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Protestors:
'Resign Ralph!'
News, Page 3

'Rider at Sunrise' Wins
People's Choice Award
News, Page 2

News, Page 7

Chapman-Conrad home,
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'Rider at Sunrise' Wins People's Choice Award

Arches Gallery at the Workhouse Arts Center has announced April's People's Choice Award: Rick Reda's photograph "Rider at Sunrise." This moody image is on view in Reda's current exhibit of travel photography, "Mystical India," through May 5th. Reda is this month's Featured Artist at Arches Gallery.

"Rider at Sunrise" was taken on the eastern shore of the Ganges River in Varanasi, India at sunrise. Varanasi is a city of religious significance to the people of India, and the site of ongoing cremation ceremonies, which is part of the reason for the hazy morning sky. In spite of this, many people are present at sunrise to greet the day.

Reda specializes in landscape and wildlife photography and has traveled the world from Alaska to Antarctica to Africa. He started out more than 40 years ago with a makeshift darkroom set up in the bathroom of his apartment in Detroit, developing and producing color prints. Within a few short years, his photographs were on display in the Trimpe Gallery in Detroit. Over the



"Rider at Sunrise" by Rick Reda

years he has transitioned from film to digital photography and currently exhibits his work at the Arches Gallery and the Loft Gallery, in Occoquan, Va. His work is in several private collections across the United States and Europe. To see more

of Reda's work visit rickredaphotos.com.

Visit Arches Gallery on the campus of the Workhouse Arts Center until May 5 to see "Mystical India," and the work of 21 other Workhouse Artists in monthly Group Show. Find out more about Arches Gallery at <https://archesgallery.weebly.com/> and on Facebook at "Arches Gallery Artists."

Arches Gallery is located at Workhouse Arts Center, 9518 Workhouse Rd., Lorton. Gallery hours: Wednesdays – Saturdays 11 a.m.-6 p.m., Sundays 12 noon- 5 p.m.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SATURDAY/APRIL 27

Scam Jam and ShredFest. 8

a.m.-1 p.m. at Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The Silver Shield Task Force and AARP Virginia are hosting a free fraud prevention and shredding event. There will be numerous speakers discussing how to be aware of scams and how to prevent being scammed or defrauded. Scam Jam runs 9 a.m.-1 p.m.; ShredFest runs 8 a.m.-noon.

Spring Forward. 8:30 a.m.-2 p.m.

at Colgan Hall, George Mason University Science and Technology Campus, 10900 University Blvd., Manassas. Spring Forward Family Fun Day offers adoptive, foster and kinship families a day of fun and learning about tools and solutions. Found Families Forward is partnering with NewFound Families, the Virginia Department of Social Services (VDSS), and VDOE's Training and Technical Assistance Center. While the kids enjoy activities, parents, caregivers and professionals will be treated to keynote Family Strong: Five Ways to Fight the Fear, Beat the Burnout, and Stay Focused for the Long Haul by presenter Wendy Besmann. Following the keynote, parents and caregivers choose from a variety of breakout

SEE BULLETIN, PAGE 10

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Protestors: 'Resign Ralph!'

Fairfax NAACP and others gather to demand resignation of Virginia Gov. Ralph Northam, who was "no-show" at the event.

BY ANDREA WORKER
THE CONNECTION

Much of the immediate furor over the scandals that surround Virginia's top elected officials, which saw Governor Ralph Northam and Attorney General Mark Herring facing backlash over blackface incidents and Lt. Governor Justin Fairfax accused of sexual misconduct, seems to have died down.

For weeks after a photo in Northam's 1984 yearbook surfaced in February, identifying him as one of two men in the picture - one in blackface and one dressed in the robes of a Ku Klux Klansmen - the Governor was the target of local, national, and even international news cycles and ridiculed by late night talk show hosts. The story only grew when Commonwealth Attorney General Herring admitted to having worn blackface for a costume event in college.

The third hit to Virginia's "Big 3" elected officials came quickly thereafter, with Fairfax being accused by first one woman, and then a second of conduct tantamount to sexual assault. Fairfax categorically denies the allegations.

THE MEDIA ATTENTION has certainly diminished, and a majority of Virginia voters - albeit a slim one - favor Northam's continued occupancy of the Governor's mansion in Richmond, according to a recent poll by the Christopher Newport University Wason Center for Public Policy in Newport News, Va., but there are many in Northern Virginia who are not so willing to forgive and forget.

"It's not about not believing in redemption or rehabilitation," said Fairfax County NAACP president Kofi Annan, "but the Governor has yet to acknowledge his error or to offer a sincere apology. ... We will continue to stand on principle. Principles matter. Values matter. He needs to resign."

Annan takes exception to the fact that "first Northam admitted he was in the photo, then he said 'nope, it wasn't me.'" The NAACP spokesman said there is always a chance to make amends, but "he needs to start with acknowledgement before we can begin to heal these wounds."

Annan led a small group of protestors on Sunday at the Ponds Community Center in Burke, where the Governor was scheduled to appear at the campaign kick-off for Sen. Dave Marsden, the democratic incumbent for the 37th District.

"[Northam] can't just go on like it's business as usual," said Annan. "The way things stand, he can't just walk this back. As of today, we still don't know if he was in the photo, if he was the man in blackface or



Kofi Annan, president of the Fairfax County NAACP addresses the group of protestors calling for the resignation of Virginia Gov. Ralph Northam. "He needs to step aside. He has done great harm to the Democratic Party and to Virginia. He refuses to acknowledge what he did - we still don't know the real truth about the photo - but remaining in office only continues the harm and keeps us from healing and moving forward."

PHOTOS BY ANDREA WORKER/THE CONNECTION



The Fairfax County Republican Party Committee joined the protest, with most holding anti-abortion posters.

the man in the Klan robes."

"If they tell you we are unwilling to forgive, you need to know the truth," said NAACP vice president Sean Perryman, speaking at the protest. "They have been unwilling to reach out to us. ... Outrage is not just a news cycle. It's about doing the right thing consistently everyday."

Perryman added that "there is nothing acceptable about appearing in blackface. There is nothing acceptable about appearing as a Klansman. Two months ago they were calling for his [Northam's] resignation. Nothing has changed except the media has gone away ... but we're still here."

Marsden is Perryman's representative, as

is Del. David Bulova (D-37), who was also in attendance at the fundraiser.

Perryman told the crowd that he had campaigned for both, as well as for the statewide office seekers.

"I've done the phone calls and the door-knocking for them. So have many of you. But they have taken our work and our votes for granted. No more."

Sen. Chap Petersen (D-34) also attended the fundraiser and was met with derisive calls upon his arrival.

Annan, Perryman and other NAACP representatives and members, along with other Northern Virginia residents decided to bring their anger and disappointment to this event

in order to send a wider message than just demanding the Governor's resignation. Other politicians are also in their sights.

ELECTED OFFICIALS and those running for office could suffer from their association with Northam, warned Annan and Perryman. Speaker Kevin Glenn from Reston took that warning a step further, "if the Democratic Party doesn't take notice and respect our votes and our voices. They get largely elected with the support of the black and other minority communities. If we withhold our support, they may get the message."

When Glenn was questioned if he and others were willing to risk the potential for finally gaining a Democratic majority in the General Assembly, or at least, losing the ground made in the last elections, he responded, "Yes," citing that the Trump-effect helped elect more women, more people of color and different religious affiliations in the last elections, particularly at the national level.

"I see politics as a long game...this might be a real sacrifice, but it might result in better representation the next time around. We may just have to hold our noses for two years in order to get people in office who will look out for all Virginians."

Glenn said that just electing a Democrat did not guarantee the representation that minority communities deserve.

Danny Cendejas with La ColectiVA - an organization led by "gente Latinx" committed to upholding social justice and equality - brought the agreement and support of his group to the event.

Annan too called out the Democratic Party and those willing to stand beside Northam. He suggested that by remaining in office, Northam could very well "suppress the vote" in the next elections.

The NAACP group and their supporters were joined at the event by a gathering of area Republican organizations, including the Fairfax County Republican Party Committee with chair Tim Hannigan in attendance, the Tea Party of Northern Virginia, and the "Deplorables of Northern Virginia."

THE ISSUES on the other side of the walkway in front of the community center revolved mostly around the Governor's pro-choice stance on abortion, but there were a few in that group who also carried anti-racism signs with their "Northam's Got to Go!" banners and placards.

The target of the ire of both parties was a no-show. Gov. Northam cancelled his appearance. Sen. Marsden did, however, come outside the event and spoke with members of the media.

Marsden was originally one of the many who called on Northam to step aside when the scandal first broke. Obviously, he has since changed his stance. The senator believes that "Northam is prepared to do the job for which he was elected" and has a long record of public service benefitting all Virginians.

OPINION

Tornado Warning

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)



COMMENTARY

There was both shock and amazement on the part of many Restonians to hear last Friday evening that our community was under a tornado warning by the National Weather Service (NWS). These warnings occur all the time, especially in the Midwest and earlier that day across the deep South. For us the weather is relatively mild, although the winds do seem to blow harder these days, and the rains this spring seem to have brought a lot of local flooding. The amount of snow varies from winter to winter.

About 8:30 p.m. on Friday the National Weather Service found that an approaching squall line ahead of a larger storm's cold front distorted into an S shape across Northern Virginia. Gusts along the bow were significant until the bow broke up into a rotating storm. Doppler radar revealed a counterclockwise circulation known as a mesocyclone over Reston that developed into a cyclone.

Technically the National Weather Service recorded that on Friday, April 19, there was a tornado event in Reston beginning at 8:55 p.m. estimated time with estimated maximum wind speed of 70 mph, with a maximum path width of 100 yards and a path length of 4 miles. The NWS uses the Fujita Scale to classify tornadoes into one of six categories—EF0 (weak) to EF5 (violent). The tornado in our community was rated at the lowest ranking, EF0.

For professional weather people who deal with bad weather all the time, the tornado in our community that lasted an estimated five minutes may have seemed weak. But for those who sought refuge in their basements and heard the wind whipping around their homes and saw the trees swaying in their yards the storm was anything but weak. Fortunately, no one was killed or reported hurt. Lots of trees and branches were downed and several cars were damaged with one townhouse being severely damaged. Everyone is left to wonder if

we will be as lucky if the flukes of weather send their wrath on us again.

Weather refers to what happens in the atmosphere around us with rain, snow, wind, and thunderstorms as examples. For many of us weather conditions seem to have become more severe. Only scientific recordings of weather events over a long period of time will provide evidence needed to confirm or deny our hunches. All the weather events of temperature, humidity and rainfall patterns averaged over seasons, years or longer creates our climate. There is ample evidence to demonstrate that climate is changing and that human behavior especially in releasing more heat-trapping gases into the atmosphere is a leading cause. Completing the circle of what is happening in our world is that climate change is bringing about more extreme weather events.

While extreme weather, climate change and global warming may be controversial topics to some, many of us are deeply concerned. This week's celebration of Earth Day was a global experience. Our local weather event while relatively mild reminds us that we need to be serious about the subject and serious about our response to it.

Changing the Culture Around Mental Illness

Sheriff Stacey Kincaid speaks at the League of Women Voters of the Fairfax Area (LWVFA) annual meeting.

BY LEAGUE OF WOMEN VOTERS OF THE
FAIRFAX AREA

Sheriff Stacey Kincaid was the keynote speaker at the Annual Meeting of the League of Women Voters of the Fairfax Area (LWVFA), held on April 6 at The Waterford in Fairfax.

She is the first female sheriff of Fairfax County in its 276-year history and is also one of only six female sheriffs in Virginia. She was first elected in 2013 to fill the balance of a term and was re-elected in 2015. She will be on the ballot again this November. In 2008, as a deputy sheriff, she earned the Distinguished Service Award, which recognizes "a career of sustained exemplary performance."

What does the Sheriff's Office do? It operates the Adult Detention Center (ADC), which has an average daily population of 972; provides Courthouse security; and serves civil law process for the courts. Her office is staffed by 529 sheriff's deputies and 87 civilians.

Changing the culture around mental illness and substance use disorders has been her focus. She works to achieve change by collaborating with partners in county government and the community. She helped spearhead Diversion First, which offers alternatives to incarceration for people with mental illness and co-occurring substance use disorders. She created an addiction treatment and recovery program in the ADC and she has created a partnership with the courts on new post-arrest diversion programs.

ONE-THIRD OF JAIL INMATES have behavioral health issues. Sheriff Kincaid emphasizes training to help address these issues. More than 120 of her deputies have taken the 40-hour Crisis Intervention Team training, and all of her staff, sworn and civilian, have to take a Mental Health First Aid course. Such training teaches people how to identify symptoms of mental illness and how to help people experiencing a mental health crisis. Also, with the opening of the Merrifield Crisis Response Center in January 2016, police officers and Sheriff's deputies can divert people experiencing mental health crises to the Merrifield. Bringing someone to jail is no longer the default option. As of Dec. 31, 2018, more than 1,300 people had been diverted from potential arrest.

Addiction is a disease and should be treated. Trauma is often an underlying cause of addiction. On Nov. 1, 2018, Sheriff Kincaid launched a pilot program in the ADC – Striving to Achieve Recovery (STAR). Two peer recovery specialists work with inmates to help them achieve recovery from addiction.

Post-arrest diversion programs in the county include a Supervised Release Non-Compliance Docket, Veterans Treatment Docket, Mental Health Docket and Drug Treatment Court. They all aim to provide people with second chances after arrest.

The ADC's priority is to help inmates develop skills, so they can live productively after release. Towards achieving this priority, inmate programs focus on furthering education, im-



PHOTO CONTRIBUTED

From left, the League of Women Voters of the Fairfax Area (LWVFA) Co-Presidents Judy Helein and Anu Sahai, With Sheriff Stacey Kincaid.

proving life skills, increasing employability and building self-confidence. Examples of programs include GED classes and testing; yoga, art and sewing classes; work release opportunities, and the Community Labor Force.

THE SHERIFF'S OFFICE has about 300 volunteers who lead or support many inmate programs. In addition, resource fairs are organized for inmates to obtain information that will help them after they are released. LWVFA has participated in these resource fairs for several years.

Fairfax County is not immune to the problem of domestic violence. If you are aware or know of a person suffering from domestic violence, call the Domestic Violence Hotline at 703-360-7273. Domestic violence is not always physical. It can be financial, emotional, and/or sexual as well. Make the call to the Hotline and you may save a life or lives.

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LETTERS

Taking Exception

To the Editor:

A recent letter written by a political opponent of Delegate Tim Hugo seemed to mischaracterize Delegate Hugo's service and responsiveness to his constituency, specifically as it relates to the Popes Head Road and Fairfax County Parkway interchange project.

After my 2 1/2 years of service on behalf of the community, our coalition has collectively sought to ensure this project remains in the public's interest. I can attest that Delegate Hugo has been engaged every step of the way. We have found him to be fair, methodical in his analysis, and effective representing and supporting our concerns.

Our coalition of community leaders has not been political in nature and our desire has always been to simply ensure the safety and convenience of our neighbors affected everyday by a very dangerous and inefficient intersection. Delegate Hugo has consistently listened to the initial complaints of poor design solutions and stopped them early in their tracks.

Additionally, he responded to our complaints and had VDOT replace poor quality asphalt during the repaving of Popes Head Road, and helped designate Popes Head Road as a Virginia Byway in order to protect its rural charm and from ever becoming a four-lane road. Recently, he even had VDOT fix a persistent drainage problem after our complaints fell on deaf ears at VDOT.

Now after giving the county and VDOT engineers time to redesign solutions at Popes Head Road and Fairfax County Parkway, Delegate Hugo opposes the most recent and "county favored" design as not meeting community needs. As he sits on several State level transportation committees, we know he will continue to support community interests over political ambitions. Now let's all work toward getting the same level of support and cooperation at the Fairfax County Supervisors level, because they are the lead agency on the Popes Head Road/Fairfax County Parkway Interchange project.

Rod Bradshaw
Fairfax

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Long & Foster to Hold Real Estate Pre-Licensing Class with Military Scholarships available starting in May

The Burke/Fairfax Station/Clifton office of Long & Foster Real Estate located at 6045 Burke Centre Parkway in Burke, Virginia, will host a real estate pre-licensing class in its new state-of-the-art training center, starting May 14. The 60-hour course is designed for individuals interested in pursuing a career in real estate. Classes will be held on Tuesday, Wednesday and Thursday evenings from 6:00 pm – 9:30 pm.

"At Long & Foster, we're dedicated to having the best trained and best equipped agents in the business, and our new training center helps us to accomplish those goals" said Paul DiCicco, manager of the Burke/Fairfax/Clifton office.

Long & Foster also offers the P. Wesley Foster Military Service Scholarship—a full scholarship program for real estate pre-licensing classes to U.S. military veterans, active duty personnel and their spouses and children. Scholarships cover the cost of tuition and textbooks for classroom courses offered by the Long & Foster.

For more information or to register for the upcoming course, contact Paul DiCicco at (703)503-1899 or email pauld@lnf.com.

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The Emotional Side of Leaving the Workforce

Getting ready for retirement requires more than financial preparation.

BY MARILYN CAMPBELL
THE CONNECTION

Ann Corbett worked for more than 20 years as the principal of a Catholic school. Her days were filled with leading children in morning prayer and other faith-based activities. After she retired, Corbett, who lives in Bethesda and worked in Washington, D.C., had difficulty maintaining the daily connection to her faith.

“My job was the way that I stayed connected to my faith and people who shared my faith,” she said. “I think I took it for granted because when I retired, I lost all of that. I was no longer leading prayers and teaching children about their faith. When I retired, I really struggled to regain my footing and feel grounded in my spirituality.”

While financial planning is often associated with retirement preparation, emotional preparedness is equally as important, but often overlooked, say mental health professionals. Like other significant life transitions, retirement can require an emotional adjustment, and even those who feel ready to leave the workforce can feel caught off guard by the adjustment to it.

“Most people are thinking that they need to save, save, save and have a comfortable nest egg before retire and that’s important, but they don’t realize that they’re going to experience social and structural voids after they retire,” said Alexandria psychotherapist Monica Kleinman, Psy.D. “If you think about it, most of our interpersonal connections and social opportunities revolve around our jobs. Going to work every day



Connecting with your adult children just before and during retirement can help with the adjustment, suggest several experts.

give us structure and a predictable routine.”

Kleinman adds, “Those who are thinking about retirement or know that retirement is in their near future should ask themselves, ‘How will I spend my time?’ ‘What will my daily routine look like?’ ”

A person’s identity and sense of self-worth is often connected to their job, says Kleinman. “That might not be healthy, but it’s a reality for a lot of people,” she said. “Our jobs give us a sense of purpose, and for some people, their job is a status symbol. When you go to a party, think about the number of time times you’re asking what you do for a living.”

Volunteer work is one way that marriage and family counselor Tiffany Grimm suggests retirees maintain a sense of purpose. “If you were an attorney, you can volunteer with an organization that allows you to offer legal services to people who can’t afford an attorney. If you’re a teacher, you could volunteer with a learn-to read type program or teach English-as-a-second language type classes,” she said.

Retirees often experience loneliness, says Kleinman who suggests developing a strong social network before retiring. “Loneliness and isolation can be a killer,” she said. “Before you retire, reconnect with old friends

“When I retired, I really struggled to regain my footing and feel grounded.”

— Ann Corbett

and develop new friendships outside of work. Go out and socialize in ways that are not connected to your job. Invitations to events that are tied to your job tend to dry up when you leave, so it’s very important to socialize frequently outside of work and to keep doing that after you retire.”

Kleinman also recommends building and maintain strong relationships with family members “One way to combat loneliness and the shock of retirement is having a connection with family members, especially your adult children and your grandchildren,” she said. “Think about taking your grandchildren to the park or a museum or on a vacation with you and spending uninterrupted quality time with them. Have lunch or dinner with your adult children.”

Engaging in activities with groups, like social or religious clubs help retirees avoid feelings of isolation, says Grimm. “Whether it’s a stamp club or weekly Bible study group, you have to be connected to groups of people in a regular, consistent and predictable way, just like you were when you worked,” she said. “It’s important to our overall wellbeing to be connected to a wide variety of people and personalities in a positive way. Think about things you enjoy doing or any hobbies that you have or would like to have, and join groups with people who share your interests.”

Dementia Friendly Herndon Shares Experiences

Insight Memory Care Center hosted the first Dementia Friendly America Symposium in Northern Virginia on March 12 from 5:30-7:30 p.m. More than 50 people were in attendance including Supervisors John Foust (D-Dranesville), Cathy Hudgins (D-Hunter Mill) and Jeff McKay (D-Lee District), Chair of the Commission on Aging Carolyn Sutterfield, and Springfield district representative of the Commission on Aging Tom Bash. Community members in attendance included executives from continuing care communities, healthcare professionals and first responders from Arlington, Alexandria, Fairfax County, Loudoun County, Prince William County, Nottoway County and Warren County. This group of professionals gathered to learn about establishing Dementia Friendly Communities in their locales and to explore opportunities for involve-



Toni Reinhart, founder of Dementia Friendly America - Herndon Chapter, shared what it means to be a Dementia Friendly community as well as her work to establish the DFA Herndon community.

ment in currently established DFA communities.

The symposium began with opening re-

marks by Christi Clark, Insight Memory Care Center’s Executive Director. Clark stated, “Insight is working to support all dementia friendly communities in our area and hopes that one day soon we can see a lot more communities on the Dementia Friendly America website that have been established as Dementia Friendly communities.”

Toni Reinhart, founder of Dementia Friendly America - Herndon, PAC Certified Independent Trainer and owner of Positive Dementia Care Training, LLC shared what it means to be a Dementia Friendly community as well as her work to establish the Dementia Friendly America Herndon community. “It really hit home when my father got dementia and I spent more time out in the community with him. I realized it was not a good situation for most people with dementia and their care partners. I thought this has to change,” said Reinhart. “Our goal is to make the community aware of what

dementia is and what it looks like and make changes to make them and their care partners feel more welcome.”

Following her keynote speech, Reinhart and members of the DFA Herndon Action Team including Paul Nasto, Nicole McMonigle Knight, Laura Smothers-Chu, and Robin McGlothlin led breakout groups in specific exercises designed to help them think through possible Dementia Friendly America community start-ups and how to focus their efforts to provide maximum benefit in educating specific business and disciplines, such as the restaurant sector or first responders, on how to interact with people with dementia. This led to a discussion on how to grow more communities.

For more information on DFA Herndon or about starting up your own Dementia Friendly Community, please contact Nicole McMonigle Knight at DFAHerndon@gmail.com.



Garvey-Hodge Home

PHOTO COURTESY OF LYNNE GARVEY-HODGE

Clifton Homes Tour Set for May 17

The Clifton Community Woman's Club is hosting the 47th Annual Clifton Homes Tour and Silent Auction on Friday, May 17. Proceeds benefit their 501(c)(3) Charitable Trust and are distributed to local scholarships and charities.

Enjoy guided tours of four elegant homes in the Clifton area. Tour an Arts and Crafts style home with airy light-filled rooms inside,

and rolling acres, beautiful oaks and sycamores, and a garden outside. Another home is a sprawling country classic with plenty of comfortable family space. A third home, located in Bull Run, is named "Lion Sky" for the spectacular sunset views over the Occoquan River, and is equally vibrant inside. A fourth home is also in Bull Run with open, light-filled

SEE HOMES TOUR, PAGE 10



Paris Home

PHOTO COURTESY OF KAREN PARIS



Jasien Home

PHOTO COURTESY OF GINNY AX



Experience RENEWAL

Westminster at Lake Ridge is changing! Transformations are currently underway and will bring a renewal of amenities and décor to the community. Near the historic town of Occoquan, the serene location has all the small town charm and friendliness you desire, yet is just a few miles from the excitement of our nation's capital.

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ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Art Exhibit: Collect. Through April 26 in the McGuireWoods Gallery, Workhouse Arts Center, Lorton. The COLLECT! 2019 exhibition features more than 70 original works of art generously donated by the community of artists at Workhouse Arts Center. This year's collection includes painting, sculpture, fiber art, jewelry and more with subject matter varying from traditional figuration, natural landscapes, bright and bold abstraction, eclectic clay wares to conceptual collage. Visit www.workhousearts.org for more.

Dynamic Dimensions: Layered Meanings in African Art. 7 a.m.-7 p.m. daily, through April 29, in the Buchanan Hall Atrium Gallery, Fairfax Campus, George Mason University. Led by African art historian Dr. LaNitra Berger, students participating in Objects and Archives in Art History: Curating an Exhibit, spent two months using the Fine Arts Gallery as a laboratory in which to discover the essentials of researching and curating an exhibition. Visit www.facebook.com/Dynamic-Dimensions-Layered-Meaning-in-African-Art-403224373588514, or call Naomi Arlund, student curator, at 703-993-8756.

Art Exhibit: [Land]scape. Through May 19, in the Art Lab Gallery, Workhouse Arts Center, Lorton. Curated by GMU MFA Candidate, Emily Fussner. The [Land]scape exhibition asks visitors to engage the notion of landscape on multiple levels. Featuring a range of painting, photography, mixed media, printmaking, sculpture, and video works. Visit www.workhousearts.org for more.

Group Exhibition: Degrees of Honor. Through May 19 in the Warrior Way Gallery, 1st Floor, Workhouse Arts Center, Lorton. Degrees of Honor is a group exhibition surveying the works of artists addressing the concept of honor in different perspectives — separation, pain, loneliness, turmoil, stories and memories. Featured artists include Rene Vincit, Gene Moty, Karen Chin and Christa Turpin. The Warrior Way is an exhibition space designated for artwork by active duty, retired and veteran service members. Visit www.workhousearts.org

Floating Garden. Through May 26, in the Vulcan Gallery, 2nd Floor, Workhouse Arts Center, Lorton. Toronto-based Artist Amanda McCavour creates experiential, immersive environments that represent places in her memory. Her three dimensional, embroidered art installations are made up of fabric designs that float within the space. Visit www.workhousearts.org

THURSDAY/APRIL 25-28

Huge Book Sale. Thursday, 3-9 p.m.; Friday, 10 a.m.-6 p.m.; Saturday, 10 a.m.-5 p.m. and Sunday, noon-5 p.m. at George Mason Regional Library, 7001 Little River Turnpike, Annandale. Thousands of books, CDs, DVDs, and more at the George Mason Friends Spring Book Sale. Come early for the best selection, then come back on Sunday for half-price bargains. Free georgemasonfriends.blogspot.com or call 703-813-6616.

FRIDAY/APRIL 26

Valor Awards. 8:30 a.m. at the Springfield Golf & Country Club, 8301 Old Keene Mill Road, Springfield. Fairfax County first responders will be honored at the Greater Springfield Chamber of Commerce Valor Awards Breakfast. The event recognizes police, fire and sheriff deputies in the Greater Springfield Area. To register, visit www.springfieldchamber.org/events/details/valor-awards-5760.

Girl Scout Daisies. Noon-1 p.m. at Pohick Library, 6450 Sydenstricker Road, Burke. With so many new experiences to conquer and lessons to learn, a trusted partner and all-things-girl expert like Girl Scouts can be exactly what a girl needs to succeed in and out of the classroom. Free. Contact Cheryl Osborne at cosborne@gscnc.org or 703-372-4341.

B-I-N-G-O. 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit www.fairfaxvfd.com or call 703-273-3638 for more.

Lysistrata. 8 p.m. at deLaski Performing Arts Building, A105, TheaterSpace, on GMU's Fairfax Campus. Lysistrata persuades the women of



The Main Street Band on stage at its 10th Anniversary Celebration in 2019, is a vibrant young band that includes talented amateur musicians from Northern Virginia.

Main Street Concert

As part of the Spotlight on the Arts Concert Series, the Main Street Community Band celebrates the arrival of spring with tunes from Doctor Who, Frank Sinatra, Gustav Holst, Stephen Sondheim. During this annual tradition, the band members bring in sweet treats for the audience to celebrate the end of the regular concert season. Come celebrate and mingle with the band after the concert. Sunday, April 28, 4 p.m. at Stacy C. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Free. Visit fairfaxband.org for more.



Long lines of tables with merchandise sorted by type fill St. Bernadette's gym for the indoor "yard sale" to benefit one of Springfield's oldest charitable organizations, ECHO.

ECHO Yard Sale

Huge Yard Sale featuring table after table of fashion accessories, toys, home decorations, kitchen utensils, more. Proceeds benefit ECHO, an all-volunteer organization aiding people in need in the community. Admission free. Saturday, April 27, 8 a.m.-noon at St. Bernadette Catholic School Gym, 7602 Old Keene Mill Road, Springfield. Call 703-239-1678 or visit www.echo-inc.org.

Greece to withhold sexual privileges to force the men to negotiate an end to the Peloponnesian War — a strategy, however, that inflames the battle between the sexes. \$20 adults, \$10 students, staff, seniors and groups. Visit cfa.calendar.gmu.edu/lysistrata for tickets.

FRIDAY-SUNDAY/APRIL 26-28

The Medium and Suor Angelica. Friday-Saturday, 8 p.m.; Sunday, 2 p.m. at Harris Theatre, on GMU's Fairfax Campus. Two one-act operas: Menotti's The Medium and Puccini's Suor Angelica. \$20 adults, \$15 seniors, \$5 youth through grade 12. Visit cfa.calendar.gmu.edu/opera-the-medium-and-suor-angelica for tickets.

APRIL 26-MAY 12

Spotlight on the Arts. The 2019 Fairfax Spotlight on the Arts Festival will honor the 50th Anniversary of Woodstock with three weeks of theatre, dance, music and visual art, rekindling that "Age of Aquarius" vibe in Fairfax. Put some flowers in your hair, dust off your bell bottoms and join in for some or all of this local "Aquarian Exposition." Learn about associated events at FairfaxSpotlight.org.

SATURDAY/APRIL 27

ECHO Yard Sale. 8 a.m.-noon at St. Bernadette

Catholic School Gym, 7602 Old Keene Mill Road, Springfield. Table after table of fashion accessories, toys, home decorations, kitchen utensils, more. Proceeds benefit ECHO. Admission free. Call 703-239-1678 or visit www.echo-inc.org.

Fairfax CASA Run. 10 a.m. at Fairfax County Courthouse, 4110 Chain Bridge Road, Fairfax. Be part of the superhero family and community of volunteers and supporters who make a difference through Fairfax CASA (Court Appointed Special Advocates), where they all work to advocate for abused and neglected children. Run in the 8k race, or dress up with your children for the 3k Superhero Children's Fun Run. Food and drinks, prizes and a raffle. \$20-\$35. www.fairfaxrunforthechildren.com or www.fairfaxcasa.org.

Author Event: Meet Dale Perry. Noon-2 p.m. at Barnes and Noble Manassas, Westgate Plaza, 8117 Sudley Road, Manassas. Meet local author Dale Perry of Fairfax. Signing copies of her book, Adventures of the Super Bunny Club. This book follows a bunny named Blue as he is introduced to wonderful and whooshing world of international floppy-eared intrigue. Purchase books before signing. Call 571-612-8634

Fundraiser: VFW Post 8469. 1-5 p.m. at Bowl America, 5615 Guinea Road, Burke. VFW Post

8469 will host a public bowling event to raise funds to help support veterans' needs. The cost is \$20 for three games and shoes, plus a raffle ticket to win either a decorative Flags of Valor Flag, a guided day hike in the Shenandoah, two tickets to Amy Grant at the Birchmere etc. There will also be a Certified Service Offices on site to help with Veteran benefit issues.

Lysistrata. 2 p.m. at deLaski Performing Arts Building, A105, TheaterSpace, on GMU's Fairfax Campus. Visit cfa.calendar.gmu.edu/lysistrata

Stargazing Campfire. 7:30-9:30 p.m. at Burke Lake Park, 7315 Ox Road, Fairfax Station. Take a stroll along the shore at Burke Lake Park and learn about the constellations, their stories and other night-sky features with an astronomical naturalist. Peer deeper into the universe with the help of a telescope. The program concludes with a campfire. S'mores ingredients will be provided; hot dogs are welcome. Designed for participants age 3-adult. \$12 per person; children must be accompanied by a registered adult. Call 703-323-6600 or visit www.fairfaxcounty.gov/parks/burke-lake.

Fairfax Symphony Orchestra presents:

Holst's Planets. 8 p.m. at the Center for the Arts, Concert Hall, on GMU's Fairfax Campus. The program includes Leshnoff: Starburst; Smetna: The Moldau and Sarka from Ma Vlast; Holst: The Planets, featuring the 2018 Fairfax County All-Stars Youth Orchestra. Pre-performance discussion at 7 pm: Join conductor Christopher Zimmerman and special guests. Tickets start at \$30, \$15 student. Visit cfa.calendar.gmu.edu/holst-39-s-the-planets.

SATURDAY-SUNDAY/APRIL 27-28

LEGO Model Train Show. Saturday, 10 a.m.-5 p.m.; Sunday, noon-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Washington D.C. Metropolitan Area LEGO Train Club (WamaLTC) members will hold a two day LEGO-based train show. All trains, buildings and scenery in the display are built from LEGO blocks and shapes. Donations of unwanted LEGO pieces and sets are appreciated to help support WamaLTC's efforts to bring fun and education to all ages through its activities. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit www.fairfax-station.org or call 703-425-9225.

The Wolves. Saturday, 8 p.m.; Sunday, 2 p.m. at deLaski Performing Arts Building, A105, TheaterSpace, on GMU's Fairfax Campus. A timely play about a girls' indoor soccer team that illuminates with the unmistakable ping of reality the way young selves are formed when innate character clashes with external challenges. \$20 adults, \$10 students, staff, seniors and groups. Visit cfa.calendar.gmu.edu/the-wolves for tickets.

SUNDAY/APRIL 28

Britain on the Green. 9:30 a.m.-3 p.m. at Gunston Hall, 10709 Gunston Road, Lorton. The 22nd show will feature two hundred British cars and motorcycles, music, food trucks, youth activities, and admission to Gunston Hall and grounds. \$10 adult; \$5 children 6-18. Visit www.capitaltriumphregister.com/bog/ or call 703-522-6571.

Spring Ballet: Coppelia. 12:30 and 3:30 p.m. at Metropolitan School of the Arts, 5775 Barclay Ave., Alexandria. Coppelia is a charming, humorous ballet of infatuation, deception, and finally a love that prevails. Dance along with Swanhilda and Franz as they find their way to love and "happily ever after." \$12. Visit www.metropolitanarts.org for more.

Main Street Concert. 4 p.m. at Stacy C. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. As part of the Spotlight on the Arts Concert Series, the Main Street Community Band celebrates the arrival of spring with tunes from Doctor Who, Frank Sinatra, Gustav Holst, Stephen Sondheim. During this annual tradition, the band members bring in sweet treats for the audience to celebrate the end of the regular concert season. Come celebrate and mingle with the band after the concert. Free. Visit fairfaxband.org for more.

Keyboard Conversations with Jeffrey Siegel: Chopin in Paris. 7 p.m. at the Center for the Arts, Concert Hall, on GMU's Fairfax Campus. In this concert of piano music and commentary, Jeffrey Siegel presents the eminent Polish composer Frédéric Chopin and the gorgeous pieces he created while in Paris. Family-friendly. \$44, \$37, \$26. Visit cfa.calendar.gmu.edu/keyboard-conversations-with-jeffrey-siegel-chopin-in-paris for tickets.

Fairfax History Day: Saturday, April 27 The area's past comes to life during family-friendly event.

BY BONNIE HOBBS
THE CONNECTION

The local area's past will come to life during the second annual Fairfax History Day. It's set for Saturday, April 27, from 10 a.m. to 5 p.m., at Historic Blenheim, 3610 Old Lee Hwy. in Fairfax. Admission is \$5, adults, and \$3, children ages 3-12; children 2 and under are free.

This family-friendly event focuses on the entire 19th century, from the construction of the new Fairfax County courthouse in 1800, through the growth of a town and its people. And there'll be activities galore for all ages, including music, dancing, hayrides, games, Civil War reenactors and demonstrations of daily life in a bygone era.

"We created a program with broad appeal – not only for those interested in Fairfax's history – but also for those who may have never visited the Historic Blenheim site before," said Chris Martin, director of the Office of Historic Resources. "Blenheim, of course, is



Arlington House Victorian Dance Society members dance with residents during last year's Fairfax History Day.

nationally famous for containing well-preserved and voluminous Civil War soldier signatures and writings inside the historic house, and families can take graffiti tours throughout the day."

The fun includes living-history interpreters, demonstrations and speakers. Attendees will learn about the vibrant life of a cross-roads community along the Little River Turnpike, chartered in 1805 as Providence and known during

the Civil War as Fairfax Court House. Visitors will be able to experience history through the diverse lenses of a farmer, attorney, tavern keeper, stagecoach operator, schoolmarm, tradesman and soldier, while also learning about slave life and African-American music and food.

Demonstrations of everyday, domestic life will be presented by a brewmaster, laundress, seamstress, weaver and spinner, and a

needleworker. Also on display will be 19th-century clothing styles.

Participants returning from last year's event include Dean Howarth portraying an early 19th-century naturalist; Lauren Muney as a silhouette-maker and phrenologist; and Bob Szabo with a display of early photography. Visitors may have their silhouettes drawn and may even purchase historically accurate clothing.

Highlights of Fairfax History Day include hayrides and pony rides, plus a huge hay pyramid. Comprising 175 bales of hay, it's perfect for children to climb on. Also slated are 19th-century games, a cursive-writing activity, an authors' tent and Civil War boot-camp drills, with wooden rifles for children.

There'll be living-history demonstrations typical of town residents, domestic arts and fashions. And Ferdinand McAdoo, head brewmaster at Ornerly Beer in Fairfax, will talk about the ingredients and process of 19th-century brewing.

Attendees will also enjoy a variety of period dances and music.

Calvin Earl will demonstrate "The History of Spirituals;" the Roustabout String Band will perform traditional, 19th-century tunes; and George Mason University's 8th Green Machine Division Band – a brass band – will play music common in cities and towns in the mid-to late 1800s. In addition, the Arlington Victorian Dance Society will return to entertain with popular, mid-19th-century dances.

Historic-artifact displays will feature records from collections of the Fairfax County Courthouse, the Virginia Room and GMU, as well as Fairfax City's road history – including the popular, corduroy log road exhibit.

Proceeds benefit the restoration of the Historic Blenheim house. Free parking and full-accessibility, shuttle-bus service are available at Fairfax High School, 3501 Rebel Run. There is no parking at the event site.

For more information, including directions, go to www.fairfaxva.gov or call 703-591-0560.

—MIKE MCCARTHY CONTRIBUTED TO THIS STORY.

THE CONNECTION

Newspapers & Online

UPCOMING SPECIAL SECTIONS

<p>April</p> <p>4/24/19.....Senior Living/Mother's Day Celebrations, Dining & Gifts/Spring Outlook</p> <p>May</p> <p>5/1/19.....Mother's Day Dining & Gifts II</p> <p>5/8/19.....HomeLifeStyle</p> <p>5/15/19.....A+ Camps & Schools</p> <p>5/22/19.....Senior Living</p> <p>5/29/19.....Connection Families: Fun, Food, Arts & Entertainment</p>	<p>Email SALES@CONNECTIONNEWSPAPERS.COM for more specials, digital advertising options and pricing.</p>
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Legals

**Public Hearing for the
Town of Clifton, Virginia
Proposed FY2020
Town Budget
May 7, 2019**

Notice is hereby given that the Town Council of the Town of Clifton, Virginia will hold a Public Hearing on Tuesday, May 7, 2019 at 7:30 p.m. at the Clifton Town Meeting Hall, 12641 Chapel Road, Clifton, VA 20124 to consider the proposed FY2020 Town Budget. The FY 2020 proposed Town Budget will be posted on the Town's website cliftonva.gov and a hardcopy will be posted at the Clifton Post Office, 12644 Chapel Road, Clifton, VA 20124. All interested parties are encouraged to attend to express their views with respect to the proposed FY2020 Town Budget. Town residents are strongly urged to attend. The Regular Town Council meeting will follow.

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NEWS

**Homes
Tour**

FROM PAGE 7

rooms and stunning lake views. The Art Guild of Clifton will present a gallery of their works inside the home, and, weather permitting, will have artists painting "en plein air."

Free guided tours are offered for two historic churches: Clifton Baptist Church (1910) and Clifton Primitive Baptist Church (1871). Free admission to the Silent Auction at Clifton Presbyterian Church (12748 Richards Ln, Clifton, VA 20124). Tickets may be purchased at local businesses, online at www.cliftoncwc.org, or at Clifton



Chapman and Conrad Home

PHOTO COURTESY OF GINNY AX

Presbyterian Church the day of the tour: \$30 in advance, \$33 online, \$35 the day of the tour, \$10 for 1 home. Tour: 10 a.m. - 4 p.m. Si-

lent Auction: 10 a.m. - 5 p.m. Visit www.cliftoncwc.org or contact Sharon at stemory@aol.com for more information.

BULLETIN BOARD

FROM PAGE 2

sessions. \$0-\$40. Visit www.eventbrite.com/e/spring-forward-family-fun-day-and-regional-conference-tickets-54145770457 for tickets.

Teen Job Fair and Resume Building Workshop. 10 a.m.-noon at Mount Vernon High School. These events will focus on student job seekers (approximately ages 16-18) looking for full time

employment, after-school employment, seasonal positions, internship opportunities, or volunteer experiences. It is open to all teens in Fairfax County looking for employment or wanting tips to build their resume. Visit www.fairfaxcounty.gov/springfield/teen-job-fair-student-registration

SUNDAY/APRIL 28

Prince of Peace School 50th Anniversary. 11 a.m.-1 p.m. at Prince of Peace Lutheran Church and

School, 8306 Old Keene Mill Road, Springfield. Celebrating 50 years of service. Friends, neighbors, alumni and current families are invited to join for a special time of worship with a child friendly reception to follow. Free. Call 703-451-6177 or visit www.poplc.org/school for more.

Community Interfaith Forum on Hate & Bigotry. 4-6 p.m. at Temple Rodef Shalom, 2100

SEE BULLETIN, PAGE 11

Legals

Legals

**PUBLIC HEARING FOR TOWN OF CLIFTON PLANNING COMMISSION
PROPOSED NEW SPECIAL USE PERMIT
April 30, 2019**

Notice is hereby given that the Town of Clifton Planning Commission will hold a Public Hearing on Tuesday, April 30, 2019 at 7:30 P.M. at the Acacia Lodge, 7135 Main Street, Clifton, VA 20124 to consider a request for a special use permit for Clifton Eatery, LLC, located at 7144 Main Street. The special use permit request includes a change of ownership. The application for this special use permit is available for review and downloading on the Town's website at www.cliftonva.gov and a hard copy may be examined at the Clifton Post Office, 12644 Chapel Road, Clifton VA, 20124. All interested parties are invited to attend the Public Hearing of the Town of Clifton Planning Commission and express their views with respect to the requested special use permit for Clifton Eatery, LLC.

Legals

Legals

**PUBLIC HEARING FOR TOWN OF CLIFTON TOWN COUNCIL
PROPOSED NEW SPECIAL USE PERMIT
May 7, 2019**

Notice is hereby given that the Town of Clifton Town Council will hold a Public Hearing on Tuesday, May 7, 2019 at 7:30 P.M. at the Community Meeting Hall, 12641 Chapel Road, Clifton, VA 20124 to consider a request for a special use permit for Clifton Eatery, LLC, located at 7144 Main Street. The special use permit request includes a change of ownership. The application for this special use permit is available for review and downloading on the Town's website at www.cliftonva.gov and a hard copy may be examined at the Clifton Post Office, 12644 Chapel Road, Clifton VA, 20124. All interested parties are invited to attend the Public Hearing of the Town of Clifton Town Council and express their views with respect to the requested special use permit for Clifton Eatery, LLC.

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Westmoreland St., Falls Church. Panelists include: Imam Abd Ar-rafa, All Dulles Area Muslim Society (ADAMS); Andrea Miller, Virginia Tri-Chair, Poor People's Campaign; Rev. Michelle Thomas, Holy and Whole Life Changing Ministries, and President, Loudoun County NAACP; Rabbi Jeffrey Saxe, Temple Rodef Shalom; Rev. Angela Martin, Itinerant Elder, A.M.E. Church, and Maryland Tri-Chair, Poor People's Campaign; Dr. Randall Robinson, Spiritual Assembly of the Bahá'ís of Falls Church; Rev. Stuart Scott, Church of Jesus Christ of Latter-Day Saints; and Ronald Halber, Jewish Community Relations Council of Greater Washington. Free. Visit www.eventbrite.com/o/naacp-fairfax-county-12397167937.

New Board Members Needed. The Virginia Board for People with Disabilities is looking for multiple new members to fill more than half a dozen vacancies: parent or guardian of an adult with a developmental disability; parent or guardian of a child 18 and under with a developmental disability; immediate relative or guardian of an adult with a developmental disability who cannot advocate for themselves; or a person with a developmental disability. Board members serve four-year terms and can be reappointed once. The Board meets four times each year in the Richmond area. Those interested in serving with the Board should apply at solutions.virginia.gov/OASYS/.

Peripheral Neuropathy Support Group. 2-4 p.m. at Mason District Governmental Center, 6507 Columbia Pike, Annandale. The Peripheral Neuropathy Support Group for greater Washington meets the first Saturday of the month. All are welcome. RSVP for available seating. Call 301-263-0616 or visit www.dcpnsupport.org for more.

Ramadan Pack-Out Session. 10 a.m.-2 p.m. and 2-6 p.m. at 6820 Commercial Drive, Suite F, Springfield. Islamic Relief USA will hold its annual Ramadan Food Box Pack-Out sessions where volunteers pack boxes with many nonperishable foods. The packages will be given to people in need in their local communities through food pantries and houses of worship, among other locations in the United States. Call 703-370-7202 or visit irusa.org for more.

Low Cost Rabies Vaccine Clinic. Noon-2 p.m. at Mount Vernon Governmental Center, 2511 Parkers Lane, Alexandria. Cost is \$15 per pet, cash and check only. Dogs, cats, and ferrets may be vaccinated at the clinic. Dogs must be on leashes; cats and ferrets must be in carriers. All pets will receive a 1-year rabies vaccination. To obtain a 3-year vaccine, bring pet's rabies certificate (not tag) showing the current rabies vaccination expiration date. 2019 county dog licenses will be sold for an additional \$10 per license. Visit www.fairfaxcounty.gov/animalshelter/communityassistance/rabiesclinics for more.

Fairfax County Park Authority Board Meeting: 7:30 p.m. in the Herrity Building, 12055 Government Center Parkway, Suite 941, Fairfax. The Park Authority Board is a 12-member board appointed by the Fairfax County Board of Supervisors to set policy and establish strategic policy and direction for the Park Authority. Open to the public. For information regarding meeting agendas, Park Board members, opportunities for public comment, or to view meeting materials, board minutes and archival materials, visit www.fairfaxcounty.gov/parks/boardagn2.htm or call 703-324-8662.

Volunteer Seminar. 10:30 a.m. at Volunteer Fairfax's headquarters, 10700 Page Ave., Suite 101, Fairfax. RSVP-Northern Virginia will hold a seminar on volunteering in retirement. RSVP offers more than 300 meaningful opportunities that include helping seniors age in place, assisting local food pantries, and teaching financial literacy. The one-hour event is free and open to the public. To sign up for the May 10 orientation, email RSVP volunteer specialist Carly Hubicki at chubicki@volunteerfairfax.org or call RSVP at 703-403- 5360. To register online or to learn more about RSVP, visit www.rsvpnova.org.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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