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Ramadan Food Box Pack-Out sessions will be held on Saturday, April 27, in Springfield.

# Ramadan Pack-Out Session In Springfield

slamic Relief USA will hold its annual Ramadan Food Box Pack-Out sessions on Saturday, April 27, in Springfield.

The session will take place at 6820 Commercial Dr., Suite F. The first shift is from 10 a.m. to 2 p.m. and the second shift is from 2 to 6 p.m.

The session consists of volunteers packing boxes with many nonperishable foods. The packages will be given to people in need in their local communities through food pantries, houses of worship, among other locations. The goal is to create some 1,500 packaged meals at each location. All food will go to residents in the United States.

"During Ramadan, it is essential for Mus-

lims to not only fast from sunrise to sunset," said Sharif Aly, CEO of Islamic Relief USA. "It also is a time to reflect, to think about people in your community with little means, especially with regards to healthy food. The food box pack-out sessions enable local communities to make a positive difference."

Among the different tasks volunteers could do are putting together and breaking down cardboard boxes, carrying and arranging boxes of food, and sealing packages.

For more information, contact Islamic Relief USA at 703-370-7202 or visit irusa.org.

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# Public Weighs in on Budget Priorities

Schools, market rate adjustments, affordable housing, immigrant services dominate public response.

> By Andrea Worker THE CONNECTION

n Thursday, April 12, at 4:27 p.m., Fairfax County Board of Supervisors chair Sharon Bulova brought down the gavel that ended her last Budget Public Hearings – a circumstance not lost on many of the 150 or so speakers who addressed the board over the three days of public tes-

Most of the speakers, even those who attended to express objections to County Executive Bryan Hill's Advertised Fiscal Year 2020 Budget, took part of their precious allotment of speaker's time to thank Bulova and fellow retiring board members John Cook (Braddock), Cathy Hudgins (Hunter Mill) and Linda Smyth (Providence).

The proposed Budget was presented to the board by the County Executive on Feb. 19, without seeking any increase in the current residential tax rate of \$1.15 per \$100 of assessed property value. Even without a tax rate increase, the average homeowner's tax bill would still rise by approximately \$150, since the average residential assessment would increase by almost 2.4 percent because property values are increasing.

Since then, there have been numerous town hall budget meetings around the county, allowing residents from the nine magisterial districts to hear more and ask questions of county staff and their own district supervisors.

THE PUBLIC HEARINGS began on Tuesday, April 9, around 4:30 p.m. just after regular board business was concluded. Over the course of three days, there were dozens of pros and cons argued in regards to the overall budget of \$8.86 billion.

Representatives from unions, councils, organizations, civic associations, social services, nonprofits, parks, environmental groups, and private citizens came before the board. Most were there to bring light to their cause and to request additional financial support, or reconsideration where funding had been cut or reduced.

Fairfax County Public Schools (FCPS) Board chair Karen Corbett Sanders was the first speaker of record, providing lengthy testimony describing the achievements of the school system and its importance to the welfare of the county, thanking Hill for a budget that includes the FCPS full funding request, and urging the board to vote their approval when the final budget comes before them on May 7.

The \$2.35 billion transfer to the school system, up more than \$86 million over last year, comprises almost 53 percent of the county's general fund budget. The total



A contingent of supporters of Fairfax County Parks attended the budget hearings, praising the current support of the board and encouraging future funds and endorsement.



Halleluiah! Finally something to sing about during the Budget Public Hearings. Musical director David North of Oakton brought a portion of his Mosaic Harmony choir to illustrate the power of music and song as he thanked the board for their support of the Arts in Fairfax. North got board members on their feet and clapping along with the choir.

number of students in the school system for 2018-19 was 188,018, about 1,000 students fewer than projected.

Kevin Hickerson, president of Fairfax Education Association (FEA), and Kimberly Adams, the president-elect of FEA were pleased that the budget included the full amount of funds requested, to include wage increases for teachers, but expressed concern that the funds would not allow such increases for support personnel.

The Fairfax County Council of PTAs also supported the Advertised Budget and applauded the new era of collaboration between the FCPS School Board and the County, but urged the board to "think into the future." In her testimony, Council president Jane Miscavage said the needs of the county's schools were only growing, especially in the areas of "special education where we face a shortage of teachers, in mental health issues among our students, in the areas of safety and security and in

the need to reduce class sizes, to name just a few." Miscavage says that today's budget responses are promising, but will fall short of future needs. "The time to plan is now."

Others who support the school's piece of the budget pie asked for funding beyond wages, reporting that schools in the county need physical improvements and upgrades to maintain the premier status of education that is conducted within their walls.

Tina Williams with the Federation of Teachers urged the board to find the means to fund universal Pre-K, and to restore pay rates for substitute teachers.

**ARTHUR PURVES**, representing the there is still time for residents to make their Fairfax County Taxpayers Alliance, presented an argument against the monies directed toward the FCPS, saying that school and other county employees earn more than the average private sector worker in the region and "without such a generous pension and benefits package."

Purves questions why the school system needs \$114 million more to "serve 1,000 less students in the coming year." He presented several statistical charts to defend his statements that Fairfax County schools "are not providing the education they say they are. Where is the excellence [in the SAT-related numbers he offered]? Where is

The other "elephant in the room" as it was described by Randy Crueller, Vice Chair of the Fairfax County Employee Advisory Council, is the gap between the expected 2.51 percent Market Rate Adjustment for county employees, including law enforcement and first responder personnel, and the actual 1 percent MRA included in Mr. Hill's

Crueller was joined by numerous representatives of Fairfax County employees of every level and every job description in denouncing this decision. Even candidates seeking to fill the seats of the outgoing board members' seats - like Alicia Plerhoples who has set her sights on the chairmanship of the board, and James Walkinshaw, running for Braddock District Supervisor - expressed support for a fully funded MRA in remarks for the record.

Plerhoples and Walkinshaw were also just two of dozens who hammered home the need for more affordable housing in Fairfax

Mary Paden, chair of the South County Task Force for Human Services, warned the supervisors that "gentrification" could push many lower income residents out of the county "that they work in and that their tax dollars have helped grow," especially in areas like the Route 1 corridor. Paden says all of the expensive efforts to improve the area, widening Route 1 and investing billions in local development will "certainly benefit some, but harm many more without equal investment in affordable housing."

Members of the Community Action Advisory Board echoed those concerns, including Elethia from Reston. "I am a CAAB member, but I speak for myself today," she said. Elethia is worried for the county's senior residents like herself who more and more are being forced to sacrifice other essentials in order to pay for housing.

On the topic of funding legal services for immigrants in detention, the speakers were often passionate in their views.

Several groups and individuals pleaded for the \$200,000 to fund such legal services, while others strenuously objected to using taxpayer's dollars to provide services they say are not offered to legal residents and citizens of the county.

The public hearings are over, although opinions known via the county's website. The Board of Supervisors Budget Committee meets on April 26 to discuss possible changes to the proposed Budget, then will hold their Budget mark-up meeting on April 30 before final adoption at the Board meeting on May 7.

PHOTOS BY ANDREA WORKER/THE CONNECTION



There were more than 20 workshops and panel discussions at the Positive Aging and Wellness Fair on topics from memory care to avoiding scammers.



Auxiliary Police Officers, from left, Nina Aldrich, Fred Sanborn, and Ashley Soloff, were at the NoVa Positive Aging and Wellness Fair looking for recruits. Here they are working hard to convince Burke resident Dorothy Keenan to join their ranks. So - did they recruit Keenan? Probably not, since she is the leader of busy nonprofit GrandInvolve.

# Sharing Wisdom of Positive Aging

# Positive Aging and Wellness Fair draws crowd for education, information – and fun!

BY ANDREA WORKER THE CONNECTION

he 2019 Northern Virginia Positive Aging and Wellness Fair on April 8, powered by the Jewish Community Center of Northern Virginia (JCCNV) and Celebrate Fairfax, Inc., has grown dramatically over the years, requiring more and more space to spread its wings.

This year, for its ninth edition and for the first time, the event was held at the Fairfax County Government Center at 12000 Government Center Parkway in Fairfax. Even that impressive structure started to look more like Union Station than the halls of government. Some 600 registered fair attendees, 75 exhibitors, with more than 20 workshops in session, along with the staff, volunteers, facilitators and sponsors created an air of organized chaos as they mingled with the regular business of the county at work. Before the actual event-day, the event's website apologetically announced that walk-ins were no longer being accepted, such was the response received.

Pam Wiener, Director of Adult Services at event co-host JCCNV, officially opened the fair and was followed by opening remarks from Supervisor Pat Herrity (R-Springfield), who chairs the county's 50+ Committee. Tisha Deeghan, Deputy Executive Director, Fairfax County, also took a brief turn at the podium before handing things over to the keynote speaker Pat Collins, the long-time general assignment reporter for News4.

"I'm one of you. I'm 72. I belong here,"

said Collins, as he stood to address the packed theatre with his signature "snow stick" in hand.

For the next hour, Collins kept his audience enthralled when they weren't laughing at his hilarious descriptions of "coming up in the old days," trained by "grizzled old men with typewriters - and no de-

The Emmy award-winning Collins ranged far and wide in his remarks, from his own history and how he "accidentally became a reporter at age 15" to stories across the timeline of his career. Starting as a print journalist with the Washington Daily News, then the Washington Star, his first foray into television news reporting didn't go quite as expected.

"On my first day, first thing in the morning, they told me I wouldn't actually go on air until I was ready, and until they thought I was ready," recalled Collins. "Guess when I did my first on-air broadcast? You guessed it! On the 5 p.m. news that same day!

WDVM (Now WUSA-TV) in other partners. D.C. and WLS-TV in Chicago,

Collins found his home at News4 in 1986. The veteran newsman says he has the best gig these days. "I can cover everything from

Everyone wanted a photo op with keynote speaker and beloved local News4 reporter Pat Collins, including Pam Wiener, director of Adult Services for the Jewish Community Center of Northern Virginia (left) and Nancy Weinstein (right), also with the JCCNV. The JCCNV is a After stints at WJLA and pilot of the event, along with Celebrate Fairfax and

> murders to snow storms," all while working just three days a week.

While he may now have transitioned to

"part-timer," Collins insists he's "not done, yet" saying that older adults have a lot still to offer in experience and life lessons learned that they can share.

"And what else can we older adults do? What other power do we hold? That's right, we vote," he noted to enthusiastic applause. "So keep going, keep active, use your knowledge and your skills. We have plenty left to do."

THE WORKSHOPS were held in three sessions, with topics like "Better Brain Healthy: Save Your Memory and Your Mind," "The Street Smart Senior: How to Avoid Getting Scammed," "Reaching Your Financial Goals," "Finding a Meaningful Encore Career," "Looking for a Meaningful Volunteer Experience," and "Gadgets and Gizmos for Your Health and Happiness."

The teachers were engaging experts in their fields. Among them were Patricia Rohrer, Long Term Care Program Manager with the county's Health Department, Carrie Brill, Caregiver Specialist and Management Analyst, Fairfax County Area Agency on Aging, Cathy Turner, Director of Senior Health at Virginia Hospital Center, Cherie Lejeune, Age+Tech Innovator, and even a staffer from the Office of the Attorney General.

More experts manned the exhibitor

SEE POSITIVE AGING, PAGE 13 www.ConnectionNewspapers.com

# LETTER

# How to Handle Metro Nightmare

To the Editor:

In less than 36 days, Metro will begin its longest shutdown ever. This includes six stations south of the airport, with five of the six being managed by the City of Alexandria, One of those Metro stations is managed by Fairfax County.

Alexandria has done a great job of putting a website together, discussing telework options, and promoting alternatives such as slugging. What they fail to mention is that slugging really doesn't exist in Alexandria, it is primarily along the 95/395 corridor, with Springfield slug lines being the largest slug line around, and the oldest. Have they mentioned this? No! Fairfax County as well has done nothing to move forward any alternative plans for parking, with the Metro closing.

Currently the largest slug lot is on Old Keene Mill Road with 265 spaces in the County Lot, 110 leased spaces from the American Legion, 75 leased spaces at Springfield Methodist Church, and 165 spaces leased in Springfield Plaza. Sounds like a lot of space, however the spaces are full by 7:30 a.m., with those coming after 7:30 a.m. parking in various locations throughout the local area that hasn't been marked no parking.

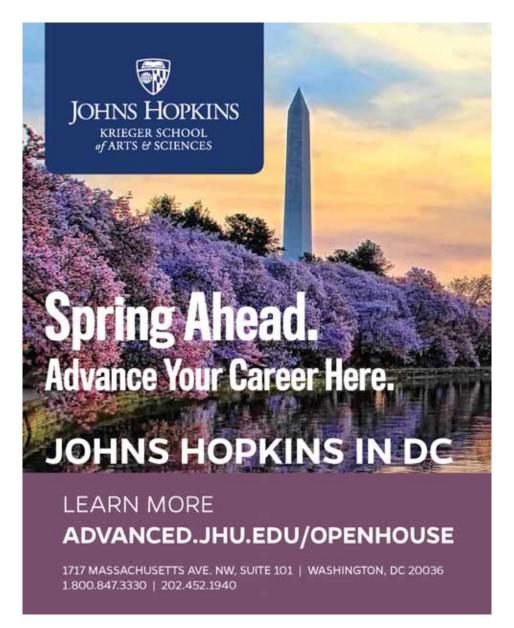
This is the main reason that Fairfax County fought for a commuter parking ga-

rage, however the construction for that garage will not commence until the fall, and this will be in no way helpful for those additional people who will default to slugging, while Metro closes.

What will happen to those currently parking, will we be shut out of parking due to the increased need for rides to the city? What will happen to us? Fairfax County has done absolutely nothing to address the issue. They have not reached out to the local leadership in the Springfield slug lines group, a group with 900 current members and growing by 10-20 members a week. We are in an election year where Supervisor McKay is running for Board Chair, and his seat will be empty.

This means someone else will be in place when the parking garage begins construction. We're still waiting to hear from them on where we will park alternatively but the current need is for additional parking to handle the metro nightmare. We have an online petition with 278 supporters and hopefully growing. Our petition is here: https://www.change.org/p/supervisormckay-and-fairfax-county-fairfax-county-should-increase-parking-for-slugging-inspringfield-during-metro-shutdow

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# **OPINION**

# Supporting Immigrant Families, Community

Comprehensive change — not one-time funding — needed to support Fairfax County immigrant families and community members.

BY MARY SUPLEY
FAIRFAX FOR ALL

airfax County residents in deportation proceedings are not guaranteed access to free legal counsel. According to Department of Justice data, such legal representation dramatically increases the likelihood that an individual will have a hearing, be released from detention, and be granted relief from deportation.

The Fairfax County Board of Supervisors is considering limited, temporary, one-time funding for legal representation for county residents in deportation proceedings. Without also enacting a policy that ends the county's voluntary collaboration with ICE (U.S. Immigration and Customs Enforcement), this proposal is merely a band-aid that would offer assistance to fewer than 1 percent of the people who need it. A band-aid on a wound that the Board of Supervisors and Sheriff Stacey Kincaid deepen

arrest-to-deportation pipeline.

Currently, more than 11,500 county residents are in deportation proceedings. This is because Fairfax County voluntarily collaborates with ICE in the detention and deportation of its residents and visitors. This collaboration harms migrants residing in Fairfax County and weakens our community. Every day that county leadership fails to act, more people live in fear and more residents are detained. Data from Syracuse University's TRAC program show that Fairfax County ranks 13th in the country for its compliance with voluntary detainer requests issued by ICE (view data directly at bit.ly/detainer-compliance-rates).

While funding for legal representation would be commendable, it's not enough. By itself, this proposal alone offers more comfort to the politicians who want to appear to stand with our immigrant neighbors than it does to people vulnerable to those politicians' policies. Real and lasting change will only come by ending the county's voluntary collaboration with ICE.

In late 2017, attorneys working in concert with the Fairfax for All coalition drafted the Ordinance to Protect Equal Justice for All. This countywide policy, which would end this racist collaboration and create some equity for our immigrant neighbors, will:

- 1. Prohibit the county from being involved in civil immigration enforcement;
- 2. Limit the collecting and sharing of information with ICE;
- 3. Expand the list of documents that are acceptable as proof of identity; and
- 4. Establish permanent funding for legal representation for county residents in deportation proceedings.

The complete ordinance can be read at fairfaxforall.org/pledge.

It is long past time for Board Chairman Sharon Bulova, the Board of Supervisors, Sheriff Stacey Kincaid, and other officials to end the county's voluntary collaboration with ICE. A collaboration that furthers the criminalization, incarceration, and deportation of valued Fairfax County families and community members.

Fairfax for All is a coalition of grassroots, civil rights, immigrant rights, and faith-based organizations dedicated to building sanctuary in Fairfax County. Visit fairfaxforall.org.

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Fully Fund the MRA to Support Our Community

By Tarrence Taylor Fairfax County resident and employee

rontline Fairfax County employees work hard every day to make our community a better place for all people.

We are nurses, educators, librarians, first responders, parks staff, sanitation workers, engineers and more. We are your friends, family and neighbors. And we want what everyone wants: the ability to make a difference, financial security, and a better life for our kids.

Unfortunately, the proposed Fairfax budget breaks the county's promise to workers like me by not funding the agreed-upon Market Rate Adjustment.

The Market Rate Adjustment is similar to a cost-of-living adjustment (COLA), and it is intended to help employees keep up with the high cost of living in this area, as well as to keep up with our neighboring counties. That's why the Board of Supervisors voted to adopt a pay plan which includes a yearly Market Rate Adjustment.

The agreed-upon formula says the MRA should be 2.51 percent this year, but the proposed budget only offers 1 percent. That is simply not enough.

The Market Rate Adjustment is not just a number to me. I'm the father of seven wonderful children, and I've made a promise that nothing will get in the way of them achieving a college education. That's why I've worked hard my entire life.

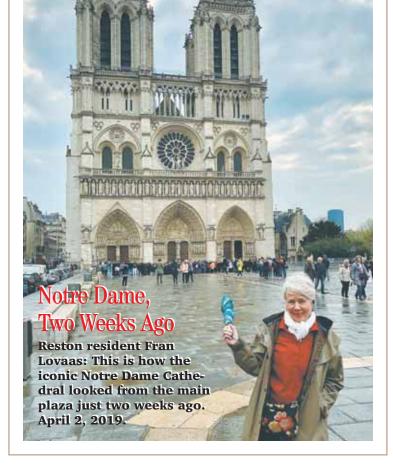
However, if the county does not keep its promise and fully fund the Market Rate Adjustment, then I may not be able to keep my promise to my kids.

Not fully funding the Market Rate Adjustment also hurts the local families who use our services to get ahead, because it keeps us from recruiting and retaining the quality workforce we need.

We are losing good employees every day. Employees gain experience and training here in Fairfax, and then leave for the surrounding counties that pay more. That costs us money and time, as we are forced to constantly train new employees.

Fully funding the Market Rate Adjustment will help keep the experienced employees that we work hard to train, right here in Fairfax County, helping Fairfax County families.

The Board of Supervisors has an opportunity to do something about this. It is their job to make changes



to the budget to ensure it meets the needs of our community.

Please join us in calling on Chairman Sharon Bulova and the Fairfax Board of Supervisors to fully fund the Market Rate Adjustment so that our community can continue to be a wonderful place to live, work and play.

Tarrence Taylor is a Fairfax County employee, resident and taxpayer, and a proud union member of SEIU Virginia 512.

# OPINION



One of the homes used for transitional housing.

# Never Losing Sight of Ending Homelessness

BY JOE FAY Executive Director/FACETS

hen Richard lost his sight, his long career as a handyman came to an end. What began was a journey into homelessness. Despite his skills and dedication, blindness prevented him from continuing in the building maintenance field. As his funds ran low, Richard, who is now 58, struggled and found himself moving from shelter to shelter around the county and sleeping in other places not meant for habitation. Then he was referred to FACETS, a Fairfax nonprofit working to prevent homelessness, and resided for some time at FACETS' Linda's Gateway Woodbine House with five other men who were medically and physically vulnerable.

Linda's Gateway is a program meant to help people transition to permanent housing. Working with a FACETS case manager, residents receive budget counseling, housing location services, connection to community resources, basic needs and transportation assistance. All FACETS programs operate using a "Housing First" approach, focusing on first getting people into housing and then working with a case manager to address barriers to housing stability, career development, child care, medical assistance and other basic needs.

Working with his case manager Ruben, Richard

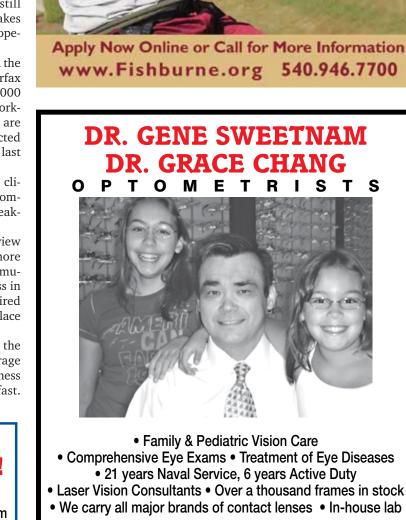
pulled his life back together and now lives independently in his own apartment through FACETS' permanent supportive housing program. He is still helped by Ruben who checks in with him and makes sure he can get to medical appointments and is hopeful and more confident.

With the second largest homeless population in the region, homelessness is a real problem in the Fairfax County-Falls Church community where nearly 1,000 people are homeless. A majority of these are in working families with children. Some like Richard are single and also facing challenges. FACETS connected nearly 400 single adults with life-saving services last

Richard will be joining several other FACETS' clients to share his courageous story about overcoming homelessness at FACETS' Hope in Bloom Break-

The free event on April 25 at 7 a.m. at Fairview Park Marriott provides an opportunity to learn more about neighbors in need and meet fellow community members who are helping end homelessness in the region. Attendees will be uplifted and inspired and discover how we can ensure everyone has a place to call home in our county.

If you have an interest in learning more about the effects of poverty in Fairfax County, we encourage you to join us along with other community, business and political leaders at this 8th annual breakfast. Register at www.FACETSCares.org.





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Opportunities for community service and/or religious education are some of the reasons that parents might consider switching a child from public to private school.



PHOTO COURTESY SSSAS

# Making the Leap from Public to Private School

Signs that a public school isn't meeting your child's needs.

By Marilyn Campbell
The Connection

lizabeth and Kent Hillegass noticed that their 6th grade son's grades began to drop while the number of times they received notices from the school regarding his misbehavior had increased. He was also having challenges socially.

"He was really unhappy, the other kids made fun of him, he didn't have any friends and to top it off his grades were awful," said Elizabeth. "I would lie awake at night crying because I felt helpless."

After a series of neuropsychological tests, the Hillegasses learned that their son had ADHD. The testing psychologist advised them to see an education consultant who helped them determine that a quiet school environment with small class sizes would best suit their son's needs. The Hillegasses ultimately decided to send their son to a private school with a student-teacher ratio of 10 to 1.

"We've always been supporters of public education, but the class sizes and noisy environment were too overwhelming for him," said Kent. "It was like he was lost and unable to focus when he was at school. He couldn't sit still and pay attention in classes and was always getting into trouble, which made him feel ostracized, like he was the bad kid in school."

A parent's decision to move a child from public to private school can be based on factors that run the gamut from smaller class sizes to tuition that can cost as much as \$50,000 annually. Although it's a choice that should not be taken lightly, there are signs that it might be time to make the change if it's possible, say education consultants.

"I suggest to parents that they focus on the needs of their child, not on the prestige that they think a private school holds or the sticker on the back of your car that lets everyone know that your child attends a certain school," said Kim Hardy who was the education consultant to the Hillegass family. "There's a range of factors that parents should take into consideration."

The first, advises Hardy, is whether their child is

happy and well adjusted. "If a child is bored or frustrated at school, not just because their grades aren't good and they've given up, but there are also cases where students are making straight As without much effort and are bored because they aren't being challenged."

When the accommodations that a school can offer don't meet the needs of one's child, that's another clue that a change is necessary, suggests Arlington-based education consultant Rita Fetters.

"Some children need to be in a classroom with a low student teacher ratio so that teachers have time to redirect students who have trouble staying focused," she said. "Other students need a lot of exercise and outdoor activity to release energy so that they can focus better in class. Public schools may not be able to offer that."

The Heights in Potomac, Md. builds activity and exercise into each school day including outdoor recess and a challenging physical education program that not only releases energy, but teaches important life skills

Fetters says some parents make the change because they want specialized opportunities that a public school might not offer.

"If religious education is important to a family, that is certainly one reason to leave a public school," she said. "If a family wants their child to be involved in public service beyond what is required to graduate, they might choose a private school that has community service built in to the curriculum."

One such school is is St. Stephen's and St. Agnes School (SSSAS) in Alexandria, Va. "Our school offers religion classes and weekly chapels," said Mandi Sapp of SSSAS. "We also have a ton of service-learning opportunities that students ... do throughout the year, including global service trips offered in Middle and Upper School. We have done a lot of work with ALIVE (ALexandrians InVolved Ecumenically) in Alexandria."

If a child is unhappy and asks repeatedly to change schools, Fetters believes that is a reason to give serious consideration to academic switch.

"At the end of the day, parents have to take a long, hard look at their child and their family, "Fetters said. "They have to find the best school for their family, not the one that's most prestigious or most popular. Does what the school offers as a whole align with your family's values and your child's needs. Whether it's public or private, that's what a parent must determine."

# Summer Shutdown at Metro Stations Planned

It will be 'buses only' for commuters at Franconia-Springfield station and points north.

By Mike Salmon
The Connection

etro commuters in Springfield and beyond are bracing for the summer shutdown at the Franconia-Springfield station on the blue line, and all the other stations up to the Ronald Reagan Washington National Airport Station, as Metro embarks on the Platform Improvement Project.

The project, according to the Washington Metropolitan Area Transit Authority (WMATA) is a three-year capital project priced at \$300-400 million that will reconstruct the outdoor platforms at 20 Metrorail stations to address structural deficiencies after decades of exposure to the elements. WMATA began announcing the project last year to get a jump on outreach and to ensure the word got around.

Between Saturday, May 25 and Tuesday, Sept. 3, there will be no Blue or Yellow line rail service south of the airport, which includes Braddock Road, King Street, Eisenhower Avenue, Huntington, Van Dorn Street, and Franconia-Springfield.

The Fairfax County Department of Transportation says they have been putting out the word about the closures through their website, through regional partners and "will continue to conduct robust public outreach now, throughout the summer and into the fall," according to Robin Geiger, head of communications at the FCDOT. Venues that Geiger mentioned were through advertising, media,



Bus sign: There are project announcements on the sides of buses at the Springfield Town Center.

social media, stakeholder outreach and through other offices, such as Visit Fairfax, Fairfax County Economic Development Authority (FCEDA), chambers of commerce, and community organizations. She also announced that on a recent regional communications call, representatives from the Office of Personnel Management (OPM) stated that they are allowing federal employees to work a flexible work schedule through the summer during the shutdown from May 25 – Sept. 2.

# Start Spreading the News

The Franconia-Springfield station is in Lee District and Supervisor Jeff McKay's (D-Lee) office has been busy putting out the message about the station closure, and the options that will be in place. There

is a Powerpoint presentation the office has been using that WMATA put together, and the Lee District outreach staff takes it to every meeting. In addition, McKay has reached out to WMATA to suggest they wave the parking fee at the station for the summer.

For the riders of the TAGS circulator buses run by the Transportation Association of Greater Springfield, the Lee District office is using various methods to get the word out to that group including social media.

"We had WMATA and the county come and do a briefing for the TAGS community," said Joan Clark, Lee District staff assistant.

Not everyone has gotten the word though. Nicole Miller is a Springfield resident that slugs from the lot in central Springfield. She feels the buses will not be adequate and the information on the closing has not been conveyed to



Franconia-Springfield station will be a big bus stop for the summer this year.

everyone. Though she's given up on riding Metro and paying \$5 to park, she feels the City of Alexandria has put out the message better than Fairfax County. Her emails to McKay's office have gone unanswered, she said. "When that Metro closes, it's going to impact everyone," she said.

At the Waterton apartments, previously known as The Residences at Springfield Station, that sits in between the Springfield Town Center and the Metro station, there hasn't been much outreach about the project. Hassan Reda moved in a few weeks ago, he wasn't aware the station was closing, and when he heard, "I'm going to go look it up," he said.

## Catching a Ride

The transportation alternatives are free shuttles, the presentation states, and they include the

Franconia-Pentagon Express, Blue Line Shuttle. Huntington-Pentagon Express and the Yellow Line Shuttle

All of these options operate seven days a week. In addition, several Metrobus routes can be used as well, including bus 82, 10A, 10E, 11Y, 21A and Metroway. The Fairfax Connector, the Alexandria DASH and OmniRide are all considering expanded services during the summer.

Although the station shutdown will conclude just after Labor Day 2019, the project will not be completely over.

At Van Dorn Street, Franconia-Springfield, Huntington, and Reagan National Airport construction will continue between September 2019 and May 2020. The location and configuration of these stations allows construction to take place while all rail stations remain open, WMATA said.

# County Honors Women Veterans

t the March 19 meeting of the Fairfax County Board of Supervisors, Anna Maria Fitzhugh Chapter, National Society Daughters of the American Revolution, was honored with a Proclamation which officially designated March 18 – 24, 2019, as Women Veterans Week in Fairfax County. The Proclamation recognized the vital contributions of female veterans, their service in dangerous combat zones and their willingness to take the oath to protect and defend the Constitution of the United States of America.

Pictured are members of the Anna Maria Fitzhugh Chapter with the Fairfax County Board of Supervisors. Standing between Chairman Sharon Bulova and Springfield District Supervisor Pat Herrity is Beth Holst, Anna Maria Fitzhugh Chapter Regent, who holds the Proclamation.



# Calendar

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

#### **ONGOING**

Art Exhibit: Collect. Through April 26 in the McGuireWoods Gallery, Workhouse Arts Center, Lorton. The COLLECT! 2019 exhibition features more than 70 original works of art generously donated by the community of artists at Workhouse Arts Center. This year's collection includes painting, sculpture, fiber art, jewelry and more with subject matter varying from traditional figuration, natural landscapes, bright and bold abstraction, eclectic clay wares to conceptual collage. Visit www.workhousearts.org for more

**Dynamic Dimensions: Layered Meanings in African Art.** 7 a.m.-7 p.m. daily, through April
29, in the Buchanan Hall Atrium Gallery, Fairfax Campus, George Mason University. Led by African art historian Dr. LaNitra Berger, students participating in Objects and Archives in Art History: Curating an Exhibit, spent two months using the Fine Arts Gallery as a laboratory in which to discover the essentials of researching and curating an exhibition. Students learned about provenance, original functionality, and the formal features of African art, in addition to valuable technical skills needed to put together an art exhibition. Visit www.facebook.com/ Dynamic-Dimensions-Layered-Meaning-in-African-Art-403224373588514, or call Naomi Arlund, student curator, at 703-993-8756.

Art Exhibit: [Land]scape. Through May 19, in the Art Lab Gallery, Workhouse Arts Center, Lorton. Curated by GMU MFA Candidate, Emily Fussner. The [Land]scape exhibition asks visitors to engage the notion of landscape on multiple levels. Featuring a range of painting, photography, mixed media, printmaking, sculpture, and video works, the exhibition itself becomes a landscape revealing a strata of emerging art practices. Visit www.workhousearts.org for more

**Group Exhibition: Degrees of Honor.** 

Through May 19 in the Warrior Way Gallery, 1st Floor, Workhouse Arts Center, Lorton. Degrees of Honor is a group exhibition surveying the works of artists addressing the concept of honor in different perspectives. Explore works with expressions of separation, pain, loneliness, turmoil, stories and memories. Featured artists include Rene Vincit, Gene Moty, Karen Chin and Christa Turpin. The Warrior Way is an exhibition space designated for artwork by active duty, retired and veteran service members. Visit www.workhousearts.org for

Floating Garden. Through May 26, in the Vulcan Gallery, 2nd Floor, Workhouse Arts Center, Lorton. Toronto-based Artist Amanda McCavour creates experiential, immersive environments that represent places in her memory. Her three dimensional, embroidered art installations are made up of fabric designs that float within the space. Motifs included in her works are flowers, birds, plants and replications of living room furniture. Visit www.workhousearts.org for

#### FRIDAY/APRIL 19

Plazapalooza Music Festival. 1-10 p.m. at George Mason University, 4400 University Drive, Fairfax. Music Productions Club of GMU hosts a free on-campus day of music featuring student bands and local musicians - 15 acts perform on the Sub 1 Quad (Rain Location: Lecture Hall). Free. Email cweinrot@gmu.edu or visit www.facebook.com/MusicProductionsGMU for

**B-I-N-G-O.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit www.fairfaxvfd.com or call 703-273-3638 for more

Various Chamber Ensemble Concert I. 7 p.m. in the deLaski Performing Arts Building, A323, Music Studio, on GMU's Fairfax Campus. Join the Mason Chamber Ensemble as they present a variety of works. Free and open to the public. Free and open to the public. Visit cfa.calendar.gmu.edu/various-chamberensemble-concert-i for details.

#### **APRIL 19-MAY 25**

The Full Monty. Fridays-Saturdays, 8 p.m.;

## George Mason Friends Book Sale

Thousands of books, CDs, DVDs, and more at the George Mason Friends Spring Book Sale. Come early for the best selection, then come back on Sunday for half-price bargains. Thursday, April 25, 3-9 p.m.; Friday, April 26, 10 a.m.-6 p.m.; Saturday, April 27, 10 a.m.-5 p.m.; and Sunday, April 28, noon-5 p.m. at George Mason Regional Library, 7001 Little River Turnpike, Annandale. Free admission. Visit georgem as on friends. blog spot.comor call 703-813-6616.

> Visitors browsing at the George Mason **Friends Book Sale**



Photo courtesy of George Mason Friends



Abby Rasheed and the Sundry Collective perform at Plazapalooza 2018.

## Plazapalooza Music Festival

Music Productions Club of GMU hosts a free on-campus day of music featuring student bands and local musicians - 15 acts perform on the Sub 1 Quad (Rain Location: Lecture Hall). Friday, April 19, 1-10 p.m. at George Mason University, 4400 University Drive, Fairfax. Free. Email cweinrot@gmu.edu or visit www.facebook.com/MusicProductionsGMU for more.

Sundays, 2 p.m. at Workhouse Arts Center, W-3 Theater. Based on the cult hit film of the same name, The Full Monty, a 10-time Tony Award nominee, is filled with honest affection, engaging melodies and the most highly anticipated closing number of any show. Due to mature language and situations, this production is intended for adults and not suitable for younger audiences. \$20-\$35. Visit www.workhousearts.org.

#### **SATURDAY/APRIL 20**

Easter Egg Hunt. 9-11 a.m. at Franconia United Methodist Church, 6037 Franconia Road, Alexandria. Join Franconia UMC for an Easter Egg Hunt for all from toddlers to 12th grade. The festivities start at 9 a.m. with breakfast and Easter egg hunting starts at 10:30. Free. Visit franconiaumc.org or call 703-971-5151

Model Classic 2019. 9 a.m.-4 p.m. at Fairfax High School, 3501 Rebel Run, Fairfax. Northern Virginia Modelers Chapter, International Plastic Modelers Society presents an annual exhibit of scale models, an educational and fun event for the entire family. The event features a display of hundreds of museum quality scale models; a modeling contest, with over 80 categories;

model kit, book and supplies vendors; raffle prizes; demonstrations; and a make and take event for children. Adults, \$8; under 18 free; \$10 per family; contestants, \$10 (includes admission). Visit www.novaipms.org for more.

**Pet Adoption Event.** 11 a.m.-2 p.m. at Pet Supplies Plus, 11054 Lee Highway, Fairfax. Find a new forever animal friend with the help of the City of Fairfax Animal Control and Animal Shelter. Visit www.fairfaxva.gov/government/ police/programs/animal-control/adopt-a-pet

Easter Eggstravaganza. 1-3 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Jubilee Christian Center is sponsoring its annual Easter Eggstravaganza, in the grassy area behind the Fairfax County Government Center. The event is free, including egg rolls, moon bounces, face painting, games, and door prizes (at 1:45 and 2:45 p.m.). Call 703-383-1170 or visit www.jccag.org for more.

Parsons Dance. 8 p.m. at the Center for the Arts, Concert Hall, on GMU's Fairfax Campus. New York City-based Parsons Dance is internationally celebrated for creating and performing American modern dance that is positive, life-affirming. enriching, and accessible. This ensemble has spread the joy of dance in more than 447 cities,

30 countries, and five continents. A preperformance discussion with a member of the company begins 45 minutes prior to the performance. Family-friendly. \$48, \$41, \$29. Visit cfa.calendar.gmu.edu/parsons-dance for

#### WEDNESDAY/APRIL 24

**Lysistrata.** 8 p.m. at deLaski Performing Arts Building, A105, TheaterSpace, on GMU's Fairfax Campus. Lysistrata persuades the women of Greece to withhold sexual privileges from their husbands and lovers as a means of forcing the men to negotiate an end to the Peloponnesian War – a strategy, however, that inflames the battle between the sexes. \$20 adults, \$10 students, staff, seniors and groups. Visit cfa.calendar.gmu.edu/lysistrata for tickets.

#### THURSDAY/APRIL 25

#### **Mason Wind Symphony and Symphonic**

**Band.** 8 p.m. at the Center for the Arts, Concert Hall, on GMU's Fairfax Campus. The Mason University Wind Symphony, led by composerconductor Mark Camphouse is a select ensemble comprised of outstanding wind, brass, and percussion players in the School of Music and the University. The ensemble's mission is to study and perform the best literature available for wind band, while emphasizing soloistic and orchestral performance practice. \$12 adults, \$8 seniors, \$5 youth through grade 12. Visit cfa.calendar.gmu.edu/mason-wind-symphonyand-symphonic-band for tickets.

The Wolves. 8 p.m. at deLaski Performing Arts Building, A105, TheaterSpace, on GMU's Fairfax Campus. A timely play about a girls' indoor soccer team that illuminates with the unmistakable ping of reality the way young selves are formed when innate character clashes with external challenges. \$20 adults, \$10 students, staff, seniors and groups. Visit cfa.calendar.gmu.edu/the-wolves for tickets.

#### THURSDAY/APRIL 25-28

**Huge Book Sale.** Thursday, 3-9 p.m.; Friday, 10 a.m.-6 p.m.; Saturday, 10 a.m.-5 p.m. and Sunday, noon-5 p.m. at George Mason Regional Library, 7001 Little River Turnpike, Annandale. Thousands of books, CDs, DVDs, and more at the George Mason Friends Spring Book Sale. Come early for the best selection, then come back on Sunday for half-price bargains. Free admission. Visit

georgemasonfriends.blogspot.com or call 703-813-6616.

#### FRIDAY/APRIL 26

Valor Awards. 8:30 a.m. at the Springfield Golf & Country Club, 8301 Old Keene Mill Road, Springfield. Fairfax County first responders will be honored at the Greater Springfield Chamber of Commerce Valor Awards Breakfast. The event recognizes police, fire and sheriff deputies in the Greater Springfield area who selflessly serve and protect residents and businesses in the local community. To register, visit www.springfieldchamber.org/events/details/valor-awards-5760.

Girl Scout Daisies. Noon-1 p.m. at Pohick Library, 6450 Sydenstricker Road, Burke. With so many new experiences to conquer and lessons to learn, a trusted partner and all-things-girl expert like Girl Scouts can be exactly what a girl needs to succeed in and out of the classroom. Learn more about Girl Scout Daisies, to play games, to sing songs, and more. Free. Contact Cheryl Osborne at cosborne@gscnc.org or 703-

**B-I-N-G-O.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit www.fairfaxvfd.com or call 703-273-3638 for more. **Lysistrata.** 8 p.m. at deLaski Performing Arts

Building, A105, TheaterSpace, on GMU's Fairfax Campus. Lysistrata persuades the women of Greece to withhold sexual privileges from their husbands and lovers as a means of forcing the men to negotiate an end to the Peloponnesian War - a strategy, however, that inflames the battle between the sexes. \$20 adults, \$10 students, staff, seniors and groups. Visit cfa.calendar.gmu.edu/lysistrata for tickets.

See Calendar, Page 13

# Mission: Beautification

# Boys & Girls Club joins with Starbucks on beautification efforts.

BY MIKE SALMON THE CONNECTION

When Alston Waller was five years old, he first attended activities at the Dunbar Alexandria-Olympic Boys & Girls Club benefitting from their mentoring even at that young age. Fast forward two decades and he is now the branch director at their location on North Payne Street, helping children in the area and providing a role

On April 10, he welcomed the group from Starbucks for the fifth year in a row to perform a "beautification project," on the facility as part of the City of Alexandria's "Spring2Action," event presented by ACT for Alexandria. He recognized some of the faces from years past. He called the group "another family.'

They lucked out with a sunny day to plant bushes and shrubs outside, fix some of the club's dilapidated bicycles, and neaten some of the rooms inside in time for the 80-100 children that come to the club after school every day. Through the years, the Boys & Girls Club helped him overcome challenges that come from growing up in a lower income situation, and paved the way for him to go to college. "They gave me my first care package for college," Waller said.

As Waller addressed the volunteers in the game room, he talked about the situational role-playing activities they do. "We do real-time situational activities with girls," and told them about his history at the club. He mentioned the number of stories he hears from the kids about becoming pro football and basketball players that differ widely from reality in these children's lives, just like when he was growing up. "These are the real stories they need to hear," he

The Starbucks group divided up and took on the various tasks they had lined up. "When the kids get volunteer that spends much time at the club.

For the Starbucks employees, who came from the Springfield, Kingstowne, Falls Church and Bea-



Out front, everyone has gardening ideas for streetscape plan.

**Alston Waller** addresses the group with **Mike Menchel** in the main room on **North Payne** Street.





Mike Eckstone with plants for the front garden.

con Mall stores, it was part of the have a green thumb. "We'll throw company's "Global Month of Service." There were 28 volunteers in all. "I thought this was a perfect fit," said Jodi Hanaity, manager of the Springfield store on Frontier Drive. "I'm really good at house repairs," added Hannah Blackerby, off the bus today, it will be totally a shift supervisor from the Beacon Matters; Keystone Club; Sports, different," said Mike Menchel, a Mall store in the Fairfax County and Life Skills Training. The front part of Alexandria.

> Mike Eckstone from Bailey's Crossroads had done this a few years before and took to the front games and the X-Box. There is a garden, even though he does not

on some new mulch," he said.

The club in Alexandria is part of the Boys & Girls Clubs of Greater Washington who adhere to a motto "Great Futures Start Here." Activities they have include Standards of Learning Tutoring; Money room in Alexandria had signs for all the activities available such as the chess club, basketball, board gym in the basement as well.

# HOLY WEEK



## WORSHIP SCHEDULE

St. Mark's Lutheran Church 5800 Backlick Road, Springfield, VA

Palm-Passion Sunday, April 14, services: 8:30 AM and 10:00 AM (English) and 12:00 NOON (Spanish)

Holy Wednesday, April 17, Prayer Service 7:00 PM (Spanish) with soup to follow

> Holy Thursday, April 18, services 10:30 AM and 7:30 PM (English)

Good Friday, April 19, services 12:00 NOON and 7:30 PM (English) and 6:30 PM (Spanish)

Easter Sunday, April 21, services: 6:30 AM (Spanish); 8:30 AM (English); 10:30 AM (English) Potluck Easter breakfasts served between services.

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are located at all eight police stations in Fairfax County. Bring your unused medications any time, day or night, to your nearby station. There are some restrictions.

> Franconia 6121 Franconia Road Alexandria, VA

West Springfield 6140 Rolling Road Springfield, VA

FREE drug-deactivation kits are available from the Health Department. Learn more at www.fairfaxcounty.gov/health/drug-disposal.

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ADA accommodations: 703-246-2786 (TTY 711)

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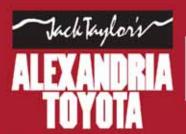
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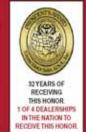
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Jack Taylor's ALEXANDRIA TOYOTA

CALL FOR AN APPOINTMENT AT 703-684-0710 OR SCHEDULE ONLINE AT ALEXANDRIATOYOTA.COM

# Sharing Wisdom of Positive Aging

From Page 4

booths.

There were representatives from numerous home care resources and senior living communities, and other sponsors displaying medical and health-related offerings, and other businesses that provide services and products aimed at making the life of older adults easier and more comfortable, help residents age in place, and keep up with today's technologies.

Rebuilding Together Arlington/Fairfax/Falls Church was just one of those offering much-needed assistance. The nonprofit uses expert volunteers to make critical home repairs or construct disability and/or accessibility improvements at no cost for qualified homeowners on a limited income.

Allegra Joffe, who represented PRS CrisisLink's CareRing Program, was on duty, introducing visitors to the program that provides daily phone calls to help those individuals living alone or disabled or with chronic illness.

"It's a great free service," said Joffe. Clients are provided with screening upon intake and periodically during their time with the program, "so we can better know them and best serve them," Joffe added.

CareRing provides a daily friendly chat, but also can assist clients with reminders about medications or appointments, checking on general well-being and

even helping ensure that clients are eating regularly.

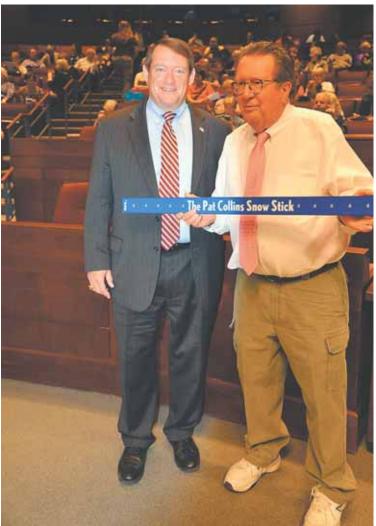
Among the booths that lined much of the lower level of Government Center, there were even some opportunities for job and volunteer-seekers, like the Fairfax County Auxiliary Police Officer program, there to hunt for a few new "rookies" to join their ranks.

The Grandinvolve organization was also on hand, hoping to entice a volunteer or two into sharing skills, hobbies, interests and talents with elementary school kids

**THE LIST** of services, products, and potential opportunities goes on. If you missed the 2019 Positive Aging and Wellness Fair, here is a way to get connected.

Check out the county's website www.fairfaxcounty.gov/OlderAdults. While you are there, subscribe to the monthly Golden Gazette forinformation and a calendar of events. There is even a phone number – one number – to reach knowledgeable folks who can get you started or even help you navigate to the information or services that you are seeking.

Call 703 – 324 – 7948, TTY 711, 8 a.m. – 4:30 pm, Monday – Friday for help with services for older Fairfax County adults. And one more piece of advice: don't miss out when the next Positive Aging and Wellness Fair comes around again.



Photos by Andrea Worker/The Connection

As the chair of the Board of Supervisors' 50+ Committee, Supervisor Pat Herrity (R-Springfield) was one of the hosts at the 2019 Positive Aging and Wellness Fair and welcomed keynote speaker Pat Collins from News4.

#### Calendar

From Page 10

#### FRIDAY-SUNDAY/APRIL 26-28

The Medium and Suor Angelica. Friday-Saturday, 8 p.m.; Sunday, 2 p.m. at Harris Theatre, on GMU's Fairfax Campus. Two oneact operas: Menotti's The Medium and Puccini's Suor Angelica. \$20 adults, \$15 seniors, \$5 youth through grade 12. Visit cfa.calendar.gmu.edu/opera-the-medium-and-suor-angelica for tickets.

#### SATURDAY/APRIL 27

ECHO Yard Sale. 8 a.m.-noon at St.
Bernadette Catholic School Gym, 7602 Old
Keene Mill Road, Springfield. Huge Yard Sale
featuring table after table of fashion
accessories, toys, home decorations, kitchen
utensils, more. Proceeds benefit ECHO, an
all-volunteer organization aiding people in
need in the community. Admission free. Call
703-239-1678 or visit www.echo-inc.org.
Fairfax CASA Run. 10 a.m. at Fairfax County

Cairfax CASA Run. 10 a.m. at Fairfax County Courthouse, 4110 Chain Bridge Road, Fairfax. Be part of the superhero family and community of volunteers and supporters who make a difference through Fairfax CASA (Court Appointed Special Advocates), where they all work to advocate for abused and neglected children right here in Fairfax County. Run in the 8k race, or dress up with your children — yes, superhero costumes, capes and all — for the 3k Superhero Children's Fun Run. Food and drinks, prizes and a raffle, and more family fun waits at the finish line. \$20-\$35. Visit www.fairfaxrunforthechildren.com or www.fairfaxcasa.org.

Author Event: Meet Dale Perry. Noon-2 p.m. at Barnes and Noble Manassas, Westgate Plaza, 8117 Sudley Road, Manassas. Meet local author Dale Perry of Fairfax. She will be signing copies of her book, Adventures of the Super Bunny Club.

book follows a bunny named Blue as he is introduced to the wild, wonderful and

#### **Art Exhibit: Collect**

The COLLECT! 2019 exhibition features more than 70 original works of art generously donated by the community of artists at Workhouse Arts Center. This year's collection includes painting, sculpture, fiber art, jewelry and more with subject matter varying from traditional figuration, natural landscapes, bright and bold abstraction, eclectic clay wares to conceptual collage. Through April 26 in the McGuireWoods Gallery, Workhouse Arts Center, Lorton. Visit www.workhousearts.org for more.

Tuscan Landscape, Anita Damron, 2015, 6 in x 6 in.

whooshing world of international floppy-eared intrigue. Purchase books before signing. Call 571-612-8634 or visit MascotBooks.com for more.

Fundraiser: VFW Post 8469. 1-5 p.m. at Bowl America, 5615 Guinea Road, Burke. VFW Post 8469 will host a public bowling event to raise funds to help support veterans' needs. The cost is \$20 for three games and shoes, plus a raffle ticket to win either a decorative Flags of Valor Flag, a guided day hike in the Shenandoah, two tickets to Amy Grant at the Birchmere or a bowling ball. There will also be a Certified Service Offices on site to help with Veteran benefit issues.

Lysistrata. 2 p.m. at deLaski Performing Arts Building, A105, TheaterSpace, on GMU's Fairfax Campus. Lysistrata persuades the women of Greece to withhold sexual privileges from their husbands and lovers as a means of forcing the men to negotiate an end to the Peloponnesian War – a strategy, however, that inflames the battle between the sexes. \$20 adults, \$10 students, staff, seniors and groups. Visit



cfa.calendar.gmu.edu/lysistrata for tickets.

Fairfax Symphony Orchestra presents:
Holst's Planets. 8 p.m. at Center for the Arts,
Concert Hall, on GMU's Fairfax Campus. The
program includes Leshnoff: Starburst; Smetna:
The Moldau and Sarka from Ma Vlast; Holst:
The Planets, featuring the 2018 Fairfax County
All-Stars Youth Orchestra. Pre-performance
discussion at 7 pm: Join conductor Christopher
Zimmerman and special guests. Tickets start at
\$30, \$15 student tickets available. Visit

cfa.calendar.gmu.edu/holst-39-s-the-planets.

#### SATURDAY-SUNDAY/APRIL 27-28

LEGO Model Train Show. Saturday, 10 a.m.-5 p.m.; Sunday, noon-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Washington D.C. Metropolitan Area LEGO Train Club (WamaLTC) members will hold a two day LEGO-based train show. All trains, buildings and scenery in the display are built from LEGO blocks and shapes. Donations of unwanted LEGO pieces and sets

are appreciated to help support WamaLTC's efforts to bring fun and education to all ages through its activities. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit www.fairfax-station.org or call 703-425-9225.

The Wolves. Saturday, 8 p.m.; Sunday, 2 p.m. at deLaski Performing Arts Building, A105, TheaterSpace, on GMU's Fairfax Campus. A timely play about a girls' indoor soccer team that illuminates with the unmistakable ping of reality the way young selves are formed when innate character clashes with external challenges. \$20 adults, \$10 students, staff, seniors and groups. Visit cfa.calendar.gmu.edu/the-wolves for tickets.

#### SUNDAY/APRIL 28

Britain on the Green. 9:30 a.m.-3 p.m. at Gunston Hall, 10709 Gunston Road, Lorton. The 22nd Britain on the Green show will feature two hundred British cars and motorcycles, music, food trucks, youth activities, and admission to Gunston Hall and grounds. \$10 adult; \$5 children 6-18. Visit www.capitaltriumphregister.com/bog/ or call 703-522-6571.

Spring Ballet: Coppelia. 12:30 and 3:30 p.m. at Metropolitan School of the Arts, 5775 Barclay Ave., Alexandria. Coppelia is a charming, humorous ballet of infatuation, deception, and finally a love that prevails. Dance along with Swanhilda and Franz as they find their way to love and "happily ever after." \$12. Visit www.metropolitanarts.org for more.

Keyboard Conversations with Jeffrey Siegel: Chopin in Paris. 7 p.m. at the Center for the Arts, Concert Hall, on GMU's Fairfax Campus. In this concert of piano music and commentary, Jeffrey Siegel presents the eminent Polish composer Frédéric Chopin and the gorgeous pieces he created while in Paris. Family-friendly. \$44, \$37, \$26. Visit cfa.calendar.gmu.edu/keyboard-conversations-with-jeffrey-siegel-chopin-in-paris for tickets.



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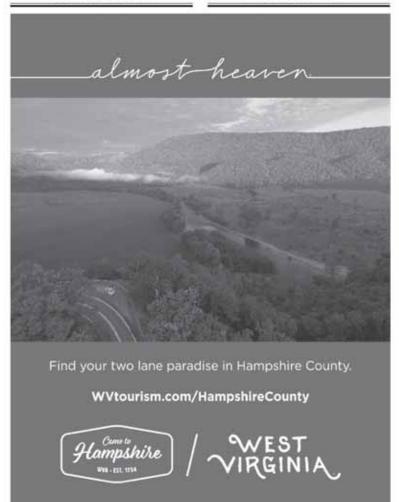
#### Announcements

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#### **Employment**

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#### Legals

#### NOTICE OF NONDISCRIMINATORY POLICY AS TO STUDENTS

Fairfax United Methodist Church Preschool, St. Paul Lutheran Preschool, Presbyterian Preschool, Fairfax Christ Presbyterian Preschool and Truro Preschool and Kindergarten admit students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies. scholarship and loan programs, and athletic and other school- administered programs.

#### Legals

H&H INCORPORATED trading as HUNAN TASTE, 8088 ROLLING ROAD SPRINGFIELD, FAIRFAX COUNTY, VIRGINIA 22153-2928 The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises Mixed Beverage Restaurant license to self or manufacture alcoholic beverages. Hue Van, President, Guohong Yan, Vice President. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

**LEGAL NOTICE:** 

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listed below has been duly notified of this

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and miscellaneous items and one sofa.

Legals

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CONNECTION

#### Legals

#### NOTICE OF PENDENCY OF CIVIL ACTION REGARDING REAL PROPERTY RALEIGH COUNTY, WEST VIRGINIA

To: CHARLES R. PACK and AUDRE F. PACK, J.A. PACK and EMILY M. PACK, GROVER S. PACK and CAROLYN S. PACK, MILDRED L. PAUL and LLOYD H. PAUL, HUBERT E. PACK and DOROTHY A. PACK, PAUL C. CLARK and VIRGINIA A. CLARK and for all the above, and any unknown heirs and/or devisees addresses unknown of the above stated individuals.

You will take notice that Corley Property Management, LLC, a West Virginia Limited Liability Company, the purchaser of a certain tract of land in Shady Spring Tax District, Raleigh County, West Virginia, consisting of 9.6 acres more or less, by Deed of conveyance from Terry Lilly and Ruth Lilly of record in the Office of the Clerk of the County Commission of Raleigh County, West Virginia in Deed Book 5041 Page 4128, has filed a Quiet Title Petition in the Circuit Court of Raleigh County, West Virginia, Civil Action 19-C-97 naming the above stated parties as

The Circuit Court of Paleigh County, West Virginia, Honorable Judge Andrew G. Dimlich, entered an Order March 8, 2019 authorizing this publication. Notice is hereby given to the above styled individuals of the pendency of said Civil Action in said Court.

You may respond to the above referenced Petition by contacting the undersigned counsel for Petitioner or the Office of the Circuit Clerk of Raleigh County, West Virginia at: Circuit Clerk of Raleigh County, Raleigh County Judicial center, 222 Main Street, Beckley, WV 25801.

Given under my hand this the 26th, day of March, 2019, James R. Sheatsley, GORMAN, SHEATSLEY & COMPANY, PO Box 5518, Beckley, West Virginia 25801, Phone (304) 252-5321, counsel for Petitioner, Corley Property Management, LLC.

#### **Announcements**

#### Announcements



# BULLETIN

Submit civic/community announcements at ConnectionNewspapers.com/ Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### HOLY WEEK SERVICES

#### **Holy Week at Kings Lutheran** Church, 4025 Kings Way, Fairfax. All are welcome. Visit www.kofk.org or call the church office 703-378-

- Maundy Thursday, April 18 7
- ❖ Good Friday, April 19 − 12:15pm
- and 7pm **Easter Sunday**, April 21 Festival Worship, 8 and 10 a.m.
- \* Dulles South Easter Sunrise Service - 7 a.m. at Brambleton Golf Course Pavilion.

#### Holy Week at St. Mark's Lutheran Church, 5800 Backlick Road, Springfield. Visit www.stmarks

- elca.org ♦ Holy Thursday - 10:30 a.m. and 7:30 p.m. (English)
- ❖ Good Friday noon and 7:30 p.m. (English) and 6:30 p.m. (Spanish)
  ❖ Easter Sunday, April 21 6:30 a.m.
- (Spanish); 8:30 a.m. (English); 10:30 a.m. (English). Potluck Easter breakfasts served between services.

#### **Holy Week at Historic Pohick**

Church, 9301 Richmond Highway, Lorton. Call 703-339-6572 or visit www.pohick.org. **\* Maundy Thursday**, April 18 –

- Maundy Thursday Liturgy and Holy Communion at 7:30 p.m.
- ❖ Good Friday, April 19th Good Friday Observance at noon-2 p.m.
- Easter Sunday, April 21 Festival Holy Eucharist at 7:45, 9:15, and

#### THURSDAY/APRIL 18

#### **District Supervisor Candidate**

Meet and Greet. 6:30-8:30 p.m. at Sherwood Regional Library, 2501 Sherwood Hall Lane, Alexandria. Meet the candidates who are running for the Fairfax Board of Supervisors: Braddock, Lee, Mason, Mount Vernon and Springfield districts. Free. RSVP at www.eventbrite.com/o/naacpfairfax-county-12397167937.

#### FRIDAY/APRIL 19

Application Deadline. Leadership Fairfax is now accepting applications

for its premier professional leadership development programs -Leadership Fairfax Institute and Emerging Leaders Institute. The 10month programs begin September 2019. Classes meet once a month and participants work outside of class to plan and implement projects. Limited scholarships available. Applications are due April 19. Call 703-752-7555 or visit leadershipfairfax.org.

#### **SATURDAY/APRIL 20**

Holy Meditation Retreat. 9 a.m.-3 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. Holy Saturday Meditation Retreat: Spend the day in noble silence, meditating and creating a space to be still and listen. Donations accepted. Register at unityoffairfax.org/events.

#### **SUNDAY/APRIL 21**

New Thought Easter. At Unity of Fairfax, 2854 Hunter Mill Road, Oakton. New Thought Easter Service: 6:15 a.m. outdoors on the Labyrinth (weather permitting), 9 and 11 a.m. An Easter egg hunt for the younger members of the Unity community will follow the 11 a.m. service. Free. Visit unityoffairfax.org.

SEE BULLETIN, PAGE 15

# Bulletin

From Page 14

#### SUNDAY/APRIL 21

Easter Sunday Service. 10-11:30 a.m. at Harvester Presbyterian Church, 7800 Rolling Road, Springfield. Harvester Presbyterian Church is a congregation of the Presbyterian Church in America (PCA). All are welcome. No charge; offering will be taken. Visit www.harvesterpca.org or call 703-455-7800 for

#### **MONDAY/APRIL 22**

#### **Sleepy Hollow Road Walkway Project**

Community Meeting. 7:30 p.m. in the Mason District Governmental Center, 6507 Columbia Pike, Annandale. Mason District Supervisor Penelope A. Gross and the Fairfax County Department of Transportation (FCDOT) will hold a community meeting for the Sleepy Hollow Road Walkway Project. FCDOT has changed plans for the project based on community feedback, including the width of walkways, removal of retaining walls, additional sidewalk and pedestrian crossings, and more. Learn more at www.fairfaxcounty.gov/ transportation/projects/sleepy-hollow-walkway.

#### **TUESDAY/APRIL 23**

#### Student Environmental Action Showcase

2019. 10 a.m.-2 p.m. at George Mason Center for the Arts, 4373 Mason Pond Drive, Fairfax. Student Environmental Action Showcase (SEAS) is a regional event welcoming students to amplify the youth voice in environmental problem-solving. Student presenters, green/eco teams, and classroom groups share their projects reducing waste, conserving energy, improving water quality, and preserving natural habitat in their schoolvards and communities. Visit www.novaoutside.org/events/schoolenvironmental-action-showcase for more

**Installation of lighting at Hooes Road Park Public Meeting.** 7 p.m. in the West Springfield Elementary School cafeteria, 6802 Deland Drive, Springfield. The Fairfax County Park Authority and the Springfield District Supervisor's office will hold a public meeting to discuss a proposal to install lighting at Hooes Road Park. The proposal also calls for lighting the parking lot and the path leading to the fields. For more information about the meeting, call Mohamed Kadasi at 703-324-8693.

#### WEDNESDAY/APRIL 24

**Greater Fairfax Community Job Fair.** 1-4 p.m. at Virginia International University, 4401 Village Drive, Fairfax, An opportunity for employers and prospective employees throughout the region to meet, discuss job opportunities and find employment. Job-seekers are encouraged to complete the optional registration, however walk-ins are welcome. Free. Visit www.FairfaxJobFair.com.

#### THURSDAY/APRIL 25

Award Ceremony. 7 p.m. at Mason District Government Office, 6507 Columbia Pike, Annandale. The Springfield-Annandale Branch of American Association of University Women will distribute awards to local high school juniors for their achievements in promoting inclusion at their schools. All are welcome. Free. Email wchamnett@gmail.com for more.

#### **SATURDAY/APRIL 27**

Spring Forward. 8:30 a.m.-2 p.m. at Colgan Hall, George Mason University Science and Technology Campus, 10900 University Blvd., Manassas. Spring Forward Family Fun Day offers adoptive, foster and kinship families a day of fun and learning about tools and solutions. Found Families Forward is partnering with NewFound Families, the Virginia Department of Social Services (VDSS), and VDOE's Training and Technical Assistance Center. While the kids enjoy activities, parents, caregivers and professionals will be treated to keynote Family Strong: Five Ways to Fight the Fear, Beat the Burnout, and Stay Focused for the Long Haul by presenter Wendy Besmann. Following the keynote, parents and caregivers chosse from a variety of breakout sessions, \$0-\$40. Visit www.eventbrite.com/e/spring-forward-familyfun-day-and-regional-conference-tickets-54145770457 for tickets.



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#### By KENNETH B. LOURIE

As It Is

Thankfully I woke up today (duh!) – without the crushing, incapacitating fatigue that I woke up with two weeks ago, post-my-last-immunotherapy infusion.

As I have written previously, I did not alert my oncologist to my bedridden status then or since as I have been trying not to worry that I had crossed some Rubicon-type line concerning my treatment and its side/straight-on effects. Apparently, and I will continue to believe (cling to this belief) that my inability to get out of bed two Saturdays ago was indeed an aberration rather than an actualization, of life in this new Kenny lane.

So here I sit at my desk writing away, fully dressed, teeth-brushed and clean-shaven, all by 8:15 am, pill-popping as I go.

As I recall two weeks ago, when I finally summoned the strength to extricate myself from under the covers to get dressed and attempt to walk downstairs and restart my day (I had gotten up earlier to feed our cats breakfast and give Chino his insulin shot), "The clock on the wall" (clock radio, actually), to quote George Thorogood, said 3:53 p.m. (And other than bathroom breaks, that was all I could muster in the nine hours since I woke up at 7 a.m.)

No pain, just zero energy. It was almost as if I was paralyzed.

Writing back to the present, anticipating this morning, I've been a bit apprehensive the last few days – fearful that when I awoke today, I would once again be fighting that terrible fatigue and considering a new reality in my cancer existence.

When my eyes popped open at 6:30 this morning, I was grateful (as my father used to say: "Any day that I wake up is a good day") and relieved that when I raised my right arm to roll back the covers, I did so with relative normalcy; and even more relieved when I was able to swing my legs out from underneath the covers and onto the bedroom floor where I had no difficulty getting my bearings. Before too long (maybe 30 seconds or so), and after a few deep breaths, I stood up and officially began my day without any further adieu. Although I hadn't taken any Rolaids: "Oh, what a relief it is!"

Dare I say then it will be a normal day, up and at 'em with nary a hint of fatigue in the forecast.

Rain, however, is in the forecast and given the date on the calendar: April 13, 2019, I have to face an even greater challenge than the fatigue I experienced two weeks ago: clothes shopping.

More specifically, I have to buy a suit, as well as some upgraded good-looking casual attire which my wife, Dina will approve and that Kenny's budget will tolerate, as I'll be attending a family wedding and rehearsal dinner beginning May 3, 2019.

One more concern: my weight. It's not good. It's the talking-scale-joke-will-one-of-you-pleaseget-off, bad. But I have no choice. Today's the day (for availability reasons) or it will be "Good night, Irene." Is there a tent sale going on anywhere?

You know, now that I think about it - and feel it, I may be feeling a little fatigue.

Maybe it's not the best day to be trying on ill-fitting clothes ALL DAY. What if I don't have the manual dexterity to be in and out of dressing rooms, up and down while in them and back and forth to the clothing racks with shoes, slacks, shirts and suits?

What if today is another day in my life which seemingly began at birth, where I spent hours in the "Husky"/"Portly" departments at Jordon Marsh, Filene's Basement and Kennedy's in downtown Boston, trying to find Kenny some "school clothes" that fit, that is excruciating AGAIN? Granted, it wasn't cancer then as it is now, but for an overweight young boy, it was torture personified and the experience imprinted me for life as a serial-clothes-shopping-hater.

Got to go. Wish me luck. I'll need it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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