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PHOTO BY SHIRLEY RUHE/THE CONNECTION

The  
**Arlington**  
Connection

HomeLifeStyle

PAGE 16

# Recognizing Opioid Problem, Then Acting

NEWS, PAGE 3

Education/Facts

Opioids (also sometimes called narcotics) are powerful substances related to chemicals found in the opium poppy plant. Learn about the signs of use, an overdose, and what to do.

Match the shape, size, imprint, or color to a description in this drug database.

- Drug Chart
- 13 Place Teenage Kids Hide Drugs
- E-cigarettes

The new Arlington Addiction Recovery Initiative website on opioids at [OneArlington.org](http://OneArlington.org).

Incident Statistics

Opioid use on the rise. Take a deep breath and learn the facts via these statistics.

Naloxone (Narcan)

Naloxone is a safe and effective medication that can reverse an overdose from prescription painkillers or heroin, available over the counter without a prescription. It's not just for people who are addicted. If you or a loved one are prescribed prescription painkillers, you should have naloxone on hand.

- Public REVIVE Flyer
- To schedule a REVIVE (Narcan) training contact: [info@reviveva.us](mailto:info@reviveva.us)
- REVIVE Opioid Overdose Trainings (Atwood Foundation)

Resource Card

In need of immediate assistance? Download and print out our helpful tip card with resources local to the area.

One crisis. One community. One conversation.  
**#OneArlington**  
AARLINGTON  
AARI  
Arlington Addiction Recovery Initiative

More Funds Sought  
To Keep Outdoor Lab

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Challenging Racism  
5K Run  
Honors Arlingtonians

News, Page 8


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Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### NEW

**Spring Cleaning for Water Pipes.** Through May 6. Crews at the Washington Aqueduct will begin the temporary disinfectant switch from chloramine to chlorine. The annual switch is part of a routine program to clean and maintain the drinking water systems. During the cleaning, Arlington's Water, Sewer, Streets Bureau will continually monitor the output for safe chlorine levels as well as conduct system-wide flushing to enhance water quality. Concurrently, staff will also start systematically flushing fire hydrants throughout the County. Running the cold water tap for about two minutes, using water filters and letting water sit in a container in the refrigerator are generally effective for removing chlorine taste and odor. Visit [water.arlingtonva.us/water/](http://water.arlingtonva.us/water/) for more.

### THURSDAY/APRIL 11

**Jennie Dean Park Update.** 7:30-9 p.m. at Charles Drew Community Center, Cafeteria, 3500 23rd St. South. Based on the Park Master Plan and feedback from the community, the Arlington County Department of Parks and Recreation has put together options for various elements of the new Jennie Dean Park such as the playgrounds, frontage, restrooms and more. Children's activities available. Visit [projects.arlingtonva.us/projects/jennie-dean-park/](http://projects.arlingtonva.us/projects/jennie-dean-park/) for more.

### SATURDAY/APRIL 13

**Post-Legislative Forum.** 1:45-3:45 at Arlington Independent Media, 2701 Wilson Blvd., Suite C. The League of Women Voters of Arlington is sponsoring a review of the past session of the General Assembly with delegates Patrick Hope, Alfonso Lopez and Mark Levine and state Senators Barbara Favola and Janet Howell.

Tickets free with registration at [www.eventbrite.com/e/post-legislative-forum-hear-from-local-legislators-on-the-past-session-tickets-59165728286](http://www.eventbrite.com/e/post-legislative-forum-hear-from-local-legislators-on-the-past-session-tickets-59165728286). Visit [lwv-arlingtonva.org/](http://lwv-arlingtonva.org/) for more.

### SATURDAY/APRIL 14

**Passover Seder for Families with Tots.** 5-6:15 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Join Rabbi Gilah Langner and Tot Shabbat Coordinator Andrea Cate for a Passover Seder hosted by Kol Ami, filled with song, story and movement. Great for children 0-8 and their families too. No fee, but RSVPs to [admin@KolAmiVirginia.org](mailto:admin@KolAmiVirginia.org) requested. Visit [KolAmiVirginia.org](http://KolAmiVirginia.org) for more.

### THROUGH APRIL 15

**Tax Preparation Assistance.** Tuesdays, 10 a.m.-7 p.m.; Thursdays 10 a.m.-4 p.m. at Arlington Central Library, 1015 N. Quincy St. AARP Foundation Tax-Aide is available free to taxpayers with low to moderate income, with special attention to those 60 and older. AARP Foundation Tax-Aide is offered in cooperation with the IRS. No need to be a member of AARP to receive assistance with tax preparation. Some appointments available, call 703-829-6192.

### MONDAY/APRIL 15

**Exhibit Submission Deadline.** 11:59 p.m. Arlington Art Center's Regional Biennial will take place for the first time in the fall of 2019. Artists who produce contemporary art in any media, and who live or work in the Mid-Atlantic region (defined as Virginia; Washington, DC; Maryland; West Virginia; Pennsylvania; or Delaware) may submit. Any existing works must have been completed within the last 3 years in order to be considered. Artists at any stage of their career are welcome to apply. Visit [arlingtonartcenter.org/exhibitions/call-for-artist/](http://arlingtonartcenter.org/exhibitions/call-for-artist/) for more.

SEE BULLETIN BOARD, PAGE 17

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# Recognizing Opioid Problem, And Acting

**Determining what might work for different individuals.**

BY SHIRLEY RUHE  
THE CONNECTION

*This is the fourth in a series on opioid addiction in Arlington.*

A number of issues can stand in the way of treatment for drug abuse including lack of information about treatment programs, denial of the problem by the addict as well as the family, effectiveness of certain treatment programs, a disconnect between resources available and a stigma against addiction that hides the problem behind the wish for normality.

## REVIVAL

Beep beep. It's a 1041 call. Anne Marsh, Fire/EMS battalion chief for the Arlington County Fire Department, said, "We have 45 seconds to get our gear on, 90 seconds response time and 4 minutes to be on the scene." The emergency vehicles roll out the door with lights flashing and sirens on. Marsh supervises seven medic units across Arlington County.

When the trucks arrive at the scene, the medical unit pulls out the stretcher, checks that there are no threats to crew safety and finds the patient. Marsh says when people call in emergencies they often aren't aware of their surroundings and give imprecise directions. "That's why we keep our cool."

The ABCs are to check for an open airway; do the medics need to put in an adjunct? Check for breathing, pulse. Give CPR if there is no breathing. Get the person on a Lifepak, cardiac monitor, IV access. Then she says you determine what intervention to use.

If it has been reported the person took an opioid, you give them Narcan and see if it affects the patient. "You can give it anyway when in doubt because Narcan doesn't hurt anybody but is the only known drug to reverse an overdose." Then you load them on the cot and transport them to the hospital and file a report.

Marsh says they have 15,000 EMS calls a year with 10,000 transports. Out of this number last year 198 were given Narcan, not necessarily all for overdose but some as a precautionary solution and diagnostic tool since the EMTs only have a few seconds to react. Marsh said, "There are people who think we should do more, like give them a pamphlet but they don't want to hear it from us — we just ruined their high."

An Arlington resident who is a recovering addict says, "The OD victim doesn't stick around for rehabilitation. He wants to get out of the hospital as soon as he can before the police arrive. They'll just rip out their



Meeting of Arlington Addiction Recovery Initiative (AARI) on March 28.



Suzanne Somerville, bureau chief, Residential and Specialized Clinical Services

IV and take off." And probably OD again. After an OD victim is revived what next?

## RECOVERY AND REHABILITATION

Suzanne Somerville, bureau chief, Residential & Specialized Clinical Services, heads up Arlington Addiction Recovery Initiative (AARI), a group of Arlington County stakeholders who meet the fourth Thursday every month to discuss issues around opioid addiction, form strategies and report progress. This grassroots group including representatives from first responders, the justice system, schools, health care providers, and private citizens was formed in 2017 after statistics were discovered that indi-

cated a rapid rise in Arlington opioid overdoses.

The March AARI meeting discussed a wide range of current initiatives including alternative sentencing, a youth-led advocacy group working through targeted ads, a new effort to work in the jails on a pre-release program to offer medically assisted detox, a Care First grant which will allow DHS to expand their outreach and overall opioid response, and Operation Safe Station in Arlington where an addict can show up anytime day or night for help at the office of the Magistrate.

A number of challenges but also a number of opportunities. Somerville said, "Our approach at this point is to open as many avenues as possible and eliminate as many obstacles. Let's make it happen."

But there are a number of obstacles to successful treatment of a drug addict including finding the people who need help, convincing them to seek treatment, availability and cost of treatment options and overcoming the powerful addiction that strangles the individual's will to recover.

Somerville said, "The addiction is just so all encompassing, and people often tell me heroin is both their best friend and their worst friend." It takes over and most people don't voluntarily come in for treatment. In addition, if someone in the community overdoses and is revived, you may never know about it. They will probably just go on about their day.

If there is no 911 call, they won't invite the police in. If there is a 911 call, it starts a whole other path where DHS is notified and, "We get them into the hospital to get checked out because they will probably OD again."

Somerville said, "We used to think the hospital was the best time to reach them

but they aren't in the mood to accept treatment at that point, and we learned the hospital is not necessarily the best model. A number of clients tell me they are revived in the back of an ambulance, escape and go get high again with the same dealer because he had really good stuff."

So DHS waits a day and "We will try to track them down and engage them in services." This is not an easy sell. "If we are able to work with a revived drug victim, we evaluate the person and make an individualized recommendation on level of care. We can recommend but we can't force them."

Each client's treatment plan is individualized. A client may begin with detox, either social detox or medically-assisted detox. Somerville says it is important to have medical assistance when withdrawing from opioids in particular. DHS typically encourages individuals to stay 14 days to give DHS time to assess treatment needs, connect the client to appropriate treatment and develop a strong discharge plan.

But there is a debate about the effectiveness of social detox. A recovering addict in Arlington describes the two-week social detox on Columbia Pike as not long enough to make a difference and says addicts usually end up using again pretty soon because of the brain chemistry that has developed in an addict. "It takes 2 years to completely stabilize; even after 90 days of treatment, your thoughts can cause almost a physiological response to craving."

## ALTERNATIVES

Other options for county-referred clients include treatment through the 90-day Residential Placement Center (RPC) Early Recovery funded by the county through a contract with Volunteers of America Chesapeake. Residential inpatient treatment is also available through a contract with the private non-profit Phoenix House as well as a six-month transition program called Sober Living at Independence House, also contracted out through Phoenix House.

The county's Early Recovery program can house 10 individuals and is located in the same county-owned building on Columbia Pike as the Shelter with the detox housing 12-14 beds.

Phoenix House provides residential treatment as well as a continuum of services for substance abuse including evaluation, inpatient residential and outpatient treatment. The Phoenix House residential facility can house 80 men with a special Nuevo Dia section for Hispanics and also Demeter House that can accommodate 20 women.

Clients who are in the county-owned facilities are paid for through county contract dollars. At Phoenix House their client services are paid for by a mix of most major insurance companies, Medicaid, a reasonable self pay and by DHS for county-referred clients. If the client has insurance, it will be

PHOTOS BY SHIRLEY RUHE/THE CONNECTION



# OPINION

## Pursue a Walkable Urban Waterfront

BY KAYDEE MYERS

**A**rlington's lackluster waterfront is losing major river-oriented tourism and leisure dollars and forgoing a valid transportation option in this river city. With the recent success of The Wharf and the Capitol Riverfront, the continued realization of waterfronts in Georgetown and Old Town and Amazon's selected site running the length of the Potomac River, Arlington is the missing link in connecting and capitalizing upon DC's urban waterfronts.

Arlington's current waterfront represents its suburban past. For Arlington to fully embrace a walkable urban character, it should push that walkable urban character to the shore. Although Arlington's waterfront has recreation options, it lacks water taxi service and is best known for the congested highways and bike trails with pretty views of the DC skyline. Theodore Roosevelt Island and the Mount Vernon Trail are wonderful excursions, but both are most easily accessed by car or bike, not on foot, and require a picnic, as there are no food or drink options. Those looking for an urban, pedestrian experience go to Alexandria or DC. Indeed, as an Arlington resident, I drive visitors to Alexandria for water taxi tours and enjoy The Wharf for drinks, dining and con-

certs.

Most of the Arlington waterfront is National Park Service ("NPS") land administered through the George Washington Memorial Parkway (the "Parkway"), actually designated a "park" itself for scenic drives, so Arlington County cannot instantly allow development. However, NPS control is not a deal breaker. Local governments and non-profit organizations have started cooperating with NPS and enhancing National Parks as NPS funding goes down and deferred maintenance costs go up. For example, DC and a non-profit group partnered with NPS to successfully construct and maintain the Georgetown Waterfront Park. NPS has even gotten creative with funding sources and has developed corporate sponsorships, including a recent controversial campaign with Anheuser-Busch InBev. The physical barrier of the Parkway can also be, quite literally, overcome. By building caps over highways, cities, like Boston, Dallas and St. Louis, have added parks, art, activities and, most importantly, connections to cut off areas of their communities.

Arlington County is interested in waterfront development, but it needs a team of strategic partners to help make plans for more development, like the 2015 Rosslyn Sector Plan, a reality. One prospective partner is the Key Bridge Marriott, the closest development to Arlington's Rosslyn waterfront, which is al-

ready submitting a formal application to Arlington County for redevelopment. Additionally, NPS recently approved non-motorized boathouses in Arlington for needed high school rowing facilities. These rowing facilities are welcome, but would be a missed opportunity if not accompanied by more amenities. An incremental first step could be a boathouse north or south of Key Bridge utilizing both the land within the traffic circles and the waterfront, with — until a cap over the Parkway is realized — updated, safer and more direct pedestrian and bike paths and bridges in front of Key Bridge and Roosevelt Island. Taxis, ride-shares, buses and delivery and emergency vehicles would need loading and emergency lanes, but parking isn't necessary with the focus on pedestrians and water transportation. A small food hall concept run by a private entity leasing land from NPS, indoor and outdoor seating and water taxi access would capitalize on Arlington's location in the DC area by attracting tourists, commuters, workers on their lunch breaks and residents that would otherwise go to DC. A partnership between Arlington County, NPS, strong developers and creative local governmental or non-profit groups could overcome regulatory hurdles, raise necessary capital and finally showcase Arlington's urban character on the Potomac.

*The author is a real estate attorney and a George Washington University graduate student in Walkable Urban Real Estate Development Certificate Program.*

## Serving up 'Little Shop of Horrors'

**Performed at Bishop O'Connell High School on April 6.**

BY MADDIE GOLD  
WOODROW WILSON HIGH SCHOOL

**J**ust like the ravenous plant, Bishop O'Connell's cast of "Little Shop of Horrors," will leave you begging for more. Based on the 1960s comedy film, "Little Shop of Horrors" was musically adapted by Alan Menken, and originally started Off-Off Broadway before making its Broadway debut. The story follows Seymour, an ill-fated florist shop worker who discovers and raises a plant that feeds only on human blood. The incredible cast of "Little Shop of Horrors" used their charismatic voices to bring to life the age-old conflict between morality and wealth.

The Doo-wop girls (Gwendolyn Zorc, Zoe Forino, and Olivia Oudkirk) started the show off on the right foot with their strong harmonies, capturing the essence of the '60s-inspired music. They were remarkable in keeping their energy and vocals consistent throughout the show, a daunting task for actors with that much stage time. The girls blended in perfectly with the clean, time-period appropriate set, equipped with doors and stairs that enabled the characters to infuse more depth and reality into each scene.

Audrey (Kyleigh Friel), Seymour's co-worker



PHOTO BY TODD PAROLA WITH VICTOR O'NEILL

**Ethan O'Donovan and Audrey Somerville in Bishop O'Connell High School's "Little Shop of Horrors."**

and love interest, is responsible for some of the more heavy themes in the storyline. A girl with very low self-esteem, Audrey ends up dating an abusive man. Friel's captivating vibrato and commitment to character made these emotional scenes highly effective. Playing alongside her, Seymour (Ethan O'Donovan) engulfed the stage in his energy as he acted, and used his smooth, endearing voice to advance the plot. He and Audrey paired beautifully together, as their sweet and subtle chemistry contrasted greatly with Seymour's interactions with the greedy plant.

This hungry, evil plant (Audrey Somerville) stole the show. As soon as Somerville stepped out of the leaves of the plant, she commanded the stage with her striking vocals and explod-

ing energy. Each song she was a part of was immediately transformed as a result of her magnetic presence and strong, controlled runs.

The dark humor of this show was expertly carried out by cruel dentist Orin (Paul Ward), who was also Audrey's boyfriend at the beginning of the show. His physicality and terrific comedic timing made the audience laugh almost as much as he did when he died from the laughing gas. Ward was aided in these hilarious moments by the Doo-wop nurses. Together, they used their energy to add small, but significant details to the show, and provide a little bit of interaction between the audience and the characters. The technical elements of show matched the talent of the cast. The plant wouldn't have been believable if it wasn't for all of the hard work that went into its building and performance. The painting and detail on the plant as it grew was artfully done, and the puppeteer skillfully maneuvered the mouth to move with Somerville's words. Similarly, the costumes of the show were time-period appropriate down to every last detail. Some of them were also handmade, a challenging feat for high schoolers, but handled at a professional quality nonetheless.

Bishop O'Connell's accomplished cast used their passion and enthusiasm to put on an incredible performance of "Little Shop of Horrors." They made every audience member suddenly want to see more of them on stage.

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# Outdoor Lab Important to Arlington Students

Advocates of the Outdoor Lab outline why budget cuts are short-sighted.

BY EDEN BROWN  
THE CONNECTION

**D**aniel and Bridget, two fifth graders who spoke at the school board budget hearing on March 28, asked the school board not to cut trips to the Outdoor Lab. “In Science class, my teacher makes so many references to the Lab,” said Daniel. “It’s not just another museum: it’s an adventure.” Bridget chimed in at the end of the two minutes allotted to each speaker to beg the board, “Take away something a little less important, like our iPads because we don’t need those as much to learn.” The audience applauded.

Eric Stern, owner of Casual Adventure, attended the hearing, and noted afterwards, “Many students spoke about life lessons: leadership, confidence, self-sufficiency, teamwork, and education. Many of these elements stem from their experiences at the Arlington Outdoor Lab, one of the proposed cuts affecting 100 percent of the student body. The Outdoor Lab helped create the character, wisdom, inspiration, and eloquence of the students who showed up at the hearing. The lab provides educational opportunities that can’t necessarily be replicated in a school setting or on an electronic device: problem solving — assembling tents properly to keep dry in the rain; teamwork — navigating the property in small groups through various science stations; life skills — spending a night away from home.”

“With two middle school students here in Arlington, I’ve had the opportunity to chaperone the 3rd, 5th, and 7th grade field trips to the outdoor lab and have seen the benefits first hand,” said Stern.



**One Outdoor Lab alumnus, Rebecca Cohen, wrote a book called “Fifteen Minutes Outside” about getting her children to spend 15 minutes outside every day. This social media post shows the number of books on the market espousing the benefits of spending time in nature.**

“Arlington Outdoor Education Association (AOEA), is the non-profit that owns the 225 acre Outdoor Lab,” said MaryAnn Penning, a board member. “Dr. Phoebe Hall Knipling was the first female science supervisor in

the state of Virginia and came up with the idea for children in Arlington to have a place to experience nature and science first hand. To pay for the first piece of property, a 210-

SEE OUTDOOR, PAGE 19

## ‘A Valuable Experience’

BY HANNAH TSUCHITANI

Have you ever thought about what 5th grade would be like without The Outdoor Lab trip for students? I think The Outdoor Lab is a valuable experience for a child’s learning. Some people believe The Outdoor Lab is not that practical, but I disagree. First, it helps kids use their five senses instead of just using one. Next, it teaches kids to work in groups collaboratively. Lastly, it allows students to experience their learning instead of just reading it in a book.

First, it helps kids use their five senses instead of just using one. For example, when I was at The Outdoor Lab, instead of just looking at a drawing of a bug I got to experience the real thing by holding one. Next, students learn life skills like being able to describe things with great detail. When I went to The Outdoor Lab, I got to hear the different animal sounds on the nature hikes. Along with getting to hear the animal sounds, I got to see all the old landmarks on the trail.

Another reason that The Outdoor Lab is a valuable experience for a child’s learning is that it teaches kids to work in groups collaboratively. First, we learned how to get one result out of many different ideas. As a result, when we are older we will be good with working in teams. Another example, is that we learned how to listen to the whole group’s ideas, even if we didn’t agree with them. To conclude, we learned to help each other. If someone was struggling we would all work at the same pace.

Lastly, it allows students to experience their learning instead of reading it in a book. For example, you learn more details about something by touching, smelling, etc., than by just looking at it. In addition, by simply looking at something, such as a snake, you still wonder about what the snake feels like, smells like, etc. Another example is “The Disappearing Log” activity. I was able to feel

SEE VALUABLE, PAGE 19

**“My wish list would be that it isn’t just the science teachers who take kids out there to the Lab. Think about English teachers taking students out to sit by the pond and reflect on Thoreau and Walden. Your physical health improves out there. There is real stuff going on on a personal level that can’t be measured.”**

— Carol Goodloe, Outdoor Lab Outreach Coordinator

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# Recognizing Opioid Problem, And Acting

FROM PAGE 3

billed but insurance often runs out after 30 days.

Tom Walker, chief operating officer for Encore Recovery Solutions, a private treatment center with outpatient services, said, "One of our problems is in such a wealthy area we have few treatment resources in Arlington County. We have fewer resources than in other parts of the country."

Encore Recovery Solutions was established on Fairfax Drive two years ago with a 10-person capacity for in-house supportive treatment of about four months and about 40 for outpatient treatment. Walker says an issue is the needed long-term treatment is often uncovered by insurance for longer than 30 days so people have to pay out of pocket. He says Encore, Phoenix House and Virginia Hospital Center offer the only private options in Arlington County.

Emily Siqveland, assistant program manager, SA Residential Services & Office Based Opioid Treatment for Arlington DHS says information is key to offering treatment alternatives. She says they are looking forward to using the database being developed by SAFE Project which will make available information on treatment options across the United States.

SAFE Project Executive Director Brandee Izquierdo explains Admiral and Mary Winnefeld started this project in November 2017 after they lost their son to an accidental overdose when he had just left Arlington for college in Colorado. "The Treatment Facility Locator, to be launched next week, will list hundreds of facilities around the country and can be sorted according to individual need. The Admiral struggled to find a location for their son and wanted to be sure other people didn't go through the same thing."

Their website quotes, "The most important thing we can do is share the lessons we've learned and gathered, giving other families the benefit of 'If I only knew then what I know now.'"

An additional SAFE Project resource is the SAFE Community Playbook, a step-by-step process of how to organize, evaluate and create change in the community to impact the opioid epidemic. Izquierdo explains it is a collection of services around the country with an evaluation of what's working well so that people can be linked to wrap-around services. This is online at <https://www.safeproject.us/playbook/>

Other local groups have mobilized around elimination of opioid addiction. Ginny Atwood Lovitt who lost her brother to an



**Tom Walker, chief operating officer for Encore Solutions**

accidental overdose in Arlington in 2013, established the Chris Atwood Foundation that has been working on Narcan training, outreach and legislative changes that remove obstacles to using Narcan.

Lovitt says her organization is trying to get to people on active addiction, which is different than the rest of Virginia. She explains a formal response team doesn't reach people. "We go out in the community to find people at high risk in homeless shelters, parking lots, funeral homes." They give a brief Narcan training and Lovitt said, "We tell them your life is worth saving. This may be the first time they hear someone cares and wants them to live. Winning their trust is a challenge."

Lovitt continued, "The sad thing is the way it impacts people's brains. There needs to be a system of complete wraparound services. At any point in the chain if anything breaks, everybody will slip through the crack." She says there are a lot of resources and money, "but they're not all linked."

Lovitt says her plans are to get more funds to provide better linkage with other services. Now, she says, her organization refers people, links up with peers in recovery, tries to get them into treatment if possible. "But we don't have the funds to do it really well, not enough connective tissue among the programs we have."

The SAFE Community Playbook is a step-by-step process of how to organize, evaluate and create change in the community to impact the opioid epidemic.



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PHOTO BY SHIRLEY RUHE/THE CONNECTION

**Who doesn't like a new purse? A-SPAN collects purses for homeless clients for Easter.**

## Support A-SPAN Purse Drive

It's April 5 with 29 purses collected — 14 days and 21 purses to go. Hop down to A-SPAN with an Easter purse or handbag which will be handed out on Easter Day to homeless female clients, both on the street or in the shelter. A-SPAN is collecting new or gently used purses at the Homeless Services Shelter at 2020A 14th Street N at the front desk located on the second floor.

Their goal is to collect 50 purses or handbags and essential hygiene items by April 19. The purses will be stuffed with frequently requested items including feminine products, shampoo, razors and nutritious snacks. They would appreciate having donations of hygiene products as well as the purses.

— SHIRLEY RUHE



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# Challenging Racism 5K Run Honors Arlingtonians

Including Dorothy Hamm, Judge Monroe, Dr. Charles Drew, Evelyn Syphax, Barbara Marx.

BY EDEN BROWN  
THE CONNECTION

It was a Thursday at Mr. Moore's Barber Shop on Lee Highway; it was starting to get busy with the week end coming. One customer stopped in to tell Jim Moore to send birthday greetings to Mr. Moore, Jim's father, whose birthday it was. Another was celebrating her 50th wedding anniversary and wanted Mr. Moore to give her a "wow" look for the occasion. Moore and she talked about the fact that only 5-6 percent of marriages last that long. Moore asked one customer if he had read the new book about Hall's Hill by Wilma Jones. Jones wrote "My Halls Hill Family: More Than a Neighborhood," about living in segregated Arlington. His customer was halfway through it. Then Moore talked about the upcoming Challenging Racism 5K on May 4.

Five Arlingtonians will be honored during the race: Evelyn Syphax, Dr. Charles Drew, Judge Thomas Monroe, Barbara Marx, and Dorothy Hamm. "I should run in



PHOTO BY EDEN BROWN/THE CONNECTION

**Jim Moore cuts hair as he chats with customers about what it was like knowing Dorothy Hamm, and other Arlingtonians who fought against segregation.**

that race," said Moore. "I knew those people. When I was 12 years old, I had a band, and we had no place to practice. Dorothy Hamm used to let us practice in her basement."

Hamm is being recognized for having fought the Arlington County Board in a legal case when they did not allow her son, Edward Leslie Hamm, Jr., to attend Stratford Junior High School. "Her son, one of the four kids who integrated Stratford High, still comes here for a haircut," Moore said. "He also sponsors the annual Turkey Bowl, the big Thanksgiving morning football match on Hall's Hill."

"Ms. Hamm cared about kids," Moore said. She would always say something I use today when cutting kids' hair. She would ask, "How was school and what did you learn today? And she would keep probing until she got an answer that you had to think about."

To see a profile of Ms. Hamm, see: <https://edu.lva.virginia.gov/changemakers/items/show/26>

Moore knew another one of the honor-

ees: Thomas R. Monroe. "Judge Monroe was my dad's friend so I don't remember much but he came in to get his hair cut regularly. He started his law practice right across the street in what is now the tattoo parlor. His son Charles I knew better. He was the county board chairman, in 2003, when he died suddenly during a board meeting, from an aneurysm. Arlington County Fire Department responded, but it was too late."

Monroe is being honored because in 1955, as president of the Arlington branch of the NAACP, he circulated a petition to desegregate Arlington's schools. It was a battle he continued fighting through the early 1970s, when a group of parents whose children attended Drew Elementary school, which remained all-black because of its location, pursued a school desegregation suit against the county. He also worked to desegregate the maternity ward at Arlington hospital and Arlington's movie theaters.

He was one of the first black Circuit Court judges appointed in Virginia since Recon-

SEE HONORING, PAGE 18

## Challenging Racism Seeks Funds to Meet Demand

Funding is in question.

BY EDEN BROWN  
THE CONNECTION

"Challenging Racism," the program designed to battle racism in Arlington, is sponsoring a 5K run/walk on May 4 to raise funds for programs it thought Arlington County would be funding. But they aren't. Or they might be. No one is quite sure.

"Budget cuts are not tied directly to Challenging Racism (CR), as we are a contractor," said Marty Swaim, Challenging Racism's executive director. "The way the cuts manifest themselves for us is that only one group of conversations on race and equity for parents is put out for bid, instead

of three. So in 2017-18 we were paid by APS to do three groups. Last year we were paid for one group. In the base budget, \$40,000 was included for parent conversations on race and equity, but it was not all spent. Seventy-five thousand dollars was added by the school board last year for conversations on race and equity for teachers and students. To my knowledge, no contracts were put out for bids for conversations on race and equity with students. The sole contract for teachers was for five individual lead teachers to be trained."

"The other budget impact this year is on Equity and Excellence Coordinators (formerly minority achievement) being deleted at the high school level, and a position in the central office for this service being deleted," Swaim said.

The 2016 program evaluation for Minor-

**"The budget is very obscure. Ten years ago you could see line items for every single person and what they were getting paid. You could look in the budget and know what was funded and what was not."**

— Martha Swaim, Challenging Racism Executive Director

ity Achievement recommended that these coordinators be increased to full time because parents whose students used their services were very satisfied. This budget increase was made.

Swaim got involved in the program "Challenging Racism" for a number of reasons: She was raised in an active civil rights family in Pennsylvania. Her family was at the March on Washington for Jobs and Free-

dom in 1963. "I never knew I was White," she said. Swaim was a member of the DC School Board and worked on budgets. She knows there is always money in the budget, somewhere. "You just go to the Administration. Board members found money for the Equity and Excellence program last time from the furniture budget. APS had bud-

SEE PROGRAM, PAGE 17

**April 27, 2019, 8:00 A. M.**  
**Running to help others!**

**Where:** Clarendon United Methodist Church  
606 N. Irving St., Arlington, VA 22201

**Who:** Competitive Runners; Fitness/Frequent Runners; Joggers/Recreational Runners; and Walkers/Strollers.

**Website:** [www.ArlingtonBunnyHop.org](http://www.ArlingtonBunnyHop.org)

**Children's Activities:** 5K finisher medals will be given to all children crossing the finish line. A family style block party will be featured after the race with characters, free food, bounce houses and live music.

**About:** The race's mission is to provide an opportunity for people of all ages to enjoy a fun, healthy, spring weather activity together and to raise support for local Arlington charities. Bridges to Independence will be the beneficiary of all net proceeds from registration, donations, sponsors and expenses — \$9,132.88 in 2018. Join us for a romp through the historic and eclectic Ashton Heights neighborhood near Clarendon.

**Costumes:** Costumes are welcome and encouraged for this fun, family event. Medals will be awarded to three finishers with the best costumes.

**Course Info & Registration:** Course and registration information is available on our web site. For further information contact the Race Director at [ArlingtonBunnyHop@gmail.com](mailto:ArlingtonBunnyHop@gmail.com), 703-527-8574.

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# Senior Living

SPRING 2019

## Historic Garden Week in McLean

April 30 10 A.M. to 4 P.M.

Visitors to the McLean portion of the Virginia Historic Garden Week will explore five picturesque gardens and four private homes spanning four centuries. Tickets online at [www.vagardenweek.org](http://www.vagardenweek.org) Questions? Google Garden Club of Fairfax or email [fairfax@vagardenweek.org](mailto:fairfax@vagardenweek.org).

PHOTOS BY DONNA MOULTON/FAIRFAX GARDEN CLUB

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Connection



# Historic Garden Tour Comes to McLean

History buffs and garden enthusiasts will delight in the mix of historic, traditional and contemporary.

The Garden Club of Fairfax will host this year's House & Garden Tour, part of the 86th Historic Garden Week in Virginia. McLean is the site for this year's tour hosted by The Garden Club of Fairfax.

Visitors to the McLean Tour will explore five picturesque gardens and four private homes spanning four centuries. History buffs and garden enthusiasts will delight in the mix of historic, traditional and contemporary properties.

The McLean tour on Tuesday, April 30, from 10 a.m. to 4 p.m. showcases exciting gardens, creative flower arrangements, and unusual private homes, each with intriguing stories behind them.

The tour includes a mix of historic, traditional and contemporary homes ranging from a home built in the 1750s with ties to the Revolution and used as a hospital during the Civil War, to a contemporary Japanese-influenced home built on a hillside with terraced gardens, a pool and patio that are perfect for entertaining.

**BIENVENUE, CHURCHILL ROAD, McLean.** Previously called "Benvenue," the name of this 18th century Colonial home was reportedly changed when General Charles de Gaulle visited and said that the correct spelling was "Bienvenue."

Built in 1754 using sandstone from a nearby quarry. Furnishings and decorative art throughout the home combine historic, contemporary and whimsical pieces collected by the homeowner from travels and local and international sources. Union troops occupied the property during the Civil War when the house served as a field hospital. Bullets and a cannonball were found in the walls, while medicine bottles, surgical instruments and horseshoes were discovered under the carriage house floor during renovation. A massive sycamore tree next to the house is believed to be the oldest and largest in Fairfax County. Dr. Karen L. Kierce, owner.



**Bienvenue on Churchill Road in McLean was built in 1754 using sandstone from a nearby quarry. A new wing was added in 1929 to include indoor water.**

**OLD LANGLEY ORDINARY** 1101 Chain Bridge Road, McLean. Built shortly before the Civil War, this Federal Farmhouse style building served as headquarters for Union Gen. George McCall. After the war it became an ordinary, a tavern or meeting-house. Located just a few miles from the Potomac River crossing at Chain Bridge, it was an important stopping-place for travelers and for farmers transporting livestock and wagons to merchants across the river in Georgetown. The homeowner's extensive collection of traditional Americana is displayed throughout. Wraparound porch with outdoor living space includes a kitchen and double-sided outdoor fireplace. The original carriage house is now a guest-house with American flags, painted by the homeowner, displayed on an exterior wall. Garden beds surrounding the home feature indigenous Virginia plantings with roses, sedum, hydrangea and 900 tulips.

**OLD CHESTERBROOK ROAD**, McLean. Built on a hillside, the long, clean horizontal lines of natural stone, wood and glass in this contemporary home reflect Japanese influence. In addition to subtle indirect lighting throughout the home, a paper chandelier by artist Oh Mei Ma is suspended from a soaring ceiling above the dining area and the sitting room has a red Italian Murano glass chandelier. The focal point at the top of the hill is a children's playhouse complete with Dutch doors, kitchen and skylight. Additional points of interest are a Japanese gate (Torii) built by the homeowner's parents, a standing stone Buddha and a stone birdbath in the shape of a bird in flight.

**WOODLEY MILL ROAD**, McLean. Built in 2000, this Italianate villa with yellow stucco has a traditional orange clay barrel-tile roof. The front features European scul-

## HISTORIC GARDEN WEEK IN MCLEAN

April 30 10 A.M. to 4 P.M.

Visitors to the McLean portion of the Virginia Historic Garden Week will explore five picturesque gardens and four private homes spanning four centuries.

❖ Headquarters – Trinity United Methodist Church, 1205 Dolley Madison Boulevard, McLean. Complimentary refreshments served from 10 a.m. to 3 p.m.

❖ Tickets: Advance tickets - \$40 online at [www.vagardenweek.org](http://www.vagardenweek.org), or by mail, until April 20, 2019. Tickets Day of Tour - \$50 at Headquarters or Tour Homes

❖ Questions? Google Garden Club of Fairfax or email [fairfax@vagardenweek.org](mailto:fairfax@vagardenweek.org). For more information on this tour or to see the Historic Garden Week statewide schedule of tours, go to [www.vagardenweek.org](http://www.vagardenweek.org).

PHOTOS BY DONNA MOULTON

tured gardens with boxwood parterres, three arched doorways, balconies and veranda. Two fountains greet guests as they enter the front property. The home's gallery-like foyer features marble floors, a 20-foot ceiling and walls displaying large scale paintings, Belgian tapestries and a metallic finish bas-relief. From the pavilion, a wide Tennessee buff flagstone path lined on both sides with carefully maintained topiaries in Tuscan style pots leads to a large bronze fountain. Extensive hardscaping with mature evergreens, roses, hydrangeas, crepe myrtles and other plantings creates multiple garden rooms surrounding the home.

**DAVISWOOD DRIVE**, McLean. (Garden only) More than 40 mature 'Green Giant' arborvitae provide the background, shading and privacy for this garden oasis. This formal garden features multiple garden rooms showcasing crepe myrtles, hostas, hollies, boxwood, hydrangeas, rhododendrons and ninebarks with water features, statuary, travertine walkways and a hidden putting green. The garden's centerpiece is the saltwater swimming pool.

*Historic Garden Week in McLean is Tuesday, April 30, 10 a.m. to 4 p.m. with headquarters at Trinity United Methodist Church, 1205 Dolley Madison Boulevard, McLean. Advance tickets are \$40 per person online at [www.vagardenweek.org](http://www.vagardenweek.org), or by mail, until April 20. Tickets on the day of tour are \$50 at headquarters or tour homes.*



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# 'FLOURISHING AFTER 55'

"Flourishing After 55" from Arlington Office of Senior Adult Programs April 22-27.

**Senior centers:** Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

**Senior trips:** Arlington's Water Pollution Control Plant, Monday, April 22, \$5; Old Town Manassas, Wednesday, April 24, \$12; The Kennedy Center, NSO Coffee Concert, Friday, April 26, \$43; Leesburg Flower and Garden Show, Saturday, April 27, \$8 plus \$3 donation. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

## NEW PROGRAMS:

**Entrepreneur information,** Monday, April 22, 1 p.m., Lee. Register, 703-228-0555.

**Podcast followers,** Monday, April 22, 1 p.m., Langston-Brown. Details, 703-228-6300.

**Jack Russell Terriers, Mario and Bella,** perform Monday, April 22, 11 a.m., Langston-Brown. Details, 703-228-6300.

**How to define dementia,** Tuesday, April 23, 10 a.m., Walter Reed. Register, 703-228-0955.

**Genealogy 101,** basic research tips, Tuesday, April 23, 11:30a.m., Lee. Register, 703-228-0555.

**Name that Tune,** top songs from the '60s and '70s, Tuesday, April 23, 6:30 p.m., Walter Reed. Details, 703-228-0955.

Madison Chess Club welcoming new players, Mondays, 9:30 a.m. – 2:30 p.m., Madison. Details, 703-228-4878.

**55+ Biking Group,** contact info, 703-228-4771; email, 55plusbikinggroup@arlingtonva.us.

**Laughter Yoga,** Wednesday, April 24, 1:30 p.m., Aurora Hills. Register,

703-228-5722.

**Using technology to reduce cable bills,** Wednesday, April 24, 6:30 p.m., Arlington Mill. Details, 703-228-7369.

**DHS rep to field questions about services,** Thursday, April 25, 10 a.m., Walter Reed. Register, 703-228-0955.

**Senior trekkers,** Thursdays, 9 a.m., Arlington Mill. Details, 703-228-7369.

**Empowering older drivers,** Friday, April 26, 10 a.m., Walter Reed.

Register, 703-228-0955.

**Organ donation info,** Friday, April 26, 1 p.m., Walter Reed. Details, 703-228-0955.

**Ballroom Dance,** Friday, April 26, 1 p.m., Arlington Mill.. Details, 703-228-7369.

**Sunshine Gang band,** Fridays, 1-3 p.m., Walter Reed. Details, 703-228-0955.

**Annual Trash & Treasure Sale,** Saturday, April 27, 9:30 a.m. – 1:30 p.m., Aurora Hills. Details, 703-228-5722.



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# A Career Change After 50

## Strategies for job hunting after retirement.

BY MARILYN CAMPBELL  
THE CONNECTION

Ever since she was in high school, Yashika Mailey has wanted to be a nurse. She put that dream on hold however, when she started a family at the age of 17. Now that she's 55 and her three children are adults, she's finally working to turn that dream into a reality.

"I'm a full time student and I'm working full-time in medical billing," she said. "I'm starting by becoming an LPN (licensed practical nurse) first and then we'll see what happens." Whether changing careers to fulfill a dream, re-entering the workforce out of financial necessity or getting a job to stay socially connected, many Americans of retirement age still want to be employed. In fact, a recent Harris survey of workers in the U.S. between the ages of 54 to 72 showed that almost a quarter said that they plan to work in retirement.

"Obviously a career change or a job search

after 50 will require a different approach that it would if you were just out of college," said Hope Navolio, a career coach and former human resources executive in Alexandria. "It's not hopeless in the way that some people might think, but there are factors that you have to consider."

Age bias is a fear that Navolio hears often, but she advises clients to use age to their advantage. "The thought of competing for a job with people who are young enough to be their grandchildren can be intimidating for some older workers," she said. "But I think people can view their age as an asset and present themselves that way. There's a level of maturity and insight that only comes with age. Many employees are looking for someone who's stable, dependable and who won't get involved in petty office squabbling or office politics."

"One of the first things that I would say is to make sure you're web and tech savvy," said Bethesda headhunter Mara Rappaport. "That might mean that you have to take a

**"Obviously a career change or a job search after 50 will require a different approach that it would if you were just out of college."**

— Hope Navolio.

few classes, but you need to be able to use social media to your advantage. I would think anyone looking for a job today needs to have a LinkedIn page and cultivate a professional network, even if the jobs you're looking for aren't considered professional in the traditional sense. You could even start a blog and write about things that interest you or that are related to the type of job that interests you. For example, if you want to be a fitness coach, blog about current fitness trends.

That would demonstrate that you're both tech savvy and aware of what is going on in your field."

Modernizing one's appearance is another suggestion that Rappaport offers to those who are concerned about being too old to get a particular job. "It might sound shallow, but getting a makeover can breathe a breath of youthful air into your appearance and make a world of difference in a potential employers' first impression of you," she said. "I tell people to add a few trendy items into their wardrobe. That doesn't mean you need to

dress like a 20-year old, but I think you do need to show that you're at least aware of current trends, even if you don't follow all of them."

Not limiting oneself of traditional options when contemplating a career change can increase the chances of finding meaningful work, says Navolio. "Don't think of a career change as moving from one boring job to another," she said. "If there's something that you enjoy doing as a hobby, consider making a career out of it. If you've always practiced yoga, train to become a yoga teacher. If you love being around young children, a job at a preschool might interest you."

Ronald Potts, a former attorney with a knack for numbers and one of Navolio's client's, began working as a seasonal tax preparer in January. After becoming bored and isolated in retirement, he decided to look for a job, but he wanted one that required fewer hours and offered more flexibility than he had in his law career. "When I retired, I didn't really have a plan for how I was going to fill my time and I got bored within a few weeks," he said. "I thought about all of the things could do and I've always been good with math. Now I just do straightforward tax returns, so the work is still somewhat challenging, but don't have the long days and all the pressure that I had when I was at my firm."



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# ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## ONGOING

### Photos with the Easter Bunny.

Through April 20, at Fashion Centre at Pentagon City, 1100 S. Hayes St. Visitors can hop down the bunny trail near Nordstrom on the First Level to meet and take egg-citing photos with the Easter Bunny; skip the line, make an appointment at [simonbunny.com](http://simonbunny.com). Visit [simon.com/fashioncentreatpentagoncity](http://simon.com/fashioncentreatpentagoncity) for more.

**Arlington Art Truck.** Through May 11, various locations. Packed with digital and traditional creative tools, the “Truck” is a curated mobile toolbox for five artists-in-residence throughout the season. For the start of the second Arlington Art Truck season, artist Rachel Schmidt transforms the inside of the Arlington Art Truck using discarded plastics from her everyday life wrapped in paper printed with original photography of Arlington’s fauna by Drew Model and Discovery School students. Visit [arts.arlingtonva.us/arlington-art-truck/](http://arts.arlingtonva.us/arlington-art-truck/) for times and locations.

## THURSDAY/APRIL 11

### Young Entrepreneurs Academy

**Pitch.** 6-8 p.m. at Marymount University, Ballston Center, 1000 North Glebe Road. Arlington Public Schools Career Center students involved in the Arlington Chamber of Commerce’s Young Entrepreneurs Academy (YEA!) have worked diligently crafting their business ideas, and now is their chance to transform these ideas into reality. Students will pitch their business plans before a panel of investors and a public audience for the opportunity to receive startup capital. Visit [web.arlingtonchamber.org/events/YEA-Investor-Panel-2758/details](http://web.arlingtonchamber.org/events/YEA-Investor-Panel-2758/details) ro register.

**Fundraiser: Mother2Mother.** Doors, 6:30 p.m.; show starts 7:30 p.m. at Arlington Cinema & Drafthouse, 2903 Columbia Pike. Mother2Mother, in partnership with Safe Shores—The DC Children’s Advocacy Center, presents the debut of “Songs of Hope: Voices Raised to End Child Abuse” cabaret show. Twice a year, the nonprofit Mother2Mother (M2M) supports a Washington, D.C. 501(c)(3) organization that advocates for at-



Participants are picking up Easter eggs during Arlandria’s 2018 Eggstravaganza.

risk women and children. 100 percent of proceeds will benefit Safe Shores – The DC Children’s Advocacy Center. The event is for ages 21+. Full drink and dinner menu available. General admission: \$20. Visit [www.m2m.org](http://www.m2m.org) for more.

## FRIDAY/APRIL 12

### 2019 Crystal City 5K Fridays.

6:30 p.m. Run a low key race after work on Friday and meet up for happy hour after the run. Runners will receive post-race drink tickets that can be used at select Crystal City watering holes. Individual races \$20-\$25; series \$60-\$75. Visit [www.runpacers.com/race/crystal-city-5k-fridays/](http://www.runpacers.com/race/crystal-city-5k-fridays/).

## FRIDAY-SATURDAY/APRIL 12-13

### Used Book Sale.

Friday, 9 a.m.-9 p.m.; Saturday, 9 a.m.-4 p.m. at the Falls Church Community Center, 223 Little Falls St., Falls Church. For book bargains and selection, plan to shop the AAUW used book sale. Thousands of books for browsing and buying. Huge selection. Most books priced at \$3 or less. Proceeds benefit scholarships and grants for women and girls. Visit [fallschurcharea-va.aauw.net/booksale/](http://fallschurcharea-va.aauw.net/booksale/) for more.

## SATURDAY/APRIL 13

### 2019 Arlandria Eggstravaganza.

11 a.m.-3 p.m. at Four Mile Conservatory Center, 4109 Mt. Vernon Ave. This year’s event features entertainment by the

Rainbow Rock Band, Uncle Devin, Kalin Jones, and more with plenty of food, activities, and games for the whole family. The event also includes multiple egg hunts specifically for tots, elementary aged children, and teens/adults. A petting zoo, health services area, and a pupusa making contest are new additions. Free, family-friendly. Visit [www.arlandriaeggstravaganza.com](http://www.arlandriaeggstravaganza.com).

**Arlington Palooza.** 1-4 p.m. at Alcova Heights Park, 901 S. George Mason Drive. Arlington Palooza will feature live music and dance, food trucks, art activities, interactive games and more for all ages. The Arlington Art Truck will be there as well. Free admission; open to the public. There will be no on-site parking. Visit [parks.arlingtonva.us/arlington-palooza/](http://parks.arlingtonva.us/arlington-palooza/) for more.

## SATURDAY-SUNDAY/APRIL 13-14

### Arlington Festival of the Arts.

10 a.m.-5 p.m. at 3003 Washington Blvd. Washington Boulevard will transform into an art-lover’s during the 7th Annual Arlington Festival of the Arts. One hundred and fifty national and international artists are set to display their fine works from across the globe in a prestigious show encompassing fine jewelry, exquisite works of art and hand-crafted apparel and decor. Ample parking is available and pets on leashes are welcome. Visit [www.artfestival.com](http://www.artfestival.com) for more.

## APRIL 13-JUNE 2

## 2019 Arlandria Eggstravaganza

This year’s event features entertainment by the Rainbow Rock Band, Uncle Devin, Kalin Jones, and more. The day also features plenty of food, activities, and games for the whole family. The event also includes multiple egg hunts specifically for tots, elementary aged children, and teens/adults. A petting zoo, health services area, and a pupusa making contest are new additions to this year’s activities. These activities will join the other favorites like the putt-putt forest, carnival game area, and community resource tent. Saturday, April 13, 11 a.m.-3 p.m. at Four Mile Conservatory Center, 4109 Mt. Vernon Ave. Free, family-friendly. Visit [www.arlandriaeggstravaganza.com](http://www.arlandriaeggstravaganza.com).

### Art Exhibit: The Binding Ties.

Gallery hours in the Wyatt Resident Artists Gallery at Arlington Arts Center, 3550 Wilson Blvd. In The Binding Ties, Roxana Alger Geffen presents sculptures created in part with objects and materials drawn from her family, ordinary things found in her own attic or her grandmother’s junk drawer. An opening reception will take place Saturday, April 13, 6-9 p.m. Visit [arlingtonartscenter.org](http://arlingtonartscenter.org) for more.

### Art Exhibit: Onwards and

Upwards. Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Organized by instructor Faylinda Kodis, Onwards and Upwards presents work by H-B Woodlawn seniors who have made a commitment to the visual arts, concentrating on creating a portfolio throughout their time as high school students. As they prepare for graduation and their school moves from its longtime location on Vacation Lane to a new building in Rosslyn, these five students reflect on the experience of moving on and consider the history, ideology, and accomplishments that shape both the school and their time as students. Visit [arlingtonartscenter.org](http://arlingtonartscenter.org) for more.

## APRIL 13-JUNE 7

### Spring SOLOS.

Gallery hours in the Main Galleries at Arlington Arts Center, 3550 Wilson Blvd. Artists Brian Barr, Emily Campbell, Noel Kasewitz, Greg Stewart, Greta Bergstresser, Jack Warner, and Ying

Zhu will install solo-style exhibitions in AAC’s seven main gallery spaces. The artists tackle timely environmental issues, draw on their own experiences of childhood, and create installations that shift viewers’ perceptions of time, space, and history in work that encompasses sculpture, photography, installation, drawing, and painting. An opening reception will take place Saturday, April 13, 6-9 p.m. Visit [arlingtonartscenter.org](http://arlingtonartscenter.org) for more.

## TUESDAY/APRIL 16

### Embrace Your Voice: A Night of

Poetry. 6:30-8:30 p.m. at MetroStage, 1201 N. Royal St., Alexandria. Join Doorways, Friends of Guest House, and the Alexandria Sexual Assault Center for our annual Sexual Assault Awareness and Prevention Month (#SAAPM) poetry share. This event is free, but space is limited, so tickets are required. Specially trained advocates will be available for anyone who may be triggered and would like help with grounding. If you’re interested in speaking or reading your work, please contact Ashley Blowe at [ashley.blowe@alexandriava.gov](mailto:ashley.blowe@alexandriava.gov) or 703-746-3118 by March 30. Reserve tickets at [www.doorwaysva.org/events/event/embrace2019/](http://www.doorwaysva.org/events/event/embrace2019/).

### Movie Screening: Grand Hotel.

7 p.m. at Shirlington Library, 4200 Campbell Ave. Attend a free screening of the classic film that inspired the musical Grand Hotel. Greta Garbo, Joan Crawford, John Barrymore, Lionel Barrymore, and more star in this beautiful, exciting movie from the Golden Age of Hollywood. Free, no reservations required. Call 703-228-6545.

## WEDNESDAY/APRIL 17

### EarthFest.

10 a.m.-noon at Arlington Mill Community & Senior Center, 909 S. Dinwiddie St. Learn about compost, recycling, energy efficiency and more. Play recycling games, learn how to compost and create upcycled art. Stations will include representatives from AIRE, Virginia Cooperative Extension, Environmental Services, Arlington Art Truck, Remove Invasive Plants, Creative Arts, Fitness, and more. This free activity takes place over spring break – all ages are invited. Visit [parks.arlingtonva.us/events/earthfest/](http://parks.arlingtonva.us/events/earthfest/) for more.

### Gardening Talks.

7 p.m. at the Arlington Central Library, 1015 N. Quincy St., in the Bluemont Room. Vegetable Gardening in the Shade.

# Dogs, Kids and Bunnies Hop at the 5K Run/Walk

BY SHIRLEY RUHE  
THE CONNECTION

Music and warm up Zumba dancing will wake up run participants. Kids hop. Dogs hop. Families hop at the second annual Arlington Bunny Hop 5K Run/Walk for Arlington charities. The beneficiary will be Bridges to Independence for the second year in a row.

“The Bunny Hop got its name from the desire to identify this race as spring-time (Easter) and a family-friendly event,” said Denny Edelbrock, race director.

Last year 600 people registered for the event plus an unspecified number of dogs (not required to register.) This year they are expecting 900. The Bunny Hop also bookends the sister Thanksgiving race, the Arlington Turkey Trot.

Clarendon United Methodist Church is sponsoring the event which will start at the church’s location at 606 Irving St. in Arlington at 8 a.m. on Saturday, April 27.

The race will wind through the Ashton Heights neighborhood and the Columbia Gardens Cemetery before finishing at the church.

People of all ages are encouraged to participate, and costumes are not mandatory

but are recommended to put early morning smiles on the faces of participants. Last year the youngest “runners” were in strollers and some slept through the race while the oldest runner was in her 80s. Families often sign up as teams, and groups participate as well including last year’s largest team consisting of the entire JV and Varsity team of Yorktown High School’s women’s lacrosse.

After the race a block party will feature a live band plus strolling musicians, two Bouncy houses, face painting, and finish medals for all children 12 and under regardless of transportation method, by stroller or piggyback. Star Wars characters will

minge with the Easter bunny.

Sam Kelly, chief executive officer for Bridges to Independence, says proceeds from the race are critical to the organization’s mission. “The support from the Arlington Bunny Hop will directly impact the housing and stability of more than 120 families here in our community.”

*Bridges to Independence is a private non-profit organization which began working with families in 1985. They offer a continuum of aid and support to lead families out of homelessness into stable, independent futures.*



# ENTERTAINMENT

Learn which vegetables appreciate shade during summer's hot months. Visit [afac.org/plot-against-hunger/pah-events/](http://afac.org/plot-against-hunger/pah-events/) for more.

## FRIDAY/APRIL 19

**2019 Crystal City 5K Fridays.** 6:30 p.m. Run a low key race after work on Friday and meet up for happy hour after the run. Runners will receive post-race drink tickets that can be used at select Crystal City watering holes. Individual races \$20-\$25; series \$60-\$75. Visit [www.runpacers.com/race/crystal-city-5k-fridays/](http://www.runpacers.com/race/crystal-city-5k-fridays/).

## MONDAY/APRIL 22

**Building Bridges.** 3-4:30 p.m. at the Arlington County Central Library, 1015 N. Quincy St. Jan Canterbury and Vivek Patil will give a presentation on Building Cultural, Economic, and Environmental Bridges Across Virginia. The Commonwealth of Virginia, like the nation, faces a growing divide over values, environmental progress and economics. These divisions exist across geography, income level, race, gender, and political beliefs. The public is invited. Call Encore Learning at 703-228-2144.

## WEDNESDAY/APRIL 24

**Gardening Talks.** 7 p.m. at the Arlington Central Library, 1015 N. Quincy St., in the garden (tennis court side). Vertical Garden Structures & Protection Techniques. Make better use of limited space and use cages, trellises, and fencing to train vegetables – tomatoes, cucumbers, pole beans, peas – to grow upwards rather than sprawl.

Learn about structures to protect your vegetable gardens from squirrels and other critters. Visit [afac.org/plot-against-hunger/pah-events/](http://afac.org/plot-against-hunger/pah-events/) for more.

## THURSDAY/APRIL 25

**Rosslyn Reads! Book Festival.** 10 a.m.-10 p.m. at Central Place Plaza, 1800 N. Lynn St. In addition to celebrating community (entertainment, food and drink for all ages) and giving (all proceeds benefit Turning the Page), the festival will honor: women's fight to obtain the right to vote with an author talk and book signing with Elaine Weiss, author of *The Woman's Hour*; Bring Your Child to Work Day with Tunes & Tales (a musical story hour), craft activities and the Magic of Zain. Visit [www.rosslynva.org/do/rosslyn-reads-book-festival](http://www.rosslynva.org/do/rosslyn-reads-book-festival) for more.

## FRIDAY/APRIL 26

**Digital Preservation.** 2-3 p.m. at Westover Library, 1644 North McKinley Road. Learn how to store, preserve, and organize a photo collection. Join the Center for Local History as they give advice on how to best care for and preserve both physical and digital photo collections. Free. Visit [arlingtonva.libcal.com/event/5107879](http://arlingtonva.libcal.com/event/5107879) or call 703-228-6327.

**2019 Crystal City 5K Fridays.** 6:30 p.m. Run a low key race after work on Friday and meet up for happy hour after the run. Runners will receive post-race drink tickets that can be used at select Crystal City watering holes. Individual races \$20-\$25; series \$60-\$75. Visit [www.runpacers.com/race/crystal-city-5k-fridays/](http://www.runpacers.com/race/crystal-city-5k-fridays/).



Brian Barr, Installation View, Fictionhearted, 2018

## SATURDAY/APRIL 27

**EcoAction Arlington Earth Day Cleanup.** 9 a.m.-12 p.m. at the Bon Air Park Shelter, 850 N. Lexington St., Arlington. Join the community in celebration of Earth Day as we bike, walk, and plog (picking up trash while jogging) to remove litter from our parks, trails and streams. This event is free. Visit [www.ecoactionarlington.org](http://www.ecoactionarlington.org).

**Bike Rodeo.** 10 a.m.-noon at The Woman's Club of Arlington Parking Lot, 700 South Buchanan St. Bring children and their bikes to participate in: safety helmet check; bike maintenance check; and games to teach basic biking skills. Donate unwanted bikes to Phoenix Bikes that day. Free. Call 703-553-5800 or email [womansclubarlington@gmail.com](mailto:womansclubarlington@gmail.com).

**Handmade Arlington 2019.** 10 a.m.-4 p.m. at Swanson Middle School, 5800 N. Washington Blvd. Handmade Arlington 2019 will feature more than 60 high-quality, professional arts and crafts makers and local food trucks: The Big Cheese, Rocklands Barbeque, and Captain Cookie and the Milkman. Free admission. Visit [www.handmadearlington.com](http://www.handmadearlington.com).

**Arlington Home Show and Garden Expo 2019.** 10 a.m.-4 p.m. at Kenmore Middle School, 200 S. Carlin Spring Road. Come get tips on how to make a home more beautiful, valuable, and energy efficient. Featuring home remodelers, architects, energy auditors, realtors, master gardeners, banks, nonprofit organizations and Arlington County housing, zoning and inspection representatives. Visit [www.arlingtonhomeshow.com](http://www.arlingtonhomeshow.com).

## Spring SOLOS

Artists Brian Barr, Emily Campbell, Noel Kassewitz, Greg Stewart, Greta Bergstresser, Jack Warner, and Ying Zhu will install solo-style exhibitions in AAC's seven main gallery spaces. The artists tackle timely environmental issues, draw on their own experiences of childhood, and create installations that shift viewers' perceptions of time, space, and history in work that encompasses sculpture, photography, installation, drawing, and painting. April 13-June 7, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. An opening reception will take place Saturday, April 13, 6-9 p.m. Visit [arlingtonartscenter.org](http://arlingtonartscenter.org) for more.

homeshow.org or call 202-599-0665. **Complete Dogness.** 4 p.m. at Theatre on the Run, 3700 S Four Mile Run Drive. A family friendly performance about a dog with bad habits who learns new tricks. Featuring Andie deVaulx, Kelsey Rohr, Brynna Shank, and Rebecca Weiss of Jane Franklin Dance. Tickets \$15 adults; \$10 children under age 10; \$45 family of four. Visit [www.janefranklin.com](http://www.janefranklin.com) or call 703-933-1111.

**ACF Annual Gala.** 6-11 p.m. At The Ritz-Carlton Pentagon City, 1250 S. Hayes St., Arlington. Join the Arlington Community Foundation's "Building Bridges for Arlington's Future" Annual Spring Gala. Enjoy a cocktail reception, silent and live auctions, and live entertainment, showcasing Nova Payton. \$300. Visit [www.arlcf.org](http://www.arlcf.org) for more.

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**NOTICE TO THE PUBLIC OF  
AN APPLICATION BY VIRGINIA ELECTRIC AND POWER COMPANY FOR APPROVAL AND  
CERTIFICATION OF POTOMAC YARDS UNDERGROUNDING AND GLEBE GIS CONVERSION  
PURSUANT TO TITLE 56 OF THE CODE OF VIRGINIA  
CASE NO. PUR-2019-00040**

On March 7, 2019, pursuant to Virginia Code § 56-46.1 and the Utility Facilities Act, Code § 56-265.1 et seq., Virginia Electric and Power Company ("Dominion" or "Company") filed an application and supporting documents for approval and certification of electric facilities ("Application") with the Virginia State Corporation Commission ("Commission").

Specifically, Dominion seeks to convert the overhead portion of 230 kilovolt ("kV") Glebe-Ox Line #248 and 230 kV Glebe-North Alexandria Line #2023 between Glebe Substation (located in Arlington, Virginia), and Potomac Yards North Terminal Station ("Potomac Yards Station") (located in the City of Alexandria, Virginia) to underground lines and to tie the converted lines into Glebe Substation. This conversion would include the removal and replacement of related underground lines comprising a total installation of approximately 2,100 feet of new underground cable from existing manhole #110 to new manhole #111 to Glebe Substation ("Potomac Yards Undergrounding"). Of the 2,100 feet of underground line Dominion proposes to install, 1,100 feet would be installed using microtunneling and 1,000 feet would be installed using existing underground right-of-way. Dominion also proposes to remove 550 feet of underground cable and pipe from Potomac Yards Station to new manhole #111 and to remove 1,000 feet of cable only from new manhole #111 to existing manhole #110. Dominion also seeks to convert and rebuild the Company's existing Glebe Substation to a Gas Insulated Substation (collectively, all the work described above comprises the "Project").

Dominion asserts that the proposed Project is necessary to comply with the expiration of an existing Special Use Permit issued by the City of Alexandria. The Special Use Permit is expected to expire January 1, 2021. According to Dominion, the proposed Project is necessary to permit the Company's remaining transmission facilities in the area to provide adequate service to the Company's existing customers located in the City of Alexandria and Arlington County, consistent with North American Electric Reliability Corporation Reliability Criteria. Dominion further asserts that the proposed Project would improve operational performance, maintain critical energy infrastructure needed to provide continued reliable electric service to facilities depended upon to provide critical services, and to maximize available land use to accommodate necessary transmission terminations.

The proposed Project would require new right-of-way across Four Mile Run. Dominion explains that no feasible alternatives have been submitted to the PJM Interconnection, L.L.C. specifically limited to this proposed Project because the key driver for the Project is the undergrounding requirement in the City of Alexandria's Special Use Permit.

Dominion anticipates an in-service date of May 2022 for the proposed Project, subject to Commission approval and outage scheduling. Dominion estimates the conceptual cost of the proposed Project to be \$122.8 million, including approximately \$59.3 million for transmission-related work and approximately \$63.5 million for substation-related work (2019 dollars).

#### Description of the Proposed Project

For the existing line relocation under the Potomac Yards Undergrounding, the entire Potomac Yards Station, including three double-circuit 230 kV structures, two single circuit structures and conductors would be removed. Also, approximately 550 feet of two existing double circuit underground lines, currently entering Potomac Yards Substation would be removed and the connection relocated directly into Glebe Substation. Each line consists of two sets of three conductor bundles, with one three-conductor bundle per line. At the tie-in point 550 feet from the existing Potomac Yards Station, four new steel pipes would be installed turning northwest, crossing U.S. Route 1, going under Four Mile Run, and proceeding north into Glebe Substation. Four three-conductor bundles, high-pressure fluid-filled ("HPFF") cables will be removed from the Potomac Yards Station to existing manhole #110, where cables could be removed to facilitate this undergrounding project. This is approximately 1,550 feet, the distance of this line relocation is approximately 1,100 feet.

After the four HPFF cable pipes are installed into Glebe Substation, approximately 2,100 feet of new cable for each pipe would be installed in each pipe from existing manhole #110 to Glebe Substation.

Because the Potomac Yards Undergrounding would be constructed underground, no structure heights are provided.

All distances and directions are approximate. A sketch map of the proposed route accompanies this notice. A more detailed map of the proposed route may be viewed on the Commission's website: <http://www.scc.virginia.gov/pur/elec/transline.aspx>.

The Commission may consider a route not significantly different from the route described in this notice without additional notice to the public.

A more complete description of the proposed Project may be found in the Company's Application.

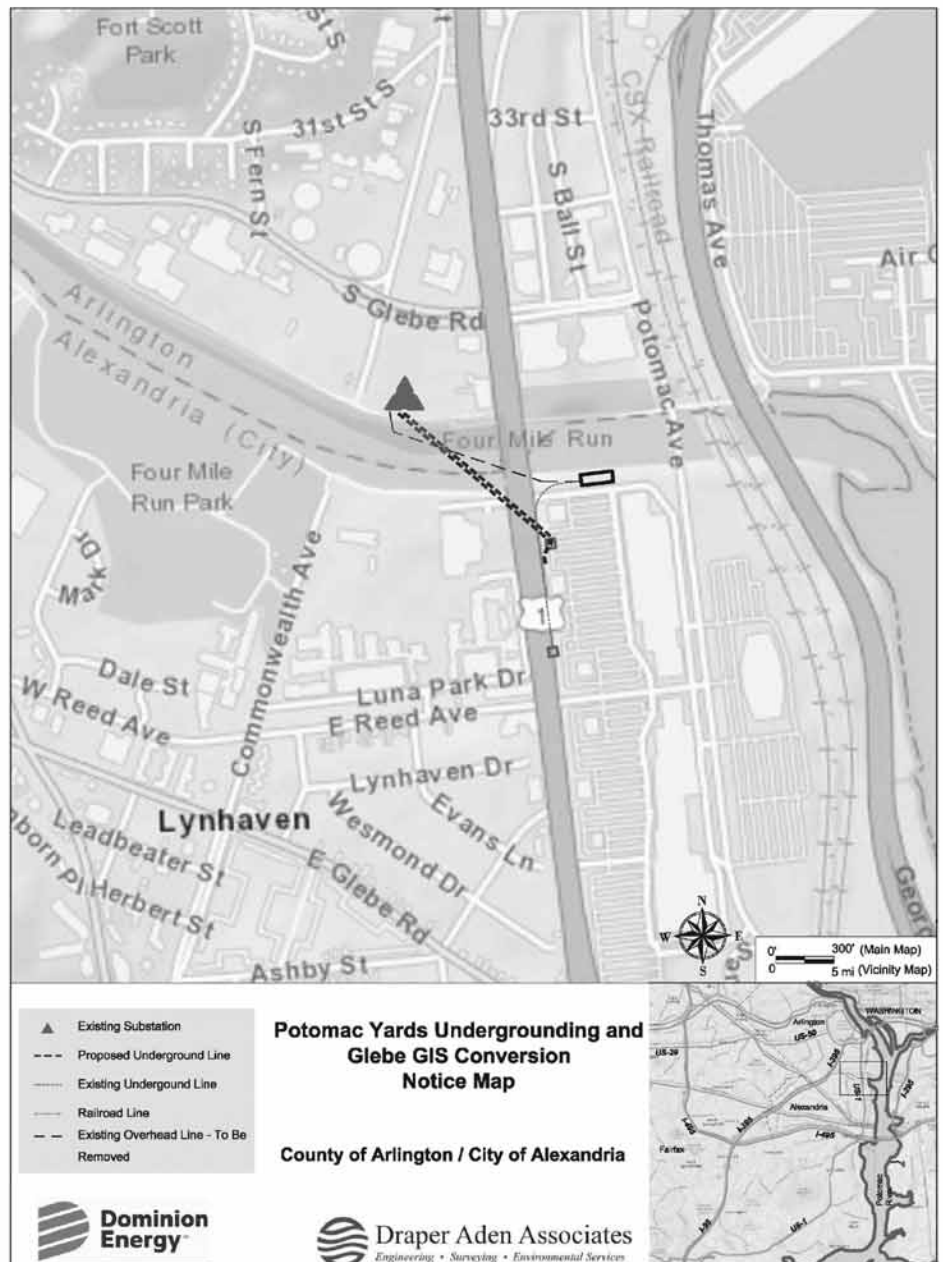
The Commission entered an Order for Notice and Hearing in this proceeding that, among other things, scheduled a public evidentiary hearing to be held on July 23, 2019, at 10 a.m., in the Commission's second floor courtroom located in the Tyler Building, 1300 East Main Street, Richmond, Virginia 23219, to receive testimony from members of the public and evidence related to the Application from the Company, any respondents, and the Commission's Staff. Any person desiring to testify as a public witness at this hearing should appear fifteen (15) minutes prior to the starting time of the hearing and contact the Commission's Bailiff.

Copies of the public version of the Application and documents filed in this case also are available for interested persons to review in the Commission's Document Control Center, located on the first floor of the Tyler Building, 1300 East Main Street, Richmond, Virginia 23219, between the hours of 8:15 a.m. and 5 p.m., Monday through Friday, excluding holidays. Interested persons also may download unofficial copies from the Commission's website: <http://www.scc.virginia.gov/case>.

Copies of the Application and other supporting materials also may be inspected during regular business hours at the following location:

Attn. John Mulligan  
Dominion Energy Virginia  
10900 Nuckols Road  
Suite 400  
Glen Allen, Virginia 23060

Attn. Karl Mortiz  
City of Alexandria Planning & Zoning  
Room 2100  
301 King Street  
Alexandria, Virginia 22314



Attn. Steven Cover  
Arlington County Department of Community  
Planning and Housing Development  
Suite 700, 2100 Clarendon Boulevard  
Arlington, Virginia 22201

Copies of the public version of the Application may be obtained by submitting a written request to counsel for the Company, David J. DePippo, Esquire, Dominion Energy Services, Inc., 120 Tredegar Street, Richmond, Virginia 23219. If acceptable to the requesting party, the Company may provide the documents by electronic means.

Any person or entity may participate as a respondent in this proceeding by filing, on or before May 14, 2019, a notice of participation. If not filed electronically, an original and fifteen (15) copies of the notice of participation shall be submitted to Joel H. Peck, Clerk, State Corporation Commission, c/o Document Control Center, P.O. Box 2118, Richmond, Virginia 23218-2118. A copy of the notice of participation as a respondent also shall be sent to counsel for the Company at the address set forth above. Pursuant to Rule 5 VAC 5-20-80 B, *Participation as a respondent*, of the Commission's Rules of Practice and Procedure ("Rules of Practice"), any notice of participation shall set forth: (i) a precise statement of the interest of the respondent; (ii) a statement of the specific action sought to the extent then known; and (iii) the factual and legal basis for the action. All filings shall refer to Case No. PUR-2019-00040. Interested persons should obtain a copy of the Commission's Order for Notice and Hearing for further details on participation as a respondent.

On or before July 16, 2019, any interested person wishing to comment on the Company's Application shall file written comments on the Application with the Clerk of the Commission at the address set forth above. Any interested person desiring to file comments electronically may do so on or before July 16, 2019, by following the instructions on the Commission's website: <http://www.scc.virginia.gov/case>. Compact discs or any other form of electronic storage medium may not be filed with the comments. All comments shall refer to Case No. PUR-2019-00040.

All documents filed in the Office of the Clerk of the Commission in this docket may use both sides of the paper. In all other respects, all filings shall comply fully with the requirements of 5 VAC 5-20-150, *Copies and Format*, of the Commission's Rules of Practice.

The Commission's Rules of Practice may be viewed at <http://www.scc.virginia.gov/case>. A printed copy of the Commission's Rules of Practice and an official copy of the Commission's Order for Notice and Hearing in this proceeding may be obtained by the Clerk of the Commission at the address set forth above.

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PHOTOS BY GREG HADLEY

Even in cooler months, guests can find a warm spot outdoors — whether it's soaking in the sunken hot tub or cozying up to the wood burning fireplace flanked by gas torches.

## Stylish Outdoor Living Wins 'Contractor of the Year'

Dreaming of making the most of outdoor living? Look at this.

BY JOHN BYRD



**Best Outdoor Living Solution. A multi-component, multi-level rear elevation addition to a home in Oakton recently garnered a "Contractor of the Year" Grand Award for Sun Design Remodeling.**

An outdoor living addition to Chateau-style residence in Oakton has won a "Contractor of the Year" grand award for Sun Design Remodeling Specialists.

The comprehensive design — which combines a screened porch, an outdoor kitchen and dining area, a hot tub and a stone fireplace in a cleverly integrated, multi-level layout— completes the rear elevation of the 9,500 square foot custom home the owners had built in 2001. The remodel to the home of Larry and Lisa Rice was named best "Residential Design/Outdoor Living Solution for \$60,000 and over" by the National Association of the Remodeling Industry (NARI) metro DC chapter.

"We wanted an indoor/outdoor gathering place that would bring the whole family together," says Lisa, 56, a retired mother of teenage twins. "The rear of the house was originally conceived as a walk-out, but I realized later that I didn't want high decks. Once I saw the design problem more clearly, I was simply looking for a better set of options — albeit, ones I couldn't fully envision." Rice credits Craig Duroske, chairman and founder of Sun Design, with re-awakening her enthusiasm for the project by identifying and prioritizing its primary components.

"Craig got our vision" Lisa says. "It was his attention to our goals that revived my interest in moving forward."

In the end, the plan appreciably responds to the Rice family's passion for indoor-outdoor living.

❖ A 437-square-foot screened porch linked to the kitchen via a folding glass window provides a cozy, insect-free gathering spot. An eight-foot counter abut-

ting the "pass-thru" inside the porch facilitates service and dining. With a gas fireplace clad in stone and a flat screen TV, the porch can be fully used as an entertainment mecca nine months of the year;

❖ A formal dining area situated under a cedar pergola incorporates retractable awnings for shade;

❖ The 21-by-21-foot outdoor kitchen includes a built-in Wolf gas grill, a beverage center with refrigerator, an ice maker, a sink, and a stainless oval grill;

❖ Three steps down, the open air deck (22-by-28 feet) features a wood-burning hearth and a hot tub set-off by planters and gas torches — an inviting spot to deeply relax, even in cooler weather.

❖ A ground-level patio (16-by-19-feet) just outside the fully-appointed lower level family room offers a fire pit, and a quiet perch for stargazing.

"I always thought of the lower patio as a place where the kids could get away from the adults if they wanted," Lisa says. "On the other hand, Larry and I like it too."

Sun Design Remodeling is headquartered in Burke, Va. and also maintains an office in McLean. For More Information Visit: [www.SunDesign.com](http://www.SunDesign.com) or call 703-425-5588

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# Program May Face Cuts

FROM PAGE 8

geted money for furniture but in a completely different part of the budget, they had decided against furnishing the space. So there was a pot of unspent money. The budget is so opaque, particularly in the Teaching and Learning section. There are 305 or more positions there,” said Swaim.

“I ran for the D.C. School Board because my kids were playing with kids who were in the school system and they were being failed by the system. We moved to Arlington then because we had four children. I started teaching at Wakefield High School and had kids in ninth grade history class who could do it all except they couldn’t write. I started nosing around. It wasn’t about money or the quality of teachers, and it definitely wasn’t about the kids. I found out the key is teacher expectations. That’s when I realized how socialized we are about race to the idea that, ‘Black is lesser, White is better’, whether we intend it or not.” and “how we often don’t expect these kids to be able to write. We need to change those attitudes.”

“Part of our issue with the school system,” she said, “is that two years ago we did four programs — three were paid for by APS and the fourth was paid by us. That year there were still 40 people on the waiting list. We would like to be able to get those parents talking about race, racism and building the skills to disrupt it.”

Arlington students have spoken in the last few weeks of budget meetings about the difficulties they faced being the only African Americans or Hispanics in their AP classes, and how they had arrived at local high schools feeling they couldn’t connect with students who had lived in north Arlington all their lives.

“Parents are interested in this, for themselves and for their children. They want to be able to talk with their children about race and equity. More dollars for race and equity training were in the 2019 budget passed last May than have been spent. Twenty thousand dollars remained in the budget for conversations with parents that never happened. Why not?”

When asked about this, Frank Bellavia, Arlington County Public Schools spokesman said the funds were allocated to support opportunities for staff, students, and families to engage in professional learning and conversations related to equity and diversity. The funds were not specifically allocated to

Challenging Racism. “Through a ‘Request for Quotes’ process, Challenging Racism was selected to facilitate two parent groups on this topic and Gary Howard was selected to provide equity training to an APS staff leadership team.”

Swaim commented that Bellavia may not have known that one contract for parents for conversations on equity and diversity was offered, not two.

One of the reasons Swaim is concerned about this year’s budget involves the EIP/GMU Equity and Excellence program that works to identify students from families with no previous college graduates. The program sends students who follow it through high school to George Mason University.

Bellavia said the Equity and Excellence EIP Program is not being cut. There are some proposed staffing and program reductions, but the focus on equity and excellence as supported by the team will still be in place. These reductions do not have an impact on the George Mason program.

“Parents are interested in Challenging Racism and the community wants programs like this,” Swaim said. “The Arlington Community Foundation has provided funding for some of the programming. But it would facilitate planning if Arlington County Public Schools, whose strategic goals dovetail those of Challenging Racism, would pay more dollars for race and equity training, a goal that can be fulfilled by this important program.”

The APS strategic goals highlight excellence, equity, inclusivity, integrity, collaboration, innovation, and stewardship.

Upcoming meetings on the budget process are: April 9 – Budget Work Session #6; April 11 - School Board’s Proposed FY2020 Budget, April 12 - School Board’s Presentation to the County Board, May 2 - Public hearing on School Board’s Proposed Budget, and May 9, School Board’s Adopted FY2020 Budget.

To learn more about Challenging Racism, see: [www.ChallengingRacism.org](http://www.ChallengingRacism.org).

## BULLETIN BOARD

FROM PAGE 2

### MONDAY-FRIDAY/APRIL 15-19

**Spring Break Escape.** 10 a.m.-12:30 p.m. and 1:30-4 p.m. at Arlington Arts Center. Students (ages 5-7 and 8-10) will travel the world during AAC’s annual Spring Break Escape. Classes will explore the works and techniques of contemporary artists

SEE BULLETIN, PAGE 18

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## Public Meetings

### Funding the Right Transportation Projects

You are invited to share comments on transportation projects that have been recommended for funding in the FY2020-2025 Six-Year Improvement Program (SYIP). Additionally, pursuant to §33.2-202, comments will be accepted for new projects valued in excess of \$25 million. Hearings held in Northern Virginia and Fredericksburg will also provide opportunity for input on the I-95 Corridor Improvement Plan. The Commonwealth Transportation Board (CTB) will consider your comments as it develops the FY2020-2025 Six-Year Improvement Program. The program allocates public funds to highway, road, bridge, rail, bicycle, pedestrian, and public transportation projects. All federally eligible projects in the SYIP will be included in the Statewide Transportation Improvement Program to document how Virginia will obligate its federal funds. Meeting materials will be available at <http://www.ctb.virginia.gov/planning/springmeetings/default.asp> beginning April 11, 2019.

**Public hearings begin at 4 p.m. in each of the locations except as noted below:  
A formal comment period will be held at these meetings.**

<b>Thursday, April 11, 2019 Lynchburg District</b> Holiday Inn Lynchburg 601 Main St. Lynchburg, VA 24504	<b>Monday, April 15, 2019 Hampton Roads District</b> Hampton Roads District Office Auditorium 7511 Burbage Drive Suffolk, VA 23435	<b>Monday, April 22, 2019 Staunton District</b> Blue Ridge Community College Plecker Center for Continuing Education One College Lane Weyers Cave, VA 24486
<b>Tuesday, April 23, 2019 Bristol District</b> Southwest Virginia Higher Education Center One Partnership Circle Abingdon, VA 24210	<b>Thursday, April 25, 2019 Richmond District</b> Richmond Marriott - Short Pump 4240 Dominion Boulevard Glen Allen, VA 23060	<b>Monday, May 6, 2019 Culpeper District</b> Culpeper District Auditorium 1601 Orange Road Culpeper, VA 22701
<b>Tuesday, May 7, 2019 Salem District</b> Holiday Inn Tanglewood 4468 Starkey Road Roanoke, VA 24018	<b>Thursday, May 9, 2019 Fredericksburg District</b> James Monroe High School 2300 Washington Avenue Fredericksburg, VA 22401 **meeting begins at 6 p.m.	<b>Monday, May 13, 2019 NOVA District</b> Northern Virginia District Office Potomac Conference Room 4975 Alliance Drive Fairfax, VA 22030 **meeting begins at 6 p.m.

\*The Northern Virginia District meeting will serve as the required joint public meeting with the Northern Virginia Transportation Authority, the Northern Virginia Transportation Commission, the Virginia Railway Express, and the CTB per § 33.2-214.3 of the Code of Virginia.

Beginning at 3 p.m. (except in Northern Virginia and Fredericksburg, which will begin at 5 p.m.), there will also be an open house with information and opportunities for public feedback on the statewide, multimodal transportation plan, known as VTrans. This open house will be the first of four for the new plan update and will cover the vision and goals for the plan as well as information on the required statewide multimodal Needs Assessment. More information can be found at [www.VTrans.org](http://www.VTrans.org) or via email at [comment@vtrans.org](mailto:comment@vtrans.org). There is no formal hearing for the VTrans open house.

You can also submit your comments via email or mail by May 27, 2019, to:

For roads and highways: [Six-YearProgram@VDOT.Virginia.gov](mailto:Six-YearProgram@VDOT.Virginia.gov), or Infrastructure Investment Director, Virginia Department of Transportation, 1401 East Broad Street, Richmond, VA 23219.

For rail and public transportation: [DRPTPR@drpt.virginia.gov](mailto:DRPTPR@drpt.virginia.gov), Public Information Office, Virginia Department of Rail and Public Transportation, 600 East Main Street, Suite 2102, Richmond, VA 23219.

*The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of, its services on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation’s Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation’s Title VI Compliance Officer at 804-786-4440 (TTY users call 711).*



# Honoring Arlingtonians

FROM PAGE 8

struction, and he was the first black member of the Arlington Bar Association and the only judge to have served on all three Arlington courts — Juvenile, General District and Circuit.

Speaking about Charles Drew, one of the honorees, Moore said his father knew Dr. Charles Drew's brother — he was not sure about Drew himself, the founder of the blood bank concept and a groundbreaking physician. The Drews had moved to Arlington after a flu epidemic in Washington, D.C. took one of their daughters and they vowed to move to the countryside — Arlington — for clean air.

Two other activists are being honored during the 5K race, Barbara Marx, who defied death threats from white supremacists to pursue desegregation in Arlington schools, and Evelyn Syphax, who was the first black school board chairperson. An Arlington teacher, Syphax also began the first Montessori program in Arlington in 1965, after she and her husband realized there were no pre-schools for African American in Arlington. The couple was known throughout Arlington for their activism and everyone knew them as "construction people" who built up many of the apartment buildings along Lee Highway.

Back in the barber shop, as the conversation turned political, Moore paused and asked a customer who had experience in D.C.'s corridors of power: "What do you think? Is this Attorney General Barr, a straight up guy?" The answer came after a long pause. "A lot of people I used to think were reasonable, under this regime, in the face of the kind of power at the top, seem to be bending a little in a less straight up direction ... so is he a straight up guy? Yes, but ... I don't know ... in

this case."

They both reflected on the Challenging Racism program and why it was important. "Racism is still a part of our lives," Moore and his customer said. Moore recalled a recent story from Station Eight, where he is a volunteer firefighter. "Two weeks ago, four firefighters from Station Eight went to a preschool off Glebe Road in Arlington to talk about Fire Station Eight, its history, and its role. After the presentation was over, a four-year-old boy asked the firefighters, who were in their blue uniforms, 'Where are your masters?' The men were dumbfounded.

Moore said the other day Coach John Thompson of Georgetown came in. He was telling a story about taking Patrick Ewing, a star basketball player, on tour in California. At one house, a young boy was asked if he would like to shake Ewing's hand, and he hesitated, asking: "Will that color on him rub off on me?"

Moore remarked how successful Thompson and Ewing had been, even in the '70s, as ground-breakers themselves.

"Yes," said Thompson, "But so many more young men and women would have been successful too, if it were not for the stigma of racism."

To support the Challenging Racism 5K race, whether by sponsorship or running, see: [www.ChallengingRacism5K.org](http://www.ChallengingRacism5K.org).

## BULLETIN BOARD

FROM PAGE 17

within the US and abroad. Students who've participated in Spring Break Escape previously are welcome again this year. A supervised lunch break is available for students enrolled in both morning and afternoon sessions. Before and aftercare options are available, please be sure to register for those separately. Visit [arlingtonartscenter.org](http://arlingtonartscenter.org).

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