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Mount Pernon Gazette

Mount Vernon's Hometown Newspaper • A Connection Newspaper





Calvary Presbyterian, on Old Kings Highway in Alexandria, recently installed a pipe organ that was donated by Arlington Presbyterian.

Organ Transplant Calvary will dedicate relocated pipe organ on Sept. 23.

wo years ago, the congregation of the Arlington Presbyterian Church made a difficult choice. The church would be demolished to make way for an affordable housing apartment com-

plex. The church, which originally was chartered in 1908 on Columbia Pike, was destroyed by a fire just before Christmas in 1924. While little could be salvaged from the church after the 1924 fire, many components from the church would be salvaged in 2016, including the pipe organ that had been a cornerstone

of parishioners' experience at Arlington Presbyterian for decades. When Arlington Presbyterian began publicizing the availability of its organ, the 40-year-old organ at Calvary Presbyterian Church, on Old Kings Highway in Alexandria, had recently been diagnosed with "metal fatigue," a death sentence for an organ. Learning of the availability of the organ from its neigh-

boring congregation in Arlington, Calvary put together a letter of intent to be considered for relocation of the pipe organ. Calvary submitted its letter in March of 2016 and learned a few weeks later — just after Easter — that Arlington had selected them as the new home for its

organ from among many suitors based on corre-

sponding need and cultural fit. The next potential

with its 14 "ranks" and 854 individual pipes – could physically fit in Calvary's sanctuary. Out came the measuring tapes and, low and behold, the pipes would fit like a glove within the church's balcony. Moreover, the baroque-like appearance of the pipes would find a comfortable home in Calvary's sanctuary, which was constructed in 1954 and remains faithful to the traditional style of churches from that era. However ideal the fit, the move and installation nonetheless was an extended process that required the effort of a team of architects, engineers, carpenters,electricians, construction contractors, asbestos remediators, consultants, inspectors, and organ technicians.

It was more than two years from Calvary's selection for the instrument to be installed and operational, following a celebratory and cathartic pipe washing party.

Today, looking upward from the pulpit of Calvary's sanctuary on Old King's Highway, the pipe organ looks right at home. As the sounds of the instrument fill the sanctuary on Organ Dedication Sunday — Sept. 23 at 10: a.m., it will be clear that the transplanted pipe organ from Arlington Presbyterian has gained new life at Calvary Presbyterian church. See www.calvarypres.org.

Turning Point

\$2 million memorial project to spotlight women's suffrage.

By Steve Hibbard The Gazette

\$2 million National Turning Point Suffragist Memorial is slated to be built in time for dedication on Aug. 26, 2020 at Occoquan Regional Park near the Occoquan River, said Patricia Depew Wirth, who is the executive director of the Turning Point Suffragist Memorial Association. The memorial planned near the Jean R. Packard Events Center is intended to honor the 5 million women who fought for women's suffrage.

On Saturday, Sept. 15, Patricia Depew Wirth told 40 members and guests of AAUW Springfield-Annandale branch at Kings Park Library in Burke that the memorial will contain various elements that all have a basis in suffragist history. There will be replicas of the White House gates and a wall to honor the women who were jailed in Occoquan Prison with plaques for each. It will also contain 19 information stations that will tell 72 years of the history of the Suffrage Movement, from 1848 to 1920. The memorial will include a bridge to "bridge the two centuries" that it took to get the women's right to vote. Rotunda pillars will represent Democracy. The memorial will also contain a meditation garden and interactive

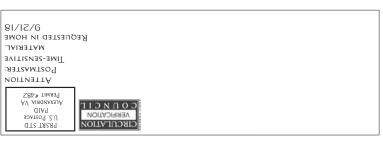


Patricia Depew Wirth, executive director of the Turning Point Suffragist Memorial Association, with an artist's rendering of the Turning Point Suffragist Memorial to be built at Occoquan Regional Park. It will be dedicated on Aug. 26, 2020.

kiosks.

So far, Turning Point has received roughly \$1 million in-kind and cash donations; Fairfax County donated \$200,000 towards it, but it is still short on needed funding to complete the project. Some of The Turning Point's strategic partners include: AAUW, League of Women Voters, and NOVA Parks, which is donating the land and the perpetual maintenance of the facility. Donate at www.suffragistmemorial.org In addition to the Memorial,

SEE SPOTLIGHTING, PAGE 17



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Belle Haven | \$1,460,000

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Alexandria City | \$779,000

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Woodmill Estates | \$599,999

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Arlington | \$1,725,000

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OPEN SUN 9/23, 2-4

Melissa Shelby 703.627.0074 www.melissasellsvirginia.com

OPEN SUN 9/23, 1-4



\$998,000 Abundant southern light streams into this pristine Fords Landing townhouse! Steps to the waterfront

and freshly painted throughout, this exciting home offers 3 bedrooms, 2 baths, open floor plan for entertaining, hardwood floors, and gas fireplace. Garage plus space for second car. 33 Alexander Street

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Tobacco Key

\$672,500

Beautifully

OPEN SUN 9/23, 2-4

plan, wood burning fireplace, hardwood flooring throughout & assigned parking! Large attic with ample storage & potential for expansion. 514 Tobacco Quay

LaurenBishop 202.361.5079 www.laurenbishophomes.com

OPEN SUN 9/23, 2-4



in popular Nethergate is located at the trendy north side of Old Town and next to the GW

Old Town

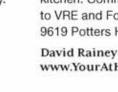
\$644,900

This 4-level

Parkway, bicycle paths and one stop light from DC and the Pentagon. Come by and inspect this home on Sunday. 1203 Portner Road

Richard McGuire 703.627.1985 www.RichardMcGuire.net





Lorton Station \$490,000 This is it! Over 2,260 finished SF on three levels. This move-in ready home offers an abundance of light, three bedrooms, and

2.5 baths. The kitchen layout has ample room for all the cooks to be in the kitchen. Commuters dream-just minutes to VRE and Fort Belvoir. Welcome Home! 9619 Potters Hill Circle

David Rainey 703.286.1333 www.YourAtHomeTeam.com



www.ConnectionNewspapers.com

townhome

News

Let the Games Begin St. James mega-sports complex opens in Springfield

By Jeanne Theismann The Gazette

he stars of sports and politics aligned Sept. 15 as The St. James, a 450,000-square-foot sports, wellness and active entertainment complex, celebrated its grand opening in Springfield.

"This is a major investment in our youth," said Lt. Governor Justin Fairfax, who attended the College of William and Mary with co-founders Craig Dixon and Kendrick Ashton. "The St. James sends a signal to our county and to the country what it means to have a vision and to dream big."

Super Bowl champion Darrell Green and Stanley Cup champion Alex Ovechkin, a founding member of the St. James, were on hand for the opening day festivities.

"This is a great place to spend time with the family," Ovechkin said "It's a place to help raise sport, be healthy and just have fun."

Located on a 20-acre campus at the intersection of I-395 and I-495 in Fairfax County, The St. James combines sports training and competition venues with wellness, lifestyle, hospitality and active entertainment services. The 24-hour center is membership based but non-members are able to sign up for programs.

Fairfax County Board of Supervisors chairman Sharon Bulova praised the impact the facility has had on the county.

"This is a game changer for Fairfax County and the region," Bulova said. "I am grateful for the more than 300 jobs The St. James has brought to the county."

Opening day showcased the facilities at The St. James, which includes a Field House with a FIFA regulation-sized turf field, four full-length regulation basketball courts that convert into nine volleyball courts, two NHL regulation-sized ice rinks, a 50-meter Olympic regulation-sized competition pool, six batting cages and pitching machines, a squash and golf center, gymnastics center,



The St. James co-founders Kendrick Ashton and Craig Dixon, with scissors, are joined by local and state politicians Sept. 15 for the official ribbon cutting grand opening of The St. James sports and wellness complex in Springfield.

a climbing and bouldering wall, a water park and a 50,000 square-foot health club.

Also on site are a medispa and a retail store featuring performance-oriented active wear. Celebrity chef Spike Mendelsohn will open a cafe in November and a MedStar Health and Sports Medicine Center is slated to open in the spring.

Following their time together in college, Ashton pursued a career in finance and Dixon a career in law. Four years ago, they collaborated on their vision for The St. James. "We participated in youth sports and now we are parents of kids participating in youth sports," Dixon said. "We are the customer and we tried to create an environment that is special."

The St. James, which is backed by diversified real estate investment firm Cain International, expects to open a second flagship destination in the northern suburbs of Chicago in early 2021 and is working to



Tierney Pittman, 10, of Alexandria, practices her gymnastics at the St. James sports complex in Springfield.

bring The St. James to additional markets around the country. "Today is incredibly gratifying," Ashton said. "We had a vision to provide a deep array of services to the

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

VOTER REGISTRATION AND ID EVENTS The Fairfax County Office of Elections

- (12000 Government Center Parkway Suite 323, Fairfax) is open daily during normal business hours to provide county residents the opportunity to register to vote or obtain a free voter photo ID if needed. Applicants will need to complete a photo voter ID application, have a photo taken and sign a digital signature pad. Call 703-222-0776.
- The following special events will also provide opportunity to register to vote and/or get a photo Virginia Voter card.
- Saturday/Oct. 6, 10 a.m.-2 p.m., Sherwood Regional Library, 2501 Sherwood Hall Lane, Alexandria.

DONATIONS NEEDED

UCM Needs Help. United Community Ministries (UCM), 7511 Fordson Road, Alexandria. Inventory is low on disposable diapers especially sizes 4, 5, 6; canned tuna and other canned meats like chicken; and low-sugar breakfast



The St. James co-founder Kendrick Ashton, right, is congratulated by Kwasi Fields, his former youth sports coach.

DC region – to bring together all ages and all walks of life. Today shows that is possible." For more information, visit www.thestjames.co.

cereals. Shop and donate with their Amazon Wish List at: bit.ly/ UCM_FoodPantry_AmazonWishList. Email Assistant Food Pantry Manager Von at

vonnetta.jones@ucmagency.org or visit at www.ucmagency.org.

THURSDAY/SEPT. 20

- IEP Training: Least Restrictive Environment and Services. 10 a.m.-noon at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. Learn about new changes to the IEP regarding the least restrictive environment for students receiving special education services. Staff from the FCPS Office of Special Education Procedural Support and the FCPS Office of Special Education Instruction will present this workshop for parents of students receiving special education services. Visit www.fcps.edu/ resources/family-engagement/parent-resourcecenter to register.
- Thrifty Thursday. 7-9 p.m. at South County Government Building, 8350 Richmond Highway, Suite 220. Budgeting class will help participants to identify tools to help manage money and prepare a personal spending plan or budget. Free. Call 703-704-6101 or visit www.financialempowermentcenter.org for more.





Hannah Phillips, 66, of Alexandria, leads the pack on her way to winning gold in the 65-69 division of the women's 60 meter dash during the opening day of the 2018 Northern Virginia Senior Olympics

in Arlington, Saturday, Sept 15. Phillips finished the sprint in 10 seconds flat. More than 850 area seniors have signed up for the 36th edition of the NVSO, which continues this week through Sept. 26. For a complete schedule of events visit www.nvso.us Spectators may attend all NVSO events free of charge.



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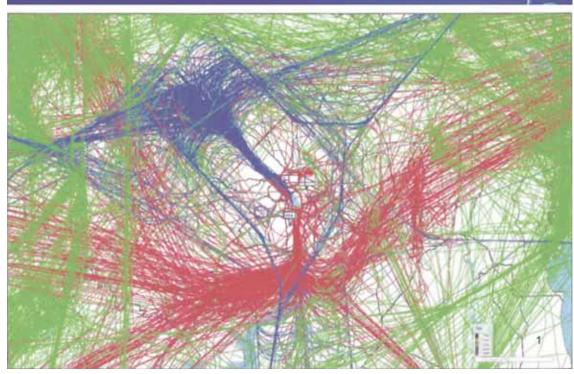


Call Samantha or Susan at 703.940.3300 to schedule your visit! 5550 Cardinal Place (next to Cameron Station) Alexandria, VA 22304

Our new Alexandria community is Brandywine Living's 29th luxury, active aging community with licensed Assisted Living and Memory-Care, visit us at www.Brandycare.com

News

Typical 24 Hour Metroplex - 4300 tracks



The Washington DC Metroplex includes Reagan, BWI, Dulles and all the other smaller airports. The image above represents departing and arriving flights, red and blue, and the green representing flights going to other airports and flying through the area.

Correction

In "Piercing Noise" [Mount Vernon Gazette, Sept. 12], the number cited for frequency of flights for Reagan Washington National Airport was incorrect. Reagan Washington National Airport averages 400 departures and 400 arrival flights per day.

More than 4,300 flights per day affect the Wash-

CRIME REPORT

The following incidents were reported by the Mount Vernon District Police Station

BURGLARY: 1500 block of Belle View Blvd, between Sept. 8 at 6 p.m. and Sept. 11 at 9:30 a.m. Someone entered a residence and stole a laptop and purse. There were no signs of forced entry into the residence.

ROBBERY: 7800 block of Parrot Place, Sept. 12, 6 p.m. The victim was walking with two friends when they were approached by 8-10 teens who demanded his cell phone. When the victim refused, the teens punched him in the face and threw him to the ground. The teens went through the victims'

pockets, stealing his phone before running from the scene.

metroplex.

BURGLARY: 5800 block of Woodlawn Gable Drive, between 3 p.m. on Sept. 8 and 2 p.m. on Sept. 11. The renter of an apartment returned home after being away for several days to find several items missing. While checking the apartment, the renter observed that his mattress had been soaked in windshield wiper fluid, olive oil, vinegar, and coffee grounds. There was no sign of forced entry. Officers collected various types of forensic evidence for detectives to follow-up on.

SEPT. 17: LARCENIES 7800 block of Evening Lane, copper from vehicle

ington metroplex area that must be managed and

controlled by FAA Air Traffic Control including air-

planes that are using all the commercial, military

and general aviation airports in the area and other

aircraft that are transiting the Washington

- 8400 block of Frye Road, water from business 7100 block of Fairchild Drive, license
- plate from vehicle 6300 block of Richmond Highway, stereo and wallet from vehicle
- 7700 block of Richmond Highway, copper from business 7700 block of Richmond Highway,
- merchandise from business 7800 block of Richmond Highway,

beer from business 7900 block of Richmond Highway,

cell phone from business 8600 block of Richmond Highway, merchandise from business

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MOUNT VERNON-LEE CHAMBER OF COMMERCE 6821 Richmond Highway / Alexandria, VA 22306

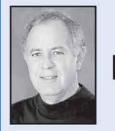
Find local businesses at

703-360-6925

Monthly Networking

Second Thursday Business Breakfast

2nd Thursday of each month 8:00 am to 9:30 am Belle Haven Country Club







Alex/Mt. Vernon Woods 8102 Martha Washington Precious 3BR, 1BA Rambler Perfect Starter Home - Double pane windows and updated bath plus wood burning fireplace- Large deck overlooks the beautifully landscaped, deep, fenced backyard-Perfect for the grill. Roof 2016, A/C Compressor 2017, HWH 2018 – 10 minutes to Ft. Belvoir, 17 mins to Old town, Alex.











Alex/Engleside \$1,300,000

8734 Lukens Lane 4.128 acres zones R-2 for sale. There are 2 lots: 4/0 acres w/house (Tax Map 1101 01 0043) and .128 acre vacant land (1101 01 0043A). House on Property sold "AS IS" and NO ACCESS given or allowed. Land Value only. Water, sewer, gas, electricity available. This land is adjacent to the houses on Halley Farm Ct. which were built in the 2010-2011 time frame

Alex/Waynewood \$660,000 1120 Waynewood Blvd. Waynewood's popular Mayfield model w/4 finished levels & a spacious 5th level w/ good ceiling height waiting to be finished. Steps to Waynewood Elementary. This lovely light-filled home has 4BRs, w/2.5 BAs, a 3 season porch, & a lovely fenced bkyd w/a brick patio & an attractive shed. Quality replacement windows, 6 panel doors. Beautiful newly refinished hdwd floors. FPL in Living rm, eat-in kitchen w/gas cooktop & double oven. Separate Dining rm w/French doors to porch. Family rm on lower level w/half bath.

Alex./Sulgrave \$560,150 4000 Renault Place

Beautiful 4BR, 3BA garage home with stunning renovations on landscaped .69 acre lot <1 mile to Ft. Belvoir, Walker Gate. Gorgeous new custom kitchen & lovely remodeled baths. Open floor plan, refinished hdwd floors, 50 yr. roof & skylights (2016), windows (2015). SGD off Master BR to deck. Family rm fireplace with high-end wood stove insert. Fenced play area

Alex/Potomac Valley \$529 8807 Vernon View Drive \$529,900 Lovely, 4BR, 2BA, 4 lvl Split on a lg, beautiful .3 acre lot w/a fenced bkyd. Freshly painted interior & beautiful refinished hdwds. Main lvl has a spacious & cozy Family rm w/gas FPL, 4th BR, & 2nd full bath. Upper level #1 offers an open kitchen plus Living & Dining Rm. Upper level #2 has full bath & 3BRs. The lower level has a lg partially finished Rec rm. Good price on a super lot.

Alex/Wessynton \$629.000

3301 Wessynton Way Beautiful home in Wessynton. Mt. Vernon's sought after contemporary community, just a stone's throw to Mt. Vernon Estate & George Washington Pkwy, & is adjacent to Little Hunting Creek. Large kitchen w/breakfast area & a separate Dining Rm. Beautiful hdwd floors. FPL's in the Living Rm & Family Rm. Situated in a natural, wooded setting the home's bountiful windows bring outdoors inside. Enjoy the natural landscaping on your deck. 1 car garage. Community amenities include boat ramp, swimming pool, tennis courts

Mount Vernon Gazette 🔹 September 20-26, 2018 🔹 5

For more information: www.RexReiley.com

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OPINION How To Vote Every year is election year in Virginia; early voting begins Sept. 21.

o many local elections, and critical policy that follows, have been decided by so few votes, no one can reasonably say that their one single vote does not matter.

Just one example: Control of the entire Virginia General Assembly came down to a single delegate race which was so close, it was declared a tie after a recount. It was awarded to the Republican by literally pulling a name out of hat.

Vote. Vote early if you qualify. Vote Nov. 6 if you haven't already voted by then. Make a plan. First, be sure you are registered. Oct. 15 is

the deadline to register, and to check your registration. Many voters across the country have discovered that they have been unexpectedly dropped from the voter rolls, so be sure to check at elections.virginia.gov

Absentee Voting in Person Begins Sept. 21

Voting early if you qualify is a good choice. There are 20 valid reasons to vote absentee in Virginia, including working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department of Elections list to see if you are eligible: https:// www.elections.virginia.gov/casting-a-ballot/ absentee-voting/index.htmll

There are two ways to vote absentee, in-person and by mail. To do either, you should first check your voter registration status to make sure it is up-to-date.

If you vote absentee in-person you will fill out the application when you arrive at the inperson absentee location.

Early Voting Locations,

Dates and Hours

Scheduled to begin Friday, Sept. 21, through Saturday, Nov. 3 at the government center, and Oct. 13-Nov. 3 at the satellite locations.

Fairfax County Government Center, 12000 Government Center Parkway, Conference Room 2/3, Fairfax, VA, 22035

Sept. 21-Oct. 12

Closed Monday, Oct. 8, Columbus Day Monday, Tuesday, Wednesday, and Friday, 8 a.m. to 4:30 p.m.

Thursday, 8 a.m. to 7 p.m.

Saturdays, Oct. 6-Nov. 3, 9 a.m. to 5 p.m. Oct. 15-Nov. 3

Monday-Friday, 8 a.m. to 7 p.m.

Saturdays, Oct. 6-Nov. 3, 9 a.m. to 5 p.m.

All Satellite Locations:

Oct. 13 - Nov. 3 Weekdays: Monday thru Friday,

3 p.m. - 7 p.m.

Saturdays: 9 a.m. - 5 p.m.

Sundays: Closed

- Franconia Governmental Center, 6121 Day?
- Franconia Road, Alexandria, VA 22310 Lorton Library, 9520 Richmond Highway, Lorton, VA 22079
- Mason Governmental Center, 6507 Columbia Pike, Annandale, VA 22003
- McLean Governmental Center, 1437 Balls Hill Road, McLean, VA 22101

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Mount Vernon Governmental Center, 2511 Parkers Lane, Alexandria, VA 22306

North County Governmental Center, 1801 Cameron Glen Drive, Reston, VA 20190

Providence Community Center, 3001 Vaden Drive, Fairfax, VA 22031

 Sully Governmental Center, 4900 Stonecroft Boulevard, Chantilly, VA 20151

West Springfield Governmental Center, 6140 Rolling Road, Springfield, VA 22152

Absentee Voting By Mail

To track the status of your absentee ballot application and ballot, you can view your Virginia Voter Record, vote.elections.virginia.gov/ VoterInformation

The deadline to apply for an absentee ballot online, by mail, by fax, or by email is seven days prior to Election Day by 5 p.m.

You can apply for your absentee ballot online, vote.elections.virginia.gov/VoterInformation Or print, complete, and sign the absentee ballot application, www.elections.virginia.gov/ Files/Forms/VoterForms/ VirginiaAbsenteeBallotApplication.pdf

Absentee ballot applications are also available for in-person visits at county governmental centers as well as Fairfax County library branches.

Send in the completed application:

Scan then email the application to absenteeballot@fairfaxcounty.gov or mail the application to the Office of Elections at Box 10161, Fairfax, VA 22038 or Fax the application to the Office of Elections at 703-324-3725

Once your completed application is received and accepted, your absentee ballot will be sent to you in three business days. If you have questions about your ballot, call the Office of Elections at 703-222-0776 (TTY 711).

Absentee ballots must be returned to the Office of Elections by 7 p.m. on Election Day, Nov. 6, 2018 in order to be counted.

Virginia Voter ID

You must show identification to vote. Acceptable forms of valid identification: Virginia driver's license, Virginia DMV-issued photo ID, United States passport, Employer-issued photo ID, Student photo ID issued by a school, college, or university located in Virginia, Other U.S. or Virginia government-issued photo ID, Tribal enrollment or other tribal photo ID, or Virginia Voter Photo ID card

Need a Photo ID?

If you don't have an ID, go to your voter registration office to get a free Voter Photo ID, even on Election Day. You will be required to complete an photo ID application, have your photo taken and to sign a digital signature pad.

Forgot your photo ID on Election

If you get to your polling place without acceptable photo ID, you can vote a provisional ballot. You will be given instructions on what to do so your vote can count.

A voter will have until noon on the Friday

See How To Vote, Page 18

ELECTION DAY, TUESDAY, NOV. 6, 2018

- On Election Day, polls are open from 6 a.m.-7 p.m., Nov. 6.
- To determine whether eligible and registered to vote in this election, visit the Virginia Department of Elections website at elections.virginia.gov/ or call Fairfax Elections office at 703-222-0776. To vote on Tuesday, Nov. 6, 2018, 6 a.m.-7 p.m.
- (General Election) Register/update address by: Monday, Oct. 15.
- Request absentee ballot by mail by: 5 p.m. Tuesday, Oct. 30.

✤ Vote early, in-person absentee, by appearing in person by 5 p.m. Saturday, Nov. 3 For more information on voting in Fairfax County: Fairfax County Office of Elections 12000 Government Center Parkway Suite 323 Fairfax, VA, 22035 Voter Registration: 703-222-0776, TTY 711 Absentee Fax: 703-324-3725 Email: voting@fairfaxcounty.gov Election Officer Info: 703-324-4735, TTY 711 For 24-hour recorded information call 703-324-4700

ON THE BALLOT

Fairfax County, Nov. 6, 2018 UNITED STATES SENATE

Corey A. Stewart (R) Timothy M. Kaine (D) Matt J. Waters (L)

HOUSE OF REPRESENTATIVES **District 8**

Thomas S. Oh (R) Donald S. Beyer, Jr. (D) **District 10**

Barbara J. Comstock (R) Jennifer T. Wexton (D)

District 11 Jeff A. Dove Jr. (R) Gerald Edward Connolly (D) Stevan M. Porter (L)

FAIRFAX COUNTY PUBLIC SAFETY BOND

- TEXT: Shall Fairfax County, Virginia, contract a debt, borrow money, and issue bonds in the maximum aggregate principal amount of \$182,000,000 to provide funds, in addition to funds from public safety facilities bonds previously authorized, to finance, including reimbursement to the County for temporary financing for, the costs of public safety facilities, including the construction, reconstruction, enlargement, renovation and equipment of civil and criminal justice facilities, police training and operational facilities and stations, fire and rescue training facilities and stations, including fire and rescue stations owned by volunteer organizations, and the acquisition of necessary land? \$73 million would be earmarked for improvements to
- four fire stations Mount Vernon (\$16 million), Fairview (\$16 million), Gunston (\$13 million), and Seven Corners (\$13 million) — that are all 37 years or older. An additional \$15 million would be used to improve one of the eight volunteer stations that is more than 40 years old.
- The Fairfax County Police Department would receive \$59 million: \$18 million to renovate and expand the Mason District Station which was built in 1975; \$18 million to renovate and upgrade its Criminal Justice Academy, and \$18 million to renovate, expand or replace the Police Evidence Storage Building used to store evidence for court cases, and also houses the warrant desk and the victim services section.
- The Adult Detention Center needs \$45 million of improvements to three wings, including plumbing, electrical, HVAC, elevator and fire protection systems as well as security and camera equipment. \$5 million would be used to improve the Jennings Judicial Center.

TWO VIRGINIA CONSTITUTIONAL DMENT I State Ballot Question One

Question: Should a county, city, or town be authorized to provide a partial tax exemption for real property that is subject to recurrent flooding, if flooding resiliency improvements have been made on the property?

See On the Ballot, Page 18

Hlount Vernon Gazette

www.MountVernonGazette.com @MtVernonGazette

An independent, locally owned weekly newspaper delivered to homes and businesses Published by Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

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NEWS DEPARTMENT: gazette@connectionnewspapers.com

Steven Mauren Editor, 703-778-9415 smauren@connectionnewspapers.com

Jean Card Production Editor jcard@connectionnewspapers.com

Andrea Worker Contributing Writer aworker@connectionnewspapers.com

Jeanne Theismann jtheismann@connectionnewspapers.com @TheismannMedia

ADVERTISING: For advertising information sales@connectionnewspapers.com 703-778-9431

Debbie Funk Display Advertising/National Sales 703-778-9444 debfunk@connectionnewspapers.com

Julie Ferrill Real Estate, 703-927-1364 iferrill@connectionnewspapers.com

Helen Walutes Display Advertising, 703-778-9410 hwalutes@connectionnewspapers.com

David Griffin Marketing Assistant 703-778-9431 dgriffin@connectionnewspapers.com

Classified & Employment Advertising 703-778-9431

Publisher Jerry Vernon 703-549-0004 jvernon@connectionn wspapers.com

Editor & Publisher Mary Kimm mkimm@connectionnewspapers.com @MaryKimm

> **Editor in Chief** Steven Mauren Art/Design: Laurence Foong, John Heinly, Ali Khaligh **Production Manager:** Geovani Flores

CIRCULATION **Circulation Manager:** Ann Oliver circulation@connectionnewspapers.com

A Connection Newspaper



Letters

Tax Cuts Trump Tax Increases

To the Editor:

As we approach the 2018 midterm election, the gloom and doom from the Democrats has begun. I read Congressman Connolly's commentary "GOP Tax Scheme Hurts Homeowners," in which he laments the inability to deduct more than \$10,000 in State and Local Taxes on our Federal Income tax returns under President Trump's Tax plan.

Mr. Connolly decries that this may increase taxes on many families in Virginia. He did forget to complete the sentence in that our state and local taxes are too high and reducing them would help ease that pain. But I recall, as a lifetime resident of Fairfax County, that Mr. Connolly (or any Democrat) never saw a tax increase he didn't like when he was chairman of the Fairfax County Board of Supervisors. And even today, our real estate taxes increase year after year. I guess I missed his commentary complaining about that. But now the world is coming to an end with President Trump's tax cuts that every taxpayer is enjoying (including my wife and I).

Our 8th district congressman, Mr. Beyer, also trumpeted his glee over voting against the President's tax cuts and yet neither Mr.Connolly or Mr. Beyer would do anything except raise our taxes and costs — Obamacare is perfect example. Then Mr. Beyer constantly insults our intelligence with his "Just the Facts" climate change propaganda and I laugh every day when I pass the automobile dealership on Route 1 with his name on it. Talk about hypocritical. If Beyer wants to help the environment, how about advocating for the elimination of ethanol in our gasoline. I have read many studies that indicate that the production, distribution and use of ethanol in our gasoline creates more so-called greenhouse gasses than it eliminates. It also reduces our cars fuel economy, and damages older cars not designed to run on ethanol and many of those are owned by lower income people who cannot afford newer cars.

Now that really helps the little guy doesn't it? Perhaps he should sell bicycles instead of cars.

Mount Vernon residents, nothing new is offered to us by our Democrat leaders and yet we inexplicably rush to the polls to reelect them without regard to reality. Did your life or economic well being improve under either Mr. Connolly or Mr. Beyer? Ours sure didn't. My family has seen a nice benefit from being able to keep more of what we earn thanks to President Trump and we are excited about the overall economic boom we are seeing under his leadership. And we are not rich buy any standards. We never saw that under Mr. Obama or as a result of anything accomplished by Connolly or Beyer.

My wife and I have two grown daughters and both of them will not even consider living in Northern Virginia due to SEE LETTERS, PAGE 8



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Mount Vernon Gazette & September 20-26, 2018 & 7

OPINION

Serving 20,000 Low-Income Residents

By Basim Khan, MD, MPA Executive Director Neighborhood Health

t any of Neighborhood Health's 12 clinics in the City of Alexandria and Fairfax and Arlington counties, patients are served regardless of whether or not they have health insurance and regardless of their ability to pay.

It's been that way for 20 years since its founding by nurses from the Alexandria Health Department as a small clinic serving women and children in the Arlandria section of the city.

From that humble beginning, what has become Neighborhood Health today now serves 20,000 low-income children, men

COMMENTARY

carrying out its mission: "To improve health and advance health equity

and women every year

in Alexandria, Arlington and Fairfax by providing access to high quality care regardless of ability to pay."

Neighborhood Health not only provides family practice, internal medicine, and pediatrics services including acute illness care, routine physical exams, and preventive care but also women's health, behavioral health, dental care, medication assistance, lab services, and case management.

We provide a "medical home" for our patients, working as partners with their patients to help them improve their health and navigate a complicated health care system.

To achieve that goal, Neighborhood Health works to integrate care between different service lines such as primary medical care and mental health or pharmacy assistance. For example, if a patient screens positive for depression, the primary care provider introduces him or her to a counselor within the clinic. Or if a patient does not pick up a medication, the pharmacy assistance worker let's our primary care provider know. The patient's primary care provider, behavioral health counselor, medical assistant, pharmacy assistance worker, referral coordinator, family services worker, and others are all part of a team working together for our patients. We also coordinate our patients' care with outside organization whether specialists or one of our multiple community partners such as the local community services boards, school system, or hospitals. We take responsibility for our patients.

There's great need for such services in the area for low-income residents, especially for those without insurance but also for those with insurance such as Medicaid and Medicare.

In 2016, Neighborhood Health provided healthcare services to 14,000 patients; by 2018, that number has increased to 20,000. This is a reflection of the need and our goal to make sure that it is met.

Neighborhood Health has also set a goal to increase the number of people it treats by more than 10 percent, or 2,500 new patients, next year which also represents a 60 percent growth from 2016.

To accomplish that goal, Neighborhood Health will need to hire more clinicians to meet the growing demand.

On Friday, Nov. 9, Neighborhood Health will be holding its "Neighbors for Health" gala at 6:30 p.m. at the Ritz-Carlton Pentagon City, 1250 South Hayes St., Arlington, with the proceeds to support its goal to serve 22,500 patients in 2019.

U.S. Rep. Don Beyer (D-8), a longtime supporter of Neighborhood Health, and his wife, Megan, are the gala's honorary chairs.

Congressman Beyer has a long history of supporting Neighborhood Health's mission. Back in 2001 he helped introduce our small clinic to community leaders and hosted several receptions at his dealerships.

As a U.S. representative, he continues to advocate for improving access to health care in Northern Virginia.

At the gala, Neighborhood Health will present its inaugural Health Equity Award to 26 members of the Virginia General Assembly representing Alexandria, Arlington and Fairfax County in gratitude for helping to pass medical expansion in the Commonwealth.

Medicaid expansion will benefit many patients without health insurance across Northern Virginia. Yet there will still be many patients without health insurance. And there are people with insurance who still face barriers to care, whether because doctors don't accept their insurance or they have high copays and deductibles or because of drug costs. There is still so much work ahead of us in order to ensure that everyone in our community has access to high quality and affordable health care.

The event will include a reception, silent and live auctions, seated dinner and music.

Sponsorships are available now. Neighborhood Health is also seeking donations to its auction such as sports or theater tickets, professional services, weekend getaways, restaurant meals, and more.

To purchase tickets, or for more information on sponsorships and donations, please visit www.501auctions.com/ neighborhoodhealthgala or email gala@neighborhoodhealthva.org.

Over the years, Neighborhood Health has been recognized for its service to the communities it serves, including being named a recipient of the federal government's Health Resources & Services Administration (HRSA) Quality Award for the fourth year in a row.

Neighborhood Health administrators realize that all they have been able to accomplish could not have been done without the support of numerous community partners including local health departments, human services departments, community services boards, school systems, hospitals, and many others.

Strong partnerships are critical to Neighborhood Health's ability to meet the multiple and complex needs of our patients. We are thankful for the creativity, support and collaboration of all of our partners.

LETTERS

From Page 7

the cost of living and high taxes here. That is a sentiment that is the saddest of all, and yet it rings true for so many I am sure. I realize that keeping more of what you earn is a

foreign concept to our liberal friends in office as they view our earnings as theirs. And we must be blessed that they allow us to keep a portion of it. In my view, neither of these men represent the best interests of actual taxpayers in their Congressional districts and I have zero confidence that they ever will. Their complaining about President Trump's tax cuts is the clincher for me - talk about worn-out rhetoric. This is my opinion, of course, but just take a step back and look at what they have or have not accomplished while in office. Try to apply some intelligence to your assessment beyond that of what can I get for free from the government and I think my opinion and honest reality may not be that far off.

Garry Scutt/Alexandria

Willful Exclusion

To the Editor:

The most recent Gazette article concerning the DCA noise issue suggests that there is a problem and quick solution, if only the FAA did not drag its feet with environmental studies.

See Letters, Page 9 www.ConnectionNewspapers.com

Life of a State Delegate BY PAUL KRIZEK

State Delegate (D-44)

he defining feature of democracy American is that it is a government by the people and for the people. A key

to an effective democracy is elected officials communicating openly and transparently with constituents about the work we do.

The first thing to know about my work in the Virginia General Assembly is that it is a part-time legislature. Most legislators (myself included) have full-time jobs in addition to their elected re-

sponsibilities. We are

only in legislative ses-

COMMENTARY

sion for six weeks during odd-numbered years and eight weeks during even years. Yet, even out of session I am often traveling to Richmond in my official delegate capacity. This month I have been back and forth to Richmond five times for meetings on the Appropriations Committee, School Safety Committee and subcommittee, a special session on redistricting, a Caucus meeting; and I will be heading to Richmond at least twice in early October for the Crime Commission and another Appropriations meeting. Also, the Clerk of the House just alerted us to be prepared for the possibility of being called back



into session by the Speaker for yet another special session on redistricting. Legislating, however, is not my only responsibility as delegate.

One of my most important duties, whether we are in session or not, is

my service to constituents to make state government work best for you. Daily I receive inquiries from citizens requesting my assistance on a range of issues. Recently, I have assisted constituents with issues concerning the tax code, new transportation initiatives, and changes to the insurance marketplace after Medicaid expansion among many others. These conversations can be incredibly satisfying, such as when I helped a self-employed family navigate state bureaucracy to get more affordable health insurance due to Medicaid expansion.

Another key part of my responsibility as delegate is participating in and hosting community events, and not to mention the many political ones. Over the last month I have been privileged to attend several important events including the Fairfax NAACP Dinner Celebration, the NOVA Labor Day Picnic at Fort Hunt park, and to tour Riverside Elementary school with First Lady Pam Northam just to name a few. Next week, I am excited to be speaking with a community organization about the future of redistricting in Virginia as we try to come up with a constitutional map that doesn't discriminate against minority voters. Early next month, I will be speaking to Hayfield Secondary School about working in public service. I hope to stress to the students that being a politician can be a means to better your community. Later in the month, I am proud to be hosting an event in coordination with Senator Warner's office and Mount Vernon at Home on Oct. 24 from 2-4 p.m. at Sherwood Regional Library on cyber security awareness for senior citizens. Everyone is invited!

It is not too soon to prepare for the next General Assembly session. I am drafting potential legislation that can improve the lives of my constituents in the 44th district and across the Commonwealth. A key part of this process is hearing from constituents. Oftentimes the most impactful legislation comes from someone sharing their story about a problem they are facing and what part of Virginia law needs to be changed to solve it.

I hope this article has provided you with some insight about the work I do year round to improve our community as your delegate. It is an honor and a pleasure to serve you. Please do not hesitate to reach out to my office with any legislative or budgetary ideas or if there is any way I can be of assistance to you by emailing me at DelPKrizek@house.virginia.gov.

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From Page 8

What the article fails to mention (and which was brought up at the referenced meeting), is that the expedient solution effectively moves the route (and the noise) over the Mount Vernon Estate and surrounding residents. Never mind the concerns of these residents continue to be dismissed. When we try to bring them up at meetings, we are continuously being gaveled out of order or instructed to stop talking. We have acknowledged that it is unfair for Fort Hunt to being the victims of NextGen, but we are adamantly against just shifting the problem onto us without full evaluation of the consequences.

The resolution process has been most disappointing for the residents of the designated routes area. First, we are told that we do not know what we are talking about, only to have the FAA validate our concerns so far. Then we are told that the planes will fly at a given height, so the noise will not be so great. However, in the revised plan, planes are kept low until they reach a point just before the Mount Vernon Estate, where they must significantly increase their engine power in order to start climbing and making a long sweeping arc over our area. So,

Vernon area might solve Ft. Hunt's problem, but it will create a new one for someone else.

We have raised these Issues at the referenced meeting and other similar meetings, but we have been repeatedly dismissed and ignored, as was evidenced by a lack of balance in your article as well. It is disingenuous to infer that all will be well when the route is moved, and that all of the residents of the Mount Vernon District (i.e., Ft. Hunt and Mt. Vernon) are of one accord on this matter.

The real problem is the NextGen process itself, which creates route efficiencies, while disregarding the public good. Numerous cities and states have voiced concerns about NextGen, and are taking action at the state level. In our area, DC and Maryland are working together in the matter of NextGen, with Maryland intending to sue the FAA. However, the commonwealth of Virginia continues to be silent on the matter, even though there are several Northern Virginia cities and counties seriously impacted by the plans for NextGen implementation.

Moreover, why is the Metropolitan Airport authority, (which has a politically appointed board) encouraging the airlines to relocate

moving the routes over the Mt. routes to DCA from Dulles and BWI by making it cheaper for airlines to move? This will just add fuel to the fire, so to speak.

> As Dr. Ed Hindman' s recent letter about the matter states: "We should all share in this noise burden equally." Better still, we should all work together to resolve this issue, rather than to continue the zero sum game of pushing the problem on someone else, albeit within the same district. Although the Mt. Vernon District includes Fort Hunt and M.t Vernon neighborhoods, the willful exclusion of the concerns of the Mt. Vernon area citizens bring to mind the old phrase of "redheaded stepchildren."

Poul Hertel/Alexandria

Avoid Building In Floodplains To the Editor:

The owners of 8800 Richmond Highway want Fairfax County to amend its Comprehensive Plan to allow 43 townhomes on land that is almost entirely in the 100-year floodplain and the Chesapeake Bay Resource Protection Area. The 8 acres are part of the Dogue Creek Environmental Quality Corridor and currently protected by the

See Letters, Page 16



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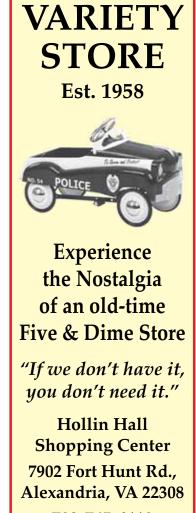
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Education Learning Fun Navigating the Tween Years

Child development experts offer suggestions for a difficult period of development.

By Marilyn Campbell

ne of the most unsettling times in a parent-child relationship can be the period of adolescence when children are growing into adulthood. During this period say mental health professionals, teens may exhibit defiance and disrespect while parent might experience hurt and question the quality of their parenting abilities.

This period of time in the lives of both parents and adolescents can be fraught with confusion, pain and disappointment. Understanding the reasons behind the sudden shift is one of the keys to navigating this life change. "One of the most important developmental tasks during adolescence is for the child to discover who they are apart from their parents in preparation for eventually living as an adult," said Melissa

K. McCeney, Ph.D., professor of psychology at Montgomery College. "They are working to define their own values and goals, and part of that process involves questioning authority."

"It's a natural part of separation from parents," added Linda Gulyn, Ph.D., professor of psychology at Marymount University. "In fact most behaviors described as rude or disrespectful are the teen's way of expressing her desire to be her own person; not an extension of the parent."

Understanding what a child of this age might be feeling and experiencing can make parents more empathetic prepare them to help guide their children through this developmental period. "Adolescents also tend to be very idealistic and absolute in their thinking, which may lead them to become critical of parents who can't possibly live up to unre-

alistic standards," said McCeney. "Brain development during adolescence can make teens less sensitive to how other people are feeling and more sensitive to their own feelings. Consequently, they may behave in self-centered and inconsiderate ways without even realizing it."

During this period, some parents may question their parenting skills or style. "These things will happen regardless of parenting style because they're a normal part of the developmental process," said McCeney "Parenting style could affect how difficult this transitional period is, though. Children whose parents are overly permissive or demand immediate compliance with no discussion under threat of punishment are more likely to become teens who are very rude and disrespectful. Parents who have consistently had high expectations for their children within the context of a warm and nurturing relationship have already laid the groundwork for more constructive conflict resolution."

Gulvn suggests that parents exhibit authority, but avoid extremes. "Always set limits and boundaries, but do it in a way that you maintain a warm relationship with your child," she said. "Research shows that authoritarian, that is strict and punitive, and permissive, having no rules or boundaries, result in the most disrespectful and difficult rebellious behaviors."

When adolescents rebel, the way a parent responds can set the tone for the eventual outcome. "In my opinion, the parent needs to diffuse that moment with empathy or at least an expression of understanding how it must be for the teen," said Gulyn. "[For example,] 'I know it's frustrating trying to keep all those homework assignments straight"

"I also believe the teen needs feedback that his rudeness hurts," continued Gulyn. "[For example,] 'Wow, that really made me feel bad when you talked to me that way.' You are the parent. You need to help your teen develop empathy and understand the consequences of their behaviors."

Addressing Rude Teen And Tween Behavior Model appropriate behavior. If your child

- yells at you and you respond by raising your own voice, they will seethe at your hypocrisy. Don't allow them to tempt you to stoop to their level.
- Choose your battles. If they actually do their chores, it won't hurt "not to notice" that they rolled their eyes and grumbled under
- their breath while they did them Enforce appropriate boundaries. If your child is being rude and disrespectful, refuse to engage no matter how hard they push. Say something like, "I'll be happy to discuss this with you when you can speak to me respectfully," and then calmly walk away.
- Say yes when you can. Grant more independence as your child demonstrates that they can be trusted with it. Help them to understand that handling conflict respectfully is a sign of maturity and that you'll respond to it as such.
- Show them that you still care. Continue to be affectionate toward them and connect with them however you can despite the fact that they're not always behaving in the most lovable ways at this time. Often, teens feel lonely and vulnerable under their prickly exterior. Be generous with hugs, and remember that this is only a season. It will pass.

Encourage children to think about the effect their behavior might have on others, suggests Jerome Short, Ph.D, associate professor of psychology at Marymount University. "Parents should ask their children, 'How would you feel if someone did that to you?' or 'How do you think that person feels after you did that?', suggests Short. "These questions increase a focus on empathy and compassion. Parents should make it clear that they value kindness and respect and want their children to value those principles too."

Reinforcement is more effective than punishment, advises McCeney, but she underscores the reality that actions have consequences, and sometimes they're unpleasant. "When punishment seems appropriate, try to stick with natural consequences as much as you can," she said. "For example, a teen who is being hateful at the dinner table

might need to eat alone. If your child is insulting to you while you drive him to a party, perhaps you should turn around and go back home instead."

McCeney advises against consequences without warning. "If you go the punishment route, though, it's important to make sure your teen knows in advance exactly what the consequence will be and how they need to change their behavior in order to avoid it," she said. "For example, instead of making an unexpected screeching U-turn, say, 'What you just said to me was really rude, and I don't see why I should do you a favor if you're not going to be nice. If you speak disrespectfully to me again, we'll turn around and go home.' Then follow through as necessary. If you know your kid is likely to act up in a particular situation, lay out the rules ahead of time, continued McCeney. "If they tend to be rude to you to show off to their friends, let them know that if it happens at tomorrow's movie night at your house, they won't be able to have company over next weekend. Then they can make their own informed choices."

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ENTERTAINMENT WOOFS! Gives Shelter Dogs a Place to Learn and Grow

By Barbara S. Moffet Animal Welfare League of Alexandria

siago, Cheddar, Feta, Gorgonzola, Gouda, Havarti, Mascarpone, Mozzarella. Muenster. Provolone and Ricotta might sound like a stroll down a grocery aisle, but it was actually a panoply of puppies competing in the "Great Puppy Games" earlier this summer at WOOFS! Dog Training Center.

The puppies are the 11 offspring of a hound mix named Brie, sent by the Animal Welfare League of Alexandria (AWLA) to

AWLA

WOOFS! for some special care in her last weeks of pregnancy. The birth of not one, not two, but 11 puppies provided an opportunity

for WOOFS! to hone its training skills for young dogs, a special emphasis of the center. "One of my personal interests is getting puppies started off on the right foot," said Dr. Laura Sharkey, founder of WOOFS! "We focus on socializing them in the 6- to 10week-old period, meeting other dogs and people."

Along with the usual work of training and boarding dogs for paying clients, WOOFS! is an Animal Guardian of the AWLA, donating thousands of hours each year to foster dogs who need special attention and care. "We might not have been able to take in Brie if WOOFS! hadn't agreed to foster her," said Echo Keif, AWLA Community Outreach and Adoptions Coordinator. But after their birth at WOOFS! - and the special training for the Puppy Games — the 11 dogs journeyed to the shelter for adoption. All have now gone to new homes.

Some dog owners don't realize that train-

Calendar

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday.

ONGOING

- "The Painted Rocks at Revolver Creek" by Athol Fugard. Through Sept. 30 at MetroStage, 1201 N. Royal St., Alexandria. "The Painted Rocks at Revolver Creek" by Athol Fugard, directed by MetroStage Artistic Associate Thomas W. Jones II, will open the 2018-19 season at MetroStage. Visit metrostage.org. Geometrics Kiln Club Show.
- Through Sept. 30, at Scope Gallery, 105 North Union St., Studio 19, Torpedo Factory, Alexandria. Earthy Encore Spotlights Shapeshifting in Clay. Monday-Sunday, 10 a.m.-6 p.m., open Thursday, Sept. 13 until 9 p.m. and Friday, Sept. 14 until 10 p.m. Call Scope Gallery at 703-548-6288 or visit www.scopegallery.org.
- Art Exhibit: "Eat, Drink, and Be Merry." Through Sept. 30, at Del Ray Artisans, 2704 Mt. Vernon Ave., Alexandria. A national ceramic show hat celebrates dining and food with a regional art exhibit echoing these themes. Visit DelRayArtisans.org/ event/eat-drink-be-merry.
- Dollhouse Exhibit. Through Sept. 30, Tuesdavs-Saturdavs, 10 a.m.-4 p.m. at Alexandria Black History Museum, 902 Wythe St. Alexandria. Exhibit "Our Alexandria" Dollhouse



Photographs courtesy, AWLA WOOFS! Trainers pose with their canine charges as the Great Puppy Games wraps

ing can begin for puppies as young as three weeks, Sharkey said. WOOFS! starts its nursery school with basics like paper training, coming when called and paying attention to what humans are saying to them. Training sessions for puppies are brief, she said, because of their short attention spans. Besides, she pointed out, their tiny bellies can only hold so many treats.

Training should be fun for both puppies and adult dogs, Sharkey said. "If any angst or frustration appears, something is wrong with the training and it needs to be evaluated. The dogs should think it's all a game."

It certainly was fun and games for Cheeses Eleven. Showing off such skills as following their trainer, coping with distracting objects and agility, Asiago emerged as the Big Cheese with assistance from trainer Jane Saunders; siblings Mozzarella and Gorgonzola also emerged as leaders of the pack. Sharkey ushered puppy Mascarpone through the course, and senior trainer Erica Pytlovany presided over the trainers and their canine companions in front of an audience of friends, family and AWLA follow-

WLA All-Star Animal 🥔 Welfare Mascarpone League Alexandria

An AWLA trading card featuring Dr. Laura Sharkey's champion-intraining, Mascarpone. The card tracks the skills he learned during the Great Puppy Games.

— and puppies — at a special AWLA Speaker Series event on Thursday, Sept. 27, at 7 p.m. at the AWLA, 4101 Eisenhower Ave. More information can be found at AlexandriaAnimals.org/RaisingRover.

The Animal Welfare League of Alexandria, which operates the Vola Lawson Animal Shelter on contract with the City of Alexandria, is an independent, local, 501(c)(3) non-profit organization. The AWLA is committed to ending animal homelessness, promoting animal welfare, and serving as an educational resource for the City of Alexandria community. More information is at AlexandriaAnimals.org.

Collection. The exhibit captures some of the forgotten businesses, people, and institutions that made African American families strong - church, school, and family. Other exhibits are

also on site. Suggested admission \$3 per person. Visit alexandriava.gov/ museums or call 703-746-4356.

THROUGH SEPT. 30

up.

Diaper Drive. At Pilates ProWorks, 1103 Queen St., Alexandria. All of the diapers collected will be donated to the Great D.C. Diaper Bank, an official partner of the National Diaper Bank Network. Pilates ProWorks' diaper drive is a part of a larger brand-wide initiative, "Restore Your Core," which emphasizes the importance of empowering mothers to practice self-care. Visit www.pilatesproworks.com.

THURSDAY/SEPT. 20

- Taste of OTN. 4-8 p.m. at Montgomery Park, Old Town North Alexandria, 901 N. Royal St., at intersection of Montgomery Avenue, Alexandria The Annual Taste of Old Town North celebrates local culture and arts with free food tastings, live music, wellness demos. Visit oldtownnorth.org/taste or call 917-
- 969-6668. Author Michael Lee Pope. 5-7 p.m. at The Old Town Shop, 105 South Union St., Alexandria. Pope is an



Live Music: **Fox Vernon**

With release of his five-track debut EP, Ghost, Fox Vernon will be joined by drummer Mike Smirnoff, Dave Mallen and others. Tuesday, Sept. 20, 8 p.m. at Evening Star Cafe, 2000 Mt. Vernon Ave., Alexandria. Visit www.eveningstarcafe.net.

award-winning journalist who lives in Old Town Alexandria. He's written the books: Hidden History of Alexandria, DC; Ghost of Alexandria; Shotgun Justice: and Wicked Northern Virginia. Call 703-684-4682.

- Kayak Cleanups at Four Mile Run. 5-7:30 p.m. The event starts out at The Conservatory Center at Four Mile Run Park, 4109 Mt Vernon Ave., Alexandria. Parking details will be provided to those who RSVP. The Four Mile Run Conservatory Foundation will continue to deploy its fleet of kayaks to collect litter along the streambank of Four Mile Run. Visit www.fourmilerun.org.
- Film Screening. 7-9 p.m. at St. Paul's Episcopal Church, 228 S. Pitt St., Alexandria. St. Paul's is hosting the D.C. area premiere of "In the Executioner's Shadow" and a Q&A with the filmmakers. This documentary casts a penetrating look at the consequences of the death penalty through three powerful stories. Free. Visit bit.ly/ executionersshadow.
- Understanding Annuities. 7 p.m. at Burke Branch Library, 4701 Seminary Road, Alexandria. Learn what an annuity is and how it is funded. There are several types of annuities and they are different. Musician Fox Vernon. 8 p.m. at
- Evening Star Cafe, 2000 Mt. Vernor Ave., Alexandria. With release of his five-track debut EP, Ghost, Vernon performs with Mike Smirnoff, Dave Mallen and others. Visit www.eveningstarcafe.net.

SEPT. 20-23

Old Town Boutique District Shop

& Stroll. At various boutiques throughout Old Town, Alexandria. Take a stroll through historic Old Town Alexandria and explore some of the best boutiques in the area. Browse and shop and use the app to show each location visited to be entered in a grand prize drawing that includes \$1,000 worth of gift cards. Additionally, buy a stylish event bag for more savings and goodies. Visit www.old town bout ique district.com.

FRIDAY/SEPT. 21

STEAM Concepts. 10-11:55 a.m. at Huntley Meadows, 3701 Lockheed Blvd., Alexandria. Youngsters ages 4-6 explore STEAM subjects through active, hands-on investigations and experiments in nature with the guidance of a park naturalist. Children will learn how to use binoculars, magnifying glasses and field microscopes to deepen their observations and investigations. This program meets weekly for six weeks. The cost of the series is \$108. Call 703-768-2525 or visitwww.fairfaxcounty.gov/parks/

huntlev-meadows. Movie: Black Panther. 7:30 p.m. at Market Square, 301 King St., Alexandria. Part of the City of Alexandria's Movies Under the Stars. Attendees are encouraged to bring a beach chair or sit on the bench seating and enjoy an outdoor movie shown on a three-story tall inflatable

www.ConnectionNewspapers.com

12 September 20-26, 2018

Dr. Sharkey will speak about raising dogs

ENTERTAINMENT

Mount Purrnon Aims to Give Cat, Café Lovers a Treat

By Hope Nelson

Soon, Alexandrians may be able to enjoy a side of cat cuddles with their coffee and pastries. Mount Purrnon, spearheaded by Kristin Cowan and Adam Patterson, would blend all the comforts of a café with all the fuzziness of a dozen felines.

The cat café — which would be the first in Northern Virginia — has been a longtime dream for the duo.

"We went to the (cat café) in Charleston called Pounce Back and had a great time,"

Appetite

ITE Patterson said. "After that, (Cowan) said, 'I've got to do this." After a springtime fundraising cam-

paign, reality has begun to set in: locations, permits and all.

"We did a Kickstarter campaign back in May and we got it funded," Patterson said. "Now we're just in the process of looking for a location, and once we get a location that's when we can apply for the permits and the ABC license."

The popularity of cat cafes has surged in recent years; Patterson says there are now more than 80 locations within the United States. Within the region, the most popular café is Crumbs and Whiskers in Washington, which now sports a sister location in Los Angeles. And the trend continues to grow, with cafes in Denver and more.

The vision for Mount Purrnon is twofold: To serve

food and drink in one room and to offer plenty of kitty quality time in the other. And, of course, to get the resident cats adopted. Think of the café as sort of a public foster home — with snacks.

"You can go between (the rooms) if you want, but you don't have to," Patterson said. "We'll probably have about 12 cats at a time, and they'll all be up for adoption."

Mount Purrnon is also addressing any food safety issues before they arise: All snacks and treats will be prepackaged and made off-site to avoid any crosscontamination.

And speaking of the food: Cowan and Patterson aim to offer an array of cookies, cupcakes, cheese plates, fruit and more. Wash it down with coffee, juice or something stronger — Mount Purrnon aims to sell beer and wine, as well — for a balanced meal. Mount Purrnon's ideal location would be along

King Street in Old Town, Patterson said. "We're trying to find a good place that has a big

window where people can walk by and see them,' he said.

As dreams become reality, Cowan and Patterson are ready for whatever comes next, Patterson said.

"We're both very, very excited," he said. "It's a new adventure."

Mount Purrnon's target opening date is early 2019.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

CALENDAR

screen in front of City Hall. Admission is free. Visit www.alexandriava.gov.

FRIDAY-SATURDAY/SEPT. 21-22

Swim for Dogs. Friday 4-7 p.m. at Charles Houston Recreation Center Pool, 901 Wythe St., Alexandria. Treat your pooch to a late summertime dip at one of the City of Alexandria's annual dog swims. Dogs under 50 pounds can enjoy a pool to themselves at the Itty Bitty Doggie Dive. Dogs of all sizes can enjoy the Big Dog Day Swim on Saturday, Sept. 22, 10 a.m.-12:45 p.m. at the Old Town Pool, 1609 Cameron St., Alexandria. Tickets are required to attend. Free. Visit alexandriava.gov/ Aquatics.

SATURDAY/SEPT. 22

Mosby Civil War Bus Tour. 8:30 a.m.-5:30 p.m. Sponsored by the Stuart - Mosby Historical Society; tour leader will be Don Hakenson, Eric Buckland with special guest Tom Evans. The bus will leave Truro Parish (10520 Main St., Fairfax City). Will be visiting Mosby's Grave, Clover Hill (supposedly a safe house for Nick Carter), Wolf's Craig (the home of General Turner Ashby), The Mountain Home in Front Royal. Cost for Stuart-Mosby Historical Society members is \$65; non members is \$75. Reserve a seat by sending contact info to Don Hakenson at dhakenson@verizon.net.

Mount Vernon Flea Market. 8 a.m.-1 p.m. at 8717 Fort Hunt Road, Alexandria. Flea Market will take place every fourth Saturday of the month through September. Vendors will sell items such as: homemade goods, lavender sachets, jewelry, soap, antique and vintage items; books, CD's and DVDs, comic books

www.ConnectionNewspapers.com

and more. Refreshments will also be on sale. Hosted by the Mount Vernon Masonic Lodge No. 219. Rain or shine. Visit www.facebook.com/ mountvernonfleamarket/. Save the Streams. 9-11 a.m. at

Jerome "Buddie" Ford Nature Center, 5750 Sanger Ave., Alexandria. Interested in learning more about the health of local streams? They will be using the Virginia Save Our Streams methodology to assess Holmes Run by classifying macroinvertebrates. The City of Alexandria's Department of Transportation and Environmental Services (T&ES), Stormwater Management Division and the Jerome "Buddie" Ford Nature Center, invite residents to participate in a stream monitoring workshop. Space is limited and registration is required, email joni.calmbacher@alexandriava.gov to

register. Fall Garden Day. 9 a.m.-3 p.m. at

Green Spring Gardens, 4603 Green Spring Road, Alexandria. Visit with a host of local plant and craft vendors selling everything to satisfy fall gardening needs. There will also be a silent auction, bake sale, live music, food and a kids' activities tent. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/greenspring.

Relay for Pre-K. 9 a.m.-noon at St. Stephen's and St. Agnes Upper School Track, 1000 St. Stephen's Road, Alexandria. The Child & Family Network Centers (CFNC) announces the launch of its inaugural 'Relay for Pre-K.' Registration to walk is free. The three-mile walk will begin at 10 a.m., with registration beginning at 9 a.m. Attendees are also invited to enjoy food, drinks, live entertainment, and more around the field. Participants who raise more than \$100 will receive an event t-



Michael Lee Pope

Local Author Thursday

Michael Lee Pope is an award-winning journalist who lives in Old Town Alexandria. He has reported for the Alexandria Gazette Packet, WAMU 88.5 News, the New York Daily News and the Tallahassee Democrat. He's written the books: Hidden History of Alexandria, DC; Ghost of Alexandria; Shotgun Justice; and Wicked Northern Virginia. Thursday, Sept. 20, 5-7 p.m. at The Old Town Shop, 105 South Union St. Alexandria. Call 703-684-4682.

shirt. Visit www.cfnc-online.org or call 703-836-0214. **Telling their Story: Museum Specialty Tours.** 10 a.m. at

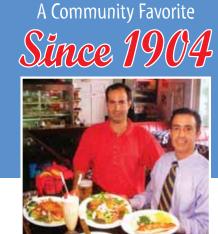
Gadsby's Tavern Museum, 134 N. Royal St., Alexandria. Tour the halls where Washington, Lafayette, Jefferson, Madison and Burr partied and made history. Consider the ideas debated in the rooms where it happened... for some, but not for all. \$12/person. Visit www.gadsbystavern.org.

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Since 1904, The Royal has been Old Town's Favorite neighborhood restaurant. Award-winning menu includes prime rib, fresh seafood, roast chicken best burgers hand-carved roast turkey and salad bar. Serving Breakfast – Lunch – Dinner

Full Buffet with Omelette Station Saturday and Sunday Brunch 7am-2pm

Save 50% On second dinner entree of equal or lesser value when you mention this ad.

Offer expires 9/30/18



Mount Vernon Gazette 🔹 September 20-26, 2018 🔹 13

Entertainment

- Walking with Washington. 10 a.m.noon at Alexandria Visitor's Center, 221 King St., Alexandria. Explore sites associated with George Washington in his hometown of Alexandria. This guided walking tour of historic Old Towne covers people and events in Washington's life and in American history, with stops at Ramsay House, Market Square, the Carlyle House, Wise's Tavern, Duvall House/Tavern, Gadsby's Tavern, Washington's townhouse, The Lord Fairfax House, "Light-Horse" Harry Lee's house and Christ Church. Sponsored by the City of Alexandria's George Washington Birthday Celebration Committee. Free, no reservation required. Visit www.washingtonbirthday.com
- Archaeology Day at Gunston Hall. 10 a.m.-4 p.m. at 10709 Gunston Road, Lorton. George Mason's Gunston Hall presents Archaeology Day, a day dedicated to digging up the mysteries of the past. Activities for all ages, including sifting for ancient artifacts, mending archaeological objects, discovering what remains after 200 years, and dressing like an archaeologist. This event is included with Gunston Hall's general admission. Visit
- www.gunstonhall.org. Classic Car Show. 10 a.m.-1 p.m. at The Lyceum's parking lot, 201 South Washington St., in Old Town Alexandria. On display will be Packards, Austins, Oldsmobiles, and other Orphans, from the 1930s-1950s. Orphan cars are any marque of vehicle built by an out-of-business manufacturer. Visit packardsva.org or call 703-424-5871.
- Historic Homes Tour. 10 a.m.-3 p.m. A walking tour featuring some of the beautiful homes in Old Town Alexandria, proceeds will benefit Inova Alexandria Hospital. Sponsored by The Twig, Junior Auxiliary of the hospital. \$40 in advance; \$45 tour day. On tour day, tickets may be purchased at the Alexandria Visitor Center, at The Twig Thrift Shop at 106 N. Columbus St. or at The Athenaeum at 201 Price St. Email HomesTourBeane@gmail.com, call 703-338-0691 or visit
- www.thetwig.org/Homes-Tour. **Blue Sky Puppet Theatre.** 10 a.m. and 11:15 a.m. at Durant Arts Center, 1605 Cameron St., Alexandria. Silly Goose and Val perform. The City of Alexandria's Office of the Arts has collaborated with the National Capital Puppetry Guild for a series of monthly familyfriendly shows. \$5. Visit alexandriava.gov/webtrac and search keyword "puppet."
- Old Town Waterfront Fitness + Wellness Festival. Noon-4 p.m. at Waterfront Park, 1A Prince St., Alexandria. Festival gives attendees the opportunity to experience firsthand some of the best local fitness studios and wellness companies. Waterfront Park will be overflowing with local fitness studios and wellness businesses. The first 400 participants will be given a swag bag filled with free classes, discounts, branded products and samples from some of the top fitness and wellness companies in the area. \$29. Visit www.discoverthedistrictevents.com.
- Trash Cleanup. Noon-3 p.m. at Dyke Marsh and along the Mount Vernon Trail. Check in at Belle Haven Park or the Dyke Marsh Haul Road entrance. Sponsored by the Friends of Dyke Marsh (www.fodm.org) and the National Park Service (www.nps.gov/ gwmp). Sponsors will provide gloves, bags and tools. This event will occur unless there are heavy rains and/or lightning.
- ASTEAM Fall Family Carnival. 12-4 p.m. at Charles Houston Rec Center, 901 Wythe St., Alexandria. This event is a social amusement platform for leveraging technology infused games and immersive hands-on experiences
- 14 September 20-26, 2018

Symphony Opens 75th Season

By Melinda Kernc Alexandria Symphony Orchestra

he Alexandria Symphony Orchestra presents its 75th anniversary season this year with the first concert weekend of its subscription series on Saturday, Sept. 29, 8 p.m., at the Rachel M. Schlesinger Concert Hall and Arts Center and on Sunday, Sept. 30, 3 p.m., at the George Washington Masonic Memorial.

September's program mixes grand with intimate symphonic works, anchored with Beethoven's patriotic Symphony No. 7 preceded by Michael Torke's transcendent "Javelin.Ó Maestro Ross and

ASO the ASO welcome violin soloist Alexander Kerr for DvoYák's Romance in F minor and Saint-Saëns' Introduction and Rondo capriccioso.

Raised in Alexandria and a graduate of T.C. Williams High School, Kerr is a masterful violinist who has collaborated with countless artists from Joshua Bell to Sarah Chang. He currently serves as concertmaster of the Dallas and Indianapolis Symphony Orchestras.

The 2018-2019 season marks the introduction of James Ross as the ASO's new music director, who brings a wealth of international experience and innovative programming to the ASO. Maestro Ross is also the orchestra director of the National Youth Orchestra – USA at Carnegie Hall and conductor with the Orquestra Simfònica del Vallès in Barcelona. Ross serves on the conducting faculty at the Juilliard School and recently completed a 16-year tenure as professor and director of Or-

chestral Activities at the University of Maryland. Besides the new maestro, ASO patrons will en-

joy an improved concert experience this season with a renovated concession station at Schlesinger

geared towards encouraging young

knowledgeable and skilled in the

Technology, Engineering, Art, and

Mathematics) disciplines within the

exploration; creative arts and virtual

demonstrations; lego building; radio-

controlled cars; drones; chess. Visit

Workshop. 1:30-3:30 p.m. at The

Alexandria. Facilitated by Poet and

Author KaNikki Jakarta, "Write Like

A Woman Networking Workshop'

welcomes women writers ages 18-

workshop centers on uplifting and

participants to enhance their own

listening or critiques. The meetings

are for amateur and professional

Sips & Secrets: A Speakeasy Night

Museum and Garden, 614 Oronoco

St., Alexandria. Sips and Secrets: A

themed gala fundraiser to support

Enjoy a night of Prohibition-era fun.

silent auction. All proceeds from this

the Lee-Fendall House Museum.

including drinks, dancing, and a

Speakeasy Night is an annual 1920s-

7-10 p.m. at Lee-Fendall House

writers. Every session includes writing exercises and networking.

RSVP at admin@nvfaa.org.

writing skills and share their work for

100. Meeting periodically, the

inspiring through writing. Each

workshop focuses on different

writing styles and allows the

Write Like a Woman Networking

Athenaeum, 201 Prince St.

www.nvul.org or call 703-836-2858.

power of play. Highlights of the

carnival include: forensic science,

people to become engaged,

ASTEAM (Aviation, Science,

cyber security, and rocketry

reality activities; robotic



Photo by Chelsea Sanders Violinist Alexander Kerr

tendees and novice symphony-goers. Additional pre-concert activities and celebratory experiences are also scheduled throughout the season at both venues.

The Alexandria Symphony is a fully-professional orchestra drawing from the Washington, D.C. metropolitan region's wealth of musical talent. Many musicians perform with other orchestras and top military bands. The ASO performs Saturday evenings at the Rachel M. Schlesinger Concert Hall and Arts Center and Sunday matinees at the George Washington Masonic Memorial. Adult subscriptions start at \$68, and single tickets are \$20-\$80 for adults, \$5 for youth (18 and under), and \$10 for students (with ID). The ASO also offers senior, military, and group discounts. For tickets and more information, visit www.alexsym.org or call 703-548-0885.

> Sunday, 10 a.m.-5 p.m. at King Street in Alexandria, from Washington Street to the waterfront. Free admission. The street is transformed into an outdoor art gallery with original fine artwork by more than 200 artists from around the country. Enjoy live music, and interactive art activities, and the Torpedo Factory Art Center's Beer & Wine Torpedo Garden, 11 a.m.-4 p.m. both days. Visit www.VisitAlexandriaVA.com/ artfest or call 703-746-3301, or www.ArtFestival.com.

Ice Cream Bowl Fundraiser. 10 a.m.-4 p.m. Saturday; 11 a.m.-4 p.m. Sunday. at the King Street Art Festival, Market Square, corner of King and N. Fairfax streets. Purchase one of more than 1,400 handmade bowls created by the artists of The Art League's Ceramics Department and enjoy a scoop of ice cream. Proceeds benefit The Art League's Ceramics department. Participants in the Ice Cream Bowl Fundraiser may enter a free drawing to win ceramic artwork and an Art League gift certificate. \$15 per bowl. Visit www.theartleague.org.

SUNDAY/SEPT. 23

Run! Geek! Run! 8:30 a.m. The race will take place in Alexandria, with the starting line between George Washington Middle School and the Braddock Road Metro stop. Proceeds from the race will benefit the Alexandria Seaport Foundation. Come either run or walk this flat course. Register at rungeekrun.com/ register.

Apothecary Museum Geek Tours: A Magical Apothecary. 11 a.m.noon at Stabler-Leadbeater

Apothecary Museum, 105 S. Fairfax St., Alexandria. Learn about the muggle botanical science that inspired the potions and herbology of J.K. Rowling's Harry Potter series, and make a magical sleeping potion. Adults and children ages 8 and older welcome. Call 703-746-3852 or visit www.alexandriava.gov.

- AHA Garden Party, 4-7 p.m. at Murray-Dick-Fawcett House, 517 Prince St., Alexandria. At Home in Alexandria will hold a Garden Party at the historic Murray-Dick-Fawcett House in Old Town to benefit the organization's mission. Attendees will be invited to tour the public rooms of the home and enjoy a buffet, fine wine and live music in the garden. The event is open to the public with advance ticket purchase at www.athomeinalexandria.org/ donate. Tickets are \$75. Call 703-231-0824.
- Live Music: Joe Jencks and Nicole Belanus. 7 p.m. at George Washington Masonic National Memorial, 101 Callahan Drive, Alexandria. A Joe Jencks concert is an occasion for singing, a contagious rising up of voices, an act of joy and defiance. Nicole Belanus is a singersongwriter with acoustic and folkrock influences. Tickets are \$18 in advance at www.focusmusic.org/buytickets and for members, \$20 at the door. Email Herb@FocusMusic.or or call 703-380-3151.

MONDAY/SEPT. 24

- "Fore" the Kids Golf Tourney. 1 p.m. shotgun start, at Springfield Country Club, 8301 Old Keene Mill Road, Springfield. Annual "Fore" the Kids Golf Tournament to benefit the Dunbar Alexandria-Olympic Branch of Boys Girls Clubs of Greater Washington. Registration and lunch on patio at 11 a.m., shotgun start at 1 p.m. and reception and award ceremony at 6 p.m. Register at bidpal.net/alexandriagolf2018.
- Oktoberfest. 6:30-8:30 p.m. at Port City Brewing Company, 3950 Wheeler Ave., Alexandria. Sponsored by The Campagna Center. Featuring local brews, authentic bratwurst and German fare, and an evening of oompah-POW, all for a great cause. The Campagna Center's New Neighbors English Language Learner and Family Literacy Program helps immigrants become self-sufficient members of the community. Visit www.campagnacenter.org/events/
- new-neighbors-oktoberfest. **Composting: What to Do with All Those Leaves.** 7 p.m. at Burke Branch Library, 4701 Seminary Road, Alexandria. Learn how to start composting at home, what to put into a compost pile, how to easily maintain it so the materials break down properly, and how to apply it in the garden. Free. Advance registration is requested at mgnv.org/category/public-education-

events/

- **ReReading "My Ántonia."** 7 p.m. at Duncan Branch Library, 2501 Commonwealth Ave., Alexandria. Join in to (re)read of "My Ántonia" by Willa Cather. Discussion will be lead by Dr. Janie Mitchell in celebration of the 100th anniversary of publication in September 1918. "My Ántonia" is one of the most significant American novels of the 20th century. Get a copy from Alexandria Library and come prepared to discuss this seminal work on immigration, religious difference, gender, class, and environmental
- protection. Visit alexlibraryva.org. Banned Books Read Out. 7 p.m. at The Athenaeum, 201 Prince St., Alexandria. Join Honorary Host Alexandria Mayor Allison Silberberg, Alexandria Library Director Rose www.ConnectionNewspapers.com

event will fund urgently architectural repairs and stabilization for the house's historic 233-year-old foundations. \$35-\$85. Visit www.eventbrite.com/e/sips-secretsa-speakeasy-night-tickets-

- 44825724950. MV Underground Masquerade. 7 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway, Mount Vernon. A black tie and mask event featuring a moonlit masquerade on Mount Vernon's iconic East Lawn, including hors d'oeuvres, an open bar, and live music and dancing. Enjoy private tours of the mansion, including a rare peek into the underground cellar, as well as 18th century fortune telling and fireworks over the Potomac River. Admission: \$159; \$90 for Mount Vernon Underground Members. Visit
- www.MountVernon.org. Charles Williams Cabaret. 7:30-9 p.m. at Mount Vernon Unitarian Church, 1909 Windmill Lane, Alexandria. Vocalist Charles Williams, with Betty Bullock on piano, will be performing The Great American Songbook, including selections from Cole Porter, George Gershwin, Irving Berlin, Rogers and Hart, Duke Ellington. Visit www.mvuc.org. \$20. Tickets are available at

MVUCevents.brownpapertickets.com.

SATURDAY-SUNDAY/SEPT. 22-23 King Street Art Festival.

Rescheduled due to Hurricane Florence. Saturday, 10 a.m.-7 p.m.; prior to each Sunday performance at AF the Masonic Memorial, Maestro Ross will present an interactive talk called "As the Baton Swings." The talk will include insights

Concert Hall.

At 2:15 p.m.

about the

program,

geared to-

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ENTERTAINMENT

Dawson and others who will read from banned books to celebrate the freedom to read. Participants may read 3-5 minute selections from a banned or challenged book or just come to listen. To read, RSVP with a selection to veronica@nvfaa.org.

TUESDAY/SEPT. 25

- Healthy Food Lecture and Cooking Demo. 2 - 3:30 p.m., Beatley Central Library, 5005 Duke St., Alexandria. Join Madison Reeder, a registered dietitian, as she explains which trends are best to incorporate in our diets and which are best to avoid. Each session includes a cooking demonstration and food samples. To register, call 703-836-4414, ext. 110.
- Twilight & Tipple Tuesday Tours. 6-9 p.m. at Woodlawn & Pope-Leighey House, 9000 Richmond Highway. A rare opportunity to experience Frank Lloyd Wright's Pope-Leighey House by twilight. This tour is a chance to see one of Wright's houses illuminated against a night sky, bring a new dimension and radiance to the typical tour experience. Visit
- www.woodlawnpopeleighey.org. **Partners in Art.** 7-9 p.m. at Del Ray Artisans gallery, 2704 Mt Vernon Ave. Join a collegial group of artists to share goals and get feedback on artwork. Monthly meetings include discussions on exhibit opportunities, the creative process and the local art scene. Artist can bring 1-3 works – complete or in progress – for feedback. All skill levels and media welcome. Donations (\$1-3) appreciated. Visit
- DelRayArtisans.org/partners-in-art. Adult Knitting Workshop for Beginners. 7 p.m. at Kate Waller Barrett Branch Library, 717 Queen Street, Alexandria. Learn the basics of the knit stitch and practice new skills by making a washcloth. Keep the finished project or donate it to be made into a scarf. For those new to knitting or anyone wanting a refresher. Ages 16 and up. All supplies will be provided. Registration is required. Call 703-746-1751 to register.
- Author Talk: Katie Bianco. 7 p.m. at Barrett Branch Library, 717 Queen St., Alexandria. Come meet local author Katie Bianco as she presents the new edition of her guidebook to Washington, D.C. Books will be available for purchase and signing. Visit alexlibraryva.org.

THURSDAY/SEPT. 27

- **Tee-Off Against Prostate Cancer.** 6-9 p.m. at TopGolf Alexandria, 6625 S. Van Dorn St., Alexandria. Join alone or with a team for an evening of fun, food, and people to support this cause. All participants will receive a Lifetime membership to TopGolf as well as appetizers and drink tickets. Individual Ticket - \$60 Team (5 tickets) - \$250 Bay PCa Fact Sponsor - \$750 Deck Sponsor -\$1,500. Email shawn@
- zerocancer.org or call 202-334-9058. U.S. Navy Concert Band. 7-9 p.m. at The Athenaeum, 201 Prince St., Alexandria. The United States Navy Band Chamber Group from Washington, D.C., is the Navy's premier musical organization. This chamber music recital series will feature a diverse array of traditional and contemporary music including works by Kerry Turner, Lowell Shaw, and Katharina Thomsen. RSVP at admin@nvfaa.org.
- Selling Your Home. 7 p.m. at Burke Branch Library, 4701 Seminary Road, Alexandria. Learn techniques to negotiate and get the best price for a home while minimizing the hassle associated with selling. Offered by Bruce McBarnette, a real estate agent associated with Keller Williams in Loudoun County. Register at
- www.ConnectionNewspapers.com



The Murray-Dick-Fawcett house is one of the oldest in Alexandria and considered one of the least altered historic homes in Northern Virginia.

AHA Garden Party

At Home in Alexandria will hold a garden party at the historic Murray-Dick-Fawcett House in Old Town to benefit the organization's mission. Attendees will be invited to tour the public rooms of the home and enjoy a buffet, fine wine and live music in the garden. Sunday, Sept. 23, 4-7 p.m. at Murray-Dick-Fawcett House, 517 Prince St., Alexandria. Advance tickets required; \$75. Call 703-231-0824 or visit www.athomeinalexandria.org/donate.

kmaier@alexlibraryva.org.

FRIDAY/SEPT. 28 Garden Talk: Planting Trees &

Shrubs. 1:30-2:30 p.m. at Green Spring Gardens, 4603 Green Spring Road, Alexandria. (16-Adult) Learn how to select trees and shrubs that thrive in Northern Virginia. Understand how to handle bare-root, balled, wrapped and container plants. Receive guidance from VCE master gardeners on planting, feeding and caring for new trees and shrubs. \$10/person. Register online at www.fairfaxcounty.gov/parks/ parktakes using code 290 489 3501 or call 703-642-5173.

SATURDAY/SEPT. 29

- **5K Fundraiser.** 7:30 a.m. at Fort Hunt Park in Alexandria. For Arts on the Horizon, a non-profit theatre for children ages 0-6. Families are invited to run or walk to support Arts on the Horizon's arts education programs and performances. Registration is \$25. Visit
- www.artsonthehorizon.org/5k **Pet Blessing.** 9 a.m. at Trinity United Methodist Church, 2911 Cameron Mills Road, Alexandria. Each pet will be individually blessed by Pastor Grace Han in the courtyard under the oaks on Cameron Mills Road. Call or text 703-408-4008.
- Plants & Design: Shade Garden Intensive. 9 a.m.-noon. (Adults) We love the relief shade offers from the hot sun, but lament how challenging it is have a shade garden. What can a gardener do with shade? Topics: Made in the (Dry) Shade and Great Plant Combinations for Shade Gardens. \$39/person. Register online at www.fairfaxcounty.gov/parks/ parktakes using code 290 482 3401 or call 703-642-5173.
- Fall Festival. 10 a.m.-3 p.m. at Beatley Central Library, 5005 Duke St., Alexandria. Join Beatley Central Library as it celebrates its 6th annual Fall Festival and Open House. Visit alexlibraryva.org.
 A Mansion House Whiskey
- **Tasting.** 6:30-9 p.m. at Carlyle House, 121 N. Fairfax St., Alexandria. Taste whiskeys paired with delectable food, harkening back to the days when the Mansion House Hotel stood on the property. This event includes an evening tour of the Carlyle House, four whiskeys, and heavy hors d'oeuvres. Local historian Rich Gillespie will share stories of historic Virginia and guide you on

Admission: \$75 per person 36 and over; \$35 ages 21-35. Call 703-549-2997 or visit www.novaparks.com **ASO'S New Season.** 8 p.m. at Rachel M. Schlesinger Concert Hall and Arts Center. The Alexandria Symphony Orchestra opens its 75th Anniversary Season and welcomes violinist Alexander Kerr. Season subscriptions start at \$68. Single-ticket prices range \$20-\$80 for adults; \$5 youth and \$10 student tickets. Visit www.alexsym.org or call 703-548-0885.

your whiskey tasting journey.

SUNDAY/SEPT. 30

- Kayak Cleanups at Four Mile Run. 9 a.m.-noon. The event starts out at The Conservatory Center at Four Mile Run Park, 4109 Mt Vernon Ave., Alexandria. Parking details will be provided to those who RSVP. The Four Mile Run Conservatory Foundation will continue to deploy its fleet of kayaks to collect litter along the streambank of Four Mile Run this fall. Visit
- www.fourmilerun.org. Book & Author. 2-5 p.m. at Beth El Hebrew Congregation, 3830 Seminary Road, Alexandria. Authors Ronald Balson, The Trust, Dina Gold, Stolen Legacy, and Steve Israel, Big Guns, will speak and sell their books with proceeds to benefit Beth El Youth and Brandeis National Scholarships. Refreshments will be served. \$25 in advance, \$30 at the door. Email
- debbie.e.spitzer@gmail.com. **Beethoven:** Symphony No.7. 3 p.m. at George Washington Masonic Memorial. Featuring James Ross, conductor and Alexander Kerr, violin. The concert begins with Michael Torke's joyful and majestic work Javelin, co-commissioned by the Atlanta Symphony Orchestra and the 1996 Atlanta Olympic Committee. The program continues with two works featuring solo violin, including DvoYák's Romance in F Minor and Saint-Saëns' Introduction and Rondo capriccioso. The concert concludes with Beethoven's Symphony No. 7. For tickets, visit www.alexsym.org.

SEPT. 30-OCT. 31

Pumpkin Patch. Monday-Friday, 11 a.m.-7:30 p.m.; Saturday-Sunday, 9 a.m.-8 p.m. at Immanuel Church-onthe-Hill, 3606 Seminary Road. All net profits support the church's outreach activities. Visit www.immanuel-onthe-hill.org.



Friday, October 19, 2018 7:00 - 10:00 P.M. US Patent & Trademark Office 600 Dulany Street, Alexandria, Virginia

Sample fine food & drink *and* bid *on* unique items *in the* silent auction.

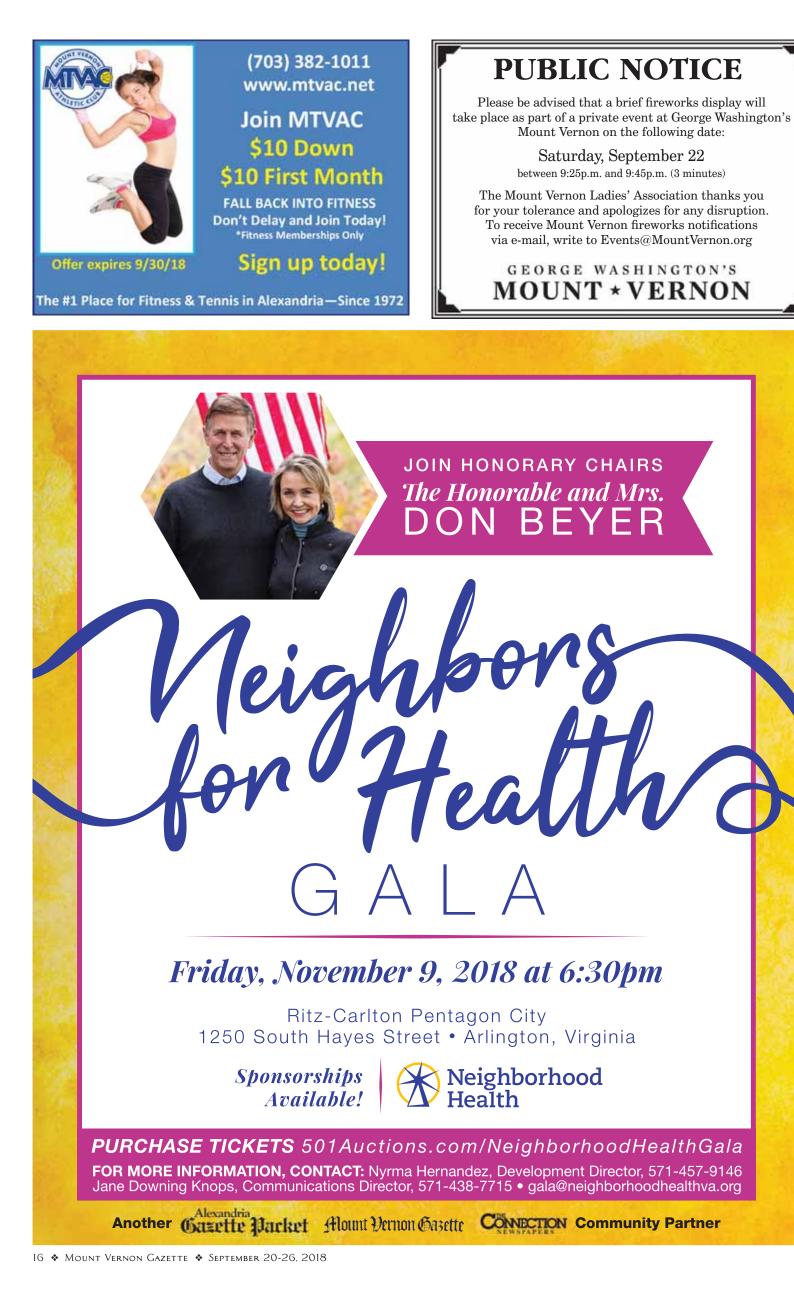


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Letters

From Page 9

county's Comprehensive Plan and several ordinances.

Developers propose to add 41,000 cubic feet of fill in the floodplain and build townhomes on top. Raising homes out of the floodplain may protect them, but it displaces water during high-flow events.

Floodplains absorb, store and dissipate water during floods. Permanently removing 2 acres of floodplain increases the risk of downstream flooding. The county has already spent our tax money to purchase private properties downstream on Dogue Creek to mitigate flooding.

This development is inconsistent with policies and laws that protect streams, improve water quality, reduce flood risk, and restore the Chesapeake Bay. Since the county tightened environmental protections in 1975, very few new residential lots have been created in floodplains.

Current county policy allows development in Environmental Quality Corridors only in "extraordinary circumstances." Violating the county's hard-won environmental protections weakens them. If the county allows this exception, it can't deny it to other "similarly situated" projects.

Each floodplain development would have a cumulative effect, increasing flooding risk and adversely affecting water quality.

Approving this development could raise flood insurance costs for everyone. Fairfax County has a very high rating (category 6) in the FEMA National Flood Insurance Community Rating System. This allows owners to obtain flood insurance at a discount. Loosening restrictions on floodplain development could lower the county's rating and raise the cost of flood insurance.

Fairfax County had a long history of development in floodplains and is still living with the consequences. Look at the \$30 million price tag to construct a levee to protect Huntington residents from the waters of Cameron Run. That floodplain was developed long before Fairfax County had effective restrictions on floodplain development. Surely we know better now.

Responsible county officials should learn from the past and not repeat its mistakes. New homes do not belong in the floodplain. Please contact Supervisor Dan Storck (dan.storck@fairfax county.gov) and Mount Vernon Planning Commissioner Walter Clarke (walter.clarke@fairfax county.gov) to urge them not to support this project.

News

Spotlighting Women's Suffrage

From Page 1

they are developing a Constitution Trail starting at the National Archives, going to Mount Vernon, Gunston Hall, Montpelier and to the Turning Point Suffragist Memorial.

WIRTH, who worked in the automotive service industry for 30 years, and now devotes all of her time to building the memorial, gave a presentation of the movers and shakers in the Women's Suffrage Movement. starting with an audio of the Declaration of Sentiments — the document that changed course of women's lives in Seneca Falls, N.Y., in 1848. It was signed by 68 women and 32 men at the convention.

She talked about the contributions of icons Elizabeth Cady Stanton and Lucretia Mott, who met in 1840 in London, England, to attend an international abolitionist convention.

"Many early suffragists were abolitionists. In that period of time, if you were married, you belonged to your husband. ... Women were limited in their ability to get higher education and get into the professions. They did not feel equal. That's why this movement got going," she said.

Wirth mentioned the contributions of Susan B. Anthony, of New York State, who dedicated her life to suffragists. In 1851, she marched into a polling place and attempted to vote but she was thrown on the sidewalk, manhandled and arrested for the crime of voting. "She had a trial, was found guilty of voting but never went to jail. She was a wonderful woman to be reckoned with," she said.

Mary Church Terrell, the founding member of NAACP in 1909, was the first African American woman to go to college, Wirth said. Terrell went to Oberlin, was a teacher, principal, and member of the Delta Sigma Theta sorority.

Another woman, Carrie Chapman Catt, was involved in National American Woman Suffrage Association and founder of the League of Women Voters in 1920. She focused on getting the vote state by state, by establishing offices in every state. She came out with "The Winning Plan" strategy that involved getting an Amendment to the Constitution and turned all those state offices into the League of Women Voters.

Wirth mentioned Alice Paul, the co-founder of the National Woman's Party, a Quaker from New Jersey, who authored the Equal Rights Amendment in 1923. "She became aware of the Suffragette movement in England overseen by Pankhurst family," she said. Paul marched with them, went to jail, went on hunger strikes and met Lucy Burns.

Paul, who co-founded the National Women's Party with Lucy Burns, felt an amendment to the consti-

Next Step for Equality

After the 19th Amendment affirming women's right to vote was ratified in 1920, suffragist leader Alice Paul introduced the ERA in 1923 as the next step in bringing "equal justice under law" to all citizens. The proposed Equal Rights Amendment (ERA) states that the rights guaranteed by the Constitution apply equally to all persons regardless of their sex.

In 1972, the ERA was finally passed by Congress and sent to the states for ratification. The original seven-year time limit was extended by Congress to June 30, 1982, but at that deadline, the ERA had been ratified by only 35 states, three states short of the 38 required to put it into the Constitution.

Now, Virginia could be the last state needed to ratify the Equal Rights Amendment, which would pass on the floor of the House and the Senate in the session beginning Jan. 9, 2019, if opponents don't prevent the vote by tying it up in committee.

The Equal Rights Amendment Verbatim:

Section 1. Equality of rights under the law shall not be www.ConnectionNewspapers.com

tution was needed.

"She felt without it, women in the South would never get the vote. She knew what she was talking about," Wirth said.

In 1913, Paul planned the March down Pennsylvania Avenue in Washington, D.C., where between 5,000 and 9,000 people marched in a parade for women's rights.

Wirth talked about Inez Milholland Boissevain, a suffragist and well-to-do lawyer, who died from pernicious anemia while she was giving a talk out West on women's voting. "We look at her as the martyr of the Suffragist movement," she said. Her memorial service was in the U.S. Capitol on Christmas Day 1916.

BEGINNING IN JANUARY 1917, women started picketing Woodrow Wilson's White House. By June 1917, Wilson gave word to start arresting the protestors for obstructing the sidewalk.

Lucy Burns, co-founder, National Woman's Party, was one of the prisoners at Occoquan Workhouse in Lorton, where the conditions were brutal. Women on hunger strikes were force fed through their noses and mouths. "This is what women were willing to do so that we could vote," she said.

The word leaked out to the national press of their horrible treatment, so in November 1917, the women were transported from Occoquan to D.C. and were released from jail. In January 1918, the D.C. Court of Appeals ruled that their arrests were illegal so they were all freed.

Still, women were not included in the Constitution until the 19th Amendment.

It was President Wilson who went to Congress to say a National Amendment for the women's right to vote was needed. The House of Representatives voted yea immediately but the Senate waited another 18 months to decide. Thus, began the fight for ratification in 36 states. Ratification came down to one final state: Tennessee. The vote in the Tennessee legislature was 48-48. So, as they were doing the vote count, they got to Rep. Harry Burn, age 26, who had received a note from his mother encouraging him to do the right thing and vote for suffrage. Burn's vote broke the tie in favor of ratifying the amendment. He cast the final vote, giving women the right to vote in 1920.

The ratification of the 19th Amendment led to the largest single one-day increase of potential voters in the history of the United States. It took 72 years to pass and ratify the 19th Amendment, but the Equal Rights Amendment has yet to be adopted to this day. To donate, or for more information, visit

www.suffragistmemorial.org.



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denied or abridged by the United States or by any state on account of sex. Section 2. The Congress shall have the power to enforce, by

appropriate legislation, the provisions of this article. Section 3. This amendment shall take effect two years after the date of ratification.

The ERA has been introduced into every Congress since the deadline, and beginning in 1994, ERA advocates have been pursuing two different routes to ratification:

the traditional process described in Article V of the Constitution (passage by a two-thirds majority in both the Senate and the House of Representatives, followed by ratification by three-quarters of the states), and

♦ the "three-state strategy" (ratification in three more of the 15 state legislatures that did not ratify the ERA in 1972-82, based on legal analysis that when three more states vote yes, this process could withstand legal challenge and accomplish ratification of the ERA). Virginia could be the third and final state needed to pursue this strategy were the Equal Rights Amendment to pass in the 2019 General Assembly session.

A Tail Not of Woe

By KENNETH B. LOURIE

You know what's impossible – or next to impossible? Trying to write a funny non-cancer column while on hold with the Oncology Department waiting for calculations to be made by their pharmacist which will determine if my creatinine levels (kidney function) are low enough to allow me to get my infusion today.

No big deal, really. It's only a matter of life and hopefully my avoiding death.

And to complicate this waiting/holding "interminableness," one of our five cats, "Twinkle," is walking back and forth across my desk, rubbing my writing hand with her head – while I'm trying to write no less, as she steps repeatedly on my writing pad.

Oh. One more thing, she keeps knocking down the wireless land-line phone that I've placed on my desk – which I have on speaker, close enough to hear but far enough, I thought, to keep her at bay. It never ceases to amaze me how cats seem to know where you don't want them go and invariably that's almost always where they seem to end up.

Now back to my original situation: Waiting for the pharmacist to calculate my results.

After nearly 30 minutes on hold, with "Twinkle" having been occupied elsewhere during the last 10 minutes or so. (After I implored her to "Give me some space, please?" she jumped off the desk.) Finally, I have received word that I'm approved for my infusion. And now that I'm no longer on telephone-hold, I doubt I'll be seeing any more of her.

Oh. I was wrong. Here she is again.

This time however, she's brought along "Biscuit," one of the two oldest "buff-colored" brothers we rescued in September '06. But I'm more tolerant of their interference now as I've been given the infusion OKAY. (Not a thrill really, but, as mentioned in previous columns – and confirmed by my oncologist in a reply-email to me, this third dose of chemotherapy in the last seven weeks might have a bearing on the results of my upcoming Sept. 26 CT scan. That sound you heard was me exhaling.)

Another peculiar feline behavior: they seem to know when their behavior is not as bothersome/ interfering as it might otherwise be so they refrain a bit. (A bit.)

So now I have nothing to wait for except Godot (who never shows). My results will show up though, on or about Sept. 28, more than likely via email from my oncologist. Important to consider that the 28th is a Friday and given that lines of communication don't flow as often on the weekends, we'd really rather know before the weekend so that we can get on with our lives.

And, as I'm sure you can appreciate, this is no laughing matter and receiving results – good or bad – in a timely fashion does enable us to get on with our lives.

For the moment, however, it's still about waiting and hoping, but no planning – yet. Discussing scenarios before the actual facts are known has never been my oncologist's way. When we know definitively, then we'll act definitively. We've had some preliminary discussions about alternatives going forward, but until further details are known, it's all premature.

For the moment then, my existence is about managing expectations, trying to remain positive and letting go.

I mean, when the scan is finished, the results will be what they will be. I don't imagine there's much I can do about it now. When those results are known, then we'll go to plan "B," or revert to current plan "A."

My life is not likely to change significantly either way in the short term so all I can do is maintain my status quo. There's no panic.

Anxiety? Of course. Anticipation? Yes, in a weird way. I would like to know what treatment/potential side effects and all are in store for me living forward but it's still "early days." Maybe the cats do know something. We've heard it rumored that cats have a sixth sense about sickness and death.

Oh, oh. Here's comes "Biscuit," he's been hanging around me an awful lot lately, very uncharacteristic. Should I be concerned or just appreciative of the attention?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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OPINION How To Vote

From Page 6

following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card. Voters may submit a copy of their ID via fax, email, in-person, or through the mail or commercial delivery service. The copy of the ID must be delivered to the electoral board by noon on Friday, or the provisional ballot cannot be counted.

Also by noon on Friday following the election, the voter may appear in-person in the office of the general registrar, in the locality in which the provisional ballot was cast, and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document can be provided to the electoral board for the identification requirement.

Upcoming Events to Register and Get Voter ID

The Office of Elections is open daily during normal business hours to provide residents the opportunity to register to vote or obtain a free voter photo ID if needed. 703-222-0776, 12000 Government Center Parkway Suite 323, Fairfax, VA 22035

The following events will also provide opportunity to register and/or get a Virginia Voter card:

• Wednesday, Sept. 19, 10 a.m. - 2 p.m., Greenspring Retirement Community, 7410 Spring Village Drive, Springfield, 22150

Monday, Sept. 24, 10 a.m. - 2 p.m..
 Goodwin House Bailey's Crossroads, 3440
 South Jefferson Street, Falls Church, 22041
 Tuosday, Sont. 25, 11 a.m., 2 p.m.

Tuesday, Sept. 25, 11 a.m. - 2 p.m., Burke Health and Rehab Center, 9640 Burke Lake Road, Burke, 22015

♦ Wednesday, Sept. 26, 10 a.m. - 2 p.m., Herndon Senior Center, 873 Grace St #1, Herndon, 20170

Thursday, Sept. 27, 10 a.m. - 2 p.m., Lewinsville Retirement Residence, 1515 Great Falls Street, McLean 22101

Thursday, Oct. 4, 10 a.m. - 1 p.m., Leewood Healthcare Center, 7120 Braddock Road, Annandale, 22003

Saturday, Oct. 6, 10 a.m. - 2 p.m., Sherwood Regional Library, 2501 Sherwood Hall Lane

Alexandria, 22306

Tuesday, Oct. 9, 10 a.m. - 2 p.m., Arleigh Burke Pavilion at Vinson Hall Retirement Community, 1739 Kirby Road, McLean, 22101

On the Ballot

From Page 6

State Ballot Question Two Question: Shall the real property tax exemption for a primary residence that is currently provided to the surviving spouses of veterans who had a one hundred percent service-connected, permanent, and total disability be amended to allow the surviving spouse to move to a different primary residence and still claim the exemption?





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4204 Mt. Vernon Mem Hwy \$600,000 Classic Southwood Colonial n one of area's premier ommunities. Home is in fabulous condition and has many substantial upgrades

including: roof, windows, kitchen, stainless steel appliances, granite countertops and gorgeous hardwood floors. Other features include two car garage and expansive exterior deck. Home Warranty! Great value!

JUST SOLD!



\$640,000 Sold off the market! Bedroom, 2.5 Baths. Special eatures include: new roof, updated kitchen and baths kitchen overlooking family room with fireplace, large fenced rear yard, oversize

8816 Black Alder Dr.

wo car garage, attractive classic colonial front elevation enhanced by front portico with two story pillars. This house has it all!

JUST SOLD!



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Westgate! Features include: stately front portico, huge master suite with sitting room, hardwood floors, 4

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Features include large room

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replacement windows,

Vernon Yacht Club.

Mt.

finished lower level with direct outside access, sun room and over sized

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including one in master sitting room enhanced by jaw dropping bath and walk in closet. Expansive rear grounds with hardscaping, pergola, and large lawn with shed. Don~t miss this opportunity!





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