

Yvette "E" Stevens stands outside her mail delivery truck after her rescue of an elderly customer on her postal route who fell and lay on his kitchen floor for five days.

A Rescue On Her Route

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PHOTO BY SHIRLEY RUHE/THE CONNECTION

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AUGUST 14-20, 2019

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Utility Work To Affect Section of Wilson Boulevard

Utility work by Dominion Energy Virginia will require nighttime closures of Wilson Boulevard between North Oak and North Quinn Streets starting Sunday, Aug. 18 and continuing through September.

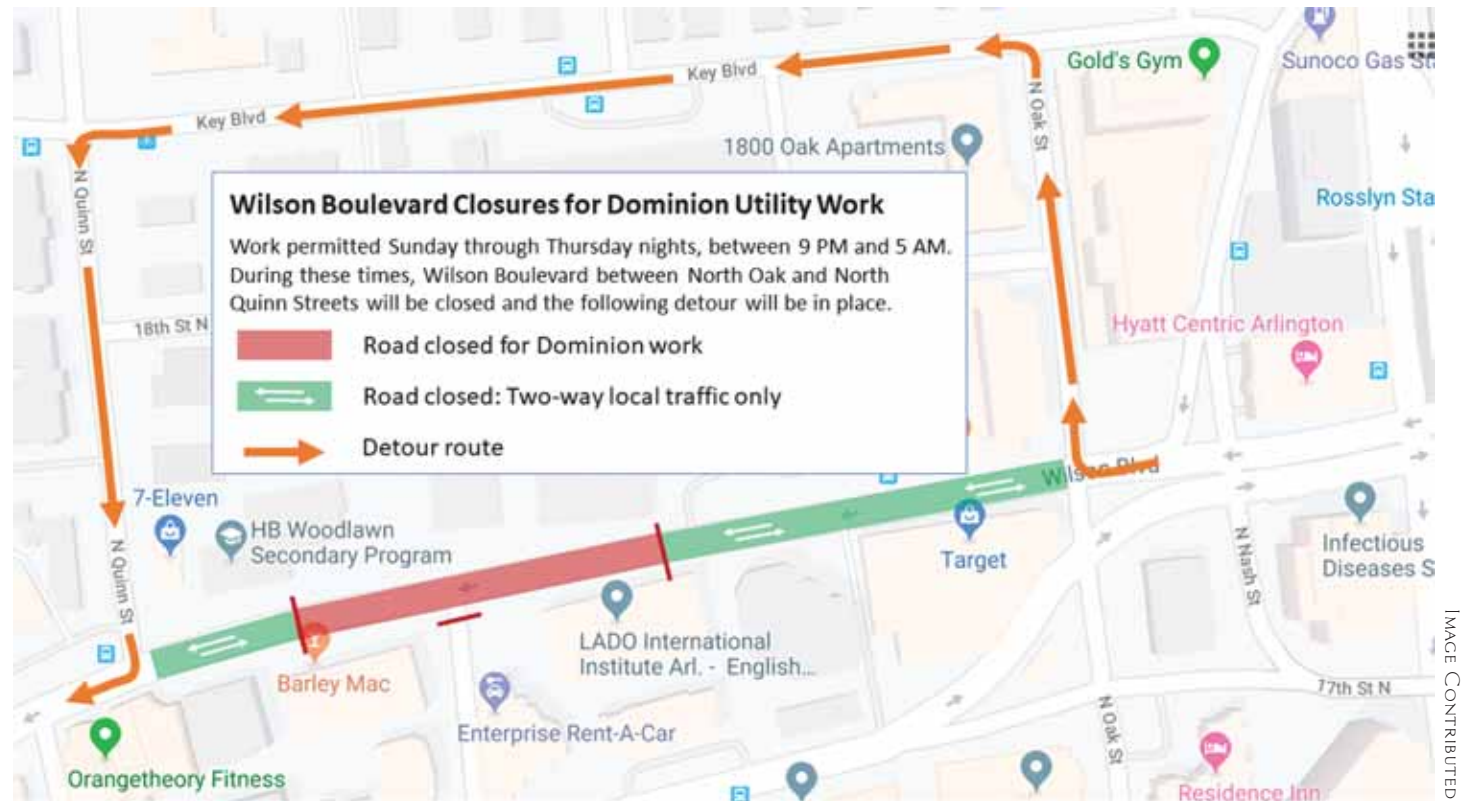
The road closures are scheduled to occur Sunday nights through Thursday nights from 9 p.m. to 5 a.m. No weekend work is currently scheduled.

These closures will allow crews working for Dominion to upgrade power service in the area. The improvements support Arlington Public Schools' The Heights Building project and redevelopment at 1555 Wilson Blvd. The county has granted Dominion a noise ordinance exemption for this work.

Drivers will be detoured to Key Boulevard during the closures. Local traffic will be allowed onto parts of the closed section of Wilson Boulevard. The sidewalk on the south side of Wilson Boulevard will remain open for people walking and biking through the work area. WMATA and ART bus service also will be detoured during the road closures. Visit the Metrobus and ART websites for service updates.

PROJECT UPDATE

The contractor currently has four crews working on the Lynn Street Esplanade & Custis Trail Improvements project. Work continues to focus on:



Detour map for nighttime closures of Wilson Boulevard in western Rosslyn.

- ❖ Retaining walls at the bridge,
- ❖ Utilities and the trail on westbound Lee Highway between North Oak and North Lynn Streets,

- ❖ Sidewalk areas on North Lynn Street and pedestal foundations for sculptures,
- ❖ Signal and electrical work at various intersections.

The majority of the new trail between North Oak Street and North Lynn Street is expected to be open by the end of August, weather permitting.

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Postal Worker Rescues Elderly Man on Her Route

“If you see something, say something.”

BY SHIRLEY RUHE
THE CONNECTION

Yvette Stevens (“everybody here calls me ‘E’”) remembers it was a hot day. The door on N. Trinidad Street had been open for five days, and “the mail was swollen and wouldn’t fit in the box. It wasn’t like him. He pulls his mail every day.”

Stevens explained she was off on Monday but on Tuesday she noticed the front door of his house was open. “That wasn’t unusual because the elderly man who lived there liked to work outside and would often be weedin’ or walking around the block.”

Then Wednesday came along and the door was still open. Then Thursday and Friday. Stevens says she knew his habits; something was wrong. “I talked to a neighbor and asked them to do a welfare check.”

Supervisor Cynthia Guzman says postal workers can’t go inside the house unless a customer asks for assistance.

“I got a confirmation he did fall, and had to continue my route. The Arlington EMT responded and transported him to Virginia Hospital Center.” She said she had heard he survived the five days drinking Coca



PHOTOS BY SHIRLEY RUHE/THE CONNECTION

Yvette “E” Stevens stands outside her mail delivery truck after her rescue of an elderly customer on her postal route who fell and lay on his kitchen floor for five days.

Cola, which is the only thing he could reach.

“I’m hoping when people hear this story they will be more engaged; don’t think someone else will help.” She added, “I’m just glad I wasn’t on vacation.” Stevens said, “He was an older, quiet man.” She has had

the Williamsburg route 1355 for 15 years and says the older postal workers get to know the habits and schedules of their customers. “I always speak and sometimes I form bonds with my customers and make sure they trust me.”

Stevens explains this is the perfect job for her. “I like to be outside. And I don’t need a gym; I get my exercise free.” And she adds she is a people person who likes to bring smiles to people’s faces when she brings their packages.

Stevens says the customer’s mail is on hold now, but the neighborhood will let her know when he is back and “I’ll start delivering again.”

It is late Friday afternoon and the postal workers are returning their trucks to the Westover Post Office. William Strange who has route 508 at Madison Manor says he had a similar experience last year. “The customer lived at the end of the route. I heard him scream. The door was open, and he was yelling, ‘come in.’” He said the customer had fallen at 7 in the morning and had been lying on the floor.

But Strange says the man had fallen against the door so “I had to wedge myself around to get inside.” He said he went to a neighbor who called 911. “I think they put the man in a home since it didn’t seem like he could live on his own anymore. Another customer on Route 511 found a customer dead last year.”

Stevens’ message is: “Don’t go by your



William Strange rescued a man on his postal route last year who fell and lay on his floor all-day and yelled for assistance.

daily idealism. If you see something, say something. Thank God I was there so he could have a second chance at life.”

All the President’s Spymasters

BY ROSS SYLVESTRI
THE CONNECTION

Speaking before an audience at the Shirlington Branch Library on July 29, David Robarge, the chief historian of the CIA, described his agency’s relationship with presidents of the United States and how it has been different through various administrations.

A quote from one former CIA director in Robarge’s presentation noted the lack of knowledge that people have regarding intelligence as a practice. “Intelligence is probably the least understood and most misrepresented of all the professions,” according to the late-Allen Dulles, who served as CIA director from 1953 to 1961 under Presidents Dwight Eisenhower and John F. Kennedy.

Robarge shared the sentiment expressed by Dulles.

“Intelligence is broadly misunderstood ... Lots of people think they know about it because they read a lot of novels, watch a lot of movies, and maybe occasionally read a good nonfiction book about it,” said Robarge.

In Robarge’s view, the people who adhere to this way of thinking extends to many journalists, historians, and policymakers.

Moreover, he noted that the CIA doesn’t have a trade association or lobbyists, with the exception of a retirees organization, that can advocate on its behalf in Congress like other interest groups, such as the National Rifle Association or Planned Parenthood.

THE LAW that created the CIA, the National Security Act of 1947, does not specify what the relationship between the president and the director of the CIA shall be. It is up to the president to determine, according to Robarge.

“It’s totally the president’s call about how he wants to run his national security apparatus and where he wants [the] CIA to fit into that,” said Robarge.

Robarge made the argument that the type of director a president appoints determines the relationship between the two. Robarge described five different types of directors. The first is an “administrator” who runs the agency from day-to-day and seeks to “keep it out of the headlines.” Then, there are the “operators” who are selected when the president wants the CIA to play an important role in the president’s foreign policy. The agency goes beyond collecting and analyzing intelligence to playing a role in developing policy.

When policies fail or controversy arises

CIA’s top historian examines relationship between presidents and agency’s directors.



PHOTO COURTESY OF ARLINGTON PUBLIC LIBRARY

David Robarge, the chief historian of the CIA, talking in front of an audience at the Shirlington Branch Library on July 29.

from them, it often leads to the director of the CIA. After these situations that arises, the president will either bring some kind of “reformer” from either inside or outside the agency to make changes. The other type of

director that a president will bring in is a “restorer” that seeks to mend relations with “Washington and the American public,” ac

SEE SPYMASTERS, PAGE 11

OPINION

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Adapted from a previous editorial ... Has your organization been featured in the Connection Newspapers, or the Alexandria Gazette Packet or the Mount Vernon Gazette or the Centre View or the Potomac Almanac?

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Our annual Newcomers and Community Guide is a thematic paper publishing Aug. 28,

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

CAMPS

Summer Camp. 9 a.m.-5 p.m. at Arlington County Cultural Affairs Building, 3700 S. Four Mile Run Drive. Jane Franklin Dance Summer Camp for ages 5-12 builds physical skill and creativity through movement, theatre, and visual art. The five-day camps includes dance technique and creative movement, visual art projects, outdoor trips to a nearby park, performance practice and a concluding performance at the end of the week. Sessions through Aug. 23. \$250 (scholarships available). Call

2019 for all 15 Connection Newspapers. Deadline is Aug. 22.

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We also need help from our readers for content of our annual Guide.

We're hoping to share special places, activities, events, organizations and volunteer opportunities. What should someone new to your neighborhood know about? What is it that you love most about where you live?

We will publish a selection of local viewpoints along with information useful to newcomers and long-time residents alike, including information on how to vote and more.

See last year's community guides by going

to www.connectionnewspapers.com/PDFs/ and scrolling down to Newcomers.

Email tips and photos to editors@connectionnewspapers.com or send as a letter to the editor via the website at <http://www.connectionnewspapers.com/contact/letter/> by Aug. 23.

— MARY KIMM

For information on advertising, email sales@connectionnewspapers.com or call 703-778-9431. See www.connectionnewspapers.com/advertising.

Community Center and Park construction team begins sewer line and storm water tie-in work for the new facility. Contact Michael Manos at 703-228-4437.

THURSDAY-SATURDAY/AUG. 14-17

Volunteer Judges Needed for Competitive Exhibits. The 2019 Arlington County Fair, one of the area's largest free summer events, is seeking volunteers to register and judge entries for the annual community Competitive Exhibit contest, which features age-based judging in seven food, arts and plant categories. Entries will be publicly displayed throughout the fair, which takes place Aug. 14-18, 2019 at the Thomas Jefferson Community Center. Visit arlingtoncountyfair.us/entertainment/exhibits or email compexhibits@arlingtoncountyfair.us.

THURSDAY/AUG. 15

Information Session. 6-7:30 p.m. at Bean, Kinney & Korman PC, 2311 Wilson Boulevard, 2nd Floor Conference Room. Ignite Young Professionals Program is for the young professional, aged 25-35, looking for a fast-track leadership development experience. It works best for those who believe community engagement and giving back matter. Visit leadercenter.org for more.

FRIDAY/AUG. 16

Advance Directives. 2:30-3:30 p.m. at Westover Library, 1644 N. McKinley Road. What is an Advance Directive? Who needs one? Where to start? Get the answers to these and other questions at this seminar, hosted by Capital Caring and The Coalition to Improve Advanced Care. Free. RSVP for an event reminder at 703-228-6327 or arlingtonva.libcal.com/event/5262549.

MONDAY/AUG. 19

Open Door Mondays. 7-9 p.m. at Central Library, 1015 N. Quincy St. Drop in to chat informally, one-on-one, with an Arlington County Board Member on any topic. No reservation is needed. Visit countyboard.arlingtonva.us/open-door-mondays.

THROUGH AUG. 19

Disaster Loan Outreach Centers. Arlington County is opening a Local Recovery Center (LRC) to assist residents and businesses affected by the July 8, 2019 flood. This is in conjunction with the governor's announcement that low-interest federal loans from the U.S. Small Business Administration (SBA) are available to help homeowners, renters and businesses rebuild from storm damage. Visit newsroom.arlingtonva.us/release/flood-recovery.

SEE BULLETIN BOARD, PAGE 11



PHOTO BY KALEN MARTIN-GROSS

Scenic Virginia

Kalen Martin-Gross of Arlington received honorable mention in Scenic Virginia's annual Virginia Vistas Photo Contest, scenic trees category, for her photo, "Shenandoah's Golden Poplar Grove," taken at Shenandoah National Park in Front Royal.

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Group Spotlights Black-White Disparities in Schools

Local community advocacy group, Black Parents of Arlington (BPA) has compiled data from public sources showing disparities in black versus white student opportunities and outcomes in Arlington Public Schools.

BPA's newly released pamphlet entitled "APS in Black," illustrates the divide between black and white students in Arlington Public Schools, and highlights disparities in the Virginia Standards of Learning (SOL) Math and Reading pass rates, gifted and talented identification, Advanced Placement (AP) and International Baccalaureate (IB) class enrollment and pass rates, advanced diploma graduation rates, and disciplinary suspensions.

The compiled data is sourced from Arlington Public Schools' Dashboard (<https://www.apsva.us/information-ser->

[vices/aps-dashboard/](https://www.apsva.us/information-services/aps-dashboard/)), Arlington Public Schools' Suspension Data (<https://www.apsva.us/statistics/suspension-data/>) and the Virginia Department of Education's published SOL test results (http://www.doe.virginia.gov/testing/achievement_data/). The data presented in APS in Black covers the 2015-16, 2016-17, and 2017-18 school years.

According to BPA, the data overall showed substantial and persistent disparities between white and black students. An approximate 20-point gap between black and white students on math and reading SOLs pass rates persists. Gifted identification for black students lags behind white students, some of that resulting from over-identification of white students, according to BPA. A majority of black students enroll in at least one AP/IB class, however, the vast majority do not pass at least one AP/IB

exam. Like their white counterparts, the vast majority of black students graduate on-time. However, unlike their white counterparts, most will not graduate with an advanced diploma.

"APS in Black" reports disparities in SOL pass rates between black and white students for most

APS elementary, middle and high schools. Results varied. Depending on the school, black students fared far worse or, on occasion, slightly better than their white counterparts in pass rates.

BPA shows differences among schools, some with greater than a 30-point difference in pass rates

between black and white students and others with less than a five-percentage point difference.

BPA seeks to organize, galvanize and empower black parents and families of black children for the purpose of improving the lives and education of black children in Arlington.

Help Fill the Cruiser

Help Arlington County students start the school year prepared to succeed by donating new school supplies and other classroom materials during the Fill the Cruiser Back-to-School Supply Drive. All donated supplies will be provided to Arlington County Public Schools for distribution to teachers and students.

Arlington County Police Department's Community Outreach Teams and School Resource Officers will be collecting donations on Thursday, Aug. 15 from 6 p.m. to 8 p.m. at:

- ❖ The Westover Shopping Center – 5800 block of Washington Boulevard
- ❖ The Fashion Centre at Penta-

gon City – 1100 S. Hayes Street (main entrance)

Suggested items for donation include: Pens, pencils (#2), markers, dry erase markers, crayons, colored pencils, highlighters, erasers, glue, folders, notebooks, binders, dividers, loose leaf paper, construction paper, Post-it notes, index cards, pencil cases, Zip-Lock bags, tissues, hand sanitizer, disinfectant wipes, and backpacks.

Those wishing to donate supplies but unable to attend the Fill the Cruiser events can drop off donations at Police Headquarters located at 1425 N. Courthouse Road on the 2nd Floor at the Administrative Support Unit through Aug. 15.

Conversation with a Cop

Arlington County Police Department's Restaurant Liaison Unit invites members of the public to join them for Conversation with a Cop in Clarendon on Aug. 29, from 6-8 p.m.

Conversation with a Cop is an opportunity for the public to get to know the officers and staff who lead Arlington Restaurant Initiative (ARI), the department's overall efforts to promote alcohol and nightlife

safety throughout the county and share ideas on how to make Arlington a safe place to enjoy nightlife and entertainment.

Officers will visit the following locations during this event:

- ❖ Whitlow's on Wilson located at 2854 Wilson Boulevard from 6-7 p.m.
- ❖ Buena Vida Social Club located at 2900 Wilson Boulevard from 7-8 p.m.

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2019 NATIONAL PRESENTING SPONSOR



Signature Theatre Presents 'Assassins'

Nine presidential assassins inspire each other to pull the trigger in this musical.

BY STEVE HIBBARD

To kick off its 30th anniversary season, Signature Theatre in Arlington is presenting its 30th Sondheim musical, "Assassins," from now through Sept. 29. From John Wilkes Booth to Lee Harvey Oswald, nine would-be and successful presidential assassins inspire each other to pull the trigger and change their worlds in a perverse and entertaining vaudeville show.

According to Artistic Director Eric Schaeffer, "Every year, we produce a Sondheim musical as part of our season. We felt it was time to bring this show back to Signature to celebrate 30 years of Sondheim musicals. It just felt like the right time to be producing this show in this city at this time."

He added: "I think the hardest thing about the show in today's world as a director was being sensitive to how guns are used in the show. The show originally premiered off-Broadway in 1990 and the world has changed so much since then. The other difficult thing was just finding the right cast. It has nine great character parts that are all unique. Finding the actors to fit those molds was very important in bringing their stories to life and I think we have the perfect cast doing it. I couldn't be happier."

As far as audience takeaways, he added: "I think every audience member will have a different reaction to this musical. Having directed it 27 years ago, it's amazing how it resonates with you in a whole different way with what our country is currently going through. You hear lyrics sung like 'The country is not what it was...' and it sends a reaction. I think audiences are in for an exciting night of theater full of laughs, tears and giving them plenty to think and talk about. That's what great theater does."

Actor Ian McEuen plays the role of Giuseppe Zangara, who was the Italian immigrant who attempted to assassinate Franklin Delano Roosevelt; he missed him and fatally wounded Mayor Anton Cermak of Chicago. "He endured constant, intense abdominal pain from the age of 6, which he blamed on those in power and capitalism in

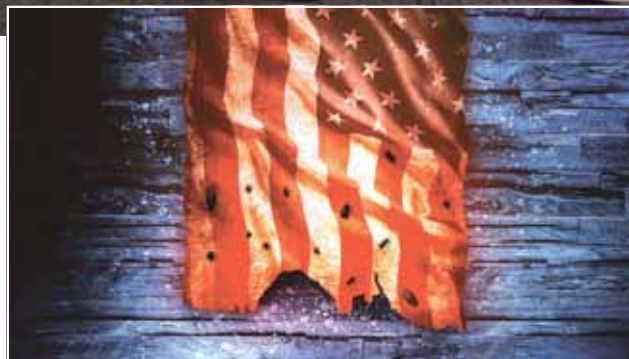


The cast of Signature Theatre's "Assassins," which runs now through Sept. 29.

general. He did not identify with any political belief system, believing only that all money in the world should be consumed by fire and that all capitalists should die," he said.

As far as challenges, he said: "Zangara, vocally speaking, is one of the highest roles Sondheim has written for a male. My biggest challenge has been to find a balance between singing this high-flying role healthfully and conveying the all-consuming rage of the character. It was also a challenge to physicalize the intense abdominal pain that Zangara went through constantly, without making it over-the-top."

He added: "While the show, on the whole,



is an examination of the myriad reasons why someone would be driven to make an attempt on the life of the president, in this day and age, with the prevalence of gun violence in this country, there is something much more immediate to be gleaned from the story. Whatever pain, trouble, or hardship you are facing in your life, violence will

never be the answer."

The show is directed by Eric Schaeffer with musical direction by John Kalbfleisch, and includes a cast of Signature favorites such as Nova Y. Payton, Tracy Lynn Olivera, Evan Casey, Bobby Smith and others.

Signature Theatre is presenting "Assassins" from now through Sept. 29. Tickets are \$76 to \$110. Show times are Tuesdays through Fridays, 7:30 p.m. and 8 p.m.; Saturdays and Sundays at 2 p.m. and 7 p.m. and 8 p.m. Discussion Nights are Aug. 28 and Sept. 10; Pride Night is Sept. 6; Open Captioned Performance is Sept. 8 at 2 p.m. The venue is located at 4200 Campbell Ave., Arlington. Call the Box Office 703-820-9771 or visit www.sigtheatre.org.

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Treasure Island. Through Aug. 18, at Synetic Theater, 1800 S. Bell St. An all-new adaptation of Treasure Island follows Jane Hawkins, an orphan who longs for adventure, as she is swept up on a wild hunt for buried treasure with a ruthless band of buccaneers. Tickets start at \$35. Visit synetictheater.org.

Art Exhibit: Escape Velocity. Through Aug. 19, gallery hours at The Fred Schneider Gallery of Art, 888 N Quincy St., Suite 102. "Escape Velocity" showcases abstract

paintings on canvas by Singapore-born artist Chee-Keong Kung. Kung is influenced by his formal education in art and architecture as well as his upbringing in multi-ethnic Singapore. Free, open to the public. Visit www.fredschneidergalleryofart.com for more.

Summer Movie Nights. Through Aug. 24, Fridays at Arlington Mill Community Center and Saturdays at Penrose Square. The Columbia Pike Revitalization Organization (CPRO) is proud to announce the theme for its popular Summer Movie Nights for 2019, "Heroes and Sheroes: Movies

with a Mission." From hidden math heroes to fantasy flying figures, enjoy a summer of 22 films that feature comic book heroes and icons of social justice. All films are rated G, PG, or PG-13. Visit www.Columbia-Pike.org for schedule.

Glow Yoga at the Fountain.

Sundays, through Aug. 25, 7-8 p.m. at Crystal City Water Park, 1601 Crystal Drive. Join Mind Your Body Oasis at the Crystal City Water Park for fun and free yoga sessions. Reset for the week ahead with a relaxing hour-long workout under the glow of the fountain lights. Free. Call 703-

412-9430 or visit www.crystalcity.org/do/yoga-at-the-fountain for more.

Rosslyn Putt-Putt + Candy BAR.

Through Aug. 31, Fridays, 5-9 p.m.; Saturdays, 10 a.m.-6 p.m. at 1401 Wilson Blvd. Arlington's newest pop-up, Rosslyn Putt-Putt + Candy BAR, will feature mini golf and a retro snack stand. Play nine holes of mini golf (\$3) featuring constructions of favorite neighborhood landmarks. The adjoining Candy BAR will be serving up beer, wine, candy and popsicles. There will also be carnival games and old-school video games indoors. Visit www.rosslynva.org/

putt for more.

Art Exhibit: "La Città Italiana."

Through Sept. 6, gallery hours at Gallery Clarendon, 2800 Clarendon Blvd. Suite R-800. Visit the Overlook Gallery and travel with artist Matthew Miller along the canals of Venice, through the gardens of Florence, and so many cities and villages in between. After a moment in Amalfi, stroll through the main gallery, where there will be new work hanging by Gallery Clarendon member artists. Meet the Artists at an opening reception Friday, Aug. 9, 5-7 p.m. Free and open to the public. Visit www.galleryclarendon.org.

ENTERTAINMENT

Art Installation: Linny Giffin. Through mid-September at Central Place Plaza, 1800 N. Lynn St. Linny Giffin has been working on Central Place Plaza on her latest masterpiece: an installation of 800 silk leaves that will hang from the glass pergola. Giffin made eight different types of leaves in orange, yellow and blue to be used for this project. She spent two weeks painting them, and then affixed wire to each one to facilitate hanging. See Giffin work through Friday, Aug. 16, 9-5 p.m. and join for a launch celebration Thursday, Aug. 15, 11:30 a.m.-1 p.m. Visit www.rosslynva.org/feature/one-place-at-a-time-for-more.

Registration Open: NVSO. The Northern Virginia Senior Olympics features more than 60 events that challenge the mind as well as the body. New games this year: jigsaw puzzle and line-dancing. The games run Sept. 14-28. There will be no on-site registration. Paper registrations, available at most local recreation and senior centers, must be postmarked by Aug. 24. Online registrations must be completed by Aug. 31 at www.nvso.us.

Operation FirePaws. Through Aug. 31, 7 a.m.-7 p.m. at Arlington County Fire Stations. The fourth year of Operation FirePaws, the Arlington County Fire Department's (ACFD) month-long charity drive for the adoptable pets at the Animal Welfare League of Arlington (AWLA), kicks off next week. Community members can drop off needed pet supplies to designated donation bins at Arlington fire stations. Check AWLA's list of needed donations (arlingtonva.s3.amazonaws.com/wp-content/uploads/sites/35/2019/07/AWLA-In-Kind-Donation-Wish-List.pdf). The AWLA will not accept milk bones, boxed hard/homemade treats, or used beds.

Summer Exhibitions. Through Sept. 7 at Arlington Arts Center, 3550 Wilson Blvd. Visit www.arlingtonartscenter.org or call 703-248-6800.

♦ **Transitional Objects.** Working in sculpture, installation, and video, these artists experiment with unconventional materials, take inspiration from or produce functional objects, and create sculptures that elucidate both the allure and the



Chee-Keong Kung's High Noon Overdrive I (Dispersion No 29), 2019 Ink & acrylic on canvas.

Art Exhibit: Escape Velocity

"Escape Velocity" showcases abstract paintings on canvas by Singapore-born artist Chee-Keong Kung. Kung is influenced by his formal education in art and architecture as well as his upbringing in multi-ethnic Singapore. Exhibit runs through Aug. 19, gallery hours at The Fred Schnider Gallery of Art, 888 N Quincy St., Suite 102. Free, open to the public. Visit www.fredschnidergalleryofart.com for more.

difficulty of material forms. Transitional Objects artists: Kyle Bauer, Calder Brannock, Dexter Ciprian, Emily Culver, Liz Ens, Kyle Hittmeier, Trish Tillman, and Holly Trout.

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ENTERTAINMENT

❖ **Jen Noone: Sort of, Kind of, Almost.** Noone repeatedly coats the surfaces of acrylic boxes, picture frames, and shelving units, before scraping away layers of the dried latex. Each new layer of paint represents an attempt to improve upon the previous layers. While the pursuit of perfection may inevitably result in failure, Noone's work suggests that the quest for the ideal form, even if it repeatedly misses the mark, has a beauty and charm all its own.

❖ **Jason Horowitz: Ashton Heights Re/Seen.** Photographer Jason Horowitz uses the Photo Sphere/ Street View app and his smartphone's camera to create immersive abstract views. For Ashton Heights Re/Seen, Horowitz presents a selection of images from the Re/Seen series all made a short distance from Arlington Arts Center.

Outdoor Zumba. Wednesdays, through Sept. 25, 12:30 p.m. in the Courtyard at 2121 Crystal Drive. The Crystal City BID, Sport and Health fitness club and JBG SMITH invite you to join them for free midday Zumba in the courtyard of 2121 Crystal Drive on Wednesdays. Zumba fuses Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program for all to enjoy. Free. Call 703-412-9430 or visit www.crystalcity.org/do/outdoor-zumba-2018 for more.

Fridays at the Fountain. Fridays, through Oct. 25, 5-9 p.m. at The Stand at the Crystal City Water Park, 1601 Crystal Drive. Fridays at the Fountain is a seasonal pop-up beer garden set within the Crystal City Water Park, featuring food, drink and a rotating lineup of live music from local bands and musicians. Free to attend; selection of food available for purchase. Call 703-412-9430 or visit www.crystalcity.org/do/fridays-at-the-fountain for more.

Arlington Mill Farmer's Market. Saturdays, through Nov. 23, 9 a.m.-1 p.m. at Arlington Mill Community Center, 909 S. Dinwiddie St. The market features produce, meats, and dairy products from our region's top local vendors. Support local farmers and entrepreneurs. Come for opening day and meet special guests, the Arlington Art Truck, South Arlington Moms Club, Long Branch Nature Center, and more. Visit columbia-pike.org/fm-arlington-mill.



Anne Flowers as Jane Hawkins.

Treasure Island

An all-new adaptation of Robert Louis Stevenson's *Treasure Island*, starring local actress Anne Flowers in the lead role reimagined as Jane Hawkins. Jane Hawkins is an orphan who longs for adventure, as she is swept up on a wild hunt for buried treasure with a ruthless band of buccaneers. Along the way, Jane's bravery, morality, and sense of self are put to the test as she learns about her past and the path she wants to follow. Through Aug. 18, at Synetic Theater, 1800 S. Bell St. Tickets start at \$35. Visit synetictheater.org.



Linny Giffin preps for her leaf installation, which will hang in Rosslyn on Central Place Plaza.

Art Installation

Linny Giffin has been working on Central Place Plaza on her latest masterpiece: an installation of 800 silk leaves that will hang from the glass pergola. Giffin made eight different types of leaves in orange, yellow and blue to be used for this project. Giffin's leaves at Central Place Plaza mark her first outdoor installation—a new challenge for her. She spent two weeks painting them, and then affixed wire to each one to facilitate hanging. Through mid-September at Central Place Plaza, 1800 N. Lynn St. See Giffin work through Friday, Aug. 16, 9-5 p.m. and join for a launch celebration Thursday, Aug. 15, 11:30 a.m.-1 p.m. Visit www.rosslynva.org/feature/one-place-at-a-time for more.

WEDNESDAY-THURSDAY/AUG. 14-15

Arlington Fair: Competitive

Entries. Wednesday, 4-8 p.m.; Thursday (perishable items only), 7:30-9:30 a.m. at Thomas Jefferson Community Center, 3501 South 2nd St. The Competitive Exhibits are an integral part of the Fair. Art; photography; needlework; preserves; baked goods; plants and flowers; and vegetables, fruits and nuts are all displayed and judged. Residents of Arlington County, including Joint Base Fort Meyer-Henderson Hall, the City of Alexandria, the City of Falls Church and students who attend school in Arlington County may enter items in the competitive exhibits. For complete entry information and forms go to arlingtoncountyfair.us.

WEDNESDAY-SUNDAY/AUG. 14-18

2019 Arlington County Fair.

At the

Thomas Jefferson Community Center, 3501 South 2nd St. Fun comes in many forms—the traditional midway of rides and games, food of all kinds, shopping and information tables. Look for the Arlington/Alexandria Cooperative Extension information booth for horticultural help. The Competitive Exhibits show off the best of our area's produce, art, and baked goods. And don't miss the racing pigs. Visit arlingtoncountyfair.us for more.

THURSDAY/AUG. 15

Fill the Cruiser. 6-8 p.m. at The Westover Shopping Center, 5800 block of Washington Blvd. and The Fashion Centre at Pentagon City, 1100 S. Hayes St. Help Arlington County students start the school year prepared to succeed by donating new school supplies and other classroom materials during the Fill the Cruiser Back-to-School Supply Drive. All donated supplies will be provided to Arlington County Public Schools for distribution to teachers and students. Those wishing to donate supplies but unable to attend the Fill the Cruiser events can drop off donations at Police Headquarters located at 1425 N. Courthouse Road on the 2nd Floor at the Administrative Support Unit Aug. 1-15.

FRIDAY/AUG. 16

Friday Night Movies: E.T. The Extra-Terrestrial (PG). Begins just after sunset at Arlington Mill Community Center, 909 S. Dinwiddie St. Limited seating provided, bring your own chair. Visit www.columbia-pike.org/movie-nights for more.

Turtle Tales Campfire. 7-8 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Families. Register adults and children; children must be accompanied by a registered adult. The whole family is invited to join us at the Long Branch amphitheater for lots of old-fashioned fun: entertaining activities which may include stories, special animal guests, games, songs and of course, S'mores. \$5. Call 703-228-6535 or register online at registration.arlingtonva.us, use code #642959-E.

AGLA Scholarship Fundraiser. 8-10

p.m. at Freddie's Beach Bar, 555 23rd St. South. Each year the AGLA awards one Arlington Public High School senior with \$2,500 scholarship. Recipients are selected based on their demonstrated accomplishments in support of the Arlington Public Schools' (APS) policies of diversity, fairness, and safety and/or their membership and activities in their schools' Gay-Straight Alliance. Requested donation: \$10 per person. Visit agla.org/scholarships/ for more.

SATURDAY/AUG. 17

Bookstore Romance Day. 10 a.m. at One More Page Books, 2200 North Westmoreland St. Join One More Page in the first ever national observance of Bookstore Romance Day. Indies all across the country will be celebrating romance novels and the authors who write them. One More Page will be hosting "A Carnival of Love" all day, including: a mimosa tasting (11 a.m.-noon; scavenger hunts and battle of the books (noon-3 p.m.); roundtable panel (4 p.m.); Sips & Swoons and cocktail tasting (4-6 p.m.) and a Marrying Mr. Darcy board game tournament (6 p.m.). Visit www.onemorepagebooks.com for more.

Netherlands Carillon Recital

Series. 6-8 p.m. at Arlington Ridge Park, George Washington Memorial Parkway. Enjoy sweeping views of Washington, D.C., while guest artists play patriotic music, jazz, and pop on the carillon's 50 bells. Meet on the lawn at the foot of the carillon. Free and open to everyone. Visit www.nps.gov/gwmp/planyourvisit/netherlandscarillon.htm for more.

Saturday Night Movies: Life in the Doghouse (NR). Begins just after sunset at Penrose Square, 2501 9th Road S. Limited seating provided, bring a chair. Visit www.columbia-pike.org/movie-nights for more.

SUNDAY/AUG. 18

Adapted Nature Hike - Huntley

Meadows. 10:30 a.m.-noon at Huntley Meadows Park, 3701 Lockheed Blvd., Alexandria. Families. Register children and adults; children must be accompanied by a registered

adult. All are welcome to join in a leisurely paced hike through a park. The forested trails will be accessible, smooth and shaded for a fun hike to explore and examine whatever we discover. Restrooms and water fountain/bottle filler inside accessible building, gravel packed trail in shade, then boardwalk on slats, in direct sun when out in the middle of boardwalk but all flat. Benches at beginning and end in shade but not on main trail. Free. Call 703-228-6535 or register online at registration.arlingtonva.us, use code #642959-M.

Signature Theatre Open House

2019. Noon-7 p.m. at Signature Theatre, 4200 Campbell Ave. Kick off the 30th Anniversary season with Signature's annual free Open House. Starting at noon, come enjoy performances every 15 minutes, master classes, family cabarets, season preview concerts, games and crafts all followed by the grand Broadway on the Plaza finale concert. Visit www.sigtheatre.org for more.

R.I.P. - Remove Invasive Plants. 2-4 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Adults, teens and families ages 8 and up. Help restore habitat and increase native species diversity right here in Arlington. Work parties are held every month and are making a difference with the return of ferns, wildflowers and the animals that depend on them to areas once covered in destructive invasive plants. Free. Call 703-228-6535 or register online at registration.arlingtonva.us.

TUESDAY/AUG. 20

Turtle Lunch. 2-3 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Ages 3-6. Help make lunch for Long Branch's turtles. Kids can prepare the food for recovering hospital turtles and get to watch them eat, then give them worms for dessert. Free. Call 703-228-6535 or register online at registration.arlingtonva.us, use code #642919-Y.

Fall and Winter Vegetable

Gardening. 7-8:30 p.m. at Westover Library, 1644 N. McKinley Road. What can one plant when the weather starts to cool? Think healthful greens like kale, collards, bok choy and a wealth of lettuces. Learn what to plant when, and simple tips for success. Learn inexpensive techniques to extend a harvest and even how to enjoy crops in the dead of winter. This event is offered by Extension Master Gardeners. Free. Advance registration requested at mgvnv.org. Questions? Telephone 703-228-6414 or email mgaralalex@gmail.com.

THURSDAY/AUG. 22

Mystery Night. 7 p.m. at One More Page Books, 2200 North Westmoreland St. Get ready for a fun (and funny) evening as One More Page celebrates the launch of three killer mysteries: Sherry Harris' seventh A Sarah W. Garage Sale Mystery: Let's Fake A Deal; Colleen Shogan's fifth Washington Whodunit: Gore In The Garden and Mark Bergin's debut crime novel Apprehension. Visit www.onemorepagebooks.com for more.

FRIDAY/AUG. 23

Friday Night Movies: Won't You Be My Neighbor (PG-13). Begins just after sunset at Arlington Mill Community Center, 909 S. Dinwiddie St. Limited seating provided, bring your own chair. Visit www.columbia-pike.org/movie-nights for more.



PHOTOS BY JOHN COLE

This kitchen and dining area by Anthony Wilder Design/Build includes a workstation concealed behind doors (shown open and closed) to keep the family organized.

Home Organization For a New School Year

Accessories and design elements to create a smooth start.

BY MARILYN CAMPBELL
THE CONNECTION

As a new school year looms large over the horizon, the hectic reality of packing lunches, buying school supplies and making space for new backpacks comes into focus. Making time for home organization can decrease stress before the school bus arrives.

The kitchen is often the nucleus or command center of a family's home, especially during the school year. To help quell the chaos, Shannon Kadwell of Anthony Wilder Design/Build suggests centralization. "A snack station and breakfast center can be great for letting the kids get food on their own while you get together meals and lunches," she said. "The snack station [can be] a drawer in the kitchen that kids can go into at anytime to get healthy snacks. Granola bars, nuts, crackers, dried fruit, can be pre-measured for individual servings for easy grab and go."

Getting dressed in the morning can become a source of tension, but Sallie Finney Kjos of Grey Hunt Interiors says that she incorporates an elegant design solution

into the bedrooms of her clients homes that helps ease the day-break anxiety.

"Get a basket for each kid and roll their outfits for the day, tie them together and place them upright in the basket," she said. "Give your kid independence and let them pick out their own clothes. Not only will their outfits match, but you'll know that they didn't create a mess finding the perfect shirt."

In fact, baskets can offer a versatile and chic method of organization throughout one's home says, Courtney Thomas of home accessories store, The Picket Fence.

"Baskets are an easy and often inexpensive way to contain clutter."

— Courtney Thomas,
The Picket Fence

"They are available in endless sizes and styles," she said. "Baskets are an easy and often inexpensive way to contain clutter. Larger ones are perfect for blankets and pillows, smaller ones keep toys corralled, and there are even baskets with file hangers to keep ... papers organized. If baskets aren't your style, we also love using vintage boxes and crates to serve the same function."

Getting creative with clear containers can help maintain order without sacrificing a home's aesthetic, says Thomas. "You can find

options that are much more stylish than the traditional plastic tub," she said. "Since they are see-through it's easy to see what's inside and find what you need. Use mason jars for pencils and crayons." A coffee table can serve double duty as both a home accessory and a clandestine storage space, says Kjos. "They can be a catch all for busy families," she said. "Consider topping them with a few decorative boxes to hold needed items." Over the course of a school year, a home's mud room can become a black hole of backpacks, soccer cleats and lacrosse sticks. "Having a locker with a door for each child gives the mudroom a clean, organized feel," said Kadwell. "The kids don't need to be neat and tidy inside their own spaces."

Back-to-school organization can extend to the laundry rooms, continues Kadwell. "Set up drop stations to have kids drop off clothes that are in need of washing," she said. "Have bins in an easy to get to space for the kids that are labeled whites, darks and towels. Kids can place their clothing in them according to the labels. This helps cut down the laundry time by having them already sorted."

A family calendar to keep track of deadlines, appointments, and events is a must-have, continued Kadwell. "[Place it] at a level kids can see," she said. "This can be a whole wall that you can paint with a magnetic chalk paint and create a paneled wall effect."

SPECIAL PULLOUT TAB

Newcomers & Community Guide

August 28, 2019

The annual Newcomers and Community Guides for each of our 15 communities with inside facts on what makes each community special, their secret places, the real power players, how to get involved and more.

Including the history, schools, parks, libraries, local people, elected officials, county/city offices, how decisions are made, a calendar of events and other vital community information.

Due to the popularity and long shelf life of this issue, an overrun of the publication is made to meet demand. Extra copies are delivered to select Chambers of Commerce, Realtors, Citizens' Associations and local government.

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lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known



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www.lostdogandcatrescue.org

Legals

Disabled Group Homes in Arlington have rooms available. Private bedroom and shared bathrooms and common areas. Must be Section 8 eligible. Call 703-818-6588 for more information.

Legals

PUBLIC NOTICE

AT&T proposes to collocate antennas (tip heights 37') on the building at 399 Old Jefferson Davis Highway South, Arlington, VA (20191176). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

Legals

ABC LICENSE

Thai Select LLC trading as Thai Select, 1713 Wilson Blvd., Arlington VA 22209-2503. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises license to sell or manufacture alcoholic beverages. Chotika Chevasuttho, Owner. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

PUBLIC NOTICE

AT&T proposes to collocate antennas (tip heights 66') on the building at 4020 Washington Boulevard, Arlington, VA 22201 (20191264). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

Announcements

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- Power Washing
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PEOPLE

Quilters To Compete Internationally

Jennifer Emry, of Arlington, has been accepted as a contestant with her quilt, Blue Windows, at the American Quilter's Society QuiltWeek - Fall Paducah, Ky. Kerry Britton, of Arlington, also has been accepted as a contestant with her quilts, WOW in the Garden: Leucospermum sp and WOW in the Garden: Leucadendron Salignum.

The event features close to 700 quilts from around the world. The quiltmakers will compete for \$121,250 in cash awards.

Quilts in this international contest and exhibition come from around the world, with entries from 38 states and 16 countries.

Admission to AQS QuiltWeek can be purchased at the Schroeder Expo Center and includes access to all special exhibitions and the Merchant Mall. Hours are Wednesday, Sept. 11 through Friday, Sept. 13 from 9 a.m. to 5 p.m. and Saturday, Sept. 14 from 9 a.m. to 4 p.m. Tickets and additional information can be found at quiltweek.com or by calling 1-270-898-7903. This event is open to the public.

For more information about the American Quilter's Society, visit <http://www.americanquilter.com> or call 1-270-898-7903.



Jennifer Emry

Jennifer Emry's quilt, Blue Windows.



Kerry Britton

Kerry Britton's quilt, Leucadendron Salignum



PHOTOS CONTRIBUTED

'FLOURISHING AFTER 55'

"Flourishing After 55" from Arlington Office of Senior Adult Programs for Aug. 25-31.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior travel: Wolf Trap, "Beach Boys," matinee, Sunday, Aug. 25, \$87; Washington Nationals vs Baltimore Orioles, evening, Tuesday, Aug. 27, \$58; Statue of Liberty and Ellis Island Immigration Museum, NY, NY, Thursday, Aug. 29, \$79. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

NEW PROGRAMS

Northern Virginia Senior Olympics, registration open, check website, www.nvso.us or call 703-228-4721.

Podcast followers, Monday,

Aug. 26, 10 a.m., Langston-Brown. Call for selected podcast, 703-228-6300.

Ballroom dance, Mondays, 6:30-7:30 p.m., Walter Reed. Details, 703-228-0955.

Senior ice skating, Mondays, 8:10-9:20 a.m., MedStar Capitals Iceplex, Ballston Quarter, \$1 (includes skates). Details, 703-228-4771.

Morning tennis reserved for seniors (55+) 8 a.m. - noon, Mon.-Fri., Bluemont Courts, Details, 703-228-4771.

Free legal counseling for eligible seniors, Tuesday, Aug. 27, 10-11 a.m., Walter Reed. Call for appointment, 703-778-6800.

Middle Eastern dance class, Tuesday, 12:15 p.m., Lee. Details, 703-228-0555.

Using camera features on smartphones and other devices, Wednesday, Aug. 28, 6:30 p.m., Arlington Mill. Register, 703-228-7369.

Arlington Walking Club for se-

niors will walk along Donaldson Run, Arl., Wednesday, Aug. 28, 9:30 a.m., \$4. Register, 703-228-4771.

Goodbye summer party, Wednesday, Aug. 28, 1 - 2:30 p.m., Lee. Register, 703-228-0555.

Nails plus wood equals art class, Thursday, Aug. 29, 1 p.m., Walter Reed. Materials provided, Register, 703-228-0955.

Available County services for seniors, Thursday, Aug. 29, 9:30 a.m., Walter Reed. Register, 703-228-0955.

Arlington Mill Trekkers walk along the W&OD and Four Mile Run Trails, Thursdays, 9 a.m., Details, 703-228-7369.

Lee Walkers will walk along the C&O Canal, Lock 8, MD, Friday, Aug. 30, 10 a.m., \$4. Register, 703-228-0555.

Fast-paced walking group to meet Friday, Aug. 30, 8 a.m., Aurora Hills. Details, 703-229-5722.

News

Spymasters

FROM PAGE 3

according to Robarge.

“One very interesting difference” Robarge found from his research was a clear partisan difference between Republicans and Democrats in the type of people they appoint as CIA directors. He said Democratic presidents tend to appoint administrators or reformers while Republican presidents will appoint directors from across all five of the categories mentioned.

Robarge speculated as to why there is such a difference. “Historically, Democrats have been domestically oriented and they have had less international experience in their lives, particularly their public lives. As a result, because they don’t understand or know what to do with intelligence and they sometimes come into office with an intelligence problem from the predecessor, they are far more inclined to appoint reformers or administrators to clean up the mess [and] to keep the agency out of the headlines.”

Robarge added that Republicans “have tended to have more familiarity with foreign policy and intelligence and military affairs. Consequently, they have not looked at intelligence coming into office as a potential problem — something that needs to be either cleaned up or controlled or kept off to the side, but rather something to use or not to use” at their discretion. “It’s that comfort level from that experience that enables them to be selective about the types they want to have running the agency,” said Robarge.

Robarge suggested things for the audience to look for among the presidential candidates regarding national security issues. He said to observe the people a candidate surrounds themselves with, particularly the official nominees after the conventions.

The candidate will “always pull around them a little constellation of advisors. Look at the people that those candidates pick as their foreign policy and national security advisors. That will give you a signal about their world outlook, their probable foreign policies, and possible insights into how they are going to use the intelligence community to advance the foreign policy or not,” said Robarge. According to him, the next CIA director could possibly arise from that inner circle.

BULLETIN BOARD

FROM PAGE 4

center-loan-outreach-center-sba-arlington/ for details.

WEDNESDAY/AUG. 21

Public Comment Sought. The Office of Intermodal Planning and Investment, the Virginia Department of Transportation, and the Department of Rail and Public Transportation, under the leadership of the Commonwealth Transportation Board (CTB), are developing a plan to study Virginia’s 179 miles of the Interstate 95 corridor between the Woodrow Wilson Bridge in Alexandria, Virginia and the North Carolina border. The first comment period will end Aug. 21, 2019. Additional comment opportunities will be available throughout the study period. For more information about the study, or to view meeting materials and access the online engagement tool, visit VA95Corridor.org.

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg			

Don't Monkee Around With Me



By KENNETH B. LOURIE

I mean, he didn't even examine me, which he rarely does. (The CT scan pretty much tells him what he needs to know, so he says.)

In addition (or is that subtraction), he didn't even ask me the standard questions he typically does about my quality of life, activities of daily living and general health and welfare. In fact, near the presumptive end of our appointment, as peculiar and uncharacteristic of an appointment as it was, I felt compelled to blurt out the answers to all the questions that he didn't bother to ask that for years he's always asked: any pain, shortness of breath, coughing, headaches, neuropathy, muscle weakness or any new or persistent symptoms? All he could muster was a perfunctory "Do you need any prescriptions filled?"

And then the semi-out-of-the-blue-bombshell: "Are you familiar with Palliative Care?"

Followed by the offer to refer us to a book that he thought we might find helpful/useful.

Helpful? Useful?

I didn't say it at the time because the entire appointment was so odd and impersonal almost. But WHAT?! Palliative Care? What are you talking about? He has never brought up palliative care before. (Although way back when, he had given us a brochure titled "Final Wishes.")

You see, we know about palliative care. We've attended multiple conferences organized by LUNGevity, "the largest national lung cancer-focused non-profit in the country" where palliative care doctors often have spoken. Palliative Care is not hospice care but it's a transitional level of care to be sure.

If I'm transitioning, I wish somebody would have told me, and not by asking about my familiarity with this type of care.

In a word, palliative care is a type of downsizing, as best as I can describe its subtleties; separate and apart from hospice care which is, if you don't know it, "the last train to Clarksville," if you get my euphemism (and hopefully someone is meeting you at the station)? But so far as I've been told, I'm not on the last train to Clarksville or any other final destination.

In fact, I rarely take the train. Not that being on or off the train matters when one comes to the end of the line.

Nevertheless, as I review in my mind what my oncologist said this past Monday, I have to wonder if he was feeding me a line, throwing me a line or just reciting a line that is required of oncologists in their regular communications with their cancer patients – a sort of caveat emptor for long-time cancer survivors who are inexplicably still alive (as evidence of such sentiment, my oncologist refers to me as his "third miracle").

But I didn't feel much like a miracle on Monday. I felt more like a dope. Like I was being told something I didn't realize, sort of an emperor has no clothes "something." It was a feeling I had never experienced before; during or after any of our appointments.

Previously, even at the initial Team Lourie meeting in late February 2009 when the hammer came down, I had – though having it in utter disbelief – a grasp of the obvious: "terminal cancer," with a "13-month-to-two-year" prognosis to boot. The particulars of which would be sorted out over the following weeks and months beginning with my first chemotherapy six days later.

And boy were they ever sorted. Ten years and almost six months later, I'm still sorting.

Was I just given an updated "terminal" diagnosis/prognosis or was my oncologist merely having an off day?

Obviously he knows that his words carry enormous weight and significance and create terrible burdens for his patients and their families. But he can't simply toss out the phrase palliative care like it has no impact. Its impact is huge.

It's akin to being hit by a speeding train, the likes of which would prevent one from getting anywhere near Clarksville, let alone being on the last train.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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