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# Potomac ALMANAC

HomeLifeStyle

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Blair Slaughter with Auggy at  
the Blessing of the Animals  
Service, Sunday, Oct. 6, at St.  
James' Episcopal Church.

## Blessing of the Animals

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'A Shayna Maidel'  
Explores Family  
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Churchill in Shootout

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## Blessing of the Animals

The Rev. James S. Isaacs leads the Blessing of the Animals Service at St. James' Episcopal Church, 11815 Seven Locks Road, on Sunday, Oct. 6. The service commemorates the feast day of St. Francis of Assisi, the patron saint of animals, the environment, and religious cooperation. See [www.stjamespotomac.org](http://www.stjamespotomac.org).



Holly Mulderig and Aida Klun with Disco

PHOTOS BY  
DEBORAH STEVENS  
THE ALMANAC



Kevin Hunter and Cristina Linus with Zoe and Giroux.



Len and Kate Whistley with Ginger



Marge and John Combs with Linsey



Tracy and Wynn Forrest with Rosie

## 'A Shayna Maidel' Explores Family Separation

Peace Mountain Theatre Company performs at Congregation Har Shalom.

BY PEGGY MCEWAN  
THE ALMANAC

**A** Shayna Maidel," translated from Yiddish to mean "A Pretty Girl," is the story of two Polish sisters reunited after World War II. The older sister, Lusias, survived imprisonment in a Nazi concentration camp, while the younger, Rayzel, or her American name, Rose, was brought up in the United States.

How and why this separation hap-

pened is revealed in the story by playwright Barbara Lebow as they reunite in New York in 1946.

"It's a universal story of a family that separated because of the war and the trials they work through because of that war," director Laurie T. Freed said. "I fell in love with this play. Besides being poignant, it speaks of the current immigrant experience."

The show will be performed weekends beginning Thursday, Oct 11 at Congrega-

SEE 'A SHAYNA MAIDEL,' PAGE 11



Jillian Blair, who plays the role of Mama, discusses costume choices with director Laurie Freed at rehearsal for "A Shayna Maidel" opening at Congregation Har Shalom Thursday.

PHOTO BY  
PEGGY MCEWAN  
THE ALMANAC



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# News



PHOTO BY DEBORAH STEVENS/THE ALMANAC

## A Walk on the Canal

Sheila Moldover, Valen Brown, Sheila and Barry Taylor, Dan Moldover, Lisa and Allan Wang, Jennifer Danly, and Alma Kominicki, a group from the Potomac Community Village, take a hike Saturday, Sept. 29, on the canal during Active Aging Week. Visit [www.PotomacCommunityVillage.org](http://www.PotomacCommunityVillage.org).

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# Protecting the Reserve

## Rustic Roads Advisory Committee earns local award.

BY PEGGY McEWAN  
THE ALMANAC

The 2018 Royce Hanson Award will be presented to the county's Rustic Roads Advisory Committee, according to the Montgomery Countryside Alliance.

Each year MCA honors an Agricultural Reserve champion with the Royce Hanson Award, named in honor of its first recipient, Dr. Royce Hanson, the architect of the Reserve during his tenure as chair of the National Capital Park and Planning Commission.

"Protecting the Reserve takes more than a few tenacious individuals — sustained collective effort is required to keep working farms on the landscape. Sometimes this effort takes the form of years of meetings, stacks of maps and engineering documents plus a dizzying array of acronyms," according to an MCA press release. "This year, we are proud to honor the Rustic Roads Advisory Committee for their efforts in protecting the arteries of the Ag Reserve, Montgomery County's Rural and Rustic Roads.

"I would say it's for the committee as a body," said Caroline Taylor, executive director of Montgomery Countryside Alliance.

"It's really a recognition for the work of the committee."

"The Rustic Roads Program preserves Montgomery County's historic and scenic roadways that reflect the agricultural character and rural origins of the county. The members of the Rustic Roads Advisory Committee oversee the program, and advise the County Executive, Council and Planning Board on matters affecting the Rustic Roads," according to a county website.

There are seven members of the committee: three farmers, two civic association members, a member with knowledge of roadway engineering and a member with knowledge of rural preservation techniques. They, and "a representative appointed by the Planning Board and staff provided by the County Executive review the Master Plan designations of the roads, development proposals, public projects such as bridge replacements, and they promote public awareness and knowledge of the roads," the website said.

**CURRENT MEMBERS** of the committee are:

**Chair:** Bob Tworowski, Civic representative

Todd Greenstone, Farmer

Lonnie Luther, Farmer  
Dan Seamans, Rural preservation  
Sarah Navid, Engineer  
Jane Thompson, Civic representative  
Laura Van Etten, Farmer, AAC representative

Staff coordinator: Atiq Panjshiri (Department of Permitting Services)

Non-voting member: Leslie Saville (M-NCPPC)

Term for members is three years and they may elect to serve two terms consecutively, according to Leslie Saville, the non-voting member of the committee.

"The committee has been working hard for 22 years, it was created in 1996, and [the award] is a great honor," Saville said.

Rustic Roads are designated by brown road signs, which have recently started going up around the county. The new signs are funded by the county, Taylor said.

"It's really an important component of educating the public about where the roads are," she said.

The community award event will be held from 12:30-2:30 p.m. Sunday, Oct. 21 at St. Mary's Pavilion, 18230 Barnesville Road, Barnesville. There will be food — be sure to RSVP so there will be enough — music by Peace Run, and a stroll along West Harris



PHOTO BY PEGGY McEWAN/THE ALMANAC

**Brown road signs at the intersection of Glen and Query Mill roads indicate they are designated Rustic Roads.**

Road near the pavilion. Admission is free but tax-deductible donations are accepted. To register go to [www.mocoalliance.org](http://www.mocoalliance.org).

## ELECTION 2018

### Alternate Polling Places Available

If you vote in the State of Maryland, you are assigned to a specific polling place. This is important because there are different local contests on the ballot. However, in some situations — accessibility concerns or religious principles — you may request a different polling place.

**Accessibility Concerns:** For the 2018 gubernatorial Elections, all Montgomery County polling places are compliant with Maryland State Board of Elections accessibility guidelines. Contact the Board of Elections if you have concerns about an accessibility issue for a specific disability.

**Religious Principles:** If your assigned polling place is a religious institution, and entering that site conflicts with your religious beliefs and practices, you may request a nearby polling place. Reassignment request forms are available from the Maryland State Board of Elections at [www.elections.maryland.gov/pdf/Request\\_for\\_Accessible\\_Polling\\_Place.pdf](http://www.elections.maryland.gov/pdf/Request_for_Accessible_Polling_Place.pdf), by calling Christine Rzeszut at 240-777-8585, or by e-mail to [christine.rzeszut@montgomerycountymd.gov](mailto:christine.rzeszut@montgomerycountymd.gov). Your request must be received by 9 p.m., Oct. 16, 2018, for the General Election.

If a substitute polling place with the same contests on the ballot is not available, you may prefer to vote at an Early Voting Center or by mail.

Early Voting will be held from Oct. 25 — Nov. 1, from 10 a.m. to 8 p.m. at 11 Montgomery County locations. For more information, see [www.777vote.org](http://www.777vote.org).

For information on voting by mail, call 240-777-8550, or e-mail [absentee@montgomerycountymd.gov](mailto:absentee@montgomerycountymd.gov). Your application for a ballot by mail must be received by Oct. 30, 2018.

For other election information, call 240-777-VOTE, visit [www.777vote.org](http://www.777vote.org), the Maryland State Board of Elections' website at [elections.maryland.gov](http://elections.maryland.gov), or follow the Montgomery County Board of Elections on Facebook or Twitter.

### Understanding Ballot Questions

Potomac Community Village is offering a free presentation on Thursday, Oct. 18, from 7-9 p.m., with the League of Women Voters' Carla Satinsky, a long-time member and current head of the Montgomery County Chapter.

Satinsky will help attendees understand the five questions that are on the ballot, and will share some of the League's history. The program, free and open to all, will be at the Potomac Community Center, 11315 Falls Road, Potomac.

Potomac Community Village is a non-profit network of neighbors and friends geared to enabling older Potomac residents to age in place in their existing homes by creating social connections and providing volunteer services such as occasional transportation, computer assistance and simple home repairs. Call 240-221-1370, email [info@PotomacCommunityVillage.org](mailto:info@PotomacCommunityVillage.org) or visit [www.PotomacCommunityVillage.org](http://www.PotomacCommunityVillage.org).

## BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Deadline is Thursday at noon, at least two weeks before event.

### SOBER-RIDE FOR HALLOWEEN

**Free Sober Rides.** Saturday, Oct. 27, 10 p.m. through Sunday, Oct. 28, 4 a.m. Area residents, 21 and older, may download Lyft to their phones, then enter a code in the app's "Promo" section to receive a no cost (up to \$15) safe ride home. WRAP's Halloween SoberRide promo code will be posted at 5 p.m. on Oct. 27 on [www.SoberRide.com](http://www.SoberRide.com). The code is valid for the first 1,500 Lyft users who enter the code.

### SUNDAY/OCT. 21

**Workshop: Faith and Local Waters.** 3-5 p.m. at Beth Shalom Congregation 11825 Seven Locks Road, Potomac. Friends of Cabin John Creek & Interfaith Partners for the Chesapeake invite Congregation Representatives to a workshop: Faith and Local Waters. Visit [www.cabinjohncreek.org](http://www.cabinjohncreek.org) for more. RSVP required at [rsvp@cabinjohncreek.org](mailto:rsvp@cabinjohncreek.org), by Oct. 7.

### WEDNESDAY/OCT. 24

**Youth Town Hall.** 7-8:30 p.m. at the Council Office Building, third floor hearing room, 100 Maryland Ave., Rockville. The Montgomery County Council wants to know what is on the minds of young residents when it hosts its eighth annual youth town hall. Doors open at 6 p.m. for a pre-meeting pizza reception for students and Councilmembers in the building's second-floor cafeteria. Call 240-777-7926 or learn more by watching [tinyurl.com/ybfxo7h](http://tinyurl.com/ybfxo7h).

### FRIDAY/OCT. 26

**Community Service Day.** 7 a.m.-2 p.m. The Montgomery County Department of Transportation sponsor a bike collection during this year's Community Service Week celebration. Donate bicycles, bicycle parts,

and/or helmets. The collection will be held at the Council Office Building parking garage in Rockville outside the entrance on East Jefferson Street at its intersection with Monroe Street. Residents may also donate by check to Rockville Bike Hub during the collection. All donated funds will be used to purchase bike helmets and parts to repair the bikes. Visit [www.montgomerycountymd.gov/DOT-dir/bikedrive.html](http://www.montgomerycountymd.gov/DOT-dir/bikedrive.html) for more.

### TUESDAY/OCT. 30

**Preserving and Restoring Sight.** 10 a.m.-noon at Leisure World Clubhouse Two, 3300 North Leisure World Blvd., Silver Spring. Join Wai Wong, MD, PhD, Senior Retina Researcher at National Eye Institute (NEI) at the National Institute of Health (NIH) as he discusses the impact of regenerative medicine and the progress in preserving and restoring sight. Dr. Suleiman Alibhai, Director, Low Vision Learning Center will discuss new technologies that complement medical research. Visit [e-clubhouse.org/sites/leisureworld](http://e-clubhouse.org/sites/leisureworld) for more.

### CRISIS PREVENTION SERVICES

**EveryMind Crisis Prevention and Intervention** specialists are available by phone, text and chat every hour of every day. The community can also look to EveryMind for mental health professionals who are prepared to talk about warning signs and ways anyone can help to prevent suicide from ending lives far too soon. EveryMind is an independent 501(c)3 nonprofit organization. Visit [Every-Mind.org](http://Every-Mind.org). More resources include:

- ❖ Call or Text Montgomery County Hotline: 301-738-2255
- ❖ Chat: Crisis Prevention Chat: <https://suicidepreventionlifeline.org/chat/>
- ❖ Call: National Suicide Prevention Lifeline: 1-800-273-8255
- ❖ [www.every-mind.org/services/crisis/](http://www.every-mind.org/services/crisis/)
- ❖ [www.every-mind.org/wp-content/uploads/2017/12/Talking-to-Kids-about-Suicide.pdf](http://www.every-mind.org/wp-content/uploads/2017/12/Talking-to-Kids-about-Suicide.pdf)
- ❖ [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)
- ❖ [www.suicidology.org](http://www.suicidology.org)



## POTOMAC DAY



PHOTO BY DEBORAH STEVENS/THE ALMANAC

The Fife and Drum Band at last year's Potomac Day Parade.

# Get Ready

Annual Potomac Day Parade returns to Potomac Village on Oct. 20.

BY SUSAN BELFORD  
THE ALMANAC

**M**ark Saturday, Oct. 20 on your calendar and come down to the crossroads to view the "one-of-a kind" Potomac Day Parade and to enjoy the whole

Potomac Day tradition. By 10 a.m., the corner of Falls and River Road will be packed with Potomac residents cheering on the parade featuring local Boy and Girl Scout troops, dance schools, martial arts studios, Montgomery County politicians, polished

SEE POTOMAC DAY, PAGE 10



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## POTOMAC DAY



Crowds line the street to watch last year's parade.

PHOTO BY DEBORAH STEVENS/THE ALMANAC



The Cabin John Park Volunteer Fire Department brush fire truck at last year's Potomac Day Parade.

PHOTO BY DEBORAH STEVENS/THE ALMANAC

## POTOMAC DAY



Spectators watch the fire engine pass by during last year's Potomac Day Parade.





Demonstration from East West Tae Kwon Do at last year's Potomac Day Parade.

PHOTOS BY DEBORAH STEVENS/THE ALMANAC

Madeline Rose at last year's Potomac Day Parade.



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# POTOMAC DAY

## Get Ready

FROM PAGE 7

fire trucks, community churches, businesses, the Potomac Honorees of the Year and more.

Children and adults who line the street will be running for candy thrown from the parade convertibles — while adults scramble to shake hands and acknowledge the local celebrities.

The Grand Marshal for the 2018 Potomac Day Parade will be Julia Perlman from the Potomac Village Garden Club. The other honorees in the parade will be the Youth of the Year, Katelyn Foreman; the Citizen of the Year, Susanne Lee; and the Business of the Year, Kindworks.

After the parade, children will excitedly drag their parents and friends to inflatable activities and amusement park rides that will entertain for hours. The pets from Squeals on Wheels will delight the little ones who will be exhilarated by petting a llama or holding the chickens. Courageous youths will ascend the climbing wall while their parents gaze in fear and others will enjoy hurling themselves down slides of various heights.

This special day, sponsored by the Potomac Chamber of Commerce and Darcars gives Potomac residents a chance to gather with friends and neighbors while listening to music played by a DJ.

Local restaurants will provide tasty lunch fare, the classic car show will sport gleaming autos of yesteryear, and everyone has the opportunity to celebrate the community and all it has to offer. It's an opportunity to chat with local business owners and meet the politicians running in the mid-term elections. Potomac Day runs from 10 a.m. – 3 p.m.



**Youths on the climbing wall at last year's Potomac Day Parade.**

PHOTO BY  
DEBORAH STEVENS/  
THE ALMANAC

## POTOMAC ALMANAC

[www.PotomacAlmanac.com](http://www.PotomacAlmanac.com)

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# ‘A Shayna Maidel’ Explores Family Separation

FROM PAGE 3

tion Har Shalom, 11510 Falls Road, Potomac.

Jillian Blair plays Mama, who did not survive the war, but comes to life in dream sequences during the production.

Blair said the process of bringing the play to life has been rewarding for her and her understanding of the Holocaust.

“It has been heavy on my heart,” she said. “Mama’ always says everything happens for a reason so I have to keep faith.”

Though the play has a Yiddish title, it is not a “Jewish” play, Jerry Schuchman, who portrays Mordechai, the father, said.

“Any play with the Holocaust as a big factor certainly speaks to a Jewish audience and a human audience,” he said. “[But] immigration is relevant today, family separation is relevant today, it’s a family drama.”

It is all about family, Freed said.

“Family and the importance of family coming together to help one another, and definitely about forgiveness,” she said. “And hope. To be strong enough to go through the concentration camps. And courage.”

Freed is also artistic director of Peace Mountain Theatre Company which is putting on “A Shayna Maidel.”

The company was founded in 2014 and got its name from Har Shalom which trans-



Tech crew members Peri Schuyler, Hal Freed and Fred Schuyler prepare the stage at Congregation Har Shalom before Thursday’s opening of “A Shayna Maidel.”

lated from Hebrew means Peace Mountain, Freed said. The synagogue allows them to use its facilities for their annual production.

“We are limited to one per year because the synagogue is busy and can’t handle more than one show,” Freed said.

Peace Mountain Theatre Company is a professional company, everyone gets paid, but is also a “theatre with a purpose,” she said.

Each year the company selects a cause and holds community outreach programs related to the cause. This year’s purpose is to explore the immigrant experience.

There will be two panel discussions on immigration following the 2 p.m. shows on Sunday, Oct. 14 and Sunday, Oct. 21.

The Oct. 14 discussion, “The Jewish American Dream,” will include five people who will discuss why they left their homeland and what it has been like in America, Freed said.

On Oct. 21 the discussion is about “The Current Immigrant Experience.”

“We are hosting two immigration attorneys and a lobbyist with [an immigration justice organization],” Freed said.

“A Shayna Maidel” will be performed at 8 p.m. Oct. 11, 13, 18 and 27 and at 2 p.m. Oct. 14, 21 and 28. The show runs about two hours with one 15-minute intermission. For tickets, visit [peacemountaintheatre.com](http://peacemountaintheatre.com).

PHOTO BY PEGGY McEWAN/THE ALMANAC

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# Holiday-Ready Kitchen

BY MARILYN CAMPBELL

**T**hough Halloween is still three weeks away, the holidays are not far behind the ghosts and goblins. Thanksgiving ushers in the start of a season of festive entertaining for family and friends. As the kitchen is often a gathering place and command central for celebratory gatherings, this is the time to give your eating space a pre-holiday spruce-up. Local design aficionados say there is still time to make upgrades to make a kitchen welcoming for guests and functional for the chef.

A refrigerator that is functional, spacious and stylish is at the top of the must-do list of Reston-based interior designer Rachel Grandin's holiday kitchen spruce-up list. "With all of the delicious food that we make during the holidays, it's critical that we have a space to store it safely," she said. "If your refrigerator doesn't seem reliable, this is the perfect time to replace it. A stainless steel French double-door refrigerator can hold a large turkey and all of the sides, but more importantly it's eye-catching and chic and will probably be one of the first things guests notice when they enter your kitchen. It's a quick way to give your kitchen an updated look."

Lighting is a critical element in any

kitchen, advises Potomac-based Anne Walker, "Changing a light fixture might be the easiest and quickest way to make a big design statement before the holidays," she said. "In a Potomac kitchen I designed, sea glass beaded pendant lights, which reference not only the shimmering aqua glass backsplash tiles, but also the custom Willem Smith bar stools with aqua leather seats."

**NEW FLOORING** can take the design of a kitchen to the next level, says Alexandria-based interior designer Courtney Grace, "Right now, I see hardwood and ceramic tile flooring as being on trend," she said. "I just finished a kitchen for a client and we installed ceramic tile that was actually made to look like wood. So she was able to get the look she wanted, but with a material that was more durable. New flooring can really transform a space without the expense and the time of total kitchen remodel. Choose something durable, for the holidays and beyond."

If you're on a budget, consider a new kitchen rug, advises Grace. "Rugs can add color and warmth to a kitchen, and an indoor-outdoor rug can stand up to high-traffic and things like spills."

Cabinets are usually the biggest part of any kitchen design and renovation project, advises Walker "If your cabinets are struc-

Minor changes deliver big impact in time for holiday gatherings.

turally sound, you can save a lot of money, but make a huge impact by having the cabinets professionally painted."

Gray is still the most popular color for kitchen cabinets, followed closely by white, suggests Walker. "I recently renovated a small, charming home for resale, and did just this: had the kitchen cabinets painted a soft shade of gray," she said. "What a difference. You will want to have a professional paint the cabinets for you. This is not the time for DIY. With all of the heat, grease, and daily use, paint can easily chip if not applied professionally."

Walker also recommends new cabinet hardware. "Soft brass and bronze has made a resurgence in popularity lately, so if the other elements of your kitchen, [such as] paint color and light fixtures would support it, warm brass hardware would add an elegant, updated look to your kitchen," she said.

A new coat of paint is a simple change that can make a big impact, advises Walker. "Walls and trim get so much wear and tear in a kitchen" she said. "It's the room we use most, and it takes a beating. Make sure to use a medium sheen so it will be wipeable. I most often use Farrow & Ball's Modern Emulsion in kitchens. Their colors are sublime and the paint holds up well in high traffic areas."



PHOTO COURTESY OF ANNE WALKER

**New lighting is a quick and easy way to update a kitchen, advises interior designer Anne Walker.**

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## ONGOING

**Art Exhibit: "Abstract & The Figure."** Gallery hours, through Oct. 31 at Framer's Choice Gallery, 402 Main St., Gaithersburg. Vian Borchert's collection consists of a melange of recent abstract paintings along with abstracted figurative artwork. Visit [theframerschoicegallery.com/](http://theframerschoicegallery.com/) or call 301-987-8711.

**Exhibit: "Places We Find."** Through Nov. 4, gallery hours at Photoworks Gallery in Glen Echo Park. "Places We Find" features work from Sandy Sugawara and Catiana Garcia Kilroy. The exhibit highlights how common places can become a source of surprise and discovery through the photographer's lens. Visit [glenechophotoworks.org](http://glenechophotoworks.org).

**Teen Writers' Club.** Tuesdays through May 28, 6:30-8 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Teens (13-18) with a passion for writing are invited to join the Teen Writers' Club. Learn and practice new writing techniques, share your work, and learn how to critique other works with author Neal Gillen. Free. Email [acsagillen@aol.com](mailto:acsagillen@aol.com).

## OCT. 10-NOV. 3

**Art Exhibit: Paintings and Sculpture.** Gallery hours at Gallery B, 7700 Wisconsin Ave., Suite E, Bethesda. Gallery B presents the October exhibit, a group show by Nihal Kececi of Gallery NK, featuring work by Nadia Arditti, Claudia Cappelle, Gulten Imamoglu, Nihal Kececi and Eric Westbrook. Visit [www.bethesda.org](http://www.bethesda.org).

## THURSDAY/OCT. 11

**Teen Read In.** 4-5:30 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Celebrate Teen Read Week 2018. Relax, meet friends and read a favorite book for Teen Read Week. Read a book and discuss it with other teens. Snacks provided. Visit [www.montgomerycountymd.gov/Library/branches/potomac.html](http://www.montgomerycountymd.gov/Library/branches/potomac.html).

## FRIDAY/OCT. 12

**Fall Rummage Sale.** 9 a.m.-3 p.m. at St. James' Episcopal Church Parish Hall, 11815 Seven Locks Road, Potomac. Rummage sale items include: antiques and collectibles; art; bicycles; books; clothing—from infant to adult; jewelry; electronics; furniture; household items; kitchenware; sports equipment; tools; and toys. Call 301-762-8040 or

visit [stjamespotomac.org](http://stjamespotomac.org).

**Opening Reception: Paintings and Sculpture.** 6-8 p.m. at Gallery B, 7700 Wisconsin Ave., Suite E, Bethesda. Gallery B presents the October exhibit, a group show by Nihal Kececi of Gallery NK, featuring work by Nadia Arditti, Claudia Cappelle, Gulten Imamoglu, Nihal Kececi and Eric Westbrook. Visit [www.bethesda.org](http://www.bethesda.org).

## SATURDAY/OCT. 13

**Tour de Midnight Bike Ride.** 9 a.m. at Midnight Brewery, 2410 Granite Ridge Road, Rockville. The Epilepsy Foundation of Virginia will host the 3rd Annual Tour de Midnight Bike Ride. The public is invited to cheer the bike riders on and enjoy the hospitality of Midnight Brewery during and after the ride. Enjoy live music, craft beer, food trucks, and a bounce house for the kids onsite will make for a fun fall festive afternoon. Sign up at [www.bikereg.com](http://www.bikereg.com). Online registration ends Oct. 10, 2018. Race day sign up is available in person.

## SUNDAY/OCT. 14

**50+ Expo.** Noon-4 p.m. at the Silver Spring Civic Center in downtown Silver Spring. This annual expo is designed for older adults and their families free health screenings (glaucoma, blood pressure, bone density and balance), fitness classes, flu and pneumonia vaccines, door prizes and entertainment for older adults and their families. Dozens of exhibitors — including government agencies, nonprofits and local businesses — will provide giveaways and helpful information. Free. Visit [www.thebeaconnewspapers.com](http://www.thebeaconnewspapers.com).

**Waltz Dance.** 2:45-3:30 waltz workshop; 3:30-6 p.m. dance at the Bumper Car Pavillion at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Featuring the ensemble Some Assembly with a mix of folk waltzes with a few other couple dances, including Hambo, Schottische, Swing, Tango, and Polka. Admission is \$13. No partner required. Call Joan Koury at 202-238-0230 or Glen Echo Park at 301-634-2222, go to [www.WaltzTimeDances.org](http://www.WaltzTimeDances.org) or e-mail [info@WaltzTimeDances.org](mailto:info@WaltzTimeDances.org).

## MONDAY/OCT. 15

**The Stitching Club.** 4:30 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Join other stitchers and share ideas while working on individual needle craft projects, bring personal supplies. For ages 8 and up. All skill levels welcome. Meets once a month. No registration required. Free. Call 240-777-0694.

**Anthem & Boss Company.** 7:30 p.m. at Saint Mark Presbyterian Church, 10701 Old Georgetown Road,



COURTESY OF BETHESDA ROW ARTS FESTIVAL

Street shot of Bethesda Row Arts Festival

## Bethesda Arts Festival

The 21st Annual Bethesda Row Arts Festival, one of the region's premier arts festivals, brings together 190 national artists in a free outdoor art gallery. There are many local artists selected by the jury participating in this event. Saturday, Oct. 13, 11 a.m.-6 p.m.; Sunday, Oct. 14, 10 a.m.-5 p.m. at Bethesda Row, 4841 Bethesda Ave., Bethesda. Free. Call 301-637-5684 or visit [www.bethesdarowarts.org](http://www.bethesdarowarts.org) for more.

Rockville. There's a buzz in the string world (in a good way!) about carbon fiber instruments. Two local groups feature these instruments: an all carbon-fiber version of Anthem String Quartet (performing a variety of classical, pop, tango, Celtic and more), and Boss Company, a self-described "gypsy noir" band, led by Carol Anne Bosco on her Luis & Clark cello. \$20 advance, \$25 door; students and children: \$15 advance, \$20 door. Visit [www.imtfolk.org](http://www.imtfolk.org) or call 301-960-3655.

## OCT. 15-25

**Autumn Adoption Fest.** Montgomery County Animal Services and Adoption Center, 7315 Muncaster Mill Road, Derwood. MCASAC will offer no-cost adoptions to encourage the public to adopt homeless pets and make room at the shelter for new arrivals needing placement. After a summer of high animal intakes,

largely the result of multiple hoarding cases investigated by the Division, MCASAC has a wide-variety of pets ready to go to a new home. Visit [montgomerycountymd.gov/asd](http://montgomerycountymd.gov/asd).

## TUESDAY/OCT. 16

**Read to a Dog.** 4:30-5:30 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Every first and third Tuesday of the month, school-age children, especially beginners learning to read and those who want to improve their confidence in reading skills, are invited to practice reading aloud in short (10-15 minute) semi-private sessions with a certified therapy dog. First-come, first-served. No registration required; no younger siblings. Free. Call 240-777-0694.

## WEDNESDAY/OCT. 17

**Halloween Slime.** 4-5 p.m. at

Potomac Library, 10101 Glenolden Drive, Potomac. Get into the spirit of Halloween by making some ooey-goey slime. All supplies will be provided; open to children 8 years of age and older. Free. Call 240-777-0690 or visit [www.montgomerycountymd.gov/library](http://www.montgomerycountymd.gov/library).

## THURSDAY/OCT. 18

**Beale Street Puppet's Halloween Hijinx.** 10:30 a.m. at Potomac Library, 10101 Glenolden Drive, Potomac. A Spooktacular Spectacle of Ghostly Girls, Vinnie Vampire and His All Bats Trio, Napoleon Bone-A-Part, and the Library's very own Tap Dancing Pumpkin Man. No goosebumps needed — this show is silly rather than scary. For all ages. Free. Call 240-777-0690 or visit [montgomerycountymd.gov/library/branches/potomac.html](http://montgomerycountymd.gov/library/branches/potomac.html).

## SATURDAY/OCT. 20

**Heritage Harvest Festival.** Noon-4 p.m. at locations throughout the Montgomery County Agricultural Reserve. Celebrate autumn and the fall harvest in the Montgomery County Agricultural Reserve. Family activities will include farm tours, markets, crafts for kids, adorable farm animals, historic structures, and food for sale. Free admission. Visit [HeritageMontgomery.org/heritage-harvest/](http://HeritageMontgomery.org/heritage-harvest/) or call 301-515-0753.

**"10 Photographs: A Secret About A Secret."** 7-10 p.m. at Photoworks in Glen Echo. The event will include a casual buffet dinner, musical entertainment, and a silent auction. Sarah Gordon, independent curator and lecturer, will speak on the use of boxed collections by master photographers. Each guest will receive a boxed collection of work by Photoworks photographers. Tickets are \$100 for one or \$150 for two at [glenechophotoworks.org/10-photos](http://glenechophotoworks.org/10-photos).

## SUNDAY/OCT. 21

**Fire Department Open House.** 10 a.m.-3 p.m. at 8001 River Road, Bethesda. The Department will host its annual Open House with a day of activities that will appeal to all ages and interests. Check the station's electronic sign or Facebook page for additional information. Visit [www.cjpvfd.com](http://www.cjpvfd.com).

**Waltz Dance.** 2:45-3:30 waltz workshop; 3:30-6 p.m. dance at the Bumper Car Pavillion at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Featuring the ensemble Rhapsody with a mix of folk waltzes with a few other couple dances, including Hambo, Schottische, Swing, Tango, and Polka. Admission is \$13. No partner required. Visit [WaltzTimeDances.org](http://WaltzTimeDances.org).

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## SPORTS

## Bulldogs beat Wootton, remain undefeated.



Allison Jacobs



Lucia Alem



Lizzie Hsu

PHOTOS BY JON ROETMAN/THE ALMANAC

# Saving Churchill in Shootout

BY JON ROETMAN  
THE ALMANAC

The Churchill field hockey program has experienced plenty of intense situations during recent seasons, including winning back-to-back to 4A South region championships and reaching the 2016 state final.

Facing rival Wootton on Monday, it was a confident sophomore goalkeeper and a “frazzled” junior captain that helped rescue the undefeated Bulldogs from another pressure cooker.

Lucia Alem scored the go-ahead goal during the fourth round of a best-of-five penalty shootout and goalkeeper Allison Jacobs thwarted Wootton’s fifth and final attempt to give Churchill a 3-2 victory on Oct. 8 at Wootton High School.

Churchill improved to 8-0 in 2018. The Bulldogs have not lost a regular season game since falling to the Patriots, 3-0, at Wootton High School on Sept. 30, 2015.

On Monday, Churchill appeared on its way to a 2-1 victory in regulation, thanks to a pair of goals from senior forward Lizzie Hsu. However, Wootton earned a penalty corner as time expired in the second half and senior captain Kayla Hill capitalized with a goal to force overtime.

“I got frustrated,” said Jacobs, who is in her first season as Churchill’s varsity goalie. “It would have been a lot easier to just go off that 2-1 win at the end of regulation. But at the same time, that’s what kept me going.”

After neither team scored during a pair of 10-minute overtime periods, the game went to a best-of-five penalty shootout. Offensive players started 25 yards away and had 10 seconds to score, a different format than the penalty strokes used in previous seasons.

After allowing the game-tying goal in regulation, Jacobs made two clutch saves during the shootout, including the game-winner in the fifth round, when she cut off her opponent’s path to the goal and cleared the ball with her foot.

Jacobs was credited with 10 saves on the evening.

“She’s very tenacious and aggressive in a good way,” Churchill head coach Cay Miller said about Jacobs. “She’s not one to sit back and let things happen. She goes out and stops them from happening.”

Alem put Jacobs in a position to make the game-winning save by giving the Bull-

dogs the lead in the shootout. With the score tied at 2 in the fourth round, onlookers watched No. 16 appear to calmly work her way toward the goal, make a move to her right and knock the ball against the bottom board.

But things weren’t so calm under the surface.

Alem was nervous. She had practiced 1-on-1 shootouts against Jacobs but was out with an injury when the team practiced shootout techniques during the preseason.

“I was kind of frazzled,” said Alem, a third-year varsity player and team captain. “That was my first time doing shootouts ... and I was injured when we were practicing them. ... It’s pretty tough going in front of a huge goalie. It’s 1v1, so you have everybody’s eyes on you. ... I was a little frazzled, but I kind of just went for it. ... I go in and then I see the goalie and I was like, I’ve got to do something. I can’t just dribble into her, so I did the pull right.”

Churchill senior captain Alex Sperling and sophomore Natalie Heshmat also converted their attempts during the shootout.

The Bulldogs have the potential to make another deep postseason run under Miller, who took over as Churchill head coach in 2010. After finishing region runner-up in 2011 and making multiple trips to the region semifinals, Churchill broke through with a region championship in 2016. The Bulldogs beat Springbrook in the state semifinals and reached the state championship game for the first time in more than 30 years before falling to South River.

The Bulldogs repeated as region champs in 2017 before losing to South River in the state semifinals.

“I definitely feel like we do have a little bit of a target on our back,” Hsu said, “but everybody in Montgomery County, all of their teams are really, really well respected, they are all really great teams, so we know to never go into a game overconfident. We know that we need to bring our all because we know they will bring their all.”

Churchill is scheduled to host Springbrook at 5:15 p.m. on Wednesday, Oct. 10 and travel to face Wheaton at 4:30 p.m. on Friday, Oct. 12.

“It’s been a lot of hard work and it has been a challenge not to take things for granted,” Miller said. “That the success of one season does not mean that the next season is going to be successful. Each new season, it is important for us to look at with the perspective of earning every win.”



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## News I Know Now – And You Do, Too



By KENNETH B. LOURIE

Stay the course. Meaning, to write short a long story: same three week chemotherapy interval, same medicine/dosage, same quarterly scan to be followed up by usual and customary same post-scan appointment nine days later with my same diagnosis-to-date oncologist.

The reason being, to lengthen a short paragraph: the tumors that had slowly progressed – which at some point, generally speaking, was not totally unexpected, given the underlying diagnosis, and which had precipitated the most recent series of columns exploring my anxiety concerning tumor growth after five-plus years of mostly “stable” CT scan results – have once again been stabilized.

My doctor’s thinking/hope is that returning me to the more aggressive/frequent treatment interval: three weeks between chemotherapy infusions versus the previous seven-week infusion intervals, might have nipped the previous growth in the bud; not enough medicine and too infrequently administered. However, just a theory because I did have a tumor, previously noted radiologically but mostly off the radar that has grown significantly.

But the doctors can’t say with any certainty if this ‘significant’ growth occurred during the preceding months when my treatment interval had been extended to seven weeks or had it grown during the most recent seven weeks when I had three separate infusions and thus had actually stopped the growth as compared to the October 2017 scan referenced by the radiologist.

Not knowing definitively which scenario was correct, and rather than switch off the horse that we rode in on so successfully, we decided to commit to another familiar quarter of alimta every three weeks, etc., and re-assess in 12 weeks when my next typically/regularly scheduled CT scan will occur. Then we can re-evaluate our options.

If in the interim however, I feel this newly acknowledged tumor growing, and given its location directly under my Adam’s Apple, it’s likely I will feel/see something unlike I would with any of the other tumors located throughout my lungs, I will, as they say, alert the authorities.

To be clear – as clear as layman Kenny can be after hearing an oncologist’s answer to one of Kenny’s muddled what-if cancer questions – this currently focused-on tumor does not represent “spread” movement in non-medical terms. And movement/“spread” in the cancer-patient’s world is not good. So far as I understand anyway.

However thankful I am that this tumor’s appearance doesn’t indicate ‘spread,’ its growth is nonetheless concerning. Unfortunately, for our sanity, the best course of action, all things considered, per Friday’s appointment/discussion/agreed-on strategy going forward, is to wait and see.

Hardly ideal. But in the cancer treatment business, there is some reactive rather than proactive pursuits.

As much as I want and expect my oncologist to know answers/outcomes in advance, he doesn’t/just can’t. Cancer is in control and what it decides to do is anybody’s guess. For my oncologist, it’s an educated guess. For the patient (yours truly, anyway), it’s not a guess, it’s a hope and a prayer.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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