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CENTREVIEW

HomeLifeStyle

PAGE 9

NOVEMBER 14-20, 2018

25 CENTS NEWSSTAND PRICE



Nolbia Hernandez holds son Christopher, 2, in his Ninja Turtle costume, at the Fall Festival at Ox Hill Baptist Church.

Enjoying Fall

NEWS, PAGE 3

Turkey Trot
Time in Virginia Run

NEWS, PAGE 5

Election: Very Blue

PAGE 4

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IN HOME

11-15-18

Woolf Receives National Honor for Anti-Trafficking Efforts

Volunteers needed to expand prevention effort.

BY SHIRLEY RUHE
THE CONNECTION

Bill Woolf, executive director of Just Ask Prevention Project, received the 2018 Presidential Medal for Extraordinary Efforts to Combat Trafficking in

Persons. Secretary of State Mike Pompeo placed the silver medal around Woolf's neck in a ceremony Oct. 11 at the White House.

The ceremony took place at a meeting of the President's Interagency Task Force to Monitor and Combat Trafficking in Persons that was attended by President Trump

as well as Cabinet officials. The medal displayed a gold star with an array of 13 lesser points around a blue motto scroll with the words Prohibitio Praesidium Prosecutio in silver metal.

Woolf explains the five-pointed star represents the recipient's dedication to the country and the 13

rays illustrate the everyday fight against human trafficking. The words translate to Prevention, Protection, Prosecution. The award was presented "in recognition for Mr. Woolf's tireless efforts to advance equality and respect for all persons and their inherent rights through combatting human trafficking."

Woolf's work in this area first began in 2009 when he was a gang detective in Northern Virginia and discovered a young victim of sex trafficking inside the gang. In 2010 he had an aha moment and realized human trafficking was going on right here in Northern Virginia. That discovery led to his involvement in hunting down those who prey on the young and recovering victims.

He was assigned to work on the Fairfax County Police Department's Gang Investigation Unit and became aware of an emerging and worsening problem in the region. Sex traffickers pick up teenagers as young as 12 years old at malls, by infiltrating local high schools or online. The process of recruiting and manipulation is gradual and often the victims don't know what is happening until they are trapped.

Woolf went on to work with state representatives to strengthen Virginia laws and increase penalties for traffickers. In addition, he worked with Fairfax County educators to create educational materials for the school curriculum to increase awareness by students of what was happening around them.

After 15 years in law enforcement, Woolf has become full time executive director of Just Ask Prevention Project to develop a sys-



PHOTO CONTRIBUTED

Bill Woolf receives Presidential Medal for Human Trafficking efforts from Secretary of State Mike Pompeo.

tematic approach and analytic tools for bringing awareness training to communities. He is a speaker locally and internationally and reaches out to community forums, law enforcement training programs, and as an adjunct professor at George Washington University in Criminology.

Just Ask, a non-profit organization, focuses on ending human trafficking in the U.S. and around the world through education, prevention and intervention. Its motto is "With Your Help There's Hope," stating "We believe that well informed citizens will decrease sex traffickers ability to operate in our area, while ensuring that victims and survivors feel safe to come forward and ask for help."

Volunteers are needed. To get involved contact info@justaskprevention.org or 1-833.ASK2END.



Public Meetings

Fall Transportation Meetings: Updated Schedule

You are invited to participate in public meetings held by the Commonwealth Transportation Board. The meetings will begin with an open house followed by a public comment period. At the open house you can learn about various transportation initiatives, as well as Virginia's project prioritization process (SMART SCALE), Virginia's Statewide Transportation Improvement Program, and the VTrans Multimodal Transportation Plan. Representatives from the Office of Intermodal Planning and Investment and Departments of Transportation and Rail and Public Transportation will be in attendance to highlight their transportation programs and discuss your ideas and concerns about Virginia's transportation network. The open house will be followed by a public comment period, where you can provide comments about the various initiatives. Comments will be accepted at the meeting and may also be submitted via email or online at www.CTB.Virginia.gov.

Updated Schedule: Area Public Meetings will be held at the dates, locations and times listed below:

<p>Wednesday, November 28, 2018 at 5:30 p.m.* NOVA District Office Potomac Conference Room 4975 Alliance Drive Fairfax, VA 22030</p>	<p>Thursday, November 29, 2018 at 4 p.m.* Fredericksburg District Office Auditorium 86 Deacon Road Fredericksburg, VA 22405</p>
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Fall meeting materials will be available at:
<http://www.ctb.virginia.gov/planning/fallmeetings/> beginning October 15, 2018.

*Please note that these dates have been changed from previous listings.

<p>If you cannot attend a meeting, you may send your comments on highway projects to Infrastructure Investment Director, VDOT, 1401 E. Broad St., Richmond, Virginia 23219, or Six-YearProgram@VDOT.Virginia.gov.</p>	<p>You may send comments on rail, public transportation, and transportation demand management to Public Information Officer, DRPT, 600 E. Main St., Suite 2102, Richmond, Virginia 23219, or DRPTPR@drpt.Virginia.gov.</p>
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Comments will be accepted until December 13, 2018.

The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of, its services on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).

Lane Closures This Week

The I-66 Outside the Beltway Project plans the following lane closures for this week.

All work is subject to change based on weather and schedule. Find the latest information on travel conditions and work zones by visiting 511virginia.org or downloading the Virginia511 app.

❖ Route 28 (Sully Road) North from Old Centreville Road to I-66 -

Thursday, Nov. 15, 9 p.m. to 5 a.m. Two right lanes will be closed for traffic signal work at the ramp to I-66 East. Drivers should expect intermittent 20-

minute stoppages.

❖ Route 28 (Sully Road) South from I-66 to Old Centreville Road -

Thursday, Nov. 15: 9 p.m. to 5 a.m. Occasional 20-minute stoppages will be implemented for traffic signal work.

❖ Route 50/Fairfax - I-66 West from Route 123 (Chain Bridge Road) to Monument Drive -

Thursday, Nov. 15, 9:30 p.m. to 5 a.m.; Friday, Nov. 16, 9 p.m. to 9 a.m. Three lanes will be closed to implement long-term lane shifts. Drivers should expect occasional 20-minute stoppages.



Torin Farmer, 4-1/2, in his Trans-former costume



Noor Bdairi, almost 10, is dressed as a friendly vampire.



Making Central American arepas are (from left) Mayra Villeda and Geidy Avila. Their church, Rio Poderoso, also meets at Ox Hill Baptist Church.



Mom Nita Putnam with (from left) daughters Addison, 2, and Caroline, 5, dressed as genies Shine and Shimmer, respectively, from the TV show, "Shimmer and Shine."

Fall Festival at Ox Hill Baptist Church

Fairfax County's Neighborhood and Community Services, Ox Hill Baptist Church and the Boys and Girls Club of Greater Washington jointly held a fall festival, Oct. 27, at the Chantilly church. Children dressed in Halloween costumes enjoyed games, face-painting, food and a moonbounce, while adults learned about various resources and programs available to them in the community.

PHOTOS BY BONNIE HOBBS



Rayne Hernandez, 9, displays the marshmallow-and-toothpick structure she built.



Sean Whitis, 8, had his face painted as the devil.



Representing Chantilly Regional Library are (from left) Jennifer Tchida, Chahinaz Bouzid and Loan Tran.



Fairfax County nurse Kristy Vitter (on right) tells people about medication safety and to not assume something that looks like candy really is.

ROUNDUPS

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Tuesday, Nov. 27, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to

confirm dates and times.

Food for Library Fines

During the month of November, residents are asked to bring nonperishable food items to their local libraries. In return, the library will waive \$1 in fines people owe, for each item they bring in, with a maximum of \$15 in reduced fines per person. Even if people don't owe fines to their library, they're encouraged to donate food. All food collected will go to Food for Others, a nonprofit food pantry helping people in need in Northern Virginia. All Fairfax County libraries are participating.

Democrats Seize Control of Northern Virginia

Region once had its own brand of Republicanism; now that seems almost extinct.

BY MICHAEL LEE POPE

The loss of two-term incumbent U.S. Rep. Barbara Comstock (D-10) means Republicans are down to one lone elected official in Northern Virginia, Del. Tim Hugo (R-40). The blue wave that started last year unseating Republicans like Del. Jim LeMunyon (R-67) and Del. Bob Marshall (R-13) continued this year, when state Sen. Jennifer Wexton (D-10) was able to flip a seat that had been in Republican hands since a young military lawyer named Frank Wolf beat incumbent Democrat Joe Fisher back in 1980. For a region that once had Republican heavyweights like U.S. Rep. Tom Davis (R-11) and U.S. Sen. John Warner, the prospects for Republicans in Northern Virginia now seem pretty bleak.

“It’s going to be a tough road ahead for Republicans in Northern Virginia. Essentially, it’s gone,” said Republican consultant Dan Scandling, who served as Wolf’s chief of staff. “Redistricting is not going to help. The seats now in Northern Virginia are going to be Democratically controlled for a generation.”

Although the controversy surrounding the nomination of Brett Kavanaugh to the U.S. Supreme Court helped some Republican candidates for Senate in places like North Dakota and Missouri, it provided a huge burden for Comstock. Kavanaugh and Comstock had been friends since they served together as young Republican staffers trying to impeach Bill Clinton in the 1990s. This year, Wexton was able to use sexual assault allegations as wedge to charge Comstock was guilty of an “unac-



PHOTO BY MICHAEL LEE POPE

U.S. Sen. Tim Kaine said it was no accident that Election Day coincided with Diwali, the Hindu festival of lights. “Diwali is the celebration of good over evil, the celebration of light over darkness, the celebration of understanding over ignorance. That’s what today is. That’s what we’re starting today.”

ceptable failure of leadership.” In the closing days of the campaign, television ads branded the incumbent “Barbara Trumpstock.”

Incumbent Sen. Tim Kaine easily beat back a challenge from Republican Corey Stewart, whose message of an invading caravan of foreigners failed to resonate outside rural Virginia.

“Corey Stewart and Barbara Comstock followed President Trump’s playbook. They stoked fear about immigrants. Both lost big,” said Frank Sharry, founder and executive director of immigration-reform group America’s Voice. “It seems evident the people of Virginia are just not interested in Trumpism, with or without Trump.”

KAINE CELEBRATED an early victory Tuesday night, taking the stage at the Falls Church Marriott Fairview Park as one of the first Democrats to deliver a victory speech. He quoted scripture, thanked longtime supporters and cracked a few jokes about how the race was called one minute after the polls closed. The former fair-housing attorney got his start in Richmond politics before becoming lieutenant governor and governor. This year he faced a candidate who promised a “vicious” cam-

paign and delivered by suggesting — without any evidence — that Kaine had somehow been charged with sexual misconduct. Kaine said voters rejected that approach.

“You rejected the politics of peddling lies to try to get ahead,” said Kaine. “You rejected the politics and the economics of it’s about a few and not about all.”

Wexton celebrated victory at the Washington Dulles Airport Marriott, thanking supporters and volunteers that helped her win in the most expensive congressional race in Virginia. Democrats targeted the race and pumped millions of dollars into an effort to knock on doors and appear on television screens.

Comstock ended up raising more money, \$6 million in total from Northern Virginia business stalwarts like Northrop Grumman and Capital One. But national Democrats flooded the race with money, and Wexton tapped her experience as a Loudoun prosecutor to gain funding from law firms like Wilmer Hale and Jones Day. In the end, she said, suburban voters rejected the Trump playbook of racial division and economic nationalism.

“I have been saying from the beginning of this campaign that change is coming, and change came today,” said Wexton. “That kind of change doesn’t just happen, it happened because of you.”

WITH DEMOCRATS seizing control of the House of Representatives, the Fairfax County delegation stands to gain a new sense of prominence on Capitol Hill. U.S. Rep. Gerry Connolly (D-11) is expected to take a key role on the House Oversight and

Results

U.S. SENATE

- ❖ Democrat Tim Kaine: 1.9 million votes, 57 percent
- ❖ Republican Corey Stewart: 1.4 million votes, 41 percent
- ❖ Libertarian Matt Waters: 62,000 votes, 2 percent

HOUSE DISTRICT 10

- ❖ Democrat Jennifer Wexton: 203,000 votes, 56 percent
- ❖ Republican Barbara Comstock: 158,000 votes, 44 percent

Government Reform Committee, which is expected to start investigating the president’s political involvement with Russia and economic ties to foreign leaders. For Connolly, it’s an opportunity to reprise the role he played on the Fairfax County Board of Supervisors, where he had a reputation for aggressive supervision.

“Tonight we get a mandate for oversight and accountability,” said Connolly during Kaine’s victory party, which was in his district. “And I just want to say to all my friends in the Trump administration: You better put on your rollerblades because you’re going to be skating to Capitol Hill a lot.”

U.S. Rep. Don Beyer (D-8) also stands to gain a new sense of prominence, possibly taking a position as chairman of a subcommittee on federal land or on space. Beyer says he would probably prefer chairing a subcommittee on federal land because he is the only former park ranger in Congress. Beyer also says he also wants to play a role on a new Select Committee on Climate, which Democrats have been planning for some time.

“The centerpiece of my leadership these last five years has been trying to be the strongest and clearest voice to fight climate change as I can be,” said Beyer. “So being on that select committee would make a lot of sense.”

WEXTON’S VICTORY opens a cascading series of special elections in Northern Virginia that are going to keep consultants and volunteers busy for the next few months. Del. Jennifer Boysko (D-86) said Wednesday, Nov. 7, she will run for that seat. Her House seat in Herndon would open if she were successful, initiating a rapid-pace series of special elections to install new members of the General Assembly ahead of the January session. And it’s likely the House seat would not be filled by opening day. State Sen. Adam Ebbin (D-30) says Boysko is “the overwhelming and obvious choice.”

“She’s known in Fairfax and has been spending a lot of time in Loudoun County, and she’s got a really strong fundraising ability,” said Ebbin. “She’s got a great legislative ability, and she does a lot of community events in the area. So I think she’d be pretty formidable, and I’d be surprised if she didn’t win.”



PHOTO BY KEN PLUM VIA FACEBOOK

Jennifer Wexton

Turkey Trot Time in Virginia Run

5K run, 2K walk benefit Life with Cancer.

BY BONNIE HOBBS

When it comes to Thanksgiving, most people think about turkey, stuffing, college football and gathering with family and friends. But in Centreville's Virginia Run community, it's just not Thanksgiving without the annual Turkey Trot.

And this year's event is even more special than usual because it's the 30th annual. Slated for Thursday, Nov. 22, both the USATF-certified 5K race and 2K walk will begin at 8 a.m. at the Virginia Run Community Center. It's at 15355 Wetherburn Court, off Route 29 and Pleasant Valley Road, and the course runs through the Virginia Run community.

"It's a fun, family tradition for so many people in the area, and for their relatives visiting from elsewhere," said event Chairman Meghan Logan. "They come from England, California, Maine – literally, every corner of the country

is represented. More importantly, the race is dedicated to all those fighting cancer, and all the proceeds benefit Inova's Hospital's Life with Cancer."

That's the educational and emotional support program of the Inova Schar Cancer Institute. This program creates a supportive community for children, teens and adult patients and survivors — and their loved ones — via a variety of programs and services.

They include educational, fitness and stress-reduction classes, as well as counseling and support groups. "Regardless of where someone lives or receives treatment, these programs are offered free of charge."

"It's an unfortunate reality that everyone is going to eventually be touched by cancer in some way, whether it be a loved one, friend or co-worker," said Logan, whose father Steve died of the disease in 2016. "And the services Life with Cancer offers are an invaluable resource to the community. You



PHOTO COURTESY OF MEGHAN LOGAN

And they're off! Runners begin the 2016 Virginia Run Turkey Trot.

don't realize how much they're needed until you're in that position."

Over the years, the Virginia Run Turkey Trot has contributed some

\$1.3 million to Life with Cancer. Last year, it raised \$80,000 for the organization, and Logan hopes to duplicate that effort this time.

About 3,700 people participated

in the 2017 Turkey Trot, and more than 2,000 have already signed up for this year's race. It takes place

SEE TURKEY TROT, PAGE 11

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OPINION

Racing to Fight Human Trafficking

BY MICHELLE HALE
RACE TO STOP TRAFFICK, DC

The morning was overcast, chilly, and teasing rain as the volunteers began marking the course and setting up their tables at Bull Run Park's Special Events Center. Oct. 20 was race day for the 220 (some virtual) participants of Race to Stop Traffick, DC. The 5K and mile fun-run, spearheaded by Coastal Communications Consultants, Inc., was an active and healthy way to raise money for Operation Underground Railroad, a non-profit organization that sponsors undercover missions to free victims from human trafficking. Racers were greeted by volunteers in bright yellow shirts who provided them with their racing packets and directed them to other available activities. A kids' zone with hula hoops, bean bag toss, and other similar games provided warm-up options and just plain fun for the 50 children and youth who signed up to race. A local magician performed magic tricks following the 5K.

Two representatives from U.S. Marine Corps Base Quantico brought a Land Assault Vehicle (LAV-25) for static display and allowed the children to climb inside and out. A Centreville volunteer fire station sent members to monitor for any medical emergencies and opened their fire truck and ambulance for exploration.

A few of the 13 local sponsors of the event sent representatives to mingle with the over 300 attendees. Racers and spectators alike were impressed by the 24 bulging gift baskets that were raffled off later in the morning. Ticket holders could select the prize they hoped to win by adding their tickets to the accompanying jar. The raffle prizes, collected from more than 80 donors, were valued at nearly \$5,000 in goods and services.

The rain held off and the fun-run began at 10 a.m. measuring just under one mile. The 5K followed at 10:30. Participants ranged in age from infants to grandparents, and although the infants needed their parents to push them in strollers, one woman



Lucy Fox (left) and Giselle Fox at the start line for the 1 mile fun run.

with two prosthetic legs speed-walked the entire course, throwing her hat in the air as she crossed the finish line. Winners of the 5K were announced in five categories and the raffle drew a large, hopeful crowd. More winners walked away with gift baskets.

The true winner of the day was Operation Underground Railroad which now has almost \$7,500 more to use in their fight against

human trafficking. The International Labour Organization estimates nearly 21 million victims, 26 percent of which are children, are enslaved in sex trafficking worldwide. Although the race is over, the fundraising campaign will remain open for contribution online via the race website until the end of the year, with a goal to reach \$15,000. The race will return in October of 2019.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

WHITE HOUSE ORNAMENTS

GFWC Western Fairfax County Woman's Club is selling 2018 White House Christmas ornaments. This year's ornament honors the 33rd President, Harry Truman. The two-sided ornament illustrates changes to the White House during the Truman administration, the Truman balcony, Presidential Seal and renovation of the Blue Room. 2018 ornaments cost \$22. Proceeds benefit charity. Order now by calling 703-378-6841 or 703-378-6216. It is possible to order previous years' ornaments.

FOOD DRIVES

Food for Fines. Nov. 1-30. Fairfax County Public Library will be hosting a food drive called "Food for Fines." Canned goods and other non-perishable items collected during the drive will be donated to Food for Others, a not-for-profit food pantry and food rescue operation that serves Fairfax County. Each item donated will erase \$1 from a patron's overdue fines up to a maximum of \$15. Customers may donate even if there are no fines accrued. Visit www.fairfaxcounty.gov/library/food-fines for more.

WEDNESDAY/NOV. 14

Grants Workshop for Artists. 11:30 a.m.-1 p.m. at Tysons-Pimmit Library, 7585 Leesburg Pike, Falls Church. ARTSFAIRFAX will host a free workshop on how to apply for Artist Grants which support and

encourage Fairfax County's artists in all disciplines. Artist Grants recognize professional working artists' achievements and their demonstrated history of accomplishments and they promote artists' continued pursuit of their creative work. RSVP by Monday, Nov. 12 to grants@artsfairfax.org.

FRIDAY/NOV. 16

Jack's Brain, Jill's Brain: Gender Differences and Why They Matter. 10 a.m.-noon at Dunn Loring Center for Parent Services, Entrance 1, Room 100, 2334 Gallows Road, Dunn Loring. This workshop will highlight the rapidly emerging research on how the brains of females and males are developmentally, structurally and functionally different. Learn how the

practical application of this research can provide behavioral and emotional interventions to both boys and girls. Call 703-204-3941 or visit www.fcps.edu/resources/family-engagement/parent-resource-center.

FRIDAY/NOV. 30

Nomination Deadline. Hudson Orthodontics, recently launched a new program called "Give Back Smile Back." The first "Give Back Smile Back" initiative is a free braces giveaway for a deserving student in Fairfax County. The Springfield, Fairfax and Centreville communities are encouraged to nominate local students who could benefit from receiving orthodontic treatment and who demonstrate a commitment to giving back to their community. Visit www.smilesbyhudson.com/freebraces



Jersey Mike's Subs owner Tom Donahue (left) receives his Certificate of Appreciation from Golf Committee Chairman R. Hondo Davids (right).

In Appreciation

Jersey Mike's Subs and Chick-fil-A supported the 21st Sully District Boy Scout Golf Classic by providing sandwiches for the golfers for lunch. In appreciation, each organization was presented a Certificate of Appreciation by the Golf Committee Chairman R. Hondo Davids.



Chick-fil-A owner Peter Kim receives his Certificate of Appreciation from Golf Committee Chairman R. Hondo Davids. From left are Chris Kim, Peter Kim, Hondo Davids, and Esther Penna Guerra.

CENTREVIEW

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NEWS DEPARTMENT:
centreview@connectionnewspapers.com

Steven Mauren
Editor, 703-778-9415
smauren@connectionnewspapers.com

Jean Card
Production Editor
jcard@connectionnewspapers.com

Bonnie Hobbs
Community Reporter, 703-778-9415
bhobbs@connectionnewspapers.com

Andrea Worker
Contributing Writer
aworker@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Classified & Employment Advertising
703-778-9431

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
[@MaryKimm](https://www.facebook.com/MaryKimm)

Executive Vice President
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Art/Design:
Laurence Foong, John Heinly,
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Restaurant Marks 100 Years Since Armistice

Honors all servicemen and women with free barbeque meal.

BY MARTI MOORE

A restaurant in Chantilly and its patrons completed their mission Sunday to show appreciation to veterans Nov. 11 with a Color Guard, a brass quintet and free barbeque.

Ordinarily, staff and patrons of the MISSION BBQ restaurant at the Greenbriar Town Center show respect every day to military servicemen and women, local law enforcement and first responders. At noon sharp, they all stop what they're doing to salute the American flag and sing the National Anthem.

Veterans Day, however, is extra special.

At noon Sunday, a small group of patrons got a taste of winter and braved 41-degree weather to mark the 100th anniversary of an armistice that ended the First World War. They remembered all fallen American heroes since this four-year global conflict — called the “war to end all wars” — claimed the lives of 116,515 American soldiers and wounded 200,000 troops, according to worldwar1centennial.org.

The website notes women joined the U.S. armed forces for the first time in World War I. Also, more than 350,000 minority Americans were among the 4,700,000 servicemen and women, who served the United States in uniform.

For the second consecutive year since its March 2017 opening at 13067 Lee Jackson Memorial Hwy., MISSION BBQ salutes one of its loyal patrons: Sigmond Alman of Oakton.

The 93-year-old veteran served in World



Jim Debow, 59, of Fairfax collects vintage military tools, including a combat radio used by an elite team of U.S. Marines called the Navajo Code Talkers. The linguistic complexities of this Native American language enabled these World War II heroes to transmit secret tactical messages the best enemy ear could not decode.



Virginia Bergman-Peters, 100, of Falls Church holds a career portrait taken during World War II, when she served as an adjutant lieutenant junior grade for the U.S. Navy. She worked as support staff for naval training from 1942 to 1946. Peters ate lunch Sunday at the MISSION BBQ restaurant in Chantilly, where veterans were celebrated with patriotic appreciation, a barbeque meal and cake for dessert.

War II as a radar operator aboard the USS Monterey, a light aircraft carrier on which an officer — who would become the 38th president of the United States also served. Alman said last year Gerald R. Ford was an ordinary officer and didn't know him personally while they served aboard the same ship during the war.

A framed picture of Alman, taken when he was an 18-year-old sailor in the U.S. Navy, hangs in one of the restaurant booths. He likes to watch people enjoy their meals by his photograph then tease them for taking his table.

Alman likes to quote the great 20th century baseball catcher Yogi Berra: “I never forget what I remember.”

Alman recalls once attending the same dinner party as Berra and was struck by the

Elizabeth McGuirk, regional community ambassador of MISSION BBQ, celebrates World War II serviceman and loyal restaurant patron, Sigmond Alman of Oakton, Sunday at the chain's Chantilly restaurant. The 93-year-old veteran was a radar operator for the U.S. Navy aboard the light aircraft carrier USS Monterey — the same ship to which an officer named Gerald R. Ford was assigned, long before he became the 38th president of the United States and commander in chief.



Fairfax residents Barb and John Hefferan are ready for lunch and a slice of veterans appreciation cake in the MISSION BBQ restaurant at 13067 Lee Jackson Memorial Hwy. in Chantilly Nov. 11. John Hefferan, 80, served nearly two decades in active duty for the U.S. Air Force. He started as an airman basic in 1960 and worked his way up to major by the time he retired in the early 1980s.

size of this New York Yankees star.

“I was bigger than he was and I was surprised,” Alman, who stands nearly 5 feet 6 inches tall, told a fellow Navy veteran Sunday while eating a barbeque brisket sandwich.

Alman and retired Navy Cmdr. Lucian Acuff of Fairfax — who flew helicopters during the Cold War — both looked forward Sunday to speaking about their military experience the following day to students at the Rachel Carson Middle School in Herndon.

Alman wants to tell the kids: “Be honest, be patriotic, do your homework, don't steal, love your mom and dad,” and added, “don't do drugs or smoke.”

He claims he never smoked cigarettes and credits that as the key to his longevity. The Philadelphia native and former restaurant owner says he also eats his vegetables. Alman's goal in life:

“I want to be the oldest living World War II veteran.”

As they serve their honored guests in a packed dining room Nov. 11, Mission BBQ

staff wear a black uniform that pays respect to fallen heroes with a clear message on the back of their T-shirts printed in all-caps: “Freedom isn't free.”

They also wear a special pin called a “Buddy poppy” provided by the Veterans of Foreign Wars.

Online history reports tell how a combat surgeon from Canada noticed a particular flower growing wild in a cemetery in Belgium after burying a fellow soldier in May 1915 — during one of the first battles in which the German army attacked the Allies of the Western Front with a new weapon of war called poison gas.

He describes the scenery through poetry: “In Flanders fields the poppies blow/ Between the crosses, row on row ...”

This poem — “In Flanders Fields” — by Lt. Col. John McCrae became popular and the red poppy became a symbol for the remembrance of fallen veterans.

The restaurant enjoyed a special visit from perhaps the only patron at MISSION BBQ alive on the 11th hour of the 11th day of the 11th month of 1918.

A centenarian from Falls Church — Virginia Bergman-Peters — ate lunch with her family Sunday afternoon. Peters was born on a farm near Dawson, Minn., in May 1918 and recalled graduating college, starting a teaching career and learning from her students how she could earn more money serving her country in uniform.

Although the Marines wanted female recruits during World War II, Peters tried to enlist but the Corps had no openings for officers at the time. The Navy scooped-up Peters and the adjutant lieutenant junior grade worked as support staff for training between 1942 and 1946.

“It's the best thing I ever did,” Peters said. Following the war, she taught English at W.T. Woodson High School in Fairfax and 4th grade at a school in Falls Church.

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PHOTOS BY MARTI MOORE

Lighting Up the Season

Event teams young patients with designers and artists.

BY MARILYN CAMPBELL

Some of the area's most talented tastemakers are donating their time and creativity to benefit a local hospital. From feathers and yarn to seashells and tree branches, local interior designers and artists are creating holiday trees, mantel and table displays, wreaths, menorahs and artwork for the second annual Light Up the Season fundraising event for Children's National Medical Center on Dec. 16.

Designers were paired with children who are patients at Children's. Throughout the creative process, the artistic creations unfolded as the patient-designer relationships grew. "Our design was inspired by the warmth of the holiday season, the onset of winter, and the magical imagination of 7-year-old Johnny our patient ...," said Jeff Akseizer of Akseizer Design Group in Alexandria. "In our interview with him, his mind exploded with all the colors, textures, and characters he loves to see at the holiday season, his favorite being the Grinch."

Akseizer is creating a holiday tree with designer Jamie Brown, also with Akseizer Design Group. "Johnny is a true inspiration," said Brown. "He plays wheelchair basketball and sled hockey. We took much of the spirit from our interview with him and plugged it into our creative minds to come up with something that would surely wow."

The holiday decor will be created to reflect the personality and spirit of each child. "My patient artist, Savannah, inspired my wreath design for this year's event," said designer Mary Biletnikoff. "She is a sweet, 6-year-old girl who loves to draw, make snow angels and snowmen ... she celebrates Christmas and loves Christmas lights," she said. "My wreath is named 'Savannah the Snow Girl' and is a modern day take on the traditional snowman. I chose this theme because girls need to grow up knowing that they are strong, kind, smart and creative just like my patient artist."

"My patient partner loves fun, color and sparkle, so we created a vibrant wreath that reflects her personality," said Wendy Danziger of Danziger Design in Bethesda.

From traditional colors to hues that stretch the imagination, ideas for creating festive designs will abound at year's event, says Biletnikoff. "I hope that visitors will be inspired to incorporate some fun and lightheartedness in their own home," she said. "If you are decorating for the holidays, I want people to consider elements that make them smile and maybe even chuckle. Design is about incorporating what you like, not what you think you should have."

"When decorating for the holidays, let your imagination take over and don't be afraid to combine elements that may at first seem unlikely companions," said Sarah Hayes of Sarah Hayes Design, who created a console table display with her 17-year-old patient. "And, as Caoilinn and I would both agree, the more twinkle lights, the merrier."

"Also, make decorations together with and for your children so they can be a part of the fun," added Biletnikoff.

Offering hints at what awaits those who visit the



PHOTO COURTESY OF MARY BILETNIKOFF

A mixture of dark red and white flowers along with holiday greenery and black and white ribbon are elements that designer Mary Biletnikoff will use to create a wreath for Light Up the Season.



PHOTO COURTESY OF MARIKA MEYERS
Marika Meyer Textiles will be used to create the garland and tree skirt for a holiday tree that Meyer is designing for Light Up the Season.

displays, Ashley Greer of Atelier Ashley Flowers in Alexandria said, "I have teamed up with a sweet ... patient to create a classic, woodlands-inspired holiday tree Along with my crew of talented volunteers, we've designed dozens of handmade wreaths that will adorn the tree along with beautiful glass and felt ornaments This tree will bring our theme — Over the River and Through the Woods — to life."

"We're inspired by our É patient partner who loves horses, unicorns, magic, pink, and purple," added Rachel and Charles Gang of Helen Olivia Flowers, also in Alexandria. "She lives in the country with her family so being outdoors is a part of her life. We're incorporating nature, plants, and pastel colors into our enchanted design."

Metallic animals, feathers and other natural elements are what designer Marika Meyer of Marika Meyer Interiors and Marika Meyer Textiles in Bethesda is using to create a safari-themed tree. "We'll incorporate some my Marika Meyer Textiles to create the garland and tree skirt using a custom colorway," she said. "It will be a festive and fun way to celebrate the holidays."

Other designers participating in Light Up the Season who are in the area include Lauren and David Liess of Lauren Liess in Great Falls, Wendy Danziger of Danziger Design in Potomac, and Sascha Roth of Urban Country in Bethesda.

All of the holiday trees, mantelpieces, wreaths, menorahs and artwork on display will be available for purchase. Proceeds benefit Children's National.

Light Up The Season will be on Sunday, Dec. 16, from 12-4 p.m. at Four Seasons Hotel Washington, D.C. Family activities include holiday cookie decorating, ornament making, musical performances and visits from Santa. Tickets for the event are \$50 per child 16 and under, \$85 per adult for the family and \$250 per family of four (two adults and two children 16 and under).

For more information, including how to purchase tickets and how to be a sponsor, go to childrensnational.org/lightuptheseason or email lightuptheseasondc@gmail.com.

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SPORTS



PHOTOS BY WILL PALENSCAR

Saadiq Hinton #3 shows so emotion before first round game with Yorktown. Hinton had an interception in the opening quarter.

Westfield Defeats Yorktown

It was the first matchup between these two teams. Westfield coming in with a (10-0) regular season record and a 34-game win streak. Yorktown coming in with a (6-4) regular season record. Both with high hopes to advance to the second round of the playoffs.

Westfield scored early when Isaiah Daniel ran in with 8:20 to play in the opening quarter. After a successful Riley Nugent extra point. Westfield took an early 7-0 advantage. Later in the quarter Saadiq Hinton intercepted Yorktown QB Grant Wilson, setting up Westfield with their second score. Taylor Morin received Noah Kim's pass, taking it in from 16 yards, giving the Bulldogs a 14-0 advantage after another success-

ful Riley Nugent extra point.

In the 2nd quarter Isaiah Daniel rushed in from 4 yards out for his second touchdown of the game. Another successful extra point by Riley Nugent gave Westfield a 21-0 advantage. Westfield's Aron Dishun intercepted Yorktown QB Grant Wilson, setting up the Bulldogs on the Yorktown 29-yard line. Joe Clancy ran in from 5 yards out and Westfield was up 28-0 with still 7:05 to play before halftime. Westfield's Taylor Morin added his second touchdown of the game on a 26-yard pass from QB Noah Kim with :18 left before halftime giving the Bulldogs a 35-0 halftime lead.

With 8:12 left in the 3rd quarter Isaiah Daniel scored his third touchdown of the game, running

in from 18 yards out. Riley Nugent's extra point made it 42-0. Two minutes later Yorktown got on the board when Jake Reilly ran in from 1 yard out. The ensuing extra point was blocked by Westfield, and the score was 42-6.

In the 4th quarter Taylor Morin scored his third touchdown of the game, this one from 15 yards out with 11:18 to play in the game. Riley Nugent was again successful with the extra point giving Westfield a 49-6 advantage.

With the win Westfield (11-0) advances to the second round and will play South Lakes (9-2) in Chantilly on Friday Nov. 16 at 7 p.m. South Lakes defeated Marshall 39-15.

A special ceremony at the end of the game celebrated Westfield's 200th win in program history, and Head Coach Kyle Simmons 100th win.

Yorktown's season ends at (6-5).

Westfield was led by Noah Kim who completed 21-25 passes for 259 yards, 3 TDs and 1 INT. Taylor Morin caught 8 passes for 110 yards and 3 TDs. Bizzet Woodley caught 7 for 78 yards, and Gavin Kiley caught 5 for 65 yards. Isaiah Daniel carried the ball 15 times for 106 yards and 3 TDs. Yorktown was led by Grant Wilson who completed 12 of 23 passes for 123 yards and 2 INTs. William Porter had 4 receptions for 25 yards, Jakore Harmon carried the ball 5 times for 18 yards. Jake Reilly carried the ball two times for 9 yards and Yorktown's only TD.



Eugene Asante #8 of Westfield spies Jakore Harmon #6 of Yorktown.

— WILL PALENSCAR

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News Turkey Trot

FROM PAGE 5

rain, shine or snow, and there is no race-day registration for the run. Registration in the 5K is limited to the first 4,000 entries. Dogs and strollers aren't permitted in the 5K, but they're welcome in the untimed 2K walk.

For information about entry fees, individual and team registration, volunteer opportunities, packet pick-up, nonprofit charitable contributions and contacts, go to www.vrturkeytrot.com. Or see the Facebook page at www.facebook.com/VirginiaRunTurkeyTrot.

The link to the race results will be posted on the event website by the following day. Parking will be available at Centreville Baptist Church, Centreville Presbyterian Church, Bull Run Elementary and Korean Central Presbyterian Church (KCPC), all off Route 29.

Individual prizes are awarded to the two fastest males and females overall and in the Virginia Run residents' category. The top two runners in various age categories receive prizes, too. And for the second year, there's also a team category for groups of families, friends, local businesses, etc., averaging individuals' race times to compete against other teams.

"We had so many teams, last year – 50 – I was shocked," said Logan. "Some even made their own, cute T-shirts, and they all had so much fun." The winning team takes home a Golden Turkey trophy, plus bragging rights.

All registrants receive commemorative T-shirts custom-designed by Centreville artist and comic-book illustrator Rich Seetoo. This year's shirt will be long-sleeved for adults and short-sleeved for children. It'll be white with a design celebrating the accomplishment of 30 years of Turkey Trot. Said Logan: "The recipients will be nicely surprised when they see it."

The primary event sponsors are American Windows & Siding of Virginia, Ourisman Chantilly Toyota, Korean Central Presbyterian Church, Skyline Insurance Agency, Edelman Financial Services, InCadence Strategic Solutions, Inova Schar Cancer Institute, Deltek, VCA Centreville Animal Hospital and Elluminates Software.

The 12-person race committee has been busy planning the race since January. "We never stop," said Logan. "We have the same committee, and we're just so glad to have such a dedicated group of people who do this, year after year. Some people have been on the committee all 30 years, since the original run."

"We really couldn't do it without them," she added. But more volunteers are still needed on race day, starting at 6 a.m., with set-up. To lend a hand, contact Helaine Newman at helainesells@gmail.com or just show up.

This is Logan's third year as chairman and, she said, "I love working with the people on the committee and being able to be part of this event. I believe in Life with Cancer's mission, and I'm so glad I'm able to contribute to it."

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Airing of a Grievance



By KENNETH B. LOURIE

Now that I'm back to every-three-week-chemotherapy infusions, getting through the "holiday" season becomes very tricky. One week delay due to unacceptable lab results can have a cascade effect on one's ability to spread any cheer.

And given that I'm scheduled to be infused rather aggressively, a direct result of tumor growth indicated on my most recent CT scan, delaying an infusion to accommodate my non-chemotherapy schedule seems like a non starter. After all, we're trying to keep me alive here.

Therefore, considering the unpredictability of my actually-receiving-chemotherapy on the two scheduled infusion dates before Christmas: 11/16/18 and 12/7/18, and the effect of rescheduling one or the other by one or two weeks, depending on lab results, gives pre-holiday chemotherapy infusions a bad name and an even worse connotation.

The patient (in this context, me), is either damned if you do (side effects) and/or damned if you don't (tumor growth, potentially). I need way more than a Festivus miracle.

To invoke Tiny Tim, I need to tiptoe through the tulips, so to speak; to have my chemotherapy infusions allow me to eat/satiate my meals, travel when necessary without having to double-back for chemotherapy (yes, my infusion center is open on Friday, Nov. 23, as well as the day before Christmas and the day after, with their schedule repeating itself for New Year's) and navigate an already challenging five-week turn of events. To be capped off by a Jan. 2 CT scan followed up by a Jan. 11 face-to-face appointment with my oncologist to discuss the results of the January scan.

I can hardly wait. Although I have to, and of course, think about the what-if constantly.

Nearly two months of scheduling twists and turns impacting one's quality of life during the most stressful time of the year: Thanksgiving through New Year's followed by learning one's fate: stay the course or as Yogi Berra said: "Come to the fork in the road and take it." And if I do take it (Immunotherapy), it won't simply be the road less traveled, it will be the road never traveled – by me. Although many other cancer patients have blazed the trail, the prospect of yours truly blazing the next trail (line) scares me, hopefully not to death.

It might not be so bad – and extremely personal, if my best friend's wife hadn't succumbed to her lung cancer within a year or so after being prescribed one of the drugs that my oncologist and I have discussed if my next scan continues to show tumor growth.

I get so emotional at the mere mention of the drug that I can't even pronounce it through my tears. So my oncologist knows my preference and he's content to respect my wishes especially considering that according to his experiences, the drugs are fairly similar in their effect/success. And since mind definitely matters, keeping me in a positive frame of mind is the goal. But I'm getting way ahead of myself here; it's only November. This discussion won't occur for almost nine weeks, Jan. 11, 2019.

The only problem is, the next nine weeks present challenges unlike any similar period during the year. Throw in a few lab tests, a couple of chemotherapy infusions, a diagnostic scan and a few weeks to wait for all of it to shake out and what you're left with is your life hanging in the balance and death rearing its ugly head.

"Cancer sucks" – especially during the holidays.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

THURSDAY/NOV. 15

Historic Games: Ball and Cup. At Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Bring homeschool students (ages 6-12) or group of students for hands-on learning designed to enrich understanding of Fairfax County history. Explore food production from garden to table, play historical games and make a toy. Bring a picnic lunch and stroll the park before or after the program. Children must be accompanied by an adult. Call for times, 703- 631-0013 or visit online at www.fairfaxcounty.gov/parks/eclawrence.

Documentary Screening: “Written Off.” 6:30-8:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. The documentary “Written Off” is challenging conventional thinking about addiction. The hour-long film tells the true story of a young man named Matt whose journals chronicle his 10-year struggle to escape dependency on prescription painkillers. For more information about this event and to register, visit bit.ly/2zLE5o0.

SATURDAY/NOV. 17

Civil War Tour. 8 a.m.-4 p.m. at Fairfax Station Railroad Museum and sites in Clifton, Centreville, 11200 Fairfax Station Road, Fairfax Station. Blake Myers, noted Civil War Historian, will lead a history tour of interesting Civil War sites in and around Fairfax, Clifton and Centreville. Meet at the Museum. Wear comfortable walking shoes and appropriate clothing for walking through wooded areas. Museum members, \$20; non-members, \$30. Register in advance and pay by Square at squareup.com/store/fairfax-station-railroad-museum.com. Payment may also be made the day of the Tour with cash, check or credit. Register at information@fairfax-station.org. Call 703-425-9225 or visit www.fairfax-station.org.

Develop a Love for History Early. 10-10:45 a.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Open young minds to the wonders of history this fall. In the “History for Small Fries” program at Sully Historic Site, children age 1-5 will enjoy a story and craft as they discover how things were in the olden days. Through their senses, children can experience how different things smelled, looked or worked. \$8 per child, and children must be accompanied by an adult. Call 703-437-1794 or visit www.fairfaxcounty.gov/parks/sully-historic-site.

Achievement Week Luncheon. 2 p.m. at The Waterford Fair Oaks, 12025 Lee Jackson Memorial Highway, Fairfax. Baltimore Ravens General Manager Ozzie Newsome will be the guest of honor for the Omicron Kappa Kappa (OKK) Chapter of Omega Psi Phi Fraternity’s Achievement Week Luncheon to recognize individuals at the local and international level who have contributed to community uplift. OKK’s 2018 award recipients are Virginia Lt. Gov. Justin Fairfax, who will be honored as Citizen of the Year; Westfield High School football coach Kyle Simmons, Sportsman of the Year, and Reston Chamber of Commerce President and CEO Mark Ingrao, who will receive the Community Service Award. Chapter award recipients are Gordon Person, Omega Man of the Year; Earl Smith, Superior Service, and Roscoe Nance,



PHOTO COURTESY OF DEB MUELLER AND THE CHICAGO MOLD SCHOOL

Laurent Lhuillier, on left, with his staff.

Build a Gingerbread House

Roland Mesnier and Mark Ramsdell, former White House Pastry Chefs, will be guiding visitors through constructing their own gingerbread houses in this special event. Saturday, Nov. 24, noon-1:30 and 2-3:30 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. \$40 (\$35 for museum members). Reservations and advance payment are required. Purchase at squareup.com/store/fairfax-station-railroad-museum or by emailing events@fairfax-station.org with name, number of houses to purchase and seating time. Visit www.fairfax-station.org or call 703-425-9225.

Founders Award. Visit www.okk-ques.org.

FRIDAY/NOV. 23

“Coyote Campfire.” 7-8:30 p.m. at the Walney Visitor Center in Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Take a break from the Black Friday rush. Satisfy your curiosity and sweet tooth with one howling good campfire at the “Coyote Campfire.” Listen to coyote calls, take a hike and make s’mores while learning about these wily canines. For family members age 4 to adult. \$8 per person. Call 703-631-0013 or visit www.fairfaxcounty.gov/parks/eclawrence.

SATURDAY/NOV. 24

“Turkey Walk.” 10-11 a.m. at the Walney Visitor Center in Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Work off some of that Thanksgiving turkey, mashed potatoes and pumpkin pie with a morning walk at the park. On the “Turkey Walk,” discover the wild turkeys’ habitats and secret ways through a cedar forest. Look for wild turkeys and their signs. For participants age 3 to adult. \$6 per person. Call 703-631-0013 or visit www.fairfaxcounty.gov/parks/eclawrence.

Build a Gingerbread House. Noon-1:30 and 2-3:30 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Roland Mesnier and Mark Ramsdell, former White House Pastry Chefs, will be guiding visitors through constructing their own gingerbread houses in this special event. \$40 (\$35 for museum members). Reservations and advance payment are required. Purchase at squareup.com/store/fairfax-station-railroad-museum or by emailing events@fairfax-station.org with name, number of houses to purchase and seating time. Visit www.fairfax-station.org or call 703-425-9225.

Sugar Plum Fairy Tea Party. 1:30-3 p.m. at Little Rocky Run Rec. Center #3, 13900 Stonefield Drive, Clifton. Mia Saunders School of Ballet will entertain aspiring ballerinas with a performance by the cast of this year’s Nutcracker production, light tea party treats, fun games and an appearance by the Sugar Plum Fairy. Benefits St. Jude Children’s Research Hospital. Reservations are required and the event is appropriate for ages 3 and older with accompanying adult. Purchase \$10 tickets by email



PHOTO COURTESY OF DEB MUELLER AND THE DENVER WESTWORD NEWSLETTER

Roland Mesnier

at msb.teaparty.tickets@gmail.com.

SATURDAY-SUNDAY/NOV. 24-25

Fairfax Ballet Company’s Nutcracker. Saturday, 2 and 7 p.m.; Sunday, 2 p.m. at W.T. Woodson High School, Fairfax. The Fairfax Ballet Company presents the full-length production of “The Nutcracker,” the family-friendly holiday tradition. Company members, along with students from the Russell School of Ballet and George Mason University, and professional guest artists, join Clara and her Nutcracker Prince in a magical journey through a winter wonderland. \$15-\$30. Tickets are available at fairfaxnutcracker2018.brownpapertickets.com or at the door beginning one hour before each show. Email events@fairfaxballet.com or call 703-665-9427 for more information.

SUNDAY/NOV. 25

“Legends and Lore Night Hike.” 5:30-7 p.m. at the Walney Visitor Center in Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Wrap up the weekend with a “Legends and Lore Night Hike.” This program will spark interest in Walney history through legends, lore and stories of the supernatural. After the hike, gather around the campfire for s’mores. For participants age 4 to adult. \$8 per person. Call 703-631-0013 or visit www.fairfaxcounty.gov/parks/eclawrence.

THURSDAY/NOV. 29

Letter Writing: Make a Quill. At Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Bring homeschool students (ages 6-12) or group of students for hands-on learning designed to enrich understanding of Fairfax County history. Explore food production from garden to table, play historical games and make a toy. Bring a picnic lunch and stroll the park before or after the program. Children must be accompanied by an adult. Call for times, 703- 631-0013 or visit online at www.fairfaxcounty.gov/parks/eclawrence.

SATURDAY-SUNDAY/DEC. 1-2

Holiday Train Show. Saturday, 10 a.m.-5 p.m.; Sunday, noon-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Fairfax Station Railroad Museum will host its 29th annual

holiday train show with a multitude of model trains to include Z, N, HO, LEGO, S, O, Standard, and G scales. Bring broken locomotives to the “Train Doctor.” Admire the antique cars visiting for this event, weather permitting. Visit the gift shop for holiday gift items and Santa may stop by to visit. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit www.fairfax-station.org, www.facebook.com/FFXSRR, or call 703-425-9225.

SATURDAY-SUNDAY/DEC. 8-9

“The Nutcracker” by the Mia Saunders School of Ballet. 3 p.m. in the Centreville High School Theater, 6001 Union Mill Road, Clifton. Proceeds for this annual tradition will benefit CVHS Drama Scholarships and St. Jude Children’s Research Hospital. Tickets are \$12. Enjoy this holiday classic and support local dancers and CVHS students. Tickets available at the door and presale at msb.nutcracker.tickets@gmail.com. Visit www.miasaundersballet.com/.

SUNDAY/DEC. 9

Holiday Craft Day. Noon-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Holiday crafts, some featuring train related themes, will be on the agenda. Craft supplies are included with admission. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit www.fairfax-station.org, www.facebook.com/FFXSRR, or call 703-425-9225.

SUNDAY/DEC. 16

Victorian Tea. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Fairfax Station Railroad Museum will host a Victorian Tea to savor memories of bygone days. Enjoy exhibits and artifacts while sampling different teas and small sweets with friends and family. Reservations are not necessary. The tea is included in the regular admission price. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit www.fairfax-station.org, www.facebook.com/FFXSRR, or call 703-425-9225.

ONGOING

Fitness for 50+. Daytime hours, Monday-Friday at Sully Senior Center, 14426 Albemarle Point Place, Chantilly. Jazzercise Lite, Zumba

Gold, Hot Hula Fitness (dancing Polynesian style), Strength Training, Qi Gong, Tai Chi and more. Membership is \$48 a year, and waivers are available. Email lynnelott@fairfaxcounty.gov or call 703-322-4475.

History Volunteers Needed. Fairfax Station Railroad Museum needs history buffs. The Museum offers a variety of volunteer opportunities in Museum events, programs and administration. Email volunteers@fairfax-station.org or call 703-945-7483 to explore opportunities. The Museum is located at 11200 Fairfax Station Road in Fairfax Station. It is open every Sunday, except holidays, from 1-4 p.m. www.fairfax-station.org, 703-425-9225.

Art Guild of Clifton Exhibit. 10 a.m.-8 p.m. at Clifton Wine Shop, 7145 Main St., Clifton. Includes oil paintings of European settings; doors, windows, and flower shops. Free. Call 703-409-0919.

Carolina Shag Dance. Wednesdays, 6:30-10 p.m. at Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m.; no partners needed; dinner menu at 6:45 p.m. Tickets are \$8. Visit www.nvshag.org.

Open Rehearsal. Wednesdays, 7:30 p.m. at Lord of Life church, 13421 Twin Lakes Drive, Centreville. The Fairfax Jubil-Aires barbershop chorus invites men of all ages who enjoy singing. Free. Visit www.fairfaxjubilairs.org.

Live After Five. Fridays at 5:30 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Every Friday night a band plays on the patio of the winery. Free to attend. Visit www.wineryatbullrun.com for a full schedule.

Mondays are Family Night. 5-7 p.m. at Villagio, 7145 Main St. \$45 for a family of four. Call 703-543-2030.

PET ADOPTIONS

Adopt a Dog. Saturdays, 12-3 p.m. at Petco, 13053 Lee Jackson Highway. Visit hart90.org.

Adopt a Dog. Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog. Visit aforeverhome.org.

Adopt a Dog. Saturdays, 1-4 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Adopt a puppy or dog. Visit www.lostdogrescue.org.

LIBRARY FUN

Toddlin’ Twos. Tuesdays, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Early literacy storytime with songs and activities included. Age 2 with caregiver, free. Call 703-502-3883 to reserve a spot.

Storytime for Three to Fives.

Tuesdays, 1:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Stories and activities for children age 3-5 with caregiver. Free. Call 703-502-3883 to reserve a spot.

Plant Clinic. Saturdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. A neighborhood plant clinic with horticultural tips, information, techniques, and advice. Free. Call 703-502-3883 to reserve a space.

Lego Block Party. Every other Saturday at 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Legos will be provided for an afternoon of building. Grades 3-6. Free. Call 703-502-3883 to reserve a spot.

Duplo Storytime. Every other Wednesday, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Develop and reinforce early literacy skills for reading success. Ages 1-3 with adult. Free. Call 703-502-3883 to reserve a spot.

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