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**Inside**



**Senior Living**

# Fairfax CONNECTION

Sapana Lama is about to serve vegetable soup and Chicken Momo dumplings at Tandoori Nights, a Fairfax restaurant that offers South Indian and Nepalese cuisine.

## South Indian and Nepalese Cuisine

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### More Public Input Sought on Parkway Studies

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### Requiring Affordable Housing in New Projects?

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## More Public Input Sought on Parkway Studies

**Fairfax County and Franconia-Springfield Parkways study moves to next phase.**

BY ANDREA WORKER  
THE CONNECTION

**I**t's time for the public to weigh in again on improvements to the Fairfax County and Franconia-Springfield parkways.

Last fall, Fairfax County Department of Transportation (FCDOT) took their show on the road for three public outreach meetings, seeking input from residents as they conduct the "Alternatives Analysis and Long Term Planning Study" of the two major thoroughfares.

The study aims to review the deficiencies along the 31-mile corridor that starts at Route 7 (Leesburg Pike) in the north and runs to Route 1 (Richmond Highway) in the south and includes 17 interchanges and 83 intersections. Ultimately studies will lead to recommendations to improve the often-congested roadways in the near-term, and as far into the future as 2040.

Some improvements are already underway, as FCDOT representatives told attendees at the 2018 meetings.

Resulting from an "Existing Conditions" study conducted by the Virginia Department of Transportation (VDOT) in 2017, 49 of more than 350 road improvement recommendations have already been implemented, are underway, or are funded, as state and county work together on the project. Many actions are possible without changes to the county's Comprehensive Plan, but others require amendments to the Plan and passage by the Board of Supervisors.

"Public input is critical in making such changes and in considering improvements from all angles," FCDOT Planner Thomas Burke said at the fall outreach sessions.

During the October meetings, and for 45 days after, residents were given the opportunity to provide their own suggestions on how best to improve travel conditions on the parkways. FCDOT solicited the public's ideas via a number of on-line, interactive exercises and comment forums.

Expecting participation by 3,000-to-4,000 county residents, FCDOT instead received 15,150 responses through the survey, another 108 responses via emails and the website comment form, and another 71 comments came through on FCDOT's Facebook page.

**THE BIGGEST TAKE-AWAY** from the survey – overwhelming opposition from imposing tolls on either road – already made headlines, and Burke assures that the message was received.



**Supervisor Pat Herry (Springfield) welcomes residents to the Fairfax County Department of Transportation's public outreach session to discuss improvement to the Fairfax County and Franconia-Springfield Parkways.**

"There is no plan that includes tolls on either the Fairfax County or Franconia-Springfield Parkways."

After presenting an update on the study and the analysis of the public's response at a Board of Supervisors Transportation Committee meeting in February, Burke and his FCDOT colleagues held the first session in the second round of public engagement at the Willow Springs Elementary School in Fairfax on March 27 with opening remarks by Supervisor Pat Herry.

Updated "story" boards were displayed around the school's cafeteria, reflecting a few changes made based on the feedback already received and on requests from Supervisors John Cook (Braddock) and Pat Herry (Springfield) that FCDOT take a more regional outlook, rather than micro-focusing on the roadways.

Burke used graphs and charts to illustrate analysis of the public's preferences.

Several general themes emerged, which Burke discussed, before summarizing the public's responses by surveyed roadway segments.

After taking toll lanes out of the equation, general support was shown for widening the parkways, although there was concern expressed about homes and businesses that might be lost in the process. There was significant approval for the addition of interchanges to replace signalized intersections.

HOV-3+ lanes were not much appreciated by the respondents, although there was more interest in HOV-2+ lanes. High Occupancy Vehicle lanes drew some criticism from residents who worried that their addition would divert solo-driver parkway traffic onto neighborhood roads.

Burke responded that in the first place, the parkways would always include "gen-

eral purpose" lanes and not be converted to strictly HOV, even during peak times. He also assured that test models would be vigorously employed before any recommendations became final.

"But, I think it's clear that an HOV lane is necessary for successful enhanced transit," he added.

Enhanced transit was a winner in the public's opinion, with many residents asking for more high-capacity options. Several attendees championed transit, saying the plans should go further than just adding express buses. Suggestions included bus routes that intersected – allowing parkway commuters to change to buses travelling east or to Metro stations. One audience member even recommended light rail transportation to run in the center of the parkways.

**PUBLIC OPINION HIGHLIGHTS** by segment:

### **Route 7 to Franklin Farm Road**

❖ Interest in connecting the gaps in McLearen Road

❖ Concern regarding congestion at intersections, interest in interchanges, particularly at the Dulles Toll Road and south (i.e. FC Pkwy. at Sunrise Valley)

**Franklin Farm to Route 123** – this section includes the VDOT projects widening projects

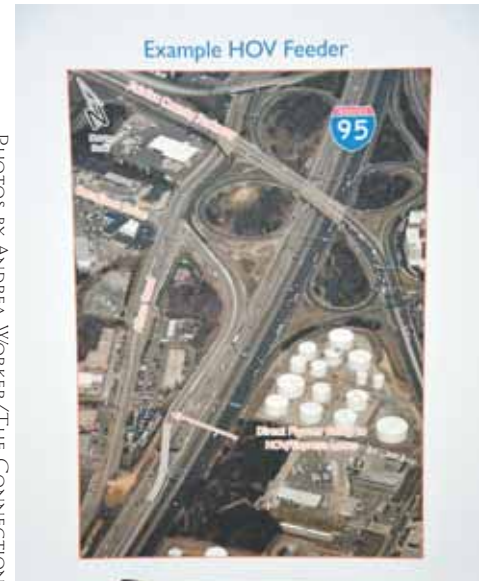
❖ Strong support for widening and addition of over or under pass at intersections like Pope's Head Road.

**Route 123 – Rolling Road**– split with Franconia-Springfield Parkway

❖ Concerns at Huntsman and Lee Chapel

❖ Congestion at intersections

❖ Concern for tree preservation and environmental impacts, particularly near Burke Lake and South Run parks



**FCDOT had boards displayed around the meeting hall like this one, illustrating a possible HOV "feeder" to provide better access and exit from proposed HOV lanes on the parkways.**

Fairfax County parkway from parkway split to Richmond Highway

❖ General approval for the Comprehensive Plan as is with interest in improved signage for ramps

Franconia-Springfield Parkway from split to Beulah

❖ General satisfaction with the current plan to widen to 8 lanes

Two more general meetings are scheduled, but FCDOT hopes for the same level of participation in the new online survey, launching on March 27 at [www.fairfaxcounty.gov/transportation/study/fairfax-county-parkway](http://www.fairfaxcounty.gov/transportation/study/fairfax-county-parkway).

A Baseline Improvements Map is available on the department's website. The Baseline is assumed to be in place, but FCDOT wants the public to provide feedback on five strategies to build on the baseline assumptions. The strategies are:

1. Expanded Bike and Pedestrian Facilities
2. Capacity improvements – intersections/interchanges
3. Capacity improvements – widening without HOV
4. HOV Feeder
5. HOV-2+

The strategies are further explained on the website.

Residents can choose whether to provide input for the entire length of both the Fairfax County and Franconia-Springfield Parkways, or for specific segments. A forum for general comments and other suggestions is also available in the survey.

The survey will be open until May 6. Burke will come back to the public with the new results in late summer of 2019, anticipating recommendations and prioritization by early 2020 and Board consideration later in that year.

# Six Months Jail for Sex Crime

By BONNIE HOBBS  
THE CONNECTION



Brown

A 47-year-old Fairfax man was sentenced last week to six months in jail for a sex crime he perpetrated against a teenage boy. The man is Bruce Kenyatta Brown, and the offense occurred on Nov. 14, 2018.

According to Fairfax County police, officers responded at 5:22 p.m. that day to the 3100 block of Post Forest Drive in Fair Oaks. They were dispatched for a report of disorderly conduct.

However, officers from the Fair Oaks District Station said they “found Brown on top of a 13-year-old boy in the middle of the roadway. [They] removed Brown and learned the boy was walking through the apartment complex when Brown began running after him and tackled him in the roadway.”

Once the teen was on the ground, said police, “Brown grabbed the boy’s genital area several times before officers arrived and intervened.” The victim received a minor injury, and Brown was taken to the Adult Detention Center and charged with aggravated sexual battery.

He was held without bond and has remained behind bars since then. So when he entered a Juvenile and Domestic Relations courtroom for sentencing, last Thursday, March 28, he wore the green jumpsuit of a county prisoner.

Appearing before Judge Michael Valentine, Brown pleaded “no contest,” acknowledging the existence of enough evidence to convict him of the crime of which he was accused.

Assistant Commonwealth’s Attorney Jessica Greis Edwardson then recommended he receive 12 months in jail, with six months suspended, plus credit for the time he’s already served. And since Brown has been incarcerated since mid-November, he has some six weeks or so left to serve.

The judge agreed and sentenced Brown accordingly, Valentine also placed him on one year of active probation upon his release. In addition, he ordered Brown to comply with the mental-health treatment recommendations he’ll receive and perform whatever community service he’s told to do. And, said Valentine to Brown, “You are to have no contact with the victim or his family.”

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# ‘Putting the Ordinance in Black and White’

## City Council hears affordable dwelling unit proposal.

BY BONNIE HOBBS  
THE CONNECTION

**T**he City of Fairfax needs more affordable housing. But exactly how to make that happen has yet to be determined. So at a recent work session, Fairfax City Council heard details about a possible affordable dwelling unit (ADU) ordinance and program. If eventually approved, it would be an amendment to the City’s zoning ordinance.

In the past, Fairfax could negotiate with developers to either include a certain amount of ADUs in their residential projects or make a cash contribution to the City. But since the 2016 Virginia General Assembly made that no longer possible, the City has to develop a new plan.

Under a draft of a proposed ADU ordinance now under consideration, ADUs would have to be included in rezonings, planned developments, special-use permit and special-exception requests, and in administrative approvals of subdivisions and site plans. And any of these projects containing 10 or more homes would trigger the need for ADUs to be part of them.

“Fairfax and Loudoun counties have a 50 dwelling unit threshold,” said Patrick Taves, the consultant whose Fairfax law firm helped the City draft its proposed ADU ordinance. “But we chose 10-plus units [for here] because of the built-out nature of the City.”

**FOR SINGLE-FAMILY** homes or townhouses, 10 percent of the units would have to be ADUs. In multifamily or mixed-use developments, 6 percent of the units would have to be ADUs. However, justification for the ADUs would be required, and cash contributions or land dedication may be accepted in lieu of building the ADUs. However, said Taves, “The number of dedicated ADUs cannot be reduced by more than 50 percent.”

Another part of the ordinance deals with giving a density bonus to projects containing ADUs. Although there are some exceptions, generally, the development would get to have a 20-percent increase in density, in exchange for includ-

ing ADUs.

Eric Forman, a planner with the City, gave examples of how this proposal would have affected some previously built projects here. For instance, Cameron Glen consists of 48 market-rate townhouses on 3.5 acres, and no ADUs.

But if it were built under the proposed ordinance, the developer would have been allowed to construct 58 homes total; 52 of them would be market rate, and the other six would be ADUs. “The additional units would go on the open space,” said Forman. “Or the townhomes would have to be narrower to fit in the 10 extra units.”

Forman said the draft ordinance also specifies what types of households could qualify for ADUs in Fairfax City. For owned units, households with an income 70 percent or less of the AMI (Area Median Income) would be eligible. For rental units, the figure would be 60 percent or less of AMI.

“Income is a total of all, adult wage-earners in the home who aren’t full-time students,” explained Forman. “AMI [in the Washington, D.C. region] is \$117,200/year – but even at 70 percent, people might still not be able to buy an ADU.”

After the presentation, the Council members asked questions. Councilman Sang Yi wanted to know what economic impact ADUs would have on the City. “Do [their owners] pay property tax and are these homes assessed the same as other homes?” he asked.

Brooke Hardin, the City’s director of Community Development and Planning, answered yes to both questions. Yi noted that the prices of ADUs would be “significantly lower” than other comparable homes. “Yes,” said Hardin. “And the county would first assess the ADU resident’s ability to buy it and pay the taxes.”

“What about people who own small businesses and, some years, have 0 percent AMI?” asked Yi. “Could they sell their existing home and then buy an ADU, even if their income increases later on?” Taves said no because ADU purchasers will also be required to be first-time homeowners.

Yi also said the 20-percent bonus density to developers seems “pretty high” to him. But Taves said the percentage could be changed by Council to some other number it prefers, such as 15 percent.

Hardin further explained that the density bonus was seen as

SEE AFFORDABLE, PAGE 11

“Why would the developer want to provide, for example, \$250,000 ADUs in his million-dollar development?”

—Councilman Michael DeMarco.



Sang Yi



Michael DeMarco

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# OPINION

## Back in Richmond

BY KENNETH R. "KEN" PLUM  
STATE DELEGATE (D-36)

**T**he House of Delegates and the State Senate are in session today (April 3) for the annual reconvened session as required by the constitution. Often referred to as the veto session, part of its business is to consider bills vetoed or with amendments proposed by the Governor. During the regular odd-numbered short session that adjourned on Feb. 24 after 46 days, there were 3,128 bills and resolutions considered. Setting aside resolutions that do not have the force of law of bills, there were 883 bills that passed the legislature all of which must have the signature of the Governor in order to become law. The Governor's veto can be overturned by a vote of two-thirds of the members of both houses.

The governor in Virginia has the unique ability among executive officials to propose amendments to bills that previously passed but then must be approved by the General Assem-



### COMMENTARY

bly in the reconvened session with the amendments proposed. This ability for the governor to make corrections or to change the provisions of a bill gives the governor important legislative powers and enhances the importance of the reconvened session that typically lasts for a single day but can go up to three days.

Among the bills on the docket for this reconvened session is a bill that had passed both houses of the legislature but died at the last moment of the regular session. The dispute was over legal language to prohibit the use of cell phones that are not hands-free. The bill will be back before the legislature thanks to an amendment by the Governor, and it is likely to finally pass.

I expect to support the Governor in his vetoes of bills. One bill that he vetoed would limit his authority to involve Virginia in the Regional Greenhouse Gas Initiative, a cap-and-trade program among Northeastern and Mid-Atlantic states that mandates emission reduction in

the power sector. Virginia's involvement in this program is among the most important steps the state can take in reducing greenhouse gases and tackling climate change.

Governor Northam has also vetoed a bill that I had opposed during the regular session that would force law enforcement agencies to use precious resources to perform functions of federal immigration law that are part of the current immigration hysteria. He also vetoed a bill that would have limited the ability of local governments in making decisions about their local employment and pay consideration.

Included among the bills that passed are bills that passed in identical form but were only introduced in one house. Some advocates and legislators believe that there is more certainty that a bill will finally pass if it moves through the legislature on two separate tracks. The governor signs both identical bills to keep from choosing among competing bill sponsors. No one that I know has taken the time to count these bills, but I believe that more than half fall into this category. I question that approach—it seems like unnecessary duplication in an already complex system.

## Free Online Renter Education Course Offered

When Gov. Ralph Northam signed Executive Order 25 last fall at the Virginia Governor's Housing Conference, he prioritized policy solutions to address a number of important housing issues, including reducing eviction rates.

To that end, Virginia Housing Development Authority (VHDA) has recently made available a free online renter education course titled "How to be a Successful Renter," which covers the rights and responsibilities of renting.

"For many people, renting a home is a better option than buying one," said VHDA Executive Director Susan Dewey. "This online course can be very helpful to renters because it covers important issues, including the pros and cons of renting, completing the application, the importance of good credit, managing debt, and creating a personal spending and savings plan. So if renting works best for you, this course is a great way of doing it right and being successful at it."

The online education course is

designed to equip renters with the knowledge necessary to be responsible tenants and to avoid the eviction process. It is divided into nine sections, with an assessment at the end of each that learners must pass to earn a certificate. The nine sections are:

- ❖ Are You Financially Ready to Rent?
- ❖ The Ins & Outs of Credit
- ❖ How to Find the Right Place
- ❖ Handling the Application Process
- ❖ Understanding the Lease Agreement
- ❖ Getting Back Your Security Deposit
- ❖ Life as a Renter: Rights & Responsibilities
- ❖ Housekeeping, Maintenance & Repairs
- ❖ The Right Way to Terminate the Lease

"One of the benefits of this course is its flexibility," added Dewey. "For example, those taking the course can choose to complete only those sections that interest them, and they can take the course on their schedule because it's available online and is mobile compatible. In addition, the course is free and open to anyone who would like to learn more about renting."

Visit [www.vhda.com/renters](http://www.vhda.com/renters) to learn more about the free course or to begin taking it. It is currently available in English, and will be offered in Spanish in the near future.



PHOTO BY BONNIE HOBBS/THE CONNECTION

## Walking Against Hunger

**Representing Western Fairfax Christian Ministries at the Centreville CROP Walk are (from left) Executive Director Harmonie Taddeo, volunteer Kitty Beachy, Community Outreach Manager Jennie Bush, and Client Services Director Grace Foust. About 100 participants more than \$3,800 to help fight hunger both locally and globally.**

**Write** The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Send to:

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# Senior Living

SPRING 2019

## Historic Garden Week in McLean

April 30 10 A.M. to 4 P.M.

Visitors to the McLean portion of the Virginia Historic Garden Week will explore five picturesque gardens and four private homes spanning four centuries. Tickets online at [www.vagardenweek.org](http://www.vagardenweek.org) Questions? Google Garden Club of Fairfax or email [fairfax@vagardenweek.org](mailto:fairfax@vagardenweek.org).

Fairfax  
CONNECTION

# Senior Living Fairfax Historic Garden Tour

History buffs and garden enthusiasts will delight in the mix of historic, traditional and contemporary.

The Garden Club of Fairfax will host this year's House & Garden Tour, part of the 86th Historic Garden Week in Virginia. McLean is the site for this year's tour hosted by The Garden Club of Fairfax.

Visitors to the McLean Tour will explore five picturesque gardens and four private homes spanning four centuries. History buffs and garden enthusiasts will delight in the mix of historic, traditional and contemporary properties.

The McLean tour on Tuesday, April 30, from 10 a.m. to 4 p.m. showcases exciting gardens, creative flower arrangements, and unusual private homes, each with intriguing stories behind them.

The tour includes a mix of historic, traditional and contemporary homes ranging from a home built in the 1750s with ties to the Revolution and used as a hospital during the Civil War, to a contemporary Japanese-influenced home built on a hillside with terraced gardens, a pool and patio that are perfect for entertaining.

**BIENVENUE, CHURCHILL ROAD,**



**Bienvenue on Churchill Road in McLean was built in 1754 using sandstone from a nearby quarry. A new wing was added in 1929 to include indoor water.**

McLean. Previously called "Benvenue," the name of this 18th century Colonial home was reportedly changed when General

Charles de Gaulle visited and said that the correct spelling was "Bienvenue."

Built in 1754 using sandstone from a

## HISTORIC GARDEN WEEK IN MCLEAN

April 30 10 A.M. to 4 P.M.

Visitors to the McLean portion of the Virginia Historic Garden Week will explore five picturesque gardens and four private homes spanning four centuries.

❖ Headquarters – Trinity United Methodist Church, 1205 Dolley Madison Boulevard, McLean. Complimentary refreshments served from 10 a.m. to 3 p.m.

❖ Tickets: Advance tickets - \$40 online at [www.vagardenweek.org](http://www.vagardenweek.org), or by mail, until April 20, 2019. Tickets Day of Tour - \$50 at Headquarters or Tour Homes

❖ Questions? Google Garden Club of Fairfax or email [fairfax@vagardenweek.org](mailto:fairfax@vagardenweek.org). For more information on this tour or to see the Historic Garden Week statewide schedule of tours, go to [www.vagardenweek.org](http://www.vagardenweek.org).

PHOTOS BY DONNA MOULTON

nearby quarry. Furnishings and decorative art throughout the home combine historic, contemporary and whimsical pieces collected by the homeowner from travels and local and international sources. Union troops occupied the property during the Civil War when the house served as a field hospital. Bullets and a cannonball were found in the walls, while medicine bottles, surgical instruments and horseshoes were discovered under the carriage house floor during renovation. A massive sycamore tree next to the house is believed to be the old-

SEE HISTORIC GARDEN, PAGE 10

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# Senior Living

## Career Change After 50

### Strategies for job hunting after retirement.

BY MARILYN CAMPBELL  
THE CONNECTION

Ever since she was in high school, Yashika Mailey has wanted to be a nurse. She put that dream on hold however, when she started a family at the age of 17. Now that she's 55 and her children are adults, she's working to turn that dream into a reality. "I'm a full time student and I'm working full-time in medical billing," she said. "I'm starting by becoming an LPN (licensed practical nurse) first and then we'll see what happens."

Whether changing careers to fulfill a dream, re-entering the workforce out of financial necessity or getting a job to stay socially connected, many Americans of retirement age still want to be employed. In fact, a recent Harris survey of workers in the U.S. between the ages of 54 to 72 showed that almost a quarter plan to work in retirement.

"Obviously a career change or a job search after 50 will require a different approach that it would if you were just out of college," said Hope Navolio, a career coach and former human resources executive in Alexandria. "It's not hopeless in the way that some people might think, but there are factors that you have to consider."

Age bias is a fear that Navolio hears of ten, but she advises clients to use age to their advantage. "I think people can view their age as an asset and present themselves that way. There's a level of maturity and insight that only comes with age. Many employees are looking for someone who's stable, dependable and who won't get involved in petty office squabbling."

"One of the first things that I would say is to make sure you're web and tech savvy," said Bethesda headhunter Mara Rappaport. "That might mean that you have to take a few classes. I would think anyone looking for a job today needs to have a LinkedIn page and cultivate a professional network."

"If there's something that you enjoy doing as a hobby, consider making a career out of it. If you've always practiced yoga, train to become a yoga teacher. If you love being around young children, a job at a preschool might interest you," says Navolio.

Ronald Potts, a former attorney with a knack for numbers and one of Navolio's client's, began working as a seasonal tax preparer in January. After becoming bored and isolated in retirement, he decided to look for a job, but he wanted one that required fewer hours and offered more flexibility than he had in his law career.

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Join us each month to share time connecting with other caregivers and discussing common challenges. Guest facilitators offer information, advice and support in a welcoming, private setting. Dr. Aleksandra (Anyia) Parpura, an expert in aging and dementia, leads our Caregiver Connect program and brings to us vast knowledge, helpful tips and a kind heart.

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## Historic Garden Tour

FROM PAGE 8

est and largest in Fairfax County. Dr. Karen L. Kierce, owner.

**OLD LANGLEY ORDINARY** 1101 Chain Bridge Road, McLean. Built shortly before the Civil War, this Federal Farmhouse style building served as headquarters for Union Gen. George McCall. After the war it became an ordinary, a tavern or meetinghouse. Located just a few miles from the Potomac River crossing at Chain Bridge, it was an important stopping-place for travelers and for farmers transporting livestock and wagons to merchants across the river in Georgetown. The homeowner's extensive collection of traditional Americana is displayed throughout. Wraparound porch with outdoor living space includes a kitchen and double-sided outdoor fireplace. The original carriage house is now a guest-house with American flags, painted by the homeowner, displayed on an exterior wall. Garden beds surrounding the home feature indigenous Virginia plantings with roses, sedum, hydrangea and 900 tulips.

**OLD CHESTERBROOK ROAD**, McLean. Built on a hillside, the long, clean horizontal lines of natural stone, wood and glass in this contemporary home reflect Japanese influence. In addition to subtle indirect



Old Langley Ordinary built just before the Civil War.

lighting throughout the home, a paper chandelier by artist Oh Mei Ma is suspended from a soaring ceiling above the dining area and the sitting room has a red Italian Murano glass chandelier. The focal point at the top of the hill is a children's playhouse complete with Dutch doors, kitchen and skylight. Additional points of interest are a Japanese gate (Torii) built by the homeowner's parents, a standing stone Buddha and a stone birdbath in the shape of a bird in flight.

**WOODLEY MILL ROAD**, McLean. Built in 2000, this Italianate villa with yellow stucco has a traditional orange clay barrel-tile roof. The front features European scul-

ptured gardens with boxwood parterres, three arched doorways, balconies and veranda. Two fountains greet guests as they enter the front property. The home's gallery-like foyer features marble floors, a 20-foot ceiling and walls displaying large scale paintings, Belgian tapestries and a metallic finish bas-relief. From the pavilion, a wide Tennessee buff flagstone path lined on both sides with carefully maintained topiaries in Tuscan style pots leads to a large bronze fountain. Extensive hardscaping with mature evergreens, roses, hydrangeas, crepe myrtles and other plantings creates multiple garden rooms surrounding the home.

**DAVISWOOD DRIVE**, McLean. (Garden

PHOTOS BY DONNA MOULTON



Home on Woodlea Mill Road includes European sculptured gardens.

only) More than 40 mature 'Green Giant' arborvitae provide the background, shading and privacy for this garden oasis. This formal garden features multiple garden rooms showcasing crepe myrtles, hostas, hollies, boxwood, hydrangeas, rhododendrons and ninebarks with water features, statuary, travertine walkways and a hidden putting green. The garden's centerpiece is the saltwater swimming pool.

*Historic Garden Week in McLean is Tuesday, April 30, 10 a.m. to 4 p.m. with headquarters at Trinity United Methodist Church, 1205 Dolley Madison Boulevard, McLean. Advance tickets are \$40 per person online at [www.vagardenweek.org](http://www.vagardenweek.org), or by mail, until April 20. Tickets on the day of tour are \$50 at headquarters or tour homes.*

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# Affordable Dwelling Unit Proposal Studied

FROM PAGE 5

making a project “more attractive to the builder,” while precluding him from challenging the ADU requirement legally as an economic loss to the property owner.

“I’d like to see a higher threshold of triggering for ADUs – I think 50 is a strong number – and a lower density bonus,” said Yi. “I’d rather fight for open spaces and quality of life. I’d also like to learn more about the ADU policies in other jurisdictions.”

**COUNCILWOMAN** So Lim asked if ADU buyers would be required to stay in their homes for 30 years. Hardin said no, but added, “They wouldn’t be allowed to sell them for extreme amounts of money.”

Councilwoman Janice Miller asked how they arrived at the 20-percent density-bonus number. Hardin said it was to offset a financial loss to the developer for including ADUs. And if that number were any less, then the number of ADUs he’d have to build would also be decreased.

“If the developer didn’t want to use the density bonus and build additional [market-rate] units, he wouldn’t have to,” said Hardin. “But the option would

be there. However, he’d still have to build the ADUs.”

“Why would the developer want to provide, for example, \$250,000 ADUs in his million-dollar development?” asked Councilman Michael DeMarco.

“They could have a duplex or triplex that would be large like a single-family home, but would actually be two or three ADUs,” replied Taves.

Or, added Hardin, “They could give cash [to the City] in lieu of [building] 50 percent of the ADUs.”

Currently, the proposal doesn’t allow developers to add the extra density in height. But if it did, said DeMarco, “It could solve the problem of open-space, sidewalk, parking and RPA [Resource Protection Area] issues. It could be [made] either/or.”

Councilman Jon Stehle called the ordinance “just another tool in our toolkit [so] teachers and police officers can afford to live here. But I think there’s a better process [than this].”

“This puts the ADU ordinance in black and white,” said Hardin. “But I agree, it’s not as flexible as other approaches.” He said additional Council guidance would be welcome, and Mayor David Meyer said he envisioned another work session on this matter in the near future.

## BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### FRIDAY/APRIL 5

**Sibshops.** 9 a.m.-noon at Providence

Community Center, 3001 Vaden Drive, Fairfax. The Sibshop workshops are for children in grades 2-5 who have siblings with special needs enrolled in Fairfax County Public Schools. Meet other siblings in a fun, recreational setting; celebrate siblings; share sibling experiences and receive peer support; play games and more. A snack will be provided.

Registration is free, donations will be accepted to support the cost of materials and food. Visit [www.fcps.edu/resources/family-engagement/parent-resource-center](http://www.fcps.edu/resources/family-engagement/parent-resource-center) or call the FCPS Parent Resource Center at 703-204-3941 to register.

SEE BULLETIN, PAGE 15

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**Place:** Duff & Kronfeld, P.C.  
Fair Oaks Commerce Center  
11320 Random Hills Road/Suite 630  
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Please join us for coffee at our Second Saturday Divorce Workshop and get the information and support from professionals: a family law attorney, a financial adviser, a family therapist, a private investigator, an estate planning attorney and other professionals who will help guide you through the divorce process. Speakers vary for each workshop.

Registration at the door; however, pre-registration is recommended as space is limited.

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## FRIDAY/APRIL 5

**GAMEmason.** 11:15 a.m.-9:30 p.m. in the Center for the Arts Concert Hall and throughout the Music Theater building on GMU's Fairfax Campus. GAMEmason (Gaming, Appearances, Meet and Greets and Experiences) is an all-day gaming convention. GAMEmason features educational panels, appearances, and meet-in-greets with major power players in the gaming community. Two Esports competitions will be held on the Concert Hall stage \$20-\$40. Find tickets and information at [si.gmu.edu/gamemason](http://si.gmu.edu/gamemason).

**B-I-N-G-O.** 7 p.m. Fridays at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit [www.fairfaxvfd.com](http://www.fairfaxvfd.com) or call 703-273-3638 for more.

## FRIDAY-SATURDAY/APRIL 5-6

### Genealogy Conference/Expo.

Friday, 9 a.m.-8 p.m.; Saturday, 9 a.m.-3:45 p.m. at Sheraton Reston Hotel, 11810 Sunrise Valley Drive, Reston. Fairfax Genealogical Society's two-day spring conference and expo. FxGS member, \$100; non-member, \$120. Details at [www.fxgs.org](http://www.fxgs.org).

## FRIDAY-SUNDAY/APRIL 5-7

**Library Book Sale.** Friday, 10 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m.; Sunday, 1-3 p.m. at City of Fairfax Regional Library, 10360 North St., Fairfax. Thousands of gently read books organized in many categories. Big selection of DVDs, CDs, and audio books. Sunday is fill a shopping bag day, \$5. Cash or check only. Free parking in library garage. [FriendsOfFairfaxCityLibrary@gmail.com](mailto:FriendsOfFairfaxCityLibrary@gmail.com).

## SATURDAY/APRIL 6

### Spring Art Lessons for Youth

**Classes.** 9:30-10:30 a.m. at Woods Community Centre, 10100 Wards Grove Circle, Burke. Instructor Carol Zeitlin, drawing and watercolor for students 8 and older. Visit [www.czartlessons.com](http://www.czartlessons.com) or call 703-250-6930.

**Spring Art Workshop.** 10:30 a.m.-12:30 p.m. at Woods Community Centre, 10100 Wards Grove Circle, Burke. Instructor Carol Zeitlin, drawing, watercolor, Chinese Brush, portfolio development for teens and adults. Visit [www.czartlessons.com](http://www.czartlessons.com) or call 703-250-6930.

### Women's History Jazz and Awards Luncheon.

11 a.m.-2 p.m. at the Country Club of Fairfax, 5110 Ox Road, Fairfax. The Northern Virginia Business and Professional Women's Club, of the National Association of Negro Business and Professional Women's Club, Inc. will host their second annual Women's History Jazz and Awards Luncheon. The theme this year is "Celebrating Visionary Women: Empowered and Engaged." Professional achievement awards will be given to women who have made a significant impact in the community and business arena. \$75 at [novabpwwhp2019.eventbrite.com](http://novabpwwhp2019.eventbrite.com).

**Ballet Performance: Cinderella.** 2 and 7:30 p.m. at NOVA Community College, Annandale Campus, 8333 Little River Turnpike, Annandale. Performers from Classical Ballet Theatre \$15. Visit [www.cbntva.org/cinderella](http://www.cbntva.org/cinderella) or call 703-573-0182.

**Fundraiser: Wine Dinner.** 5:30-10 p.m. at Westwood Country Club, 800 Maple Ave. East, Vienna. Bite Me Cancer, presents its annual Wine

# 'Music in the Life of Eisenhower' on Local Stage

## Musical commemoration of upcoming 75<sup>th</sup> anniversary of D-Day by Virginia Chamber Orchestra and special guest performers.

BY DAVID SIEGEL  
THE CONNECTION

Next up for Northern Virginia's Virginia Chamber Orchestra is a major concert to commemorate D-Day, actions that helped begin the end of WWII in Europe some 75 years ago. Under the baton of music director David Grandis, the Virginia Chamber Orchestra, along with the U.S. Air Force Airmen of Note and the Alexandria Choral Society Pro Coro Singers will perform "Music in the Life of Eisenhower."

Special guest narrator and host, WETA's Robert Aubry Davis will provide insights about Eisenhower's musical favorites and will share what they reveal about the Supreme Commander of the Allied Expeditionary Forces in Europe during World War II and later President of the United States.

"The approaching 75<sup>th</sup> Anniversary of D-Day inspired the VCO to present 'Music in the Life of Eisenhower.' It will follow Washington, Jefferson and Lincoln in our Music of the



PHOTO COURTESY ALEXANDRIA CHORAL SOCIETY PRO CORO SINGERS

**Pro Coro singers will perform with Virginia Chamber Orchestra in presentation of "Music in the Life of Eisenhower."**

## Where and when

Virginia Chamber Orchestra presents "Music in the Life of Eisenhower" at the Ernst Community Theatre, 8333 Little River Turnpike, Annandale. Performance on April 7, 2019 at 4 p.m. For free tickets and detailed information about the musical program go to <https://www.vco.events/music-in-the-life-of-eisenhower/>

Note: Register in advance, to be guaranteed a seat, unless informed that seats are no longer available. A complementary reception follows the concert. Concert parking is also free.

Presidents series concerts and will become the sixth educational video overall," said Doug Lovejoy, Virginia Chamber Orchestra.

"Music in the time of Eisenhower" will include selec-

tions composed by Irving Berlin such as "God Bless America," Glenn Miller's "Moonlight Serenade" as well as personal favorites and music performed at White House events hosted by President

Eisenhower and his wife Mamie Eisenhower such as selections from "Oklahoma," and Mendelssohn's "Fantasia on Greensleeves."

The Airmen of Note is the premier jazz ensemble of the United States Air Force. Stationed at Joint Base Anacostia-Bolling in Washington, D.C., the group was created in 1950 to continue the tradition of Major Glenn Miller's Army Air Forces dance band. The current band consists of 18 active duty Airmen musicians including one vocalist.

Pro Coro is a select group of singers drawn from the Alexandria Choral Society. Both organizations are conducted by Brian Isaac. The Society aspires to enhance the cultural life of the city of Alexandria and surrounding communities by presenting diverse and engaging musical programs at the highest artistic level.

Of note to patrons, the special Virginia Chamber Orchestra concert, "Music in the time of Eisenhower" will be presented free of charge on a first come, first served basis.

Dinner fundraiser. All proceeds from the event will benefit Teen Cancer Support Bags and other programs to help teenage patients in more than 115 hospitals, \$150. Visit [bitemecancer.networkforgood.com/events/9464-6th-annual-bite-me-cancer-wine-dinner](http://bitemecancer.networkforgood.com/events/9464-6th-annual-bite-me-cancer-wine-dinner).

**Russian National Ballet: Giselle.** 8 p.m. at the Center for the Arts, Concert Hall, on GMU's Fairfax Campus. In this tale of love, betrayal, forgiveness, and redemption, a heartbroken peasant girl dies after discovering her lover is betrothed to another. She wakes in a supernatural realm. Discussion with a member of the company begins 45 minutes prior to the performance. \$56, \$48, \$34. Family friendly. Visit [cfa.calendar.gmu.edu/russian-national-ballet-giselle](http://cfa.calendar.gmu.edu/russian-national-ballet-giselle) for tickets.

## SUNDAY/APRIL 7

### Author Event: Missy Sheldrake.

Noon-2 p.m. at Barnes and Noble in Fair Lakes. Missy Sheldrake, of Centreville, is the author/illustrator of the "Keepers of the Wellsprings" young adult fantasy series and will be signing books. Visit [www.missysheldrake.com](http://www.missysheldrake.com) for more.

### A Turning Point in Women's

**History.** 1-3 p.m. at Temple B'nai Shalom, 7612 Old Ox Road, Fairfax Station. Come hear Pat Wirth, of the Turning Point Suffragist Memorial Association, give an in-depth look at a critical time in the history of women in our country. Organized by the Sisterhoods of Temple B'nai Shalom, Congregation Ner Shalom, and Temple Rodef Shalom, this event is open to all. Free. Suggested

contribution of \$10. Get tickets at [www.eventbrite.com/e/a-turning-point-in-womens-history-wrj-mid-atlantic-district-area-day-tickets-57807894970](http://www.eventbrite.com/e/a-turning-point-in-womens-history-wrj-mid-atlantic-district-area-day-tickets-57807894970).

**Russian National Ballet: The Sleeping Beauty.** 2 p.m. at the Center for the Arts, Concert Hall, on GMU's Fairfax Campus. *The Sleeping Beauty* performed in grand Russian style by the Russian National Ballet. Discussion with a member of the company begins 45 minutes prior to the performance. \$56, \$48, \$34. Family friendly. Visit [cfa.calendar.gmu.edu/russian-national-ballet-the-sleeping-beauty](http://cfa.calendar.gmu.edu/russian-national-ballet-the-sleeping-beauty)

**Burke Historical Society April Meeting.** 3:30-5 p.m. at Pohick Regional Library, 6540 Sydenstricker Road, Burke. Dr. Cindy Gueli speaks on her book *Lipstick Brigade*, telling the stories of the 100,000+ women from across the country who worked in Washington during WWII. Free. [www.burkehistoricalsociety.org](http://www.burkehistoricalsociety.org).

**Nature Book Talk.** 3:30-6 p.m. at Historic Blenheim, 3610 Old Lee Highway, Fairfax. Nature Play at Home author Nancy Striniste will discuss the importance of children experiencing time in nature and provide how-tos on creating natural playspaces. Proceeds benefit NoVA Outside's work to connect children to nature. Talk and reception. \$25-35. Email [nancy@earllyspace.com](mailto:nancy@earllyspace.com) or visit [bit.ly/NaturePlayAtHomeLaunch](http://bit.ly/NaturePlayAtHomeLaunch).

**Raising Voices.** 4 p.m. at Hylton Performing Arts Center, 10960 George Mason Circle, Manassas. George Mason University's College of Visual and Performing Arts (CVPA) in collaboration with the Washington

National Opera (WNO) announce Raising Voices, combined talent of Domingo-Cafritz Young Artist and Mason Opera and Vocal Studies students. \$20 or free with student I.D.; call 703-993-7759 or visit [hilton.calendar.gmu.edu/raising-voices](http://hilton.calendar.gmu.edu/raising-voices).

**Vocal Pops Concert.** 6 p.m. in the deLaski Performing Arts Building, 3001, de Laski Rehearsal Room, on GMU's Fairfax Campus. Under the direction of Dr. Stan Engebretson. Come for an evening of vocal pop music presented by Mason a cappella groups. Visit [cfa.calendar.gmu.edu/vocal-pops-concert](http://cfa.calendar.gmu.edu/vocal-pops-concert).

## MONDAY/APRIL 8

### Northern Virginia Positive Aging and Wellness Fair.

8:45 a.m.-4 p.m. at Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Workshops, exhibits and information to educate and inspire adults to achieve a fulfilling and healthy lifestyle as they age. Pat Collins, an award-winning NBC News4 reporter, will be the keynote speaker. Free and open to the public. To register and for more, visit [positiveagingfair.com](http://positiveagingfair.com). County services for older adults and caregivers, go to [www.fairfaxcounty.gov/OlderAdults](http://www.fairfaxcounty.gov/OlderAdults).

## WEDNESDAY/APRIL 10

### Jazz Combos/Steel Pan Ensemble

**Concert.** 8 p.m. at deLaski Performing Arts Building, 3001, de Laski Rehearsal Room, on GMU's Fairfax Campus. Performance by the Mason Jazz Combos, under the

direction of jazz pianist, Wade Beach. Visit Mason Jazz at [music.gmu.edu/jazz-studies/](http://music.gmu.edu/jazz-studies/). Get details at [cfa.calendar.gmu.edu/jazz-combos-steel-pan-ensemble-concert](http://cfa.calendar.gmu.edu/jazz-combos-steel-pan-ensemble-concert).

## THURS-SATURDAY/APRIL 11-13

**August: Osage County.** Thursday-Saturday, 7:30 p.m. at James Lee Community Center, 2855 Annandale Road, Falls Church. When the large Weston family unexpectedly reunites after Dad disappears, their Oklahoma homestead explodes in a maelstrom of repressed truths and mysteries. Adult content. \$17-\$20. Email [tickets@providenceplayers.org](mailto:tickets@providenceplayers.org), call 703-425-6782 or visit [www.providenceplayers.org](http://www.providenceplayers.org).

**Spring New Dances.** 8 p.m. in the Harris Theatre on GMU's Fairfax Campus. Next generation of contemporary choreographers. \$15 adults/\$10 seniors. Get tickets at [cfa.calendar.gmu.edu/spring-new-dances](http://cfa.calendar.gmu.edu/spring-new-dances).

## FRIDAY/APRIL 12

**Gardening with Herbs.** 1-2 p.m. at Pohick Regional Library, 6450 Sydenstricker Road, Burke. Planning an herb garden, selecting plants, and caring for a garden. This presentation has lots of photographs for ideas. Free. [sonal.gosai@fairfaxcounty.gov](mailto:sonal.gosai@fairfaxcounty.gov) or call 703-447-7333 for more.

**Pablo Sáinz Villegas.** 8 p.m. at the Center for the Arts, Concert Hall, on GMU's Fairfax Campus. Praised as "the soul of the Spanish guitar." Family-friendly. \$46, \$39, \$28. Visit [cfa.calendar.gmu.edu/pablo-s-225-inz-villegas](http://cfa.calendar.gmu.edu/pablo-s-225-inz-villegas) for tickets.

## DINING

# 'We Believe in Quality Food and Service'

Tandoori Nights offers South Indian and Nepalese cuisine.

BY BONNIE HOBBS  
THE CONNECTION

**A**tandoori is a clay oven where naan bread is made. But in the City of Fairfax, it also stands for Tandoori Nights, a restaurant serving South Indian and Nepalese cuisine.

Owners Raj Tamang and Shyam Lama are both from Nepal, bordering India, so they offer food from both countries. They also own restaurants elsewhere, but this one is in Courthouse Plaza shopping center at 10312 Willard Way. And in May, it'll celebrate its one-year anniversary here.

"We truly believe in quality food and service," said Tamang. "Instead of being a business franchise looking at numbers of diners, we make sure that we take good care of our customers and our community." The restaurant is open daily, 11 a.m.-10 p.m., and it also offers a popular buffet lunch from 11 a.m.-3 p.m. The price is \$9.99, weekdays, and \$10.99, Saturday and Sunday. Customers may dine in or call 703-865-8800 or order online at [tandoorinightsfairfax.com](http://tandoorinightsfairfax.com) for pick-up. Or delivery services Grub Hub and Uber Eats will deliver.

"We don't make the buffet food too spicy, so anyone can enjoy it," said Tamang. "But we can make entrees to any spice level the customer likes."

**THE MOST POPULAR** dishes include Butter Chicken, chicken-breast chunks in butter sauce; Chicken Tikka Masala, chicken chunks in tomato-onion sauce with bell peppers; Honey Butter Chicken, baked with honey, mustard and Indian spices; and both Vegetable and Chicken Momo, marinated and spiced fillings in a steamed dumpling. "But Momo are completely different from Chinese dumplings because of the type of filling and spices," said Tamang. "And ours are served with a tomato sauce."

Other customer favorites, he said, are Lamb Choila, lamb chunks marinated with fresh ginger, garlic and Nepalese spices; Tandoori Chicken, marinated in yogurt, lemon juice and spices; Chicken Tikka Kabob, marinated in ginger, garlic paste, lemon juice and yogurt; and Grilled Salmon, marinated with garam masala, garlic and ginger and served with raita and cucumber-yogurt sauce.

Biryani dishes are also a hit; they're made with either chicken,



From left, are Raj Tamang and Shyam Lama with a sampling of the colorful and tasty dishes at Tandoori Nights.

lamb, shrimp or vegetables and cooked with basmati rice, herbs and spices. A popular vegetarian meal is Palak Paneer, combining spinach, spices and herbs with homemade cheese. Additional menu highlights include a variety of Indian breads and desserts such as Gulab Jamun, which is cooked milk balls in rose-flavored syrup with a hint of cardamom.

"I've been in the restaurant business for 25 years in the Washington Metropolitan area," said Tamang. "I have a real-estate business, an engineering company and a construction company – Green Valley Custom Builders – and my office is in Fairfax City. So Tandoori Nights is convenient for me when I'm hungry."

But most of all, said business partner John Sargent, "The City of Fairfax is one of the best places in the country to do business. We recognize the friendly business climate and feel like the business professionals here match what we're about. We live, work, eat and play with the City decision-makers, so that's what's attractive about starting, retaining and growing a business here."

And, added Tamang, "Since we're a local, family-owned business, we want to focus on building our community relations here. We also do corporate and private events and parties, as well as catering. And we can set up for dancing and karaoke with our stage, lighting, sound system, professional deejay table and speakers."

"Besides the amazing food, what I like about Tandoori Nights are the people, Raj and Shyam," said Sargent. "I like being with people who do business the right way. We're like family here, and we work hard to provide the best-quality product and service possible. Any venture I'm involved

with, I have to believe in the product – and this is something I believe in."

**THE CUSTOMERS** agree. During a recent lunchtime, Fairfax City resident Rikesh Rajak had a hearty meal of lamb chops with vegetables and a side of chickpeas. "I'm from Nepal and I like their Nepalese cuisine, so I come here



Raj Tamang stands in front of some of Tandoori Nights' buffet offerings.

once a week," he said. "Today, I had lamb and I liked the spices and marinade they used; it was delicious. They have very good Nepalese food here; people should come and try it." Meanwhile, Erin Brown of Burke was enjoying the buffet. When she first tasted the Chicken Momo, she said, "Ooh, this is delicious. I love dumplings, and this filling is flavored and sea-

soned really well. And the vegetable soup is light and fresh. It tastes like lemongrass, and you can taste the herbs." "I'm a member of Northern Virginia Foodies, and I'm sure they'd like to come here," she continued. "I'd recommend this restaurant to others. If you like Indian food, you should definitely check out Tandoori Nights."

PHOTOS BY BONNIE HOBBS/THE CONNECTION

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-Werner Heisenberg

**News**

**Egg hunts will be hatching at parks throughout Fairfax County in the month of April.**



COURTESY PHOTO

# Hunting for Eggs in County Parks

**Grab a basket and hunt for eggs at parks throughout Fairfax County.**

Egg hunts will be hatching at parks throughout Fairfax County in the month of April, and the Easter Bunny will be making some appearances, too. Contact the sites directly or visit Eggcellent Events for a full list of egg hunts and programs.

Things kick off on Sunday, April 7, with the "Easter Eggstravaganza" at the Frying Pan Farm Park Visitor Center. Children ages one to six can hunt for eggs filled with treats and prizes and visit animals outdoors. Hunts are scheduled by age from 10 a.m. to 3 p.m. The cost is \$8 per child.

On that same afternoon Hidden Oaks Nature Center hosts a "Woodland Wildlife Egg Hunt" for children age three to eight. Enjoy an easy walk to meet costumed woodland characters and collect 10 eggs with non-candy treats. See live frog eggs and meet some spring critters. Programs begin at 1 and 1:30 p.m., and the cost is \$9 per child.

On five days in April, go on a "Dinosaur Egg Hunt" at Hidden Oaks. Enjoy a dinosaur-themed program and outdoor egg hunt and make a dino craft. The program for children ages two to eight runs on April 13, 14, 19, 20 and 21 at various times. The cost is \$10 per child.

The "Easter Egg Hunt at Sully" takes place the weekend of April 13 through 14. Children ages one to eight can bring baskets and go on an egg hunt like the Noltings had at Sully in the early 1950s and participate in an egg roll and egg carry. The Easter

Bunny will be there, too. The cost is \$8 per child.

Children age two to nine can join the Easter Egg Hunt at Colvin Run Mill on Saturday, April 13. Hunt for eggs and make crafts to take home. Hunts are scheduled by age from 10 a.m. to 12:15 p.m., and the cost is \$8 per child.

On Sunday, April 14, register for the Easter Egg Hunt at Lake Fairfax Park for children age one to four and hunt for eggs filled with treats and treasures. Hunts are scheduled by age from 11 a.m. to 2 p.m., and the cost is \$8 per child.

Saturday, April 20, is also a big day for egg-citing events.

Burke Lake Park hosts its annual "Baskets & Bunnies" celebration featuring egg hunts, rides, mini-golf, vendors and other activities from 10 a.m. to 5 p.m. Purchase a pass in advance for \$12 to save money. This event is for family members of all ages.

The Easter Egg Hunt at Clemjontri Park gives children ages one to nine a chance to enjoy egg hunts, crafts, photo opportunities with the Easter Bunny and more. Egg hunts are split by age and run every 30 minutes from 10 a.m. to 3:30 p.m. The cost is \$7 per child. Carousel rides are available for \$3 per child.

Bring your own basket and hunt for candy and eggs filled with treats at the Easter Egg Hunt at Nottoway Park for children ages one to nine. Hunts are scheduled by age from 10:30 a.m. to noon. The cost is \$10 per child (cash only).

For the science-minded, don't miss The Egg Challenge at Riverbend Park. All ages are invited to join a classic STEM design challenge — the Egg Drop. Build a structure that will protect your egg in a 10-foot-plus drop, then participate in a fun egg hunt for children age one to nine by the Potomac River. The program runs from 1 to 3 p.m., and the cost is \$10 per person.

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# BULLETIN

FROM PAGE 11

## SATURDAY/APRIL 6

**2019 Special Education Conference.** 7:45 a.m.-1:30 p.m. at Lake Braddock Secondary School, 9200 Burke Lake Road, Burke. FCPS will hold its 14th Annual Special Education Conference with a focus on building inclusive and post-secondary practices to support the development of 21st Century skills and Portrait of a Graduate (POG) attributes. Visit [www.fcps.edu/spedconference2019](http://www.fcps.edu/spedconference2019) for a list of workshops, exhibitor information, registration

**Caregiver Bootcamp.** 9:30 a.m.-3 p.m. at Insight Memory Care Center, 3953 Pender Drive, #100, Fairfax. Join IMCC for a day-long training event covering many essential caregiving topics. A continental breakfast and lunch will be provided free. Sessions include: Dementia 101 & Clinical Trials; Understanding Veterans Benefits; Practical Tools for Caregivers; and A Person-Centered Approach. Register online at [www.insightmcc.org](http://www.insightmcc.org), or contact Lindsey Vajpeyi at 703-204-4664 or [lindsey.vajpeyi@insightmcc.org](mailto:lindsey.vajpeyi@insightmcc.org).

**Teen Job Fair and Resume Building Workshop.** 10 a.m.-noon at South County High School. These events will focus on student job seekers (approximately ages 16-18) looking for full time employment, after-school employment, seasonal positions, internship opportunities, or volunteer experiences. It is open to all teens in Fairfax County looking for employment or wanting tips to build their resume. Visit [www.fairfaxcounty.gov/springfield/teen-job-fair-student-registration](http://www.fairfaxcounty.gov/springfield/teen-job-fair-student-registration) to register.

**Animal Legislation Panel.** 1-3 p.m. at West Springfield Government Center, 6140 Rolling Road, Springfield. Panel discussion with State Sen. Dave Marsden; Del. Kaye Kory; and Humane Society of the United States State Director, Matthew Gray. A post 2019 VA General Assembly session discussion of animal welfare bills: What went wrong? What went right? What can be done better next time? Free. Visit [www.novaca.org/more](http://www.novaca.org/more).

**Peripheral Neuropathy Support Group.** 2-4 p.m. at Mason District Governmental Center, 6507 Columbia Pike, Annandale. The Peripheral Neuropathy Support Group for greater Washington meets the first Saturday of the month. All are welcome. RSVP for available seating. Call 301-263-0616 or visit [www.dcpnsupport.org](http://www.dcpnsupport.org) for more.

## SUNDAY/APRIL 7

**Low Cost Rabies Vaccine Clinic.** 9-11 a.m. at Fairfax County Animal Shelter, 4500 West Ox Road, Fairfax. Cost is \$15 per pet, cash and check only. Dogs, cats, and ferrets may be vaccinated at the clinic. Dogs must be on leashes; cats and ferrets must be in carriers. All pets will receive a 1-year rabies vaccination. To obtain a 3-year vaccine, bring pet's rabies certificate (not tag) showing the current rabies vaccination expiration date. 2019 county dog licenses will be sold for an additional \$10 per license. [www.fairfaxcounty.gov/animalshelter/communityassistance/rabiesclinics](http://www.fairfaxcounty.gov/animalshelter/communityassistance/rabiesclinics) for more.

## TUESDAY/APRIL 9

**NARFE Fairfax 737 Luncheon Meeting.** 11:30 a.m.-1:30 p.m., at American Legion Post 177, 3939 Oak St., Fairfax. Meetings are held on the second Tuesday of each month from September through June, and opened to all active and retired Federal employees, spouses and guests. Fairfax Officer Sabrina Ruck will speak on "Keeping Aware & Safe from Scams." For April meeting only, call 703-631-5869 or email [charles.fleming@bhox.com](mailto:charles.fleming@bhox.com), by Friday, April 5 to register for luncheon or meeting.

**Park Authority Summer Jobs.** 5-8 p.m. at Fairhill Elementary School, 3001 Chichester Lane, Fairfax. This year the Fairfax County Park Authority's Rec-PAC summer camp program will operate at 45 elementary school locations around Fairfax County on weekdays from July 1-Aug.8, 8:15 a.m.-3:45 p.m. Applicants are required to bring an original Social Security Card and a DMV photo ID. Only those who are 18 years of age and older will be considered. Visit [www.fairfaxcounty.gov/parks/rec-pac/jobs](http://www.fairfaxcounty.gov/parks/rec-pac/jobs) or email [Recpac@fairfaxcounty.gov](mailto:Recpac@fairfaxcounty.gov).

## WEDNESDAY/APRIL 10

**Fairfax County Park Authority Board Meeting.** 7:30 p.m. in the Herrity Building, 12055 Government Center Parkway, Suite 941, Fairfax. Visit [www.fairfaxcounty.gov/parks/boardagn2.htm](http://www.fairfaxcounty.gov/parks/boardagn2.htm) or call 703-324-8662.

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## It's Not As If My Life Depends On It



By KENNETH B. LOURIE

Being totally honest with my oncologist, that is. I mean, it's not as if being diagnosed with non small cell lung cancer, stage IV isn't a "terminal" disease.

Oh wait, it is.

As my oncologist said to me at the initial Team Lourie meeting: "I can treat you, but I can't cure you."

Huh? Followed fairly soon after by the equally distressing prognosis: "13 months to two years." Wait. WHAT!? (As Curly Howard of The Three Stooges said years ago while looking into a mirror: "I'm too young to die, too handsome, well, too young anyway.")

That prognosis – as you regular readers know – is old news, as I recently passed my 10-year anniversary; my oncologist's "third miracle," as he characterizes me. And as life goes on, so too do the studies and research and clinical trials.

As much progress as has been realized, still there are few guarantees for lung cancer patients. Although there are many more of us living beyond the years our respective oncologists initially gave us (our wildest dreams, I often say).

Living as a cancer patient/survivor, especially one still undergoing treatment, requires regular sit-downs with one's oncologist to discuss and/or assess lab work, results from diagnostic scans and side effects – or as I refer to them: "straight-on effects." At these sit-downs, the oncologist will sit down behind his computer and review my past and inquire about the present, typing away as I respond.

The questions are all too familiar.

My answers, maybe familiar as well. Because if they're not, they may catch the attention of the doctor. And if they do catch his attention, he likely will probe further into their occurrence; their frequency, their location, their pain, their intensity, etc. And in so doing, he may learn things that could possibly alter/maybe even stop your treatment.

The doctor may become so worried about the symptoms you're describing, he may focus on the symptom, not the cause. And that's my fear in being honest: he may stop the treatment. I realize it might be counter-intuitive, but cancer scares the hell out of me. As a direct consequence, dishonesty sometimes becomes one's best policy.

Granted, being dishonest, or rather not totally forthcoming, with the person entrusted in extending your life, doesn't exactly win one the patient-of-the-year award. But when that same one is diagnosed with a "terminal" disease at age 54 and a half, there's a certain amount of clear thinking that quickly dissipates.

And if that same one is "ambulanced" to the hospital (in August 2013) for a week long stay in SICU (surgical intensive care), the fear of God is officially invoked which further clouds your judgment.

If you live long enough, your judgment improves but so too does your chance of dying. As I find myself saying: "I just can't keep on living with this thing, can I? I mean, I was diagnosed with a 'terminal' disease. They don't call it 'terminal' for nothing." But here I am, 10 years, post diagnosis, and living the dream, so to speak.

So how do I answer the doctor's questions when doing so honestly might lead to a gruesome outcome: hospitalization, and then, well, you know.

Let me be clear then about my answers. Maybe I'm not so certain about the "straight-on" effects? Maybe, they're not that bad and continuing the treatment will moderate the effects somehow while continuing to keep the cancer in its current place – without growing or moving?

I don't mean to understate my condition, but neither do I want to overrate it. Perhaps this mental anguish I'm describing makes no sense. But that's what cancer seems to do.

Nevertheless, I realize being honest with one's doctors is kind of important. Still, I may be too afraid of the consequences to be so inclined.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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**Fairfax Station - \$949,000**

Beautiful 5 bedroom colonial on private acre! Updated kitchen & baths, fully finished walk out lower level, beautiful screened in porch! New roof! Great home! Great location!



**Clifton - \$1,050,000**

Enchanted park-like setting! Great room with floor to ceiling fireplace, sparkling hardwoods and beautiful windows. So much natural light throughout! Updated kitchen and baths, walk out lower level. So close to the historic, FUN town of Clifton!

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**Springfield - \$565,000**

Shows like a model!  
Completely renovated in Rolling Valley.



**Coming Soon!**

**Fairfax Station - \$739,900**

Beautiful 4 bedroom updated home on 0.75 acres.



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**Fairfax \$800,000**

Beautifully sited on 1+ acre lot  
\* 3 finished levels \* 5 bedrooms  
\* 5.5 baths \* Front and rear staircases \* 2-story family with fireplace \* Wood floors \* Walk out lower level.  
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**Jim Fox**

**703.503.1800**

[jim.fox@LNF.com](mailto:jim.fox@LNF.com)

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**Vienna \$859,900**  
**Cul-de-Sac Location**

Move-in ready! Can't beat the price for this awesome home sited on dead end street backing to park. Easy access to G/boro Metro. Updated KT w/cooktop island, bfast bar, SS appliances. Adjoining FR w/wood-burning frpl. Sep DR. MBR has separate dressing area, 3 closets & remodeled bath w/walk-in shower. Lower level boasts RR, separate den & additional office/study, sep laundry rm & remodeled full bath. Lg storage rm plus crawl space. Newly refinished hardwood floors thruout. Brand new carpet. Freshly painted. Minutes to Tysons, shopping, restaurants, schools, transportation. Pool membership can convey. Call Jim Fox @ 703.503.1800



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Clifton • \$515,000



Fairfax Station • \$975,000



Fairfax Station • \$649,000

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**SOLD**

**Fairfax Absolute Perfection \$624,500**

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**UNDER CONTRACT**

**Alexandria-Virginia Hills \$464,900**

Updated mid-century home in convenient Virginia Hills. Updated kitchen and baths with hardwood floors on the main level. Three or four bedrooms with a lower level recreation room, den and large storage area plus the convenience of a garage! Multilevel decking and patio and a very cute storage shed add to the enjoyment of outdoor living.



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