

50 Years of Battling Region's Poverty

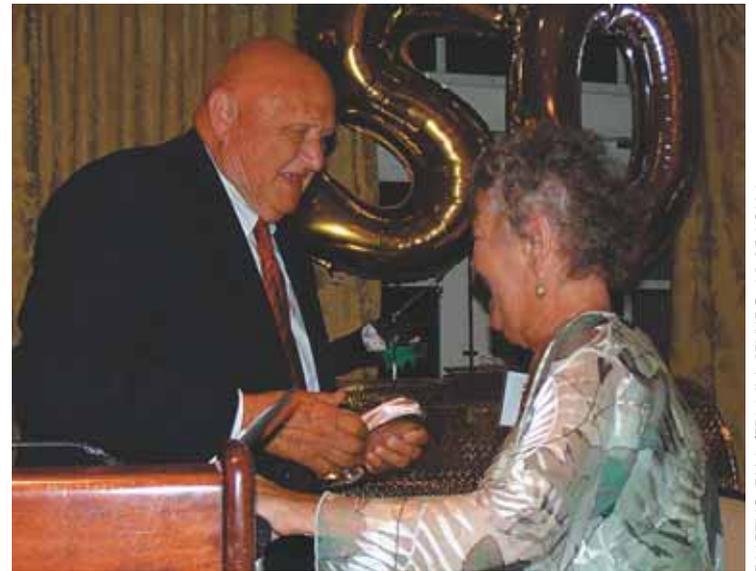
UCM renames itself as United Community.

BY GERALD A. FILL
THE GAZETTE

More than \$250,000 was raised at United Community Ministries' 2019 Give From The Heart Gala on Friday, May 3. An overflow crowd of attendees celebrated the organization's



Karen Corbett Sanders, Mount Vernon District School Board member and chairman, with U.S. Sen. Mark Warner, recipient of Gerald W. Hyland UCM Humanitarian Award.



Former Mount Vernon District Supervisor Gerald Hyland presents the GW Hyland Humanitarian Award to Addy Krizek.

PHOTOS BY GERALD A. FILL/THE GAZETTE

“Only a United Community can empower our neighbors in need to transform their lives and end multigenerational poverty.”

—**Alison DeCourcey, Executive Director, United Community**

50th anniversary at the Belle Haven Country Club.

Community, civic, and political leaders joined UCM supporters representing the Alexandria, Arlington, and



southeast Fairfax region to raise money and rededicate the organization to the cause of helping struggling families in the region.

In the welcome letter to attendees Board Chair Ken Disselkoen and Executive Director Alison DeCourcey described the organization's focus and outlook: “At UCM, we have become aware of a powerful force that pulls whole families down into a vortex

The red color in the new United Community logo represents energy, determination, boldness, and enthusiasm to accomplish the organization's mission to empower neighbors in need to transform their lives. The “I” in United and the “I” in Community are connected to form an arch, symbolizing momentum, connection, and bringing people together from a variety of backgrounds with one common goal.

of impoverished education, under-employment, and constant frustration. We call it the gravity of poverty. So, as we honor our first 50 years of neighbors helping neighbors and look forward to the future, our aspiration must be to end multigenerational poverty.”

UCM had recently established an award to annually honor community leaders, called the Gerald W. Hyland Humanitarian Award.

Recipients of the award include the following:

❖ 2019: Addy Krizek, who held a variety of leadership positions at UCM and other service organizations for many years.

❖ 2019: U.S. Sen. Mark Warner, former member of the UCM Board. Elected to the U.S. Senate in 2008 and reelected in 2014. Warner delivered a speech to the assembled guests on the importance of the work of UCM.

❖ 2018: Joanne and Bruce Malkin are retired Foreign Service Officers of the Department of State, supporters of UCM, and volunteers to the Mount Vernon Kiwanis organization.

❖ 2017: Gerald W. Hyland: Retired from the Board of Supervisors after 28 years of elected public service. And former UCM Board chair.



Executive Director Alison DeCourcey accepts the Fairfax County Board of Supervisors Resolution commending UCM for 50 years of service. The presenter is Lee District Supervisor Jeff McKay.

As part of the proceedings DeCourcey delivered a keynote address in which she announced the change in the UCM name to United Community, and the rationale for the change. In that connection she emphasized “that only a United Community can empower our neighbors in need to transform their lives and end multigenerational poverty.”



From left: Ron Kuley, president, Local 2068, Professional Firefighters and Paramedics; state Sen. Scott Surovell (D-36); Commonwealth Attorney Ray Morrogh; and Del. Paul Krizek (D-44).

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PHOTOS BY GERALD A. FILL/THE GAZETTE

Mike Healy, Marine Corps veteran, christening the boat.

From left: Ed Moore, Hailey Moore, Kirk Lippold, and, in front, Mike Leahy.

Veterans Volunteer Group Christens Two Boats

Providing handicapped accessible fishing boats for use by veterans.

BY GERALD A. FILL
THE GAZETTE

Veterans Fishing Adventures christened two custom designed-and-built fishing boats at Pohick Regional Park on Saturday, May 4. Approximately 100 supporters, including local and regional firefighters and police attended along with many Marine, Navy, and Army veterans and their families.

Ed and Hailey Moore, founders of Veterans Fishing Adventures, welcomed attendees and christened the new boats with Champagne. Mike Healy, a handicapped veteran, was on hand to help with the christening.

Kirk Lippold, retired commander of the USS Cole, spoke and welcome to the group's supporters. The boats have been inspected and certified for emergency use by the Fairfax County Fire and Police departments.

The two fishing boats will provide hours of handicapped accessible safe and enjoyable boating, cruising, and fishing experience to all veterans.

More than 500 veterans have already



Christine Moore and Amy Baber

taken trips on the Potomac River courtesy of Veterans Fishing Adventures. One recent experience that demonstrated the value of the fishing program was the catching of a 37-pound catfish by a 6 year old whose father is deployed overseas. A photo of the catch was sent overseas to the father.

The names of the two boats now in use are: 4EVERGR8FUL and KNOT 4 GOT'N'

The custom designed boat, Knot4Got'n', is 29 ft in length and can accommodate up to five wheelchair participants. It is de-

signed to include a ramp at its stern that lowers to allow wheelchair access from shore.

VeteransFishing Adventure was created by Ed and Hailey Moore to serve those who have served, and to show support by showing veterans that a little accommodation can go a long way to helping them enjoy those things most take for granted.

See veteransfishingadventure.org. This is an all volunteer organization, recognized as a 501(c)(3) by the IRS.



Kirk Lippold, former commander of the USS Cole.

Initiative Aims to Reduce Rising Pedestrian Fatalities

Pedestrian and cyclist deaths account for more than 33 percent of all traffic fatalities in the region, mirroring national trends, according to the Metropolitan Washington Council of Governments, according to the Fairfax County Police Department.

In Fairfax County so far this year, there have been 43 pedestrian crashes, eight pe-

destrian fatalities and more than 40 pedestrian injuries. In 2018, our county had a total of 174 pedestrian crashes, 16 fatalities and 196 injuries. Since December 2018, there have been three fatalities from hit and run crashes.

"It's too much — pedestrian fatalities are outpacing our murder rate in Fairfax County," said Police Chief Edwin C. Roessler

Jr. "That is unacceptable." Local law enforcement and transportation partners gathered at a kickoff event last month along the Richmond Highway at Lockheed Boulevard to announce the spring campaign of the Street Smart initiative to reduce pedestrian and cyclist injuries and deaths. The campaign runs through May 13 concurrent with nationwide increased enforcement of traf-

fic safety laws. Police will be monitoring crosswalks and intersections, providing information and when necessary, giving warnings and tickets to drivers and pedestrians who break traffic safety laws.

All eight of district police stations participate in regular pedestrian/driver education and enforcement outreach efforts to remind

SEE INITIATIVE AIMS. PAGE 9

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CRIME

The following incidents were reported by the Mount Vernon District Police Department.

TRESPASSING/RESISTING ARREST: 7900 block of Janna Lee Avenue, May 6, 6:29 p.m. Officers responded for a man who had been previously barred from the location. An officer observed the man and a brief foot chase ensued. A 20-year-old man from Alexandria was charged with trespassing, obstruction of justice, and served with two outstanding warrants for failure to appear.

ATTEMPTED ROBBERY: Holly Hill Road/Mason Grove Court, May 6, 11:49 p.m. A man was walking his dog when he was approached by two teenagers. One of the teens implied a weapon and demanded property. Nothing was taken and the subjects ran away. One suspect was described as a black teenager, about 5'11", wearing a black mask, black pants and black shirt. The second suspect was described as a Hispanic teenager, about 6', wearing black pants and a black shirt.

MALICIOUS WOUNDING: 8010 Richmond Highway (7-Eleven), May 6, 8:45 p.m. A man was standing outside when two subjects approached him. A fight ensued and the man was knocked unconscious. He was taken to the hospital for injuries that were not life threatening.

BANK ROBBERY: 1805 Belle View Boulevard (Wells Fargo Bank), May 3, 10:19 a.m. A man entered a bank, implied he had a weapon and demanded money. He was given cash before leaving the bank on foot. The man was described as white, 6', medium build

with blonde hair.

ROBBERY: 8500 block of Richmond Highway, May 5, 3 a.m. A man was leaving a restaurant when he was followed by four men who forced him into a car against his will. He was driven a short distance, pulled out of the car and punched. One man took cash from his wallet. The suspects then drove away in the car, which was described as a gray Acura. The suspects were Hispanic, 30-years-old, three of them wore black shirts and one wore a red shirt.

ATTEMPTED ROBBERY: 3100 block of Groveton Street, May 4, 7:07 p.m. The victim was walking on a path when he was grabbed from behind. The man displayed a box cutter, pushed the victim to the ground and demanded property. Nothing was taken and the suspect ran away. He is described as light-skinned, 20 to 25-years-old, 5'6" to 6', wearing black clothes.

MAY 7 LARCENIES
8800 block of Camfield Drive, cash and medication from vehicle

MAY 6 LARCENIES
2300 block of Huntington Avenue, merchandise from business
6600 block of Richmond Highway, merchandise from business
8000 block of Richmond Highway, merchandise from business
2600 block of Arlington Drive, tires from vehicle
6300 block of Richmond Highway, cash from business
3600 block of Derwood Lane, wallet

from residence
7900 block of Ashton Street, package from residence
2600 block of Arlington Drive, gun from vehicle
6800 block of Richmond Highway, merchandise from business
6000 block of Williamsburg Road, phone from business
8700 block of Cooper Road, cash from business

MAY 3 LARCENIES
7900 block of Richmond Highway, merchandise from business
8200 block of Richmond Highway, license plate from vehicle

MAY 2 LARCENIES
7700 block of Richmond Highway, tools from business
6300 block of Richmond Highway, phone from business
7600 block of Richmond Highway, bookbag from business

MAY 1 LARCENIES
6800 block of Richmond Highway, money from ATM
6300 block of Richmond Highway, merchandise from business
8100 block of Holland Road, phone from location
6400 block of Richmond Highway, merchandise from business
7600 block of Richmond Highway, merchandise from business
7900 block of Richmond Highway, merchandise from business
6700 block of Richmond Highway, keys from vehicle

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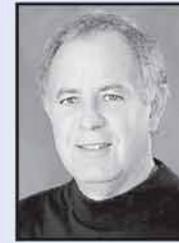
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For more information contact Mount Vernon Lee Chamber of Commerce, 703-360-6925 or info@mtvernon-lee-chamber.org



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Alex/Riverside Estates \$594,900
8318 Cherry Valley Lane
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Alex/Riverside Estates \$579,850
3012 Battersea Lane
Riverside's popular "Yorkshire: colonial featuring 3 finished lvls, 4 spacious BRs, 2.5 updated Baths & a large 2 car garage, all on a beautiful corner lot. Numerous updates include the roof, replacement double pane windows, HVAC system, hot water heater, refinished hdwds on the main lvl w/Travertine flooring in the family rm. Additional finished space in the basement w/a rec rm & utility rm. Great location: 7 mins to Ft. Belvoir, 15 mins to Old Town, Alex, & 28 mins to Natl Airport. All this for less than \$580,000.



Alex/Sulgrave Manor \$530,000
4002 Old Mill Road
Beautiful 3 lvl brick split on a large, lovely .5 acre lot w/lots of trees & privacy. Spacious kitchen w/eating area that looks out to a beautiful screened porch & brick patio-perfect for grilling & entertaining. 3 spacious BRs & 2 full updated baths on the upper lvl. The lower level offers a 4th BR, Family room w/walk-out utility room & 3rd full bath. 5 minutes to Ft. Belvoir, 15 minutes to Old Town & 30 mins to National airport. Great price on this Stunning Home!!



Alex/Riverside Estates \$659,000
8332 Wagon Wheel Road
\$100,000 + of outstanding renovations in Riverside Estates popular "B" model Colonial w/garage. New roof, deck, front door & A/C in '18. Kitchen & baths in '17. Kitchen totally gutted & opens to Living & Dining rms, includes: quartz tile counters, six burner gas range by Miele, new hdwd floor, SS appliances & beautiful stained cabinets. All 3.5 baths are gorgeous. MBR combined w/another bedrm to offer a beautiful suite including a huge walk-in closet to die for. Beautifully finished lower lvl offers a 4th bedrm & 3rd full BA along w/an inviting Rec rm - perfect for a Nanny or Au Pair. DBL pane windows & 6 panel doors ...of course!!! Totally turnkey, enjoy!!!



Alex/Riverside Park Hessick \$670,000
2201 Londonderry Road
This house will take you breath away... Private & beautifully landscaped .39 acre yard. Large 2 car garage, stunning hdwd floors on main & upper levels plus beautiful solid stained 6 panel doors also on main & upper levels. Beautifully painted interior, updated baths & double pane windows. A spectacular & enchanting kitchen w/beautiful lite hdwd floors, stunning cherry cabinets, SS appliances, dark granite counters & a stunning center isle also w/granite plus 3 large pictures windows overlooking a fabulous front yard. The lower level offers a 4th BR, beautiful half bath, Family room, laundry room extraordinaire plus a floored crawl space for extra storage. This is a 10!!



Alex/Riverside Estate \$595,000
3100 Battersea Lane
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Alex/Riverside Estates \$600s
3120 Little Creek Lane
This is the Yorkshire everyone has been waiting for...Stunning and beautifully updated 4BR, 2.5BA Colonial with 2 car garage and spectacular yard backing to the woods. Roof, gutters, and HVAC 2019, HWH 2015, updated kitchen and baths with ceramic, granite, SS, and beautiful refinished hardwood floors on main and upper level, freshly painted interior and new carpet in finished lower level. 5 minutes to Ft. Belvoir- 15 minutes to Alexandria, Old Town, and 30 minutes to the Pentagon. This is a gem! Priced in the \$600s.

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OPINION

Celebrating Mother's Day with Photos

Send in photos now or right after you take new Mother's Day photos; and more reasons to contact the Gazette.

As usual every year at this time, The Gazette calls for submissions to our Mother's Day photo gallery. Mother's Day is Sunday, May 12. This year we will continue to publish submissions through the May 22 edition. Photo submissions are due by Friday, May 17.

Send photos of mothers, grandmothers, great-grandmothers, with children or without children in the photos. Please name everyone in the photo, the approximate date, describe what is happening in the photo and include your name, address, email address and phone number. We will not print your full address or contact information.

You can upload photos and information directly to www.connectionnewspapers.com/mothersday/ or email to smauren@connectionnewspapers.com.

This is a fine time for submissions for our annual Father's Day galleries. Online at www.connectionnewspapers.com/fathersday/ Throughout the year, we ask for community submissions. Twice a year we ask you to tell us stories about your pets and how they have come into, touched and left your lives. The next Pet Issue is the last week in July.

In late summer, we invite readers to share what they know about their community for neighbors and newcomers alike.

And wrapping up the year, we gather writing and art from local students to fill our holiday edition. Each year, through an enormous effort by area teachers and school staff we receive more material than is possible to publish for most of our 15 editions.

In addition, regular contributions to our entertainment calendars, community bulletin boards, school notes, and business notes help

us to share news in your community. We also always welcome photos and captions from community organizations (Scouts, sports teams, faith groups, school activities, etc.) and local businesses. Calendar items: www.connectionnewspapers.com/Calendar/

Meanwhile it's election season, you can submit a Letter to the Editor here: www.connectionnewspapers.com/contact/letter/

For a digital subscription to any or all of our papers: www.connectionnewspapers.com/subscribe/

Submit Mother's Day photos online at www.connectionnewspapers.com/mothersday/

Or email to smauren@connectionnewspapers.com.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

'A Huge Philanthropic Celebration'

BY PAUL KRIZEK
STATE DELEGATE (D-44)



United Community. Yes, stop right there, you read it correctly. No longer United Community Ministries or UCM, it is now simply, United Community. This is a powerful new name to reflect "that only a united community can empower our neighbors in need to transform their lives and end

multigenerational poverty" as was so compellingly stated by Executive Director Alison DeCoursey who unveiled the new name, logo, and focus, last Friday night during their 50th-year Anniversary gala.

Commemorating 50 years of neighbors helping neighbors here in the Mount Vernon and Lee communities, well over a hundred people witnessed a huge philanthropic celebration of United Community at the Belle Haven Country Club. For me, it was especially poignant as my 86 year-old mother, Addy Krizek, was rec-

ognized, along with U.S. Sen. Mark Warner, as recipients of the Hyland Humanitarian Award. Former Supervisor Hyland was on hand to present each award and provided, along with some of his humorous patented puns, some fresh eggs and homemade wine from his farm on the Eastern Shore. It was a lovely gesture and underscored the homey, small-town feel of the event and our community. Many clergy, small businesses, and long-time friends and neighbors were in attendance. It was quite a glorious evening, full of generous donors and volunteers acting as a community united for an important cause.

My mother goes back a long time with the organization, and it has always been first and foremost in her heart and pocketbook. She was one of the original staff members, hired by the second executive director, Eleanor Kennedy, and worked for the third, Sharon Kelso, who she said was "... the most wonderful boss to work for in her career." Later, my mother joined the Board of Directors and now continues to serve on its Emeritus Board. She, along with my Dad, taught me the importance of service to the community, and in my youth, I spent

many hours supporting her efforts at UCM.

Since 1969, UCM, now United Community, has served thousands of people, starting with a small food pantry and clothes closet at the intersection of Fordson and Sherwood Hall where Bethlehem Baptist Church now stands. The neighborhood women, led by Pat Berg, members of Mount Vernon Presbyterian Church, initiated what is now a legacy of caring with a clothing drive to help families in Gum Springs. Today, the charity is a critical component to the provision of human services in southeast Fairfax County. Indeed, it has five decades of humanitarian service in addressing the basic needs of impoverished families and individuals. As my mom said, "This award is not just mine but is a tribute to all the people here, the community, the staff, the Board and volunteers, for the work they do."

Now, with the new brand and looking ahead to the next 50 years, United Community envisions a bright future where everyone thrives and we see the end of multigenerational poverty along the Richmond Highway corridor powered by the community united to create systemic change.

LETTER TO THE EDITOR'

Parkway: Not Designed for Heavy, High Speed Traffic

To the Editor:

The following is an open letter to Del. Paul Krizek.

I read with interest your opinion piece in the Mount Vernon Gazette, May 2-8, "Improving Parkway's Safety."

As a Fort Hunt area resident, and former United States Park Police officer, who patrolled the George Washington Memorial/Mount Vernon Parkway (GWMP) for many years, and a detective with the same agency who investi-

gated fatal motor vehicle collisions, I would like to address some issues you brought up.

The parkway was designed and established to carry vehicles from Alexandria to Mount Vernon, for tourism, replacing the old trolley line that ran on the same route. Federal parkways, GWMP, Clara Barton and Baltimore / Washington, do not adhere to the same safety standards set for inter-state or intra-roads.

The parkway was not designed for heavy, high speed traffic. It was designed for a scenic leisurely drive from one place to another.

The fact that your constituents use the roadway for commuting, at high speed has altered to purpose of the parkway. Re-designing the parkway to accommodate your constituents

would be cost-prohibitive.

Your statement to place "speed cameras at intersections as a method to reduce the speed of traffic" is concerning. I am under the impression that the Virginia Supreme Court found the use of traffic/speed camera to be unconstitutional some years ago. Has something changed?

You failed to mention the bridge strikes at the Alexandria Avenue overpass, three of which have occurred in the past four weeks, resulting in the closure of the parkway. Two were by tourist buses transporting high schoolers and one by a rental truck that was prohibited from being on the parkway. Granted, these recent

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Mount Vernon Gazette

www.MountVernonGazette.com

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An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

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A Connection Newspaper



From UCM to United Community

At United Community Ministries' 2019 Give From The Heart Gala on May 3, Ken Disselkoen, chair of its Board of Directors, and Alison DeCoursey, its executive director, addressed the organization's supporters.

'Relentless Dedication'

Good evening. I'm Ken Disselkoen, chairman of the board of UCM. And on behalf of the board I want to welcome you to this exciting celebration.

Yes, UCM'S 50th year of operation. That's right, UCM was born the year the first man landed on the moon. Woodstock took place in N.Y. Sesame Street began on PBS. A gallon of gas was 35 cents, Average income was \$8,500, and the average house sold for \$15,000.

We have outlasted the Supersonic Concorde and bad fashion trends like the Nehru Jacket (Hey, I had one of those, wore it proudly), but we have not outlasted the Rolling Stones.

When the founders of this organization attended their first plan-

ning meeting in 1969, they probably didn't think that over the next 50 years the agency would grow from one employee to more than 70, or that the budget would increase by 72,000 percent. But that's exactly what happened. Getting to 50 years required a relentless dedication. That's 18,250 days of caring for the poorest in the community. It's opening our doors on 2,607 Monday mornings. Our founders didn't think of themselves as heroes. They looked around and saw neighbors in need, and then took the courageous step of deciding that they would no longer avert their eyes from the poverty in their community, that it wasn't somebody else's problem and that, fail or flourish, they were going to try to do something about it.

And so we honor their legacy tonight and all those that have followed them with their generosity. Their heroism and their lesson, echoing through the days and the weeks and the decades, was simply that they did what they could. And that's within reach of all of us

— to do what we can.

So as we celebrate the past we also need to embrace the next 50 years. At UCM, we envision a community without poverty, where neighbors do not go hungry, have secure housing, equal educational opportunities, affordable quality child care, and dependable transportation. Where families do more than survive, they thrive. Our aim, our inspiration goal if you will, is to break the generational cycle of impoverished education, underemployment and frustration that locks generation after generation in a downward cycle. We will continue to help neighbors to survive, but to truly help families thrive we need to focus on ending the conditions that hold generations in poverty.

We can't know where this extraordinary agency will be in 2069. But as we take the first steps into the next 50 years, we will lean on the formula our founders demonstrated: Work hard every day, trust in the miracle that volunteers and donors — you — will provide the support we need, and remem-

ber that it is an honor and a privilege to contribute to this noble cause. Thank you again, and welcome.

'A Kind Of Gravity'

BY ALISON DECOURSEY
EXECUTIVE DIRECTOR, UNITED
COMMUNITY (FORMERLY UCM,
UNITED COMMUNITY MINISTRIES)

A recent study found that only 20 percent of the world's population had ever flown on a commercial airline. Amazing isn't it? Only the privileged have lumbered down the runway, faster and faster, and felt that little thrill of flight, of taking off and defying gravity.

Poverty is a kind of gravity, too. It exerts a powerful downward pressure on individuals, families, and entire communities, subjecting ambition, potential, and talent to a crushing weight. Persistent poverty can cause lower IQ and even reduce lifespan by more than

SEE UNITED, PAGE 18

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1. To qualify for this offer, you must have a new or existing Platinum Savings account and enroll the account in this offer between 03/25/2019 and 05/31/2019. This offer is subject to change at any time, without notice. This offer is available only to Platinum Savings customers in the following states: AR, CT, DC, FL, GA, MD, MS, NC, NJ, NY, SC, TX and VA. In order to earn the Special Interest Rate of 2.08% (Special Rate), you must deposit \$25,000 in new money (from sources outside of Wells Fargo Bank, N.A., or its affiliates) to the enrolled savings account and maintain a minimum daily account balance of \$25,000 throughout the term of this offer. The corresponding Annual Percentage Yield (APY) for this offer is 2.10%. The Special Rate will be applied to the enrolled savings account for a period of 12 months, starting on the date the account is enrolled in the offer. However, for any day during that 12 month period that the daily account balance is less than the \$25,000 minimum, the Special Rate will not apply, and the interest rate will revert to the standard interest rate applicable to your Platinum Savings account. As of 02/15/2019, the standard interest rate and APY for a Platinum Savings account in AR, CT, DC, FL, GA, MD, MS, NC, NJ, NY, SC, TX and VA with an account balance of \$0.01 and above is 0.05% (0.05% APY). Each tier shown reflects the current minimum daily collected balance required to obtain the applicable APY. Interest is compounded daily and paid monthly. The amount of interest earned is based on the daily collected balances in the account. Upon the expiration of the 12 month promotional period, standard interest rates apply. Minimum to open a Platinum Savings account is \$25. A monthly service fee of \$12 applies in any month the account falls below a \$3,500 minimum daily balance. Fees may reduce earnings. 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For bonus interest rates on time accounts, this change will occur upon renewal. If the Portfolio by Wells Fargo relationship is terminated, the remaining unlinked Wells Fargo Portfolio Checking or Wells Fargo Prime Checking account will be converted to another checking product or closed. © 2019 Wells Fargo Bank, N.A. All rights reserved. Deposit products offered by Wells Fargo Bank, N.A. Member FDIC. NMLS ID 399601



The county emergency response team at a past National Night Out in Mount Vernon.



PHOTOS BY MIKE SALMON/THE GAZETTE

Sipping wine on the lawn is part of the fun at the county concert series during the summer.

Looking Ahead to Summer

Fireworks and Farmers Markets are just a few of the things coming up this summer.

BY MIKE SALMON
THE GAZETTE

These are the days when the students have the end-of-school countdown going and parents are scrambling to make plans. It may be the beach, overnight camp or visiting relatives, or it may just be a stay-cation this year, avoiding all the travel hassles. In Mount Vernon, there are plenty of things to do all summer long.

Farmers Markets

The Fairfax County Farmers Markets are open across the county with 10 farmers markets, under the Fairfax County Park Authority. By providing access to locally grown foods, the county farmers market program strives to improve the health of Fairfax County citizens, support local food producers, and protect the environment. Markets in the Mount Vernon District include McClutcheon/Mount Vernon at Sherwood Hall Library on Wednesdays from 8 a.m. – noon and Lorton at the VRE Station on Sundays from 9 a.m. – 1 p.m.

See <https://www.fairfaxcounty.gov/parks/farmersmarkets>.

Bike To Work Day

On Friday, May 17, Commuter Connections and the Washington Area Bicyclist Association celebrates bicycling as a clean, fun, and healthy way to get to work. Be one of the first 20,000 to register and attend this free event, then bike to your choice of 115 pit stops in DC, Maryland, and Virginia and receive a free T-shirt, refreshments, and be entered into a raffle for a new bicycle. For Mount Vernon cyclists coming up the Mount Vernon trail, there is a pit stop in Old Town at Market Square from 6:30-8:30 a.m.

8 ♦ MOUNT VERNON GAZETTE ♦ MAY 9-15, 2019

Mount Vernon Nights Free Summer Concert Series

The Mount Vernon Nights Concert Series at Grist Mill Park and the Workhouse Arts Center are big hits during the summer. This series of free, public concerts features a variety of musical performances reflecting Fairfax County's diversity, culture and community spirit. Bring a picnic dinner and a blanket to enjoy one of Fairfax County's special summer traditions. Come early to the Workhouse Arts Center to explore its vibrant arts scene.

- ❖ Saturday evenings, 7 p.m., June 8 through August 31, Workhouse Arts Center
- ❖ Friday evenings, 7:30 p.m., June 7 through August 30, Grist Mill Park.

See <https://www.fairfaxcounty.gov/parks/performances/mt-vernon-nights>

Lorton 4th of July Parade

The Lorton Volunteer Fire & Rescue Station 419 will host a 4th of July Parade along Lorton Station Boulevard followed by a festival in the Lorton Station VRE parking lot. The festival will feature Fire & Police vehicles, art, games, food, a stage with live entertainment and pony rides.

Workhouse Arts Center Fireworks

On Saturday, June 29 from 5 – 10 p.m., the Workhouse Fireworks will race skyward and illuminate the Northern Virginia landscape in a choreographed display of pyrotechnic light and thunder. Launched from the historic, 55-acre campus, the region's

largest pre-Independence Day fireworks show celebrates the history of this nation. A nearly 30-minute fireworks show follows the Rizer Pavilion musical performance by the US Navy Band Sea Chanters.

<http://www.workhousearts.org/event/workhouse-fireworks-2019/>

National Night Out – Aug. 6

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make neighborhoods safer, more caring places to live and work. National Night Out enhances the relationship between neighbors and law enforcement while bringing back a sense of community.

It provides an opportunity to bring police and neighbors together under positive circumstances. Millions of neighbors take part in National Night Out across thousands of communities from all 50 states, U.S. territories and military bases worldwide on the first Tuesday in August.

Neighborhoods host block parties, festivals, parades, cookouts and various other community events with safety demonstrations, seminars, youth events, visits from emergency personnel, exhibits and more. See <https://natw.org/>



Temporary tattoos and police visits are a big part of National Night Out in early August.

Paving

Alas, there are things that need to be done too, and these may fall in the “no fun” category, but they're good to be aware of.

As part of the Virginia Department of Transportation's summer paving schedule, VDOT has their crosshairs on the Waynewood section of Mount Vernon.

According to its schedule, the paving in Waynewood started in early May and will be completed in July, said VDOT. During that time period a number of road closures will be in place.

Throughout the summer, VDOT is scheduling paving many miles of road throughout Fairfax County.

Initiative Aims to Reduce Rising Pedestrian Fatalities

FROM PAGE 3

residents about the importance of pedestrian safety. Fairfax County has invested more than \$300 million in bicycle and bus stop infrastructure projects since 2002.

There are thousands of crosswalks on 4,500 miles of sidewalks and trails in Fairfax County — created and located by engineers. They are designed to be the best

place for pedestrians to cross in that location as safely as possible.

There are 3,928 miles of roads in Fairfax County, which had been developed for car transportation; the county is re-engineering the roadways to be more pedestrian friendly. Police advise that it is important for pedestrians to know that they do not have right of way when they are on the curb. VA Code §46.2-924 states: “No pedes-

trian shall enter or cross an intersection in disregard of approaching traffic. Once in the crosswalk, drivers are required to yield right of way to the pedestrian. However, the pedestrian needs to ensure the roadway is clear before stepping into the crosswalk.”

Pedestrians should not assume that drivers can see them in a street just because they can see a

car’s headlights. Drivers cannot see pedestrians in the dark. These conditions have played a factor in recent pedestrian fatalities in Fairfax County, according to FCPD.

- ❖ Always cross the street at a marked crosswalk and intersection.

- ❖ Watch for turning vehicles – look left, right and left again.

- ❖ Always wear bright/reflective

clothing when you are walking at night.

- ❖ Drivers should slow down and obey the posted speed limit.

- ❖ Both drivers and pedestrians need to put their phones down and avoid distractions – pay attention to their surroundings.

- ❖ When making a right turn on red, drivers should look back to the right for pedestrians and bicyclists before turning.

BULLETIN BOARD

VOLUNTEERS NEEDED

Assistance League of Northern Virginia, a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at gronbiz@aol.com or Program Coordinator Lynn Barron at lynnneb517@verizon.net.

Operation Paws for Homes, a Virginia based 501(c)(3) organization seeks volunteers, especially to foster dogs. See www.ophrescue.org for information and all volunteer opportunities.

RSVP, a volunteer network for seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria, offers a wide array of opportunities

for volunteers 55 and older. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings. To sign up for an upcoming orientation, email Carly Hubicki at chubicki@volunteerfairfax.org or call RSVP at 703-403-5360. To learn more about RSVP, visit www.rsvpnova.org.

Line Dance Instructor needed for the Gum Springs Senior Program once a week on either Tuesday, Wednesday or Thursday. Volunteer Solutions, call 703-324-5406, TTY 711.

Volunteer Fairfax makes it easy for individuals and families, youth and seniors, corporate groups and civic clubs to volunteer. Visit www.volunteerfairfax.org or call 703-246-3460.



Public Meetings

Funding the Right Transportation Projects

You are invited to share comments on transportation projects that have been recommended for funding in the FY2020-2025 Six-Year Improvement Program (SYIP). Additionally, pursuant to §33.2-202, comments will be accepted for new projects valued in excess of \$25 million. Hearings held in Northern Virginia and Fredericksburg will also provide opportunity for input on the I-95 Corridor Improvement Plan. The Commonwealth Transportation Board (CTB) will consider your comments as it develops the FY2020-2025 Six-Year Improvement Program. The program allocates public funds to highway, road, bridge, rail, bicycle, pedestrian, and public transportation projects. All federally eligible projects in the SYIP will be included in the Statewide Transportation Improvement Program to document how Virginia will obligate its federal funds. Meeting materials will be available at <http://www.ctb.virginia.gov/planning/springmeetings/default.asp> beginning April 11, 2019.

**Public hearings begin at 4 p.m. in each of the locations except as noted below:
A formal comment period will be held at these meetings.**

| | | |
|--|--|--|
| <p>Thursday, April 11, 2019 Lynchburg District Holiday Inn Lynchburg 601 Main St. Lynchburg, VA 24504</p> | <p>Monday, April 15, 2019 Hampton Roads District Hampton Roads District Office Auditorium 7511 Burbage Drive Suffolk, VA 23435</p> | <p>Monday, April 22, 2019 Staunton District Blue Ridge Community College Plecker Center for Continuing Education One College Lane Weyers Cave, VA 24486</p> |
| <p>Tuesday, April 23, 2019 Bristol District Southwest Virginia Higher Education Center One Partnership Circle Abingdon, VA 24210</p> | <p>Thursday, April 25, 2019 Richmond District Richmond Marriott - Short Pump 4240 Dominion Boulevard Glen Allen, VA 23060</p> | <p>Monday, May 6, 2019 Culpeper District Culpeper District Auditorium 1601 Orange Road Culpeper, VA 22701</p> |
| <p>Tuesday, May 7, 2019 Salem District Holiday Inn Tanglewood 4468 Starkey Road Roanoke, VA 24018</p> | <p>Thursday, May 9, 2019 Fredericksburg District James Monroe High School 2300 Washington Avenue Fredericksburg, VA 22401 **meeting begins at 6 p.m.</p> | <p>Monday, May 13, 2019 NOVA District Northern Virginia District Office Potomac Conference Room 4975 Alliance Drive Fairfax, VA 22030 **meeting begins at 6 p.m.</p> |

*The Northern Virginia District meeting will serve as the required joint public meeting with the Northern Virginia Transportation Authority, the Northern Virginia Transportation Commission, the Virginia Railway Express, and the CTB per § 33.2-214.3 of the Code of Virginia.

Beginning at 3 p.m. (except in Northern Virginia and Fredericksburg, which will begin at 5 p.m.), there will also be an open house with information and opportunities for public feedback on the statewide, multimodal transportation plan, known as VTrans. This open house will be the first of four for the new plan update and will cover the vision and goals for the plan as well as information on the required statewide multimodal Needs Assessment. More information can be found at www.VTrans.org or via email at comment@vtrans.org. There is no formal hearing for the VTrans open house.

You can also submit your comments via email or mail by May 27, 2019, to:

For roads and highways: Six-YearProgram@VDOT.Virginia.gov, or Infrastructure Investment Director, Virginia Department of Transportation, 1401 East Broad Street, Richmond, VA 23219.

For rail and public transportation: DRPTPR@drpt.virginia.gov, Public Information Office, Virginia Department of Rail and Public Transportation, 600 East Main Street, Suite 2102, Richmond, VA 23219.

The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of, its services on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).

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Handbell Festival

Browne Academy's advanced handbells group recently attended the Washington Independent Schools' Handbell Festival (the WISH Festival), held at Holton-Arms School. Participants had the opportunity to perform alongside other area handbells groups.

PHOTO CONTRIBUTED

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

FRIDAY/MAY 10

Digital Citizenship: Tips for Parents. 10 a.m.-noon at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 – Room 100, Dunn Loring. As parents in the digital age, being aware, alert and involved in a child's use of the internet is crucial. Digital Citizenship can be described as the norms of appropriate, responsible behavior, its positive and negative impact on self and others, with regard to

technology use. Free to parents, educators and community members. Call 703-204-3941 or visit www.fcps.edu/resources/family-engagement/parent-resource-center for more or to register.

SATURDAY/MAY 11

Stamp Out Hunger Food Drive. Letter carriers will pick up donated food. Leave donations before your typical mail delivery time. All food stays in the local community. The top requested non-perishable food items are: cereal, pasta, pasta sauce or spaghetti sauce, rice, canned fruits and vegetables, canned meals (such as soups, chili and pasta), 100 percent juice, peanut butter, macaroni & cheese, canned

protein (tuna, chicken and turkey), beans (canned or dry). You also can donate healthy, low-sodium, low-sugar items such as beans, oatmeal and other whole grains, and canola or olive oil. Specific questions regarding the Food Drive should be directed to 202-662-2489.

"Boot" Sale. 8 a.m.-noon at St. Luke's Episcopal Church, 8009 Fort Hunt Road. Like a yard sale, but you sell items from the trunk of a car. Cost: \$20 to rent a space, free to attend, open to the public. Email mcmillin23@cox.net or call 703-780-9418.

Office Hours. Mount Vernon District Supervisor Dan Storck will host Saturday office hours. Email mtvernon@fairfaxcounty.gov.

♦ 9-10:30 a.m. at Lorton Library, 9520 Richmond Highway, Lorton.

♦ 1:30-3 p.m. at the Mount Vernon district office, 2511 Parkers Lane, Mount Vernon.

Family Caregiver Expo. 10 a.m.-2 p.m. at Richard J. Ernst Community Cultural Center at Northern Virginia Community College, Annandale Campus. Capital Caring will host its first Caregiver Expo in partnership with AARP and Virginia Hospital Center. The expo is free and will feature information highlighting resources and support programs available to family caregivers, including home care services, financial and estate planning, elder law, and information sessions on such topics as Alzheimer's and Dementia, Preservation of Assets, and Caring for the Caregiver. Free health screenings will be offered as well as free massages. Contact Amy Shields at ashields@capitalcaring.org or call 703-531-6095 for more.

Fairfax Board of Supervisors Chair Candidate Forum. 3-5 p.m. at Heritage Fellowship Church, 2501 Fox Mill Road, Reston. Join the Fairfax NAACP for an engaging, moderated panel discussion with candidates for Fairfax County Board of Supervisor's Chair. Candidates are Alicia Plerhoples, Tim Chapman, Ryan McElveen and Jeff McKay. Free. RSVP at www.eventbrite.com/o/naacp-fairfax-county-12397167937.

FRIDAY/MAY 17

Emergency Preparedness for Parents of Students with Disabilities. 10 a.m.-noon at Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 – Room 100, Dunn Loring. For the millions of Americans with disabilities, natural and human-made disasters present a substantial challenge. Fairfax County's Office of Emergency Management is committed to the inclusion of all by spreading the message of preparedness to its residents with disabilities and access and functional needs. Free to parents, educators and community members. Call 703-204-3941 or visit www.fcps.edu/resources/family-engagement/parent-resource-center for more or to register.

NEXUS 2019: Fussy Minds Forum. 1-3:30 p.m. at Fairfax County Public Schools Virginia Hills Center, 6520 Diana Lane, Alexandria. Today more than ever, stress wears people out. Stressed-out youngsters, tweens and teens may seek harmful ways to relieve stress. During this forum, participants discuss the effects of stress

on the brain-ways of the young and how to build the resilience needed for successful learning into adulthood and beyond. Space is limited; register at www.eventbrite.com/e/community-conversation-addressing-irritability-stress-fussiness-in-todays-youth-tickets-60314231490.

SATURDAY/MAY 18

Boating Safety Classes. 7:30 a.m.-5 p.m. at the Washington Farm United Methodist Church, 3921 Old Mill Road. Prepare for boating season by taking one of the Boating Safety classes offered by U.S. Coast Guard Auxiliary Flotilla 25-08. Virginia, Maryland, and the District of Columbia have varying requirements for boaters before they may legally operate certain motorized vessels on their respective waterways. Register with Jeff Burt at jdburt@verizon.net or 703-307-6482.

LETTER

FROM PAGE 6

bridge strikes do not compare to the fatal incident that took place in the early 1980s at the same location, but they are a cause for concern.

You failed to address the continued use of the parkway by bicyclists who have been known to slow or snarl traffic. The regulations restricting bikers on the parkway was met with heavy resistance from these same bicyclists who put themselves and others at risk.

Again, as I mentioned, my work as a detective with the Park Police required me to respond to motor vehicle collisions around the clock. Where was this concern about the parkway when fatalities were occurring after midnight and before 6 a.m. Same parkway, different hours?

I understand your need to respond to the demands of your constituents. Many of these people, including myself, who are inconvenienced by any parkway closure. But let's ask them a question, are they operating their vehicles at a safe speed on the parkway? Are they obeying all traffic regulations on the parkway?

One suggestion you failed to mention, and one that would be cost-effective, how about increased uniform and unmarked patrols of the parkway? Just a thought.

Kevin Fornshill
Alexandria

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Designs to Welcome Spring

Textiles and florals usher in a new season

BY MARILYN CAMPBELL

From pastel colors to floral accents, it's the time of year to celebrate the emergence of spring. Local designers offer spring decorating ideas that embody the season.

"Spring is the perfect time to freshen up your house by swapping out heavy, darker winter fabrics on linens and pillows with crisp and light patterns and designs," said Ann O'Shields of the Nest Egg in Fairfax. "Throw pillows are one of the easiest ways to instantly refresh a space. Greens and yellows are quintessential colors of spring and are popular currently in interior design. Whether you prefer florals or geometrics, there's a variety of options in fabric design for pillows."

When decorating the master bedroom in a Potomac, Md. home recently, designer Cameron Manning finished off the design with a cheery area rug. "The right rug can pull a room together and make a powerful statement," she said. "The client's favorite season was spring and she wanted a bedroom that was light and cheerful. For this master bedroom, I chose a vintage rug in a pale orange shade."

Manning also recommends using paint to breathe fresh, spring air into a winter-worn space. "Painting a room with an off-white shade infused with subtle undertones of yellow, pink or pale blue can really lighten and brighten it. If you don't want to paint and entire room, consider painting just the door frame."

From peonies and daffodils to lilacs and tulips, designer Connie Hall of Hall Designs says that moving spring blooms out of the garden and into a fresh floral arrangement is a sure-fire way to usher out winter.

"Nothing says spring like a bouquet of fresh spring flowers," she said. "A large bouquet can really become the focal point of a room. Sometimes they're all you really need to show that spring has arrived."

Blossoms and branches from one's backyard can create visual interest and O'Shields suggests magnolia stems, cherry blossom stems and forsythia.

"Preserved floral arrangements are also an excellent choice and will last for years," she added. "Hydrangea flowers are a lovely, full option often used in preserved florals."

Lush greenery can be used for more than decorating a garden. "If you have a green thumb, consider adding in some plants in ceramic pots to add color



PHOTO BY THE NEST EGG

Whether fresh or preserved, local designers advise welcoming spring with a seasonal floral arrangement.



PHOTO BY THE NEST EGG

Adding throw pillows in spring colors like green and yellow to an interior space is one of the easiest ways to drive out the winter doldrums.

and texture," said O'Shields.

Among the popular plants that O'Shields suggests fiddle figs. "[They] can also add height to your space," she said. "More foolproof plants include Pachira aquatic, also known as a money tree, succulents and rubber tree plants. They're all easy to care for and add a freshness to your space."

Those who don't have a green thumb shouldn't be afraid to fake it. "There are so many realistic options for artificial greenery available, said O'Shields. "Artificial branches can be almost identical to the real thing."

"Spring is the perfect time to

freshen up your house by swapping out heavy, darker winter fabrics on linens and pillows with crisp and light patterns and designs."

— Ann O'Shields, The Nest Egg, Fairfax

Inspiring Talks on
Christian Science Healing

Demystifying Spiritual
Healing

Saturday, May 18, 3:00 pm
at Walter Reed Community Center
2909 16th Street, S., Arlington, VA

The How, Why and
Wonder of Spiritual Healing

Sunday, May 19, 2:00 pm
at Fourth Church of Christ, Scientist
5510 16th St., NW, Washington, DC

Beth Packer, C.S. says, "A knowledge of our inseparable relationship to God brings practical healing solutions."

Beth is an international speaker, a practitioner of Christian Science healing, and a member of the Christian Science Board of Lectureship.



These talks are sponsored by Christian Science churches: Arlington, VA; Alexandria, VA; and Fourth Church, Wash., DC.

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4/24/19.....Senior Living/Mother's Day Celebrations,
Dining & Gifts/Spring Outlook

May

5/1/19.....Mother's Day Dining & Gifts II

5/8/19.....HomeLifeStyle

5/15/19.....A+ Camps & Schools

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- Vienna/Dalton Connection

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Juried Show: "East Meets West."

Through May 19, gallery hours at Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. Ikat weaving, Batik, Sashiko embroidery, Shibori dyeing, hand stamping, and other Eastern techniques and clothing styles are integrated with Western designs and techniques. Themed work will be eligible for recognition by the jurors. Non-themed work will also be exhibited. Free admission. Call 703-548-0935 or visit www.Potomacfiberartsgallery.com for more.

The "Weekends" Kiln Club Show.

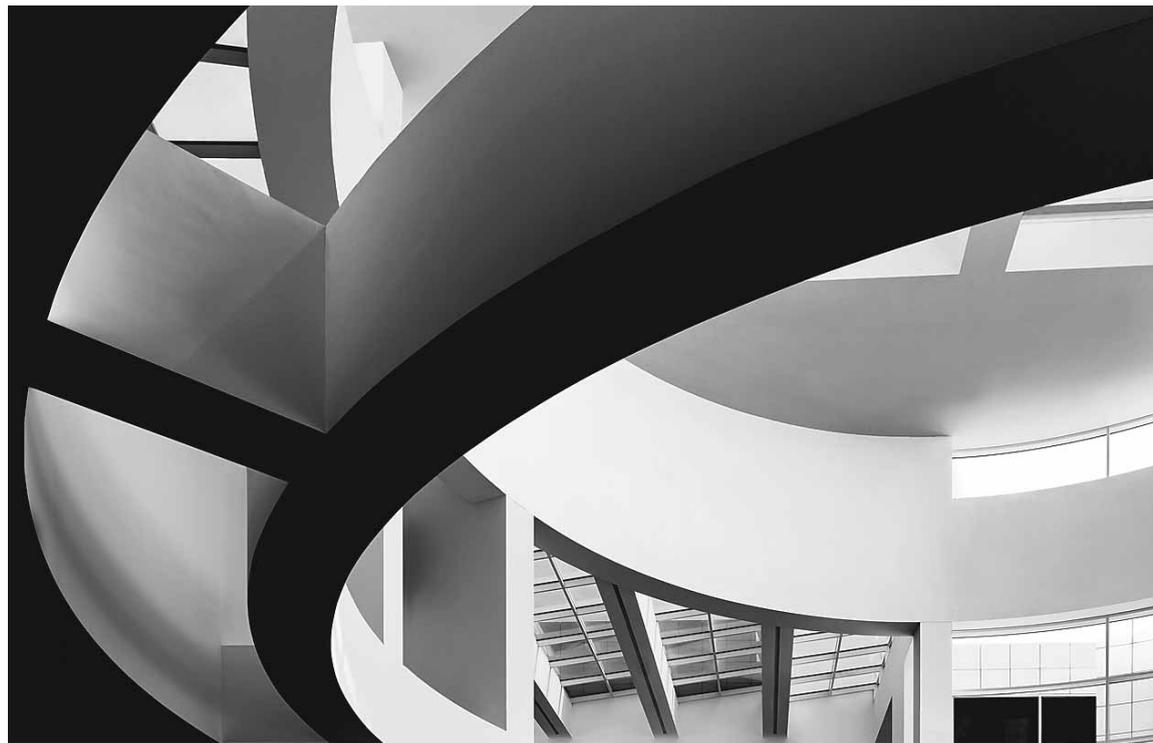
Through May 26, gallery hours at Scope Gallery, 105 North Union St., ground floor Studio 19 of the Torpedo Factory Art Center. Artisan creations are as unique as that match made in heaven, ideal as an anniversary gift, engagement congratulations or to commemorate the hoopla of getting hitched. Capture a moment in clay, recall a scene with ceramics and upgrade important goings-on with Scope Gallery. Call 703-548-6288 or visit www.scopegallery.org for more.

Kathryn Coneway Exhibit.

Through May 31, at Huntley Meadows Visitor's Center, 3701 Lockheed Blvd., Alexandria. Coneway's mixed-media art combines collage and photographic transfers, and it expresses her observations of nature. She uses mulberry paper to create a ground of color and texture. A reception will be held Sunday, March 10 from 2-4 p.m. Students from Kathryn Coneway's winter class at Huntley Meadows will also display work. Visit www.fairfaxcounty.gov/parks/huntley-meadows.

Art Exhibit: "Transcend."

Through June 2, Wednesday-Sunday, 11 a.m.-7 p.m. at Torpedo Factory Artists @ Mosaic Gallery, 2905 District Avenue, #105, Fairfax. Featured work by juried artists from the Torpedo Factory Art Center represent a variety of media including painting, printmaking, photography and 3-D mediums explore the theme of transcendence. A reception is planned for Thursday, May 9, 6-9 p.m. Visit www.torpedofactoryartists.com for



Curves Above by Alan Sisen.

Photography Exhibit: 'Tonal Visions'

Featuring work by Alan Sisen. The highly graphic, black and white architectural images in this exhibit explore the range and beauty of tones that might or might not have existed, but were visible in the mind of the photographer. Whether it's the darkest tones that convey a sense of mystery, the brightest tones that attract attention, or the mid-tones that provide the connecting tissue, it is this range of tonalities that shapes the lines, curves, volumes and objects to give the structures life, beauty and meaning. This exhibit is an exploration of tonalities. The exhibit runs May 7-June 15, gallery hours at Multiple Exposures Gallery, Torpedo Factory Art Center #312, 105 N. Union St. An opening reception is planned for Saturday, May 11, 2-4 p.m. Visit www.MultipleExposuresGallery.com or call 703-683-2205.

Art Exhibit: "Sacred Feminine."

Through June 2, gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. This show explores female energy, the power of life and birth; it connects that energy to ideas, expressions, dreams, life and all of existence. Tap in to your Sacred Feminine and channel the goddess. Visit DelRayArtisans.org/exhibits.

Photography Exhibit: "Tonal Visions."

Through June 15, gallery hours at Multiple Exposures Gallery, Torpedo Factory Art Center #312, 105 N. Union St. Featuring work by Alan Sisen. The highly graphic, black and white architectural images in this exhibit explore the range and beauty of tones that might or might not have existed, but were visible in the mind

of the photographer. Whether it's the darkest tones that convey a sense of mystery, the brightest tones that attract attention, or the mid-tones that provide the connecting tissue, it is this range of tonalities that shapes the lines, curves, volumes and objects to give the structures life, beauty and meaning. This exhibit is an exploration of tonalities. Visit www.MultipleExposuresGallery.com or call 703-683-2205.

Living Legends of Alexandria:

African American Activists. Through July, Tuesday-Saturday, 10 a.m.-4 p.m. at the Alexandria Black History Museum, 902 Wythe St. Living Legends of Alexandria: African American Activists highlights the work of African American men and women who have made important contributions to the growth and productivity of the City of Alexandria. Call 703-746-4356 for more.

Mount Vernon Farmers Market.

Wednesdays (through Dec. 18), 8 a.m.-noon at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane. The McCutcheon/Mount Vernon Farmers Market opened May 1 with an array of farm-fresh produce and local foods, plus some new features (fresh brewed coffee!). 17 local farmers and producers will sell fresh, locally grown vegetables and fruits; meats; Chesapeake Bay seafood; breads and pastries; honey, jams and jellies; milk, cheese and eggs; herbs and plants; and more. Visit www.fairfaxcounty.gov/parks/farmersmarkets.

THROUGH MAY 11

Old Town Cocktail Week. Take part in Alexandria's growing craft scene and enjoy specialty cocktails at restaurants and attend more than 20 events at boutiques, historic sites, restaurants and more. Old Town Cocktail Week is presented by Old Town Business with support from the King Street Corridor Initiative. Old Town Cocktail Week kicks off with

Art on the Rocks on May 3, presented by The Art League at the Torpedo Factory Art Center, and culminates with a Meet the Makers Virginia Spirits Tasting Event on May 11 at Gadsby's Tavern Museum. Admission varies depending on the event; visit OldTownCocktailWeek.com for details.

TUESDAY-SATURDAY/MAY 7-11

Sailing on String. Tuesday-Friday, 10:30 a.m.; Saturday, 10 and 11:30 a.m. at The Lab at Convergence, 1819 N. Quaker Lane. Arts on the Horizon produces original work exclusively for children ages 0-6 and their families. Follow two curious explorers on a voyage into a world made of string. This gentle, engaging performance features object transformation, movement, live string music, and captivating design. Best for children ages 0-2 and their families. Sign interpreted performance May 11, 10 a.m. \$7. Visit www.ArtsOnTheHorizon.org or call 571-549-1270.

FRIDAY/MAY 10

Garden Talk-Purple Plants to Punch up the Garden. 1:30-2:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. (Adults) Punch up a garden with purple. Whether a warm or cool color garden, purple makes a great accent. Extension Master Gardeners show how to incorporate this color into a garden all year round with flowers, foliage, and fruits. \$10/person. Register online at www.fairfaxcounty.gov/parks/parktates/ using code 9E2.831B or call 703-642-5173.

6th Annual Casino Night. 6-10 p.m. at Volkswagen Group of America Headquarters, 2200 Ferdinand Porsche Drive, Herndon. 6th Annual Casino Night fundraiser supporting the Boys & Girls Clubs of Greater Washington/Fairfax County Region. Hosted By LaVar Arrington with special guest "Secretary of Defense"

Dexter Manley. Visit one.bidpal.net/casinonight2019 for tickets.

Family Owl Outing. 7:30-9 p.m. at Huntley Meadows Park, 3701 Lockheed Blvd. Come to the park to discover the secret world of owls and learn what makes these raptors excellent night predators. Enjoy a presentation on owls, followed by a trail hike. Hopefully you will hear or spot one of Huntley's resident owls. Designed for participants age 6-adult. \$8 per person. Children must be accompanied by a registered adult. Call 703-768-2525 or visit www.fairfaxcounty.gov/parks/huntley-meadows.

SATURDAY/MAY 11

WPHS Car Show. 9 a.m.-1 p.m. at West Potomac High School, 6500 Quander Road. Open to all vehicle makes, models, years. People's Choice awards for favorite overall, engine, and "Diamond in the Rough." Free admission for spectators; show participants, \$20. Music, raffle, concessions, event t-shirt available. The is the largest fundraiser held for WPHS PTSA All Night Grad Celebration. Sponsors for the event are also needed. Visit www.angcWestPotomac.com for more.

Build a Rain Barrel Workshop.

9:30-11:30 a.m. at Lee Center, 1108 Jefferson St. Rain barrels collect rain water and reduce erosion from a downspout and help save money on water bills. Attach a hose and use it to water plants and flower beds. \$55. Registration is required, register online prior to the workshop at nsvwcd-velocitypayment.com.3dcartstores.com/Rain-Barrels_c_8.html.

Watercolor on Canvas.

9:30 a.m.-3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. (Adults) Learn to paint with watercolor on canvas with the help of artist Marni Maree. The process for this medium is very different from paper and quite fun. Experience painting more "subtractively," by put-ting paint on the canvas then moving and removing the color to create the subject. Bring photo references of what you want to paint. \$93/person. Register online at www.fairfaxcounty.gov/parks/parktates/ using code 2A7.9143 or call 703-642-5173.

Paint-A-Pot Workshop.

10-11:30 a.m. at Green Spring Gardens, 4603 Green Spring Road. (16-Adult) Get crafty at Green Spring Gardens with some fun, flavored teas for you to sip while decorating a clay flower pot with paint and decoupage. Green Spring staff will provide the supplies and know-how, participants provide the creativity. \$38/person. Register online at www.fairfaxcounty.gov/parks/parktates/ using code 624.F5D9 or call 703-642-5173.

Becoming American.

10 a.m.-noon Alexandria's History Museum at the Lyceum, 201 S. Washington St. Carefully curated, Becoming American is a selection of documentaries representing a selection of diverse immigration experiences drawn from both the past and present. Each of the sessions is moderated followed by discussion after the viewing. Light refreshments will be available. This program is designed for adults, high school students may attend with an adult. Free, pre-registration is required at shop.alexandriava.gov.

Pillars to Pavers.

10 a.m. and 2 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. This walking tour will explore the streets of Alexandria with stops to highlight how buildings have been preserved and reused for future generations to enjoy. \$35. Call 703-548-1789 or



PHOTO BY JANE FRANKLIN

Two dancers from EyeSoar.

EyeSoar

Through movement and sound, this outdoor performance by Jane Franklin Dance brings awareness of the physical structure of the Beatley Central Library portico and surrounding green areas. Thursday, May 16, 6:45-7:45 at Beatley Library, 5005 Duke St. Free. Call 703-933-1111 or visit www.janefranklin.com/eyesoar-beatley-library.

ENTERTAINMENT



PHOTO BY AMANDA ROPER

Pillars to Pavers

This walking tour will explore the streets of Alexandria with stops to highlight how buildings have been preserved and reused for future generations to enjoy. Saturdays, May 11, 18, and 25, 10 a.m. and 2 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. \$35. Call 703-548-1789 or visit www.leefendallhouse.org.

CALENDAR

visit www.leefendallhouse.org.

Chal Murals. 10 a.m.-3 p.m. on Mt. Vernon Ave. and in The Del Ray Montessori School yard at 100 East Windsor Ave. More information can be found at <https://www.labellastradadelray.com/>. See Del Ray transformed as chalk murals are painted on the sidewalks along Mt. Vernon Ave. The murals are painted by professional artists, along with a free chalk art area for children, parents, and visitors. Additional activities will include a children's Festa with carnival games and crafts, music by Alexandria Kinderchoir and local teen bands. Visit www.labellastradadelray.com/.

Spring Art Market. 10 a.m.-4 p.m. in the Colasanto Park adjacent to Del Ray Artisans Gallery, 2704 Mount Vernon Ave. Del Ray Artisans' Spring Art Market is an annual, outdoor, family-friendly event featuring original creations by local artisans in a variety of mediums. Rain or shine in the Colasanto Park Visit www.DelRayArtisans.org/event/spring-art-market-2019 for more.

Plants & Design-Season-Long Beauty. 10:30-11:30 a.m. at Green Spring Gardens, 4603 Green Spring Road. (Adults) May is a great time to plan for season-long beauty in the garden. Get to know great plant combinations for home, wildlife, and pollinator gardens, including easy-to-grow edibles and showy perennials. Horticulturalist Brenda Skarphol will demonstrate how to divide plants and discuss how to best care for new plantings and divisions. \$18/person. Register online at www.fairfaxcounty.gov/parks/parktakes/ using code B82.5679 or call 703-642-5173.

Container Gardening for Food, Fun and Beauty. 10:30 a.m.-noon at Burke Library, 4701 Seminary Road. Learn to grow edible and ornamental plants in containers on a porch, deck, balcony or patio. This workshop will cover soil, containers, maintenance and selection of suitable plants. This class is offered by Extension Master Gardeners. Free. Advance registration requested at mgnv.org. Questions? Call 703-228-6414 or email mgarlalex@gmail.com.

Woodlawn Workshop: Craft a Paper Floral Bouquet. 11 a.m.-2 p.m. at Woodlawn, 9000 Richmond Highway. Join Melissa Kallasides Preston, owner of Paper Honey Bee, for a workshop to build a paper flower rose bouquet for Mother's Day, or any day. Festive finger

sandwiches, petit-fours, and lemonade will be included. Learn paper flower construction techniques from start to finish to create your paper roses that will forever be in bloom. All materials are included. Visit www.woodlawnpoppeleighey.org/ for more.

The Alexandria Kinderchoir Performance. Noon at the La Bella Strada Festival, 100 E. Windsor Ave. The Alexandria Kinderchoir, founded in 2015 as The Del Ray Kinderchoir, is Alexandria's only children's community choir, with choristers now heralding from across the city. The non-profit is celebrating its growth with a name change, coinciding with a move to Convergence for its larger rehearsal and performance space. Visit www.alexandriakinderchoir.org for more.

Family Fun-Mothers in Nature. 12:30-1:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. (5-Adult) Learn all about mothers and babies in the natural world. Butterflies, frogs, and even flowers have amazing life cycles. Take home a flower and its baby (a seed) and watch the life cycle unfold. \$8/person. Register online at www.fairfaxcounty.gov/parks/parktakes/ using code DDC.2F8D or call 703-642-5173.

Celebrate Moms in Nature. 1:30-2:30 at Huntley Meadows Park, 3701 Lockheed Blvd. Make a gift for mom or learn about animal moms and babies in Park Authority programs timed for Mother's Day weekend. Children 3-6 can make a Mother's Day gift at the "Flower Pots and Violets" program. Kids will celebrate spring by decorating their very own flower pot and planting a beautiful violet flower to take home. \$10 per child. Call 703-768-2525 or visit www.fairfaxcounty.gov/parks/huntley-meadows.

Opening Reception: "Tonal Visions." 2-4 p.m. at Multiple Exposures Gallery, Torpedo Factory Art Center #312, 105 N. Union St. Featuring work by Alan Sislen. The highly graphic, black and white architectural images in this exhibit explore the range and beauty of tones that might or might not have existed, but were visible in the mind of the photographer. Whether it's the darkest tones that convey a sense of mystery, the brightest tones that attract attention, or the mid-tones that provide the connecting tissue, it

is this range of tonalities that shapes the lines, curves, volumes and objects to give the structures life, beauty and meaning. This exhibit is an exploration of tonalities. Visit www.MultipleExposuresGallery.com or call 703-683-2205.

SUNDAY/MAY 12

Mother's Day Tea. 1-3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. (Adults) Chef and food historian Nora Burgan highlights culinary traditions associated with mothers and Mother's Day. Enjoy cooking demonstrations for chocolate-dipped strawberries and strawberry shortcake – just like Mom used to make. A special afternoon tea menu tops off the festivities. Favor bag included with tea. Programs are by reservation only. \$48 (program + tea); \$18 (program only). Call 703-941-7987, TTY 703-324-3988.

Mother's Day. 1-5 p.m. at Gadsby's Tavern Museum, 134 North Royal St. Celebrate Mother's Day at Gadsby's Tavern Museum with free tours for all visiting ladies on Mother's Day. Visit with Louisa Catherine Adams, wife of John Quincy Adams, as she shares about her life as a mother and living overseas. Admission is \$5 for all other adults and \$3 for children (ages 5-12). Call 703-746-4242 or visit www.gadsbystavern.org.

Mothers' Day Tea. 2:30 p.m. at Carlyle House Historic Park, Alexandria. Relax on the Magnolia Terrace and enjoy personalized tableside service and food catered by Calling Card Events. Registration required, no refunds. All participants including children under 5 must be registered. Ticket sales end May 5. \$45 per adult, \$25 per child (6-12), children under 5 are free. Find tickets at apm.activecommunities.com/novaparks/Activity_Search/2569.

MONDAY-SUNDAY/MAY 13-19

National Public Gardens Week. Come by Green Spring Gardens and celebrate National Public Gardens Week with tours, displays, programs and annual Spring Garden Day plant sale highlighting some of the interesting and exciting plant and history projects that Green Spring has to enjoy. Visit www.fairfaxcounty.gov/parks/green-spring or call 703-642-5173.

TUESDAY/MAY 14

Simpson Garden Stroll. 10-11 a.m. at Simpson Park Gardens, 420 E.

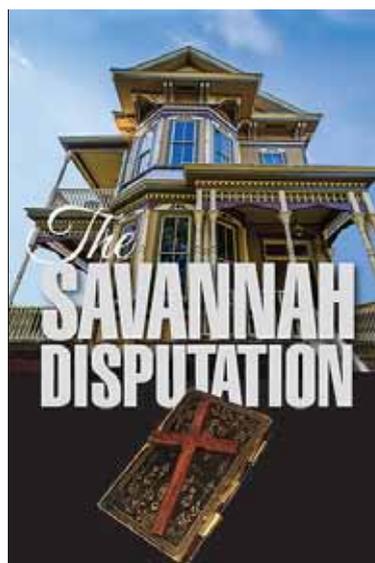
PUBLIC NOTICE

Please be advised that a brief fireworks display will take place as part of a private event at George Washington's Mount Vernon on the following date:

Saturday, May 11
between 8:30 p.m. and 9:00 p.m. (5 minutes)

The Mount Vernon Ladies' Association thanks you for your tolerance and apologizes for any disruption. To receive Mount Vernon fireworks notifications via e-mail, write to Events@MountVernon.org

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This theological comedy with a twist blends the sharpness of wit with the depth of character while telling a story of a crisis of faith.

SHOW DATES:
APR. 27 - MAY 18, 2019



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Sunday Breakfast Buffet
7 a.m.-12 p.m.

Including most breakfast buffet items
Adults...\$14.25* • Children under 12...\$4.95

Mother's Day Brunch Special
12-3 p.m.

Including Omelet Station,
Broiled Salmon and Cod, Beef Kabobs,
Grilled Chicken, Pasta Marinara & more
Adults...\$18.95* • Children under 12...\$7.95

Reservations recommended
Wine, Champagne and Mimosas (extra charge)
*plus drinks, taxes and gratuities.



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Spring Brings New Restaurants to Alexandria

BY HOPE NELSON

In many ways, spring signifies new life – and Alexandria’s restaurant scene is, at least this year, falling in line with tradition. Walk or drive through nearly any part of town and you’ll find new storefronts either readying for business or hosting grand opening events to celebrate their inaugurals. Here are three of the latest eateries onto the scene.

Chop Shop Taco, 1008 Madison St.

The latest resident of the Madison Collective of businesses – currently including Grateful Kitchen, Zweet Sport, and Marlowe Ink tattoo – is Chop Shop Taco, a long-awaited taqueria whose name pays homage to the building’s former life as an automotive chop shop. The eatery sports a walk-up taco window that is open for 11 hours daily, while the interior also offers a mix of

lunch and dinner (brunch is coming onto the scene next month) from pre-lunch to late-night.

Try a pork and banana leaf taco, or perhaps a brisket confit; vegetarians won’t be left out, either, with a taco sporting roasted mushrooms alongside halloumi cheese and pumpkin seeds.

On the non-taco side of the coin, diners can feast on a variety of small plates, including a duck confit with star anise and cardamom, as well as a fried-rice style plate with huitlacoche and porcini mushrooms, rich with zaatar onion and cojita cheese.

Toastique, 1605 King St.

At first blush, a restaurant offering toast isn’t necessarily compelling.

But look a little deeper and you’ll see that toasted bread isn’t really the featured dish. Rather, the eatery focuses on what goes on the bread, as well as what other options exist alongside it. Of course avocado toast

is all the rage at the moment – and has been for a while, really – and it maintains a starting position at Toastique, playing alongside watermelon radish, microgreens and tomatoes to make a light yet filling option for breakfast or lunch.

Or venture further afield with the Tuscan tuna toast, which sports sundried tomato tuna alongside lettuce, Kalamata olives, capers and more.

Smoothies, juices and bowls also take the stage at Toastique, offering a multitude of ways to partake of a healthy meal – or supplement your current dietary needs. In the new era of Blue Majik and acai bowls, this restaurant certainly aims to become a go-to place for all the latest trends.

Yunnan by Potomac Noodle House, 814 N. Fairfax St.

Yunnan’s relatively simple menu is turning on its head the idea that more means more when it comes to food on offer. It

doesn’t possess a menu that’s a dozen pages long; rather, its offerings could probably fit on one printed page, but to assume that its quality equals its quantity is to commit a grievous error. Look a little closer and all the small plates are there — the pork belly bun, wasabi-dressed bok choy, Asian pear radishes — as well as an array of main dishes.

After all, Yunnan is a noodle house, and it’s got noodle dishes in spades. Mixian dishes — that is, those focused on a specific kind of rice noodle — reign supreme, as they should, with the likes of braised beef mixian sharing menu space with “Grandma’s Parou Mixian” as well as several vegetarian options centering on tofu and shiitake mushrooms.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

CALENDAR

Monroe St. Join in the first stroll of the year at Simpson Gardens. Tour the gardens’ demonstration beds that feature waterwise gardening, scented plants, plants that attract pollinators, plants that prefer shade, and plants that illustrate the use of structure and texture. Extension Master Gardeners will be in the garden to answer questions on sustainable gardening practices. Free. Call 703-228-6414 or email mgaralalex@gmail.com.

TUESDAY-SATURDAY/MAY 14-18

Sailing on String. Tuesday-Friday, 10:30 a.m.; Saturday, 10 and 11:30 a.m. at The Lab at Convergence, 1819 N. Quaker Lane. Arts on the Horizon produces original work exclusively for children ages 0-6 and their families. Follow two curious explorers on a voyage into a world made of string. This gentle, engaging performance features object transformation, movement, live string music, and captivating design. Best for children ages 0-2 and their families. \$7. Visit www.ArtsOnTheHorizon.org or call 571-549-1270.

WEDNESDAY/MAY 15

Chamber Golf Classic. 1 p.m. shotgun start at Laurel Hill Golf Club. The Chamber Golf Classic is the main fundraiser for the Chamber’s Scholarship Fund. The event includes driving range warm-up, cash prizes, lunch, putting contest, complimentary beverages, dinner and networking with other business and community leaders. Registration starts at \$250, visit www.mtvernon-leechamber.org/events/details/chamber-golf-classic-2019-5409.

THURSDAY/MAY 16

Chinese Watercolor Painting. 1 p.m. at Barrett Branch Library, 717 Queen St. Instructors from the Confucius Institute at George Mason University will lead this introductory class on Chinese watercolor painting. Space is limited to 12. Registration is required. Visit www.alexandria.lib.va.us or call 703-746-1703.

Croquet & IPA Day. 5-8 p.m. at Waterfront Park, Old Town Alexandria. Business, corporate or



Croquet & IPA Day

Round up a team of four (ages 14+) and have a fun afternoon of Croquet matches, time with friends, and making a difference for the community’s children and families. Compete for prizes and enjoy craft beer & local food, all while supporting SCAN of Northern Virginia. Business, corporate or family and friends teams welcome. Thursday, May 16, 5-8 p.m. at Waterfront Park, Old Town Alexandria. Visit www.scanva.org/support-scan/news-events/croquet-day/ for more.

family and friends teams welcome. Round up a team of four (ages 14+) and have a fun afternoon of Croquet matches, time with friends, and making a difference for the community’s children and families. Compete for prizes and enjoy craft beer & local food, all while supporting SCAN of Northern Virginia. Visit www.scanva.org/support-scan/news-events/croquet-day/ for more.

EyeSoar. 6:45-7:45 at Beatley Library, 5005 Duke St. Through movement and sound, this outdoor performance by Jane Franklin Dance brings awareness of the physical structure of the Beatley Central Library portico and surrounding green areas. Free.

Call 703-933-1111 or visit www.janefranklin.com/eyesoar-beatley-library.

Polymer Clay Class. 7 p.m. at Beatley Central Library, 5005 Duke St. Polymer clay is used to make charms, magnets and more. Make a project under the guidance of a polymer clay artist. Ages 8-12. Space is limited, arrive early. Visit www.alexandria.lib.va.us or call 703-746-1702.

FRIDAY/MAY 17

Bike to Work Day 2019. Pit stop times vary, all over the region. Join more than 20,000 area commuters for a free celebration of bicycling as a

fun, healthy and environmentally-friendly way to get to work. There are 115 Bike to Work Day pit stops to choose from. The first 20,000 to register and attend will receive a free Bike to Work Day T-shirt, enjoy refreshments and chances to win prizes. Visit www.biketoworkmetrodc.org.

SATURDAY/MAY 18

Mount Vernon Flea Market. 8 a.m.-1 p.m. at 8717 Fort Hunt Road. Flea market will take place the third Saturday of every month (through September). Refreshments available for sale. Admission is free. Visit mountvernonfleamarket.wordpress.com for more info.

Green Spring Garden Day and Big Plant Sale. 9 a.m.-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. The Master Gardeners of Northern Virginia (MGNV) and the Potomack Chapter of the Virginia Native Plant Society will be joining over 40 vendors selling plants at Green Spring Gardens. There will be a bake sale and food trucks. This event is hosted by Friends of Greens Spring Gardens (FROGS) and proceeds help purchase plants for the gardens and support educational efforts at Green Spring. Free. Visit www.friendsofgreenspring.org/programs-a-events/spring-garden-day-2019 or call FROGS at 703-642-5173.

Becoming American. 10 a.m.-noon Alexandria’s History Museum at the Lyceum, 201 S. Washington St. Carefully curated, Becoming American is a selection of documentaries representing a selection of diverse immigration experiences drawn from both the past and present. Each of the sessions is moderated followed by discussion after the viewing. Light refreshments will be available. This program is designed for adults, high school students may attend with an adult. Free, pre-registration is required at shop.alexandriava.gov.

Pillars to Pavers. 10 a.m. and 2 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. This walking tour will explore the streets of Alexandria with stops to highlight how buildings have been preserved and reused for future generations to enjoy. \$35. Call 703-548-1789 or visit www.leefendallhouse.org.

Fort Tours in Honor of Armed Forces Day.

10 a.m. and 2 p.m. at Fort Ward Museum & Historic Site, 301 West Braddock Road. Dressed in Union uniform, Museum curator Brian Briones will present an orientation to the Defenses of Washington and a guided tour of historic Fort Ward, one of the largest of the forts that guarded the Federal capital during the Civil War. The tours are free, and begin in the Museum. No reservations are required. Tours are weather dependent. Visit www.fortward.org, or call 703-746-4848.

If Trouble Don’t Kill Me. 2 p.m. at Duncan Branch Library, 2501 Commonwealth Ave. Virginia author Ralph Berrier will present on his book, *If Trouble Don’t Kill Me*, which follows the lives on Berrier’s family from the mountains of Virginia to the Grand Ole Opry. Visit www.alexandria.lib.va.us or call 703-746-1705.

The Alexandria Kinderchoir Spring Concert. 3:30 p.m. at Convergence, 1801 N. Quaker Lane. The Alexandria Kinderchoir, founded in 2015 as The Del Ray Kinderchoir, is Alexandria’s only children’s community choir, with choristers now heralding from across the city. The non-profit is celebrating its growth with a name change, coinciding with a move to Convergence for its larger rehearsal and performance space. Visit www.alexandriakinderchoir.org for more.

Hope UCC Luau. 4-9 p.m. at Hope UCC Luau, 6130 Old Telegraph Road. Hawaiian dancing, authentic Polynesian food and crafts for sale, bar and kid’s activities: lawn games, face painting and a bounce house. \$15-\$30 (under 2, free). Tickets at hopeucc.org/store.

Bharatanatyam: Classical Indian Dance Program. 7 p.m. at Beatley Central Library, 5005 Duke St. Join Sangeetha Agarwal, director of HastaSwara Performing Arts, and learn about Bharatanatyam. Bharatanatyam is a form of Indian classical dance originating in the southern state of Tamil Nadu. Visit www.alexandria.lib.va.us or call 703-746-1702.

An Infinite Universe. 7:30-9:30 p.m. at Convergence Arts Initiative, 1801 N. Quaker Lane, Alexandria. Alexandria Choral Society presents

ENTERTAINMENT



1959 Mercedes

Old Town Festival of Speed & Style

The single-day free event will be span across three blocks on lower King Street and will feature approximately 60 rare and unusual supercars from around the world such as Ferrari, Jaguar, Porsche, Lamborghini, Aston-Martin and Cobra for up close viewing enjoyment. A fashion exhibition (noon-1 p.m.) will feature spring looks from Old Town Boutique District stores that pair with the themed cars on display. The event will also feature live music, street vendors, and provide festival goers an opportunity to explore Old Town shops and restaurants. Sunday, May 19, 10 a.m.-3 p.m. on King Street near Old Town Waterfront. Free admission. Visit www.festivalspeedstylealex.com for more.

CALENDAR

An Infinite Universe, a concert celebrating space and exploration. Featuring new commissioned works "That's one small step" by Tawnie Olson and "Partial Lunar Eclipse" by Lori Laitman. \$20 adult, \$15 senior/military/student, 13 and under free. Tickets \$5 more at the door. Call 703-951-7849 or visit www.alexandriachoralsociety.org.
Country-Western Dance. 7-9:30 p.m. at Lincolnia Senior Center, 4710 North Chambliss St. The Northern Virginia Country-Western Dance Association will hold a dance with lessons, 6-7 p.m. and open dancing, 7-9:30 p.m. A DJ provides music. Couples and singles of all ages welcome. Admission for members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. Smoke-free, alcohol-free. BYO refreshments. Visit www.nvcwda.org for more.

SUNDAY/MAY 19

Old Town Festival of Speed & Style. 10 a.m.-3 p.m. on King Street near Old Town Waterfront. The single-day free event will be span across three blocks on lower King Street and will feature approximately 60 rare and unusual supercars from around the world such as Ferrari, Jaguar, Porsche, Lamborghini, Aston-Martin and Cobra for up close viewing enjoyment. A fashion exhibition (noon-1 p.m.) will feature spring looks from Old Town Boutique District stores that pair with the themed cars on display. The event will also feature live music, street vendors, and provide festival goers an opportunity to explore Old Town shops and restaurants. Free admission. Visit www.festivalspeedstylealex.com for more.

Women Authors Bookreading. 2-3:30 p.m. at Ivy Hill Cemetery, 2823 King St. Authors H.L. Brooks, and Dea Schofield, will conduct readings and a book signing: The Red August

Series, and The Vitaortus Series, in the cemetery vault. Not recommended for children. Free. Call 703-549-7413, ext. 1112, or visit www.ivyhillcemetery.net.

MONDAY/MAY 20

Intro to the Bonsai Tree. 7 p.m. at Beatley Central Library, 5005 Duke St. The president of the Northern Virginia Bonsai Society will share an overview of the ancient art of bonsai, introduce some basic bonsai techniques, and dispel some common myths. Visit www.alexandria.lib.va.us or call 703-746-1702.

TUESDAY/MAY 21

Researching German Ancestors. 1-3 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. "Finding a German Heimat (Hometown or Village)." Genealogist James M. Beidler will speak about researching German ancestors online. Free, open to the public.

Twilight & Tipple Tours. 6-9 p.m. at Pope-Leighey House, 9000 Richmond Highway. Experience Frank Lloyd Wright's Pope-Leighey House by twilight. This tour series is a rare chance to see one of Wright's houses illuminated against a night sky. Grab a drink, included in the price of the tour ticket, and walk through the house on a leisurely, open house style tour with plenty of time to take stunning photos. \$35. Visit www.woodlawnpopeleighey.org/ for more.

MAY 21-JUNE 23

Juried Show: "Environmental Elements." Gallery hours at Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. Potomac Fiber Arts Gallery announces the opening of its juried show "Environmental Elements." Our artists and their creations are influenced by

environmental elements such as air quality, noise, climate, fish and wildlife migration routes, and unique animal species – the list goes on and on. Themed work will be eligible for recognition by the jurors. Non-themed work may also be exhibited. Visit www.Potomacfiberartsgallery.com or call 703-548-0935.

THURSDAY/MAY 23

Garden Tour & Tea. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. (Adult) Tour the demonstration gardens with master gardener docents. View show-stopping plants of spring and learn how to grow them. Hear about Green Spring's past and how they share their horticultural and historical resources with visitors today. \$32. Call 703-941-7987, TTY 703-324-3988.

Simpson Garden Family Night. 6-8 p.m. at Simpson Park Gardens, 420 E. Monroe St. Enjoy a bee- and butterfly-friendly seed planting for kids.

Take home a kit to create a Butterfly Puddler in the yard, and plenty of plant ideas for pollinator gardens, herb gardens, and container gardening. Come learn why planting native plants are the best choices for the home garden. Extension Master Gardeners will be there to answer your questions. A fun evening for all ages! Free. Questions? Telephone 703-228-6414 or email mgarlalex@gmail.com.

Concerts at St. Luke's. 7:30 p.m. at St. Luke's Episcopal Church, 8009 Ft. Hunt Road. The Marywood Univ. Chamber Singers, a 24-voice ensemble based in Scranton, PA, is featured on an annual PBS broadcast and is presently on tour throughout the mid-Atlantic States. Offering a free concert. A reception will follow. Free. Call 703-765-4342 or visit www.saintlukeschurch.net/events

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Fairfax County, Va.,
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Area Athletes Compete in Westfields Sprint Triathlon

The sixth annual Westfields Triathlon took place on April 28 at the Cub Run RECenter in Chantilly. The event was hosted by the Westfields Business Owners Association and put on by Revolution3 Triathlon. The sprint distances included a 250 yard pool swim, a 12 mile bike ride, and a 3.1 mile run. There

were also two shorter “Splash & Dash” swimming and running distances for youngsters. The Westfields Triathlon kicked off the triathlon season in the DC Metro area. This year’s race beneficiaries are Girls on the Run of Northern Virginia, Second Story Youth Services and Safe Shelter, and 911 Promise Run.

—TOM MANNING



Melissa Fisher from Alexandria finishes up the swimming leg.



Matias Palavecino from Alexandria breaks the tape as he crosses the finish line as the top male finisher with a time of 51:35.

PHOTOS BY TOM MANNING/THE GAZETTE



Luis Cintron from Alexandria finishes up the bike event.



Hope Nelson from Alexandria finishes up the bike leg.



Thomas Eppolito finishes with a time of 1:20:30.



Geoff Wilson from Lorton. It's his 2nd year competing at the Westfields Triathlon.



Kim Weinberg from Springfield smiles as she is about to finish.



Top overall male and female finishers were both from Alexandria: Hannah Preston #232 and Matias Palavecino #81.

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THE CONNECTION
NEWSPAPERS

Yard Sale

**Multi-Home Yard Sale
Mason Hill**

(Unitarian Church neighborhood, off Ft. Hunt Rd.)

Sat. May 18th - 8am - 2pm
(rain date Sun. May 19th)

Furniture, tools, kitchen supplies, toys, clothes, home accessories and more!

Yard Sale

Obituary



Suk Cha Boehm passed away surrounded by her family on Wednesday, January 9, 2019 at the age of 74.

Sue was born on September 17, 1944 in Seoul, Korea to Jung Hee Yu (mother) and Hee Yul Yu (father). She married on January 8, 1968 and after living briefly in Japan, California and Maryland, Sue moved to Alexandria, Virginia and made it her home for over 40 years where she raised two daughters, Kimberly Sue and Cyndie Lou.

Sue became a hairstylist in the late 1970's and worked at Picasso Beauty Salon where she eventually took over ownership in 1990. When she sold her salon, her clients followed her to her new place of employment, some of them having been with her as long as 40 years. Throughout her career, Sue would often visit her clients at their homes, hospitals or nursing homes to wash and style their hair to make them feel better. She also would do her beloved clients' hair after they passed away for viewings because only she knew how they liked their hair to be done.

Sue's passions were cooking, exercise and nature. She would often combine the latter two by going for walks at her favorite Huntley Meadows Park. When she was 16, she almost drowned, was saved by a stranger and was too afraid to go back in the water again. At 70 years old, she secretly hired a swim coach for private lessons so that she could surprise her family at the pool on their vacation in Hawaii the following year. She was known for her unique observations flooded with comedic commentary, being a shrewd businesswoman and enjoying a nightcap of scotch on the rocks every night.

Sue is survived by her daughter Kim Wagner and son-in-law Chad Wagner of Ashburn, VA, her daughter Cyndie Lou Boehm and son-in-law Wade Karlin of Brooklyn, NY and her beloved granddaughter Samantha Wagner.

A celebration of her life will be held on Saturday, May 18, 2019 at Mt. Comfort Cemetery, 6600 South Kings Highway, Alexandria, VA at 2 p.m. As Sue spent decades donating to various causes, the family suggests sending memorial contributions to the charity of your choice as an expression of sympathy.

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The Weak Before



By KENNETH B. LOURIE

Hardly am I Robert Johnson, but every time I'm about to be "CT-scanned," I feel like I'm at a crossroads.

And though I've never made a deal with the devil for good scan results (at least results with which I can live), I have to admit to making a momentary prayer of sorts when I see an email from my oncologist. An email that, given its arrival in my inbox, five days or so after my scan, is generally the one containing the results of the previous week's scan.

So, I take a deep breath and then exhale as I prepare to click until I see his words. More often than not, almost every time, in fact, his words: "CT scan looked good," as an example, have been encouraging. Although, as with many things, past results don't guarantee future performance — or a reasonable facsimile thereof.

Each good scan result (stable, shrinkage) does not portend another good result in the future. The results, both good or bad quite frankly, are kind of a limited offer. If it's good, it means your treatment is likely quo. If it's bad, it probably means things your treatment is about to change.

Whatever treatment protocol you start or stop or continue is only good, bad or indifferent until your next scan (when the rubber hits the road, so to speak). Which for me, according to my current bi-weekly immunotherapy infusion schedule, is every two months. So next week, the hammer comes down or rather the slide (the thing you lay on) comes out of the CT scanner and in and out I go.

Typically (meaning during my previous 10 years of chemotherapy), I have been mostly symptom free — other than the symptoms/side effects of the treatment itself, not from the underlying cancer cause. I have rarely felt anything and I certainly haven't/didn't/couldn't see anything.

It's/I'm different now.

Now I can see and feel something, that something, located under my Adam's apple is what precipitated the change from chemotherapy/alimta to my current immunotherapy/opdivo. The tumors in my lungs (mediastinum), which is where this whole mess began, remain stable. However, the appearance of the "Adam's apple" tumor changed my reason for living.

And my new life, or rather my new cancer life, has been tightened/shortened up. Now my infusions are every two weeks, instead of the most recent seven-week intervals (with alimta) and my CT scans which had occurred every 12 weeks are now only eight weeks apart.

All of which means I am constantly in the throws of some kind of cancer anxiety ("labbing," infusing, scanning, meeting with my oncologist).

Not that after 10 years, I am unaccustomed to this sort of "cancer-centricity," it's more that its crushing regularity is a constant reminder of my mortality.

And not that I'm "woeing" is me, hardly. I'm lucky to be alive. You all know I know that.

It's more the recurrence of "scanzxiety" (not my word, although I thought it was when I first used it), the anxiety one feels waiting for the life and death scan results, especially so if the results come more frequently than previously. And believe me, that extra month is well worth not having to wait.

So the news of my possible negative (not good) scan results hopefully will be exaggerated, along with my demise. And in that exaggeration perhaps I can find some solace and humor.

'Solace' in that it turns out: what's all the fuss? Humor, in that "It's better to look good than to feel good, and you know you are, darlings," as when Billy Crystal invoked his inner Fernando Lamas in his famous bit from his 1985 year on Saturday Night Live! In summary, it's nothing until it's something, and even if it's something, it might not be anything.

This sort of confusing mental gymnastics is what occurs before, during and after these diagnostic scans. And until you hear back from your oncologist, you really don't know whether you're coming or going, or whether it's too little, too late.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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OPINION

United Community

FROM PAGE 7

a decade. That is the gravity of poverty. In 1969, UCM began by distributing clothes and food first from a van and then a shed on church property. A van and a shed, isn't that the way most great institutions start?

I want to thank you all, from our large institutional donors, to our individual angels, and to those who probably aren't here tonight, but who find funds from their meager resources for us. Your generosity has allowed us to serve hundreds of thousands of people in need for five decades.

While most of our history focused on relieving the symptoms of poverty, our future must be about identifying and addressing its causes. We cannot continue to feed and clothe the poorest in our community and send them back into the community where housing, transportation, education, health care and job opportunities are isolating and failing them — and then wait for their inevitable return to our door.

So tonight we take on a new and daunting challenge: nothing less than defying the gravity of poverty by finding ways to lift the poorest among us and end multigenerational poverty. We will investigate causes, advocate for winning policies, and collaborate on a scale never before attempted.

And the really exciting news is we've already started on unprecedented work that puts impoverished people in the community at the center and engages government, nonprofit, and private institutions to work together on solutions.

We intend to change what have been known as "Islands of Disadvantage" into "Communities of Opportunity." It's a bold plan. And, while it's unlikely that we will be successful in helping everyone achieve this dream, it is unthinkable if we do not try.

To that end, the UCM Board of Directors has chosen a new name for our organization that aligns with our aspirations. And so we ask you to join us.

Let's start by believing in the power of a united community.

United we can defy the gravity of poverty.

United we help our neighbors, our families and our community to end multigenerational poverty.

United we will transform lives, including our own.

A United Community can achieve big dreams — and a community without poverty, is worth fighting for.

Focused on our united goals, strengthened by our united will, we will be a United Community.

I raise my glass to you for being part of United Community. Cheers.

Thank you all.

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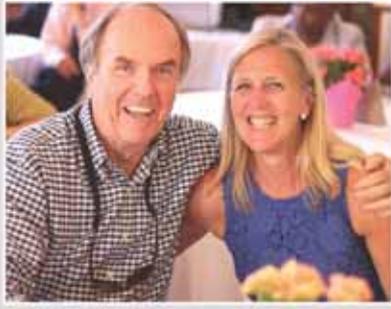
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Yacht Club!**



4710 Dolphin Ln | \$629,500

Exceptional opportunity near river just steps from marina and club house in prestigious Yacht Haven Estates! Imposing home in commanding setting on elevated grounds overlooking neighborhood with some views of water, huge room sizes and very few steps offer great potential for creating your own estate with close to one level living. Features include 5 bedrooms/4 full baths and amazing oversize two car garage. Rare opportunity to acquire property with true nautical estate vibe in premier setting for remarkably reasonable price!



**9505 Lynnhall Pl
\$1,250,000**

Just completed. Top to bottom renovation maintains the stunning Antebellum character and charm! Potomac River views, expansive verandas & half acre lot give this home a

classic Tidewater Virginia feel. Brand new kitchen, baths, fixtures, flooring, the list goes on and on! Great opportunity for virtually new home in desirable Oxford neighborhood!

SOLD



**9112 Volunteer Dr
\$655,000**

Spacious Colonial in the Williamsburg tradition featuring premier setting on large level lot in the desirable Westgate community near Mt Vernon Estate. Features include: 4 Bedrooms, 2.5 baths, huge master suite with 2 large closets

and private bath, 2 fireplaces in family and living room, hardwood floors on both levels, two car garage, & incredible sun room overlooking half acre rear grounds complete with two storage sheds.

SOLD!



**3601 Riverwood Rd
\$785,000**

Nicely situated 4 Bed, 2.5 Bath updated home in lovely Riverwood Community. Home features: updated custom Kitchen with granite countertops, stainless steel appliances, beautiful hardwood floors on main and upper level, master suite with private bath and custom closet, replacement windows by Pella, gas fireplace, screened porch, fenced rear yard, and side load 2 car garage. Community has serene riverfront walking path and beachy area!

SOLD!



**2208 Basset St
\$725,000**

One of Fort Hunt area's best values! Exceptionally spacious 6 bedroom updated home on quiet cul de sac backing to conservation land. Bright, open floor plan with fresh paint! Custom features include: top

quality updated eat-in kitchen, updated baths, large room sizes and garage parking. Large "Trex" deck overlooks gorgeous grounds.

SOLD!



**2207 Lakeshire Dr
\$945,000**

Curb appeal abounds with distinctive front porch. Exceptionally bright and open floor plan highlighted by updated kitchen opening to spacious family room with soaring cathedral ceiling. Other features include: 4 Bedrooms,

3.5 Baths, main level office/library, upgraded trim detail, and two car garage. Near Stratford Landing School. Unique combination of size, location, & attractive price in premier location!

SOLD!



**9416 Old Mt Vernon Rd.
\$789,000**

Incredible opportunity to own a brand new 5 Bed/5.5 Bath home on 4 finished levels! Economical Gas appliances include: fireplace, cook top, heat and hot water. Hardwoods on main level,

open kitchen to family room w/ large island & breakfast area, 4 BR's on upper level w/ 3 baths including luxurious master suite, finished basement w/ rec room, bedroom, & full bath. 10 year builder warranty!

SOLD!

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