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Melissa Ervin and Ethan D Nayback in St. James' Episcopal Church's Living Nativity on Sunday, Dec. 16.



Living Nativity

NEWS, PAGE 3

**Cooking Up Holidays
For Sailors**
NEWS, PAGE 3

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PHOTO BY DEBORAH STEVENS/THE ALMANAC

Living Nativity

James' Episcopal Church transformed the church grounds into the Living Nativity. Participating are Zoe and Allan Cardno, Sammy Hicks, Colin Murphy, Sami and Daniel Huck, Ethan D Nayback, Stevie and Jack Linehan-Reckford, Carter Jones, Melissa Ervin and Claire Throckmorton. The Sunday, Dec. 16 event included live animals, a petting zoo, Christmas carols, cookies and warm cider.

Cooking Up Holidays for Sailors

TPC Potomac's Executive Chef David Trevelino continues Christmas dinner tradition.

BY SUSAN BELFORD
THE ALMANAC

It takes a special person to be a sailor on a submarine," said David Trevelino whose 25-year-old son Andrew has served on the USS Chicago submarine in the Pacific for the past four years. "He has to be able to live without seeing the sun, hearing the sound of a barking dog or feeling the wind through his hair for a minimum of 30 days — and perhaps a maximum of six months. The food they are served is all frozen or canned, the quarters are tight, and 50 men living together for an extended period of time is definitely a challenge."

As the executive chef at TPC Potomac for the past 17 years, Trevelino understands the difficulties of cooking for crowds and providing gourmet cuisine to all. However, when he received his son's telephone call five years ago, requesting first that his parents come to Guam to visit him — and then secondly that his dad prepare lunch, Christmas dinner and also breakfast for the men assigned to Christmas duty on the sub — the challenge catapulted into the reality of logistics. How do we get clearance and approval from the Navy Command for this event? What's the best way to locate quality food, prepare it and serve it on the sub? The entire operation had to be planned from afar without knowledge of the specifics —

freezer capacity, fresh food supplies, available cooking, serving staff and more.

"One year we wanted fresh fish, so my son and I went fishing — and served mahi-mahi that literally went from sea to table," said Trevelino. But he did not just provide the Christmas feast for 50 of the 150 assigned to the sub, he kept the party going by talking to officers on base and getting permission to throw a lively gourmet New Year's Eve party for the entire crew and their families stationed at the Guam base — more than 250 people.

Each year, Trevelino and his wife Linda decided to continue the tradition, traveling to Guam three times since 2014. When the USS Chicago was relocated to Pearl Harbor

last year for renovation, they tackled the dinner in a new location in Pearl Harbor with even more attendees. They are returning this year — and adding the crew from the USS Mississippi for the celebrations — making the total attending the New Year's Eve party almost 400. They will hold this special event on the USS Missouri, best known as the site where Japan surrendered, ending World War II.

"I could never have provided these meals and parties without the generous fundraising by the members of TPC Potomac," said Trevelino. "They have been behind me all the way — and have truly been amazing. The first year we raised

SEE COOKING, PAGE 7

DMI Employees Volunteer at Wreaths Across America

The Founder and CEO of DMI, Jay Sunny Bajaj, and nearly two dozen employees, gathered to place wreaths on the grave markers of fallen soldiers at Arlington National Cemetery on Saturday marking Wreaths Across America Day. DMI's participation in the national event is an annual tradition for the Bethesda-based global mobility services and digital transformation firm.

"During the holidays and throughout the year, DMI staff believe it is critical to remember fallen heroes and teach our children about the sacrifices made by America's veterans and their families," said Bajaj. "This event is our employees' way of saying thank you to generations of American servicemen and

women for their important contributions in preserving this country's freedoms."

DMI's defense clients include the U.S. Army, U.S. Air Force, Navy, DISA, Coast Guard, and the U.S. Department of Defense, as well as Fortune 500 customers. According to John Epperly, DMI's executive vice president of Defense and National Security, who is also an officer in the Virginia Army National Guard, this year's ceremony was especially poignant.

"America marked the 100th anniversary of the armistice that ended World War I last month. More than 100,000 Americans lost their lives and citizens must never forget," said Epperly. "I truly appreciate how DMI actively supports those employees, like myself, who choose to serve our nation in the armed forces."



PHOTO CONTRIBUTED

DMI employees honor fallen soldiers at Wreaths Across America.

OPINION

Merry Christmas

“Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.”

The pages of the Connection Newspapers (including the Alexandria Gazette Packet, the Mount Vernon Gazette, the Potomac Almanac and the Centre View) have been full of holiday spirit, beginning before Thanksgiving. Group and individual efforts to help the needy, holiday parades, Santa arriving by boat, Santa arriving by horse-drawn carriage, Santa arriving by tractor-pulled hayride, Santa arriving at the Malls, tree lightings, Menorah lightings, stories of giving, secular celebrations, religious celebrations. Shopping locally. Giving locally.

Christmas is about the birth of Jesus Christ. Whether you believe the Christmas story literally or in spirit, you know it is the story of joy, hope and love, with the promise of redemption.

It is also about embracing the teachings of Jesus: to love thy neighbor as thyself; to help the needy; to feed the hungry and clothe the poor; to care for those who are sick; to invite and welcome strangers; to treat others as you would have them treat you.

Matthew 7:12:

“So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets.”

Matthew 25:35-40:

“For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.”

“Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?’”

“Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.”

SO LET US SHARE the verse relating the birth of Jesus from the Bible, Luke 2: 4-19:

“And Joseph also went up from Galilee, out of the city of Nazareth, into Judaea, unto the city of David, which is called Bethlehem; (because he was of the house and lineage of David.) To be taxed with Mary his espoused wife, being great with child. And so it was, that, while they were there, the days were accomplished that she should be delivered. And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn.

“And there were in the same country, shepherds abiding in the field, keeping watch over their flock by night. And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid. And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people.

“For unto you is born this day in the city of David a Saviour, which is Christ the Lord. And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger.

“And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, Glory to God in the highest, and on earth peace, good will toward men.

“And it came to pass, as the angels were gone away from them into heaven, the shepherds said one to another, Let us now go even unto Bethlehem, and see this thing which is come to pass, which the Lord hath made known unto us. And they came with haste, and found Mary, and Joseph, and the babe lying in a manger. And when they had seen it, they made known abroad the saying which was told them concerning this child. And all they that heard it wondered at those things which were told them by the shepherds.”

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

Consider Free Lanes for I-270 Expansion

BY MICHAEL H. ANESTOS, ESQ.

In 30 years of law practice I am proud to have served as a champion for small business men and women.

The very poor have government money and the very rich have their own money. But those who need a job and want to work have no money.

COMMENTARY What they do have are the optimism, strong backs and vision of small business men and women. We’re told that small businesses create the bulk of jobs in America, and having represented them for years — I can assure you that’s true.

So it’s from a small business perspective that I read with interest Ginny Barnes’ article in the Dec. 5 Potomac Almanac opposing Governor Hogan’s plan to expand I-270.

I’m sure you’re with me in having heard about expanding I-270 as a means of easing its gridlock for years. And I bet you’re with me also in thinking — we need it so why not?

Why not make life easier and transportation better for all of us and most importantly, for folks like my friend Carlos.

Carlos is a small businessman who employs one truck and four workers. The picture of death for Carlos’ business and the livelihoods of the four families those four jobs provide, is his truck sitting in inevitable I-270 gridlock, burning gas and bleeding money.

Thus I traveled to the Wednesday night Dec. 12 Western Montgomery County Citizens Association meeting, out of angst and curiosity over Ms. Barnes’ anti-expansion article.

Once there, I was met with the monotone drone of cynical anti-progress arguments. For example, it was stated more than once that the proposal to expand I-270 is simply a ploy to advanced Governor Hogan’s political career.

The same tired menu of potential increases in public transportation as alternatives were also blazoned on a wall screen: designated bus lanes, incentives to people for carpooling, expansion of the purple line etc. Yet the apparently anti-Hogan crowd and experts in attendance admitted that these options are uncoordinated and inadequate at best.

Clearly these were folks who are activists and old hands at these kinds of meetings. I commend their civic-mindedness but point out that their singular focus on the use of I-270 by commuters, and how best modify commuters’ behavior, is misguided.

You see, no one was thinking about Carlos. No one was thinking about the small business men and women courageously out on the road, trying to get their workers for whom they provide jobs quickly from point A to point B. And in retrospect I should have asked for a show of hands as to how many in the room owned or ran small businesses. I’m certain no hands would have gone up.

Let’s not oppose the expansion of I-270. Let’s

support it for the sake of small businesses and hard working folks like Carlos.

However, instead of agreeing to the Governor’s current plan which includes the addition of expensive toll “Lexus lanes,” let’s embrace a new idea: free lanes for the I-270 expansion.

That’s right. The new lanes should be for the people, and they should be free!

Governor Hogan came to office in the first place because of Marylanders’ frustration over \$8 billion in new taxes suffered at the hands of eight years of the Martin O’Malley Administration. Where is that money?

Why not spend it, we should ask, to help my friend Carlos and others like him, courageous small business folks and their workers, out there on the road, by expanding I-270 not with expensive toll lanes but with free ones. Let’s thus empower all Maryland tax payers, including our small business men and women, the engines of our economy. Let’s demand, in this way, affordable transportation policy for the people!

Fellow Marylanders, I say we shout this together into a crescendo of public support, loud and clear to our lawmakers in Annapolis this coming session: free lanes, free lanes, free lanes on I-270 supporting jobs jobs jobs!

Editor’s note: The writer is a long-standing resident of Potomac and he welcomes comments pro or con by email to mikeanestos@gmail.com

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EDITOR & PUBLISHER

Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

EDITORIAL

PHONE: 703-778-9415

E-MAIL:

almanac@connectionnewspapers.com

EDITOR

Steven Mauren, 703-778-9415
smauren@connectionnewspapers.com

PRODUCTION EDITOR

Jean Card
jcard@connectionnewspapers.com

CONTRIBUTING WRITERS

Susan Belford, Carole Dell,
Cissy Finley Grant, Carole Funger,
Colleen Healy, Kenny Lourie,
Peggy McEwan, Ken Moore

Contributing Photographers

Harvey Levine, Deborah Stevens

Art/Design:

Laurence Foong, John Heinly,
Ali Khaligh

Production Manager

Geovani Flores

ADVERTISING

For advertising information
sales@connectionnewspapers.com
703-778-9431

Display Advertising:

Kenny Lourie 301-325-1398
klourie@connectionnewspapers.com

Debbie Funk

National Sales & Real Estate
703-778-9444
debfunk@connectionnewspapers.com

David Griffin

Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Jerry Vernon

Executive Vice President
703-549-0004
jvernon@connectionnewspapers.com

CIRCULATION

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On a Mission

Santa rides atop a Cabin John Park Volunteer Fire Department engine. The 39th annual Santa Run collects toys to donate to the National Center for Children and Families in Bethesda and to the Scotland Drive Community Association.

LETTER TO THE EDITOR

Defect In Repaving

To the Editor:

The following letter is addressed to Councilmember Andrew Friedson (District 1).

Andrew — Welcome to your first weeks in office. As a 30-plus year resident of Potomac I am calling upon you as our newest district County Council member to assist with the following issue.

As you are probably well aware, Falls Road has recently been repaved by the State Highway department. Although it is nice to have a smooth surface to drive on, I see the potential for some serious accidents from the ponding of waters along the road.

I urge you to seek out the Maryland State Highway along with the Montgomery County Transportation department to see if inspectors have reviewed this defect in the repaving process and are go-

ing to remedy the situation.

The new paving in many areas is now higher than the sides causing water to stand after a rain in many areas, this past weekend can really make the case for the problem. With the potential of future snow storms, it will even be worse with ice on the road.

Since I live on Eldwick Way — the area at the intersection with Falls Road and Eldwick has a large stream of water going across the road most of the time and when it freezes a danger exist. Similar issues exist all along Falls Road especially around the Falls Road golf course.

On a second Falls Road traffic issue. While many have gotten use to the constant backups going towards Rockville at the intersection of Falls Road and Tuckerman Lane/Falls Chapel because of the poor timing of the traffic lights, another light now with a constant backup going toward Potomac Vil-

lage has been created since the paving. I believe that the timing at Falls and South Glen/Democracy has been changed and the traffic backup there is terrible. The amount of time and fuel that Potomac drivers waste at these two traffic lights is unreasonable and should be corrected.

Thank you and I look forward to hearing from you.

Allan S. Cohen
Potomac

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Asking questions in class is advice that David S. Torain II, Ph.D., professor of mathematics and statistics at Montgomery College would offer new students.

Advice from Professors

Sharing things they wish they could tell their prospective students.

BY MARILYN CAMPBELL

Many high school seniors will spend their holiday break working on college applications or making visits to perspective university campuses. As the excitement builds over the new collegiate experience that lies ahead, local professors offer advice on the things they wish they could share with new college students.

Avoid seeing college as simply a means to end or a pathway to a career and instead take advantage of the multitude of learning experiences available to students.

From football games and art exhibitions to student debates and faculty recitals, there are opportunities gain a vast amount of knowledge in four years.

Use that time to discover one's interests, says Vincent Intondi, Ph.D., professor of history at Montgomery College. "Do not come to college simply for financial gain," he said. "Study what you are most passionate about. Study what you love. The jobs will be there."

In an effort to encourage students to move outside of their comfort zone, Linda Gulyn suggests that they, "Learn, have new experiences, but do well academically," she said. "Socialize and engage in activities across your major or regular crowd."

"Read and always do your homework," said David S. Torain II, Ph.D., professor of mathematics and statistics at Montgomery College.

"If you read slowly, don't sweat it, just read," he said. "If you get bored, break your reading in to short sessions, but come back to it. If you can't make sense of it all, make sense of as much of it as you can, then talk to a classmate and ask a question in class."

Use college as an opportunity to build skills that will be necessary after college, says Jerome Short, Ph. D. "Students should choose courses and experiences to build their oral and written communication skills to better express themselves persuasively and concisely," he said.

Practice self-care and recognize stress and anxiety that a new college experience might bring. When those feelings arise, avoid negative coping mechanisms and instead focus on those which are healthy, advises Short.

"College is a time to dramatically grow your brain," he said. "Scientific research shows that exercise grows brain cells, learning connects cells, and sleep consolidates memories in cells. Do plenty of each of them every day."

For some professors, one of the best parts of their job is getting

to know and share knowledge with their students even on subjects that are not related to the course, says Joanne Bagshaw, PhD, professor of psychology at Montgomery College.

"Get to know your professors, and make sure they get to know you," she said. "Visit your professors during office hours and use the time to ask questions about the course and even chat about topics interesting to you."

"Do not come to college simply for financial gain. Study what you are most passionate about. Study what you love."

— Vincent Intondi, Ph.D., professor of history, Montgomery College.

"College is a time to dramatically grow your brain. Scientific research shows that exercise grows brain cells, learning connects cells, and sleep consolidates memories in cells. Do plenty of each of them every day."

— Jerome Short, Ph. D.

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TPC Potomac's Executive Chef David cooks for the sailors of the submarine USS Chicago where his son Andrew is assigned.



Sailors benefit from a Christmas feast and a New Year's Eve party.

Cooking Up Holidays for Sailors

FROM PAGE 3

\$21,000 and each year, the amount has grown as we increased the size and scope of the party. This year it was more than \$72,000 to support the brave men and women serving our country. The members make fabulous donations for the silent auction; TPC member Jose Andreas donates catered dinners, as do I. Jackson Family Wines has generously donated an all-expense paid weekend at the Greenbrier and other members have been equally generous — it couldn't happen without their commitment year after year," said Trevelino.

Andreas is also committed to helping disaster victims in the United States. He told Trevelino, "What I do is easy because I have teams ready to go to Puerto Rico, North Carolina, California — wherever they are needed to feed people who don't have food because of the hurricanes, floods or fires. What you do is much more difficult — because it is just you — bringing food to our deserving troops."

The sailors are so appreciative of the food, effort and dedication to make their holiday special. "Feasting on a gourmet dinner really improves their morale," said Trevelino. "I made them a dinner of filet mignon, sea scallops, grilled asparagus, Mac and cheese and flourless chocolate cake. I kept it simple because I have to — purchasing the food, the preparation and serving it take an enor-

mous amount of coordination and cooperation from local hotels, groceries and the base, as well as the Navy staff cooking team. My wife Linda has come every year and works right along-side of me — last year she peeled 120 pounds of shrimp. For the New Year's Eve party, we go all out — prime rib, lobster tails, chicken masala, open bar. We hold that party on the base and it's loved and appreciated by everyone who attends."

Trevelino is proud because in addition to the meals, each sailor receives donated PGA Tour Shirts and hats from the AHEAD Hat Company. Operation Home Front also makes a donation. Spouses receive boxes of spices, herbs, oils and other hard-to-find cooking necessities and the captains receive engraved crystal vases.

"I never expected this to become what it has — an annual traditional dinner for the men who serve on submarines," said Trevelino. "Now it's not about visiting my son's submarine and helping out the guys, it's become a part of me and I want to keep serving up this traditional holiday meal to them. I plan to travel alone next year because Andrew's tour will be finishing up and he will be assigned to Rhode Island and maybe spending a Christmas at home in Maryland. However, at TPC Potomac, we will again raise the money to provide the meals — and I will travel to serve them just as these sailors serve us every day."



PHOTO BY DEBORAH STEVENS/THE ALMANAC

For Good Cause

Tyler Packard, Alastair Hicklin-Coorey, Scott Power and Meghan Leahy sell Christmas trees at the Cabin John Park fire station. The over 30 year tradition raises funds that directly assist Cabin John Park Volunteer Fire Department to defray the costs of running the fire and rescue services.

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Stepping Back From the Precipice



By KENNETH B. LOURIE

Not so bad, even though it's been nearly 10 years on the cancer trail — and two columns, recently, courting my imminent demise.

The appointment with the otolaryngologist to assess the presumptive damage/my decline was instead wonderfully uplifting: "nothing worrisome in the throat." What symptoms I was experiencing (basically seasonal-type cold and flu to go along with a scratchy and extremely hoarse voice) had nothing to do with cancer and more so to do with the time of the year.

Meaning I wasn't going to die as a result; just sneeze, cough and so forth like everyone else, which as I've been told, repeatedly, I'm not.

Cancer patients might not have the benefit of doubt or delay like the rest of you. Time may not be of the essence, but one never knows. Cancer cells sort of have a mind/process of their own.

It's not so much a lesson learned as it has been a lesson reminded.

My oncologist has frequently advised me that should a new symptom appear and persist for two to three weeks, I should email him and alert him to my status/situation. I might have been a week or so late this time, but fortunately not too many dollars short.

My oncologist responded immediately as did my primary care physician. Each doctor making arrangements for me within a matter of hours: a face-to-face appointment with my internal medicine doctor — which led to the referral for the otolaryngologist (who called to schedule an appointment before I even got a chance to); and a referral as well by my oncologist for a CT scan of my neck.

Having now been examined and results interpreted, I am glad to report that as scared as I have been for the past two columns, my symptoms were not indicative of my lung cancer progressing. Rather it was more indicative of a cancer patient being stupid and stubborn.

Not wanting to ever believe that my life hangs in the balance and could be severely endangered by my neglect, I tend to go about my health-related business as I would guess the rest of you who are healthy and not cancer-diagnosed: I wait out the symptoms and try not to go negative.

As has been said recently — to me, nothing could be less appropriate given my stage IV, lung cancer. Being negative might actually save my life.

The reality is: I am compromised and subject to risks and complications many of you are not. My immune system has likely been weakened by this most recent every-three-week infusion interval recommended to shrink a relatively new tumor — and in so treating, hopefully will not have allowed any existing cancer cells to trigger and mutate and cause even more trouble.

After all, cancer is likely in control here and giving them an inch, so to speak, has never been part of our plan.

Even though my cancer had already metastasized in 2009, its movement seems to have been confined to my lungs and amazingly has remained there ever since. Still, if I've finally learned anything with this most recent scare, it is that I can't turn a blind eye or a deaf ear, metaphorically writing, to common sense or doctor's orders.

I'm not supposed to wait for the ambulance, if you know what I mean? I'm supposed to be smarter than that and act like my life matters: making arrangements much sooner rather than way later. Denying, pretending and hoping that new symptoms are benign because many other people experience them is, for a cancer patient, as foolish as it gets.

The last, and I mean the absolute last thing a cancer patient should think is that they are like everybody else. They are not. We are not. I am not.

You get it, Kenny?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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HOLIDAY ENTERTAINMENT



PHOTO BY CHUCK LEE

Handel's Messiah

The National Philharmonic Orchestra and Chorale perform Handel's beloved oratorio, the Messiah. Led by Artistic Director Stan Engebretson, the concert will feature the Philharmonic's nearly 200 voice all-volunteer Chorale, as well as soloists Suzanne Karpov (soprano); Magdalena Wör (mezzo-soprano); Mathew Smith (tenor); and Trevor Scheunemann (bass). Saturday, Dec. 22, 8 p.m.; Sunday, Dec. 23, 3 p.m. at the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Tickets start at \$34 and are free for young people age 7-17. Visit www.nationalphilharmonic.org or call 301-581-5100.

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday.

ONGOING

Four Exhibits in Five Galleries at Two Locations. Through Dec. 22, gallery hours at Artists & Makers Studios 1, 11810 Parklawn Drive, Suite 210, Rockville and Artists & Makers Studios 2, 12276 Wilkins Ave., Rockville. A&M1 Parklawn is hosting a solo for artist Liz Lescault – Chimerical; selected works of Robert Yi; and Inspired by Frida curated by David Amorosa featuring juried artists along with David's Fridas at both Rockville locations. At Wilkins enjoy a dual exhibit Places to Wander: Paintings by Ken Bachman and Tom Semmes – graduates of the Compass Atelier in the main gallery, and an additional merge gallery filled with more Inspired by Frida. Visit www.artistsandmakersstudios.com.

Art Exhibit: A Burning Winter Dance. Through Dec. 29, gallery hours at Gallery B, 7700 Wisconsin Ave., Suite E, Bethesda. Gallery B presents its December exhibition, A Burning Winter Dance, featuring nine Be Dot Gallery artists from the greater Frederick area. Visit www.bethesda.org.

WEDNESDAY/DEC. 19

Recycled Magazine Holiday Trees. 4:30-5:30 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Get in the holiday spirit and learn how to make holiday trees from recycled magazines. All supplies will be provided. Open to teens and children 8 years of age and older. Children under 8 must be accompanied by an adult. Free. Call 240-777-0690.

SATURDAY/DEC. 22

Holiday Market. 10 a.m.-4 p.m. at Artists & Makers Studios 1, 11810 Parklawn Drive, Suite 210, Rockville and Artists & Makers Studios 2, 12276 Wilkins Ave., Rockville. A holiday market will round out festivities at both locations with Frida-themed art and merchandise. Visit www.artistsandmakersstudios.com.

MONDAY/DEC. 24

Family Movie. 10:30 a.m. at Potomac

'Tis the Season

The Cabin John Park Volunteer Fire Department decorates its Reserve Engine, loads Santa and a few additional volunteers, and heads out into the community to collect unwrapped holiday gifts for children up to the age of 14. The week before Christmas volunteers begin wrapping and labeling all of the gifts and on Christmas Eve they are delivered to children who otherwise may not have a joyous Holiday. Visit www.cjpvfd.org/santa to track Santa making the rounds. The expected schedule is posted below:

- ❖ Wednesday, Dec. 19: Bannockburn, Bannockburn Estates, Al Marah, Wilson Knolls
- ❖ Thursday, Dec. 20: Seven Locks Hills, Burning Tree Estates, Rose Hill Estates, Stonehurst Center, Smithfield, Riverhill (rescheduled from earlier dates)
- ❖ Friday-Saturday, 21-22: Makeup night for any nights due to inclement weather
- ❖ Monday, Dec. 24: Wrapped presents are delivered to the National Center for Children and Families and the Scotland Drive Family Association.

Library, 10101 Glenolden Drive, Potomac. Lights... Camera... Action! Come to the Potomac Library and see what's playing. Bring a snack. No registration is needed. Free. Call 240-777-0690.

THURSDAY/DEC. 27

Fun with Playdough! (STEAM). 2 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Expand the ability to imagine and create and have fun all at once using playdough. Children will learn how to form a character with playdough. For ages 8 years and above, younger children will require supervision with parent/caregiver. Registration is required. Free. Contact Cindy Gil at 240-777-0690.

SUNDAY/JAN. 6

Waltz Dance. 3:30-6 p.m. At the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Introductory Waltz Workshop from 2:45-3:30 p.m. Featuring the band Devine Comedy. This band will provide a mix of folk waltzes with a few other couple dances, including Hambo, Schottische, Swing, Tango, and Polka. Admission is \$13, \$5 for full-time students with student ID. No partner required. Call 202-238-0230 or 301-634-2222, go to www.WaltzTimeDances.org or e-mail info@WaltzTimeDances.org.

SATURDAY/JAN. 12

Strategic Self-Publishing. 4-5:30

p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Ariel Mendez, author/illustrator of Fear and a Friend, will use her self-publishing experience to show how this can be a viable way to share a book with readers, and will advise on the best practices to do so. Free. Call 240-777-0690.

Comedy as a Second Language.

7:30 p.m. at Silver Spring Black Box, 8641 Colesville Road, Silver Spring. A night of stand-up comedy with immigrant and first generation performers: Pedro Gonzalez (NBC Stand-Up), Davine Ker (Moth StorySLAM), Simone (Comic Strip LIVE), and Anna Tirat-Gefen (rocket scientist, really). \$16-\$22. Get tickets at www.eventbrite.com/e/comedy-as-a-second-language-tickets-52693294061. Visit www.improbablecomedy.com.

SUNDAY/JAN. 20

Waltz Dance. 3:30-6 p.m. At the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Introductory Waltz Workshop from 2:45-3:30 p.m. Featuring Karen Collins & the Backroads Band. This versatile band will provide a lively mix of waltzes with a country & western flair, and a few other couple dances, including Texas 2-step, polka, and swing. Admission is \$13, \$5 for full-time students with student ID. No partner required. Call Joan Koury at 202-238-0230 or Glen Echo Park at 301-634-2222, go to www.WaltzTimeDances.org or e-mail info@WaltzTimeDances.org.



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CELEBRATE CHRISTMAS WITH US

Christmas Eve, Monday, December 24

Prelude music begins one half-hour before each Mass

- 4:00 pm Cherub & Children's Choir/Flute (Church)
- 4:00 pm Piano/Cantor (McAuley Hall)
- 6:00 pm Cantor/Hand Bells
- 8:00 pm Choir/Strings/Trumpet/Flute
- 10:00 pm Schola/Strings/Trumpet/Flute

Christmas Day, Tuesday, December 25

Prelude music begins fifteen minutes before Mass

- 9:00 am Choir
- 11:00 am Vocal Quartet
- 5:00 pm

ADDITIONAL MASS INFORMATION

December 26 through December 28, 2018
and December 31, 2018

9:00 am no 7:00 am or 8:30 am Mass

Tuesday, January 1, 2019
New Year's Day, Mary, Mother of God

9:00 am
no 7:00 am or 8:30 am Mass