



BUY A  
MATTRESS  
★ HELP A ★  
VET

When we help our vets,  
we can all sleep better.

SEE OUR  
AD ON  
PAGE 7

PHOTO COURTESY OF GEORGE MASON UNIVERSITY OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 8 ♦ CLASSIFIEDS, PAGE 11 FOLLOW ON TWITTER: @BURKECONNECTION

# Burke CONNECTION

## Senior Living

PAGE, 4



Circus artists and acrobats from China's Cirque Mei will perform at "Great Performances at Mason."

### Great Performances Return to Mason Stage

NEWS, PAGE 10

### Youth Mobilize To Save the Planet

NEWS, PAGE 3

### Changing the Culture Of High School Soccer

NEWS, PAGE 5

JUNE 27-JULY 3, 2019

ONLINE AT [WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)



*Westminster at Lake Ridge* is changing! Transformations are currently underway and will bring a renewal of amenities and décor to the community. Near the historic town of Occoquan, the serene location has all the small town charm and friendliness you desire, yet is just a few miles from the excitement of our nation's capitol.

*Westminster at Lake Ridge* offers beautiful maintenance-free cottages and apartment homes, all with the security of onsite health care. Visit us today and see for yourself.

*Experience life in balance, and call 703-291-0191 for a personal tour today!*



INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE | LONG-TERM CARE | SHORT-TERM REHABILITATION | HOME CARE

12191 Clipper Drive, Lake Ridge, VA 22192 | 703-291-0191 | [www.wlrva.org](http://www.wlrva.org)

WESTMINSTER AT LAKE RIDGE IS A NOT-FOR-PROFIT, CARF ACCREDITED, CONTINUING CARE RETIREMENT



## BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### SOBER-RIDE FOR JULY 4

**Free Sober Rides.** Thursday, July 4, 7 p.m. through Friday, July 5, 2 a.m. Area residents, 21 and older, may download Lyft to their phones, then enter a code in the app's "Promo" section to receive a no cost (up to \$15) safe ride home. WRAP's Independence Day SoberRide promo code will be posted at 6 p.m. on July 4 on [www.SoberRide.com](http://www.SoberRide.com).

### VOLUNTEERS WANTED

#### STEM Professionals Needed.

Volunteers are needed to assist K-12 STEM teachers in northern Virginia as part of the American Association for the Advancement of Science's STEM Volunteer Program, [stemvolunteers.org](http://stemvolunteers.org), during the 2019-20 school year, beginning in September. Please contact Don Rea at 571-551-2488 or [donaldrea@aol.com](mailto:donaldrea@aol.com).

### SATURDAY/JUNE 29

**Forum on Disability Inclusion.** 8:30 a.m.-12:30 p.m. at the Fairfax County Government Center, 12000 Government Center Pkwy, Fairfax. The Fairfax County Board of Supervisors and The Arc of Northern Virginia will host a Disability Inclusion Conference, which will include over 25 display tables, a panel discussion, and community breakout sessions on topics such as employment, housing, public safety, social opportunities, and business-to-business tips for creating inclusive retail spaces. Coffee and a light breakfast will be provided. Free to attend. All members of the community are welcome. More information and registration is available at: [www.fairfaxcounty.gov/chairman/disabilityinclusionconference2019](http://www.fairfaxcounty.gov/chairman/disabilityinclusionconference2019).

### MONDAY/JULY 1

**Application Deadline.** Each year, the Community Foundation for Northern Virginia provides a grant opportunity to help public schools encourage healthy lifestyles through increased exercise and better nutrition. Grants up to \$2,000 are awarded in a competitive grant process. Public elementary, middle and high schools located in Northern Virginia are all eligible to apply. Visit [www.cfnova.org/for-grant-seekers/healthy-kids-grants](http://www.cfnova.org/for-grant-seekers/healthy-kids-grants) for more.

### MONDAYS/JULY 1-AUG. 5

**Chronic Disease Self-Management Program.** 1-3 p.m. at George Mason Regional Library, 7001 Little River Turnpike, Annandale. Fairfax County and Inova Health System are offering workshops to help people manage their chronic illnesses (arthritis, diabetes, heart problems, asthma, or any other chronic condition). Caregivers are welcome. Register at [www.fairfaxcounty.gov/OlderAdults](http://www.fairfaxcounty.gov/OlderAdults) and click on Chronic Disease Self-Mgmt. Call 703-324-7721, TTY 711.

### TUESDAY/JULY 9

**Family Caregiver Telephone Support Group.** 7-8 p.m. Fairfax County's Family Caregiver Telephone Support Group meets by phone on Tuesday, February 13, 7-8 p.m. This month's topic is After Hospitalization: What's Next? Call 703-324-5484, TTY 711 to register.

### TUESDAY/JULY 16

**Volunteering in Retirement.** 10:30 a.m. at the American Red Cross National Capital Region office, 8550 Arlington Blvd., Fairfax. The one-hour event is free and open to the public. To sign up, email RSVP volunteer specialist Brandie Morris at [bmorris@volunteerfairfax.org](mailto:bmorris@volunteerfairfax.org) or call RSVP at 703-403-5360.



## Environmental Programs at JOHNS HOPKINS in DC



ADVANCED  
ACADEMIC  
PROGRAMS

LEARN MORE AND APPLY ONLINE  
[ADVANCED.JHU.EDU/ENVIRONMENTAL](http://ADVANCED.JHU.EDU/ENVIRONMENTAL)

1717 MASSACHUSETTS AVE. NW, SUITE 101  
WASHINGTON, DC 20036 | 1.800.847.3330 | 202.452.1940

**High school-aged attendees at the 5th Annual Fairfax County Environmental Education Conference take part in the Water Workshop led by Maria Harwood, Northern Virginia Soil & Water Conservation District.**

PHOTOS BY  
MERCIA HOBSON/  
THE CONNECTION



## Environmental Change Through Youth Games and Activities

### Fifth Annual Fairfax County Environmental Education Conference held.

BY MERCIA HOBSON  
THE CONNECTION

**E**nvironmental Student Leadership Initiative, formerly known as the Eco-School Leadership Initiative, presented its 5th Annual Fairfax County Environmental Conference. Held Saturday, June 22, inside and on the grounds of the Fairfax County Government Center, the free, day-long event helped high school and college students learn how they, as student-instructors could get involved with environmental education initiatives. By teaching elementary school students using hands-on and engaging interactive games and activities, in the process, the young students would become interested in fighting environmental problems and become future leaders in their communities.

In her Opening Remarks as Conference Co-Chair, Wendy Gao, a student at Oakton High School admitted to the 45 Northern Virginia high school and college-aged students seated before her, that when she joined ESLI two years ago, she didn't know how to solve climate change nor did she consider herself an "Earth enthusiast." Gao said she knew at the time that climate change was caused primarily because of fossil fuel corporations and "their political and economic lobbying power." Gao said she thought that creating policies to curb these corporations was the only way to solve the problem. She added that after joining ESLI, she understood that to reverse climate change, all aspects of society — political, economic, social and academic — must "move in the same direction."

**THE MISSION** of ESLI is to create a network of young people who are passionate about environmen-



**Samba Pathak, 17 of Fairfax, a student at Oakton High School and Conference Co-Chair, shares that ESLI is in partnership with Fairfax County Park Authority and recently changed its name to Environmental Student Leadership Initiative.**

tal education. "Climate education is not a requirement in public school systems, and many schools don't offer environmental science courses," said Gao. "There is a climate knowledge gap... and that's why ESLI and environmental education is fundamental to the environmental movement... We do what we do because young people have a lot more power than we're allowed to believe," she said.

During the conference, attendees visited two out of five workshops; each illustrated a lesson student-educators could teach elementary school students. The interactive experience used available ESLI curriculum, lesson plans and materials which would be made accessible to student-educators who chose to volunteer their services as a teacher through an ESLI chapter. And how to start an ESLI chapter at their school if one isn't already established.

SEE YOUTH, PAGE 10

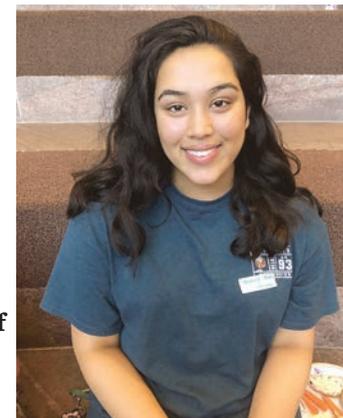
### VIEWPOINTS

## What Brings You to the Conference?

—JULIA ZHOU

PHOTOS BY JULIA ZHOU/  
THE CONNECTION

**Janhvie Hoshi, 15, of Fairfax:** "I wanted to learn ways we can spread the message of keeping our home, our bay clean. Because young minds are easily influenced... it's important to teach them the right way to respect and maintain the beauty of their home."



**Trisdan Ko, 16, of Lorton:** "People don't realize and need to begin to realize the ways we are able to conserve our planet. We don't realize how everyday products... contain harmful by-products. The only way to help solve this issue is to inform others."



**Jasmine Evans, 15 of Chantilly:** "I think as time goes on our environment is getting worse and worse. I would like to improve and make future generations know how to take care of it."



**Aadi Karthikeyan, 16, of Chantilly:** "I'm here today because I think educating elementary school students as early as Kindergarten about environmental studies is the only way to instill awareness in the youth of today."

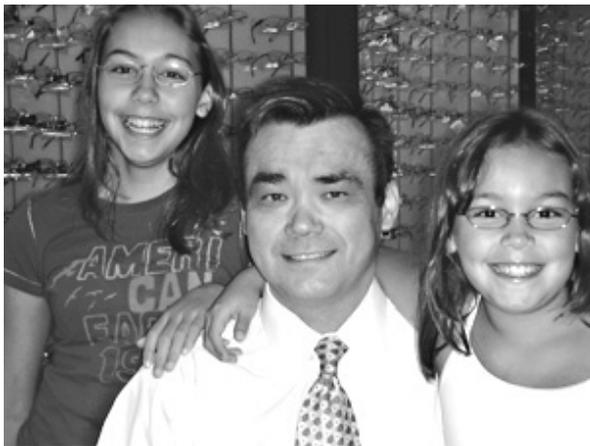


**Bridget Lee, 17, of Great Falls:** "Our actions are hurting our Earth's environment and therefore the health of plants, animals, and us. If we continue our harmful actions, the Earth will continue on this path. I want to join students like Greta Thurnberg in helping the environment for all our benefit."



**DR. GENE SWEETNAM  
DR. GRACE CHANG**

**O P T O M E T R I S T S**



- Family & Pediatric Vision Care
- Comprehensive Eye Exams • Treatment of Eye Diseases
- 21 years Naval Service, 6 years Active Duty
- Laser Vision Consultants • Over a thousand frames in stock
- We carry all major brands of contact lenses • In-house lab

**Most Insurances Accepted:**

Anthem Blue Cross/Blue Shield, Care First, Medicare, Tricare In-network Doctor, Cigna, DavisVision, Vision One Discount, Avesis, Aetna HMO/PPO/POS, PHCS, VSP® Network Doctor, EyeMed Vision Care, United Healthcare, VA Medicaid

**WE WELCOME YOUR DOCTOR'S PRESCRIPTION**

5206A Rolling Rd.  
Burke Professional Center  
Burke, VA 22015

**703-425-2000**

[www.drsweetnam.com](http://www.drsweetnam.com) • [www.sightforvision.com](http://www.sightforvision.com)

Senior Living

# A Difficult Conversation

Talking to loved ones about Alzheimer's Disease

BY MARILYN CAMPBELL  
THE CONNECTION

After witnessing the slow decline of family members with Alzheimer's and other forms of dementia, Ana Nelson knows the importance of early recognition of signs of the disease and enacting a plan as early as possible. During the month of June, Alzheimer's & Brain Awareness Month, Nelson who is Vice President of Programs and Services with the Alzheimer's Association National Capital Area Chapter, is working to encourage family members who notice signs of cognitive decline in a loved one, to have open dialogue, no matter how difficult.

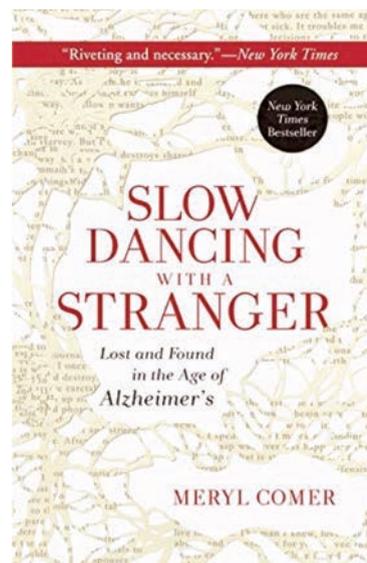
"You're always thinking that your parents or loved ones are going to be around for a long time, but we're talking about a disease where there's no way to stop it or cure it," said Nelson. "Alzheimer's is a progressive and incurable disease. You need to have the conversation as soon as you notice symptoms so that you can plan for it. Families sometimes wait too."

A new survey released by the Alzheimer's Association reveals that nearly 9 in 10 Americans say that if there were experiencing signs of cognitive decline they would want their loved ones to share their concerns. However, nearly three out of four Americans say talking to a close family member about such a decline would be challenging for them.

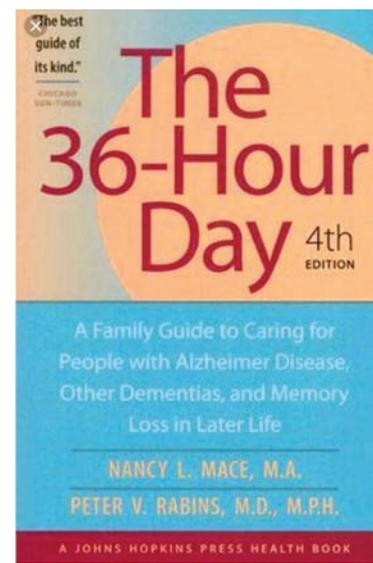
To offer ideas for closing that communication gap, Nelson points to a recently launched national campaign and partnership between the Alzheimer's Association and the Ad Council. The project, called "Our Stories" uses stories from real people who've noticed cognitive changes in a family member and initiated a conversation.

An early diagnosis allows families to plan both financially and legally for the future. Recognizing the signs of mental decline allows for a timely diagnosis. "The most common early symptom of Alzheimer's is difficulty in remembering recent events," said Jerome Short, Ph.D., Licensed Clinical Psychologist and Associate Professor of Psychology at George Mason University. "Later symptoms are getting lost, problems with language, mood swings, lack of self-care, impulsivity, or lack of motivation."

Before initiating a conversation, plan the way in which it might begin. "You can share what you have observed," said therapist Carol Barnaby, LCSW-C "For example, 'It seems you are having trouble with remembering some things' and give examples. You can ask, 'Is this frustrating for you? Have you noticed or



Among the resources recommended for those dealing with Alzheimer's are books entitled, "The 36 Hour Day" and "Slow Dancing with a Stranger."



**For Assistance:**

The Alzheimer's Association offers help to families as they navigate challenges of the disease. They offer face-to-face conversations with local experts and a free 24/7 Helpline 800.272.3900. Additional resources can be found at alz.org.

spoken to your doctor?" "I recommend being direct, yet warm and caring," added Joanne Bagshaw, PhD, Professor of Psychology at Montgomery College.

Offering comfort and support can make the conversation less daunting, "You might say, 'I'm beginning to feel concerned about your health because I've noticed that you are having some trouble with your memory lately'" said Bagshaw. "Have you noticed that as well? How can I support you?"

Even with advanced preparation the conversation might not go as planned, says Nelson. "This is a delicate issue that might require multiple conversations," she said.

Encourage the family member to seek medical advice for an accurate diagnosis, suggests Barnaby. "Some mental confusion can be caused by certain medications, so it isn't always dementia," she said.

Be flexible realizing the conversation might not go as planned and raise concerns subtly. "Ask them if they have any concerns," said Barnaby. "You might say, 'I have been wondering how you are doing.

You haven't seemed your usual self. I am wondering if you have noticed anything."

The Alzheimer's Association offers resources and assistance to those living with Alzheimer's and their families, says Nelson. "We are just a phone call away," said Nelson. "We offer help 24 hours a day, seven days in week and in more than 200 languages. It doesn't have to be a crisis situation. You can call even if you just need help."

**"Alzheimer's is a progressive and incurable disease. You need to have the conversation as soon as you notice symptoms."**

— Ana Nelson, Vice President of Programs and Services with the Alzheimer's Association National Capital Area Chapter

## REACH YOUR ONLINE AUDIENCE

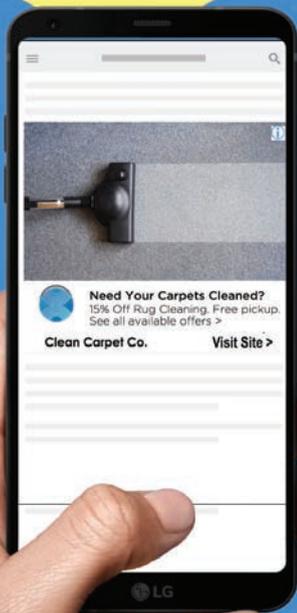
THE CONNECTION + Google Ads

**CALL 703.778.9431 TO GET STARTED**

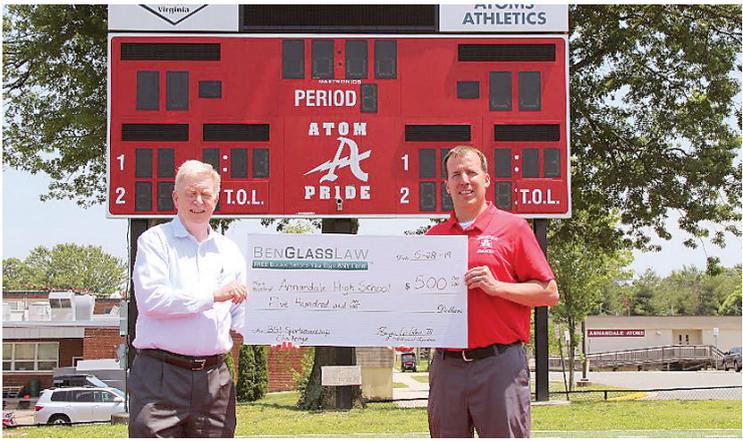
The Connection you know and trust now offers advertising online with Google. Our display ads can help you promote your business when people are browsing online, watching YouTube videos, checking Gmail, or using mobile devices and apps.

Choose the number of times your ad will be shown to your demographically targeted audience. Each time your ad appears on news websites, sport sites, blogs, YouTube, etc., it's counted as one impression:

- 35,000 impressions: \$350
- 50,000 impressions: \$500
- 75,000 impressions: \$750
- 100,000 impressions: \$950



Email [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com) for more info



PHOTOS CONTRIBUTED

Ben Glass, of Fairfax Station, presents the \$500 award to John Ellenberger, Athletics Director at Annandale High School. Head Coach and former marine Tejas Patel (not pictured) has changed the culture of the program for the better.

## Changing the Culture of High School Soccer

Referee Ben Glass Awards \$5,000 to 10 teams in Varsity Soccer Sportsmanship Challenge.

BY STEVE HIBBARD  
THE CONNECTION

Soccer referee Ben Glass, 61, of Fairfax Station just completed his second year of the Varsity Soccer Sportsmanship Challenge — awarding \$5,000 to 10 local boys' and girls' high school varsity soccer teams. The mission was to help change the culture and improve the bad treatment of referees from players, coaches, and parents during soccer matches. Each team received \$500 (or \$1,000 per school) if they survived the soccer

season with no red or yellow cards for dissent, profanity, or unsportsmanlike conduct.

“We’re saying to them, congratulations, two years ago we decided to make a difference in their culture and set up a difficult challenge. You made it through and we want to congratulate the players and coaches. This culture starts at the adult leadership. We also want to thank the parents,” said Glass, a referee for 45 years. “If the coach is exhibiting good sportsmanship and if the parents exhibit good

SEE SPORTSMANSHIP, PAGE 11



The Potomac High School Girls team poses with their \$500 check for making it through the season with no cards for dissent, profanity, or unsportsmanlike conduct. Head Coach Vince Villanueva: “We really enjoyed having Ben come out to the field... This is a real issue, and I believe the sport is really being hurt by poor behavior by coaches and players.”

Let us know about an upcoming event  
www.connectionnewspapers.com/Calendar

# LIVING HEALTHY LONGER

2019 NVSO SEPT. 14-28

- CYCLING
- SWIMMING
- CARD GAMES
- POOL
- SOFTBALL HIT
- GOLF
- SUDOKO
- PICKLE BALL
- PING-PONG
- WALKING
- DISCUS
- HIGH JUMP
- LINE DANCING
- 5K RUN
- BEACH BALL WALLYBALL
- +50 OTHER EVENTS

50+

## NVSO2019

MUST REGISTER BY AUG. 31 AT WWW.NVSO.US  
VOLUNTEERING YOUR GAME? CALL RSVP NOVA AT 703-403-5360

ONE VISIT AND KINGSTOWNE LIVING STARTS NOW.

### WALHAVEN AT KINGSTOWNE ELEVATOR TOWNHOMES FOR 55+ LIVING.

**FINAL OPPORTUNITIES.**

Don't miss your chance to experience easy, elegant townhome living in Kingstowne's best selling 55+ community:

- Up To 2,825 Square Feet
- 3 Bedrooms, 2.5 Baths, 2-Car Garage
- Walking Distance To Shopping & Dining
- 2 Miles To Van Dorn Metro
- Access To Kingstowne Pool & Fitness Amenities

**Now Selling From The Mid \$600s.**  
OPEN DAILY • 11AM - 6PM • 571.257.6231  
KOWENS@MILLERANDSMITH.COM  
MILLERANDSMITH.COM

**Miller & Smith.**  
One Visit Can Change Everything.

## Campaign Finance Reform? Yes

Surprise! “No limits” can stimulate large amounts of campaign cash for many kinds of candidates and from many kinds of donors.

Virginia is one of 11 states (Alabama, Indiana, Iowa, Mississippi, Nebraska, North Dakota, Oregon, Pennsylvania, Texas, Utah, and Virginia) that impose no contribution limits on individual donors, says the National Conference of State Legislatures. The other 39 states restrict the amount of money that any one individual can contribute to a state campaign.

### EDITORIAL

But Virginia has no limits. No limits on what any individual can give to a candidate. No limits on what a state party can give to a candidate. No limits on what a PAC can give to a candidate. No limits on what a corporation can give to a candidate. No limits on what a union or employee organization can give to a candidate.

Only Utah, Oregon, Nebraska, and Alabama impose literally no limits as Virginia does.

Virginia’s General Assembly, and established candidates, usually the primary beneficiary of this permissive environment for contributions, have chosen this stance deliberately. Supporters often cite disclosure requirements as somehow making unlimited campaign cash OK.

More money doesn’t always lead to success for a candidate. The following information on contributions comes from Virginia Public Access Project.

Tim Chapman loaned \$845,094 to his own campaign seeking the Democratic nomination for chairman of the Board of Supervisors. Chapman also lost because even with all that money to get his message out, apparently his message did not resonate with voters. Jeff McKay, who won the Democratic nominee for chairman of the Board of Supervisors. McKay raised \$448,443.

Maggie Parker, running for the Democratic nomination for Hunter Mill supervisor, had

more than twice as much in contributions than the winning candidate. But more than half of her cash contributions, more than \$90,000, came from her employer, Comstock Partners, developer with multiple projects in Hunter Mill. Parker finished fourth out of five candidates.

Steve Descano ran on a platform of criminal justice reform. He loaned himself \$25,000 and received support from family. He also received more than \$450,000 from the Justice and Public Safety PAC; VPAP lists its business as “Democrat Advocacy.”

Descano won his challenge over Commonwealth’s Attorney Ray Morrogh, who was facing his first challenge and had \$242,011 in contributions. Descano’s message of progressive reform resonated with voters who turned out to vote.

Yes, let’s have campaign finance reform and sensible limits on donations.

## Decision Helps Keep Drinking Water Safe

BY SCOTT SUROVELL  
STATE SENATOR (D-36)



Last week, the U.S. Supreme Court rendered a decision that has major significance for Virginia and especially for Northern Virginia, in addition to their decision on redistricting.

Few realize that Virginia has a series of uranium lodes that run along the base of the Blue Ridge Mountains. The largest lode is in Pittsylvania County on the North Carolina border, but a major series of lodes are in Madison, Culpeper and Fauquier counties at the headwaters of the Occoquan River. The Occoquan is a major source of drinking water for Fairfax and Prince William counties.

After Pennsylvania’s Three Mile Island near disaster in 1979, a partial meltdown of a nuclear reactor, the Virginia General Assembly in 1982 enacted a moratorium on uranium mining. While some federal permits are required for uranium mining, most thought that the states were allowed to adopt more stringent environmental protections as they are for any other mining or environmental requirements.

Shortly after I was elected to the House of Delegates, the worldwide prices of uranium spiked after the supply of uranium recycled from Russian nuclear warheads was exhausted. The estimates of the value of the 119-million-pound Pittsylvania County lode rose to \$7 billion.

There is still significant demand for uranium inside and outside of Virginia. More than 30 percent of electricity generated by Dominion

Virginia Power comes from nuclear reactors on Lake Anna near Fredericksburg and the James River in Surry County. Also, uranium is imported from abroad and west of the Mississippi River.

In 2012, a team of international investors was assembled and their first step was to try to lobby the state legislature to lift the ban. They spread around campaign contributions and before the post-

McDonnell gift ban went into effect, state legislators were offered trips to France to see a uranium mine and from the proponents point of view, to show how uranium mining can be done safely. About 20 elected officials took the trip. I did not.

Ultimately, the legislature left the mining moratorium in place. Many of us were concerned about the environmental risk posed by mining and we respected the members who represented the affected areas who were strongly opposed, in part due to strong local opposition, even though, they argued, they were in dire need for jobs in Southside and Southwest Virginia.

I opposed lifting the ban largely because of the potential impacts on Northern Virginia drinking water. Over one million people depend on the Occoquan River for drinking water and any threats to that water must be taken seriously.

However, the mining advocates were not done. Two years ago, they filed suit seeking to overturn the Virginia uranium mining moratorium arguing that federal law pre-empted or prohibited any regulation by the state. The Trump Administration supported the pro-mining position.

Last week, the U.S. Supreme Court disagreed

in a 6-3 ruling. The gist of the court’s decision was that Congress did not intend to take away states’ discretion to regulate this activity.

The Occoquan River is still under threat. Prince William County is currently re-evaluating its rural crescent zoning policy. Earlier this year, we discovered that Micron’s semiconductor manufacturing facility in Manassas was discharging water with elevated salt levels that was adversely affecting water quality in the Occoquan Reservoir. Fortunately, we were able to secure language in the state budget to require the Department of Environmental Quality to re-examine its permitting.

Last week’s Supreme Court opinion was an important victory for clean drinking water. Uranium mining could pose a long-term pollution threat in Virginia and especially in Northern Virginia. Drinking water is a fragile resource and once mines start to leak, remediation is very difficult. Letting the ban stand is an important victory.

Please email me at [scott@scotturovell.org](mailto:scott@scotturovell.org) if you have any feedback.

### Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.  
Send to:

Letters to the Editor  
The Connection  
1606 King St.  
Alexandria VA 22314  
By email:  
[editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com)

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

@BurkeConnection

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
Local Media Connection LLC

1606 King Street  
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to [connectionnewspapers.com/subscribe](http://connectionnewspapers.com/subscribe)

NEWS DEPARTMENT:  
[south@connectionnewspapers.com](mailto:south@connectionnewspapers.com)

**Kemal Kurspahic**  
Editor ♦ 703-778-9414  
[kemal@connectionnewspapers.com](mailto:kemal@connectionnewspapers.com)

**Andrea Worker**  
Contributing Writer  
[aworker@connectionnewspapers.com](mailto:aworker@connectionnewspapers.com)

**Jean Card**  
Production Editor  
[jcard@connectionnewspapers.com](mailto:jcard@connectionnewspapers.com)

ADVERTISING:  
For advertising information  
e-mail:  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)  
703-778-9431

**Steve Hogan**  
Display Advertising, 703-778-9418  
[shogan@connectionnewspapers.com](mailto:shogan@connectionnewspapers.com)

**Debbie Funk**  
National Sales  
703-778-9444  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

**David Griffin**  
Marketing Assistant  
703-778-9431  
[dgriffin@connectionnewspapers.com](mailto:dgriffin@connectionnewspapers.com)

**Classified & Employment Advertising**  
703-778-9431

**Editor & Publisher**  
Mary Kimm  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
@MaryKimm

**Executive Vice President**  
Jerry Vernon  
703-549-0004  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Editor in Chief**  
Steven Mauren  
**Managing Editor**  
Kemal Kurspahic  
**Art/Design:**  
Laurence Foong, John Heinly,  
Ali Khaligh  
**Production Manager:**  
Geovani Flores

CIRCULATION  
**Circulation Manager:**  
Ann Oliver  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)



lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

## Adopt Donate Volunteer

Volunteers needed for adoption events, fostering, transportation, adoption center caretaking and more.



lostdogandcatrescue.org

# obon festival

noun | o·bon fes·ti·val | お盆祭り

- take a moment to remember our loved ones
- **free** family fun, Japanese cultural festival event
- Japanese folk dancing, taiko drumming, food, music

**40th  
ANNIVERSARY!**

Saturday, July 13, 2019  
3:00 pm to 9:00 pm

**Ekoji Buddhist Temple**  
**6500 Lakehaven Lane**  
**Fairfax Station, VA 22039**

<http://www.ekojobonfestival.weebly.com>



**MARLO**  
FURNITURE & MATTRESSES

## JULY 4TH SAVINGS

ON NOW!

Save\* **60%** Storewide

PLUS up to **5 YEARS** Zero Interest Financing\*

PLUS **FREE Delivery\***

**Queen Storage Bed**  
Our #1 Best Selling Bed

**SALE \$899**

Satisfying your taste for vintage inspiration, this queen sleigh storage bed is elegant, without looking fussy.

**BUY A MATTRESS  
★ HELP A VET ★**

Now through the end of July, buy a mattress and MARLO will donate a FREE mattress to a Veterans' homeless shelter\*

**MARLO**  
FURNITURE & MATTRESSES  
Family Owned Since 1955  
[www.marlofurniture.com](http://www.marlofurniture.com)

**ALEXANDRIA, VA**  
**5650 Gen. Washington Dr.**  
**(703) 941-0800**  
**ROCKVILLE | LAUREL | FORESTVILLE**

\*Savings based on comparable pricing. Free local delivery with minimum purchase of \$1799 or more. For every mattress purchase of \$1299 or more, Marlo will donate a FREE mattress to a Veterans' homeless shelter. Financing offer applies only to single-receipt qualifying purchases made with your Marlo Furniture credit card 6/17-7/7/2019. No interest will be charged on promo purchase and equal monthly payments are required equal to initial promo purchase amount divided equally by the number of months in promo period until promo is paid in full. The equal monthly payment will be rounded to the next highest whole dollar and may be higher than the minimum payment that would be required if the purchase was a non-promotional purchase. Regular account terms apply to non-promotional purchases. New accounts subject to credit approval. Many special financing programs available. Offers valid 6/17-7/7/2019. See store for details.

# ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## ONGOING

**Art Exhibit: Somewhere Between You and Me.** Through July 20, Fridays and Saturdays, 11 a.m.-3 p.m. at Olly Olly, 10417 Main St., 2nd Floor, Fairfax. In Somewhere Between You and Me, young nonbinary transgender artists intimately seek to understand and bring understanding to what it means to experience life as a nonbinary person. Call 703-789-6144 or visit [ollyollyart.com](http://ollyollyart.com) for more.

**Kingstowne Farmers Market.** Fridays, through Oct. 25, 4-7 p.m. in the Giant parking lot, 5870 Kingstowne Towne Center, Alexandria. Call 703-642-0128 or visit [www.fairfaxcounty.gov/parks/farmersmarkets/kingstowne](http://www.fairfaxcounty.gov/parks/farmersmarkets/kingstowne).

**Wakefield Farmers Market.** Wednesdays, 2-6 p.m. through Oct. 30, at Wakefield Park, 8100 Braddock Road, Annandale. Call 703-642-0128 or visit [www.fairfaxcounty.gov/parks/farmersmarkets/wakefield](http://www.fairfaxcounty.gov/parks/farmersmarkets/wakefield).

**Lorton Farmers Market.** Sundays, 9 a.m.-noon, through Nov. 17, in the VRE Parking Lot, 8990 Lorton Station Blvd., Lorton. Call 703-642-0128 or visit [www.fairfaxcounty.gov/parks/farmersmarkets/lorton](http://www.fairfaxcounty.gov/parks/farmersmarkets/lorton).

**Springfield Farmers Market.** Saturdays, through Nov. 23, 10 a.m.-2 p.m. at Springfield Town Center, 6699 Spring Mall Drive, Springfield. Visit [www.community-foodworks.org](http://www.community-foodworks.org) or call 202-697-7768.

**Burke Farmers Market.** Through Dec. 21, 8 a.m.-noon at the VRE parking lot, 5671 Roberts Parkway, Burke. Call 703-642-0128 or visit [www.fairfaxcounty.gov/parks/farmersmarkets/burke](http://www.fairfaxcounty.gov/parks/farmersmarkets/burke) for more.

## THROUGH SATURDAY/JULY 6

**Be the Art.** ARTSFAIRFAX launches its third Imagine Art Here project on June 21. Imagine Art Here: INOUT:Springfield, a public art installation will feature interactive cuboids that collect community feedback and project community photos, temporarily installed July 13-Aug. 9 at Old Keene Mill Shopping Center and Aug. 10-23 at Springfield Town Center. The public will be able to take their picture, individually, as a group, with pets or with their family, and answer six questions about their role in the community and their opinions on art. Visit [www.INOUTEXPERIENCE.com](http://www.INOUTEXPERIENCE.com).

Photo booths will be Pop Up at the following locations:

- ❖ June 27, 10 a.m.-2 p.m., Greenspring Retirement Community
- ❖ June 29, noon-2 p.m., Richard Byrd Library
- ❖ June 30, 4-6 p.m., Tower Shopping Center
- ❖ July 6, 6-8 p.m., Old Keene Mill Shopping Center

## FRIDAY/JUNE 28

**B-I-N-G-O.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Enjoy free coffee, entertaining callers, a friendly atmosphere, \$1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire and rescue equipment. Visit [www.fairfaxvfd.com](http://www.fairfaxvfd.com) or call 703-273-3638 for more.

## SATURDAY/JUNE 29

**RedBull Basketball Tournament.** 8:30 a.m.-



## Be the Art

ARTSFAIRFAX launches its third Imagine Art Here project on June 21. Imagine Art Here: INOUT:Springfield, a public art installation will feature interactive cuboids that collect community feedback and project community photos, temporarily installed July 13-Aug. 9 at Old Keene Mill Shopping Center and Aug. 10-23 at Springfield Town Center. The public will be able to take their picture, individually, as a group, with pets or with their family, and answer six questions about their role in the community and their opinions on art. Visit [www.INOUTEXPERIENCE.com](http://www.INOUTEXPERIENCE.com).

2:30 p.m. at St. James Sports Complex, 6805 Industrial Road, Springfield. USA Basketball and Red Bull have partnered to build an elite pathway for men's and women's players to compete in 3x3 basketball at the Olympic level, beginning with Tokyo in 2020. Free to attend. Visit [www.redbull.com/3X](http://www.redbull.com/3X) for more.

**Children's Entertainment Series.** 10-10:45 a.m. at Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station. Featuring The Goodlife Theater (puppets) Visit [www.fairfaxcounty.gov/parks/performance/springfield-nights](http://www.fairfaxcounty.gov/parks/performance/springfield-nights).

**Stuff the Bus.** 10 a.m.-2 p.m. at Safeway at Pan Am, 3043 Nutley St., Fairfax (benefitting Food for Others) and 11 a.m.-4 p.m. at Fairfax Walmart, 11181 Lee Highway, Fairfax (benefitting Britepaths). The demand becomes more acute in the summer when children no longer get school meals. Visit [www.fairfaxcounty.gov/neighborhood-community-services/stuff-the-bus](http://www.fairfaxcounty.gov/neighborhood-community-services/stuff-the-bus) for more.

**Summer Saturdays.** 11 a.m.-4 p.m. at Gunston Hall, 10709 Gunston Road, Lorton. Stop by for a historic adventure. Call 703-550-9220 or visit [www.gunstonhall.org/visit/guide/upcoming-events](http://www.gunstonhall.org/visit/guide/upcoming-events).

**Goat Yoga.** Noon. Liberty Lorton, the former prison turned new development, is hosting a series of events that includes barnyard yoga, outdoor movie nights. Events are open to residents and non-residents of Liberty. Visit [thelibertylife.com](http://thelibertylife.com) for more.

**Jailhouse Rock Range Party.** Doors open, 5 p.m.; concert, 6-9 p.m. at Laurel Hill Golf Club, 8701 Laurel Crest Drive, Lorton. Laurel Hill Golf Club will be hosting its first ever concert, Jailhouse Rock on the Range. Bring lawn chairs and find a seat on the range to enjoy live music

provided by Northern Virginia-based alternative and rock cover bands Rusty Cage and Skeleton Crew. Food and beverages available for purchase. No outside food or drink. Adults, \$15; youth, \$10. First Tee students are free. Visit [www.fairfaxcounty.gov/parks/golf/laurel-hill](http://www.fairfaxcounty.gov/parks/golf/laurel-hill).

**Workhouse Fireworks.** 5-10 p.m. at Workhouse Art Center, 9518 Workhouse Way, Lorton. This year, the US Navy Band Sea Chanters – the United States Navy's official chorus – ranges from traditional choral music to opera, Broadway, and contemporary music. Local food trucks, craft beer, fine wine, soft drinks. Free admission; \$25 per vehicle parking (purchase in advance online). Visit [workhousearts.org/fireworks](http://workhousearts.org/fireworks).

**Kidsave Benefit Concert.** 7 p.m. at St. George's UMC, 4910 Ox Road, Fairfax. Concert to benefit Kidsave. Kidsave International is a non profit organization that helps kids in foster care find their forever families. Featuring Singer-Songwriter Paige Powell and friends, including Singer-Songwriters "Gracious Me" and Kim Gilliam. Free, donations appreciated. Email [bonnie@kidsave.org](mailto:bonnie@kidsave.org) or visit [kidsave.org](http://kidsave.org)

## SUNDAY/JUNE 30

**Dog Days of Summer Craft Day.** 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Come celebrate the Dog Days of Summer with local rescue groups and learn about Adopt Don't Shop for finding a new pet. Make pull toys out of old jeans and fleece to be donated to pups waiting for their forever home. Ages 16 and older, \$4; 5-15, \$2; 4 and under, free. Visit [www.fairfaxstation.org](http://www.fairfaxstation.org), [www.facebook.com/FFXSRR](http://www.facebook.com/FFXSRR), or call 703-425-9225.

**Burke Historical Society Meeting.** 3:30-5 p.m. at Pohick Regional Library, 6540 Sydenstricker Road, Burke. Ann Shields shares her research on the WWII-era camps for German prisoners of war at Fort Meade, Fairfax, and Fort Hunt, within the context of the national POW-internment program. Free. [www.burkehistoricalsociety.org](http://www.burkehistoricalsociety.org) for more.

**A Hometown Celebration.** 5 p.m. at Veterans Amphitheater, on the grounds of City Hall, Fairfax. Kick-off "A Hometown Celebration" with games, food trucks (from Fairfax City businesses) and a concert by the award-winning City of Fairfax Band beginning at 7 p.m. In case of rain the event will be relocated to the Stacy C. Sherwood Community Center; food vendors will also be on-site. Visit [www.fairfaxva.gov/government/parks-recreation/special-events/independence-day-celebration](http://www.fairfaxva.gov/government/parks-recreation/special-events/independence-day-celebration) for more.

**Films in the Park: Free Willy (1999).** 7 p.m. at Strawberry Park in Mosaic, Fairfax. Visit [mosaicdistrict.com/events/event/films-in-the-park-2/](http://mosaicdistrict.com/events/event/films-in-the-park-2/).

## THURSDAY/JULY 4

**Red, White & Blue Tournament.** 8 a.m.-noon at Burke Lake Golf Course, 7315 Ox Road, Fairfax Station. Teams of two players will compete in an 18-hole scramble format from 8 a.m. to noon in three divisions. Teams will alternate tees depending on the score of the previous hole. Prizes for the top three spots in all three divisions. Ages 7 and older. \$75 per team, which includes lunch. Limited to the first 48 teams. There is no rain date. Call 703-323-1641 or visit [www.fairfaxcounty.gov/parks/golf/burke-lake](http://www.fairfaxcounty.gov/parks/golf/burke-lake).

**City of Fairfax Independence Day.** The 53rd Annual Independence Day Celebration. Visit [www.fairfaxva.gov/government/parks-recreation/special-events/independence-day-celebration](http://www.fairfaxva.gov/government/parks-recreation/special-events/independence-day-celebration)

- ❖ Independence Day Parade, 10 a.m.-noon, Downtown Fairfax (rain or shine)
- ❖ Fairfax Museum & Visitor Center Open House, 9 a.m.-4 p.m., 10209 Main St.
- ❖ Ratcliffe-Allison-Pozer House Tours, 11:30 a.m.-1 p.m., 10386 Main St. - free guided tours of the 1812 and the 1927 sections of the house.
- ❖ Old Fashioned Fireman's Day, noon, 4081 University Drive - firefighter competition, food & beverages, fun for the kids.
- ❖ Evening Show & Fireworks, 6:30-10:30 p.m., Fairfax High School, 3501 Rebel Run; rain date - July 5th (fireworks only). Children's activities, live music by the Darby Brothers, and award presentations. Fireworks begin at 9:30.

**Declaration of Independence Reading.** Noon-1:30 p.m. in Historic Pohick Church, 9301 Richmond Highway, Lorton. The community is invited to a reading of the Declaration of Independence in Historic Pohick Church by historical re-enactor, the Rev. Dr. Thomas Costa, portraying the Rev. Mr. Massey, rector of Pohick Church in 1776. The reading will take place at noon, with free docent tours of the colonial church of George Washington and George Mason following the reading. Free. Call 703-339-6572, or visit [www.pohick.org](http://www.pohick.org).

**4th of July in Clifton.** 4 p.m. Join the Clifton Betterment Association for 4th of July in Clifton. Parade begins at 4 p.m. with a BBQ Potluck (bring a side dish or dessert) and games in the park beginning at 5 p.m. Volunteers needed, sign up at [www.signupgenius.com/go/30e0b4fafa92ca57-4thofjuly3](http://www.signupgenius.com/go/30e0b4fafa92ca57-4thofjuly3). Visit [www.cliftonva.org](http://www.cliftonva.org) for more.

**Films in the Park: Tangled (2010).** 7 p.m. at Strawberry Park in Mosaic, Fairfax. Visit [mosaicdistrict.com/events/event/films-in-the-park-2/](http://mosaicdistrict.com/events/event/films-in-the-park-2/).

# COMMUNITIES OF WORSHIP




**To Advertise Your  
Community of Worship,  
Call 703-778-9418**

**JC JUBILEECHRISTIANCENTER**  
"Loving People to Life"

Worship Gathering - Sunday 8:45 & 11 AM  
Sunday School 10:10 AM  
Sun. Evening - Realtime Worship & Youth 6 PM  
Family Night - Wednesday 7:15 PM  
Home Life Groups, College/Young Adult  
Ministries, and Living Free Support Groups  
Visit our Website: [jccag.org](http://jccag.org)

4650 Shirley Gate Road, Fairfax  
Bill Frasnelli, PASTOR 703-383-1170



**TELL US  
WHAT  
YOU  
THINK**

**SUBMIT YOUR LETTER TO THE EDITOR HERE**

[www.ConnectionNewspapers.com/contact/letter](http://www.ConnectionNewspapers.com/contact/letter)



# INFORMATIONAL OPEN HOUSES FOR THE LOUDOUN-OX 230 kV PARTIAL REBUILD PROJECT

DOMINION ENERGY PROPOSES TO  
REBUILD A PORTION OF TRANSMISSION  
LINE BETWEEN LOUDOUN, FAIRFAX AND  
PRINCE WILLIAM COUNTIES

At Dominion Energy, we are committed to keeping our neighbors informed about energy needs where they live and work. We are currently in the conceptual phase of plans to rebuild a portion of aging electric transmission line which is nearing the end of its service life.

We invite the community to one of our two informational open houses to learn more about the project and talk to subject matter experts.

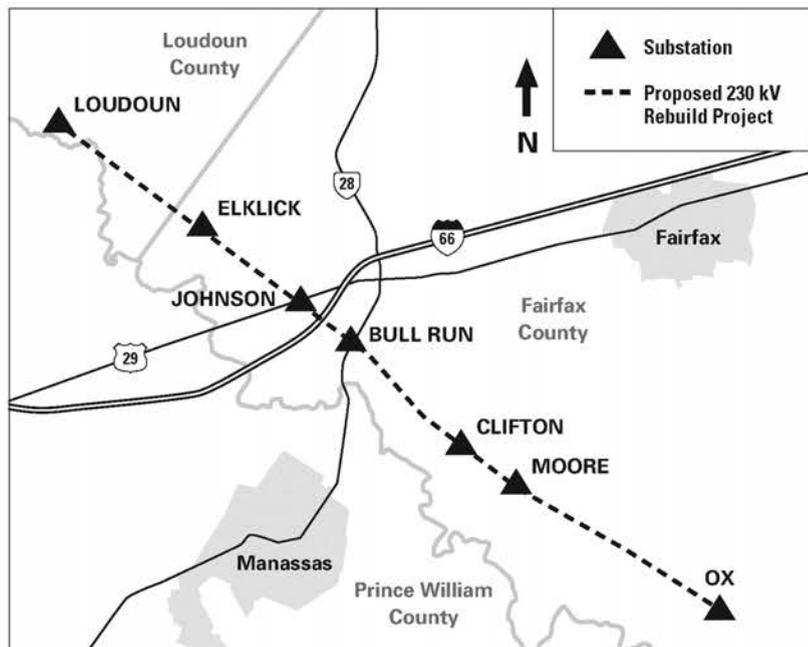
There will be no formal presentations at the events, so please drop in at your convenience between 5:30 p.m. – 7:30 p.m.

## OPEN HOUSE EVENTS

<b>Tuesday, July 9, 2019</b> <b>5:30 p.m. – 7:30 p.m.</b> South County Middle School 8700 Laurel Crest Dr. Lorton, VA 22079	<b>Tuesday, July 16, 2019</b> <b>5:30 p.m. – 7:30 p.m.</b> John Champe High School 41535 Sacred Mountain St. Aldie, VA 20105
---	--

*(drop by anytime during these hours)*

For more information, please visit our project website at [DominionEnergy.com/l-ox](http://DominionEnergy.com/l-ox). You may also contact us by sending an email to [powerline@dominionenergy.com](mailto:powerline@dominionenergy.com) or calling 888-291-0190.



This map is intended to serve as a representation of this project area and is not intended for detailed engineering purposes.



*Thinking of Planning Ahead?*

We already plan for:

- > Our Wedding
- > Our Children's Education
- > Our First Home
- > Our retirement



*Should your funeral be any different?*

<b>Fairfax Memorial Park</b> <i>Full Service Cemetery</i> 9900 Braddock Road, Fairfax, VA 22032 <b>703-323-5202</b> <a href="http://www.fmpark.com">www.fmpark.com</a>	<b>Fairfax Memorial Funeral Home</b> <i>with two on-site crematories</i> 9902 Braddock Road • Fairfax, VA 22032 <b>703-425-9702</b> <a href="http://www.fmfh.com">www.fmfh.com</a>
--	--

*Family Owned. Family Operated. Family Focused.*



**SUMMERFEST**

AT GAYLORD NATIONAL®

Discover the perfect resort experience with free activities and waterfront fun all summer long in National Harbor, Maryland.

**Visit July 2-6 for even more family fun!**

**Packages start at just \$179\***

Book your stay at [GaylordNational.com/SummerFest](http://GaylordNational.com/SummerFest)

PRESENTED BY AQUAFINA

\*Rates are per room, per night and based on availability at the time of reservation. Applicable tax, resort fee and parking additional. Limited numbers of rooms are available for this promotion. Offer does not apply to groups of 10 or more rooms or conventions. Offer cannot be combined with any other promotions. Advance reservations required. Not retroactive. Blackout dates and other restrictions may apply. AQUAFINA is a registered trademark of PepsiCo, Inc.

# Youth Mobilize to Protect Environment

FROM PAGE 3

“This is what I expected as I wanted to get exposure to learning different aspects of the environment and implement teaching these concepts at local schools,” said Gitika Gorthi, 15, of Oak Hill.

AGaurav Sethi, 16 and a student at South County High School in Lorton, was excited to network with other students his age. “I love to work with my peers, and this is the perfect opportunity for me because there are many people here with the same interest and passion,” Sethi said.

At the “Water Workshop Lesson,” co-led by Celeste Phillips, Madison High School student and Maria Harwood, Northern Virginia Soil & Water Conservation District, attendees used a 3D EnviroScape Watershed education model. Through hands-on, multi-sensory experiences, conference attendees learned, as their future young students would learn, what a watershed was, how stormwater runoff carried pollutants through the basin to a pond, lake, river, bay, or ocean, and best practices to prevent this type of pollution from occurring.

Tim Turner, 16 of Lorton, said, “My main goal was to be able to understand more about our environment so I could inform younger children at elementary schools. ... The change starts with them.”

**AFTER LUNCH**, Pat Hynes, Fairfax County School Board, Hunter Mill District, recalled seven years ago when the board received a presentation from the founders of ESLI, “we were very impressed ... but we worried about whether it would last after the founding students graduated. ... Well, not only has ESLI survived, it has thrived,” said Hynes.

“The school board’s strategic plan is grounded in what we call the portrait of a graduate. Those important skills we want our FCPS students to build, collaboration, critical and creative problem-solving, and effective communication, are best taught through project-based learning, real-world problem-solving through student-centered projects. ... We teach best and learn best in community through relationships and meeting real-world challenges,” Hynes said, “I don’t worry about ESLI continuing any more. Our challenge, as a school system, is to keep up and make sure we are taking full advantage of what you, as students are offering,” she said.

For information about those who supported ESLI and how to join an existing chapter or create a new one, visit [www.eslileaders.org](http://www.eslileaders.org).

## ESLI High School Chapters In Fairfax County

Chantilly High School  
Langley High School  
South County High School  
Marshall High School  
Madison High School  
Oakton High School  
Robinson Secondary School  
Thomas Jefferson High School  
South Lakes High School

## ESLI Virginia University Chapters

The College of William and Mary  
Virginia Commonwealth University



**Wendy Gao, Conference Co-Chair and a student at Oakton High School, explains ESLI’s mission is to create a network of young people who are passionate about environmental education.**

PHOTOS BY MERCIA HOBSON/THE CONNECTION



**Pat Hynes who represents the residents of Hunter Mill District on the Fairfax County School Board tells attendees and leaders at the 5th Annual Environmental Student Leadership Initiative (ESLI) that their challenge is to keep up with the members of ESLI and make sure the school system is taking full advantage of what they offer.**

PHOTO COURTESY OF GEORGE MASON UNIVERSITY



**LADAMA; artist-in-residence at George Mason University will perform at “Great Performances at Mason.”**

## Great Performances Return to Mason Stage

**Center for the Arts announces new season.**

### Where and When

BY DAVID SIEGEL  
THE CONNECTION

**W**ith the approaching 2019-2020 season, the “Great Performances at Mason” series is bringing back “audience favorites as well as a variety of Center for the Arts debuts by some incredible artists whose work I am thrilled to share,” said Adrienne Bryant Godwin, Programming Manager, Center for the Arts.

“Beyond performance, we want our ‘Great Performances’ series to impact the community at-large. We have a goal to be at the forefront of artistic performance and community connections,” added Bryant Godwin.

Season highlights for “Great Performances at Mason” include a singular evening with actress and six time Tony Award recipient Broadway star Audra McDonald for the annual “ARTS by George!” benefit for student scholarships.

The season also includes the launch of the Mason Artist-in-Residence program. “The visionary artist we are bringing will spend time in the community interacting with audiences both on and off campus,” said Bryant Godwin. The artist-in-residence include Bill T. Jones/Arnie Zane Company, one of the most innovative forces in modern dance, LADAMA a quartet of powerhouse female musicians with a distinctive Pan-American sound and Grammy Award winning, Jazz Master Award recipient composer/conductor Maria Schneider. The upcoming “Great Performances” season will also celebrate the

“Great Performances at Mason” presented at George Mason University, Center for the Arts, 4400 University Drive, Fairfax. For details about the 2019-2020 season and tickets call 703-993-8888 or visit [www.gmu.edu](http://www.gmu.edu)

first Center for the Arts co-commission in two decades for a world premiere by Bill T. Jones/Arnie Zane Company

Some highlights of the full “Great Performances” season include a new take on Vivaldi’s “The Four Seasons” from the Zurich Chamber Orchestra with Daniel Hope; a Holiday gospel treat with Sweet Honey in the Rock; and Irish cultural icons The Chieftains; while the Virginia Opera presents “Tosca;” and more. There will be a visit from the popular National Public Radio show “From the Top,” along with circus artists and acrobats from China’s “Cirque Mei” as well as classical, American and world music along with ballet and modern dance troupes and audience favorite Jeffrey Siegel with his “Keyboard Conversations.”

Bryant-Godwin said that the Mason season also includes a return of The Family Series presenting performances designed to introduce children to the arts with programs in song, dance, and story. As in past years, “Great Performances at Mason” will include pre-performance discussions prior to a show sponsored by Friends of the Center for the Arts.

“We have a mission to make the arts an intrinsic part of the lives of our community members.” said Bryant Godwin. The forthcoming “Great Performances at Mason” programming depicts that mission.

# Sportsmanship Rewarded

FROM PAGE 5

sportsmanship, then the players will play along with that.”

**THIS YEAR'S 10 SCHOOL WINNERS** included: Forest Park HS Girls; Gar-Field HS Boys and Girls; Potomac HS Girls; Woodbridge HS Girls; Annandale HS Boys and Girls; Mount Vernon HS Girls; Hayfield HS Girls; and Charles J. Cogan HS Girls.

Does he think the program is working? “Yes, I think the program is working because it has started a conversation. Even if those schools don't win, they have reported to us that the conduct of the coaches and players is better because it's something they are focusing on. Ben Glass wanted to start a conversation. There is really no excuse for yelling at a referee,” said Glass, who refereed 17 games in the spring. Another law firm in South Dakota duplicated the program for basketball, he added.

He said last year he had a conversation with a high school principal who said their athletic culture was very poor. “They had been working on developing a culture of good sportsmanship. They won. She was very excited about that because they see what goes on, and the feedback we have gotten is, yes — keep doing it. It's a tough challenge but we're glad you're out there making this voice for sportsmanship heard,” he said.

Compared to youth sports, Glass thinks the culture is better in high schools. “The reason is the VHSL takes this very seriously. I think the culture at the youth level is probably getting worse. There are too many spoiled kids and too many parents who think they're entitled. High school is pretty fun. I think the school leadership takes this more seriously today in part because there's video out there. There's a decent chance the video is going to end up on YouTube,” he said.

**THE BEST PART** of the process is the awards presentations at the end of the season, added Glass. “The school leadership loves this and the coaches and players are proud of having succeeded of reaching the goal of being a winner. From our point of view, it's a lot of hours to keep up with this. Because I'm a soccer guy, we like hearing the positive feedback from the school leadership,” he said.

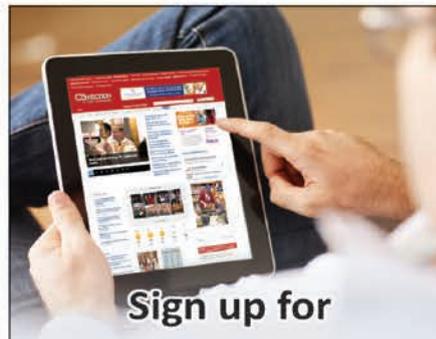
Glass is a native of Annandale, played soccer at Thomas Jefferson High School as well as the College of William and Mary in the 1970s, where he majored in government and philosophy. He got a law degree from GMU and for 35 years has been in private practice (Ben Glass Law) specializing in personal injury law and disability insurance. He has nine children – five biological and four adopted from China (ages 37-17) – with wife Sandi.

For more information, visit [www.sportsmanshipchallenge.com](http://www.sportsmanshipchallenge.com) or visit [JustAskBenGlass.com](http://JustAskBenGlass.com) or contact [BenGlassLaw](http://BenGlassLaw) at 703-988-6414.

# BUSINESS DIRECTORY

WWW.CONNECTIONNEWSPAPERS.COM

CALL 703-549-0004 FOR ADVERTISING INFORMATION

<b>LANDSCAPING</b> <b>A&amp;S CONSTRUCTION</b> SOD, Mulch, Clean-Up Leaf Removal Hauling. <b>703-863-7465</b>		Good is not good, where better is expected. <b>-Thomas Fuller</b>		<b>TILE / MARBLE</b>   <b>TILE / MARBLE</b> <b>Quality Tree Service &amp; Landscaping</b> Reasonable prices. Licensed & insured. <b>Spring Cleanup...</b> Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience – Free estimates <b>703-868-5358</b> <b>24 Hour Emergency Tree Service</b>	
<b>ELECTRICAL</b>   <b>ELECTRICAL</b> <b>K &amp; D ELECTRIC</b> COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc...		Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 lektrkman28@gmail.com			
<b>GUTTER</b>   <b>GUTTER</b> <b>GUTTER CLEANING</b> Gutters and Downspouts Cleaned Small Repairs • Gutter Guards <b>PINNACLE SERVICES</b> Lic/Ins 703-802-0483 free est. email jamie@lawnsandgutters.com web: lawnsandgutters.com Friendly Service with a Friendly Price!				<b>IMPROVEMENTS</b>   <b>IMPROVEMENTS</b> <b>Power Washing</b> Go from green to clean, do you have mold on your siding rotten wood that's a hoia violation? We do houses, decks, fences, side walks, etc. Deck and fence repair, deck staining and sealing. Licensed & Insured • Free Estimates email: jnave@comcast.net <b>703-987-5096</b>	
<b>A&amp;S Landscaping</b> <ul style="list-style-type: none"> <li>All Concrete work</li> <li>Retaining Walls • Patios</li> <li>Decks • Porches (incl. screened) • Erosion &amp; Grading Solutions</li> <li>French Drains • Sump Pumps</li> <li>Driveway Asphalt Sealing</li> </ul> <b>703-863-7465</b> LICENSED Serving All of N. Virginia				<b>ATTENTION ADVERTISERS:</b> expand your audience beyond our weekly print edition with <b>THE CONNECTION DIGITAL</b> <ul style="list-style-type: none"> <li>Email Marketing</li> <li>Social Media</li> <li>Sponsored Content</li> </ul> FOR MORE INFORMATION CALL 703.778.9431 OR VISIT <a href="http://CONNECTIONNEWSPAPERS.COM/ADVERTISING">CONNECTIONNEWSPAPERS.COM/ADVERTISING</a>	
 <b>RN. CONTRACTORS, INC.</b> Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic <b>Phone: 703-887-3827</b> E-mail: <a href="mailto:rncontractorsinc@gmail.com">rncontractorsinc@gmail.com</a> <a href="http://www.rncontractors.com">www.rncontractors.com</a>				<b>LOCAL MEDIA CONNECTION</b> Reaching Suburban Washington's Leading Households Newspapers & Online <b>703-778-9431</b> • Arlington Connection • Fairfax Connection • Loudoun Connection • Manassas Connection • Potomac Connection • Stafford Connection • Warrenton Connection • Washington Connection • West Virginia Connection • York Connection	
<b>LANDSCAPING</b>   <b>LANDSCAPING</b> <b>Patios &amp; Drainage</b> Your neighborhood company since 1987 <b>703-772-0500</b> <b>J.E.S. Services</b> Free Estimates • Fully Licensed & Insured <ul style="list-style-type: none"> <li>Planting &amp; Landscaping Design</li> <li>Drainage &amp; Water Problems</li> <li>Concrete Driveways, Replacement or New</li> <li>Patios and Walks • Masonry Work or Dry Laid</li> <li>Paver, Flagstone, Brick, any style you choose</li> <li>Retaining walls of all types</li> </ul> All work Guaranteed				Sign up for <b>FREE DIGITAL SUBSCRIPTION</b> to any or all of our 15 papers <a href="http://WWW.CONNECTIONNEWSPAPERS.COM/SUBSCRIBE">WWW.CONNECTIONNEWSPAPERS.COM/SUBSCRIBE</a>	

# That of Which I'm Most Proud



By KENNETH B. LOURIE

Not ending the title of this column with a preposition?

Not starting either of these sentences with a “so?”

Not beginning any of the first three sentences with an “especially” or an “and” (although I do begin many sentences with “And,” just neither of these so far)?

No, of what I'm most proud, at least in the context of the nonsense I've presented so far, is my ability, going on a few months now, to ignore the illuminated warning lights on the dashboards of both of our cars: “Maint Req'd” on one and the low tire pressure icon on the other.

Typically, these kinds of non-stop reminders would have bothered me – like having an itch you can't scratch or a stone in your shoe.

Not anymore. These dashboard reminders barely register a blip on Kenny's radar.

I place the key in the ignition. I turn on the car. I see the various dashboard lights illuminate. And after the engine has begun idling, I see the remaining lights.

No problem. I just place my foot on the accelerator and go.

Though I might give these “idiot” lights a first thought and a second look, I will not be giving them too many more thoughts or looks as I drive around. Nor will they bother me in arrears when I arrive at my destination. Out of sight and out of mind, “totally,” to quote my late mother.

As you may have discerned from reading the two preceding paragraphs, as it involves cars, I'm not exactly a hands-on person. More like, hands off.

Granted, this lack of interest and, dare I say, manliness, has no doubt cost me thousands of labor-rate dollars at the dealership/mechanic.

But it's just not me. It's never been me. I'm a sports and chocolate person. The only thing I want my hands on is the television remote or something sweet.

And tools? To quote your favorite Italian mobster: “Forget about it.”

Definitely hands off, literally, especially if there's a car in the driveway. As far as I'm concerned, that's the danger zone. Nothing good will ever come from yours truly entering it.

In fact, I'm almost positive the repair will end up costing me more if I do it myself (which I couldn't do anyway). Throw in the frustration and perspiration involved and you have a match made nowhere near heaven.

Heaven will have to wait, I suppose.

Spending the repair dollars I have over the years doesn't thrill me either. But I have no choice. I can't do anything about my lack of abilities.

To quote the great philosopher, Popeye the Sailor Man: “I 'yam what I 'yam.” And I have to pay what I have to pay. I remember always dreading the repair cost when a dashboard warning light would appear.

I knew that light (like the wedding invitation George received in a long-ago Seinfeld episode) was going to cost me hundreds of dollars. Hundreds of dollars which I did not have. That warning light, to invoke George from the same episode was “a bill.” But as I've proved recently, that's a “bill” I've been able to ignore.

I know, ignoring a warning light seems stupid. Where's the future in that?

The repair is unlikely to fix itself and unless the bulb illuminating the warning light burns out, my negligence/ability to ignore it, is likely making a bad situation worse. Unfortunately – or not – however, I don't have a Pavlovian response to seeing that light. Seeing it doesn't make me instinctively react anymore.

It's not like banging one's knee with a “doctor's hammer.” My wallet doesn't just open when the dashboard warns me. I just drive on.

Now if the light starts flashing, that's a different story, and one I haven't written yet, and I hope I never do. Because if that light does start flashing, I won't be able to ignore it, and likely, not be able to afford it, either.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

# SPECIAL SAVINGS FOR YOUR TOYOTA



**WELCOME TO ALEXANDRIA TOYOTA'S PERSONALIZED CAR CARE EXPERIENCE**

**BUY 3 TIRES AND GET THE 4TH FOR \$1**



See Service Advisor for details.  
**GOT TIRES?**  
INCLUDES ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY INSPECTION.

**BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 6/30/19.

**CHECK ENGINE LIGHT DIAGNOSIS NO CHARGE**  
INITIAL DIAGNOSIS

WE WILL RETRIEVE VEHICLE CODES & GIVE YOU AN ESTIMATE OF REPAIR COSTS.



NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 6/30/19.

Jack Taylor's  
**ALEXANDRIA TOYOTA**



**SAFETY FIRST ALWAYS!**  
Have Your Vehicle Checked for Open Campaigns/Recalls  
Recall Hotline: 703-684-0710

**SERVICE & PARTS DEPT HOURS:**  
Monday - Friday 7:00am to 7:00pm  
Saturday 8:00am to 5:00pm

**YOU HAVE SATURDAY OFF. THAT'S EXACTLY WHY WE DON'T!**

**ToyotaCare Customers**  
Don't Forget Your **FREE** Service.  
5,000 • 10,000 • 15,000 • 20,000 • 25,000  
**NOW AVAILABLE** Mile Services  
Call your ASM for details  
**ToyotaCare Plus \$329<sup>00</sup>**  
Covers up to 4 years/45,000 miles

**OIL & FILTER CHANGE**  
**\$24<sup>95</sup>** NON-SYNTHETIC  
**\$34<sup>95</sup>** SYNTHETIC

Includes: Genuine Toyota oil filter, up to 5 qts of conventional oil\*, inspect windshield wipers, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/19.

**BRAKE SPECIAL \$79<sup>95</sup>**

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only.  
**MACHINE ROTORS ADDITIONAL**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/19.

**SIGHT LINE WIPER BLADES BUY 1 GET 1 FREE**  
Sight Line only.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA PARTS CENTER ONLY. GOOD THRU 7/31/19.

**FREE BATTERY CHECK-UP**  
Check cold cranking amps and visual inspection of battery condition. Includes battery condition print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/19.

**VARIABLE DISCOUNT**

**\$15.00 OFF** when you spend \$100.00 - \$199.99  
**\$30.00 OFF** when you spend \$200.00 - \$299.99  
**\$45.00 OFF** when you spend \$300.00 - \$399.99  
**\$50.00 OFF** when you spend \$400.00 or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/19.

**TRUESTART™ BATTERIES**  
**\$129<sup>95</sup>**  
INCLUDES BATTERY INSTALLATION  
Includes: 84 month warranty, 24 month free replacement, 24 month free roadside assistance. Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/19.

**ALIGNMENT SPECIAL \$69<sup>95</sup>**

Your car's alignment suffers, and can cause uneven tire wear and steering problems.  
**INCLUDES:** Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/19.

Jack Taylor's  
**ALEXANDRIA TOYOTA**

**CLEAN AIR A/C INSPECTION & VENTILATION SPECIAL \$129<sup>95</sup>**  
Includes: Replace cabin air filter, and Toyota Evaporator Service using anti-bacterial foam cleanser and odor eliminator.  
**Bring back that new car smell!**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/19.

CALL FOR AN APPOINTMENT AT **703-684-0710** OR SCHEDULE ONLINE AT **ALEXANDRIATOYOTA.COM**