Franklin Middle School eighth-grader Tara Sankner helps choose toys for Our Neighbor's Child gift recipients.

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Preschool Unisex

## Bring 8 News, Page 3

# Special Election In State Senate

News, Page 8

**Advice from Professors** A+, Page 2

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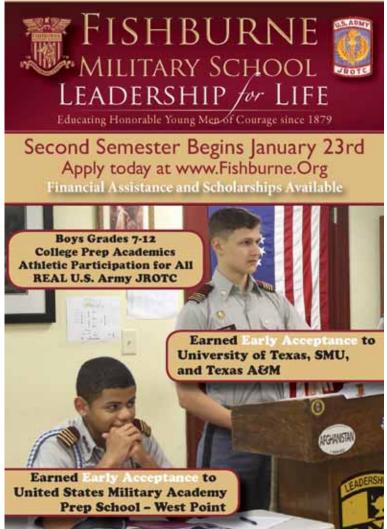
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Education Learning Fun

Asking questions in class is advice that David S. Torain II, Ph.D., professor of mathematics and statistics at Montgomery College would offer new students.

## Advice from Professors

college simply for

what you are most

passionate about.

financial gain. Study

Study what you love."

- Vincent Intondi, Ph.D.,

professor of history,

Sharing things they wish they could tell their prospective students.

By MARILYN CAMPBELL

any high school seniors will spend their holiday break working on col lege applications or making visits to perspective university campuses. As the excitement builds over the new collegiate expe-

rience that lies ahead, local professors offer advice on the things they wish they could share with new college students.

Avoid seeing college as simply a means to end or a pathway to a career and instead take advantage of the multitude of learning experiences available to students.

From football games and art exhibitions to student debates and faculty recitals, there are opportunities gain a vast amount of knowledge in four years.

Use that time to discover one's interests, says Vincent Intondi,

Ph.D., professor of history at Montgomery College. "Do not come to college simply for financial gain," he said. "Study what you are most passionate about. Study what you love. The jobs will be there."

In an effort to encourage students to move outside of their comfort zone, Linda Gulyn suggests that they, "Learn, have new experiences, but do well academically," she said. "Socialize and engage in activities across your major or regular crowd."

"Read and always do your homework," said David S. Torain II, Ph.D., professor of mathematics and statistics at Montgomery College.

"If you read slowly, don't sweat it, just read," he said. "If you get bored, break your reading in to short sessions, but come back to it. If you can't make sense of it all, make sense of as much of it as you can, then talk to a classmate and ask a question in class."

Use college as an opportunity to build skills that will be necessary after college, says Jerome Short, Ph. D. "Students should choose courses and experiences to build their oral and written communication skills to better express themselves persuasively and concisely," he said.

> Practice self-care and recognize stress and anxiety that a new college experience might bring. When those feelings arise, avoid negative coping mechanisms and instead focus on those which are healthy, advises Short.

> "College is a time to dramatically grow your brain," he said. "Scientific research shows that exercise grows brain cells, learning connects cells, and sleep consolidates memories in cells. Do plenty of each of them every day."

**Montgomery College.** For some professors, one of the best parts of their job is getting to know and share knowledge with their students

even on subjects that are not related to the course, says Joanne Bagshaw, PhD, professor of psychology at Montgomery College. "Get to know your professors, and make sure they

get to know you," she said. "Visit your professors during office hours and use the time to ask questions about the course and even chat about topics interesting to you."

"College is a time to dramatically grow your brain. Scientific research shows that exercise grows brain cells. learning connects cells, and sleep consolidates memories in cells. Do plenty of each of them every day."

— Jerome Short, Ph. D.

"Do not come to

social

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## News



Eager to fill gift packages with these new toys are (from left) Robinson junior Karla Romero, Westfield juniors Gwenyth Coulter and Bella Rubijono, Robinson freshman Ashley Romero and Meybel Ostorga, Karla and Ashley's mom.



Ready to pack up these gifts are members of dentist Bill Crutchfield's Chantilly office. Back row, from left, are Donna Giavasis, Kerri Morrisroe, Dr. Crutchfield, Tim Sievers, Laura Cashman and Mike Kinney; and, front row, from left, Jennifer Nguyen and Isabelle Garcia.

## Our Neighbor's Child Brings Holiday Joy



Holding some toys are National Honor Society members from Centreville High (from left) Kyle Foster, Ariana Guillen and Jessica Hong.

ocal students, residents and business employees "shopped" last week from toys donated by the community to fill gift bags for the more than 600 families receiving Christmas presents from Our Neighbor's Child (ONC). More photos, page 4.

Choosing a basketball to

Choosing a basketball to fulfill a child's Christmas wish is Mike Henryhand, with the Aston Carter division of Aerotek.

Lending a hand are Metronome employees (from left) Ever Cerritos, Logan Douglas, Chris Demarest and Shane Johnson.



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Standing by some of the bicycles that children will receive from ONC are Aerotek employees (from left) A.J. Firestone, Matt Cunningham, Joe Callas, Joanna Li, Ashley Pak, Maxine Johnson and Alex Hernandez.



Showing their Christmas spirit on packaging day are Metronome employees (standing, from left) Rebecca Woolson, Sam Sanders (posing as the Grinch), Sarah George and Sarah Soltis, and (kneeling) Lauren MacPherson.



Waiting to check in to help package gifts are Chantilly High National Honor Society members (from left) Numya Menon, Melody Crawford and Natalie Loeffler. CHANTILLY CONNECTION DECEMBER 19-25, 2018 3

## OPINION Merry Christmas

"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."

he pages of the Connection Newspapers (including the Alexandria Gazette Packet, the Mount Vernon Gazette, the Potomac Almanac and the Centre View) have been full of holiday spirit, beginning before Thanksgiving. Group and individual efforts to help the needy, holiday parades, Santa arriving by boat, Santa arriving by horse-drawn carriage, Santa arriving

### Editorial

by tractor-pulled hayride, Santa arriving at the Malls, tree lightings, Menorah lightings, stories of giving, secular celebrations, religious celebrations. Shopping lo-

cally. Giving locally. Christmas is about the birth of Jesus Christ.

Whether you believe the Christmas story literally or in spirit, you know it is the story of joy, hope and love, with the promise of redemption.

It is also about embracing the teachings of Jesus: to love thy neighbor as thyself; to help the needy; to feed the hungry and clothe the poor; to care for those who are sick; to invite and welcome strangers; to treat others as you would have them treat you.

#### Matthew 7:12:

"So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets."

#### Matthew 25:35-40:

"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.'

"Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?'

"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."

SO LET US SHARE the verse relating the birth of Jesus from the Bible, Luke 2: 4-19:

"And Joseph also went up from Galilee, out

#### Poetry

This poem is a tribute to my 93-yearold grandma who is passionate about knitting. Sadly, now she had to lay down her needles and yarn because of her failing vision and health. Not a single day would go by without her taking up her yarn to knit a sweater, a shawl, a poncho, or a scarf. This poem is my thank you to her for all of her handmade precious & priceless gifts to me.

> — Anita R Mohan of FAIRFAX

of the city of Nazareth, into Judaea, unto the city of David, which is called Bethlehem; (because he was of the house and lineage of David.) To be taxed with Mary his espoused wife, being great with child. And so it was, that, while they were there, the days were accomplished that she should be delivered. And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn. "And there were in the same country, shepherds abiding in the field, keeping watch over their flock by night. And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid. And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people.

"For unto you is born this day in the city of David a Saviour, which is Christ the Lord. And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger. "And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, Glory to God in the highest, and on earth peace, good will toward men.

"And it came to pass, as the angels were gone away from them into heaven, the shepherds said one to another, Let us now go even unto Bethlehem, and see this thing which is come to pass, which the Lord hath made known unto us. And they came with haste, and found Mary, and Joseph, and the babe lying in a manger. And when they had seen it, they made known abroad the saying which was told them concerning this child. And all they that heard it wondered at those things which were told them by the shepherds."

> — Mary Kimm MKIMM@CONNECTIONNEWSPAPERS.COM

### **Editor's Note** About the Rest of 2018

This is our last regular edition of 2018. Next week, after Christmas, we will publish our annual Children's Issue, devoted entirely to the artwork and writing of local students. You'll be able to find this online at http:// www.connectionnewspapers.com/PDFs/ Scroll

Our next regular edition will publish Jan. 2-3, 2019, with deadline for content and advertising of Dec. 28 (late ads accepted).

In the meantime you can email the editors at editors@connectionnewspapers.com. You can reach sales/marketing/advertising at sales@connectionnewspapers.com.

Digital replica editions of the most recent week's papers are available at www.ConnectionNewspapers.com/PDFs

Past issues of the Connection back to 2008 are available at connectionarchives.com/PDF/ Advertising information, Special Section details here www.connectionnewspapers.com/

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#### Holiday Joy

Selecting gifts for local children are (from left) Chantilly High junior Sarah MacNamara and Westfield High junior Noelle Hale, both members of Girl Scout Troop 3486.



Two ONC volunteers who organized the toy tables are Sue Harpe (left) and Cindy Kanode.

As the yarn takes form, she holds it up lovingly against her heart, ingnting up at the beautiful cardigan she has just done knitting.

~ Copyright © Anita R Mohan



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down to Children's.

A Tribute to my Grandmother

She sits in her room near the window, her eyes now weak but focused on the yarn, as the needles move

Her hands now weak and red swollen, painful at times and her grasp not as good, yet her frail & delicate fingers still deft and swift make beautiful patterns.

like magic in rhythmically.

### OPINION

## Exploring Peruvian Cuisine Locally

By Alexandra Greeley

aking over from the former Peruvian restaurant, Aguaymanto Grill, in Chantilly several years ago, the owners have turned this into a buzzing, super-busy destination called Peru 703. On a recent Saturday night, a big, happy family celebration — a birthday, perhaps — took over many of the tables. Everyone was eating and chatting happily. And likely they were Peruvians who totally understood their native cuisine

Dining Out

derstood their native cuisine. For non-Peruvians, getting a

handle on some of the dishes may be a bit of a challenge. Even for devout foodies who love to explore foreign dishes, some may grapple with wondering: what is papa rellena (crispy meat-stuffed potato patty), picante de camarones (stir-fried shrimp in a creamy sauce served over rice), and tacu tacu, a dish of rice and beans with a choice of meat topping. Hint: Come with Latino friends who understand the cuisine.

But once foodies learn about Peruvian eats, their taste buds will explode. Perhaps the best way to start a Peruvian meal is with that potato appetizer, papa rellena with the salsa criolla topping. It is actually mashed potatoes formed into a ball, or patty, stuffed with flavored meat, and topped with a crunchy bread crumb coating. One order might be enough for two people, but the best bet is to order one per person.

Another must-have dish, either as an appetizer or part of the entrée selection, is at least one order of ceviche. Made from technically raw fish that has been "cooked" in a lime juice marinade, a ceviche serving

may call for shrimp, white fish, calamari, or possibly mussels. The chef puts out a straightforward dish with one fish selection, or he plays around with the idea and mixes them with different seasonings and combinations. For newcomers to the idea of eating raw fish, probably the best idea is to stick with the plain offering.

Then the chef puts out an appealing number of entrées, ranging from the Peruvian special, a roast chicken platter, to assorted seafood, beef, and chicken main dishes. There's also a House Favorites section in which patrons can order the special "chaufa world," a recipe that combines Chinese and Peruvian flavors with Peruvian-style fried rice, and a choice of meat toppings — even including hot dogs; and Mar y Tierra platters that pair grilled shrimp with fries, jasmine rice, and strip steaks.

For folks looking for something less robust, the kitchen does create two difference subs and two different burritos. However, these are only available from Tuesday to Friday. But patrons can pick one of the entrée-sized soups instead. Very typical and very good is their chupe de camarones, a chowder field with shrimp, jasmine rice, and a fried egg.

As the meal winds down, patrons may dream of something sweet. But usual sweet choices are limited to just a few goodies: flan (custard), tres leches cake, and ice cream. And as the meal wraps up, chances are that all folks are delighted with the service, the food, and the ambiance.

**Peru 703 Peruvian Fusion & Pisco Bar**, 5005 Westone Plaza, Suite D, Chantilly, 703-657-3249. Hours: Tuesdays.-Fridays, 11 a.m to 10 p.m.; Saturdays, 10 a.m. to 10 p.m.; Sundays, 10 a.m. to 9 p.m.

### LETTER Daughter's Appeal: Vote for May

To the Editor:

Joe May, my father, is very experienced at working with and leading people to accomplish goals that benefit many. With 20 years of experience in the Virginia House of Delegates, he hopes to return to the Virginia state legislature, to continue improving the quality of life for Fairfax and Loudoun County residents. He is a well respected and pragmatic businessman, electrical engineer, and community leader.

Though what matters most to him, is helping people live better lives. This is why he is running as the Republican candidate in the special Virginia state Senate election on Jan. 8.

Joe's ability to collaborate with others, and formulate and deliver inventive, practical solutions to help people, is what makes him such a successful legislator and leader. The broad scope of his contributions includes :

✤ joining forces with both Republicans and Democrats, as House Transportation committee chairman, to develop innovative ways to deliver desperately needed transportation funding to Northern Virginia;

guiding efforts of the Loudoun Laurels Foundation and George Marshall International Center to provide exchange programs and scholarships for college students;

coordinating the work of engineers, pilots and the Federal Aviation Administration, to develop and implement improved aircraft safety electronics.

Special election turnouts are small, so your vote is important. Show your support for an experienced, effective problem solver, who will continue to improve the quality of life in Leesburg, Herndon and Sterling, as a Virginia state senator. Please vote for Joe May on Jan. 8.

> Beth May Minneapolis

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## Holiday Entertainment



The Fairfax Station Railroad Museum holds events most Sundays, 1-4 p.m. January activities include a Winter Make and Take craft, a game day/scavenger hunt and a G-Scale model train show. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. The Fairfax Station Railroad Museum is located at 11200 Fairfax Station Road, Fairfax Station. Visit www.fairfax-station.org, www.facebook.com/FFXSRR, or call 703-425-9225.

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

#### SATURDAY/DEC. 22

Caroling Wagon Ride & Campfire. 4-5:30 p.m. at the Walney Visitor Center in Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Join in song and exploration on a wagon ride, and then warm up with s'mores around the campfire. For participants age 4-adult. \$8 per person. Call 703-631-0013 or visit www.fairfaxcounty.gov/parks/ eclawrence.

#### FRIDAY/DEC. 28

**IONA Brings Music to Sully** Historic Site. 1 and 2 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Each year, IONA performs for sell-out crowds at Sully. The musical program is designed for audience members age 5-adult. \$15 per person. Prepaid reservations are required. Limited seating is offered on a first come first serve basis. An optional house tour is included. Refreshments will be served in the original 18th century kitchen. Register at www.fairfaxcounty.gov/ parks/sully/.

#### WEDNESDAY/JAN. 2

First Hike Fairfax 2019. Visit any Fairfax County Park Authority trail on Jan. 1, 2019. Take lots of photos. Pick a favorite photo to enter into the Fairfax County Park Authority's First Hike Photo Contest by Jan. 2. The contest is open to amateur and professional photographers. Limit one photo entry per person. Visit the First Hike Fairfax at www.fairfaxcounty.gov/parks/firsthike for more info.

#### SATURDAY/JAN. 5

RECenter Swim Classes Start. The Fairfax County Park Authority offers youth swim instruction for babies to teens at nine RECenters throughout the county. Adults join their children in the pool in the early years. Kids go

solo and advance through different instruction levels as they get older. For more information about the Park Authority's swim programs, call 703-222-4664 or visit www.fairfaxcounty.gov/parks/ recenter/swimming.

#### SUNDAY/JAN. 6

Winter Make 'n Take. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Fairfax Station Railroad Museum will celebrate the New Year with a Make 'n Take craft event. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit www.fairfaxstation.org, www.facebook.com/ FFXSRR, or call 703-425-9225.

#### SUNDAY/JAN. 13

- Game Day/Scavenger Hunt. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Come to the Fairfax Station Railroad Museum and play a Train Game or History Game as well as working on a Scavenger Hunt. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit www.fairfax-station.org, www.facebook.com/FFXSRR, or call 703-425-9225.
- Winter Fun Days. 2-4 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Register children for "Winter Fun Days" at Sully Historic Site and find ways to keep everyone entertained when going outside isn't a great option. During the program, children age 6-12 will discover fun games and learning activities they can do at home the next time everyone is snowed in. Participants will make a historic craft to take with them and warm up with hot cider. \$8 per child. Children must be accompanied by an adult. Call 703-437-1794 or visit www.fairfaxcounty.gov/parks/sullyhistoric-site.

#### FRIDAY-SUNDAY/JAN. 18-20

Home + Remodeling Show. Friday-Saturday, 10 a.m.-9 p.m.; Sunday, 10 a.m.-6 p.m. at Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. More than 300 companies

will be on hand to showcase the latest products and services in home remodeling, renovation, home décor and redesign. TLC's Trading Spaces' John Gidding and HGTV Design Star's Tyler Wisler will headline the event. \$12 at box office: \$9 online. \$3 children 6-12, free for 5 and younger. Purchase tickets at homeandremodelingshow.com/showfeatures.

#### SUNDAY/JAN. 20

Garden Gauge (G Scale) Model **Train Show.** 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Washington, Virginia, and Maryland Garden Railway Society will hold their annual Garden Gauge Model Train Show at the Fairfax Station Railroad Museum. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit www.fairfax-station.org, www.facebook.com/FFXSRR, or call 703-425-9225

#### PET ADOPTIONS

- Adopt a Dog. Saturdays, 12-3 p.m. at Petco, 13053 Lee Jackson Highway. Visit hart90.org for more.
- Adopt a Dog. Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog.Visit aforeverhome.org for more.
- Adopt a Dog. Saturdays, 1-4 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Adopt a puppy or dog. Visit www.lostdogrescue.org for more.

#### ONGOING

- Fitness for 50+. Daytime hours, Monday-Friday at Sully Senior Center, 14426 Albemarle Point Place, Chantilly. Jazzercise Lite, Zumba Gold, Hot Hula Fitness (dancing Polynesian style). Strength Training. Qi Gong, Tai Chi and more. Membership is \$48 a year, and waivers are available. Email lynne.lott@fairfaxcounty.gov or call 703-322-4475 for more Art Guild of Clifton Exhibit. 10
- a.m.-8 p.m. at Clifton Wine Shop, 7145 Main St., Clifton. Includes oil paintings of European settings; doors, windows, and flower shops. Free. Call 703-409-0919 for more.

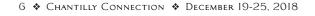
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## CRIME

The following incidents were reported by the Sully District Police Station.

**ROBBERY (CARJACKING):** 14120A Lee Highway (United States Postal Service), Dec. 3, 1:49 a.m. The victim was seated in her car in the post office parking lot. A man entered the passenger side of the car, displayed a gun, and demanded that she begin driving. The woman got out and the man drove off in her car. The suspect was described as a black man, 20 years of age, 5'4" to 5'6", average build, and wearing dark clothing. The victim was not injured.

**BURGLARY OCCUPIED DWELLING:** 6000 block of Summer Pond Drive, Nov. 28, 1:25 a.m. A man entered the victim's home through a rear door and rummaged through his belongings. Nothing was stolen.

#### DEC. 14 LARCENIES

14100 block of Saint Germain Drive, merchandise from business

#### DEC. 12

**LARCENIES** 5800 block of Post Corners Trail, property from vehicle

#### **STOLEN VEHICLES** 6300 block of Paddington I

6300 block of Paddington Lane, 1997 Dodge Grand Caravan **DEC. 10** 

#### LARCENIES

13700 block of Cabells Mill Drive, license plate from vehicle

14700 block of Lee Highway, beer from business 5600 block of Ox Road, cash from business 5600 block of Stone Road, purse from location **DEC. 7** 

#### LARCENIES

11900 block of Fair Oaks Shopping Center, merchandise from business 3300 block of Hill Haven Court, packages from

residence 12000 block of Lee Jackson Memorial Highway,

property from residence 12300 block of Lee Jackson Memorial Highway,

ring from location 3000 block of Summershade Court, wallet from

residence DEC. 5

#### LARCENIES

14800 block of Maidstone Court, cash from vehicle

4900 block of Stonecroft Boulevard, property from vehicle

#### Bulletin Board

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### SOBER-RIDE FOR THE HOLIDAYS

**Free Sober Rides.** 8 p.m.-4 a.m. daily, Dec. 14-Jan. 1. Area residents, 21 and older, may download Lyft to their phones, then enter a code in the app's "Promo" section to receive a no cost (up to \$15) safe ride home (limited quantities available). WRAP's Holiday SoberRide promo code will be posted at www.SoberRide.com.

#### WHITE HOUSE ORNAMENTS

GFWC Western Fairfax County Woman's Club is selling 2018 White House Christmas ornaments. This year's ornament honors the 33rd President, Harry Truman. The two-sided ornament illustrates changes to the White House during the Truman administration, the Truman balcony, Presidential Seal and renovation of the Blue Room. 2018 ornaments cost \$22. Proceeds benefit charity. Order now by calling 703-378-6841 or 703-378-6216. It is possible to order previous years' ornaments.



#### Online Salary Negotiation Workshop. AAUW (American Association of University Women) Work Smart is free online for anyone looking to learn how to negotiate a salary increase or promotion. Why is negotiation so important? AAUW's research on the gender pay gap shows that, one year out of college, women are already paid significantly less than men. Visit salary.aauw.org.

www.ConnectionNewspapers.com



Stepping Back From the Precipice



#### By KENNETH B. LOURIE

Not so bad, even though it's been nearly 10 years on the cancer trail – and two columns, recently, courting my imminent demise.

The appointment with the otolaryngologist to assess the presumptive damage/my decline was instead wonderfully uplifting: "nothing worrisome in the throat." What symptoms I was experiencing (basically seasonal-type cold and flu to go along with a scratchy and extremely hoarse voice) had nothing to do with cancer and more so to do with the time of the year.

Meaning I wasn't going to die as a result; just sneeze, cough and so forth like everyone else, which as I've been told, repeatedly, I'm not.

Cancer patients might not have the benefit of doubt or delay like the rest of you. Time may not be of the essence, but one never knows. Cancer cells sort of have a mind/process of their own. It's not so much a lesson learned as it has

been a lesson reminded.

My oncologist has frequently advised me that should a new symptom appear and persist for two to three weeks, I should email him and alert him to my status/situation. I might have been a week or so late this time, but fortunately not too many dollars short.

My oncologist responded immediately as did my primary care physician. Each doctor making arrangements for me within a matter of hours: a face-to-face appointment with my internal medicine doctor – which led to the referral for the otolaryngologist (who called to schedule an appointment before I even got a chance to); and a referral as well by my oncologist for a CT scan of my neck.

Having now been examined and results interpreted, I am glad to report that as scared as I have been for the past two columns, my symptoms were not indicative of my lung cancer progressing. Rather it was more indicative of a cancer patient being stupid and stubborn.

Not wanting to ever believe that my life hangs in the balance and could be severely endangered by my neglect, I tend to go about my health-related business as I would guess the rest of you who are healthy and not cancer-diagnosed: I wait out the symptoms and try not to go negative.

As has been said recently – to me, nothing could be less appropriate given my stage IV, lung cancer. Being negative might actually save my life.

The reality is: I am compromised and subject to risks and complications many of you are not. My immune system has likely been weakened by this most recent every-three-week infusion interval recommended to shrink a relatively new tumor – and in so treating, hopefully will not have allowed any existing cancer cells to trigger and mutate and cause even more trouble.

After all, cancer is likely in control here and giving them an inch, so to speak, has never been part of our plan.

Even though my cancer had already metastasized in 2009, its movement seems to have been confined to my lungs and amazingly has remained there ever since. Still, if I've finally learned anything with this most recent scare, it is that I can't turn a blind eye or a deaf ear, metaphorically writing, to common sense or doctor's orders.

I'm not supposed to wait for the ambulance, if you know what I mean? I'm supposed to be smarter than that and act like my life matters: making arrangements much sooner rather than way later. Denying, pretending and hoping that new symptoms are benign because many other people experience them is, for a cancer patient, as foolish as it gets.

The last, and I mean the absolute last thing a cancer patient should think is that they are like everybody else. They are not. We are not. I am not.

You get it, Kenny?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

## News

## Democratic Insurgent Versus Republican Moderate

January special election to fill seat vacated by Jennifer Wexton features two familiar faces.

By Michael Lee Pope The Connection

he first election of 2019 might end up being a harbinger of things to come for Republicans, who have seen their presence all but evaporate in Northern Virginia. It could also test the limits of the blue wave that washed over Virginia since Donald Trump was elected president. The special election for state Senate District 33 features an insurgent House Democrat who is often at odds with her own party's leadership and a moderate Republican who lost his House seat in a primary five years ago after a challenge from the right. Voting will happen in the dead of winter, and turnout is expected to be very low.

"Special elections are a different kind of beast for campaign, especially ones that have to be run around the holiday," said Quentin Kidd, political science professor at Christopher Newport University. "It's hard to reach voters and hard to motivate them to pay attention and turn out to vote."

The 33rd Senate District stretches from Herndon and Dulles into Lansdowne and Leesburg, wealthy parts of Fairfax and Loudoun counties where voters have steadily been shifting from red to blue over the last decade. A dozen years ago the district was represented by Republican Bill Mims, who opposed same-sex marriage and supported homeschooling. When Republican Bob McDonnell ran for governor in 2009, he won this district with a commanding 59 percent of the vote. A few weeks after that election, Mims resigned the seat to work in the McDonnell administration, and the seat has been in Democratic hands ever since. Republican Ed Gillespie won seven precincts here during his 2014 campaign for U.S. Senate. But he was only able to prevail in two precincts a few years later during his campaign for governor.

"Joe May Republicans are conducting a test of sorts," says Kidd. "If he can win or come close in the 33rd it will tell Virginia Republicans a lot about what kind of candidate will help them become competitive



The 33rd Senate District stretches from Herndon and Dulles into Lansdowne and Leesburg.

again in the suburban and exurban regions of the Commonwealth that have been fleeing their brand of candidate in the last decade."

JENNIFER BOYSKO, 52, has been working in politics and government for decades. A native of Pine Bluff, Ark., she was raised in Hot Springs, Ark., before attending high school in Montgomery, Ala. She earned a bachelor's degree in psychology and French at Hollins College (now Hollins University) in Roanoke. After that, she launched a career in government service, working for U.S. Sen. Richard Shelby when he was a Democrat and later for Dranesville Supervisor John Foust. After she was elected to the House of Delegates in 2015, she made a name for herself by refusing to play by the unwritten rules of the General Assembly calling a press conference to slam a powerful Republican committee chairman for failing to hear her bills. Last summer, she launched an ill-fated campaign to unseat the House Democratic Leader.

"I didn't run to just keep a seat warm," said Boysko. "Going along to get along doesn't get you anywhere. Sometimes you've got to be willing to make yourself uncomfortable if you believe in what you're doing."

If elected, Boysko says she would push for in-state tuition for immigrants who arrived as children. She says she would also advocate to raise the minimum wage to \$15 an hour. She plans on continuing her fight to eliminate the sales tax on feminine hygiene products, an effort state officials say would cost about \$8 million a year. One issue she wants to focus on in the upcoming General Assembly session is making sure undocumented immigrants and refugees are able to receive a driver's license from the Virginia Department of Motor Vehicles. Democrats have long argued that allowing these people access to the roads allows them to keep jobs and raise families, although Republicans have resisted the idea as aiding and abetting people who are violating immigration law.

"It's a safety issue for me," said Boysko. "We want people to know how to drive and be safe on the roads. It would also be good for the DMV."

**JOE MAY**, 81, is chairman of the board at EIT, a Leesburg-based electronic engineering and manufacturing firm with facilities in Danville and New Hampshire. A native of Broadway, Va., May has a bachelor of science in electrical engineering from Virginia Tech. He was first elected to the House of Delegates in 1993, representing parts of Loudoun, Frederick and Clarke in the 33rd House District. In Richmond, he made a name for himself as a moderate Republican, supporting increasing the felony threshold and even tax increases to fund transportation projects. That last position led to his defeat in a primary in 2013, when Republican Dave LaRock campaigned as an arch-conservative who opposed all tax increases - even the transportation deal May helped craft as chairman of the Transportation Committee.

"I never said public service was entirely painless," May said with a chuckle when asked about the 2013 primary. "But I'm truly interested in getting back involved in Northern Virginia transportation funding."

In many ways, May would be out of place in the Republican caucus. He supports universal background checks for firearms and he says he would vote in favor of the Equal Rights Amendment. He also says he would oppose Republican efforts to finance Metro improvements with \$50 million from the Northern Virginia Transportation Alliance, a move Democrats say would deplete a fund that could be used for other things.

On some issues, though, May would fall in line with fiscal conservatives — opposing Boysko's effort to get rid of the sales tax on feminine hygiene products, for example. He's also against raising the minimum wage to \$15 an hour. One part of his platform comes from his time as chairman of the House Transportation Committee, where he came up with a plan for Virginia to purchase the Dulles Greenway in an effort to reduce tolls.

"I started investigating that two years before I left the General Assembly, and I want to pick up on that again," says May. "The state of Virginia can purchase the greenway and secure it with 4 percent bonds, which cuts in half the toll requirement."





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