Alexandria Gazette Packet

Wellbeing Page 8

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T.C. Williams High School has a capacity of 3,000 students, although it now has more than 4,000 students.

One School, One City

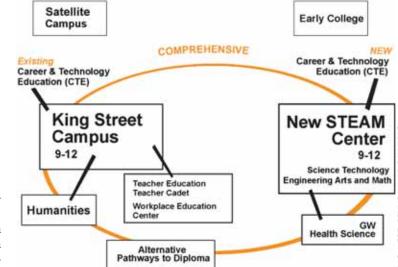
School Board abandons plan to build a second high school, avoids dividing students.

By Bridgette Adu-Wadier Gazette Packet

.C. Williams High School is facing a crush of 5,000 students, cramming so many students into an overcrowded facility that school officials were considering a plan to create a second high school.

School Board members rejected that idea in a six-to-three vote last week, approving a plan to expand the existing footprint at the nearby Minnie Howard campus and create what administrators call a "connected" high school.

"In the city of Alexandria, it will be a decision that we make that will allow our young people to continue to be engaged in multiple pathways here in ACPS," said Superintendent Gregory Hutchings. "It will allow us to acknowledge that regardless of your circumstances, regardless of your ZIP



Source: Alexandria City Public Schools

Developed in August, this programming model includes the King Street campus and a new STEAM center to focus on science, technology, engineering, arts and math. The STEAM center would draw out some science and technology courses from T.C. Williams to create a separate academic track for students, along with an expanded career and technical education program. Students who want to become teachers would take advantage of the Teacher Cadet program, which would expose them to more opportunities in education. A satellite campus and the Northern Virginia Community College early college program would be part of the connected high school.

code, regardless of the parents that you have or don't have."

The debate over the future of T.C. Williams has been red hot for more than a year, as school administrators heard from students who wanted two schools and parents

who wanted to Remember the Titans.

After a year of debate and discussion, two options were under consideration: One expanded the current high school with multiple See One School, Page 20

Plato Cacheris Famed defense lawyer dies at 90.

By Jeanne Theismann Gazette Packet

ohn Mitchell. Fawn Hall. Aldrich Ames. Robert Hanssen. From Watergate to President Bill Clinton's affair with White House intern Monica Lewinsky, Plato Cacheris' name was attached to some of the most prominent legal cases in the country. On Sept. 26, the Alexandria resident and one of the nation's foremost defense lawyers died of pneumonia. He was 90.

"Plato was a superb trial lawyer," said retired Alexandria Circuit Court Judge Alfred Swersky, a longtime friend of Cacheris. "He was awesome in court - as good as anybody I have ever seen."

Born May 22, 1929, in Pittsburgh, Cacheris was the middle son of Greek immigrants Chris

October 3, 2019

25 Cents

Renowned defense attorney Plato Cacheris died Sept. 26 at the age of 90.

John Cacheris and Phaedra Economou Cacheris. The family moved to Washington when Cacheris was in the seventh grade. His father ran a chain of waffle and hamburger shops where Cacheris and his brothers often worked.

See Plato, Page 7

All ACPS Schools Fully Accredited For First Time in 20 Years

n Monday morning the Virginia Department of Education announced that all ACPS schools met the state benchmark for the first time since the accreditation system first began in 1999. Jefferson-Houston PreK-8 IB School will be fully accredited for the first time since 2008. T.C. Williams High School, which has missed accreditation benchmarks in recent years, will also now be fully accredited.

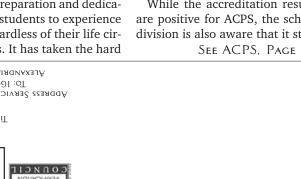
"This kind of success doesn't happen by chance, nor does it happen overnight. It happens through planning, preparation and dedication for all students to experience success regardless of their life circumstances. It has taken the hard

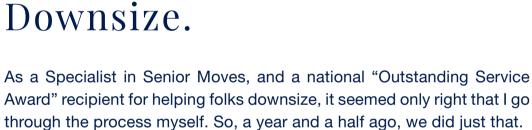
ALEXANDRIA, VA 22314 То: 1604 Кіис Αρρκέςς σεκνισε βεσμέστερ матевіаг. IIME-SENSITIVE :яатеамтео? иоітиэттА PERMIT #482 CONNCIL PAID PAID CIRCULATION **ОТ2 ТЯ2Я**

work and commitment of six superintendents and many staff over the course of 20 years to get ACPS to where it is today. We are delighted to see the progress of our work validated. This will benefit our entire Alexandria community," said Superintendent of Schools Dr. Gregory C. Hutchings, Jr.

The accreditation results are based on a new set of standards, new state accountability system introduced in 2018, which measures student growth over the course of a school year as well as overall achievement.

While the accreditation results are positive for ACPS, the school division is also aware that it still SEE ACPS, PAGE 20





Lessons from My Own

Some of the Big Lessons Learned:

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Council Notebook

Corporate Power

Alexandria and Arlington are often in competition with each other. Like antagonistic siblings, they fight for dominance. Now Amazon may have changed that, a least a bit.

During a rare joint session this week, members of the Alexandria City Council and the Arlington County Board came together to brainstorm about how they plan to handle soaring property values and the crush of new people. One potential solution now under discussion on both sides of Four Mile Run: a community development corporation.

"It's an independent organization, so it's not a government body," noted Arlington County Board Chairman **Christian Dorsey** during the joint meeting. "It can also set up financial institutions that support its efforts."

A memorandum from the two neighboring jurisdictions noted that a new community development corporation could be set up as a 501(c). Arlington and Alexandria could also work together to set up a community development finance institution that could complement the corporation. The memo points out a key goal would be to address "the concerns of the most vulnerable."

Sleepless Nights

How will Alexandria and Arlington change over the next 18 months? Arlington County Board member **Katie Cristol** says that's what keeps her up at night, the nagging concern that the Amazon Effect might displace longtime community members who can no longer afford monthly rent or annual property taxes as price listings skyrocket.

"We really lack the policy tools to prevent speculation and gouging," she said. "This is an area I don't think anybody is thinking about: How do we help our folks across jurisdictions in this incredibly urgent period?"

Cristol called for temporary measures and information sharing to help people threatened with displacement stay close to Arlington and Alexandria while policy efforts are ramping up. That effort would come at a time when Alexandria has already lost 88 percent of its affordable housing since 2000, according to city officials — a thorny issue before Amazon complicated the real-estate market.

"Most of the loss can be attributed to rents escalating out of the affordable range," explained Housing Director **Helen McIlvaine**.

Friendly Rivalry

Elected officials from Arlington and Alexandria love to one-up each other. They're always in search of a clever anecdote to illustrate superiority or a killer stat to demonstrate dominance.

Take, for example, the cultural significance of "Arlington: The Rap." That was the 2009 viral video that celebrated Arlington's bourgeois ways and brown flipflops. For a while it seemed like Arlington was on top, and then Alexandria stole the National Science Foundation.

Now Amazon has forced the truce of Four Mile Run. It's a detente of sorts, although some of that old-time tribal politics remains. Arlington County Manager **Mark Schwartz** made a point of noting the Arlington Fire Department's new chief is from Alexandria.

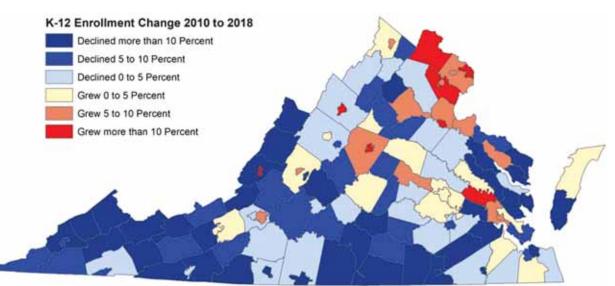
"Your old fire chief lives in Alexandria," Alexandria Mayor **Justin Wilson** responded.

"That's why he's the old fire chief," Schwartz shot back.

– Michael Lee Pope



News



SOURCE: WELDON COOPER CENTER FOR PUBLIC SERVICE

More Students, Few Dollars

Alexandria schools are bursting at the seams while trying to do more with less.

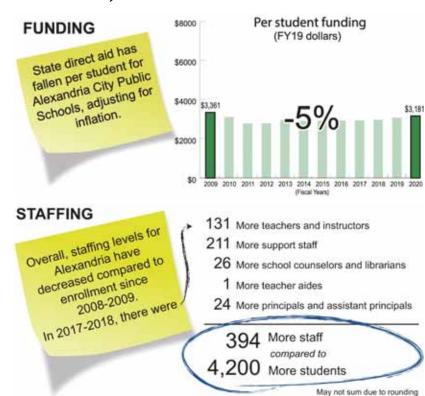
> By Michael Lee Pope GAZETTE PACKET

nrollment is up, and funding is down. That's the conclusion of a new report from the Commonwealth Institute for Fiscal Analysis, which looked at funding and staffing trends at every school division in Virginia. Alexandria and other Northern Virginia jurisdictions like Manassas Park and Loudoun County have seen a massive influx of students over the last decade. During that same period of time, per student funding has declined 5 percent at Alexandria City Public Schools.

"One of the challenges to schools that see this large growth of students is hiring a sufficient staff," said Chris Duncome, a senior policy analyst at the Commonwealth Institute. "Alexandria has hired 394 more staff positions, but that has not been enough to keep an overall staffing ration similar to enrollment."

Last week, members of the Alexandria School Board voted to handle the high school crush at T.C. Williams rather than open a second high school. The six-to-three vote was the culmination of a yearlong debate that was often heated and divisive as board members heard arguments about equity and cost. Ultimately, the majority of members seized on a model they call "one connected high school." Meanwhile per student funding has declined over the last decade.

"The concern I have is that it hasn't gotten back even to the pre-recession



Sources: Virginia Department of Education, U.S. Census Bureau

"The concern I have is that it hasn't gotten back even to the pre-recession levels. Who knows when the next recession will come. So we're in sort of a race."

- School Board Chairwoman Cindy Anderson

levels," said School Board Chairwoman Cindy Anderson. "Who knows when the next recession will come. So we're in sort of a race."

In several key areas, Alexandria is bucking trends across Virginia. City schools are expanding while most divisions in the commonwealth are losing students. Per student funding at city schools is down 5 percent. That's a decline, but it's not as bad as the statewide average of 8 percent per student. And then there's the state's share of the cost of education. While it's gone down in most divisions it's

increased in Alexandria from 15 percent to 17 percent.

"I think one of the better predictors at what's going to happen in Alexandria is when you look at their birth numbers," said Hamilton Lombard, research specialist at the Weldon Cooper Center for Public Service. "They were growing quite a bit, and then you saw this influx of students because of the surge in births. But births are lower now in Northern Virginia. They're started to decline, and they're now lower than they were in the mid-2000s."

Alexandria Gazette Packet 🔹 October 3-9, 2019 🔹 3

ARHA Celebrates 80 Years

By Jeanne Theismann Gazette Packet

ayor Justin Wilson joined city officials and commu-nity supporters Sept. 28 as the Alexandria Redevelopment and Housing Authority celebrated its 80th anniversary with a black-tie gala at the Torpedo Factory Arts Center.

ARHA manages the city's public housing units and provides affordable housing and economic opportunities for low and moderate-income residents.

"Our mission for the next five years is to become an industry leader in the development and management of model mixed income communities, while simultaneously increasing ARHA residents' self-sufficiency and quality of life," said CEO Keith Pettigrew.

"Our mission for the next five years is to become an industry leader in the development and management of model mixed income communities."

— ARHA CEO Keith Pettigrew

ARHA was established on June 27, 1939, by City Ordinance and Mayoral appointment of a five-member Board of Commissioners, in accordance with the Code of Virginia's enabling legislation.

The first low-rent housing units were occupied in 1941.

The Authority was established to administer and operate the Public Housing Program in accordance with state and federal statutes and regulations prescribed by the U.S. Depart-



ment of Housing and Urban Development (HUD).

The organization administers the tenantbased Section 8 (now Housing Choice Voucher Programs) in addition to the Moderate Rehabilitation Programs for projectbased subsidies in privately owned properties, operated and maintained by ARHA.

ARHA is governed by a nine-member Board of Commissioners which is appointed by the Alexandria City Council to staggered four-year terms.

According to the ARHA website, its 2012 - 2022 Strategic Plan is to increase the avail-



Mark Carlson with Lien and George 80th anniversary gala Sept. 28 at

sufficiency and quality of life.

ARHA board chair Daniel Bauman, government

affairs coordinator Rose Boyd and commissioner Salena Zellers at the 80th anniversary celebration of

ARHA Sept. 28 at the Torpedo Factory Arts Center.

ARHA CEO Keith Pettigrew, Michelle Chapman and Roy Priest pose for a photo after each offered

remarks in celebration of the 80th anniversary of

Erika Miller, Mayor Justin Wilson, Bill Euille,

The Plan is divided into five parts which address: (1) affordable housing challenges; (2) strategies for resident self-sufficiency; (3) community economic development approach; (4) ARHA's relationship with the community and the need to build partnerships, and (5) the need to assure ARHA's financial viability.

ARHA's Strategic Plan aligns with the City of Alexandria's Housing Master Plan and Strategic Plan, HUD's Plan and the applicable small area plans that have been adopted by the city, especially regarding the provision of low and moderate-income housing and economic benefits to residents. www.arha.us

ability of affordable housing by maintain-Calloway celebrate at the ARHA ing, upgrading and redeveloping its housing properties and increasing resident selfthe Torpedo Factory Arts Center. Just Neighbors Birthday Party Keeps the Light Shining

By Shirley Ruhe The Gazette

ady Liberty will raise her torch in Alexandria as a beacon of welcome for the Just Neighbors birthday party on Saturday, Oct. 12 from 6-9 p.m. It will be held at The Garden at 5380 Eisenhower Ave. in Alexandria in support of legal services for low-income immigrants and refugees.

The international theme of the evening ranges from silent auction travel packages as far away as Kenya to an international spread of appetizers as well as beer and 4 ♦ Alexandria Gazette Packet ♦ October 3-9, 2019

wine. Or if you'd like to stay closer to home, you could travel to Virginia Beach or celebrate with tickets to the Beaujolais and Beyond Celebration 2019.

While you browse the auction items and have just one more stuffed grape leaf, you can leave the little ones next door at Scramble where childcare will be provided for \$12.50 per child.

The evening will also honor Anne Ledyard, the first recipient of the Just Neighbors Torchbearer Award, for her commitment in keeping the light shining for immigrant and refugee neighbors. Ledyard is a longtime volunteer and former board member. Her 32 years career as a teacher, mostly in the Arlington Public School system brought her into contact with many undocumented students.

"I learned how these students' families, who had the least resources, had to pay fees for protracted legal services in an attempt to gain legal status.

Many of these students and their families were fleeing wars or other dangerous issues in their home country and were coming here to live in the safety that most of us take for granted. My connection with Just Neighbors came out of that personal background."

Genesis Lazo, Development Associate says they are hoping to raise \$10,000 to use for helping ten more families. "Every time we can help one more family, we are helping our entire community be successful."

Just Neighbors provides immigration legal services to low-income immigrants and refugees in Virginia, especially those who are the most vulnerable. It has provided services to thousands of low-income immigrants in Virginia for over 23 years. Over 50 percent of their clients are from Fairfax with others from Alexandria City, Arlington, Falls Church City, Loudoun, Manassas City and Prince William.



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PEOPLE

Hometown Hero Taylor presented with Vietnam commemorative pin.

By Jeanne Theismann Gazette Packet

ack Taylor was in his office expect ing his lunch delivery. Instead, he got a surprise visit on Sept. 17 from Kevin Rue of the Friends of Rocky Versace Vietnam Veterans organization, who presented Taylor with a Department of Defense 50-year Commemoration of the Vietnam War Veteran lapel pin.

"I wasn't expecting this," said Taylor, who served in the Vietnam War from 1970-1971. "But I am proud of my service. I didn't want to be the last casualty of the war but when Congress said to go, I went."

Taylor served in the Army's Military Police in Saigon and made sergeant in less than 12 months. He earned a Bronze Star for Meritorious Service in his 19 months in the military.

"The draft was actually a good thing for me," said Taylor, who attend high school at Fork Union Military Academy. "I was not a particularly good stu-

dent. The Academy voted me most likely not to succeed."

Taylor went on to earn a B.A. in history from Campbell University before being drafted.

"I was pretty lucky,"

said Taylor, whose office walls include photos from his time in Vietnam. "I spent most



Jack Taylor, left, is presented with the Department of Defense 50-year Commemoration of the Vietnam War certificate by Kevin Rue of the Friends of Rocky Versace organization Sept. 17 at Jack Taylor's Alexandria Toyota dealership. Taylor is a Vietnam veteran and served in the Army's Military Police in Saigon in 1971.

of my time in Saigon."

"When Congress

said to go, I went."

during the Vietnam War

Rue arranged the presentation as part of an effort to see that every Alexandria Viet-

nam veteran receives the Department of Defense 50th Commemoration lapel pin and certificate.

"Mr. Taylor has been a - Jack Taylor of his service huge supporter of the Rocky Versace Plaza and Vietnam Veterans Memo-

rial in Del Ray," Rue said. "It was an honor to thank him personally for his service and present him with his pin."



Vietnam veteran Jack Taylor in Saigon in 1971.

The presentation took place at Taylor's Alexandria Toyota dealership on Richmond Highway with son John Taylor and employee Brendan O'Toole in attendance. O'Toole is a Marine veteran who ran 3,600 miles across the country in 2012 to raise support and awareness for veterans' issues.

After leaving the military. Taylor started his Toyota dealership in 1973, at the time on Mount Vernon Avenue.

"I started with 7,500 square feet and now have 80,000 square feet," said Taylor, who has generously shared his success in helping raise millions for the Scholarship Fund of Alexandria and the Michael J. Fox foundation for Parkinson's disease. Taylor was diagnosed with the disease in recent years.

"I was young enough when I started that I felt I could always do something else," Taylor said. "But I had heroes like Roger Machanic, who showed me how to give to the community and I was determined not to give up."

To this day, Taylor stays in contact with many of his fellow Vietnam veterans, saying, "The thing many people do not understand about the armed services is that you develop friendships you never lose."



Nicole Jacques, left, holds Theo, while Jamie Tannura and Luke Thomas cradle Cypress at the Barks and Brews fundraiser for the Alexandria Police Foundation Sept. 12 at The Alexandrian Hotel.



Paula and Ray Maestas with Leo at the Barks and Brews fundraiser for the Alexandria Police Foundation Sept. 12 at The Alexandrian Hotel.

Going to the Dogs Barks, Brews & Bites raises funds for police K9s.

he courtyard of The Alexandrian the Alexandria Police Foundation. Hotel played host to dozens of furry friends and their owners at the second Barks, Brews & Bites K9 fundraiser for treats for the four-legged attendees from the 6 ♦ Alexandria Gazette Packet ♦ October 3-9, 2019

Held Sept 12, the event featured brews from Port City Brewing along with special



Rev. Robert Malm Retires

Mayor Justin Wilson presents a proclamation from the City of Alexandria celebrating the retirement of the Rev Robert Malm after 30 years as Rector of Grace Episcopal Church. Others in attendance are Anne Caputo, the Junior Warden of the parish; Chris Kupczk, the Senior Warden, and The Right Rev Peter James Lee, Retired Bishop of Virginia in a ceremony on Sept. 29.

hotel's Jackson 20 Restaurant.

Sponsored by the Alexandria Police Foundation, Port City Brewing and Jackson 20 Restaurant, the event raised funds to support the retired K9s of the Alexandria Police Department.

The next K9 fundraiser for the founda-

tion will take place Oct. 24 at the Garden in Del Ray. With a Halloween theme, it will be the first K9 happy hour event in the Del Ray community.

www.alexandriapolicefoundation.org

— Jeanne Theismann www.ConnectionNewspapers.com

OBITUARY

Plato Cacheris

Cacheris graduated from the former Western High School, now the Duke Ellington School for the Performing Arts, in 1947, and from Georgetown University's School of Foreign Service in 1951. He served as an officer in the U.S. Marine Corps from 1951 to 1953 and used the G.I. Bill to attend Georgetown Law School, where he graduated in 1956.

In 1955, he married Ethel Dominick and together they raised two children — a daughter Lisa and son Byron.

Cacheris began his legal career at the U.S. Department of Justice as a prosecutor before moving to the U.S. Attorney's Office for the Eastern District of Virginia.

"Plato was one of the first people I met when I came to Alexandria," said Swersky. "He and his wife Ethel invited me to dinner back in 1969 or 1970 and we remained friends ever since."

Cacheris entered private practice as a criminal defense attorney and went on to represent some of the most high-profile clients of his era, including Attorney General John Mitchell during Watergate, Representative Michael Myers during Abscam, Fawn Hall during Iran-contra, Monica Lewinsky during the Clinton affair, and Aldrich Ames and Robert Hanssen in espionage cases. Most recently he represented National Security Agency contractor Edward Snowden.

The New York Times reported on his death saying: "Plato Cacheris, the Washington lawyer of choice for accused spies, wayward sheikhs and notorious figures in scandals, from the Watergate affair to the sexual peccadilloes of President Bill Clinton, died on Thursday at a rehabilitation center in Alexandria, Va. He was 90."

YET DESPITE his newsworthy clients, Cacheris was unpretentious and shunned the spotlight for himself

"One of the great things about Plato was that he never let any of this go to his head," Swersky said. "He had no ego whatsoever. He was a fun person - one of the funniest human beings on the planet."

Swersky was one of a handful f lawyers who would meet regu larly at the Cacheris residence to play tennis, a favorite pastime of Cacheris.

"We had a rotating group," Swersky recalled. "Plato, his

See Plato, Page 9 www.ConnectionNewspapers.com





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Wellbeing



During Breast Cancer Awareness Month, survivors like Florence Murrian and mental health professionals share insight on offering support.



Breast cancer survivors Florence Murrian gets together with friends to volunteer for a supplies drive.

Supporting Friends and Loved **Ones with Breast Cancer**

" Everyone's

situation and

- Joanne Bagshaw,

Psychology at Mont-

PhD, Professor of

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By Marilyn Campbell The Connection

hen Florence Murrian was diagnosed with stage two breast cancer last December, the treatment recommended by her oncologist was a lumpectomy and radiation. In an attempt to

help, Murrian's sister urged her to seek multiple medical opinions and insisted she ask for a more aggressive treatment. Murrian, 54, felt overwhelmed by the barrage of advice.

"It was the friends who just listened to me as I sometimes rambled on and on that gave me comfort," she said. "There were times when I didn't want to talk about it or cry about it. I needed to feel normal and sometimes was in denial. What I didn't want is someone asking me why I wasn't acting a certain way."

When a close friend of loved one is diagnosed with breast cancer, the reaction can range from aggressive advice giving as in Murrian's case to excessive questioning to learning every detail.

During October, Breast Cancer Awareness Month, about her overall wellbeing can be more comforting insight on offering support.

Sometimes I had conversations with friends that made me feel worse that I already felt," said Murrian who lives in Arlington. "I was so overwhelmed that I didn't want advice and I didn't want to have to cheer up my friends."

Conversations designed to convey concern can go awry. "I recommend avoiding invalidating comments

like, 'Everything happens for a reason.' or forecasting comments such as 'Everything will be fine," said Joanne Bagshaw, PhD, Professor of Psychology at Montgomery College.

Though it is natural to be concerned and want specific details about a loved one's condition, sometimes the best words are no words at all, says Professor of Psychology at George Mason University. "There may be times to mostly listen and other times to joke around," said Short. "Plan to continue enjoyable activities together, but confirm whether your loved one wants to get together."

Avoid non-specific offers to help, says Short. "I recommend taking the perspective of your friend and loved one and imagining what she might like to hear," he said. "You should express empathy and support ... prepare small meals or snacks to share. Offer to

help with household tasks, errands, or caring for family members or pets."

For those who are unsure, considering your loved the best source of information about her needs is more effective than making assumptions, suggests Bagshaw. "I do recommend asking how you can be of support," said she said. "One can simply say, Just let me know how I can help."

"It is good to be encouraging, but realistic," added Short. "Follow cues from your friend or loved one on how to interact."

Listening, validating and inquiring

some survivors and mental health professionals share than offering opinions or sharing stories about other women who've been diagnosed with breast cancer. "Everyone's situation and diagnosis is different," said Bagshaw.

"Avoid advice and assumptions unless you are asked for your opinion," added Short. "Some examples [of things] to say are, 'I am sorry that this happened to you. I want you to know that I care about you. How are you doing? I want to help""

♦ Alexandria Gazette Packet ♦ October 3-9, 2019

Visit Site :

Obituary Plato Cacheris

From Page 7

brother Jim, Albert Bryan Jr., Wiley Wright, Jake Stein. We jokingly called it the John Mitchell Memorial Court since Plato said his fees from representing Mitchell paid for the court. We did a lot of trash talking and had a great time. I don't believe Plato was ever trained in tennis but he got pretty good."

In addition to tennis, Cacheris loved traveling, reading, watching NFL games and spending time with his family at a second home in Bethany Beach.

Cacheris is survived by his wife of 64 years, Ethel D. Cacheris; daughter, Lisa Cacheris Burnett (Tracy); son, Byron; brother and federal judge James Cacheris (Sally); granddaughter, Nora Burnett; sister-in-law, Helen Cacheris, and a host of nieces and nephews. His older brother, John Cacheris, predeceased him.

Reflecting on his career in an interview with The Washington Lawyer several years ago, Cacheris said he had no regrets.

"I'm glad I became a lawyer," Cacheris said. "I've been lucky. As I look back on my career, I can't think of anything that I would have done differently. I'll retire when the phone stops ringing. As long as clients keep calling, I'll keep going."

Bulletin Board

Submit civic/community announcements at ConnectionNewspapers.com/ Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SAFETY

Free Medication and Firearm Locking Devices. The City of Alexandria is offering free locking medication boxes and firearm trigger or cable locks as part of Lock and Talk Northern Virginia. Alexandria residents and employees may call 703-746-3436 to obtain these free life-saving devices. Suicide can be prevented. Anyone at risk of suicide, or who knows someone at risk. should get help right away. Call PRS CrisisLink at 703-527-4077, text "CONNECT" to 85511 or call City of Alexandria Emergency Services at 703-746-3401. For life-threatening situations, call 911 immediately.

SATURDAY/OCT. 5

- Freedom Day USA. 8 a.m.-4 p.m. at the offices of Dr. Kathleen Mullaney DDS, 700 N. Fairfax Street, Suite 230. Free dental care for Veterans, one day only. Veterans in need may receive a free dental service to include, cleanings, exams, fillings or extraction. Pre-registration is required at 703-548-8584.
- **Community Health Meeting.** 9 a.m. to noon. At Minnie Howard Campus of T. C. Williams High School, 3801 W. Braddock Road, Alexandria. Who knows your health better than you? Let your voice be heard to create Alexandria's five-year Community Health Improvement Plan. Visit alexhealth.com for more information or call

703-746-4933. Visit the website: www.alexandriava.gov/health

Solar Open House. 2-4 p.m at 1310 N. Chambliss St. See solar up close, ask questions about how solar works, and learn why homeowners in your community have made the choice to go solar. Free and open to the public, all are welcome. Email x391deltacharlie@gmail.com.

MONDAY/OCT. 7

- **Board of Zoning Appeals.** 7 p.m. in the City Hall Council Chambers, 301 King St. The City of Alexandria's Board of Zoning Appeals will hold its regular public hearing. The
- www.ConnectionNewspapers.com

preliminary docket for this hearing can be viewed at legistar.granicus.com/alexandria/ meetings/2019/10/ 1972 A_Board_of_Zoning_Appeals_19-10-07_Docket.pdf. Contact the Department of Planning & Zoning at 703-746-4666.

See Bulletin, Page 21

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SHORT-TERM RESPITE



OPINION

RunningBrooke to Celebrate 10 Years of Success

By Brooke Sydnor Curran Founder RunningBrooke

t's hard to believe, but RunningBrooke turns 10 years old this fall. A decade ago, RunningBrooke was little more than an idea, thought up on a run, and now we're a dedicated team bringing movement to the daily lives of thousands of kids, schools and neighborhoods across Alexandria.

But we're not the only thing that has changed in 10 years. Back then, the science was murkier, but that didn't stop the families, teachers and administrators of Alexandria City Public Schools and the RunningBrooke volunteers, partners and donors from embracing the notion that physical movement sparks learning.

These days, the science is crystal clear, as author of the groundbreaking book Spark, The Revolutionary New Science of Exercise and the Brain, Dr. John detailed Ratey, at the RunningBrooke Move2Learn Summit in January: exercise literally wakes up our brain and prepares it to learn.

And so, as we prepare to mark this 10th anniversary, we wanted to take a moment to say thank you to this remarkable community of believers who work to spark happy, healthy, learning-ready kids every single day. Here are 10 reasons to be truly proud of your work:

1. Students in ACPS are begging to read. Thanks to the Pedals and Pages program dreamt up by Alexandria teacher April Rodgers and originally funded by RunningBrooke, students are clamoring for brain boosts between classes and during the school day where they can pedal a stationary bike while reading a book. The pilot was such a hit at the new Ferdinand T. Day Elementary School that ACPS will expand



Brooke Curran, center holding scissors, is joined by elected officials and local children at the official opening of the Four Mile Run playground Sept. 14 in Arlandria. Curran's RunningBrook nonprofit worked with the city and local donors to build the community playground.

it to every elementary school in the district in a nation-leading effort.

2. Teachers are empowered to support their students. Each year, RunningBrooke offers grants for classroom supplies and programs that teachers want to implement. The results are programs both big-hallways for sensory exploration and the aforementioned stationary bikes-and small-cup stacking and alternative seatingthat help kids truly learn.

3. Mathletes are the new cool kids on campus. Math mastery is vital to the future success of our children and our economy. By combining movement and math, our session designed for 3rd, 4th, and 5th graders breaks down complex concepts and builds brain function, working memory, focus and social skills.

4. We're always learning-and sharing what we know. Jan Olmstead, our Move2Learn Program Director, leads professional development sessions with ACPS teachers and administrators to support them as they marry movement with their existing lesson plans.

5. Learning doesn't start or stop with a school bell, so we fund innovative programs that incorporate physical activity before, during and after school to help kids thrive throughout the school day. Over 10 years, we've worked with more than 40 local nonprofit partners, including Local Motion Project, Girls on the Run and PK Move.

6. Access to physical activity at home matters too, and children are far more likely to visit playgrounds near their home. For that reason, RunningBrooke has built three new playgrounds and renovated two others in underserved sections of Alexandria, giving local families a safe and fun place to get outside, have fun and move a lot more.

7. We're part of the national conversation. Looking for high-level changes, we've invited thoughtleaders on how we think about physical activity right here to Alexandria. We've already mentioned Dr. John Ratey but other summit speakers include Mike Kuczala, author of The Kinesthetic Classroom, Teaching and Learning through Movement, and Charlene Burgeson, Executive Director of Active Schools.

8. Parents set the standard. Be on the lookout in your kids' backpacks for take-home reading, Tic Tac Toe movement activities, or join us at your PTA meeting to learn even more movement tools for home.

9. The evidence is behind us, but it's also right in front of our eyes. Yes, national thought-leaders are speaking out on this issue. But grassroots changes are happening in the classroom. With

See RunningBrooke, Page 11

LETTERS TO THE EDITOR

High Interest, Suggestions

I have 3 things I want to say ers" which reports a total of is legal in Virginia for a Car Title loan consumer 264% interest. That should be criminal not legal. We can blame the General Assembly for that one and should hold them accountable to change it.

The second is the article's summary inset, "a look at the top giv-10 & Alexandria Gazette Packet & October 3-9, 2019

about the 9/26-10/02 Alexandria \$769,000.00 was provided to both Gazette News article, "High Inter- Democratic and Republican poliest, Big Money." The first is that it ticians and groups but only one politician, Dick Saslaw, the Senate Loan Company to charge a car title Democratic leader from Alexandria, was named. He received \$25000. Naming only one recipient is poor reporting in my opinion and the Alexandria Gazette should apologize. My third comment is actually a suggestion. The suggestion is that Senator Saslaw

return the \$2500.00 and press the Senate to support corrective lender legislation.

Kevin Bergen Alexandria

Ed. note: Quoting from the article cited above; "But its two largest donations this campaign cycle went to Democrats: \$30,000 to the Virginia Senate Democratic Caucus and \$25,000 to Senate Democratic Leader Dick Saslaw, who

represents Alexandria in the state Senate. One of the top recipients is Del. Tim Hugo (R-40), who took in more than \$50,000 from the industry this campaign cycle. Another Northern Virginia lawmaker who routinely takes money from car-title lenders is Del. Kaye Kory (D-38), who received \$500 from LoanMax a few days before the General Assembly session began this year."

See Letters, Page II

Alexandria Gazette Packet

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NEWS DEPARTMENT: gazette@connectionnewspap

Jean Card Production Editor jcard@connectionnewspapers.com

Dan Brendel Reporter, 757-472-3435 dbrendel@connectionnewspapers.com

Jeanne Theismann jtheismann@connectionnewspapers.com @TheismannMedia

Janet Barnett, John Bordner, Mark Mogle Contributing Photographers gazette@connectionnewspapers.com

Shirley Ruhe Contributing Photographer and Writer gazette@connectionnewspapers.com

Eden Brown Contributing Writer gazette@connectionnewspapers.com

ADVERTISING:

For advertising information sales@connectionnewspapers.com

Debbie Funk Disply Advertising/National Sales 703-778-9444 debfunk@connectionnewspapers.com

Julie Ferrill Display Advertising, 703-927-1364 jferrill@connectionnewspapers.com

Tara Lloyd Display Advertising, 703-740-7128 tlloyd@connectionnewspapers.com

David Griffin Marketing Assistant 703-778-9431 dgriffin@connectionnewspapers.com

Classified & Employment Advertising 703-778-9431

Publisher Jerry Vernon 703-549-0004 jvernon@connectionnews

Editor & Publisher Mary Kimm mkimm@connectionnewspapers.com @MaryKimm

Art/Design: Laurence Foong, John Heinly, Ali Khaligh Production Manager: Geovani Flores

Editor Emeritus: Mary Anne Weber

CIRCULATION Circulation Manager: Ann Oliver circulation@connectionnewspapers.com

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OPINION

RunningBrooke to Celebrate 10 Years

From Page 10

RunningBrooke's Move2Learn Movement Challenges, schools and teachers compete to get their students moving most. Ninety-seven percent of teachers who participated said daily brain boosts had a positive effect on classroom efficiency and structure.

10. It's working. As one teacher shared with us, "Thank you for the toolkits and trainings! The positive comments from teachers AND students were incredible. I'm absolutely convinced it is tied to our awesome SOL results this year!"

When you're doing work like this, it's easy to fo-

Letters to the Editor

Dr. West's **Amazing History**

To the editor:

I just want to let you know that the article in the recent Alexandria Gazette about Dr. West was most interesting.

I am a native Alexandrian who knew of Dr. West as a young child, but I had no idea of his amazing history.

Char McCargo Bar did an excellent job of revealing this interesting and successful African American's life! I was completely captured by every bit of the article! Thank you so much for present-

0% dowr

othing until the job is complete for the

past 17 years

ing this information to your read-

cus on how much more work there is to be done. And of course, we have big plans for the future—it's a marathon after all, and we aren't even halfway to the finish line.

But today, right now, let's look back at how far we've come. Take off those running shoes, put on your dancing shoes and join your fellow Alexandrians on Oct. 19 for a night under the stars with dinner, live music and "runner's high" libations to toast 10 years of brain-boosting movement for the children of Alexandria.

For more information, visit runningbrooke.org.

ers. **Elizabeth Brooks-Evans** Alexandria

Voice of Reason: John Taylor Chapman

To the Editor:

Regarding the recent Alexandria City Council vote on the Seminary Road "diet" proposal, I would like to call out Councilman John Taylor Chapman as the voice of reason on the topic at the September 14 Council meeting. He raised

many issues relevant to the decision that had not been fully addressed, chief among them Seminary Road's role as one of only a few east-west arterial streets in the city and the siphoning-off effect that can be expected of Seminary Road traffic onto other alreadycongested arterials such as Duke Street, noting that insufficient data was available to assess that effect. I have not seen his comments covered in news reports, so through this letter I wish to bring them to the public's attention and to thank Councilman Chapman for his efforts on behalf of the City of Alexandria. **Amy Stearns**

Alexandria



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Kids at Play MVCS celebrates new Play Garden.

By Jeanne Theismann Gazette Packet

Vernon Community School had reason to celebrate Sept. 6 as they were joined by parents and school officials for the opening ceremony of the new Mount Vernon

Community School Play Garden.

With Alexandria City Public Schools Superintendent Dr. Grehe students at Mount gory Hutchings Jr. and MVCS principal Lisa Burrell-Aldana looking on, students gathered to cut the ribbon to officially open the Play Garden on Commonwealth Avenue. "This has been almost a 10year project," said McEnearney As-

sociates Realtor Jen Walker, who donated to the project and helped raised funds for the Play Garden.

"It's exciting to finally see it open." The garden was created through a collaboration between ACPS, the Mount Vernon Parent Teacher Association and the Mount Vernon Playground Committee. Cheryl Corson Design LLC was the land-



Public Meetings 2019 Fall Transportation Meetings

You are invited to participate in public meetings held by the Commonwealth Transportation Board. The meetings will begin with a brief open house followed by a public comment period. At the open house you can learn about various transportation initiatives, including:

- Adjustments to Virginia's project prioritization process (SMART SCALE)
- Virginia's Statewide Transportation Improvement Program
- VTrans Draft Mid-term Transportation Needs (Virginia's Statewide Transportation Plan)
- Adjustments to the Highway Safety Improvement Program.

Representatives of the Office of Intermodal Planning and Investment (OIPI) and Departments of Transportation and Rail and Public Transportation will be in attendance to highlight their transportation programs and discuss your ideas and concerns about Virginia's transportation network. The open house will be followed by a public comment period, during which you may provide comments about the various initiatives. Comments will be accepted at the meeting and may also be submitted via email or online at www.CTB.Virginia.gov.

Meeting Dates and Locations Open House begins at 4 p.m. in each of the locations unless otherwise noted.

Tuesday, October 15, 2019* Richmond District Richmond Marriott Short Pump 4240 Dominion Boulevard Glen Allen, VA 23060 *This meeting will also provide opportunity for comment on the I-95 Corridor Study Plan	Tuesday, October 22, 2019** Northern Virginia District Northern Virginia District Office Potomac Conference Room 4975 Alliance Drive Fairfax, VA 22030 **meeting begins at 6 p.m.	Monday, October 28, 2019*** Staunton District Doubletree Hotel Harrisonburg 1400 E. Market Street Harrisonburg, VA 22801 ****meeting begins at 3 p.m.
Wednesday, October 30, 2019 Salem District Holiday Inn Valley View 3315 Ordway Drive Roanoke, VA 24017	Monday, November 4, 2019 Lynchburg District Lynchburg District Complex Ramey Memorial Auditorium 4303 Campbell Avenue Lynchburg, VA 24501	Wednesday, November 6, 2019 Hampton Roads District Hampton Roads District Office 7511 Burbage Drive Suffolk, VA 23435
Thursday, November 7, 2019 Bristol District Southwest Virginia Higher Education Center One Partnership Circle Abingdon, VA 24210	Tuesday, November 12, 2019** Fredericksburg District James Monroe High School 2300 Washington Avenue Fredericksburg, VA 22401 **meeting begins at 6 p.m.	Wednesday, November 13, 2019 Culpeper District VDOT Culpeper District Office 1601 Orange Road Culpeper, VA 22701

Fall meeting materials will be available at http://www.ctb.virginia.gov/planning/fallmeetings/ beginning October 15, 2019.

You may submit comments on any transportation projects and initiatives to OIPI Deputy Director Ronique Day, 1221 E. Broad St., Richmond, VA 23219 or PublicComments@OIPI.Virginia.gov. Comments will be accepted until November 30, 2019.

The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of, its services on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).

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scape architect for the garden with ciates Civil Engineers contributing Pedram Hatami of PIVOT Con- to the construction of the new play struction and RC Fields and Asso-

area.



Mount Vernon Community School students, PTA members and ACPS officials celebrated the opening of the Mount Vernon Play Garden with a ribbon cutting ceremony Sept. 6.



Standing in front of the vine tunnel following the Sept. 6 dedication of the new Play Garden at Mount Vernon Community School are Susan Klein, left, with her children Flory, Sylvie and Ollie, and Andrea De Freitag-Kick with her daughter Anaiis Groehn.



Principal Lisa Burrell-Aldana, second from right, at the Sept. 6 opening ceremony of the new Play Garden at Mount Vernon Community School with project co-chair Susan Fitter-Harris, left, and community supporters Jen Walker and Patty Moran.



Alexandria Titans Youth Football Commissioner Jeremie Greer, left, accepts an award for his service to the community from Departmental Progressive Club president Merrick Malone and William Chesley, former Deputy Director for the Department of Parks, Recreation and Cultural Activities, Sept. 27 at the DPC's annual open house program.



Sheriff's Department Lt. Sean Casey, Acting Fire Chief Corey Smedley, City Councilman Mo Seifeldin and McArthur Myers at the Sept. 27 Departmental Progressive Club's annual open house.



Former City Councilman Willie Bailey chats with Jim Henson at the Sept. 27 Departmental Progressive Club's annual open house.

DPC Honors Community Service

Organization celebrates 92 years.

By Jeanne Theismann Gazette Packet

he Departmental Progressive Club honored three individuals for their service to the community at the organization's an-

nual open house and 92nd anniversary celebration Sept. 27 at the DPC facility on Gibbon Street.

Recognized by Departmental Progressive Club president Merrick Malone were Alexandria Titans Youth Football Program commissioner Jeremie Greer, Alexandria Youth "We are standing on the shoulders of some serious pioneers."

DPC president Merrick Malone

Sports Advisory Board chair Jim Gibson and DPC member Clifton E. Wright. "We are standing on the shoulders of some serious pioneers," said DPC president Merrick Malone in opening the program. "The founders of the DPC are people who marched, people who fought and people who died. It has been a journey and the road has not always been easy."

Greer accepted his award and noted what

he sees as the success of the Titans Youth Football program.

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See DPC Honors, Page 20

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BRohrbach@McEnearney.com Alexandria Gazette Packet & October 3-9, 2019 & 13

Congratulations Ricky Garcia and all of the 2019 Athletic **Hall of Fame Inductees T.C. Williams High School**



Penn State All-American



Staff photo by William M. McDowell Ricky Garcia of T.C. Williams will be looking to lower his own Flipping Field House record of 2:17.2 in the 1,000-yard run during the two-day Northern Region meet which opens tonight at Episcopal High School.



Ricky Garcia and Coach Boone



Julius Campbell T.C. Williams High School, Class of 1973, Football

Walter Densmore

Tanya Galloway-White

Ricky Garcia T.C. Williams High School, Class of 1979, Track and Field

George Washington High School, Class of 1957, Basketball

Frank Holloway T.C. Williams High School, Class of 1977, Basketball

Samella Koroma T.C. Williams High School, Class of 2007 Track and Field

Arnold Thurmond T.C. Williams High School, Class of 1988, Track and Field Parker-Gray High School, Basketball Coach

> **Glenn Williams** T.C. Williams High School, Class of 1984 Basketball/Football

Cavanaugh Hagen T.C. Williams High School, Class of 2001, Basketball

Dennis & Dr. Jenny and the Garcia Family & Friends

Waterfront Construction Casts a Long Shadow Over Sightseeing

Size of project surprises some.

By Mike Salmon Gazette Packet

nvone living on Union Street in Old Town 10 years ago might not recognize it now. There are a couple of high price tag projects that scream "new," although this is Old Town, and new seems to clash with this historic city.

The new buildings abut up to the street, are constructed of new brick fronts, are latched on to the waterfront living scenario, and have price tags of over \$1 million. The prices seem to be in line with other Old Town properties, but many of the existing houses have some sort of historic value instead of "Distinctive Waterfront Living," as they describe. At the structure called "Robinson Landing," anything over \$5 million is already sold, but there are townhouses under construction that range from \$1.8 million to \$2.4 million, and condominiums from \$1.2 million to \$5 million.

During the week, the street is crowded with construction vehicles, and there are several places where the sidewalk is temporarily blocked or under a protective awning because of the construction. Hardly the setting for tourists taking selfies.

Charles Haynes has lived in Old Town for 21 years and likes the thought of the better looking properties replacing the warehouses that used to be there, but admitted "it looks pretty imposing," he said. He knows there were some voices against the idea a few years ago, but now it's better than what was there in the past. "I think it's fine," he said, "looks big but not overwhelming," he said.

Suzanne Runyon was away for a while, and returned to find the look on Union "a bit unexpected," she said. She lived in Old Town for 31 years, but is now headed to Portland, Maine, which is now like Old Town was 25 years ago, she said.

When the whole plan for the waterfront was being discussed over the last 10 years or so, the City of Alexandria went through public meetings and hearings that allowed



Watch out below.

Upcoming Meetings:

Ad Hoc Monitoring Group Meeting: - Oct. 7, 5 p.m. at City Hall

Waterfront Commission Meeting - Oct. 15, 7:30 a.m. at City Hall Sister Cities Conference Room

for all sides to weigh in. According to the Department of Planning and Zoning, this area on South Union Street is located within the boundaries of the Old and Historic Alexandria District and any exterior alterations, demolition, or new construction is subject to review and approval by the Board of Architectural Review (BAR) to ensure that a project is compatible with the historic character and architecturally appropriate. The BAR has reviewed and approved all of the projects currently under construction on South Union Street and in the Waterfront Plan area, the City said.

Since 2014, the City has had an Ad Hoc Monitoring Work Group that meets monthly to monitor the construction impacts and for walkers. destrians during construction," they said.

A dark blue walkway under Watermark leads the way

progress of the development projects in the Waterfront Plan area. This group ensures that any issues arise that affect residents and visitors is addressed and resolved quickly. The Ad Hoc Monitoring Group on Waterfront Construction consists of local civic groups, homeowners' associations, the Chamber of Commerce and members at large.

With the sidewalks closed in a few spots, the walkers in Old Town have had to navigate the streets, and the city Department of Code Administration has been involved.

"Sidewalk closures are 'permitted' by Transportation & Environmental Services and are evaluated on a case-by-case review. Appropriate signage is required at sidewalk locations that have been closed under permit, with appropriate signage alerting pedestrians to the closure and identify alternative paths. On sidewalks that front construction projects where no 'permit' has been issued for closure, overhead protections are required by the Department of Code Administration for the safety of pe-

Next year, in the summer of 2020, the Watermark Condominiums are expected to be completed followed by Robinson Land-

ing that fall. The third project is a remodel of 115 S. Union St. that called for the removal of the old 1980s storefront and stairs that will offer street-level entrance into a multi-use building, with completion expected in the summer of 2020, the City of Alexandria said.

While Haynes was happy the warehouses are gone, he wants to see some affordable housing in the city as well, but these sevenfigure price tags are no where near affordable, he admitted. Seeing all the activity has had a bright side though. "Good to have people employed," he said. Haynes does like the work the City of Alexandria has done on several parks on the waterfront too, close to the construction.

That includes Waterfront Park at the foot of King Street, Windmill Park on South Union Street and Point Lumley Park next to Robinson Landing.

Concessions at Washington Sailing Marina and Columbia Island Marina

he National Park Service (NPS) is offering a 10-year concessions op portunity for Columbia Island Marina and Washington Sailing Marina on the Potomac River. NPS says they are "looking for a passionate and innovative operator who's committed to providing outstanding visitor services, to improving marina facilities, to upgrading food and beverage services and to preserving water quality near the marinas.

The NPS seeks business proposals detailing how offerors would provide marina services, boat rentals, sailing instruction, fuel services, food and beverage services, retail and onsite special event services. Additional services to be offered at the marinas may www.ConnectionNewspapers.com

include boat and equipment rentals, other recreational services, such as bike rentals, and alternative food services, such as food trucks

Columbia Sailing Marina features 383 slips ranging from 20 to 50 feet.

Washington Sailing Marina features 190 wet slips, 353 dry storage spaces and 115 rack storage spaces.

Both marinas have waiting lists for certain sized slips.

Guest Services, Inc. currently provides services at Columbia Island Marina and Washington Sailing Marina.

Site visit: A site visit with an overview of the operations and a tour of the marina facilities for prospective offerors is scheduled

for Oct. 2, 2019. All parties interested in attending the site visit must email National Capital Area Chief of Commercial Services, Chad Tinney no later than 12 p.m. EDT, Oct. 1, 2019. All emails must include your name, email address, phone number and the name of the organization or interested party being represented.

Prospectus and amendments

To develop your proposal, download the prospectus from the NPS concessions website. To receive updates and amendments on the prospectus, please provide contact information to NCR Chief of Commercial Services, Chad Tinney. Updates will also be posted to the NPS concessions

website, listed above.

Submitting proposals

Proposals must be received by the NPS no later than 4 p.m. EST on Dec. 30, 2019. If you plan to submit a proposal, a notification of intent to proposed is due no later than 4 p.m. on Dec. 2, 2019.

Please submit proposals to:

National Park Service - National Capital Region

Office of Commercial Services Attn: Chad Tinney 1100 Ohio Drive S.W. Washington, D.C. 20242

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ENTERTAINMENT

In the Kitchen with Chef Abiy Bisrat at Enat

By Shirley Ruhe

t is mid afternoon on Friday and several men play pool in the corner while a couple of others drink a beer at a nearby table. Ethiopian music reverberates through the dining room. In the kitchen vegetable samosas sit in the deep fryer while a large pot of ground beef has been cooking since 10 a.m. and keie, mild lamb stew, simmers on the front burner.

Abiy Bisrat, chef and owner of Enat Ethiopian restaurant with his wife, is preparing an order of kitfo to order.

"This is the most popular dish here and my favorite. It is a European steak tartar." Bisrat pulls out 11 ounces of ground top round and puts it into a pan to heat a little.

He hand mixes the ground meat with 1 ounce of clarified but-IN THE KITCHEN

ter with herbs and 1 heaping tsp. of mitmita (a spicy chili

powder.) Bisrat says the meat has no fat, no gristle. It is combined with clarified butter mixed with ground green and white tea, coriander and a green leafy herb that looks similar to oregano but isn't.

"Smell it." It has a little longer leaf and has a bit of a smoky aroma. "I don't know how to tell you the name. I get it from Ethiopia; it would be a lot cheaper if it was oregano." He has made the clarified butter by melting the butter and skimming the froth from the top. "You cook it without burning it. No rush."

"This tartar was ordered medium but traditionally it is served very rare." Bisrat doesn't cook the meat but puts it over the burner briefly to raise the temperature. Bisrat places the meat in a large bowl to serve. He puts a large portion of homemade farmer's cheese mixed with mimita "to give it the red color" on the top of the meat alongside a portion of collard greens with mitmita and herb butter. Mitmita in everything?

"Well, almost but not everything."

Mitmita is made of ground African bird's eye chili peppers, cardamom seed, cloves, and sometimes other spices like cinnamon, cumin, and ginger.

On another burner he is preparing collard greens, which have been roughly

CALENDAR

Submit entertainment announcements www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

- Art Exhibit: Silo City. Through Oct. 13 at Multiple Exposures Gallery,
- Torpedo Factory Art Center, Stud 312, 105 N. Union St. An exhibition of photographs by Eric Johnson made in a complex of historic grain elevators and processing facilities in Buffalo, New York, Visit www.multipleexposuresgallery.com
- for more Art Exhibit: "Emotional Support: Animals." Through Oct. 27, daily,
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Bread is served with every dish and used traditionally instead of a fork at Enat.



Chef Bisrat mixes ground top round for kitfo at Enat.

temperature under the pan to high.

chopped, rinsed and drained. He turns the high just for now." The next step is to add a handful of sliced white onions, two large "They will cook for half an hour but on scoops of chopped garlic, a sprinkle of

cardamom and ground beef at Enat.

celebrate their memory. The colors and vibrancy of this holiday inspire artists of the Potomac Fiber Arts Gallery. Themed work will be eligible for recognition by the jurors. Non-themed work will also be

"Board | out of our minds!" Through Nov. 10, gallery hours at the The Athenaeum, 201 Prince St. "Board | out of our minds!" relates to the games we play. The included works exhibit the creative means in which people developed board games to reflect their thoughts and reflections on the role of chance in life. While some are actual games, some refer to the role of games in

life. Visit www.nfaa.org or call 703-548-0035 Mount Vernon Farmers Market.

Wednesdays (through Dec. 18), 8 a.m.-noon at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane. The McCutcheon/Mount Vernon Farmers Market opened May 1 with an array of farm-fresh produce and local foods, plus some new features (fresh brewed coffee!). 17 local farmers and producers will sell fresh locally grown vegetables and fruits; meats; Chesapeake Bay seafood; breads and pastries; honey, jams and jellies; milk, cheese and eggs; herbs and plants; and more. Visit www.fairfaxcounty.gov/parks/ farmersmarkets. Band Members Needed. Join the



Collard greens served in 24-inch injera Ethiopian bread at Enat.

ground cardamom and salt.

Bisrat turns the temperature down to medium and adds about a cup of water. "I will add the beef and mitmita in 5 minutes and cover it up to let the collard greens cook through. It cooks for a while."

When it is ready to serve, Bisrat places a 24" piece of injera (Ethiopian bread) in a large bowl, spoons the collard greens into the center and partly folds in the sides of the bread. He says, "Our rule is one piece of injera, but they like it so much, we overdo it." Traditionally Ethiopian food is eaten with the bread instead of a fork. "But we do have forks if someone requests it."

He says he uses about 50-60 pieces of this Ethiopian bread a day. "It is just water mixed with an indigenous Ethiopian grain, tef. And the herbs are sun dried. We try to be as authentic as possible."

Meanwhile he mixes sautéed tomatoes, onions, garlic, red chili pepper, and coriander with pieces of broken injera and serves it in a large bowl. "On Wednesdays and Fridays and during Lent he offers meatless dishes for those who practice in the Orthodox Church. "We make these meatless choices bigger."

Bisrat has been the owner and chef at Enat on Chambliss Street for ten years but has lived in this area for 32 years. His father owned a hotel in Addis Ababa when he was a kid and he used to help there, mostly hanging around. Now he has three kids to feed and a passion for cooking.

Bisrat says people are getting more carb conscious but no Ethiopian dish is served without bread. What to do? He says, "Well, maybe you could try lamb stew with a spoon.'

> Mount Vernon Community Band, a group of players who enjoy playing many styles of band music in a relaxed atmosphere. Rehearsals are Tuesdays 7:30-9:30 p.m. in the Mount Vernon High School Band Room, 8515 Old Mount Vernon Road. No auditions. All instruments needed. Contact Eric Leighty directly 703-768-4172 or visit www.mvbands.com/join-us/

FRIDAY/OCT. 4

Family Art Night. 6-9 p.m. At the Durant Center, 1605 Cameron Street, Alexandria, Are you looking for a memorable and inspiring evening for your family and you? With the See Calendar, Page 17

www.ConnectionNewspapers.com

exhibited. Visit www.Potomacfiberartsgallery.com

www.scopegallery.org or call 703for more. Art Exhibit: Day of the Dead. Through Nov. 3, at Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. The Potomac Fiber Arts Gallery presents its juried show, Day of the Dead. Neighbors in Mexico and Central America celebrate Day of the

10 a.m.-6 p.m. and Thursdays until 9 p.m. at Scope Gallery, ground floor Studio 19 of the Torpedo Factory Art Center, 105 North Union St. Kiln Club artists wax poetic on "Emotional Support: Animals" in the wholehearted exhibition of the exotic

and domestic. Visit

Dead. It is a joyful time that helps

people remember the deceased and

548-6288

Entertainment

From Page 16

holidays right around the corner, plan to create the perfect gift by attending the First Friday: "Family Art Night." A "meet and greet" begins at 6 p.m. Pizza, soda and water will be on hand, complements of the Office of the Arts. Art activities begin at 6:30 p.m. No experience necessary. Reservation includes one art experience, art supplies, pizza and soda. You have three art experiences to choose from: Paint with Teresa Brunson; Create Mosaics with Maria Illingworth; or, Create a clay sculpture with Sharmila Karamchandan. Tickets are \$9 per person. Children 5 years old are free. Visit: alexandriava.gov/webtrac.

OCT. 4-27

Art Exhibit:Twilight Zone. Gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. "Art Inspired by The Twilight Zone" is a collection of work inspired by the classic television series. An opening reception is planned for Friday, Oct. 4, 7-9 p.m. Fee admission. Visit www.DelRayArtisans.org/exhibits.

SATURDAY/OCT. 5

- "Le Tour d'Alexandria" Bicycle Tour. 10 a.m. Start and end at Beatley Central Library, 5005 Duke St. Alexandria Library invites the community to participate in Le Tour d'Alexandria Library, the Library's annual bicycle tour of all library locations. In recognition of the Library's 225th Anniversary, this year's tour will highlight some of the Library's history dating back to 1794. Space is limited, registration is required. Riders must be over the age of 13 to participate. Children and teens under the age of 18 must be accompanied by a parent or guardian. Visit alexlibraryva.org/
- alexandria-bike-tour to register. **Used Book Sale.** 10 a.m.-4 p.m. at Sherwood Regional Library, 2501 Sherwood Hall Lane. Selection of over 20,000 gently used books, including children's books, fiction, history, biography, home and garden, cooking, crafts, sports, religion, travel, CDs, DVDs, and more. Unless specially priced, \$1 for hard backs, 50 cents for large paperbacks, and 25 cents for mass market paperbacks. Visit www.fairfaxcounty.gov/library/ branches/friends-of-sherwoodregional.
- **Civil War Artillery Day.** 10 a.m.-4 p.m. at Fort Ward Museum, 4301 W. Braddock Road. Learn about the role and equipment of Civil War artillerymen in the Defenses of Washington. This living history program will appeal to Civil War enthusiasts of all ages. The event is weather dependent. Free. Call 703-746-4848.



Photograph courtesy of Dawn Wyse Hurto Participants in Partners in Art meet to share their goals and get feedback on their artwork.

Partners in Art

Join a collegial group of artists to share goals and get feedback on artwork. Monthly meetings include discussions on exhibit opportunities, the creative process and the local art scene. Artist can bring 1-3 works – complete or in progress – for feedback. All skill levels and media welcome. Donations (\$1-3) appreciated. Monthly on the second Monday, 2-4 p.m. and fourth Tuesday, 7-9 p.m. at Del Ray Artisans gallery, 2704 Mt Vernon Ave. Visit DelRayArtisans.org/partners-in-art

24th Annual Art on the Avenue. 10 a.m.-6 p.m. on Mount Vernon Avenue in Del Ray. Art on the Avenue is a multicultural arts festival celebrating Alexandria's diversity held the first Saturday in October, rain or shine. Discover more than 300 artists, from jewelers to glass makers to painters, while enjoying a variety of musicians and food vendors. Activities for children include scarecrow-stuffing, pumpkin-painting and more. Free admission. Visit artontheavenue.org/ for more.

Mirror Mirror: David Shulman with Sarah Marie Hughes. 8 p.m. at Waterfront Park, 1 King St. The City of Alexandria commissioned a series of original site-specific performances for the soundresponsive, interactive installation Mirror Mirror. Composer and violinist David Schulman and Orange Grove Dance will perform on select dates between July and October. All performances are free and feature lawn seating. Lawn chairs and blankets are encouraged. Leave pets at home. Visit alexandriava.gov/ publicart for details.

Performance: Alexandria Symphony Orchestra. 8 p.m. at

Rachel M. Schlesinger Concert Hall and Arts Center, 4915 East Campus Drive. The ASO's season opens with music by Wagner, Beethoven and more under the direction of Maestro James Ross featuring soloists Rita Sloan, Nicholas Tavani and Alan Richardson. \$20-\$85 adults, \$5 youth, \$10 students. Visit www.alexsym.org or call 703-548-0885. ASO musician Gene Pohl's father, Lionel Semiatin, composed Tidbit #1 while fighting on the battlefield at Normandy. \$20-\$85 adults, \$5 youth, \$10 students. Visit www.alexsym.org or call 703-548-0885.

SUNDAY/OCT. 6

Breast Cancer Walk. 8 a.m.-11 a.m.

at Fort Hunt Park, George Washington Parkway. Support the National Breast Center Foundation's 3rd annual Walk to Bust Cancer to increase awareness and celebrate survivorship. 7:30 a.m. check-in, 9 a.m. 1.2 mile walk. Entertainment and activities before and after the walk. Register ahead for planning. \$35. Visit www.walktobustcancer.org or call 202-309-4026.

Blessing of the Animals. 11:30 a.m. to 12:30 p.m. At St. Luke's Episcopal Church, 8009 Fort Hunt Road, Alexandria. Bring your pets to St. Luke's for a blessing after the 8 a.m. and 10 a.m. services. Dogs, cats, and any other critters are welcome to SEE CALENDAR, PAGE 18

lost (adj): 1. unable to find the way.2. not appreciated or understood.3. no longer owned or known

Volunteers needed for adoption events, fostering, transportation, adoption center caretaking and more.

Adopt/Donate/Volunteer

www.lostdogandcatrescue.org





DAILY FEATURES FOR EVERYONE!

Monday – 1/2 Price Burger Night Tuesday – Kids 12 & under Eat Free with accompanying adult. 1 child per adult.

Wednesday - Roast Turkey Special

Thursday - Lasagna Night Friday - Fish Fry

Saturday & Sunday - Full Brunch Buffet with Omelette Station



www.ConnectionNewspapers.com

Helping Animals

Find Their Way

Since 2001

Entertainment

FROM PAGE 17

receive a blessing. Pawfectly Delicious dog treats will be given out to furry friends who visit. Visit the website: <u>saintlukeschurch.net</u>

Downton Abbey Tours. 2-3 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. Explore the surprising connections between people and places of the world of Downton Abbey and those of the Lee-Fendall House through special "Downton Abbey" themed tours of the museum this fall. \$10. Visit www.leefendallhouse.org or call 703-548-1789.

Performance: Alexandria

Symphony Orchestra. 3 p.m. at George Washington Masonic Memorial, 101 Callahan Drive. The ASO's season opens with music by Wagner, Beethoven and more under the direction of Maestro James Ross featuring soloists Rita Sloan, Nicholas Tavani and Alan Richardson. \$20-\$85 adults, \$5 youth, \$10 students. Visit www.alexsym.org or call 703-548-0885. ASO musician Gene Pohl's father, Lionel Semiatin, composed Tidbit #1 while fighting on the battlefield at Normandy. \$20-\$85 adults, \$5 youth, \$10 students. Visit www.alexsym.org or call 703-548-0885.

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Mount Vernon Farmers Market

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Leave pets at home. Visit alexandriava.gov/publicart for details.

MONDAY/OCT. 7

Innovation Forum. 6-9:30 p.m. U.S. Patent and Trademark Office, Clara Barton Auditorium, 600 Dulaney Street, Alexandria. The City of Alexandria is hosting an Innovation Forum for the Alexandria Mobility Plan, an update to the 2008 Transportation Master Plan that will establish transportation priorities and introduce new technologies that can enhance the way we get around. Learn more at alexandriava.gov/ MobilityPlan.

Landscaping Techniques for Wet Sites. 7-8:30 p.m. At Burke Library, 4701 Seminary Road, Alexandria.

19/20

eason

Has the latest storm swept all your well-placed mulch into your neighbor's yard and left you with more bog than garden? Come learn about landscaping techniques, appropriate native plants, and local resources to help you address the effects of soggy conditions in your yard. This event is offered by Extension Master Gardeners. Free. Advance registration requested at mgnv.org. Call 703-228-6414 or email mgarlalex@gmail.com.

Meet the Candidates. 7 p.m. At Gum Springs Community Center, 8100 Fordson Road, Alexandria. The New Gum Springs Civic Association will be hosting an informal Meet the Candidates Event. Candidates will be available for one-on-one or small group discussions. Come have an

interactive discussion and/or share your views and concerns with a confirmed Democratic and/or Republican candidate seeking office for: Commonwealth Attorney; Fairfax County Sheriff; Chairman, Fairfax County Board of Supervisors; Mount Vernon Supervisor; Lee District Supervisor; Mount Vernon School Board Member; Lee District School Board Member; Fairfax County School Members At-Large; 30th District Senator; 36th District Senator; 39th District Senator; 43rd District Delegate; 44th District Delegate; and Soil & Water Conservation Director Northern Virginia. Visit the website www.ngsca.org Duke Street Black History. 7:15

p.m. At Kate Waller Barrett Branch

Library, 717 Queen Street, Alexandria. Free. The Manumission Tour Company brings the knowledge from their newest walking tour, the Duke Street Corridor, for an evening focused on the early history of African-American Alexandrians. Visit the website: alexlibraryva.org/event/ 3053739

TUESDAY, OCT. 8

Simpson Gardens Stroll. 10-11 a.m. At Simpson Park Gardens, 420 E. Monroe Street, Alexandria. Stroll through Simpson Gardens with Extension Master Gardeners as they describe the gardens' variety of demonstration beds that combine sustainable gardening practices with appealing aesthetics: waterwise gardening, scented plants, plants that attract pollinators, plants that prefer shade, and plants that have appealing structure and texture. Free. Call 703-228-6414 or email mgarlalex@gmail.com.

THURSDAY/OCT. 10

Luncheon: "Fashion in Bloom." 10 a.m.-1:30 p.m. at the Mount Vernon Country Club, 5111 Old Mill Road. Enjoy a fashion show, luncheon, silent auction and raffle. Yacht Haven Garden Club works to further education in horticulture, floral design and conservation among its members and the surrounding community. \$40. Reservation deadline, Sept. 27. Email yachthavengardenclubva@gmail.com.

FRIDAY/OCT. 11

Highland Echoes Show. 7:30-9:30 p.m. at Rachel M. Schlesinger Concert Hall and Arts Center, 4915 East Campus Drive. Highland Echoes SEE CALENDAR, PAGE 19



IMAGINARY SYMPHONY

SATURDAY, Oct 5, 2019 • 8 p.m. Sunday, Oct 6, 2019 • 3 p.m.



Oct 6, 2019 · 3 P.M. The ASO's season opens with Beethoven's Triple Concerto featuring soloists Rita Sloan

featuring soloists Rita Sloan (piano), Nicholas Tavani (violin) and Alan Richardson (cello) under the direction of Maestro James Ross.

Adult: \$20-\$85 Student: \$10 Youth: \$5 (703) 548-0885 • www.alexsym.org THE SCHOLARSHIP FUND OF ALEXANDRIA

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ENTERTAINMENT 4 Dates to Circle in October

By Hope Nelson The Gazette

Capitals Home Opener Watch Party at Hops n Shine, Oct. 5

The Washington Capitals take on the Carolina Hurricanes in the storied hockey team's home opener, and Hops n Shine is ready for the season. The bar and eatery will offer up game day specials along with mul-

APPETITE tiple TVs. With

more than 50 draft lines, guests won't ever be parched as the game proceeds. Game day food and drink specials will be on tap to toast the occasion. 3410 Mount Vernon Ave. 7 p.m.-midnight.

Female Stranger Beer Dinner at Gadsby's Tavern, Oct. 14

The spookiest month of the year brings with it a celebration of one of Alexandria's most haunting stories - the mysterious Female Stranger who is said to still inhabit Room No. 8 in Gadsby's Tavern. Port City Brewing is teaming up with the tavern to put together a four-course beer dinner featuring

CALENDAR

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is a vocal, musical, and dance journey through Scottish history and culture from the Highlands to America. Featuring "Celtic Album of the Year" recipient Jennifer Licko the show combines traditional and original music and dance. \$10-\$45. Visit highlandechoesalexandria.eventbrite.com for tickets.

FRIDAY-SUNDAY/OCT. 11-13

Mount Vernon Fall Wine Festival & Sunset Tour. 6-9 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Celebrate the history of wine in Virginia at the home of George Washington. Bring a blanket, relax on the east lawn overlooking the scenic Potomac River and enjoy live music while sampling wine from Virginia's wineries.Admission: Friday, \$48; Saturday, \$52; Sunday, \$42. Call 703-780-2000 or visit mountvernon.org.

SATURDAY/OCT. 12

Portside In Old Town Fall Festival. At Waterfront Park, 1 King St. Enjoy a day of live music, maritime history, nautical demonstrations and children's activities on the Old Town Alexandria waterfront. Savor local food, beer and wine while experiencing boat building demonstrations from Alexandria Seaport Foundation Apprentices and knot tying from tall ship Providence. Select activities benefit the Alexandria Seaport Foundation's mission to improve the lives of young people through adult mentoring, project-based learning and the craft of wooden boat building. Free

www.ConnectionNewspapers.com



Construction continues inside the old Misha's location at 102 S. Patrick St. as coffee makes way for ice cream. Jeni's Ice Creams continues to prepare for its new digs in the heart of Old Town as the shop transformation takes place. An opening date has yet to be named.

the brewery's Long Black Veil black Diya, the Indian restaurant that IPA, concocted in homage to the Stranger herself. Convene at the tavern on the anniversary of the Female Stranger's death - Oct. 14, 1816 – to toast her legacy. 134 N. Royal St. 7-10:30 p.m. \$85.

Diya's First Anniversary Celebration, Oct. 18

What a difference a year makes!

took up residence on North Lee Street in 2018, turns a year old this month, and the restaurant is hosting a party to celebrate. The first 300 customers will each receive a \$10 gift card to the restaurant; all attendees can feast on Diya's dinner buffet while listening to live entertainment. 218 N. Lee St. 5-9:30 p.m. Buffett \$14.99 for adults,

\$6.99 for children under 10.

OvsterFest XII at Hank's Old Town, Oct. 19

Hank's Oyster Bar has long been a go-to spot for the salty mollusks, and its annual OysterFest celebrates the best of everything Hank's has to offer. The \$95 ticket price earns guests the opportunity for all-youcan-eat oysters in all the classic fash-

Concert Band of America will kick-off its 45th anniversary season with a free concert entitled "American Icons: A Showcase of American Music." It will feature music by George Gershwin, John Philip Sousa and Aaron Copland. Free. Visit the website: www,nationalconcertband.org

MONDAY/OCT. 14

Female Stranger Beer Dinner. At Gadsby's Tavern Museum, Alexandria. Join Port City Brewerv and Gadsby's Tavern Museum as they honor the anniversary of the Female Stranger's death with her specialty beer and a Beer Dinner. Enjoy a fourcourse meal alongside four great Port City beers including the Long Black Veil. This special craft beer was inspired by the famous tale of the Female Stranger, who died at the tavern on October 14, 1816. Tickets are \$85 inclusive per person and reservations are required. A vegetarian entrée option is available with advance notice. Call 703-746-4242 or visit www.gadsbystavern.org.

TUESDAY/OCT. 15

Digital Genealogy Photography. 1

3 p.m. At Hollin Hall Senior Center. 1500 Shenandoah Road, Alexandria. Photographer and genealogical researcher Gary Petranek, Co-Director of the Washington D.C. Family History Center, will speak about the digital photography aspe of genealogy and about the RootsMagic software. Free, open to public. Visit www.mvgenealogy.org.

WEDNESDAY/OCT. 16

Alexandria Beautification Awards. 7:30 p.m. At the Lyceum, 201 S. Washington Street, Alexandria. The 2019 Beautification Awards

ions - on the half shell, fried, grilled and shooters. Round out the menu with Old Bay fries, onion rings and popcorn calamari, and wash it all down with all-you-can-drink craft beers, wine and punch. 1026 King St. 11 a.m.-3 p.m. \$95.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at

hope@kitchenrecessionista.com.

Ceremony will recognize and celebrate residents, businesses, organizations and communities for their outstanding efforts in contributing to the beautification of the City of Alexandria. Visit the website www.alexandriava.gov/ Beautification

THURSDAY/OCT. 17

Make and Take Lunch Break Social. 11:30 a.m.-2:30 p.m. at 2425 Eisenhower Ave (on the grassy knoll). Take a real lunch break outside to refuel and recharge with co-workers. Each month a DIY local business will pop-up and offer a themed craft (while supplies last). Email maurisapotts@gmail.com or visit www.FB.com/AlexandriaEcon.

AARP Financial Basics. 7:30-9 p.m. At Sherwood Hall Regional Library, 2501 Sherwood Hall Lane, Alexandria. Free. Take charge of your financial future! Learn how to build upon your smart money habits and make the most of your financial resources. Save more for a comfortable retirement.

SATURDAY/OCT. 19.

24th Annual Art Safari. 12-5 p.m. At the Torpedo Factory Art Center, 105 N. Union St., Alexandria. An Alexandria tradition for almost a quarter-century, Art Safari returns for a day of hands-on activities for kids and families. Dozens of artists lead budding art enthusiasts in exciting and creative projects throughout the building. Dress to get a little messy. This event is perfect for children ages 5+. Younger children may need some extra help but will still have a lot of fun. Call 703-746-4570 or visit www.torpedofactory.org.

Photo courtesy of National Park Service

Jones Point Meetup

Join a national park ranger to explore the long history of this little piece of land and see the last remaining inland lighthouse on the Potomac River, once a beacon to boat captains and commerce on the river. Tuesdays through Sept. 24, 11 a.m.noon at Jones Point Park, Jones Point Drive. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/jonespoint.htm for more.

admission; food and drink for purchase; fees for some activities. Visit www.visitalexandriava.com/ event/portside-in-old-town-fall-festival/15351/ for more.

Celebration of Service. 6-9 p.m. at Ft. Belvoir Officers Club. Pastor Floyd C. Hawkins Sr. of Shiloh Church of

- God in Christ is preparing to celebrate 31 years of leadership and service to his church and community by highlighting those giving back to Fairfax County. The inaugural Floyd C. Hawkins, Sr. Outstanding Leaders in Community Service Award will be presented to: Dr. Nardos King, Bob Diegelman, Velvet Abram, and Victoria Williams. Open to the public. To attend. visit hawkins31yearsofservice.eventbrite.com.
- **Celebrating Lady Liberty's** Birthday. 6-8 p.m. at The Garden by Building Momentum, 5380 Eisenhower Avenue, #Suite C, Alexandria. A night of music,

cocktails, hors d'oeuvres, silent auctions and more. Party hosted by local non-profit Just Neighbors to support legal services for low-income immigrants and refugees. Childcare will be available at Scramble next door to the venue. More at Just Neighbors www.justneighbors.org

SUNDAY/OCT. 13

- Downton Abbey Tours. 2-3 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. Explore the surprising connections between people and places of the world o Downton Abbey and those of the Lee-Fendall House through special "Downton Abbey" themed tours of the museum this fall. \$10. Visit www.leefendallhouse.org or call 703-548-1789.
- Free Concert. 3-5 p.m. At Carl Sandburg Middle School, 8428 Fort Hunt Road, Alexandria. The National

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Jones Point Lighthouse

DPC Honors Community Service

From Page 13

"In Titans football, kids from many different neighborhoods are coming together," Greer said. "They are working together for a common goal while coming from different corners of the city."

Teri Gibson accepted the award on behalf of her husband, who was volunteering as an announcer for the T.C. Williams football game that evening.

Wright was recognized for his 35 years of service to the Departmental Progressive Club. His nephew Gregory Wright accepted the award on his behalf.

For membership information, visit www.dpc1927.org

Teri Gibson, center, accepts an award on behalf of her husband, Alexandria Youth Sports Advisory Board chair Jim Gibson, from William Chesley and Departmental Progressive Club president Merrick Malone Sept. 27 at the annual DPC open house.





Gregory Wright, left, is presented an award on behalf of his uncle, Clifton E. Wright, from Departmental Progressive Club president Merrick Malone Sept. 27 at the DPC annual open house. Clifton Wright was recognized for his 35 years of service to the organization.

One School, One City

From Page 1

satellite campuses throughout the city; the other created two separate high schools.

"I'm not naive to the idea that building a second high school would mean basically going to war," said School Board member Meagan Alderton, who represents the West End and was one of the three votres against expanding T.C. instead of building a new school. "It would require outstanding courage, fierce confrontation and massive resistance."

Preferences between one high school and another were split.

A considerable number of teachers, students and their parents strongly supported one high school to instill the brand of T.C. as well as keep the student body together and united. They worried that two high schools would cause segregation and socioeconomic inequities.

"Even if you believe you can keep diversity in dividing things up into two schools, that is not the way to go," said Laura Sacher, parent of a former Titan who graduated in 2019. "Let our city become a model of how to grow in a creative, exciting, future-oriented way. Do not stunt what rich diversity this city has by cutting it up."

Several current students from elementary, middle and high school testified in favor of one high school, along with the T.C. Williams principal. The younger students, such as the future T.C. Class of 2029, acknowledged that this decision would impact their high school experience for years to come.

"The connected high school would solve many of our problems while also taking every student's learning experience to a whole other level," said T.C. junior Lorraine Johnson.

Others argued that two separate high schools 20 Alexandria Gazette Packet October 3-9, 2019

would be more cost effective, avoiding all the transportation costs of shuttling students from one campus to another. Some argued that smaller schools would allow for more one-on-one attention for students, who would benefit from being larger fish in a smaller pond.

"A connected high school is likely to leave us overcrowded in the near future with no room to grow," said School Board member Michelle Rief. "Inequities may actually get worse and we'll likely be back here in ten years trying to decide if we should build a second high school. Only this time, inflation will have raised the cost to \$268 million."

A recurring theme throughout the yearlong debate was educational access for all racial and socioeconomic groups. T.C. Williams has 400 available courses, and school administrators say they want to maximize what the school had to offer.

"I can tell you first hand that our approach to multiple campuses is working," said T.C. Williams Principal Peter Balas in his testimony. "We have strengthened the connection between campuses, and as one school, we can continue to offer students what many other places simply cannot."

The new high school would expand the Minnie Howard campus of T.C. Williams to house 1,600 students and students would get bussed over to the main campus throughout the day. The total high school population would total 4,400 students, according to school officials.

A total of \$119 million is budgeted for the High School Project for FY2020 and FY2021, according to the recently adopted Capital Improvement Program. As for transportation costs, administrators assume they will compare to current T.C. transport costs, accounting for more students and depending on where the new building would be.

ACPS Schools Accredited

From Page 1

has much work to do to ensure all students are engaged in a high quality education. Reading in particular will be a key focus area for ACPS this school year. ACPS continues to see achievement gaps within math and English among Hispanic students, Black students, economically disadvantaged students and students with disabilities.

This past school year, ACPS has been implementing improvement planning for all schools, with a particular focus on math. This has included analysis of data in quarterly meetings, monthly professional learning, and intensive equity training for instructional leaders to ensure the needs of all students are being met.

ACPS is currently focused on tackling inequities within the school division that can have an impact on the academic outcomes.

"Alexandria's accomplishment is especially noteworthy given how far the division has come. ... We have followed the growth trajectory in Alexandria for the past few years with excitement and know it has taken the entire community and many partners to make this moment of celebration possible," said Virginia Superintendent of Public Instruction Dr. James Lane.

Superintendent Dr. Gregory C. Hutchings, Jr. was joined for the accreditation announcement by six former superintendents, all of whom contributed to today's results: Superintendent Dr. Herb Berg (1995-2001), Superintendent Rebecca Perry (2001-2008), Superintendent Dr. Morton Sherman (2008-2013), Superintendent Dr. Alvin Crawley (2013-2017) and Interim Superintendent Dr. Lois Berlin (2017-2018).

BULLETIN

From Page 9

THURSDAY/OCT. 10

Public Input on Noise Control Code. 7-9 p.m. At Patrick Henry Rec Center 4653 Taney Ave., Alexandria. The City of Alexandria is providing opportunities for the public to review and comment on proposed major revisions to the City's Noise Control Code. This code was originally adopted in 1963 to control noise levels and protect public health, safety and welfare. The code establishes definitions, controls and expectations for limiting noise in Alexandria. The City does not have the authority to regulate noise generated from aircraft, railroads, state roads or federally owned land. The community can provide comments online or at one of two public meetings, where City staff will present information about the code revision process. To submit comments online, visit alexandriava.gov/Noise.

SUNDAY/OCT. 13

Multi Faith Prayer Circle. 3 p.m. at the tree on Montgomery Street between Patrick and Henry streets. Multi Faith Prayer Circle usually meets the 2nd Sunday of the month. Although the Prayer Circle initially met as the result of two murders in that spot; they have expanded tehir prayers to include the neighborhood, the children of Alexandria, the City, and beyond. Meet at Lost Dog Cafe afterwards for fellowship. Email rfaircloth@aacc.edu.

WEDNESDAY/OCT. 16

Sharpen Networking-Interviewing Skills. 1:30-3 p.m. at City of Alexandria Workforce Development Center, 1800 N. Beauregard St. This 90-minute, interactive session is designed to help job-seekers refresh their image and put their best self forward. Discuss ways to effectively network, create a winning "elevator pitch" and ace your interview. This session is a good overview for anyone looking to sharpen their skills and get ready for what's next in their career. Email aaprva@aarp.org, call 877-926-8300 or visit tinyurl.com/ y5hrmj56 to register.

VICTIM SUPPORT SERVICES **Resources Available to Support**

Sexual Assault Victims. The City of Alexandria reminds the community of resources available for survivors of sexual assault and those supporting survivors. It is important for survivors to know that it is not their fault and help is available.

- $\boldsymbol{\diamondsuit}$ In case of an emergency, and for lifethreatening situations, always call 911.
- The City's Sexual Assault Center offers services including a 24/7 hotline at 703-683-7273, individual counseling, support groups, family support and information and referral services. Call the hotline to access these and additional services, or visit the website at alexandriava.gov/ SexualViolence.
- Free presentations are also available on topics including prevention, awareness, healthy relationships sexual harassment and bystander intervention. To schedule a presentation for a school, youth group, civic organization or other Alexandria group, call 703-746-3118.

DOMESTIC VIOLENCE RESOURCES

The City of Alexandria is reminding the community about the importance of stopping domestic violence and highlighting available resources. Domestic violence is an instance or SEE BULLETIN. PAGE 22

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Obituary

Anita Smith Garrett



Obituary

Anita Smith Garrett of Woodbridge VA passed away quietly on September 26 at Westminster Lake Ridge. She was born July 12, 1923 in Bluefield, West Virginia to the late Helen Esther Norvell and Charles Ross Smith. Anita earned a degree in education from Concord College in WVA. Following a brief marriage to Gil Miret she lived for a short time in New York, but returned with her daughter, Ann to Roanoke, VA where she met and married Arthur Claxton in 1952. They moved to a home near Mt Vernon and became members of the Old Presbyterian Meeting

House the following year. Anita substituted in Fairfax Co schools, tutored students in math, and taught Sunday School and Bible classes. Arthur Claxton passed in 1963 following a stroke.

In 1970 Anita became the wife of Ralph H. Garrett, also a member of the Meeting House. They enjoyed gardening, traveling, friends, and church activities until Ralph's death due to cancer in 1984.

Anita was an avid bridge player, egg artist, and was a member of "Nellie's Needlers' In 2010 Anita relocated to Westminster Lake Ridge. Her last three years were

spent in the WLR Healthcare Center with her able and loving caretakers. Anita is survived by her daughter Ann and her husband, Jim; granddaughter, Mary Morton; grandson, Brian Vosburgh and his wife, Scottie. Surviving also are six great grandchildren, nieces, nephews, and many devoted friends. When a date is set for her memorial service at the Old Presbyterian Meeting

House it will be posted on the Demaine's Funeral Home website. In lieu of flowers you may contribute to The Claxton-Garrett Scholarship Fund at the Old Presbyterian Meeting House. 323 South Fairfax Street, Alexandria, VA 22314

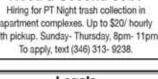
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Legals NOTICE ABANDONED WATERCRAFT

lotice is hereby given that the following watercrain has been abandoned for more than 60 DAYS on the property of HIRST/NAGER, 5424 Namia Ct. Burke, VA 22015, (813) 965-2636: 1983 SEA RAY CABIN MOTORBOAT; WHITE, FIBERGLASS, 21° LONG VA REG.# 7414 YY

Application for Watercraft Registration/Title will be made in accordance with Section 29.1-733.25 of the Code of Virginia if this watercraft is not claimed and removed within 30 days of first publication of this notice.Please contact the Virginia Departme of Game and Inland Fisheries with questions.

Announcements





Lorene Marie Graue Ray passed away peacefully on September 6, 2019, at the age of 97. Born in Mineola, Missouri on May 20, 1922, Lorene was preceded in death by her husband, Charles Franklin Ray, III in 2007, her brother Paulie, her parents, Anna Matilda Heldt Graue and Clarence Di-etrich Henry Graue and her sister Jewel Graue Ernst, all of Missouri. She is survived by a sister steer of grave Brown of Columbia, Missouri, ber daughters Par Ray (Jerry Woltz) of New Bloormfield, PA, Ellen Ray Rae (Brian Rae) of Alexandria, VA and long-time friend Christine Vick (Radford Koerner) of Alexandria, VA, five grandchildren, Tracy Young of Miami Florida, Nathan Young (Chadotte), R. Colin Deaso (Dawn), Rose Hardee (Brian), and Rachael Deaso-Taylor (Mike Taylor) as well as ten great grandchildren. Lorene was a faithful volunteer of the Mount Vernon Hospital Auxiliary for over three

Obituary

decades. Affectionally known as "Berni' to her grandchildren, Lorene was an accomplished cook, a collector of antiques and a student of Colonial Virginia history. A memorial service and inumment will be held at Christ Episcopal Church, 118 N. Washington St, Alexandria, VA 22314 on November 16, 2019 starting at 2PM. A reception will follow in the particible held. parish hall



Public Hearing will be held by the City Council of the City of Alexandria, Virginia, in the Council Chambers, City Hall, City of Alexandria, Virginia, on Saturday, October 19. 2019, at 9:30 a.m., or as soon as may be heard on the hereinafter described items.

.....

PUBLIC HEARING for the consideration of extension of license agreement between the City of Alexandria and St. Stephen's and St. Agnes School for the use of the recreational facilities located at Ft. Ward Park

AN ORDINANCE to amend and reordain Chapter 2 (Taxation) of Title 3 (FINANCE, TAXATION, AND PRO-CUREMENT) of the Code of the City of Alexandria, Virginia, 1981, as amended, Section 3-2-189 (TIER I POTOMAC YARD METRORAIL STATION SPECIAL SERVICES DISTRICT).

The proposed ordinance updates the City Code to amend the boundaries of the Tier I Special Services District to reflect the current road network.

AN ORDINANCE to amend and reordain Chapter 2 (TAXATION) of Title 3 (FINANCE, TAXATION, AND PRO-CUREMENT) of the Code of the City of Alexandria, Virginia, 1981, Section 3-2-189 (TIER I POTOMAC YARD METRORAIL STATION SPECIAL SERVICES DIS-TRICT).

The proposed ordinance updates the City Code to reflect a new ordinance reference in Section 3-2-189.

.....

AN ORDINANCE to amend and reordain Section 20145 (FLOOR AREA) and Section 2.197.3 (STRUCTURE, SUBOR-DINATE) of Article II (DEFINITIONS); Section 4-1203 (SPECIAL USES) of Article IV (COMMERCIAL, OFFICE AND INDUSTRIAL ZONES); Section 7-101 (PERMITTED ACCESSORY USES), and Section 7-202 (PERMITTED OBSTRUC-TIONS) of Article VII (SUPPLEMENTAL ZONE REGULATIONS); and Section 8-200 (GENERAL PARKING REGULA-TIONS) of Article VIII (OFF-STREET PARKING AND LOADING) and add new Section 2-187.2 (PUBLIC SCHOOL) and Section 2-194.1 (SOLAR ENERGY SYS-TEM) of Article II (DEFINITIONS) of the City of Alexandria Zoning Ordinance, in accordance with the text amendment heretofore approved by city council as Text Amendment No. 2019-0005.

The proposed ordinance accomplishes the final adoption of Text Amendment No. 2019-0005 that makes practical updates to the Zoning Ordinance

AN ORDINANCE to amend and reordain the Master Plan of the City of Alexandria, Virginia, by adopting and incorporating therein the amendment heretofore approved by city council to the Eisenhower East Small Area Plan chapter of such master plan as Master Plan Amendment No. 2019-0005 and no other amendments, and to repeal all provisions of the said master plan as may be inconsistent with such amendment.

The proposed ordinance accomplishes the final adoption of Master Plan Amendment No. 2019-0005 to allow coworking as a permitted use in ground floor retail areas in Block 6A as approved by the City Council on September 14, 2019.

.....

PUBLIC HEARING on a Five-Year Telecommunications Facility License Agreement with Cellco Partnership d/b/a Verizon Wireless to permit Cellco Partner-ship to install small cell facilities on approved third-party owned poles in the City of Alexandria's public rights-of ways.

PUBLIC HEARING on a Five-Year Telecommunications Facility License Agreement with New Cingular Wireless PCS, LLC (AT&T) to permit New Cingular Wireless PCS, LLC to install small cell facilities on approved third-party owned poles in the City of Alexandria's public rights-of-ways.

AN ORDINANCE of the City Council of the City of Alexandria, Virginia, authorizing the issuance of General Obligation Bonds in the estimated maximum amount of \$200,000,000; and providing for reimbursement to the City of Alexandria from bond proceeds.

The proposed ordinance authorizes the suance of general obligation bonds for the Potomac Yard Metrorail Station and public schools in the estimated maximum amount of \$200,000,000.

....

THE PUBLIC IS ADVISED THAT AMENDMENTS OR ADDITIONS MAY BE MADE TO PROPOSED ORDINANC-ES WITHOUT FURTHER PUBLICA-TION. IT IS RECOMMENDED THAT PERSONS INTERESTED IN ANY OF THESE ORDINANCES OBTAIN FREE FULL-TEXT COPIES FROM THE CITY CLERK AT CITY HALL. If the mayor finds and declares that weather or other conditions are such that it is hazardous for members to attend the meeting, this meeting will be continued to the following Saturday October 26, 2019. GLORIA SITTON, CMC, CITY CLERK

Obituary

When Compounding isn't a Good Thing by KENNETH B. LOURIE

Dealing with a cancer diagnosis is one thing, and certainly a big thing, but I'm much better dealing with it when the 50 million other things we all have to deal with are not having to be dealt with (ending a sentence with a preposition notwithstanding) at the same time. And not that I'm the least bit unique in having all these other tasks and concerns or even the most bit interesting in that I have them. Hardly. They are simply the elements that sometimes make living more of a job and less of an adventure. That being said, when I am uncluttered by these mundane responsibilities and am able to focus on the things I want to do rather than the things I have to do, I am so much more able to fend off the inevitable demons that haunt any of us diagnosed with a serious/in my case "terminal," disease.

The last month was, and still is, such a month. It all started with my application for a reverse mortgage. After the first company I engaged gave up, I met another, local company who so far has exhibited the wherewithal to get the application approved. However, the structural integrity problem you regular readers know about has impeded the progress I was hoping to have made by now. Not knowing yet the estimate to right this wrong, I am twisting in a bit of an ill wind, and I assure you, it is not improving my demeanor.

Yes, "Medicare is in The House," but as of September 27, it's sort of a house divided. Because even though its effective date was September 1st, I've not received an invoice. And since I haven't paid for any new coverage, am I still supposed to cancel my old, in-force "Obama Care?" Moreover, if I don't know exactly what I have, am I supposed to buy a Medicare Supplement for coverage I don't know for sure even exists? I mean, it's not as if my medical welfare/ financial future depends on it. So yes, I'm even more worried, and obviously confused.

If the unresolved reverse mortgage and health insurance situations weren't sufficient enough to stress over, consider my concern for the "Diabetic Duo," our two cats with diabetes. Other than the real possibility that either, if not both, of these cats will die on our watch, the expense of sustaining their lives is past adding up. Items include insulin, syringes, prescription wet food, prescription dry food, two sizes of pee pads (because the liter box has less interest to them or they can't quite see it) and since they're eating and drinking constantly, we're buying more liter than ever before, and vet bills: diabetic boarding when we've been away for a weekend or two and glucose monitoring every week to 10 days to check their sugar level, all times two. Can you say credit card?

Two other extremely mundane tasks have also fallen on me during this time line. Both involving the M.V.A., never an easy process: emissions inspection and a driver's license renewal. Again, not Herculean tasks, but in the middle of all this other stuff. The issue? More money and possibly more hassle to resolve their respective 'issues:' possibly replacing a catalytic converter in the 29 year-old Honda Accord, which has happened previously under identical circumstances, and renewing one's driver's license, which now comes with a host of never-before identification/security requirements which if I don't have/can't prove, present another slew of potential entanglements. And of course, the eye test. I don't wear glasses. What if I fail the test and they tell me I need glasses. Then I have to see my way through that morass, and delay resolving another task.

And just to complicate matters, I am waiting for results from my bi-monthly CT scan and my wife, Dina, is waiting for results from a scan she recently completed. Though neither one of us is the least bit symptomatic, we are hardly dealing in absolutes here. Absolutely though, I will say, I am thrilled to finally check a few boxes. Once I check the rest, I'll be back to abnormal and then I can plan for the future rather than plod through the present.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



Bulletin Board

From Page 21

pattern of abusive or coercive behaviors that may include threats, harassment, controlling resources, verbal and emotional abuse, sexual abuse, physical assault, or other actions. These behaviors are exhibited by one individual to exert power or control over another in the context of a family, or in dating relationships, (including those of teen couples and adult couples who do not live together). To check whether you or someone you know might be a victim, take a quick online assessment at www.alexandriava.gov/ DomesticViolence#AreYouaVictim to learn more. Those concerned about the safety of another can become active bystanders and help guide the victim to confidential support and assistance. Visit www.alexandriava.gov/ DomesticViolence#FriendsandFamilyofSurvivors. The City of Alexandria Domestic Violence Program operates a 24/7 hotline at 703-746-4911. Among the services offered are a Safe House shelter; counseling; confidential support groups; and legal help, including court accompaniment and assistance with protective orders. There are also opportunities to join and support the numerous city agencies working together in the prevention and treatment of domestic violence.

WELL-BEING RESOURCES

- The City of Alexandria reminds the community of resources to help cope with uncertainty or fear following the June 14 shooting incident at Eugene Simpson Stadium Park. Such tragic events—in addition to ongoing violence, political turmoil, and rapidly unfolding world events—can result in added stress, uncertainty, fear and depression.
- For those who are experiencing these feelings, know there are resources that can help.
- If you are in crisis and need to talk to someone, call or text the PRS CrisisLink Hotline at 703-527-4077 or text "connect" to 855-11 (TTY, please dial 711).
- The City offers resources for coping with uncertainty and fear (www.alexandriava.gov/ 92897), with information about reactions to and ways to cope with these feelings, tips on managing general stress, and how you can help support the reactions of children and adolescents who are experiencing these feelings (www.nimh.nih.gov/health/publications/ helping-children-and-adolescents-cope-withviolence-and-disasters-parents/helping-childrencope-parents_146810.pdf).
- City employees have access to a free, confidential Employee Assistance Program with 24/7 telephone and online access.
- For immediate police, fire, or emergency medical assistance, call 9-1-1.
- As a reminder, the City's emergency hotlines also include the child protective services hotline at 703-746-5800; the domestic violence hotline at 703-746-4911; the emergency services for mental health or substance abuse crisis hotline at 703-746-3401; the adult protective services hotline at 703-746-5778; and the sexual assault hotline at 703-683-7273. All emergency hotlines operate 24 hours a day, 365 days a year.

VOLUNTEERS WANTED

- Join Friends' Board. Those who care about mental health, the Alexandria community, and collaborating with fellow residents to make sure the City's most vulnerable residents have a chance to thrive, then consider joining the Board of Friends of the Alexandria Mental Health Center. The Friends Board is an all-volunteer group of residents that oversees the administration of one of Alexandria's top mental health charities. Friends has no paid staff, so Board members, working on average 10 hours per month, share the day-to-day work needed to accomplish its goals. Interested candidates should email FriendsofAMHC@gmail.com.
- STEM Professionals Needed. Help assist K-12 STEM teachers as part of the American Association for the Advancement of Science's STEM Volunteer Program, stemvolunteers.org, during the 2018-19 school year. In the 2017-18 school year, there are 85 volunteers in 6 Northern Virginia school districts. Contact Don Rea at 571-551- 2488, or donaldrea@aol.com.
- Volunteer Adult Mentors Needed. Help assist the Department of Family Services' BeFriendA-Child mentoring program. The mentors provide opportunities for companionship, guidance and support to children who have been abused and neglected, or who are at risk of abuse and neglect. Contact Ibrahim Khalil (Ibrahim.khalil@fairfaxcounty.gov) at 703-324-

4547.

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OPEN SUN 10/6, 2-4



Old Town Village | \$1,529,000 Beautiful TWO-LEVEL Charleston-style townhome feels like a single-family home. Impeccably maintained. 3 bedrooms, 2.5 baths, chef's kitchen, luxurious master bath remodel, 2 gas fireplaces, 2 courtyards, and a 2-car garage. 1203 Wilkes Street Mary Farrell 703.969.5522 www.ChooseMaryFarrell.com



Belle Haven | \$1,340,000

This gracious Colonial-style, 3-level brick home with lower level walk-out is functionally superior & energy efficient! 4 bedrooms, 3 baths on upper level; in-law suite & over-the-top Liebherr/Wolf kitchen. Brick patio & inviting screened porch! Janet Caterson Price 703.622.5984 www.JanetPriceHomes.com

OPEN SUN 10/6, 2-4

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bath colonial on 1/3 acre. Lower level rec

room and au pair suite. 2 car attached

garage. Private back yard with hot tub.

\$100 Amazon drawing at open house.

OPEN SUN 10/6, 2-4

Hollindale | \$998,500

This beautiful home is nestled into the hillside with gorgeous tree top views, a brick terrace spanning the front, private tiered deck in back and a bright and open floor plan. 7 bedrooms, 6.5 baths & 2 wood burning fireplaces. 1601 Hollindale Drive Robin Arnold 703.966.5457 www.RobinArnoldSells.com

OPEN SUN 10/6, 2-4



Hollin Hills | \$819,900

Serene and stylish one level Goodman contemporary. 4-5 bedrooms, 2 renovated baths, remodeled kitchen. Many updates: roof, windows, floors & more. Beautifully sited on a flat yard with new wrap-around patio & outdoor spaces. 2400 Elba Court Jodie Burns 571.228.5790 www.JodieBurns.com



Yates Gardens | \$929,000

Exceptionally bright & stylish townhome. Open concept with chef's kitchen, gleaming hardwoods and fireplace. The upstairs has 3 charming bedrooms. Lower level family room is completely renovated. Gorgeous private brick patio. Colleen Coopersmith 703.338.2930 www.ColleenCoopersmith.com

OPEN SUN 10/6, 2-4



Lorton | \$375,000

Completely refreshed 3-bedroom, 3.5bath, 3-level end unit with private fenced yard. New carpet, new paint, granite counters, and gas cooking! Close to Fort Belvoir and commuter routes. 2 assigned parking spaces at door. 7415 Larne Lane Rebecca McCullough 571.384.0941 www.RebeccaMcCullough.com



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OPEN SUN 10/6, 2-4



listed another popular Snowden model townhouse boasting 3 bedrooms, large kitchen opening to patio, brick exterior,

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