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# Alexandria Gazette Packet

25 CENTS

OCTOBER 18, 2018

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PHOTO BY JAMES CULLUM/GAZETTE PACKET

**Enjoy the Tour**  
Deck hand Chandin Consoer welcomes visitors to the Godspeed. The replica ship from the Jamestown Settlement docked in Alexandria over the weekend. More photos, page 27.

## ‘Highest and Best Uses’

**Council approves year-round uses at Cameron Run Park**

BY DAN BRENDEN  
GAZETTE PACKET

City Council approved a lease on Saturday, Oct. 13, requiring expanded year-round public uses at Cameron Run Regional Park. Cameron Run currently offers a variety of recreation activities, mostly geared toward warm-weather use, such as a waterpark, miniature golf and batting cages. NOVA Parks, the regional park authority, leases the property from the city. With that lease expiring in June 2021, the city set out in 2016 to determine the “highest and best uses” of the property going into the future. Saturday’s decision concluded that process, at least for the time being, granting a lease extension to NOVA Parks through 2028. The new lease will include several adjustments, following priorities gleaned from a prior public engagement process. The new lease will reduce the area under the park authority’s control, reverting about 13 acres, including Lake Cook, to city control. The city will turn that

area into public open space and a resource protection area. Cameron Run’s aquatics facility will now include community lap swimming and swimming classes. The city will install a portable turf field in the parking lot for community use and revenue generation during colder months. And NOVA parks will run a “winter village,” including an ice skating rink, rides and lighting, between November and January. For the most part, the decision received wide support. Although at a meeting earlier in the week, Councilman Paul Smedberg said: “Clearly, in its current state, this is nowhere near its best use, given all the city needs, the school needs, everything.” The city and NOVA Parks may re-envision Cameron Run’s longer-term use at a future date. “How do we envision this site in relation to what the development opportunities will be in the Eisenhower Corridor? Those would be open discussions with NOVA Parks. ... There is room on the site to add other potential, large capital items,” such as “an indoor recreation facility,” said Jack Browand of the city’s recreation department. A later process to determine long-term uses needs to be “memorialized” with a line item for “planning money” somewhere in the city’s 10-year Capital Improvement Program, said City Manager Mark Jinks.

## Illuminating Case?

**Controversy about lights illustrates dissatisfaction with public process.**

BY DAN BRENDEN  
GAZETTE PACKET

City Council passed a zoning ordinance amendment relating to the height of light poles, controversial both in its content and in the degree of public vetting, on Saturday, Oct. 13. For so-called congregate recreational facilities, the change would allow light poles up to 80-feet tall, subsequent to review and approval through the Special Use Permit (SUP) process. Such facilities include, for example, athletic fields, tennis courts and dog parks. Putting a light higher in the sky steepens the angle of illumination relative to the ground, thereby helping to contain that illumina-

tion. The intended purpose is that “the impact to adjacent properties is significantly reduced,” said planning and zoning’s Bill Cook. The new language requires an SUP applicant to “demonstrate that the increased pole height will mitigate the impacts of lights in terms of spillage and glare.” The proposal drew mixed responses, both from city residents and council members. Some opposed the amendment, worrying taller lights might adversely affect the quality of life in adjacent residential areas. More than that, though, dissenters exemplified a broader tension between city government and residents who feel circumvented or dismissed. “This text amendment is a fast-SEE MIXED, PAGE 24

## ‘Short-Term Pain’

**City begins planning for next summer’s citywide Metro station shutdown.**

BY DAN BRENDEN  
GAZETTE PACKET

In preparation for next summer’s Metrorail shutdown, city staff has begun considering both mitigation options for commuters and potential opportunities to piggyback other accelerated capital projects.

For three months in 2019, between Memorial Day and Labor Day, Alexandria’s four Metro stations — Van Dorn, King Street, Eisenhower and Braddock Road — will close for major repairs and upgrades. All Blue Line and Yellow Line traffic from and through the citySEE PLANNING FOR, PAGE 24

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PHOTO BY JAMES CULLUM/GAZETTE PACKET

The Alexandria Health Department hands out surveys at the Leonard “Chick” Armstrong Recreation Center on Saturday.

## How Healthy Is Alexandria?

A community survey assessing the healthiness of the port city closes on Oct. 28.

BY JAMES CULLUM  
GAZETTE PACKET

What are the most pressing health issues in Alexandria? So far, thousands of respondents have filled out detailed anonymous surveys by the Alexandria Health Department at over 20 pop-ups outside of grocery stores, recreation centers and libraries. The survey asks about race, age, level of education, annual household income, where one goes to receive health care and what are the city’s greatest health challenges. It’s part of an effort launched in the spring by the department to create a community health assessment for the city. “We can’t just have the health department making these really crucial decisions alone. We really want public input so that we know what their priorities are,” said Health Department Planner Natalie Talis, who encouraged city residents to fill out the survey at the free health fair at the Leonard “Chick” Armstrong Recreation Center on Saturday. “One of Alexandria’s biggest health challenges is the significant difference in how health issues present themselves depending on whether you are white, black, Hispanic, what zip code you

live in, what neighborhood, your age or income level, your education level, so, really, we’re trying to suck out those disparities and help develop targeted programs that help people.”

The results of the survey, which closes on Oct. 28, will be discussed at a free breakfast at George Washington Middle School at 9:30 a.m. Attendees will be asked to split into groups to develop solutions to newly revealed concerns. Then, the department will spend the next several months identifying health priorities and writing a community health assessment report, which will be released in draft form to the public next June. The document is intended to be a blueprint for public officials on health-related prioritization and planning.

“Our partners in education, the business community, local non-profits, faith-based organizations and government agencies have been crucial in this community health assessment process,” said Dr. Stephen Haering, director of Alexandria Health Department. “We look forward to working with our community stakeholders on examining, prioritizing, and developing solutions for Alexandria’s most pressing health challenges.”

The survey can be found at [livehealthynova.org](http://livehealthynova.org).

## ‘Solving a Problem’ — Or ‘Punting’?

City, public housing leaders continue grappling with Resolution 830 overhaul.

BY DAN BRENDEN  
GAZETTE PACKET

City and housing authority officials encountered familiar stumbling blocks, but also achieved some modest progress, in an initial joint review on Thursday, Oct. 11 of a draft revised bilateral agreement.

In 1981, the city government and the Alexandria Redevelopment and Housing Authority (ARHA), which administers federal housing programs locally, agreed not to diminish the stock of 1,150 public housing units existing at that time. The joint agreement, established in Resolution 830, requires, among things, that any demolished public housing must be “replaced by an equal number of either conventional public housing units, or any equal number of publicly assisted housing units.” The latter must be “substantially equivalent to the units be replaced.” But the two entities’ interpretations of what substantial equivalence means have diverged over the years.

In the past, the city tended to think of substantially equivalent one-for-one replacement in terms of affordability at given income levels. By contrast, ARHA tended to think of the provision more in terms of the number of units than of hard-and-fast levels of affordability. The latter view would grant ARHA the flexibility to redevelop units with rents targeted at higher income families. ARHA leaders have long said that they need this flexibility in order to ensure sustainable building operations in a world full of political and market uncertainties. They can’t commit today to replace units tomorrow at the same extremely low rent units, if those low rents won’t cover debt service in tomorrow’s financing and HUD subsidy environment.

Through a process formally underway since January, city and ARHA staff, as well as other community stakeholders, have labored

to reconcile these diverging views. The fruits of that process to date consist in the draft proposal that made its public debut last week.

What Vice Mayor Justin Wilson called the draft’s “money paragraph” is a replacement of the old substantial equivalence language with new language, saying: “The size and affordability levels of replacement units shall be responsive to local market demand and the housing needs of existing ARHA households immediately impacted by the proposed redevelopment.”

This language doesn’t guarantee affordability levels in perpetuity. Nor does it constitute a “right-to-return” policy,” according to the staff presentation. Rather, it memorializes, at least in part, ARHA’s stated need to maintain “flexibility in its financing structure,” said Helen McIlvaine, the city’s housing director.

“I’ve been preaching all along ..., we need flexibility so we can have sustainability,” said ARHA CEO Keith Pettigrew.

The housing authority’s trepidation lay “in the variables we don’t control,” such as changes in federal housing policy, said Daniel Bauman, who chairs ARHA’s governing board.

Other cautioned that the proposed draft merely poured the resolution’s prior vagueness into a new wineskin.

It “seems like that’s going to be terribly subjective,” said Wilson. “Are we solving a problem if we adopt this language? Or are we ... punting to a project-by-project fight that we’re going to continue have on the unit math?”

“We’re going to rehash that conversation every time,” agreed Councilman John Chapman.

However, officials achieved agreement in two areas of the proposed revision, which represent marked changes compared to the older version.

First, council members sug

“Are we solving a problem if we adopt this language?”

— Vice Mayor Justin Wilson

## State Police Investigate Possible Abduction

At approximately 12:15 p.m., Oct. 15, Virginia State Police was alerted that a vehicle involved in a possible abduction was traveling on Interstate 495 westbound near Alexandria.

The incident began when two women voluntarily got into a sedan driven by a known male subject. The female passengers asked to be let out of the vehicle and the male subject continued to drive.

A trooper on patrol in area of I-495 west and Van Dorn Street observed the vehicle as it took the ramp to Interstate 395 northbound and activated his emer-

gency equipment in an attempt to initiate a traffic stop. The driver refused to stop and a pursuit was initiated. The vehicle exited onto King Street and turned into a residential area where the driver exited the vehicle and fled on foot, leaving the car and two passengers inside it.

The Alexandria Police Department assisted in a search for the driver, but he was not located. No one was injured during the incident. There is no threat to the public at this time. The incident remains under investigation.

## NEWS

# Council Approves TC Stadium Lights

City Council approved upgrades to the Parker-Gray Memorial Stadium at T.C. Williams High School, including the addition of field lighting, on Saturday, Oct. 13.

After eight hours of public comment and deliberation, council voted six to one in favor, with Mayor Allison Silberberg voting no. Stadium upgrades include the addition of an eighth lane of track; replacement of the artificial turf; the addition of restrooms; a new concession stand; a ticket booth; replacement and relocation of the scoreboard; egress safety lighting; a new press box; an upgraded sound system; and field lighting.

The new lighting has been a controversial topic, largely due to a commitment from city government to neighbors not to install field lighting, put in writing in 2004. Several residents believe the city now isn't honoring its commitment.

In the preceding vote on Saturday, council also amended the zoning ordinance to allow higher light poles at the stadium, as well as at other "congregate recreational facilities" citywide. This amendment also drew controversy, as certain residents felt the city government had not adequately engaged them during the planning process.

On Thursday, Oct. 11, the School Board passed a resolution "committed to mitigating the impact of the Parker-Gray stadium on neighbors." Measures include, among others, a "permanent forum" to resolve future disputes between the high school and neighboring residents; a "community liaison" on call 24/7 "to address community concerns;" and rules restricting use of the stadium's sound system.

Work on upgrading the stadium is expected to begin in spring 2019 and take seven months to complete.

## Solving a Problem?

FROM PAGE 3

gested that the housing authority, if it can't commit to affordably parameters in a blanket policy, at least propose an overall long-term vision for its property portfolio. Housing authority leadership received the suggestion favorably.

"I would feel more comfortable about flexibility on an individual project if we had all bought into, here's where we're going generally, as it relates to the portfolio," said Wilson. "The individual puts-and-takes on a project won't panic everyone, because we say, well, we're still headed to this vision."

Second, the draft revision requires a "Housing Plan" as a prerequisite for the redevelopment of any applicable properties.

As "part of the initial DSUP filing," the Housing Plan "will give

a lot more certainty to what is being proposed" in terms of, for example, number of units, bedroom mix, affordability levels, said McIlvaine. It'll also provide more certainty "with regard to the [tenant] relocation sites." Additionally, the Housing Plan will inform the city of ARHA's intentions "much earlier on" than in past cases. That way, "if it's not something that is either acceptable or where resources are needed, it gives us a chance to be a partner in the solution."

For more information, visit follow the "ARHA Redevelopment Projects" link at [www.alexandriava.gov/Housing](http://www.alexandriava.gov/Housing).

The author represented the Alexandria Housing Affordability Advisory Committee on the city's Resolution 830 Working Group earlier this year.

## BULLETIN BOARD

### WEDNESDAY/NOV. 7

**FAFSA Completion Workshop.** 4-7:30 p.m. at T.C. Williams High School, Room C-206, 3330 King St. All T.C. Williams High School seniors and their families are invited to the Scholarship Fund of Alexandria's FAFSA Completion Workshop. Every senior should fill out the FAFSA (Free Application for Federal Student Aid) to qualify for money for college from the federal government, the state of Virginia, and colleges. Drop by anytime between 4 and 7:30 p.m. for a free McDonald's chicken sandwich and to complete the FAFSA in about 45 minutes. Contact the Scholarship Fund of Alexandria's Director of College Advising, Margaret Feldman,

at [margaret.feldman@acps.k12.va.us](mailto:margaret.feldman@acps.k12.va.us) or 703-824-6730. Additionally, if you have any questions about how citizenship status may impact FAFSA eligibility, contact Ms. Feldman for a confidential conversation. Interpretation services will be provided with online registration: [bit.ly/Oct3FACE](http://bit.ly/Oct3FACE).

**Census Counts Deadline.** 5 p.m. As part of the City of Alexandria's planning to promote an accurate count of the city's population in the 2020 U.S. Census, residents are encouraged to apply to join the Alexandria Complete Count Committee. The deadline to submit an application is 5 p.m. on Nov. 7. Visit [alexandriava.gov/Census2020](http://alexandriava.gov/Census2020).



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# NEWS

## The Power Of Pink

More than 700 participants joined together for the third annual Walk to Bust Cancer Oct. 14 at Fort Hunt Park, raising \$80,000 for the National Breast Center Foundation to help uninsured and underinsured women get breast cancer screenings and treatment. From left are Martha Carucci, executive director of the National Breast Center Foundation and walk organizer (holding Julia Saunders); breast cancer survivor Aleseia Saunders; Dr. David Weintritt, founder, National Breast Center and Foundation; and Alexandria Mayor Allison Silberberg. See [www.nationalbreastcenter.com](http://www.nationalbreastcenter.com).



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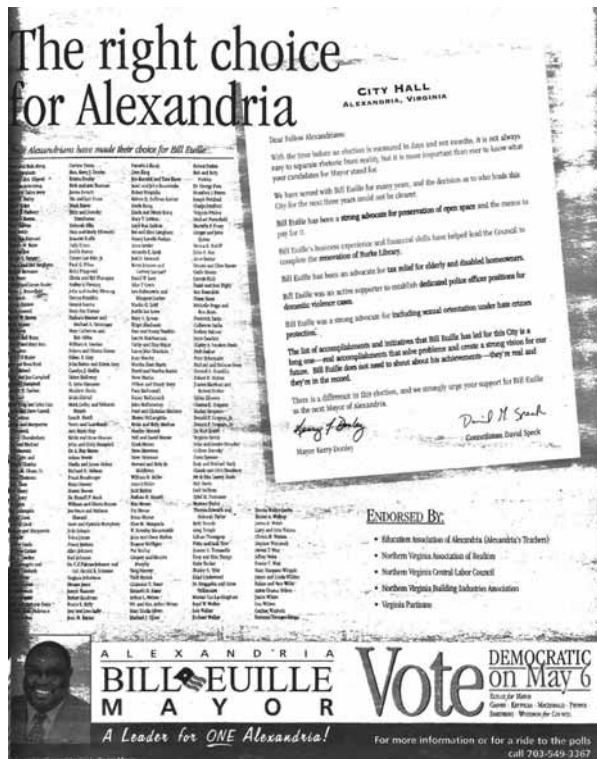
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# City Council Supergroup Assembles

Agenda Alexandria to convene panel of former council members at Lyceum.



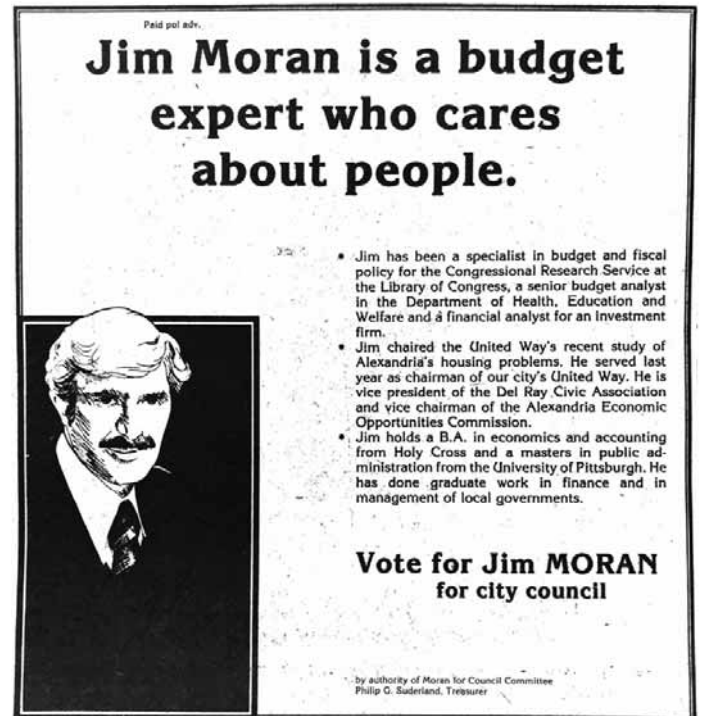
A 2003 political ad for Bill Euille.

Seven former members of the Alexandria City Council will participate in a panel discussion next week at the Lyceum, a wide-ranging discussion hosted by Agenda Alexandria that will include everything from a walk down Memory Lane to a discussion of the challenges confronting the next council.

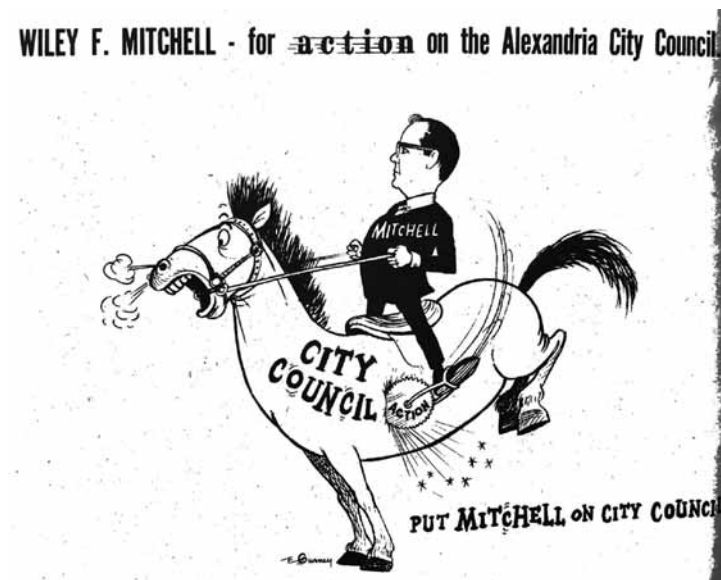
Participants include:

- ❖ Jim Moran, who was first elected in 1979 and served 10 years on the council (five years as mayor);
- ❖ Bill Euille, who was first elected in 1994 and served 22 years on the council (13 years as mayor);
- ❖ Wiley Mitchell, who was first elected in 1967 and served nine years on the council;
- ❖ David Speck, who was first elected 1991 and served 10 years on the council;
- ❖ Lonnie Rich, who was first elected in 1991 and served nine years on the council;
- ❖ Carlyle Ring, who was first elected in 1979 and served nine years on the council;
- ❖ Frank Fannon, who was first elected in 2009 and served three years on the council.

The Agenda Alexandria program will happen Oct. 22 at the Lyceum, 201 South Washington St. in Old Town. The program starts at 7:15 p.m. Come as early as 6:45 p.m. for a pre-program reception and time to view Alexandria's history museum. An optional dinner, will be held from 6 p.m. to 6:45 p.m., prices starting at \$32 for members with advanced reservations.



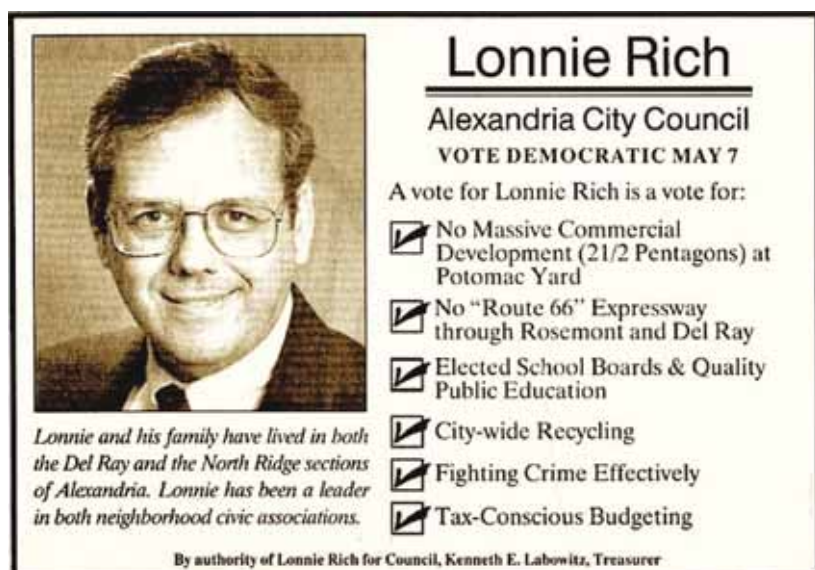
A 1979 political ad for Jim Moran.



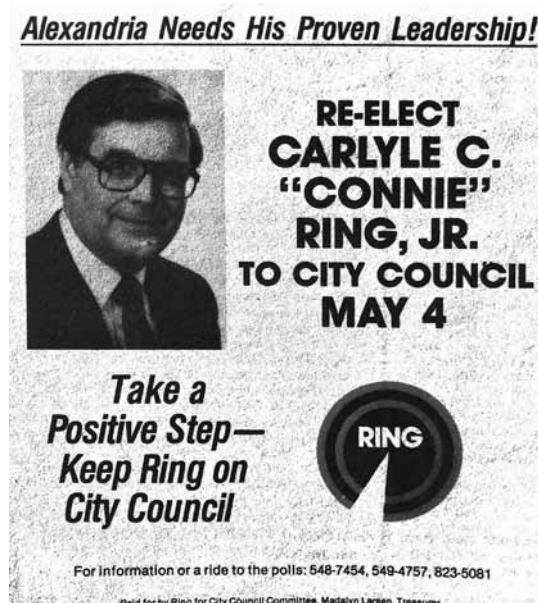
A 1967 political ad for Wiley Mitchell



A 1991 political ad for David Speck.



A 1991 political ad for Lonnie Rich



A 1982 political ad for Connie Ring.



A 2012 political ad for Frank Fannon.

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## NEWS

# FitOne On the Move

**New location open on Cameron Street.**

BY JEANNE THEISMANN  
GAZETTE PACKET

**F**itOne, a woman-owned personal training studio, celebrated a grand reopening Oct. 6 at its new location at 319 Cameron St. Caity Davis and Jill Stump founded the company in 1999 with a studio originally located on N. St. Asaph St.

"At FitOne, we offer highly individualized training programs for everyone from exercise amateurs to fitness fanatics," Davis said. "We're results-oriented and help our clients achieve lifelong, injury-free fitness, using the latest and most effective training techniques and programs."

Mayor Allison Silberberg joined Davis and Stump in the ribbon cutting ceremony at the new studio, which is located in an 1850s townhome. Davis and Stump spent several months renovating the space to suit the fitness industry and opened its doors in May.

"The grand reopening was truly a success and the energy really showed what FitOne is all about," said Davis. "We have created an atmosphere where people can come together to evolve their fitness and be their best selves."

See [www.fitonestudio.com](http://www.fitonestudio.com)



PHOTO CONTRIBUTED

**Mayor Allison Silberberg, right, joins FitOne owners Caity Davis and Jill Stump Oct. 6 at the grand opening of their new location at 319 Cameron St.**



PHOTO BY RU TOYAMA

**The 11th annual Taste For Giving will be held Oct. 19 at the U.S. Patent and Trademark Office. The event raises funds to benefit more than 50 local nonprofits. Shown at last year's event are Casey Lindsey, Mayor Allison Silberberg, auctioneer Gant Redmon and 2017 Rotary president Mike Wicks.**

# Taste For Giving Oct. 19

**Rotary event to raise funds for local nonprofits.**

BY JEANNE THEISMANN  
GAZETTE PACKET

**T**he Rotary Club of Alexandria will hold its annual Taste For Giving gala Oct. 19 benefitting more than 50 local nonprofits from across the city.

"This is our 11th Annual Taste for Giving event," said Rotary President Paul Anderson. "It is the principal fundraising event of our Rotary Year and is recognized as a signature event in Alexandria and in Northern Virginia." Last year's Taste For Giving raised more than \$80,000, all which went directly to local

nonprofits through a Rotary grant application process. "Volunteers from charity beneficiaries will join members of our 117-person Rotary Club to put on a singular event at the U.S. Patent and Trademark Office," Anderson said. "We will have a variety of food provided by our restaurant sponsors, a raffle and live and silent auctions. Our Rotarians have been working on this event since April to ensure that Oct. 19th will be a night to remember."

The Taste For Giving will be held at the U.S. Patent and Trademark Office on Oct. 19 from 7-10 p.m. Tickets are available at the door or online at [www.rotaryclubofalexandria.net](http://www.rotaryclubofalexandria.net).

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# OPINION

## Market Effects on Today's Recycling

### Residents asked to attend WasteSmart Open House.

BY YON LAMBERT  
DIRECTOR OF TRANSPORTATION  
AND ENVIRONMENTAL SERVICES  
CITY OF ALEXANDRIA

**T**he global recycling market is facing challenges. Recyclables are commodities, and their value fluctuates over time. Recycling of some materials, such as glass, has often become more expensive than disposing of it through a waste-to-energy facility or a landfill.

In Alexandria, our record-high recycling rate demonstrates the commitment our government

and our community have to recycling. It is frustrating when we hear that glass collected for recycling by our contractors ends up in landfills instead.

We are reluctant to discourage residents and businesses from placing glass in recycling bins, both because we don't want to upset decades of improving recycling habits and because we are still hopeful that a new glass processing facility could enter the market.

The City is working to address these and other resource recovery issues as part of our update of the Environmental Action Plan and the WasteSmart Strategic Plan, a roadmap that will guide the City's refuse, recycling, and organics collection for the next 20 years.

The City is actively monitoring the market for a viable option to recycle glass and working with our neighbors to propose and advo-

cate for innovative solutions.

We are planning to launch glass drop-off centers across Alexandria this fiscal year to provide an option to recover and recycle glass. We will also continue education efforts to strengthen communication with the community.

**COMMENTARY** Finally, WasteSmart will work to recover our resources in a way that considers social benefits, economics, and the environment.

The City needs your input to create a strong plan.

We invite you to provide feedback at our WasteSmart Open House at City Hall on Oct. 18, at 7 p.m., and further discuss these issues and the future of Alexandria's sustainable waste management. For more information on WasteSmart, please visit alexandriava.gov/WasteSmart.

### LETTERS TO THE EDITOR

#### Deplorable Attitude

To the Editor:

Regarding the Planning Commission's approving the lights for the T.C. Williams football stadium, I take exception to the statement of Mary Lyman (the chair of the commission) that "a condition in an SUP (Special Use Permit) is not a promise." This is a deplorable attitude. Even in a city that has no clearly stated or enforceable ethical standards, an SUP has always been interpreted by the citizens as a promise to be kept. If it is not a binding document, why bother to create it?

The original promise to not have lights at TC was made in the 1960s to the African American residents whose property was seized through eminent domain in order to build this school. Over the

years, this promise has been reiterated by city officials, to include the former Mayor Bill Euille. However, unless the City Council alters the Planning Commission's recommendation to erect lights in the T.C. Williams stadium, the inherent promise in the SUP will not be kept. Perhaps members of the new City Council will direct the Planning Commission to honor its pledges and agreements made in SUPs. Additionally, it may be time to replace this group with members who are mindful of whom they should serve.

**Townsend A. "Van" Van Fleet**  
Alexandria

#### Re-establish Trust

To the Editor:

I watched the public hearing on

modernization of the Parker-Gray Memorial Stadium at the City of Alexandria's only high school. Earlier promises with adjacent property owners to not install lighting at the stadium were disregarded. The speakers who opposed the scale of the modernization raised valid concerns regarding lighting (coverage and duration), increased noise, use by outside groups, parking and security. Several of the speakers are neighbors raised reoccurring issues of trust and broken promises. Those in favor of lighting suggested the lack of field lighting deprived students of facilities available at other public school districts. (Most private high schools do not have lighted fields)

I was surprised with the 6-1 vote. There were a number of studies that should have been done before the vote. The transportation and parking study should have

been updated and the noise study performed by the city should have included ambient noise before contracts are approved. However, the City Council wanted to expedite approval. The underlying issue is: do residents trust city officials and will staff implement the mitigation measures approved by the City Council. If the past is prologue, promises made will likely be later modified or waived due to project necessity or to save cost.

The City Council, city staff, Alexandria City Public Schools, and the Planning Commission should place a laser focus on citizen concerns and re-establish trust; e.g., Potomac Yard Metro, T.C. Williams stadium lights, plan, Karig Estate approval, Special Use Permit conditions.

**Dave Cavanaugh**  
Alexandria

SEE LETTERS, PAGE 11



PHOTOS BY LAURA MAE SUDDER

### Creatures, Great and Small

Blessing of Animals at Christ Church, 118 N. Washington St., on Sunday, Oct. 7.

## Alexandria Gazette Packet

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An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
Local Media Connection LLC

1606 King Street  
Alexandria, Virginia 22314

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The Alexandria Gazette Packet is distributed weekly to selected homes in the City of Alexandria. Any owners or occupants of premises that do not wish to receive the paper can notify the publisher by telephone at 703-778-9426 or by email to circulation@connectionnewspapers.com, and the distributor will be notified to discontinue service.



# LETTERS

FROM PAGE 10

## Ignoring Wetlands?

To the Editor:

*The following letter was sent to Tucker Smith, Chief, Northern Virginia Regulatory Section, Regulatory Branch, U.S. Army Corps of Engineers, Norfolk District.*

What is of great alarm to the many of us concerned with Alexandria's deliberately underhanded schemes for getting this Metro station built, not the least of which are their erroneous wetlands "assessments and delineations," is why haven't the federal and state regulatory agencies done their jobs, stepped in, and corrected this situation for the good of the whole community and the environment? Frankly, this whole PYMS [Potomac Yard Metro Station] permitting process is beginning to seem conspiratorial.

In a letter sent June 28, 2018 to the USACE [U.S. Army Corps of Engineers] and other regulatory agencies regarding the siting of the Potomac Yard Metro Station Alternative B staging area atop wetlands, the nature and status of the wetlands as irreplaceable, ancient tidal channel wetlands actively and contiguously connected to the tidal Potomac River was discussed:

"The wetlands Alexandria wishes to destroy are situated at the Alexandria-owned Potomac Greens Park and adjoining National Park Service land. These wetlands are functioning remnants of ancient freshwater tidal marsh and bottomland wetlands

that occur along both sides of the George Washington Memorial Parkway (GWMP) between Potomac Yard and Daingerfield Island. They remain connected to the tidal channel and Potomac River by large conduits below the GWMP, much the same as at Roaches Run Waterfowl Sanctuary opposite Gravelly Point to the north ... The wetlands and the diverse wildlife they support should be respected and preserved, not destroyed. They are also highly functioning features for maintaining water quality and biodiversity in the region."

Lots of folks know of these increasingly endangered federal and state tidal channel wetlands, and have for centuries now (if a multitude of historic maps, aerial photos, and literature are considered). NPS certainly knows of the active tidal channel on the west side of the GWMP because they were the ones to maintain and protect active tidal flow to them when the parkway was constructed atop the north and south ends of the tidal channel in 1929-1932. Yet, and not surprisingly, the city's Joint Permit Application to destroy the wetlands made no note of the presence of freshwater tidal wetlands at the Alternative B site. The city officially terms them all "non-tidal."

Why are the regulatory agencies allowing the city, with federal and state regulatory agencies copied on public communications, to continually perpetuate deliberate falsehoods and dishonest claims regarding the wetland impacts of proposed Alter

SEE LETTERS, PAGE 12


**WILLIAM HENRY**



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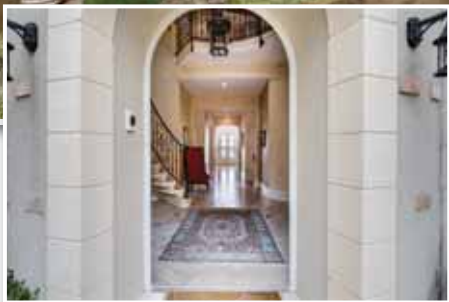




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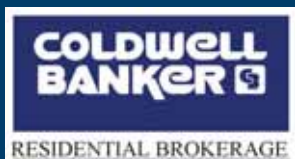
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# Neighborhood Health: Focusing on Whole Patient

BY STEVE HUNT  
NEIGHBORHOOD HEALTH

**M**any of you have heard of Neighborhood Health, the non-profit community health center serving more than 20,000 patients in Alexandria, Arlington and Fairfax County. What you may not know is that in addition to primary medical and dental care, behavioral health is treated as a vital part of patients' overall well-being.

## COMMENTARY

It begins when a patient walks through the door of any Neighborhood Health clinic and completes a universal screening assessment that can identify potential mental health concerns. Patients coming in for medical care can be

suffering from undiagnosed depression, anxiety, acute stress, trauma, adjustment to life transitions, ADHD, school-related behavior challenges, parenting difficulties and more.

In addition, it is not uncommon for people dealing with certain chronic conditions — especially diabetes — to be at a higher risk for depression. Assessments also screen for substance use issues, including drugs, alcohol and tobacco. All of these issues can be addressed with assistance from Neighborhood Health's licensed behavioral health clinicians.

Director of Behavioral Health Courtney Riggle-van Schagen is a Licensed Clinical Social Worker and has been recognized for outstanding service to survivors of domestic violence. "Almost everyone encounters a time in their life when accessing the ser-

vices of a behavioral health specialist can help them be healthier and more productive," she said.

By having patients complete their health assessment, underlying issues can be identified and discussed with their primary care provider who may introduce them to a behavioral health providers who is part of the same treatment team.

From there, patients have the opportunity to discuss their stressors or other concerns, and if desired, schedule regular appointments to cooperatively develop a plan of action and follow up on their progress regularly. Riggle-van Schagen pointed out that she and the other Neighborhood Health counselors are well aware of and sensitive to the stigma that patients face when seeking mental health treatment, and that among of the benefits of receiving services

at one of their facilities is that they can receive the treatment in the same location as their medical or dental care, making services accessible and reducing the barriers that patients face as they take the initial steps toward improving their health.

After building trust with their primary care provider and overcoming their initial reluctance to seek mental health services, patients are put at ease by their behavioral health specialists, all of whom are licensed, and many of whom are bilingual, enabling them to communicate with patients whose first language is not English.

Through establishing long-term relationships between clinicians and patients and making it convenient to access services, Riggle-van Schagen explained that they are able to help those who initially say that they

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## LETTERS TO THE EDITOR

FROM PAGE 11

native B? Knowingly propagating false information of this significance becomes a case of taxpayer fraud — a very serious issue in its own right.

**C. Dara**  
Alexandria

## Late Public Disclosure

To the Editor:

There is something disturbing going on with the race for the Alexandria School Board in District A. According to very recently amended campaign finance reports, three years ago, incumbent School Board member Veronica Nolan received \$27,500 from the pro-charter school organization Leadership For Educational Equity. The disturbing part is that she failed to report the donation in her campaign finance reports for three years, until recently. Nolan, who reported \$40,000 in her campaign war chest in 2015, failed to disclose this additional amount of \$27,500 until Sept. 17 of this year.

Leadership for Educational Equity (LEE) used to be affiliated with the nonprofit

Teach for America, which is a nonprofit organization where yet another District A School Board candidate Chris Suarez, who recently moved to Alexandria, taught for two years early in his career. Suarez' campaign kickoff event was hosted by former District A School Board member Stephanie Kapsis. Kapsis, who has also endorsed Suarez, is now a managing director of pro-charter school organization KIPP DC.

The real questions, however, are why Nolan sat on such a large amount of money for so long, and what is her position regarding charter schools.

The Alexandria City School Board is not a place for people to play fast and loose with budgeting and financial requirements, nor is it a place for people to pad their resumes. It is a place to ensure that our students and families have proper stewardship of our schools and the very large budgets behind them. Let's elect honest politicians who play by the rules and run for office without ulterior motives; people who don't play games with the public's trust at any level of elected government.

If you live in District A, I suggest you consider Marc Solomon and Jacinta Greene for School Board. They are newcomers who are not caught up in these shenanigans. In District B, Jewelyn Cosgrove deserves your vote

and in District C, Meagan Alderton.

**Gail Gordon Donegan**  
Alexandria

**Activist Geri Baldwin**  
Alexandria

## Responsive To Digging

To the Editor:

I want to thank Mayor Allison Silberberg and Vice Mayor Justin Wilson for their quick response to my writing them about my concern about the sidewalk along the 400 block of Wilkes Street after contractors finished digging along the street and its sidewalk to place new gas pipe line and meters.

I was concerned that the sidewalk and all the brick which was removed would not be repaired or replaced until sometime next year.

It is dreadful and dangerous as well as unbearable to walk on with or without heels. The sidewalk has lumps of asphalt and dents in it — much like a path for dirt bikes. I'm concerned about what harm it may cause our seniors and disabled elderly.

Vice Mayor Wilson replied to me that Washington Gas has the obligation to restore the sidewalks back to their original condition when they are done and that re-

pairs are expected by Oct. 24.

## Personal Responsibility

To the Editor:

Michael Clinkscale is a Republican running for a seat on the City Council. Mr. Clinkscale takes a different and very constructive position toward helping the less fortunate in Alexandria. He believes that work is the answer to escaping poverty. I think Mr. Clinkscale would agree with President Franklin Roosevelt when Roosevelt said that "continued dependency upon relief induces spiritual and moral disintegration and is fundamentally destructive of the nation's fiber."

He wants to do away with subsidized housing and many government assistance programs.

At the same time Clinkscale wants to cut taxes and improve city schools by encouraging corporate sponsorship. He believes that if, with corporate or business involvement, the high school curriculum reflected

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# LETTERS

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more of the skills students need to get a good-paying job, students would graduate from high school with the skills corporations or workplaces needed. His focus is work, work so that people are responsible for their own lives, not dependent on others' doing for them.

He notes the myriad of programs to help poor people yet we still have poor people. It's not for a lack of money (although some would argue that money was the answer) but for a lack of personal responsibility or motivation.

I think Clinkscale's moral reasoning would add needed balance to the City Council and urge you to vote for him on Nov. 6.

**Linda Greenberg**  
Alexandria

## Fiscal Responsibility

To the Editor:


Homeowners, small business owners, parents, elderly, and youth will have a champion for their concerns if Kevin Dunne is elected to City Council on Nov. 6.

Kevin has spent the last year lis-

tening to Alexandria's civic associations and has heard many stories of the city's current leadership (elected and unelected) and their failure to align their actions with the voiced wishes of the electorate. He has heard the concerns of homeowners who fear that rising taxes will force elderly, long-time citizens to leave the city. He has met with over 100 small business owners in Alexandria and heard about the disincentives that exist for keeping these important employers located in Alexandria. And he has heard parents' concerns that untethered multi-family housing development has resulted in overcrowded and under-performing schools. Still in his twenties, he knows that the future is at stake in the decisions that will be made by our council. He wants youth to have a reasonable voice to represent them and ensure our future city is livable, rather than saddle them with daunting levels of city debt.

Kevin promotes the concept of increasing personal financial independence and dignity with new vocational training programs, reducing financial dependence on taxpayer-subsidized programs. This view has earned him the en-

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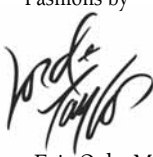


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# LETTERS

FROM PAGE 13

dorsement of the Keystone + Mountain + Lakes Regional Council of Carpenters, a group that represents carpenters in Virginia, West Virginia, and Pennsylvania, and recruits T.C. Williams students.

Kevin supports residential and commercial growth for Alexandria if it is smart, rather than haphazard growth with “surprising” associated, unfunded costs. He has attended many city “listening sessions” and seen and heard the arrogance of city representatives who are checking a box, and not really listening. He believes that City Council members have abdicated their authority to unelected staff, many of whom may not even live in Alexandria. He wants to change city administration from being staff-led to staff-guided. Kevin is campaigning to bring innovative, integrative technologies to the forefront in evaluating and addressing our city’s problems. He will be an energetic, intelligent, articulate voice for fiscal responsibility, limited borrowing, and judicious financial decisions. Kevin Dunne is a smart choice for City Council.

**Linda App**  
Alexandria

## Upcoming Elections

To the Editor:

Residents of Alexandria! Only a few more weeks until an extremely important election is upon us. On Tuesday, Nov. 6, we will be electing a brand new City Council and School Board members for District A. It is our chance to make things right and make some vital improvements to our government and schools.

For City Council, I give two thumbs up for Kevin Dunne. A young, inspiring, extremely hard working individual who will bring fresh ideas to our city, and more importantly, he will listen to us and our desires. He promises to champion financial responsibility while promoting smart growth. He will restore a commonsense approach to government, make Alexandria a leader in innovation, and foster public engagement in the decision making process. He has tirelessly canvassed throughout the city, demonstrating an overwhelming desire to serve our city.

I also enthusiastically support Michele Rief for the Alexandria School Board in District A. A 12-year resident of Alexandria with a PhD in African American Studies and mother of three. She has been an strong advocate for many years to improved state-funding for our schools, as well as improve their condition. She also is a strong supporter for ending “testing to the test” and ensuring equitable access to educational opportunities for all students. She has served on the Alexandria PTA Council and advocates for a safe, healthy, and active learning environment for our kids as well

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## Be An Advocate For Your Preferred Tunnel Route

Alexandria Renew Enterprises (Alexandria’s local wastewater authority) is carrying out RiverRenew, a program to build a new tunnel system to reduce combined sewer overflows to our local waterways.

In September, we held a series of public listening sessions in which we presented alternatives for the tunnel routes and shaft locations. The information presented at the listening sessions – and the opportunity to comment – can be found at: [riverrenew.com/comments](http://riverrenew.com/comments)

We are asking the community to advocate for their preferred alternatives and provide comments by **October 25, 2018**.

We look forward to your continued interest in this environmentally beneficial program for Alexandria.

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# LETTERS

FROM PAGE 14  
as greater parent involvement. She is especially interested in making the Jefferson-Houston School on Cameron Street all that it can be for students and parents in the area.

**Jim Melton**  
Alexandria

## Asian Americans Caught in Middle

To the Editor:

In recent weeks, Republican candidate for U.S. Senate in Virginia Corey Stewart has repeatedly attacked Sen. Tim Kaine for supporting higher education policies that discriminate against Asian Americans. As a timely backdrop, Harvard University is defending its admissions policy in court today.

The Trump Administration and plaintiffs also accuse Harvard of discriminating against Asian Americans.

Frankly, I am getting tired of this misleading line of attack. It is a calculated effort by Corey Stewart to divide the AAPI community over a known wedge issue and pit minority communities against each other. It would be hard to fathom someone like Corey who shares Trump's hardline positions opposing immigrants and minorities to suddenly take an interest in my well-being. I did not see Corey Stewart at Dulles Airport protesting the Muslim Ban or defending Dreamers, which include many

Asian immigrant students.

But I am not surprised by Corey's interest in this matter. To be clear, this effort is not led or about Asian Americans, but rather conservative activists who oppose policies that encourage diversity and inclusion.

Sadly this is just the latest iteration where Asian Americans are caught in the middle. The facts speak for themselves: Asian Americans are actually doing really well. Since 2010, the number of Asian Americans accepted to Harvard has increased by 27 percent, and Asian Americans now comprise 23 percent of the incoming class of 2022.

Like the vast majority of students, Asian American students and alumni from Harvard strongly embrace the intellectual and racial diversity of the campus. I certainly did as a Harvard graduate student who benefited

from a full tuition scholarship. Harvard believed it was important to see someone like me represented in American politics one day.

As a civil rights lawyer, Sen. Tim Kaine understands the importance of diversity, inclusion and representation in American society. It is one of the reasons why Asian Americans have widely supported Tim Kaine

and will do so again at the polls on Nov. 6.

**Clarence Tong**

*Clarence Tong is a MPP graduate of the Harvard Kennedy School and chair of the Alexandria Democrats.*

## Local Elections Matter

To the Editor:

I grew up in Texas, a state where the electorate was so homogenous that primaries became only elections that mattered. Unfortunately, as a liberal, my vote had about as much effect as yelling into my reusable Whole Foods tote. It didn't change anything, and everyone in the artisanal kimchi aisle looked at me funny.

Faced with the prospect of standing in line on a Tuesday evening for no pragmatic reason, the temptation to make other plans was strong. Admittedly, I skipped voting a few times.

I've since lived all over, most recently moving from northern California to Alexandria. And I've found something unexpected: the temptation to skip voting when you're a part of the majority bloc is equally strong.

It can be hard for progressives to get excited about voting in local elections in Alexandria. After all, the city is solidly blue, and the need for one more blue vote competes in importance to other pressing matters in our crazy lives — pressing matters like a night of watching Dancing With The Stars from my couch.

I understand. You're busy, just like me. And you need to know if Jo from The Facts Of Life will defeat Bo from The Dukes Of Hazzard, just like me.

Besides, the Democrats are going to win anyway, right?

There may be a strong probability that Alexandria will stay blue. But there's too much on the line to bank on a probability. We have to guarantee results.

Need some good reasons to vote in every election, even in all-blue Alexandria? Here are just a few:

(1) Great future leaders for our country start their political careers serving on city councils and school boards. If you want outstanding Democratic candidates on the ballot in the coming years, vote for them for local office now.

(2) Send a message that Alexandria rejects the divisive politics that have taken over Washington, DC. The Democratic roster of candidates is diverse, committed to inclusivity, and reflective of our city. Our Alexandria values are real American values. Shout that message loudly across the Potomac.

(3) The way we solve non-partisan problems, like potholes, is ultimately reflective of our ideals. Do you want our city's solutions to reflect economic justice, environmental stewardship, and transparency? Democrats at every elected position use our shared values to solve our city's problems — even the non-partisan ones.

(4) By stacking City Council or the School Board with Democrats, we're agreeing in advance on a ton of assumptions that are still up for debate with candidates from

SEE LETTERS, PAGE 16



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## LETTERS

FROM PAGE 15

other parties. Imagine if all of our elected officials already believed in things like climate change and women's rights? Agreeing on the basics leaves time and energy for progress for our community.

Tuesday, Nov. 6, is rapidly approaching. Alexandrians, get out your calendars now and set your DVR to record DWTS.

With that off your plate, now you can focus your efforts that day on getting to your polling place

and voting.

**Rickey Dobbs**  
Alexandria

### Vote on Amendments

To the Editor:

Virginia is one of those "lucky" states that has elections every single year. It's not easy to keep track of who is on the ballot, let

alone any constitutional amendments to consider. As such, many residents are likely unaware that there are two constitutional amendments Alexandrians can vote for on the back of our ballot on Nov. 6. Both are positive improvements that the Alexandria Democrats recommend voting "yes" on.

The first amendment is necessary thanks to our state's "Dillon Rule," which requires that local governments be granted authority

from the state before passing local ordinances. This topic of this one is creating tax exemptions for properties that implement flood resilience measures. In essence, if a locality wants to encourage its building owners to implement changes to protect from flood damage, it can offer a partial tax exemption to do so. Such projects could be building floodwalls and elevating or relocating electrical panel boxes, furnaces, water heaters, washers and dryers. Consid-

ering how much flooding Alexandria has seen, with 20 percent of our city mapped as a "floodplain," it seems beneficial to pass this constitutional amendment and give Alexandria (and really, any city in Virginia) the opportunity to create an ordinance to allow such tax incentives.

The second amendment supports disabled veterans' surviving spouses. Currently, a disabled veteran's surviving spouse has the benefit of paying zero property taxes on the home they shared with the veteran. But, if they move or re-marry, they lose that tax-free property status. This change allows the exempt property tax status to apply to any future home that surviving spouse may move to as their new primary residence. It gives surviving spouses mobility in time of emotional and/or financial hardship.

Let's allow Virginia cities the option to enact tax exemptions for flood resilience measures. Let's allow disabled veterans' surviving spouses the flexibility to move residences while still retaining property tax-exemption. Let's vote "yes" on both constitutional amendments this November.

**Marta Schantz**  
Alexandria

### Name Park For Fitzgerald

To the Editor:


Using Col. John Fitzgerald's name for our waterfront park is highly deserved because of this Irish émigré's exemplary military and civilian service to Alexandria and our nation, and we should publicly honor the contributions of the Irish to our city. A Revolutionary War hero, Washington's aide-de-camp and close life-long friend, Fitzgerald actively promoted Alexandria's civic, commercial and religious interests.

Fitzgerald was with Washington on March 17 when the British evacuated Boston. The General used "Saint" as the password for the day; the countersign, "Patrick." Perhaps Fitzgerald suggested that choice. He was with Washington when crossing the Delaware on Dec. 25, 1776, at Valley Forge and significant battles, including Trenton, Monmouth, Princeton, Brandywine and Germantown. After being wounded and returning home to recover, in 1781 Fitzgerald saved Alexandria from being burned by tricking the British into believing he had more men than he actually did.

After the war Fitzgerald hosted Washington on several occasions.

SEE LETTERS, PAGE 22

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# ENTERTAINMENT

## LTA Embraces 'Dracula'

A classic tale of gothic horror in time for Halloween.

BY STEVE HIBBARD

**B**ram Stoker's classic tale of gothic horror comes to life – and death – on stage at the Little Theatre of Alexandria. Join the colorfully macabre cast of characters as they take you on a breathless and bloody thrill ride from the depths of Transylvania to the heart of Victorian London. Rich with both humor and horror, this play paints a wickedly theatrical picture of the world's most famous vampire. The show written by Steven Dietz runs from now through Nov. 3.

Co-producer Nick Friedlander said he's been a horror movie junkie and involved with theater since the age of 10, so he couldn't easily pass up an opportunity to marry those two interests together. "Having just moved to Virginia a year ago, I can think of no better way to celebrate Halloween than to oversee a production with an exceptionally talented technical team and amazing actors in my new hometown," he said. The other co-producer is Charlotte Corneliusen.

Director Jennifer Lyman said she is drawn to dark and twisted dramas and "Dracula" fits that bill. "It is a complex play that requires both actors and the designers to stretch themselves in order to tell the story in a relatable way while also thrilling the audience," she said. "I have a lot of technical experience and am very organized so I was confident that combining my skills, knowledge, and lots of spreadsheets with a stellar cast and designers would result in a successful show."

She added: "Everyone has heard of Dracula and has an image in their mind of this iconic character. However, no two audience members will walk into the the-



**Brendan Quinn stars as Jonathan Harker, Lynley Peoples as Lucy Westenra, Griffin Voltmann as Dr. John Seward, and Kirk Lambert as Abraham Van Helsing in LTA's production of "Dracula."**

ater with the same expectations of our show. I want the audience to be entertained, thrilled, surprised, and satisfied that we have delivered Dracula even if it varies from their expectation. It is also important to me that everyone working on Dracula has a good experience — that they feel they were able to collaborate and they share in the show's success."

Chris Andersen is playing the role of Dracula, who has been growing old and weak in Transylvania. "He hungers to go to London where the people are. And he draws people to him because

he is hypnotic and desires people intensely," he said.

He added: "The special effects are amazing and fun to work with. It can be a challenge to time your performance so all the music, howling and blood happen at the right time. It is also difficult to talk with fangs in your mouth."

"Everybody in the show wanted to work on this play because we love the story of Dracula. We hope the audience is drawn in to our version of the story and feels the chills and romance we feel," he said.

Jeff Elmore is playing the role

of Renfield, an inmate at an insane asylum who has a history with Dracula. "He begins the play as a simple object of curiosity, but as the play progresses, he becomes more complex and dangerous," he said.

He added: "My biggest challenge in playing Renfield is controlling his more wild moments. Renfield is a showy role, so the instinct is always to be loud and sporadic, but going too loud or too sporadic makes the play unwatchable. It's taken some practice to block and control him while accounting for his unhinged be-

havior."

As far as audience takeaways, he added: "I hope audiences are scared and thrilled, in that order."

Kirk Lambert is playing the role of Van Helsing, a Dutch doctor with a wide range of interests and accomplishments, partly attested to by the string of letters that follow his name: MD, D.Ph., D.Litt., etc., which indicate a wealth of experience, education and expertise, he said. "He is a philosopher and a metaphysician and one of the most advanced scientists of his day. He is also a bit arrogant and dismissive of those who are not possessed of his perceived level of expertise. Van Helsing's personality is described by John Seward, his former student, as being a seemingly arbitrary man because he knows what he is talking about better than anyone else," he said.

He added: "One of the challenges was the manner of speaking in Victorian England which was further complicated by Van Helsing being Dutch. He has a slight accent while speaking English and his sentence structure is a bit convoluted. Did I mention props? I have the pleasure of handling a transfusion machine, medicine bags, garlic, crucifixes, hosts, stakes, a wild rose, a letter, and a lantern. The amount of dialogue and the playwright's propensity to often have his characters speak in lengthy monologues was also challenging."

Heather Benjamin is playing the role of Mina Murray, who is engaged to Jonathan and best friends with Lucy. "She is a traditional young lady of the era, but she also desires to take part in the activity of the world and be useful. Throughout the play, she keeps trying to learn more, to help

SEE LTA, PAGE 21

## CALENDAR

### ONGOING

**Exhibition: 'Juxtaposed.'** Through Oct. 21, at Target Gallery at The Torpedo Factory, 105 N. Union St., Alexandria. New exhibition explores the Art of Contradiction and investigates opposing or conflicting themes through art. The exhibition features 25 artworks by 12 artists from all over the country. Juxtaposed was juried by Megan Rook-Koepsel, a D.C.-based independent curator.

**Art Exhibit: Makers in the Mansion.** Through Oct. 22 at Woodlawn & Pope-Leighey House Historic Site, 9000 Richmond Highway. Six installations of work by local African American makers hosted in an 1805 mansion owned by Nelly Parke Custis and Lawrence Lewis, once a prominent plantation home. Stories of a transformed African

American community through the artisan eye. RSVP to [Woodlawnevents@savingplaces.org](mailto:Woodlawnevents@savingplaces.org). **WFUMC Farmers Market.** Tuesdays through Oct. 23, 4-7 p.m. at Washington Farm United Methodist Church, 3921 Old Mill Road. Orchard Country Produce, from Gardners, Pa., will operate a Farmer's Market from the west parking lot of WFUMC. They also operate from the St. Luke's parking lot on Fort Hunt Road on Saturday mornings. They have a very wide offering ranging from fresh vegetables to meat and desserts. Admission is free. Visit [www.washingtonfarmumc.org](http://www.washingtonfarmumc.org) or call 703-780-4696.

**Beginnings & Endings.** Through Oct. 28, at Scope Gallery, 105 North Union St., Studio 19 of the Torpedo Factory, Alexandria. A Ceramic Guild

Show offering a timeless tale of clay art focused on starters and sweets. Enter a fairyland of treasures as frosted cupcakes transform into shaker and creamer sugar sets and tapas trays bring hand painted dragons and fantastic flora and fauna to life. Call Scope Gallery at 703-548-6288, visit [www.scopegallery.org](http://www.scopegallery.org), [www.torpedofactory.org/galleries/scope](http://www.torpedofactory.org/galleries/scope).

**Exhibit: 'Autumn Gold.'** Through Oct. 29, featuring Nina Tisara's intricate mosaic art at Coldwell Banker Residential Brokerage, 310 King St., Alexandria. RSVP to [ninat@ninatisara.com](mailto:ninat@ninatisara.com).

**Art Exhibit: "Symmetry - Balance in an Asymmetrical World."** Through Oct. 28 at Del Ray Artisans Gallery, 2704 Mount Vernon Ave., Alexandria. Exhibit showcases the

artists' visions of symmetry. The camera, used as a tool, reveals the artist's vision and produces a personal – typically evocative or atmospheric, yet balanced – statement. Visit [www.DelRayArtisans.org/event/symmetry](http://www.DelRayArtisans.org/event/symmetry).

**Pumpkin Patch.** Through Oct. 31, Monday-Friday, 11 a.m.-7:30 p.m.; Saturday-Sunday, 9 a.m.-8 p.m. at Immanuel Church-on-the-Hill, 3606 Seminary Road. All net profits support the church's outreach activities at the community, regional and international levels. The pumpkins are grown on the Navajo Indian Reservation near Farmington, New Mexico. Visit [www.immanuel-on-the-hill.org](http://www.immanuel-on-the-hill.org) for more.

**Row by Row Junior.** Through Oct. 31, local quilt shops like Artistic

Artifacts (4750 Eisenhower Ave.) are welcoming children participating in Row by Row Junior to their shops. It's the junior version of the summertime travel event for quilt making fans known as Row by Row Experience. At home, families can find free tutorial support and activities online by visiting [www.rowbyrowexperience.com](http://www.rowbyrowexperience.com) or [www.artisticartifacts.com](http://www.artisticartifacts.com) for local quilting.

**Ghost & Graveyard Tour.** Through Oct. 31, 7:30 p.m. and 9 p.m. Friday and Saturday. Tour departs from Alexandria Visitor Center, 221 King St., Alexandria. You'll follow an 18th-century costumed guide by lantern light through the streets of Alexandria's historic district. You'll hear ghost stories, legends and folklore. Appropriate for ages 9 and

# ENTERTAINMENT

up. Admission: \$15 adults; \$10 ages 7-17. Call 703-519-1749 or visit [www.alexcolonialtours.com](http://www.alexcolonialtours.com).

## FRIDAY/OCT. 19

**Accessing Newspapers & Magazines.** 1 p.m. at Talking Books, 5005 Duke St., Alexandria. Free. Learn more about this free service, which allows participants to listen to newspapers, magazines, and other publications over the telephone. Call Kym at the library at 703-746-1762.

**Teen Comic Book Club.** 4 p.m. at James M. Duncan, Jr. Branch Library, 2501 Commonwealth Ave., Alexandria. Welcome to Teen Comic Book Club where they discuss great comic books and graphic novels. Snacks provided. For teens in grades 6-12.

## OCT. 19-20

**Waterfront Beer Garden.** By Port City Brewing Company, at 1 King St., Alexandria. Enjoy craft beer plus entertainment including live music, DJ's, American Beer History Trivia and more, plus bites from local restaurants Pizzeria Paradiso, Chadwicks and Mia's Italian Kitchen. In addition to classics like Optimal Wit, Port City will highlight different beers, including their Oktoberfest, an IPA showcase, and the newest beer in their Lager Series, Baltic Porter. Visit [www.PortsideInOldTown.com](http://www.PortsideInOldTown.com).

## SATURDAY/OCT. 20

**Bazaar/Craft Fair.** 9 a.m.-2 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road, Alexandria. Featuring over 30 crafters, silent auction, bake sale, and door prizes.

Admission is free and open to the public.

### MVHS Theatre Arts Fall Festival.

10 a.m.-2 p.m. At Mount Vernon High School (Entrance 4). There will be food trucks and candy (including cotton candy), vendors and yard sales, games and prizes, costume contests, a raffle, karaoke, and more. Proceeds benefit the MVHS Theatre Arts program and activities.

### Family Fall Festival.

10 a.m.-2 p.m. At Armistead L. Boothe Park, 520 Cameron Station Blvd., Alexandria. Activities and entertainment will include scarecrow building, face painting, hayrides, pony rides, inflatables, and performances throughout the day by the ever-popular Beale Street Puppet Theatre. Food and beverages will also be available for purchase. In case of inclement weather, the festival will move indoors to Samuel W. Tucker Elementary School (435 Ferdinand Day Drive). Admission is \$5 per person or \$15 per family up to four people. Visit [alexandriava.gov/Recreation](http://alexandriava.gov/Recreation) or call 703-746-5592.

### "Le Tour d'Alexandria" Bicycle Tour.

10 a.m. at Beatley Central Library, 5005 Duke St., Alexandria. Alexandria Library invites the community to participate in Le Tour d'Alexandria Library, the Library's 6th annual bicycle tour of all library locations. This year's theme is: The Three Quarters Tour. During the tour, discover the rhythm and musical flavor of the cultural contributions of individuals in and around the Alexandria community. Participants can bring their bicycle and join library staff for a leisurely 2-hour loop of Alexandria starting and ending at Beatley Library. Registration is required. To register online visit [bit.ly/2IOxxJA](http://bit.ly/2IOxxJA).

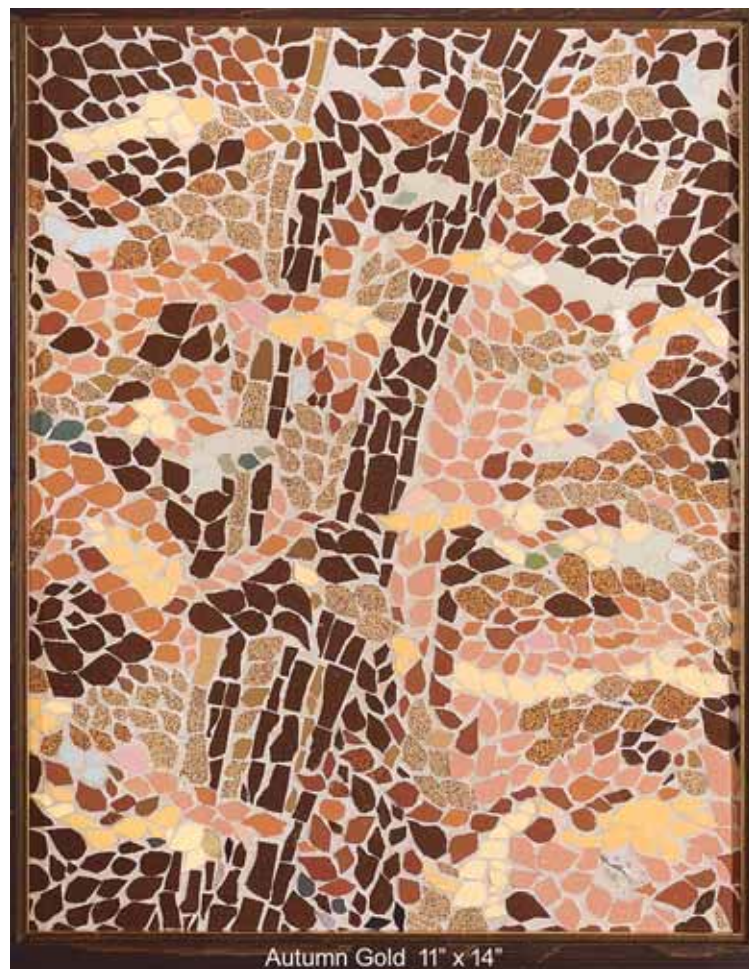
**Observe the Moon.** 11 a.m. at Kate Waller Barrett Branch Library, 717 Queen St., Alexandria. The Barrett Branch Library will show a 30-minute recorded lecture: "Observing the Moon and Sun." Afterwards, make a Moon Phases Calendar and Calculator. View an interactive map and see what Moon observation events are happening in the DMV. Visit [alexlibraryva.org](http://alexlibraryva.org).

**Mucha Musica.** 11 a.m. at Charles E. Beatley, Jr. Central Library, 5005 Duke St., Alexandria. Join award winning musical group Cantare for a musical journey through Latin America. Free. Email Anton Murray [amurray@alexlibraryva.org](mailto:amurray@alexlibraryva.org) or visit [alexlibraryva.org](http://alexlibraryva.org).

**Puppet MakerFEST.** 11 a.m.-3 p.m. at the Durant Arts Center, 1605 Cameron St., Alexandria. Master puppeteers will hold puppet-making workshops and host puppet shows throughout the day. Entrance ticket allows includes one of the two main puppet shows of "Matt's BIG Crankie Show" by Matt Muirhead, along with experiencing the Puppet Petting Zoo and other puppetry displays. Three puppet making workshops will also be offered for \$5 each. Contact Cheryl Anne Colton at 703-746-5565, [cherylane.colton@alexandriava.gov](mailto:cherylane.colton@alexandriava.gov) or visit [alexandriava.gov/Arts](http://alexandriava.gov/Arts).

### Archaeology Waterfront Walking Tours.

11 a.m.-noon and 1-2 p.m. at the foot of King Street at the site of Interim King Street Park, and end at Hotel Indigo. Celebrate Archaeology Month with Alexandria Archaeology. As part of the Portside History series of activities at the Old Town waterfront, join an expert-led tour to learn more about new discoveries, significant finds, and the hidden history that has been revealed through historical documentary data



"Autumn Gold"

## 'Autumn Gold'

Exhibit of Nina Tisara's intricate mosaic art at Coldwell Banker Residential Brokerage, 310 King St., Alexandria, Through Oct. 29. RSVP [ninat@ninatisara.com](mailto:ninat@ninatisara.com).

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## ENTERTAINMENT



Andrew Comlish plays Markley, Lyndsey Lawrence plays Grace Fryer, and Kathleen McNerney plays Mrs. Fryer in Bishop Ireton's "Radium Girls."



Andrew Holland stars as Mr. Roeder and Olivia Hays stars as Mrs. Roeder in Bishop Ireton's "Radium Girls."

# 'Radium Girls' Speak Out

**Drama depicts poisoned female factory workers.**

BY STEVE HIBBARD

With a cast of 18 students, Bishop Ireton High School will be presenting "Radium Girls," a story by D.W. Gregory about female factory workers in the 1920s who contract radiation poisoning from painting watch dials. Inspired by a true story, the play traces the efforts of Grace Fryer, a dial painter, as she fights for her day in court. Her adversary is her former employer, Arthur Roeder, an idealistic man who cannot bring himself to believe that the same element that shrinks tumors could have anything to do with his employees' illnesses. The show runs from Nov. 8-10.

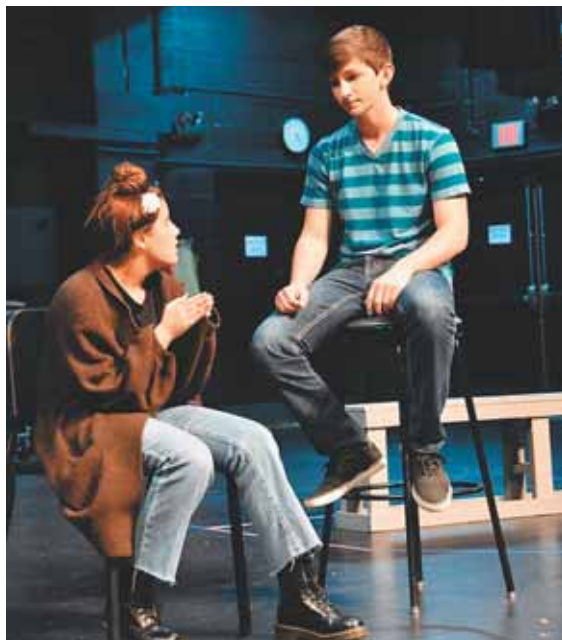
"It's based on a true story of the girls in the 1920s who painted the luminescent watch dials," said Director Joanna Henry. "They painted it with paint to make it glow. And in order to get the fine points on the paint brushes, they were encouraged to put it in their mouths – and, as a result they were ingesting radium and they started getting ill and many of them died."

Henry, who has been at Bishop Ireton for 18 years, said the show uses a cinematic style that flows from one scene to the next, and they added projections to the walls to help tell the story.

She added: "It pretty much focuses on one dial painter, Grace Fryer, and it's her fight to get what the women deserved. They wanted the company to take some responsibility. It does have a social justice aspect to it — I believe these particular cases are what caused worker's compensation and working conditions to improve."

Andrew Holland, 18, a senior from Arlington is playing the role of Arthur Roeder. "He's the president of the company in the beginning of the show. He is very human in that he cares for the girls, but he also cares for the company and has a duty to keep the company's name clean. So, during the show he always struggles between these two extremes."

He added: "I hope the (audience) understands the historical significance of it. A lot of people don't know the story and what actually happened, and I hope they understand the context of women's rights in the show. I hope they are emotionally impacted in a way that they want to apply activism in their own lives because in the show the girls don't have a lot of



Rehearsing a scene from Bishop Ireton's "Radium Girls" are Lyndsey Lawrence as Grace Fryer and Owen Peters as Dr. Knef.

people speak for them."

Lyndsey Lawrence, 17, a senior from Alexandria is playing the role of Grace Fryer. "Grace is a character who changes a lot. She starts the show at age 15 and quit school to work at the U.S. Radium Corporation, and she gets sick because of the method they had of painting the dials. She was instrumental in getting the company to compensate them for their suffering and making sure people know of the dangers of radium."

She said the challenge was how Grace changes from the beginning to the end. "She starts out young, innocent and naive; and how she gets sick and how that illness affects her and showing strength — even through the illness," she said.

Abbi Abraham, 17, a senior from Alexandria is playing the role of Kathryn Schaub. "Kathryn is one of Grace's friend and begins the play as an enigmatic, funny and energetic girl. As the play progresses, she has a drastic transition because of the illness and as she begins to deteriorate, she begins to lose a part of her sanity. It's a very drastic character arc for her," she said.

"I hope the audience takes away from my performance what strong women can achieve when there's

SEE 'RADIUM GIRLS', PAGE 21

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# ENTERTAINMENT



**Del Ray Halloween Parade** The 22nd Annual Del Ray Halloween Parade takes place on Sunday, Oct. 28 at 2 p.m. All are welcome to march in the parade along Mount Vernon Avenue, which begins at E. Bellefonte Ave. and ends with a party at the Mt. Vernon Recreation Center fields featuring live music, free refreshments, children's games, awards for Best Decorated Stroller, House, Business & Best Pet Costume, and more. The event is free and open to all. For more information, visit [www.visitdelray.com/halloween](http://www.visitdelray.com/halloween). Free costume distribution for children in need will take place on Saturday, Oct. 27 from 2 p.m. to 4 p.m. at the Mt. Vernon Recreation Center.

## CALENDAR

and excavation. Each waterfront block's history will be told through photos, maps, and artifacts. Tickets are \$20 per person with proceeds from the tour going to the Save our Ship fund. Advance registration required. Email [archaeology@alexandriava.gov](mailto:archaeology@alexandriava.gov) or call 703-746-4399.

**Seaport Day.** Noon-5 p.m. at Waterfront Park, 1 Prince St., Alexandria. Seaport Day is an annual community festival celebrating Alexandria's maritime heritage and the mission and programs of the Alexandria Seaport Foundation. Featuring live music, wooden boat display, children's activities, nautical activities, lawn games, beer, food and wine. Contact Kathleen Seifert at [seifert@alexandriaseaport.org](mailto:seifert@alexandriaseaport.org).

**Community Open House.** 1-4 p.m. at Beulah Baptist Church, 320 S. Washington Street, Alexandria. Pastor Quadricos B. Driskell and the Beulah Congregation cordially invite neighbors, community leaders and partners to the 155th Anniversary Open House. Join them for a meet and greet; celebrate history and learn about the mission in Old Town and Alexandria at-large. Hors d'oeuvres, appetizers and drinks will be served. RSVP at [mcurry@beulahbaptistva.com](mailto:mcurry@beulahbaptistva.com) or 703-836-6544. Visit the website [www.beulahbaptistva.com/](http://www.beulahbaptistva.com/)

**Bones and Bats.** 1-3 p.m. At Huntley Meadows Park, 3701 Lockheed Blvd., Alexandria. Discover what bones and teeth can tell us about the life of an animal in the "Animal Skull & Spine Stories" program. Become a bone detective and use a magnifying glass and microscope to examine and touch real animal skulls and bones. Dissect an owl pellet and take home an animal skeleton. Cost is \$9 per person. Call 703-768-2525 or visit [www.fairfaxcounty.gov/parks/huntley-meadows](http://www.fairfaxcounty.gov/parks/huntley-meadows).

**A Tale of Two Marthas: Tea with Lady Washington.** 2-3:30 p.m. At George Washington's Mount Vernon. Join in a behind-the-scenes visit with the two character interpreters portraying Martha Washington – Mary Wiseman and Elizabeth Keaney. The two women discuss the first, first lady and how they bring their characters to life. Refreshments include 18th-century-style pastries and English tea. Tickets: \$35 per person. Visit [www.mountvernon.org](http://www.mountvernon.org)

**Pumpkins and Pirates at Seaport Day.** 2 p.m. at Waterfront Park, 1 Prince St., Alexandria. Starting at 2

p.m., teams will attempt to navigate their homemade vessels along a course while being cheered on by fans. This year's theme is Pumpkins and Pirates. Materials allowed include cardboard, wood, PVC, duct tape, milk jugs, saran wrap, old t-shirts, lawn furniture, and old bikes. Oars, paddles and sails are allowed, and pedal power is OK. No polystyrene foam or inflatable rafts allowed. Registration fee is \$25. All vessels must be at Waterfront Park no later than noon in designated area. Boats must have towlines attached, and all crew must wear personal flotation devices. To register a vessel, call 703-778-0977.

**True Stories of Horror.** 6:30 p.m. and 8 p.m. at Ivy Hill Cemetery's Public Vault, 2823 King St., Alexandria. Cost is \$20. Join historians and storytellers, Terry Gish and Wayne Kehoe for a hauntingly fun evening in Ivy Hill Cemetery's Public Vault. Hear true stories of horror from around the Commonwealth of Virginia. There will be trivia, raffle prizes, tales, and ghostly haunts. Reserve and pay in advance online at [PayPal.me/IHCHPS](http://PayPal.me/IHCHPS). You can also RSVP to [info@ihchps.org](mailto:info@ihchps.org).

**Country-Western Dance.** 7-9:30 p.m. at Lincolnia Senior Center, 4710 North Chambliss St. The Northern Virginia Country-Western Dance Association will hold a dance with lessons, 6-7 p.m. and open dancing, 7-9:30 p.m. A DJ provides music. Couples and singles of all ages welcome. Admission for NVCWDA members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. Smoke-free, alcohol-free. BYO refreshments. Visit [www.nvcwda.org](http://www.nvcwda.org) for more.

**U.S. Navy Band.** 7:30 p.m. at Rachel M. Schlesinger Concert Hall, 4915 E. Campus Drive, Alexandria. Free. The performance is part of the world-wide celebration of Leonard Bernstein at 100 and will highlight important works by the great American composer, including "Suite from Mass" (featuring the Navy Band Brass Quintet), "Glitter and Be Gay" from the operetta "Candide" (featuring Chief Musician Susie Kavinski as vocal soloist) and music from Bernstein's musical "On the Town." The performance will begin with Aaron Copland's "Fanfare for the Common Man" and conclude with a rendition of the finale to Shostakovich's "Symphony No. 5."

Visit [www.navyband.navy.mil](http://www.navyband.navy.mil).

**Silence for Silence.** 7:30-9:30 p.m. at Convergence Arts Center, 1801 N. Quaker Lane, Alexandria. Alexandria Choral Society presents Silence for Silence, a program celebrating quiet expressions of faith, hope, and love. \$20/adults; \$15/senior/military/student; under 13 free. Tickets available online at [www.alexandriachoralsociety.org/boxoffice](http://www.alexandriachoralsociety.org/boxoffice).

### SATURDAY-SUNDAY/OCT. 20-21

**Fall Harvest Family Days.** 9 a.m.-5 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway, Mount Vernon. \$20 adults; \$12 youth. Enjoy fall activities with the whole family at Mount Vernon. Take a horse-drawn wagon ride and play colonial games on the bowling green before heading to the Pioneer Farm to observe 18th-century demonstrations and greet General Washington. Find your way through a straw bale maze and listen to the Itinerant Band play colonial tunes. Visit [www.MountVernon.org](http://www.MountVernon.org).

### SUNDAY/OCT. 21

**Apothecary Museum Geek Tours: Pharmacy Nerds.** 11 a.m. to noon. At Stabler-Leadbeater Apothecary Museum, 105 S. Fairfax St., Alexandria. Cost \$15. Spend more time touring the Stabler-Leadbeater Apothecary Museum with a museum volunteer who is also a pharmacist. The tour guide will focus on the historic medicinal ingredients that are still used today in modern medicine while also touching upon the Stabler and Leadbeater family and business history. Visit [www.alexandriava.gov](http://www.alexandriava.gov).

**School Admission Fair.** 1-3 p.m. at Browne Academy, 5917 Telegraph Road, Alexandria. The DC school HUB Preschool & Private School Fair offers the opportunity to learn about area programs all in one day. Over 50 schools and family-friendly vendors will be in attendance. Visit [www.dcschoolhub.com](http://www.dcschoolhub.com).

**Tombstone Art Tour.** 2 p.m. at Ivy Hill Cemetery, 2823 King St., Alexandria. Come learn the meanings behind the symbols on our tombstones, from historic to modern day and what messages the dead would like to convey. Admission: \$15. Call 703-549-7413 or visit [www.ivyhillcemetery.net](http://www.ivyhillcemetery.net)

**Dog Walk for Literacy.** 2-4 p.m. at Ben Brenman Park, in Alexandria's West End. Calling all dog lovers, readers, and walkers. The Second Annual Dog Walk for Literacy will be held at Ben Brenman Park in Alexandria's West End. Bring your dog and join in for a 1 mile or 5K walk, dog photo booth, music, treats, and more. Proceeds benefit the Alexandria Tutoring Consortium, a nonprofit organization that provides tutoring to kindergartners and first graders in need of reading support. Visit [www.frolickdogs.com/events/](http://www.frolickdogs.com/events/) for more.

**Concert at St. Luke's.** 5 p.m. at St. Luke's Episcopal Church, 8009 Ft. Hunt Road, Alexandria. The Concert Series begins the 2018/19 season with Gus Merconte, countertenor and Hiroko Yamazaki on piano. Merconte will present a wide range of pieces from Handel, Schubert and selections from the Great American songbook. A reception will follow. \$20/adult; \$15/senior; free to students 18 and under. Visit [www.saintlukeschurch.net/events](http://www.saintlukeschurch.net/events).

**Chamber Music Celebration.** 7-9 p.m. at The Lyceum, 201 S. Washington St., Alexandria. Join musicians from the orchestra at the historic Alexandria Lyceum as they celebrate 25 years of beautiful music. The program will include string quartets performing selections by Vivaldi, Beethoven, Dvorak, Gershwin, and more. Tickets are free, but a suggested donation of \$10 or more per person is appreciated. Email [reunionmusicsociety@gmail.com](mailto:reunionmusicsociety@gmail.com).

### MONDAY/OCT. 22

**Author Talk.** 7 p.m. at James M. Duncan Jr. Branch Library, 2501 Commonwealth Ave., Alexandria. Join Paula Tarnapol Whitacre, author of "A Civil Life in an Uncivil Time," for a talk about Civil War Alexandria. Free. Email Anton Murray at [amurray@alexlibraryva.org](mailto:amurray@alexlibraryva.org).

### TUESDAY/OCT. 23

**Pet Professional Seminar.** 6-9 p.m. at The Lyceum, 201 South Washington St., Alexandria. Seminar on PR/Marketing/Promotion for pet business owners – hosted by Nancy Hassel of American Pet Professionals. The event will bring together pet businesses from around the area in categories such as: food and

nutrition, pet tech, pet retail, pet product manufacturers, dog trainers, and pet sitters. \$35/person in advance; \$45/door. Visit [www.americanpetprofessionals.com/events/in-person-networking](http://www.americanpetprofessionals.com/events/in-person-networking).

### Twilight & Tipple Tuesday Tours.

6-9 p.m. at Woodlawn & Pope-Leighey House, 9000 Richmond Highway. A rare opportunity to experience Frank Lloyd Wright's Pope-Leighey House by twilight. This tour is a chance to see one of Wright's houses illuminated against a night sky, bring a new dimension and radiance to the typical tour experience. Grab a drink, included in the price of the ticket, and take an informative and fun guided tour with plenty of time to take stunning photos. Visit [www.woodlawnpopeleighey.org](http://www.woodlawnpopeleighey.org).

**Maker Series.** 7 p.m. at Charles E. Beatley Jr. Central Library, 5005 Duke St., Alexandria. Bring a pumpkin to paint for Halloween. Paint, stickers, and other odds and ends for decorating will be provided. For ages 8 and up. Free. Visit [alexlibraryva.org](http://alexlibraryva.org).

### WEDNESDAY/OCT. 24

**Spooky STEAM.** 4:30 p.m. at Kate Waller Barrett Branch Library, 717 Queen St., Alexandria. Ghost/bat rockets, slime, and other S.T.E.A.M. activities perfect for the month of October. A new activity each week. Ages 5 and older. All materials supplied. No registration required. Email Anton Murray at [amurray@alexlibraryva.org](mailto:amurray@alexlibraryva.org).

### Civil War in 3-D Photography.

7:30-9:30 p.m. at the Lyceum, 201 S. Washington St., Alexandria. Free. Journey into the depths and dimensions of Civil War photography when historian and author Robert Zeller presents "The Grand Review: Discoveries & Explorations in Civil War Photography." Reservations for the lecture can be made by calling 703-746-4848, or registering online at [alexandriahistorical.org/events/](http://alexandriahistorical.org/events/).

### THURSDAY/OCT. 25

**Open Doors Breakfast.** 8-9 a.m. At Belle Haven Country Club in Alexandria. The event offers a complimentary breakfast and the opportunity to hear from former and current Community Lodgings clients in the transitional and affordable

## ENTERTAINMENT

# LTA's 'Dracula'

FROM PAGE 17

counter the mysterious dangers surrounding the people she loves. She is brave, determined, and sincerely religious, but also vulnerable to the gravitational force exerted by Count Dracula," she said.

She added: "It's the most tech-heavy show I've ever done, so being continually aware of your props, special effects, sound cues, and spacing on the set takes up a lot of space in your brain. Maintaining your character's emotional investment and through line is really important to fill out the story

and give life to the dramatic effects, but it's a challenge to do that when you are always so conscious of all the practical elements."

The Little Theatre of Alexandria is presenting "Dracula" from now through Nov. 3. Show times are Wednesdays through Saturdays at 8 p.m.; Sundays at 3 p.m. Tickets are \$21-\$24. Dracula contains sexuality and violence. This production is not recommended for children under the age of 15. The venue is located at 600 Wolfe Street, Alexandria. Visit [www.thelittletheatre.com](http://www.thelittletheatre.com).

# 'Radium Girls'

FROM PAGE 19

an issue at hand, women have the ability to solve anything, and especially in this day and age, we see many women in media and this shows that strong women have always existed but not received the recognition they truly deserved," she added.

Libby York, 17, a senior from Alexandria is playing multiple roles: Macneil, a clerk, a customer, and board member #2. "All of my characters have a limited stage time and it could be hard to figure out what character traits each of them has. So, trying to get them

all a separate story that you can portray in the small amount of time you have on stage can be difficult. And trying to differentiate your characters as much as you can, to try to make sure the audience gets as much out of the experience as possible can also be a struggle," she said.

Bishop Ireton High School will be presenting "Radium Girls" from Nov. 8-10. Performances will be Nov. 8 and 9 at 7:30 p.m. and Nov. 10 at 2 p.m. and 7:30 p.m. Tickets are \$10/adults; \$8/students/seniors. The venue is located at 201 Cambridge Road, Alexandria. Visit [www.bishopireton.org](http://www.bishopireton.org).

## CALENDAR

housing, and youth education programs.

Donations are encouraged to assist the organization in its continuous efforts to provide a safe and supportive environment for families facing homelessness. Register at Eventbrite via the following link <https://bit.ly/2QOS843>.

**Spitfire Book Club.** 3:30 p.m. at James M. Duncan, Jr. Branch Library, 2501 Commonwealth Ave., Alexandria. A book club for school aged girls. Visit [alexlibraryva.org](http://alexlibraryva.org) for more.

**Halloween Spooktacular Concert.** 5:30-8 p.m. At West Potomac High School, Springbank Auditorium, 6500 Quander Road, Alexandria. Join the West Potomac Orchestra for the 3rd Annual Halloween Spooktacular Carnival and Concert. Carnival begins at 5:30 p.m. Food trucks, face painting, cake walk, costume contest (no masks), and games. Concert begins at 6:30 p.m. Admission is free, donations are welcome. Visit: [www.westpotomacorchestra.org](http://www.westpotomacorchestra.org)

**Historian Peter Stark.** 7 p.m. At George Washington's Mount Vernon, 3200 Mount Vernon Memorial Hwy., Alexandria, in the Robert H. and Clarice Smith Auditorium. Free. Peter Stark presents "Young Washington: How Wilderness and War Forged America's Founding Father." Visit [www.mountvernon.org](http://www.mountvernon.org).

**THURSDAY-SUNDAY/OCT. 25-28**

**Book Sale.** At Ellen Coolidge Burke Branch Library, 4701 Seminary Road, Alexandria. Come support the library and pick up books, CDs, and DVDs at

discounted prices. Free. Contact Anton Murray at [amurray@alexlibraryva.org](mailto:amurray@alexlibraryva.org).

**FRIDAY/OCT. 26**

**Zombie Escape.** 6:30-10 p.m. at Carlyle House, 121 N. Fairfax Street, Alexandria. Cost is \$30/online; \$40/door. D.C. was one of the first cities to fall when the apocalypse began. As such, Alexandria was a close second due to proximity. Now, you must navigate your way through zombie infested territory to claim what supplies are on your list and make it back to your base safely. Call 703-549-2997.

**Bark or Treat Canine Cruise.** 6:30 p.m. and 8 p.m. At Alexandria City Marina, 1 Cameron Street, Alexandria. Come out with your costumed canine and cruise to some Halloween tunes along the Potomac. Halloween treats will be on board. Be sure to have your four-legged friend in their best costume. Admission: \$20 adults; \$15 ages 2-11; dogs free. Visit the website [www.potomacriverboatco.com](http://www.potomacriverboatco.com).

**FRIDAY-SATURDAY/OCT. 26-27**

**Ghostly Tales.** 7-10 p.m. at Carlyle House, 121 N. Fairfax Street, Alexandria. Tickets: \$5. Join storytellers from Alexandria's Footsteps to the Past and on Saturday join storytellers from Carlyle House on the front lawn for ghostly tales of Alexandria's past. \$5 per person. No registration required. Call 703-549-2997.



**NVHG ART & CRAFT SHOW**  
AT SOUTH RUN RECENTER  
7550 RESERVATION DRIVE  
SPRINGFIELD, VA  
OCTOBER 20 9am - 4pm  
OCTOBER 21 10am - 4pm  
**\$5 ADMISSION**  
PRESENT THIS AD FOR A \$2 DISCOUNT ON \$5 ADMISSION

**Northern Virginia Handcrafters Guild**  
[www.NVHG.org](http://www.NVHG.org)



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**WASHINGTON INTERNATIONAL HORSE SHOW**  
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**TICKETS START AT \$25 FOR SELECTED NIGHTS**  
DISCOUNTS FOR CHILDREN 12 AND UNDER, GROUPS, MILITARY, STUDENTS AND SENIORS  
FREE KIDS' DAY SAT OCT 27 10AM - 2PM

FOR MORE INFORMATION GO TO [WIHS.ORG](http://WIHS.ORG)  
TICKETS AVAILABLE AT [TICKETMASTER.COM](http://TICKETMASTER.COM)

**LONGINES**  
**AEI JUMPING WORLD CUP WASHINGTON**

LETTERS

FROM PAGE 16

In 1791 Washington wrote a letter supporting him as the Collector of Customs. In 1795 he persuaded Washington to support the founding of the first Roman Catholic church in Virginia, our St. Mary’s. The President contributed the equivalent of today’s \$1,200 toward the effort. Fitzgerald also promoted religious freedom.

Some of Fitzgerald’s other civic contributions included serving as Alexandria’s eighth mayor, assisting in founding and/or directing the Alexandria Library, the Bank of Alexandria, and the Potomac Company. Its

mission was to improve that river’s navigation to connect the wealth of the interior to our port which would increase Alexandria’s wealth and prestige. As a merchant he contributed to the prosperity of Alexandria and our environs. His warehouse at the end of King St., the oldest surviving structure on the waterfront, now houses a Starbucks.

Alexandria has no other tangible recognition of Irish contributions to the development and prosperity of our city. We justifiably promote our Scottish heritage and should do the same for our Irish. The new waterfront park is the most appropriate

place to do so.

Founders Park, whose name evokes our early history in which Fitzgerald played important roles, is nearby. Citizens have understood for more than five years that waterfront park would bear his name. Before City Council made that designation, there were public hearings and letters to the editor endorsing that choice. The only memorable opposition came from Scottish proponents fearing dilution of emphasis on those contributions. Council adopted the waterfront plan including Fitzgerald’s name as an integral part, equally valid as other parts.

Opposition because Fitzgerald allegedly owned slaves is inappropriate. No proof of that claim has been adduced, nor has anyone even publicly objected on that basis. Staff denied that rumored objection. Only staff has raised a mistaken objection to using Fitzgerald’s name based on a spurious claim about lack of proper process, so it should be promptly withdrawn.

We honor people for the good they have done. Col. John Fitzgerald’s name belongs on our waterfront park.

Ellen Latane Tabb  
Alexandria



## CITY OF ALEXANDRIA

### UNCLAIMED PROPERTY

### FOR REPORT YEAR 2018

In conformance with the Commonwealth of Virginia’s Unclaimed Property Act, the City of Alexandria is publishing a listing of unclaimed property held at June 30, 2017.

Property Code	Last Name	First Name	Property Code	Last Name	First Name
683232	AHMED	SULTAN	700432	KRAUS-CAMP	ANGELA
696191	ALEXANDER	SEAN	687111	KRAUSE	TROY
678975	ALI	AHMED	697079	KUMELACHEW	HABTEMARIAM
686910	ALLEN	JESSICA	697080	KUMELACHEW	HABTEMARIAM
698444	ARATA	ISABEL	697081	KUMELACHEW	HABTEMARIAM
682540	ARCHEY	WILLIAM	678192	LUEL	YDNEKATCHEW
678075	ASIS INTERNATIONAL, INC		690970	LY	KIEN
676883	ATLANTIC CLOSING & ESCROW LLC		699309	MARFORI	JOSEPH
696690	BARNES	SEAN	694726	MARIA M MEAD, D.O., PLLC	
696691	BARNES	SEAN	698943	MC GEE	SHANTE
700517	BAZAN	BONILLA	695004	MCGILLIVRAY	MARIA E
	JOSE	ERLINDO	683155	MEDSTAR FAMILY CHOICE	
687544	BEATY	TIMOTHY	688921	MENDOZA YANES	FREDIS
699758	BELTWAY SIGN		677778	MILLBROOK APARTMENTS	
685570	BEZUNEH	BEHAILU		ASSOCIATES LLC	
674629	BONITT	MURRAY	683101	MOKOS	JOSEPH
697300	BOWERS	SABRINA	700577	MOORE	RYAN
684709	BRODERICK	KEVIN	680022	NISSAN MOTOR ACCEPTANCE CORPORATION	
683986	CHIODO	MEGHANN	686621	OLD DOMINION CLEANING CO. INC	
692693	CHRISTIAN & BARTON LLP		680599	ORARA	LERMA
700451	COCA COLA		683167	PARKER	MICHELLE
	SHARON EASTERLING/ FLEET DEPT		674517	PEARSON	DONALD
698837	COCA COLA ENTERPRISES		676425	PGP TITLE OF FLORIDA	
698838	COCA COLA ENTERPRISES		675714	PITTMAN	DAMALI
698839	COCACOLA		698512	POLLARD CONSTRUCTION	
683903	COSLER	JAMES	699171	PRIME AUTO CARE, INC	
673987	DAVIS	ZACHARY MICHAEL	694205	RENEWAL BY ANDERSEN, LLC	
680488	DL PETERSON		685526	RILEY	CHARLES
676350	DONLEY	COLLEEN GRACE	677514	RUST BELL	KATHLEEN
680993	DOUGLAS R STEVENS		698817	SCHILLER	BILIKYA
684573	EGUWALETSIYON DAWIT		691984	SIHRER	ANDREW
675720	EMERSON WETZEL REV TRUST		689822	SOME	MWINNIKPEG
	LUKE LENZI TRUSTEE		677277	SUNOCO INC (R&M)	
680995	ES MULTI PROPERTY OWNER LP			ELLIS PRESERVE	
690932	ESTATE OF BRENDA SAULS		674531	TEFERI	ESTEGENET
688934	ESTATE OF KHIROU HISAM		674650	TEWS	ROBERT
679272	FASTENAL COMPANY		682492	THE ESTATE OF CAROLYN TORRALBA	
685934	FASTENAL COMPANY		696780	THE SHEPHERDSTOWN OBSERVER	
685935	FASTENAL COMPANY		692489	TSEGASELASSIE FEKADE	
685033	FOUNATAINS CONDOMINIUM		692490	TSEGASELASSIE FEKADE	
677232	FOUNTAINS CONDOMINIUM		688843	VASQUEZ	CINDY
679142	FOUNTAINS CONDOMINIUM		682619	VERIZON	
681156	FOUNTAINS CONDOMINIUM		677374	WHITFIELD	DONNA
695856	GALLET	NATHALIE	688294	WILLIAMS	LILLIAN
674536	GASKIN	FRANCENE	693848	WILLIAMS	GUY
678422	GIMBA	HELEN	695609	WILLIAMS	MELISSA
675762	HAILU	RUTH	690354	ZIEROLD	FREDERICK
675415	HILL	PIERRE-MACLEVEL	695810	ZOTTI	ALLISON
689054	KEENAN	MARY	695811	ZOTTI	ALLISON
676052	KHALID	YOUSIF			

If you or your company is listed above, contact the Accounting Division of the City of Alexandria’s Finance Department prior to October 18, 2018. For more information concerning this ad, please contact: City of Alexandria, Finance/Accounting Division, P.O. Box 178, Alexandria, VA 22313 Telephone: 703-746-3905. The above shall be published in The Alexandria Gazette on October 4, 2018.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SOBER-RIDE FOR HALLOWEEN

**Free Sober Rides.** Saturday, Oct. 27, 10 p.m. through Sunday, Oct. 28, 4 a.m. Area residents, 21 and older, may download Lyft to their phones, then enter a code in the app’s “Promo” section to receive a no cost (up to \$15) safe ride home. WRAP’s Halloween SoberRide promo code will be posted at 5 p.m. on Oct. 27 on www.SoberRide.com. The SoberRide code is valid for the first 1,500 Lyft users who enter the code.

THROUGH DEC. 31

Backflow Preventer (BFP) Assistance

**Program.** The City of Alexandria has reinstated its sewer Backflow Preventer (BFP) Assistance Program for homeowners in designated areas that historically experience basement back-ups or flooding. The City Manager approved the additional backflow preventer effort in the wake of torrential rainfall July 17-22. The program reimburses homeowners for up to 50 percent of the cost of installing a BFP device by a licensed plumbing contractor, up to a maximum of \$2,000. The current program period is from July 1-Dec. 31. Alexandria homeowners should call the Department of Transportation and Environmental Services at 703-746-4014 or visit www.alexandriava.gov/tes.

THURSDAY/OCT. 18

**Community Conversation.** 9:30-11 a.m. (childcare available) at Charles Houston Recreation Center, 901 Wythe St.; 3-4:30 p.m. at St. Martin de Porres Senior Center, 4650 Taney Ave.; and 7-8:30 p.m. (childcare available) Oswald Durant Arts Center, 1605 Cameron St. The City of Alexandria invites residents to attend one of a series of workshops in October that will help determine how Alexandria tax dollars and fees will support programs and services offered by the Department of Recreation, Parks and Cultural Activities (RPCA). Email [aura.durham@alexandriava.gov](mailto:aura.durham@alexandriava.gov) or call 703-746-5450, or visit [www.alexandriava.gov/Recreation](http://www.alexandriava.gov/Recreation) for more.

**Great Southeast ShakeOut.** 10:18 a.m. The City of Alexandria encourages the community to participate in this year’s “Great Southeast ShakeOut” earthquake drill. The Great ShakeOut is an annual opportunity to practice how to protect yourself during an earthquake. Federal, state and local emergency management experts and other official preparedness organizations recommend “Drop, Cover and Hold On” as the best course of action to reduce injury and death during earthquakes.

**Community Meeting.** 7-9 p.m. at St. Stephen’s and St. Agnes Upper School, 1000 St. Stephens Road. The Department of Transportation & Environmental Services will host a community meeting to share concepts for potential changes to improve Seminary Road for all users. Staff will share several concepts, and there will be interactive activities available to capture comments and ideas for improvements. Presentation begins at 7:30 p.m. followed by a question and answer session. Visit [www.alexandriava.gov/TES](http://www.alexandriava.gov/TES) for more.

SATURDAY/OCT. 20

**Free Flu Shot Clinic.** 9 a.m.-noon. At Leonard “Chick” Armstrong Rec Center, 25 W. Reed Ave., Alexandria. The Alexandria Health Department will host a flu shot clinic. Free flu shots are available for all adults and children ages 6 months and older. All members of the community are welcome; no insurance or proof of residency is required. Visit [alexandriava.gov/Health](http://alexandriava.gov/Health).

**Sticker Shock Press Conference.** 10 a.m. At Alexandria Department of Community and Human Services (DCHS), 720 N. Saint Asaph Street, Alexandria. Following the press conference, teams of youth and adults will travel throughout the City to visit 50 retailers and affix the warning stickers on multi-packs of beer and other alcohol products in Alexandria stores. Local retailers who are participating in the campaign include Giant Food, Safeway, 7-11, CVS and a host of small grocery and convenience stores. Visit [healthieralexandria.org/sapca](http://healthieralexandria.org/sapca).

THURSDAY/OCT. 25

**Public Comment Deadline.** The Virginia Department of Rail and Public Transportation (DRPT) announces a 45-day public comment period for its proposed policy and guidelines for transit capital prioritization and urban transit agency strategic plans. The proposed plans are available online at [drpt.virginia.gov/transit/tsdac/public-comment](http://drpt.virginia.gov/transit/tsdac/public-comment). Comments on the plans can be sent to Jen DeBruhl at [DRPTPR@drpt.virginia.gov](mailto:DRPTPR@drpt.virginia.gov) or DRPT, 600 East Main St., Suite 2012, Richmond, VA 23219.

SATURDAY/OCT. 27

**VolunteerFest.** A region-wide day of community service helps nonprofits accomplish tasks they would not have time or resources to do on their own. Visit [www.volunteerfairfax.org/individuals/volunteerfest.php](http://www.volunteerfairfax.org/individuals/volunteerfest.php) for more.

TUESDAY/OCT. 30

**Medicare Open Enrollment.** 2 p.m. at Ellen Coolidge Burke Branch Library, 4701 Seminary Road. Medicare recipients or caregivers for a Medicare beneficiary, are invited to attend a training to review and make changes to prescription drug plans. Free. Registration required. Email [amurray@alexlibraryva.org](mailto:amurray@alexlibraryva.org) or call 703-746-1704.

WEDNESDAY/OCT. 31

**Healthcare Compliance and Fighting Fraud & Abuse.** 9-10:30 a.m. at Hilton, 1767 King St. Northern Virginia Health Policy Forum: discuss healthcare compliance and fighting fraud, waste and abuse with Kimberly Brandt who will share her experiences. Attendees will have the opportunity to ask questions and engage with her on health policy topics of interest. Doors for the breakfast forum will open at 9 and the speakers’ remarks will begin promptly at 9:30. Lunch will be served and there is no cost to attend, but RSVPs are required. Register at [www.eventbrite.com/e/breakfast-with-cms-healthcare-compliance-and-fighting-fraud-abuse-registration-50971931419?mc\\_cid=0e0ed8c9ab&mc\\_eid=6278905c56](http://www.eventbrite.com/e/breakfast-with-cms-healthcare-compliance-and-fighting-fraud-abuse-registration-50971931419?mc_cid=0e0ed8c9ab&mc_eid=6278905c56).  
**Urban Design Advisory Committee Meeting.** 9 a.m. at City Hall, 301 King Street, Sister Cities Room 1101, Alexandria. Discussion will focus on the redevelopment of 1201 N. Royal Street and 600 N. Royal Street. Additional information can be found on the UDAC webpage [alexandriava.gov/69556](http://alexandriava.gov/69556). Questions? Contact Mike Swidrak, Urban Planner, 703-746-3813.

# Carving Made Easy

A lesson in creating a front porch worthy Halloween pumpkin.

BY MARILYN CAMPBELL

“**I**ck, this is so gross,” said one 11-year-old girl with shoulder length blonde hair. “Those are the guts,” said her classmate, a 12-year-old, white apron-clad boy, as he pulled a handful of stringy, orange pulp out of a fat pumpkin.

“It’s part of the process. You have to clean out the messy insides before you can start carving a beautiful design,” said Lisa Searby, who was offering an in-home lesson in carving Halloween pumpkins to a group of middle school students and their parents.

A drive around most neighborhoods during this, the spookiest season of the year, will likely reveal the efforts of many to carve a sophisticated pumpkin. From frightening to fanciful, the art of pumpkin carving is a skill that eludes many. So on a chilly Sunday afternoon, Searby, who lives in Bethesda, Md. trekked to the Fairfax home of Katie and Luke Gunther to offer a class in pumpkin carving. With a few tricks and the right tools, Searby says that almost anyone can create a front-porch worthy gourd.

After the parent-child duos have donned aprons and the pumpkins are placed atop tables covered with plastic and topped with newspaper, the instruction begins. A set of



**Investing in a set of carving tools helps create impressive Halloween pumpkins.**

carving tools is something that Searby recommends to anyone who wants to create an impressive design.

“You don’t have to break the bank, but you need to get a set of tools that are sturdy enough to stand up the the heft of a thick-

skinned pumpkin,” she said. “You can usually find them online pretty easily. Choose a set that has a tool for each step of the process, like a little serrated saw to cut a hole in the top and a scooper to clean out the flesh. It makes carving so much easier.”

It appears that parents agree. “I didn’t realize that there was such a thing, but these little tools are awesome,” said Luke Gunther, the father of 12-year-old twins. “We usually use a kitchen knife and it’s hard to cut through and the edges of the designs are always jagged, but the tools make a much smoother cut.”

Once the tops of the pumpkins are removed and the pulp, flesh and seeds area cleared, the artistry begins. “Use a dry-erase marker to sketch the design that you want to carve on the front of your pumpkin,” said Searby. “Does anyone know why we’re using a dry-erase marker instead of a Sharpie? Because if you make a mistake or don’t like your drawing, you can wipe off a dry-erase marker and start over. Sharpies are permanent.”

Three hearts are what Theresa Holt and her 12-year-old son and 11-year-old daughter choose for the front of their pumpkin. “This is such a fun thing to do, even if you don’t care about the outcome, it’s a great way to spend time together as a family,” she said.



PHOTOS COURTESY OF LISA SEARBY

**Front-porch ready Halloween pumpkins.**

Those who choose to use one of Searby’s pre-designed templates are instructed to attach the template to the pumpkin and use the spike tool to trace the design onto the gourd, leaving tiny pinholes in its thick flesh. Next, the class uses one of the carving tools to cut out the facial features or other designs and, voila, in less than 30 minutes the group produces six pumpkins that are ready for Halloween.

“If you’re going to use candles illuminate your pumpkins at night, make sure you put the candles in a glass candle holder first,” said Searby. “Now the clean-up begins. It’s a messy process after all.”



## The Night before Halloween at Ivy Hill Cemetery hosted by Volunteer Alexandria & the Ivy Hill Cemetery Society

Aren’t you dying to try out your costume? This is the opportunity. No speeches or program JUST FUN! Join us for some cool air at the cemetery’s vault, best costume award, a tour, live music from Heather Spencer, readings from Maribeth Decker, Sacred Grove, food, beer & wine, and networking opportunity.

While we prefer that everyone comes in a costume and we will vote on the best ones, you don’t have to dress up.



**This event is for adults 21 and older.**

**Purchase your tickets at <http://bit.ly/vaultfun>**

**When**  
Tuesday, October 30, 2018  
from 6:00 PM to 8:30 PM EDT

**Where**  
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2823 King Street,  
Alexandria, VA 22302

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Structural damage at King Street Metro Station.



Structural damage at Braddock Road Metro Station.



Structural damage at Van Dorn Metro Station.

PHOTOS BY DAN BRENDEN/CZETTE PACKET

# Planning for Next Summer's Metro Station Shutdown

FROM PAGE 1

will need to find another way.

That includes 42,000 peak-hour Metrorail commuters per day, according to a staff presentation to City Council on Tuesday, Oct. 9.

The work will also affect visitors and tourists, as it'll "be disruptive for businesses and hotels in Alexandria," said Yon Lambert, the city's Department of Transportation & Environmental Services (T&ES) director.

Metro is working on the "assumption that approximately 60 percent of riders will switch to shuttles or expanded services on bus routes," according to the staff report.

The city is also considering other mitigation efforts that "might include modifications to traffic signals for transit signal priority, looking at HOV [carpool] lanes to better manage traffic, additional [King Street] Trolley service or additional DASH service," said Hillary Orr of the city's T&ES department.

DASH, Alexandria's local bus system, would expand its service using phased-out but still retained older vehicles, said Josh Baker, DASH's general manager.

"We are close to being able to share [the city's mitigation plan] with the public, but we still have quite a bit of internal work that we have to do," said Lambert.

Many details about Metro's plan to gap rail shutdowns with increased shuttle and Metrobus capacity remain forthcoming.

How bus "loading and unloading is going to occur while the parking lots and the stations themselves [which also serve as bus transfer nodes] are closed" remains "an open question," said Lambert. The city may end up temporarily moving bus nodes to other locations entirely.

"How the city pays for these various mitigation options that are being considered is still being determined," said Orr. "With the previous SafeTrack shutdown, the state provided a 50 percent reimbursement for additional transit services beyond normal service. ... We are proposing the same structure for this shutdown." However, because this shutdown spans the state's July 1 fiscal year start, getting reimbursements for FY 2019 could prove "a challenge."

"There is, I think, good hope that the state

is going to provide some money for VRE [Virginia Rail Express] to provide additional service," said Councilman Paul Smedberg, who also sits on VRE's operations board.

City staff expects to know more about funding in December.

They say they'll update council in January and roll out a final mitigation plan in March.

In addition to the challenges and uncertainties, the city also sees a silver lining.

The large scope of repairs requires shutting down the stations and lines entirely,

rather than working on them only during nights and weekends. The upside is that total shutdowns provide opportunities to undertake other major overhauls and construction concurrently.

"There's going to be short-term pain, but these stations will be significantly improved and upgraded once this shutdown is done," said Lambert.

Metro also plans to upgrade station customer amenities; repair and install new crossovers, which enable trains to change tracks, adding flexibility to keep trains mov-

ing during incidents and track work; repair a rail bridge near Van Dorn Station; and make repairs to the Alexandria Rail Yard adjacent to Eisenhower Avenue.

City staffers say they're working with Metro and contractors to see about accelerating construction projects at the King Street and new Potomac Yard stations.

The latter "in particular is a really important point, because at a really critical stage of that construction ... they'll be able to get some pretty big work projects out of the way," said Smedberg.

## Mixed Responses over Lighting Issue

FROM PAGE 1

tracked, hidden effort to put stadium lights at T.C. Williams High School, where they are not appropriate," said Nancy Jennings of Seminary Hill Association, a civic group. "This amendment ... lacks both community outreach and input from property owners."

"This is a major amendment that could affect many neighborhoods and many individuals do not even know it," said Mimi Goff.

City staffers said they prepared the amendment proposal over the summer and debuted it publicly in September. The Park and Recreation Commission reviewed it at its Sept. 20 meeting; the Planning Commis-

sion reviewed it on Oct. 2.

"I feel that there should've been a more robust outreach and process, not just in September. This is mid-October. So I'm really concerned. There's been a lot of confusion, frankly," said Mayor Allison Silberberg.

"It doesn't sound like there was real discussion at the Federation [of Civic Associations]," said Councilman John Chapman.

Others expressed unequivocal support.

"There's been sort of a mis-impression out there that this proposal constitutes a blanket SUP for future 80-foot towers without any subsequent city action," said Councilman Tim Lovain. "This is not confusing at all, it's quite straightforward. And the fact

that it's been discussed since June indicates it's clearly not rushed."

"We can all have our own opinions, but we don't get to make our own facts," said Cathy Puskar. "This is not just an attempt to put lights at T.C. Williams. In fact, it's a text amendment to allow additional height on light poles, where appropriate, through an SUP, to mitigate the very impacts that the neighbors who are against lights have identified. It will not apply to all fields in the city ... [or] happen automatically, as has been incorrectly stated many times by others."

Council voted six to one to adopt the amendment, with Silberberg voting no.

## Fatal Crash Investigated

Virginia State Police are seeking the public's help for a fatal crash that occurred overnight at the Fairfax County/Alexandria line on I-495 near Exit 174 for Eisenhower Ave.

At approximately 1:20 a.m. Saturday, Oct. 6, a 2015 Nissan Altima was traveling west on I-495 when it ran off the left side of the interstate and struck the Jersey wall. The Nissan came back into the westbound lanes and collided with an RV. After that crash, the driver of the Nissan exited his vehicle and was struck — moments later — by oncoming traffic.

The initial striking vehicle, described by witnesses as a red sedan, left the scene. The other vehicles remained at the scene.

The driver of the Altima, Nathan L. Dickerson, 47, of Alexandria, died at the scene.

No one in the RV or other vehicles was injured in the crash.

Anyone who may have seen the crash or has any information about the suspect vehicle is asked to contact the Virginia State Police at 703-803-0027. The investigation remains ongoing at this time.

## CRIME REPORT

The following incidents were reported by the Alexandria Police Department.

### OCT. 16

The Alexandria Police Department is investigating a robbery in the 900 block of N. Iverson Street. Several suspects brandished a firearm and stole items including a vehicle. There were no injuries.

### OCT. 10

The Alexandria Police Department is investigating a commercial robbery in the 500 block of King Street. Two men implied a weapon and stole items from a store. There were no injuries.

### OCT. 6

The Alexandria Police Department is investigating a robbery at Roundhouse Lane and S Payne Street. The victim's vehicle was stolen by three male suspects that displayed a handgun. There were no injuries. Vehicle lookout: 2009 gray Toyota Prius VA tag VLA 7244.

# NEWS



## Outdoors for Art

Thousands attended Art on the Avenue, Saturday, Oct. 6.



Metropolitan School of the Arts students John Ray and Jayla Simonette (center) sing and dance to "Top Hat."



Art enthusiasts look at the works of Zachary Sasim.

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PHOTOS BY JAMES CULLUM/GAZETTE PACKET

Four-year-old Maisie Connolly paints a birdhouse with other kids at Art on the Avenue 2018 in the field of the Mount Vernon Recreation Center.



Mayor Allison Silberberg and Mount Vernon Community School second grader Jacob Jeico.



Artist Marcelle Fozard with her American Roadtrip pillows.



Three-year-old Alex LeVan plays with 3D art by JM Connolly.



Jane Powell, center, poses with attendees at the Heart of Alexandria Awards Oct. 10 at the U.S. Patent and Trademark Office. Powell was honored with the 2018 Joan White Grassroots Volunteer Service Award for her work as vice chair of the Dream Project board of directors.

## The Heart of Alexandria Volunteers honored for community service.

Volunteer Alexandria honored its outstanding volunteers of 2018 at the Heart of Alexandria Awards Oct. 10 at the U.S. Patent and Trademark Office.

The 2018 Award Recipients included James Durham, Jane Powell, Odalis del Cid Reyes, Celia Boertlein, and Marjorie Windelberg. Additionally, volunteers who served more than 150 hours were recognized at the event.

Music was provided by Ricardo L. Abbott and Dak Hardwick served as live auctioneer for a private plane excursion to the Eastern Shore with “Mango” Mike Anderson.

For more information on the honorees or to find volunteer opportunities, visit [www.volunteerallexandria.org](http://www.volunteerallexandria.org).

— JEANNE THEISMANN



Honorees and sponsors gather for a photo at the Volunteer Alexandria Heart of Alexandria Awards Oct. 10 at the U.S. Patent and Trademark Office. In front are honorees Marjorie Windelberg, Odalis del Cid Reyes, Halley Johnson (for Celia Boertlein) and Jane Powell. In back are Volunteer Alexandria executive director Marion Brunken, sponsor Sue Kovalsky of The Jen Walker Team, Volunteer Alexandria board member Allen Lomax, Mayor Allison Silberberg and honoree Jim Durham.



From left: Terry Cole, Yvette Golladay, and Joe Collum, all of Burke & Herbert; Adam Hordell, NBC Sports Group; Penni Barnett, Burke & Herbert; and Katharine Dixon, Rebuilding Together.

## ‘Hundreds for Homes’

### Burke & Herbert supports Rebuilding Together.

Burke & Herbert Bank has named Rebuilding Together DC · Alexandria this season’s recipient of the bank’s “Hundreds for Homes” donation during the 2018-19 National Hockey League (NHL) season. Through this sponsorship with NBC Sports Washington, Burke & Herbert Bank will donate \$100 for every goal scored by the Washington Capitals during the regular hockey season to Rebuilding Together DC · Alexandria. Plus, for every game during which the Capitals score a hat trick (three goals by one player) the Bank will add an additional \$100.

The “Hundreds for Homes” program marks the fourth year in a row that Burke & Herbert Bank has teamed up with NBC Sports Washington to raise awareness and direct funds to a local non-profit.

Rebuilding Together DC · Alexandria repairs and rebuilds homes free of cost for those in need, including the elderly, persons with disabilities, military veterans, and families with children. It also works to improve community spaces and schools that serve low-income neighborhoods in both the District of Columbia and Alexandria.

“We are honored and delighted by the generosity of Burke & Herbert Bank and thrilled that Rebuilding Together DC · Alexandria was selected as this year’s donation recipient,” said

Katharine Dixon, president and CEO.

“In addition to the generous contribution from the Bank, we are excited about ‘Hundreds for Homes’ bringing more visibility to the important work we do – with the support of thousands of volunteers and partners — to provide safe and stable housing for hundreds of low-income residents in our community. All of us at Rebuilding Together DC · Alexandria will be rooting for the Caps and hoping for another high scoring season,” she added.

The bank started its donation sponsorship in 2015, in partnership with NBC Sports Washington, to leverage the excitement of the hockey season and the enthusiasm of Capitals on-air announcers Joe Beninati and Craig Laughlin to help a deserving local charity.

Under the moniker “Burke & Herbert Bank Scores for Kids,” the bank donated over \$25,000 in each of the last three years to Most Valuable Kids Inc. in 2016, Alice’s Kids, Inc. in 2017, and Connect our Kids, Inc. in 2018.

“We are very excited to launch ‘Hundreds for Homes’ as the follow-up to our ‘Scores for Kids’ program and continue our partnership with NBC Sports Washington for a fourth year,” said Terry Cole, executive vice president at Burke & Herbert Bank. “We look forward to providing a significant assist to Rebuilding Together DC · Alexandria and, in turn, to individuals throughout our community who otherwise may not be able to replace a broken furnace, leaking roof, faulty plumbing or make other needed home repairs. As a local community bank, it is important to us to help our neighbors in need.”



## National Blue Ribbon School

Blessed Sacrament School & Early Childhood Center at 1417 W Braddock Road is one of nine Virginia schools and 349 across the country recognized as a 2018 National Blue Ribbon School by U.S. Secretary of Education Betsy DeVos. This is the second time Blessed Sacrament School & Early Childhood Center will receive this award; the first time was in 2008. Principal Valerie Garcia says the school plans to celebrate the designation with students after the National Blue Ribbon Awards ceremony on Nov. 7-8, in Washington, D.C.

# Walking Aboard History

**T**he replica Godspeed ship from the Jamestown Settlement docked in Alexandria over the weekend, and was open to the public for free tours. The ship, which sails around the region for a month every year, has traveled to the port of Alexandria a number of times since it first graced the port city with its presence in 2006 to commemorate the 400th anniversary of Jamestown. The 13-person crew of men and women live below deck in wooden bunks with mattresses and few modern conveniences and reported that the recent cold front made sleeping comfortable — except for the snoring.

— JAMES CULLUM



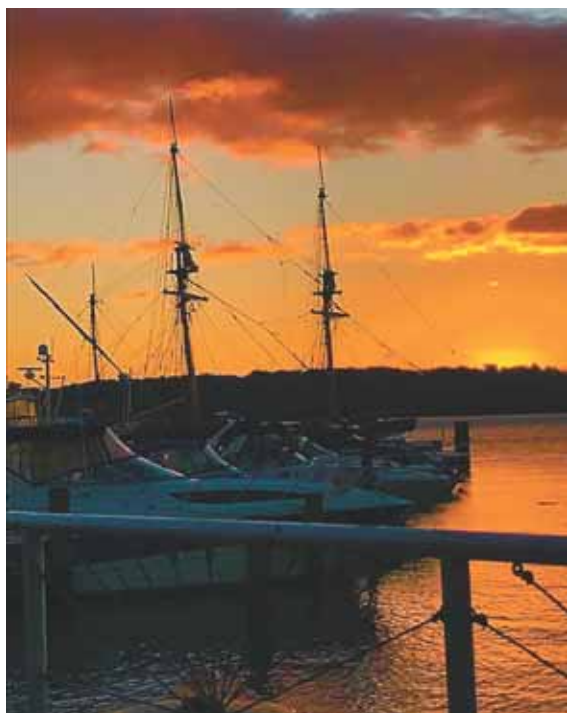
Godspeed deck hand Don Hulick.

PHOTO BY JAMES CULLUM/GAZETTE PACKET



PHOTOS BY MARY KIMM/GAZETTE PACKET

Visitors take in the views from the deck of the Godspeed.



Godspeed at sunrise on the Alexandria waterfront.

PHOTO BY DIANA BANAT



View from Godspeed on Sunday morning.

PHOTO BY HAL HARDWAY



Items reflect life on the ship.



PHOTO BY JAMES CULLUM/GAZETTE PACKET

Parthenia Alexander Dade (Kerry McClure) informs visitors about the 18th century as they wait in line to oversee the deck of the Godspeed.



Quarters under the deck.

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-Werner Heisenberg

**Obituary**

**Obituary**

**DEATH NOTICE**

**Grace Catherine Sills, 81**

On Wednesday, October 10, 2018 Grace Catherine Sills died peacefully with her family by her side. Beloved Mother, Grandmother, and Sister who is survived by her son Kevin M. Sills and his wife Pamela D. Sills, her grandchildren Julianne Grace Sills and Christian Hamilton Sills of Fairfax Station, Va and her brother Thomas A. Kelleher and his wife Jeannie Kelleher of Arlington, Va. Grace was a life-long resident of Alexandria and recently resided at the Aarondale Retirement Home.



Grace worked as a civilian in the U.S. Navy for in excess of 30 years and after retiring volunteered at Blessed Sacrament Catholic Church. She also ran the Alexandria Hospital Meals on Wheels program for in excess of a decade. She attended Blessed Sacrament Catholic Church for over 50+ years. Services will be held on Saturday, October 20th at 1:00pm at Blessed Sacrament Catholic Church, 1427 West Braddock Road, Alexandria, Va 22302. In Lieu of flowers please feel free to donate to Blessed Sacrament.

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**SPORTS**



The winning ODBC novice girls.

**Taking Gold at Occoquan Challenge**

The October heat was an unexpected obstacle at this year's Occoquan Challenge 2018, but the humidity didn't keep the men from the Old Dominion Boat Club (ODBC) in the upper junior eight from winning the 5,000 meter race against a field of 11 boats on Oct. 7. They took the gold with a time of 14.39.33, 1.85 seconds faster than Prince William and 12.17 seconds ahead of Dematha Catholic High School.



The junior first eight, which also won gold.

"Just when we were taking the challenge turn, UVA was cutting the turn really tight, and I was afraid I was going to have to go on the outside of them," said coxswain Clare Williams. "But at the last minute we took the turn really tight, cut UVA off and we were flying."

The ODBC men's lower junior eight topped two teams from Dematha Catholic in a field of five boats. Their winning time was 15:54.35, 43.03 seconds ahead of DeMatha. The second DeMatha boat, which was third, had a time of 17:08.43

The ODBC women's frosh novice eight topped a field of four, with a winning time of 18:59.85, 2:02.8 ahead of James Madison University, and 9:5 ahead of River City Crew. "I knew we were going to do well at the first 500, when we passed the two boats that were ahead of us," said Maddie Glanz, of the high school team that topped college competition. "The

scariest moment was at the last 500, when I could tell we were starting to fall apart, because we had worked so hard."

In the women's upper junior eight, the ODBC boat came in second to Resilient RC, with a time of 16:14.50, 4.92 seconds behind Resilient. The ODBC team was 52.2 seconds faster than Prince William CA. The ODBC men's novice eight were also on the podium, in third place with a time of 17:54.26, in another race that saw the high schoolers competing against college teams. Washington College won the race with a time of 17:04.41, and University of Virginia was second with 17.49.14.

**New Head Coach at Bishop Ireton**

Bishop Ireton High School has hired Kesha Walton as the new varsity girl's head basketball coach. Walton comes to Bishop Ireton after spending the past 12 years at T.C. Williams, where she served as the girl's junior varsity and varsity head coach.

"We are pleased to announce the hiring of Kesha," said Athletic Director Bryce Bevell. "She is a terrific coach and will be a great ambassador and leader for our girls basketball program." During her tenure as varsity head coach at T.C. Williams, Walton led the

Titans to five district titles and two state tournament appearances while compiling a record of 181-31. She earned three district coach of the year awards during her time as coach. A 2002 graduate of North Carolina A&T University, Walton earned four letters (1999-2002) with the Aggies. Her list of accolades include being named to the Mid-Eastern Athletic Conference (MEAC), All-Freshman Team (1999), first team all-conference (2002), team Most Valuable Player and North Carolina A&T Female Athlete of the Year (2002).



# Health

FROM PAGE 12

don't need help. "We open the door," she said. "It creates an opportunity and that's the benefit of integrated care."

One exciting new behavioral/medical integration project is supported by the Virginia Health Care Foundation, which is funding five health centers throughout the commonwealth on a project called "Defeating the Deadly Double: Diabetes and Depression." As part of this project, Neighborhood Health has been able to offer the services of a Certified Diabetic Educator and an Integrated Care Manager to adult patients with uncontrolled diabetes who also screen positive for depression. Intensive diabetic education, group classes, blood glucose monitoring, regular phone follow-up, and behavioral health services are provided to these patients, many of whom are showing improvements after only a few months.

Behavioral health treatment can also begin at an early age, whether a patient is a grade schooler, the parent of an elementary school student, or a college student: "good mental health is just as important as physical health for academic success," says Riggle-van Schagen. Taking the steps toward improving mental health can feel overwhelming, at any age. Whether symptoms arise in early childhood, the teen years, as a parent, or are the result of workplace stress, which can have significant negative health impacts. Wellness can seem unachievable. "But recovery is a reality" says Riggle-van Schagen. Often it only takes "planting the seed" for a patient to begin to realize their need for behavioral health services which leads them taking that first step towards treatment, and eventually overcoming their struggles.

According to the Mental Health Association, behavioral health is one of a person's greatest assets, helping them to focus at work, overcome obstacles, get along with the people around them and get well and stay well. "Neighborhood Health is committed to supporting not only the physical wellness of our patients, but their emotional health as well," says Riggle-van Schagen.

Neighborhood Health is hosting its annual fundraising gala and charity auction on Friday, Nov. 9 at the Ritz Carlton in Pentagon City. Festivities begin at 6:30 p.m., and they are delighted that Honorary Chairs U.S. Rep. Don Beyer and Megan Beyer will be on-hand to celebrate and to help hand out a special Health Equity Award to 27 Virginia delegates and state senators who represent Alexandria, Arlington County and Fairfax County. This award recognizes their hard work towards Medicaid expansion this past General Assembly session. Gala tickets can be purchased at <https://501auctions.com/neighborhoodhealthgala>.

Behavioral health services are available at its locations in Alexandria at 2 East Glebe Road and 1200 North Howard St., and in Fairfax County at 6677 Richmond Highway in Mount Vernon. For more information about Neighborhood Health please visit <http://www.neighborhoodhealthva.org>. The schedule an appointment please call 703-535-5568.

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. <b>-Werner Heisenberg</b>			

## "Movin' On Up"



By KENNETH B. LOURIE

Not "to the east side" and not "to a deluxe apartment in the sky," but if fictional New York City cleaning business icon George Jefferson had been diagnosed with lung cancer as I was, I would bet he'd be happy making progress: the feeling of moving forward. And that's exactly what I feel now. With the "news" of last week's column, progress/movement is at hand. With two CT scans in the last three months and some tumors "progressing" - and then not, while a previously insignificant tumor burst (not literally) onto the scene, I am happy now to be onward and hopefully upward as I infuse every three weeks during the next quarter ahead of an early January 2019 scan. The future is now and I'm grateful to have choices as I navigate the road ahead.

Having a plan matters. Though I am still waiting and seeing, and evaluating after that next scan, I do feel as if I'm back on track. I know what my next three months will be about (about three months) and I'm clear what my schedule will be (subject to change due to lab results, an altogether normal/expected blip): urine, lab, infusion, post-chemo week of difficulty eating and physical and psychological challenges, followed by two weeks of relative normalcy, then infusion again and rinse and repeat every three weeks until early January 2019. Twelve weeks in total. Through Thanksgiving, Christmas and New Years. I won't say it will be pretty but it will be predictable and hopefully on a path to a positive result. (Remember, I'm life long member of Red Sox Nation so hope always springs eternal.)

This column is certainly not meant to minimize the possible discouraging results of my January scan but I see no advantage in anticipating and/or overreacting to unknown results and/or dire consequences months ahead of actual facts not yet in evidence. This is what being diagnosed with cancer is all about: a series of ups and downs and all-arounds; and the sooner the patient assimilates this unpredictable variability into their algorithm for living with the disease, the more manageable their lives will be. Moreover, "If you," to quote Rudyard Kipling, "can keep your head when all about you are losing theirs," it will likely contribute to the preferred calm that every cancer patient diagnosed as "terminal" needs to feel every second of every day (and night, too) as they struggle to deal with the internal demons brought about by this terrible affliction. As my friend Lynne, a cancer survivor herself, said to me when I was first diagnosed: "This will be the most difficult thing you'll ever have to do." Of course, she was right. It's been beyond my wildest nightmares.

Being stuck in a pattern with no clear direction does not help. For the past three months, I have been so entangled. Now I am not. Now I am on a path of less resistance and what resistance there is - to disappoint "The Borg," is not futile. It is all part of an agreed-upon pursuit of truth and hopefully justice - for me, anyhow. I haven't exactly abused the privilege of living (although while attending college in the seventies, occasionally there may have been the odd self-destructive-type behavior common to the times, none of which concerned my oncologist in the least by the way) and given my parents' long cancer-free lives, I would have expected better than a stage IV, non-small lung cancer diagnosis at age 54 and a half. But here I am, still, nearly 10 years post diagnosis. (There aren't that many of us, unfortunately.)

And though I am definitely not happy about my cancer circumstances, I can be positive about the negative. And what I am most positive about is that at least for the next quarter anyway, I know what I'm doing and why. I certainly can't say what I'll be feeling after my next scan; hopefully elation and relief, but in the interim, life will go on as per usual, and for a cancer patient/survivor, life going on is as good as it gets; almost as if I "finally got a piece of the pie."

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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