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owd Turns at for Health Fair ws, Page 3

April 3-9, 2019

by Mary

Рното

# **Potomac REAL ESTATE**



11000 Tara Road — \$1,255,000



**4** 10609 Farmbrooke Lane — \$1,100,000

Photos by Deb Stevens/The Almanac

# February, 2019 Sales, \$940,000~\$1,255,000

In February 2019, 34 Potomac homes sold between \$2,000,000-\$475,000.



6 8405 Kingsgate Road — \$1,020,000

**5** 7105 Masters Drive — \$1,025,000

**(3)** 10601 Stable Lane — \$1,179,000

Address Lot AC . PostalCode Subdivision
11000 TARA RD
2 8517 WHITE POST CT
3 10601 STABLE LN
4 10609 FARMBROOKE LN 6 5 . 1 POTOMAC \$1,100,000 Detached 0.20 20854 PINEY GLEN VILLAGE 02/22/19
5 7105 MASTERS DR 5 3 . 1 POTOMAC \$1,025,000 Detached 0.37 20854
6 8405 KINGSGATE RD
7 12409 RIVERS EDGE DR 4 4 . 1 POTOMAC \$962,000 Detached 2.00 20854 RIVERS EDGE
<b>8</b> 6 S ORCHARD WAY

2 Ротомас Аlmanac

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BC

**2** 8517 White Post Court

- \$1,185,000

## News

POTOMAC ALMANAC EDITOR STEVEN MAUREN 703-778-9415 or almanac@connectionnewspapers.com See www.potomacalmanac.com



Barry Perlis, President Potomac Community Village, greets people at the Potomac Community Center on Monday evening.



Council Vice President Sidney Katz speaks to attendees of the Health and Wellness Fair at Potomac Community Center on Monday, April 1, 2019.

## Health and Wellness Fair Draws a Crowd for Potomac Community Village

and open-to-all Health and Wellness Fair featured a presentation on "Talking with Your Doctor - Making the Most of Your Healthcare Lorberbaum; an opportunity to try some

otomac Community Village's free Appointment," with Steve Lorberbaum, of exercises for better balance and falls pre- mental health. Assisting Hands Home Care.

The Fair also included a yoga presentation with yoga instructor Cathy

vention taught by personal trainer Rose Campbell: blood pressure testing: and information on healthy eating, aging and sex, memory issues, eye care, skin care, and

PCV's Health and Wellness Fair was part of the county-wide celebration of National Public Health Week, from April 1- April 7.



The speaker Steve Lorberbaum of Assisting Hands of Potomac led a discussion about "Talking with Your Doctor."

Maria Elena Ruiz, Eldwick Swim & Tennis Club.

# omment on County's Operating Budget

public hearings on April 8, 9 and 10 on the county's Fiscal Year 2020 Operating Budget. More than 150 people are expected to express their views about budget priorities and the general structure of the county's budget.

County Executive Marc Elrich presented his recommended operating budget to the council on March 15. Over the next two months, the council and its six committees will analyze these recommendations and will adopt the FY20 county budget in late www.ConnectionNewspapers.com

he County Council will hold five May. The budget will take effect on July 1. The council's public hearings on the operating budget will be held on Monday, April 8 at 1:30 p.m. and 7 p.m.; on Tuesday, April 9 at 7 p.m.; and on Wednesday, April 10 at 1:30 p.m. and 7 p.m. All hearings will be held in the third floor hearing room of the Council Office Building at 100 Maryland Ave.

> The hearings will be televised live by County Cable Montgomery (CCM). Residents can view CCM on Channels 996 (high definition) and 6 (standard definition) on

Comcast, Channels 1056 (HD) and 6 (SD) on RCN and Channel 30 on Verizon.

The hearings also will be available via streaming on the council's website at http:// /tinyurl.com/z9982v8 and on the council's Facebook page.

The number of speakers for public hearings is limited. Those interested in testifying can sign up online at http:// tinyurl.com/hl3mpdx or by calling 240-777-7803.

Comments and suggestions are welcome online at http://tinyurl.com/zrbwh5v; via email at county.council@montgomerycountymd.gov; by sending regular mail to County Council, 100 Maryland Ave., Rockville, MD 20850; or by calling the council's budget hotline at 240-777-7802. Also use the hashtag #MoCoBudget2020 on social media.

Information on the budget can be found at http://tinyurl.com/y9eero5q or by going to the council's web page at www.montgomerycountymd.gov/council and clicking on "Operating and CIP Budgets."

Potomac Almanac & April 3-9, 2019 & 3

# **OPINION** Montgomery County and Climate Change

By Ginny Barnes WMCCA President

he November elections brought a new County Executive and Department of Environmental Protection (DEP) Director as well as new County Council members. County Executive Marc Elrich was widely backed by an environmental community eager for more vision in the areas of water quality, climate change, and waste stream reduction. In February Mr. Elrich convened a meeting of county wide environmental leaders to introduce them to his new DEP Director Adam Ortiz. The County Executive and Mr. Ortiz engaged in discussions with more than 40 activists fueled by preparation as subgroups who came ready to brainstorm ideas and solutions. It was agreed that addressing climate change is the most urgent topic and many pressing resource issues fall under the umbrella of this overwhelming threat. Another meeting was held in March and regular meetings are planned in the future. Mr. Elrich wants to see a more aggressive environmental agenda. For instance, he is not convinced the WSSC needs a mid-river intake if the sediment entering Watts Branch can be significantly reduced. A watershed tour is being planned for May to highlight problems exacerbated by increased flooding and more frequent rain events. He also would like to close the Dickerson incinerator, begin recycling food waste, address social justice, and add climate change adaptation to our efforts to reduce the effects of human activities on our rapidly warming planet. It's an exciting time for Montgomery County and we've learned from other regions that local innovation is key to pulling our precious Earth back from the edge.

### Victory: Canoe Cruisers Lawsuit for Potomac River Access submitted by Barbara Brown

The Canoe Cruisers Association (CCA) of Greater Washington DC 's lawsuit against the U.S. Department of Homeland Security and the U.S. Coast Guard resulted in a victory for the canoe group. Filed in September, Canoe Cruisers charged that the U.S. Government had unlawfully created a permanent security zone that blocked the public's legal right to access and enjoy the Potomac River when the President golfs. The old improperly written Directive's security zone cut through the rapids below the Seneca Dam and prevented access to the Potomac at Algonquin and Riley's Lock as well as the George Washington Canal. It was enforced rigorously by an armed boat containing representatives from the Coast Guard, the Maryland Department of Natural Resources, and the Secret Service. Because the original Directive did not follow legal procedures that included taking public comments into account, the Canoe Cruisers, represented by Democracy Forward and chaired by Barbara Brown, became the plaintiff. The government responded, asking the case be dismissed with the caveat that the Coast Guard could rewrite its Directive. To our surprise and delight the Coast Guard's new Directive was presented three days before the Canoe Cruisers Association was to legally respond.

### NEXT MEETING:

Wednesday, April 10, 2019 – 7:15 p.m. Potomac Community Center **Speaker:** Kevin Brandt, Superinten-

dent, C&O Canal National Historical Park (NHP)

It's been a year since we've had Superintendent Brandt update us on the beloved, constantly changing National Park on our doorstep. During that time, construction projects have been underway to repair watered structures on Locks 5-22.ºThe projects will improve several locks, waste weirs, bridges, and other water control structures within one of the most popular segments of the NHP. Once completed, the improvementsowill help preserve park historic structures and allow them to withstand impacts from flooding and make them easier to maintain.º The canal will then be re-watered How are the projects proceeding and how soon will they be completed? What impact did the government shutdown have on the construction schedule?º How will the NHP fare in the upcoming budget? So many in our community consider the NHP a part of our daily lives. We are eager to learn the latest news from Superintendent Brandt himself. Please bring your questions.

As always, the public is welcome to attend. If schools are closed because of inclement weather, the meeting will be cancelled.

After more than a year of legal and public pressure from the Canoe Cruisers and others in the paddling and conservation community,<sup>o</sup>the Federal Government reversed course and issued an updated interim final rule that meets nearly all of the groups' demands.

Effective immediately (March 21, 2019), the revised interim final rule:

Significantly reduces the overall length of the security zone and ensures access to boat launch sites and important waterways;

Creates a 250-yard-wide transit lane that provides passage for watercraft through the zone near the Maryland shoreline; and

Requires the Coast Guard to notify the public, via a website and a recorded message on a dedicated telephone line, when the security zone is in effect. Under the prior rule, the Coast Guard provided notice through a radio channel very few river paddlers use.

"This is a victory for the rule of law that says the President cannot arbitrarily restrict the public's access to our shared natural resources to accommodate his frequent golf outings," said Democracy Forward Executive Director Anne Harkavy.

Please refer to the Canoe Cruisers webpage

<u>CCAdc.com</u> for documents and media responses.

### Synturf: HB 1118 (Prohibition of Purchasing Synthetic Turf) and HB 1142 (Synthetic Turf Disposal), submitted by Carol Van Dam

Two bills crafted by MoCo Safe Play Activists did not make it through the Maryland Assembly this year but momentum is building among the general public and state lawmakers alike for natural grass fields and 2020 could be our year. According to State District 16 delegate Ariana Kelly who co-sponsored both bills, one to ensure the safe disposal of used synthetic turf playing fields (HB 1142) and the other to ban the use of taxpayer dollars to install more synthetic turf fields at public parks, (HB1118) were unsuccessful. HB 1142 was reported unfavorably out of committee.

Kelly has informed us that she received "a high volume of constituent emails" on both bills and vowed to "continue to support legislation that protects the safety and health of Mary-landers," and promotes a "greener Maryland for all us." Like Kelly, we will not abandon that fight.

We thank Coalition for Safe, Healthy Playing Fields members Kathleen Michels and Diana Conway for briefing us on efforts to maintain and return to natural grass fields at our General Meeting last month.

Potter Glen Development, submitted by Ginny Barnes

Five houses are proposed on 2 acre lots on the corner of Glen and Query Mill Roads. WMCCA has been working to address issues related to these two important Rustic Roads and the impacts created by five driveways and the road/driveway concerns for two existing houses on Moran Court, which runs to the interior of the proposed project. The potential impacts to Query Mill Road include loss of roadside trees to improve line of sight, the placement of driveways, and the configuration of forest conservation easements.

### WMCCA NOMINATING COMMITTEE

Ken Bawer, Jill Phillips, Barbara Hoover, Kathy Petitt, and Carol Falk will identify candidates and Officers<sup>o</sup>for the WMCCA Board to be voted on at the May 8, 2019 General Meeting.

### Write a Letter to the Editor

The Potomac Almanac welcomes views on most local issues. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.

Send to: Letters to the Editor The Almanac 1606 King St. Alexandria VA 22314 By email: editors@connectionnewspapers.com

## POTOMAC ALMANAC

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### OPINION



Cabin John Park Volunteer Fire Department units on scene of an overturned tractor trailer leaking fuel on the American Legion Bridge on Thursday, March 28, 2019. Cabin John was assisting Fairfax County units and Montgomery County HazMat units.

## **'Seek an Alternate Route'** Traffic fiasco with overturned tractor trailer leaking fuel on the Legion bridge renewed talk about additional bridges for traffic across the Potomac River.

n Thursday, March 28, a tractor trailer over turned on the Beltway at the American Legion Bridge, closing the road from Virginia into Montgomery County for more than 12 hours.

For the many people who have not been through more than a decade of repeated discussion about building a new bridge between Fairfax or Loudoun County into Montgomery County's agricultural reserve, this seems like an obvious solution.



Traffic backed up on MacArthur Boulevard (pictured), Falls Road, the George Washington Parkway and throughout the region.



But it seems unlikely that even multiple extra

bridges would have helped last week, give the wide-

spread gridlock.. What helps is when people are able

to work from home, and use the techway of the Internet

to avoid getting on the road. What helps is when people

are able to take transit (Metro had very high ridership

We cannot pave our way out of congestion. We

— Mary Kimm

on the day in question) to avoid the roads.

have to change behavior and habits instead.

The American Legion Bridge was closed in both directions y for hours; the inner loop was closed for more than 12 hours.



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Potomac Almanac 🔹 April 3-9, 2019 🔹 5

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### It's Not As If My Life Depends On It

#### By KENNETH B. LOURIE

Being totally honest with my oncologist, that is. I mean, it's not as if being diagnosed with non small cell lung cancer, stage IV isn't a "terminal" disease.

Oh wait, it is.

As my oncologist said to me at the initial Team Lourie meeting: "I can treat you, but I can't cure you."

Huh? Followed fairly soon after by the equally distressing prognosis: "13 months to two years." Wait. WHAT!? (As Curly Howard of The Three Stooges said years ago while looking into a mirror: "I'm too young to die, too handsome, well, too young anyway.")

That prognosis – as you regular readers know – is old news, as I recently passed my 10-year anniversary; my oncologist's "third miracle," as he characterizes me. And as life goes on, so too do the studies and research and clinical trials.

As much progress as has been realized, still there are few guarantees for lung cancer patients. Although there are many more of us living beyond the years our respective oncologists initially gave us (our wildest dreams, I often say).

Living as a cancer patient/survivor, especially one still undergoing treatment, requires regular sit-downs with one's oncologist to discuss and/ or assess lab work, results from diagnostic scans and side effects – or as I refer to them: "straight-on effects." At these sit-downs, the oncologist will sit down behind his computer and review my past and inquire about the present, typing away as I respond.

The questions are all too familiar. My answers, maybe familiar as well. Because if they're not, they may catch the attention of the doctor. And if they do catch his attention, he likely will probe further into their occurrence; their frequency, their location, their pain, their intensity, etc. And in so doing, he may learn things that could possibly alter/maybe even stop your treatment.

The doctor may become so worried about the symptoms you're describing, he may focus on the symptom, not the cause. And that's my fear in being honest: he may stop the treatment. I realize it might be counter-intuitive, but cancer scares the hell out of me. As a direct consequence, dishonesty sometimes becomes one's best policy.

Granted, being dishonest, or rather not totally forthcoming, with the person entrusted in extending your life, doesn't exactly win one the patientof-the-year award. But when that same one is diagnosed with a "terminal" disease at age 54 and a half, there's a certain amount of clear thinking that quickly dissipates.

And if that same one is "ambulanced" to the hospital (in August 2013) for a week long stay in SICU (surgical intensive care), the fear of God is officially invoked which further clouds your judgment.

If you live long enough, your judgment improves but so too does your chance of dying. As I find myself saying: "I just can't keep on living with this thing, can I? I mean, I was diagnosed with a 'terminal' disease. They don't call it 'terminal' for nothing." But here I am, 10 years, post diagnosis, and living the dream, so to speak.

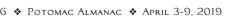
So how do I answer the doctor's questions when doing so honestly might lead to a gruesome outcome: hospitalization, and then, well, you know.

Let me be clear then about my answers. Maybe I'm not so certain about the "straight-on" effects? Maybe, they're not that bad and continuing the treatment will moderate the effects somehow while continuing to keep the cancer in its current place – without growing or moving?

I don't mean to understate my condition, but neither do I want to overrate it. Perhaps this mental anguish I'm describing makes no sense. But that's what cancer seems to do.

Nevertheless, I realize being honest with one's doctors is kind of important. Still, I may be too afraid of the consequences to be so inclined.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.





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## News

# County Launches 24/7 Homeless Information Line

he county's Department of Health and Human Services, in partner ship with EveryMind, has launched a 24/7 Homeless Information Line to provide information on county homeless services and shelter resources.

Callers can also provide information about the location of individuals in the community experiencing homelessness. The reports will be forwarded to community outreach partners who will attempt to locate the individual and offer support and resources. The information line number is 240-907-2688.

The homeless system in Montgomery County has several components to it. A network of private nonprofit groups manages the day-to-day operations of shelters with a combination of federal, state and county funding. The shelters include year-round emergency beds for single adults at three locations in Rockville (one men's emergency shelter and two women's shelters). There are also emergency shelter beds for families with children at three locations in the community. Additional families are served through the county's domestic violence shelter. During hypothermia season (Nov. 1-March 31), additional emergency shelter space is available.

In 2017, the county's Interagency Commission on Ending Homelessness (ICH) launched "Inside (NotOutside)" an effort to end chronic homelessness and to date 408 individuals experiencing chronic homelessness have been placed in permanent housing. Chronic homelessness is defined as an individual who has either lived on the streets for one year or longer or has experienced at least four episodes of homelessness in the last three years and has a disability.

AtHomeTogether is the latest initiative, aimed at ending and preventing homelessness for families with children and for youth. The plan is spearheaded by the Interagency Commission on Ending Homelessness (ICH). The strategies of AtHomeTogether include new and enhanced programs to better engage families early, when they are first at risk of homelessness and better targeted resources to provide rental assistance to families who are at risk of losing their housing. For families who enter the emergency family shelter, there will be more integration between agencies to reduce the amount of time that families spend in shelter placement.

Partners in the effort include non-profit providers in the community: Bethesda Cares; Catholic Charities; City of Gaithersburg; Community Ministries of Rockville, Inc.; Cornerstone Montgomery; Dorothy Day Place; The Dwelling Place; EveryMind; Family Services, Inc.; House of Divine Guidance; Housing Opportunities Commission; Interfaith Works; Montgomery County Coalition for the Homeless; Mount Calvary Baptist Church; National Center for Children and Families; On Our Own of Montgomery County; Pathways to Housing; People Encouraging People; Rainbow Place; Shepard's Table; and Stepping Stones Shelter. For more information, visit www.montgomerycountymd.gov/ homelessness.

# Council Enacts Smoking Ban For Outside Serving Areas

he County Council, on March 5, unanimously enacted Bill 35-18,

Health and Sanitation - Smoking-Outdoor Serving Areas, and a companion County Board of Health regulation that prohibit smoking in certain outdoor seating areas where food is served such as patios, decks or porches. The goal of this bill is to protect residents from the health impacts of smoking. Council Vice President Sidney Katz is the lead sponsor of Bill 35-18, which was introduced in October 2018. Councilmembers Hans Riemer and Craig Rice and former Councilmember Marc Elrich, who is now county executive, are cosponsors. "Prohibiting smoking in outdoor seating areas provides for a healthier environment for both patrons and employees," said Katz. "I am pleased to have sponsored this bill and to have the support of my Council colleagues on this public health measure."

Smoking inside of restaurants or bars located in the county has been prohibited since October 2003. Bill 35-18 provides customers, who choose to enjoy a meal or drink in an outside seating area, with the same level of protection from the health impacts of smoking. Restaurants and bars in the county that allow diners to smoke while eating in outside serving areas will no longer be able to continue this practice. The ban also applies to the use of e-cigarettes and "vaping" in these outdoor serving areas. Under the law, business establishments may designate rooftop and balcony areas for outdoor smoking at their discretion. Outdoor seating areas associated with golf courses are not impacted by the new law.

Bill 35-18 expands county efforts that are already in place to curtail the impacts of smoking with existing prohibitions on smoking in restaurants, auditoriums, concert and lecture halls, as well as on county-owned or -leased property including bus stops.

The new law is expected to take effect this summer and enforcement will be complaint based. A violation is subject to a \$50 fine. Both Rockville and Gaithersburg have already enacted similar outdoor seating smoking bans. More than 300 counties or municipalities and Hawaii, Maine, Michigan and Washington also have smoke-free outdoor dining and bar patio laws.

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# Schools

### Service Project

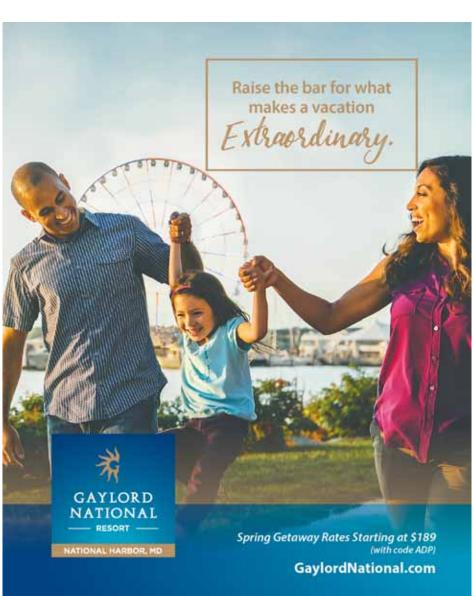
Bullis School students from Kindergarten to Grade 12, families, and staff and faculty contributed 2,524 boxes of healthy cereal, which were hauled off in by Manna staff in two trucks in March. The Bullis Cereal Drive, begun in 2010 in observance of World Hunger Day, sought to collect 1,000 boxes of cereal in March 2019 for the Manna Food Center.In the prior 11 years, Bullis donated over 14,000 boxes and this year, third- and fourth-Grade students helped load the trucks. The cereal will go to hungry families in Montgomery County.

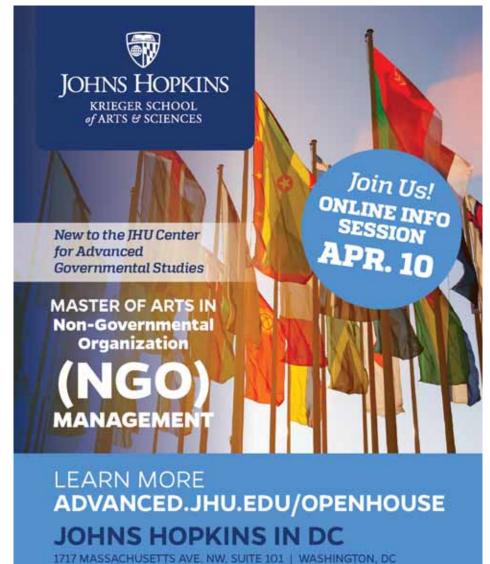




### Correction

In the March 27 Potomac Almanac story about the Potomac business CertifiKid appearing on Shark Tank April 7, the month of taping was incorrect. Taping for the show took place in September 2018. The website was also incorrect. It is <u>https://www.certifikid.com</u>.





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# ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday.

### FRIDAY-SATURDAY/APRIL 5-6

Bethesda Film Fest. Friday, 7 p.m.; Saturday, 6 and 8 p.m. at Imagination Stage, 4908 Auburn Ave., Bethesda. The 7th annual Bethesda Film Fest will feature five short documentaries made by local filmmakers. The evening will include a discussion with the filmmakers after the screenings. Tickets are available at www.bethesda.org for \$10. Remaining tickets will be sold at the door. Visit www.bethesda.org or call 301-215-6660.

#### FRIDAY-SUNDAY/APRIL 5-7 **Five Exhibits and Open Studio**

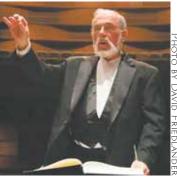
Weekend. Artists & Makers Studios 1 and 2 (11810 Parklawn Drive, Suite 210 and 12276 Wilkins Ave. Rockville). Artists & Makers Studios on Parklawn Drive and Wilkins Avenue in Rockville are ushering in Spring with five exhibits at both studio centers. Five exhibits will open for First Friday festivities between 6-9 p.m. on April 5 and will showcase artists open studios for browsing and again for the Open Studio Weekend following on April 6-7, noon-5 p.m. Visit artistsandmakersstudios.com.

#### SATURDAY/APRIL 6

Free State Roller Derby. 2-6 p.m. at Michael & Son Sportsplex, 60 Southlawn Court, Rockville. Join Free State Roller Derby as they kick off their 10th season at home. The Rock Villains will take on DC Rollergirls National Maulers. Chairs will be limited, but there will be room for lawn chairs, blankets, and giant unicorn pool floaties. Rockville Sportsplex is a wheelchair-accessible facility. After the bout, join the team at Urban Bar-B-Que for the after party. \$6-\$12 (7 and under, free). Ticket prices increase at the door. Visit www.freestaterollerderby.com/ for tickets.

### **SUNDAY/APRIL 7**

Rain Barrel Workshop. 10 a.m.-1 p.m. at Brookside Gardens, 1800 Glenallan Ave., Wheaton. Gather and store water to help control the stormwater impact to a yard. Each participant will receive a rain barrel with fittings and simple instructions. Registration required at apm.activecommunities.com/ montgomerycounty (search Rain Barrel).



Joel Lazar, Music Director, Symphony of the Potomac

Gardens, 1800 Glenallan Ave., Wheaton. Learn why birds sing and try out a variety of games and journal techniques for learning bird songs Then explore the habitat in and around the gardens, watching and listening for birds with binoculars and field notebooks. \$10; registration required. Visit www.montgomeryparks.org/parks-

and-trails/brookside-gardens/ Waltz Dance. 3:30-6 p.m. at the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Introductory Waltz Workshop from 2:45-3:30 p.m. Featuring the band Gyrations, playing a lively mix of folk waltzes with a few other couple dances, including Hambo, Schottische, Swing, Tango, and Polka.Admission is \$13, \$5 for full-

time students with student ID. No partner required. Call Joan Koury at 202-238-0230 or Glen Echo Park at 301-634-2222, go to www.WaltzTimeDances.org or e-mail info@WaltzTimeDances.org.

#### **TUESDAY/APRIL 9**

**Documentary Screening: The Lost** City of the Monkey God. 6:30 8:30 at Brookside Gardens, 1800 Glenallan Ave., Wheaton. The Montgomery County GreenFest partners join the Environmental Film Festival to present the DC Environmental Film Festival (three Tuesdays in April). Free. Visit montgomerycountygreenfest.org/ schedule/dc-environmental-filmfestival/

#### WEDNESDAY/APRIL 10

Live Music: Willa Mamet and Paul **Miller.** 7:30 p.m. at Cozy Concerts at School of Musical Traditions, 1097 Rockville Pike, Rockville. Folk, country, Americana, and grassy soul, plus the fastest patter this side of Venus, or your money back. Enjoy the gift of the kitchen table duo in an intimate, listening room setting. Hear more at www.kitchen-tablemusic.com. \$15 at imtfolk.org/store/

### Beethoven **Times Three**

Symphony of the Potomac performs an all-Beethoven program. Featured works on the program are Ludwig van Beethoven's Overture to Fidelio; the Triple Concerto, with soloists Sally McLain, violin; Eric Kutz, cello; and Miko Kominami, piano; and the Pastoral Symphony. Sunday, April 14, 3 p.m. at the Cultural Arts Center, Montgomery College, in Silver Spring. \$5-\$15 at BoxOfficeTickets.com; at the door are \$5-\$20. Visit symphonypotomac.org.

index.html or \$20 at the door.

#### SATURDAY/APRIL 13

Celebrate the Potomac River. 10 a.m.-3 p.m. at Great Falls Tavern Visitor Center, 11710 MacArthur Blvd., Potomac. Visit the Chesapeake Bay Roving Ranger Mobile Visitor Center. Learn how to help maintain this beautiful area. The programs at Great Falls Tavern are free, but there is an entrance fee to the park of \$15per single vehicle (subject to change). Call 301-767-3714 for more.

**Potomac River Watershed** 

**Cleanup.** Various locations across the Park. Join the 31st Annual Potomac River Watershed Cleanup. Learn more and sign up: trashnetwork.fergusonfoundation.org.

Verdi's Requiem. 8 p.m. at the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. The National Philharmonic Orchestra and Chorale perform Verdi's dramatic Requiem. Led by Philharmonic Music Director and Conductor Piotr Gajewski, the concert will feature the Philharmonic's nearly 200 voice allvolunteer Chorale, as well as soloists Danielle Talamantes (soprano); Margaret Lattimore (mezzosoprano); Zach Borichevsky (tenor); and Kevin Deas (bass). A free preconcert lecture will be offered at 6:45. Tickets start at \$30 and are free for young people age 7-17 and \$10 for college students. Visit www.nationalphilharmonic.org or call 301-581-5100.

#### **TUESDAY/APRIL 16**

**Documentary Screening: Grit.** 6:30-8:30 at Brookside Gardens, 1800 Glenallan Ave., Wheaton. The Montgomery County GreenFest partners join the Environmental Film Festival to present the DC Environmental Film Festival (three Tuesdays in April). Free. Visit montgomerycountygreenfest.org/ schedule/dc-environmental-filmfestival/.



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### **TRY TOPPING THIS DEAL! Eco-Explorer Workshop: Bird** Songs of Brookside Gardens. 2-4 p.m. Meet in Visitors Center Children's Classroom, Brookside



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