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Reston CONNECTION

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Customer Ben Ader of Reston with son, Al, 18 months, wife Katie and vendor Will McNair of Fresh Crunch Pickles at the opening day of Reston Farmers Market on Saturday.

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OPINION

Never Losing Sight of Ending Homelessness

BY JOE FAY
EXECUTIVE DIRECTOR/FACETS

When Richard lost his sight, his long career as a handyman came to an end. What began was a journey into homelessness.

Despite his skills and dedication, blindness prevented him from continuing in the building maintenance field. As his funds ran low, Richard, who is now 58, struggled and found himself moving from shelter to shelter around the county and sleeping in other places not meant for habitation. Then he was referred to FACETS, a Fairfax nonprofit working to prevent homelessness, and resided for some time at FACETS' Linda's Gateway Woodbine House with five other men who were medically and physically vulnerable.

Linda's Gateway is a program meant to help people transition to permanent housing. Working with a FACETS case manager, residents receive budget counseling, housing location services, connection to community resources, basic needs and transportation assistance. All FACETS programs operate using a "Housing First" approach, focusing on first getting people into housing and then working with a case



PHOTO CONTRIBUTED

One of the homes used for transitional housing.

manager to address barriers to housing stability, career development, child care, medical assistance and other basic needs.

Working with his case manager Ruben, Richard pulled his life back together and now lives independently in his own apartment through FACETS' permanent supportive housing program. He is still helped by Ruben who checks in with him and makes sure he can get to medical appointments and is hopeful and

more confident.

With the second largest homeless population in the region, homelessness is a real problem in the Fairfax County-Falls Church community where nearly 1,000 people are homeless. A majority of these are in working families with children. Some like Richard are single and also facing challenges. FACETS connected nearly 400 single adults with life-saving services last year.

Richard will be joining several other FACETS' clients to share his courageous story about overcoming homelessness at FACETS' Hope in Bloom Breakfast. The free event on April 25 at 7 a.m. at Fairview Park Marriott provides an opportunity to learn more about neighbors in need and meet fellow community members who are helping end homelessness in the region. Attendees will be uplifted and inspired and discover how we can ensure everyone has a place to call home in our county.

If you have an interest in learning more about the effects of poverty in Fairfax County, we encourage you to join us along with other community, business and political leaders at this 8th annual breakfast. Register at www.FACETSCares.org.

Tornado Warning

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

There was both shock and amazement on the part of many

Restonians to hear last Friday evening that our community was under a tornado warning by the National Weather Service (NWS). These warnings occur all the time, especially in the Midwest and earlier that day across the deep South. For us the weather is relatively mild, although the winds do seem to blow harder these days, and the rains this spring seem to have brought a lot of local flooding. The amount of snow varies from winter to winter.

About 8:30 p.m. on Friday the National Weather Service found that an approaching squall line ahead of a larger storm's cold front distorted into an S shape across Northern Virginia. Gusts along the bow were significant until the bow broke up into a rotating storm. Doppler radar revealed a counterclockwise circulation known as a mesocyclone over Reston that developed into a cyclone.

Technically the National Weather Service recorded that on Friday, April 19, there was a tornado event in Reston beginning at 8:55 p.m. estimated time with estimated maximum wind speed of 70 mph, with a maximum path width of 100 yards and a path length of 4 miles. The NWS uses the Fujita Scale to classify tornadoes into one of six categories—EF0 (weak) to EF5 (violent). The tornado in our community was rated at the lowest ranking, EF0.

For professional weather people who deal with bad weather all the time, the tornado in our community that lasted an estimated five minutes may



COMMENTARY

have seemed weak. But for those who sought refuge in their basements and heard the wind whipping around their homes and saw the trees swaying in their yards the storm was anything but weak. Fortunately, no one was killed or reported hurt. Lots of trees and branches were downed and several cars were damaged with one townhouse being severely damaged. Everyone is left to wonder if we will be as lucky if the flukes of weather send their wrath on us again.

Weather refers to what happens in the atmosphere around us with rain, snow, wind, and thunderstorms as examples. For many of us weather conditions seem to have become more severe. Only scientific recordings of weather events over a long period of time will provide evidence needed to confirm or deny our hunches. All the weather events of temperature, humidity and rainfall patterns averaged over seasons, years or longer creates our climate. There is ample evidence to demonstrate that climate is changing and that human behavior especially in releasing more heat-trapping gases into the atmosphere is a leading cause. Completing the circle of what is happening in our world is that climate change is bringing about more extreme weather events.

While extreme weather, climate change and global warming may be controversial topics to some, many of us are deeply concerned. This week's celebration of Earth Day was a global experience. Our local weather event while relatively mild reminds us that we need to be serious about the subject and serious about our response to it.

LETTERS

Clarification on Salaries

To the Editor:

I want to thank the Connection for the fair and generally accurate reporting on my comments at the April 9 Board of Supervisors budget hearing.

However, there is an important correction.

According to the article, I said, "school and other county employees earn more than the average private sector worker in the region."

What I actually said was, "half of private-sector jobs in Fairfax County have salaries of \$77K or less." The average salary for teachers and public safety employees is \$77K or higher. The average salary for county non-public-safety employees is \$66K.

Arthur Purves
President
Fairfax County Taxpayers Alliance

Write The Connection welcomes views on any public issue. Send to:

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The Connection
1606 King St., Alexandria VA 22314
Call: 703-917-6444.
By email:
editors@connectionnewspapers.com

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Damaging Twister Touches Down in Reston

Tracks over Reston Hospital, crashes tree into home.

BY MERCIA HOBSON
THE CONNECTION

After a powerful line of storms caused damage and tornadoes throughout parts of Virginia on Friday, April 19, the National Weather Service confirmed an EF-0 tornado touched down in Reston at 8:55 p.m. with estimated maximum wind speeds of 70 mph.

According to a Saturday storm survey conducted the day after the tornado by the staff of the National Weather Service Baltimore/Washington Weather Forecast Office in Sterling, the Reston tornado moved north-northeast at approximately 50 mph and lasted five minutes. It produced a discontinuous line of damage along a path approximately four miles long and 100 yards wide, eventually toppling a tree onto a vehicle and another on a home.

The first evidence of damage reported by the survey team was near Fox Mill Road and Pinecrest Road with several trees down. The tornado then traveled near the U.S. Geological Survey Complex on Sunrise Valley Drive, passed over the Dulles Toll Road and tracked across Reston Hospital with no dam-

The Enhanced Fujita (EF) Scale classifies tornadoes into the following categories:



The Enhanced Fujita (EF) Scale classifies tornadoes into five categories. The National Weather Service confirmed the Reston tornado as an EF0.

Reston- Fairfax County, VA	
Date	APR 19 2019
Time (Local)	855 PM EDT
EF Rating	EF0
Est. Peak Winds	70 MPH
Path Length	4 MILES
Max Width	100 YARDS
Injuries/Deaths	0/0



Friday, April 19, Reston twister path and damage survey by the National Weather Service.

age seen there. North of the hospital, near Town Center Parkway, the tornado toppled a tree and blew shingles off a home.

The tornado then crossed Baron Cameron Avenue east of Trader Joe's according to the survey team. Damage seen was mainly due to trees being either uprooted or topped; however, a two-foot diameter tree crashed through the upper roof of a townhouse on Quietree Drive in Reston causing local officials to condemn the property.

The destruction continued as a 100-foot tall tree fell and smashed an unoccupied vehicle parked along Center Harbor Road in Reston. Fortunately, no injuries were reported with the tornado. The survey team concluded that strong straight-line winds fell two large trees on Fort Lee Street, one which fell on a house.

The National Weather Service reports on its website, www.weather.gov/safety/tornado-after "large rooms, such as gyms, auditoriums and most lunchrooms are not safe shelters even during 'weak' tornadoes," mentioning an EF-1. For information on tornado safety, how to sign up for notification, create a family communication plan and prepare your home, visit www.weather.gov/safety/tornado-prepare.

Farm Fresh in the Spotlight

2019 Reston Farmers Market now open on Saturdays

BY MERCIA HOBSON
THE CONNECTION

The magic of the ten Fairfax County Farmers Markets and the USDA's encouragement to "Know Your Farmer, Know Your Food," is that the middleman is missing. If market shoppers want to know if the strawberries are pesticide and chemical free, grown in a field rather than a hothouse or certified organic, they can ask the farmer standing in front of them for a first-hand account.

On Saturday, the 2019 Reston Farmers Market operated under Fairfax County Park Authority opened.

The Connection reached out to some of the 32 vendors to learn about their farming production practices and asked customers what they liked and the market managers to detail what was new this year at the market.

Like the nine other county markets, the one in Reston is strictly producer-only. That means farmers and producers must come from within a 125-mile radius of Fairfax County and may only sell what they raise on their farms or make from

scratch.

Shoppers using their Virginia EBT card at the Reston market can receive up to \$20 in matching funds through the SNAP Double Dollar Program. "Be sure to stop by the SNAP table even if you do not have benefits. We will let you know how to apply; it's easy to do. If you qualify, you can come to the market, and in the SNAP program, we will match up to \$20, which means you get \$40 worth of food. It's a great opportunity to get fresh fruits and vegetables," said Minnie Orozco, director of urgent needs and life skills, Cornerstones.

The Reston Farmers Market is located at 1609 Washington Plaza North, Reston. It runs Saturdays now through Dec. 7, 8 a.m. - noon.

The market is closed Sept. 21, 2019, for the Multicultural Festival. For health and safety reasons, the market is not able to accommodate pets, except service animals.

For more specific information about the Reston market and its vendors, visit www.fairfaxcounty.gov/parks/farmersmarkets/reston.

Restonians flock to the first 2019 Fairfax County Farmers Market of the season held Saturday, April 20 at Lake Anne in Reston.

SEE VIEWPOINTS, PAGE 6



PHOTO BY MERCIA HOBSON/THE CONNECTION

Senior Living

Sharing Wisdom of Positive Aging

Positive Aging and Wellness Fair draws crowd for education, information – and fun!

BY ANDREA WORKER
THE CONNECTION

The 2019 Northern Virginia Positive Aging and Wellness Fair on April 8, powered by the Jewish Community Center of Northern Virginia (JCCNV) and Celebrate Fairfax, Inc., has grown dramatically over the years, requiring more and more space to spread its wings.

This year, for its ninth edition and for the first time, the event was held at the Fairfax County Government Center at 12000 Government Center Parkway in Fairfax. Even that impressive structure started to look more like Union Station than the halls of government. Some 600 registered fair attendees, 75 exhibitors, with more than 20 workshops in session, along with the staff, volunteers, facilitators and sponsors created an air of organized chaos as they mingled with the regular business of the county at work. Before the actual event-day, the event's website apologetically announced that walk-ins were no longer being accepted, such was the response received.

Pam Wiener, Director of Adult Services at event co-host JCCNV, officially opened the fair and was followed by opening remarks from Supervisor Pat Herrity (R-Springfield), who chairs the county's 50+ Committee. Tisha Deeghan, Deputy Executive Director, Fairfax County, also took a brief turn at the podium before handing things over to the keynote speaker Pat Collins, the long-time general assignment reporter for News4.

"I'm one of you. I'm 72. I belong here," said Collins, as he stood to address the packed theatre with his signature "snow stick" in hand.

For the next hour, Collins kept his audience enthralled – when they weren't laughing at his hilarious descriptions of "coming up in the old days," trained by "grizzled old men with typewriters – and no degrees."

The Emmy award-winning Collins ranged far and wide in his remarks, from his own history and how he "accidentally became a reporter at age 15" to stories across the timeline of his career. Starting as a print journalist with the Washington Daily News, then the Washington Star, his first foray into television news reporting didn't go quite as expected.

"On my first day, first thing in the morning, they told me I wouldn't actually go on air until I was ready, and until *they* thought I was ready," recalled Collins. "Guess when I did my first on-air broadcast? You guessed it! On the 5 p.m. news that same day!"

After stints at WJLA and WDVM (Now WUSA-TV) in D.C. and WLS-TV in Chicago, Collins found his home at News4 in 1986.

The veteran newsman says he has the best gig these days. "I can cover everything from murders to snow storms," all while work-



There were more than 20 workshops and panel discussions at the Positive Aging and Wellness Fair on topics from memory care to avoiding scammers.



The 2019 Northern Virginia Positive Aging and Wellness Fair drew some 600 registered attendees to the event that packed the Fairfax County Government Center.

ing three days a week.

While he may now have transitioned to "part-timer," Collins insists he's "not done, yet" saying that older adults have a lot still to offer in experience and life lessons learned that they can share.

"And what else can we older adults do? What other power do we hold? That's right, we vote," he noted to enthusiastic applause. "So keep going, keep active, use your knowledge and your skills. We have plenty left to do."

THE WORKSHOPS were held in three sessions, with topics like "Better Brain

Healthy: Save Your Memory and Your Mind," "The Street Smart Senior: How to Avoid Getting Scammed," "Reaching Your Financial Goals," "Finding a Meaningful Encore Career," "Looking for a Meaningful Volunteer Experience," and "Gadgets and Gizmos for Your Health and Happiness."

The teachers were engaging experts in their fields. Among them were Patricia Rohrer, Long Term Care Program Manager with the county's Health Department, Carrie Brill, Caregiver Specialist and Management Analyst, Fairfax County Area Agency on Aging, Cathy Turner, Director of Senior Health at Virginia Hospital Center, Cherie

Lejeune, Age+Tech Innovator, and even a staffer from the Office of the Attorney General.

More experts manned the exhibitor booths.

There were representatives from numerous home care resources and senior living communities, and other sponsors displaying medical and health-related offerings, and other businesses that provide services and products aimed at making the life of older adults easier and more comfortable, help residents age in place, and keep up with today's technologies.

Rebuilding Together Arlington/Fairfax/Falls Church was just one of those offering much-needed assistance. The nonprofit uses expert volunteers to make critical home repairs or construct disability and/or accessibility improvements at no cost for qualified homeowners on a limited income.

Allegra Joffe, who represented PRS CrisisLink's CareRing Program, was on duty, introducing visitors to the program that provides daily phone calls to help those individuals living alone or disabled or with chronic illness.

"It's a great free service," said Joffe. Clients are provided with screening upon intake and periodically during their time with the program, "so we can better know them and best serve them," Joffe added.

CareRing provides a daily friendly chat, but also can assist clients with reminders about medications or appointments, checking on general well-being and even helping ensure that clients are eating regularly.

Among the booths that lined much of the lower level of Government Center, there were even some opportunities for job and volunteer-seekers, like the Fairfax County Auxiliary Police Officer program, there to hunt for a few new "rookies" to join their ranks.

The Grandinvolve organization was also on hand, hoping to entice a volunteer or two into sharing skills, hobbies, interests and talents with elementary school kids.

THE LIST of services, products, and potential opportunities goes on. If you missed the 2019 Positive Aging and Wellness Fair, here is a way to get connected.

Check out the county's website www.fairfaxcounty.gov/OlderAdults. While you are there, subscribe to the monthly Golden Gazette for information and a calendar of events. There is even a phone number – one number – to reach knowledgeable folks who can get you started or even help you navigate to the information or services that you are seeking.

Call 703 – 324 – 7948, TTY 711, 8 a.m. – 4:30 pm, Monday – Friday for help with services for older Fairfax County adults. And one more piece of advice: don't miss out when the next Positive Aging and Wellness Fair comes around again.

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VIEWPOINTS

PHOTOS BY MERCIA HOBSON/THE CONNECTION

Vendors, Shoppers Share Tips, Advices at Reston Farmers Market

**Customer Sue Leonard of Reston,
and Vendor Feride Ozkan of Arlington**

Leonard: "The spinach and feta pastry is the best breakfast."

Ozkan: "I am so excited to be here. It's a very lovely neighborhood, and I am very happy to introduce our healthy and unique foods to Restonians."

Ozfeke Catering, Arlington is offering Mediterranean and Anatolian cuisine gourmet selections of baked goods and packaged prepared food products.



Customer David Loughran of Reston

"I came here to support farmers and this vendor (Shenandoah Seasonal), is chemical free. The world is an ecosystem, and we can't keep putting crap in it."



**From right: Fran Lovaas, Reston Farmers
Market Co-manager with husband John,
Co-manager, and Zach Huntington of Clean
Fairfax**

"Clean Fairfax is partnering with the Reston Farmers Market in a pilot program to go plastic bag free. We are trying to make this happen. Paper bags and reusable bags will be available."



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BULLETIN

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SATURDAY/APRIL 27

Scam Jam and ShredFest. 8 a.m.-1 p.m. at Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The Silver Shield Task Force and AARP Virginia are hosting a free fraud prevention and shredding event. There will be numerous speakers discussing how to be aware of scams and how to prevent being scammed or defrauded. Scam Jam runs 9 a.m.-1 p.m.; ShredFest runs 8 a.m.-noon.

Reston Community Yard Sale. 8:30 a.m.-noon at 1900 Campus Commons Drive, Reston. Eighty families will be selling a variety of items. No early birds as gates open at 8:30 a.m. Vendor space is sold out. For a recorded, weather related message, call 703-435-6577 the morning of the event. Email Ashleigh@reston.org for more.

Spring Forward. 8:30 a.m.-2 p.m. at Colgan Hall, George Mason University Science and Technology Campus, 10900 University Blvd., Manassas. Spring Forward Family Fun Day offers adoptive, foster and kinship families a day of fun and learning about tools and solutions. Found Families Forward is partnering with NewFound Families, the Virginia Department of Social Services (VDSS), and VDOE's Training and Technical Assistance Center. While the kids enjoy activities, parents, caregivers and professionals will be treated to keynote Family Strong: Five Ways to Fight the Fear, Beat the Burnout, and Stay Focused for the Long Haul by presenter Wendy Besmann. Following the keynote, parents and caregivers choose from a variety of breakout sessions. \$0-\$40. Visit www.eventbrite.com/e/spring-forward-family-fun-day-and-regional-conference-tickets-54145770457 for tickets.

Healthy Kids Day. 9 a.m.-1:15 p.m. at YMCA Fairfax County Reston. Celebrate the start of summer and learn about community resources to keep the whole family healthy all year long. Activities include 5K and 1 mile Fun Run, petting zoo and reptile show, face painting, dancing, and family swim time and free swim lessons. Call 703-742-8800.

Drug Take Back Day. 10 a.m.-2 p.m. at Local Police Departments. Visit local police stations to dispose of unwanted prescription and over the counter medications in a safe, discreet way. Duty officers will be in attendance.

SUNDAY/APRIL 28

Community Interfaith Forum on Hate & Bigotry. 4-6 p.m. at Temple Rodef Shalom, 2100 Westmoreland St., Falls Church. Panelists include: Imam Abd Ar-rafah, All Dulles Area Muslim Society (ADAMS); Andrea Miller, Virginia Tri-Chair, Poor People's Campaign; Rev. Michelle Thomas, Holy and Whole Life Changing Ministries, and President, Loudon County NAACP; Rabbi Jeffrey Saxe, Temple Rodef Shalom; Rev. Angela Martin, Itinerant Elder, A.M.E. Church, and Maryland Tri-Chair, Poor People's Campaign; Dr. Randall Robinson, Spiritual Assembly of the Bahá'ís of Falls Church; Rev. Stuart Scott, Church of Jesus Christ of Latter-Day Saints; and Ronald Halber, Jewish Community Relations Council of Greater Washington. Free. Visit www.eventbrite.com/o/naacp-fairfax-county-12397167937.

MONDAY/APRIL 29

NARFE Dulles Chapter 1241 Luncheon

Program. 11:30 a.m. at Amphora Diner, 1151 Elden St., Herndon. Speaker is Pete Kirby, retired fire chief, Centreville Fire Department, discussing "Fire Safety and Fire Fighting Procedures." The cost of the luncheon is \$18 which includes tax and a small gratuity. Call with reservation and choice of entree to Shirley at 571-442-8910 no later than Thursday, April 25, 2019.

WEDNESDAY/MAY 1

New Board Members Needed. The Virginia Board for People with Disabilities is looking for multiple new members to fill more than half a dozen vacancies: parent or guardian of an adult with a developmental disability; parent or guardian of a child 18 and under with a developmental disability; immediate relative or guardian of an adult with a developmental disability who cannot advocate for themselves; or a person with a developmental disability. Board members serve four-year terms and can be reappointed once. The Board meets four times each year in the Richmond area. Those interested in serving with the Board should apply at solutions.virginia.gov/OASYS/.

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Label Me Determined



By KENNETH B. LOURIE

Like anyone with a name and an address, no doubt over the years, you readers have received unsolicited gifts/inducements in a kind of presumptive exchange for charitable contributions from many organizations with which you are probably familiar. And among the many good deeds they offer are the manufacture and subsequent mailing at no cost or obligation to the recipient, of self-adhesive, return-address labels.

I have, over the years, made a below-average level of contribution despite having maintained an above-average level of use. Still the labels arrive, regularly. And given their accumulation in my home office, I have become ever more determined to not die until I have used every one of those labels. In a manner of speaking/referencing, this pursuit has sort of become my white whale. I'm sure Captain Ahab could relate.

Years ago, around the time of my diagnosis, I was likewise determined, given where I live in Montgomery County, to not die until the Inter County Connector (a long-planned-for, cross-county highway connecting Interstate 270 in Montgomery County to Route 1 in Prince George's County) was completed. I never thought, given my "13 month to two-year" prognosis in 2009, that I'd live to see its completion and to attach its transponder and pay its tolls. But I have.

And though I am not a regular driver on this road, I am nonetheless emotionally connected to it. It's as if we both overcame something.

Which brings me back to the other emotional connection I've mentioned: the return-address labels.

It's not because of the specific charities or the design of the labels or anything in particular (they all tend to blend together after a while), it's that they all have my name and almost always have it spelled correctly, which is not always the case in mail addressed to Lourie. And below that correctly-spelled name, is an equally correct return address.

All combined on a label which doesn't require any licking or stamping or writing. All of which when combined creates a certain functionality which for a non-millennial, baby-boomer like myself who actually mails envelopes rather than types them online, provides an incredibly helpful asset.

And as a cancer patient, any asset that simplifies my life is an asset worth mentioning.

There are many mailers of a certain age who live, almost thrive in a non-paper-free environment. We still write our own checks, hand-address our own envelopes, buy and stick our own stamps and finally go to the Post Office to mail our correspondence.

I can't say whether many of us "balance our checkbooks," but as for myself, I do review the various entries in my check register with my paper statements to confirm their familiarity and accuracy. If this all sounds a bit antiquated to some of you younger readers, some of what you do sounds far-fetched and sort of redundant to me, which probably minimizes your appreciation for something as mundane as a correctly-spelled and properly-addressed return-address label.

I imagine there's a path down the middle somewhere, but it's not important that we all correspond.

But for those of you who do correspond with hard copies instead of computerized soft copies, these return address labels can be a vital cog in the mailing machine. Intended recipients are not always where you thought they were and mail that you thought you had properly addressed stands a better chance of being returned to sender.

A properly-affixed and accurate return address label might not save the sender time or money, but it might do so for the recipient; and let's be honest: who doesn't like to receive mail?

And what's the first thing you look at? The return address. If it were not for the return address, label or otherwise, the reason for its delivery might lose some of its appeal.

For me, living beyond the correspondence on which that final label will be affixed is very appealing. Because considering the number of labels I still have at home, I'm going to be living for a long time. Cancer be damned.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Founder's Day Show at Lake Anne. Through April 29, 9 a.m.-8 p.m. at the JoAnne Rose Gallery, Reston Community Center at Lake Anne, 1609 Washington Plaza, Reston. The League of Reston Artists presents their annual Founder's Day exhibit in honor of the group's founder, Patricia MacIntyre. MacIntyre will judge the painted and mixed media entries that illustrate the theme of "Fine Lines." Visit www.leagueofrestonartists.org for more.

Herndon Farmers Market. Thursdays, through mid-November, 8 a.m-12:30 p.m. in Historic Downtown Herndon, Lynn Street. Vendors will offer seasonal plants, produce, baked goods, meats and more; all sold by local growers and producers. Additional enhancements to the market include seasonal events and entertainment, including "Farmers' Market Fun Days," free performances for the whole family. Visit www.herndon-va.gov/FarmersMarket

THURSDAY/APRIL 25

Toddler Story Time. 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join in for fun stories, songs and finger plays. Age 2 with adult. Registration begins April 11. Visit librarycalendar.fairfaxcounty.gov or call 703-689-2700.

Live Music: Shawna Caspi. 6:30 p.m. at Lake Anne Coffee House, Lake Anne Village Center, 1612 Washington Plaza, Reston. Toronto-based singer-songwriter and fingerstyle guitarist Shawna Caspi performs live. Free. Call 703-481-9766 or visit lakeannecoffeehouse.com.

Teen Advisory Board. 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join TAB to gain leadership and volunteer experience and share ideas about how to make the library a wonderful place for teens. Volunteer hours granted. Age 13-18. No registration required. Visit librarycalendar.fairfaxcounty.gov or call 703-689-2700.

Dollars and Sense. 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Monthly group discussion focuses on business leaders and markets. Group will be discussing "Moneyball" by Michael Lewis. Free and open to the public. Visit librarycalendar.fairfaxcounty.gov or call 703-689-2700.

FRIDAY/APRIL 26

Family Yoga. 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Enjoy playful yoga, stories and songs along with an actively walking child. No experience needed. Register by April 12. Visit librarycalendar.fairfaxcounty.gov or call 703-689-2700.

Annual Empty Bowls Event. 5:30-8 p.m. at Floris United Methodist Church, 13600 Frying Pan Road, Herndon. For a small donation, guests receive a supper of soup, bread, beverage, and dessert, as well as a handmade pottery bowl to keep as a reminder that there are those in our community with empty bowls. Entertainment and a raffle add fun to the evening. All proceeds benefit Food for Others, the largest distributor of free food directly to the hungry in Northern Virginia. \$25 for adults; \$15 for children under 12. Visit www.givingcircleofhope.org.

Live Performance: Harried Americans. 7-9 p.m. at Cafe Montmartre, 1625 Washington Plaza, N., Reston. The Harried Americans Roadshow is smarty-pants songwriter Chris Anderson, emcee Ron Goad, Mark Johnson on keys, bassist Niels Jonker, guest songwriter Kipyn Martin, comedian Adam Belcher and poet Rod Deacey. \$10. Visit harriedamericans.com.

FRIDAY-SUNDAY/APRIL 26-28

The Sound of Music. Friday, 7 p.m.; Saturday 2 and 7 p.m.; Sunday, 2 p.m. at Herndon High School, 700 Bennett St., Herndon. Join Herndon High School students as they present The Sound of Music. Set in Austria just prior to World War II, this classic follows young Maria as she finds her calling – and her heart – with the von Trapp family. \$12/children/students/senior citizens; \$18/adults; \$20/premium reserved seats. Visit herndon-drama.org or call 703-475-4933. A von Trapp Family singalong and backstage tour for children: April 28 at 1 p.m.; tickets in advance online only at herndon-drama.org.



Women's Training Program

Reston Runners Women's Training Program for women aged 16 and up. Walkers, runners, run/walk intervals and Fresh Start for those needing a more gentle start to exercise. Mondays, April 29-June 24, 6:30-8 p.m. at South Lakes High School, Seahawk Drive, Reston. \$45. Email wtp@restonrunners.org or call 703-444-3667.

Live Music: Shawna Caspi

Toronto-based singer-songwriter and fingerstyle guitarist Shawna Caspi performs live. Thursday, April 25, 6:30 p.m. at Lake Anne Coffee House, Lake Anne Village Center, 1612 Washington Plaza, Reston. Free. Call 703-481-9766 or visit lakeannecoffeehouse.com.

SATURDAY/APRIL 27

Community Yard Sale. 8:30 a.m.-12:30 p.m. at 1900 Campus Commons Drive (corner of Sunrise Valley Drive and Wiehle Avenue). Eighty families will be selling a variety of items – find things for a new home or a college dorm. Sign-up to have a booth or stop by to browse for great bargains. (Eain date April 28). Register through RestonWebTrac account or email Ashleigh@reston.org or call 703-435-6577.

Springfest 2019. 10 a.m.-4 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Springfest is a once a year, an environmental festival that strives to educate Northern Virginia residents, businesses and students on the benefits of helping our planet. Springfest strives to celebrate our planet and participate in the observance of Earth Day. Email ayleah@cleanfairfax.org or visit Springfestfairfax.org for more.

Woofie's Grand Opening Celebration. 11 a.m.-3 p.m. at Jimmy's Old Town Tavern, 697 Spring St., Herndon. Bring your pup, have a pint and meet the Woofie's team. Adoption event featuring dogs from Fairfax County Animal Shelter. Silent auctions and Woofie's mobile grooming van on-site featuring \$10 nail trims with proceeds going to Friends of Fairfax County Animal Shelter. Visit www.jottnew.com or call 703-435-JIMS (5467).

Pup Social. 2-4 p.m. at Hyatt Park - Reston Town Center, 1800 Presidents St., Reston. Join an on-leash dog event in Hyatt Park in Reston Town Center. View the vibrant 'Reston Rondo' sculpture by Mary Ann Mears while socializing with friendly dog neighbors. Free. Visit publicartreston.org for more.

"Enchanted Forest" Joy Prom. 6:30-8:30 p.m. at Centreville Baptist Church, 15100 Lee Hwy, Centreville. Similar to Tim Tebow's "Night to Shine," this is a free event for all who register and intended to be a night of fun for the special needs community as well as a time of respite for families and caregivers. Local youth are volunteering to be coupled with participants as "buddies" throughout the night's activities. Registration to participate is open to all ages 13 and up, but not limited to high school students. Visit www.cbca.org/joyprom.

Global Camps Africa's Annual Gala. At the Ronald Reagan Building in Washington, D.C. The Reston-based non-profit will present its Sizanani Award to Yale Bulldog and All-Pro NFL running back Calvin Hill for his powerful



PHOTO BY RONI HOFFMAN

advocacy on behalf of vulnerable children. Funds raised through this event will support Global Camps Africa's flagship camp program for South African youth affected by HIV/AIDS. Visit www.globalcampsafrika.org.

SUNDAY/APRIL 28

Echoes of the Past - History Comes to Life.

1-4 p.m. at Frying Pan Farm Park Meeting House, 2739 West Ox Hill Road, Herndon. Return to 18th century Fairfax County. Learn about the religious freedom movement, the role the meeting house played in that movement, and the role of the church in the lives of people within the community. Reenactors, 18th century games and exhibits will bring the history to life. Event is free. Call 703-437-9101.

TUESDAY/APRIL 30

SpanChats. 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Ongoing Spanish conversation group. All levels from beginner to fluent are welcome. Adults. Visit librarycalendar.fairfaxcounty.gov or call 703-689-2700.

WEDNESDAY/MAY 1

Charity Knitting Party. 10 a.m.-3 p.m. at Sully Government Center, McDonnell Community Room, 4900 Stonecroft Blvd., Chantilly. Come and knit or crochet a blue hat as part of the #HatNotHate Campaign. Bring blue yarn, needles or crochet hook and hat pattern and join the Craftivist Movement. There will be snacks, participants are welcome to bring a lunch and drink. Choose a familiar hat pattern or choose one from www.lionbrand.com/blog/end-bullying-hat-not-hate/. Email Luv2knit14@aol.com for more.

THURSDAY/MAY 2

Millennials Book Club. 7 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Title is "American Psycho" by Bret Easton Ellis. Check out a library copy or buy up a copy to own. Adults from early 20s to early 30s. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

THURSDAY-FRIDAY/MAY 2-3

Big Truck Days. Thursday, 9 a.m.-3 p.m.; Friday, 9 a.m.-7 p.m. at Public Works Complex, 1479 Sterling Road, Herndon. Kids and kids-at-heart can see some of the town's big trucks and heavy equipment up close and learn more about their

operation. Light refreshments will be available and souvenirs will be provided to children. Attendees are asked to bring non-perishable food items to donate to a local food pantry. Large groups should call ahead, 703-435-6860. Visit www.herndon-va.gov/BigTruckDays for

THURSDAY-SUNDAY/MAY 2-5

Book Sale. Thursday, 10 a.m.-8 p.m.; Friday, 10 a.m.-6 p.m.; Saturday, 10 a.m.-4 p.m.; and Sunday, 1-3 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Friends of the Reston Regional Library hold their semi-annual book sale. No children's books at this sale. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

FRIDAY-SATURDAY/MAY 3-4

The Sound of Music. Friday-Saturday, 7 p.m. at Herndon High School, 700 Bennett St., Herndon. Join Herndon High School students as they present The Sound of Music. Set in Austria just prior to World War II, this classic follows young Maria as she finds her calling – and her heart – with the von Trapp family. \$12/children/students/senior citizens; \$18/adults; \$20/premium reserved seats. Visit herndon-drama.org or call 703-475-4933.

FRIDAY-SUNDAY/MAY 3-5

2019 Spring Concert. Friday-Saturday, 7:30 p.m.; Sunday, 3 p.m. at Kenmore Middle School, 202 S. Carlin Springs Road, Arlington. BalletNova will be performing a fun and humorous ballet 'La Fille Mal Gardée' and 'Steps in the Street' – a masterpiece by Martha Graham. Guest performers include Reston's Gin Dance presenting their contemporary ballet 'L.E.O.' Guest choreographer Matthew Powell will create the new production of La Fille Mal Gardée. \$12-35 (\$3 more at the door). Visit www.balletnova.org for tickets.

Used Book Sale. Friday, 10 a.m.-6 p.m.; Saturday, 10 a.m.-5 p.m.; Sunday, 1-4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. Gently used books, DVDs, CDs and audio books for children and adults. Sponsored by Friends of the Chantilly Regional Library to benefit programs and renovation projects at the library. Free admission. Call 703-502-3883 or visit www.fairfaxcounty.gov/library/events.

SATURDAY/MAY 4

Pet Fiesta! Exhibition and Pet Adoption. 10 a.m.-4 p.m. at Reston Town Center. Super pet adoption, paws-ively fun pet contests and fashion show, exhibitors of pet resources, pet rescue and non-profit groups. Presented by and benefiting GoodDogz.org. All on-leash pets welcome. Free admission, rain or shine. Visit petfiesta.org for more.

Top to Bottom Look at Colvin Run Mill.

10:30 a.m. at Colvin Run Mill, 10017 Colvin Run Rd, Great Falls. Climb to new heights and explore the second and third floors at Colvin Run Mill on Saturdays in May. Register for the "Four Floor Tour Class" to get an insider's look at this 200-year-old working mill. The exploration may last up to two hours. \$10 per person, and the tours are designed for visitors age 10 to adult. NOTE: Participants will be climbing steep stairs to reach the added tour areas in this historic building. The areas are not ADA accessible, but alternative arrangements will be made for those who cannot climb the stairs but wish to participate. Call 703-759-2771 or visit www.fairfaxcounty.gov/parks/colvin-run-mill.

Tapestry of Peace and Justice. 4 and 7:30 p.m. at Reston Community Center, Hunters Woods, 2310 Colts Neck Road, Reston. Music, poetry and art have the power to inspire, raise awareness and bring people together to make the world a better place. Join The Reston Chorale and friends for Tapestry of Peace and Justice, a mixed-art performance and exhibition. Reception at 6 p.m. \$0-\$25. Tickets and information at www.RestonChorale.org or at the RCC Box Office, 703-476-4500, ext. 3.

SUNDAY/MAY 5

Home & Garden Marketplace. Noon-5 p.m. at Reston Town Center Pavilion, 11900 Market Street, Reston. On stage, gardening expert Mike McGrath will present two 1-hour shows including time for Q&A and book signings, and Mina Fies will talk about the Renovate Happy experience. Visit www.facebook.com/events/2358351064412183/ or restontowncenter.com/events/all for more.

Ramadan Cultural Festival. 2 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. The All Dulles Area Muslim Society center is helping the library host a family-friendly afternoon of activities and games. All ages. No registration required. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.