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Fairfax Station HomeLifeStyle

Clifton & Lorton

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CLIFTON DAY FESTIVAL

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NEWS

Hate Graffiti Found at Annandale Religious Institution

Fairfax County Police detectives are investigating bias-related graffiti found Oct. 6 at a religious institution in Annandale. Around 8 a.m., staff at the Jewish Community Center of Northern Virginia, located at 8900 Little River Turnpike, discovered swastikas spray-painted on the building's exterior. No other damage was found. Surveillance video captured images of a suspect spray-painting the building around 4:30 a.m.

Detectives are reviewing evidence collected at the scene and are working diligently in hopes of identifying the suspect and placing charges. Anyone with information is asked to contact the Mason District Police Station at 703-256-8035. Tips can be submitted anonymously through Crime Solvers by visiting <http://www.fairfaxcrimesolvers.org>, or calling 1-866-411-TIPS. They can also be sent in via text by texting "TIP187" plus the message to CRIMES (274637). Text STOP to 274637 to cancel, or HELP to 274637 for help. Anonymous tipsters are eligible for cash rewards of \$100 to \$1000 if their information leads to an arrest.



PHOTOS COURTESY OF FCPD

Detectives are asking for the public's help in identifying the person who spray painted swastikas on the Jewish Community Center in Annandale.



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At the Rolling Road VRE station, fair goers saved the headaches of driving.



Springfield residents Brendan, 7, Tyler, 4, and mother Karen Sherman were attracted to airplanes made of drink cans.

PHOTOS BY MIKE SALMON/THE CONNECTION

Clifton Day Goes on Without a Hitch

Food, fun, music and kissing bulldogs made the festival.

BY MIKE SALMON
THE CONNECTION

Public transportation and the Town of Clifton are rarely used in the same sentence except for the Clifton Day Festival where the Virginia Railway Express shuttled people in from Manassas from the west and Springfield from the east.

Springfield resident Jerred Lazar rode the train with sons Gunner and Camden. "The kids are obsessed with trains, our whole basement is just one big train set," he said. Once inside the cars, the children headed straight for the second level window seats.

Curt and Kathy Donnel jumped on at the



One tent had handmade chess sets.

Rolling Road station also. They saw it as an option to get to their first Clifton Day. "I said, 'hey let's take the train,'" Curt Donnel said.

When the train pulled into Clifton, the clouds parted and the heat rose for a warm fall festival day. The main streets in Clifton were off limits to traffic and shuttles were operating from remote parking lots. The streets were lined with booths, stages and

food vendors and a bulldog kissing booth. Miss Bea was the main attraction in the bulldog tent, raising one dollar a kiss for a bulldog rescue group.

The Clifton Betterment Association puts on the festival each year, and it is a fundraiser for various groups in Clifton such as the Boy Scouts, churches, the Lions Club, and the Masons. The town residents volunteer to run the activities. "That's what makes this happen," said Kathy Hertz, the chairperson for this year's festival. She moved to Clifton in 2001 just before that year's festival and participated year after year.

This year, the Judge's Award went to Liz Cragg and Hadley Harrison of Buttercup Farm Furniture for their efforts to use reclaimed barn wood to make furniture – a trend with the eco-friendly population. Both Cragg and Harrison are teachers at Union Mill Elementary School and do the furniture work at night and on the weekends, building television stands, stand-up mirrors,

and tables. "We don't want anything to go to waste," said Harrison.

Strumming the six string guitar on the Ayre Square Acoustic Stage was Sarah Bennett Swanner, a Paul VI High School and George Mason University alumnae who now is a regular part of the entertainment at the Main Street Pub. She hammered out Willie Nelson's "On the Road Again," next to the LOVE sculpture which was on loan from the Virginia Department of Tourism. According to Hertz, the town was picked out of applicants to have the LOVE sculpture so it was more than just a spectacle. Many couples posed in front of it for pictures.

Other musicians that played throughout the day were Scott Kurt Band, Jumpin' Juniper, The Colin Thompson Band with Josh Crowley, Soul Crackers, the Duo of Hudson/Watson, and the Green Leaf Society. Springfield Supervisor Pat Herrity and Virginia Senator George Barker had tents at the festival as well.



Lisa Evans of Manassas does her part for the bulldog rescue, kissing Miss Bea the bulldog.



Clifton resident Lily Robson, 10, was a pro on the bubble wand.



This year's Judge's Award went to Liz Cragg and Hadley Harrison of the Buttercup Farm Furniture.

OPINION

Check Voter Registration

Confirm your voter registration before Oct. 15; vote early if you qualify.

If you plan to vote in Virginia, you should hop online now to check that you are still registered to vote at your current address. Nevermind that the last time you went to the polls, you were able to vote. You should check again. Monday, Oct. 15 is the deadline. Go to elections.virginia.gov or call your local Elections Office. The Fairfax County Elections office at 703-222-0776.

If for any reason you didn't vote on the last Election Day or the one before that, and you might have missed a possible postcard asking you to confirm your residence, it's important to check that you are registered to vote. A Supreme Court decision specifically allows states to move forward with purging voters under some relatively common circumstances. Whenever names are purged from a list, the likelihood of mistakes is present. Voting is so important, no matter what your inclinations, this year. Check your registration now.

To determine whether eligible and registered to vote in this election, visit the Virginia Department of Elections website at elections.virginia.gov or call Fairfax Elections office at 703-222-0776.

To vote on Tuesday, Nov. 6, 2018, 6 a.m.-7 p.m. (General Election)

❖ Register/update address by: Monday, Oct. 15. Or ...

❖ Request absentee ballot by mail by: 5 p.m. Tuesday, Oct. 30. Or ...

❖ Vote early, in-person absentee, by appearing in person by 5 p.m. Saturday, Nov. 3

Really, if you qualify for any of about 20 reasons to vote absentee, there is no reason to wait until Election Day Nov. 6 to vote.

Early voting is already well underway.

One of the 20 reasons is if you might be working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department

of Elections list to see if you are eligible: <https://www.elections.virginia.gov/casting-a-ballot/absentee-voting/index.html>

There are two ways to vote absentee, in-person and by mail. To do either, you should first check your voter registration status to make sure it is up-to-date. If you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

Early Voting Locations, Dates and Hours

Through Saturday, Nov. 3 at the government center, and Oct. 13-Nov. 3 at the satellite locations.

Fairfax County Government Center, 12000 Government Center Parkway, Conference Room 2/3, Fairfax, VA, 22035

Until Oct. 12:

Monday, Tuesday, Wednesday, and Friday, 8 a.m. to 4:30 p.m.

Thursday, 8 a.m. to 7 p.m.

Oct. 15-Nov. 3, Monday-Friday, 8 a.m. to 7 p.m.

Saturdays, Oct. 6-Nov. 3, 9 a.m. to 5 p.m.

Satellite Locations are open Oct. 13 - Nov. 3

Weekdays: Monday thru Friday, 3 p.m. - 7 p.m.

Saturdays: 9 a.m. - 5 p.m.

Sundays: Closed

❖ Franconia Governmental Center, 6121 Franconia Road, Alexandria, VA 22310

❖ Lorton Library, 9520 Richmond Highway, Lorton, VA 22079

❖ Mason Governmental Center, 6507 Columbia Pike, Annandale, VA 22003

❖ McLean Governmental Center, 1437 Balls Hill Road, McLean, VA 22101

❖ Mount Vernon Governmental Center, 2511 Parkers Lane, Alexandria, VA 22306

❖ North County Governmental Center, 1801 Cameron Glen Drive, Reston, VA 20190

❖ Providence Community Center, 3001 Vaden Drive, Fairfax, VA 22031

❖ Sully Governmental Center, 4900 Stonecroft Boulevard, Chantilly, VA 20151

❖ West Springfield Governmental Center, 6140 Rolling Road, Springfield, VA 22152

Virginia Voter ID

You must show identification to vote. Acceptable forms of valid identification: Virginia driver's license, Virginia DMV-issued photo ID, United States passport, Employer-issued photo ID, Student photo ID issued by a school, college, or university located in Virginia, Other U.S. or Virginia government-issued photo ID, Tribal enrollment or other tribal photo ID, or Virginia Voter Photo ID card

Need a Photo ID?

If you don't have an ID, go to your voter registration office to get a free Voter Photo ID, even on Election Day. You will be required to complete an photo ID application, have your photo taken and to sign a digital signature pad.

Forgot your photo ID on Election Day?

If you get to your polling place without acceptable photo ID, you can vote a provisional ballot. You will be given instructions on what to do so your vote can count. A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card.

For more information on voting in Fairfax County:

Fairfax County Office of Elections

12000 Government Center Parkway Suite 323, Fairfax, VA, 22035

Voter Registration: 703-222-0776, TTY 711

Absentee Fax: 703-324-3725

Email: voting@fairfaxcounty.gov

Election Officer Info: 703-324-4735, TTY

711

For 24-hour recorded information call 703-324-4700

LETTERS TO THE EDITOR

Virginia: A Lynchpin in the Fight for Equal Rights

To the Editor:

Thanks in part to the Fairfax County Board of Supervisors, which recently passed a resolution in support of Virginia's ratification of the Equal Rights Amendment (ERA), 2019 could finally be the year that the ERA becomes law.

First introduced to Congress in 1921, and then again in 1971, the ERA ensures that "equality of rights under the law shall not be denied or abridged by the United States or by any State on account of sex." Since 1972, when the ERA was approved by both the U.S. Senate and House of Representatives and sent to state legislatures,

37 states have voted for ratification. In order to amend the United States Constitution it is necessary for ratification by 38 states, meaning that we are only one state away from the ERA taking its rightful place as the 28th Amendment to the U.S. Constitution.

Although the ERA should be — and for the most part is — a bipartisan issue, this is not the case for many lawmakers in Virginia. During a recent debate with Senator Tim Kaine, Corey Stewart, Chairman of the Prince William County Board of Supervisors, claimed the ERA to be "only good for litigators and lawyers" and

believes that ratification will lead to men suing to get into women's athletic programs.

Loudoun County lawmakers didn't even get the chance to vote on a resolution in support of the ERA, as Ralph Buona, Vice Chairman of the Loudoun County Board of Supervisors, wouldn't allow the topic to come to the Board for a vote.

Even the General Assembly has turned equal rights for women into a partisan issue. Although our state Senate has passed multiple bills in support of the ERA, Republican leadership in the House of Delegates consistently refuse to

hold hearings on any bills addressing the ERA.

In 2019, the Commonwealth of Virginia has a tremendous opportunity to make history. I hope that all members of the General Assembly can work across party lines to pass legislation ratifying the ERA. Let's prove that not only is Virginia is for Lovers, but that Virginia is for Lovers of Equality

Linda Sperling
Clifton

The author is a candidate for Fairfax County Board of Supervisors, Springfield District.

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Lorton & Clifton
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The Mount Vernon Governmental Center is one example of the use of natural landscaping to improve County properties.

County Advances Natural Landscape Plan

BY DAN STORCK
MOUNT VERNON DISTRICT SUPERVISOR

One of my core goals as Supervisor is to engage our community in being better stewards of our environment. I have spoken out several times in the past months on what the County can and should be doing to save people, places and property. From letters to the editor, to speaking at a recent Climate Crisis Forum and hosting my first Environment Expo, I believe strongly that the County can and should do more, including adopting a Community Climate Action Plan and a Resiliency Plan. I also believe we need to do more to educate the public about what each individual and business can do to help Mother Earth.

One area of particular interest to our constituents is natural landscaping. Natural landscaping can mean a variety of things from planting native plants in organized plantings, to allowing fields of wildflowers to grow instead of mowing grass. Natural landscaping practices and materials help to protect and enhance existing natural resources, including soil and water; mitigate climate change, improve and preserve air quality; and contribute to resource conservation.

The Mount Vernon Governmental Center is one example of the use of natural landscaping to improve County properties. Lead by volunteer and Tree Commissioner, Cathy Ledec, the office grounds were reenvisioned this past summer to include native plant species that improve both the look and the sustainability of the site.

I recently requested a review and update of the County's natural landscaping plan. In 2007, the County adopted natural landscaping guidelines and an implementation plan for County owned properties. While these guidelines and the plan were implemented throughout the County, we heard very little about what was being done. As a result of my April 2018 Board Matter, the Board of Supervisors directed the Park Authority, the Department of Public Works and Environmental Services, the Urban Forestry Division and the Facilities Management Department to come to a future Environmental Committee meeting to provide a progress report on the implementation of natural landscaping techniques on county and public school properties. Recently, we received that briefing.

To date, the County has achieved some of its goals of the 2007 Implementation Plan:

- ❖ Updated the County Policy Plan to be support-



ive of natural landscaping.

- ❖ Piloted dozens of projects Countywide to demonstrate natural landscaping techniques.

- ❖ Included natural landscaping principles as an integral part of design for new facilities and major renovations.

- ❖ Monitors sites and facilities to ensure proper

construction and installation of natural landscaping practices and measures performance over time.

BASED ON REVIEW, we now know of the many sites that have been improved through natural landscaping efforts. Additional examples in the District include Grist Mill, Bucknell Manor and Laurel Hill Parks, Fort Hunt ES, Sandburg MS, West Potomac HS, and the Mount Vernon Health Center.

Natural landscaping practices are also incorporated into new facilities projects and we can watch for them as construction begins on the Lorton Community Center and the South County Police Station & Animal Shelter.

However, the review also revealed that there are many elements of the plan that have only partially been implemented, or have not been implemented at all. Next steps include:

- ❖ A Comprehensive Plan Amendment to the Policy Plan.

- ❖ Budgetary support for cost-effective natural landscaping retrofit projects.

- ❖ Formation of a core team of professional staff to promote and review natural landscaping and related practices.

I see this as a positive step forward for County landscaping projects and encourage County staff to share their experiences and successes with the community as these plans are implemented. To read more about natural landscaping, visit: <https://www.fairfaxcounty.gov/publicworks/sites/publicworks/files/assets/documents/natural-landscaping-manual.pdf>.

Thank you to the many environmental activists in our District who strive to improve our community every day, especially, Glenda Booth, Cathy Ledec and Betsy Martin.

Join us on Saturday, Nov. 10 from 8 a.m. – noon for the Environment Expo: Saving the Earth One Person at a Time to learn how you can engage and act now to be a good steward of the environment.



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PHOTO COURTESY OF ANNE WALKER

In a coastal home, interior designer Anne Walker chose Capiz shell chandeliers over the dining table and Capiz shell pendants over the kitchen counters. "The result was beautiful and the cost was effective," she said.

Holiday-Ready Kitchen

Minor changes deliver big impact in time for holiday gatherings.

BY MARILYN CAMPBELL

Though Halloween is still three weeks away, the holidays are not far behind the ghosts and goblins. Thanksgiving ushers in the start of a season of festive entertaining for family and friends. As the kitchen is often a gathering place and command central for celebratory gatherings, this is the time to give your eating space a pre-holiday spruce-up. Local design aficionados say there is still time to make upgrades to make a kitchen welcoming for guests and functional for the chef.

A refrigerator that is functional, spacious and stylish is at the top of the must-do list of Reston-based interior designer Rachel Grandin's holiday kitchen spruce-up list. "With all of the delicious food that we make during the holidays, it's critical that we have a space to store it safely," she said. "If your refrigerator doesn't seem reliable, this is the perfect time to replace it. A stainless steel French double-door refrigerator can hold a large turkey and all of the sides, but more importantly it's eye-catching and chic and will probably be one of the first things guests notice when they enter your kitchen. It's a quick way to give your kitchen an updated look."

Lighting is a critical element in any kitchen, advises Potomac-based Anne Walker, "Changing a light fixture might be the easiest and quickest way to make a big design statement before the holidays," she said. "In a Potomac kitchen I designed, sea glass beaded pendant lights, which reference not only the shimmering aqua glass backsplash tiles, but also the custom Willem Smith bar stools with aqua leather seats."

New flooring can take the design of a kitchen to

the next level, says Alexandria-based interior designer Courtney Grace, "Right now, I see hardwood and ceramic tile flooring as being on trend," she said. "I just finished a kitchen for a client and we installed ceramic tile that was actually made to look like wood. So she was able to get the look she wanted, but with a material that was more durable. New flooring can really transform a space without the expense and the time of total kitchen remodel. Choose something durable, for the holidays and beyond."

If you're on a budget, consider a new kitchen rug, advises Grace. "Rugs can add color and warmth to a kitchen, and an indoor-outdoor rug can stand up to high-traffic and things like spills."

Cabinets are usually the biggest part of any kitchen design and renovation project, advises Walker. "If your cabinets are structurally sound, you can save a lot of money, but make a huge impact by having the cabinets professionally painted."

Gray is still the most popular color for kitchen cabinets, followed closely by white, suggests Walker. "I recently renovated a small, charming home for resale, and did just this: had the kitchen cabinets painted a soft shade of gray," she said. "What a difference. You will want to have a professional paint the cabinets for you. This is not the time for DIY. With all of the heat, grease, and daily use, paint can easily chip if not applied professionally."

Walker also recommends new cabinet hardware. "Soft brass and bronze has made a resurgence in popularity lately, so if the other elements of your kitchen, [such as] paint color and light fixtures would support it, warm brass hardware would add an elegant, updated look to your kitchen," she said.

A new coat of paint is a simple change that can make a big impact, advises Walker. "Walls and trim get so much wear and tear in a kitchen" she said. "It's the room we use most, and it takes a beating. Make sure to use a medium sheen so it will be wipeable. I most often use Farrow & Ball's Modern Emulsion in kitchens. Their colors are sublime and the paint holds up well in high traffic areas."

"Changing a light fixture might be the easiest and quickest way to make a big design statement before the holidays."

— Anne Walker, Anne Walker Design LLC

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NEWS



PHOTO COURTESY OF MARK BLANCHARD

Logan Spear Becomes an Eagle Scout

Logan Spear passed his Eagle Scout Board of Review to become an Eagle Scout in Troop 1525 at St. Matthew United Methodist Church in Annandale, where his family are members. Logan is the son of Christy and Jeffrey Spear of Annandale. He is a junior at W.T. Woodson High School and is active in cross-country, model UN, and hand bell choir. Pictured, from left: Michael Vassalotti (SM), Jeff Lindley, Grace Hilbert, Logan Spear (Eagle Scout), Steve Sliwa, and Andrew Miller.

AREA ROUNDUPS

Wine Social Supports Programs

Assistance League of Northern Virginia is hosting a fall fundraising event — A Wine Social — on Sunday, Nov. 4, 2018 from 1 to 4 p.m. at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. The area residents are invited to join the event and experience a piece of history in this family-run winery. Cost per ticket \$25, includes two glasses of wine and hors d'oeuvres. Basket raffle tickets also available for purchase. Tickets available at the door. Proceeds benefit the nonprofit's children's programs. For more information or to purchase tickets in advance contact Karen Amster by email: ResourceDevelopment@alnv.org

Celebrate Superhero Saturday

In recognition of everyday Superheroes, Springfield Town Center has announced its partnership with Fairfax County's Police and Fire Departments. This event will be a celebration of the men and women who protect the community every day. Superhero Saturday will kick off in Springfield Town Center's Grand Court on Oct. 20, from 12-3 p.m. During the event, kids will be able to test their superpowers at a Superhero Training Station, make their own superhero masks, play games, and meet a few of their favorite superheroes in person. Superhero Saturday is designed to recognize and honor all the heroes who walk – or fly – among us. Join in supporting and acknowledging the dedication and contributions superheroes make every day. "Who doesn't day-dream about having X-ray vision, being able to fly or tapping into super-human strength?" said Laura Feinschil, Marketing Director. "We're dedicating an entire day to exploring what it means to be a superhero." Free and open to the public.

Help Free the Trees

Working on Alan Brown's Eagle Scout and Hornaday Project - boy scouts, friends and community volunteers will be removing invasive vines and plants from an area of the South Run Park on Saturday, Oct. 13, 8 a.m.-3 p.m. and Sunday, Oct. 14, 9 a.m.-3 p.m. Wear long pants and long-sleeves, work gloves and sturdy work boots.

Directions to the work site at South Run Park: Turn into the park from the Fairfax County Parkway; take the second left into the parking lot and park close to the porta johns. Hike back on the gravel road towards the baseball fields. The work headquarters is on the third base side of the far ball field.

To help, contact Alan Brown at cgbrown08@verizon.net

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One of the best direct pond views in Burke + located on a quiet cul-de-sac w/ remodeled baths, sunny fin walkout bsmt, loaded w/ hardwd flrs, moldings, recessed lts & custom built-ins, updated eat-in kit w/ 2 pantries, new roof, gas frplc, 2 lvl deck, replaced HVAC, many windows, water htr & more.



Burke \$559,950

Walk to School & Shopping

Model perfect home on quiet cul-de-sac w/ fenced yard w/ deck & screened porch w/ hot tub, 4 large BR, 3 full remodeled BA, remod eat-in kit w/ maple cabinets & granite cntrs, whole house generator, frplc, fresh paint, new carpet, new roof, replaced windows, doors, HVAC, siding & more



City of Alexandria \$269,950

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Pristine corner condo w/ 2BR, 2BA, balcony w/ treed view, fresh paint, new quality carpet, large kitchen, separate DR, garage parking, beautiful courtyard w/ pool, tennis & gym, very quiet building w/ plenty of parking, located off 395 & Seminary, walk to hospital & more.



Lorton/Laurel Hill \$499,950

Dramatic Open Floor Plan

Model perfect brick end unit backing to woods w/ fenced yard, 4BR, 3.5BA, deck, walkout bsmt, SUNRM, gorgeous hrdwd floors, fresh paint. MBR w/ tray ceiling & sitting rm, eat-in kit w/ granite cntrs & breakfast bar, walk to pool & schools & more.



Sprfld/Newington Forest \$514,950

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ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

The Sunday Farmers' Market.

Through Oct. 21, 10 a.m.-2 p.m. at 10500 Page Ave., Fairfax — one block from West and Main streets behind the Wells Fargo Bank and adjacent to the Historic Fairfax County Courthouse. Visit www.fairfaxsundaymarket.com.

Saturday Community Farmers' Market.

Through Oct. 27, 8 a.m.-1 p.m. at 10500 Page Ave., Fairfax — one block from West and Main streets behind the Wells Fargo Bank and adjacent to the Historic Fairfax County Courthouse. Visit www.fairfaxsaturdaymarket.com.

The Rocky Horror Show.

Through Oct. 28, Friday-Saturday, 8 p.m. (standard and VIP ticketing); Sunday, 5 p.m. (standard tickets only) at the Lorton Workhouse Arts Center, 9518 Workhouse Road, Lorton. The Rocky Horror Show is an unusual interactive theatrical experience, during which audience members may (voluntarily) sing-along with the cast and sometimes shout out jokes and/or use props during the performance. Some audience members wear costumes inspired by the production, too. Workhouse will provide props for attendees at no cost. No outside props are allowed. VIP tickets include access to a pre-show VIP lobby and preferred seats. Standard tickets, \$25-\$35; VIP tickets, \$50-\$60. Visit workhousearts.org for tickets.

THURSDAY/OCT. 11

Hitchcocktober: Shadow of a Doubt (1943).

7 p.m. at Angelika Film Center – Mosaic, 2911 District Ave., Fairfax. Every Thursday night in October a classic film by Sir Alfred Hitchcock will be featured with a bonus screening of PSYCHO on Halloween. Tickets are \$10. Visit angelikafilmcenter.com.

FRIDAY/OCT. 12

Rising Hope's Jeans and Jewels Jubilee.

6:30-10:30 p.m. at The Waterford at Springfield, 6715 Commerce St., Springfield. The Waterford at Springfield is transformed into a comfortable country evening with barbecue, music, and line dancing. Live and silent auctions. Tickets and information at risinghopeumc.org/shop/jeans-and-jewels.

FRIDAY-SATURDAY/OCT. 12-13

Madhaunter's Madhouse.

7-11 p.m. at The Workhouse Arts Center, 9518 Workhouse Way, Lorton. Screams will echo across the 55-acre historic Workhouse campus, built on the grounds of the once-abandoned and notorious DC Department of Corrections Lorton Reformatory. More information, tickets (\$20), and volunteer opportunities are available at workhousearts.org/madhaunter.

SATURDAY/OCT. 13

Virginia MG Walk.

9 a.m. at South Run Park, 7550 Reservation Drive, Springfield. Participants affected by myasthenia gravis will gather to celebrate the lives of MG patients, physicians and caregivers, and walk to raise awareness and funds to support the Myasthenia Gravis Foundation of America (MGFA) at the Virginia MG Walk. Visit www.MGWalk.org/Virginia or call 1-855-MGWALKS (855-649-2557).

LOOK. LISTEN. LEARN.

10 a.m.-4 p.m. at all Fairfax County Fire Stations. In celebration of Fire Prevention Week, all Fairfax County



Painting #1: Gene Moty, "Frenchie", 18x29, oil on linen, 2018

'Less is More'

The Arches Gallery at the Workhouse Arts Center of Lorton Virginia is proud to feature "Less is More: A New Language Of Abstract Minimalism" by Gene Moty. The works on display embrace his less is more philosophy with a pure clean modern style that counterbalances today's frenetic pace of life with its contemplative energy. Gallery hours, through Nov. 3 in Gallery 9 of the Workhouse Arts Center, 9518 Workhouse Road, Lorton. An artist reception is planned for Saturday, Oct. 13, 6-9 p.m. Visit www.genemoty.com.

Fire and Rescue Stations will be hosting an Open House. Stop by a local station that day to meet firefighters, see the fire trucks, join in the activities and learn about fire safety. Find a local Fairfax County Fire & Rescue Department Fire Station at bit.ly/2ReXaHk.

Fairfax Lions Club Octoberfest

Food Sales. 10 a.m.-6 p.m. at Fairfax City Festival Food Court, University Drive and Sager Avenue, Fairfax. Fairfax Lions Club, of Lions Club International – "the world's largest service organization," welcomes all to their fundraiser at the Fairfax Fall Festival. All proceeds go to Lions Club charitable activities. Have fun; help those in need. Rain or shine. Free admission. Visit www.fairfaxlions.org/.

Second Saturday Art Walk.

6-9 p.m. at Workhouse Arts Center, 9518 Workhouse Way, Lorton. Meet nearly 100 Resident and Associate Artists, creating art in the studios or exhibiting in the 12 campus galleries. Enjoy performances of dance, cabaret, comedy, big band, jazz, and theater. Indulge in classes in the art of mixology or cuisines from around the globe. Experience art exhibitions in nine galleries of the region's finest sculpture, painting, glass, ceramics, and fiber arts. Call 703-584-2900 or visit workhousearts.org.

Artist Reception: "Less is More."

6-9 p.m. in Gallery 9 of the Workhouse Arts Center, 9518 Workhouse Road, Lorton. The Arches Gallery at the Workhouse Arts Center of Lorton Virginia is proud to feature "Less is More: A New Language Of Abstract Minimalism" by Gene Moty. The works on display embrace his less is more philosophy with a pure clean modern style that counterbalances today's frenetic pace



Cub Scout Meeting

Pack 1860 Cub Scout Meeting. Open to girls and boys, K-5. Wednesday, Oct. 17, 7-8 p.m. at Union Mill Elementary School, 13611 Springstone Drive, Clifton. Free. Call 703-424-5086 or visit www.pack1860.org for more.



PHOTO COURTESY OF BROOK MILL STUDIOS

Community Band Concert

Main Street Community Band presents a fun and sometimes rollicking program of seasonal music suitable for the entire family. Featuring "Music for a Darkened Theater" and Eric Whitacre's "October." Saturday, Oct. 13, 1-2 p.m. at Old Town Square, 10415 North St., Fairfax. Free. Call 571-336-CFBA (2322) or visit fairfaxband.org.

of life with its contemplative energy. The exhibit runs through Nov. 3. Visit www.genemoty.com.

SATURDAY-SUNDAY/OCT. 13-14

Fall Fun Days.

10 a.m.-4 p.m. at Whitehall Farms, 6080 Colchester Road, Fairfax. Fourth annual Fall Fun Days, featuring a pumpkin patch, corn maze, nature trails, inflatable bounce houses, lawn games, wagon rides, and more. Meet farm animals (like Henry the cow) and learn more about sustainable farming. A farm-to-table lunch option will be available, featuring farm fresh ingredients from Whitehall's farm store. \$12 for adults and children over 3. Visit www.whitehall.farm.

SUNDAY/OCT. 14

Mind the Memory Golf Classic & Bazaar.

8:30 a.m. at Virginia Golf Center, 5801 Clifton Road, Clifton. The inaugural event will feature a family-friendly 9-hole, par 3, golf tournament and bazaar. All proceeds from the event support Insight Memory Care Center and Johns Hopkins University School of Medicine – Alzheimer's Disease Research Center. Golfers of all ages and skill-sets welcome. Registration is \$65 per person and includes participation in a 9-hole scramble, continental breakfast, lunch, tournament shirts, soft drinks and awards. Register at www.facebook.com/mindthememory.

Soil for Roses. 2-4 p.m. at Merrifield Garden Center, 12101 Lee Highway, Fairfax. Arlington Rose Foundation hosts soil management expert Daniel Schwartz. Learn about soil needs for growing roses. Dig near roots and

bring 1/2 gallon bag of rose soil for evaluation. Questions are welcomed. Door prizes. Light refreshments. Free. Sponsored by Arlington Rose Foundation. Call 703-371-9351.

"Fairfax's Asian Pacific American Story."

2 p.m. at Historic Blenheim, 3610 Old Lee Highway, Fairfax. Roundtable discussion with local Asian Americans discussing their immigrant experiences and paths to becoming Americans. Free. Call 703-385-8414. Following the program, attendees are invited to join the panelists for a tour of the exhibition, "I Want the Wide American Earth: An Asian Pacific American Story," and refreshments at Fairfax Museum and Visitor Center, 10209 Main St.

Burke Historical Society General Meeting.

3:30-5 at Pohick Regional Library, 6540 Sydenstricker Road, Burke. Debbie Robison, a Fairfax County History Commissioner, will discuss early local settlement, including the formation of roads, the Colonial economy, and land grants for the future Burke area. Free. Email slawski_brian@yahoo.com or visit www.burkehistoricalsociety.org.

THURSDAY/OCT. 18

BBQ Buffet Fundraiser.

4:30-8 p.m. at 29 Diner, 10536 Fairfax Blvd., Fairfax. Join NARFE Chapter 737 for an "All You Can Eat BBQ Buffet" supporting Alzheimer's Research with 30 percent of the buffet price or 15 percent of menu items donated. Buffet includes BBQ meats and sides; beverages not included. Visit 29diner.com/.

Hitchcocktober: Strangers on a Train (1951).

7 p.m. at Angelika Film Center – Mosaic, 2911 District Ave., Fairfax. Every Thursday night in October a classic film by Sir Alfred

Hitchcock will be featured with a bonus screening of PSYCHO on Halloween. Tickets are \$10. Visit angelikafilmcenter.com.

FRIDAY/OCT. 19

Campfire at Lake Accotink.

7-8:30 p.m. at Lake Accotink Park, 7500 Accotink Park Road, Springfield. Come to Lake Accotink Park to explore different topics and different areas of the park. Then, warm up by the glow of the campfire with s'mores. For participants age 3-adult. \$8 per person. Call 703-569-3464 or visit www.fairfaxcounty.gov/parks/lake-accotink.

FRIDAY-SUNDAY/OCT. 19-21

Madhaunter's Madhouse.

Friday-Saturday, 7-11 p.m.; Sunday, 7-10 p.m. at The Workhouse Arts Center, 9518 Workhouse Way, Lorton. See Oct. 12-13 event description. More information, tickets (\$20), and volunteer opportunities are available at workhousearts.org/madhaunter.

SATURDAY-SUNDAY/OCT. 20-21

Fall Fun Days.

10 a.m.-4 p.m. at Whitehall Farms, 6080 Colchester Road, Fairfax. See Oct. 13-14 event description. \$12 for adults and children over 3. Visit www.whitehall.farm.

SATURDAY/OCT. 20

Salvation Army 5K.

8-11 a.m. at Salvation Army, 4915 Ox Road, Fairfax. This is a 5k Run & Walk to benefit the Salvation Army's after School program for at risk youth. \$22. Email Donald.Wilson@uss.salvationarmy.org or call 703-385-8700.

Pet Adoption Event.

11 a.m.-2 p.m. at Pet Supplies Plus, 11054 Lee Highway, Fairfax. Find a new forever animal friend with the help of the City of Fairfax Animal Control and Animal Shelter. Visit www.fairfaxva.gov/government/police/programs/animal-control/adopt-a-pet.

Meet the Author and Book Signing.

Noon-3 p.m. at Barnes & Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Jack Gilden has a book coming out Oct. 1 about Don Shula, Johnny Unitas - their rivalry and the 1960s. The book is now available for preview orders online at Amazon and Barnes & Noble and in selected bookstores. Visit www.jackgilden.com.

Trunk or Treat.

5-7 p.m. at Franconia United Methodist Church, 6037 Franconia Road, Alexandria. Get a jump start on Halloween by joining Franconia United Methodist Church for a family-friendly Trunk or Treat in the church parking lot. Wear s costume and enjoy fun and games for children from preschool to middle school. Free. Call 703 971-5171 or visit www.franconiaumc.org/contact.

Fairfax Choral Society Concert.

7 p.m. at Annandale United Methodist Church, 6935 Columbia Pike, Annandale. The Amadeus Orchestra musicians join their season partners to welcome Maestro Thomas Colohan in his first concert as Director of the Fairfax Choral Society. Tickets are \$40 and may be purchased at the door or online at www.amadeusconcerts.com. Students 17 and under and active military are admitted free of charge.

Community Band Concert.

7:30-9 p.m. at Fairfax High School Auditorium, 3501 Rebel Run, Fairfax. WETA Host Richard Kleindfeldt and the City of Fairfax Band kicks off its 49th season with special guest Steven Hendrickson of the NSO on trumpet. Music by Holst, Sousa, John Williams and Julie Giroux. \$15 adults, \$10 senior, students free. Call 571-336-CFBA (2322) or visit fairfaxband.org.

Liberty Expands at Former Lorton Prison

Commuting distance and special features attract residents.

BY MIKE SALMON
THE CONNECTION

Development of the former Lorton Prison property is entering its final stage this fall with the recent launching of Phase II of the project which is now called "Liberty." Phase II will add more apartments and townhouses as well as commercial spaces and infrastructure elements to the Lorton community.

In Phase II, there will be 74 more townhouses that will be built as they are sold, 12 apartments and other retail spaces. Elm Street Development and The Alexander Co. will do the work. "We're looking to bring in more retail and commercial components," said Brian Barnes, the Elm Street Development project manager. Ideally, they are looking to bring in a grocery store, restaurant and possible brewery, making it a "walkable community," Barnes said. The buildings will be gutted and the spaces opened for the new tenants within a year or so, said Barnes.

THE BUILDINGS redeveloped in the first phase were part of the minimum-security portion of the prison, but the second phase will be in the maximum-security buildings. The existing apartments are

at capacity, and people seem to like the location and special features. The original cement floors and bars are still in places around Phase I, and "it's unique, not your cookie cutter apartment," said the maintenance man. Even the leasing office is in a space that is a former prison cell.

The street names bear the same penal system aura. There is Reformatory Way, Guard Tower Road and Central Green Street.

The community is in the Mount Vernon District, and Supervisor Dan Storck (D) has been involved in making it a success. "The County continues to partner with Elm Street Development and the Alexander Company on the adaptive reuse of the Lorton prison. We are pleased with the progress so far of Phase I, the residential development, and the coming together of a new community. I look forward to working with them as they develop the Phase II commercial space and seek out retailers that will continue to enhance and meet the needs of the entire Lorton community," he said.

When the complex transfer and land swap began, it was called Laurel Hill after the old house that the warden lived in. Now parts of it are known as Laurel Hill, and other parts are Liberty. The Fairfax

County Board of Supervisors selected the Alexander Company to develop a Master Plan for the Adaptive Reuse Area at Laurel Hill. The contract award was approved by the Board of Supervisors on May 5, 2008. On May 11, 2010, the Board of Supervisors approved the Laurel Hill Master Plan (Phase I of the planning process) and authorized County staff to begin negotiations with The Alexander Company as the next step (Phase II) of the process, according to county information.

IN PHASE I, a 2-bedroom, 2-bath apartment was priced at \$2,300, and there is an income-based rental program available on some of the apartments that is called their "50% Program."

Separate from the Elm Street Development is a portion of the facility being developed by Van Metre, also under the Liberty name. This area is a few streets over. Their townhomes feature amenities such as gourmet kitchens and deluxe baths, and the prices start at \$562,000.

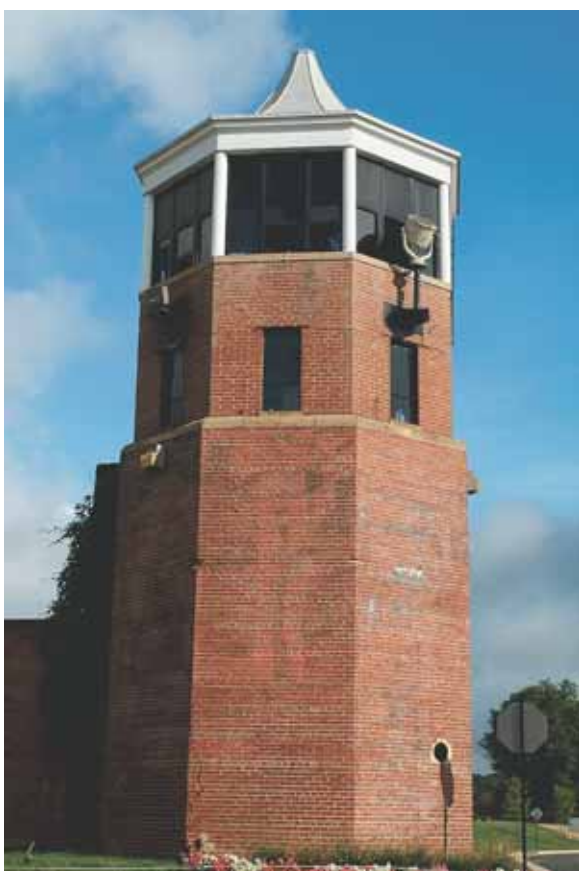


Outside the wall, the sales and rental operations continue.



Playgrounds and compound walls share the same space.

Prison elements such as guard towers are part of the attractions at Liberty.



PHOTOS BY
MIKE SALMON
THE CONNECTION

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-Werner Heisenberg

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News



The start of Shelane's Fun Run 2016.

Shelane's Run Could Break Attendance Record

On Saturday, Oct. 13, an estimated 500 local community members, police officers and first responders will participate in the third annual Shelane's Run 5K Run/Walk and Kids 1K at the Fairfax County Government Center.

The event raises awareness for maternal mental health and raises funds to combat postpartum depression, the most common complication of childbirth (1 in 5 women affected).

In June 2015, Fairfax County Police Officer, Shelane Gaydos died from suicide while suffering postpartum depression, leaving behind her three beautiful daughters and husband. Shelane's family and friends launched Shelane's Run in her honor to memorialize her commitment to her family, community, and running.

To date, the race has raised more than \$50,000 in just two years, funds that have helped establish and offer grants to families that may not be able to afford medical treatment or support.

Last year, proceeds from Shelane's Run were able to provide three full and 14 partial scholarships to help train medical professionals to recognize and treat Perinatal Mood & Anxiety Disorders. The race has also provided grants to three local Virginia mothers to offset the cost of private therapy or other treatments.

Nearly 50 percent of the participants last year were DC metro area police officers and/or first responders. This year attendance is expected to be record breaking.

Post-race family-friendly activities include rock wall, moon bounce, arts & crafts, touch-a-truck, face-painting, and more.

Saturday, Oct. 13. — 8:30 a.m. Kids 1K Fun Run; 9 a.m. 5K Run/Walk at Fairfax County Government Center, 12000 Government Center Pkwy, Fairfax, Plaza; Registration: \$30 adults / \$10 children; www.shelanesrun.org.

Woodson High Celebrates Homecoming



Cheer and Dance teams walk in the Homecoming Parade in Football Gear.

PHOTOS
SEAN HICKEY
THE CONNECTION

Prince Brian Kim and Princess Julia Masterman ride in the W.T. Woodson Parade Friday, Oct. 5.



BULLETIN

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Deadline is Thursday at noon, at least two weeks before event.

SOBER-RIDE FOR HALLOWEEN

Free Sober Rides. Saturday, Oct. 27, 10 p.m. through Sunday, Oct. 28, 4 a.m. Area residents, 21 and older, may download Lyft to their phones, then enter a code in the app's "Promo" section to receive a no cost (up to \$15) safe ride home. WRAP's Halloween SoberRide promo code will be posted at 5 p.m. on Oct. 27 on www.SoberRide.com. Valid for the first 1,500 Lyft users who enter the code.

THURSDAY/OCT. 11

2018 Small Business Forum. 8:30 a.m.-2:30 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Visit Fairfax County's annual Small Business Forum (previously the Vendor Forum). Take advantage of learning from business experts and connect with county procurement representatives. Free. Visit www.fairfaxcounty.gov/small-business-commission/forum/2018 to register.

Post-Secondary Education Options - Coffee and Conversation. 10 a.m.-noon at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. In this workshop hosted by FCPS Career and Transition Services, find information on post-secondary education options for students with disabilities. Visit www.fcps.edu/resources/family-engagement/parent-resource-center to register.

Gentle Yoga. 12:30-2 p.m. at Sentara Surgery Specialists Comprehensive Breast Center, 8988 Lorton Station Blvd., Suite 103, Lorton. This yoga protocol is facilitated by Pat Fitzsimmons RN, C-IAYT, E-RYT 500, an instructor specifically trained to work with cancer patients who will adapt traditional yoga practices to meet the physiological and psychological needs of cancer patients. No registration required. It is recommended that participants dress comfortably and bring a yoga mat, towel(s), and water. Visit www.sentara.com.

Public Information Meeting. 7 p.m. at Sangster Elementary School, 7420 Reservation Drive, Springfield. The Fairfax County Department of Transportation (FCDOT) will hold a public information meeting on the Fairfax County & Franconia-Springfield Parkways Alternatives Analysis and Long Term Planning Study. Presentation at 7 p.m., followed by a question and answer period at 7:30 p.m., and time for public input activities at 8 p.m. Visit the study page at www.fairfaxcounty.gov/transportation/study/fairfax-county-parkway.

SATURDAY/OCT. 13

Spiritual Gifts Workshop. 9:30-3 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Fairfax. This workshop is an opportunity for to discover hidden spiritual gifts and talents. BYO lunch (refrigerator and/or microwave available). Free (donations appreciated). Call 703-239-2471 or visit www.eventbrite.com/e/spiritual-gifts-workshop-tickets-50920594870 for tickets.

TUESDAY/OCT. 16

Lions Dinner Meeting. 6:30-8:30 p.m. at American Legion Post 177, 3939 Oak St., Fairfax. Lions Club meets the 1st and 3rd Tuesdays of each month. Guests are welcome to learn about the mission of the Lions Clubs "We Serve," meet club members and learn to help serve the community. Free to first time guests. Email fairfaxlions@cox.net or visit www.fairfaxlions.org.

WEDNESDAY/OCT. 17

Planning for Successful Transitions. 1-3 p.m. at 3953 Pender Drive, #100, Fairfax. Although the goal for many people is to stay at home for as long as possible, there may come a day when this isn't realistic or safe. Learn about ways to can plan for a successful transition for a loved one. This program is a part of our ongoing Classes for Caregivers series. Free. Respite care may be available by request; please notify us when registering to confirm availability. Contact Lindsey Vajpeyi at 703-204-4664 or lindsey.vajpeyi@insightmcc.org. Visit www.insightmcc.org to register.

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takes that can be made in his subject
and how to avoid them.
-Werner Heisenberg

News I Know Now - And You Do, Too



By KENNETH B. LOURIE

Stay the course. Meaning, to write short a long story: same three week chemotherapy interval, same medicine/dosage, same quarterly scan to be followed up by usual and customary same post-scan appointment nine days later with my same diagnosis-to-date oncologist.

The reason being, to lengthen a short paragraph: the tumors that had slowly progressed - which at some point, generally speaking, was not totally unexpected, given the underlying diagnosis, and which had precipitated the most recent series of columns exploring my anxiety concerning tumor growth after five-plus years of mostly "stable" CT scan results - have once again been stabilized.

My doctor's thinking/hope is that returning me to the more aggressive/frequent treatment interval: three weeks between chemotherapy infusions versus the previous seven-week infusion intervals, might have nipped the previous growth in the bud; not enough medicine and too infrequently administered. However, just a theory because I did have a tumor, previously noted radiologically but mostly off the radar that has grown significantly.

But the doctors can't say with any certainty if this 'significant' growth occurred during the preceding months when my treatment interval had been extended to seven weeks or had it grown during the most recent seven weeks when I had three separate infusions and thus had actually stopped the growth as compared to the October 2017 scan referenced by the radiologist.

Not knowing definitively which scenario was correct, and rather than switch off the horse that we rode in on so successfully, we decided to commit to another familiar quarter of alimta every three weeks, etc., and re-assess in 12 weeks when my next typically/regularly scheduled CT scan will occur. Then we can re-evaluate our options.

If in the interim however, I feel this newly acknowledged tumor growing, and given its location directly under my Adam's Apple, it's likely I will feel/see something unlike I would with any of the other tumors located throughout my lungs, I will, as they say, alert the authorities.

To be clear - as clear as layman Kenny can be after hearing an oncologist's answer to one of Kenny's muddled what-if cancer questions - this currently focused-on tumor does not represent "spread:" movement in non-medical terms. And movement/"spread" in the cancer-patient's world is not good. So far as I understand anyway.

However thankful I am that this tumor's appearance doesn't indicate 'spread,' its growth is nonetheless concerning. Unfortunately, for our sanity, the best course of action, all things considered, per Friday's appointment/discussion/agreed-on strategy going forward, is to wait and see.

Hardly ideal. But in the cancer treatment business, there is some reactive rather than proactive pursuits.

As much as I want and expect my oncologist to know answers/outcomes in advance, he doesn't/just can't. Cancer is in control and what it decides to do is anybody's guess. For my oncologist, it's an educated guess. For the patient (yours truly, anyway), it's not a guess, it's a hope and a prayer.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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