



Ariana Frazier, right, is congratulated by college career center counselor Stacy Morris following the graduation ceremonies for T.C. Williams High School June 15 at Eagle Bank Arena.



Larry Bell stands between his parents, Larry Bell Sr. and Schmeille Smith, after graduating from the 2019 class of T.C. Williams High School June 15 at Eagle Bank Arena.



PHOTOS BY JANET BARNETT/GAZETTE PACKET

Seniors Rosibel Diaz, Jose Diaz and Kalista Diamantopoulos prepare to enter Eagle Bank Arena for the T.C. Williams graduation ceremony.

‘Our Differences Are Our Strengths’

T.C. Williams graduates class of 2019.

BY JEANNE THEISMANN
GAZETTE PACKET

The Eagle Bank Arena on the campus of George Mason University was a sea of red, white and blue June 15 as T.C. Williams High School celebrated the graduation of the class of 2019.

ACPS Superintendent Gregory Hutchings Jr., himself a 1995 graduate of TC, delivered the keynote address.

“We all have moments when we ask ourselves, ‘Am I good enough?’” Hutchings said. “This can be profoundly true for people of color, people who are not born in this country, young people who may feel excluded due to their socioeconomic background, gender identification, family circumstances or learning ability. You — our students — come from 114 different countries and speak 119 different languages. But our diversity is a formidable strength and is something to embrace. Our differences are our strengths.”

Hutchings used the occasion to announce the launch of the Coming Home Campaign, an initiative that will guarantee ACPS jobs to TC graduates who major in education.

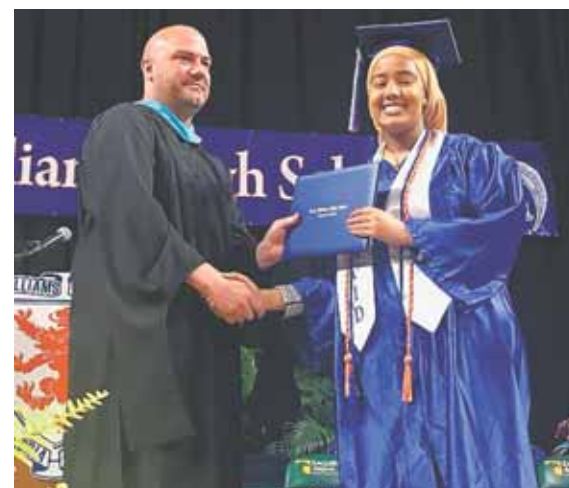
“At this moment I am launching the Coming Home Campaign, where Alexandria City Public Schools will be guaranteeing those of you TC graduates in the class of 2019 who pursue education as



T.C. Williams class of 2019 valedictorian Ana Luisa Tio Humphrey.



ACPS Superintendent Gregory G. Hutchings Jr., left, presents Abigail Adams, with her diploma at the 2019 graduation ceremony for T.C. Williams High School June 15 at Eagle Bank Arena.



T.C. Williams principal Peter Balas presents Hanane Abdula with her diploma at the June 15 graduation ceremony at Eagle Bank Arena.



Susan Cabrera, Julissa C. Alvarado, Jose Bustillo Ortiz and Amber Cabrera wait in the hallway prior to the 2019 T.C. Williams graduation ceremony.

a major in college a job with ACPS after you graduate from college,” Hutchings said.

Hutchings noted that guidelines

of the agreement are being worked out and certain conditions would need to be met.

SEE CLASS OF 2019, PAGE 15



Monet Oppong with guidance counselors Stacy Morris and Kathy Brewster.

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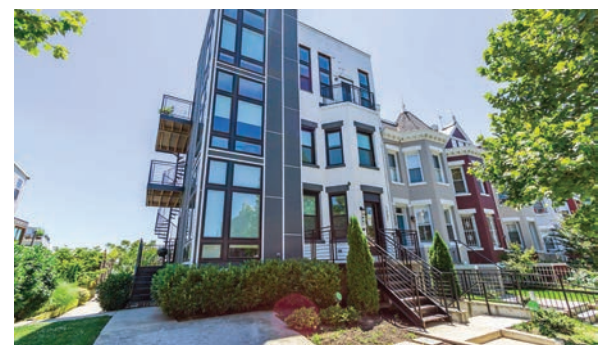
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Deciding Who's In or Out

Artists seek more input on studio leases at Torpedo Factory Art Center.

BY GERALD A. FILL
GAZETTE PACKET

More than two years after the city's takeover of the Torpedo Factory Art Center, city staff and some artists continue to disagree on selection process and criteria on who is approved for studio leases.

There are a number of city initiatives that artists disagree with, but the overriding one appears to be how the city and the art center select artists for admission to the center. Until this issue is resolved, the city and a growing number of artists may continue to be at odds with city management on the long-term future direction of the Torpedo Factory Art Center.

One of the reports about the Torpedo Factory Art Center, by the Stephen Fuller Institute, stated without equivocation that the Torpedo Factory Art Center is the city's "single largest visitor attraction" to Old Town.

"The Torpedo Factory is recognized worldwide for its adaptive reuse of a deteriorating factory-style structure, transforming it into a successful cultural center that provides a workplace for local arts and also created a business, recreational, and educational environment under one roof," according to the report.

For this reason, the near future direction and collaboration between the city management and the Torpedo Factory Art Center artists is a critically important adjunct to the economic growth and stability of the city.

More than two years ago, at the time of the city management takeover of the art center, the city extended the leases and subleases with the artists. They were further extended this past year until Sept. 30 of this year. What the new lease language will be, whether the city will continue to manage the art center or create a new governmental structure, and whether the juried selection process will continue to be managed by the city or return control of the selection process and leases to the Torpedo Factory Artists' Association will likely determine who shall be allowed studio space.

Because of some of the recent actions by



PHOTOS BY GERALD A. FILL/GAZETTE PACKET

City Management Staff: Brett Johnson, director, Torpedo Factory Art Center, and Alyssa Ross, communications and marketing director.

the city management, there is a level of uncertainty cited by several artists that has fostered a lack of trust in the city's management of the art center. Recent actions by the city management staff include directing that the two 4-foot by 2-foot electronic "monitors" that promote the artists and direct visitors to the studios must be removed. In addition, Center Hall displays have been ordered removed for fire safety concerns. Another example of what some artists dubbed city management overreach: The artists have been alerted — and some characterize as punished — for not being on call for the public on a full time basis within their studios. One artist likened it to punching a clock which they viewed as punitive and demeaning. The city views these actions as necessary to properly manage the artists' studio leases.

Over the past several years, the city has taken credit for a number of actions to improve the appearance and productivity of the art center. This includes but is not limited to: a new art center director, new community programs, new public meeting

City and Art Center Artists at Odds

City Management: Torpedo Factory Art Center artists are unwilling to collaborate with the city staff on juried artists selection process.

Torpedo Factory Art Center artists are split: One group essentially happy with the city oversight and acknowledges some leaseholders not fulfilling their responsibilities under the lease terms to promote their artistic efforts.

The other group resents takeover of the juried selection process and believes the process adopted by the city management is unfair, and biased.

space, free Wi-Fi installed, an updated and relocated gift shop, and establishment of a new artist selection process, among other actions.

Some artists are most critical of the artists' selection process. The selection of artists by the city is perhaps the most difficult to accept since up until the city takeover, the artists were most proud of the blind juried selection process. Notwithstanding the artists' concerns of the city tampering with the juried blind selection process, the city contends that they have established a fair and transparent selection process to "ensure that the best artists were being selected for studio space in the art center."

The artists who are critical of the city management disagree. The pending Sept. 30 renewal of artists' leases marks the latest concern by artists primarily because, according to several artists, they have not been consulted.

The city management disagrees. "The TFAA notified the city in January 2019 that they did not want a collaborative process and instead, as an independent membership organization, would only select for its membership, as it has done for years. ... City staff has moved ahead to develop best practices and in support of the goals and strategies outlined in the City Council-approved Arts and Culture Master Plan for eligibility for artists to lease and sublease studios in the Art Center." The city further elaborated that "the selection process utilizes nationally known jurors for the selection. ... Staff facilitates the process but do not play a role in the selection."

TFAA artists challenge the fairness of the process. Charlene Nield said, "The Torpedo Factory Art director and the OOTA [city's Office of the Arts] blocked the blind jury selection process conducted by the Torpedo Factory Artists Association for many years

until now. ... Meanwhile the OOTA has developed its own studio selection process, which is biased, unfair, and flawed, and awards studios based on favoritism by the director."

In addition, the city has sponsored the development of a comprehensive policy planning document entitled, "Alexandria: The New Experience" (2016-2026: Arts & Culture Master Plan) intended to provide a blueprint for the city's future regarding the art center and other elements of the city's management plan as it affects the arts and culture of the city.

The city has also commissioned another related report which is not completed that will "be informed by the 15 other reports created about the art center," entitled a "Vibrancy and Sustainability Plan."

As matters now stand, a range of views are offered by the artists: from very positive comments about the changes at the art center, to other concerned artists who have highlighted what they perceive as recent intrusive actions by city management staff, ie., the city taking over the juried panel reviews that determine who is allowed admission to the Torpedo Factory Art Center studios.

Two years ago, Deputy City Manager Emily Baker emphasized that the city's takeover of the Torpedo Factory Art Center was temporary. Furthermore she stated that "friction at the board level created issues that plagued the Torpedo Factory reform process since the beginning." Baker also said, "We have had conversations but no consensus." Today, Baker is cautious but more positive and upbeat: "The city is excited about the work at the Torpedo Factory. Our staff very much wants to partner with the artists in the building as well as the community as a whole, to increase the vibrancy, activity level and attendance. We see the Torpedo Factory Art Center as a place to celebrate the arts in Alexandria and provide opportunities for residents and visitors to interact with the arts and artists. ... I understand that change can be difficult. We continue to encourage the artists to work with us on the future vision. We know

SEE DECIDING, PAGE 10



PHOTO CONTRIBUTED

Charlene Nield: Critical of city management decisions without input by artists.



PHOTO CONTRIBUTED

Greg Knott, photographer: Critical of excessive oversight.



Matt Johnston: Supports city changes and improvement initiatives.



Lisa Schumaier: Should reexamine decisions to curtail creative promotional efforts by the artists; wants to be cooperative and positive.

The Challenge of Finding a Compatible Kidney

Local company seeks match for one of its own.

BY ASHLEY CLAIRE SIMPSON
GAZETTE PACKET

Every single day is a struggle for Eduardo Barahona, who has been battling chronic kidney disease for more than seven years. As his kidneys gradually shut down, Barahona – an Alexandria resident – is in constant discomfort, and often in flat out pain.

“In the last three years especially it’s gotten harder and harder to work,” Barahona, who works for local home renovation firm Harry Braswell, Inc., said. “I get dizzy spells, and I am not able to sleep through the night, so I’m not at 100 percent. Working in the field, being in the heat or the cold has a negative impact on the disease and how the treatment works. The treatment itself [which includes dialysis] also takes a toll on my health.”

Kidneys enable the human body to excrete waste, extra fluid, and certain acids. Without a properly functioning kidney, Barahona’s blood pressure, red blood cell count, and bone health are all in peril. And despite having to endure all of this,

Barahona can’t just take it easy. He is the main source of financial support for his wife and 11-year-old daughter, and, despite that he has their invaluable love and support, what he really needs is a kidney transplant.

“What it is doing to my family is the hardest part,” Barahona said. “It has been very hard on my daughter, especially in the beginning when we found out. She went through a period of depression, which affected her school performance. My daughter has wished that she was older so that she could be tested and be a match to donate her kidney.”

Barahona has been working at Harry Braswell, Inc. for more than a decade. For many of these years, he worked to hide the havoc that his failing kidneys wreaked on his body.

When he could no longer hide his suffering, the Harry Braswell team rallied to his side and are now on a mission to find Barahona the kidney he needs to live – generating publicity, spreading awareness about Barahona’s situation in every way possible.

“Eduardo didn’t ask or have to ask,” said Harry Braswell, owner of Harry Braswell, Inc. “When I heard the problem, I decided that I had to help any way I could. I tried to donate and it was found my kidneys didn’t qualify. Now, my goal is to help Eduardo get a kidney so he can live a full life and be



Eduardo Barahona and Harry Braswell

a productive member of society. Going through this process has made me realize the problems people had getting what they need to solve these medical issues. This issue of kidney donation is a totally solvable issue, but it takes awareness and people to be willing to care.”

Most people will go their whole lives without ever needing a kidney transplant, taking their healthy organs for granted – perhaps even assuming that finding a kidney wouldn’t be too complicated. After all, humans only need one healthy kidney to sur-

vive.

What Braswell has learned through this process, though, is that kidney donation takes more than a willing participant. Certain antigens within a potential donor and recipient, as well their blood types, must be compatible.

In other words, it is never a given that a blood relative will be eligible. For example, siblings only have a 25 percent chance of being able to donate kidneys to each other. Being on the official Kidney Donation Waitlist — where many must wait for years — is no guarantee, either.

Several Harry Braswell, Inc., employees were willing to donate, going as far as to complete testing, but none of them were a match. For now, Barahona remains on the waitlist.

“I’m not sure how much longer I’ll be on the waitlist — hopefully not long,” Barahona said. “Sometimes I go through moments of depression, anxiety and lack of hope. I have made friends where I get my dialysis treatment who are also on the waiting list and unfortunately some have been waiting 10 years or more and have lost hope.”

Although Barahona moves forward with uncertainty, he has a support system comprised of family and friends determined not to let him lose hope.

SEE FINDING, PAGE 18

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PEOPLE

Aging Navigator Helps with Life Decisions

Easing the health care process.

BY SHIRLEY RUHE
GAZETTE PACKET

Mary Belanich has just dropped off her client at the Wound Healing and Hyperbaric Center located at Virginia Hospital Center where she is being treated for a wound to her toe. Belanich has been with her client since she picked her up at 11 this morning for an 11:20 a.m. pre-appointment and then to the outpatient lab to have lab work done.

**PEOPLE
AT WORK**

They shared a roast beef sandwich in the cafeteria and visited until it was time for the hyperbaric oxygen appointment at 2 p.m. But they arrived at 1:30 "because she needs to get prepared — no street clothing, no nail polish. They take her blood pressure and don't proceed unless it is within a certain range."

Belanich says, "They put my client on a gurney and then she goes into a sealed chamber where they expose her body to 100 percent oxygen into the chamber to help heal tissue that is damaged." But Belanich explains the chamber is transparent and someone sits outside to monitor her client and make sure everything is fine "and to put on Gunsmoke if she likes to



Mary Belanich, president of The Aging Navigator, LLC, located in Alexandria.

watch it, which she does."

Belanich says her client has these two-hour treatments five days a week with a recommended total of 20. "I think today is number 16. Her podiatrist in last week's appointment said her toe looks really good with new tissue growing."

Belanich says today's client is in her mid-80s and lives alone. She never married and has no children. She is independent, never drove, takes the bus. Things were going fine until she had an incident and ended up in the hospital, then rehab, and respite a month. "I assisted with all three of these transitions. We've built a relationship. She was one of my first clients when I started my Aging Naviga-



Mary Belanich demonstrates what it feels like for her client to be put flat on a gurney and bundled up in cotton clothing before hyperbaric oxygen treatment at Virginia Hospital Center on June 12.

tor business in Alexandria in February of this year."

The services Belanich provides to this client include accompanying her to doctor's appointments and making sure her prescriptions are filled and she has food. "She is very sharp but she has a lot to juggle with all of these appointments." Belanich also got an appointment with a diabetic educator to help her client learn how to keep the log that her endocrinologist requested. The hospital offers so many services; people have no idea.

Belanich says it is important to be prepared for a doctor's appointment and she also counsels clients to do a little prep beforehand to think about what are their con-

cerns and how they are feeling. "I take notes during the appointments and we review them together afterwards." In the case of today's client, she also shared relevant information with the nephew about progress and concerns. She says it's not easy to navigate the health care system, especially when you're not 100 percent. Belanich adds that she managed long distance care for a parent herself and she knows how difficult it can be when you don't understand their system.

After 20 years of experience in the field of aging where she felt like she was really helping people, Belanich had a desire to do her own thing. "I looked at the current services being provided. There are

a lot of good things out there. I felt with my particular expertise I could work with solo agers and they could benefit from my background with long-term planning. My goal is to help people plan before a crisis."

Belanich comes with a degree in graphic design and then a master's degree in clinical art therapy. "Out of 20 in my class, I was the only one who wanted to work with older adults; the others all wanted to work with children. I was very close to my grandparents and always liked older people."

She spent some time managing an assisted living program for people with Alzheimer's and other forms of dementia in New York and 12 and a half years at Virginia Hospital Center managing senior health. But it was in her role at Goodwin House as its senior sales consultant

that she was really exposed to younger more active solo adults who she says could make decisions now before a crisis occurs.

Her business, located in Alexandria where she resides, can involve something different almost every day — with some clients the time has been brief. Other times she has researched options for a future move complete with helping pack up, managed and accompanied a client on doctor's appointments or scheduled and a day of activities like today. "My clients become like family."

See www.theagingnavigator.com.

DRBA Honors Lawhorne Sheriff receives surprise "Key to Del Ray."

BY JEANNE THEISMANN
GAZETTE PACKET

Sheriff Dana Lawhorne, a regular attendee of the Del Ray Business Association monthly meetings, was taken by surprise at the June 17 meeting when he was honored with a "Key to Del Ray" in appreciation of his 40 years of service to the city.

Friends, family members and Del Ray business community leaders turned out to surprise Lawhorne at a luncheon held at the Del Rey United Methodist Church.

"We invited many of Dana's friends that we know he has touched over the years," said DRBA board member Gayle Reuter. "We reached out to some of the businesses on the Avenue that he used to visit almost 25 years ago when we started the Avenue foot patrol because people felt unsafe walking on the Avenue in the evenings. This was an opportunity to thank Dana for all the work he has done in Del Ray."

SEE LAWHORNE, PAGE 18



Sheriff Dana Lawhorne, right, is presented the Key to Del Ray from Del Ray Business Association member Gayle Reuter and DRBA president Sue Kovalsky at the June 17 DRBA meeting at Del Ray United Methodist Church.

PHOTOS BY JANET BARNETT
GAZETTE PACKET



Sheriff Dana Lawhorne with his wife Linda, daughters Mallory Lawhorne and Christine Kaskela and grandson Ryan Kaskela, 4, after receiving the Key to Del Ray June 17 at the DRBA meeting at Del Ray United Methodist Church.

NEWS

The Ramsay House Visitors Center garden was officially reopened on Wednesday morning, June 12. Garden Club of Alexandria members and co-chairs of the project Vici Boguess, Betsy Huffman and Virginia Banchoff are joined by the construction team that included Construction Manager Donnie Simpson, J&J Landscape Management Inc. President James H. Derrington Jr, and landscape architect Joan Honeyman for the ribbon cutting.



PHOTO BY LOUISE KRAFT

Tourist Center Opens Its Garden Doors

The Garden Club of Alexandria celebrated the completion of the Alexandria Tourist Center, Ramsay House garden renovation with a ribbon cutting ceremony on Wednesday, June 12.

The garden project began over 3 years ago as a gift to the Alexandria Tourist Center. The completed garden includes new patios with memorial bricks, an accessible pathway and patio, native and sustainable plants to provide year-round color and the only

cell phone charging station in Alexandria's parks.

More than 70 guests gathered to hear remarks from Vice-Mayor Elizabeth Bennett-Parker, Councilman Mo Seifeldein and Tom Kaiden from Visit Alexandria. They applauded the renovation as a model public/private partnership, with the city and garden club working together at every phase of the project, from approvals to installation and completion.

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LETTERS

Declare Climate Emergency

To the Editor:

Carbon is one of the main contributors to global warming. On March 7, carbon reached 415 ppm in the atmosphere, a level not seen for 3 million years. Increases in carbon and other greenhouse gases are causing major disruptions like an increase in natural disasters, sea level rise, and will lead to the forced migration of millions of people who live at or near sea level around the world. Virginia has over 3,300 miles of shoreline, and rising sea levels will impact historic sites like Jamestown, as well as the largest U.S. Naval Base in Norfolk. Tangier Island, in the Chesapeake Bay, is already disappearing, and will be one of the first casualties of sea level rise.

Local communities like Alexandria have to be at the forefront of the efforts to slow climate change. Alexandria has been a leader, passing the Eco-City Charter in 2008, and an Environmental Action Plan in 2010, but since then the urgency has only grown. Several years ago, along with the waterfront redevelopment plan, the city proposed a \$33 million flood mitigation plan to prepare for 3-4 foot storm surges, but if global temperatures continue to rise, this may not be sufficient. A recent PBS NOVA Program showed that in the past the same level of temperature rise that is expected by the end of the 21st century, led to a 20-foot rise in sea level. Alexandria is continuing to develop their waterfront, with millions in private and public investment, which has historic sites, so this should be of great concern to us. The costs of addressing this climate emergency are far less than the costs of not addressing the climate crisis; and solving the crisis will take significant public investment, commitment and resolve.

This is especially true given that the Trump administration has promised to withdraw from the Paris Accords, which Alexandria pledged to support, and is rolling back any efforts from the previous administration to combat greenhouse gases, and is trying to bring back coal. The President and most of his cabinet are climate skeptics who answer more to Republican donors than to science. Acknowledging the severity of the crisis and the imperative for every community to do something is why the Alexandria Democratic Committee is urging the city, the Commonwealth and the Federal government to not only declare an emergency but take action. They would join Montgomery County, which made the declaration in 2017, and Scotland, the first country to declare a Climate Emergency, and 588 other communities that represent over 65 million people.

It is necessary that we set goals, especially as it is the consensus among many scientists that if immediate action is not taken, then by 2030, the earth will reach a tipping point, where it will be impossible to reverse the process of global warming. So Alexandria Democrats have urged leaders "to use sufficient powers and resources to achieve the reduction in greenhouse gas emissions by the city and the entire Alexandria community by 45 percent no later than 2030, and to achieve net zero carbon emissions by 2050."

The City of Alexandria has the chance to take the first step by passing the updated Environ-

mental Action Plan on June 22. It calls a reduction in greenhouse gas emissions by 50 percent by 2030 and 80-100 percent by 2050 from 2005 levels. It also calls for creating an interdisciplinary task force to guide the plan, encourage private and public participation and converting to renewable energy. Together we can achieve these goals and build a sustainable future.

Boyd Walker
Alexandria

Self-Serving Restrictions

To the Editor:

Citizens – I have had enough of the exploits of the Transportation and Environment Services Department (TES) – as their modus operandi is totally self-serving, embracing a minority group of bikers and scooterers rather than the issues of a citizen majority.

The object of this "Vision Zero/ Road Diet" program on Seminary Road is part of an initiative to make sure that car travel becomes obsolete by reducing road size — thereby making traffic so difficult, so restrictive, that the only recourse for citizens is to capitulate and leave the car at home. The alternative offered by TES to the citizens is to walk, utilize scooterers, bicycles, Metro and transit bus in lieu of cars. This "Complete Street Project" was passed behind closed doors by the city and TES and has been a total failure in California and in New York — and the disenchantment with this program is spreading to many other areas.

It is most disconcerting that the TES and city lied to the citizenry concerning the labeling of Seminary Road as "treacherous and dangerous" when in fact it has been proven by many (based upon KSI and number of crashes) that Seminary Road is the safest four lane artery in the city. Seminary Road is a very unique road accommodating a 6,000 workforce at the BRACC, cut-through traffic at eight major neighborhood streets, a school, a hospital and a fire-station. There is no other street in the city that can match this type of traffic pattern and yet the TES is willing to reduce the scope of Seminary road by 50 percent for eastbound traffic for 4/10ths of the artery length with expectations that it can accommodate the 20,000 cars that pass through this road safely.

The proposal submitted by the Clover and Seminary Hill civic associations rendered a plan (two lanes east/west) and other safety measures that would fulfill the necessary shortcomings in this area but not at the expense of decreasing road capacity — a slap in the face to the civic associations. The question remains for the TES: How do we accommodate the ambulances, the police sirens, the fire trucks, school buses, trucks and autos racing eastward converging on the single lane at St. Stephens and then reverting back to two lanes at Zabriskie Drive? How will they handle the forward move to Janney's, right and left turns onto Quaker with other vehicles vying for the same lanes? How will any vehicle handle this bottleneck flaw in the proposed TES design?

The voices of the citizens need to be heard — not ignored. Every civic association in the affected area has opposed the change-, over 1500+ petitions were overwhelmingly in favor of the civic associations' proposal for four full lanes. This pending change in our arterial



First Pitch

City of Alexandria Sheriff Dana Lawhorne throws out the ceremonial first pitch with his grandson, Ryan, with him, before the D.C. Grays/Alexandria Aces 2019 Opening Night at Frank Mann Field on June 4.

system demands not a TES decision or a City Council decision — I challenge the city to sponsor a city-wide referendum to decide on such a radical change in our traffic pattern with a full acknowledgement that the city and TES are not listening so let the citizens speak. TES and the city need to forget the special interest groups — safety is always our goal but not at the expense of a road change resulting in gridlock.

Bill Goff
Alexandria

Cooperative Recycling

To the Editor:

Alexandria city and Fairfax County have started a new glass recycling program with the goal to improve recycling rates. Previously, the glass was accepted in the mixed stream, blue recycling bins, the glass would become broken and contaminated in transport. Most of the glass that Alexandria residents were sending to be recycled was ending up in landfills.

The new glass recycling system will have residents separate out their used glass products and take them to one of four drop-off centers.

Although this system allows the city to recycle glass more efficiently, residents have to do their part to make this system work. Residents can help support the system and make it easier for their neighbors by offering to take each other's glass when they plan on taking their own to a center. Neighbors could take turns taking glass to the drop off centers. Communities need to come together to make the new program easier for people who feel they don't have the time to make regular trips to one of the centers. Participating in this new program will make our city greener and help reduce our carbon footprint.

The drop off centers are open 24 hours a day, seven days a week. All colors of glass

SEE LETTERS, PAGE 10

Alexandria Gazette Packet

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HISTORY

Remembering 'Roro' Scott

Parker-Gray's All Star

BY CHAR MCCARGO BAH

Back in 1956, 1957 and 1958, the newspaper headlines on Parker-Gray School listed an All Star team of basketball and football players that were winning in almost all their games. One of those players was Roland Scott who was known by his nickname "Roro" or "Big Scott." Roland was a star player for Parker-Gray School during the years of 1956-1958.

In 1957, Parker-Gray played Armstrong School in Washington, D.C. The Parker-Gray athletic team was known as the "Bulldogs." It was reported that Roland ran 92-yards on Parker-Gray's second play from scrimmage in the first quarter.

Midway in the same period he sneaked eight yards to the 50-yard line. When the Bulldogs recovered from an Armstrong fumble, Roro then sprinted 50-yards around the end for his touchdown. Long touchdowns were nothing new for Big Scott. He raced 104-yards on a pass interception return against Manassas. He made 13-touchdowns in 1957 and nine of the touchdowns were made for 50-yards or more.

Big Scott was also a hard working student and he was well liked by those who knew him. He was a 6-foot, 1-inch and 180 pounder in school and, on the football field, he alternated between quarterback and half-back. He also raced the 100-yard dash in 9.9 seconds and was a mainstay on Parker-Gray's Virginia Interscholastic Association State Champion basketball teams from 1955-1957. Along with all of his school successes, Big Scott worked two jobs. He worked at the hospital as an orderly and as an office custodian before and after school. He was the main financial provider for his mother and siblings after the death of his father, Bernard Scott in 1956.

After graduating from Parker-Gray, Roland made a life-time decision not to go to college but to work and support his mother and siblings. On April 17, 1959, Roland W. Scott married his former classmate, Betty L. Garrett. He was raised at 308 North Fayette St. and Betty lived at 308 Oronoco St. They started dating at Parker-Gray.

After they got married, he was drafted into the military in 1963. When he com-



PHOTOS COURTESY OF RANDY SCOTT

Roland "Roro" Scott

pleted his military career, he obtained a job as a bus driver.

Roland's greatest joys was when he and Betty had their only child, their daughter Randy Scott. He was an excellent student and a star athlete but his greatest achievement was raising his daughter. He spent all of his free time with his daughter teaching her how to play sports, play cards and helping her with her school work. He enrolled her in Saint Mary School in Alexandria. He would take her to school and pick her up every day. When he worked on his car, his daughter also was under the hood with him. He became a super dad, a male role model like no other. Big Scott embraced fatherhood like he embraced everything else in his life, 100 percent into being a good dad. His daughter, Randy, said, "My father was an example of what a father should be. I miss him greatly." Randy's oldest child, Garrett got to know his grandfather before he died in 2005 from cancer. Her daughter, Taylor, was born after Roland's death.

Today there are so many people who remember Big Scott, "Roro." The cherished memories of Big Scott years at Parker-Gray help his daughter to keep his legacy alive for her two children. We will remember Big Scott's football jersey number 25 and basketball jersey number 64 for Parker-Gray School Class of 1958.

Char McCargo Bah is a published author, freelance writer, independent historian, genealogist and a Living Legend of Alexandria. She maintains two blogs, <http://www.theotheralexandria.com> and <http://www.findingthingsforu.com>.



You're invited to learn about the proposed tunnel system to address Alexandria's sewer issues.

RiverRenew is a major public sewer infrastructure program, owned and implemented by Alexandria Renew Enterprises, to achieve cleaner, healthier waterways in Alexandria.

RiverRenew has worked with the National Park Service to develop an Environmental Assessment that evaluates potential impacts of the RiverRenew program. The RiverRenew team will discuss this Environmental Assessment with the public at three upcoming Community Listening Sessions.



Learn more at riverrenew.com/community.

On June 25, the City Planning Commission will consider the Development Special Use Permit application for the RiverRenew tunnel system. This event is also open to the public.

Mon., June 24 6:00 p.m. - 9:00 p.m.*
The Basilica School of St. Mary
400 Green Street (Outfall 002)

Wed., June 26 6:00 p.m. - 9:00 p.m.*
Charles Houston Recreation Center
901 Wythe Street (Outfall 001)

Thu., June 27 6:00 p.m. - 9:00 p.m.*
AlexRenew Environmental Center
1800 Limerick Street (Outfalls 001, 002, 003/4)

*Events are an Open House format.
Please plan on staying approximately 30 minutes.



NEXUS
WAITLIST
APPLICATIONS
OPEN 6/17-7/1

AFFORDABLE STUDIO, 1-,
2-, and 3-BR UNITS

OUTDOOR TERRACE,
COMMUNITY ROOM,
KIDS PLAY AREA,
UNDERGROUND
PARKING

UNITS AVAILABLE
NOVEMBER 2019

housingalexandria.org/nexus




PHOTOS CONTRIBUTED

Correction

Last week's photos of the Rotary Club's scholarship presentation were incorrect. These are the correct photos. Divine Nzita, center, holds her certificate as the recipient of the Rotary Club of Alexandria's Career and Technical Education Collegiate Scholarship following the June 4 presentation at Belle Haven Country Club. With the T.C. Williams High School graduate are her mother, Angele Niati, brother, Alain Nzita, T.C. Williams CTE counselor Stacy Morris, and T.C. Williams JROTC instructor William Jordan.

LETTERS TO THE EDITOR

FROM PAGE 8

bottles and jars are accepted for the glass drop off. Jars and bottles must be free of food residue and lids can remain on. Once the glass is processed, it will be used for local construction and landscaping. Items that are not accepted include porcelain, lamps, lightbulbs, glass sheets, and mirrors. This is a

great way to repurpose used products instead of letting materials go to waste in landfills. The city will continue to accept glass in their curbside collection, but the glass will continue to be sent to landfills.

Jill Jones

T.C. Williams High School,
9th Grade



Edison High School graduate Samuel Bonilla, center, poses for a photo after receiving the Rotary Club of Alexandria's Technical Education Collegiate Scholarship June 4 at Belle Haven Country Club. With Samuel are his parents, Jose and Marcela Bonilla, Edison Academy HVAC instructor Robert Stringham, and Rotary Club member Jim Carmalt.

Deciding Studio Leases

FROM PAGE 3

they have valuable insights and creative ideas on how to move the art center forward and we sincerely welcome their input."

Art League Executive Director Suzanne Bethel said, "Last year

the Art League taught 6,000 students at the art center. [The league] looks forward to realizing the Art League's city lease renewal and continuing to promote the Art League and the art center."

EMPOWER THE CHILD.

EMPOWER THE MIND.

COMMONWEALTH ACADEMY CONGRATULATES THE CLASS OF 2019

We wish them the best in college, career and life pursuits!

"Through my years at C/A I have discovered a passion for science and I feel prepared to tackle the next steps of college (at the University of Mary Washington) and a future as a woman in STEM."

Clara Helms, C/A Class of 2019



Grades 3-12

1321 LESLIE AVE., ALEXANDRIA, VA 22301

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COMMONWEALTH
ACADEMY



CONGRATULATIONS T.C. Williams Class of 2019!



**T.C. Williams High School graduates have diverse postsecondary plans,
and many will be attending top universities in the U.S.**



Ana Humphrey
Harvard University



Caroline Bates
Johns Hopkins University



Eder Lemus
United States Air Force



Souleyemane Sangare
Virginia Commonwealth University



Danya Adam
Vanderbilt University

This fall, T.C. Williams High School graduates will be heading off to the following colleges and military institutions:

Alderson-Broaddus College (3); Allegany College of Maryland (1); American University (1); Averett University (1); Belmont University (1); Bowie State University (1); Brigham Young University (1); Bucknell University (1); Carthage College (1); Christopher Newport University (7); College of Charleston (1); College of William & Mary (8); Columbia College Chicago (1); Concord University (1); Coppin State University (1); Delaware State University (2); Dickinson College (1); Drexel University (1); Duke University (1); Eastern Mennonite University (2); Elizabeth City State University (2); Embry-Riddle Aeronautical University - Daytona Beach (1); Emory University (1); Florida State University (1); George Mason University (14); Georgetown University (4); Grambling State University (1); Hampton University (2); Harvard University (1); Harvey Mudd College (1); James Madison University (10); Johns Hopkins University (2); Johnson & Wales University (Charlotte) (1); Keene State College (1); Keiser University - Tallahassee (1); Lafayette College (2); Le Moyne College (1); Lincoln Technical Institute (Maryland) (1); Livingstone College (1); Long Island University, Brooklyn (1); Louisiana State University (1); Loyola University New Orleans (1); Marymount University (7); McPherson College (1); Middle Tennessee State University (1); Montana State University, Bozeman (1); Morgan State University (1); NCAA Eligibility Center (3); Norfolk State University (7); North Carolina State University (1); Northeast Wisconsin Technical College (1); Northern Virginia Community College - Alexandria Campus (131); Northern Virginia Community College - Annandale Campus (1); Northwestern University (1); Oberlin College of Arts and Sciences (1); Old Dominion University (24); Pennsylvania State University (2); Portland State University (1); Prince George's Community College (2); Radford University (8); Randolph College (3); Rhodes College (1); Richard Bland College (2); Roanoke College (1); Savannah College of Art and Design (2); Spelman College (1); St. Bonaventure University (1); Syracuse University (1); Temple University (2); Texas A&M University (1); The Catholic University of America (3); The George Washington University (2); The University of Alabama (1); The University of Memphis (1); Truckee Meadows Community College (1); U.S. Marine Corps (3); U.S. Navy (2); United States Air Force (6); United States Army (3); United States Naval Academy (1); University of Charleston (1); University of Colorado at Boulder (1); University of Delaware (1); University of Lynchburg (1); University of Maine (1); University of Mary Washington (6); University of Maryland, College Park (2); University of Massachusetts, Amherst (1); University of Michigan (1); University of Mississippi (1); University of North Carolina at Wilmington (1); University of Pennsylvania (1); University of Pittsburgh (2); University of Puget Sound (1); University of Richmond (2); University of Rochester (2); University of San Diego (1); University of South Carolina (1); University of Southern California (1); University of St Andrews (1); University of Vermont (3); University of Virginia (27); University of Wisconsin, Madison (2); Utah Valley University (1); Vanderbilt University (1); Virginia Commonwealth University (37); Virginia Military Institute (1); Virginia State University (15); Virginia Tech (30); Wake Forest University (1); Washington Adventist University (1); Washington University in St. Louis (1); West Virginia University (2); Yale University (1)

Alexandria
Another Gazette Packet Community Partner

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Band Members Needed. Join the Mount Vernon Community Band, a group of players who enjoy playing many styles of band music in a relaxed atmosphere. Rehearsals are Tuesdays 7:30-9:30 p.m. in the Mount Vernon High School Band Room, 8515 Old Mount Vernon Road. No auditions. All instruments needed. Contact Eric Leighty directly 703-768-4172 or visit www.mvbands.com/join-us/.

Riding the Rainbow. Through June 30, gallery hours at Scope Gallery at 105 North Union St., ground floor Studio 19 of the Torpedo Factory Art Center. Blinding color and vivid mixes are in the glaring spotlight for the “Taste the Rainbow” tribute to LGBTQ Pride Month at the Torpedo Art Center’s Scope Gallery. Hues are huge as Ceramic Guild artists play with clay with an eye for celebratory color. Call Scope Gallery at 703-548-6288 or visit www.scopegallery.org.

Art Exhibit: Landscape X3. Through June 30, gallery hours at Gallery 311 at the Torpedo Factory, 105 N. Union St., Studio 311. In a new exhibit at the Torpedo Factory, painters Ellen Delaney and Gale Wallar and photographer Jo Ann Tooley take on the traditional subject of landscapes. Delaney’s paintings consist of larger-than-life abstracts while Wallar’s work emphasizes a majestic topography with defined shapes and edges. Tooley’s black & white photographs strip nature of its color. Visit torpedofactory.org/partners/gallery-311/.

Art Exhibit: “Art in Meditation – the Chakras.” Through June 30, gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. “Art in Meditation – the Chakras” features area artists interpreting the chakra energies. The exhibit, juried by contemporary artist Jeff Erickson, will have an associated Art-To-Go marketplace and Well Ray June 22. Summer solstice reception Friday, June 21, 7-9 pm. Visit DelRayArtisans.org/exhibits.



Junebalya Mardi Gras Party

Alexandria’s first ever New Orleans styled Mardi Gras celebration is taking place at the Carlyle Club. Featuring music by New Orleans styled funk Masters, Magnolia Blue, and Alexandria’s legendary acoustic jam band, Free Flowing Musical Experience. Friday, June 21, 7 p.m.-midnight at Carlyle Club, 2050 Ballenger. \$20. Get tickets at www.thecarlyleclub.com/ or call 703-439-8487.



PHOTO COURTESY OF ALEXANDRIA ARCHAEOLOGY

An 18th-century ship discovered by city archaeologists and contractors in 2015 as excavations were carried out in compliance with the Alexandria Archaeology Protection Code.

The Early History of Seaport Alexandria

The Alexandria Historical Society and the Office of Historic Alexandria present a lecture by Eleanor Breen, City Archaeologist. Breen will discuss the recent discoveries on the Alexandria waterfront, describing the process that led to these findings and providing a fascinating glimpse into what life was like in the 18th-century town. This presentation offers a tour of the archaeological evidence of the diverse neighborhoods,

bustling wharves, and massive land-making efforts that characterized the Alexandria seaport at the turn of the eighteenth century. Wednesday, June 26, 7:30-9:30 p.m. at The Lyceum, 201 S. Washington St. \$5 for non-members; free to members of the Alexandria Historical Society. Memberships can be purchased at the door. Email franwbromberg@gmail.com or visit alexandriahistorical.org/events/ for more.

Art Exhibit: Notes of Color.

Through July 21, gallery hours at the Athenaeum, 201 Prince St. The Washington Sculpture Group presents Notes of Color. Visit nvfaa.org or call 703-548-0035.

4Living Legends of Alexandria:

African American Activists. Through July, Tuesday-Saturday, 10 a.m.-4 p.m. at the Alexandria Black History Museum, 902 Wythe St. Living Legends of Alexandria: African American Activists highlights the

work of African American men and women who have made important contributions to the growth and productivity of the City of Alexandria. Call 703-746-4356 for more.

Art Exhibit: More Than A Body.

Through Aug. 4, gallery hours, at Target Gallery at Torpedo Factory Art Center, 105 N. Union St. Target Gallery, the contemporary exhibition space for the Torpedo Factory Art Center, presents their competitive annual solo exhibition featuring Northern Virginia-based artist Julia Kwon. Kwon uses traditional Korean inspired textiles to create a dialogue on othering and objectification she experiences as a Korean-American woman. Julia Kwon: More Than A Body will be on view June 14-Aug. 4. Visit torpedofactory.org/target.

Creative Summer Programs.

Through Aug. 31 at Del Ray Artisans, 2704 Mount Vernon Ave. Del Ray Artisans’ Creative Summer Programs is a series of workshops exploring the arts. Learn techniques in photography (macro and SmartPhone), painting, sculpture, mixed media, jewelry-making, sketching, and more; and discover how to use art for affirmation, communication, and intention. Details and registration at DelRayArtisans.org/programs/creative-summer/.

Mount Vernon Farmers Market.

Wednesdays (through Dec. 18), 8 a.m.-noon at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane. The McCutcheon/Mount Vernon Farmers Market opened May 1 with an array of farm-fresh produce and local foods, plus some new features (fresh brewed coffee!). 17 local farmers and producers will sell fresh, locally grown vegetables and fruits; meats; Chesapeake Bay seafood; breads and pastries; honey, jams and jellies; milk, cheese and eggs; herbs and plants; and more. Visit www.fairfaxcounty.gov/parks/farmersmarkets.

THURSDAY-SUNDAY/JUNE 20-23

Taming of the Shrew. Thursday-Saturday, 2 and 7 p.m.; Sunday, 2 and 6 p.m. at Metropolitan School of the Arts’ Black Box Theatre, 5775 Barclay Drive, Suite 4. Watch Metropolitan Homeschool Productions’ The Taming of the Shrew. One of Shakespeare’s funniest comedies, this joyful, Italian rendition with comical characters, sound effects and pantomime will appeal to all ages. \$15 Visit metropolitanhomeschool.org for tickets.

FRIDAY/JUNE 21

Garden Talk: Bring on the Hummingbirds. 1:30-2:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. (Adults) Perhaps one of the most beloved birds in gar-den-ing, hummingbirds astonish with their aerial acrobatics, their beauty and the important role they play as garden pollinators. Attend this talk and learn about plants to attract these beautiful birds. \$10/person. Register online at www.fairfaxcounty.gov/parks/parktakes/ using code 37F.853C or call 703-642-5173.

Nine and Wine. 5:30 p.m. at Pinecrest Golf Course, 6600 Little River Turnpike. Fit in an after-work round of golf and social afterwards at the clubhouse café. Price includes warm up balls, 9 holes of golf, push or power cart, one beer/wine/soda/or water. Tee times start at 5:32-6:04 p.m. \$27. Visit www.fairfaxcounty.gov/parks/golf/pinecrest/nine-and-wine/062119 or call 703-324-8782.

Summer Solstice: “Art in Meditation – the Chakras.” 7-9 p.m. at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. “Art in Meditation – the Chakras” features area artists interpreting the chakra energies. The exhibit, juried by contemporary artist Jeff Erickson, will have an associated Art-To-Go

marketplace. Visit DelRayArtisans.org/exhibits.

Sunset Movie Night - The Avengers: Infinity Wars. 7-11 p.m. at Mt. Vernon RECenter, 2017 Belle View Blvd. Summer Sunset Movie Nights at Mt. Vernon RECenter are back every Friday in June. Free. Visit ZelsmanPowersGroup.com for details.

Junebalya Mardi Gras Party. 7 p.m.-midnight at Carlyle Club, 2050 Ballenger. Alexandria’s first ever New Orleans styled Mardi Gras celebration is taking place at the Carlyle Club. Featuring music by New Orleans styled funk Masters, Magnolia Blue, and Alexandria’s legendary acoustic jam band, Free Flowing Musical Experience. \$20. Get tickets at www.thecarlyleclub.com/ or call 703-439-8487.

Mount Vernon Nights: Russkie Musikanti (Russian). 7:30-8:30 at Grist Mill Park, 4710 Mount Vernon Memorial Highway. Performances will feature musical styles from soul to and pop and bluegrass and rock. Bring a picnic dinner and a blanket and enjoy one of Fairfax County’s summer traditions. Visit www.fairfaxcounty.gov/parks/performances/mt-vernon-nights for more.

SATURDAY/JUNE 22

Well Ray Festival. 9 a.m.-1 p.m. on Mt. Vernon Ave in the heart of Del Ray. The free, family-friendly event will take on Mt. Vernon Avenue with a celebration of the health and wellness lifestyle movement. Over 75 health and lifestyle inspired vendors will provide a variety of activities to allow festival-goers the opportunity to explore, heal, taste and move in achieving a healthy life. Wellness and holistic health practitioners will offer services ranging from therapeutic treatments such as massages to acupuncture, physical therapy and nutritional counseling, health screenings, meditation, and more. Free admission. Rain or shine. Visit WellRayDelRay.com.

Alexandria Youth Rugby. 9 a.m.-1 p.m. at George Washington Middle School, 1005 Mt. Vernon Ave. Alexandria Rugby will host matches with teams from across Northern Virginia, ages ranging from Pre School - 4th grade playing tag rugby and 3rd -8th grade playing tackle rugby. Free. Email info@alexandriarugby.com or visit www.alexandriarugby.com for more.

Watercolor Workshop – Still Life. 9:30 a.m.-3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. (Adults) Whether a beginner or an experienced painter, learn to paint still life in watercolor with the help of artist Dawn Flores. Gain skills in building form, developing color harmony and paint-ing flowers, water, shadows, and backgrounds. Bring objects to make simple compositions, or challenge yourself with crystal and silver. \$93/person. Register online at www.fairfaxcounty.gov/parks/parktakes/ using code A4E.5C49 or call 703-642-5173.

Basic Pruning Workshop for Azaleas & Rhododendrons. 10 a.m.-noon at Green Spring Gardens, 4603 Green Spring Road. (Adults) Learn to prune like a pro with this hands on workshop led by Peter Deahl of The Pruning School. Gain skills and insight into shaping and rejuvenat-ing azaleas to make them more beautiful and healthy. Learn how to care for and sharpen pruning equipment. Meet at Green Spring Horticulture Center. Bring gloves and pruners. \$23/person. Register online at www.fairfaxcounty.gov/parks/parktakes/ using code 91C.A1C2 or call 703-642-5173.

Watercolor Workshop-Still Life. 9:30 a.m.-3:30 p.m. at Green Spring

ENTERTAINMENT

Enter Kid's Art Contest

Mount Vernon Athletic Club (MTVAC), an Alexandria-area fitness and tennis club is holding a Kid's Art Contest for the local Mount Vernon and Alexandria communities.

The contest is open to the public and parents can drop off their child's artwork to the front desk of the club at 7950 Audubon Ave. The goal of the contest is to find fun and creative ways to engage children outside of screen time. The theme was chosen to help inspire children and families to connect through fitness.

Youngsters in the community who want to be part of the art contest should draw a picture (on 8.5 x 11 sheet of paper) of mommy and / or daddy exercising. There are three age categories: 1-4 years old, 5-9 years old and 10-12 years old. All artwork submitted will be displayed for two weeks while votes are collected and then the winners

will be contacted. A prize basket will be given to each age group winner and a 30minute massage for one parent of each winner will be awarded.

Details:

❖ Must submit artwork at the front desk at MTVAC by June 30;

❖ Full name of parent and child legibly printed (no cursive) on back of art;

❖ Phone number, an email address and birthdate of child must also be included;

❖ One entry per child;

❖ June 30 is the last day to submit.

MTVAC is a private club that has been a community fixture for more than 45 years. Providing tennis programs, the facility is also a health club offering a full fitness facility, exercise classes, personal training and an onsite massage. Mount Vernon Athletic Club is located at 7950 Audubon Ave. in southern Alexandria. More information can be found at www.mtvac.net.



CALENDAR

Gardens, 4603 Walking with Washington Tour. 10 a.m.-noon, starting at the Ramsay House, Alexandria Visitor Center, 221 King St. Explore important sites associated with George Washington in his hometown. This guided walking tour focuses on significant people and events in his life and American history and his character and values. Stops at Ramsay House, Market Square, Carlyle House, The Bank of Alexandria, Wise's Tavern, Duvall House/Tavern, Gadsby's Tavern, Washington's townhouse, and Christ Church. Reservations not required. Free. Recommended for ages 10 and above. Call 703-746-3301 for more.

Benefitting Operation Paws for Homes. 11 a.m.-2 p.m. at 310 King St. Dogs available for adoption, as well as information on fostering and volunteering. Donations welcome (blankets, towels, dog beds, treats, chew bones, bully sticks, toys, etc.). Pro photo shoots and treats for

visiting dogs. Contact Lilia Murphy at 703-575-7888 or lilia.murphy@cbmove.com for more.

Summer Saturdays. 11 a.m.-4 p.m. at Gunston Hall, 10709 Gunston Road, Lorton. Join Gunston Hall for a summer of fun. Each Saturday in June, July, and August, stop by for a historic adventure on the grounds and in the Visitor Center. Included with regular admission. Call 703-550-9220 or visit www.gunstonhall.org/visit/guide/upcoming-events.

Back to Fun Book Fair: African American Children's Book Fair. Noon-4 p.m. at the Alexandria Black History Museum, 902 Wythe St. Find culturally appropriate books at a book fair featuring authors who specialize in books for African American children and families. Organized by author J.D. Wright and the Alexandria Black History Museum. Free. Call 703-746-4356.

United Community Battle of the

Bands. 1-5 p.m. at Fort Hunt Park Pavilion, 8999 Fort Hunt Road. United Community (formerly United Community Ministries) welcomes everyone for an afternoon of music, food and fun. Ticket includes admission, BBQ meal, soft drinks and sweets. \$40 per family of 5; \$15 adult; \$7 child (5-12); free admission for children 4 and under. Tickets available at bit.ly/BOTB-TIX.

George Washington's Alexandria Tour. 2-3:15 p.m. at 101 Union St. Explore historic Old Town Alexandria as George Washington knew it. This guided 75-minute walking tour will explore sites associated with Washington and his closest colleagues, including the Fitzgerald warehouse, Captain's Row, Gentry Row, the Apothecary shop, Ramsay House, Market Square, the Carlyle House, Wise's Tavern, Duvall's Tavern, Gadsby's Tavern, and Washington's townhouse. The tour begins at the Alexandria historic timeline in front of Vola's Dockside Grill, by the Portside in Old Town Summer Festival. Free. No reservations required. Email suej020924@gmail.com or call 703-379-7460 for more.

Portside in Old Town Summer Festival. 2-8 p.m. in the new Waterfront Park at the foot of King Street. Kick off summer with a day of live music featuring an array of creative collaborations and genres, from Ethiopian jazz to Brazilian to Latin folk. Toast to summer at a waterfront beer garden by Port City Brewing Company, and savor bites from a pop-up Pizzeria Paradiso or Rocklands BBQ. Cool off with a treat from Dolci Gelati and enjoy fun for the whole family, including hands-on arts and history activities. Visit www.visitalexandriava.com/event/portside-in-old-town-summer-festival/15057/.

Mount Vernon Nights: Groove Train ('70s Disco Band). 7-8 p.m. at The Workhouse Arts Center, 9518 Workhouse Way, Lorton. Performances will range from disco to Indian Bollywood and acoustic blues to big band. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's summer



PHOTO COURTESY OF ALEXANDRIA RUGBY

Alexandria Rugby's tag players were featured during the season-opener halftime of DC's first Major League Rugby team, Old Glory. Matt Hardiman is the Commissioner of Alexandria's Tag Rugby program, he is in the back row, 4th from left.

Rugby Tournament

Alexandria Rugby will host matches with teams from across Northern Virginia, ages ranging from Pre School - 4th grade playing tag rugby and 3rd -8th grade playing tackle rugby. Saturday, June 22, 9 a.m.-1 p.m. at George Washington Middle School, 1005 Mt. Vernon Ave. Free. Email info@alexandriarugby.com or visit www.alexandriarugby.com for more.

CREATIVE SUMMER PROGRAMS

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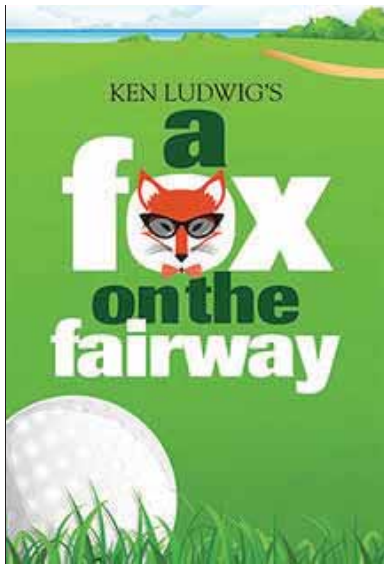
- Cold Soup Trio
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ENTERTAINMENT

traditions. Come early to the Workhouse Arts Center to explore its vibrant arts scene. Visit www.fairfaxcounty.gov/parks/performances/mt-vernon-nights for more.

SATURDAY-SUNDAY/JUNE 22-23

Ham Radio Field Day. Saturday, noon through Sunday, noon at Joseph Hensley Park, 4200 Eisenhower Ave. The Alexandria "ham radio" Field Day is conducted in late June every year by the Alexandria Radio Club in participation with over 40,000 hams throughout North America, who set up temporary transmitting stations in public places to demonstrate emergency preparedness to support the public. This year Alexandria Radio Club is also celebrating its 65th Anniversary. Everyone is invited. Young and old, families, technology clubs, and scouting groups are encouraged to visit the Alexandria Radio Club Field Day 2019 event. Visitors may want to try their hand at operating one of the stations with club members. Free. Call 703-329-9658 or visit www.w4hfh.org for more.

SUNDAY/JUNE 23

Dyke Marsh Meetup Walk with a Ranger. 11 a.m.-1 p.m. at Belle Haven Park/ Dyke Marsh Wildlife Preserve. Enjoy the outdoors on this 2-mile walk with a national park ranger to see the largest freshwater marsh in the nation's capital. Bring a pair of binoculars for viewing an eagle's nest and other marsh life. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/dykemarsh.htm.

Real Housewives of Jamestown. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. (Adults) In 1619 the first "bride ship" arrived at the Jamestown colony, bringing single English women to marry, start families, and stabilize the community. Hear fascinating stories of America's first mailorder brides and discover that many found enrichment, empowerment, and liberation in their new lives. \$36 (program + tea); \$15 (program only). Pro-grams are by reservation only. Call (703) 941-7987, TTY (703) 324-3988.

Fort Hunt Park Concerts. Through Aug. 25, Sundays, 7-8 p.m. at Fort Hunt Park, Pavilion A, 8999 Fort Hunt Road. All are welcome for free community concerts held at Fort Hunt Park every Sunday. Free. Visit www.nps.gov/gwmp/planyourvisit/forthuntconcerts.htm for performer.

TUESDAY/JUNE 25

Concert in the Garden. 6-8 p.m. at Green Spring Gardens, 4603 Green Spring Road. Fun, interactive kids activities begin at 5 p.m. Join us for live music, food and fun amidst the beauty of our gardens. Enjoy dinner from the food truck or bring a picnic dinner to enjoy on the lawn. Traditional complimentary cake and lemonade service starts at 6 p.m. along with the music. Free. Call Green Spring Gardens at 703-642-5173.

Twilight & Tipple Tours. 6-9 p.m. at Pope-Leighey House, 9000 Richmond Highway. Experience Frank Lloyd Wright's Pope-Leighey House by twilight. This tour series is a rare chance to see one of Wright's houses illuminated against a night sky. Grab a drink, included in the price of the tour ticket, and walk through the house on a leisurely, open house style tour with plenty of time to take stunning photos. \$35. Visit www.woodlawnpopeleighey.org/ for more.



Well Ray – Health & Wellness Festival

The free, family-friendly event will take on Mt. Vernon Avenue with a celebration of the health and wellness lifestyle movement. Over 75 health and lifestyle inspired vendors will provide a variety of activities to allow festival-goers the opportunity to explore, heal, taste and move in achieving a healthy life. Wellness and holistic health practitioners will offer services ranging from therapeutic treatments such as massages to acupuncture, physical therapy and nutritional counseling, health screenings, meditation, and more. Saturday, June 22, 9 a.m.-1 p.m. on Mt. Vernon Ave in the heart of Del Ray. Free admission. Rain or shine. Visit WellRayDelRay.com.

JUNE 25-JULY 28

Art Exhibit: Labyrinths and/or Mazes. Gallery hours, Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. Potomac Fiber Arts Gallery announces the opening of its juried show, Labyrinths and/or Mazes. Sometimes one is led to success and sometimes one hits a dead end. Gallery embers have pushed their paths and have come up with wonderful results. Themed work will be eligible for recognition by the jurors. Non-themed work may also be exhibited. Visit www.Potomacfiberartsgallery.com or call 703-548-0935.

WEDNESDAY/JUNE 26

Getaway: Hershey Gardens & High Glen. 6:30 a.m. departure from Green Spring Gardens, 4603 Green Spring Road. 6:30 p.m. return. (16-Adult) Includes motor coach, admission and lunch. Visit Hershey, Pennsylvania to explore Hershey Gardens. Then head to Frederick, Md., to tour the private High Glen estate gardens. Wear comfortable walking shoes and dress for the weather. \$113 per person. Register at www.fairfaxcounty.gov/parks/parktakes/ using code 33F.DC1E or call 703-642-5173.

The Early History of Seaport Alexandria. 7:30-9:30 p.m. at The Lyceum, 201 S. Washington St. The Alexandria Historical Society and the Office of Historic Alexandria present a lecture by Eleanor Breen, City Archaeologist. Breen will discuss the recent discoveries on the Alexandria waterfront, describing the process that led to these findings and providing a fascinating glimpse into what life was like in the 18th-century town. \$5 for non-members; free to members of the Alexandria Historical Society. Memberships can be purchased at the door. Email franwbromberg@gmail.com or visit alexandriahistorical.org/events/ for more.

FRIDAY/JUNE 28

Sunset Movie Night: Captain Marvel. 7-11 p.m. at Mt. Vernon RECenter, 2017 Belle View Blvd. Summer Sunset Movie Nights at Mt. Vernon RECenter are back every Friday in June. Free. Visit ZelsmanPowersGroup.com for details.

Mount Vernon Nights: Empty Bottle String Band (Old-time, String Band). 7:30-8:30 at Grist

Mill Park, 4710 Mount Vernon Memorial Highway. Performances will feature musical styles from soul to and pop and bluegrass and rock. Bring a picnic dinner and a blanket and enjoy one of Fairfax County's summer traditions. Visit www.fairfaxcounty.gov/parks/performances/mt-vernon-nights for more.

FRIDAY-SUNDAY/JUNE 28-30

Waterfront Beer Garden. Friday, 5-8 p.m.; Saturday, noon-8 p.m.; Sunday, noon-4 p.m. at Waterfront Park, 1 King St. Toast to summer at the Waterfront Beer Garden by Port City Brewing Company. Enjoy award-winning craft beer plus local food and entertainment including live music and DJs. Attendees can also enjoy lawn games, live music from artists like NACIM and DJs such as DJ G throughout the weekends. Free admission; food and drink available for purchase. Visit PortsideInOldTown.com for more.

SATURDAY/JUNE 29

Workshop-Terra Cotta Succulent Container. 9:30-11 a.m. at Green Spring Gardens, 4603 Green Spring Road. (16-Adult) Pot up a tabletop terracotta container with eye-catching succulents. A Green Spring horticulturalist demonstrates how to mix balance, scale, proportion, contrast and rhythm to make dynamic container designs for these fascinating plants. \$39/person for the program and \$25/person for the supply fee. Register at www.fairfaxcounty.gov/parks/parktakes/ using code D46.BA22 or call 703-642-5173.

Young Writer's Workshop. 9:30 a.m.-3 p.m. at The Alexandria Black History Museum, 902 Wythe St. Author Sheila Moses will conduct a workshop for young writers (grades 8-12). Parents are welcome to stay. Learn how to tell a good story, what a publisher looks for in a new author and how to make story ideas a reality. Free. This workshop is limited to 15 people. Snacks will be provided. Bring a lunch. Call 703-746-4356.

Summer Saturdays. 11 a.m.-4 p.m. at Gunston Hall, 10709 Gunston Road, Lorton. Join Gunston Hall for a summer of fun. Each Saturday in June, July, and August, stop by for a historic adventure on the grounds and in the Visitor Center. Included with regular admission. Call 703-550-9220 or visit www.gunstonhall.org/visit/guide/upcoming-events.

Class of 2019

FROM PAGE 1

“You will need to work hard and have a 3.0 GPA and a Virginia teaching license to meet the necessary requirements to teach in our schools,” he said. “But we are so sure that we have taught you so well that you, our Titans, our new graduates sitting here today, will be some of the best teachers around in the future that we are guaranteeing you a seat at our table. We are inviting you to come back to us and write the next chapter and be a part of our powerful story.”

Hutchings continued: “Don’t allow your past to determine your future. Don’t allow your life cir-

cumstances to define who you will become. It is this Titan spirit that will transform you from students into leaders. So I wish you all the best in the brightest futures as you reach out to infinity and beyond.”



Looking out at the crowd during the T.C. graduation ceremony June 15 at Eagle Bank Arena.

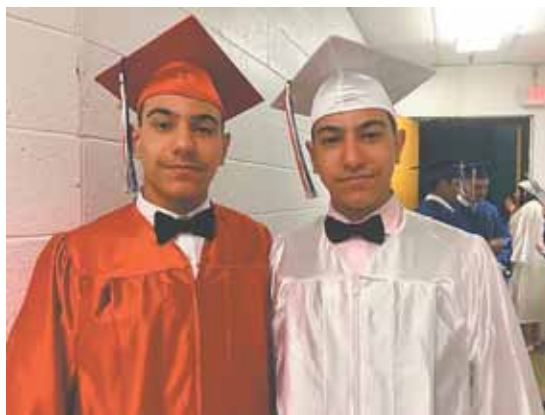


Bellamy Beckett awaits the start of the T.C. Williams High School graduation ceremony.



PHOTOS BY JANET BARNETT/GAZETTE PACKET

Members of the T.C. Williams High School class of 2019 enter the Eagle Bank Arena to open the June 15 graduation ceremony.



Twin brothers Walid Alkadi and Hossam Alkadi prepare to join the processional at the June 15 T.C. Williams graduation ceremony.



Physical education teacher Ruth Lezama with 2019 graduate Melany Garth.



City Council member and 1989 TC alum Amy Jackson, second from right, celebrates with 2019 graduates Makayla McLaughlin, Larry McClan and Bryan McDaniels.



Andy Andrianarivelo-Razafay is joined by his parents and extended family following his graduation from T.C. Williams High School.

Cooking, Counting, Drama

And other fun ways to preserve skills during the summer.

BY MARILYN CAMPBELL
THE CONNECTION



PHOTO COURTESY OF MADEIRA SCHOOL

M.A. Mahoney of Madeira School believes that during the summer, students can develop a lifetime of reading pleasure.

Even a short car ride or setting money goals can help support math skills, says Hernández Baca. “Talk about how much money a certain toy costs and how much they would need to purchase it. Have them come up with different equations that would help them reach that goal and talk about it. ...

“You can do math no matter what you are doing,” she continued. “For example, in the car you can count how many trucks you see or how many blue cars.”

Another way to practice math is to engage children in predictions and estimates, says Hernández Baca. “Asking ‘How long do you think it will take us to get there?’ or ‘How many steps does it take to walk to the car or to the house?’ You can then break it down and ask questions such as, ‘Why do you think mommy had to take fewer steps?’ or ‘How many miles an hour would we have to go if we needed to reduce the trip time to get here?’

A family vacation can provide an opportunity to practice language and writing. “Keep a vacation journal by printing out your child’s favorite photos and have them write about them,” said Carly Flanigan, Lower School Learning Specialist at St. Stephen’s and St. Agnes School in Alexandria, Va.

When parents model a positive attitude toward reading, a child might find it more pleasurable “Have a family book club [and] meet once a month at everyone’s favorite restaurant,” said Flanigan “Make connections about books you and your child read or listen to. Ask questions about characters, setting and action in the plot ... Have your child read one of your favorite books that you love.”

“Read aloud no matter the age of the child,” said Elizabeth McConnel, Lower School Learning Specialist, also at St. Stephen’s and St. Agnes School. “Make this a fun family event. Utilize different genres of text including magazines for your child’s reading. Use audio books, Audible, or podcasts.”

Current events can provide fodder for mental stimulation. “I always encourage students and families to read an editorial daily from a news source, and then to discuss it at a family meal,” said Mahoney. “This builds reading comprehension skills, civil discourse skills, and increases familiarity with essay construction, not to mention making meal time more lively.”

No matter the method, parents should be intentional about prioritizing and setting summer learning goals for their children, advises Hernández Baca. “Your kids do not need to know your structure or plan, but it will help you stay consistent with activities that specifically target learning in reading, writing, math, science or anything else.”

During the summer, Glenda Hernández Baca and her children can be found in the kitchen measuring and mixing, stirring and sautéing. They cook together as a family, but what the children don’t realize however, is that their mother is helping them maintain their math and reading skills.

“You can do math no matter what you are doing, and cooking is also a great way to do math,” said Hernández Baca, Ph.D. of the School of Education at Montgomery College. “My kids love to cook with me and they help me with the recipes. We engage in reading, organizing and sorting, and discussing and analyzing fractions and conversions. They are doing so much learning but they do not know it.”

The key to preventing that reversal, say educators, is finding creative ways to make learning fun while maintaining the light-hearted and carefree nature of vacations, camps and trips to the pool.

“The more students practice their academic skills in the summer, the more prepared they will be for the next school year and the less review and relearning they will need to do,” said Hernández Baca.

For students who don’t enjoy reading, infuse reading with drama, suggests Ana Lado, Ph.D., Professor of Education at Marymount University in Arlington, Va. “Pick ... books with lots of dialogue and either lots of active verbs or actionable scenes,” she said. “You and the child read the parts as dramatically as you can together ... totally exaggerating the spoken parts as well as the actions as much as possible.”

“Have them make a video with their favorite scenes in a book,” continued Lado. “It forces them to read for scenes that have drama and to reread as they rehearse. It gives them a goal and making a film is a concrete goal. As they read through the book looking for drama and action let them put a sticky note on each good page they find.”

In fact, infusing reading with drama can change the mindset of a child who doesn’t enjoy reading. “Some students will benefit if they watch a movie version of a classic text like something by Jane Austen, for example, while they are reading it,” M.A. Mahoney, Dean of Academics and Faculty at the Madeira School in McLean, Va. “This approach is sometimes the gateway to a lifetime of reading pleasure of an author.”

For children who have challenges or difficulties reading, Hernández Baca suggests choosing short passages that allow them to explore a subject that piques their curiosity. “Consider cutting out an article or something shorter about an interest they have such as a band, music [or] sports,” she said.

Everyday conversations can lead to math, science and language learning opportunities. “Often, children will make comments about something they are curious about such as how something grows or why the sky is changing colors, Hernández Baca said. “Maximize that opportunity and tell them what great questions they have and look up information. You could even make it a library trip to learn together. This is a wonderful way to show and model that we as parents, are always learning, too.”



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MOUNT VERNON ATHLETIC CLUB

KIDS' ART CONTEST

Summer is the perfect time to celebrate kids and their creativity!

Kids in the community who want to be part of the art contest should draw a picture (on 8.5 x 11 sheet of paper) of mommy and / or daddy exercising!

We'll have 3 age categories:
1-4 years old
5-9 years old
10-12 years old

A fun PRIZE basket will be given to each age group winner and a 30 minute massage for one parent of each winner (see image to right)!

ENTER TODAY!



THE DETAILS:

- Open to children in Alexandria
- Must submit artwork to the front desk at MTVAC by 6/30
- Full name of Parent & Child legibly printed (no cursive) on back of art
- Phone number, an email address & birthdate of child must also be included
- One entry per child
- 6/30 is the last day to submit!

All artwork submitted will be displayed for 2 weeks while votes are collected and then winners will be contacted!

The members and the community will vote and then we'll publish the results in the local Mount Vernon Gazette, at the club and on our social media pages. Good Luck & Have Fun!

Questions? Email: lwant2bfit@mtvac.net
7950 Audubon Ave., Alexandria, VA 22306

Another Alexandria Gazette Packet Mount Vernon Gazette Community Partnership

COMMUNITY

2019 Summer Food Program Programa de Alimentación de Verano



The Summer Food Service Program for Children is a federally funded program operated nationally by the U.S. Department of Agriculture (USDA). Anyone in the community 18 years of age and younger is eligible to receive summer meals. All meals will be served free of charge, regardless of what a child's meal benefit was during the regular school year. Meal times vary by site and by program at some sites. **Meals available Monday through Friday when programs are open. No programs on July 4.** Times are subject to change. Please contact each site directly to confirm closer to program start dates.

El Programa de Servicios de Alimentación de Verano para Niños es un programa federal fundado y operado de forma nacional por parte del Departamento de Agricultura de los Estados Unidos (USDA por sus siglas en inglés). Cualquier persona en la comunidad que sea menor de 18 años es elegible para recibir comidas durante el verano. Todas las comidas se servirán de forma gratuita, sin importar cuál fue el beneficio de alimentación del niño durante el año escolar regular. Los horarios de comida varían dependiendo de cada sitio y el programa en algunos sitios. **Los almuerzos se servirán de lunes – viernes cuando los programas estén abiertos. No habrá programas el 4 de Julio.** Los horarios pueden cambiar. Por favor comuníquese con cada sitio de forma directa para confirmar las fechas de inicio de los programas.

Summer School at ACPS / Escuela de Verano en ACPS				
Location	Serving Dates	Meal(s)	Start	End
T.C. Williams High School King Street Campus 3330 King Street 703-824-6800	06/24 - 08/09	Breakfast / Desayuno	8:00 AM	10:00 AM
		Lunch / Almuerzo	11:00 AM	1:00 PM
George Washington Middle School 1005 Mt. Vernon Avenue 703-706-4500 <i>Middle School Prep</i>	06/26 - 08/02 08/29	Breakfast / Desayuno	8:30 AM	9:00 AM
		Lunch / Almuerzo	11:45 AM	1:45 PM
Brent Place 375 South Reynolds Street 703-370-6080	07/01 - 07/31	Snack / Bocado	2:30 PM	3:00 PM
		Supper / Cena	5:00 PM	5:30 PM
Lyles Crouch Elementary School 530 S. St. Asaph Street 703-706-4430 <i>El-Prep</i>	07/08 - 07/26* 08/13 - 08/16	Breakfast / Desayuno	7:25 AM	9:30 AM
		Lunch / Almuerzo	10:15 AM	1:00 PM
Douglas MacArthur Elementary School 1101 Janneys Lane 703-461-4190 <i>El-Prep</i>	07/08 - 07/26 08/13 - 08/16	Breakfast / Desayuno	8:30 AM	9:30 AM
		Lunch / Almuerzo	12:00 PM	1:00 PM
Charles Barrett Elementary School 1115 Martha Custis Drive 703-824-6960 <i>El-Prep</i>	07/08 - 08/02 08/13 - 08/16	Breakfast / Desayuno	8:30 AM	9:30 AM
		Lunch / Almuerzo	12:00 PM	1:00 PM
Ferdinand T. Day Elementary School 1701 N. Beauregard Street 703-619-8430 <i>El-Prep</i>	07/08 - 08/02 08/13 - 08/16	Breakfast / Desayuno	8:30 AM	9:30 AM
		Lunch / Almuerzo	12:00 PM	1:00 PM
James Polk Elementary School 5000 Polk Avenue 703-461-4180 <i>El-Prep</i>	07/08 - 08/02 08/13 - 08/16	Breakfast / Desayuno	8:30 AM	9:30 AM
		Lunch / Almuerzo	11:30 AM	1:00 PM
William Ramsay Elementary School 5700 Sanger Avenue 703-824-6950 <i>El-Prep</i>	07/08 - 08/02 08/13 - 08/16	Breakfast / Desayuno	8:30 AM	9:30 AM
		Lunch / Almuerzo	12:00 PM	1:00 PM
Patrick Henry K-8 School 4643 Taney Avenue 703-461-4170 <i>El-Prep Middle School Prep</i>	07/08 - 08/02 08/13 - 08/16 08/29	Breakfast / Desayuno	8:30 AM	9:30 AM
		Lunch / Almuerzo	12:00 PM	1:00 PM
Cora Kelly School for Math, Science and Tech 3600 Commonwealth Avenue 703-706-4420 <i>El-Prep</i>	08/13 - 08/16	Breakfast / Desayuno	9:00 AM	9:30 AM
		Lunch / Almuerzo	12:00 PM	1:00 PM

* Mount Vernon Community School Orientation takes place during this period. Contact school directly for details. / La Orientación de la escuela Comunitaria de Mount Vernon tomará lugar durante este período. Comuníquese con la escuela directamente para más detalles.

Summer School at ACPS / Escuela de Verano en ACPS				
Location	Serving Dates	Meal(s)	Start	End
George Mason Elementary School 2601 Cameron Mills Road 703-706-4470 <i>El-Prep</i>	08/13 - 08/16	Breakfast / Desayuno	9:00 AM	9:30 AM
		Lunch / Almuerzo	12:00 PM	1:00 PM
John Adams Elementary School 5651 Rayburn Avenue 703-824-6970 <i>El-Prep</i>	08/13 - 08/16	Breakfast / Desayuno	9:00 AM	9:30 AM
		Lunch / Almuerzo	12:00 PM	1:00 PM
Matthew Maury Elementary School 600 Russell Road 703-706-4440 <i>El-Prep</i>	08/13 - 08/16	Breakfast / Desayuno	9:00 AM	9:30 AM
		Lunch / Almuerzo	12:00 PM	1:00 PM
Jefferson-Houston K-8 School 1501 Cameron Street 703-706-4400 <i>Middle School Prep</i>	08/13 - 08/16 08/29	Breakfast / Desayuno	8:30 AM	9:30 AM
		Lunch / Almuerzo	12:00 PM	1:00 PM
Francis C. Hammond Middle School 4646 Seminary Road 703-461-4100 <i>Middle School Prep</i>	08/14 - 08/16 08/29	Breakfast / Desayuno	7:30 AM	9:00 AM
		Lunch / Almuerzo	12:00 PM	1:00 PM

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov

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Legals

ABC LICENSE

Agridulce, LLC trading as Taqueria Picoso, 1472 N Beauregard St Alexandria VA 22311-5800. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises and Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Thomas Voskuil/Member. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

ABC LICENSE

AR Workshop Alexandria LLC trading as AR Workshop Alexandria, 1212 King St., Alexandria, Virginia 22314-2927. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Art Instruction Studio license to sell or manufacture alcoholic beverages. Katie Nguyen Wells, Owner. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

Legals

ALEXANDRIA RENEW ENTERPRISES TUNNEL SYSTEM PROJECT (DESIGN-BUILD) REQUEST FOR QUALIFICATIONS 19-079

The City of Alexandria, Virginia Sanitation Authority dba Alexandria Renew Enterprises (Alex-Renew) is soliciting Statements of Qualifications (SOQs) from those entities interested in contracting to serve as the Design-Builder for the RiverRenew Tunnel System Project (Project). The purpose of this RFQ is to solicit information that will enable AlexRenew to determine which entities are best suited and qualified to successfully execute the design and construction of the Project and be invited to submit proposals in response to AlexRenew's Request for Proposals. RiverRenew is a major infrastructure program owned and managed by AlexRenew in response to a 2017 Virginia Law and subsequent Long Term Control Plan Update to address combined sewer discharges to Alexandria, Virginia's waterways. The Tunnel System is the largest of the proposed RiverRenew projects and includes a storage and conveyance tunnel, open-cut interceptor, pumping station, and other associated facilities. Proposals will be received by AlexRenew at 1800 Limerick Street, Alexandria, VA 22314, Attn: Caitlin Feehan, RiverRenew Program Manager, on or before 2:00 PM EDT, August 20, 2019. RFQ-19-079 may be obtained from the AlexRenew website <https://alexrenew.com/business-opportunities> and Virginia's procurement portal (eVA) <https://m.vendor.eprgipdc.com/Vendor/public/AllOpportunities>. AlexRenew will conduct an Information Session for this solicitation on June 27, 2019 from 1:00 PM to 4:00 PM EDT at AlexRenew's Environmental Center, Conference Room 800. Respondents are limited to five (5) participants per Design-Build team at the Information Session. If not part of a Design-Build team, one (1) person per entity may attend. All attendees are required to pre-register at <https://riverrenew.com/RFQ-Information-Session>.

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A Few Weeks Off, Finally



By KENNETH B. LOURIE

After a second successful week of navigating government and private sector websites, I have reached the promised, albeit familiar land: only worrying about the fact that I have non-small cell lung cancer, stage IV. Oh well. What else is new?

Nothing much thankfully so I can continue to try and live the Vulcan philosophy: "Live long and prosper." (Although, I could never manipulate my fingers to support the greeting. My wife, Dina, can however, with ease but she's not a logical person).

I have to be a logical person.

If I am to endure the ups and downs and all-around of a "terminal" cancer diagnosis, I have to think as unemotionally as possible about any news or assessments I may receive.

Cancer is too insidious to give it any help from the "diagnossee." Moreover, from what anecdotal evidence exists, providing cancer as inhospitable an environment as possible is said to help.

And aside from maintaining a positive attitude and a good sense of humor, keeping cancer things – good or bad, in some kind of perspective/context, is a trek worth taking. One should be reminded of the never-say-die mantra of the 1978 NBA World Champion Washington Bullets: "It ain't over 'til the fat lady sings."

In addition, all us cancer survivors should remember the famous words of Bluto (John Belushi) from 1980's "Animal House" when he implored his fellow Delta Fraternity brothers: "What? Over? Did you say over? Nothing is over until we decide it is. Was it over when the Germans bombed Pearl Harbor? Hell no! ..."

And not that cancer survivors can control our disease any more than the Germans can control this mistaken narrative, funny and famous though it is, but we have to try and laugh – and joke, because it sure beats the alternative. Control? 'Hell no!'

And now that I've completed the arduous and tedious – for me – tasks of the last two weeks, I feel as if I've taken back some control.

Cancer, schmancer.

I've survived the multi-step process required of the Virginia Employment Commission, the Maryland Health Connection, Social Security/Medicare, and the future provider of my Supplemental Medical insurance all within two weeks. Besides me, and anybody who knows me: Who says I can't step my way through this morass of websites, user names, passwords, mouse clicks and keystrokes? But I did. Somehow. An amazing miracle if there ever was one.

Now life can return to abnormal. But it's an 'abnormal' with which I'm totally familiar.

After 10-plus years of it, as Col. Sherman Potter of M*A*S*H said to Major Margaret Houlihan upon her early return to the 4077th from her honeymoon hearing her awkwardly describe a mishap in the shower: "There's nothing new under the sun, Major."

For a long-time cancer survivor, there's nothing new, really. One's life is likely to be more of the same, only different. And I can live with same – or the different – because after a decade, I've been there and pretty much done that.

Now I can add: succeeded in navigating websites "heretofore" (quoting Ben Affleck from 1997's "Good Will Hunting") thought impossible to do. No more do I have to worry about what I need to do, but rather I can bask in the glow of what I've done.

As I finish this column, I realize this is what us cancer patients need to do: reinforce our positives (successes) and minimize our negatives (failures). As many of us attempt to take all this cancer stuff in stride, the truth of it is we're often teetering and tottering on a very fine line. A 'line' to quote the late Ken Beatrice, on which "you wouldn't want to live."

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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JANET BARNETT/CAZETTE PACKET

Sheriff Dana Lawhorne, center, with Alexandria Commonwealth's Attorney Bryan Porter, and John Porter, one of Lawhorne's former teachers.

Lawhorne

FROM PAGE 6

Lawhorne, who is serving his fourth term as Sheriff, is a lifelong resident of the Del Ray community. He and his wife Linda have three daughters – Megan, Christine and Mallory – and a 4-year-old grandson, Ryan Kaskela.

"I never really got into this business because of politics," said Lawhorne, who served as a detective with the Alexandria Police Department before running for Sheriff. "I wanted to serve the community that I grew up in, that took care of me. I always felt the right thing to do was find myself in the position where I could take care of others."

Attendees at the event included retired police detective Bill Pickle, a longtime friend and mentor of Lawhorne's, and retired T.C. Williams High School principal John Porter. Porter, a close friend now for decades, was Lawhorne's seventh grade social studies teacher at Parker Gray Middle School and routinely jokes that "he still never passed my class."

"Dana grew up in Del Ray and has always looked out for the community," Reuter said. "Thank goodness for us he never left."

Finding a Match

FROM PAGE 4

"I did not have to ask for the support once coworkers were aware that I did not seem the same," Barahona said. "One day, I fell ill at work and had to go directly to the emergency room. Once I was back at work, my coworkers were concerned and I discussed my situation with them. Then [someone] told Mr. Braswell about it, and he has been my angel."

Braswell hasn't thought twice about his relentless pursuit of a kidney for Barahona.

"Eduardo is an ideal employee," Braswell said. "He's smart, quiet, always does what is asked, and he has learned and progressed tremendously over the years. We have always called him Superman for his ability to lift and do things other people aren't able to do, and without complaints or sweat. He makes things look easy."

Of course, things are far from easy for Barahona. And the road to recovery after any organ transplant is never easy for anyone. Still, it's Barahona's only hope.

"Getting a new kidney means that I would be there for my family," Barahona said. "That's what would make me happy."

To learn more about how to help Eduardo Barahona, call Kristen Curtis of Inova Fairfax Hospital — where Barahona receives treatment — at 703-776-8053.

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