

Аттеитіои Розтмаятек: Піме зеизітіvе матевіаі. Веquested ім номе У-II-S

Special Session on Gun Violence

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BULLETIN

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SUNDAYS IN JULY

Volunteers Needed. Sign up to volunteer at the Sunday Art in the Park series with GRACE, in partnership with the Reston Community Center and Reston Town Center Association. Volunteers will assist visitors in free, drop-in art-making activities 5:30-7:30 p.m. Volunteers are eligible for community service credit hours. Middle school volunteers are welcome with a guardian. Questions or ready to sign up? Contact Sarah Berenz at 703-471-9242 or sberenz@restonarts.org.

THURSDAY/JULY 11

Car Seat Safety Check. 5-8 p.m. at the Reston district police station, 1801 Cameron Glen Drive. Fairfax County Police Department offers free safety check and install events throughout the year to ensure children travel safely. By appointment only; call 703-478-0904 to schedule. In preparation for appointment, install the seat using the instructions that came with the car seat. Trained officers will review the car seat instructions and car owner's manual to be certain that they are being followed as they should.

WEDNESDAY/JULY 17

Fairfax Commission on Aging Meets. 1-3 p.m. at Mclean Governmental Center, Rooms A & B, 1437 Balls Hill Road, Mclean. The public is welcome to attend and join in the comment period that begins each session. Visit www.fairfaxcounty.gov/familyservices/older-adults/fairfax-area-commission-on-aging. Call 703-324-5403, TTY 711 for meeting access needs

MONDAY/JULY 22

DMV2Go at the Pavilion. 9 a.m.-4 p.m. at 11900 Market St., Reston Town Center. The

wireless office on wheels offers all DMV services: driver's license and ID card applications and renewals, driving records, vehicle titles, license plates, decals, order disabled plates, and more. Information on all services available at dmv.virginia.gov/general/#dmv_2go.

WEDNESDAY/JULY 24

Fairfax County Park Authority Board

Meeting. 7:30 p.m. in the Herrity Building, 12055 Government Center Parkway, Suite 941, Fairfax. The Park Authority Board's 12 appointed members establish strategic policy and direction for the Park Authority. Open to the public. For agenda and more information, visit www.fairfaxcounty.gov/parks/boardagn2.htm or call 703-324-8662.

SUPPORT GROUPS

Parent Support Partners, a service of the Healthy Minds Fairfax initiative, are all parents who have received training and are qualitied to offer education, support and assistance at no cost to families or caregivers. They provide reliable information that families can use in decision-making and are familiar with services and resources that can help families in distress. Visit www.fairfaxcounty.gov/healthymindsfairfax or www.naminorthernvirginia.org/parent-peer-support.html.

ONGOING

STEM Professionals Needed. Volunteers are needed to assist K-12 STEM teachers in northern Virginia as part of the American Association for the Advancement of Science's STEM Volunteer Program, stemvolunteers.org, during the 2019-20 school year, beginning in September. Please contact Don Rea at 571-551-2488 or donaldrea@aol.com.

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News

Fireworks Paint Historic Herndon

Рнотоѕ ву

By Mercia Hobson The Connection

amily fun began early on the 4th of July in historic downtown Herndon as shoppers bagged fresh produce and vegetables at the Farmers Market on Lynn Street organized by the Fairfax County Park Authority. The Woolworth family of Herndon, Dad Justin, Mom Elise and daughters Elizabeth, Josephine and Rebecca checked out the fresh corn and grabbed a few ears for their celebration. "Since I have a little support, we came this week," said Justin.

The town's evening 4th of July celebration turned to a tapestry of umbrellas in Bready Park. Marry Endale, 6, Robel Gutema, 10, Nardos Tekle, 8, and Feven Gutema, 8, successfully got their sparklers lit when they stood under a tree. "I'm celebrating America's birthday," said Endale.

Over at Bready Park across from Centennial Golf Course where the fireworks would be, Darshan Vinnakota and his daughter Apoorva, 8, of Herndon huddled under an umbrella and held up a small America flag so they could view it. "We are part of the community, and we wanted to celebrate," Darshan said.

When dusk fell, the heavy rains stopped but not before some families had packed up their things up and left. Others though had chosen to stay closer to home, and it proved to be a good option. Bob Mathew and Colleen Delawder decided since Elden Street was safely blocked off, it would make the perfect fireworks sightline. Joining others, they watched the fireworks explode and paint the sky over Herndon's historic district.



Omar Diaz of Centreville and his daughter Jannah, 3, slip under the umbrella of a very tall Uncle Sam and pose for their photo during the Town of Herndon's 2019 4th of July Celebration.

Families find fun in the rain at 4th of July Celebration in Herndon.



The Woolworth family of Herndon, parents Justin and Elise and their daughters Elizabeth, Josephine and Rebecca shop the Farmers Market on the 4th of July in the Town of Herndon.



Mary Engle, 6, and Robel Gutema, 10, of the Town of Herndon get their sparklers lit right before rain drenched but did not cancel the town's 2019 4th of July Celebration.



Fourth of July fireworks explode in the night sky as family and close friends view the display together from the center of historic Elden Street, blocked off for the evening festivities.



Darshan Vinnakota and his daughter, Apoorva, 8, try to keep their flag dry during the 2019 4thof July Celebration in the Town of Herndon.

OPINION

Special Session on Gun Violence

Eight proposed bills would make the commonwealth safer.

embers of the Virginia General Assembly were scheduled on July 9 to convene in a special session intended to address gun violence. After the May 31 mass shooting in Virginia Beach, Gov. Ralph Northam called for a special session of the General Assembly to address gun violence. Last week, he announced a package of eight bills for consideration during the special session.

❖ Legislation requiring background checks on all firearms sales and transactions. The bill mandates that any person sell-EDITORIAL ing, renting, trading, or transferring a firearm must first obtain the results of a background check before completing the ings, libraries and at permitted events.

- Legislation banning dangerous weapons: assault weapons, high-capacity magazines, bump stocks and silencers.
- Legislation to reinstate Virginia's successful law allowing only one handgun purchase within a 30-day period.
- Legislation requiring that lost and stolen firearms be reported to law enforcement within 24 hours.
- ❖ Legislation creating an Extreme Risk Pro-

tective Order (Red Flag law), allowing law enforcement and the courts to temporarily separate a person from firearms if the person exhibits dangerous behavior that presents an immediate threat to self or others. This would prevent suicides.

- Legislation prohibiting all individuals subject to final protective orders from possessing firearms. The bill expands Virginia law which currently prohibits individuals subject to final protective orders of family abuse from possessing firearms, keeping guns out of the hands of domestic abusers.
- Legislation enhancing the punishment for allowing access to loaded, unsecured firearm by a child from a Class 3 Misdemeanor to a Class 6 felony. The bill also raises the age of the child from 14 to 18.

Legislation allowing localities to enact any firearms ordinances that are stricter than state law. This includes regulating firearms in municipal build-

These are in fact common sense proposals, and each one should get consideration and a vote. There's a good chance that won't be the outcome because Republicans narrowly control both the House of Delegates and the Virginia Senate.

But the special session will focus legislators and voters on the importance of these issues, and that focus will serve the effort well, whether or not any of the bills pass into law

Pet Connection, **Send Photos**

The Pet Connection, a twice-yearly special edition, will publish the last week of July, and photos and stories of your pets with you and your family should be submitted by Thursday, July 25.

We invite you to send stories about your pets, photos of you and your family with your cats, dogs, llamas, alpacas, ponies, hamsters, snakes, lizards, frogs, rabbits, or whatever other creatures share your life with you.

Tell us the story of a special bond between a child and a dog, the story of how you came to adopt your pet, or examples of amazing feats of your creatures.

Just a cute photo is fine too. Our favorite pictures include both pets and humans.

Please tell us a little bit about your creature, identify everyone in the photo, give a brief description of what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name).

Email editors@connectionnewspapers.com or submit online at

www.connectionnewspapers.com/pets.

For advertising information, email sales@connectionnewspapers.com or call 703-778-9431.

- MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

Good for the Gander

BY KENNETH R. "KEN" PLUM STATE DELEGATE (D-36)

he General Assembly went into Special Session July 9 at the call of Gov. Ralph Northam to address gun violence after a shooter with a

silencer on his pistol murdered a dozen persons in a municipal building in Virginia Beach. The outcome of the session in which legislators introduced eight different bills at the request of the Governor is unknown as I write this column. I introduced the bill that I have introduced at other sessions to expand criminal background checks for all firearm transactions or universal background checks.

Virginia has had a criminal background check for gun purchases for 30 years. The system was put in place after a bill that was heavily debated and that seemed certain to be defeated was passed with the support of a senior del-

avid NRA supporter. He concluded that it was a bill the public clearly wanted and should pass because it did not interfere with the Second Amendment. In what may have been the last time the NRA took such a position, it did not support but it did not oppose the bill's passage. Governor

Gerald Baliles signed the bill into law even though he had earlier opposed any gun control legisla-

The resulting instant background check system that was put into place continues operating today. It was the promise of an instant background check without the need to wait for days for approval that was the feature that led to the bill's passage.

There was then that continues today a major flaw in the law as originally passed that supporters had hoped to correct but have not been successful in amending. The law only applies to purchases egate, Vic Thomas, who was an made with federally licensed gun

dealers. That's about half the gun sales in the state each year, although exact statistics are unknown because of statutory limitations on gathering information about gun sales put in place with NRA advocacy. This flaw in the law created what is referred to as the "gun show loophole." At any of the numerous gun shows that are held throughout the Commonwealth one can purchase a gun from a federally licensed gun dealer with an instant background check; at the next table at the show a person can purchase a gun from an unlicensed dealer with no identification needed and no questions

The astonishing statistic is that in 2018 the Virginia State Police conducted 446,333 firearms transactions involving licensed dealers with 3,457 of the transactions denied because of previous criminal behavior. Had the loophole in the law been closed there may have been as many as a half million more checks with a proportionally high number of persons with criminal records being denied another weapon.

What is good for the goose is

good for the gander, as I have always been told. With a successful system for background checks in place for thirty years without opposition or hick-ups, all gun sales should go through the system with minor exceptions related to family members. According to many polls, the public supports universal background checks at levels around 90 percent. It is time for the legislature to act or be able to explain to the public in the coming political campaign why this old adage is not being followed.

What Do You Think?

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Letters to the Editor The Connection 1606 King St. Alexandria VA 22314 By email: editors@connectionnewspapers.com Online: connectionnewspapers.com/

contact/letter

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News



Photo by Craig Dubishar

Pride of Herndon Marching Band prepares to perform in the D-Day 75th Anniversary memorial concert at the Brittany American Cemetery in France.

Pride of Herndon Honors D-Day Heroes

Herndon High Marching Band sees the war through the eyes of the 'greatest generation.'

By Mercia Hobson The Connection

he emotional experiences encountered by students in the Pride of Herndon Marching Band from Herndon High School not only impacted them but crossed land and sea. The teen's experience and words will touch a nearly 300 World War II sailors who served aboard the U.S.S. HERNDON (638) or if deceased, their families, according to Margaret Jamborsky, Band Historian. The teens who attend Herndon High School represented the United States

in a memorial parade and public ceremonies to recognize the 75th anniversary of D-Day in Normandy, France.

Through honor tags, battle-worn fabric and handwritten letters, members of Herndon High School Marching Band forged intimate ties to sailors who served on the destroyer bearing the same name as their high school. U.S.S. HERNDON (638) was one of nearly 7000 naval vessels that took part in Operation Neptune, the naval component of Operation Overlord when Allied Forces launched a combined assault

See D-Day Heros, Page 6



Photo by Craig Dubisha

At the Brittany American Cemetery outside St. James, France, where over 4000 American military dead are buried, Pride of Herndon Marching Band from Herndon High School surround United States D-Day veteran, James E. Clermont who served aboard the U.S.S. HERNDON (638).



Tea & Talk

Join our Director of Health and Wellness, Sukhwant Kaur, and our Director of Partnership Development, Lynette Jacob, for tea as they offer their expertise and guidance for any families that may be considering memory care.

Thursday, July 25, 2019 10:00 - 11:30 a.m.

To RSVP, or for more information, please call 877-351-8067 or visit www.TheArtisWay.com/HerndonConnection









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News

Honoring D-Day Heroes

From Page 5

on Nazi-occupied France. Vessels escorted and landed ground troops on the Normandy beaches, carried out bombardments on German coastal defenses and provided artillery support for invading troops. During the weeks and months after D-Day June 6, 1944, Allied Forces liberated German-held villages throughout Normandy, marking the beginning of liberation of Nazi-held Europe.

FAST-FORWARD to the D-Day events 2019 and the Brittany American Cemetery located outside the town of St. James, France. There, as part of a mass band made up of nine bands from across the United States, Pride of Herndon performed and honored more than 4,000 American World War II service members interred there. Afterward, Pride of Herndon assembled for a group photo in front of the Brittany Chapel. Front and center with the students stood United States D-Day veteran, James E. Clermont, 94, of Minnesota, who served aboard the U.S.S. HERNDON during the assault. Clermont and members of his family accompanied the band to Normandy. All around Clermont stood the teenage band members from Herndon High School.

For Herndon High School band member Allen Truong, meeting the only U.S.S. HERNDON sailor who made the trip to Normandy, was an emotional experience. "Upon meeting Mr. Clermont, my heart was filled with feelings of patriotism and the realization that I had the opportunity, to not only meet but represent and honor one of the last men who were willing to give up everything to save the world from tyranny," he said.

While in Normandy, three Herndon High School band members donned the original dress blues from sailors on the U.S.S. HERNDON and held the American flag that flew on the destroyer. It was the first Stars and Stripes to fly over German-occupied land according to Margaret Jamborsky, band historian.

For Pride of Herndon band member Alli Baez, the experience of wearing one of the uniforms pushed her to 1944 and moved her to tears. "When I put on the uniform, the feeling of bravery and strength of the men who fought brought tears to my eyes. ... It brought to mind my peers, who aren't much younger than the soldiers, and helped me understand how the soldiers might have felt, sailing into Normandy 75 years ago, scared and nervous, but proud to represent our amazing country," said Baez.

For band member Kacey Hillebrand, being in Normandy may have been touching, "but being in a U.S.S. HERNDON sailor's uniform, holding the original flag from the ship, gave the stories we heard something tangible and gave me an overwhelming sense of pride and honor," she said.

According to Jamborsky, each Herndon band member clipped two honor tags to the shoulders of their marching uniforms. Each tag showed a photograph with the name and rank of a U.S.S. HERNDON sailor on the front and his short bio on the back. Before the trip, the sailors had been matched to individual band members through a pairing survey based on



Herndon High School Band member Laura Evans shakes the hand of a D-Day veteran.

Photo by Mary Brown

Member of Pride of Herndon Marching Band, Jordan Meyer wears an honor tag for Frank Edward Luksa BM2c who served on the U.S.S. HERNDON (638).

similarities, said Jamborsky. She added that each student had been given a packet with everything learned about "their sailor" such as military and death records, photos, copies of journals, newspaper stories and such to help the student see D-Day through the sailor's

ON THEIR FLIGHT HOME over

the Atlantic Ocean, emotions still raw, students penned letters, not emails, to their sailors, or if deceased, the sailors' families. In the letters, the students shared their experiences in Normandy, expressed gratitude and honored the veterans who fought for freedom an ocean away, in service of the United States.

One letter to the family of D-Day veteran Rene Begin who served

aboard the U.S.S. HERNDON read: "It was an honor to keep the memory of your father, Rene Begin, in Normandy on the 75th Anniversary of D-Day. É He had to be so strong to leave his life, friends, job, dreams and family to fight for us."

Another student wrote, "I have been wearing your father's honor tag; it was truly one of my life's best experiences. É I am the grandson of a Holocaust survivor. É Your father could never have known the millions of people he was helping, but as one of the very people he was helping, from the bottom of my heart, I thank you. I want you to know, when I went up and gave my speech, I held two things to help me keep comfort, my Star of David, and your father's honor

Jamborsky said in the coming weeks, each honor tag sailor or his family would receive the handwritten letter by the band member who wore that service member's tag in Normandy. In addition, each would receive photos of "their band member" wearing the tag, and a small bag of sand from Utah Beach, tokens of tribute to D-Day heroes crossing an ocean, generation and time.

BULLETIN

From Page 2

Assistance League of Northern Virginia, a volunteer nonprofit, invites community members

to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at gronbiz@aol.com or Program Coordinator Lynn Barron at lynnieb517@verizon.net.

Volunteer Adult Mentors Needed. Help assist the Department of Family Services' BeFriendA-Child mentoring program. The mentors provide opportunities for companionship, guidance and support to children who have been abused and neglected, or who are at risk of abuse and neglect. Contact Ibrahim Khalil at Ibrahim.khalil@fairfaxcounty.gov or 703-324-

Herndon High School Library needs volunteers. Training available to help with reshelving books, pulling books for teacher use,

helping to check passes, or other special projects. To learn more, email hhs_library@fcps.edu.

RSVP, a volunteer network for seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria, offers a wide array of opportunities for volunteers 55 and older. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings. To sign up for an upcoming orientation, email Carly Hubicki at chubicki@volunteerfairfax.org or call RSVP at 703-403- 5360. To learn more about RSVP, visit www.rsvpnova.org.

Sunrise at Reston Town Center offers a monthly Caregiver Support Group on the fourth Wednesday of the month, 6:30-8 p.m. Monthly support group offers a safe place for family caregivers, to meet and develop a mutual support system and to exchange practical information and possible solutions. Learn about resources available in the community and how to manage caregiver related stress. Call 703-956- 8930 or email

Reston.ED@sunriseseniorliving.com to RSVP. Exercise for Parkinson's. Every Monday, 1:15-2:15 p.m. Reston Sport&Health, 11445 Isaac Newton Square, Reston. This program brings together people impacted by Parkinson's Disease to participate in various physical exercises aimed at improving posture, balance and circulation and increasing strength, muscle control and mobility. Free. parkinsonfoundation.org. Call Natalie McCall nmccall@onelifefitness.com 703-904-7600 for more.

Master Gardener Training. The Fairfax County Master Gardener Association offers plant clinics, home turf training or speakers for homeowner's meetings. Fees vary. Visit fairfaxgardening.org or call MG Help Desk at 703-324-8556 for more.

Over-40 Softball League. A Fairfax-based league is looking for enough players to form another team. Players must be at last 40 years of age to be eligible. All games are doubleheaders played on Sundays at Bready Park in Herndon between 11 a.m. and 6 p.m. Email skeduman@aol.com for more.

Passages DivorceCare. For those experiencing the pain of separation or divorce, the caring community at Vienna Presbyterian Church offers Passages DivorceCare. This 15-week program offers a path toward healing. Vienna Presbyterian Church is located on the corner of Maple Avenue (Rt. 123) and Park Street in Vienna. Cost to cover materials is \$20, scholarships available. For more information or to register call 703-938-9050, go to www.viennapres.org, or send an email to Passages@ViennaPres.org

The Herndon Adult Day Health Care Center needs volunteers to assist with fitness activities, arts and crafts, mealtime, entertainment and much more. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The Northern Virginia Long Term Care Ombudsman Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov . Also visit www.fairfaxcounty.gov/dfs/olderadultservices/ ltcombudsman/.



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My Bi-Weekly Honeymoon



By KENNETH B. LOURIE

Granted, I'm not getting on a plane and flying to wherever isn't here but, when you're "labing," every other Wednesday, driving 45 minutes to and from and while "to:" sitting in/being infused at the Infusion Center every other week, the week off between the "others" is almost like getting away, just not on Southwest Airlines.

And when attempting to plan a "honeymoon" of this sort, juggling availability of accommo-dations, transportation and affordability around one's infusions - all the while aware of the pos-sibility of a reschedule due to one's problematic lab results, is much easier contemplated than actually accomplished.

One preventative step I am now pre-paying for, as an acceptance/concession to the realities of my age/cancer treatment, is trip-cancellation insurance. As no doubt you can appreciate, when one's life is at stake, and whose life-sus-taining treatment can change at the drop of a CT scan, it is extraordinarily prudent to anticipate the worst and work some financial flexibility into your wallet.

Unfortunately, when your oncologist says infuse or not to infuse, there is no question. That being said and most definitely true, my oncol-ogist has regularly been concerned with my quality of life.

And by "quality of life," I mean he has been willing to not infuse me whenever I've said I needed to go out of town/attend to family mat-ters/ vacation, etc., and/or increase the interval between changes in treatment to accommodate these kinds of obligations/opportunities. He has always been sensitive to the weeks of my life he feels he/the treatment has taken - and which can never be

And though I've never actually taken advan-tage of his offer, having felt it was better, if I was physically able, to keep the pedal to the an-

ti-cancer metal, I have worked it into my equation. An equation that has worked for me (kept me alive 10-plus years post diagnosis), but might not have worked for others. There is no recipe for success here. It is to each patient's own.

Moreover, there is no right or wrong because - as us cancer patient-survivors know - cancer treatment is not arithmetic.

As this stage IV, non small-cell lung cancer "diagnossee," given "13 months to two years to live" can attest: the numbers, lab results, chemo/ immunotherapy, and scan results don't always add

I have no doubt, in arrears, that my oncologist meant every word he told Team Lourie back in late February 2009, and anticipated losing yet another patient to this scourge. Now whether he was consulting a manual, a handbook or an artificially-intelligent data base, I don't know.

But he was clear.

I remember my brother Richard asking him specifically about my prognosis and if I could possibly outlive it. His reply to me: "Could you be the one? Absolutely." The relevant word we all remember: "the one." And that's the burden Team Lourie (and so many others I don't know) has carried ever since. But no worries, really. As my late father used to say: "K.B., you've got broad shoulders."

Still, those broad shoulders need a break and a brake once in a while. And every two weeks, under my present treatment schedule, I receive one.

Because, for all I know, aside from the positive attitude I inherited from my father and the non-Western alternatives I utilize to supplement this standard protocol, these off-weeks might be what's keeping me alive.

And when I realize that my next CT scan – and all the associated anxiety that attaches to it, is less than a month away, I need all the 'honeymoon" weeks I can get.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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ONGOING

Readings with the Reston Community

Orchestra. July 22, July 29, Aug. 5 and Aug. 12, 7:30-9:30 p.m. at Sunset Hills Montessori School, 11180 Ridge Heights Road, Reston. Music and stands provided. \$20 per session, \$75 for all four when registered by July 22. Additional string session Aug. 19 (\$20). Scholarships are available. Contact Linda Ackerman at rcomanager.la@gmail.com or 571-271-9189 or visit

www.restoncommunityorchestra.org to register.

Art Exhibit: Lasting Impressions. Through
July 29, gallery hours at RCC Lake Anne - Jo
Ann Rose Gallery, 1609-A Washington Plaza,
Reston. Lasting Impressions is about those
images that evoke personal memories. Visit
www.restoncommunitycenter.com.

Herndon Farmers Market. Thursdays, through

Herndon Farmers Market. Thursdays, through mid-November, 8 a.m-12:30 p.m. in Historic Downtown Herndon, Lynn Street. Vendors will offer seasonal plants, produce, baked goods, meats and more; all sold by local growers and producers. Additional enhancements to the market include seasonal events and entertainment, including "Farmers' Market Fun Days," free performances for the whole family. Visit www.herndon-va.gov/FarmersMarket

THURSDAY/JULY 11

Toddler Story Time. 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join us for fun stories, songs and finger plays. Age 2 with adult. Please register. Call 703-689-2700 or visit

librarycalendar.fairfaxcounty.gov.

Take a Break Dance Night: Mambo Combo. 7-9 p.m. at Lake Anne Plaza, 1609 Washington Plaza, Reston. Enjoy music under the stars each Thursday through Aug. 29. Dance instruction at several concerts. Visit

www.restoncommunitycenter.com/TAB. **Grandpa's Farm Show.** 7 p.m. at Reston

Regional Library, 11925 Bowman Towne Drive, Reston. Join us for an imaginary journey with music and puppets as Goodlife Theatre takes us to Grandpa's Farm. All ages, no registration required. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

Hunter Mill Nights: The Reunion Jazz Orchestra (Big Band). 7:30-8:30 p.m. at Frying Pan Farm Park, 2739 West Ox Road, Herndon. With a mix of performances through for the whole family, Hunter Mill Nights returns through Aug. 22 with performances by entertainers from across the United States and around the world. Allow time for a picnic in the park, a visit with the farm animals and a wagon ride, along with the show. Free. Visit www.fairfaxcounty.gov/parks/performances/hunter-mill-nights for more.

JULY 11-28

Sacred Threads Exhibition. 11 a.m.-5 p.m. at Floris United Methodist Church, 13600 Frying Pan Road, Herndon. Sacred Threads is an exhibition of quilts exploring themes of joy, inspiration, spirituality, healing, grief and peace/brotherhood. This biennial exhibition was established to provide a safe venue for quilters who see their work as a connection to the sacred and/or as an expression of their spiritual journey. \$10. Visit sacredthreadsquilts.com/default.htm or call 703-793-0026.

FRIDAY/JULY 12

Baby & Me Yoga. 10:30 a.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. A nurturing yoga workshop is designed for two. No experience needed. Bring a towel or yoga mat. Age 6 weeks - 16 months with adult. Please register. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

Summerbration: Cedar Creek. 7-9 p.m. on the plaza at Reston East Metro. Free concert series runs Fridays through Aug. 23. Visit www.restoncommunitycenter.com/summerbration.

Live Music: Sista Pat's One Vibe. 9:30 p.m.-1:30 a.m. at Kalypso's Sports Tavern on historic Lake Anne in Reston. Bands play inside the sports bar on a dedicated stage. No cover. Visit www.kalypsossportstavern.com.



Herndon Farmers Market

Vendors will offer seasonal plants, produce, baked goods, meats and more; all sold by local growers and producers. Additional enhancements to the market include seasonal events and entertainment, including "Farmers' Market Fun Days," free performances for the whole family. Thursdays, through mid-November, 8 a.m-12:30 p.m. in Historic Downtown Herndon, Lynn Street. Visit www.herndon-va.gov/FarmersMarket for more.

SATURDAY/JULY 13

Family Fun: Guava Jelly. 10-10:45 a.m. at Reston Town Square Park. Children and adults will be dancing and singing along to the music infused with a lively island feel that is hard to resist. Free. Visit restoncommunity

The Bookworms Club. 11 a.m. at Scrawl Books, 11911 Freedom Drive, Reston. Young readers are invited to join Scrawl's all-new and completely free Bookworms Club. Explore a new theme each week with picture books, special guests and most often, authors. Readers are welcome to join or participate any time. Visit www.scrawlbooks.com or call 703-966-2111.

Fun Brunch: Motown/Rock. 11 a.m.-1 p.m. outside the Jahn Building, 1900 Reston Metro Plaza. Free Fun Brunch series continues weekends through Aug. 25. Visit www.restoncommunitycenter.com/funbrunch.

"Obliged to Cook-The Legacy of Enslaved Cooks." Noon-2 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. The voices and stories of the enslaved men and women who labored in Virginia's 18th century kitchens are often hidden in their recipes and oral history. Sully will examine the legacy of enslaved cooks that can be found in the lasting presence of African-American foodways in American cuisine. For participants age 5-adult. 8 per person. Call 1703-437-1794 or visit www.fairfaxcounty.gov/parks/sully-historic-site.

Reston Concerts on the Town: Elikah. 7:30-10 p.m. at the Pavilion at Reston Town Center. Afropop, West African rhythms performed with the high energy of Elikah at the weekly summer concert series. Bring lawn chairs or picnic blankets and enjoy live outdoor music at the Pavilion on Saturdays, June through August. Free. Rain or shine. Visit restontowncenter.com/concerts.

SATURDAY/JULY 13-AUG. 31

Art Exhibit: Overlooked. Tuesday-Saturday, 11 a.m.- 5 p.m. at Greater Reston Arts Center, 12001 Market St., Suite 103, Reston. Greater Reston Arts Center (GRACE) presents Overlooked, a group exhibition featuring nine artists who are seeking to bring awareness to issues that are often unnoticed, ignored, or otherwise not part of "polite conversation." An artist talk (4 p.m.) and opening reception (5-7 p.m.) on Saturday, July 13 are free and open to the public. Visit restonarts.org for more.

SUNDAY/JULY 14

Red Cross Blood Drive. 10 a.m.-3 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Give blood with the American Red Cross. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

Fun Brunch: Stilt Walker, Juggler, Face Painter. 11 a.m.-1 p.m. outside Founding Farmers, 1904 Reston Metro Plaza. Free Fun Brunch series continues weekends through Aug. 25. Visit www.restoncommunitycenter.com/funbrunch.

Author Event: Jennifer Ryan. 2 p.m. at Scrawl Books, 11911 Freedom Drive, Reston. From the NY Times Book Review Summer Reading List, bestselling author Jennifer Ryan visits Scrawl to discuss and sign her latest "potboiler," The Spies of Shilling Lane about female spies in World War II London. Spies is Ryan's second novel. She also authored the popular bestseller, The Chilbury Ladies Choir. Visit

www.scrawlbooks.com or call 703-966-2111.

Sundays in the Park with Shenandoah

Conservatory: Divergent Duos. 7-8 p.m. at Reston Town Square Park. Professor of Bass Donovan Stokes and guest Vasily Popov perform an evening of works by Rossini, Barriere, Stokes and Handel. Free. Visit

restoncommunitycenter.com or call 703-476-

WEDNESDAY/JULY 17

Aug. 21.

Hunter Mill Melodies: Blue Sky Puppet
Theater (puppets). 10-10:45 a.m. at Frying
Pan Park visitor center pavilion, 2739 West Ox
Road, Herndon. Free series of children's shows
and family performances Wednesdays through

Dog Days of Summer. 5-7:30 p.m. at the Pavilion at Reston Town Center. Every Wednesday through Sept. 4, dogs and owners can frolic in the Pavilion when it is transformed into an off-leash play area each week. Treats, toys, areas to cool off, pet friendly giveaways, and more. Free. Operated by Healthy Hound Playground and Isy's Ways. Visit restontowncenter.com for more.

THURSDAY/JULY 18

Free Tea Day. 10 a.m.-8 p.m. at McAlister's Deli, 13007 Worldgate Drive, Herndon. McAlister's annual Free Tea Day. Enjoy a free 32-ounce fresh-brewed iced tea, no purchase necessary. Visit www.mcalistersdeli.com or call 703-278-8117.

Tai Chi Fitness. 6:30 p.m. at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join us for a fun Tai Chi fitness class led by local instructor Susan Shen. Adults, Teens. Registration begins July 4. Call 703-689-2700 or visit librarycalendar.fairfaxcounty.gov.

Take a Break Dance Night: Cheick Hamala Diabate. 7-9 p.m. at Lake Anne Plaza, 1609 Washington Plaza, Reston. Enjoy music under the stars each Thursday through Aug. 29. Dance instruction at several concerts. Visit www.restoncommunitycenter.com/TAB.

The Girl Power! Book Club. 7 p.m. at Scrawl Books, 11911 Freedom Drive, Reston. Review and discuss The Next Great Paulie Fink by Ali Benjamin. All readers between the ages of 10-13 are welcome to join. Visit www.scrawlbooks.com or call 703-966-2111.

Creative Response: Overlooked. 7 p.m. at Greater Reston Arts Center, 12001 Market St.,

Suite 103, Reston. Greater Reston Arts Center (GRACE) presents Overlooked, a group exhibition featuring nine artists who are seeking to bring awareness to issues that are often unnoticed, ignored, or otherwise not part of "polite conversation." Free and open to the public. Visit restonarts.org for more.

Hunter Mill Nights: Whiskey Wildfire (new country). 7:30-8:30 p.m. at Frying Pan Farm Park, 2739 West Ox Road, Herndon. With a mix of performances through for the whole family, Hunter Mill Nights returns through Aug. 22 with performances by entertainers from across the United States and around the world. Allow time for a picnic in the park, a visit with the farm animals and a wagon ride, along with the show. Free. Visit www.fairfaxcounty.gov/parks/performances/hunter-mill-nights for more.

FRIDAY/JULY 19

The Storytime Social Hour. 11 a.m. at Scrawl Books, 11911 Freedom Drive, Reston. Every Friday, moms, dads, caregivers and kids are invited to join a Storytime Social Hour. Scrawl will provide coffee and treats for the adults; stories and fun for the little people. Make new friends or meet up with neighbors. Visit www.scrawlbooks.com or call 703-966-2111.

RCC Fun Around Town: Ice Cream Social. 6-8 p.m. at Island Walk Community Center, 1701 Torrey Pines Court, Reston. Join the Reston Community Center, meet neighbors and enjoy ice cream while making new friends. Free, drop-in. Visit www.restoncommunitycenter.net/attend-shows-events-exhibits/event-detail/2019/07/19/default-calendar/rcc-fun-around-town-ice-cream-social-2019 or call 703-390-6158

Summerbration: Far Away. 7-9 p.m. on the plaza at Reston East Metro. Free concert series runs Fridays through Aug. 23. Visit www.reston.communitycenter.com/summerbration.

Live Music: Free Soul. 9:30 p.m.-1:30 a.m. at Kalypso's Sports Tavern on historic Lake Anne in Reston. Bands play inside the sports bar on a dedicated stage. No cover. Visit www.kalypsossportstavern.com.

SATURDAY/JULY 20

Turley the Magician. 10-10:45 a.m. at Reston Town Square Park. The entire family will be entertained with interactive magic and humorous antics, Saturdays through Aug. 3. Free. 703-476-4500 or restoncommunitycenter.com.

Fun Brunch: Pan steel drum with dancers.
11 a.m.-1 p.m. outside the Jahn Building, 1900
Reston Metro Plaza. Free Fun Brunch series
continues weekends through Aug. 25. Visit
www.restoncommunitycenter.com/funbrunch.

Author Event: Erin Teagan. 5 p.m. at Walker Nature Center, 11450 Glade Drive, Reston. Celebrate the launch of this funny, action-packed middle grade novel from the author of The Friendship Experiment and the American Girl Luciana books. Writer Erin Teagan will introduce her new book and its heroine, Alison, who plans to be on her dad's reality show, Survivor Guy, when real disaster strikes in the wilderness. Visit www.scrawlbooks.com or call 703-966-2111.

Concerts on the Town: Good Shot Judy. 7:30-10 p.m. (rain or shine) at Reston Town Center. These family-friendly concerts include a wide range of musical styles including Motown, swing. blues. iazz. Latin fusion. Celtic. bluegrass

wide range of musical styles including Motown, swing, blues, jazz, Latin fusion, Celtic, bluegrass and zydeco and take place every Saturday night through Aug. 24. Bring chairs or blankets. Free. Visit www.restontowncenter.com for more.

SUNDAY/JULY 21

Fun Brunch: Interactive Theater of Jef. 11 a.m.-1 p.m. outside Founding Farmers, 1904 Reston Metro Plaza. Free Fun Brunch series continues weekends through Aug. 25. Visit www.restoncommunitycenter.com/funbrunch.

Sundays in the Park with Shenandoah Conservatory: Jazz Trio Conversations. 7-8 p.m. in Reston Town Square Park. Professor of Jazz Piano Robert Larson joins special guests

of Jazz Piano Robert Larson joins special guests for an evening of jazz trio standards. Free. Series continues through Aug. 18. Visit restoncommunitycenter.com for more.