

Springfield CONNECTION

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Megan Janczyk, the winner at Ravensworth Elementary School. Megan is the daughter of Kate and Joe Janczyk.



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JUNE 20-26, 2019

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM



Thank you to the 2018 LBSS PTSA All Night Grad Party Supporters!

Thank you to the 2019 LBSS PTSA All Night Grad Party Supporters! The Lake Braddock Senior Class of 2019 and their families would like to thank the following businesses, organizations and individuals for their support of the PTSA-sponsored alcohol- and drug-free All Night Graduation Celebration which was held on June 10th, 2019, at the Audrey Moore RECenter at Wakefield Park. We are grateful for their generous contributions and commitment to the young people of our community. Please support these organizations that invest in the success of Lake Braddock Secondary School.

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We'd like to thank the faculty and staff of LBSS and especially the LBSS PTSA for supporting the All Night Graduation Celebration. A huge thank you to our volunteers: the parents, friends and relatives of the Classes of 2019, 2020, 2021 and 2022. We would also like to extend a special thank you to the Burke Volunteer Fire and Rescue Department and the Fairfax County Police for their vital presence at our party. Finally, we'd like to thank the staff of the Audrey Moore RECenter for all their help in making the night run smoothly.

Make plans now to support our 2020 party on June 9th, 2020.

Springfield Community Invited 'To Be The Art'

ARTSFAIRFAX launches its third Imagine Art Here project on June 20. INOUT:Springfield engages the community through photos and questions on the role of arts where you live.

The art installation, created by the artist team Epigram, will be installed at Old Keene Mill Shopping Center, July 13 – Aug. 9, and Springfield Town Center, Aug. 10 – 23. The INOUT:Springfield installations will reflect photos and responses from community members and be available in English, Spanish, Korean and Arabic.

"Imagine Art Here projects are designed to engage the community where they are," said Linda S. Sullivan, ARTSFAIRFAX president. "The INOUT:Springfield project presents the opportunity for the public to have a voice in and participate in creating art. This is a great opportunity to experience art." The artist designed photo booths will pop up at various locations throughout Springfield, June 20 – July 6. The public will be able to take their picture, individually, as a group, with pets or with their family, and answer six questions about their role in the community and their opinions on art. Additional opportunities to participate are available through the website: www.INOUTEXPERIENCE.com.

How To Participate in the Photo Booth

There are five ways to participate and provide feedback about art in Springfield:

- ❖ Photo Booth Pop Ups: A mobile photo booth, featuring an online interactive questionnaire, will be in operation during June at the following dates, locations and times:
 - 6/20 Springfield Metro Station Kiss & Ride, 5-7 p.m.
 - 6/21 Kingstowne Farmers Market, 4-7 p.m.
 - 6/23 Springfield Town Center, 1-4 p.m.



The INOUT:Springfield installations will reflect photos and responses from community members and be available in English, Spanish, Korean and Arabic.

- 6/26 Lee District Recreational Center, 5-6 p.m.
- 6/26 Summer Concert in the Park, 6:30-7:30 p.m.
- 6/27 Greenspring Retirement Community, 10-2 p.m.
- 6/29 Richard Byrd Library, 12-2 p.m.
- 6/30 Tower Shopping Center, 4-6 p.m.
- 7/6 Old Keene Mill Shopping Center, 6-8 p.m.

❖ Through The INOUT:Springfield website: The community is encouraged to share their feedback about the arts at any time through the month of June at the website:

See where the photo booth is popping up, view community photos, and answer the questionnaire at www.INOUTEXPERIENCE.com

❖ Upload your Photos on Twitter: Upload photos through Twitter using the hashtag #INOUTSPRINGFIELD Following the project on Twitter @INOUTFAIRFAX

❖ Download the IOS App: The INOUT interactive app will be free to download on July 13.

❖ Visit and participate in the temporarily art installation: The temporary art will be installed: July 13-Aug. 9, Old Keene Mill Shopping Center Aug. 10-23 at Springfield Town Center

Epigram is the creative team behind INOUT:Springfield and the 2018 INOUT:Seven Corners. The Epigram team includes designers and artists Julieta Guillemet, Natalia Brizuela-Pires, Edwin Coimbre, Hector Montalvo and Jorge Fuertes.

Input from the Imagine Art Here initiatives provides information for Fairfax County's Master Arts Plan.



Megan Janczyk, the winner at Ravensworth Elementary School. Megan is the daughter of Kate and Joe Janczyk.

PHOTO CONTRIBUTED

Youth Citizenship Awards Presented

Anna Maria Fitzhugh Chapter, NSDAR, presented the DAR Youth Citizenship Medal at eleven local elementary schools. The award is given to one sixth grade student who demonstrates the qualities of honor, service, courage, leadership and patriotism. The winner is an outstanding student who is selected by the school faculty.

2019 DAR Youth Citizenship Award Recipients include:

- Cardinal Forest E. S. **Katarina Vincent**
- Cherry Run E. S. **Andrew Fthenos**
- Hunt Valley E. S. **Jack Salmans**
- Keene Mill E. S. **Negeen Ahmadi**
- Kings Glen E. S. **Josephine Ha**
- Orange Hunt E. S. **Blythe Steahly**
- Ravensworth E. S. **Megan Janczyk**
- Rolling Valley E. S. **Luis Ball**
- Sangster E. S. **Grace Zeman**
- West Springfield E. S. **Cameron Bowman**
- White Oaks E. S. **Julia Dobbs**

Britepaths Named Nonprofit of the Year

Fairfax-based Britepaths was named Nonprofit of the Year by the Northern Virginia Chamber of Commerce, June 7, at the Greater Washington Good Business Awards. Accepting the award for Britepaths was its executive director, Lisa Whetzel.

"We were humbled to be in the impressive pool of nonprofit nominees and are so honored to have been named Nonprofit of the Year," she said. "This award is a testament to the fantastic work of Britepaths' staff and board, and to our community who supports our work."

Britepaths is in its 35th year of providing help and hope to struggling residents in Fairfax County and helping them thrive. It offers resilience programs, including financial literacy and workforce-development services at Britepaths and

at the Financial Empowerment Center at South County. And all these programs help their clients plan for their financial future and obtain better jobs. In addition, its stability services, emergency and short-term food assistance, plus financial assistance grants, help families stay in their homes while they work through a crisis. And Britepaths' seasonal supports, back-to-school and holiday assistance programs provide further help to local families in need during a time of crisis.

— BONNIE HOBBS

Britepaths Executive Director Lisa Whetzel (second from right) pictured with all the Greater Washington Good Business Award recipients, including Fairfax County Board of Supervisors Chairman Sharon Bulova (second from left).



New Majority on Board of Supervisors

Eight things to study, get up to speed.

One thing we know for sure, Fairfax County is about to lose a lot of institutional knowledge on the Board of Supervisors. Here are a few suggestions for areas where those who might find themselves on a fully reconstituted Board of Supervisors should bone up.

❖ **Affordable Housing:** The market is not going to produce the affordable housing we need on its own. Mixed income apartments and condos that serve workforce housing all the way down through vouchers and supported housing managed local by nonprofits, all in the same building, must be leveraged by subsidizing infrastructure, providing partnerships, land and bonus densities. Move outside the box. Let large employers build housing, next to, on top of, in the parking areas, of their buildings. Let churches make room for housing. Put mixed income housing on top of every government building including libraries, community centers, government centers. Make room for housing in vast county parking lots. Try everything.

❖ **Homelessness:** While in many ways,

Fairfax County has succeeded in reducing homelessness as much as possible, preventing a continuing cycle of homelessness will require more attention. Fairfax County Public Schools counted 2,600 students experiencing homelessness at the end of the school year, most of them Latino. The county's Office to Prevent and End Homelessness counted somewhat fewer, most of them African American. The definition is different, and the differences reveal places for improvement. The board is losing two major advocates for affordable housing and ending homelessness in Chairman Sharon Bulova and Hunter Mill Supervisor Cathy Hudgins.

❖ **Roads:** We are on the cusp of unprecedented innovation in transportation. Overdesigning roads now will continue to divide communities, suburban and urban, in the future even with a decline in vehicles on the road and car ownership. Think ahead. Self-driving cars. Ride sharing. Service for people with disabilities and older residents.

❖ **One Fairfax:** Data and other efforts related to equity and One Fairfax are already revealing expected and unexpected issues.

❖ **Police Reform:** While Fairfax County now has two forms of independent oversight of police, consider that the police have chosen to remain silent on recommendations and reports

by both the Independent Police Auditor and the Civilian Review Panel. Members of the current Board of Supervisors acknowledge that they assumed the Fairfax County Police Department would make a public response to such oversight, but apparently it will need to be an explicit requirement. Transparency remains a concern.

❖ **Criminal Justice Reform:** Don't forget what voters told you on June 11 about the importance of a progressive approach to criminal justice reform. Figure out and heed what leads to racial injustice in the criminal justice system.

❖ **Demographics:** Residents of Fairfax County are getting older. Schools are getting more diverse. Data will offer many clues about what the county will look like in 10 years.

❖ **Change:** We are on the cusp of unprecedented innovation. Don't double down and lock in solutions for yesterday's problems in a way that precludes more elegant technological solutions later. Transportation is the most obvious of these. But anything that reduces barriers to entry will change the landscape.

Better meetings via camera, including medical appointments, therapy, drug treatment, business meetings. You can be face to face with anyone anywhere. Soon it will be seamless and generally available. There are many other examples.

More Work Needed to Stop Unrepresentative Districts

BY SCOTT SUROVELL
STATE SENATOR (D-36)

This week, the U.S. Supreme Court issued its long-awaited decision in Virginia House of Delegates v. Bethune-Hill, a gerrymandering case. Justice Ginsberg essentially wrote that the Virginia House of Delegates was not allowed to bring the appeal.

Here is some background. The General Assembly is required by the Constitution of Virginia and the U.S. Constitution's Fifth Amendment to redraw congressional and state legislative districts after each census. In 2011, the General Assembly held a special session. Republicans held the majority in the House of Delegates, Democrats controlled the state Senate and Republican Governor Bob McDonnell was in office.

Each chamber drew their own maps and incumbent members of Congress recommended the congressional maps. Governor McDonnell vetoed the first map drawn by the Democratic State Senate who then proposed a compromise map. The Governor then approved all three plans.

Over the last 10 years, the case law on voting rights issues has changed as the composition of the

Supreme Court has changed. In the case of Shelby County v. Holder in 2013, the U.S. Supreme Court held that "pre-review" of all voting actions required by the Voting Rights Act of 1965 was no longer required in jurisdictions with a history of racial discrimination — such as Virginia — ostensibly because racial discrimination was no longer an issue. This opened the door to voter identification laws, precinct changes, voter roll purges and other actions by state and local governments, largely in the South over the last six years.

However, the flip side of Shelby County was that because racial discrimination was "not as pervasive" and that Voting Rights Act of 1965 had "solved" most of the problems it had sought to address, race could no longer be a predominant factor in drawing district lines. Following this new line of thinking, a three-judge panel threw out Virginia's congressional district map in 2016 and Congressman Donald McEachin was elected to represent the new Fourth Congressional district.

More litigation ensued over the House of Delegates and a three-judge panel ultimately found that 11 districts were improperly drawn to achieve an impermissible

55 percent Black voting age population threshold. This required more than 30 seats to be redrawn in Hampton Roads, Southside Virginia and around Richmond, and the Virginia "House of Delegates" appealed the decision.

On Monday, the U.S. Supreme Court refused to consider the merits of the lower three-judge panel's ruling and held that the Attorney General can represent the interests of Virginians in a redistricting case, but not one chamber of a bicameral legislative body. Ginsberg also wrote that possible partisan control of a legislative body is not the kind of "harm" that gives standing to bring a lawsuit, that it is a basic outcome of democracy. That basically ends the litigation.

However, the decision really ducked the important and most pressing issue — when does gerrymandering become so problematic that it denies voters their right to representation? Virginia's congressional, legislative and local government districts are rife with partisan gerrymandering. The power of computers made this one of the most fundamental problems in American Democracy.

There are numerous scholars who have developed mathematical models to objectively measure the distortive effect of district

maps, but the U.S. Supreme Court remains divided on whether such formulas can find support in Constitutional text such as the U.S. Constitution's due process clause or the first amendment. So while this decision will make most Democrats happy, the fundamental problem remains unresolved.

The 2020 General Assembly will take a second vote on an amendment to the Constitution of Virginia to create a form of nonpartisan redistricting. If approved, voter approval will still be necessary and there are some statutory details that still require negotiation.

I continue to have concerns about giving the Supreme Court of Virginia ultimate authority if stalemate occurs in the General Assembly given that that court has become dominated by Republican appointees in the last 20 years, could be dominated by another party in the future and more importantly, is not truly representative of Virginia ideologically and regionally. Northern Virginians are largely excluded today from Virginia's appellate courts, a troubling development.

The conversation continues. If you have any questions or feedback, please email me at scott@scottsurovell.org.



NEWS

Free Lyft Rides to Deter Impaired Driving on July 4th

Preparing to combat that time of year when, according to the National Highway Traffic Safety Administration (NHTSA), over one-third (39%) of all U.S. traffic deaths involve drunk drivers, free Lyft rides will be offered to deter impaired driving throughout the Northern Virginia area beginning Thursday, July 4th, 2019.

Offered by the nonprofit Washington Regional Alcohol Program (WRAP), the 2019 Independence Day SoberRide program will be in operation beginning at 7 p.m. Thursday, July 4th (Independence Day) until 2:00 a.m. Friday, July 5th, 2019 as a way to keep local roads safe from impaired drivers during this traditionally high-risk holiday.

During this seven-hour period, area residents age 21 and older celebrating with alcohol may download Lyft to their phones, then enter a SoberRide code in the app's "Promo" section to receive their no cost (up to \$15) safe transportation home. WRAP's Independence Day SoberRide promo code will be posted at 6 pm on Thursday, July 4th on www.SoberRide.com.

Last year, a record 746 persons in the Washington-metropolitan area used WRAP's July 4th SoberRide program rather than possibly driving home impaired. WRAP also offers its SoberRide program on St. Patrick's

Day, Cinco de Mayo, Halloween and the winter holidays.

"Over one-third (39%) of all U.S. traffic fatalities during July 4th, 2017 involved drunk drivers according to the National Highway Traffic Safety Administration," said Kurt Erickson, WRAP's President. "Worse, over three-fourths (79%) of alcohol-impaired fatalities during the 2017 July 4th period occurred during nighttime hours."

SoberRide is offered throughout Lyft's Washington, D.C. coverage area which includes all or parts of: the District of Columbia; the Maryland counties of Montgomery and Prince George's; and the Northern Virginia counties of Arlington, Fairfax, Loudoun and Prince William.

"Lyft is proud of the role ridesharing has played in reducing impaired driving across the nation," said Steve Taylor, GM, Lyft Washington, D.C.

Through public education, innovative health education programs and advocacy, WRAP is credited with keeping the metro-Washington area's alcohol-related traffic deaths historically lower than the national average.

More information about WRAP's SoberRide® initiative can be found at www.SoberRide.com.

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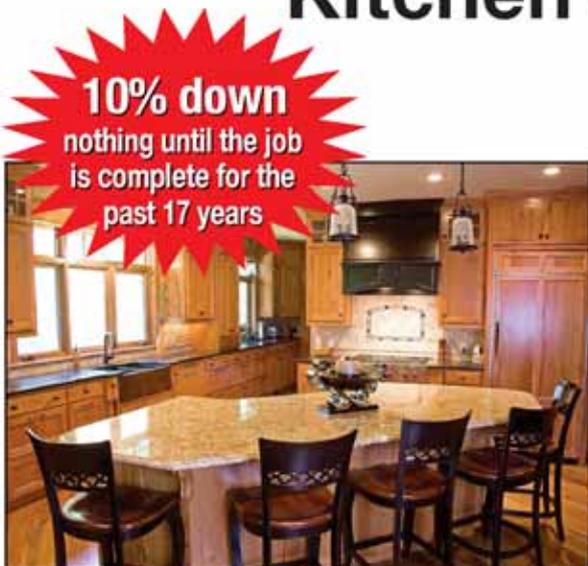
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Cooking, Counting, Drama

And other fun ways to preserve skills during the summer.

BY MARILYN CAMPBELL
THE CONNECTION

During the summer, Glenda Hernández Baca and her children can be found in the kitchen measuring and mixing, stirring and sautéing. They cook together as a family, but what the children don't realize however, is that their mother is helping them maintain their math and reading skills.

"You can do math no matter what you are doing, and cooking is also a great way to do math," said Hernández Baca, Ph.D. of the School of Education at Montgomery College. "My kids love to cook with me and they help me with the recipes. We engage in reading, organizing and sorting, and discussing and analyzing fractions and conversions. They are doing so much learning but they do not know it."

The key to preventing that reversal, say educators, is finding creative ways to make learning fun while maintaining the light-hearted and carefree nature of vacations, camps and trips to the pool.

"The more students practice their academic skills in the summer, the more prepared they will be for the next school year and the less review and relearning they will need to do," said Hernández Baca.

For students who don't enjoy reading, infuse reading with drama, suggests Ana Lado, Ph.D., Professor of Education at Marymount University in Arlington, Va. "Pick ... books with lots of dialogue and either lots of active verbs or actionable scenes," she said. "You and the child read the parts as dramatically as you can together ... totally exaggerating the spoken parts as well as the actions as much as possible."

"Have them make a video with their favorite scenes in a book," continued Lado. "It forces them to read for scenes that have drama and to reread as they rehearse. It gives them a goal and making a film is a concrete goal. As they read through the book looking for drama and action let them put a sticky note on each good page they find."

In fact, infusing reading with drama can change the mindset of a child who doesn't enjoy reading. "Some students will benefit if they watch a movie version of a classic text like something by Jane Austen, for example, while they are reading it," M.A. Mahoney, Dean of Academics and Faculty at the Madeira School in McLean, Va. "This approach is sometimes the gateway to a lifetime of reading pleasure of an author."

For children who have challenges or difficulties reading, Hernández Baca suggests choosing short passages that allow them to explore a subject that piques their curiosity. "Consider cutting out an article or something shorter about an interest they have such as a band, music [or] sports," she said.

Everyday conversations can lead to math, science and language learning opportunities. "Often, children will make comments about something they are curious about such as how something grows or why the sky is changing colors, Hernández Baca said. "Maximize that opportunity and tell them what great questions they have and look up information. You could even make it a library trip to learn together. This is a wonderful way to show and model that we as parents, are always learning, too."



PHOTO COURTESY OF MADEIRA SCHOOL

M.A. Mahoney of Madeira School believes that during the summer, students can develop a lifetime of reading pleasure.

Even a short car ride or setting money goals can help support math skills, says Hernández Baca. "Talk about how much money a certain toy costs and how much they would need to purchase it. Have them come up with different equations that would help them reach that goal and talk about it. ...

"You can do math no matter what you are doing," she continued. "For example, in the car you can count how many trucks you see or how many blue cars."

Another way to practice math is to engage children in predictions and estimates, says Hernández Baca. "Asking 'How long do you think it will take us to get there?' or 'How many steps does it take to walk to the car or to the house?' You can then break it down and ask questions such as, 'Why do you think mommy had to take fewer steps?' or 'How many miles an hour would we have to go if we needed to reduce the trip time to get here?'"

A family vacation can provide an opportunity to practice language and writing. "Keep a vacation journal by printing out your child's favorite photos and have them write about them," said Carly Flanigan, Lower School Learning Specialist at St. Stephen's and St. Agnes School in Alexandria, Va.

When parents model a positive attitude toward reading, a child might find it more pleasurable "Have a family book club [and] meet once a month at everyone's favorite restaurant," said Flanigan "Make connections about books you and your child read or listen to. Ask questions about characters, setting and action in the plot ... Have your child read one of your favorite books that you love."

"Read aloud no matter the age of the child," said Elizabeth McConnel, Lower School Learning Specialist, also at St. Stephen's and St. Agnes School. "Make this a fun family event. Utilize different genres of text including magazines for your child's reading. Use audio books, Audible, or podcasts."

Current events can provide fodder for mental stimulation. "I always encourage students and families to read an editorial daily from a news source, and then to discuss it at a family meal," said Mahoney. "This builds reading comprehension skills, civil discourse skills, and increases familiarity with essay construction, not to mention making meal time more lively."

No matter the method, parents should be intentional about prioritizing and setting summer learning goals for their children, advises Hernández Baca. "Your kids do not need to know your structure or plan, but it will help you stay consistent with activities that specifically target learning in reading, writing, math, science or anything else."

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6/5/19.....Wellbeing

6/12/19.....Father's Day Dining & Gifts

6/12/19.....HomeLifeStyle

6/19/19.....A+ Graduations & Summer Education

6/26/19.....Senior Living:
Connection Families: Summer Life

July

7/3/19.....Wellbeing

7/10/19.....HomeLifeStyle

7/17/19.....A+ Camps & Schools

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- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Dakota Connection

Free Meals for Children During Summer Break

Approximately 29 percent of students in FCPS qualify for free and reduced-price meals. That's more than 54,000 students who usually have access to breakfast and lunch at school each day.

Fairfax County Public Schools will participate in the U.S. Department of Agriculture's (USDA) 2019 summer food service program for children, a program established to ensure that students who qualify for free and reduced-price meals during the school

year continue to receive nutritious meals when school is not in session. Free meals that meet federal nutrition guidelines will be provided to children at approved sites throughout Fairfax County.

Meals will be provided to all children without charge on a first-come, first-served basis. There will not be meal service on July 4 or 5.

SEE SUMMER FOOD PROGRAM CHART, PAGE 9

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SOBER-RIDE FOR JULY 4

Free Sober Rides. Thursday, July 4, 7 p.m. through Friday, July 5, 2 a.m. Area residents, 21 and older, may download Lyft to their phones, then enter a code in the app's "Promo" section to receive a no cost (up to \$15) safe ride home. WRAP's Independence Day SoberRide promo code will be posted at 6 p.m. on July 4 on www.SoberRide.com.

VOLUNTEERS WANTED

STEM Professionals Needed. Volunteers are needed to assist K-12 STEM teachers in northern Virginia as part of the American Association

for the Advancement of Science's STEM Volunteer Program, during the 2019-20 school year, beginning in September. Please contact Don Rea at 571-551-2488 or donaldrea@aol.com.

CAMPS

Art Camp Registration. Summer Art Camp in Burke for 5-8 year olds, 8 years and up, and teens/adults. Camp is held through Burke Centre Conservancy at the Woods Community Center, 10100 Wards Grove Circle, Burke. Camp weeks run

SEE BULLETIN, PAGE 11



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COMMUNITIES OF WORSHIP



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THANK YOU!

The Robert E. Lee Senior Class of 2019, their families, teachers, administrators and the All Night Graduation Celebration committee members gratefully acknowledge the following businesses, organizations and individuals for their support of the PTSA sponsored alcohol and drug free All Night Graduation Celebration held on June 10th at the South Run Recreation Center. We would also like to thank the volunteers who helped make the night unforgettable. We are grateful for your generous contributions and commitment to the young people of our community!

<p>Corporate - \$500 and over American Legion Post 176 Greenspring Village Senior Living Lee High School PTSA</p> <p>Lancer Level - \$250 - \$499 Crestwood Elementary School PTA Saint Bernadette Catholic Church Saratoga Elementary School PTA Sheehy Ford</p> <p>Gold Level - \$100 - \$249 A & R Foods Apple Federal Credit Union Burke and Herbert Bank Chuy's Restaurant Garfield Elementary School PTA Greater Springfield Chamber of Commerce Eddie Greenan's Jewelers David Hughes Orthodontics Jones and McIntyre Maiurano Family Dentistry</p>	<p>Nando's Restaurant Newington Community Association Pink Elephant Saint Lawrence Catholic Church Springfield/South County Youth Club Springfield Towne Center Management University Mall Theater Delegate Vivian Watts Westwood Baptist Church Vicki Wilkerson and her office at the Fairfax County Government Center Women of the Moose Zinburger</p> <p>Blue Level - \$50 - \$99 Charming Charlie's Chipotle, Rolling road Chipotle, Springfield Plaza Dave and Buster's Frizzles Giant, Cardinal Forest Kiwanis Club of Alexandria</p>	<p>Supervisor Jeff McKay Milk Bar Olam Tikvah Positive Image Salon Potomac Nationals TGI Friday's Trader Joe's</p> <p>Friends of the Class of 2019 \$1 - \$49 & pizza Auntie Ann's, Springfield Towne Center Barnes and Noble Bed Bath and Beyond Bertucci's Boardwalk Fries Bowl America Chili's Chipotle, Frontier Drive Costco Domino's Pizza Fiona's Restaurant</p>	<p>Five Guys Flight Giant, Rolling Road Giant, Springfield Plaza Great American Restaurants Jersey Mike's La Madeleine Lucky's Macaroni Grill Maggiano's Metro Run Walk Mission Barbeque Murphy Staats Dentists NOVA Pediatrics Paisano's Papa John's Potomac Nationals Saratoga Starbucks Sweet Frog Trader Joe's, Springfield Plaza Uno's Pizza Yard House</p>
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ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Art Exhibit: Somewhere Between You and Me. Through July 20, Fridays and Saturdays, 11 a.m.-3 p.m. at Olly Olly, 10417 Main St., 2nd Floor, Fairfax. In Somewhere Between You and Me, young nonbinary transgender artists intimately seek to understand and bring understanding to what it means to experience life as a nonbinary person. Call 703-789-6144 or visit ollyollyart.com for more.

Art Exhibition: Virginia Watercolor Society. Through Aug. 2, gallery hours in the McGuireWoods Gallery, Workhouse Arts Center, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Virginia Watercolor Society (VWS) is organizing its 40th annual juried painting exhibition with about 85 paintings on display. Free and open to the public. Visit www.workhousearts.org/ or www.virginiawatercolorssociety.org for more.

Crafters Wanted for 2nd Annual Fall Craft Show. The Fairfax Station Railroad Museum will hold its 2nd Annual Fall Craft Show and LEGO (TM) Train Show on Saturday, Oct. 12, 2019, 10 a.m.-4 p.m. For crafters interested in joining the event, booth space is enough room for a 10x10 canopy and cost is \$50 per space. Email dmueller@fairfax-station.org for an application and further information. Visit www.fairfax-station.org or call 703-425-9225.

Kingstowne Farmers Market. Fridays, through Oct. 25, 4-7 p.m. in the Giant parking lot, 5870 Kingstowne Towne Center, Alexandria. Farm fresh eggs, local honey, berries, fresh picked vegetables, fresh local fruits, baked breads and treats, chicken, tamales, salsa, hummus, gourmet sausage, fresh roasted coffee beans, and more. Call 703-642-0128 or visit www.fairfaxcounty.gov/parks/farmersmarkets/kingstowne.

Wakefield Farmers Market. Wednesdays, 2-6 p.m. through Oct. 30, at Wakefield Park, 8100 Braddock Road, Annandale. Eleven local farmers and producers will sell fresh produce and fruits; meats; breads and pastries; jams; dairy products and eggs; herbs; flowers, and more. All products are grown or produced by the vendors and come from within 125 miles. Master Gardeners will provide horticultural information to home gardeners in Fairfax County. Call 703-642-0128 or visit www.fairfaxcounty.gov/parks/farmersmarkets/wakefield.

Lorton Farmers Market. Sundays, 9 a.m.-noon, through Nov. 17, in the VRE Parking Lot, 8990 Lorton Station Blvd., Lorton. Eleven local farmers and producers sell fresh produce and fruits; meats; breads and pastries; jams; dairy products and eggs; herbs; flowers, and more. All products are grown or produced by the vendors and come from within 125 miles. Master Gardeners will provide horticultural information to home gardeners. Call 703-642-0128 or visit www.fairfaxcounty.gov/parks/farmersmarkets/lorton.

Springfield Farmers Market. Saturdays, through Nov. 23, 10 a.m.-2 p.m. at Springfield Town Center, 6699 Spring Mall Drive, Springfield. Visit www.community-foodworks.org or call 202-697-7768.

Burke Farmers Market. Through Dec. 21, 8 a.m.-noon at the VRE parking lot, 5671 Roberts Parkway, Burke. Fresh produce, baked goods, seafood, and dairy. All vendors make their own food or grow it locally within 125 miles. Call 703-642-0128 or visit www.fairfaxcounty.gov/parks/farmersmarkets/burke

FRIDAY/JUNE 21

B-I-N-G-O. 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, progressive raffles, and good food for purchase. All proceeds help purchase fire and rescue equipment. www.fairfaxvfd.com or call 703-273-3638

Celebrate the Year's Longest Day. 9-9:55 p.m. at Burke Lake Park, 7315 Ox Road, Fairfax Station. Cozy up to a campfire at a "Summer Solstice Campfire." Learn to separate fact and fiction regarding celestial events. Head out on a hike while waiting wait for the sun to set and enjoy roasting marshmallows around a campfire. The minimum age to attend this program is 6 years. \$7. Call 703-323-6600 or visit www.fairfaxcounty.gov/parks/burke-lake

FRIDAY/JUNE 21-SATURDAY/JULY 6



Springfield Farmers Market

Vendors include Cascade Beverage, Celestial/Fossil Farms, Chilanga Tortilla, Conecopia, Greenwich Farms, Iganacio's Produce, Kingdom Gourmet, Lola's Kusina, Lund's Produce, Smiths Mecklenburg, Taste Old Country, Three Puppies, Tyson Farm, and Windmill Meadows. Saturdays, through Nov. 23, 10 a.m.-2 p.m. at Springfield Town Center, 6699 Spring Mall Drive, Springfield. Visit www.community-foodworks.org or call 202-697-7768.

Be the Art. ARTSFAIRFAX launches its third Imagine Art Here project on June 21. Imagine Art Here: INOUT:Springfield, a public art installation will feature interactive cuboids that collect community feedback and project community photos, temporarily installed July 13-Aug. 9 at Old Keene Mill Shopping Center and Aug. 10-23 at Springfield Town Center. The public will be able to take their picture, individually, as a group, with pets or with their family, and answer six questions about their role in the community and their opinions on art. Visit www.INOUTEXPERIENCE.com.

Photo booths will be Pop Up at the following locations:

- ❖ June 21, 4-7 p.m., Kingstowne Farmers Market
- ❖ June 23, 1-4 p.m., Springfield Town Center
- ❖ June 26, 5-6 p.m., Lee District RECenter
- ❖ June 26, 6:30-7:30 p.m., Summer Concert in the Park
- ❖ June 27, 10 a.m.-2 p.m., Greenspring Retirement Community
- ❖ June 29, noon-2 p.m., Richard Byrd Library
- ❖ June 30, 4-6 p.m. Tower Shopping Center
- ❖ July 6, 6-8 p.m., Old Keene Mill Shopping Center

SATURDAY/JUNE 22

Music in the Parks - "Feast for Young Ears."

10 a.m. at Mason District Park, 6621 Columbia Pike, Annandale. The Fairfax Symphony Orchestra is partnering with Fairfax County Parks to provide free Music in the Parks children's concerts. The performances are engaging and interactive experiences; perfect for young, first-time concert-goers. Each concert offers an introduction to the musicians, their instruments, their roles in creating the music, and features a wide variety of musical selections from classical music to the familiar music of today. Visit www.fairfaxsymphony.org/concerts-in-the-parks.

Children's Entertainment Series. 10-10:45 a.m. at Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station. Featuring 123 Andrés (children's songs) Visit www.fairfaxcounty.gov/parks/performance/springfield-nights.

WhoDunit Mystery Letterboxing. 11 a.m.-3 p.m. at Kings Park Community Library, 9000 Burke Lake Road, Burke. Celebrate the Golden Age of Detective Novels by solving mystery puzzles while seeking letterboxes through a clue hunt. Letterboxing is a scavenger hunt game. Adults and teens. Free. Call 703-978-5600 or visit www.fairfaxcounty.gov/library.

Summer Saturdays. 11 a.m.-4 p.m. at Gunston Hall, 10709 Gunston Road, Lorton. Join Gunston Hall each Saturday in summer, stop by for a historic adventure. Call 703-550-9220 or visit www.gunstonhall.org/visit/guide/upcoming-events.

Movie Night: Fantastic Mr. Fox. Dusk. Liberty Lorton, the former prison turned new development, is hosting a series of events that includes barnyard yoga, outdoor movie nights, and the second annual Turkey Trot. Events are open to residents and non-residents of Liberty. Visit thelibertylife.com for more.

Mosaic Harmony Choir. 7-8:15 p.m. at Holy Trinity Lutheran Church, 3022 Woodlawn Ave. Fairfax-based Mosaic Harmony celebrates diversity and inclusiveness through song. The group has performed at the White House and Washington National Cathedral. Free. Visit www.holytrinityfallschurch.org/music.

SATURDAY-SUNDAY/JUNE 22-23

Wireless Society Field Day 2019. Starts 2 p.m. on Saturday, running 24 hours to 2 p.m. on Sunday at Burke Lake Park, 7315 Ox Road,

Fairfax Station. Members of the Vienna Wireless Society will be participating in Field Day at Burke Lake Park. The club will demonstrate radio communications, use satellite communications, and have a station where visitors may operate and talk on the air and experience the fun of amateur radio. Free. Call 703-395-6721 or visit www.viennawireless.net.

SUNDAY/JUNE 23

Hands On Activities. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Operating model trains, decoding and writing telegraph messages as well as observing Tom Boltz demonstrate how an old train order hoop was used by the railroads so that the train engineer and a train station employee could communicate. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit www.fairfax-station.org, www.facebook.com/FFXSRR, or call 703-425-9225.

Films in the Park: Mary Poppins Returns (2018). 7 p.m. at Strawberry Park in Mosaic, Fairfax. Mosaic's summer movie lineup has something for the whole family. Grab a blanket, friends and family and watch favorite films underneath the stars. Visit mosaicdistrict.com/events/event/films-in-the-park-2/.

FRIDAY/JUNE 28

B-I-N-G-O. 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit www.fairfaxvfd.com or call 703-273-3638 for more.

SATURDAY/JUNE 29

Children's Entertainment Series. 10-10:45 a.m. at Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station. Featuring The Goodlife Theater (puppets) Visit www.fairfaxcounty.gov/parks/performance/springfield-nights.

Stuff the Bus. 10 a.m.-2 p.m. at Safeway at Pan Am, 3043 Nutley St., Fairfax (benefitting Food for Others) and 11 a.m.-4 p.m. at Fairfax Walmart, 11181 Lee Highway, Fairfax (benefitting Britepaths). Hunger becomes more acute in the summer when children no longer get school meals. Help area food pantries restock; their shelves run low. Visit www.fairfaxcounty.gov/neighborhood-community-services/stuff-the-bus for more.

Summer Saturdays. 11 a.m.-4 p.m. at Gunston Hall, 10709 Gunston Road, Lorton. Stop by for a historic adventure. Call 703-550-9220 or visit www.gunstonhall.org/visit/guide/upcoming-events.

Goat Yoga. Noon. Liberty Lorton, the former prison turned new development, is hosting a series of events that includes barnyard yoga, outdoor movie nights. Events are open to residents and non-residents of Liberty alike. Visit thelibertylife.com

Jailhouse Rock Range Party. Doors open, 5 p.m.; concert, 6-9 p.m. at Laurel Hill Golf Club, 8701 Laurel Crest Drive, Lorton. Laurel Hill Golf Club will be hosting its first concert, Jailhouse Rock on the Range. Bring lawn chairs and find a seat on the range to enjoy live music provided by alternative and rock cover bands Rusty Cage and Skeleton Crew. Food and beverages will be available for purchase. No outside food or drink permitted. Adults, \$15; youth, \$10. Proceeds benefit the First Tee of Greater Washington. Visit www.fairfaxcounty.gov/parks/golf/laurel-hill.

INDEPENDENCE DAY CELEBRATIONS

SATURDAY/JUNE 29

Workhouse Fireworks. 5-10 p.m. at Workhouse Art Center, 9518 Workhouse Way, Lorton. This year, the US Navy Band Sea Chanters – the United States Navy's official chorus – will treat guests to a performance that ranges from traditional choral music to opera, Broadway, and contemporary music. Guests at Workhouse Fireworks will also be able to enjoy local food trucks and craft beer and fine wine, as well as soft drinks. Free admission; \$25 per vehicle parking (purchase in advance online). Visit workhousearts.org/fireworks.

THURSDAY/JULY 4

City of Fairfax Independence Day. The 53rd Annual Independence Day Celebration. Visit www.fairfaxva.gov/government/parks-recreation/special-events/independence-day-celebration

- ❖ Independence Day Parade, 10 a.m.-noon, Downtown Fairfax (rain or shine)
- ❖ Fairfax Museum & Visitor Center Open House, 9 a.m.-4 p.m., 10209 Main St.
- ❖ Ratcliffe-Allison-Pozer House Tours, 11:30 a.m.-1 p.m., 10386 Main St. - free guided tours of the 1812 and the 1927 sections of the house.
- ❖ Old Fashioned Fireman's Day, noon, 4081 University Drive - firefighter competition, food & beverages, fun for the kids.
- ❖ Evening Show & Fireworks, 6:30-10:30 p.m., Fairfax High School, 3501 Rebel Run; rain date - July 5th (fireworks only). Children's activities, live music by the Darby Brothers, and award presentations. Fireworks begin at 9:30.

Declaration of Independence Reading.

Noon-1:30 p.m. in Historic Pohick Church, 9301 Richmond Highway, Lorton. The community is invited to a reading of the Declaration of Independence in Historic Pohick Church by historical re-enactor, the Rev. Dr. Thomas Costa, portraying the Rev. Mr. Massey, rector of Pohick Church in 1776. Free. Call 703-339-6572, or visit www.pohick.org.

4th of July in Clifton. 4 p.m. Join the Clifton Betterment Association for 4th of July in Clifton. Parade begins at 4 p.m. with a BBQ Potluck (bring a side dish or dessert) and games in the park beginning at 5 p.m. Volunteers needed, sign up at www.signupgenius.com/go/30e0b4fafa92ca57-4thofjuly3. Visit www.cliftonva.org for more.

Kidsave Benefit Concert. 7 p.m. at St. George's UMC, 4910 Ox Road, Fairfax. Concert to benefit Kidsave. Kidsave International is a non profit organization that helps kids in foster care find their forever families. Singer-Songwriter Paige Powell and friends, including "Gracious Me" and Kim Gilliam. Free, donations appreciated. Email bonnie@kidsave.org or visit kidsave.org.

SUNDAY/JUNE 30

Dog Days of Summer Craft Day. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Learn about Adopt Don't Shop for finding a new pet. Make pull toys out of old jeans and fleece to be donated to pups waiting for their forever home. Donate old jeans or fleece. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit www.fairfax-station.org, www.facebook.com/FFXSRR, or call 703-425-9225.

Burke Historical Society Meeting. 3:30-5 p.m. at Pohick Regional Library, 6540 Sydenstricker Road, Burke. Ann Shields shares her research on the WWII-era camps for German prisoners of war at Fort Meade, Fairfax, and Fort Hunt, within the context of the national POW-internment program. Free. Email slawski_brian@yahoo.com or visit www.burkehistoricalsociety.org for more.

A Hometown Celebration. 5 p.m. at Veterans Amphitheater, on the grounds of City Hall, Fairfax. Kick-off "A Hometown Celebration" with games, food trucks (from Fairfax City businesses) and a concert by the award-winning City of Fairfax Band beginning at 7 p.m. In case of rain the event will be relocated to the Stacy C. Sherwood Community Center; food vendors will also be on-site. Visit www.fairfaxva.gov/government/parks-recreation/special-events/independence-day-celebration for more.

Films in the Park: Free Willy (1999). 7 p.m. at Strawberry Park in Mosaic, Fairfax. Mosaic's summer movie lineup has something for the whole family. Grab a blanket, friends and family and watch favorite films underneath the stars. Visit mosaicdistrict.com/events/event/films-in-the-park-2/

SUMMER FOOD PROGRAM

Free Meals for Children During Summer Break

Approximately 29 percent of students in FCPS qualify for free and reduced-price meals. That's more than 54,000 students who usually have access to breakfast and lunch at school each day.

Fairfax County Public Schools will participate in the U.S. Department of Agriculture's (USDA) 2019 summer food service program for children, a program established to ensure that students who qualify for free and

reduced-price meals during the school year continue to receive nutritious meals when school is not in session. Free meals that meet federal nutrition guidelines will be provided to children at approved sites

throughout Fairfax County.

Meals will be provided to all children without charge on a first-come, first-served basis. There will not be meal service on July 4 or 5.

SCHOOL SITES	DATES	BREAKFAST	LUNCH
Bailey's Community Center 5920 Summers Ln, Falls Church, VA 22041 703-931-7027	6/17-8/23	8:30-9:30 a.m.	Noon-1 p.m.
Bailey's ES (primary) 6111 Knollwood Dr, Falls Church, VA 22041 703-575-6800	6/14-8/23	8-9 a.m.(7/1-8/8)	11:30-1 p.m.
Beech Tree ES 3401 Beechtree Ln, Falls Church, VA 22042 703-531-2600	7/8-7/26	9:30-9:45 a.m.	Noon-12:30 p.m.
Belvedere ES 6540 Columbia Pike, Falls Church, VA 22041 703-916-6800	7/1-8/8	9:45-10:15 a.m.	Noon-1 p.m.
Braddock ES 7825 Heritage Dr, Annandale, VA 22003 703-914-7300	7/1-8/8	8:30-9 a.m.	Noon-12:30 p.m.
Bren Mar Park ES 6344 Beryl Rd, Alexandria, VA 22312 703-914-7200	6/14-8/23	8-10:05 a.m. (7/1-8/8)	11:30 a.m.-1 p.m.
Brookfield ES 4200 Lees Corner Rd, Chantilly, VA 20151 703-814-8700	7/1-8/8	8-9 a.m.	Noon-12:30 p.m.
Bucknell ES 6925 University Dr, Alexandria, VA 22307 703-660-2900	7/8-7/26	8:45-9 a.m.	12:15-12:45 p.m.
Burke Center 9645 Burke Lake Road, Burke, VA 22015 703-426-7300	7/1-7/26	N/A	11:30 a.m.-noon
Camelot ES 8100 Guinevere Dr, Annandale, VA 22003 703-645-7000	7/1-7/26	9:30-10 a.m.	N/A
Centre Ridge ES 14400 New Braddock Rd, Centreville, VA 20121 703-227-2600	7/1-8/8	8-8:30 a.m.	10:30-11 a.m.
Chelsea Square Apts. 5734 Backlick Rd, Springfield, VA 22150	6/17-8/23	N/A	Noon-1 p.m.
Coates ES 2480 River Birch Road, Herndon, VA 20171 703-713-3000	7/8-7/26	8-8:30 a.m.	11-11:30 a.m.
Crestwood ES 6010 Hanover Ave, Springfield, VA 22150 703-923-5400	7/1-8/8	8:40-9:10 a.m.	11:55 a.m.-12:35 p.m.
Dogwood ES 12300 Glade Dr, Reston, VA 20191 703-262-3100	6/14-8/23	9:45-10:05 a.m. (7/22-8/9)	11:30 a.m.-1 p.m.
Falls Church HS 7521 Jaguar Trail, Falls Church, VA 22042 703-207-4000	7/30-8/1	8-8:30 a.m.	11:30 a.m.-noon
Forest Edge ES 1501 Becontree Ln, Reston, VA 20190 703-925-8000	7/8-7/26	9:45-10 a.m.	11-11:30 a.m.
Forestdale ES 6530 Elder Ave, Springfield, VA 22150 703-313-4300	7/1-8/8	9:45-10:15 a.m.	1:15-1:45 p.m.
Fort Belvoir Primary 5970 Meeres Road, Fort Belvoir, VA 22060 703-781-2700	7/8-7/26	N/A	11 a.m.-noon
Fort Belvoir Upper 5980 Meeres Road, Fort Belvoir, VA 22060 571-982-1300	7/8-7/26	N/A	11 a.m.-12:30 p.m.
Garfield ES 7101 Old Keene Mill Rd, Springfield, VA 22150 703-923-2900	7/1-8/8	8-8:30 a.m.	Noon-12:30 p.m.
Glasgow MS 4101 Fairfax Pkwy, Alexandria, VA 22312 703-813-8700	7/8-8/8	7:20-7:45 a.m.	11:10-11:30 a.m.
Glen Forest ES 5829 Glen Forest Dr, Falls Church, VA 22041 703-578-8000	7/8-7/26	N/A	12:50-1:20 p.m.
Graham Road Community Ctr. 3036 Graham Rd, Falls Church, VA 22042 703-401-5257	6/14-8/23	N/A	11:30 a.m.-1 p.m.
Graham Road ES 2831 Graham Rd, Falls Church, VA 22042 571-226-2700	7/8-7/26	8:45-9 a.m.	11-11:30 a.m.
Groveton ES 6900 Harrison Ln, Alexandria, VA 22306 703-718-8000	7/8-7/26	9:25-9:45 a.m.	1-1:45 p.m.
Gum Springs Community Ctr. 8100 Fordson Road, Alexandria, VA 22306 703-360-6088	6/17-8/23	8-8:30 a.m.	Noon-1 p.m.
Herndon ES 630 Dranesville Rd, Herndon, VA 20170 703-326-3100	7/1-8/8	8:45-9:15 a.m.	10:45-11:30 a.m.
Herndon MS 901 Locust St, Herndon, VA 20170 703-904-4800	7/8-7/26	7-8:30 a.m.	Noon-12:30 p.m.
Hollin Meadows ES 2310 Nordok Place, Alexandria, VA 22306 703-718-8300	7/1-7/26	8:45-9:15 a.m.	11:45 a.m.-12:30 p.m.
Holmes MS 6525 Montrose St, Alexandria, VA 22312 703-658-5900	7/1-8/1	7:30-8:50 a.m.	11 a.m.-12:20 p.m.
Hutchison ES 13209 Parcher Ave, Herndon, VA 20170 703-925-8300	6/14-8/23	8:30-8:50 a.m. (7/1-8/8)	11 a.m.-1 p.m.
Hybla Valley ES 3415 Lockheed Blvd, Alexandria, VA 22306 703-718-7000	6/14-8/23	9-9:15 a.m. (7/1-8/8)	11:50 a.m.-12:30 p.m.

SCHOOL SITES	DATES	BREAKFAST	LUNCH
Jackson MS 3020 Gallows Rd, Falls Church, VA 22042 703-204-8100	7/8-8/2	8-8:30 a.m.	11:45 a.m.-12:15 p.m.
James Lee Community Ctr. 2855 Annandale Road, Falls Church, VA 22042 703-534-3387	6/17-8/23	8:30-9:30 a.m.	Noon-1 p.m.
Justice HS 3301 Peace Valley Ln, Falls Church, VA 22044 703-824-3900	7/8-7/26	7:30-7:55 a.m.	10:30-11:55 a.m.
Key MS 6402 Franconia Rd, Springfield, VA 22150 703-313-3900	7/1-7/26	8-8:30 a.m.	Noon-1 p.m.
Lake Anne ES 11510 North Shore Dr, Reston, VA 20190 703-326-3500	7/8-7/26	8-8:30 a.m.	Noon-12:30 p.m.
Lee HS 6540 Franconia Rd, Springfield, VA 22150 703-924-8300	7/8-7/26	7:30-7:55 a.m.	10:30-11:55 a.m.
London Towne ES 6100 Stone Rd, Centreville, VA 20120 703-227-5400	6/14-8/23	9:45-10 a.m. (7/1-8/8)	11:30 a.m.-1 p.m.
Lynbrook ES 5801 Backlick Rd, Springfield, VA 22150 703-866-2940	7/1-8/8	8-9 a.m.	Noon-12:30 p.m.
Mason Crest ES 3705 Crest Drive, Annandale, VA 22003 571-226-2600	7/8-7/26	N/A	Noon-12:30 p.m.
Mount Eagle ES 6116 N Kings Hwy, Alexandria, VA 22303 703-721-2100	6/14-8/23	9-9:45 a.m. (7/1-8/8)	11:30 a.m.-1:15 p.m.
Mount Vernon HS 8515 Old Mt Vernon Rd, Alexandria, VA 22309 703-619-3100	8/5-8/9	8-8:30 a.m.	Noon-12:30 p.m.
Parklawn ES 4116 Braddock Rd, Alexandria, VA 22312 703-914-6900	7/1-8/1	8:45-9:15 a.m.	11:30 a.m.-12:30 p.m.
Pine Spring ES 7607 Willow Ln, Falls Church, VA 22042 571-226-4400	7/8-7/26	9:35-9:55 a.m.	11:45 a.m.-12:15 p.m.
Quander Road School 6400 Quander Rd, Alexandria, VA 22307 703-718-2400	7/8-7/26	8-8:30 a.m.	N/A
Riverside ES 8410 Old Mt Vernon Rd, Alexandria, VA 22309 703-799-6000	6/14-8/23	8:45-9:15 a.m. (7/8-7/26)	11:30 a.m.-1 p.m.
Saratoga ES 8111 Northumberland Rd, Springfield, VA 22153 703-440-2600	7/1-7/26	9:45-10:10 a.m.	Noon-12:30 p.m.
Sleepy Hollow ES 3333 Sleepy Hollow Rd, Falls Church, VA 22044 703-237-7000	7/8-7/26	9:40-10:15 a.m.	11:45 a.m.-12:45 p.m.
Springfield Estates ES 6200 Charles C Goff Dr, Springfield, VA 22150 703-921-2300	7/8-7/26	N/A	Noon-12:30 p.m.
Springfield Garden Apts.(South) 6116 Cumberland Avenue, Springfield, VA 22150	6/17-8/23	N/A	Noon-1 p.m.
Springfield Gardens Apts.(North) 6116 Cumberland Avenue, Springfield, VA 22150	6/17-8/23	N/A	Noon-1 p.m.
Springfield Square Apts. 7000 Rhoden Cr, Springfield, VA 22151	6/17-8/23	N/A	Noon-1 p.m.
Timber Lane ES 2737 West St, Falls Church, VA 22046 703-206-5300	7/1-8/8	9-9:30 a.m.	11:45 a.m.-12:15 p.m.
TJHSST 6560 Braddock Rd, Alexandria VA 22312 703-750-8300	6/24-8/1	7:30-8 a.m.	11 a.m.-1 p.m.
Vistas of Annandale(Avant Apts.) 7931 Patriot Drive, Annandale, VA 22003 703-962-1273	6/17-8/23	N/A	11:30 a.m.-1 p.m.
Washington Mill ES 9100 Cherytree Dr, Alexandria, VA 22309 703-619-2500	7/8-7/26	8:45-9:30 a.m.	11 a.m.-noon
Westlawn ES 3200 Westley Rd, Falls Church, VA 22042 703-241-5100	7/1-7/26	7:45-9 a.m.	Noon-12:30 p.m.
Weyanoke ES 6520 Braddock Rd, Alexandria, VA 22312 703-813-5400	7/1-8/8	8:45-9:15 a.m.	Noon-12:20 p.m.
Whitman MS 2500 Parkers Ln, Alexandria, VA 22306 703-660-2400	7/8-7/26	7:30-8 a.m.	Noon-12:30 p.m.
Willston Multicultural Center 6131 Willston Drive, Falls Church, VA, 22044 703-536-8943	6/17-8/23	8:30-9:30 a.m.	Noon-1 p.m.
Woodburn ES 3401 Hemlock Dr, Falls Church, VA 22042 703-641-8200	7/1-8/8	8:30-9 a.m.	11:30 a.m.-noon
Woodlawn ES 8505 Highland Ln, Alexandria, VA 22309 703-619-4800	7/1-8/8	10-10:30 a.m.	11:45 a.m.-12:15 p.m.
Woodley Hills ES 8718 Old Mt Vernon Rd, Alexandria, VA 22309 703-799-2000	7/1-7/26	7:45-10:30 a.m.	1-1:30 p.m.

SOURCE: FAIRFAX COUNTY PUBLIC SCHOOL

SPRINGFIELD CONNECTION ♦ JUNE 20-26, 2019 ♦ 9

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FROM PAGE 7

July 22-26; July 29-Aug. 2; and Aug. 5-9. Call 703-250-6930 or visit www.czartlessons.com.
 ❖ Fine Arts & Crafts Camp (8 years & up)
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Vacation Bible School. Monday-Friday, July 8-12, 9 a.m.-noon at Fellowship Baptist Church, 5936 Rolling Road, Springfield. Vacation Bible School with an "In the Wild" theme. Free. Call 571-337-0209 or visit honorngod.org.

Summer Bible Camp. Monday-Friday, July 8-12, 9 a.m.-12:30 p.m. at Harvester Presbyterian Church, 7800 Rolling Road, Springfield. Children will be able to have fun, be safe, and hear about the love that God has for them. For children in grades K-6. Free. Call 703-455-7800 or visit www.harvesterpca.org.

SATURDAY/JUNE 22

Retirement Planning Event. 9-10 a.m. at Living Savior Lutheran Church, 5500 Ox Road, Fairfax Station. A retirement planning educational event, including topics: five keys to retiring fearlessly; securing and preserving a retirement strategy; and Social Security: timing is everything. Free. Refreshments will be served. Contact Mark Knauff at 703-209-2406 or mark.knauff@thrivent.com to reserve a space.

Environmental Education Conference. 9 a.m.-3 p.m. at Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. High school and college students from around Virginia will learn effective environmental education games and teaching skills to prepare them to educate kids in their community. They will have the opportunity to participate in workshops with experienced environmental educators, enjoy a sustainable meal, and join a network of students passionate about the environment. The event is free for students, but donations are appreciated. Visit www.eslileaders.org for more.

Messy Church. 5-6:30 p.m. at St. Peter's in the Woods, 5911 Fairview Woods Drive, Fairfax Station. Join St. Peter's in the Woods for their monthly Messy Church. It's a worshipping community especially geared towards families and young children, but welcoming to all. Fun Bible themed crafts and activities, casual worship and a free, family-style dinner. Call 703-503-9210 for more. Registration is appreciated, visit www.stpetersinthewoods.org/events.

TUESDAY/JUNE 25

FCPS Career Fair. 9 a.m.-2 p.m. at 9200 Burke Lake Road, Burke. Fairfax County Public Schools (FCPS) will host a Career Fair for individuals interested in learning more about instructional and operational positions within the school district. There will also be four breakout sessions offered: benefits, the application process, and resume writing and interviewing. Particular needs include teachers, instructional assistants, special education teachers, substitute teachers, HVAC mechanics, school bus drivers, maintenance technicians, and professionals in information technology, human resources, procurement and finance, and safety and security. Visit www.fcps.edu/news/fcps-host-career-fair-instructional-and-operational-personnel-to-rsvp-or-learn-more.

MONDAY/JULY 1

Application Deadline. Each year, the Community Foundation for Northern Virginia provides a grant opportunity to help public schools encourage healthy lifestyles through increased exercise and better nutrition. Grants up to \$2,000 are awarded in a competitive grant process. Public elementary, middle and high schools located in Northern Virginia are all eligible to apply. Visit www.cfnova.org/grant-seekers/healthy-kids-grants for more.

MONDAYS/JULY 1-AUG. 5

Chronic Disease Self-Management Program. 1-3 p.m. at George Mason Regional Library, 7001 Little River Turnpike, Annandale. Fairfax County and Inova Health System are offering workshops to help people manage their chronic illnesses (arthritis, diabetes, heart problems, asthma, or any other chronic condition). Caregivers are welcome. Register at www.fairfaxcounty.gov/OlderAdults and click on Chronic Disease Self-Mgmt. Call 703-324-7721, TTY 711.

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A Few Weeks Off, Finally



By KENNETH B. LOURIE

After a second successful week of navigating government and private sector websites, I have reached the promised, albeit familiar land: only worrying about the fact that I have non-small cell lung cancer, stage IV. Oh well. What else is new?

Nothing much thankfully so I can continue to try and live the Vulcan philosophy: "Live long and prosper." (Although, I could never manipulate my fingers to support the greeting. My wife, Dina, can however, with ease but she's not a logical person.)

I have to be a logical person.

If I am to endure the ups and downs and all-around of a "terminal" cancer diagnosis, I have to think as unemotionally as possible about any news or assessments I may receive.

Cancer is too insidious to give it any help from the "diagnossee." Moreover, from what anecdotal evidence exists, providing cancer as inhospitable an environment as possible is said to help.

And aside from maintaining a positive attitude and a good sense of humor, keeping cancer things – good or bad, in some kind of perspective/context, is a trek worth taking. One should be reminded of the never-say-die mantra of the 1978 NBA World Champion Washington Bullets: "It ain't over 'til the fat lady sings."

In addition, all us cancer survivors should remember the famous words of Bluto (John Belushi) from 1980's "Animal House" when he implored his fellow Delta Fraternity brothers: "What? Over? Did you say over? Nothing is over until we decide it is. Was it over when the Germans bombed Pearl Harbor? Hell no! ..."

And not that cancer survivors can control our disease any more than the Germans can control this mistaken narrative, funny and famous though it is, but we have to try and laugh – and joke, because it sure beats the alternative. Control? 'Hell no!'

And now that I've completed the arduous and tedious – for me – tasks of the last two weeks, I feel as if I've taken back some control.

Cancer, schmancer.

I've survived the multi-step process required of the Virginia Employment Commission, the Maryland Health Connection, Social Security/Medicare, and the future provider of my Supplemental Medical insurance all within two weeks. Besides me, and anybody who knows me: Who says I can't step my way through this morass of websites, user names, passwords, mouse clicks and keystrokes? But I did. Somehow. An amazing miracle if there ever was one.

Now life can return to abnormal. But it's an 'abnormal' with which I'm totally familiar.

After 10-plus years of it, as Col. Sherman Potter of M*A*S*H said to Major Margaret Houlihan upon her early return to the 4077th from her honeymoon hearing her awkwardly describe a mishap in the shower: "There's nothing new under the sun, Major."

For a long-time cancer survivor, there's nothing new, really. One's life is likely to be more of the same, only different. And I can live with same – or the different – because after a decade, I've been there and pretty much done that.

Now I can add: succeeded in navigating websites "heretofore" (quoting Ben Affleck from 1997's "Good Will Hunting") thought impossible to do. No more do I have to worry about what I need to do, but rather I can bask in the glow of what I've done.

As I finish this column, I realize this is what us cancer patients need to do: reinforce our positives (successes) and minimize our negatives (failures). As many of us attempt to take all this cancer stuff in stride, the truth of it is we're often teetering and tottering on a very fine line. A 'line' to quote the late Ken Beatrice, on which "you wouldn't want to live."

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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