

# McLean CONNECTION

## HomeLifeStyle

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Sydney Rinehardt, 9, and sister Micah, 4, of Laurel, Md., play on the Clemyjontri Park playground in McLean. The park attracts crowds from all over the metropolitan area and it's where children of all abilities can play and have a blast.

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PHOTOS BY STEVE HIBBARD/THE CONNECTION  
**Megan Ji, 8, and Miranda Xu, 7, play on the monkey bars.**

**Randa Alobaidi and Yara Aldarraji of Manassas with Nathaniel Smith, 2, (Spiderman) of Winchester on the seesaw.**

## Clemyjontri Park: Where Kids Have Fun

**State-of-the-art playground is the perfect place to bring small children.**

**T**he two-acre Clemyjontri Park playground in McLean is the perfect place to bring small children and boy oh boy, it was rocking on Saturday, May 4. The extraordinary facility attracts crowds from all over the metropolitan area and it's where children of all abilities can play and have a blast.

In addition to a carousel, the facility with rubber surfacing has swings, slides and play equipment that's fun to climb on. It features swings with high backs, arm rests and special safety features and there are lowered monkey bars for easy access. Instead of standard transfer platforms, there are ramps to the elevated play areas. And equipment is designed to be sensory rich so all children can participate. Pathways between equipment are wide and colorful, and the ground surfaces are non-slip — designed to provide a greater

level of access for children.

A mini-track can be used to race, and playhouses and cubbies offer spaces for socializing while also allowing children seeking separate areas to play in smaller groups. Tent sails provide areas of shade and benches are located throughout. Just north of the playground is an asphalt trail that connects to site perimeter trails which will eventually encircle the park during future development.

A trackless train operates from 9:30 a.m. until 4 p.m. on weekends. There's a picnic pavilion and 81-space parking lot. The name "Clemyjontri" is derived from the donor's four children: Carolyn (CL), Emily (EMY), John (Jon), and Petrina (Tri).

Clemyjontri Park is open from 7 a.m. to dusk. The address is 6317 Georgetown Pike, McLean. Call 703-388-2807.

— STEVE HIBBARD



**Angelina Moldthan, 3, and sister Elena, 6, of Rockville, Md., enjoy the sliding board at Clemyjontri Park.**



**Aksith Sathish, 5, and Karanveer Singh, 5, of Fairfax play on the cars.**



**Visitors take a carousel ride at Clemyjontri Park in McLean.**



**Visitors enjoy the playground at Clemyjontri Park in McLean.**



# OPINION

## Celebrating Mother's Day with Photos

Send in photos now or right after you take new Mother's Day photos; and more reasons to contact the Connection.

As usual every year at this time, The Connection calls for submissions to our Mother's Day photo gallery. Mother's Day is Sunday, May 12. This year we will continue to publish submissions through the May 22 edition. Photo submissions are due by Friday, May 17.

Send photos of mothers, grandmothers, great-grandmothers, with children or without children in the photos. Please name everyone in the photo, the approximate date, describe what is happening in the photo and include your name, address, email address and phone number. We will not print your full address or contact information.

You can upload photos and information directly to [www.connectionnewspapers.com/mothersday/](http://www.connectionnewspapers.com/mothersday/) or email to [editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com).

This is a fine time for submissions for our annual Father's Day galleries. Online at [www.connectionnewspapers.com/fathersday/](http://www.connectionnewspapers.com/fathersday/)

Throughout the year, we ask for community submissions. Twice a year we ask you to tell us stories about your pets and how they have come into, touched and left your lives. The next Pet Connection is the last week in July.

### EDITORIAL

In late summer, we invite readers to share what they know about their community for neighbors and newcomers alike.

And wrapping up the year, we gather writing and art from local students to fill our holiday edition. Each year, through an enormous effort by area teachers and school staff we receive more material than is possible to publish for most of our 15 editions.

In addition, regular contributions to our entertainment calendars, community bulletin boards, school notes, and business notes help

us to share news in your community. We also always welcome photos and captions from community organizations (Scouts, sports teams, faith groups, school activities, etc.) and local businesses. Calendar items: [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/)

Meanwhile it's election season, you can submit a Letter to the Editor here: [www.connectionnewspapers.com/contact/letter/](http://www.connectionnewspapers.com/contact/letter/)

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— MARY KIMM

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM)

## Treatment Center on Davidson Road: Letters Pro & Con

### Community Character and Well-being at Stake

To the Editor,

There has been unrest among numerous citizens of McLean regarding Newport Academy's (NA) quiet purchase of a cluster of three large homes on Davidson Road, near McLean High School, and one at 1318 Kurtz Road, 350 feet from Franklin Sherman Elementary School. Senior citizens and people with disabilities have long lived in group homes in McLean, as long term or permanent residents. Newport Academy (NA), in contrast, has plans to develop a large corporate business-making cluster of facilities for teenage children in need of medical help, with eight clients per home, 32 patients in total, at a daily cost of \$1,000 a day per patient. These self-designated group homes, under NA's vision, envision temporary stays of from 6-10 (42-70 days) weeks at a time.

Virginia tax law defines residency as a minimum stay of 183 days.

Newport Academy CEO, Jamison Monroe Jr. did not guarantee that these limited stay patients would be local members of the community or have ties to the community.

To date, Newport Academy is unwilling to apply for a county zoning permit to operate as a Congregate Living Facility (CLF), thus allowing patients treatment on a short-term basis. CLF permits include, among other accountability measures, facility set back require-

ments and a traffic impact study.

The Newport Academy's four home compounds will require several dozens of staff to operate. Those numbers climb further when accounting for all the additional visitors that will come in and out of the compound on a daily basis: counselors, therapists, family, friends, delivery trucks, and crews carrying supplies and foods, overwhelming our local roads that lack curbs and sidewalks.

The wave of people, vehicles, and commercial activity in residential neighborhoods adjacent to McLean High School and Franklin Sherman Elementary School, a community swim club, and Lewinsville park, will not only dis-

rupt the neighborhood, but also threaten our children as they walk, bike or scooter to school and the aforementioned locations. The cluster of NA treatment facilities will undoubtedly strain local emergency services as other jurisdictions have reported a significant increase in police and EMT services calls to other Newport Academy locations in the country.

We urge our local and state politicians and zoning authorities to prevent Virginia from becoming the new breeding ground for corporations that abuse the Fair Housing Act to further their own rapid growth and profit at the expense of the character and well-being of locally zoned residential communities.

**Peter and Kim Tomsen**  
McLean

### Answer Is in Our Hearts

To the Editor:

I write to express my support for Newport Academies and the rehabilitation facilities set to open on Davidson Road in McLean. While I currently live elsewhere, I grew up on Davidson Road in McLean and I have been paying close attention from afar to the outcry from many adults in my hometown.

I have often felt uncomfortable coming from McLean, the epitome of wealth and privilege. I know that I was lucky to grow up there but I also struggle knowing that

the opportunities I was afforded are ones that most people do not have access to. I'm often disappointed that many people in McLean are willing to exclude the underprivileged, despite claiming to have progressive values. This discomfort and shame has been especially heightened these past few weeks as I've watched the reaction to the rehabilitation homes opening on Davidson Road.

I cried watching the clips from the meeting at the high school in which community members heckled the brave individuals who

came forward to tell their very personal stories of struggling with mental health and addiction. And I seethed when my mom sent me a text of the sign at the top of our street that read 'say no to the drug compound.' The ignorance on display is not only disheartening, but it arouses unwarranted fears that play into harmful stereotypes about people who struggle with behavioral health conditions.

I worked in mental health advocacy for two years and now work at a homeless shelter with individuals experiencing substance use and mental health con-

ditions. I am intimately familiar with the dearth of resources for people with behavioral health needs. Even in an affluent town like McLean, finding available treatment options is next to impossible.

Public, comprehensive, community-based treatment is undoubtedly the best solution, but given the slow pace of progress on behavioral health issues, private companies like Newport Academy are stepping up to fill a huge gap in services.

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McLean  
**CONNECTION**

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PHOTO CONTRIBUTED

**Students from Churchill Road Elementary School participated in the ceremony.**

## Baron Road Walkway in McLean Completed

Earlier last week, community members joined Fairfax County Dranesville Supervisor John Foust, Virginia Del. Kathleen Murphy (D-34) and other officials to celebrate the completion of the Baron Road Walkway in McLean. This new pedestrian facility includes 400 linear feet of concrete sidewalk that ties into the existing pedestrian facilities near Douglass Drive and the Dead Run Trail. Other infrastructure improvements include a curb and gutter, curb

ramps, driveway entrances, pavement modifications, closed drainage system. These improvements enhance vehicle and pedestrian safety.

Students from Churchill Road Elementary School participated in the ceremony. One of those students, Audrey Stover, spoke at the event. She had previously met with Supervisor Foust to talk about how safety would be improved with the addition of a sidewalk along Baron Road.

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## HomeLifeStyle

# Designs to Welcome Spring

Textiles and florals usher in a new season

BY MARILYN CAMPBELL

From pastel colors to floral accents, it's the time of year to celebrate the emergence of spring. Local designers offer spring decorating ideas that embody the season.

"Spring is the perfect time to freshen up your house by swapping out heavy, darker winter fabrics on linens and pillows with crisp and light patterns and designs," said Ann O'Shields of the Nest Egg in Fairfax. "Throw pillows are one of the easiest ways to instantly refresh a space. Greens and yellows are quintessential colors of spring and are popular currently in interior design. Whether you prefer florals or geometrics, there's a variety of options in fabric design for pillows."

When decorating the master bedroom in a Potomac, Md. home recently, designer Cameron Manning finished off the design with a cheery area rug. "The right rug can pull a room together and make a powerful statement," she said. "The client's favorite season was spring and she wanted a bedroom that was light and cheerful. For this master bedroom, I chose a vintage rug in a pale orange shade."

Manning also recommends using paint to breathe fresh, spring air into a winter-worn space. "Painting a room with an off-white shade infused with subtle undertones of yellow, pink or pale blue can really lighten and brighten it. If you don't want to paint and entire room, consider painting just the door frame."

From peonies and daffodils to lilacs and tulips, designer Connie Hall of Hall Designs says that moving spring blooms out of the garden and into a fresh floral arrangement is a sure-fire way to usher out winter.

"Nothing says spring like a bouquet of fresh spring flowers," she said. "A large bouquet can really can become the focal point of a room. Sometimes they're all you really need to show that spring has arrived."

Blossoms and branches from one's backyard can create visual interest and O'Shields suggests magnolia stems, cherry blossom stems and forsythia.

"Preserved floral arrangements are also an excellent choice and will last for years," she added. "Hydrangea flowers are a lovely, full option often used in preserved florals."

Lush greenery can be used for more than decorating a garden. "If you have a green thumb, consider adding in some plants in ceramic pots to add color



PHOTO BY THE NEST EGG

**Whether fresh or preserved, local designers advise welcoming spring with a seasonal floral arrangement.**



PHOTO BY THE NEST EGG

**Adding throw pillows in spring colors like green and yellow to an interior space is one of the easiest ways to drive out the winter doldrums.**

and texture," said O'Shields.

Among the popular plants that O'Shields suggests fiddle figs. "[They] can also add height to your space," she said. "More foolproof plants include Pachira aquatic, also known as a money tree, succulents and rubber tree plants. They're all easy to care for and add a freshness to your space."

Those who don't have a green thumb shouldn't be afraid to fake it. "There are so many realistic options for artificial greenery available," said O'Shields. "Artificial branches can be almost identical to the real thing."

**"Spring is the perfect time to**

**freshen up your house by swapping out heavy, darker winter fabrics on linens and pillows with crisp and light patterns and designs."**

— Ann O'Shields, The Nest Egg, Fairfax



# LETTERS

FROM PAGE 6

But let's put Newport Academy aside for just one minute, because I think there is a bigger issue here. The lack of resources is something that people will only encounter if they decide to seek treatment, if they can first get past the shame and stigma that our society has towards those with behavioral health conditions. If I were a teenager in McLean right now and I saw my parents or my neighbors reacting this way to this service coming into town, there is absolutely no way I would seek help for a behavioral health need. I would suffer in silence and it would get worse. Maybe I would even become a statistic. Part of the highest teenage suicide rate in history or yet another life taken by the opioid epidemic.

I know the response to this will be something along the lines of, "Genevieve, we are just concerned about how Newport Acad-

emy has handled this acquisition, you are completely mischaracterizing us, we care about those with mental illness and substance use." I will get people explaining to me the intricacies of land policy, water runoff theories, traffic concerns, and more. But on an issue of such gravity, I think we all have to look into our hearts and ask whether we're letting ourselves take refuge in secondary concerns. These arguments come off as thinly veiled discrimination from individuals who are scared of having "these kind of people" in their backyard. I truly hope that community members recognize these arguments for what they are and that we stand up together for Newport Academies and the important services that they will offer. If we don't, what kind of message are we sending to young people in McLean?

**Genevieve Mulligan**  
McLean

## 'Baselessly Lectured' in McLean

To the Editor:

My husband and I purchased a home nearly a decade ago in McLean to raise our family. We have loved our time in the area and think it is wonderful that our children are able to grow up experiencing the wide variety of people, cultures and ideals that make up our inclusive community. I know that nearly all our neighbors here in McLean feel

similarly. As a result, it was very depressing last Wednesday to watch several hundred of our good neighbors being baselessly lectured to and derided as prejudiced by our local elected officials and a few others,

seemingly as part of a public relations strategy orchestrated by Newport Academy CEO, Jamison Monroe. The attack was particularly detestable given the vast majority of us in attendance strongly believe that senior citizens and the disabled members of our McLean community have every right to live together, receive care, and participate in our community while residing in group homes, as is protected by the Americans with

Disabilities and Fair Housing Acts.

The overwhelming majority of the audience was there to express a deeply held concern with Newport Academy's recently and rapidly unveiled plans to convert four newly purchased residential homes into juvenile and young adult treatment facilities. The homes ... included three homes next to one another on Davidson Road within a block of McLean High School, and a fourth home purchased a short distance away on Kurtz Road, a couple hundred yards from Franklin Sherman Elementary.

We understand Newport is proposing to convert these homes into a treatment center, placing children age 12 to 20 in these homes, eight per home, with multiple shifts of three or more treatment providers maintaining continuous, 24-hour coverage at each of these facilities.

Staff-to-patient ratios at Newport are advertised as 5:1. The vast majority of these children under treatment are not likely to be residents of McLean and we suspect will

have no intention of calling McLean home, instead simply visiting for treatment periods of 4-12 weeks. For these treatment services, we understand insurance coverage

now mandated under Federal law pay the vast portion of Newport rates, which are reportedly as high as \$1000 per day per child.

While the long-term efficacy of these kinds of expensive short-term treatment programs may be in question and should be carefully researched by authorities to ensure that children undergoing this expensive treatment are being well-served, one primary concern many of us have

with Newport in particular lies with the law under which the for-profit enterprise is seeking to open its treatment facilities in McLean.

Specifically, Newport claims it is opening a group home, but we understand that the law makes clear that a group home is for "residence," a term we understand Virginia law explicitly defines as living for 183 or more days a year (with the insurance money drying up after as soon as 30 days, few at Newport will likely stay that long) but

also, in the spirit of the law, includes a desire on the part of a group home occupant to be a part of the community. Lawyers consulted have suggested that Newport's facilities are actually not group homes but Congregate Living Facilities (CLF), a category that requires a permit

application allowing for more reasonable degree of community deliberation, and not just a by-right to set-up their business in any residential neighborhood it so chooses. Given the significant traffic and other demands these treatment facilities would place on the strained

infrastructure around our schools, additional community consultation would certainly appear to be warranted. In Bethlehem, Conn. for example, where Newport has a facility, nearly 20 percent of all emergency services calls in the town are reportedly originating from the Newport facility.



Image credit: Gerardo Leccese, Love Travel (detail), 2018

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## ONGOING

**Art Exhibit: “Taking Territory.”** Through June 1, gallery hours at MPA@ChainBridge, 1446 Chain Bridge Road, McLean. Taking Territory: New Works by Susan Goldman, Barbara Kerne, Eve Stockton and Patricia Underwood, features pieces that mine many of the techniques employed by artists working in printmaking today. An opening reception is set for April 11, 7-9 p.m. Visit [mpaart.org](http://mpaart.org) for more.

**McLean Farmers Market Opens.** Fridays, through Nov. 15, 8 a.m.-noon at Lewinsville Park, 1659 Chain Bridge Road, McLean. Sixteen local farmers and producers will sell fresh produce and fruits; meats; breads and pastries; jams; dairy products and eggs; herbs; flowers, coffee, and more. The Market will be closed on May 17 for McLean Day setup. Visit [www.fairfaxcounty.gov/parks/farmersmarkets/mclean](http://www.fairfaxcounty.gov/parks/farmersmarkets/mclean).

## THURSDAY/MAY 9

**Historian William Connery.** 7:30-9 p.m. at Patrick Henry Library, 101 Maple Ave. E., Vienna. Meet the author of Civil War Northern Virginia 1861 as he recounts the notable events and battles that occurred in Northern Virginia after the firing on Fort Sumter in 1861. Books available for sale and signing. Free. Call 703-938-0405 or visit [librarycalendar.fairfaxcounty.gov/event/4878628](http://librarycalendar.fairfaxcounty.gov/event/4878628).

## MAY 9-JUNE 2

**The Member of the Wedding.** At 1st Stage Theater, 1524 Spring Hill Road, Tysons. Adapted from the beloved novel of the same name, this evocative, poetic coming of age drama explores the pains of youth and the meaning of family. The Member of the Wedding will run Thursdays, 7:30 p.m.; Fridays, 8 p.m.; Saturdays at 2 and 8 p.m.; and Sundays at 2 p.m. The run time is approximately 2 hours with one 15-minute intermission. Captions and audio description will be offered for select performances. \$15-\$39. Visit [www.1ststage.org](http://www.1ststage.org) or call 703-854-1856 for tickets.

## FRIDAY/MAY 10

**6th Annual Casino Night.** 6-10 p.m. at Volkswagen Group of America Headquarters, 2200 Ferdinand Porsche Drive, Herndon. 6th Annual Casino Night fundraiser supporting the Boys & Girls Clubs of Greater Washington/Fairfax County Region. Hosted By LaVar Arrington with special guest “Secretary of Defense” Dexter Manley. Visit [one.bidpal.net/casinonight2019](http://one.bidpal.net/casinonight2019) for tickets.

**Movie: Instant Family.** 7:30-9:30 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. Join Unity of Fairfax on the second Friday of the month for mindful movies. “Instant Family” tells the heartwarming and story of a couple who adopt three young children. Free, donations welcome. Visit [www.unityoffairfax.org/events](http://www.unityoffairfax.org/events) or call 703-281-1767.

## SATURDAY/MAY 11

**Plant Sale.** 8 a.m.-1 p.m. at the Freeman Store, 131 Church St. NE, Vienna. The Ayr Hill Garden Club will host its annual spring plant sale with a focus on plants native to Virginia. Plants available include those that thrive in sun or shade, are deer resistant, and tolerate drought. Native plants attract beneficial birds and insects to your garden. Proceeds help the Ayr Hill Garden Club maintain five Vienna area gardens. Free admission. Email [monica.anschel@hotmail.com](mailto:monica.anschel@hotmail.com).

**Learn About Pollinators & Build a Bat House.** 9-10:30 a.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Pollinators power food production. Learn more about these important critters and help one of nature’s pollinators with the “Build your own Bat House” program at Riverbend Park. Bats help eat mosquitoes, as well as pollinate plants, but they are having a hard time. Help these animals thrive by building a bat house to hang at home. For participants 3-adult. \$8 per person, and everyone must register. A fee of \$15 per bat house should be paid to the instructor on the day of the program. Call 703-759-9018 or visit [www.fairfaxcounty.gov/parks/riverbend](http://www.fairfaxcounty.gov/parks/riverbend).

**Plant and Yard Sale.** 9 a.m.-1 p.m. at Great Falls Library, 9830 Georgetown Pike, Great Falls. Not sure what to get for Mother’s Day? Come to the



## McLean Day

Bring the family and enjoy McLean’s biggest annual event. Vote for an MCC Governing Board candidate. Enjoy the free live entertainment, sponsors, exhibitors, food trucks, ticketed large and small carnival rides, costumed characters, amusements, games, free shuttle parking and more. Large ride preview, Friday, May 17, 2-7 p.m.; McLean Day, Saturday, May 18, 11 a.m.-5 p.m. at Lewinsville Park, 1659 Chain Bridge Road, McLean. Visit [www.mcleancenter.org](http://www.mcleancenter.org) for more.

Great Falls Garden Club’s popular plant and yard sale for a new plant or item for mom’s garden. Free admission. Call 703-757-7360 or visit [gfgardenclub.org](http://gfgardenclub.org) for more.

**“All the Way Live.”** 1 p.m. at The Alden, 1234 Ingleside Ave., McLean. In this interactive show, everything is “all the way live” and history is revived through hip-hop lenses. World-renowned hip-hop artists collaborate on the spot to “remix” everything from the alphabet to folktales. \$15/\$10 MCC district residents. Visit [mcleancenter.org](http://mcleancenter.org).

**Mad Hatter Tea Party.** 2-4 p.m. at Lewinsville Presbyterian Church, 1724 Chain Bridge Road, McLean. Calling all children age 4 through grade 6. Bring a parent, grandparent, aunt, uncle, or some other significant adult to the Mad Hatter Tea Party. Create a silly hat to wear; play the Queen’s Croquet or the Cheshire Cat’s checkers; meet Absalom the caterpillar and fly a butterfly or paint the roses red. Reservations are required and space is limited. Reservations close May 8. Visit [www.lewinsville.org/event-items/mad-hatter-tea-party](http://www.lewinsville.org/event-items/mad-hatter-tea-party).

**PRS’ Springtopia.** 6-9:30 p.m. at Hyatt Regency Tysons Corner, 7901 Tysons One Place, McLean. PRS, Inc., a nonprofit helping those living with serious mental illness or facing life crises, is hosting its 2nd annual Springtopia: A Season of Hope. The event supports PRS’ life-changing and life-saving work and will include beverage and food pairing stations, live and silent auctions, photo booth, wine pull, raffle, and a tribute to the award-winning PRS CrisisLink program. \$175. Call 703-531-6321 or visit [prsinc.org/springtopia](http://prsinc.org/springtopia) for more.

## SATURDAY-SUNDAY/MAY 11-12

**Relay for Life.** At Langley High School, 6520 Georgetown Pike, McLean. Relay for Life of Langley McLean will have its 2019 relay, an all night event to raise money for the American Cancer Society. Planned by students from McLean and Langley but open to the entire community. Free registration. Call 703-213-5386 or visit [secure.ascevents.org](http://secure.ascevents.org).

## SUNDAY/MAY 12

**Three Bs: Birds, Butterflies and Blossoms.**

10:30-noon at Riverbend Park, 8700 Potomac Hills St., Great Falls. Take a scavenger hunt wagon ride at Riverbend Park and search for three Bs of springtime – birds, butterflies and blossoms. Meet a friendly animal up close, too. For family members age 2-adult. \$7 per person, and children must be accompanied by a registered adult. Call 703-759-9018 or visit [www.fairfaxcounty.gov/parks/riverbend](http://www.fairfaxcounty.gov/parks/riverbend).

## TUESDAY/MAY 14

**50th Anniversary Celebration.** 10 a.m. at McLean Community Center, 1234 Ingleside Ave., McLean. McLean Hamlet Garden Club

celebrates 50th anniversary with speaker Kathy Jentz, founder, editor and publisher of “Washington Gardener” magazine. She will speak on “Vertical Gardening.” Free and open to the public. Email [marleneguroff@gmail.com](mailto:marleneguroff@gmail.com) for more.

## WEDNESDAY/MAY 15

**Oak Marr Farmers’ Market.** 8 a.m.-noon at Oak Marr ReCenter, 3200 Jermantown Road, Oakton. Every Wednesday through Nov. 13, rain or shine. Vendors include produce, meats, eggs, cheeses, pies, cured and smoked meats, popsicles, sorbet, bread, croissants, falafel sandwiches, humus, and pesto. Call 703-281-6501 or visit [www.fairfaxcounty.gov/parks/farmersmarkets/oak-marr](http://www.fairfaxcounty.gov/parks/farmersmarkets/oak-marr) for more.

**McLean Historical Society.** 7:30 p.m. at McLean Community Center, 1234 Ingleside Ave. McLean. The program will feature Dr. Glenn Fatzinger who will discuss “Causes of World War I and Problems With the Treaty of Versailles.” Everyone is welcome. Free. Contact Carole Herrick at 703-356-8223.

## FRIDAY/MAY 17

**Bike to Work Day 2019.** Pit stop times vary, all over the region. Join more than 20,000 area commuters for a free celebration of bicycling as a fun, healthy and environmentally-friendly way to get to work. There are 115 Bike to Work Day pit stops to choose from. The first 20,000 to register and attend will receive a free Bike to Work Day T-shirt, enjoy refreshments and chances to win prizes. Visit [www.biketoworkmetrodc.org](http://www.biketoworkmetrodc.org).

**“Dining with Dorothy.”** 12:30 p.m. at Anitas, 521 Maple Ave. E., Vienna. Join with friends or make new ones. Newcomers are always welcome. To reserve a space contact event chair, Dorothy Flood at [dflood1706@gmail.com](mailto:dflood1706@gmail.com).

**SCOV Coffeehouse & Wine Bar.** 6:30-9 p.m. at Our Lady of Good Counsel Church DeSalle Hall, 8601 Wolftrap Road SE, Vienna. Join this fun friend raiser. Music and dancing, light refreshments, wine/beer/coffee. Entertainment by Tom Portman and Friends. \$20 per person or \$35 per couple (bring a friend). RSVP by May 6 to [SCOV\\_office@scov.org](mailto:SCOV_office@scov.org) or 703-281-0538.

**Classical Guitar Recital.** 7:30 p.m. at Church of the Holy Comforter, 543 Beulah Road, Vienna. Church of the Holy Comforter presents: A Classical Guitar Recital with Fr. Rick Lord. Come and enjoy a program of solo guitar works by Dowland, Scarlatti, Sor, Tarrega, Assad, and Oliva. Visit [www.holycomforter.com](http://www.holycomforter.com) for more.

## FRIDAY-SATURDAY/MAY 17-18

**Book Sale.** Friday, 10 a.m.-6 p.m.; Saturday, 10 a.m.-5 p.m. at Great Falls Library, 9830 Georgetown Pike, Great Falls. The Friends of the Great Falls Library are holding their semi-annual sale of donated books. Art books, cookbooks,

books on gardening, design, religion, travel, how-to and self-help are well represented, as well as, thousands of books for children, teens and young adults, along with great selections of music and audio books on CD and movie DVDs. Preview sale for Friends members on Thursday, May 16, 6-8 p.m. Membership will be available at the door for non-members at \$15. Fill a shopping bag of books \$5 during the last two hours on Saturday. Call 703-757-8560.

## SATURDAY/MAY 18

**Cancer Patient Retreat.** 9:30 a.m.-5 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. Cancer patients, survivors and caregivers are invited to attend a free one-day workshop, “Transforming the Cancer Journey With Spirituality,” where they will build a spiritual toolbox for healing. Sponsored by Unity of Fairfax, Unity World Headquarters, and the Tigerlily Foundation. Pre-register by May 13. Free. Call 703-281-1767 or visit [www.tigerlilyfoundation.org/spirit-retreat-2019/](http://www.tigerlilyfoundation.org/spirit-retreat-2019/) for more.

**McLean Day 2019.** 11 a.m.-5 p.m. at Lewinsville Park, 1659 Chain Bridge Road, McLean. Bring the family and enjoy McLean’s biggest annual event. Vote for an MCC Governing Board candidate. Enjoy the free live entertainment, sponsors, exhibitors, food trucks, ticketed large and small carnival rides, costumed characters, amusements, games, free shuttle parking and more. A large ride preview takes place Friday, May 17, 2-7 p.m. Visit [www.mcleancenter.org](http://www.mcleancenter.org) for more.

**Artist Talk: “Taking Territory.”** 2 p.m. at MPA@ChainBridge, 1446 Chain Bridge Road, McLean. Taking Territory: New Works by Susan Goldman, Barbara Kerne, Eve Stockton and Patricia Underwood. Helen Frederick, an MPA board member, as well as an artist, founder of the Pyramid Atlantic Art Center, and Professor Emeritus at George Mason University School of Art, will moderate. Visit [mpaart.org](http://mpaart.org) for more.

**Securing Personal Data in the Age of Social Media.** 2-3 p.m. at Oakton Library, 10304 Lynnhaven Place, Oakton. Learn how to best manage privacy and data when using social networks like Facebook, Instagram and Google from a cybersecurity expert. No registration required. Free Call 703-242-4020.

**A Bohemian Life.** 7:30 p.m. at The Falls Church Episcopal, 115 E. Fairfax St., Falls Church. The Tysons McLean Orchestra presents A Bohemian Life, featuring Béla Bartók – Romanian Folk Dances; Carl Maria Von Weber – Clarinet Concerto No. 2 in E-flat major; and Antonin Dvorák – Symphony No. 9 in E minor, “From the New World.” \$15-\$40. Visit [tysonsmcleanorchestra.org](http://tysonsmcleanorchestra.org) for more.

## SUNDAY/MAY 19

**Visit Colvin Run Mill.** 11 a.m.-4 p.m. at Colvin Run Mill, 10017 Colvin Run Road, Great Falls. Don’t miss the chance to see, hear and taste history with a Sunday visit to Colvin Run Mill. Stop by the mill for a grinding demonstration from noon-3 p.m. See 19th century technology at work as the miller grinds wheat or corn into flour and meal that can be purchased at the park’s General Store. Call the site to confirm grinding is on. \$8 for adults, \$7 for students 16 and up with ID, and \$6 for children and seniors. All ages are invited to enjoy these historic demonstrations, and no reservations are required. Call 703-759-2771 or visit [www.fairfaxcounty.gov/parks/colvin-run-mill](http://www.fairfaxcounty.gov/parks/colvin-run-mill).

**Amadeus Concerto Concert.** 4 p.m. at Saint Luke Catholic Church, 7001 Georgetown Pike, McLean. Amadeus Orchestra’s Emerging Artist Program features young musicians just being discovered. For the first time, they are joining with the Northern Virginia Music Teachers Association to feature 2019 NVMTA competition prizewinners, accompanied by Amadeus’s professional orchestra. Featuring students from McLean, Fairfax, Herndon, Oak Hill/Herndon, Falls Church, Arlington, and Great Falls. Adults \$40; children 17 and under free. Visit [amadeusconcerts.com/](http://amadeusconcerts.com/) for more.

**Side-by-Side.** 4 p.m. at Vinson Hall, 1733 Kirby Road, McLean. Side-by-Side with Members of The Tysons McLean Orchestra. The McLean Youth Orchestra (MYO) is the premier youth orchestra in the Northern Virginia region. They offer gifted young musicians a challenging repertoire, opportunities to work with dedicated professional musicians not found with any other youth orchestra. Visit [tysonsmcleanorchestra.org](http://tysonsmcleanorchestra.org) for more.



# LETTERS

FROM PAGE 7

We ask our elected representatives, including Supervisor Foust, Delegate Kathleen Murphy, State Senator Barbara Favola, as well as the Fairfax County Attorney and the Fairfax County Zoning Board to carefully review the Newport request and act to protect children in McLean rather than Jamison Monroe's bank account.

**Scott and Vanessa Barbee**  
McLean

## Open Letter to the McLean Residents Opposing Newport Academy

To the Editor:  
Six.

That is the number of young McLean residents I know personally who have died from an opiate overdose. This number does not capture the countless more young people I know from my town who have survived an overdose and whose lives have been ruined by addiction. Nor does it represent those who have died by suicide or who suffer from debilitating mental illness.

I had a safe, loving experience growing up in McLean. Despite my comfortable upbringing, many of my peers were not so lucky. They suffered from addiction and mental illness, and were hindered in seeking help because of stigma and shame. There is a pitiful lack of services for youth suffering from these diseases, and those who seek help are often unable to access it, even in our affluent town.


I am often embarrassed when I

tell people where I'm from. When I mention McLean, many people wrinkle their noses, assuming I am a snob before they've had a chance to get to know me. I fight back against this stereotype, but after witnessing my community's reaction to the possible opening of Newport Academy, I fear the stereotype is grounded in truth.

I felt shame, sadness, and anger watching the footage of my neighbors cruelly heckle the people

bravely sharing how Newport Academy and other rehabilitation facilities have helped them through the hardest times in their lives. My stomach dropped when I read Supervisor Foust's comment to WUSA9, which reads "[o]ne company buying multiple homes on the same street — in my opinion, that changes the neighborhood and I am opposed."

SEE LETTERS, PAGE 11



## I-495 Express Lanes Northern Extension Study (NEXT)

### I-495 (Capital Beltway) in vicinity of Dulles Toll Road interchange to vicinity of American Legion Bridge

**Fairfax County**  
**Public Information Meeting**

Monday, May 20, 2019, 6:30-8:30 p.m.  
Presentation starts at 7 p.m.  
Cooper Middle School  
977 Balls Hill Road, McLean, VA 22101

**Learn about** the Virginia Department of Transportation's environmental study regarding plans to extend the I-495 Express Lanes by approximately three miles from the Dulles Toll Road interchange towards the Maryland line, in the vicinity of the American Legion Bridge.

In compliance with the National Environmental Policy Act (NEPA) and 23 CFR Part 771, an Environmental Assessment (EA) will be prepared. VDOT is currently conducting environmental analyses and coordinating with regulatory agencies to obtain information about environmental resources in the vicinity of the project. When approved by the Federal Highway Administration (FHWA), the EA will be made available for review and comment at a future public meeting.



**Stop by** between 6:30 p.m. and 8:30 p.m. to learn more about the project and discuss your questions with VDOT staff. A short presentation will begin at 7 p.m.

**Review** study information on the project website (495northernextension.org), at the public information meeting, or during business hours at VDOT's Northern Virginia District Office at 4975 Alliance Drive, Fairfax, VA 22030. Please call ahead at 703-691-6715 or TTY/TDD 711 to ensure appropriate personnel are available to answer your questions.

**Give your written comments** at the meeting or submit them by **June 10, 2019** to Abi Lerner, P.E., Virginia Department of Transportation, 4975 Alliance Drive, Fairfax, VA 22030, or email [495NorthernExtension@VDOT.virginia.gov](mailto:495NorthernExtension@VDOT.virginia.gov). Please reference "I-495 Express Lanes Northern Extension Study" in the subject line.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need special assistance for persons with disabilities or limited English proficiency, contact Abi Lerner, P.E. at 703-259-3345.

NHPP-495-5(095), State: 0495-029-419, UPC: 113414

## Public Meetings

### Funding the Right Transportation Projects

You are invited to share comments on transportation projects that have been recommended for funding in the FY2020-2025 Six-Year Improvement Program (SYIP). Additionally, pursuant to §33.2-202, comments will be accepted for new projects valued in excess of \$25 million. Hearings held in Northern Virginia and Fredericksburg will also provide opportunity for input on the I-95 Corridor Improvement Plan. The Commonwealth Transportation Board (CTB) will consider your comments as it develops the FY2020-2025 Six-Year Improvement Program. The program allocates public funds to highway, road, bridge, rail, bicycle, pedestrian, and public transportation projects. All federally eligible projects in the SYIP will be included in the Statewide Transportation Improvement Program to document how Virginia will obligate its federal funds. Meeting materials will be available at <http://www.ctb.virginia.gov/planning/springmeetings/default.asp> beginning April 11, 2019.

**Public hearings begin at 4 p.m. in each of the locations except as noted below:**  
**A formal comment period will be held at these meetings.**

<b>Thursday, April 11, 2019</b> <b>Lynchburg District</b> Holiday Inn Lynchburg 601 Main St. Lynchburg, VA 24504	<b>Monday, April 15, 2019</b> <b>Hampton Roads District</b> Hampton Roads District Office Auditorium 7511 Burbage Drive Suffolk, VA 23435	<b>Monday, April 22, 2019</b> <b>Staunton District</b> Blue Ridge Community College Plecker Center for Continuing Education One College Lane Weyers Cave, VA 24486
<b>Tuesday, April 23, 2019</b> <b>Bristol District</b> Southwest Virginia Higher Education Center One Partnership Circle Abingdon, VA 24210	<b>Thursday, April 25, 2019</b> <b>Richmond District</b> Richmond Marriott - Short Pump 4240 Dominion Boulevard Glen Allen, VA 23060	<b>Monday, May 6, 2019</b> <b>Culpeper District</b> Culpeper District Auditorium 1601 Orange Road Culpeper, VA 22701
<b>Tuesday, May 7, 2019</b> <b>Salem District</b> Holiday Inn Tanglewood 4468 Starkey Road Roanoke, VA 24018	<b>Thursday, May 9, 2019</b> <b>Fredericksburg District</b> James Monroe High School 2300 Washington Avenue Fredericksburg, VA 22401 <i>**meeting begins at 6 p.m.</i>	<b>Monday, May 13, 2019</b> <b>NOVA District</b> Northern Virginia District Office Potomac Conference Room 4975 Alliance Drive Fairfax, VA 22030 <i>**meeting begins at 6 p.m.</i>

\*The Northern Virginia District meeting will serve as the required joint public meeting with the Northern Virginia Transportation Authority, the Northern Virginia Transportation Commission, the Virginia Railway Express, and the CTB per § 33.2-214.3 of the Code of Virginia.

Beginning at 3 p.m. (except in Northern Virginia and Fredericksburg, which will begin at 5 p.m.), there will also be an open house with information and opportunities for public feedback on the statewide, multimodal transportation plan, known as VTrans. This open house will be the first of four for the new plan update and will cover the vision and goals for the plan as well as information on the required statewide multimodal Needs Assessment. More information can be found at [www.VTrans.org](http://www.VTrans.org) or via email at [comment@vtrans.org](mailto:comment@vtrans.org). There is no formal hearing for the VTrans open house.

You can also submit your comments via email or mail by May 27, 2019, to:

For roads and highways: [Six-YearProgram@VDOT.Virginia.gov](mailto:Six-YearProgram@VDOT.Virginia.gov), or Infrastructure Investment Director, Virginia Department of Transportation, 1401 East Broad Street, Richmond, VA 23219.

For rail and public transportation: [DRPTPR@drpt.virginia.gov](mailto:DRPTPR@drpt.virginia.gov), Public Information Office, Virginia Department of Rail and Public Transportation, 600 East Main Street, Suite 2102, Richmond, VA 23219.

*The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of, its services on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).*



## Obituary



Our beloved mother **Nancy** died on April 26, 2019 at the age of 89. She is survived by her husband, George Falck, and her four children, Lawrie Moncure, Susan Phillips, Virginia "Gigi" Hoopli, and Andrew Falck. At the time of her death she had eight grandchildren and eleven great grandchildren. Nancy was born in Milwaukee, Wisconsin, and lived in many states before making her permanent home in Fairfax, Virginia. She graduated from the College of William and Mary with a degree in Biology. After college she became a research bacteriologist then a high school teacher in Biology, Physics, and Chemistry. She was involved in many state and local activities, especially those involving mental health and education. Among other duties she served on the Board of Visitors at the College of William and Mary, the Fairfax County School Board, and the Fairfax County Board of Supervisors. In addition, she was an organizing director of Patriot Bank and later, Cardinal Financial, becoming Chairman of the Board of Cardinal Bank (Fairfax). She was also a great cook. She and George loved travel and visited over 200 countries in the world. A service in her memory will be held at the Fairfax Presbyterian Church, 10723 Main St. Fairfax, VA, at 11 am on May 17, 2019 followed by refreshments in the church hall. In lieu of flowers please consider contributing to the Nancy Kurtz Falck Library Acquisition endowment with a gift made payable to the College of William and Mary Foundation, University Advancement, Gift Accounting, P.O. Box 1693, Williamsburg, VA 23187.

## Obituary

### Mrs. Betsy Gibson Yarborough

**Thomson - Mrs. Betsy Gibson Yarborough, 77**, beloved wife of Colonel William Glenn Yarborough, Jr., entered into rest on Thursday, May 02, 2019, at Self Regional Healthcare in Greenwood, South Carolina. She was the daughter of the late Dr. Frank Gibson and Mrs. Maree Perryman Gibson.

A Requiem Mass was held this past Monday, May 6th, 2019 in Queen of Angels Catholic Church with Father Stephen Lyness as celebrant, with Rev. Alan Smith and Rev. Buzz Yarborough assisting at the grave. Interment followed in Thomson Memorial Cemetery.

Mrs. Yarborough was born in Atlanta, Georgia, but had lived in Thomson for many years. She also lived in Edisto Beach and McLean Virginia. She was a homemaker and a member of Queen of Angels Catholic Church. She was a graduate of Texas A&M at Corpus Christi. Betsy, the Colonel's lady, traveled all over the world with her mother, father and military husband, she was a huge supporter of military families and enlisted army soldiers. She often tried to make things simpler and better for families worldwide.

As the wife of the commander she was often seen with her three young children in town performing projects when the soldiers were on duty along the East and West German border. All were her friends and Betsy was a friend and confidant to all.

In Washington D.C. she was often seen with the military wives of the Army attaches and made friends with those from throughout the world. She was particularly supportive in helping strangers learn the customs of a foreign land. An advocate of the homeless and disenfranchised, Betsy was an aggressive advocate of So Others Might Eat a district of Columbia Charity run by her friend Father John Adams.

A devoted member of the Daughters of the American Revolution, American Legion Auxiliary and the Board of the Thomson Museum, Betsy would take on any task particularly supporting her husband. She ran the McDuffie County Heart drive one year and was an advocate of development in McDuffie County.

Survivors include her husband, Colonel William Glenn Yarborough, Jr., Thomson; a daughter, Elizabeth Yarborough, Thomson; two sons, Clinton Joseph Yarborough, Columbia, South Carolina, and Frank Rainsford Yarborough, Atlanta, Georgia; a sister, Penny Craven, Knoxville, Tennessee; a brother, Frank Gibson, Jr., Lookout Mountain, Georgia; and three grandchildren.

Pallbearers are David Moore, Barrett Smith, Marion Whaley, Bob Knox, Jr., Herbert Yarborough, and C.J. Yarborough.

In lieu of flowers memorials may be made to So Others Might Eat 71 "O" Street, N.W. Washington D.C. 20001 [www.some.org](http://www.some.org)

You may sign the online guest book at [www.curtisfuneralhome.com](http://www.curtisfuneralhome.com)

Curtis Funeral Home is in charge of arrangements.

## Obituary

## Announcements

**We pay top \$ for STERLING, MEN'S WATCHES, JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS.**  
**Schefer Antiques**  
703-241-0790  
[theschefer@cox.net](mailto:theschefer@cox.net)

## Legals

### ABC LICENSE

Creative Bar Concepts LLC trading as The Shipyard & Biergarten at Scotts Run, 6579 Colshire Dr. McLean, VA 22101-7539. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On and Off Premises/Keg Permit/Mixed Beverages license to sell or manufacture alcoholic beverages. Mehdi Rofougaran, Managing Partner. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

## Employment

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**THE CONNECTION**  
NEWSPAPERS

## Announcements

## Announcements

### MAJOR LAND

### AUCTION

Saturday, Jun.1, 7PM at The Greenbrier Resort

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**933 Acres in Alleghany Co, VA**

Nicely Wooded • Streams • Very Private • 2mi of Road Front

Like owning a piece of National Forest!

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434.847.7741 | [info@trfauctions.com](mailto:info@trfauctions.com)

**TRFAUCTIONS**  
Torrence, Read, & Forchard  
VAAF501

## Announcements

## Announcements

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# BULLETIN

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## THURSDAY/MAY 9

**The Opportunity in Opportunity Zones.** 8-10:30 a.m. at Valo Park - Tysons Corner, 7950 Jones Branch Drive. A new community investment tool was created by the 2017 tax law. Opportunity Zones are census tracts that state and federal governments have targeted for economic development, and several exist in Northern Virginia. Join the Community Foundation for Northern Virginia and learn about this new investment tool. \$40; includes continental breakfast. Visit [www.cfnova.org](http://www.cfnova.org)

## FRIDAY/MAY 10

**Digital Citizenship Tips for Parents.** 10 a.m.-noon at at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring. As parents in the digital age, being aware, alert and involved in a child's use of the internet is crucial. Digital Citizenship can be described as the norms of appropriate, responsible behavior, its positive and negative impact on self and others, with regard to technology use. Free to parents, educators and community members. Call 703-204-3941 or visit [www.fcps.edu/resources/family-engagement/parent-resource-center](http://www.fcps.edu/resources/family-engagement/parent-resource-center) for more or to register.

## LETTERS

FROM PAGE 9

I understand that you are tax paying homeowners. I acknowledge that the idea of a group home is frightening to the more traditional and even close-minded members of our town. But I know I speak on behalf of other McLean residents when I say that prejudice against youth experiencing addiction and mental illness has no place in our community. Many of these fears — that the homes will be dangerous, that they will change the character of our neighborhoods, that they will be a commercial enterprise in a residential area — are unfounded and frankly, ignorant.

Three residential homes on a quiet back street is not a commercial enterprise. Youth trying to rehabilitate are not to be feared.

For-profit community based treatment centers are a necessary resource in a state with a deficit of mental health services. I know some may disagree, but I will not allow largely unfounded concerns about traffic to act as a cover for the real reason for opposition. I will not stand by in silence and allow this ignorance to proliferate. These fear-mongering sentiments do not represent the community I know and love.

I urge you to reconsider your position on Newport Academy, and in doing so, I am asking you to recognize that this community comprises more than a cohort of citizens scared of opening their arms to vulnerable youth by reason of bias and prejudice. Our town includes many, many young people who need the kind of help Newport Academy provides. By rejecting Newport, you send a message that the stigma they feel is real, and that they should not seek the help they desperately need. But, by accepting Newport, you send a message that McLean is an open, progressive community that welcomes struggling youth seeking treatment with open arms.

**Michaela Lovejoy**  
McLean

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## The Weak Before



By KENNETH B. LOURIE

Hardly am I Robert Johnson, but every time I'm about to be "CT-scanned," I feel like I'm at a crossroads.

And though I've never made a deal with the devil for good scan results (at least results with which I can live), I have to admit to making a momentary prayer of sorts when I see an email from my oncologist. An email that, given its arrival in my inbox, five days or so after my scan, is generally the one containing the results of the previous week's scan.

So, I take a deep breath and then exhale as I prepare to click until I see his words. More often than not, almost every time, in fact, his words: "CT scan looked good," as an example, have been encouraging. Although, as with many things, past results don't guarantee future performance — or a reasonable facsimile thereof.

Each good scan result (stable, shrinkage) does not portend another good result in the future. The results, both good or bad quite frankly, are kind of a limited offer. If it's good, it means your treatment is likely quo. If it's bad, it probably means things your treatment is about to change.

Whatever treatment protocol you start or stop or continue is only good, bad or indifferent until your next scan (when the rubber hits the road, so to speak). Which for me, according to my current bi-weekly immunotherapy infusion schedule, is every two months. So next week, the hammer comes down or rather the slide (the thing you lay on) comes out of the CT scanner and in and out I go.

Typically (meaning during my previous 10 years of chemotherapy), I have been mostly symptom free — other than the symptoms/side effects of the treatment itself, not from the underlying cancer cause. I have rarely felt anything and I certainly haven't/didn't/couldn't see anything.

It's/I'm different now.

Now I can see and feel something, that something, located under my Adam's apple is what precipitated the change from chemotherapy/alimta to my current immunotherapy/opdivo. The tumors in my lungs (mediastinum), which is where this whole mess began, remain stable. However, the appearance of the "Adam's apple" tumor changed my reason for living.

And my new life, or rather my new cancer life, has been tightened/shortened up. Now my infusions are every two weeks, instead of the most recent seven-week intervals (with alimta) and my CT scans which had occurred every 12 weeks are now only eight weeks apart.

All of which means I am constantly in the throws of some kind of cancer anxiety ("labbing," infusing, scanning, meeting with my oncologist).

Not that after 10 years, I am unaccustomed to this sort of "cancer-centricity," it's more that its crushing regularity is a constant reminder of my mortality.

And not that I'm "woeing" is me, hardly. I'm lucky to be alive. You all know I know that.

It's more the recurrence of "scanxiety" (not my word, although I thought it was when I first used it), the anxiety one feels waiting for the life and death scan results, especially so if the results come more frequently than previously. And believe me, that extra month is well worth not having to wait.

So the news of my possible negative (not good) scan results hopefully will be exaggerated, along with my demise. And in that exaggeration perhaps I can find some solace and humor.

'Solace' in that it turns out: what's all the fuss? Humor, in that "It's better to look good than to feel good, and you know you are, darlings," as when Billy Crystal invoked his inner Fernando Lamas in his famous bit from his 1985 year on Saturday Night Live! In summary, it's nothing until it's something, and even if it's something, it might not be anything.

This sort of confusing mental gymnastics is what occurs before, during and after these diagnostic scans. And until you hear back from your oncologist, you really don't know whether you're coming or going, or whether it's too little, too late.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.





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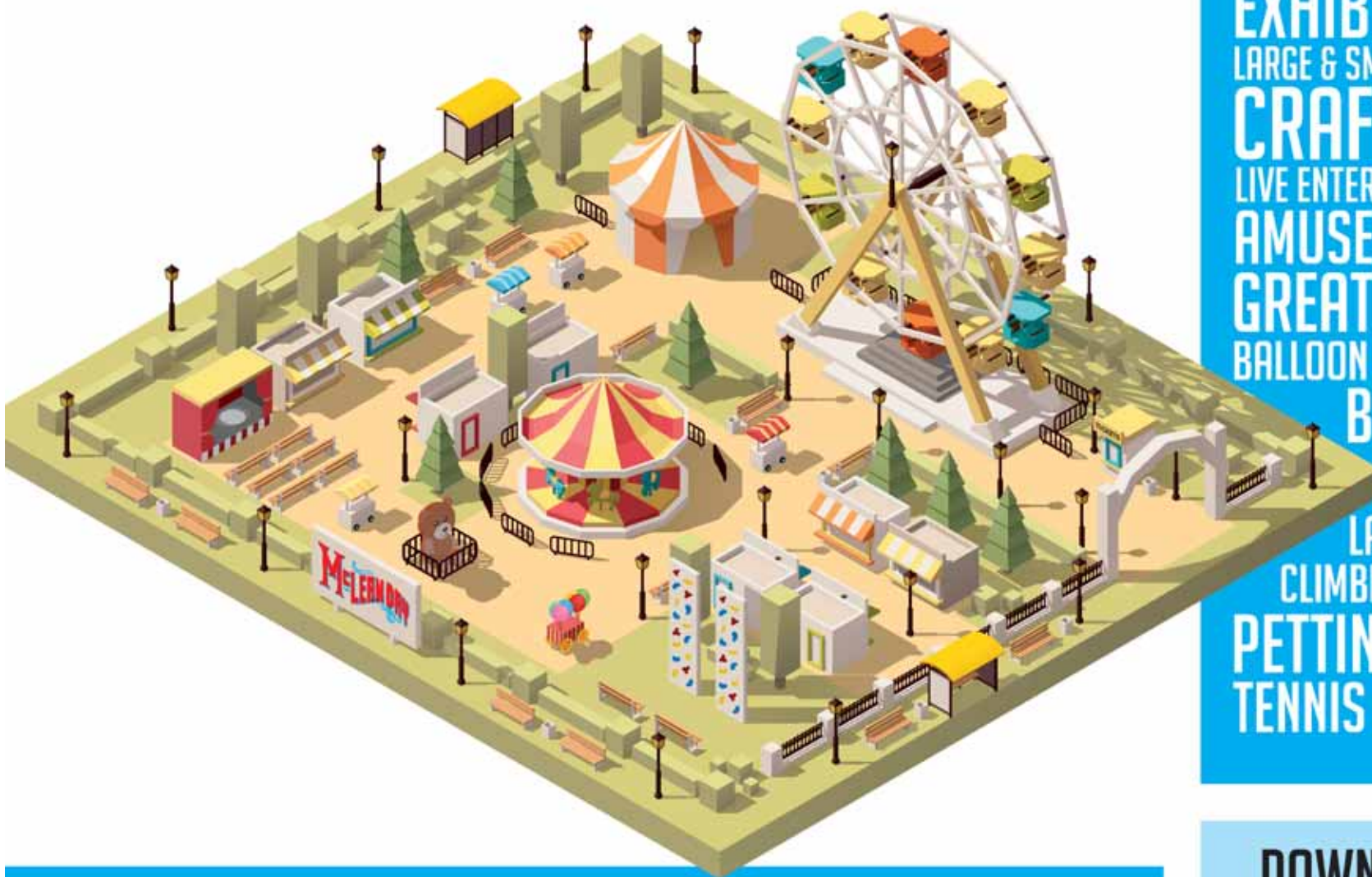


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# McLEAN DAY 2019



**Large Ride Preview will be available on Friday, May 17, from 2 p.m. to 7 p.m.**



**Tea-cup ride.**

PHOTOS COURTESY OF MCC

## Prepare to be Amazed Here's what you need to know about McLean Day 2019.

On Saturday, May 18, the McLean Community Center's free, annual outdoor festival, McLean Day, returns to Lewinsville Park. A wide variety of rides, games, activities and performances are planned. Here's a brief rundown of what festival attendees can expect to see, hear and experience at the event, which will be held from 11 a.m. to 5 p.m. The park is located at 1659 Chain Bridge Rd.

### Sponsors Help Make McLean Day Happen

McLean Day is produced by the McLean Community Center (MCC). Community-minded local businesses enhance festival offerings. This year's sponsors are: Wheat's Landscaping (Park Beautification); State Farm Agent Lynn Heinrichs (Stage); Giant Food (Marketplace); Squeals on Wheels (Petting Zoo); Burke & Herbert Bank (Picnic Tent in Kids Way); McLean Properties (Balloon Twisters), Washington Fine Properties (Picnic Tent in Food Court) and Mars, Inc. (Climbing Wall).

### A Brief History of 104 Years of Fun

The history of McLean Day is long and varied. In 1915, it began as a school and community fundraiser put on by the McLean School and Civic League at Franklin Sherman School. A host of community organizations kept it going over the years, until the mid-1970s when McLean Community Center (MCC) began producing it. Lewinsville Park became the festival's home in 1988.

### There's an App for McLean Day

Returning for a second year—the Whova McLean Day App! Stay in the know about festival happenings by downloading the free Whova app from The App Store or Google Play. Once the app is downloaded, search [www.connectionnewspapers.com](http://www.connectionnewspapers.com)



**Gourmet food trucks will form a circular food court in front of the big white house (Meadowbrook) in Lewinsville Park.**

for "McLean Day 2019."

### Large Ride Preview

Can't wait for the party to start on Saturday? Come to the Large Ride Preview on Friday, May 17, from 2 p.m. to 7 p.m. The large, ticketed amusement rides will be available for patrons to enjoy. Ticket prices vary, and some rides have height requirements. The rides are located on the parking lot to the right just inside the entrance to Lewinsville Park. ATMS will be onsite.

### Election for Governing Board Members

MCC's 2019 Governing Board Election will be held from 10:30 a.m. to 5 p.m. This year, 11 Dranesville District 1A residents are running for seats on the board. Five adults are vying for three adult seats and six teens are vying for two student seats (one for the Langley High School boundary area and one for the McLean High School boundary area) on the Center's 11-member board. Only residents of Dranesville District 1A can vote. Absentee voting is available through Wednesday, May 15. For more information and instructions on voting, visit the Center's

website, [www.mcleancenter.org](http://www.mcleancenter.org).

### Rides and More Amusements

The large amusement rides are a big draw at McLean Day. This year's selections will shake things up! In addition to the large rides on the parking lot, the Kids' Way area of the park offers smaller, ticketed rides especially for younger children. Also, for the young and young-at-heart are costumed superhero characters who will be available for photos. Other free activities include laser tag, Bubble Ball, a rock-climbing wall, a petting zoo and Riverbend Park animal presentations at noon and 3 p.m.

### Performers Onstage and Off

Young dancers enrolled in the Center's Joy of Dance classes will open the Main Stage entertainment at 11 a.m. and will be followed by children's music group Big Bang Boom at 12:30 p.m. At 1:45 p.m., things will heat up when Brazilian martial arts group Abada-Capoeira DC performs. The McLean Citizens Association's annual pre-

sentation of the Teen Character Awards is at 3 p.m. and a final performance by local teen singer and songwriter Mia Rocks starts at 4 p.m. New this year is a Jugglers' Stage, which is located close to the children's ride area and offers free performances.

### Lots of Treats to Eat!

Do you favor festival food? Gourmet food trucks will form a circular food court in front of the big white house (Meadowbrook) in Lewinsville Park. Come ready to enjoy a wide variety of international entrees, snacks and beverages.

### Free Parking and Shuttle Service

Parking is not available at Lewinsville Park on the day of the festival. MCC strongly encourages participants to use three satellite parking sites: MCC, 1234 Ingleside Ave.; McLean Baptist Church, 1367 Chain Bridge Rd.; and Lutheran Church of the Redeemer, 1545 Chain Bridge Rd. Free shuttle buses will run from the parking sites to the park starting at 10:25 a.m. and running through 6 p.m.

### Let's All Have Fun

Patrons are encouraged to be aware of their surroundings and to report suspicious activities to Center staff and Police and Fire personnel.

Cigarettes, balloons, alcohol or other controlled substances are not permitted on the park grounds. Political candidates, exhibitors and other vendors must contain their activities to their assigned booths. Soliciting is not allowed on the grounds of the park during McLean Day.

For festival updates, driving directions, shuttle bus stop locations and a festival area map, visit: [www.mcleancenter.org/special-events](http://www.mcleancenter.org/special-events) or call the Center at 703-790-0123/TTY: 711. The Center's telephone will be answered from 8 a.m. to 5 p.m. on the day of the festival.



# McLEAN DAY 2019

## Take a Free Shuttle to McLean Day and Leave the Driving to Us

**P**arking is prohibited at Lewinsville Park all day on McLean Day 2019. Event producer, McLean Community Center (MCC), encourages residents who plan to attend the festival to make use of three satellite parking lots and a free shuttle bus service that will help relieve congestion around the park.

The free festival will be held from 11 a.m. to 5 p.m., on Saturday, May 18; the park is located at 1659 Chain Bridge Rd.

Taking a shuttle is the best transportation option for patrons seeking to get to the park as parking on surrounding streets is also limited.

With the help of its community partners, MCC has secured the use of the following parking locations. ADA-accessible shuttles will run between the hours of 10:25 a.m. to 6 p.m.:

❖ **McLean Community Center**, 1234 Ingleside Ave., patrons should meet the shuttle at the front entrance.

❖ **Lutheran Church of the Redeemer**, 1545 Chain Bridge Rd., at the corner of Westmoreland and Chain Bridge Rd. Patrons should meet the shuttle at the front entrance to the church.

❖ **McLean Baptist Church**, 1367 Chain Bridge Rd, across from Franklin Sherman Elementary School and Langley Shopping Center. Patrons should meet the shuttle in the parking lot at the church entrance.

For festival updates, driving directions, shuttle bus stop locations and a festival area map, visit: [www.mcleancenter.org/special-events](http://www.mcleancenter.org/special-events) or call the Center at 703-790-0123/TTY: 711. The Center's telephone will be answered from 8 a.m. to 5 p.m. on the day of the festival.



PHOTO COURTESY MCC

**Taking a shuttle is the best transportation option for patrons seeking to get to the park.**

## More Than 100 Years of Happiness—a McLean Day History

**T**he rides, the amusements and all the many activities at McLean Day make for a happy experience for the whole family. That happiness has been a part of the history of McLean for 104 years now. When this year's festival takes place, it will create new memories and more history for the community and the individuals

who attend. McLean Day 2019 will be held from 11 a.m. to 5 p.m. on Saturday, May 18, at Lewinsville Park. The park is located at 1659 Chain Bridge Rd. Produced by the McLean Community Center (MCC), the event is free and open to the public.

McLean Day was established in 1915 and was the first festival of its kind in Fairfax

County. It was created by the McLean School and Civic League and the McLean Volunteer Fire Department as a fundraiser for Franklin Sherman School. Originally, it was a week-long festival, and for years it was held on the Saturday preceding the Democratic Primary in August. In ensuing years, the festival took on a variety of forms and

acquired several sponsoring organizations. In 1973, MCC cosponsored McLean Day with SHARE of McLean and eventually became its sole producer. For more information, visit: [www.mcleancenter.org/special-events](http://www.mcleancenter.org/special-events) or call 703-790-0123, TTY: 711. The Center's telephone will be answered from 8 a.m. to 5 p.m. on the day of the festival.

## What Goes On at Lewinsville Park: Photos from McLean Day 2018



**Francesca Bellora and Elizabeth Hughes, ninth-graders at McLean High School, show off prizes they won from the Balloon Lagoon at the McLean Day 2018.**



**McLean residents Sarah Lazarus, 5, and brother James, 7, with their painted faces during the McLean Day Festival 2018**



**Enjoying McLean Day 2018 are (from left): Emma Campbell, Abria Hamberg, Susannah Bianco, Kyla Duggal, and Izzie Germain, all ninth-graders at McLean High School.**



**Children ride on the Typhoon Ride during McLean Day.**

PHOTOS BY STEVE HIBBARD/THE CONNECTION



# McLean Day 2019

## Celebrating Our Hometown since 1915!

## Guide to Sponsors, Exhibitors and Food

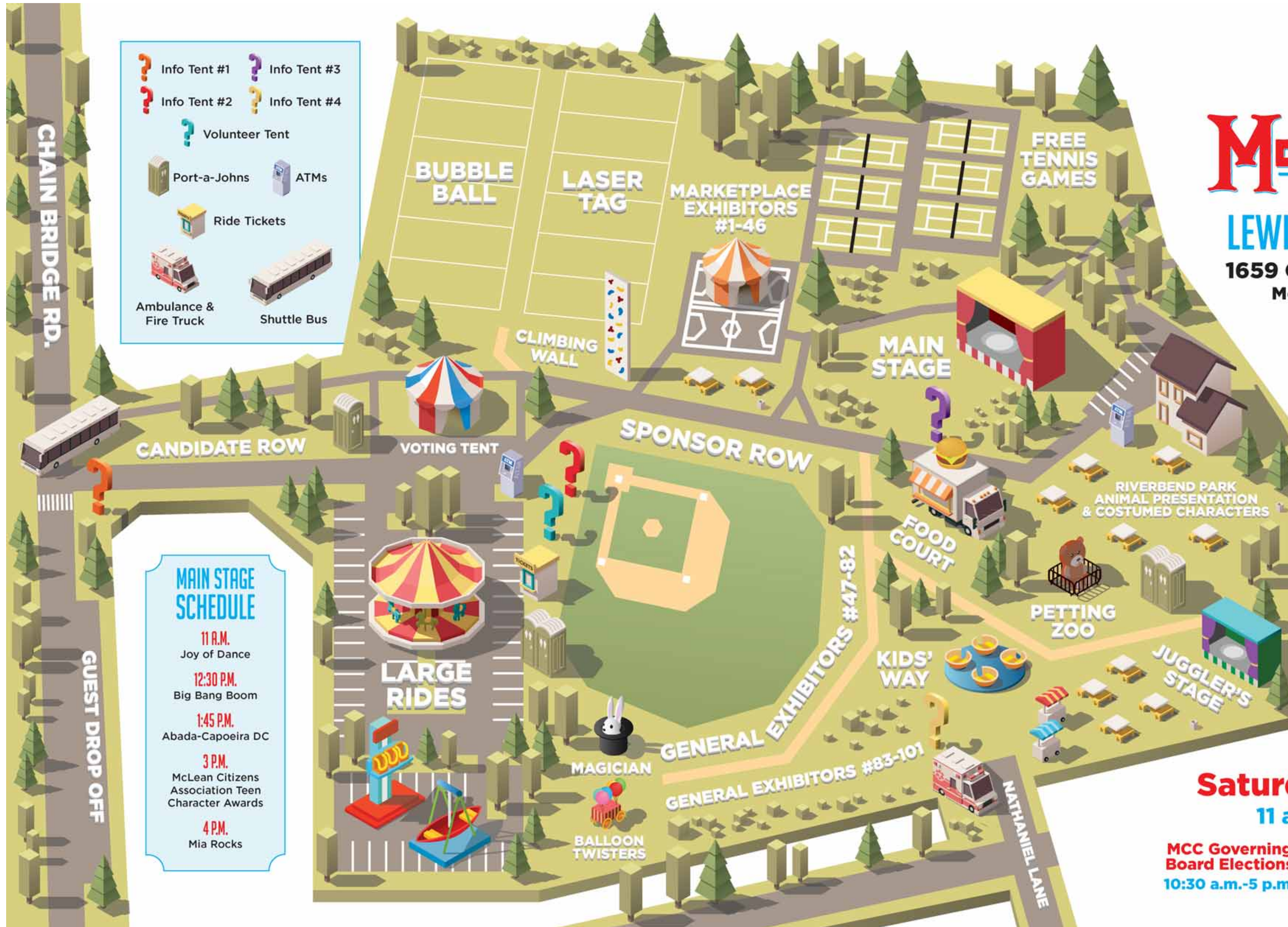
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### Sponsors

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Patron Sponsor	<b>McLean Properties (Balloon Twisters)</b>
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41	American Society of Naval Engineers	Design Your Navy! (Video Game)	61	Mathnasium of McLean	Local Math Only Learning Center
27	Arlington Tours	Private, Walking Tour Of ANC	48	McLean Baptist Church	See What We're Up To
64	Basis Independent McLean	Redefining Education, Age 2 - Grade 12	73	McLean Citizens Association	McLean's Unofficial Town Council
53	Brookfield School	Private Montessori School Pre-K-K, Toddlers	77	McLean Community Players	We're Back "Soussical" This Summer!
95	Bull Run Financial Group	Comprehensive Independent Financial Services	78	McLean Family Dentistry	Dentistry For The Entire Family!
76	Cabot Creamery Co-Operative	Sample Award Winning Vermont Cheese	2	McLean Farmers Market	Delicious Locally Grown/Prepared Food
85	Chesterbrook Residences	Assisted Living Nonprofit Active Adult	31	McLean Historical Society	McLean Historical Society Experience History
88	Christian Science Reading Room	Christian Bookstore And Reading Room	20	McLean Newcomers and Neighbors Club	McLean Newcomers Celebrate 50 Years!
83	Church of Jesus Christ of Latter Day Saints	Families Can Be Together Forever	99	McLean Project for the Arts	MPA Creative Families Makers Space
80	College Nannies, Sitters and Tutors of McLean	You're Always Set With Sitters	12	McLean Racquet & Health Club	For All Your Athletic Needs!
17	Color Street	100% Real Nail Polish Strips	52	McLean Swim and Tennis Association	Swimming And Tennis For Everyone!
90	Compass	The Future of Real Estate	60	McLean Youth Athletics	Promoting Youth Sports In McLean
45	Congresswoman Jennifer Wexton	Your 10th Congressional District Representative	56	McLean Youth Soccer	Soccer Fun For Young Players
4	DAR-Freedom Hill Chapter	Freedom Hill DAR	94	Montessori School of McLean	Where Learning Takes Flight!
65	Demer Sports	Summer Camp Sports	58	Mosquito Hunters of McLean-Falls Church	Take Back Your Yard Today!
50	Dental Care of McLean	Extraordinary Dentistry For Ordinary People	55	My Gym McLean	Children's Fitness Center
32	Dolley Madison Library	Imagine Discover Connect	98	MyEyeDr.	Eyecare + Eyewear Better Together
51	Dranesville District Democratic Committee	McLean Democrats, Your Vote Matters	10	Nabila Salame	Arzi Children Math Enrichment Books
49	Dranesville District Supervisor John Foust	Supervisor John Foust Dranesville District	9	New Dominion Women's Club	Fellowship Through Service To Others
97	Edward Jones	Helping Serious Long-Term Investors	91	Nicole Merlene for State Senate	Learn More About The Candidate
66	Empower Chiropractic	Free Health Assessments All Day	43	Old Dominion Animal Health Center	We Care For Friends
37	Evermay Bees, LLC	Delicious Local Honey	18	Once Upon a Dream	Kids Indoor Place in Vienna
101	Fairfax County CERT	Are YOU Prepared For Emergencies?	79	Pink Blinds & Shutters	Best Looking Window Treatments
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11	Golden Boot Soccer	Positive, Professional Camps And Classes	68	Russian School of Mathematics	Mathematical Minds Can Be Built
72	Greater McLean Chamber of Commerce	Education. Advocacy. Collaboration.	57	Safe Community Coalition	Creating Healthy Environment For Youth
24	Heartland Home Foods	Farm To Home Organic Food	21	SavaTree	Tree Shrub Lawn Deer Ticks
81	Howluu	Hand-loomed Bath/Beach Towels	14	Score 4 Youth	Support Youth In Our Community
54	Immanuel Presbyterian Church	A Great Place For Families	59	SERVEPRO of McLean	Like It Never Even Happened
30	Inova Children's Hospital	Northern Virginia Children's Hospital	8	Sharon Masonic Lodge #327	2 Be 1 Ask One
89	John Nugent & Sons	Keeping You Comfortable At Home	5	Shepherd's Center of McLean-Arlington-Falls Church	Transportation Volunteer
74	Joy of Dance	We Specialize IN Inspiring Dancers	6	Sit Means Sit Dog Training	Well Trained Loving Happy Dogs
71	Kerri Henry Pottery LLC	Pottery Mugs Fun Functional Clay	69	Smiles International	Nothing But The Tooth!
75	Kids' First Swim Schools	Water Safety Is Our Business	33	Sojourn Well	Jewelry That Gives Back
29	KZMarDesigns	Unique Handcrafted Semi-Precious Stone Jewelry	100	Sonabank	Big Believers In You
			35	StemTree	Coding Robotics Science Engineering Camps
			39	Suds and Such	Children's Toys To Take Baths
			87	Sun Trust Mortgage	SunTrust Mortgage & Kathy Neal
			36	Suzanne Wennermark-Roskowitz	Upcycled Multi-Media Jewelry
			92	TeenServ	Hire Local Teens For Yardwork
			62	The Langley School	Educating Preschool Through Grade 8
			46	The Lewinsville Retirement Residence	Affordable Housing For Older Adults
			13	The Mather	Luxury Of A Different Kind
			84	The Sycamore School	Low Stress High Engagement School
			15	TopNotch Tennis	Junior & Adult Tennis Programs
			42	Traveling Players Ensemble	Exceptional Acting Training Camps Classes
			70	Tutoring Club of McLean	Award Winning Tutoring: PK - 12!
			28	VCA SouthPaws Veterinary Specialists & Emergency Center	Client Centered Pet Focused 24/7/365
			63	Veroka Distributors Inc	Bringing Peru To You
			67	Virginia Democracy Forward	Your Neighborhood Action Group!
			26	Washington Bazaar LLC	Kiddo Seats; Fun Animal Stools
			93	Westgate Child Center	Longevity And Quality In Childcare
			19	Yummy by Kookkai	Win Free Gift Fruit Basket
			25	Zana de Mexico	Beautiful Sterling Silver Mexican Jewelry





# 2019 McLEAN DAY

Est. 1915

**LEWINSVILLE PARK**  
 1659 Chain Bridge Rd.  
 McLean, VA 22101

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**Burke & Herbert Bank**  
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**Saturday, May 18**  
 11 a.m.-5 p.m.

**MCC Governing Board Elections**  
 10:30 a.m.-5 p.m.

**Large Ride Preview**  
 Friday, May 17, 2-7 p.m.



THE LANGLEY SCHOOL  
**summer studio 2019**

Visual & Performing Arts + Field Trips + Engineering  
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**mix+MATCH**  
build your perfect summer

**NOW Registering!**


Visit [www.langleyschool.org/summer-studio](http://www.langleyschool.org/summer-studio)

Weekly coed camps run June 17-August 2, 2019, in McLean  
Busing and lunch options available

**McLEAN COMMUNITY CENTER  
2019 GOVERNING BOARD ELECTION**



**VOTE on  
McLean Day!**




The Governing Board and staff of the McLean Community Center (MCC) strongly encourage all qualified residents to vote for members of its 2019-2020 Governing Board. Your vote sends a very important message of your support of the Center's programs and services.

**WHEN & WHERE**  
Vote between the hours of 10:30 a.m. and 5 p.m. at the McLean Day 2019 festival on Saturday, May 18, at Lewinsville Park, 1659 Chain Bridge Rd.

**REQUIREMENTS TO VOTE**

1. You must be a resident of the MCC tax district (Dranesville Small District 1A); however, you need not be registered to vote in the general election.
2. You must be at least 18 years old by McLean Day to vote for adult candidates. Adults may vote for up to three candidates.
3. You must be 15 through 17 years old by McLean Day to vote for youth candidates. Youth voters have two votes, and may vote for one candidate in the McLean High School boundary area, and one candidate in the Langley High School boundary area.
4. You must bring identification and proof of residency, such as a driver's license; or you may sign an affidavit.

 **McLean Community Center**  
The Center of It All

703-790-0123, TTY: 711  
[www.mcleancenter.org](http://www.mcleancenter.org)

## McLEAN DAY 2019



PHOTOS COURTESY OF MCC

Families line up at food trucks.

## Tacos to Lobster Rolls—the International Food Court at McLean Day Has it All

Lobster rolls, tacos, empanadas, pizza, grilled cheese and French-fried chicken sandwiches are just a few of the many international flavors at this year's McLean Day festival. Produced by McLean Community Center, the festival will be held from 11 a.m. to 5 p.m. on Saturday, May 18, at Lewinsville Park, 1659 Chain Bridge Rd. Admission is free.

### Empanadas de Mendoza

<https://empanadasdemendoza.com>

A variety of empanadas, choripan, chimi fries, churros, lemonade, soda and bottled water.

### McLean Rotary Club

<http://www.mcleanrotary.org>

Pizza, hot dogs, chips, cookies, soda and water.

### Red Hook Lobster Pound

<http://www.redhooklobster.com>

Maine and Connecticut lobster rolls, shrimp rolls, clam chowder, lobster mac and cheese, coleslaw, potato salad, chips, sodas and whoopie pies.

### Ride Concession Trailers

Corn dogs, funnel cakes, popcorn, ice cream, soda, coffee and water.

### Scoops 2U

<http://www.scoops2u.com>

Super premium ice cream: vanilla, cookies 'n' cream, chocolate, birthday cake, cookie dough, and raspberry sorbet.

### The Big Cheese

<https://www.bigcheesetruck.com>

A variety of gourmet grilled cheese sandwiches: kids' grilled cheese, watermelon feta salad, gazpacho, ice tea, lemonade and water.

### The Frenchman Food Truck

<https://www.frenchmanfoodtruck.com>

Baked brie, a variety of gourmet chicken and grilled cheese sandwiches, French fries with garlic and aioli.

### The Roaming Coyote

<https://www.coyotegrille.com/roaming-coyote-food-truck/>

Handcrafted tacos (chicken, grilled vegetables, flank steak, pulled pork and blackened fish), taco bowl, mini chimis, nachos, guacamole, chips and salsa.



Funnel cakes are one of the many treats on offer at the International Food Court.



Sweet temptations: Candied apples.

For more information, visit: [www.mcleancenter.org/special-events](http://www.mcleancenter.org/special-events) or call 703-790-0123, TTY: 711. The Center's telephone will be answered from 8 a.m. to 5 p.m. on the day of the festival.



# McLEAN DAY 2019

## Local Teen Singer/Songwriter, Mia Rocks, Performs at McLean Day 2019

**M**ia Rocks, a 17-year-old singer/songwriter who lives in the D.C. metro area, will perform for McLean Day 2019. The singer's alternative pop band plays both covers of popular songs and original music. Produced by the McLean Community Center (MCC), the festival will be held on May 18, at Lewinsville Park, 1659 Chain Bridge Rd. All performers have been vetted by the staff of The Alden, a division of MCC.

\* Schedule is subject to change.

### 11 a.m.

Joy of Dance

<http://www.joyofdance.org>

Young students who take dance classes at MCC will showcase what they've learned.

### 12:30 p.m.

Big Bang Boom

<https://bigbangboom.weebly.com>

These three, dynamic dads play parent-friendly, educational children's music. They are rock stars for the kids and the kids-at-heart!

### 1:45 p.m.

Abada-Capoeira DC

<http://abadadc.org>

Capoeira (pronounced ka-poo-eyh-rah) is an Afro-Brazilian martial arts and self-defense discipline that brings together fighting techniques, acrobatics, dance, percussion and songs, in a rhythmic dialogue of body, mind and spirit.

### 3 p.m.

McLean Citizens Association

<https://mca-va.clubexpress.com>

Local students are presented with the McLean Citizens Association's Teen Character Awards.

### 4 p.m.

Mia Rocks

<https://miarocks.com>

Singer-songwriter (and Northern Virginia teen) Mia will rock McLean Day with her original music and covers of the latest alternative pop hits.

**The festival will be held rain or shine.** For more information, call 703-790-0123/TTY: 711, or visit: [www.mcleancenter.org/special-events](http://www.mcleancenter.org/special-events).



PHOTOS COURTESY OF MCC

**Mia Rocks, a 17-year-old singer/songwriter who lives in the D.C. metro area, will perform for McLean Day 2019.**



**Big Bang Boom play parent-friendly, educational children's music.**



**Joy of Dance:** Young students who take dance classes at MCC will showcase what they've learned.



**Bitia Motesharrei MD, FACOG**

- » Fellow of the American College of Obstetricians and Gynecologists
- » Diplomate of American Board of Obstetrics and Gynecology
- » Clinical professor of OBGYN at George Washington University School of Medicine

## OBSTETRICS & GYNECOLOGY

Call us today to set up an appointment with Dr Motesharrei. She will be your personal physician throughout your care:  
(703) 356-7700

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High Risk Pregnancy



1515 Chain Bridge Rd Suite 314  
McLean, VA 22101  
(703) 356-7700 | [WomensGlobalHealth.com](http://WomensGlobalHealth.com)

## McLEAN COMMUNITY CENTER 2019 GOVERNING BOARD ELECTION



**Can't vote on  
McLean Day?**



**Your voice still counts!**

**Absentee Voting: March 18-May 15**

**PICK UP & DROP OFF BALLOTS AT:**

**McLEAN COMMUNITY CENTER**  
1234 Ingleside Ave.  
McLean, VA 22101  
703-790-0123, TTY: 711

**OR**

**OLD FIREHOUSE CENTER**  
1440 Chain Bridge Rd.  
McLean, VA 22101  
703-448-8336, TTY: 711



## FOR MORE INFORMATION

CALL: 703-790-0123, TTY: 711

EMAIL: [ELECTIONS@MCLEANCENTER.ORG](mailto:ELECTIONS@MCLEANCENTER.ORG)

VISIT: <https://tinyurl.com/mcleancenter-election>





# McLEAN DAY 2019



Voting booth, McLean Day 2018.



Voting tent.

## McLean Day is Election Day!

**At McLean Day 2019 Dranesville district residents vote for new MCC Governing Board members: Three adult, two teen positions open.**

**I**n addition to having fun with family, friends and neighbors at McLean Day 2019, residents of Small District 1A-Dranesville will elect five new members to the McLean Community Center's 11-member Governing Board. The board election will be held from 10:30 a.m. to 5 p.m. at Lewinsville Park, 1659 Chain Bridge Rd.

The board sets policy and provides general oversight for all programs of the McLean Community Center (MCC) and its facilities, including the Robert Ames Alden

Theatre and the Old Firehouse Center (OFC).

Three adult positions and two youth positions are open this year. The adult candidates who receive the three-highest vote counts will serve three-year terms. Youth candidates, one from the McLean High School boundary area and one from the Langley High School boundary area, will serve one-year terms. Youth candidates do not have to attend these schools to serve on the board.

### Sun Park

"I am running to amplify the voices of young professionals. Having grown up in McLean and been on the board in the past, I understand both our community and this Center's purpose. I want to shape the strategic direction of the MCC to reflect the changes in McLean. My priorities are to increase programming targeted at the growing young professional demographic, encourage more diverse cultural events sponsored by the Center and ensure that the funds allocated to the Center maximize the benefit of all. I'm committed to fostering a strong community and am excited for this opportunity to give back."



### Carla Post

"Our family moved to McLean in 2008 and immediately felt welcomed by the wonderful community. Throughout the years, we have benefited from so many MCC programs that I want to give back by joining the board. As a Director of Conference Services, I have 25 years' experience planning and directing events, managing technology and budgets and leading teams supporting conference and facilities spaces. I'm also the Sustainability Project Manager for a major corporation and hope to work with MCC staff to promote sustainable practices and incorporate environmental education into the curriculum. Thank you for this opportunity to serve our community."



### Barbara Protacio

"I'm Barbara Protacio, and as a teacher, coach and mother of two, I have served country, community and family. When I graduated from Yale, I wanted to give back to the country that embraced me when I was adopted as a baby from Guatemala. I began my life of service as a Navy captain, a PTA president at two schools, and I am currently teaching first grade in Vienna. Now, I wish to serve my neighbors on the McLean Community Center Governing Board to provide programs and activities that create an inviting McLean community that embraces people of all backgrounds."



## Adult Candidate Personal Statements

### Maria Foderaro-Guertin

"I'm excited to be a candidate for the board of the McLean Community Center, which has served my family for 14 years. We have greatly enjoyed the variety of events and offerings. I am a foreign language and history teacher with broad experience in management with companies and nonprofits. My career spans many organizations where I continued to advance my core values and culture of volunteerism and hard work. The newly renovated center can become a hub of activity for all ages. With your vote, I will continue to work with our board to expand offerings for our vibrant community."



### Suzanne Le Menestrel

"I have lived in McLean with my family for eight years. I am honored to be running for the Governing Board. A lifelong theatre fan, I avidly support The Alden Theatre and the MCC's many arts programs. I am deeply committed to serving my community and the broader Washington, D.C. region. I am on the board of directors for the Prince George's Child Resource Center, volunteered as a Girl Scout leader, mentor teen Girl Scouts working on their Gold Awards and contribute my expertise in child and youth development programs, policies and research to national advisory groups."



## Youth Candidate Personal Statements

Langley High School Boundary Area Candidates

### Alize Ashraf

"I moved to McLean four years ago in eighth grade. Since then, McLean has had so much to offer me, from recreational soccer to Dranesville district meetings at MCC. Along the way, I've made some great friends at Langley High School and have become a part of the community through the school orchestra, Saxon Stage, clubs and honor societies. I've learned to handle responsibility and manage my time by helping Abrar Omeish with her 2019 school board campaign. I'm excited about getting more youth involved with the MCC. McLean has given me so much and I want to give back."



SEE VOTE, PAGE 11

WWW.CONNECTIONNEWSPAPERS.COM



# McLEAN DAY 2019

## Youth Candidate Personal Statements

Langley High School Boundary Area Candidates

### Anna Krause-Steinrauf

"I have loved growing up in McLean. I am a Junior at Langley High School and value being a part of my school's and McLean's community. I am running as a candidate because I am passionate about making the McLean Community Center a place for everyone, especially youth. Through programs at the McLean Community Center, I have learned valuable skills and made friends. I would like to advocate for intergenerational programs to bring people together since many do not have extended family in the area. I have experience in planning and participating in meetings through Langley's Service Learning Club."



### Megan Markwart

"A lifelong McLean resident and Junior at Langley, I've attended MCC programs since I was born, tagging along with my siblings to Music Together class. Redeemer Lutheran and my family taught me the importance of giving back and sports taught me the value of teamwork. Having played field hockey, soccer and track at Langley, elected Class of 2020 SGA representative annually and serving on the MCC Board this past year has prepared me to actively participate on next year's Board. I support programming of interest to young adults such as the MCC-Alden-TEDxTysons event. Thank you for your vote."



McLean High School Boundary Area Candidates

### Sabrina Benmira

"McLean has been my home for as long as I can remember. I am committed to this community and the people that live here. My international background has allowed me to appreciate the diversity of McLean and connect with my peers. At McLean High School, I have fallen in love with field hockey and devoted my time to raising money for the American Cancer Society through Relay for Life. If elected as a board member, I will provide crucial insight into the lives of the youth and strive to make changes that are in the best interest of everyone."



### Xavier Jimenez

"Hi! I'm Xavier, a Junior from McLean. I'm running for the Board because I care about my town and the people in it. It's my belief that making life more enjoyable, for even one person, makes the community stronger as a whole. When I was younger, I used to volunteer to usher the plays put on at the Alden Theatre. I've volunteered for the State Senate race in Virginia's 35th district and interned on a local Fairfax election for Chairman of the Board. Due to my passion for the wellbeing of citizens, I believe I'd make a great Board member."



### Lindsea Strelser

"My name is Lindsea Strelser and I'm a junior at McLean High School. I'm the right fit for our MCC Governing Board because I will always keep the interest of McLean's residents in mind when making decisions regarding what programs are available for you! As an ambassador for the Fairfax Office for Women, I have hands-on experience with planning fun, rewarding events and getting the most out of a budget! As a teenager myself, I'm invested in making the MCC as exciting and welcoming to the youth as possible. Please vote for me as your new Youth Governing Board member."



## The app is Back, for McLean Day, That Is

Use your phone to get up-to-the-minute information on all aspects of McLean Day 2019 by downloading the McLean Day app.

Returning for a second year, the free app is the latest way event producer McLean Community Center allows patrons to stay in-the-know.

The festival will be held on Saturday, May 18, from 11 a.m. to 5 p.m. at Lewinsville Park, 1659 Chain Bridge Rd. Admission is free.

In 2018, MCC established the new app in cooperation with **Whova, Inc.**, an app development company based in San Diego, Calif. Patrons can download the app to their smart phones or other devices by searching for the Whova App in the Apple Store or Google Play. Once it has been downloaded, use the search feature to find McLean Day on May 18.

The McLean Day app will allow patrons to:

- ❖View the day's schedule



Whova logo

and create a personal schedule of their own.

- ❖Receive announcements and notifications throughout the day.

- ❖Use an interactive map of the park to find the location of various activities.

- ❖Explore the many food and drink options.

- ❖Discover sponsors, businesses and organizations who are participating as exhibitors.

- ❖Take the McLean Day survey.

- ❖Get information on the entertainers performing on the McLean Day stage.

- ❖Take and share photos on so-



McLean-Day-APP

cial media.

McLean Day will be held rain or shine. Parking is not allowed at Lewinsville Park on the day of the festival. Starting at 10:25 a.m. and continuing throughout the day, shuttle buses will run to the park from MCC, 1234 Ingleside Ave., McLean Baptist Church at 1367 Chain Bridge Rd. and Lutheran Church of the Redeemer at 1545 Chain Bridge Rd.

For more information, call 703-790-0123/TTY: 711, or visit: [www.mcleancenter.org/special-events](http://www.mcleancenter.org/special-events).

## Here's What's Happening at MCC!

### Presented by The Alden



**Movies for Kids and Families**  
**Wednesday, May 8, 12:30 p.m.**  
*Free admission*

### Presented by The Alden



**"All the Way Live!"**  
**Saturday, May 11, 1 p.m.**  
*\$15/\$10 MCC district residents*

### It's the Place to Be!



**Saturday, May 18, 11 a.m. - 5 p.m.**  
**Lewinsville Park, 1659 Chain Bridge Rd.**  
*Free admission*

**Large Ride Preview, Friday, May 17, 2-7 p.m.**  
*Ticket purchase required*

**Vote! MCC Governing Board Elections**  
**10:30 a.m.-5 p.m.**

### Presented by The Alden



**Midday Movies:**  
**Foreign-Language Films**  
**Wednesday, May 22, 1 p.m.**  
*Free admission*

### MCC Governing Board



**Monthly Meeting**  
**Wednesday, May 22, 7:30 p.m.**  
*Open to the public*

### The Old Firehouse



**After 7 Dance Party**  
**Friday, May 24, 7-10 p.m.**  
**1440 Chain Bridge Rd.**  
*\$5 admission*  
*Preregistration is recommended*



The McLean  
Community Center  
[www.mcleancenter.org](http://www.mcleancenter.org)  
Home of the Alden Theatre  
[www.aldentheatre.org](http://www.aldentheatre.org)  
**703-790-0123, TTY: 711**

**1234 Ingleside Ave., McLean, VA 22101**





**McLean  
Community  
Center**  
*The Center of It All*



#### CLASSES & TRIPS

Day Trips and Tours • Fitness and Yoga  
Bridge, Chess and Music • E-Learning

#### SPECIAL EVENTS

McLean Day • Garage Sales  
McLean 5k • Holiday Craft Shows

#### THE ALDEN THEATRE

Professional Series • McLean Kids Series  
Films & Lectures • Summer Concerts

#### THE OLD FIRE- HOUSE

After School Programs • Camp McLean  
School Break Trips • Family Movie Nights

**DISCOVER ALL OF THIS AND MORE AT: [www.mcleancenter.org](http://www.mcleancenter.org)**

**The McLean Community Center**  
1234 Ingleside Ave., McLean, VA 22101  
703-790-0123, TTY: 711



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