



Hadeed
ORIENTAL RUG CLEANING
AND IN-HOME SERVICES

GET A JUMP ON THE HOLIDAYS!

We will help make your home sparkle in time for the holidays!

IN-PLANT RUG CLEANING

15% OFF!

Valid on Our Signature Washing of Your Fine Rugs Or the Hadeed One Week Express Service for Rugs that Qualify! -
A Trusted Resource Since 1929!

703-836-1111 | JoeHadeed.com | FREE PICKUP & DELIVERY!†

Hurry Offer expires 11/25/18. Not valid w/any other offers. †Some restrictions apply.

PHOTO BY C.J. GRECO/THE CONNECTION

OPINION, PAGE 4 ♦ ENTERTAINMENT, PAGE 8 ♦ CLASSIFIEDS, PAGE 10

Vienna and Oakton CONNECTION



Vienna's Chilly Trot

NEWS, PAGE 2

Helping Keep Homeless Warm

NEWS, PAGE 3

Santa Welcomes Fans at Tysons HQ

NEWS, PAGE 12

Members of Madison's band helped runners recover by handing out water and bananas during Sunday morning Turkey Trot.

PRSR STD
U.S. POSTAGE
PAID
EASTON, MD
PERMIT #322

POSTAL CUSTOMER
ECR WSS

ATTENTION POSTMASTER:
TIME SENSITIVE MATERIAL
REQUESTED IN HOME 11-22-18

NOVEMBER 21-27, 2018

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM



Notice of Public Hearing

NOTICE OF BUDGET AND WATER RATE PUBLIC HEARING

December 13, 2018 at 6:30 p.m.

At 6:30 p.m. on Thursday, December 13, 2018, Fairfax Water will conduct a public hearing on its Proposed Schedule of Rates, Fees, and Charges. The hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.

The proposed changes, to be effective April 1, 2019, include the following:

1. An increase in the Availability Charge from \$4,150 to \$4,260¹.
2. An increase in the Local Facilities Charge from \$13,420 to \$15,285.
3. An increase in the Service Connection Charge from \$1,260 to \$1,300¹.
4. An increase in the Base Commodity Charge from \$2.94 to \$3.07 per 1,000 gallons of water.
5. An increase in the Quarterly Billing Service Charge for meters larger than a standard 5/8" residential meter¹.
6. An increase in the Turn Off / Turn On Charge from \$45 to \$48.
7. An increase in the Fees for Use of Fairfax Water Fire Hydrants to include the increase in the Commodity Charge.
8. An increase in the Installation of Sewer Use Meter Charge from \$36 to \$38.

¹Charges reflect fees associated with a standard 5/8" residential meter. Changes in charges for larger residential and commercial meters are reflected in the Proposed Schedule of Rates, Fees, and Charges.

Fairfax Water is also proposing a \$183.2 million budget for calendar year 2019¹. Revenues are expected to be \$183.2 million in 2019. Water sales are expected to provide \$158.3 million. Approximately \$24.9 million is expected from connection charges, investment income and other sources.

The major areas of operation and maintenance expense are:

Category	-\$1,000s-	
	2018	2019
Personal Services and Employee Benefits	\$ 55,934	\$ 57,584
Power and Utilities	10,755	11,102
Chemicals	6,958	7,532
Purchased Water	7,810	7,155
Supplies and Materials	5,261	5,444
Insurance	955	1,075
Fuel	700	728
Postage	603	612
Contractual Services	12,481	12,974
Professional Services	1,001	1,065
Other	2,428	2,505
Sub-Total	104,886	107,776
Transfer to Improvement Fund	(10,248)	(10,380)
Total	\$ 94,638	\$ 97,396

Net revenues are expected to be appropriated as follows:

Debt Payment	\$42,988,000
Improvement Fund	\$11,000,000
General Fund	\$31,337,000

¹ Fairfax Water's Board will continue to monitor economic factors and review revenues and expenditures at mid-year to determine if additional action is needed.

A copy of the proposed changes to the rates can be viewed on our website at www.fairfaxwater.org/rates. A copy of the proposed budget can be found at www.fairfaxwater.org. Those wishing to speak or receive a copy of the proposed changes should call Ms. Eva Catlin at 703-289-6017.

Interested parties may submit written comments to PublicHearingComments@fairfaxwater.org or mail written comments to:

Fairfax Water
Public Hearing Comments
8570 Executive Park Avenue
Fairfax, VA 22031

All written comments must be received by close of business on Wednesday, December 12, 2018, to be included in the record of the public hearing.



Runners set off from Vienna's Volunteer Fire Department on Nov. 18 for the town's annual Turkey Trot.
PHOTOS BY C.J. GRECO/THE CONNECTION

Vienna's Chilly Trot

The town's Turkey Trot has been going on for 16 years.

BY C.J. GRECO
THE CONNECTION

On a brisk November Sunday morning, neighborhood roads were blocked off and the jubilant echoes of James Madison High School's Jazz Band could be heard radiating from Vienna's Volunteer Fire Department.

The town's Turkey Trot has been going on for 16 years, and throngs of local participants were clamoring in and around the Fire Department before the start of its latest installment.

"This year the biggest challenge has been the weather," said a first-time co-director of the race Helena Klumpp. "We've had so many bad weather weekends that local races have had to be postponed and cancelled."

According to Klumpp though, registration spiked once the race day forecast came out.

"Once we got into that ten-day window, our registration started to take off and we were getting between 50 and 100 a day".

As of early Sunday morning 1,220 trotters had registered for the Kids Fun Run,

5k, or 10k versions of the USA Track and Field certified course, with many more registering on-site to join the fun.

"I'm actually the head coach of the Orangetheory Fitness that opened up," said 5k participant Taro McCreary, "so it was a really nice community event to be a part of."

Though Taro was one of the faster competitors, his participation is an ode to the positive synergy generated by the event. Benefiting the Volunteer Fire Department and Madison's Band, members of both organizations came together to put on the highly popular affair. In addition to the main events, the parking lot and interior of the Fire Department served as a home base for race sponsors and spectators. While band members directed racers and handed out refreshments, local businesses were able to promote their services directly to the community.

"I'm in the band at Madison," said senior Reese Noyes, "so we volunteer every year and this is my fourth".

In addition to the weeks of preparation preceding the Turkey Trot, Noyes and other volunteers had to arrive at 6:45 in order to have the event up and running before its 8 a.m. start time.

"Well," said Ken Maloney, the father of an Oakton High student and racer, "I'm glad he's out getting regular exercise and got involved in activity that's really good for him."

Spectators line the curbs of Cherry Street to welcome racers.



Helping Keep Homeless Warm

BY ANDREA WORKER
THE CONNECTION

Slightly higher numbers of residents in need face higher snowfalls forecasted.

This month, residents in the area were taken somewhat by surprise at the record-for-November snowfall on Nov. 15. For most in the region, the negative effects of the nor'easter meant hazardous commutes at the worst, or being annoyingly housebound on the less dramatic side of the scale.

For some people experiencing homelessness, however, that snowfall brought potentially life-threatening consequences, and the forecasts for a more snow-filled winter than in years past means the dangers they face will only escalate as winter wears on.

The Hypothermia Prevention Program is an integral part of Fairfax County's battle to combat homelessness and keep this vulnerable population safe during the coldest months. Nonprofit organizations operate shelters for individuals and families year-round, but when winter arrives, the efforts of nonprofits, faith communities, civic organizations, businesses and volunteers — in collaboration with a number of government agencies — kick in to an even higher gear. The Office to Prevent and End Homelessness, the Community Services Board, the Police Department and the Sheriff's Office, the Fire Marshal's Office and the county's Land Development Services all work together with these partners to support the program and address the clients' needs for service and safety throughout the season.

The hypothermia season runs from approximately Dec. 1 – March 1, activating a no-turn-away policy at shelters and adding additional venues where the homeless can shelter, find food, clothing, other basic needs and resources aimed at helping to lift them out of their situations.

This year, a number of those venues have already opened their doors, such as the Falls Church Homeless Shelter on Gordon Road, which operates in partnership with New Hope Housing.

Fairfax County has been waging a war against homelessness since they first officially took up the challenge in 2007. In the 10 years between 2008 and 2018, the annual "Point in Time" census, conducted by dozens of staff and volunteers throughout the Metro region in accordance with guidelines from the U.S. Department of Housing and Urban Development, shows a decrease of almost 50 percent in the number of people who are homeless in the county. Those same statistics, however, show a slight uptick in the last 12-month period.

When the last Point-in-Time survey was done, on the night of Jan. 24, 2018, 987 people were counted among the county's homeless, up from 964 at the same time in 2017. Of those, 488 were people in families and 499 were single individuals. Homeless persons in families increased by 3 per-



The county already operates six shelters for both individuals and families, but during the coldest times more homeless people need assistance to stay safe and warm. The Hypothermia Prevention Program kicks in to offer this needed support.

CONTACT INFORMATION

To make contact to receive assistance or to find out how to offer assistance, here are some contact details:

Region 1 – South County:

Contact Sherry Edelkamp at sedelkamp@yahoo.com, or Chandra Beander at cbeander@newhopehousing.org or by calling 703-799-0200.

In the City of Falls Church, contact Jeff Lisanick at 703-854-1400 or via email at jlisanick@newhopehousing.org or again, Chandra Beander.

In Region 2 – Central/Annandale and Seven Corners:

Contact Alfred Grant at 703-820-7621, agrant@newhopehousing.org, or Khristina Koontz at kkooontz@newhopehousing.org.

Region 3 – Reston, Herndon:

Cornerstones Outreach Missy Norquest at missy.norquest@cornerstonesva.org, or Cass Hyatt at cass.hyatt@cornerstonesva.org 703-437-1975.

Region 4 – Fairfax and Centreville:

Visit the FACETS website at www.facetscares.org/programs/hypothermia-prevention-and-response-program or call 703-352-5090 ext. 302 for English and ext. 303 for information in Spanish. Maria Avila at Mavila@facetscares.org can also provide more information.

The county operates a total of six year-round shelters for both adults and families. Their locations and contact information are available on the county's website. For families with children, to schedule shelter, the adults need to contact the Human Services Coordinated Services Planning office at 703-222-0880 during regular business hours. After hours, families with children can present themselves directly to one of the emergency shelters.

cent compared to 2017. The number of homeless families also increased, by 6 percent over last year, while the number of single adults increased by 2 percent since the 2017 count.

THE NUMBERS also inched up for families in emergency shelters and in transitional housing. One of the largest increases over 2017 figures was the 18 percent increase in families whose homelessness was due to domestic violence.

Part of the study showed that 44 percent of single adults who were classified as "chronically homeless" suffered from serious mental health and/or substance abuse, a number identical to the last year. Also unchanged was the number of homeless children (298) under the age of 18.

The point-in-time statistics and some discussion about root causes and steps to take to further the cause are available on the county's website www.fairfaxcounty.gov by searching Office to Prevent and End Homelessness.

But right now, as the weather turns colder,

ployment skills and housing assistance.

Within the City of Falls Church, the Friends of Falls Church Homeless Shelter partner with New Hope Housing to operate the Gordon Road facility, seven days a week from 6 p.m. to 8 the following morning. This shelter is already operational, and will remain open until March 31, 2019 to handle the winter homeless crisis. At the Falls Church shelter, guests have the opportunity to reserve their bed in advance, offering a sense of security for persons who often lack that basic need.

Region 2 is the Central area for the program, and includes Annandale and Seven Corners. New Hope Housing is at work in this area, as well, operating out of the Bailey's Crossroads Community Shelter (BCCS), located at 3525 Moncure Ave. in Falls Church. Because of the partnership of many neighboring faith communities, the BCCS can handle a larger number of guests by welcoming them first at their own location, and then transporting them to a faith community facility. These overnight hosts rotate throughout the season and offer meals, supplies and fellowship in addition to a warm, safe bed. Again, outreach case managers offer other life skills and housing assistance.

In the North County's Region 3, which includes Herndon and Reston, Cornerstones operates its winter seasonal efforts from the Embry Rucker Community Shelter, located at 11975 Bowman Towne Drive in Reston.

THE EXPANDED SERVICES are offered as part of the Hypothermia Prevention Program's move to the nearby North County Human Services Building at 1850 Cameron Glen Dr. in Reston, where guests are directed after checking in at the Embry Rucker facility.

Nonprofit FACETS takes point in Region 4 – the western and central areas that cover Fairfax and Centreville. The location of its shelters rotates among many of the area's various faith communities. It starts with the first four weeks at one location, and then the program operates from two faith community sites each week, beginning on Dec. 23, 2018. Potential guests or those wishing to volunteer, can learn where the program will be hosted at any given period by visiting the FACETS website, or contacting them at 703-352-5090, ext. 302 (or ext. 303 for the information in Spanish.)

In addition to providing shelter, food, supplies and other resources, the Fairfax County Health Department's Homeless Healthcare Program also deploys nurse practitioners to visit all of the Homeless Healthcare Program venues and the regular shelters at least once per week. The nurse practitioners see to basic medical needs during their visits and can offer no cost flu shots as needed. Medical outreach workers also visit, assisting clients in enrollment into the Community Health Care Network's free clinic.

OPINION

Give Locally

For tens of thousands of poor children and families in our area, uncertainty and need are distant from the celebrations and plenty that so many of us associate with this holiday period.

The holidays are about giving, and giving thanks. The holidays are about children and family. The holidays are about sharing, about joy. The holidays are about being thankful and about faith and appreciation. The holidays are about alleviating suffering for others.

Northern Virginia is among the wealthiest areas in the country. Many if not most of us go through our daily and seasonal routines without encountering evidence of the needy families among us.

EDITORIAL

In Fairfax County Public Schools, more than 54,000 students (29 percent) are poor enough to receive subsidized meals.

Many are children living in families who may be on the brink of homelessness, families who must choose between medical bills, car repair, heat and food. Some of these are children who may not be sure that they will have a meal between the meals they get in school.

School holidays can bring uncertainty and hunger, a far cry from the celebrations, gifts and plenty that we associate with Thanksgiving

and Christmas.

Hundreds of homeless students attend the public schools, and their needs are greater.

Many nonprofits in the county need your help to provide a holiday meal for Thanksgiving or Christmas, to provide children with gifts.

There are literally hundreds, probably thousands, of ways to give locally this season. Here are a few ideas. We will rerun this list again after Thanksgiving, so please let us know what we have missed.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

List of Nonprofits in Fairfax County

❖ **Cornerstones**, 11150 Sunset Hills Road, Suite 210, Reston, serving Reston and Herndon. 571-323-9555, www.cornerstonesva.org.

Nonprofit providing support and advocacy for those in need of food, shelter, affordable housing, quality childcare, and other human services. Programs and services include the Embry Rucker Community Shelter, Emergency Food Pantry, Hypothermia Prevention Program, Thanksgiving Food Drive, Gifts for Kids and annual Coat Drive.

For families in need, often there isn't enough money to spend on gifts. To register for the Gifts for Kids drive, visit <https://www.cornerstonesva.org/gifts-for-kids-donation-form/>. Personalized wish lists will be distributed within two business days of your submission.

Gifts will be collected at Cornerstones' main office, 11150 Sunset Hills Road, Suite 210, Reston, VA 20190, during the following times:

Thursday, Dec. 6 and Friday, Dec. 7: 9 a.m. – 6 p.m.

Saturday, Dec. 8: 9 a.m. – 12 p.m.

Contact Nate King, Donations and Drives Coordinator, at 571-323-9569.

❖ **SHARE** of McLean operates a food pantry; provides assistance to families to avoid eviction, keep utilities on and meet other needs in a crisis. Share of McLean will provide holiday assistance to hundreds of needy families this year. In December, Share's families will be welcomed to a festive party, served a light meal, and Santa will travel all the way from the North Pole to take photographs with the children. Help Share help those in need by fulfilling a wish or donating Walmart, Target, Giant, or Safeway gift cards. Contact ShareWishes@gmail.com for more information. Visit www.shareofmclean.org for more info about Share.

❖ **Herndon-Reston FISH** (Friendly Instant Sympathetic Help), 336 Victory Drive, Herndon, 703-391-0105 herndonrestonfish.org Herndon-Reston FISH has assisted local residents in short-term crises by since 1969. 703-437-0600.

❖ **LINK**, serving Herndon, Chantilly, Loudoun and more. Every year the goal is to provide each family with a week's worth of non-perishable food in November and again in December. When funds allow, grocery gift cards are also included. In November, clients also receive a voucher for coats and warm clothing. In December, children 16 and under receive gifts. holiday@linkagainsthunger.org. 703-437-1776 www.linkagainsthunger.org.

❖ **Committee for Helping Others** (CHO), Vienna, organized in 1969 by a group of churches and individuals in the Dunn Loring, Merrifield, Oakton, Vienna community to provide simple, loving charity to those in need. Coming up, holiday bike drive. 703-281-7614, www.cho-va.com

❖ **Our Neighbor's Child** (ONC) volunteers are preparing for delivery of holiday gifts for children from financially struggling families in western

Fairfax County – predominantly in Centreville and Chantilly. www.ourneighborschild.org/

❖ **Northern Virginia Family Service**. The organization provides the essential building blocks for financial, emotional and physical well-being, serving as leaders and innovators for the Northern Virginia community. Every year, it empowers 35,000 individuals to achieve self-sufficiency. www.nvfs.org Northern Virginia Family Service, 10455 White Granite, Drive, Suite 100, Oakton, VA 22124. 571-748-2500

❖ **Second Story** — Second Story (formerly Alternative House) provides shelter and services for homeless, runaway or abused teenagers, unaccompanied youth, and young mothers and their children. second-story.org.

❖ **Shepherd's Center of Oakton Vienna** providing services, personal enrichment, volunteer opportunities for adults 50 and over. Currently serving 3,000-plus mature adults in the region. 703-281-0538, www.scov.org

❖ **Touching Heart** in Herndon is a nonprofit organization whose mission is to educate children to have giving hearts. www.touchingheart.com, 703-901-7355.

❖ **Western Fairfax Christian Ministries** — food pantry at 13981 Metrotech Drive in Chantilly. For more information or to sponsor a family, call 703-988-9656, ext. 105. To mail gift cards or send donations by check, add a note saying "food basket program" and send them to: WFCM, P.O. Box 220802, Chantilly, VA 20153. 703-988-9656.

❖ **FACETS** helps parents, their children and individuals who suffer the effects of poverty in the Fairfax area, a partner in efforts to end homelessness in Fairfax County. FACETS is always in need of donations and volunteers, and offers a variety of one-time and ongoing opportunities. 703-865-4251 or volunteer@facetscares.org. www.facetscares.org. 10640 Page Ave., Suite 300, Fairfax VA 22030

❖ **Britepaths** Britepaths is working to assist 800 Fairfax County area families who might otherwise go without with Thanksgiving meals, December holiday meals and gifts for their children in December. Sponsor a family or donate to provide a family with a holiday meal and/or gifts for their children. britepaths.org

❖ **Fairfax City Area FISH** (For Immediate Sympathetic Help) FISH provides funds and volunteers to serve the needy and elderly in the greater Fairfax City area of Fairfax County. FISH responds to requests for life's necessities: food, clothing, financial assistance for delinquent rent, mortgage, utility bills, gasoline, and prescriptions. Requests for assistance are passed on to FISH by the

Vienna & Oakton CONNECTION

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

**Published by
Local Media Connection LLC**

**1606 King Street
Alexandria, Virginia 22314**

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
vienna@connectionnewspapers.com

Kemal Kurspahic
Editor ❖ 703-778-9414
kemal@connectionnewspapers.com

Andrea Worker
Contributing Writer
aworker@connectionnewspapers.com

Jean Card
Production Editor
jcard@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Don Park
Display Advertising
703-778-9431
donpark@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

**Classified & Employment
Advertising**
703-778-9431

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Art/Design:
Laurence Foong, John Heinly,
Ali Khaligh
Production Manager:
Geovani Flores

CIRCULATION
circulation@connectionnewspapers.com





PHOTO CONTRIBUTED

Orioles pictured after winning Championship. From left: Tom DePaul (Coach), Noah Slivka, Jack Turner, Will Rowe, Kevin Adamson, Kaden Dillon, PJ Milton, Evan Stegenga, Ian DePaul, Louis Genovese, Finn McConville, Nathan Kiochandra, and Bruce Dillon (Assistant Coach). Not pictured: Blayden Woodruff.

Vienna Orioles Win Championship

Vienna Orioles won the Greater Vienna – Falls Church – Annandale Babe Ruth National League Fall 2018 Championship on Monday night, Oct. 29 at Nottoway Park, defeating the Cubs 11-1.

The game was tied 1-1 after 3 innings when the Orioles took a 1 run lead in the top of the 4th inning, and then scored 5 runs in the 5th inning, adding 1 run in the 6th and 3 more in the final inning. Five players had hits for the Orioles – Kevin Adamson (1), Ian DePaul (2), Kaden Dillon (1), Jack Turner (1), and Noah Slivka (2), and DePaul hit the

only double in the game, scoring 2 runs.

Luke Gecan and James Mills each had a hit for the Cubs.

Starting pitcher for the Orioles was Evan Stegenga. He got the win, surrendering one run on two hits over six and a third innings, striking out five. Kaden Dillon closed for the Orioles, striking out the final two batters.

To get to the Championship game, the Orioles beat the White Sox 13-4, and the Cubs beat the Nationals 12-5. The White Sox won the consolation game versus the Nationals 6-2.

Oakcrest Cross Country Teams Finish Up Strong Season

Oakcrest School's Cross Country teams are finishing up this fall season with multiple victories. Both the Varsity and Middle School teams have claimed wins in key meets.

Oakcrest's Varsity Cross Country team won its midseason meet on Oct. 3 at Sandy Spring Friends School. Oakcrest placed first with 30 points, with Emma Myers ('20) and Hannah Lu ('21) taking away second and third place respectively. Varsity also won its Oct. 16 PVAC meet at St. Anselm's Abbey School. After a hard-fought battle, the team pulled away to beat Washington International School for first place with 34 points. Hannah Lu ('21) placed



PHOTO CONTRIBUTED

Both the Varsity and Middle School teams have claimed wins in key meets.

second and set a personal record, while Emma Myers ('20) took third and made a season best time. Many other varsity team members also set personal or season best records at that meet. On Oct. 23, sixth grader Vivian Kelly finished fourth at the PVAC Middle School Cross Country Cham-

pionship meet, leading the entire Oakcrest Middle School team to a fifth-place finish.

Oakcrest Cross Country Coach Elizabeth Long was pleased with the results. "The girls did so well!" she says. "I really enjoyed coaching them this season. They worked so hard. Go Chargers!"



RESTON TOWN CENTER

Friday, November 23

28th Annual Reston Holiday Parade

Tree Lighting and Sing Along Extravaganza

Gingerbread Man Mile for Kids

Holiday Performances

All Holiday Season

Ice Skating Pavilion

Horse-Drawn Carriage Rides

Mini-Train Rides

Holiday Carolers



Connect with Us!




RESTONTOWNCENTER.COM/HOLIDAYS
11900 Market Street, Reston, VA 20190

Black Friday. Cyber Monday.
#GIVINGTUESDAY
November 27, 2018

MAKE A DIFFERENCE IN OUR COMMUNITY THIS HOLIDAY SEASON!

Support families throughout Northern Virginia by donating to NORTHERN VIRGINIA FAMILY SERVICE on Giving Tuesday.

You can help provide the essential building blocks for our neighbors' financial, emotional and physical well-being, and empower 35,000+ individuals every year to achieve self-sufficiency.

Thanks to Stanley Martin Homes for partnering with us.

STANLEY • MARTIN

DONATE NOW! NVFS.ORG/2018-GIVING-TUESDAY

HADEED SINCE 1955
 Oriental Rug Cleaning & In-Home Services

FREE PICKUP & DELIVERY!
 Includes: Furniture Moving & Rolling & Laying the Rugs!†

GET A JUMP ON THE HOLIDAYS!
 You Have a Lot on Your Plate, Hadeed Will Help Make Your Home Sparkle in Time for the Holidays!

ANY TYPE OF RUG, ANY PRICE LEVEL, WE HAVE A SOLUTION FOR YOU!

Hadeed, The People You've Trusted for Over 63 Years, Now Bring the Same Quality Cleaning to Everyone!

Now Servicing Every Type of Rug from Machine Made Synthetic to the Finest Handmade Silk. We Bring the Same Quality to Everyone with Our Multi-Pricing Level Menu that will Match Your Rug.

In-Plant Rug Cleaning Express or Signature Services. Expires 11/25/18. Not valid w/any other offers.	15% off*
In-Plant Rug Restoration Expires 11/25/18. Not valid w/any other offers.	10% off*
Wall-to-Wall Carpet Steam Cleaning or Hardwood Floor Cleaning & Polishing Expires 11/25/18. Not valid w/any other offers.	20% off*

535 W. Maple Avenue Vienna, VA | 4918 Wisconsin Ave. DC/MD | 3206 Duke Street Alexandria, VA | 6628 Electronic Dr. Springfield VA | 3116 W. Moore Street Richmond VA

Grand Opening! • 330 North Stonestreet Ave., Suite A, Rockville, MD

703-836-1111 | JoeHadeed.com

†Available in MD, DC, & VA. Min. order required, some restrictions apply. Doesn't include breakables. Call for details.

Learn About Advertising in the Connection and Digital Options!

Advertising in the Connection and upcoming special sections:

CONNECTIONNEWSPAPERS.COM/ADVERTISING

or call **703.778.9431**

Teaching Gratitude, Giving

Child development experts share suggestions for helping children develop a sense of altruism.

BY MARILYN CAMPBELL

When teaching their three young children about gratitude and benevolence, Marcus Rosano and his wife Laura began with what they consider the basics: treating others with kindness.

"After leaving a sports practice, we tell them to go back and say, 'goodbye' and 'thank-you' to their coach," he said. "My wife and I have focused on the way we treat others. Part of kindness is understanding that there are people in our community who can't afford presents at Christmas and who aren't going to have a Thanksgiving turkey with all the trimmings."

The Rosanos' method of instruction is an effective one, according to researchers who say that parents are their children's most influential teachers. "The best thing a parent can do to promote altruistic behavior is to model the behavior themselves," said Jessica McLaughlin, Ph.D., assistant professor of psychology at Montgomery College. "Kids imitate their parents and they are more likely to engage in altruistic behavior if we show them how to treat others with kindness and empathy."

Parents can choose to partake in simple, random acts of kindness, while they are with their children, added Joanne Bagshaw, Ph.D., professor of psychology at Montgomery College. "For example, paying for someone in line behind you in the grocery store, or helping an elderly person carry their grocery bags to the car, or helping a neighbor shovel snow or clear ice from their walkway."

Use that opportunity to initiate a dialogue, continued Bagshaw. "Then afterwards, talk with your child about how it made you feel to help someone else. Through that discussion, brainstorm with your child how it might have made the person you helped feel. [This will] help develop empathy in your child."

"I would suggest that parents discuss with kids what circumstances other kids and families may be in over the holidays and how it may differ from their own," said child psychologist Stacie Isenberg, Psy.D. "For example, there are families who have limited food and those who rely on shelters. They could also discuss ways to acknowledge and express gratitude for specific things they have, from food to heat to their personal belongings, like saying something from their day that they are grateful for; not just at Thanksgiving dinner, but every day at dinner or before bed."

It is important that parents tailor their dialogue and lessons on gratitude and altruism to a child's age and level of development, advises Linda Gulyn, Ph.D., professor of psychology at Marymount University.



PHOTO COURTESY OF MARCUS ROSANO

Lesson on gratitude and giving during the holidays should be age-appropriate say psychologists.

"The best thing a parent can do to promote altruistic behavior is to model the behavior themselves."

— Jessica McLaughlin, Ph.D., assistant professor of psychology, Montgomery College

"Preschool-aged kids need to see the immediate and tangible effects of helping and giving to others," she said. "For example, 'See how much grandpa likes it when you help him carry the holiday decorations?' Or 'Because you shared your train tracks, now [your playmate] can get his train over the hill.'"

School-aged children learn best by seeing the social benefits and being part of group activities associated with giving and helping, suggests Gulyn. "[This is] because peers and people outside immediate family are more interesting to them," she said. "For example the Girl Scout troop helped the elderly people decorate the senior living rec center."

Teenaged children, on the other hand, are idealistic and interested in social justice issues, says Gulyn. "They care about pop culture, too," said said. "My teens enjoyed shopping for holiday gifts for other kids who were socioeconomically disadvantaged. They bought sports team gear for fel-

low teen boys."

Identify issues that are important to a child and provide opportunities for them practice altruism around those topics, suggests Carolyn Cass Lorente, Ph.D., professor of psychology at Northern Virginia Community College. "For instance if your child is interested in animals you might help them collect old towels and blankets in the neighborhood to take to a shelter," she said. "This helps build a sense of agency and responsibility and shows them that we each can make a difference."

"During the holidays, parents should share their family histories and traditions and note their good fortune in living today with many daily comforts and conveniences that their grandparents did not have," said Short, Ph.D., professor of psychology at George Mason University. "Gift giving encourages empathy and perspective-taking to consider what others might like and it brings people closer together."

PHOTOS CONTRIBUTED



Speaker Billy Atwell, Fr. Matt and Committee

More Than 100 Attend OLGC Communion Breakfast

On Sunday, Oct. 28 Billy Atwell, Chief Communications Officer, delivered remarks during Our Lady of Good Counsel's annual Communion Breakfast hosted by the Women of OLGC. More than 100 parishioners, including Father Matt Hillyard, OSFS, attended the breakfast at the Westwood Country Club. Atwell focused his discussion on Sharing our Faith in Tough Times, based on his personal journey.

Atwell is a devoted husband and father to three children under the age of 5. He is a two-time cancer survivor. He shared with attendees his wide range of emotions from anger to fear during his cancer diagnoses. During his pain and healing he grew closer to God. He asked attendees to consider recommitting to faithfulness, be confident in sharing their faith, and

provide small acts of faith. He encouraged all to love one another and everyone, know they are disciples and encouraged all to stay united in the church. Atwell continues to share his witness with other young cancer survivors. Currently, Atwell is the spokesperson for Bishop Burbidge and the Diocese and manages the Communications team.

At the conclusion, attendees had a chance to win a beautiful quilt made by OLGC's Our Lady's Quilters. Joanie Candee was the lucky winner. Multiple men and women walked away with door prizes, including fall mums and Christmas ornaments. If you have any questions or would like to learn more about OLGC's Women of OLGC, send an email to: olgwomen@gmail.com



Quilter Elvira Jakub with quilt winner Joanie Candee



Women of OLGC Executive Board



NVHG
ART & CRAFT SHOW
AT VIENNA COMMUNITY CENTER
120 CHERRY STREET, SE
VIENNA, VA 22180
THANKSGIVING WEEKEND
NOVEMBER 23-25, 2018
FRIDAY 10AM - 5PM
SATURDAY 10AM - 5PM
SUNDAY 11AM - 4PM





\$5 ADMISSION

PRESENT THIS AD FOR A \$2 DISCOUNT ON \$5 ADMISSION




Public Meetings

Fall Transportation Meetings: Updated Schedule

You are invited to participate in public meetings held by the Commonwealth Transportation Board. The meetings will begin with an open house followed by a public comment period. At the open house you can learn about various transportation initiatives, as well as Virginia's project prioritization process (SMART SCALE), Virginia's Statewide Transportation Improvement Program, and the VTrans Multimodal Transportation Plan. Representatives from the Office of Intermodal Planning and Investment and Departments of Transportation and Rail and Public Transportation will be in attendance to highlight their transportation programs and discuss your ideas and concerns about Virginia's transportation network. The open house will be followed by a public comment period, where you can provide comments about the various initiatives. Comments will be accepted at the meeting and may also be submitted via email or online at www.CTB.Virginia.gov.

Updated Schedule: Area Public Meetings will be held at the dates, locations and times listed below:

<p style="text-align: center;">Wednesday, November 28, 2018 at 5:30 p.m.* NOVA District Office Potomac Conference Room 4975 Alliance Drive Fairfax, VA 22030</p>	<p style="text-align: center;">Thursday, November 29, 2018 at 4 p.m.* Fredericksburg District Office Auditorium 86 Deacon Road Fredericksburg, VA 22405</p>
---	--

Fall meeting materials will be available at:
<http://www.ctb.virginia.gov/planning/fallmeetings/> beginning October 15, 2018.

***Please note that these dates have been changed from previous listings.**

<p>If you cannot attend a meeting, you may send your comments on highway projects to Infrastructure Investment Director, VDOT, 1401 E. Broad St., Richmond, Virginia 23219, or Six-YearProgram@VDOT.Virginia.gov.</p>	<p>You may send comments on rail, public transportation, and transportation demand management to Public Information Officer, DRPT, 600 E. Main St., Suite 2102, Richmond, Virginia 23219, or DRPTPR@drpt.Virginia.gov.</p>
--	--

Comments will be accepted until December 13, 2018.

The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of, its services on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Trout Fishing at Lake Fairfax.

Through Nov. 25, dawn until dusk, at Lake Fairfax Park, 1400 Lake Fairfax Drive, Reston. Purchase daily passes for adults for \$13, seniors 65 and older at \$10 and children are \$8 per day. Only hook and line fishing is permitted. No trout size limit. Up to six trout per pass may be kept each day. All anglers must display their Virginia Fishing License prior to purchasing a trout pass. Call 703-471-5414.

Art Exhibit: “Walking the Path.”

Through Nov. 30 in the large meeting room at Great Falls Library, 9830 Georgetown Pike, Great Falls. Featured artists include Pat Menster Neuman, Richard Masaniello, and Lesley Hackman. Visit www.fairfaxcounty.gov/library/branches/great-falls or call 703-757-8560.

Chanukah Bazaar.

Through Dec. 2, at Temple Rodef Shalom, 2100 Westmoreland Street, Falls Church. Ready, Set, Go to Chanukah Bazaar sponsored by Women of TRS. Everything you could possibly want to celebrate the Festival of Lights will be on display in the Grand Foyer. Proceeds from this event are donated to the Temple as well as Jewish and community charitable organizations. Dates and times: Sunday, Dec. 2, 8:45 a.m.-2 p.m.; Tuesdays, Nov. 20, 27, from 5:30-7:30 p.m.; Wednesday, 28, from 4:15-6:30 p.m. Email treasures@templerodefshalom.org.

Art Exhibit: “Walking the Path.”

Through Nov. 30 in the large meeting room at Great Falls Library, 9830 Georgetown Pike, Great Falls. Featured artists include Pat Menster Neuman, Richard Masaniello, and Lesley Hackman. Visit www.fairfaxcounty.gov/library/branches/great-falls 703-757-8560.

Santa HQ.

Through Dec. 24, Tysons Corner Center, 1961 Chain Bridge Road, Tysons Corner. Near Nordstrom on the Lower Level. Guests can make reservations to spend less time in line. Shoppers are invited to bring an unwrapped toy and participate in our ‘Help Through Holiday Giving’ toy drive benefitting Second Story (formerly Alternative House). Visit www.santa-hq.com.

THURSDAY/NOV. 22

Community Thanksgiving Dinner.

Noon-2 p.m. at The Lewinsville Retirement Residence, 1515 Great Falls St., McLean. Community Thanksgiving Dinner hosted by Lewinsville Presbyterian Church. New and old friends are invited to the table. Young adults, including college and graduate students, singles, families, children and our elderly who are far from home or without family are welcome, whether or not they are members of the church. Free (donations welcomed). RSVP to attend and/or volunteer/donate at www.lewinsville.org/event-items/thanksgiving. Call 703-356-7200 or visit www.lewinsville.org.

MONDAY/NOV. 19

Grand Opening.

11 a.m. at Little Dipper Hot Pot House, Fairfax’s Mosaic District, 2985 District Ave., Suite 185, Fairfax. Little Dipper will kick off its grand opening with a ribbon-cutting ceremony, door prizes, and other fun activities throughout the day. In addition, the first 100 guests will be treated to a free hot pot. Visit www.littledipperhotpot.com.



SUNDAY/NOV. 25

Watoto Children’s Choir.

9:30 a.m. at Christ the King Lutheran Church, 10550 Georgetown Pike, Great Falls. Watoto Children’s Choir, whose members are orphans and other vulnerable children, will present new worship music from Watoto Church in Uganda. Visit gflutheran.org for more.

MONDAY/NOV. 26

Church Street Holiday Stroll.

See above. 6-9 p.m.

Model Railroaders Open House.

6-9 p.m. at the Vienna Depot, 231 Dominion Road NE. Northern Virginia Model Railroaders hold an open house at the Vienna Depot each month and on Vienna celebration days, including Viva! Vienna and the Vienna Holiday Stroll. Free admission. Call 703-938-5157 or visit www.nvmr.org.

WEDNESDAY/NOV. 28

“Rock To Resist By” Benefit Show.

7-10 p.m. at Jammin’ Java, 227 Maple Ave. E., Vienna. Join “resistance rock” band M4TR, Innovation Station Music, 350 Fairfax, Climate Reality Project NoVA, Network NoVA, Our Revolution Northern Virginia and many more non-profits and activist groups to celebrate civic action in the age of the Resistance. This event is part concert, part album release party, part civic action rally, part networking event. Tickets are \$15 at the door or by in advance on Ticketfly at www.ticketfly.com/event/1778042-m4trs-rock-resist-by-vienna/.

THURSDAY-FRIDAY/NOV. 29-30

Tiny Tots Concerts.

Thursday, 10 a.m. and 7 p.m. (“jammy-friendly show”); Friday, 10 a.m. at James Madison High School, 2500 James Madison Drive, Vienna. The JMHS Band Program presents a concert celebration featuring a wide spectrum of seasonal music. The audience can sing, clap and dance along with the band. Advance purchase is highly recommended. \$9

per person at james-madison-band.ticketleap.com/tinytots2018/. Admission is free for babies in arms (under 1). If available, tickets may be purchased in the lobby by check, cash or credit card 30 minutes prior to the show for \$10 per person. Email tinytots@jmhsband.org.

THURSDAY/NOV. 29-DEC. 1

Neil Simon’s “Biloxi Blues.”

At Langley High School, 6520 Georgetown Pike, McLean. Saxon Stage Theatre begins its 2018-2019 season with a production of “Biloxi Blues,” a semi-autobiographical coming-of-age story by Neil Simon packed with wit and charm promised to please all ages. Visit www.Saxon-Stage.com.

THURSDAY/NOV. 29-DEC. 23

A Civil War Christmas: An American Musical Celebration.

Thursdays, 7:30 p.m.; Fridays, 8 p.m.; Saturdays 2 and 8 p.m.; and Sundays, 2 p.m. at 1st Stage in Tysons, 1524 Spring Hill Road, Tysons Corner. It’s 1864 and Washington, D.C. is settling down to the coldest Christmas Eve in years in this pageant of carols by Paula Vogel. Stories of many intertwining lives—spanning from the battlegrounds of Northern Virginia to the halls of the White House. Visit www.1stStage.org for the schedule of Community Conversations, captioned and audio described performances. Tickets: general admission, \$39; senior (65+), \$36; student and military, \$15 at www.1ststage.org or at 703-854-1856.

FRIDAY/NOV. 30-SUNDAY/DEC. 2

Tysons Library Book Sale.

Friday, 11 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m.; Sunday, 1 p.m.-4 p.m. at Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Large selection of books and media for all ages and interests. Half price/\$10 per bag on Sunday. Email tysonslibraryfriends@gmail.com or call 703-790-4031 or 703-338-3307.

SATURDAY/DEC. 1

Holiday Sing-A-Long.

4 p.m. at Wolf

Trap, 1551 Trap Road, Vienna. The Marine Band, led by Assistant Director Capt. Ryan Nowlin, will perform at Wolf Trap’s Annual Holiday Sing-A-Long. Free, no tickets required. Free parking is available. Visit www.marineband.marines.mil.

60th Service Birthday and Christmas Party.

6 p.m. at The Vienna Moose Lodge, 9616 Courthouse Road, Vienna. The Vienna Moose Lodge welcomes the public to celebrate their 60th Service Birthday and Christmas Party. The band will be a local favorite the Deja Blue band. There will be food and refreshments available for a nominal price. Admission is free. Visit www.ViennaMoose.org or call 703-599-3929.

SATURDAY-SUNDAY/DEC. 1-2

The Enchanted Forest.

Saturday, 9 a.m.-5 p.m. and 8-11 p.m.; Sunday, 9 a.m.-1 p.m. at Sheraton Tysons Corner, 8661 Leesburg Pike, Tysons. 18th Annual The Enchanted Forest featuring live entertainment, Junior Leagues’ Kids in the Kitchen activities, a visit from Santa, crafts, premium events for all, and a silent auction of over 80 themed trees and wreaths. \$10 general admission for adults, \$15 child general admission. Visit www.jlnv.org/tef/.

SUNDAY/DEC. 2

Holiday Gift Shopping.

8:30 a.m.-2 p.m. at Temple Rodef Shalom, 2100 Westmoreland St., Falls Church. Judy’s Place, a Temple Rodef Shalom tradition for 20 years, provides a non-denominational and convenient shopping experience for children ages 2-13 that lets your child, with the help of volunteers, choose from among over 100 gift items ranging in price from \$1 to \$15 to surprise parents, siblings, grandparents and pets. Proceeds go to charities supported by The Women of Temple Rodef Shalom. Contact Jackie Rockman at jackie.rockman@gmail.com.

Artist Reception and Talk.

After 10:15 a.m. worship at The Gallery at The Church of the Good Shepherd (United Methodist), 2351 Hunter Road, Vienna. Featuring “Peace Like a River” art exhibit by Alice Nodine



Church Street Stroll

The Town of Vienna, Historic Vienna, Inc., and Church Street merchants are ringing in the holiday season with the 22nd annual Church Street Holiday Stroll Monday, Nov. 26, 6-9 p.m. Santa will glide in atop a 1946 historic fire truck at 6:15 p.m., then help Mayor Laurie DiRocco light the holiday tree at 6:20. Following the lighting, St. Nick will greet children from the porch of the Freeman Store and Museum. Visit historic sites such as the Freeman Store and Museum, Little Library, Caboose, Train Station, Knights of Columbus (formerly First Baptist Church) and Vienna Presbyterian’s Old Chapel. Call 703-938-5187 or visit historicviennainc.org for more.

of mixed media paintings. The exhibit will be open during church office hours Monday-Friday 9 a.m. to 2 p.m. and on Sunday mornings from 9 to noon. The exhibit also will be open during the church’s Puppy Nativity event on Saturday, Dec. 8 from 10 a.m.-1 p.m. Nodine, a member of Good Shepherd, also will offer her paintings for sale at the conclusion of the exhibit. She will donate a portion of the proceeds to Columbus County Disaster Response, for flood recovery efforts in North Carolina, where she grew up. Visit www.GoodShepherdVA.com

WinterFest Holiday Parade.

Pre-parade entertainment, 2:30 p.m.; parade, 3:30 p.m. on Old Chain Bridge Road, from Fleetwood to Elm Street in McLean. This will be the 10th year for WinterFest. The viewing stand will be at Langley Shopping Center with a variety of food trucks. To be an entry in the parade, one must register at www.mcleanwinterfest.org. Questions about registration or sponsorships can be directed to Trish Butler at sagecommunications@earthlink.net.

Celebration of Lights.

4-6:30 p.m. at Great Falls Village Field. Celebrate the beginning of the season with Great Falls’ Annual Christmas Tree Lighting. Drink hot cider or cocoa next to the fire while listening to local children’s choral groups sing seasonal music (starting 3:45). The petting zoo and pony rides will keep children busy until Mr. and Mrs. Claus arrive by antique fire truck. Held rain or shine. Visit celebrategreatfalls.org/event/celebration-of-lights.

MONDAY/DEC. 3

Video Contest Entry Deadline.

Burke & Herbert Bank is accepting submissions to the Lights, Camera, Save! video contest. To participate, students (ages 13-18) must create a video, 90-seconds or less, on saving and using money wisely and submit a link to the video along with a completed entry form to the bank. Entry forms and more information can be found at burkeandherbertbank.com/contest. Visit lightscamerasave.com.

VIEWPOINTS

What are you thankful for this Thanksgiving?

—C.J. GRECO

Reese Noyse, James Madison HS Senior

"I'm definitely thankful for where we live, and all the organizations that are around in this area."



Jackie DiMauro, Vienna Mother

"The medical establishment in this area is top-notch, and I'm very thankful for that."



Ken Maloney, Vienna Attorney

"I'm thankful for my family and that the year turned out pretty good, and that we're all in good health. Hopefully it'll continue!"



Helena Klumpp, Vienna Mother

"I'm most thankful for my family's good health right now. We've had some health problems over the past year, but everybody's healthy and getting stronger and I'm truly thankful for that – that we're all still together. My brother had a stroke, and my father had a fall and they're both doing really well."



BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

HOLIDAY DONATIONS

Food for Fines. Through Nov. 30. Fairfax County Public Library will be hosting a food drive called "Food for Fines." Canned goods and other non-perishable items collected during the drive will be donated to Food for Others, a not-for-profit food pantry and food rescue operation that serves Fairfax County. Each item donated will erase \$1 from a patron's overdue fines up to a maximum of \$15. Customers may donate even if there are no fines accrued. Visit www.fairfaxcounty.gov/library/food-fines for more.

Blanket and Coat Drive. Through Dec. 8. Organized by NOVA Relief Center, blankets and coats will be sent to refugees in three camps in Jordan this winter. Blankets and coats should be new or gently worn. Monetary donations are also needed and may be made to NOVA Relief Center online and at some drop-off locations. For drop-off sites or to make a tax-deductible donation, visit novareliefcenr.org.

Volunteers Needed: CHO

Christmas Store & Bike Program.

Friday, Dec. 7, 9:30 a.m.-noon (set up); Saturday, Dec. 8, 8:30 a.m.-noon (shop) at Vienna Presbyterian Church, 124 Park St. NE, Vienna. CHO's 2018 Christmas Store is an annual event that invites our less fortunate neighbors to "shop" for gifts for their families and provides holiday extras that many take for granted. CHO (Committee for Helping Others) will be accepting donations of new unwrapped gifts for young children, gift cards for teens, as well as food gift certificates from Giant and Safeway. It also will be accepting new or like new jackets and coats. Clothing and other donations can be dropped at the CHO Clothes Closet at Vienna Court Condos, 133 Park St. NE, across from the Vienna Presbyterian Church, any Monday morning or by appointment. Call 703-281-7614; leave a message in Box # 1. The "bike distribution program," will be collecting bikes on Saturday, Nov. 24, 9 a.m.-noon, at the Vienna Presbyterian

SEE BULLETIN, PAGE 11

Tell us what you think
submit your Letter to the Editor to editors@connectionnewspapers.com

Raking in the Savings

Affordable Junior Studio Assisted Living
Apartments Starting at Only **\$3,995!**

Quality Assisted Living Care
+ Countless Amenities
= *The Best Value of the Year*
*Pricing includes Level I Care.

Contact our friendly team today.
Call **703-834-9800** and
discover just how wonderful
worry-free senior living can be!

approx. 283 square feet

703.834.9800
www.TallOaksAL.com
12052 N Shore Drive
Reston, VA 20190
A Family Company

Tall Oaks
ASSISTED LIVING
RISING TO NEW HEIGHTS

Coordinated Services Management, Inc. Professional Management of Retirement Communities since 1981.

You Can Make a Difference



Cats benefit from being in a foster home. We need long- and short-term fosters for cats of all ages, mothers with litters and kittens on their own.



Consider Fostering

visit our website,
click on Participate

Adopt/Donate/Volunteer at www.lostdogrescue.org

Home of the \$6,850 Bathroom Remodel

From Now to WOW in 5 Days Guarantee

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

10% down
nothing until the job
is complete for the
past 17 years



Free Estimates
703-999-2928



Visit our website: www.twopoorteachers.com

Select your
products from
our Mobile
Showroom
and Design
Center

Fully Insured &
Class A Licensed
Since 1999



Announcements

**We pay top \$ for STERLING,
MEN'S WATCHES,
JEWELRY, COSTUME JEWELRY,
FURNITURE, PAINTINGS AND CLOCKS.**
Schefer Antiques
703-241-0790
theschefers@cox.net

**Find us on Facebook
and become a fan!**
[www.Facebook.com/
connectionnewspapers](http://www.Facebook.com/connectionnewspapers)
THE CONNECTION
Newspapers & Online
The Connection to Your Community
www.connectionnewspapers.com

Announcements

Employment

**Forget Daily
Commuting**
Print and digital media
sales consultant for area's
most popular and trusted
local news source

Manage your own hours from home
Enjoy flexible schedule
plus no daily commute
Help local businesses grow
Unique opportunity to be a
voice in your community
Competitive compensation

Call Jerry Vernon
703-549-0004
Connection Newspapers & Digital Media
Trusted Connection to Local Communities

Announcements

**Donate A Boat
or Car Today!**

Boat Angel

"2-Night Free Vacation!"

800-700-BOAT
(2628)

www.boatangel.com

sponsored by boat angel outreach centers STOP CRIMES AGAINST CHILDREN



**Sign up for
FREE DIGITAL
SUBSCRIPTION
to any or all of our 15 papers**
WWW.CONNECTIONNEWSPAPERS.COM/SUBSCRIBE

NEWS

**Providing Thanksgiving
Meal to 84 Families in Need**

For the second year in a row, the community came together in the spirit of Thanksgiving for those in need. More than 50 "Wish List Angels" purchased food for a complete Thanksgiving dinner basket for 84 families struggling to put a meal on the table this holiday. The group also collected grocery gift cards of \$2400 to distribute to families and help refill diminished charity food pantries. Wish List Project coordinators, Christie Shumadine and Lissa Perez, worked with the staff at Hutchison and Buzz Aldrin elementary schools and Second Story Shelter to identify families. Shumadine said, "As always, we are overwhelmed by the generosity of our wonderful community and are thankful to have their continued support to give food baskets to 84 families this year."

The Wish List Project was created 18 years ago by Ginger Mahon and her "Wish List Angels" to purchase individual gifts from a wish list made by individuals and families during the holidays. More individuals in need were added to the list, bringing the number of individuals served to more than 300 including youth in foster care, alternative housing, domestic abuse shelter homes, and families in local elementary schools. Having a desire to do more, in 2017, Shumadine and Perez expanded the project to collect Thanksgiving Meal Baskets for families who could not afford a special holiday meal. With that success, the Wish List Project added a Spring Break Food Drive and Toiletry Collection in 2018.

The 2018 Holiday Wish List was released Nov. 19. To pick an individual or family to support this year, go to The Wish List Project website at www.wishlistangels.org.



Wish List Project Coordinators Christie Shumadine and Lissa Perez and their Angels collect Thanksgiving Meal Baskets and gift cards to give to area families in need.



Local teen volunteers (left to right) Lexie Perez, Caitlyn Shumadine, Alexa Gianoplus and Avery Perez, unload Thanksgiving Meal Baskets from cars of donors at the Nov. 11 drop off day.

Where to Give Locally

FROM PAGE 4

- ❖ **United Community Ministries**, Mount Vernon, 703-768-7106, 7511 Fordson Road, Alexandria, VA 22306 assists low-income families and individuals living along the Route 1 Corridor, UCM provides housing programs as well as a Workforce Development Center. Last year, for the holidays, donations of nearly 10,000 toys, books, games, clothing, and other gifts ensured a joy-filled holiday for hundreds of children. 7511 Fordson Road, Alexandria VA 22306. www.ucmagency.org Donations of cash/checks and gift cards are also welcome.
- ❖ **Mount Vernon At Home**, 703-303-4060, www.mountvernonathome.org. From practical help to social, wellness, educational and cultural activities, Mount Vernon At Home membership helps connect senior members of our community. Neighbors helping neighbors with volunteer support is the power of Mount Vernon At Home. Mount Vernon At Home is a 501(c)(3) nonprofit organization working to meet the needs of its older members. The group fundraises all year to make this possible and count on the generosity of the community.
- ❖ **National Capital Food Bank**, 6833 Hill Park Drive, Lorton, serving all of Northern Virginia, 703-541-3063. www.capitalareafoodbank.org
- ❖ **Homestretch** is a provider of transitional housing in Fairfax County and offers a services to help the homeless better their lives through education. Email: jhenderson@homestretchva.org; 703-237-2035 x125; homestretchva.org/volunteer/
- ❖ **Pathway Homes** providing non-time-limited housing and supportive services to adults with serious mental illness and co-occurring disabilities in Northern Virginia. Founded in 1980, Pathways currently serves more than 400 adults in community-based homes in Northern Virginia. www.pathwayhomes.org
- ❖ **Good Shepherd Housing and Family Services**, 8305-17B Richmond Highway, PO Box 15096, Alexandria, VA, 22039. 703-768-9419, www.goodhousing.org/ The mission of Good Shepherd Housing (GSH) is to reduce homelessness, increase

community support, and promote self-sufficiency. GSH housing manages more than 70 housing units.

- ❖ **Boys and Girls Clubs of Greater Washington Fairfax Area** operates clubs in two of the neediest areas of the county, Culmore and Mount Vernon/ Route 1 corridor, focusing on character and academic success. www.bgcgw.org/fairfax
- ❖ **Christian Relief Services**, 8301 Richmond Highway, Suite 900, Alexandria, VA 22309, 703-317-9086, 703-317-9690 christianrelief.org/
- ❖ **Friends of Guest House Northern Virginia** offers structure, supervision, support and assistance to female ex-offenders who want to improve their lives and break the cycle of incarceration. Friends of Guest House offers the only program for women of its kind in Northern Virginia. One East Luray Ave., Alexandria, VA 22301-2025, 703-549-8072, info@friendsofguesthouse.org, friendsofguesthouse.org/
- ❖ **Habitat for Humanity of Northern Virginia** transforms the lives of lower-income families in need by providing affordable homeownership opportunities in Alexandria, Arlington, Fairfax and Falls Church. Learn more at www.habitatnova.org.
- ❖ **Alice's Kids** (@alicewillhelp) aliceskids.org P.O. Box 60, Mount Vernon, VA 22121 When a child is raised in poverty they suffer both publicly and privately. When there is no food in the refrigerator, no electricity nor heat, these are hardships that they can keep hidden from their peers. But, when that same child can't afford to pay for the band field trip, a pair of glasses, a chorus outfit or a new pair of shoes, these are indignities that are evident to their classmates. Alice's Kids pays for these relatively inexpensive items in the hopes of preserving the dignity of the child. It helps children from all over the Mount Vernon area through small acts of kindness.
- ❖ **Neighborhood Health**, 6677 Richmond Highway, Alexandria, VA 22306. The organization partners with its patients to treat the whole person through medical, behavioral health and dental programs. It has 10 clinics throughout Arlington and Fairfax counties. Participating with all insurance including commercial, Medicare, and Medicaid, 703-535-5568, www.neighborhoodhealthva.org

BULLETIN BOARD

FROM PAGE 9

parking lot and at Antioch Christian Church, 1860 Beulah Road.

Toys for Tots Drive. Through Dec. 10. Area Sheehy Auto Stores will collect new and unwrapped toys to benefit the U.S. Marine Corps Reserve Toys for Tots Program, which will distribute those toys as gifts to less fortunate children in the community in which the campaign is conducted. Sheehy's Toys for Tots drop-off locations include:

- ❖ Sheehy INFINITI of Tysons, 8527 Leesburg Pike, Vienna
- ❖ Patriot Harley-Davidson, 9739 Fairfax Boulevard, Fairfax

WEDNESDAY/NOV. 21

Family Caregiver Webinar. Noon-1 p.m. Fairfax County is offering a free Webinar for Family Caregivers, Wednesday. This month's topic is "Emergency Preparedness for Caregivers". To register, visit www.fairfaxcounty.gov/OlderAdults and click on Register for 2018 Free Caregiver Webinars. Call 703-324-5205, TTY 711.

Vienna Woman's Club Meeting. 7-9 p.m. at Vienna Community Center, 120 Cherry St. SE, Vienna. Vienna Woman's Club invites prospective members to its open membership meeting with a guest speaker on a common interest subject. Visit www.ViennaWomansClub.org for more.

THURSDAY/NOV. 22

Thanksgiving Day Worship Service. 10 a.m. at St. John's Church, 6715 Georgetown Pike, McLean. St. John's Episcopal Church will hold a Thanksgiving Day service of Holy Eucharist. The Thanksgiving Offering will support SHARE, a non-profit organization founded in 1969 to meet emergency needs in McLean, Great Falls, Pimmit Hills, and surrounding areas. All are welcome. Call 703-356-4902 or visit www.stjohnsmclean.org for more.

SUNDAY/NOV. 25

Family Advent Workshop. 9:45-10:45 a.m. in Fellowship Hall, Lewinsville Presbyterian Church, 1724 Chain Bridge Road, McLean. Lewinsville Presbyterian Church invites parents and children, ages 4 to grade 6, to a family Advent Workshop. The event will be held during the Sunday morning Christian Education hour in Fellowship Hall. This fun family event is open to all families with children in the age 4-grade 6 range. Free and open to the public. Visit www.lewinsville.org/event-items/advent-workshop/ or contact Allison Lineberger at alineberger@lewinsville.org.

WEDNESDAY/NOV. 28

Fairfax Commission on Aging Meeting. 10 a.m.-noon at the Hunter Mill District Office, Community Room A, 1801 Cameron Glen Drive, Reston. The public is welcome to attend and join in the comment period that begins each session. Find out more at www.fairfaxcounty.gov/dfs/olderadultservices/coa.htm. Call 703-324-5403, TTY 711 for meeting access needs.

Medicare Enrollment Event. 10 a.m.-5 p.m. at Dar Al-Hijrah, 3159 Row St., Falls Church. Learn the facts about health insurance for older adults. Registration required, call 703-531-2905, TTY 711. Find out more at www.fairfaxcounty.gov/OlderAdults and click on Insurance Counseling-VICAP.

Health Seminar. 6-7 p.m. at Rose Wellness, 2944 Hunter Mill Road, Suite 101, Oakton. Michael Liss will talk about the homeopathic approach to treating children with ADHD and ADD. Integrative Nutritionist Elizabeth McMillan will discuss the nutritional aspect. Free. Space is limited. Call 571-529-6699, option 3 to RSVP or visit www.rosewellness.com.

THURSDAY/NOV. 29

Dyslexia Open House. 10 a.m.-noon at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 – Room 100, Dunn Loring. Join the FCPS Office of Special Education Instruction and the Parent Resource Center for the 4th Annual Dyslexia Open House. Meet Carrie Leestma, FCPS dyslexia specialist, browse exhibit tables, and learn about next steps for FCPS students with dyslexia. Free to parents, educators and community members. Call 703-204-3941 or visit www.fcps.edu/resources/family-engagement/parent-resource-center for more or to register.

BUSINESS DIRECTORY

WWW.CONNECTIONNEWSPAPERS.COM
CALL 703-549-0004 FOR ADVERTISING INFORMATION

LANDSCAPING A&S CONSTRUCTION SOD, Mulch, Clean-Up Leaf Removal Hauling. 703-863-7465		Good is not good, where better is expected. -Thomas Fuller	LANDSCAPING LANDSCAPING Patios & Drainage Your neighborhood company since 1987 703-772-0500	
ELECTRICAL K & D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc... Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 lektrkman28@gmail.com		ELECTRICAL J.E.S. Services Free Estimates - Fully Licensed & Insured <ul style="list-style-type: none"> Planting & Landscaping Design Drainage & Water Problems Concrete Driveways, Replacement or New Patios and Walks • Masonry Work or Dry Laid Paver, Flagstone, Brick, any style you choose Retaining walls of all types All work Guaranteed		
GUTTER GUTTER CLEANING Gutters and Downspouts Cleaned Small Repairs • Gutter Guards PINNACLE SERVICES Lic/ins 703-802-0483 free est. email jamil@lawnsandgutters.com web: lawnsandgutters.com Friendly Service with a Friendly Price!		TILE / MARBLE TILE / MARBLE Quality Tree Service & Landscaping Reasonable prices. Licensed & insured. Fall Cleanup... Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience – Free estimates 703-868-5358 24 Hour Emergency Tree Service		
IMPROVEMENTS IMPROVEMENTS Power Washing Go from green to clean, do you have mold on your siding rotten wood that's a hoa violation? We do houses, decks, fences, side walks, etc. Deck and fence repair, deck staining and sealing. Licensed & Insured • Free Estimates email: jnave@comcast.net Single Family \$155 703-987-5096 Townhouse \$125		PAVING PAVING GOLDY BRICK CONSTRUCTION Walkways, Patios, Driveways, Flagstone, Concrete FREE ESTIMATES Licensed, Insured, Bonded 703-250-6231		
A&S Landscaping <ul style="list-style-type: none"> All Concrete work Retaining Walls • Patios Decks • Porches (incl. screened) • Erosion & Grading Solutions French Drains • Sump Pumps Driveway Asphalt Sealing 703-863-7465 LICENSED Serving All of N. Virginia				
 RN. CONTRACTORS, INC. Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic Phone: 703-887-3827 E-mail: rncontractorsinc@gmail.com www.rncontractors.com				
Find us on Facebook and become a fan! www.Facebook.com/connectionnewspapers THE CONNECTION Newspapers & Online The Connection to Your Community www.connectionnewspapers.com				
ATTENTION ADVERTISERS: expand your audience beyond our weekly print edition with THE CONNECTION DIGITAL <ul style="list-style-type: none"> Email Marketing Social Media Sponsored Content FOR MORE INFORMATION CALL 703.778.9431 OR VISIT CONNECTIONNEWSPAPERS.COM/ADVERTISING				
THE CONNECTION Reaching Suburban Washington's Leading Households • Arlington/Leesburg/Park • Arlington/Reston • Falls Church • Fairfax County • Loudoun County • Manassas • Manassas Park • Potomac • Reston • Silver Spring • Springfield • Vienna • Woodbridge • Yorktown				

Indeed, A Festivus Miracle



By KENNETH B. LOURIE

For those readers still following me after reading last week's column: "Airing of a Grievance," when I moaned and groaned about my anxiety and fear concerning the impact of my possibly having to delay the first of my three holiday-season infusions due to unacceptable lab results, let me real-time you: chemotherapy went ahead Friday, Nov. 16, as regularly scheduled.

Now, there will be no need to drive back from Pennsylvania to Maryland on the Friday after Thanksgiving – after arriving there the preceding afternoon, only to have to drive back to Pennsylvania Friday after my morning infusion, in order to resume our holiday weekend; and then drive back home again on Sunday during one of the busiest driving weekends of the year.

Given that there's no delay, this means I'll be sitting down for Thanksgiving dinner on Thursday afternoon. Unfortunately, the eating side effects typical of my treatment will have not subsided as yet so enjoying my favorite meal of the year will be impaired. Still, given the alternatives discussed, no delay in treatment is an altogether better outcome. I will be able to enjoy leftover turkey sandwiches on Friday though.

And so, perhaps you can imagine the relief I felt when I called the Infusion Center on Friday morning, Nov. 16, to confirm my appointment.

It has happened previously when I've made this pre-appointment confirmation call, that I've been told not to come and to reschedule. Moreover, it has also happened – once, that after making this call, receiving approval to come in, driving 45 minutes, checking in at reception and then getting hooked up to an IV, that I was told after further review by my oncologist, that I had to go home.

Disappointing, as you can imagine, but had it happened last week, the Friday before Thanksgiving, as has been well-blathered about in two columns, it would have been particularly discouraging and extremely disheartening.

It really wasn't until 10:30 a.m., after my oncology nurse set up my IV and ordered my drug (alimta) that I had the nerve to ask if I was 100 percent getting my drugs today. Enthusiastically, Nora said: "Oh. You're getting your drugs today. I've checked everything."

After hearing her response, my eyes welled up with tears and I heaved a sigh of relief, the likes of which I've never heaved before.

In addition to writing about this scheduling 'heave,' I've been worried for a few months now based on the finding of my most recent CT scan during my last post-scan appointment with my oncologist on Oct. 5. This scan confirmed an enlarged tumor under my Adam's Apple.

This every-three-week infusion schedule was implemented specifically to determine if this new growth was old growth recently impeded or new growth indicating my treatment has stopped working. If my treatment has stopped working, and I believe I have written about it previously, I might not be living the life going forward that I want to.

And so, when Nora confirmed my infusion mid morning on Friday, the pent-up emotion, the worry, the fear, the holiday hassle all faded away and I began to breathe more normally and easily as I had in six weeks or so anticipating this day. At least the first hurdle has been passed.

My next scheduled infusion is Dec. 7. Three weeks later is another infusion on Dec. 28. Followed up by a CT scan on Jan. 2, 2019. I would love to receive both infusions before that next scan to maximize the medicine I will be receiving.

Certainly there will be anxiety and fear worrying about those results, but absent the holiday season, I think I can manage it. More of a mindset than a miracle at that point.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



Eight-year-old Charlotte from Fairfax Station checks out her elf look in Santa's Magic Mirror.

PHOTOS BY ANDREA WORKER/THE CONNECTION



"Holidays are all about families and making the memories." This extended family, from left: Patricia Okola, Clarice Gee, Tyler Cave, Sharon Cave, young Matthew Okola, and Miss Clarissa Kalinovsky up front, all stopped to take a few photos to remember the family day out during their visit to Santa's HQ at Tysons Corner Center.

Santa Welcomes Fans to His Tysons HQ

BY ANDREA WORKER
THE CONNECTION

Nestled at a shopping lane crossroads in Tysons Corner Center mall, Santa's HQ, presented by the HGTV channel, offers a lot more than the Santa chair surrounded by a few elves that you may remember from your childhood.

Kids, and quite a few of the older, but still young-at-heart crowd were observed on the Saturday before Thanksgiving, checking out the holiday action at Santa's HQ.

Instead of the long line of little ones growing increasingly restless as they wait their turn for a Santa visit and a photo op with the "jolly one," visitors to the HQ are given lots of interactive things to do, right from the start. The entrance to the "Elf Academy" begins with a "scale" that determines if you are on the "Naughty or Nice" list. No one seemed too concerned about being on the former. "Oh, I know he's just kidding," said 6 year-old Caitlin Price from Vienna. "I am really good – most of the time!"

After that determination, it's time to enter the Academy. This igloo-shaped section of the HQ lets visitors move through at their own pace, once more avoiding the "line-'em-up" frustrations and fidgets. Brian Caruth of McLean and 5-year-old daughter Avery spent a bit of time in this first section, just learning the elf ropes and getting acquainted with the set up.

It's also the place where youngsters – and, again, the not-so-young – get to try on some elf fashions in "Santa's Magic Mirror" and create a personalized Elf ID Card. Charlotte,

8, and sister Juliet, 11, from Fairfax Station shared a lot of laughter as they picked their elf avatars and decided on the perfect costume for each.

In this first interior station, kids have the freedom to shake off some of that excess energy with movement and giggles before heading into the "forested" pathway to their next activity.

THE PATHWAY is short, but decorated and lit to provide the perfect stopping point for taking your own family holiday photos, like the extended Kalinovsky, Okola, Gee, Cave family from various areas around the region, who stopped to do just that. Again, design logistics allow others to pass by, even when a crowd like this stops to get the perfect shot.

The next spot is another rounded room where HQ guests can move about and features a control panel with lots of buttons and levers and lights and sounds for little hands to touch. There's also an interactive journey with "hidden" elf action that is revealed via an "Elf-Ray Vision" programmed tablet or a downloadable app.

When every inch of Santa's HQ has been explored, it's finally time to meet the man himself – well, almost, since even the area that holds the main event was created to minimize the crowd backups and give folks something else to do and think about while they wait. Before the Santa visit and photo, there is another photo opportunity with a bench for resting those shopping and line-weary feet, complete with a colorful Holiday town backdrop.

Then, at last, it's Santa time – and, of



Brian and Avery Caruth of McLean weren't waiting until after Thanksgiving to make their visit to Santa and his Tysons Corner Center HQ. Both wore their best excited holiday smiles during their exploration.

course, lots of photo snapping.

Santa chose well in having the folks from Worldwide Photography be his helpers and official photo takers. All throughout his HQ, the elves from Worldwide could be found not only welcoming their visitors, but making sure they understood how to work all of the "magical" devices. More than once, an "elf" was seen getting down to the level of the smallest guest to help out, or just joining in the fun, like Kevin, a new addition to Santa's staff, who was happy to demonstrate the Magic Mirror and try out a few of the elfen fashions himself. Saturday's "head elf" Ms. Ty, kept things moving along and could be seen flitting from one place to the other,



The Jolly One welcomes visitors to his HGTV-sponsored HQ at Tysons Corner Center through Dec. 24 with lots of interactive opportunities for holiday adventures – and a photo or two.

ensuring smiles from all.

Even with all of this organization, lines can, and no doubt will be, sometimes daunting.

TO EASE some of that, Santa and his sponsors and elves offer a reservation service. Head to their website at www.santa-hq.com, find the Tysons Corner Center location, and click through to the calendar to find an available date and time for your visit. There are also some special events listed, including Grandparents Day, Holiday PJ Day, and even an Ugly Sweater Day on Dec. 13.

Santa's HQ's will be entertaining visitors until Dec. 24.