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Members of the Class of 2019 in front of their New York City themed float in Fairfax High Homecoming Parade on Friday, April 5.

# Fairfax CONNECTION

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# Fairfax High Homecoming Parade

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Food, Crafts, Music  
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## NEWS



PHOTO BY ERWIN TIONGSON

**Corazon Foley performing with members of the Burke Springfield Senior Center Without Walls.**

## Serving Burke and Communities Beyond

BY TERESA CARANDANG

**W**hen Burke resident Corazon Sandoval Foley retired in 2007, she decided to dedicate her time to serving the Fairfax County community. Foley who is Filipino-American, documented and shared the history of Filipinos and Asian Americans in Fairfax through numerous publications. She also established the Burke/West Springfield Senior Center without Walls, providing services for senior citizens in her district.

For Foley, it was important to remember one's Asian American "heritage and culture as part of the overall story of America." After Foley retired in 2007, she joined the committee writing the book, "Fairfax County Stories, 1607-2007," commemorating the founding of Jamestown with personal stories of Fairfax residents. When she pointed out there were no Asian American contributions, she was asked to write the stories of the growing Asian American community.

This led to the establishment of the Fairfax County Asian American History Project with Foley as the project leader. With the support of Fairfax County, and a hardworking group of volunteers who documented the stories of Fairfax immigrants, the project was completed in two years. Foley wrote and published "The Fairfax County Asian American History Project: A Contemporary History Honoring 143 Years of Asian Residents in Fairfax County" in 2010. Foley wrote and published more books but her favorite was the one she wrote to honor her father who died in 2004, "Sandoval Stories, 1760s-2013: Filipino American Odyssey from Iloilo, Palawan, Manila to Fairfax County, Virginia."

After several conversations with fellow seniors, Foley recognized the need for a senior center when they continuously asked for facilities nearer their homes. Foley then organized the Burke/West Springfield Center Without Walls. At that time, the Spring-



**Corazon Foley**

field District was the only district without a permanent building dedicated to seniors. Together with Fairfax County officials, they found a creative solution by tapping churches and libraries to be venues for various senior activities like yoga, self-defense, tai-chi, Qi-gong, Zumba, ballroom dancing, line dancing, hula, and folk dance.

Foley considers her Filipino identity important. "Our family has tried to respect and maintain our heritage and traditions here in Fairfax County," she said, adding that when her son was married they observed Filipino rites by adding the traditional veil, cord and coin ceremonies but also included a bagpipe ceremony, a nod to her daughter-in-law's Irish roots. Foley thinks that this is representative of Fairfax County's diverse community where there's an "interesting mingling of traditions."

Foley's outstanding community service was recognized with numerous awards. This includes Lady Fairfax 2009, the Merit of Citation in the Citizen of the Year Awards in 2012 for Fairfax County citizens and more recently, the Virginia Foundation for Women in 2017 as one of the Virginia Women in History.

When asked about the importance of being Asian American, Foley said, "they have taken up their responsibilities in contributing to the prosperity and strength of our American community." She added, "our Asian American history also encourages us to strengthen the American tradition of freedom and equality — making real the Independence Declaration that all men are created equal."

### Roundtable and Exhibit

Corazon Sandoval Foley will be a speaker at the roundtable discussion, "Fairfax's Asian Pacific American Story" at Historic Blenheim on Sunday, Oct. 14 at 2 pm. After the discussion, a tour of the traveling exhibit will follow at the Fairfax Museum and Visitor Center.



# On Domestic Violence: 'Make the Call'

**"Stop domestic violence and sexual assault for your friend, your neighbor, yourself."**

BY MERCIA HOBSON  
THE CONNECTION

**D**el. Kathleen Murphy (D-34) shared her personal story: "It's taken me a long time to stand here and say that I am a survivor. I was a victim of sexual assault in college, so I understand what Dr. Blasey has been saying. This is the first time in public I've ever said this. You are the first people I've ever admitted this to. I know what it's like to hide. I know what it's like to know that people probably won't believe you if you tell them."

She was speaking at the Fairfax County presentation "Make the Call" in recognition of Domestic Violence Awareness Month 2018. The Thursday, Oct. 4 presentation offered personal perspectives from five Fairfax County leaders at the hour-long event.

Presenters addressed domestic violence in their own way, either as moderate Tom Goodwin said, "by telling a story because it is in the interest of advancing understanding of the dangers and challenges posed by domestic violence, or whether it is to advance public policy."

The county's 2017 campaign "Look Again" helped the public recognize that domestic violence occurs between people of all ages, races, ethnicities, creeds and status, Goodwin said.

The 2018 campaign, "Make the Call" was a "logical continuation which would feature not only the 24-hour hotline number 703-360-7273 but also information on how victims react and who has become sufficiently engaged and involved."

The presentation was planned by the county's Domestic and Sexual Violence Services and Domestic Violence Prevention, Policy & Coordinating Council.

**BRADDOCK DISTRICT** Supervisor John Cook emphasized domestic violence is not someone else's issue. It impacts a significant portion of the population.

One in four women and one in seven men are victims of abuse, and "then there are the children," he said. Whenever there is a victim of domestic violence, Cook noted, there is also a perpetrator. A quarter of the population is impacted by domestic violence.

"Children, even if they're not directly the recipient of violence, by being in a home where there is violence, by observing violence, because they are young, even infants have been proven to have lifelong impacts," said Cook. "If we don't help early and now, we will see them again in the criminal justice system; we'll see them in the human services system."

This month the county launched an initiative to help children recover from domestic violence. Cook said if children involved



**"I encourage everyone here to make the call," said Fairfax County Sheriff Stacey A. Kincaid during the Fairfax County panel presentation in recognition of Domestic Violence Awareness Month 2018. "I was a witness; I was a victim; I am a survivor. It happened to me, it could happen to you."**



**"Domestic Violence affects people from all walks of life," said Supervisor John C. Cook (R-Braddock) after the panel presentation. "I admire the courage of these elected officials who shared their very personal experiences in an effort to help others through awareness and reducing stigma."**

are not supported, the economy is impacted. Later in life, Cook said, "They're not able to be a full participant in our society, our neighborhoods, in our community." If such a large portion of our population is so negatively impacted, then all of us are feeling



**Del. Kathleen Murphy (D-34), shared, for the first time, that she is a survivor of sexual assault. "I want you to know in this Sexual Assault and Domestic Abuse Awareness Month, there are a lot of stories out there that have never been told. That doesn't mean they didn't happen."**

that impact whether we know it or not."

**DEL. EILEEN FILLER-CORN (D-41)** sponsored bills dealing with campus sexual assault, and even though earlier versions did not pass, the last bill became a driving

force in the passage of a Memorandum of Understanding between campus law officials and law enforcement agencies.

Filler-Corn said she helped sponsor HB 1343 dealing with campus sexual assaults and requiring reporting to the local Commonwealth Attorney. According to Filler-Corn, although that bill and the language were rolled into another bill, "the entire language was actually incorporated and signed into law."

Bill HB 659, which Filler-Corn sponsored did not focus on punishment but rather prevention through Family Life Education. The curriculum incorporated age-appropriate, evidence-based learning centered on domestic violence, healthy relationships, sexual assault, and the meaning of the word "consent." Although Bill HB 659 passed, Filler-Corn said the words "meaning of consent" were stripped out. However, in 2017 she introduced a bill, one of the first in the county to pass which actually codified teaching the meaning of consent in a family life education.

**MURPHY SAID,** before sharing her personal story, that much of her focus in the legislature had been on guns and getting guns out of the hands of domestic abusers: "Statistics are too clear that guns in their hands mean victims can be killed."

Murphy sponsored a bill to make the second conviction for domestic abuse a felony. However, it failed she said because it would have cost the Commonwealth \$15 million. "Why is that possible? Because there were over 11,000 men or people convicted for the second time of violent domestic abuse," Murphy said.

In sharing that she is survivor of sexual assault, Murphy said her experience echoed other victims of domestic and sexual assault: the fear of not being believed; wanting to hide; social attitudes as the abuser is seen as charming by others; and the fact that assault can happen to anyone.

"I'm here because of the bravery of that woman [Dr. Christine Blasey Ford]. It's contagious ... I believe when we stand together, side by side; when we look at our past and can acknowledge what happened, and we can say it, out loud, 'We are victims of abuse, domestic violence ... we demonstrate bravery. We also demonstrate we can move forward and win ... And that is why I strongly support all of the efforts to prevent gun violence toward victims of domestic abuse and why I want to support Eileen's many bills for keeping our campuses safe for our children. And why I want people to understand that you don't have to be poor. ... I want you to know in this Sexual Assault and Domestic Abuse Awareness Month, there are a lot of stories out there that have never been told. That doesn't mean they didn't

SEE 'MAKE THE CALL'. PAGE 14



# 'Respect and Honor Human Life'

Doctor and former firefighter share their stories.

BY BONNIE HOBBS  
THE CONNECTION

**D**r. Joseph Sakran, a trauma surgeon at Johns Hopkins Hospital in Baltimore, was on call the night before Fairfax's anti-gun violence event. By the time his shift ended, he'd worked 30 hours straight.

Yet although he desperately needed sleep, he kept his commitment to speak at the Sept. 23 Concert across America to End Gun Violence. Besides caring deeply about the topic, it was important to him because that date was 24 years to the day when he was shot.

It was Sept. 23, 1994, and Sakran was a student at Lake Braddock High.

**AFTER A SCHOOL FOOTBALL GAME**, there was a violent fight and a shooting elsewhere in Burke, and he just happened to be in the vicinity. "One second, you're an innocent bystander; and the next, you're collateral damage," he said. "I wasn't involved, but I got hit by a random bullet."

Now, he said, "Probably the worst part of my job is having to talk to parents, sisters and brothers and tell them their loved one is no longer with them because of senseless tragedy. Sometimes, the memories of those loved ones are chiseled into my mind. And I think about what went through my parents' minds when they learned I was shot."

"When we think about what's going on in our country, we're really facing a public-health crisis when it comes to gun violence," said Sakran. "And as Americans, we have both the possibility and responsibility to ensure that we're making communities safe for citizens."

In his job, he sees shooting victims daily; and recently, he worked on the people shot in the workplace incident in Aberdeen, Md. However, he said, "Mass shootings get lots of attention. But there are so many stories of shooting victims every day that go unreported, and their lives are just as important."

"No one ever thinks their community will be affected by gun violence," added Sakran. "But the reality is that – while we don't wake up thinking it'll happen to us – we can't be complacent."

Also attending the anti-gun violence event was Fairfax resident Ken McMillon. He came to show his support because, growing up in Southeast Washington, D.C., he's lost friends and relatives as a result of shootings.

"We've had so many incidents, and I started speaking out about gun violence in 1968 while I was a student at Anacostia High School," he said. "Someone I knew showed my friend Cornell his gun in the boys' room. He was bragging about his .25-caliber



Dr. Joseph Sakran



Ken McMillon

automatic and thought he'd emptied the clip. But there was still one bullet in the chamber, and he accidentally shot Cornell in the stomach. Cornell used to sing and play piano with a group. But after that, he survived, but never sang again."

Later on, said McMillon, "One of my cousins shot and killed his brother's wife. I never associated with them again. And another cousin, Marcus Green, was also shot and killed. He was outnumbered in a fight, and then another guy came up from behind and shot him in the head. My aunt and uncle were so distraught, my mother and I had to identify the body."

Gun violence even informed McMillon's choice of career; he became a D.C. firefighter. "I chose the fire department, instead of the police department, because firefighters don't carry guns," he explained. "Then, on my first call on my first day of active duty, we responded to a call where someone had gotten shot in the nose."

**AFTER THAT**, came "Columbine and so many shootings in D.C.," said McMillon. "And until Newtown, I didn't think there was a voice for the victims. But I joined with others in the Coordinated Action Group – now called Concerned Citizens of Fairfax County – and thought, 'Finally, we can effect change.'" That entity has almost 100 members and is now part of Moms against Guns and the Northern Virginia chapter of the Brady Campaign to Prevent Gun Violence.

He said the Sept. 23 event in Fairfax was important because, in the three or four days preceding it, there were "nine mass shootings in the U.S. where at least four people were shot. And the mindset of the NRA has gone from caring about gun safety to the proliferation of guns on the streets and their owners' so-called rights."

"They talk about 'good guys with guns,' but they've done little to help anyone else," continued McMillon. "And many politicians have been bought and sold by the NRA. So we have to make people more aware of the truth that guns aren't a given right. But if you have one, you must respect and honor human life."

## NEWS BRIEFS

### 5K Race for Missing, Exploited Children

National Center for Missing & Exploited Children will hold the inaugural "Have You Seen Me?" 5K in Fairfax Corner on Sunday, Oct. 14. This will be a timed race to raise both funds and awareness for the National Center for Missing & Exploited Children. The 5K will begin at 8 a.m. at Fairfax Corner, 4100 Monument Corner Dr. Fairfax.

The entry fee is \$35 which includes a t-shirt and post-race snacks. There will also be a 1K fun run that will be \$10 or free if you have a family member running in the 5K. Online registration will close on Friday, Oct. 12 at 8 p.m. You can get more information and register at [www.haveyouseenme5k.org/](http://www.haveyouseenme5k.org/)

### Performing Arts Auditions

Students from the Musical Theater Actor's Studio at the Fairfax Academy will host three Fall Showcases, this Thursday-Friday, Oct. 11-12, at 7 p.m. They'll be in Fairfax High's black box theater, and tickets are \$10 at the door. Students will perform their personal, college-audition packages for various performing-arts colleges, while educating the audience about their experience with this process. Students will lead interactive discussions and elaborate on how the Academy class prepares them for these auditions, while also teaching them the business of performing arts.

### Wine Social Supports Programs

Assistance League of Northern Virginia is hosting a fall fundraising event — A Wine Social — on Sunday, Nov. 4, 2018 from 1 to 4 p.m. at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. The area residents are invited to join the event and experience a piece of history in this family-run winery. Cost per ticket \$25, includes two glasses of wine and hors d'oeuvres. Basket raffle tickets also available for purchase. Tickets available at the door. Proceeds benefit the nonprofit's children's programs. For more information or to purchase tickets in advance contact Karen Amster by email: [ResourceDevelopment@alnv.org](mailto:ResourceDevelopment@alnv.org)

### Celebrate Superhero Saturday

In recognition of everyday Superheroes, Springfield Town Center has announced its partnership with Fairfax County's Police and Fire Departments. This event will be a celebration of the men and women who protect the community every day. Superhero Saturday will kick off in Springfield Town Center's Grand Court on Oct. 20, from 12-3 p.m. During the event, kids will be able to test their superpowers at a Superhero Training Station, make their own superhero masks, play games, and meet a few of their favorite superheroes in person. Superhero Saturday is designed to recognize and honor all the heroes who walk – or fly – among us. All citizens are encouraged to join in supporting and acknowledging the dedication and contributions superheroes make every day. "Who doesn't daydream about having X-ray vision, being able to fly or tapping into super-human strength?" said Laura Feinschil, Marketing Director. "We're dedicating an entire day to exploring what it means to be a superhero." Free and open to the public.

### Help Free the Trees

Working on Alan Brown's Eagle Scout and Hornaday Project – boy scouts, friends and community volunteers will be removing invasive vines and plants from an area of the South Run Park on Saturday, Oct. 13, 8 a.m.-3 p.m. and Sunday, Oct. 14, 9 a.m.-3 p.m. These vines are choking native trees and plants. Please wear long pants and long-sleeves, work gloves and sturdy work boots.

Directions to the work site at South Run Park: Turn into the park from the Fairfax County Parkway; take the second left into the parking lot and park close to the porta johns. Hike back on the gravel road towards the baseball fields. The work headquarters is on the third base side of the far ball field. To help, contact Alan Brown at [cgbrown08@verizon.net](mailto:cgbrown08@verizon.net).

## VOLUNTEER OPPORTUNITIES

**Docents Needed.** Sundays 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road in Fairfax Station. Greet museum visitors and tell them about the exhibits, the museum and the its railroad and Civil War history. Training and orientation provided. Other volunteer opportunities are gardening, publicity and exhibit planning. Call 703-945-7483.

**Haven of Northern Virginia** is committed to offering, support, compassion, information and

resources to the bereaved and seriously ill. Volunteers provide individual and group support to those suffering from a loss. Volunteers must participate in a 30 hour training. Training will be offered in October 2018. To volunteer, 703-941-7000.

**Assistance League of Northern Virginia**, a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school

year. To learn more email [gronbiz@aol.com](mailto:gronbiz@aol.com) or [lynnieb517@verizon.net](mailto:lynnieb517@verizon.net).

**Volunteer Adult Mentors Needed.** Help assist the Department of Family Services' BeFriendA-Child mentoring program. The mentors provide opportunities for companionship, guidance and support to children who have been abused and neglected, or who are at risk of abuse and neglect. Email [Ibrahim.khalil@fairfaxcounty.gov](mailto:Ibrahim.khalil@fairfaxcounty.gov) or call 703-324-4547.



# BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## SOBER-RIDE FOR HALLOWEEN

**Free Sober Rides.** Saturday, Oct. 27, 10 p.m. through Sunday, Oct. 28, 4 a.m. Area residents, 21 and older, may download Lyft to their phones, then enter a code in the app's "Promo" section to receive a no cost (up to \$15) safe ride home. WRAP's Halloween SoberRide promo code will be posted at 5 p.m. on Oct. 27 on [www.SoberRide.com](http://www.SoberRide.com). Valid for the first 1,500 Lyft users who enter the code.

## THURSDAY/OCT. 11

**2018 Small Business Forum.** 8:30 a.m.-2:30 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Visit Fairfax County's annual Small Business Forum (previously the Vendor Forum). Take advantage of learning from business experts and connect with county procurement representatives. Free. Visit [www.fairfaxcounty.gov/small-business-commission/forum/2018](http://www.fairfaxcounty.gov/small-business-commission/forum/2018) to register.

**Post-Secondary Education Options - Coffee and Conversation.** 10 a.m.-noon at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. In this workshop hosted by FCPS Career and Transition Services, find information on post-secondary education options for students with disabilities. Visit [www.fcps.edu/resources/family-engagement/parent-resource-center](http://www.fcps.edu/resources/family-engagement/parent-resource-center) to register.

**Gentle Yoga.** 12:30-2 p.m. at Sentara Surgery Specialists Comprehensive Breast Center, 8988 Lorton Station Blvd., Suite 103, Lorton. This yoga protocol is facilitated by Pat Fitzsimmons RN, C-IAYT, E-RYT 500, an instructor specifically trained to work with cancer patients who will adapt traditional yoga practices to meet the physiological and psychological needs of cancer patients. No registration required. It is

recommended that participants dress comfortably and bring a yoga mat, towel(s), and water. Visit [www.sentara.com](http://www.sentara.com) for more.

**Public Information Meeting.** 7 p.m. at Sangster Elementary School, 7420 Reservation Drive, Springfield. The Fairfax County Department of Transportation (FCDOT) will hold a public information meeting on the Fairfax County & Franconia-Springfield Parkways Alternatives Analysis and Long Term Planning Study. Presentation at 7 p.m., followed by a question and answer period at 7:30 p.m., and time for public input activities at 8 p.m. Visit the study page at [www.fairfaxcounty.gov/transportation/study/fairfax-county-parkway](http://www.fairfaxcounty.gov/transportation/study/fairfax-county-parkway).

## SATURDAY/OCT. 13

**Spiritual Gifts Workshop.** 9:30-3 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Fairfax. This workshop is an opportunity for to discover hidden spiritual gifts and talents. BYO lunch (refrigerator and/or microwave available). Free (donations appreciated). Call 703-239-2471 or visit [www.eventbrite.com/e/spiritual-gifts-workshop-tickets-50920594870](http://www.eventbrite.com/e/spiritual-gifts-workshop-tickets-50920594870) for tickets.

## TUESDAY/OCT. 16

**Lions Dinner Meeting.** 6:30-8:30 p.m. at American Legion Post 177, 3939 Oak St., Fairfax. Lions Club meets the 1st and 3rd Tuesdays of each month. Guests are welcome to learn about the mission of the Lions Clubs "We Serve," meet club members and learn to help serve the community. Free to first time guests. Email [fairfaxlions@cox.net](mailto:fairfaxlions@cox.net) or visit [www.fairfaxlions.org](http://www.fairfaxlions.org) for more.

## WEDNESDAY/OCT. 17

**Planning for Successful Transitions.** 1-3 p.m. at 3953 Pender Drive, #100, Fairfax. Although the goal for many people is to stay at home for as long as possible, there may come a day when this isn't realistic or safe. Learn about ways to

SEE BULLETIN, PAGE 15





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# OPINION

## Check Voter Registration

Confirm your voter registration before Oct. 15; vote early if you qualify.

If you plan to vote in Virginia, you should hop online now to check that you are still registered to vote at your current address. Nevermind that the last time you went to the polls, you were able to vote. You should check again. Monday, Oct. 15 is the deadline. Go to [elections.virginia.gov](https://elections.virginia.gov) or call your local Elections Office. The Fairfax County Elections office at 703-222-0776.

If for any reason you didn't vote on the last Election Day or the one before that, and you might have missed a possible postcard asking you to confirm your residence, it's important to check that you are registered to vote. A Supreme Court decision specifically allows states to move forward with purging voters under some relatively common circumstances. Whenever names are purged from a list, the likelihood of mistakes is present. Voting is so important, no matter what your inclinations, this year. Check your registration now.

To determine whether eligible and registered to vote in this election, visit the Virginia Department of Elections website at [elections.virginia.gov](https://elections.virginia.gov) or call Fairfax Elections office at 703-222-0776.

To vote on Tuesday, Nov. 6, 2018, 6 a.m.-7 p.m. (General Election)

❖ Register/update address by: Monday, Oct. 15. Or ...

❖ Request absentee ballot by mail by: 5 p.m. Tuesday, Oct. 30. Or ...

❖ Vote early, in-person absentee, by appearing in person by 5 p.m. Saturday, Nov. 3

Really, if you qualify for any of about 20 reasons to vote absentee, there is no reason to wait until Election Day Nov. 6 to vote.

Early voting is already well underway.

One of the 20 reasons is if you might be working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department

of Elections list to see if you are eligible: <https://www.elections.virginia.gov/casting-a-ballot/absentee-voting/index.html>

There are two ways to vote absentee, in-person and by mail. To do either, you should first check your voter registration status to make sure it is up-to-date. If you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

### Early Voting Locations, Dates and Hours

Through Saturday, Nov. 3 at the government center, and Oct. 13-Nov. 3 at the satellite locations.

Fairfax County Government Center, 12000 Government Center Parkway, Conference Room 2/3, Fairfax, VA, 22035

Until Oct. 12:

Monday, Tuesday, Wednesday, and Friday, 8 a.m. to 4:30 p.m.

Thursday, 8 a.m. to 7 p.m.

Oct. 15-Nov. 3, Monday-Friday, 8 a.m. to 7 p.m.

Saturdays, Oct. 6-Nov. 3, 9 a.m. to 5 p.m.

### Satellite Locations are open Oct. 13 - Nov. 3

Weekdays: Monday thru Friday, 3 p.m. - 7 p.m.

Saturdays: 9 a.m. - 5 p.m.

Sundays: Closed

❖ Franconia Governmental Center, 6121 Franconia Road, Alexandria, VA 22310

❖ Lorton Library, 9520 Richmond Highway, Lorton, VA 22079

❖ Mason Governmental Center, 6507 Columbia Pike, Annandale, VA 22003

❖ McLean Governmental Center, 1437 Balls Hill Road, McLean, VA 22101

❖ Mount Vernon Governmental Center, 2511 Parkers Lane, Alexandria, VA 22306

❖ North County Governmental Center, 1801 Cameron Glen Drive, Reston, VA 20190

❖ Providence Community Center, 3001 Vaden Drive, Fairfax, VA 22031

❖ Sully Governmental Center, 4900 Stonecroft Boulevard, Chantilly, VA 20151

❖ West Springfield Governmental Center, 6140 Rolling Road, Springfield, VA 22152

### Virginia Voter ID

You must show identification to vote. Acceptable forms of valid identification: Virginia driver's license, Virginia DMV-issued photo ID, United States passport, Employer-issued photo ID, Student photo ID issued by a school, college, or university located in Virginia, Other U.S. or Virginia government-issued photo ID, Tribal enrollment or other tribal photo ID, or Virginia Voter Photo ID card

### Need a Photo ID?

If you don't have an ID, go to your voter registration office to get a free Voter Photo ID, even on Election Day. You will be required to complete an photo ID application, have your photo taken and to sign a digital signature pad.

### Forgot your photo ID on Election Day?

If you get to your polling place without acceptable photo ID, you can vote a provisional ballot. You will be given instructions on what to do so your vote can count. A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card.

### For more information on voting in Fairfax County:

Fairfax County Office of Elections  
12000 Government Center Parkway Suite 323, Fairfax, VA, 22035

Voter Registration: 703-222-0776, TTY 711  
Absentee Fax: 703-324-3725

Email: [voting@fairfaxcounty.gov](mailto:voting@fairfaxcounty.gov)  
Election Officer Info: 703-324-4735, TTY 711

For 24-hour recorded information call 703-324-4700

**Linda Sperling**  
Clifton

*The author is a candidate for Fairfax County Board of Supervisors, Springfield District.*

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### LETTERS TO THE EDITOR

## Virginia: A Lynchpin in the Fight for Equal Rights

To the Editor:

Thanks in part to the Fairfax County Board of Supervisors, which recently passed a resolution in support of Virginia's ratification of the Equal Rights Amendment (ERA), 2019 could finally be the year that the ERA becomes law.

First introduced to Congress in 1921, and then again in 1971, the ERA ensures that "equality of rights under the law shall not be denied or abridged by the United States or by any State on account of sex." Since 1972, when the ERA was approved by both the U.S. Senate and House of Representatives and sent to state legislatures,

37 states have voted for ratification. In order to amend the United States Constitution it is necessary for ratification by 38 states, meaning that we are only one state away from the ERA taking its rightful place as the 28th Amendment to the U.S. Constitution.

Although the ERA should be — and for the most part is — a bipartisan issue, this is not the case for many lawmakers in Virginia. During a recent debate with Senator Tim Kaine, Corey Stewart, Chairman of the Prince William County Board of Supervisors, claimed the ERA to be "only good for litigators and lawyers" and

believes that ratification will lead to men suing to get into women's athletic programs.

Loudoun County lawmakers didn't even get the chance to vote on a resolution in support of the ERA, as Ralph Buona, Vice Chairman of the Loudoun County Board of Supervisors, wouldn't allow the topic to come to the Board for a vote.

Even the General Assembly has turned equal rights for women into a partisan issue. Although our state Senate has passed multiple bills in support of the ERA, Republican leadership in the House of Delegates consistently refuse to

hold hearings on any bills addressing the ERA.

In 2019, the Commonwealth of Virginia has a tremendous opportunity to make history. I hope that all members of the General Assembly can work across party lines to pass legislation ratifying the ERA. Let's prove that not only is Virginia is for Lovers, but that Virginia is for Lovers of Equality





PHOTO COURTESY OF ANNE WALKER

In a coastal home, interior designer Anne Walker chose Capiz shell chandeliers over the dining table and Capiz shell pendants over the kitchen counters. "The result was beautiful and the cost was effective," she said.

# Holiday-Ready Kitchen

Minor changes deliver big impact in time for holiday gatherings.

BY MARILYN CAMPBELL

**T**hough Halloween is still three weeks away, the holidays are not far behind the ghosts and goblins. Thanksgiving ushers in the start of a season of festive entertaining for family and friends. As the kitchen is often a gathering place and command central for celebratory gatherings, this is the time to give your eating space a pre-holiday spruce-up. Local design aficionados say there is still time to make upgrades to make a kitchen welcoming for guests and functional for the chef.

A refrigerator that is functional, spacious and stylish is at the top of the must-do list of Reston-based interior designer Rachel Grandin's holiday kitchen spruce-up list. "With all of the delicious food that we make during the holidays, it's critical that we have a space to store it safely," she said. "If your refrigerator doesn't seem reliable, this is the perfect time to replace it. A stainless steel French double-door refrigerator can hold a large turkey and all of the sides, but more importantly it's eye-catching and chic and will probably be one of the first things guests notice when they enter your kitchen. It's a quick way to give your kitchen an updated look."

Lighting is a critical element in any kitchen, advises Potomac-based Anne Walker. "Changing a light fixture might be the easiest and quickest way to make a big design statement before the holidays," she said. "In a Potomac kitchen I designed, sea glass beaded pendant lights, which reference not only the shimmering aqua glass backsplash tiles, but also the custom Willem Smith bar stools with aqua leather seats."

New flooring can take the design of a kitchen to

the next level, says Alexandria-based interior designer Courtney Grace. "Right now, I see hardwood and ceramic tile flooring as being on trend," she said. "I just finished a kitchen for a client and we installed ceramic tile that was actually made to look like wood. So she was able to get the look she wanted, but with a material that was more durable. New flooring can really transform a space without the expense and the time of total kitchen remodel. Choose something durable, for the holidays and beyond."

If you're on a budget, consider a new kitchen rug, advises Grace. "Rugs can add color and warmth to a kitchen, and an indoor-outdoor rug can stand up to high-traffic and things like spills."

Cabinets are usually the biggest part of any kitchen design and renovation project, advises Walker. "If your cabinets are structurally sound, you can save a lot of money, but make a huge impact by having the cabinets professionally painted."

Gray is still the most popular color for kitchen cabinets, followed closely by white, suggests Walker. "I recently renovated a small, charming home for resale, and did just this: had the kitchen cabinets painted a soft shade of gray," she said. "What a difference. You will want to have a professional paint the cabinets for you. This is not the time for DIY. With all of the heat, grease, and daily use, paint can easily chip if not applied professionally."

Walker also recommends new cabinet hardware. "Soft brass and bronze has made a resurgence in popularity lately, so if the other elements of your kitchen, [such as] paint color and light fixtures would support it, warm brass hardware would add an elegant, updated look to your kitchen," she said.

A new coat of paint is a simple change that can make a big impact, advises Walker. "Walls and trim get so much wear and tear in a kitchen" she said. "It's the room we use most, and it takes a beating. Make sure to use a medium sheen so it will be wipeable. I most often use Farrow & Ball's Modern Emulsion in kitchens. Their colors are sublime and the paint holds up well in high traffic areas."

**"Changing a light fixture might be the easiest and quickest way to make a big design statement before the holidays."**

— Anne Walker, Anne Walker Design LLC

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# News



MAP COURTESY OF MIKE MCCARTHY

Event map of the 2018 Fairfax Fall Festival.

## Fairfax Fall Festival: Food, Crafts, Music

### 42nd annual celebration is this Saturday.

By BONNIE HOBBS  
THE CONNECTION

It’s celebration time in Fairfax City – the 42<sup>nd</sup> annual Fairfax Fall Festival is this Saturday, Oct. 13. It runs from 10 a.m.-8:30 p.m., and the fun includes children’s rides and activities, live entertainment, crafts, food and beer gardens.

Admission is free, and the festival offers something for people of all ages to enjoy. Vendors will end at 5 p.m., but the carnival continues until 8 p.m. And a concert in Old Town Square, at University Drive and North Street. will go from 5:30-8:30 p.m. Featured will be the high-energy, party-rock band, Stellar Mojo.

More than 400 crafts booths and displays will line both sides of University Drive, Main Street and Sager Avenue. There’ll be professional lumberjack shows on University Drive, throughout the day, including interactive lumberjack camps for children, plus chainsaw carving. Also offered in that area will be scooter rides.

A wide variety of food will be available at two food courts – one at University Drive and Sager Avenue, and the other at University Drive next to the SunTrust Bank parking lot at 4020 University Drive. In addition, three beer gardens will be at the Main Stage at University Drive and South Street, in Old Town Square, and at University Drive and Sager Avenue.

**THE FESTIVAL FUN** also includes a community market, business expo and Touch-a-Truck. Presented by Fairfax City Parks & Recreation and Department of Public Works, Touch-a-Truck will be on University Drive near Armstrong Street and will enable children to see and explore City of Fairfax work vehicles and equipment.

The Children’s Stage in the SunTrust Bank parking lot will feature Children’s Science Center, Bert the Nerd, Rocknoceros, Irish Group and Wildlife Ambassadors. Carnival rides and face painting will be in that area, too.

The Main Stage, at South Street and University Drive, will host Dr. Fu, Herr Metal and Vinyl Invention. Old Town Square performers will be Excellent Drivers, the Main Street Community Band and hypnotist Matt Davis. A petting zoo, mechanical bull and baseball-pitch game will also be there.



PHOTO BY BONNIE HOBBS/ THE CONNECTION

These children swing through the air on a carnival ride at the 2017 festival.

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PHOTOS BY BONNIE HOBBS/THE CONNECTION

Thousands thronged to Fairfax City for last year's Fall Festival.

## Fall Festival

FROM PAGE 8

for children.

There's an open house at Fire Station 3, 4081 University Drive, 10-5 p.m., including Sparky's Harvest Bash, educating children on fire prevention and safety. Fire trucks will be on display; also planned are live rescue demonstrations, a firefighter challenge course for children, free cider and popcorn, and a special appearance by Sparky the fire dog.

Open houses will also be at the City of Fairfax Museum and Visitor Center, 10209 Main St., from 9 a.m.-5 p.m., and the Ratcliffe-Allison-Pozer House, 10386 Main St., from 10 a.m.-4 p.m. Historic Blenheim and Civil War Interpretive Center, 3610 Old Lee Hwy., will offer an interpretive walking trail from noon-4 p.m., plus tours of the historic home's first floor.

**FESTIVAL PARKING** is at The Judicial Center parking garage B on Page Avenue and the Old Town Village parking garage (Chain Bridge Road between Whitehead and North Street). In addition, handicap-accessible shuttle buses will travel to the festival from Fairfax High, 3501 Rebel Run, and GMU's Rappahannock Parking Deck, 4400 University Drive, and back again, from 9:30 a.m.-5:30 p.m.

Handicapped parking is at City Hall, 10455 Armstrong St. (accessed via Chain Bridge Road) and Old Town Village parking garage on Chain Bridge Road. Pets are discouraged at the festival.

First Aid stations are at the entrance to Old Town Hall and at Fire Station 3 on University Drive. For more festival information, call 703-385-7858 or see [www.FairfaxFallFestival.com](http://www.FairfaxFallFestival.com).



**Vinyl Invention will return to entertain the crowd at the festival's main stage.**

## Fall for the Book at Old Town Hall

TIME	ACTIVITY	HOSTED BY
10:30 a.m.	Laugh It Up Story Hour	FCPL Librarians
11:30 a.m.	Hey Hey Hay! Let's Make a Scarecrow	Christy Mihaly
12:30 p.m.	Stick Out Your Tongues!	Maria Gianferrari
1:30 p.m.	Create a Fractured Fairy Tale	Sue Fleiss
2:30 p.m.	A Paintbrush for Paco:	
	Learning Colors in Spanish	Tracey Kyle
3:30 p.m.	Absolutely A-MAZE-ing	Joe Wos
4:30 p.m.	Beauty and the Beak	Deborah Rose

## Shelane's Run to Combat Postpartum Depression

On Saturday, Oct. 13, an estimated 500 local community members, police officers and first responders will participate in the third annual Shelane's Run 5K Run/Walk and Kids 1K at the Fairfax County Government Center.

The event raises awareness for maternal mental health and raises funds to combat postpartum depression, the most common complication of childbirth (1 in 5 women affected).

In June 2015, Fairfax County Police Officer, Shelane Gaydos died from suicide while suffering postpartum depression, leaving behind her three beautiful daughters and husband. Shelane's family and friends launched Shelane's Run in her honor to memorialize her commitment to her fam-

ily, community, and running.

The race has raised more than \$50,000 in just two years, funds that have helped establish and offer grants to families that may not be able to afford medical treatment or support.

Last year, proceeds from Shelane's Run were able to provide three full and 14 partial scholarships to help train medical professionals to recognize and treat Perinatal Mood & Anxiety Disorders. The race has also provided grants to three local Virginia mothers to offset the cost of private therapy or other treatments.

Saturday, Oct. 13. — 8:30 a.m. Kids 1K Fun Run; 9 a.m. 5K Run/Walk at Fairfax County Government Center, 12000 Government Center Pkwy, Fairfax, Plaza; Registration: \$30 adults / \$10 children; [www.shelanesrun.org](http://www.shelanesrun.org).

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PHOTOS BY JON ROETMAN/THE CONNECTION

The Lake Braddock defense has shut out its last three opponents.



Lake Braddock head football coach Mike Dougherty talks to the Bruins after their 38-0 win over Robinson on Oct. 5.

# Shutouts are Sweet for Lake Braddock Defense

**Bruins blank Robinson, earn donuts for third straight week.  
Last 3 weeks, Bruins beat all, 139-0.**

BY JON ROETMAN  
THE CONNECTION

While the Lake Braddock defense has left a sour taste in opponents' mouths in recent weeks, the Bruins' palates have experienced a sweet sensation — and not just the taste of victory.

If the Bruins shut out an opponent, the defense is rewarded with donuts from Shoppers — and pizza — the following Monday.

Facing rival Robinson on Friday, Lake Braddock defenders ensured they would fill their bellies with sugary treats for a third straight week.

The Bruins recorded their third consecutive shutout, limiting Robinson to 254 yards of total offense, forcing four turnovers and scoring a defensive touchdown during a 38-0 victory on Oct. 5 at Lake Braddock Secondary School.

One month earlier, Lake Braddock suffered a 70-3 loss to Stone Bridge on Sept. 8, dropping its record to 1-2 heading into a bye week.

"I've never been beat like that before," Lake Braddock head coach Mike Dougherty said. "I've never felt that helpless."

Since then, it's been the Lake Braddock defense leaving opponents feeling helpless. During the last three weeks, the Bruins defeated Yorktown, Oakton and Robinson by a combined score of 139-0.

"We've had better practices, we're more focused," Dougherty said. "It seemed to take the same path as last year. Once we got through those first three games, they kind of settled in. ... They're just responding to what we're asking them to do. To shut a team like [Robinson] out, a power football

team, we really got it done tonight."

**THE LAKE BRADDOCK DEFENSE** is led by senior linebacker and University of Virginia commit Josh Ahern, who leads the team in total tackles (59) and solo tackles (33) this season despite not playing in the Stone Bridge game due to a "shoulder problem."

"We don't work without him, I know that much," Dougherty said. "He's our quarterback on defense, he's vocal, he's a leader. When he raises his voice, he gets their attention before I do. They respect everything that he's done, what he's going to do. He's a dream to coach. He's just no nonsense."

Ahern finished with 12 tackles (six solo) and two forced fumbles against Robinson.

"I'm really proud of the guys and the way we played," said Ahern, who is listed at 6 feet 3 and 225 pounds. "My high school career and all the seniors, we're 5-0 against [Robinson]. That was our goal: we never wanted to lose to them."

As for the shutout reward, Ahern prefers jelly-filled donuts.

"That's our third straight week of that," Ahern said after beating Robinson. "We're pretty excited about it."

Senior Quentin James, a two-way standout for the Bruins as a receiver and defensive back, prefers glazed donuts. He helped bury Robinson in the final minute of the first half, when he leaped to snag an interception near the sideline before catching a 34-yard touchdown pass two plays later, giving Lake Braddock a 24-0 advantage.

James is still undecided whether he wants



Lake Braddock senior linebacker Josh Ahern is committed to the University of Virginia.



Lake Braddock senior Quentin James intercepted a pass and caught a touchdown pass in the final minute of the first half against Robinson on Oct. 5.

to play football or basketball in college.

"He's dynamic," Dougherty said. "It's like he's playing basketball with football equipment. ... His ability to get up in the air and catch the ball at the highest point (is strong). I don't know what the colleges are waiting for. He's an offer guy. I've done this 23 years and I don't know that I've had someone at the outside receiver position that electric."

Junior linebacker Stu Reid finished with 15 tackles (eight solo) against Robinson, while junior linebacker Matt Hibner (six solo) and junior lineman Martin Traweek (four solo) each had 10 tackles. Senior lineman Hugh McLean produced eight tackles (four solo), including three tackles for loss and one sack. He also forced a fumble.

Senior linebacker Dylan Coulter returned a fumble 82 yards for a touchdown.

"The defense has stepped up so much," James said. "We knew we were going to get production from Josh and Hugh down the middle, but all of our DBs, except for me, it's their first year playing in the secondary. There are so many people who have stepped up, I'm just so proud of them."

**"To shut a team like [Robinson] out, a power football team — we really got it done tonight."**

**— Lake Braddock head coach Mike Dougherty**

While the defense has been dominant, the offense has done its part, as well.

Sophomore quarterback Billy Edwards completed 17 of 24 passes for 234 yards and three touchdowns against the Rams. For the season, he's completing better than 64 percent of his passes for 1,470 yards and 19 touchdowns, with just two interceptions.

"Years ago, if you had a sophomore, you just counted on losing," Dougherty said. "He's all football all the time. He's starting to get some college attention and it's [deserved]. He's one of the best quarterbacks in this area."

**FRIDAY'S VICTORY** over the Rams improved Lake Braddock's record to 4-2, including 1-0 in the Patriot District. Next up for the Bruins is a road game against undefeated Woodson (6-0, 1-0) at 7 p.m. on Friday, Oct. 12.

Dougherty was the head coach at Woodson for three seasons prior to taking over at Lake Braddock in 2017. He would have no problem buying donuts for a fourth straight week.

"It's an easy \$30," Dougherty said. "We'll spend that every time if we can get shutouts."



# Fairfax's Homecoming

The parade was  
Friday, Oct. 5 in Fairfax.

PHOTOS BY  
TOM MANNING  
THE CONNECTION



The Fairfax High Marching Band leads the parade.



Fairfax High cheerleaders.



Dr. Scott Brabrand, FCPS Superintendent.



Congressman Gerry Connolly (D-11).



Members of the Field Hockey team.



Latin Club members.



From left, Dr. Tammy Hanna, Lanier Middle School Principal; Dylan Taylor, Willow Springs Elementary Principal; and Erin Lenart, Fairfax High Principal.



# ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## ONGOING

### The Sunday Farmers' Market.

Through Oct. 21, 10 a.m.-2 p.m. at 10500 Page Ave., Fairfax — one block from West and Main streets behind the Wells Fargo Bank and adjacent to the Historic Fairfax County Courthouse. Visit [www.fairfaxsundaymarket.com](http://www.fairfaxsundaymarket.com).

### Saturday Community Farmers' Market.

Through Oct. 27, 8 a.m.-1 p.m. at 10500 Page Ave., Fairfax — one block from West and Main streets behind the Wells Fargo Bank and adjacent to the Historic Fairfax County Courthouse. Visit [www.fairfaxsaturdaymarket.com](http://www.fairfaxsaturdaymarket.com).

**The Rocky Horror Show.** Through Oct. 28, Friday-Saturday, 8 p.m. (standard and VIP ticketing); Sunday, 5 p.m. (standard tickets only) at the Lorton Workhouse Arts Center, 9518 Workhouse Road, Lorton. The Rocky Horror Show is an unusual interactive theatrical experience, during which audience members may (voluntarily) sing-along with the cast and sometimes shout out jokes and/or use props during the performance. Some audience members wear costumes inspired by the production, too. Workhouse will provide props for attendees at no cost. No outside props are allowed. VIP tickets include access to a pre-show VIP lobby and preferred seats. Standard tickets, \$25-\$35; VIP tickets, \$50-\$60. Visit [workhousearts.org](http://workhousearts.org) for tickets.

## THURSDAY/OCT. 11

**Hitchcocktober: Shadow of a Doubt (1943).** 7 p.m. at Angelika Film Center — Mosaic, 2911 District Ave., Fairfax. Every Thursday night in October a classic film by Sir Alfred Hitchcock will be featured with a bonus screening of PSYCHO on Halloween. Tickets are \$10. Visit [angelikafilmcenter.com](http://angelikafilmcenter.com).

## FRIDAY/OCT. 12

**Rising Hope's Jeans and Jewels Jubilee.** 6:30-10:30 p.m. at The Waterford at Springfield, 6715 Commerce St., Springfield. The Waterford at Springfield is transformed into a comfortable country evening with barbecue, music, and line dancing. Live and silent auctions. Tickets and information at [risinghopeumc.org/shop/jeans-and-jewels](http://risinghopeumc.org/shop/jeans-and-jewels).

## FRIDAY-SATURDAY/OCT. 12-13

**Madhaunter's Madhouse.** 7-11 p.m. at The Workhouse Arts Center, 9518 Workhouse Way, Lorton. Screams will echo across the 55-acre historic Workhouse campus, built on the grounds of the once-abandoned and notorious DC Department of Corrections Lorton Reformatory. More information, tickets (\$20), and volunteer opportunities are available at [workhousearts.org/madhaunter](http://workhousearts.org/madhaunter).

## SATURDAY/OCT. 13

**Virginia MG Walk.** 9 a.m. at South Run Park, 7550 Reservation Drive, Springfield. Participants affected by myasthenia gravis will gather to celebrate the lives of MG patients, physicians and caregivers, and walk to raise awareness and funds to support the Myasthenia Gravis Foundation of America (MGFA) at the Virginia MG Walk. Visit [www.MGWalk.org/Virginia](http://www.MGWalk.org/Virginia) or call 1-855-MGWALKS (855-649-2557).

**LOOK. LISTEN. LEARN.** 10 a.m.-4 p.m. at all Fairfax County Fire Stations. In celebration of Fire Prevention Week, all Fairfax County



**Painting #1: Gene Moty, "Frenchie", 18x29, oil on linen, 2018**

## 'Less is More'

The Arches Gallery at the Workhouse Arts Center of Lorton Virginia is proud to feature "Less is More: A New Language Of Abstract Minimalism" by Gene Moty. The works on display embrace his less is more philosophy with a pure clean modern style that counterbalances today's frenetic pace of life with its contemplative energy. Gallery hours, through Nov. 3 in Gallery 9 of the Workhouse Arts Center, 9518 Workhouse Road, Lorton. An artist reception is planned for Saturday, Oct. 13, 6-9 p.m. Visit [www.genemoty.com](http://www.genemoty.com).

Fire and Rescue Stations will be hosting an Open House. Stop by a local station that day to meet firefighters, see the fire trucks, join in the activities and learn about fire safety. Find a local Fairfax County Fire & Rescue Department Fire Station at [bit.ly/2ReXaHk](http://bit.ly/2ReXaHk).

### Fairfax Lions Club Octoberfest

**Food Sales.** 10 a.m.-6 p.m. at Fairfax City Festival Food Court, University Drive and Sager Avenue, Fairfax. Fairfax Lions Club, of Lions Club International — "the world's largest service organization," welcomes all to their fundraiser at the Fairfax Fall Festival. All proceeds go to Lions Club charitable activities. Have fun; help those in need. Rain or shine. Free admission. Visit [www.fairfaxlions.org/](http://www.fairfaxlions.org/).

### Second Saturday Art Walk.

6-9 p.m. at Workhouse Arts Center, 9518 Workhouse Way, Lorton. Meet nearly 100 Resident and Associate Artists, creating art in the studios or exhibiting in the 12 campus galleries. Enjoy performances of dance, cabaret, comedy, big band, jazz, and theater. Indulge in classes in the art of mixology or cuisines from around the globe. Experience art exhibitions in nine galleries of the region's finest sculpture, painting, glass, ceramics, and fiber arts. Call 703-584-2900 or visit [workhousearts.org](http://workhousearts.org).

### Artist Reception: "Less is More."

6-9 p.m. in Gallery 9 of the Workhouse Arts Center, 9518 Workhouse Road, Lorton. The Arches Gallery at the Workhouse Arts Center of Lorton Virginia is proud to feature "Less is More: A New Language Of Abstract Minimalism" by Gene Moty. The works on display embrace his less is more philosophy with a pure clean modern style that counterbalances today's frenetic pace



## Cub Scout Meeting

Pack 1860 Cub Scout Meeting. Open to girls and boys, K-5. Wednesday, Oct. 17, 7-8 p.m. at Union Mill Elementary School, 13611 Springstone Drive, Clifton. Free. Call 703-424-5086 or visit [www.pack1860.org](http://www.pack1860.org) for more.



PHOTO COURTESY OF BROOK MILL STUDIOS

## Community Band Concert

Main Street Community Band presents a fun and sometimes rollicking program of seasonal music suitable for the entire family. Featuring "Music for a Darkened Theater" and Eric Whitacre's "October." Saturday, Oct. 13, 1-2 p.m. at Old Town Square, 10415 North St., Fairfax. Free. Call 571-336-CFBA (2322) or visit [fairfaxband.org](http://fairfaxband.org).

of life with its contemplative energy. The exhibit runs through Nov. 3. Visit [www.genemoty.com](http://www.genemoty.com).

## SATURDAY-SUNDAY/OCT. 13-14

### Fall Fun Days.

10 a.m.-4 p.m. at Whitehall Farms, 6080 Colchester Road, Fairfax. Fourth annual Fall Fun Days, featuring a pumpkin patch, corn maze, nature trails, inflatable bounce houses, lawn games, wagon rides, and more. Meet farm animals (like Henry the cow) and learn more about sustainable farming. A farm-to-table lunch option will be available, featuring farm fresh ingredients from Whitehall's farm store. \$12 for adults and children over 3. Visit [www.whitehall.farm](http://www.whitehall.farm).

## SUNDAY/OCT. 14

### Mind the Memory Golf Classic & Bazaar.

8:30 a.m. at Virginia Golf Center, 5801 Clifton Road, Clifton. The inaugural event will feature a family-friendly 9-hole, par 3, golf tournament and bazaar. All proceeds from the event support Insight Memory Care Center and Johns Hopkins University School of Medicine — Alzheimer's Disease Research Center. Golfers of all ages and skill-sets welcome. Registration is \$65 per person and includes participation in a 9-hole scramble, continental breakfast, lunch, tournament shirts, soft drinks and awards. Register at [www.facebook.com/mindthememory](http://www.facebook.com/mindthememory).

**Soil for Roses.** 2-4 p.m. at Merrifield Garden Center, 12101 Lee Highway, Fairfax. Arlington Rose Foundation hosts soil management expert Daniel Schwartz. Learn about soil needs for growing roses. Dig near roots and

bring 1/2 gallon bag of rose soil for evaluation. Questions are welcomed. Door prizes. Light refreshments. Free. Sponsored by Arlington Rose Foundation. Call 703-371-9351.

### "Fairfax's Asian Pacific American Story."

2 p.m. at Historic Blenheim, 3610 Old Lee Highway, Fairfax. Roundtable discussion with local Asian Americans discussing their immigrant experiences and paths to becoming Americans. Free. Call 703-385-8414. Following the program, attendees are invited to join the panelists for a tour of the exhibition, "I Want the Wide American Earth: An Asian Pacific American Story," and refreshments at Fairfax Museum and Visitor Center, 10209 Main St.

### Burke Historical Society General Meeting.

3:30-5 at Pohick Regional Library, 6540 Sydenstricker Road, Burke. Debbie Robison, a Fairfax County History Commissioner, will discuss early local settlement, including the formation of roads, the Colonial economy, and land grants for the future Burke area. Free. Email [slawski\\_brian@yahoo.com](mailto:slawski_brian@yahoo.com) or visit [www.burkehistoricalsociety.org](http://www.burkehistoricalsociety.org).

## THURSDAY/OCT. 18

### BBQ Buffet Fundraiser.

4:30-8 p.m. at 29 Diner, 10536 Fairfax Blvd., Fairfax. Join NARFE Chapter 737 for an "All You Can Eat BBQ Buffet" supporting Alzheimer's Research with 30 percent of the buffet price or 15 percent of menu items donated. Buffet includes BBQ meats and sides; beverages not included. Visit [29diner.com/](http://29diner.com/).

**Hitchcocktober: Strangers on a Train (1951).** 7 p.m. at Angelika Film Center — Mosaic, 2911 District Ave., Fairfax. Every Thursday night in October a classic film by Sir Alfred

Hitchcock will be featured with a bonus screening of PSYCHO on Halloween. Tickets are \$10. Visit [angelikafilmcenter.com](http://angelikafilmcenter.com).

## FRIDAY/OCT. 19

**Campfire at Lake Accotink.** 7-8:30 p.m. at Lake Accotink Park, 7500 Accotink Park Road, Springfield. Come to Lake Accotink Park to explore different topics and different areas of the park. Then, warm up by the glow of the campfire with s'mores. For participants age 3-adult. \$8 per person. Call 703-569-3464 or visit [www.fairfaxcounty.gov/parks/lake-accotink](http://www.fairfaxcounty.gov/parks/lake-accotink).

## FRIDAY-SUNDAY/OCT. 19-21

**Madhaunter's Madhouse.** Friday-Saturday, 7-11 p.m.; Sunday, 7-10 p.m. at The Workhouse Arts Center, 9518 Workhouse Way, Lorton. See Oct. 12-13 event description. More information, tickets (\$20), and volunteer opportunities are available at [workhousearts.org/madhaunter](http://workhousearts.org/madhaunter).

## SATURDAY-SUNDAY/OCT. 20-21

**Fall Fun Days.** 10 a.m.-4 p.m. at Whitehall Farms, 6080 Colchester Road, Fairfax. See Oct. 13-14 event description. \$12 for adults and children over 3. Visit [www.whitehall.farm](http://www.whitehall.farm).

## SATURDAY/OCT. 20

**Salvation Army 5K.** 8-11 a.m. at Salvation Army, 4915 Ox Road, Fairfax. This is a 5k Run & Walk to benefit the Salvation Army's after School program for at risk youth. \$22. Email [Donald.Wilson@uss.salvationarmy.org](mailto:Donald.Wilson@uss.salvationarmy.org) or call 703-385-8700.

**Pet Adoption Event.** 11 a.m.-2 p.m. at Pet Supplies Plus, 11054 Lee Highway, Fairfax. Find a new forever animal friend with the help of the City of Fairfax Animal Control and Animal Shelter. Visit [www.fairfaxva.gov/government/police/programs/animal-control/adopt-a-pet](http://www.fairfaxva.gov/government/police/programs/animal-control/adopt-a-pet).

### Meet the Author and Book Signing.

Noon-3 p.m. at Barnes & Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Jack Gilden has a book coming out Oct. 1 about Don Shula, Johnny Unitas - their rivalry and the 1960s. The book is now available for preview orders online at Amazon and Barnes & Noble and in selected bookstores. Visit [www.jackgilden.com](http://www.jackgilden.com).

**Trunk or Treat.** 5-7 p.m. at Franconia United Methodist Church, 6037 Franconia Road, Alexandria. Get a jump start on Halloween by joining Franconia United Methodist Church for a family-friendly Trunk or Treat in the church parking lot. Wear a costume and enjoy fun and games for children from preschool to middle school. Free. Call 703 971-5171 or visit [www.franconiaumc.org/contact](http://www.franconiaumc.org/contact).

**Fairfax Choral Society Concert.** 7 p.m. at Annandale United Methodist Church, 6935 Columbia Pike, Annandale. The Amadeus Orchestra musicians join their season partners to welcome Maestro Thomas Colohan in his first concert as Director of the Fairfax Choral Society. Tickets are \$40 and may be purchased at the door or online at [www.amadeusconcerts.com](http://www.amadeusconcerts.com). Students 17 and under and active military are admitted free of charge. **Community Band Concert.** 7:30-9 p.m. at Fairfax High School Auditorium, 3501 Rebel Run, Fairfax. WETA Host Richard Kleindfeldt and the City of Fairfax Band kicks off its 49th season with special guest Steven Hendrickson of the NSO on trumpet. Music by Holst, Sousa, John Williams and Julie Giroux. \$15 adults, \$10 senior, students free. Call 571-336-CFBA (2322) or visit [fairfaxband.org](http://fairfaxband.org).



# Woodson Celebrates

Woodson High's Homecoming Parade was Friday, Oct. 5.



Cheer and Dance teams walk in the Homecoming Parade in Football Gear



W.T. Woodson Marching Band in the Homecoming Parade in Fairfax.



The Sophomore Class in the Scooby Doo Mystery Machine rides through the Homecoming Parade in Fairfax.



Prince Brian Kim and Princess Julia Masterman ride in the W.T. Woodson Parade.

PHOTOS BY  
SEAN HICKEY  
THE CONNECTION



The W. T. Woodson Golf Team ride in the W.T. Woodson Homecoming Parade.



The Homecoming Court ride in the W.T. Woodson Homecoming Parade.

**CALENDAR**

			1	2	3
4	5	6	7	8	9
10	11	12	13	14	15
16	17	18	19	20	21
22	23	24	25	26	27
28	29	30	31		

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Robert Pouliot conducts the  
**City of Fairfax Band**

October 20 at 7:30 pm  
Fairfax High Auditorium



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**Legals**

According to the lease by and between the below listed tenants and tkg-storagemart and its related parties, assigns and affiliates in order to perfect the lien on the goods contained in their storage units, the manager has cut the lock on their units and upon cursory inspection the units were found to contain: boxes, art, printer, clothes, furniture, rug, household items, suitcase, bags, shoes, etc.

Unit # 1133 - gustavo reyes  
Unit # 3113 - gustavo reyes  
Unit # 4106 - poneetinder nagra  
Unit # 4139 - elaine copeland

Items will be sold online via ibid4storage.com or otherwise disposed of on Friday October 19, 2018 at 12:00 pm, or thereafter, at the location listed below to satisfy owner's lien in accordance with state statutes. Stagemart 1851 11325 lee hwy fairfax, va 22030 703.352.8840 Ext 2.

**Announcements**

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**News**

# ‘Make the Call’

FROM PAGE 3

happen.”

**DEL. MARK LEVINE** (D- 45) said that since he had been involved in Domestic Violence Awareness Month, dozens of people have come forward and told him their stories. He also explained how he had seen first hand how two factors, shame and stigma, perpetuate victim blaming and under-reporting of domestic violence and sexual assault.

During the panel presentation, Levine recounted how rape victims themselves are questioned: “Why were you out with that person? Why were you alone? Why were you wearing that dress? The anger isn’t at the bastard who did the crime; the anger is at the victim. I don’t know of any other crime where that happens,” Levine said.

Levine recalled how 22 years ago his sister confided to him that her husband threatened to kill her. “To my everlasting shame, I didn’t think he would do it ... She didn’t think he’d do it either. She died because she was ashamed to be with a man who abused her ... We should all be ashamed of a culture that gives women that blame.”

After his sister’s murder, Levine’s niece and nephew, then ages 6 and 2 where taken care of by his parents, their grandparents, immediately after his sister’s death. “But he came back for his kids and literally ripped my niece, then age two from his grandmother’s arms crying and screaming ... They would eventually end up in Mexico ... it was the closest place to run to ...”

Levine recalled how it took them 10 years to get the children back. “We had to get those kids back home. She was gone, but we had to save their lives ... it took us 10 long years to get justice.” Levine said eventually his brother-in-law faced murder charges, and the court found him guilty; he is now serving 56 years in a Tennessee penitentiary.

However, it was not considered child abuse if one killed the mother of a child, Levine said, adding he became the primary lawyer for the case in Tennessee arguing the children should come back to his parents. Contradicting then Tennessee law, Levine maintained to the courts, “If you kill a mother of the child, that counts. That’s child abuse and should be considered in custody decisions. Eventually, Levine pushed a bill to reflect such. “The law passed unanimously in Tennessee, every Republican, every Democrat voted for it,” said Levine. Levine’s current goal is for a similar law to pass in Virginia.

**VALISHA JACKSON**, secretary, Shelter House, said, “As I stand here today, in October 2018, I am happy to say ... there is a month dedicated to awareness, resources, support and countless individuals and organizations resisting domestic abuse of any kind.”

In 1981, Jackson and her mother survived domestic abuse at a time when there were no laws to protect them, no collective effort to create an escape plan, only, as she acknowledged to the audience, “Friends and neighbors willing to be the lookout while my mother attempted to sleep.”

In 2018, Fairfax County offers a shelter, a network of safe houses, resources dedicated to those surviving domestic violence, a bipartisan push by elected officials to the people of Fairfax County to “Make the Call.”

“We must do more,” Jackson said. Congregations are silent when church leaders tell them their salvation is in jeopardy if they divorce their abuser.



PHOTO BY MERCIA HOBSON/THE CONNECTION

**Valisha Jackson, secretary, Shelter House at the Fairfax County panel presentation “Make the Call” held Thursday, Oct. 4, said, “I am happy to say ... there is a month dedicated to awareness, resources, support and countless individuals and organizations resisting domestic abuse of any kind.” But, “We must do more.”**

Women who defend themselves against their abusers are incarcerated due to mandatory minimums and inflexible sentencing guidelines. Resources are taken away from health and human services, “To make the rich richer, keeping women financially dependent on the abusers, rather than structuring our system to be the safety net and community that we promised to be,” Jackson said.

Jackson pointed out, “We say make the call, but we make the pragmatic fear of police brutality a subject for political debate, with a side to pick, rather than ensuring that nobody hesitates when dialing 911 for fear they or their loved ones will be killed at the hands of those who are sworn to protect them. We say make the call, but we interrogate the victim of abuse.”

**FAIRFAX COUNTY** Sheriff Stacey A. Kincaid said, “I was a witness; I was a victim; I am a survivor. It happened to me, it could happen to you.”

Kincaid told her story as a means to advance the understanding of the dangers and challenges posed by domestic violence. Kincaid shared that after her mother divorced and remarried, all seemed fine. No one knew though what went on behind closed doors.

“The man she married beat her, my brother and he beat me. He blamed and shamed her to the point she actually believed it.

“This went on for seven years,” said Kincaid. She revealed how they escaped one night, found themselves homeless, and although it took a long time, they rebuilt their lives. Kincaid revealed she first told her story two years ago and was helped through the process.

“This is not the society we expect to have, where people think it’s OK to put your hands on anyone, especially a child. People do not come forward due to fear, embarrassment, and humiliation. And of course, they believe no one will believe them ... I believe you, we believe you, there are people that believe you,” said Kincaid.



# BULLETIN

FROM PAGE 2

can plan for a successful transition for a loved one. This program is a part of our ongoing Classes for Caregivers series. Free. Respite care may be available by request; please notify us when registering to confirm availability. Contact Lindsey Vajpeyi at 703-204-4664 or lindsey.vajpeyi@insightmcc.org. Visit [www.insightmcc.org](http://www.insightmcc.org) to register.

**Seminar on Senior Volunteerism.** 3:30-4:30 p.m. at Junior Achievement Finance Park, 4099 Pickett Road, Fairfax. RSVP Northern Virginia will hold a seminar on senior volunteerism. RSVP, the region's largest volunteer network for people 55-years-old and better, provides individualized support to seniors who are seeking their ideal service opportunities in and around Fairfax County, Arlington County and the City of Alexandria. Free and open to the public. Email RSVP Volunteer Specialist Carly Hubicki at [chubicki@volunteerfairfax.org](mailto:chubicki@volunteerfairfax.org) or call RSVP at 703-403-5360. To learn more about RSVP, visit [www.rsvpnova.org](http://www.rsvpnova.org).

**8th District Congressional Candidates Forum.** 7-9 p.m. at Grace Presbyterian Church, 7434 Bath St., Springfield. Both of the certified candidates have been invited and are listed here as their names appear on the ballot: Thomas S. Oh (R) and Donald S. Beyer Jr. (D) (incumbent). The questions for the candidates will be written on cards by the audience and sent to the moderator. This event is free and open to the public. Email [voterserviceslvvfa@gmail.com](mailto:voterserviceslvvfa@gmail.com) for more.

## THURSDAY/OCT. 18

**Gentle Yoga.** 12:30-2 p.m. at Sentara Surgery Specialists Comprehensive Breast Center, 8988 Lorton Station Blvd., Suite 103, Lorton. This yoga protocol is facilitated by Pat Fitzsimmons RN, C-IAYT, E-RYT 500, an instructor specifically trained to work with cancer patients who will adapt traditional yoga practices to meet the physiological and psychological needs of cancer patients. No registration required. It is recommended that participants dress comfortably and bring a yoga mat, towel(s), and water. Visit [www.sentara.com](http://www.sentara.com) for more.

**NARFE Fairfax 737 Fundraiser.** 4:30-8 p.m. at 29 Diner, 10536 Fairfax Blvd., Fairfax. Join NARFE 737 for "All You Can Eat BBQ Buffet" supporting Alzheimer Research. Pulled pork/chicken, pit beef brisket, spare ribs & baby back ribs; breast; wings; mac and cheese; collards; smoky baked beans; green beans; and slaw. Adults, \$15; 12 and under, \$8. Beverages extra. Email [rrharney2@gmail.com](mailto:rrharney2@gmail.com) for more.

## SATURDAY/OCT. 20

**FACING the Future Together.** 8 a.m.-3:30 p.m. at Thomas Jefferson High School for Science and Technology, 6560 Braddock Road, Alexandria. Family and community engagement (FACE) is at the center of everything that PTAs accomplish. Join the launch of a new effort to welcome and encourage all families throughout Fairfax County to become active participants in their school community. \$10 (includes continental breakfast, lunch and snacks). Scholarships are available for the conference and can be requested on the registration form. Interpreters will be available. Go to [www.fcpta.org](http://www.fcpta.org) to register.

## MONDAY/OCT. 22

**Normal Aging Versus Dementia.** 12:30-2:30 p.m. at Prince of Peace Lutheran Church, 8304 Old Keene Mill Road, Springfield. Join a discussion on changes that occur with age, warning signs of a memory problem, and what to do if a loved one is experiencing symptoms of dementia or memory impairment. Light, healthy lunch served at noon. A free-will donation will be accepted for lunch. Email Stacey Crosson, Minister of Care and Outreach at [stacey.crosson@poplc.org](mailto:stacey.crosson@poplc.org).

## THURSDAY/OCT. 25

**Public Comment Deadline.** The Virginia Department of Rail and Public Transportation (DRPT) announces a 45-day public comment period for its proposed policy and guidelines for transit capital prioritization and urban transit agency strategic plans. The proposed plans are available online at [drpt.virginia.gov/transit/tsdac/public-comment](http://drpt.virginia.gov/transit/tsdac/public-comment). Comments on the plans can be sent to Jen DeBruhl at [DRPTPR@drpt.virginia.gov](mailto:DRPTPR@drpt.virginia.gov) or DRPT, 600 East Main St., Suite 2012, Richmond, VA 23219.

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## News I Know Now - And You Do, Too



By KENNETH B. LOURIE

Stay the course. Meaning, to write short a long story: same three week chemotherapy interval, same medicine/dosage, same quarterly scan to be followed up by usual and customary same post-scan appointment nine days later with my same diagnosis-to-date oncologist.

The reason being, to lengthen a short paragraph: the tumors that had slowly progressed – which at some point, generally speaking, was not totally unexpected, given the underlying diagnosis, and which had precipitated the most recent series of columns exploring my anxiety concerning tumor growth after five-plus years of mostly “stable” CT scan results – have once again been stabilized.

My doctor's thinking/hope is that returning me to the more aggressive/frequent treatment interval: three weeks between chemotherapy infusions versus the previous seven-week infusion intervals, might have nipped the previous growth in the bud; not enough medicine and too infrequently administered. However, just a theory because I did have a tumor, previously noted radiologically but mostly off the radar that has grown significantly.

But the doctors can't say with any certainty if this ‘significant’ growth occurred during the preceding months when my treatment interval had been extended to seven weeks or had it grown during the most recent seven weeks when I had three separate infusions and thus had actually stopped the growth as compared to the October 2017 scan referenced by the radiologist.

Not knowing definitively which scenario was correct, and rather than switch off the horse that we rode in on so successfully, we decided to commit to another familiar quarter of alimta every three weeks, etc., and re-assess in 12 weeks when my next typically/regularly scheduled CT scan will occur. Then we can re-evaluate our options.

If in the interim however, I feel this newly acknowledged tumor growing, and given its location directly under my Adam's Apple, it's likely I will feel/see something unlike I would with any of the other tumors located throughout my lungs, I will, as they say, alert the authorities.

To be clear – as clear as layman Kenny can be after hearing an oncologist's answer to one of Kenny's muddled what-if cancer questions – this currently focused-on tumor does not represent “spread:” movement in non-medical terms. And movement/“spread” in the cancer-patient's world is not good. So far as I understand anyway.

However thankful I am that this tumor's appearance doesn't indicate ‘spread,’ its growth is nonetheless concerning. Unfortunately, for our sanity, the best course of action, all things considered, per Friday's appointment/discussion/agreed-on strategy going forward, is to wait and see.

Hardly ideal. But in the cancer treatment business, there is some reactive rather than proactive pursuits.

As much as I want and expect my oncologist to know answers/outcomes in advance, he doesn't/just can't. Cancer is in control and what it decides to do is anybody's guess. For my oncologist, it's an educated guess. For the patient (yours truly, anyway), it's not a guess, it's a hope and a prayer.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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