up in a particular situation, lay out the rules ahead of time," continued McCeney. "If they tend to be rude to you to show off to their friends, let them know that if it happens at tomorrow's movie night at your house, they won't be able to have company over next weekend. Then they can make their own informed choices."

Addressing Rude Teen And Tween Behavior

- ❖ Model appropriate behavior. If your child yells at you and you respond by raising your own voice, they will seethe at your hypocrisy. Don't allow them to tempt you to stoop to their level.
- ❖ Choose your battles. If they actually do their chores, it won't hurt "not to notice" that they rolled their eyes and grumbled under their breath while they did them.
- ❖ Enforce appropriate boundaries. If your child is being rude and disrespectful, refuse to engage no matter how hard they push. Say something like, "I'll be happy to discuss this with you when you can speak to me respectfully," and then calmly walk away.
- ❖ Say yes when you can. Grant more independence as your child demonstrates that they can be trusted with it. Help them to understand that handling conflict respectfully is a sign of maturity and that you'll respond to it as such.
- ❖ Show them that you still care. Continue to be affectionate toward them and connect with them however you can despite the fact that they're not always behaving in the most lovable ways at this time. Often, teens feel lonely and vulnerable under their prickly exterior. Be generous with hugs, and remember that this is only a season. It will pass.

WEEK IN McLEAN

Service Academy Deadline Coming Up

The deadline for students interested in applying for a nomination by the 10th District Service Academy Advisory Board to one of the nation's military academies for the Class of 2023 is 5 p.m. on Friday, Sept. 28 in U.S. Rep. Barbara Comstock's Sterling district office.

Applications can be mailed or hand delivered to Comstock's Sterling office at 21430 Cedar Drive, Suite 218, Sterling, VA 20164. Applications must be received by 5 p.m. on Sept. 28. Interested students can request an Academy Nomination Application from Comstock's Web site at <https://comstock.house.gov/services/military-academy-nominations>. The selection process is strictly a competitive one.

For more information about the congressional nominating process, contact Mary Ann Cannon in Comstock's Sterling office at 703-404-6903, or go to <https://comstock.house.gov/> and click on Military Academy Nominations under the Services section.

McLean Community Foundation Announces Grant Request Deadline

The McLean Community Foundation is accepting grant requests for its current grants cycle until Oct. 1, 2018. Applications can be found on the MCF's website at mcleancommunityfoundation.org.

Since their first grant to the McLean Volunteer Fire Department in 1981, MCF has awarded nearly \$1.5 million in grants to local non-profits. MCF recently awarded \$27,700 in grants to Kent Gardens Elementary School, McLean Project for the Arts, the Down Syndrome Association of Northern Virginia, and Lewinsville Retirement Residence.

The McLean Community Foundation (MCF) is a non-profit formed in 1978 by the McLean Citizens Association to meet the philanthropic needs of a growing McLean community. The focus is entirely on efforts that benefit the McLean community.

SEPTEMBER IS SUICIDE PREVENTION MONTH



#CallTextLive is PRS CrisisLink's social media campaign for National Suicide Prevention Month, which helps spread the word about actions we can all take to prevent suicide. Join us in changing the conversation from suicide to suicide prevention, promoting healing, helping and giving hope.

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Register today at alz.org/walk.

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Edward Jones

OPINION

How To Vote

Every year is election year in Virginia; early voting begins Sept. 21.

So many local elections, and critical policy that follows, have been decided by so few votes, no one can reasonably say that their one single vote does not matter.

Just one example: Control of the entire Virginia General Assembly came down to a single delegate race which was so close, it was declared a tie after a recount. It was awarded to the Republican by literally pulling a name out of hat.

Vote. Vote early if you qualify. Vote Nov. 6 if you haven't already voted by then. Make a plan.

First, be sure you are registered. Oct. 15 is the deadline to register, and to check your registration. Many voters across the country have discovered that they have been unexpectedly dropped from the voter rolls, so be sure to check at elections.virginia.gov

Absentee Voting in Person Begins Sept. 21

Voting early if you qualify is a good choice. There are 20 valid reasons to vote absentee in Virginia, including working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department of Elections list to see if you are eligible: <https://www.elections.virginia.gov/casting-a-ballot/absentee-voting/index.html>

There are two ways to vote absentee, in-person and by mail. To do either, you should first check your voter registration status to make sure it is up-to-date.

If you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

Early Voting Locations, Dates and Hours

Scheduled to begin Friday, Sept. 21, through Saturday, Nov. 3 at the government center, and Oct. 13-Nov. 3 at the satellite locations.

Fairfax County Government Center, 12000 Government Center Parkway, Conference Room 2/3, Fairfax, VA, 22035

Sept. 21-Oct. 12
Closed Monday, Oct. 8, Columbus Day
Monday, Tuesday, Wednesday, and Friday, 8 a.m. to 4:30 p.m.
Thursday, 8 a.m. to 7 p.m.
Saturdays, Oct. 6-Nov. 3, 9 a.m. to 5 p.m.
Oct. 15-Nov. 3
Monday-Friday, 8 a.m. to 7 p.m.

All Satellite Locations:

Oct. 13 - Nov. 3
Weekdays: Monday thru Friday, 3 p.m. - 7 p.m.
Saturdays: 9 a.m. - 5 p.m.
Sundays: Closed
❖ Franconia Governmental Center, 6121 Franconia Road, Alexandria, VA 22310
❖ Lorton Library, 9520 Richmond Highway, Lorton, VA 22079
❖ Mason Governmental Center, 6507 Columbia Pike, Annandale, VA 22003
❖ McLean Governmental Center, 1437 Balls Hill Road, McLean, VA 22101
❖ Mount Vernon Governmental Center, 2511

ELECTION DAY, TUESDAY, NOV. 6, 2018

On Election Day, polls are open from 6 a.m.-7 p.m., Nov. 6.

To determine whether eligible and registered to vote in this election, visit the Virginia Department of Elections website at elections.virginia.gov/ or call Fairfax Elections office at 703-222-0776.

To vote on Tuesday, Nov. 6, 2018, 6 a.m.-7 p.m. (General Election)

❖ Register/update address by: Monday, Oct. 15.
❖ Request absentee ballot by mail by: 5 p.m. Tuesday, Oct. 30.

❖ Vote early, in-person absentee, by appearing in person by 5 p.m. Saturday, Nov. 3
For more information on voting in Fairfax County: Fairfax County Office of Elections
12000 Government Center Parkway Suite 323
Fairfax, VA, 22035
Voter Registration: 703-222-0776, TTY 711
Absentee Fax: 703-324-3725
Email: voting@fairfaxcounty.gov
Election Officer Info: 703-324-4735, TTY 711
For 24-hour recorded information call 703-324-4700

FAIRFAX COUNTY PUBLIC SAFETY BOND

TEXT: Shall Fairfax County, Virginia, contract a debt, borrow money, and issue bonds in the maximum aggregate principal amount of \$182,000,000 to provide funds, in addition to funds from public safety facilities bonds previously authorized, to finance, including reimbursement to the County for temporary financing for, the costs of public safety facilities, including the construction, reconstruction, enlargement, renovation and equipment of civil and criminal justice facilities, police training and operational facilities and stations, fire and rescue training facilities and stations, including fire and rescue stations owned by volunteer organizations, and the acquisition of necessary land?
\$73 million would be earmarked for improvements to four fire stations — Mount Vernon (\$16 million), Fairview (\$16 million), Gunston (\$13 million), and Seven Corners (\$13 million) — that are all 37 years or older. An additional \$15 million would be used to improve one of the eight volunteer stations that is more than 40 years old.

The Fairfax County Police Department would receive \$59 million: \$18 million to renovate and expand the Mason District Station which was built in 1975; \$18 million to renovate and upgrade its Criminal Justice Academy, and \$18 million to renovate, expand or

Parkers Lane, Alexandria, VA 22306

❖ North County Governmental Center, 1801 Cameron Glen Drive, Reston, VA 20190
❖ Providence Community Center, 3001 Vaden Drive, Fairfax, VA 22031
❖ Sully Governmental Center, 4900 Stonecroft Boulevard, Chantilly, VA 20151
❖ West Springfield Governmental Center, 6140 Rolling Road, Springfield, VA 22152

Absentee Voting By Mail

To track the status of your absentee ballot application and ballot, you can view your Virginia Voter Record, <https://vote.elections.virginia.gov/VoterInformation>

The deadline to apply for an absentee ballot online, by mail, by fax, or by email is seven days prior to Election Day by 5 p.m.

You can apply for your absentee ballot online, <https://vote.elections.virginia.gov/VoterInformation>

Or print, complete, and sign the absentee ballot application, <https://www.elections.virginia.gov/Files/Forms/VoterForms/VirginiaAbsenteeBallotApplication.pdf>

Absentee ballot applications are also available for in-person visits at county governmental centers as well as Fairfax County library branches.

ON THE BALLOT

Fairfax County, Nov. 6, 2018

UNITED STATES SENATE

Corey A. Stewart (R)
Timothy M. Kaine (D)
Matt J. Waters (L)

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Donald S. Beyer, Jr. (D)

District 10

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District 11

Jeff A. Dove Jr. (R)
Gerald Edward Connolly (D)
Stevan M. Porter (L)

replace the Police Evidence Storage Building used to store evidence for court cases, and also houses the warrant desk and the victim services section. The Adult Detention Center needs \$45 million of improvements to three wings, including plumbing, electrical, HVAC, elevator and fire protection systems as well as security and camera equipment. \$5 million would be used to improve the Jennings Judicial Center.

TWO VIRGINIA CONSTITUTIONAL AMENDMENT BALLOT QUESTIONS

State Ballot Question One

Question: Should a county, city, or town be authorized to provide a partial tax exemption for real property that is subject to recurrent flooding, if flooding resiliency improvements have been made on the property?

State Ballot Question Two

Question: Shall the real property tax exemption for a primary residence that is currently provided to the surviving spouses of veterans who had a one hundred percent service-connected, permanent, and total disability be amended to allow the surviving spouse to move to a different primary residence and still claim the exemption?

Send in the completed application: Scan then email the application to absenteeballot@fairfaxcounty.gov or mail the application to the Office of Elections at Box 10161, Fairfax, VA 22038 or Fax the application to the Office of Elections at 703-324-3725
Once your completed application is received and accepted, your absentee ballot will be sent to you in three business days. If you have questions about your ballot, call the Office of Elections at 703-222-0776 (TTY 711).

Absentee ballots must be returned to the Office of Elections by 7 p.m. on Election Day, Nov. 6, 2018 in order to be counted,

Virginia Voter ID

You must show identification to vote. Acceptable forms of valid identification: Virginia driver's license, Virginia DMV-issued photo ID, United States passport, Employer-issued photo ID, Student photo ID issued by a school, college, or university located in Virginia, Other U.S. or Virginia government-issued photo ID, Tribal enrollment or other tribal photo ID, or Virginia Voter Photo ID card

Need a Photo ID?

If you don't have an ID, go to your voter reg-

SEE HOW TO VOTE, PAGE 7

McLean
CONNECTION

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

**1606 King Street
Alexandria, Virginia 22314**

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How To Vote

FROM PAGE 6

istration office to get a free Voter Photo ID, even on Election Day. You will be required to complete an photo ID application, have your photo taken and to sign a digital signature pad.

Forgot your photo ID on Election Day?

If you get to your polling place without acceptable photo ID, you can vote a provisional ballot. You will be given instructions on what to do so your vote can count.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card. Voters may submit a copy of their ID via fax, email, in-person, or through the mail or commercial delivery service. The copy of the ID must be delivered to the electoral board by noon on Friday, or the provisional ballot cannot be counted.

Also by noon on Friday following the election, the voter may appear in-person in the office of the general registrar, in the locality in which the provisional ballot was cast, and apply for a Virginia Voter Photo ID Card. At the completion of the application pro-

cess, the voter may request a Temporary Identification Document. This document can be provided to the electoral board for the identification requirement.

Upcoming Events to Register and Get Voter ID

The Office of Elections is open daily during normal business hours to provide residents the opportunity to register to vote or obtain a free voter photo ID if needed. 703-222-0776, 12000 Government Center Parkway Suite 323, Fairfax, VA 22035

The following special events will also provide opportunity to register to vote and/or get your photo Virginia Voter card.

❖ Wednesday, Sept. 19, 10 a.m. - 2 p.m., Greenspring Retirement Community, 7410 Spring Village Drive, Springfield, 22150

❖ Monday, Sept. 24, 10 a.m. - 2 p.m., Goodwin House Bailey's Crossroads, 3440 South Jefferson Street, Falls Church, 22041

❖ Tuesday, Sept. 25, 11 a.m. - 2 p.m., Burke Health and Rehab Center, 9640 Burke Lake Road, Burke, 22015

❖ Wednesday, Sept. 26, 10 a.m. - 2 p.m., Herndon Senior Center, 873 Grace St #1, Herndon, 20170

❖ Thursday, Sept. 27, 10 a.m. - 2 p.m., Lewinsville Retirement Residence, 1515 Great Falls Street, McLean 22101

Voter Registration and ID Events

The Fairfax County Office of Elections (12000 Government Center Parkway Suite 323, Fairfax) is open daily during normal business hours to provide county residents the opportunity to register to vote or obtain a free voter photo ID if needed. Applicants will need to complete a photo voter ID application, have a photo taken and sign a digital signature pad. Call 703-222-0776.

The following special events will also provide opportunity to register to vote and/or get a photo Virginia Voter card.

❖ Monday/Sept. 24, 10 a.m.-2 p.m., Goodwin House Bailey's Crossroads, 3440 South Jefferson Street, Falls Church.

❖ Thursday/Sept. 27, 10 a.m.-2 p.m., Lewinsville Retirement Residence, 1515 Great Falls Street, McLean.

❖ Tuesday/Oct. 9, 10 a.m.-2 p.m., Arleigh Burke Pavilion at Vinson Hall Retirement Community, 1739 Kirby Road, McLean.

❖ Thursday, Oct. 4, 10 a.m. - 1 p.m., Leewood Healthcare Center, 7120 Braddock Road, Annandale, 22003

❖ Saturday, Oct. 6, 10 a.m. - 2 p.m., Sherwood Regional Library, 2501 Sherwood Hall Lane Alexandria, 22306

❖ Tuesday, Oct. 9, 10 a.m. - 2 p.m., Arleigh Burke Pavilion at Vinson Hall Retirement Community, 1739 Kirby Road, McLean, 22101

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PUBLIC NOTICE

Public Hearing on the McLean Community Center's FY 2020 Budget (July 1, 2019-June 30, 2020)



McLean Community Center Governing Board

Wednesday, Sept. 26, 7:30 p.m.

Residents who wish to speak at the Public Hearing are asked to call 703-790-0123, TTY: 711, to be placed on the speakers list. The draft budget proposal is available on the Center's website. Copies will be available at the Public Hearing.

Written comments may be delivered to the Center's temporary Administrative Offices (see address below) marked "Attention: Executive Director," or sent by email to george.sachs@fairfaxcounty.gov. Written comments may be provided after the Public Hearing up through Monday, Oct. 22.



The McLean Community Center
Temporary Administrative Offices
6631 Old Dominion Dr., McLean VA 22101
703-790-0123/TTY: 711 | www.mcleancenter.org

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday.

WEDNESDAY/SEPT. 19

Vienna Woman's Club Meeting. 7-9 p.m. at Vienna Community Center, 120 Cherry St. SE, Vienna. Vienna Woman's Club invites prospective members to its open membership meeting with a guest speaker on a common interest subject. Visit www.ViennaWomansClub.org.

THURSDAY/SEPT. 20

Adventures in Learning Open House. 10 a.m.-noon at Unitarian Universalist Congregation of Fairfax, Program Building, 2709 Hunter Mill Road, Oakton. All Fall classes begin Thursday Sept. 27 and run through Nov. 15 are held at (UUCF/Oakton). New this year is an eight-week course on Memoir Writing. Golf cart transportation will be provided to assist those in need of help traveling from the parking lot to open house and classes. Light refreshments will be provided at the Open House. For details call the office at 703-281-0538 or visit <http://www.scov.org/ail-open-house>.

FRIDAY/SEPT. 21

Chillin' on Church. 6:30-9:30 on Church Street, Vienna. The Town of Vienna's September Chillin' on Church is going classic when local band Fat Chance performs rock 'n' roll on historic Church Street. Beer and wine will be available for sale; a photo ID is required for purchases. A variety of food trucks will also be present. Visit www.viennava.gov.

SATURDAY/SEPT. 22

Native Plant Sale. 8 a.m.-1 p.m. in the Vienna Community Center parking lot 120 Cherry St. SE, Vienna. The Town of Vienna's Community Enhancement Commission will offer native plants at its Native Plant Sale, including a variety of native plants, including flowering perennials, shrubs, and small trees, all of which attract beneficial birds, bees, and butterflies to the landscape. Rain or shine. Credit cards, cash, and checks are all accepted. Visit www.viennava.gov.

Let's Move. 10 a.m.-2 p.m. at Wolf Trap National Park for the Performing Arts, 1551 Trap Road, Vienna. "Let's Move with Music at Wolf Trap!" Activities and live music for all ages. Performances by Rainbow Rock, Kentlands Acoustic Jam, Vienna Jammers, and United States Army Brass Quintet. Free. Call 703-255-1828 or visit go.nps.gov/letsmove.

Harvest Happenings Festival. 11 a.m.-2 p.m. at St. Luke's School, 7005 Georgetown Pike, McLean. The McLean Community Center's Harvest Happenings festival is suited to the needs of young children, ages 3-8 years old, and their families. Small in size and scale, with ongoing indoor and outdoor activities, the event allows families to partake in activities as they choose. Admission is free. Call the Center at 703-790-0123, TTY: 711, or visit bit.ly/2wOKWwf.

Paul Stanley Art Exhibition. 6-9 p.m. at Tysons Galleria, 1807 U. International Drive, McLean. Wentworth Gallery presents a collection of works from legendary musician and fine artist Paul Stanley of KISS. RSVP to 703-883-0111 or tysons@wentworthgallery.com. Visit www.wentworthgallery.com.

SUNDAY/SEPT. 23

15th annual Super H 5K Run, Walk & Wheel. 7 a.m. at Tysons Sport &



Edible Flowers Workshop

The Ayr Hill Garden Club presents an Edible Flowers Workshop. Author Mary Newman shares the fascinating story of how flowers have been used in cooking from ancient customs with modern kitchens. Learn novel ways to prepare and eat soups, salads, desserts, and drinks. Books available for sale and signing. Thursday, Sept. 20, 7:30-9 p.m. at Patrick Henry Library, 101 Maple Ave. E., Vienna. The session is free and open to the public. Email emilielarson@rcn.com.

Health, 8250 Greensboro Drive, McLean. Registration includes a post-race party with food and entertainment. Proceeds from the race will support MedStar NRH's adaptive sports programs, which enable para-athletes – those with disabilities who stay active by competing in various sports – to participate in Paralympic sports such as wheelchair basketball, wheelchair tennis, sled hockey, quad rugby, Boccia ball, hand cycling, rowing and more. \$35 until online registration closes on Sept. 21; \$40 on race day. Visit www.MedStarNRH.org/SuperH5K.

6th Annual Teddy Bear 5K & 1K Walk/Run. 8 a.m. at Falls Church-McLean Children's Center, 7230 Idylwood Road, Falls Church. Registration is currently open for runners and walkers of all ages for the 6th Annual Teddy Bear 5K & 1K Walk/Run, the race that awards all participants a pint-size teddy bear when they cross the finish line. Children under 12 must be accompanied by a registered adult in either the 1K or the 5K. The 5K also includes a stroller division. To register to run or walk, or to volunteer at the event, go to www.tinyurl.com/TeddyBear5K-1KWalk-Run.

2018 Cops and Kids Fun Run. 11 a.m.-2 p.m. at Vienna Elementary School, 128 Center St. S., Vienna. The Town of Vienna Police Department's Cops and Kids Fun Run is back. In addition to the annual 1-mile run/walk, yummy food, and fun activities, this year's event will feature a water balloon toss. Pre-registration is closed, but the event is still free and open to the public. Those interested in participating, who have not registered, are encouraged to sign up to receive information regarding the 2019 Cops and Kids Fun Run at viennapdfunrun.com.

Amadeus Orchestra. 4 p.m. at Saint Luke Catholic Church, 7001 Georgetown Pike, McLean. Festive selections from Handel's regal "Water Music" open the Amadeus Concerts 2018-2019 season. A pre-concert lecture by Music Director A. Scott Wood will begin at 3:15 p.m. A reception will follow the concert. Tickets are \$40 and may be purchased at the door or online at www.amadeusconcerts.com. Students 17 and under and active military are admitted free of charge.

Countdown Concerts in the Park: Saved by the '90s. 5 p.m. in the McLean Central Park Gazebo, 1468 Dolley Madison Blvd., McLean.

Concert series tracks the history of the McLean Community Center from its opening in 1975 — revisit a decade as the McLean Community Center prepares for the reopening of the Ingleside Avenue facility. Visit www.mcleancenter.org/alden-theatre/.

MONDAY/SEPT. 24

Dining with Dorothy 12:30 p.m. at Culinaria Cooking School, 110 Pleasant St. NW, Vienna. We're cooking again – join friends or make new ones at another "Dining with Dorothy" socializing/dining event. \$25 includes class and lunch. Call the Culinaria Cooking School at 703-865-7920 to register. They show you how to cook a delicious meal and then serve it to you. Email event chair, Dorothy Flood at dflood1706@gmail.com.

TUESDAY/SEPT. 25

Arts Education Panel. 8-10:30 a.m. at Conference Center, 2070 Chain Bridge Road, Vienna. Learn the science behind how the arts affect brain activity and how this information can be used in education and to develop a creative innovative workforce for the 21st century. Open to the public, registration required. \$10-\$25. Register at artsfairfax.org/artist-residency-program/. Email rcarroll@artsfairfax.org or visit artsfairfax.org.

TUESDAY-FRIDAY/SEPT. 25-28

Teaching Artist Seminar. 8 a.m.-3:30 p.m. at Conference Center, Old Courthouse Road, Vienna. Teaching artists of all disciplines seeking to develop artist residencies for school students are invited to attend. \$99-\$120. Register at artsfairfax.org/artist-residency-program. Email rcarroll@artsfairfax.org or visit artsfairfax.org.

THURSDAY/SEPT. 27

Tysons Tailgate. 5-8 p.m. at VALO Park, 7950 Jones Branch Drive, Tysons. Building Brighter Futures is a tailgate-themed festival, enjoy live music, beer, wine, tailgate-themed menu, lawn games, raffle prizes; proceeds will benefit Second Story, the only youth emergency shelter in Northern Virginia. Ticket price includes two drink tickets. \$30 per ticket/\$35 at the door. Tysons Partnership Members receive a discount. Call 703-688-2129 or visit www.tysonspartnership.org/event/

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Class Programs
Registration Office
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www.mcleancenter.org



CALENDAR

2018-tysons-tailgate/.

THURSDAY-SATURDAY/SEPT. 27-29

Fall Book Sale. Oakton Library, 10304 Lynnhaven Place, Oakton. The Friends of Oakton Library will hold its Fall Book Sale: Thursday, 1-8 p.m.; Friday, 10 a.m.-5:30 p.m.; and Saturday, 10 a.m.-3 p.m. The Members' Presale will be held Wednesday, Sept. 26, 2-5:30 p.m. Join at the door. Browse gently used books, CDs, DVDs, audiobooks and more. Email FriendsOfOaktonLibrary@gmail.com and or visit www.fairfaxcounty.gov/library/branches/friends-of-oakton.

FRIDAY-SUNDAY/SEPT. 28-30

ValeArts "Fall into Color" 2018. Friday, 10 a.m.-9 p.m.; Saturday and Sunday, 10 a.m.-6 p.m. at Vale Schoolhouse, 3124 Fox Mill Road, Oakton. ValeArts will present an all new "Fall into Color" fine art show featuring Lynn Martin and Kathy Bodycombe in addition to ValeArts members Linda Lovell, Lorrie Herman, Meredith Hannon, Kim Davis, Laura Barringer and Jenna Klimchak. All varieties of fine art in a historic setting. Free and family friendly. A reception is planned for Friday, Sept. 28, 7-9 p.m. Call 703-860-1888 or visit www.valearts.com.

SATURDAY/SEPT. 29

Fall Festival. 10 a.m.-4 p.m. at The Church of the Good Shepherd (United Methodist), 2351 Hunter Mill Road, Vienna. Where Fun and Kindness Connect, includes "Rise Against Hunger" food packing event (50,000 meals), as well as a blood drive, children's program, moon bounce and food and refreshments. Visit www.GoodShepherdVA.com.

SATURDAY-SUNDAY/SEPT. 29-30

Fall Book Sale. Saturday, 10 a.m.-4 p.m.; Sunday, 10 a.m.-2 p.m. at Patrick Henry Library, 101 Maple Ave. E., Vienna. Featuring thousands of top quality used books, CD'S, DVD'S, books on CD. Special sale Sunday - fill a large shopping bag with books, movies, CDs, DVDs, etc., for \$5. Free parking and admission. Email sharonbohman@msn.com, call 703-568-0104 or visit www.fairfaxcounty.gov/library/branches/ph.

SUNDAY/SEPT. 30

Countdown Concerts in the Park: So Fetch. 5 p.m. in the McLean Central Park Gazebo, 1468 Dolley Madison Blvd., McLean. Concert series tracks the history of the McLean Community Center from its opening in 1975 - revisit a decade as the McLean Community Center prepares for the reopening of the Ingleside Avenue facility. Visit www.mcleancenter.org/aldentheatre/.

SEPT. 30-OCT. 26

Art Exhibition: Colors in Memory. Gallery hours at Aryan Gallery, 2236-C Gallows Road, Vienna. Colors in Memory featuring art by Rafat is open to all. Opening reception Sunday, Sept. 30, 5-8 p.m. is limited to adults. Call 202-391-1669 or visit www.rafatart.com.

SATURDAY/OCT. 6

Live Music: Hot Lanes Big Band. 8 p.m. at Jammin' Java, 227 Maple Ave. E., Vienna. Performance will feature all original music by bandleader Bobby Jasinski. Visit www.jamminjava.com.

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New Location! St. Luke's School, 7005 Georgetown Pike, McLean, VA 22101

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SATURDAY, SEPT. 22
11 A.M.-2 P.M.

Squeals On Wheels Petting Zoo
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Concessions
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The Amazing Kevin
Kidsinger Jim

Free Admission!
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For children 3-8 years old.

The McLean Community Center
703-790-0123/TTY: 711 www.mcleancenter.org

Here's What's Happening at MCC!

Countdown Concerts

SEPT. 24

Saved by the '90s, 5 p.m.
McLean Central Park Gazebo
1468 Dolley Madison Blvd.
Free and open to the public

SEPT. 30

So Fetch, 5 p.m.
McLean Central Park Gazebo
1468 Dolley Madison Blvd.
Free and open to the public

Old Firehouse Family Movie Night

SEPT. 21

"Mary Poppins" 7 p.m.
1440 Chain Bridge Rd.
\$3 per person
Preregistration recommended

Harvest Happenings

SEPT. 22

11 a.m.-2 p.m.
New location! St. Luke's School
7005 Georgetown Pike
Free admission

Old Firehouse After 7 Dance Party

SEPT. 28

7-10 p.m.
1440 Chain Bridge Rd.
Admission: \$5

McLean 5K

OCT. 6

In McLean, By McLean, For McLean
8 a.m.
6631 Old Dominion Dr.
\$35 through October 5
\$40 day of race



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Announcements

NEWS



PHOTO COURTESY OF ANNA FERNAU
Will and Charlotte Fernau spent much of their summer working on their lavender garden plot.



PHOTO COURTESY OF ELIZABETH ENDE
TJ Nolen at the neighborhood's 'Stands in the Hood' event.

Icy Treats Beat the Heat

Chesterbrook Woods neighborhood hosts fourth annual community event, "Stands in the Hood."

Chesterbrook Woods residents celebrated a sweltering hot Labor Day with their fourth annual "Stands in the Hood." Young entrepreneurs and their families sold beverages, baked goods, frozen treats, books, and artisan products and crafts. Free activities designed to help neighbors commune and de-stress included a coloring station and tech assistance for Android and iPhones. This year's stands generated more than \$700 for a variety of charities. Elizabeth Ende, who along with her husband, Neil, helped organize this year's event said, "We loved seeing what was offered at their stands this year. This event creates a market for young entrepreneurs and also gives residents an excuse to get outside and catch up with friends, meet new neighbors and support worthy causes."

Some neighbors began work earlier in the summer to prepare for the event. Eight year old Phoebe Kim, who raised money to support Operation Christmas Child, made sure she had a good supply of jewelry for her stand where she also sold delicious ginger cookies. To help generate excitement, she also included a raffle for a Halloween prize bucket.

Will and Charlotte Fernau spent much of their summer working on their lavender garden plot. Their mom, Anna, recounted that "My husband grew up on a farm and cattle ranch and at a very young age he developed a good work ethic. Over the summer, we let our kids use our extra garden space to grow and harvest lavender and make lavender products. The lavender plot has been a wonderful project to teach them about hard physical work (and to respect those who do it for a living), to learn about business by keeping

track of expenses and gauging profitability and to learn how to market and sell products. It also helped my son fulfill the requirement for the Personal Management merit badge as he works his way to becoming an Eagle Scout. 'Stands in the Hood' was a perfect opportunity for them to launch their lavender products. We're grateful to our community for providing the encouragement to try something like this."

Oliver Thomas capitalized on the heat by offering icy treats and raised \$50 for the Friends of the Fairfax County Animal Shelter. Oliver reported, "We had so many people come by! It was the perfect day for snow cones!!" Rick Timmons, whose kids raised nearly \$600 between their lemonade stand and a Facebook campaign, related, "It seems like a simple activity, but when communities come together to support their neighbors and charitable causes, it really reminds us what America is all about. The Chesterbrook community is extremely diverse, and it includes folks who were raised right here, and others who have immigrated from afar – and we all care about and support each other. Social media gives us the ability to stay even more closely connected, and to 'extend our neighborhood' to include others who care about the causes we are supporting."

Plans are already underway for the 2019 edition of this popular neighborhood event.



PHOTO COURTESY OF LAURA KIM
Phoebe Kim, 8, raised money to support Operation Christmas Child.



PHOTO COURTESY OF RICK TIMMONS
CJ, Ellie and Jacob Timmons raised nearly \$600 between their lemonade stand and a Facebook campaign.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/SEPT. 20

IEP Training: Least Restrictive Environment and Services. 10 a.m.-noon at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. Learn about new changes to the IEP regarding the least restrictive environment for students receiving special education services. Staff from the FCPS Office of Special Education Procedural Support and the FCPS Office of Special Education Instruction will present this workshop for parents of students receiving special education services. Visit www.fcps.edu/resources/family-engagement/parent-resource-center to register.

Historic Fight

FROM PAGE 3

Wirth talked about Inez Milholland Boissevain, a suffragist and well-to-do lawyer, who died from pernicious anemia while she was giving a talk out West on women's voting. "We look at her as the martyr of the Suffragist movement," she said. Her memorial service was in the U.S. Capitol on Christmas Day 1916.

BEGINNING IN JANUARY 1917, women started picketing Woodrow Wilson's White House. By June 1917, Wilson gave word to start arresting the protestors for obstructing the sidewalk.

Lucy Burns, Co-Founder, National woman's Party, was one of the prisoners at Occoquan Workhouse in Lorton, where the conditions were brutal. Women on hunger strikes were force fed through their noses and mouths. "This is what women were willing to do so that we could vote," she said.

The word leaked out to the national press of their horrible treatment, so in November 1917, the women were transported from Occoquan to D.C. and were released from jail. In January 1918, the D.C. Court of Appeals ruled that their arrests were illegal so they were all freed.

Still, women were not included in the Constitution until the 19th Amendment.

It was President Wilson who went to Congress to say we need a National Amendment for the women's right to vote. The House of Representatives voted yea immediately but the Senate waited another 18 months to decide. Thus, began the fight for ratification in 36 states. Ratification came down to one final state: Tennessee. The vote in the Tennessee legislature was 48-48. So, as they were doing the vote count, they got to Rep. Harry Burn, age 26, who had received a note from his mother encouraging him to do the right thing and vote for suffrage. Burn's vote broke the tie in favor of ratifying the amendment. He cast the final vote, giving women the right to vote in 1920.

The ratification of the 19th Amendment led to the largest single one-day increase of potential voters in the history of the United States. It took 72 years to pass and ratify the 19th Amendment, but the Equal Rights Amendment has yet to be adopted to this day.

To donate, or for more information, visit www.suffragistmemorial.org.

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg		An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg	

A Tail Not of Woe



By KENNETH B. LOURIE

You know what's impossible – or next to impossible? Trying to write a funny non-cancer column while on hold with the Oncology Department waiting for calculations to be made by their pharmacist which will determine if my creatinine levels (kidney function) are low enough to allow me to get my infusion today.

No big deal, really. It's only a matter of life and hopefully my avoiding death.

And to complicate this waiting/holding "interminableness," one of our five cats, "Twinkle," is walking back and forth across my desk, rubbing my writing hand with her head – while I'm trying to write no less, as she steps repeatedly on my writing pad.

Oh. One more thing, she keeps knocking down the wireless land-line phone that I've placed on my desk – which I have on speaker, close enough to hear but far enough, I thought, to keep her at bay. It never ceases to amaze me how cats seem to know where you don't want them go and invariably that's almost always where they seem to end up.

Now back to my original situation: Waiting for the pharmacist to calculate my results.

After nearly 30 minutes on hold, with "Twinkle" having been occupied elsewhere during the last 10 minutes or so. (After I implored her to "Give me some space, please?" she jumped off the desk.) Finally, I have received word that I'm approved for my infusion. And now that I'm no longer on telephone-hold, I doubt I'll be seeing any more of her.

Oh. I was wrong. Here she is again.

This time however, she's brought along "Biscuit," one of the two oldest "buff-colored" brothers we rescued in September '06. But I'm more tolerant of their interference now as I've been given the infusion OKAY. (Not a thrill really, but, as mentioned in previous columns – and confirmed by my oncologist in a reply-email to me, this third dose of chemotherapy in the last seven weeks might have a bearing on the results of my upcoming Sept. 26 CT scan. That sound you heard was me exhaling.)

Another peculiar feline behavior: they seem to know when their behavior is not as bothersome/interfering as it might otherwise be so they refrain a bit. (A bit.)

So now I have nothing to wait for except Godot (who never shows). My results will show up though, on or about Sept. 28, more than likely via email from my oncologist. Important to consider that the 28th is a Friday and given that lines of communication don't flow as often on the weekends, we'd really rather know before the weekend so that we can get on with our lives.

And, as I'm sure you can appreciate, this is no laughing matter and receiving results – good or bad – in a timely fashion does enable us to get on with our lives.

For the moment, however, it's still about waiting and hoping, but no planning – yet. Discussing scenarios before the actual facts are known has never been my oncologist's way. When we know definitively, then we'll act definitively. We've had some preliminary discussions about alternatives going forward, but until further details are known, it's all premature.

For the moment then, my existence is about managing expectations, trying to remain positive and letting go.

I mean, when the scan is finished, the results will be what they will be. I don't imagine there's much I can do about it now. When those results are known, then we'll go to plan "B," or revert to current plan "A."

My life is not likely to change significantly either way in the short term so all I can do is maintain my status quo. There's no panic.

Anxiety? Of course. Anticipation? Yes, in a weird way. I would like to know what treatment/potential side effects and all are in store for me living forward but it's still "early days." Maybe the cats do know something. We've heard it rumored that cats have a sixth sense about sickness and death.

Oh, oh. Here's comes "Biscuit," he's been hanging around me an awful lot lately, very uncharacteristic. Should I be concerned or just appreciative of the attention?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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