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# CENTRE VIEW



NOVEMBER 21-27, 2018

25 CENTS NEWSSTAND PRICE

Troop 3327 Girl Scouts (from left) Brynn Shue and Ajanta Bauer prepare to pack bottles of spaghetti sauce during the Sully District Scouting for Food drive.



## Scouting for Food

NEWS, PAGE 3

'A Message of Hope,  
Imagination and Friendship'

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Teaching Gratitude and Giving

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PHOTO BY BONNIE HOBBS/CENTRE VIEW  
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## Notice of Public Hearing

NOTICE OF BUDGET AND WATER RATE PUBLIC HEARING

December 13, 2018 at 6:30 p.m.

At 6:30 p.m. on Thursday, December 13, 2018, Fairfax Water will conduct a public hearing on its Proposed Schedule of Rates, Fees, and Charges. The hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.

The proposed changes, to be effective April 1, 2019, include the following:

1. An increase in the Availability Charge from \$4,150 to \$4,260<sup>1</sup>.
2. An increase in the Local Facilities Charge from \$13,420 to \$15,285.
3. An increase in the Service Connection Charge from \$1,260 to \$1,300<sup>1</sup>.
4. An increase in the Base Commodity Charge from \$2.94 to \$3.07 per 1,000 gallons of water.
5. An increase in the Quarterly Billing Service Charge for meters larger than a standard 5/8" residential meter<sup>1</sup>.
6. An increase in the Turn Off / Turn On Charge from \$45 to \$48.
7. An increase in the Fees for Use of Fairfax Water Fire Hydrants to include the increase in the Commodity Charge.
8. An increase in the Installation of Sewer Use Meter Charge from \$36 to \$38.

<sup>1</sup>Charges reflect fees associated with a standard 5/8" residential meter. Changes in charges for larger residential and commercial meters are reflected in the Proposed Schedule of Rates, Fees, and Charges.

Fairfax Water is also proposing a \$183.2 million budget for calendar year 2019<sup>1</sup>. Revenues are expected to be \$183.2 million in 2019. Water sales are expected to provide \$158.3 million. Approximately \$24.9 million is expected from connection charges, investment income and other sources.

The major areas of operation and maintenance expense are:

Category	-\$1,000s -	
	2018	2019
Personal Services and Employee Benefits	\$ 55,934	\$ 57,584
Power and Utilities	10,755	11,102
Chemicals	6,958	7,532
Purchased Water	7,810	7,155
Supplies and Materials	5,261	5,444
Insurance	955	1,075
Fuel	700	728
Postage	603	612
Contractual Services	12,481	12,974
Professional Services	1,001	1,065
Other	2,428	2,505
<b>Sub-Total</b>	<b>104,886</b>	<b>107,776</b>
Transfer to Improvement Fund	(10,248)	(10,380)
<b>Total</b>	<b>\$ 94,638</b>	<b>\$ 97,396</b>

Net revenues are expected to be appropriated as follows:

Debt Payment	\$42,988,000
Improvement Fund	\$11,000,000
General Fund	\$31,337,000

<sup>1</sup> Fairfax Water's Board will continue to monitor economic factors and review revenues and expenditures at mid-year to determine if additional action is needed.

A copy of the proposed changes to the rates can be viewed on our website at [www.fairfaxwater.org/rates](http://www.fairfaxwater.org/rates). A copy of the proposed budget can be found at [www.fairfaxwater.org](http://www.fairfaxwater.org). Those wishing to speak or receive a copy of the proposed changes should call Ms. Eva Catlin at 703-289-6017.

Interested parties may submit written comments to [PublicHearingComments@fairfaxwater.org](mailto:PublicHearingComments@fairfaxwater.org) or mail written comments to:

Fairfax Water  
Public Hearing Comments  
8570 Executive Park Avenue  
Fairfax, VA 22031

All written comments must be received by close of business on Wednesday, December 12, 2018, to be included in the record of the public hearing.



Lane's Mill DAR members along with Fairfax Resolve SAR members and various community volunteers worked to clean up the site of Lane's Mill.

## Cleanup at Lane's Mill Site

Local Lane's Mill DAR members, along with Fairfax Resolve SAR members and various community volunteers, met at the confluence of Rocky Run Creek and Bull Run Creek in Centreville, the site of Lane's Mill. Ed Ehlers, Heritage Conservation Branch, and Christopher Sperling, senior archeologist of the Archeology and Collections Branch, both employed by Fairfax County Park Authority, led the Saturday, Nov. 10 morning with a briefing about the historical site and instruction on how to remove debris and overgrown vegetation.

The Park Authority acquired the land in

1989 and is currently interested in reviewing the site's historical significance to the county as an early colonial mill and later as one of the first Fairfax County businesses owned by free African American, Pendleton Robinson.

Interest from community members has encouraged the county to pay for an archeological survey to determine better ways to preserve and utilize this difficult to maintain site.

For more information on being a part of the Cub Run Stream Valley Park Volunteer Team go to: <https://www.facebook.com/cubrunpvt> or [cubrunpvt@gmail.com](mailto:cubrunpvt@gmail.com).

## CRIME REPORT

The following incidents were reported by the Sully District Police Station.

**UNLAWFUL DISCHARGE OF A FIREARM:** 6200 block of Astrid Court, Nov. 10, 6:54 p.m. A 60-year-old man from Centreville and his 27-year-old daughter were engaged in a verbal argument. The man discharged his gun into the bedroom ceiling. He was charged with malicious discharge of a firearm, brandishing and simple assault.

**ROBBERY:** 13926 Lee Highway (Walgreens), Nov. 2, 9:50 p.m. A store employee reported a man jumped the pharmacy counter, punched him, took prescription drugs, and ran out of the store. The victim described the suspect as a black man, approximately 22 years old, about 5'6", and about 180 pounds.

**BURGLARY:** 6800 block of Drifton Court, Oct. 26, sometime during the day. The victim came home and noticed her bedroom was ransacked. Further investigation revealed the sliding glass door in the basement was broken and jewelry was missing.

**ROBBERY:** 14301 Lee Highway (Shell Gas Station), Oct. 25, 10:38 p.m. The suspect entered the Shell Gas Station, pointed a handgun at an employee and demanded money. The suspect took money and left the store.

**NOV. 13 LARCENIES**  
7300 block of Clifton Road, property from residence  
14600 block of Flint Lee Road, air conditioning and heating unit from location  
14100 block of Lee Highway, cigarettes from business  
14000 block of Red River Drive, laptop computer

and keys from vehicle

**NOV. 9 LARCENIES**  
7800 block of Blackacre Road, electronic device from residence  
13300 block of Caballero Way, personal documents from residence

6200 block of Frosty Winter Court, wallet from location  
14000 block of Grumble Jones Court, cash from vehicle

**NOV. 8 LARCENIES**  
2500 block of Parkers Lane, purse from location  
14100 block of Saint Germain Drive, liquor from business

**NOV. 7 LARCENIES**  
14500 block of Lee Road, cell phone from location  
6300 block of Powder Flask Court, wallet from vehicle

**NOV. 6 LARCENIES**  
12100 block of Blue Topaz Lane, package from residence  
7700 block of Wyckland Court, clothing from residence

**NOV. 5 LARCENIES**  
5900 block of Fort Drive, keys from location  
4000 block of Mapleton Drive, bicycle from residence

14100 block of Saint Germain Drive, wallet from location  
5600 block of Stone Road, cash from residence



Sorting the donated food are members of The Church of the Blessed Trinity in Centreville's Gate Post Estates community. From left are Karen Spottswood, Crystal Perkins, Rochelle Brown, Cheron Sloan and Valerie Grayson.

PHOTOS BY BONNIE HOBBS



Westfield High sophomore Jacob Morriberon, of Boy Scout Troop 1826, sorts a box of canned goods.



Boy Scouts (from left) Westfield junior Aaron Darity, Troop 30; Westfield freshman Mitchell Palmer, Troop 1826; Stone Middle seventh-grader Nathan Palmer, Troop 1826; Westfield junior John Simmons, Troop 30; and Chantilly High sophomore Alexander Alvarez, Troop 1995, are ready to load boxes of food in vehicles for transport to WFCM's pantry.

# Scouts, Community Stock WFCM'S Food Pantry

Despite cold temperatures in the 40s, Girl Scouts, Boys Scouts, students, church members and other volunteers enthusiastically helped out during the Nov. 10, Sully District Scouting for Food drive to help fill Western Fairfax Christian Ministries' (WFCM) food pantry. They collected, sorted and transported some 62,187 pounds of food donated by the community to help local families in need.

From left: Girl Scouts Juliet DeLap, Vidya Malgari and Ava Przybysz, of Troop 3327, pack up cans of tuna.



Sorting canned goods are (from left) Girl Scouts Lauren Badshaw, Troop 3327; Megan Staton, Troop 893; and Ava Stuart, Troop 3327.



From left: Avery McNaughton, J.J. Hill, Samantha Bowen and Autumn Roberts, all of Girl Scout Troop 3327, help sort canned goods.



Centreville High senior Spencer Bartlett, of Boy Scout Troop 30, prepares to move boxes of donated food to a table for sorting.

## ROUNDUPS

### Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Tuesday, Nov. 27, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may

have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

### Food for Library Fines

During the month of November, residents are asked to bring nonperishable food items to their local libraries. In return, the library will waive \$1 in fines people owe, for each item they bring in, with a maximum of \$15 in reduced fines per person. Even if people don't owe fines to their library, they're en-

couraged to donate food. All food collected will go to Food for Others, a nonprofit food pantry helping people in need in Northern Virginia. All Fairfax County libraries are participating.

### Meals on Wheels Drivers Sought

Meals on Wheels Drivers pick up meals and deliver them to individuals on a specific route. Routes take a maximum of two hours to deliver all meals. Deliveries are made mid-day Monday, Wednesday, and Fridays. Deliveries can be made by an individual or as

part of a volunteer group. Email [volunteersolutions@fairfaxcounty.gov](mailto:volunteersolutions@fairfaxcounty.gov).

### Meals on Wheels Volunteers

Fairfax County needs Meals on Wheels drivers in Chantilly and group Meals on Wheels coordinators in both Chantilly and Fairfax. Contact Volunteer Solutions at 703-324-5406, TTY 711, [VolunteerSolutions@fairfaxcounty.gov](mailto:VolunteerSolutions@fairfaxcounty.gov) or visit [www.fairfaxcounty.gov/dfs/olderadultservices/volunteersolutions.htm](http://www.fairfaxcounty.gov/dfs/olderadultservices/volunteersolutions.htm).

# 'A Message of Hope, Imagination and Friendship'

## Greenbriar dad and daughter acting in "The Little Princess."

BY BONNIE HOBBS

A father and daughter from Chantilly's Greenbriar community have major roles in the City of Fairfax Theatre Co.'s upcoming play, "The Little Princess." And people may either attend just the show or have a meal, as well, during two, dinner-theater performances.

This classic tale that's been both a book and a movie is about Sarah Crewe. A young girl who's been living with her wealthy father in India, she's sent to England for a proper education while he's away at sea.

"She has a wonderful imagination, and the other girls at the boarding school love her for brightening their lives," said Co-Producer Jessica Russo. "But the headmistress is not a kind woman. And when Sarah's father dies, she punishes Sarah by making her live in the attic and be a servant to her friends."

Russo praised her "great cast of girls, ages 8-17, plus a few adults. The older kids have taken the younger ones under their wing, and they all get along well. The scenes take place at the school and in Sarah's imagination, and we have an extensive set that's really magical. And the early 1900s school uniforms the girls wear are adorable."

"Our director, Jessica Dubish, has created a wonderful atmosphere of play and creativity for the kids," continued Russo. "The audience will like our talented, young ac-



Posing on the set of "The Little Princess" are (from left) Alyssa Kiffer, Martha Zimmerman, Gigi Moon and Sydney Krug.

PHOTO BY BONNIE HOBBS

tors — there's an energy from them that will make people smile. This show will get people in the mood for the holiday season and will present a message of hope, imagination and friendship."

Greenbriar resident Brandon Moon plays Capt. Crewe, Sarah's father. "He's a widower who encourages imagination and creativity in his daughter," said Moon. "He's also adventurous, himself, and isn't afraid to throw all his money into a diamond-mine venture. But he's a good guy and the quintessential dad."

Excited to be part of this theater company, Moon said, "I like working with Alyssa and the other girls. It's my first role ever, so I get to explore a different side of myself. The play is about a girl and her father, and to

be a part of that with my own daughter — [Gigi, portraying one of the schoolgirls] — is really special. My character is beloved, so it's nice to have people look at me with stars in their eyes. And it's fun to wear a uniform."

Moon said the audience will enjoy the play because "It's such a good message for girls coming of age. It's the idea that every girl is a little princess and has special things about her that need to be encouraged. Parents should definitely bring their children to this show."

His real-life daughter, Gigi, a fourth-grader at Greenbriar West Elementary, plays Becky, a servant girl who becomes Sarah's friend. "Becky is terrified of the headmistress, Miss Minchin, who's really mean,"

said Gigi. "She tries to mind her own business, but she sometimes gets caught up in things and starts talking when she's not supposed to. She's friendly, obedient and nice and doesn't want to get in trouble."

Gigi likes her role because, she said, "I have this really cool British accent. I also like my costume — a boy's shirt with a plaid jumper over it. And it's fun because Becky's not supposed to talk to the other girls; but when Miss Minchin is out of the room, Becky gives huge speeches."

As for the show, Gigi said people will like all the characters' attitudes and how the girls react to Minchin. "They'll also enjoy the scenes that are really touching," she said. "And the set is so detailed — they did such a good job painting it."

Portraying Sarah is seventh-grader Alyssa Kiffer. "At the beginning, she has everything, but isn't snobby," said Alyssa. "She's kind and generous to others. Then when she loses everything, she starts to lose hope in herself. But her friends help her gain confidence again."

Alyssa said Sarah is always imagining things. "When something isn't going well for her, she pretends it's different, and she helps others pretend, too, to cheer them up," said Alyssa. "She's a role model for me because everyone wants to be a person who always has a positive attitude toward others, no matter what."

She said it's challenging because she had to learn so many lines. "But it's also fun because, as the lead, you get to create character choices to show how your character changes over time," she said. "You also get to illustrate the moral of the story — if you keep moving forward and have a positive outlook, your life may become better."

## Man Pleads Guilty to Two Robberies In June 2017 in Centreville.

BY BONNIE HOBBS

A Centreville man is facing the possibility of several years in prison after pleading guilty to two robberies. He is Youssif Aziz, 27; and although he committed these crimes in June 2017, he wasn't apprehended until this past spring.

Fairfax County police arrested him May 4 and subsequently charged him with a trio of 2017 robberies:

- ❖ June 8 — Advance America, a check-cashing/payday-loan business in the Centreville Square Shopping Center in Centreville;

- ❖ June 9 — TD Bank, 9500 block of Main Street in the City of Fairfax;

- ❖ June 17 — TD Bank, 6200 block of Multiplex Drive in Centreville's Centre Ridge community.

Aziz appeared Sept. 12 in General District Court and, at that time, his robbery charges for the June 8 and June 17 offenses were certified to the grand jury, which indicted him on them on Sept. 17. The charge for the June 9 offense was dropped in exchange for his promise to plead guilty to the two other crimes.

And he did just that, Nov. 8, in Circuit Court before Judge David Oblon. Aziz told the judge that, although he works in information technology, he has an associate degree in criminal justice. Before accepting his guilty pleas, Oblon asked him some questions.

"Are you pleading guilty freely and voluntarily and because you are, in fact, guilty of these charges?" asked the judge. "Yes, Your Honor," replied Aziz.

"Do you understand that, by pleading guilty, you give up your right to a trial by jury and to defend yourself [in court]?" asked Oblon. Again, Aziz answered affirmatively. The judge also made sure Aziz realized that the state sentencing range for robbery is five years to life in prison.

"And do you understand that the sentences for each count [of robbery] could run consecutively and that I could sentence you above or below these guidelines?" asked Oblon. Again, Aziz said he did.

Noting that the attorneys involved had made no agreement regarding Aziz's sentence, Oblon acknowledged that the commonwealth had agreed to "bring no further charges in these two cases and dropped

another criminal charge" against the Centreville man. He then formally accepted Aziz's pleas, and then Assistant Commonwealth's Attorney Marin Hoptamagian presented what the prosecution's case would have been, had these matters gone to trial.

In the June 8, 2017 incident at Advance America, she said, the female teller was alone when Aziz entered the business. "The suspect carried a motorcycle helmet in his hand and placed it in the door to prop it open," said Hoptamagian. "He put on a black baseball cap and pulled up his hoodie to hide his face."

Then, she said, "He charged the counter and said, five or six times, 'Give me all the money.' He then opened and placed a black, folding knife on the counter and said, 'Don't play with me.' She gave him what was in the cash drawer, and he also asked for what was in the safe, but she said it was empty. He left with \$243."

But, said Hoptamagian, "A plastic piece had fallen off [Aziz's] motorcycle helmet, and the DNA on it matched his. And cell-phone pings in the area were traced to his phone before the offense."

As for June 17, 2017 robbery at TD Bank, the victim was one of two tellers there at the time. She said Aziz "announced the robbery and said, 'Don't touch the alarm.' He pulled a knife from his pocket, placed it on the counter and said, 'Don't give me a dye pack.' He got \$2,563.

In both robberies, the suspect was described as white, possibly Hispanic or of Middle Eastern descent, in his 20s, between 5 feet 5 inches and 5 feet 9 inches tall, and 140 pounds. Police were also able to obtain bank surveillance photos of him.

Hoptamagian said Aziz's description matched that of the suspect, and his cell phone was used in the area of the June 17 offense, before and after the robbery. Explaining the motive for his crimes, she said, "The suspect committed the robberies to pay off a significant gambling debt."

Defense attorney Peter Greenspun declined to respond to her in court, except to say, "We'll give substantial context" at sentencing. Oblon set Aziz's sentencing for Feb. 1 and ordered a pre-sentencing report be made on him. Until that date, he'll continue being held without bond in the county Adult Detention Center.

# A Thanksgiving Story A genealogical journey to Plymouth.

BY LAUREN KIRBY

“**Y**ou come from good stock.” This phrase was commonly used in my family as my mother, Genevieve Ellis (North) Mahlbacher, used the term to compliment a quick recovery from illness or something remarkable I or my brother had done. She never expanded on the statement, so I didn’t know what it meant. In the spirit of Thanksgiving, I’d like to share my story and the surprises uncovered as I researched my genealogy over the last three years.

When my mother, Genevieve, passed away in 1999, my brother, Jon, and I divided her worldly possessions. Among them was “The Illinois Quest of Asahel North and John McCollister, Sr.,” (“The Quest”) which was originally published in 1991 and updated in 1997 by a distant cousin. The Quest contains hand-written notes of both men’s journeys West, first-hand family memories and ancestral pedigree charts.

I began informally researching my ancestry in 2015. I remembered “The Quest,” retrieved the two-inch-thick-bound document from a basement cabinet and spent the next two years looking for clues as time permitted. One day, I focused on several pedigree charts and notes I’d passed over many times. The charts outlined generation after generation where I found Peter Swallow, a Revolutionary War soldier, and names of six Civil War soldiers. I learned my grandfather was a WWI war hero who fought in France under Blackjack Pershing and was wounded saving his machine gun battalion under German attack. I found more names I didn’t recognize: Wales, Brittel, Griswold, Sabin, Witter, Partridge, Collier and Brewster. I put my finger on the name, “Elizabeth Wales” and traced the different names to William Brewster at the top of the pedigree chart. Then, I saw it: “Mayflower arrive Cape Cod/Plymouth November 21, 1620.” After catching my breath, I slid my

William Brewster:



William Brewster.

finger back down the page to the junction point where Wales, a Brewster descendant, married Marcus North in 1850. Holy smokes! I realized that Marcus North, my two-time great grandfather, married into a Mayflower family line ... Could it be? “The Mayflower”? 1620? Really?

With more extensive research online, at the library and physically researching family records in White Hall, Ill., I confirmed that, in fact, William Brewster born 1566 was The Elder William Brewster – the same Calvinist religious leader that, with William Bradford and Captain Miles Standish – led the Pilgrims from Plymouth, England on the Mayflower to the new world. With this information, I dove into the Pilgrim experience to discover Elder Brewster’s past: marriage to Mary Smythe; birth of children Jonathan, Patience, Fear, Love and Wrestling; flight from King James’ persecution to Holland in 1608; and evolution into the role as religious of the Mayflower Colony in 1620. I discovered that I am descended



Lauren Kirby holding “The Quest.”

from William’s son, Love Brewster and his wife, Sarah Collier.

Just when I thought all the surprises were uncovered, there was one more. The first year in the new world was fraught with famine and disease, and 50 percent of the 102 passengers and 30 crew died. Indigenous Indians assisted the fledgling group and a friendship began. Squanto, a Patuxet Indian imprisoned for several years by the British, spoke English. He taught the Pilgrims about the soil and how to grow corn and make nets to catch eel, cod and bass.

As I read of the events before, during and after the Plymouth landing, I was struck at the point where they had to decide whether to stay and be persecuted for their beliefs or board the Mayflower (which was rickety and leaky), leave their families, and head to a new world with unknown risks. I realized that without Squanto, there was a high probability that all the Pilgrims would have perished very quickly.

To give thanks for the first successful har-

vest, 90 Native Americans and the remaining 50 Pilgrims celebrated together. Eleanor Billington, Elizabeth Hopkins and Susanna White were the remaining wives who survived the first year. Together, with another wife named Mary Brewster, the women prepared the first Thanksgiving dinner. When I first discovered this reference, I corroborated it with several books about the Pilgrims and the first Thanksgiving. And, there she was ... referenced along with the other living wives. This was surprise number 3! There was the Mayflower connection, I’m Elder William Brewster’s descendant, and his wife cooked the dinner? Poof — mind blown!

Mary Brewster died in 1627 and William died in 1644 at 80 years old. Elder William Brewster is my nine-time great grandfather. Love Brewster was born in 1611 in Leiden Holland and died in 1650. My lineage continued through

Love’s son, William Brewster and his wife Lydia Partridge and on through their son, Benjamin and his wife, Elizabeth Witter. I thought this was an important story to tell because we’ve all learned about the Pilgrims, the Mayflower and the first Thanksgiving meal. We believe the Pilgrims had turkey at the first Thanksgiving, so we enjoy it today. Several references mentioned that turkey was just too hard to catch, so the Indians encouraged more eel which was in abundance. I realized that the Mayflower passengers were real people who lived real lives. They were afraid, proud, and hopeful; experienced great success and crushing loss; and suffered through blinding New England winters with insufficient housing, food, clothing and medical care. In the end, they took great risk and bore a tremendous struggle for what they believed. We enjoy our freedoms today because of these brave and courageous people: people I’m proud to call my relatives who passed along this good stock.

*Lauren Kirby resides in Centreville.*

## LETTERS TO THE EDITOR

### Public Problem

To the Editor:

After reading the article titled, “Working To Stop Human Trafficking,” [Centre View, Nov. 14] I was shocked to learn how quickly someone can be cornered and taken for human trafficking. I’ve heard of missing people

in the area but never had assumed that they were taken to be sex trafficked.

I read recently that China is one of the most prominent countries when it comes to human trafficking with over 20 million people being trafficked and then sold

elsewhere. 125 people annually from Northern Virginia is nowhere close to the 20 million but it is still enough that I believe people should be talking about it more rather than putting on metaphorical blinders since it does not occur to everyone.

I have never turned on the news to be confronted about the sex trafficking happening in our area when in reality, I should be hit head-on with this issue. This is a public problem that people should be banding together to help prevent, not sitting back and watching it happen.

**Madalynn Eger**  
Centreville

Freshman at James Madison University

### Growth in Trafficking

To the Editor:

Reading Vincent Fusaro’s “Working to Stop Human Trafficking,” I was reminded of the speakers and required activities I was required to attend in school regarding the human trafficking problems in Fairfax County.

I have grown up knowing this information, and have not taken much time to really think about it. I think to understand the issue and better know what we can do to solve it, it is important to step back from the individuals involved and look at the problem as a whole. Why is this happen-

ing, and why is it happening here? Are there patterns? What is it about Fairfax County and Northern Virginia that allow for this abundance of human trafficking?

In a global sense, the United States is not one of the top countries in regard to human trafficking. That being said, some countries have lessened their numbers of human trafficking, while the numbers seem to be growing in the United States. I am glad to see that my own community is taking a stand for change, and I hope to see these efforts grow and succeed.

**Jenny Marty**  
Clifton

Freshman at James Madison University

# OPINION

# Give Locally

For tens of thousands of poor children and families in our area, uncertainty and need are distant from the celebrations and plenty that so many of us associate with this holiday period.

The holidays are about giving, and giving thanks. The holidays are about children and family. The holidays are about sharing, about joy. The holidays are about being thankful and about faith and appreciation. The holidays are about alleviating suffering for others.

Northern Virginia is among the wealthiest areas in the country. Many if not most of us go through our daily and seasonal routines without encountering evidence of the needy families among us.

In Fairfax County Public Schools, more than 54,000 students (29 percent) are poor enough to receive subsidized meals.

## EDITORIAL

Many are children living in families who may be on the brink of homelessness, families who must choose between medical bills, car repair, heat and food. Some of these are children who may not be sure that they will have a meal between the meals they get in school.

School holidays can bring uncertainty and hunger, a far cry from the celebrations, gifts and plenty that we associate with Thanksgiv-

ing and Christmas.

Hundreds of homeless students attend the public schools, and their needs are greater.

Many nonprofits in the county need your help to provide a holiday meal for Thanksgiving or Christmas, to provide children with gifts.

There are literally hundreds, probably thousands, of ways to give locally this season. Here are a few ideas. We will rerun this list again after Thanksgiving, so please let us know what we have missed.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

## List of Nonprofits in Fairfax County

❖ **Cornerstones**, 11150 Sunset Hills Road, Suite 210, Reston, serving Reston and Herndon. 571-323-9555, [www.cornerstonesva.org](http://www.cornerstonesva.org). Nonprofit providing support and advocacy for those in need of food, shelter, affordable housing, quality childcare, and other human services. Programs and services include the Embry Rucker Community Shelter, Emergency Food Pantry, Hypothermia Prevention Program, Thanksgiving Food Drive, Gifts for Kids and annual Coat Drive. For families in need, often there isn't enough money to spend on gifts. To register for the Gifts for Kids drive, visit <https://www.cornerstonesva.org/gifts-for-kids-donation-form/>. Personalized wish lists will be distributed within two business days of your submission. Gifts will be collected at Cornerstones' main office, 11150 Sunset Hills Road, Suite 210, Reston, VA 20190, during the following times: Thursday, Dec. 6 and Friday, Dec. 7: 9 a.m. – 6 p.m.; Saturday, Dec. 8: 9 a.m. – 12 p.m. Contact Nate King, Donations and Drives Coordinator, at 571-323-9569.

❖ **SHARE** of McLean operates a food pantry; provides assistance to families to avoid eviction, keep utilities on and meet other needs in a crisis. Share of McLean will provide holiday assistance to hundreds of needy families this year. In December, Share's families will be welcomed to a festive party, served a light meal, and Santa will travel all the way from the North Pole to take photographs with the children. Help Share help those in need by fulfilling a wish or donating Walmart, Target, Giant, or Safeway gift cards. Contact [ShareWishes@gmail.com](mailto:ShareWishes@gmail.com) for more information. Visit [www.shareofmclean.org](http://www.shareofmclean.org) for more info about Share.

❖ **Herndon-Reston FISH** (Friendly Instant Sympathetic Help), 336 Victory Drive, Herndon, 703-391-0105 [herndonrestonfish.org](http://herndonrestonfish.org) Herndon-Reston FISH has assisted local residents in short-term crises by since 1969. 703-437-0600.

❖ **LINK**, serving Herndon, Chantilly, Loudoun and more. Every year the goal is to provide each family with a week's worth of non-perishable food in November and again in December. When funds allow, grocery gift cards are also included. In November,

clients also receive a voucher for coats and warm clothing. In December, children 16 and under receive gifts. [holiday@linkagainsthunger.org](mailto:holiday@linkagainsthunger.org). 703-437-1776 [www.linkagainsthunger.org](http://www.linkagainsthunger.org).

❖ **Committee for Helping Others** (CHO), Vienna, organized in 1969 by a group of churches and individuals in the Dunn Loring, Merrifield, Oakton, Vienna community to provide simple, loving charity to those in need. Coming up, holiday bike drive. 703-281-7614, [www.cho-va.com](http://www.cho-va.com)

❖ **Our Neighbor's Child** (ONC) volunteers are preparing for delivery of holiday gifts for children from financially struggling families in western Fairfax County – predominantly in Centreville and Chantilly. [www.ourneighborschild.org/](http://www.ourneighborschild.org/)

❖ **Northern Virginia Family Service**. The organization provides the essential building blocks for financial, emotional and physical well-being, serving as leaders and innovators for the Northern Virginia community. Every year, it empowers 35,000 individuals to achieve self-sufficiency. [www.nvfv.org](http://www.nvfv.org) Northern Virginia Family Service, 10455 White Granite, Drive, Suite 100, Oakton, VA 22124. 571-748-2500

❖ **Second Story** — Second Story (formerly Alternative House) provides shelter and services for homeless, runaway or abused teenagers, unaccompanied youth, and young mothers and their children. [second-story.org](http://second-story.org).

❖ **Shepherd's Center of Oakton Vienna** providing services, personal enrichment, volunteer opportunities for adults 50 and over. Currently serving 3,000-plus mature adults in the region. 703-281-0538, [www.scov.org](http://www.scov.org)

❖ **Touching Heart** in Herndon is a nonprofit organization whose mission is to educate children to have giving hearts. [www.touchingheart.com](http://www.touchingheart.com), 703-901-7355.

❖ **Western Fairfax Christian Ministries** — food pantry at 13981 Metrotech Drive in Chantilly. For more information or to sponsor a

family, call 703-988-9656, ext. 105. To mail gift cards or send donations by check, add a note saying "food basket program" and send them to: WFCM, P.O. Box 220802, Chantilly, VA 20153. 703-988-9656.

❖ **FACETS** helps parents, their children and individuals who suffer the effects of poverty in the Fairfax area, a partner in efforts to end homelessness in Fairfax County. FACETS is always in need of donations and volunteers, and offers a variety of one-time and ongoing opportunities. 703-865-4251 or [volunteer@facetscares.org](mailto:volunteer@facetscares.org). [www.facetscares.org](http://www.facetscares.org). 10640 Page Ave., Suite 300, Fairfax VA 22030

❖ **Britepaths** Britepaths is working to assist 800 Fairfax County area families who might otherwise go without with Thanksgiving meals, December holiday meals and gifts for their children in December. Sponsor a family or donate to provide a family with a holiday meal and/or gifts for their children. [britepaths.org](http://britepaths.org)

❖ **Fairfax City Area FISH** (For Immediate Sympathetic Help) FISH provides funds and volunteers to serve the needy and elderly in the greater Fairfax City area of Fairfax County. FISH responds to requests for life's necessities: food, clothing, financial assistance for delinquent rent, mortgage, utility bills, gasoline, and prescriptions. Requests for assistance are passed on to FISH by the Office of Coordinated Services Planning 703-222-0880 [fairfaxfish.org/](http://fairfaxfish.org/)

❖ **Lamb Center**, [www.thelambcenter.org](http://www.thelambcenter.org), day center for homeless, Fairfax 703-691-3178.

❖ **Food for Others** Located at 2938 Prosperity Ave., Fairfax, VA 22031, 703-207-9173. 2938 Prosperity Ave. [info@foodforothers.org](mailto:info@foodforothers.org). Most needed items include: Fresh fruits (oranges, apples, bananas, tomatoes, avocados, grapes, berries), Fresh vegetables (cucumbers, celery, peppers, lettuce, eggplant), Canned chili, Canned tomato products (crushed, peeled, diced, etc.), Canned meat (chicken, beef, turkey, or seafood), Rice, 16 oz packages, Spaghetti sauce, 14 oz – 1lb (ideally in cans instead of glass), Canned fruit (packed in fruit juice instead of syrup) 11oz – 20oz, Beans, dried or canned (black, kidney, pinto, etc.), Canned pasta. [www.foodforothers.org](http://www.foodforothers.org)

❖ **Ecumenical Community Helping Others** (ECHO), 703-569-9160. Open to receive donations at 7205 Old Keene Mill Road, Springfield. Provides food and financial assistance to those in short-term emergencies, and provides clothing and household goods to low income families. Outerwear drive through Dec. 14. See Greater Springfield Chamber for drop off locations. [www.echo-inc.org](http://www.echo-inc.org).

❖ **Lorton Community Action Center** (LCAC) will provide Thanksgiving and holiday assistance to hundreds of families. Thanksgiving and Christmas food baskets along with fulfilling gift wishes for children and teens will help low-income families. See website for warm coat and Christmas donations and volunteer needs. [lortonaction.org/seasonal-assistance/](http://lortonaction.org/seasonal-assistance/).

❖ **Assistance League of Northern Virginia** is an all-volunteer nonprofit organization that feeds, clothes and educates children in need. Assistance League's philanthropic programs touch the lives of thousands of children at 11 Title I schools in Northern Virginia, serving children most in need at selected schools in Fairfax and Prince William counties and the City of Alexandria. To learn more about volunteer and sponsorship opportunities, contact [alnorthernva@gmail.com](mailto:alnorthernva@gmail.com) or visit [www.northernvirginia.assistanceleague.org](http://www.northernvirginia.assistanceleague.org)

❖ **Comfort for America's Uniformed Services** (CAUSE) ensures that recuperating service members have opportunities for recreation and social interaction and receive concrete signs of appreciation for all that they have done. Mailing address: 4201 Wilson Blvd., #110-284, Arlington, VA 22203, CFC #33011, Phone 703-591-4965, [cause-usa.org](http://cause-usa.org)

❖ **Shelter House** provides crisis intervention, safe housing and supportive services to promote self-sufficiency for homeless families and victims of domestic violence in Fairfax County. [www.shelterhouse.org](http://www.shelterhouse.org)

❖ **United Community Ministries**, Mount Vernon, 703-768-7106, 7511 Fordson Road, Alexandria, VA 22306 assists low-income families and individuals living along the Route 1 Corridor, UCM provides housing

SEE WHERE TO GIVE. PAGE 11

## CENTREVIEW

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A Connection Newspaper

# ENTERTAINMENT



## Holiday Train Show

The Fairfax Station Railroad Museum will host its 29th annual holiday train show with a multitude of model trains to include Z, N, HO, LEGO, S, O, Standard, and G scales. Bring broken locomotives to the "Train Doctor." Admire the antique cars visiting for this event, weather permitting. Visit the gift shop for holiday gift items and Santa may stop by to visit. Saturday, Dec. 1, 10 a.m.-5 p.m.; Sunday, Dec. 2, noon-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit [www.fairfax-station.org](http://www.fairfax-station.org), [www.facebook.com/FFXSRR](http://www.facebook.com/FFXSRR), or call 703-425-9225.

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

### PET ADOPTIONS

**Adopt a Dog.** Saturdays, 12-3 p.m. at Petco, 13053 Lee Jackson Highway. Visit [hart90.org](http://hart90.org) for more.

**Adopt a Dog.** Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog. Visit [aforeverhome.org](http://aforeverhome.org) for more.

**Adopt a Dog.** Saturdays, 1-4 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Adopt a puppy or dog. Visit [www.lostdogrescue.org](http://www.lostdogrescue.org) for more.

### FRIDAY/NOV. 23

**"Coyote Campfire."** 7-8:30 p.m. at the Walney Visitor Center in Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Take a break from the Black Friday rush. Satisfy your curiosity and sweet tooth with one howling good campfire at the "Coyote Campfire." Listen to coyote calls, take a hike and make s'mores while learning about these wily canines. For family members age 4 to adult. \$8 per person. Call 703-631-0013 or visit [www.fairfaxcounty.gov/parks/eclawrence](http://www.fairfaxcounty.gov/parks/eclawrence).

### SATURDAY/NOV. 24

**"Turkey Walk."** 10-11 a.m. at the Walney Visitor Center in Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Work off some of that Thanksgiving turkey, mashed potatoes and pumpkin pie with a morning walk at the park. On the "Turkey Walk," discover the wild turkeys' habitats and secret ways through a cedar forest. Look for wild turkeys and their signs. For participants age 3 to adult. \$6 per person. Call 703-631-0013 or visit [www.fairfaxcounty.gov/parks/eclawrence](http://www.fairfaxcounty.gov/parks/eclawrence).

**Build a Gingerbread House.** Noon-1:30 and 2-3:30 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Roland Mesnier and Mark Ramsdell, former White House Pastry Chefs,

will be guiding visitors through constructing their own gingerbread houses in this special event. \$40 (\$35 for museum members). Reservations and advance payment are required. Purchase at [squareup.com/store/fairfax-station-railroad-museum](http://squareup.com/store/fairfax-station-railroad-museum) or by emailing [events@fairfax-station.org](mailto:events@fairfax-station.org) with name, number of houses to purchase and seating time. Visit [www.fairfax-station.org](http://www.fairfax-station.org) or call 703-425-9225.

**A Visit with Santa.** Noon-4 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Bring a camera to take a picture with Santa in front of a real, open-hearth fire at Sully. Make a festive ornament to deck your own halls and see a holiday puppet show. Take a brisk tractor-pulled wagon ride, if the weather allows. Visits with Santa and wagon ride time slots will be based on arrival time. \$7 per person. Call 703-437-1794 or visit [www.fairfaxcounty.gov/parks/sully-historic-site](http://www.fairfaxcounty.gov/parks/sully-historic-site).

**Sugar Plum Fairy Tea Party.** 1:30-3 p.m. at Little Rocky Run Rec. Center #3, 13900 Stonefield Drive, Clifton. Mia Saunders School of Ballet will entertain aspiring ballerinas with a performance by the cast of this year's Nutcracker production, light tea party treats, fun games and an appearance by the Sugar Plum Fairy. Benefits St. Jude Children's Research Hospital. Reservations are required and the event is appropriate for ages 3 and older with accompanying adult. Purchase \$10 tickets by email at [msb.teaparty.tickets@gmail.com](mailto:msb.teaparty.tickets@gmail.com).

### SATURDAY-SUNDAY/NOV. 24-25

**Fairfax Ballet Company's Nutcracker.** Saturday, 2 and 7 p.m.; Sunday, 2 p.m. at W.T. Woodson High School, Fairfax. The Fairfax Ballet Company presents the full-length production of "The Nutcracker," the family-friendly holiday tradition. Company members, along with students from the Russell School of Ballet and George Mason University, and professional guest artists, join Clara and her Nutcracker Prince in a

SEE ENTERTAINMENT, PAGE 10



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## Public Meetings

### Fall Transportation Meetings: Updated Schedule

You are invited to participate in public meetings held by the Commonwealth Transportation Board. The meetings will begin with an open house followed by a public comment period. At the open house you can learn about various transportation initiatives, as well as Virginia's project prioritization process (SMART SCALE), Virginia's Statewide Transportation Improvement Program, and the VTrans Multimodal Transportation Plan. Representatives from the Office of Intermodal Planning and Investment and Departments of Transportation and Rail and Public Transportation will be in attendance to highlight their transportation programs and discuss your ideas and concerns about Virginia's transportation network. The open house will be followed by a public comment period, where you can provide comments about the various initiatives. Comments will be accepted at the meeting and may also be submitted via email or online at [www.CTB.Virginia.gov](http://www.CTB.Virginia.gov).

Updated Schedule: Area Public Meetings will be held at the dates, locations and times listed below:

**Wednesday, November 28, 2018 at 5:30 p.m.\***  
NOVA District Office  
Potomac Conference Room  
4975 Alliance Drive  
Fairfax, VA 22030

**Thursday, November 29, 2018 at 4 p.m.\***  
Fredericksburg District  
Office Auditorium  
86 Deacon Road  
Fredericksburg, VA 22405

Fall meeting materials will be available at:

<http://www.ctb.virginia.gov/planning/fallmeetings/> beginning October 15, 2018.

\*Please note that these dates have been changed from previous listings.

If you cannot attend a meeting, you may send your comments on highway projects to Infrastructure Investment Director, VDOT, 1401 E. Broad St., Richmond, Virginia 23219, or [Six-YearProgram@VDOT.Virginia.gov](mailto:Six-YearProgram@VDOT.Virginia.gov).

You may send comments on rail, public transportation, and transportation demand management to Public Information Officer, DRPT, 600 E. Main St., Suite 2102, Richmond, Virginia 23219, or [DRPTPR@drpt.Virginia.gov](mailto:DRPTPR@drpt.Virginia.gov).

Comments will be accepted until December 13, 2018.

The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of, its services on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).

# Teaching Gratitude, Giving

Child development experts share suggestions for helping children develop a sense of altruism.

BY MARILYN CAMPBELL

**W**hen teaching their three young children about gratitude and benevolence, Marcus Rosano and his wife Laura began with what they consider the basics: treating others with kindness.

“After leaving a sports practice, we tell them to go back and say, ‘goodbye’ and ‘thank-you’ to their coach,” he said. “My wife and I have focused on the way we treat others. Part of kindness is understanding that there are people in our community who can’t afford presents at Christmas and who aren’t going to have a Thanksgiving turkey with all the trimmings.”

The Rosanos’ method of instruction is an effective one, according to researchers who say that parents are their children’s most influential teachers. “The best thing a parent can do to promote altruistic behavior is to model the behavior themselves,” said Jessica McLaughlin, Ph.D., assistant professor of psychology at Montgomery College. “Kids imitate their parents and they are more likely to engage in altruistic behavior if we show them how to treat others with kindness and empathy.”

Parents can choose to partake in simple, random acts of kindness, while they are with their children, added Joanne Bagshaw, Ph.D., professor of psychology at Montgomery College. “For example, paying for someone in line behind you in the grocery store, or helping an elderly person carry their grocery bags to the car, or helping a neighbor shovel snow or clear ice from their walkway.”

Use that opportunity to initiate a dialogue, continued Bagshaw. “Then afterwards, talk with your child about how it made you feel to help someone else. Through that discussion, brainstorm with your child how it might have made the person you helped feel. [This will] help develop empathy in your child.”

“I would suggest that parents discuss with kids what circumstances other kids and families may be in over the holidays and how it may differ from their own,” said child psychologist Stacie Isenberg, Psy.D. “For example, there are families who have limited food and those who rely on shelters. They could also discuss ways to acknowledge and express gratitude for specific things they have, from food to heat to their personal belongings, like saying something from their day that they are grateful for; not just at Thanksgiving dinner, but every day at dinner or before bed.”

It is important that parents tailor their dialogue and lessons on gratitude and altruism to a child’s age and level of development, advises Linda Gulyn, Ph.D., professor of psychology at Marymount University.



PHOTO COURTESY OF MARCUS ROSANO

**Lesson on gratitude and giving during the holidays should be age-appropriate say psychologists.**

“Preschool-aged kids need to see the immediate and tangible effects of helping and giving to others,” she said. “For example, ‘See how much grandpa likes it when you help him carry the holiday decorations?’ Or ‘Because you shared your train tracks, now [your playmate] can get his train over the hill.’”

School-aged children learn best by seeing the social benefits and being part of group activities associated with giving and helping, suggests Gulyn. “[This is] because peers and people outside immediate family are more interesting to them,” she said. “For example the Girl Scout troop helped the elderly people decorate the senior living rec center.”

Teenaged children, on the other hand, are idealistic and interested in social justice issues, says Gulyn. “They care about pop culture, too,” said said. “My teens enjoyed shopping for holiday gifts for other kids who were socioeconomically disadvantaged. They bought sports team gear for fel-

low teen boys. “

Identify issues that are important to a child and provide opportunities for them practice altruism around those topics, suggests Carolyn Cass Lorente, Ph.D., professor of psychology at Northern Virginia Community College. “For instance if your child is interested in animals you might help them collect old towels and blankets in the neighborhood to take to a shelter,” she said. “This helps build a sense of agency and responsibility and shows them that we each can make a difference.”

“During the holidays, parents should share their family histories and traditions and note their good fortune in living today with many daily comforts and conveniences that their grandparents did not have,” said Short, Ph.D., professor of psychology at George Mason University. “Gift giving encourages empathy and perspective-taking to consider what others might like and it brings people closer together.”

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# Helping Keep Homeless Warm

Slightly higher numbers of residents in need face higher snowfalls forecasted.

BY ANDREA WORKER

This month, residents in the area were taken somewhat by surprise at the record-for-November snowfall on Nov. 15. For most in the region, the negative effects of the nor'easter meant hazardous commutes at the worst, or being annoyingly housebound on the less dramatic side of the scale.

For some of people experiencing homelessness, however, that snowfall brought potentially life-threatening consequences, and the forecasts for a more snow-filled winter than in years past means the dangers they face will only escalate as winter wears on.

The Hypothermia Prevention Program is an integral part of Fairfax County's battle to combat homelessness and keep this vulnerable population safe during the coldest months. Nonprofit organizations operate shelters for individuals and families year-round, but when winter arrives, the efforts of nonprofits, faith communities, civic organizations, businesses and volunteers — in collaboration with a number of government agencies — kick in to an even higher gear. The Office to Prevent and End Homelessness, the Community Services Board, the Police Department and the Sheriff's Office, the Fire Marshal's Office and the county's Land Development Services all work together with these partners to support the program and address the clients' needs for service and safety throughout the season.

The hypothermia season runs from approximately Dec. 1 – March 1, activating a no-turn-away policy at shelters and adding additional venues where the homeless can shelter, find food, clothing, other basic needs and resources aimed at helping to lift them out of their situations.

This year, a number of those venues have already opened their doors, such as the Falls Church Homeless Shelter on Gordon Road, which operates in partnership with New Hope Housing.

Fairfax County has been waging a war against homelessness since they first offi-



PHOTO CONTRIBUTED

**The Eleanor U. Kennedy Shelter on Richmond Highway will expand its services during the Hypothermia Prevention Program 2018-2019 season. The shelter and the program are operated by New Hope Housing.**

cially took up the challenge in 2007. In the 10 years between 2008 and 2018, the annual "Point in Time" census, conducted by dozens of staff and volunteers throughout the Metro region in accordance with guidelines from the U.S. Department of Housing and Urban Development, shows a decrease of almost 50 percent in the number of people who are homeless in the county. Those same statistics, however, show a slight uptick in the last 12-month period.

When the last Point-in-Time survey was done, on the night of Jan. 24, 2018, 987 people were counted among the county's homeless, up from 964 at the same time in 2017. Of those, 488 were people in families and 499 were single individuals. Homeless persons in families increased by 3 percent compared to 2017. The number of homeless families also increased, by 6 percent over last year, while the number of single adults increased by 2 percent since the 2017 count.

**THE NUMBERS** also inched up for families in emergency shelters and in transitional housing. One of the largest increases over 2017 figures was the 18 percent increase in families whose homelessness was due to domestic violence.

Part of the study showed that 44 percent

of single adults who were classified as "chronically homeless" suffered from serious mental health and/or substance abuse, a number identical to the last year. Also unchanged was the number of homeless children (298) under the age of 18.

The point-in-time statistics and some discussion about root causes and steps to take to further the cause are available on the county's website [www.fairfaxcounty.gov](http://www.fairfaxcounty.gov) by searching Office to Prevent and End Homelessness.

But right now, as the weather turns colder, the challenge and the immediate efforts are focused on keeping people who are unsheltered alive and safe and surrounded by welcoming neighbors willing to assist.

That safe welcome is available throughout the area, with the county divided into regions offering a variety of services.

New Hope Housing operates its Winter Seasonal program in Region I – the South County Route 1 area – out of the Eleanor U. Kennedy Shelter at 9155 Richmond Highway. Guests are welcomed to enter the shelter after 4:30 p.m. where they are provided with showers and laundry service, self-care supplies, dinner, and breakfast and bagged lunches the next morning.

Starting Dec. 1, New Hope Housing starts operation of its Hypothermia Prevention Program through Ventures in Community Hypothermia Outreach Program at the Rising Hope United Methodist Mission Church at 8220 Russell Road in Alexandria. That hypothermia shelter operates from 6:30 p.m. – 7 a.m., offering shelter, meals and other supplies. Both shelters also allow New Hope case management staff to assist with employment skills and housing assistance.

Within the City of Falls Church, the Friends of Falls Church Homeless Shelter partner with New Hope Housing to operate the Gordon Road facility, seven days a week from 6 p.m. to 8 the following morning. This shelter is already operational, and will remain open until March 31, 2019 to handle the winter homeless crisis. At the Falls Church shelter, guests have the oppor-



**The county already operates six shelters for both individuals and families, but during the coldest times more homeless people need assistance to stay safe and warm. The Hypothermia Prevention Program kicks in to offer this needed support.**

tunity to reserve their bed in advance, offering a sense of security for persons who often lack that basic need.

Region 2 is the Central area for the program, and includes Annandale and Seven Corners. New Hope Housing is at work in this area, as well, operating out of the Bailey's Crossroads Community Shelter (BCCS), located at 3525 Moncure Ave. in Falls Church. Because of the partnership of many neighboring faith communities, the BCCS can handle a larger number of guests by welcoming them first at their own location, and then transporting them to a faith community facility.

In the North County's Region 3, which includes Herndon and Reston, Cornerstones operates its winter seasonal efforts from the Embry Rucker Community Shelter, located at 11975 Bowman Towne Drive in Reston.

**THE EXPANDED SERVICES** are offered as part of the Hypothermia Prevention Program's move to the nearby North County Human Services Building at 1850 Cameron Glen Dr. in Reston, where guests are directed after checking in at the Embry Rucker facility.

Nonprofit FACETS takes point in Region 4 – the western and central areas that cover Fairfax and Centreville. The location of its shelters rotates among many of the area's various faith communities. It starts with the first four weeks at one location, and then the program operates from two faith community sites each week, beginning on Dec. 23, 2018. Potential guests or those wishing to volunteer, can learn where the program will be hosted at any given period by visiting the FACETS website, or contacting them at 703-352-5090, ext. 302 (or ext. 303 for the information in Spanish.)

In addition to providing shelter, food, supplies and other resources, the Fairfax County Health Department's Homeless Healthcare Program also deploys nurse practitioners to visit all of the Homeless Healthcare Program venues and the regular shelters at least once per week.

## Contact Information

To make contact to receive assistance or to find out how to offer assistance, here are some contact details:

### Region 1 – South County:

Contact Sherry Edelkamp at [sedelkamp@yahoo.com](mailto:sedelkamp@yahoo.com), or Chandra Beander at [cbeander@newhopehousing.org](mailto:cbeander@newhopehousing.org) or by calling 703-799-0200.

In the City of Falls Church, contact Jeff Lisanick at 703-854-1400 or via email at [jlisanick@newhopehousing.org](mailto:jlisanick@newhopehousing.org) or again, Chandra Beander.

### In Region 2 – Central/Annandale and Seven Corners:

Contact Alfred Grant at 703-820-7621, [agrant@newhopehousing.org](mailto:agrant@newhopehousing.org), or Khristina Koontz at [kkoontz@newhopehousing.org](mailto:kkoontz@newhopehousing.org).

### Region 3 – Reston, Herndon:

Cornerstones Outreach Missy Norquest at [missy.norquest@cornerstonesva.org](mailto:missy.norquest@cornerstonesva.org), or Cass Hyatt at [cass.hyatt@cornerstonesva.org](mailto:cass.hyatt@cornerstonesva.org) or 703-437-1975.

### Region 4 – Fairfax and Centreville:

Visit the FACETS website at [www.facetscares.org/programs/hypothermia-prevention-and-response-program](http://www.facetscares.org/programs/hypothermia-prevention-and-response-program) or call 703-352-5090 ext. 302 for English and ext. 303 for information in Spanish. Maria Avila at [Mavila@facetscares.org](mailto:Mavila@facetscares.org) can also provide more information.

The county operates a total of six year-round shelters for both adults and families. Their locations and contact information are available on the county's website. For families with children, to schedule shelter, the adults need to contact the Human Services Coordinated Services Planning office at 703-222-0880 during regular business hours. After hours, families with children can present themselves directly to one of the emergency shelters.

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### ABC LICENSE

B & J Enterprise Inc trading as Danji Asian Bistro, 13826 Braddock Rd, Ste B, Centreville, VA 20121-2454. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises/Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Chunai Jin, President. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.  
-Werner Heisenberg

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Follow Clara on a magical journey in Fairfax Ballet Company's Nutcracker.

## Fairfax Ballet Company's Nutcracker

The Fairfax Ballet Company presents the full-length production of "The Nutcracker," the family-friendly holiday tradition. Company members, along with students from the Russell School of Ballet and George Mason University, and professional guest artists, join Clara and her Nutcracker Prince in a magical journey through a winter wonderland. Saturday, Nov. 24, 2 and 7 p.m.; Sunday, Nov. 25, 2 p.m. at W.T. Woodson High School, Fairfax. \$15-\$30. Tickets are available at [fairfaxnutcracker2018.brownpapertickets.com](http://fairfaxnutcracker2018.brownpapertickets.com) or at the door beginning one hour before each show. Email [events@fairfaxballet.com](mailto:events@fairfaxballet.com) or call 703-665-9427.

FROM PAGE 7

magical journey through a winter wonderland. \$15-\$30. Tickets are available at [fairfaxnutcracker2018.brownpapertickets.com](http://fairfaxnutcracker2018.brownpapertickets.com) or at the door beginning one hour before each show. Email [events@fairfaxballet.com](mailto:events@fairfaxballet.com) or call 703-665-9427.

### SUNDAY/NOV. 25

#### "Legends and Lore Night Hike."

5:30-7 p.m. at the Walney Visitor Center in Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Wrap up the weekend with a "Legends and Lore Night Hike." This program will spark interest in Walney history through legends, lore and stories of the supernatural. After the hike, gather around the campfire for s'mores. For participants age 4 to adult. \$8 per person. Call 703-631-0013 or visit [www.fairfaxcounty.gov/parks/eclawrence](http://www.fairfaxcounty.gov/parks/eclawrence).

### THURSDAY/NOV. 29

#### Letter Writing: Make a Quill. At

Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Bring homeschool students (ages 6-12) or group of students for hands-on learning designed to enrich understanding of Fairfax County history. Explore food production from garden to table, play historical games and make a toy. Bring a picnic lunch and stroll the park before or after the program. Children must be accompanied by an adult. Call for times, 703-631-0013 or visit online at [www.fairfaxcounty.gov/parks/eclawrence](http://www.fairfaxcounty.gov/parks/eclawrence).

### SATURDAY/DEC. 1

**Deck the Halls.** 2-4 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. This tour, for participants age 12-adult, focuses on

the history, style and materials used in the seasonal decorations that adorn Sully for the holidays. As part of the program, create a wreath to take home using cuttings from the historic property. Then enjoy hot cider and cookies. \$20 per person. Children must be accompanied by a registered adult. Call 703-437-1794 or visit [www.fairfaxcounty.gov/parks/sully-historic-site](http://www.fairfaxcounty.gov/parks/sully-historic-site).

### Winter Wonder Campfire.

5:30-7 p.m. at the Walney Visitor Center in Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Bundle up and come discover how animals survive the chill of winter. At the "Winter Wonder Campfire," meet some exhibit animals and learn their strategies for battling the cold. End the evening with toasty s'mores. Designed for participants age 4-adult. \$8 per person. Call 703-631-0013 or visit [www.fairfaxcounty.gov/parks/eclawrence](http://www.fairfaxcounty.gov/parks/eclawrence).

### SATURDAY-SUNDAY/DEC. 1-2

**Holiday Train Show.** Saturday, 10 a.m.-5 p.m.; Sunday, noon-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Fairfax Station Railroad Museum will host its 29th annual holiday train show with a multitude of model trains to include Z, N, HO, LEGO, S, O, Standard, and G scales. Bring broken locomotives to the "Train Doctor." Admire the antique cars visiting for this event, weather permitting. Visit the gift shop for holiday gift items and Santa may stop by to visit. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit [www.fairfax-station.org](http://www.fairfax-station.org), [www.facebook.com/FFXSRR](http://www.facebook.com/FFXSRR), or call 703-425-9225.

### SUNDAY/DEC. 2

**AYDO & AYSE in Concert.** 2-3 p.m. at Chantilly High School, 4201 Stringfellow Road, Chantilly.

American Youth Debut Orchestra and American Youth String Ensemble present "Italian Holiday," featuring music by Vivaldi, Longfield, Puccini and Billy Joel. \$10. Visit [www.aypo.org/18-19-season](http://www.aypo.org/18-19-season).

### AYCO & AYSO in Concert.

5-7 p.m. at Chantilly High School, 4201 Stringfellow Road, Chantilly. American Youth Concert Orchestra presents music by Von Suppe, Bizet, Vaughn Williams, and more. American Youth Symphonic Orchestra presents music by Herbert, Vivaldi, Tchaikovsky and Tchaikovsky/Ellington. \$10. Visit [www.aypo.org/18-19-season](http://www.aypo.org/18-19-season).

### SATURDAY/DEC. 8

**Holidays at Walney Farm.** 1-2:30 p.m. at the Walney Visitor Center in Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Turn the clock back in time and celebrate the season with the Machen family at Walney Farm. Learn about gifts and foods from an 1850s farm, create a historic holiday ornament, take a wagon ride along the trails and enjoy hot apple cider and treats around the campfire. Designed for participants age 3-adult. \$10 per person. Call 703-631-0013 or visit [www.fairfaxcounty.gov/parks/eclawrence](http://www.fairfaxcounty.gov/parks/eclawrence).

### SATURDAY-SUNDAY/DEC. 8-9

**"The Nutcracker" by the Mia Saunders School of Ballet.** 3 p.m. in the Centreville High School Theater, 6001 Union Mill Road, Clifton. Proceeds for this annual tradition will benefit CVHS Drama Scholarships and St. Jude Children's Research Hospital. Tickets are \$12. Enjoy this holiday classic and support local dancers and CVHS students. Tickets available at the door and presale at [msb.nutcracker.tickets@gmail.com](mailto:msb.nutcracker.tickets@gmail.com). Visit [www.miasaundersballet.com](http://www.miasaundersballet.com).

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## Where to Give Locally

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programs as well as a Workforce Development Center. Last year, for the holidays, donations of nearly 10,000 toys, books, games, clothing, and other gifts ensured a joy-filled holiday for hundreds of children. 7511 Fordson Road, Alexandria VA 22306. [www.ucmagency.org](http://www.ucmagency.org) Donations of cash/checks and gift cards are also welcome.

- ❖ **Mount Vernon At Home**, 703-303-4060, [www.mountvernonathome.org](http://www.mountvernonathome.org). From practical help to social, wellness, educational and cultural activities, Mount Vernon At Home membership helps connect senior members of our community. Neighbors helping neighbors with volunteer support is the power of Mount Vernon At Home. Mount Vernon At Home is a 501(c)(3) nonprofit organization working to meet the needs of its older members. The group fundraises all year to make this possible and count on the generosity of the community.
- ❖ **National Capital Food Bank**, 6833 Hill Park Drive, Lorton, serving all of Northern Virginia, 703-541-3063. [www.capitalareafoodbank.org](http://www.capitalareafoodbank.org)
- ❖ **Homestretch** is a provider of transitional housing in Fairfax County and offers a services to help the homeless better their lives through education. Email: [jhenderson@homestretchva.org](mailto:jhenderson@homestretchva.org); 703-237-2035 x125; [homestretchva.org/volunteer/](http://homestretchva.org/volunteer/)
- ❖ **Pathway Homes** providing non-time-limited housing and supportive services to adults with serious mental illness and co-occurring disabilities in Northern Virginia. Founded in 1980, Pathways currently serves more than 400 adults in community-based homes in Northern Virginia. [www.pathwayhomes.org](http://www.pathwayhomes.org)
- ❖ **Good Shepherd Housing and Family Services**, 8305-17B Richmond Highway, PO Box 15096, Alexandria, VA, 22039. 703-768-9419, [www.goodhousing.org/](http://www.goodhousing.org/) The mission of Good Shepherd Housing (GSH) is to reduce homelessness, increase community support, and promote self-sufficiency. GSH housing manages more than 70 housing units.
- ❖ **Boys and Girls Clubs of Greater Washington Fairfax Area** operates clubs in two of the neediest areas of the county, Culmore and Mount Vernon/ Route 1 corridor, focusing on character and academic success. [www.bgcgw.org/fairfax](http://www.bgcgw.org/fairfax)
- ❖ **Christian Relief Services**, 8301 Richmond Highway, Suite 900, Alexandria, VA 22309, 703-317-9086, 703-317-9690 [christianrelief.org/](http://christianrelief.org/)
- ❖ **Friends of Guest House Northern Virginia** offers structure, supervision, support and assistance to female ex-offenders who want to improve their lives and break the cycle of incarceration. Friends of Guest House offers the only program for women of its kind in Northern Virginia. One East Luray Ave., Alexandria, VA 22301-2025, 703-549-8072, [info@friendsofguesthouse.org](mailto:info@friendsofguesthouse.org), [friendsofguesthouse.org/](http://friendsofguesthouse.org/)
- ❖ **Habitat for Humanity of Northern Virginia** transforms the lives of lower-income families in need by providing affordable homeownership opportunities in Alexandria, Arlington, Fairfax and Falls Church. Learn more at [www.habitatnova.org](http://www.habitatnova.org).
- ❖ **Alice's Kids** (@alicewillhelp) [aliceskids.org](http://aliceskids.org) P.O. Box 60, Mount Vernon, VA 22121 When a child is raised in poverty they suffer both publicly and privately. When there is no food in the refrigerator, no electricity nor heat, these are hardships that they can keep hidden from their peers. But, when that same child can't afford to pay for the band field trip, a pair of glasses, a chorus outfit or a new pair of shoes, these are indignities that are evident to their classmates. Alice's Kids pays for these relatively inexpensive items in the hopes of preserving the dignity of the child. It helps children from all over the Mount Vernon area through small acts of kindness.
- ❖ **Neighborhood Health**, 6677 Richmond Highway, Alexandria, VA 22306. The organization partners with its patients to treat the whole person through medical, behavioral health and dental programs. It has 10 clinics throughout Arlington and Fairfax counties. Participating with all insurance including commercial, Medicare, and Medicaid, 703-535-5568, [www.neighborhoodhealthva.org](http://www.neighborhoodhealthva.org)

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## Indeed, A Festivus Miracle



By KENNETH B. LOURIE

For those readers still following me after reading last week's column: "Airing of a Grievance," when I moaned and groaned about my anxiety and fear concerning the impact of my possibly having to delay the first of my three holiday-season infusions due to unacceptable lab results, let me real-time you: chemotherapy went ahead Friday, Nov. 16, as regularly scheduled.

Now, there will be no need to drive back from Pennsylvania to Maryland on the Friday after Thanksgiving – after arriving there the preceding afternoon, only to have to drive back to Pennsylvania Friday after my morning infusion, in order to resume our holiday weekend; and then drive back home again on Sunday during one of the busiest driving weekends of the year.

Given that there's no delay, this means I'll be sitting down for Thanksgiving dinner on Thursday afternoon. Unfortunately, the eating side effects typical of my treatment will have not subsided as yet so enjoying my favorite meal of the year will be impaired. Still, given the alternatives discussed, no delay in treatment is an altogether better outcome. I will be able to enjoy leftover turkey sandwiches on Friday though.

And so, perhaps you can imagine the relief I felt when I called the Infusion Center on Friday morning, Nov. 16, to confirm my appointment.

It has happened previously when I've made this pre-appointment confirmation call, that I've been told not to come and to reschedule. Moreover, it has also happened – once, that after making this call, receiving approval to come in, driving 45 minutes, checking in at reception and then getting hooked up to an IV, that I was told after further review by my oncologist, that I had to go home.

Disappointing, as you can imagine, but had it happened last week, the Friday before Thanksgiving, as has been well-blathered about in two columns, it would have been particularly discouraging and extremely disheartening.

It really wasn't until 10:30 a.m., after my oncology nurse set up my IV and ordered my drug (alimta) that I had the nerve to ask if I was 100 percent getting my drugs today. Enthusiastically, Nora said: "Oh. You're getting your drugs today. I've checked everything."

After hearing her response, my eyes welled up with tears and I heaved a sigh of relief, the likes of which I've never heaved before.

In addition to writing about this scheduling 'heave,' I've been worried for a few months now based on the finding of my most recent CT scan during my last post-scan appointment with my oncologist on Oct. 5. This scan confirmed an enlarged tumor under my Adam's Apple.

This every-three-week infusion schedule was implemented specifically to determine if this new growth was old growth recently impeded or new growth indicating my treatment has stopped working. If my treatment has stopped working, and I believe I have written about it previously, I might not be living the life going forward that I want to.

And so, when Nora confirmed my infusion mid morning on Friday, the pent-up emotion, the worry, the fear, the holiday hassle all faded away and I began to breathe more normally and easily as I had in six weeks or so anticipating this day. At least the first hurdle has been passed.

My next scheduled infusion is Dec. 7. Three weeks later is another infusion on Dec. 28. Followed up by a CT scan on Jan. 2, 2019. I would love to receive both infusions before that next scan to maximize the medicine I will be receiving.

Certainly there will be anxiety and fear worrying about those results, but absent the holiday season, I think I can manage it. More of a mindset than a miracle at that point.

*Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.*

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