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# News

# More Public Input Sought on Parkway Studies

Fairfax County and Franconia-Springfield Parkways study moves to next phase.

> By Andrea Worker The Connection

t's time for the public to weigh in again on improvements to the Fairfax County and Franconia-Springfield parkways.

Last fall, Fairfax County Department of Transportation (FCDOT) took their show on the road for three public outreach meetings, seeking input from residents as they conduct the "Alternatives Analysis and Long Term Planning Study" of the two major thoroughfares.

The study aims to review the deficiencies along the 31-mile corridor that starts at Route 7 (Leesburg Pike) in the north and runs to Route 1 (Richmond Highway) in the south and includes 17 interchanges and 83 intersections. Ultimately studies will lead to recommendations to improve the oftencongested roadways in the near-term, and as far into the future as 2040.

Some improvements are already underway, as FCDOT representatives told attendees at the 2018 meetings.

Resulting from an "Existing Conditions" study conducted by the Virginia Department of Transportation (VDOT) in 2017, 49 of more than 350 road improvement recommendations have already been implemented, are underway, or are funded, as state and county work together on the project. Many actions are possible without changes to the county's Comprehensive Plan, but others require amendments to the Plan and passage by the Board of Supervisors.

"Public input is critical in making such changes and in considering improvements from all angles," FCDOT Planner Thomas Burke said at the fall outreach sessions.

During the October meetings, and for 45 days after, residents were given the opportunity to provide their own suggestions on how best to improve travel conditions on the parkways. FCDOT solicited the public's ideas via a number of on-line, interactive exercises and comment forums.

Expecting participation by 3,000-to-4,000 county residents, FCDOT instead received 15,150 responses through the survey, another 108 responses via emails and the website comment form, and another 71 comments came through on FCDOT's Facebook page.

**THE BIGGEST TAKE-AWAY** from the survey – overwhelming opposition from imposing tolls on either road - already made headlines, and Burke assures that the message was received.

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Supervisor Pat Herrity (Springfield) welcomes residents to the Fairfax County Department of Transportation's public outreach session to discuss improvement to the Fairfax County and Franconia-Springfield Parkways.

"There is no plan that includes tolls on either the Fairfax County or Franconia-Springfield Parkways."

After presenting an update on the study and the analysis of the public's response at a Board of Supervisors Transportation Committee meeting in February, Burke and his FCDOT colleagues held the first session in the second round of public engagement at the Willow Springs Elementary School in Fairfax on March 27 with opening remarks by Supervisor Pat Herrity.

Updated "story" boards were displayed around the school's cafeteria, reflecting a few changes made based on the feedback already received and on requests from Supervisors John Cook (Braddock) and Pat Herrity (Springfield) that FCDOT take a more regional outlook, rather than microfocusing on the roadways.

Burke used graphs and charts to illustrate analysis of the public's preferences.

Several general themes emerged, which Burke discussed, before summarizing the public's responses by surveyed roadway segments.

After taking toll lanes out of the equation, general support was shown for widening the parkways, although there was concern expressed about homes and businesses that might be lost in the process. There was significant approval for the addition of interchanges to replace signalized intersections.

HOV-3+ lanes were not much appreciated by the respondents, although there was more interest in HOV-2+ lanes. High Occupancy Vehicle lanes drew some criticism from residents who worried that their addition would divert solo-driver parkway traffic onto neighborhood roads.

Burke responded that in the first place, the parkways would always include "gen-

eral purpose" lanes and not be converted to strictly HOV, even during peak times. He also assured that test models would be vigorously employed before any recommendations became final.

"But, I think it's clear that an HOV lane is necessary for successful enhanced transit," he added.

Enhanced transit was a winner in the public's opinion, with many residents asking for more high-capacity options. Several attendees championed transit, saying the plans should go further than just adding express buses. Suggestions included bus routes that intersected – allowing parkway commuters to change to buses travelling east or to Metro stations. One audience member even recommended light rail transportation to run in the center of the parkways.

# **PUBLIC OPINION HIGHLIGHTS** by segment:

#### Route 7 to Franklin Farm Road

Interest in connecting the gaps in McLearen Road

Concern regarding congestion at intersections, interest in interchanges, particularly at the Dulles Toll Road and south (i.e. FC Pkwy. at Sunrise Valley)

**Franklin Farm to Route 123** – this section includes the VDOT projects widening projects

Strong support for widening and addition of over or under pass at intersections like Pope's Head Road.

**Route 123 – Rolling Road**– split with Franconia-Springfield Parkway

- Concerns at Huntsman and Lee Chapel
  Congestion at intersections
- Concern for tree preservation and en-

vironmental impacts, particularly near Burke Lake and South Run parks





FCDOT had boards displayed around the meeting hall like this one, illustrating a possible HOV "feeder" to provide better access and exit from proposed HOV lanes on the parkways.

Fairfax County parkway from parkway split to Richmond Highway

 General approval for the Comprehensive Plan as is with interest in improved signage for ramps

Franconia-Springfield Parkway from split to Beulah

✤ General satisfaction with the current plan to widen to 8 lanes

Two more general meetings are scheduled, but FCDOT hopes for the same level of participation in the new online survey, launching on March 27 at www.fairfaxcounty.gov/transportation/ study/fairfax-county-parkway.

A Baseline Improvements Map is available on the department's website. The Baseline is assumed to be in place, but FCDOT wants the public to provide feedback on five strategies to build on the baseline assumptions. The strategies are:

1. Expanded Bike and Pedestrian Facilities

2. Capacity improvements – intersections/interchanges

3. Capacity improvements – widening without HOV

- 4. HOV Feeder
- 5. HOV-2+

The strategies are further explained on the website.

Residents can choose whether to provide input for the entire length of both the Fairfax County and Franconia-Springfield Parkways, or for specific segments. A forum for general comments and other suggestions is also available in the survey.

The survey will be open until May 6. Burke will come back to the public with the new results in late summer of 2019, anticipating recommendations and prioritization by early 2020 and Board consideration later in that year.

Burke Connection & April 4-10, 2019 & 3

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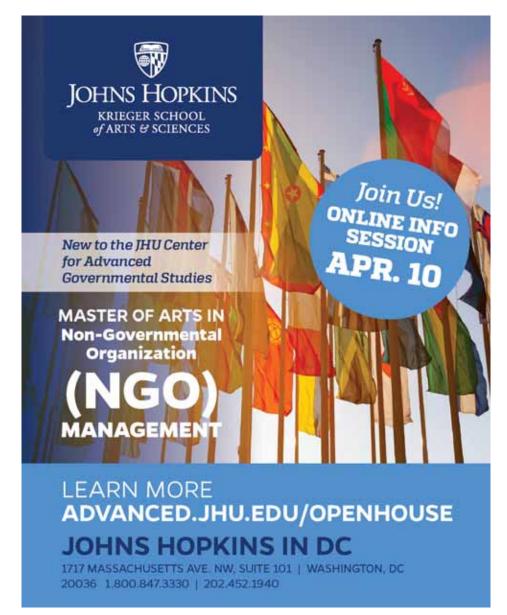


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# News



Glenn Curtis, a Marshall descendent, was also a Fairfax County firefighter starting in 1956 when the county first established that as a paid position.



Photos BY Mike SALMON/THE CONNECTION Lake Braddock students Areebah Jahin and Hana Rehman are a few of the student volunteers that came out to help.

# Beautifying, Preserving Marshall Cemetery

Historic Burke family grave has been target of vandals over the years.

#### **By Mike Salmon** The Connection

embers of the Marshall family, Burke Historical Society and student history group broke out the weed trimmers and shovels to beautify and preserve the Marshall Cemetery in the older part of Burke on Saturday morning, sharing local history in the process.

Mike Young, a Marshall descendent, brought a sabre from the Civil War that was

passed down through from Marshall descendants. As the story goes, the sabre was found on the body of a Civil War soldier that was wounded and crawled under the porch of the original Marshall house that stood on a spot not too far from the cemetery.

"The initials on the footstone match this," Young, pointing to an engraving on the sabre sheath. said. The footstone he's referring to once was part of the Marshall Cem-

See Cemetery, Page 5



Mary Lipsey, a member of the Burke Historical Society and the Fairfax County Cemetery Association, discusses the plan with the attendees.

# News

## Daycare Employee Arrested for Aggravated Sexual Battery

A 38-vear-old davcare employee is facing charges for the sexual exploitation of two juveniles. FCPD Chief Edwin C. Roessler Jr updated the community on the investigation. "The arrest we are about to brief you on is one that is horrific to the safety of our youth in our community. My prayers will continue to be given to the victims and their families as a predator has traumatically harmed their lives" said Chief Roessler.

On March 28, the police report they were contacted along with Child Protective Services after a child disclosed that they had been inappropriately touched by Rolly Hammond, of Burke. This investigation led to an additional juvenile being identified as a victim who had been abused for several years by Hammond, according to police.

Hammond was hired as a daycare teacher with the Department of Family Services School Age Child Care (SACC) program in 2008 and worked at West Springfield Elementary School from 2008 until March 2019 and at Ravensworth Elementary School from 2007-2008. Hammond also participated in the following spring and winter break programs:

Spring Break Program: 2011 - West Springfield Elementarv

2012 - Rolling Valley Elemen-

- tary 2015 - West Springfield Elemen-
- tary Winter Break Program:
- 2015-2016 West Springfield Elementary 2016-2017 - Rolling Valley El-
- ementary 2017 - 2018 - Rolling Valley El-
- ementary

2018-2019 - Rolling Valley Elementary

Detectives would like to hear from anyone who is concerned their child may have had inappropriate contact with

Hammond or if they have any form www.fairfaxcrimesolvers.org, or of information that will assist in our investigation. They've set up a dedicated text-

only tip line at 571-234-8055 for anyone who may have information. You can also call our Major Crimes



Bureau detectives at 703-246-4600.

Tips can also be submitted anonymously through Crime Solvers by visiting http://

text-a-tip by texting "TIP187" plus your message to CRIMES (274637). Anonymous tipsters are eligible for cash rewards of \$100 to \$1000 dollars if their information leads to an arrest.

# Cemetery

From Page 5

etery marking the soldier's grave that was once in the cemetery. "The house used to be right here," Young said, pointing to an area just east of the graveyard. The soldier was from New York so he was thought to a Yankee, and his body was eventually re-interred in New York.

The original Marshall house was built in 1850, and Glen Curtis, a descendant of the Marshall's was born near the house location. "I was born over there where the old house used to be," he said. He remembered too the soldier's grave. "There was a Union Civil War soldier buried in this corner," he said.

John Marshall, 1821-1892, and Mary J. Davis Marshall, 1826-1887, are some of the original Burke founders and John Marshall was the postmaster of Burke Station from 1852-1854. They are both buried in the cemetery on either side of the obelisk. There is a sign on the surrounding fence explaining the Marshall story.

Across the road where the original post office was, Curtis noted another Civil War moment. "This is where Jeb Stuart sent the telegram to the Yankees to complain about the quality of the mules captured," he said.

The historic chatter was just a sidebar to the work accomplished at the graveyard where all the underbrush was cleared and the site was neatened up. The actual gravestone was not touched though, they were leaving that for more professional hands. Three different "gravestone guardians" have been hired to remove the graffiti with limited success. It's not just as easy as splashing on some paint remover though. The stone is made of marble so it is not Curtis said.



The Marshall Grave obelisk has spray painted graffiti all over it.

as durable as other gravestone materials.

The berm to the railroad line that came through Burke stands just outside the fence. Written on it were messages such as "Hell Girl," a peace sign, "Joe," "LS RIP," and "They will live forever." Lipsy pointed across the yard. "There was a marijuana leaf over there, that was taken off," she said. Defacing a gravestone is not legal and the graffiti artists could face charges.

The clean up crew consisted of several members of the Burke Historical Society, family descendants and a group of students from Lake Braddock who were part of the Historic Honor Society. Students included Amy Smith, 17; Nathalie Vadnais, 17; Areebah Johia, 16; Hana Rehmon, 16; and Emily Key, 17. "This is our first project," said Key.

There are daffodils sprouting up all over the area and those probably were planted by a gardener from another time. This perennial plant grows from bulbs. "These flowers have been coming up for years, who knows how long,"



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# **OPINION** Back in Richmond

By Kenneth R. "Ken" Plum State Delegate (D-36)

he House of Delegates and the State Senate are in session today (April 3) for the annual reconvened session as required by the constitution. Often referred to as the veto session, part of its business is to consider bills vetoed or with amendments pro-

posed by the Governor. During the regular oddnumbered short session that adjourned on Feb. 24 after 46 days, there were 3,128 bills and resolutions considered. Setting aside resolutions that do not have the force of law of bills, there were 883 bills that passed the legislature all of which must have the signature of the Governor in order to become law. The Governor's veto can be overturned by a vote of two-thirds of the members of both houses.

The governor in Virginia has the unique ability among executive officials to propose amendments to bills that previously passed but then must be approved by the General Assem-

#### Commentary

bly in the reconvened session with the amendments proposed. This ability for the governor to make corrections or to change the provisions of a bill gives the governor important legislative powers and enhances the importance of the reconvened session that typically lasts for a single day but can go up to three days.

Among the bills on the docket for this reconvened session is a bill that had passed both houses of the legislature but died at the last moment of the regular session. The dispute was over legal language to prohibit the use of cell phones that are not hands-free. The bill will be back before the legislature thanks to an amendment by the Governor, and it is likely to finally pass.

I expect to support the Governor in his vetoes of bills. One bill that he vetoed would limit his authority to involve Virginia in the Regional Greenhouse Gas Initiative, a cap-and-trade program among Northeastern and Mid-Atlantic states that mandates emission reduction in the power sector. Virginia's involvement in this program is among the most important steps the state can take in reducing greenhouse gases and tackling climate change.

Governor Northam has also vetoed a bill that I had opposed during the regular session that would force law enforcement agencies to use precious resources to perform functions of federal immigration law that are part of the current immigration hysteria. He also vetoed a bill that would have limited the ability of local governments in making decisions about their local employment and pay consideration.

Included among the bills that passed are bills that passed in identical form but were only introduced in one house. Some advocates and legislators believe that there is more certainty that a bill will finally pass if it moves through the legislature on two separate tracks. The governor signs both identical bills to keep from choosing among competing bill sponsors. No one that I know has taken the time to count these bills, but I believe that more than half fall into this category. I question that approach—it seems like unnecessary duplication in an already complex system.



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## Free Online Renter Education Course Offered

When Gov. Ralph Northam signed Executive Order 25 last fall at the Virginia Governor's Housing Conference, he prioritized policy solutions to address a number of important housing issues, including reducing eviction rates.

To that end, Virginia Housing Development Authority (VHDA) has recently made available a free online renter education course titled "How to be a Successful Renter," which covers the rights and responsibilities of renting.

"For many people, renting a home is a better option than buying one," said VHDA Executive Director Susan Dewey. "This online course can be very helpful to renters because it covers important issues, including the pros and cons of renting, completing the application, the importance of good credit, managing debt, and creating a personal spending and savings plan. So if renting works best for you, this course is a great way of doing it right and being successful at it."

The online education course is

Write The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Send to:

Letters to the Editor The Connection 1606 King St., Alexandria VA 22314 Call: 703-917-6444. By e-mail: editors@connectionnewspapers.com designed to equip renters with the knowledge necessary to be responsible tenants and to avoid the eviction process. It is divided into nine sections, with an assessment at the end of each that learners must pass to earn a certificate. The nine sections are:

Are You Financially Ready to Rent?

The Ins & Outs of Credit
How to Find the Right Place

Handling the Application Process
Understanding the Lease

Deposit
Life as a Renter: Rights & Re-

Sponsibilities
 Housekeeping, Maintenance

& Repairs

The Right Way to Terminate the Lease

"One of the benefits of this course is its flexibility," added Dewey. "For example, those taking the course can choose to complete only those sections that interest them, and they can take the course on their schedule because it's available online and is mobile compatible. In addition, the course is free and open to anyone who would like to learn more about renting."

Visit www.vhda.com/renters to learn more about the free course or to begin taking it. It is currently available in English, and will be offered in Spanish in the near future.



### Walking Against Hunger

Representing Western Fairfax Christian Ministries at the Centreville CROP Walk are (from left) Executive Director Harmonie Taddeo, volunteer Kitty Beachy, Community Outreach Manager Jennie Bush, and Client Services Director Grace Foust. About 100 participants more than \$3,800 to help fight hunger both locally and globally.

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Historic Garden Week in McLean April 30 10 A.M. to 4 PM.

April 30 10 A.M. to 4 P.M. Visitors to the McLean portion of the Virginia Historic Garden Week will explore five picturesque gardens and four private homes spanning four centuries. Tickets online at www.vagardenweek.org Questions? Google Garden Club of Fairfax or email fairfax@vagardenweek.org.

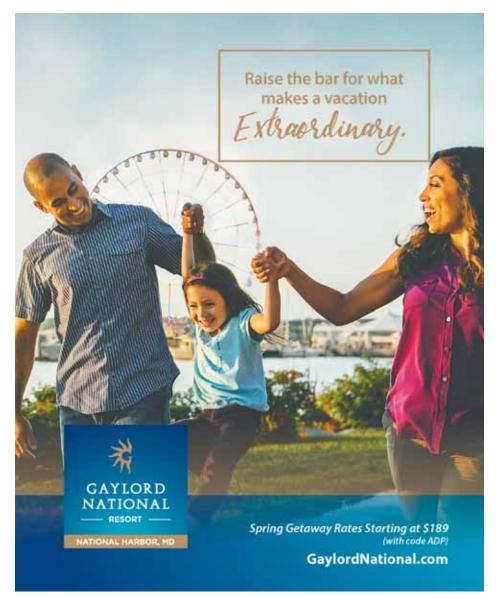
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# Senior Living Career Change After 50

## Strategies for job hunting after retirement.

"Obviously a career

search after 50 will

require a different

approach that it

would if you were

just out of college."

change or a job

By Marilyn Campbell The Connection

ver since she was in high school, Yashika Mailey has wanted to be a nurse. She put that dream on hold however, when she started a family at the age of 17. Now that she's 55 and her three children are adults, she's finally working to turn that dream into a reality.

"I'm a full time student and I'm working full-time in medical billing," she said. "I'm starting by becoming an LPN (licensed practical nurse) first and then we'll see what happens."

Whether changing careers to fulfill a dream, re-entering the workforce out of financial necessity or getting a job to stay socially connected, many Americans of retirement age still want to be

employed. In fact, a recent Harris survey of workers in the U.S. between the ages of 54 to 72 showed that almost a quarter said that they plan to work in retirement.

"Obviously a career change or a job search after 50 will require a different approach that it would if you were just out of college," said Hope Navolio, a career coach and former human re-

sources executive in Alexandria. "It's not hopeless in the way that some people might think, but there are factors that you have to consider."

Age bias is a fear that Navolio hears often, but she advises clients to use age to their advantage. "The thought of competing for a job with people who are young enough to be their grandchildren can be intimidating for some older workers," she said. "But I think people can view their age as an asset and present themselves that way. There's a level of maturity and insight that only comes with age. Many employees are looking for someone who's stable, dependable and who won't get involved in petty office squabbling or office politics."

"One of the first things that I would say is to make sure you're web and tech savvy,"

Write

said Bethesda headhunter Mara Rappaport. "That might mean that you have to take a few classes, but you need to be able to use social media to your advantage. I would think anyone looking for a job today needs to have a LinkedIn page and cultivate a professional network, even if the jobs you're looking for aren't considered professional in the traditional sense. You could even start a blog and write about things that interest you or that are related to the type of job that interests you. For example, if you want to be a fitness coach, blog about current fitness trends."

Modernizing one's appearance is another suggestion that Rappaport offers to those who are concerned about being too old to get a particular job. "It might sound shallow, but getting a makeover can breathe a breath of youthful air into your appearance and make a world of difference in a poten-

tial employers' first impression of you," she said.

Not limiting oneself of traditional options when contemplating a career change can increase the chances of finding meaningful work, says Navolio. "If there's something that you enjoy doing as a hobby, consider making a career out of it. If you've always practiced yoga, train to become a yoga teacher. If you love being around young children, a job at a preschool might

interest you."

— Hope Navolio.

Ronald Potts, a former attorney with a knack for numbers and one of Navolio's client's, began working as a seasonal tax preparer in January. After becoming bored and isolated in retirement, he decided to look for a job, but he wanted one that required fewer hours and offered more flexibility than he had in his law career. "When I retired, I didn't really have a plan for how I was going to fill my time and I got bored within a few weeks," he said. "I thought about all of the things could do and I've always been good with math. Now I just do straightforward tax returns, so the work is still somewhat challenging, but don't have the long days and all the pressure that I had when I was at my firm."

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.

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8 Surke Connection SApril 4-10, 2019

# Senior Living Greenspring Opens New Continuing Care Building

Retirement community expands to meet the growing demand for specialized senior care.

reenspring, a continuing care retirement community, developed and managed by Erickson Living in Fairfax County, on March 22 opened Dogwood Commons, the new four-story, 77,500 square-foot assisted living and memory care addition to its continuing care neighborhood. The first Dogwood Commons residents moved into the building on Feb. 5, 2019.

"Dogwood Commons is an important and much-anticipated addition to Greenspring's continuum of care," said Executive Director Chandra Kumar. The facility addition helps to meet the growing demand for specialized senior care in our region, she said.

Speakers at the event included Kumar, Donna Epps, Continuing Care Administrator; Del. Vivian Watts; Roy O'Connor, Greenspring Board Member; Jackson Bain, Greenspring Board Chair; Betty Christman, President of the Greenspring Resident Council; Peggy Trotter, Garden Ridge Resident; Jeff McKay, Fairfax County Supervisor; and Alex Robbins, Office of Congressman Gerry Connolly.

More than 200 attended the celebration, including residents, family members, employees, health care providers, elected officials and community partners.



Betty Christman, President of the Greenspring Resident Council; Jeff McKay, Fairfax County Supervisor; Alex Robbins, Office of Congressman Gerry Connelly (back); Donna Epps, Continuing Care Administrator; Peggy Trotter, Garden Ridge Resident; Jackson Bain, Greenspring Board Chair; Vivian Watts, Virginia House of Delegates; Chandra Kumar, Executive Director; and Roy O'Connor, Greenspring Board Member gather to celebrate the opening of Dogwood Commons, Greenspring's new continuing care building, which provides an array of person-centered services to help residents achieve optimal health outcomes.

The new building is part of Greenspring's multi-phase, multi-year plan to expand and renovate its existing assisted living, memory care and skilled nursing care residences, along with amenity spaces. Dogwood Commons provides 53 assisted living apartment homes and 26 memory care suites. The new apartment homes range in size from studios to one-bedroom floor plans. Living spaces include a full, private bath and a kitchenette. Some apartment homes will feature private, screened porches.

The new memory care residences have been designed to meet the specialized needs of residents by providing a stimulating, nurturing and amenity-rich environment. The Dogwood Commons Suites feature private bedrooms and full baths. Common areas available for use by all Greenspring residents include multi-purpose, activity, meeting and programming spaces, living rooms, a billiards and games lounge, a library and a card game room, as well as a theater.

When the multi-year project is complete, Greenspring's continuing care neighborhood will have a total of 176 assisted living apartment homes, 59 memory care residences and 62 skilled nursing residences.

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# Senior Living Historic Garden Tour Comes to McLean

History buffs and garden enthusiasts will delight in in the mix of historic, traditional and contemporary.

he Garden Club of Fairfax will host this year's House & Garden Tour, part of the 86th Historic Garden Week in Virginia. McLean is the site for this year's tour hosted by The Garden Club of Fairfax.

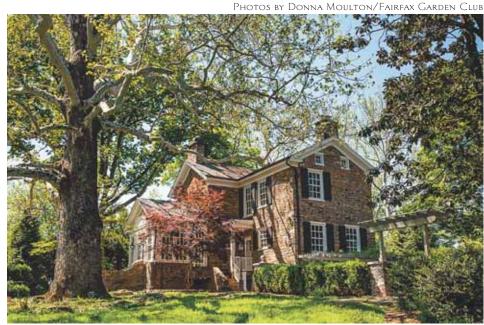
Visitors to the McLean Tour will explore five picturesque gardens and four private homes spanning four centuries. History buffs and garden enthusiasts will delight in in the mix of historic, traditional and contemporary properties.

The McLean tour on Tuesday, April 30, from 10 a.m. to 4 p.m. showcases exciting gardens, creative flower arrangements, and unusual private homes, each with intriguing stories behind them.

The tour includes a mix of historic, traditional and contemporary homes ranging from a home built in the 1750s with ties to the Revolution and used as a hospital during the Civil War, to a contemporary Japanese-influenced home built on a hillside with terraced gardens, a pool and patio that are perfect for entertaining.

**BIENVENUE, CHURCHILL ROAD,** McLean. Previously called "Benvenue," the name of this 18th century Colonial home was reportedly changed when General Charles de Gaulle visited and said that the correct spelling was "Bienvenue."

Built in 1754 using sandstone from a nearby quarry. Furnishings and decorative art throughout the home combine historic, contemporary and whimsical pieces collected by the homeowner from travels and local and international sources. Union troops occupied the property during the Civil War when the house served as a field hospital. Bullets and a cannonball were found in the walls, while medicine bottles, surgical instruments and horseshoes were discovered under the carriage house floor during renovation. A massive sycamore tree next to the house is believed to be the oldest and largest in Fairfax County. Dr. Karen L. Kierce, owner.



Bienvenue on Churchill Road in McLean was built in 1754 using sandstone from a nearby quarry. A new wing was added in 1929 to include indoor water.

**OLD LANGLEY ORDINARY** 1101 Chain Bridge Road, McLean. Built shortly before the Civil War, this Federal Farmhouse style building served as headquarters for Union Gen. George McCall. After the war it became an ordinary, a tavern or meetinghouse. Located just a few miles from the Potomac River crossing at Chain Bridge, it was an important stopping-place for travelers and for farmers transporting livestock and wagons to merchants across the river in Georgetown. The homeowner's extensive collection of traditional Americana is displayed throughout. Wraparound porch with outdoor living space includes a kitchen and double-sided outdoor fireplace. The original carriage house is now a guest-house with American flags, painted by the homeowner, displayed on an exterior wall. Garden beds surrounding the home feature indigenous Virginia plantings with roses, sedum, hydrangea and 900 tulips.

OLD CHESTERBROOK ROAD, McLean. Built on a hillside, the long, clean horizontal lines of natural stone, wood and glass in this contemporary home reflect Japanese influence. In addition to subtle indirect lighting throughout the home, a paper chandelier by artist Oh Mei Ma is suspended from a soaring ceiling above the dining area and the sitting room has a red Italian Murano glass chandelier. The focal point at the top of the hill is a children's playhouse complete with Dutch doors, kitchen and skylight. Additional points of interest are a Japanese gate (Torii) built by the homeowner's parents, a standing stone Buddha and a stone birdbath in the shape of a bird in flight.

**WOODLEY MILL ROAD**, McLean. Built in 2000, this Italianate villa with yellow stucco has a traditional orange clay barreltile roof. The front features European sculp-

#### HISTORIC GARDEN WEEK IN MCLEAN

April 30 10 A.M. to 4 P.M.

- Visitors to the McLean portion of the Virginia Historic Garden Week will explore five picturesque gardens and four private homes spanning four centuries.
- Headquarters Trinity United Methodist Church, 1205 Dolley Madison Boulevard, McLean. Complimentary refreshments served from 10 a.m. to 3 p.m.
- Tickets: Advance tickets \$40 online at www.vagardenweek.org, or by mail, until April 20, 2019. Tickets Day of Tour - \$50 at Headquarters or Tour Homes
- Questions? Google Garden Club of Fairfax or email fairfax@vagardenweek.org. For more information on this tour or to see the Historic Garden Week statewide schedule of tours, go to www.vagardenweek.org.

#### Photos by Donna Moulton

tured gardens with boxwood parterres, three arched doorways, balconies and veranda. Two fountains greet guests as they enter the front property. The home's gallery-like foyer features marble floors, a 20foot ceiling and walls displaying large scale paintings, Belgian tapestries and a metallic finish bas-relief. From the pavilion, a wide Tennessee buff flagstone path lined on both sides with carefully maintained topiaries in Tuscan style pots leads to a large bronze fountain. Extensive hardscaping with mature evergreens, roses, hydrangeas, crepe myrtles and other plantings creates multiple garden rooms surrounding the home.

**DAVISWOOD DRIVE,** McLean. (Garden only) More than 40 mature 'Green Giant' arborvitae provide the background, shading and privacy for this garden oasis. This formal garden features multiple garden rooms showcasing crepe myrtles, hostas, hollies, boxwood, hydrangeas, rhododendrons and ninebarks with water features, statuary, travertine walkways and a hidden putting green. The garden's centerpiece is the saltwater swimming pool.

Historic Garden Week in McLean is Tuesday, April 30, 10 a.m. to 4 p.m. with headquarters at Trinity United Methodist Church, 1205 Dolley Madison Boulevard, McLean. Advance tickets are \$40 per person online at www.vagardenweek.org, or by mail, until April 20. Tickets on the day of tour are \$50 at headquarters or tour homes.



Home on Woodlea Mill Road includes European sculptured gardens.

10 Surke Connection SAPRIL 4-10, 2019



Old Langley Ordinary built just before the Civil War.



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# Week in Burke

## Apparent Drowning at Lake Braddock Investigated

Detectives from Major Crimes Bureau are investigating after the body of 28-year-old Nghia Trinh, of Burke, was recovered from Lake Braddock on March 30 afternoon. The officers responded with the Fairfax County Fire and Rescue Department just after 5 p.m. to the 9400 block of Goshen Lane in Burke for a man missing in Lake Braddock. Trinh's dog got loose while walking on a path next to the lake, and witnesses saw him go into

the water to retrieve it. While doing so, Trinh went underwater and did not surface. Officers and personnel from Fire and Rescue immediately began a search of the lake. Approximately 40 minutes later, firefighters found Trinh in the water and he was pronounced dead at the scene. The Office of the Chief Medical Examiner will determine exact cause and manner of death. Trinh's dog was safely recovered from the lake.

#### BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### **FRIDAY/APRIL 5**

Sibshops. 9 a.m.-noon at Providence Community Center, 3001 Vaden Drive, Fairfax. The Sibshop workshops are for children in grades 2-5 who have siblings with special needs enrolled in Fairfax County Public Schools. Meet other siblings in a fun, recreational setting; celebrate siblings; share sibling experiences and receive peer support; play games and more. A snack will be provided. Registration is free, donations will be accepted to support the cost of materials and food. Visit www.fcps.edu/resources/familyengagement/parent-resource-center or call the FCPS Parent Resource Center at 703-204-3941 to register.

#### **SATURDAY/APRIL 6**

2019 Special Education Conference. 7:45 a.m.-1:30 p.m. at Lake Braddock Secondary School, 9200 Burke Lake Road, Burke. FCPS will hold its 14th Annual Special Education

lost (adj): 1. unable to find

Conference with a focus on building inclusive and post-secondary practices to support the development of 21st Century skills and Portrait of a Graduate (POG) attributes. Visit www.fcps.edu/spedconference2019 for details, a list of workshops, exhibitor information and to register.

**Caregiver Bootcamp.** 9:30 a.m.-3 p.m. at Insight Memory Care Center, 3953 Pender Drive, #100, Fairfax. Join IMCC for a day-long training event covering many essential caregiving topics. A continental breakfast and lunch will be provided free of charge. Sessions include: Dementia 101 & Clinical Trials; Understanding Veterans Benefits; Practical Tools for Caregivers; and A Person-Centered Approach.www.insightmcc.org, or contact Lindsey Vajpeyi at 703-204-4664 or

lindsey.vajpeyi@insightmcc.org. Teen Job Fair and Resume Building Workshop. 10 a.m.-noon at South County High School. These events will focus on student

See Bulletin, Page 15



## Join us for coffee & conversation. Fairfax Divorce Workshop.

Supp	ort. Information. Hope.	ALL
Date:	Saturday, April 13, 2019 Saturday, June 8, 2019	
Time:	9:00-9:30a.mRegistration 9:30-1:00 p.mWorkshop	
Place:	Duff & Kronfeld, P.C. Fair Oaks Commerce Center 11320 Random Hills Road/Suite 630	

Fairfax, VA 22030

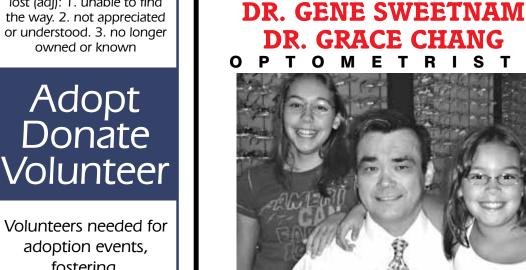
Please join us for coffee at our Second Saturday Divorce Workshop and get the information and support from professionals: a family law attorney, a financial adviser, a family therapist, a private investigator, an estate planning attorney and other professionals who will help guide you through the divorce process. Speakers vary for each workshop.

Registration at the door; however, pre-registration is recommended as space is limited.

Online Registration: www.secondsaturdaynova.com Email: nancy@secondsaturdaynova.com Phone: (703) 591-7475

You've come to the right place!

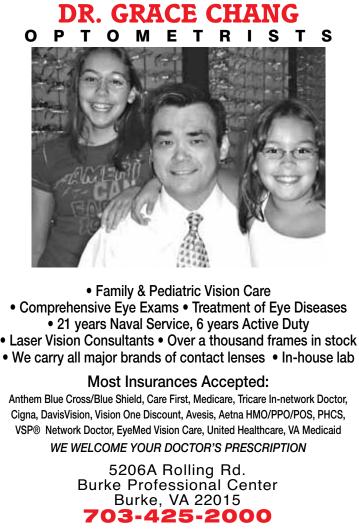




fostering, transportation, adoption center caretaking and more.



lostdogandcatrescue.org www.ConnectionNewspapers.com



www.drsweetnam.com • www.sightforvision.com



BURKE CONNECTION & APRIL 4-10, 2019 & 11

# Entertainment

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

#### FRIDAY/APRIL 5

GAMEmason. 11:15 a.m.-9:30 p.m. in the Center for the Arts Concert Hall and throughout the Music Theater building on GMU's Fairfax Campus. GAMEmason (Gaming, Appearances, Meet and Greets and Experiences) is an all-day gaming convention. GAMEmason features educational panels, appearances, and meet-ingreets with major power players in the gaming community. Two Esports competitions will be held on the Concert Hall stage \$20-\$40. Find tickets and information at

si.gmu.edu/gamemason. **B-I-N-G-O.** 7 p.m. Fridays at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit www.fairfaxvfd.com or call 703-273-3638 for more.

#### FRIDAY-SATURDAY/APRIL 5-6

Genealogy Conference/Expo. Friday, 9 a.m.-8 p.m.; Saturday, 9 a.m.-3:45 p.m. at Sheraton Reston Hotel, 11810 Sunrise Valley Drive, Reston. Fairfax Genealogical Society's two-day spring conference and expo. FxGS member, \$100; non-member, \$120. Details at www.fxgs.org.

#### FRIDAY-SUNDAY/APRIL 5-7

Library Book Sale. Friday, 10 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m.; Sunday, 1-3 p.m. at City of Fairfax Regional Library, 10360 North St., Fairfax. Thousands of gently read books organized in many categories. Big selection of DVDs, CDs, and audio books. Sunday is fill a shopping bag day, \$5. Cash or check only. Free parking in library garage. FriendsofFairfaxCityLibrary@gmail.com.

#### SATURDAY/APRIL 6

- Spring Art Lessons for Youth Classes. 9:30-10:30 a.m. at Woods Community Centre, 10100 Wards Grove Circle, Burke. Instructor Carol Zeitlin, drawing and watercolor for students 8 and older. Visit www.czartlessons.com or call 703-250-6930.
- Spring Art Workshop. 10:30 a.m.-12:30 p.m. at Woods Community Centre, 10100 Wards Grove Circle, Burke. Instructor Carol Zeitlin, drawing, watercolor, Chinese Brush, portfolio development for teens and adults. Visit www.czartlessons.com or call 703-250-6930.
- Women's History Jazz and Awards Luncheon. 11 a.m.-2 p.m. at the Country Club of Fairfax, 5110 Ox Road, Fairfax. The Northern Virginia Business and Professional Women's Club. of the National Association of Negro Business and Professional Women's Club, Inc. will host their second annual Women's History Jazz and Awards Luncheon. The theme this year is "Celebrating Visionary Women: Empowered and Engaged. Professional achievement awards will be given to women who have made a significant impact in the community and business arena. \$75 at novabpwwhp2019.eventbrite.com.
- Ballet Performance: Cinderella. 2 and 7:30 p.m. at NOVA Community College, Annandale Campus, 8333 Little River Turnpike, Annandale. Performers from Classical Ballet Theatre \$15. Visit www.cbtnva.org/ cinderella or call 703-573-0182.
- Fundraiser: Wine Dinner, 5:30-10 p.m. at Westwood Country Club, 800 Maple Ave. East, Vienna. Bite Me Cancer, presents its annual Wine

# 'Music in the Life of Eisenhower' on Local Stage Musical commemoration of upcoming 75<sup>th</sup> anniversary of D-Day

by Virginia Chamber Orchestra and special guest performers.

**By David Siegel** The Connection

ext up for Northern Virginia's Virginia Chamber Orchestra is a major concert to commemorate D-Day, actions that helped begin the end of WWII in Europe some 75 years ago. Under the baton of music director David Grandis, the Virginia Chamber Orchestra, along with the U.S. Air Force Airmen of Note and the Alexandria Choral Society Pro Coro Singers will perform "Music in the Life of Eisenhower."

Special guest narrator and host, WETA's Robert Aubry Davis will provide insights about Eisenhower's musical favorites and will share what they reveal about the Supreme Commander of the Allied Expeditionary Forces in Europe during World War II and later President of the United States.

"The approaching 75<sup>th</sup> Anniversary of D-Day inspired the VCO to present 'Music in the Life of Eisenhower.' It will follow Washington, Jefferson and Lincoln in our Music of the

- Dinner fundraiser. All proceeds from the event will benefit Teen Cancer Support Bags and other programs to help teenage patients in more than 115 hospitals, \$150. Visit bitemecancer.networkforgood.com/ events/9464-6th-annual-bite-me-
- cancer-wine-dinner. **Russian National Ballet: Giselle.** 8 p.m. at the Center for the Arts, Concert Hall, on GMU's Fairfax Campus. In this tale of love, betrayal, forgiveness, and redemption, a heartbroken peasant girl dies after discovering her lover is betrothed to another. She wakes in a supernatural realm. Discussion with a member of the company begins 45 minutes prior to the performance. \$56, \$48, \$34. Family friendly. Visit
- cfa.calendar.gmu.edu/russiannational-ballet-giselle for tickets.

#### SUNDAY/APRIL 7

- Author Event: Missy Sheldrake. Noon-2 p.m. at Barnes and Noble in Fair Lakes. Missy Sheldrake, of Centreville, is the author/illustrator of the "Keepers of the Wellsprings" young adult fantasy series and will be signing books. Visit www.missysheldrake.com for more.
- A Turning Point in Women's History. 1-3 p.m. at Temple B'nai Shalom, 7612 Old Ox Road, Fairfax Station. Come hear Pat Wirth, of the Turning Point Suffragist Memorial Association, give an in-depth look at a critical time in the history of women in our country. Organized by the Sisterhoods of Temple B'nai Shalom, Congregation Ner Shalom, and Temple Rodef Shalom, this event is open to all. Free. Suggested



Photo Courtesy Alexandria Choral Society Pro Coro Singers **Pro Coro singers will perform with Virginia Chamber Orchestra in presentation of "Music in the Life of Eisenhower."** 

#### Where and when

Virginia Chamber Orchestra presents "Music in the Life of Eisenhower" at the Ernst Community Theatre, 8333 Little River Turnpike, Annandale. Performance on April 7, 2019 at 4 p.m. For free tickets and detailed information about the musical program go to https://www.vco.events/music-in-the-life-of-eisenhower/

Note: Register in advance, to be guaranteed a seat, unless informed that seats are no longer available. A complementary reception follows the concert. Concert parking is also free.

Presidents series concerts and will become the sixth educational video overall," said Doug Lovejoy, Virginia Chamber Orchestra.

"Music in the time of Eisenhower" will include selec-

contribution of \$10. Get tickets at

www.eventbrite.com/e/a-turning-

point-in-womens-history-wrj-mid-

atlantic-district-area-day-tickets-

tions composed by Irving Berlin such as "God Bless America," Glenn Miller's "Moonlight Serenade" as well as personal favorites and music performed at White House events hosted by President

National Opera (WNO) announce Raising Voices, combined talent of Domingo-Cafritz Young Artist and Mason Opera and Vocal Studies students. \$20 or free with student I.D.; call 703-993-7759 or visit hylton.calendar.gmu.edu/raising-

voices. Vocal Pops Concert. 6 p.m. in the deLaski Performing Arts Building, 3001, de Laski Rehearsal Room, on GMU's Fairfax Campus. Under the direction of Dr. Stan Engebretson. Come for an evening of vocal pop music presented by Mason a cappella groups. Visit cfa.calendar.gmu.edu/ vocal-pops-concert.

#### **MONDAY/APRIL 8**

Northern Virginia Positive Aging and Wellness Fair. 8:45 a.m.-4 p.m. at Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Workshops, exhibits and information to educate and inspire adults to achieve a fulfilling and healthy lifestyle as they age. Pat Collins, an award-winning NBC News4 reporter, will be the keynote speaker. Free and open to the public. To register and for more, visit positiveagingfair.com. County services for older adults and caregivers, go to www.fairfaxcounty.gov/OlderAdults.

#### WEDNESDAY/APRIL 10

Jazz Combos/Steel Pan Ensemble Concert. 8 p.m. at deLaski Performing Arts Building, 3001, de Laski Rehearsal Room, on GMU's Fairfax Campus. Performance by the Mason Jazz Combos, under the Eisenhower and his wife Mamie Eisenhower such as selections from "Oklahoma," and Mendelssohn's "Fantasia on Greensleeves."

The Airmen of Note is the premier jazz ensemble of the United States Air Force. Stationed at Joint Base Anacostia-Bolling in Washington, D.C., the group was created in 1950 to continue the tradition of Major Glenn Miller's Army Air Forces dance band. The current band consists of 18 active duty Airmen musicians including one vocalist.

Pro Coro is a select group of singers drawn from the Alexandria Choral Society. Both organizations are conducted by Brian Isaac. The Society aspires to enhance the cultural life of the city of Alexandria and surrounding communities by presenting diverse and engaging musical programs at the highest artistic level.

Of note to patrons, the special Virginia Chamber Orchestra concert, "Music in the time of Eisenhower" will be presented free of charge on a first come, first served basis.

direction of jazz pianist, Wade Beach. Visit Mason Jazz at music.gmu.edu/ jazz-studies/. Get details at cfa.calendar.gmu.edu/jazz-combossteel-pan-ensemble-concert.

- THURS-SATURDAY/APRIL 11-13
- August: Osage County. Thursday-Saturday, 7:30 p.m. at James Lee Community Center, 2855 Annandale Road, Falls Church. When the large Weston family unexpectedly reunites after Dad disappears, their Oklahoma homestead explodes in a maelstrom of repressed truths and mysteries. Adult content. \$17-\$20. Email tickets@providenceplayers.org, call 703-425-6782 or visit www.providenceplayers.org.
- Spring New Dances. 8 p.m. in the Harris Theatre on GMU's Fairfax Campus. Next generation of contemporary choreographers. \$15 adults/\$10 seniors. Get tickets at cfa.calendar.gmu.edu/spring-newdances.

#### FRIDAY/APRIL 12

- Gardening with Herbs. 1-2 p.m. at Pohick Regional Library, 6450 Sydenstricker Road, Burke. Planning an herb garden, selecting plants, and caring for a garden. This presentation has lots of photographs for ideas. Free. sonal.gosai@fairfaxcounty.gov or call 703-447-7333 for more.
- Pablo Sáinz Villegas. 8 p.m. at the Center for the Arts, Concert Hall, on GMU's Fairfax Campus. Praised as "the soul of the Spanish guitar." Family-friendly. \$46, \$39, \$28. Visit cfa.calendar.gmu.edu/pablo-s-225inz-villegas for tickets.

57807894970. **Russian National Ballet: The Sleeping Beauty.** 2 p.m. at the Center for the Arts, Concert Hall, on GMU's Fairfax Campus. *The Sleeping Beauty* performed in grand Russian

style by the Russian National Ballet. Discussion with a member of the company begins 45 minutes prior to the performance. \$56, \$48, \$34. Family friendly. Visit cfa.calendar.gmu.edu/russiannational-ballet-the-sleeping-beauty

national-ballet-the-sleeping-beauty Burke Historical Society Appril Meeting. 3:30-5 p.m. at Pohick Regional Library, 6540 Sydenstricker Road, Burke. Dr. Cindy Gueli speaks

on her book Lipstick Brigade, telling the stories of the 100,000+ women from across the country who worked in Washington during WWII. Free. www.burkehistoricalsociety.org. **Nature Book Talk.** 3:30-6 p.m. at

Nature Book Talk. 3:30-6 p.m. at Historic Blenheim, 3610 Old Lee Highway, Fairfax. Nature Play at Home author Nancy Striniste will discuss the importance of children experiencing time in nature and provide how-tos on creating natural playspaces. Proceeds benefit NoVA Outside's work to connect children to nature. Talk and reception. \$25-35. Email nancy@earlyspace.com or visit bit.ly/NaturePlayAtHomeLaunch. Raising Voices. 4 p.m. at Hylton Performing Arts Center, 10960

George Mason Circle, Manassas.

George Mason University's College of

Visual and Performing Arts (CVPA) in

collaboration with the Washington

# News

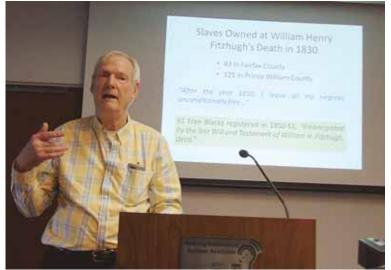


PHOTO BY STEVE HIBBARD/THE CONNECTION John Browne talks about his book, The Story of Ravensworth, to the Burke Historical Society at the Pohick Regional Library on Sunday, March 31, 2019.

# The Story of Ravensworth

## Historian John Browne speaks to Burke Historical Society.

By Steve Hibbard The Connection

ast Sunday, March 31, the Burke Historical Society hosted historian John Browne at the Pohick Regional Library where he spoke to about 50 guests about his new book, The Story of Ravensworth — from the period of 1685 to the Civil War.

"It fascinated me that my home was inside a vast Colonial Plantation and I wondered how 24,000 acres dissolved down to one quarter of an acre ... so I decided I wanted to know more about it. How did it dissolve all the way down to that? It seemed to be a fascinating question and I started digging into it," said Browne, who grew up on a dairy farm in New York, served in the U.S. Navy, and worked for 30 years with the Department of the Navy.

He was inspired by the work of Beth Mitchell, who mapped every land grant that had been done in Fairfax County – all 390 square miles. "I started looking and pulling the thread and one bit after another, I got pulled down the drain, as my wife would say," he said.

Browne, who is now retired, started researching Ravensworth in 2008, and set up a private website, which went public in 2013. After about 24,000 visitors,

www.ConnectionNewspapers.com

he decided he wanted something more permanent. He expected the book to be a quick and easy job but it took him about a year to recreate new maps and fit them onto letter-sized pages.

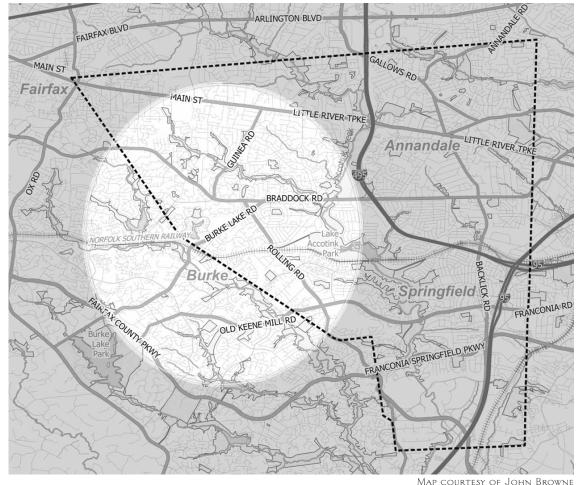
**THE RAVENSWORTH STORY** goes like this: Before 1685, a land grant of 5 million acres was created by King Charles II of England in the Northern Neck between the Chesapeake Bay and the Potomac and Rappahannock Rivers. Lord Fairfax inherited it all, and in 1685, William Fitzhugh bought 24,112 acres referred to as Ravensworth.

It was the largest Colonial land grant that would stretch across 37.7 square miles — from presentday Fairfax to Annandale to Burke to Newington and Springfield. It is one-tenth of the land mass of Fairfax County and half the size of Washington, D.C. It includes the present-day ZIP Code 22015 with Burke in a part of it.

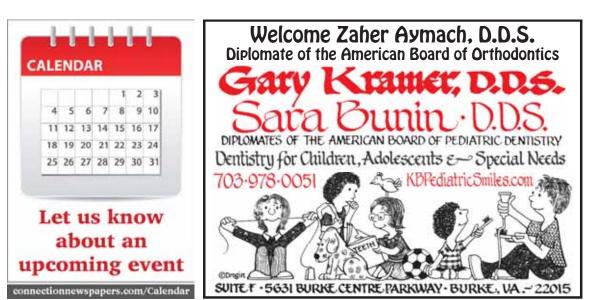
By the 1850s, a circle of three miles was considered Burke, which would extend to the Beltway to Little River Turnpike and south to the Fairfax County Parkway. Silas Burke was manager and overseer of Ravensworth.

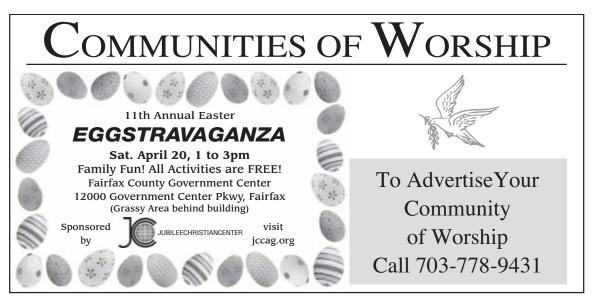
The property's saga evolved over many generations, through Colonial settlement, early government,

See Local History, Page 14



Ravensworth boundary with a three-mile radius circle around Burke Station.





Burke Connection & April 4-10, 2019 & 13



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# BULLETIN

#### From Page 11

job seekers (approximately ages 16-18) looking for full time employment, after-school employment, seasonal positions, internship opportunities, or volunteer experiences. It is open to all teens in Fairfax County looking for employment or wanting tips to build their resume. Visit www.fairfaxcounty.gov/ springfield/teen-job-fair-student-registration to register.

- Animal Legislation Panel. 1-3 p.m. at West Springfield Government Center, 6140 Rolling Road, Springfield. Panel discussion with State Sen. Dave Marsden; Del. Kaye Kory; and Humane Society of the United States State Director, Matthew Gray. A post 2019 VA General Assembly session discussion of animal welfare bills: What went wrong? What went right? What can be done better next time? Free. Visit www.novaca.org/more.
- Peripheral Neuropathy Support Group. 2-4 p.m. at Mason District Governmental Center, 6507 Columbia Pike, Annandale. The Peripheral Neuropathy Support Group for greater Washington meets the first Saturday of the month. All are welcome. RSVP for available seating. Call 301-263-0616 or visit www.dcpnsupport.org for more.

#### SUNDAY/APRIL 7

Low Cost Rabies Vaccine Clinic. 9-11 a.m. at Fairfax County Animal Shelter, 4500 West Ox Road, Fairfax. Cost is \$15 per pet, cash and check only. Dogs, cats, and ferrets may be vaccinated at the clinic. Dogs must be on leashes; cats and ferrets must be in carriers. All pets will receive a 1-year rabies vaccination. To obtain a 3-year vaccine, bring pet's rabies certificate (not tag) showing the current rabies vaccination expiration date. 2019 county dog licenses will be sold for an additional \$10 per license. Visit www.fairfaxcounty.gov/ animalshelter/communityassistance/ rabiesclinics for more.

#### **TUESDAY/APRIL 9**

NARFE Fairfax 737 Luncheon Meeting. 11:30 a.m.-1:30 p.m., at American Legion Post 177, 3939 Oak St., Fairfax. Meetings are held on the second Tuesday of each month from September through June, and opened to all active and retired Federal employees, spouses and guests. Fairfax Officer Sabrina Ruck will speak on "Keeping Aware & Safe from Scams." For April meeting only, call 703-631-5869 or email charles.fleming@bhox.com, by Friday, April 5 to register for luncheon or meeting.

register for luncheon or meeting. **Park Authority Summer Jobs.** 5-8 p.m. at Fairhill Elementary School, 3001 Chichester Lane, Fairfax. This year the Fairfax County Park Authority's Rec-PAC summer camp program will operate at 45 elementary school locations around Fairfax County on weekdays from July 1-Aug.8, 8:15 a.m.-3:45 p.m. Applicants are required to bring an original Social Security Card and a DMV photo ID. Only those who are 18 years of age and older will be considered. Visit www.fairfaxcounty.gov/parks/rec-pac/jobs or email Recpac@fairfaxcounty.gov.

#### WEDNESDAY/APRIL 10

Fairfax County Park Authority Board Meeting. 7:30 p.m. in the Herrity Building, 12055 Government Center Parkway, Suite 941, Fairfax. The Park Authority Board is a 12member board appointed by the Fairfax County Board of Supervisors to set policy and establish strategic policy and direction for the Park Authority. Open to the public. For information regarding meeting agendas, Park Board members, opportunities for public comment, or to view meeting materials, board minutes and archival materials, visit www.fairfaxcounty.gov/ parks/boardagn2.htm or call 703-324-8662.

#### **THURSDAY/APRIL 11**

The Future of Transportation Investment in Virginia. 7:30-9 a.m. at the Northern Virginia Association of Realtors, 8407 Pennell St., Fairfax. Join the Northern Virginia Transportation Alliance as two key transportation legislators share their ideas on how Virginia's General Assembly can address the need for more sustainable transportation funding, improved project prioritization, and other major transportation challenges facing our Commonwealth. Individual tickets are \$25. Register at nvta.org/event/ virginiatransportationinvestments/ or call 703-883-1830 for more.



# It's Not As If My Life Depends On It

#### By KENNETH B. LOURIE

Being totally honest with my oncologist, that is. I mean, it's not as if being diagnosed with non small cell lung cancer, stage IV isn't a "terminal" disease.

Oh wait, it is.

As my oncologist said to me at the initial Team Lourie meeting: "I can treat you, but I can't cure you."

Huh? Followed fairly soon after by the equally distressing prognosis: "13 months to two years." Wait. WHAT!? (As Curly Howard of The Three Stooges said years ago while looking into a mirror: "I'm too young to die, too handsome, well, too young anyway.")

That prognosis – as you regular readers know – is old news, as I recently passed my 10-year anniversary; my oncologist's "third miracle," as he characterizes me. And as life goes on, so too do the studies and research and clinical trials.

As much progress as has been realized, still there are few guarantees for lung cancer patients. Although there are many more of us living beyond the years our respective oncologists initially gave us (our wildest dreams, I often say).

Living as a cancer patient/survivor, especially one still undergoing treatment, requires regular sit-downs with one's oncologist to discuss and/ or assess lab work, results from diagnostic scans and side effects – or as I refer to them: "straight-on effects." At these sit-downs, the oncologist will sit down behind his computer and review my past and inquire about the present, typing away as I respond.

The questions are all too familiar. My answers, maybe familiar as well. Because if they're not, they may catch the attention of the doctor. And if they do catch his attention, he likely will probe further into their occurrence; their frequency, their location, their pain, their intensity, etc. And in so doing, he may learn things that could possibly alter/maybe even stop your treatment.

The doctor may become so worried about the symptoms you're describing, he may focus on the symptom, not the cause. And that's my fear in being honest: he may stop the treatment. I realize it might be counter-intuitive, but cancer scares the hell out of me. As a direct consequence, dishonesty sometimes becomes one's best policy.

Granted, being dishonest, or rather not totally forthcoming, with the person entrusted in extending your life, doesn't exactly win one the patientof-the-year award. But when that same one is diagnosed with a "terminal" disease at age 54 and a half, there's a certain amount of clear thinking that quickly dissipates.

And if that same one is "ambulanced" to the hospital (in August 2013) for a week long stay in SICU (surgical intensive care), the fear of God is officially invoked which further clouds your judgment.

If you live long enough, your judgment improves but so too does your chance of dying. As I find myself saying: "I just can't keep on living with this thing, can I? I mean, I was diagnosed with a 'terminal' disease. They don't call it 'terminal' for nothing." But here I am, 10 years, post diagnosis, and living the dream, so to speak.

So how do I answer the doctor's questions when doing so honestly might lead to a gruesome outcome: hospitalization, and then, well, you know.

Let me be clear then about my answers. Maybe I'm not so certain about the "straight-on" effects? Maybe, they're not that bad and continuing the treatment will moderate the effects somehow while continuing to keep the cancer in its current place – without growing or moving?

I don't mean to understate my condition, but neither do I want to overrate it. Perhaps this mental anguish I'm describing makes no sense. But that's what cancer seems to do.

Nevertheless, I realize being honest with one's doctors is kind of important. Still, I may be too afraid of the consequences to be so inclined.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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