



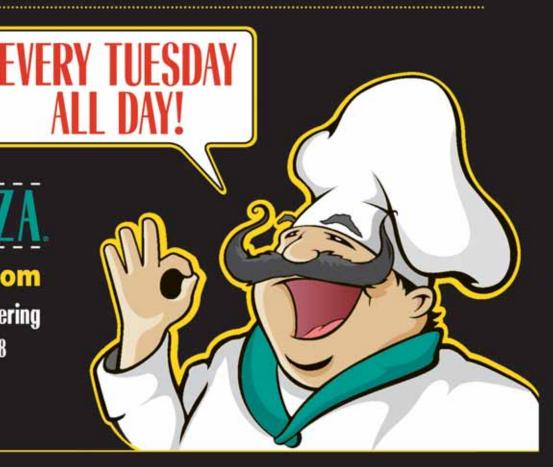


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News

Potomac Day! Potomac residents celebrate Potomac Day with parade, games, rides and information from community businesses.

By Peggy McEwan POTOMAC ALMANAC

epe Gaye, a long-time employee of the BP Station at the corner of River and Falls roads, stood on the island across from the station watching the Potomac Day Parade Saturday.

It was the 32nd time he watched the annual community event.

"It's changed over the years," he said, noting that there used to be horses and more bands.

Still, he enjoyed being there watching as cars and kids, politicians and dogs, even a llama and Peter Rabbit paraded past on a beautiful Saturday.

"We love it," Zoe Acadia said as she and her daughters Maddie, 11, and Lyla, 10, walked around the parking lot on the Potomac Place Shopping Center, watching visitors enjoy the many inflatable activities.

"We've been coming for six years," she said. "We had soccer games early [today] so we could come and stay for the whole

SEE POTOMAC DAY, PAGE 5



Members of Winston **Churchill High** School **Drumline** wait for the **Potomac Day** parade to begin







Twins Sasha, behind wheel, and Reese Miller, 8, enjoy the '57 Thunderbird at the car show.



Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

9024Mistwood Drive\$1,000,000



August, 2019 Sales, \$1,000,000~\$1,280,000

In August 2019, 65 Potomac Homes sold between \$3,300,000-\$310,000.





7 10401 Democracy Lane — \$1,150,000



2 7700 Hackamore Drive — \$1,275,000

C&O Canal Park Celebrates Geology

By Peggy McEwan Potomac Almanac

&O National Historical Park celebrated the beginning of Earth Science Week with "Autumn Rocks!" Sunday.

The program offered Park visitors the opportunity to explore the "geology and geography of the canal" as a kickoff program for Earth Science Week.

"This is our first Autumn Rocks program," Park Ranger Geoff Sutter, said.

"We are mainly a history park but [much] of that is related to geology including the buildings and many of the locks."

Sutter pointed out that most of the locks along the canal in this area are made from stone quarried near Riley's Lock and ferried down the canal.

Most of the activities set up for visitors were self-activated.

They included a soil science table where visitors could take ingredients, sand, clay, compost and rocks and make their own soil, then test it for different characteristics, and a Rock Identification Station with tests to help neophytes identify different types of rocks.

Blacksmith Eric Johnson and apprentice Josiah Bloom demonstrated the art of blacksmithing. They were making an axe head for a hatchet.

They also told about coal, which they were using for their fire, and how it is formed over hundreds of years

There were two types of coal on



Blacksmith Eric Johnson, right, and apprentice Josiah Bloom demonstrate their craft to visitors at Great Falls Park Sunday.

display at the exhibit Johnson explained. Soft coal (bituminous) which turns into coke when it burns, and anthracite, the hardest coal, most desirable for hot fire.

This is charcoal, he said, holding up another black "rock," but is was not a rock at all, it was "coal"

formed by slowly cooking wood at a low temperature and low oxygen environment.

Another highlight of the day was a guided hike to an abandoned gold mine in the park led by Jessica Lindsay, a geoscientist in the



Apprentice blacksmith Josiah Bloom runs bellows to supply oxygen to the fire while blacksmith Eric Johnson explains his craft to onlookers at Great Falls Park.

The mine, she said, hasn't been in operation for about 70 years.

"There were about 30 gold mines in Montgomery County, some more successful than others," she said. "Most of the successful ones were in the Great Falls area." Earth Science Week was Oct. 13-19 celebrating the theme "Geoscience is for Everyone," according to the National Park Service.

"I love how much interest we got," Lindsay said. "It's interesting to see how many people are interested."

Potomac Day!

FROM PAGE 3 thing."

A Montgomery County Police Motorcycle officer lead the parade down River Road, followed by the color guard from Boy Scout troop 773, which meets at Potomac United Methodist Church.

Potomac resident Chrissellene Petropoulos who once sang with both the Vienna State Opera and the Kassel State Opera in Germany, sang the National Anthem as the parade began.

Long and Foster realtor Sue Ader Groups announced the parade groups as they passed through the intersection of River and Falls. She said she thinks she has been the Master of Ceremonies for the event for four or five years.

"I love it, it's a great community and this is a nice showing of our sponsors," she said.

As the parade ended, events in the parking lot of Potomac Promenade Shopping

Center ramped up.

The traditional Car Show, sponsored this year by Criswell Auto, attracted a few dozen cars and lots of interested lookers, perhaps reimagining life when a '57 Chevy was "the" car or trying out a session behind the wheel of a '57 Pink Thunderbird.

Close to 100 vendors set up booths to introduce themselves to the community at the business fair and there were rides and games on both sides of Falls Road, in addition to a petting zoo with animals from Squeals on Wheels – hence the llama in the parade.

Peter Rabbit was a costumed member of Friends of the Library Potomac, celebrating the new Peter Rabbit herb Garden. Recently planted at the library.

"It's great," Potomac resident Ann Mulla said. "We come with our grandchildren every year and we brought our children before they became parents."



Perfect for the season an inflatable haunted house invited brave visitors.

PEGGY McEw.





Reaching Suburban Washington's Leading Households





Make sure that costumes are fire resistant, use reflective tape and opt for face paint instead of masks to help keep children safe this Halloween. Parents or other adult should accompany children under 12.

Keeping Children Safe on Halloween

"The same basic

rules of pedestrian

safety also apply on

Halloween. Cross the

street in crosswalks,

stay on the sidewalk

... and walk instead

crossing the street so

—Tammy Franks, Home and

Community Safety at the

National Safety Council

that you don't trip."

of running when

Safety advocates offer tips ranging from costumes to trick-or-treating.

> BY MARILYN CAMPBELL THE CONNECTION

rom princesses to superheroes, within the next two weeks, as Halloween approaches, many children will be choosing a costume. As children express their creativity with the help of wigs and light sabers, public safety advocates are encouraging caution both in costume selection and mapping-out a Halloween

"There are several components to safety, first make certain the costumes are well-fitted so they aren't a tripping hazard," said Tammy Franks, senior program manager for Home and Community Safety at the National Safety Council. "Instead of masks that could obstruct their view try using non-toxic face point."

night route.

It's possible to use face paint that it free of toxins, but doesn't sacrifice a creative disguise, says Aieda Turner of costume supply store Total Fright in Arlington. "Mehron face paint is completely safe and it's made of aloe vera and cucumber and doesn't have any alcohol which can irritate a child's skin. she said. "Almost all children's costumes made now, even elaborate costumes, are fire resistant."

ent, says Franks, drivers should be able to see children, especially if they are wearing a dark costume. crossing the street so that you don't trip."

Adding glow-in-the-dark or reflective tape can help. "Children should carry a flashlight or glow stick so that they can see and be seen," she said. "Parents should make sure that costume is flame resistant and they should add a reflective component."

The costume itself shouldn't have accessories that pose hazards, says Franks. "For example, if your costume includes a sword or knife, make it out of foam or cardboard or something flexible," she said.

When out-and-about trick-or-treating on Halloween, retired pediatrician Julia Baker, MD, advises parents to accompany children under the age of 12. "Parents know their children best and should use their own judgement when it comes to allowing a child to go trick-or-treating [without an adult]," she said. Parents should make a plan with their child

> about the route they'll take so they'll know where to find them in an emergency situation. They should also agree on the time when a child should be back at home."

> Children should carry a cell phone so that parents can contact them if necessary, says Baker. "Parents should definitely be able to reach their children on Halloween," she said. "As hard as it might be these days, parents should stress to their children the danger of texting and keeping their head buried in their phones while trick-or-treating."

Staying in well-lit areas and trick-or-treating with a group of friends can help make Halloween activities safer. "The same basic rules of pedestrian safety also apply on Halloween," said Franks. "Cross the street in cross-

When children are trick-or-treating without a par- walks, stay on the sidewalk instead of running through yards and walk instead of running when

ONNECTION

703-778-9431

News

Detectives Investigate Death of Montgomery County Police Officer Thomas J. Bomba

he Montgomery County Department of Police – Major Crimes Division is investigating the death of Montgomery County Police Officer Thomas J. Bomba that occurred Monday morning in Silver Spring.

At approximately 8:49 a.m., Monday, Oct. 14, Officer Thomas J. Bomba of the Montgomery County Police Department's 3rd District was on routine patrol when he radioed to the dispatcher that he had been flagged down by someone regarding disorderly subjects in the public parking garage located on the corner of Ellsworth Drive and Fenton Street in downtown Silver Spring.

There was no additional communication from Officer Bomba.
Additional officers responded to the area to assist him with the call.

The first assisting officer located Officer Bomba on the top level of the garage suffering from a gunshot wound and immediately radioed for additional support to include Montgomery County Fire & Rescue Services. Officers attempted lifesaving measures on the scene and Officer Bomba was subsequently transported to the MedStar Washington Hospital Center in Washington, D.C., where he succumbed to his injuries.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/ Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

MONTH OF OCTOBER

Giant Food Community Bag Program. At Giant Food Store, Falls

Road, Potomac. Potomac Bridle and Hiking Trails Association (PBHTA) celebrates its selection as a Giant Food Community Bag Program beneficiary in Potomac. The program is a reusable bag program that facilitates community support with the goal to make a difference in the communities where shoppers live and work. PBHTA will receive a \$1 donation every time the \$2.50 reusable Community Bag is purchased at this location during October, unless otherwise directed by the customer through the Giving Tag attached to the bag. Learn more at PBHTA.org. For information on the Giant Food Community Bag Program, visit giantfood.bags4mycause.com

HIGH SCHOOL POETRY CONTEST

The Gaithersburg Book Festival

announces its annual high school poetry contest is now open for submissions. First and second place winners will receive \$250 and \$100, respectively. Third place and fan favorite winners will receive \$50 and \$25, respectively. Winners will be unveiled at the Gaithersburg Book Festival on May 16, 2020, at its new, temporary location – Bohrer Park at Summit Hall Farm, 506 S. Frederick

Officer Thomas Bomba, age 38, of Gaithersburg, was a 13-year veteran of the Police Department. He was assigned to the Patrol Services Division in the 3rd District. He is survived by his wife and two children.

"This is a very sad day for Montgomery County," County Executive Marc Elrich said. "We have about 10,000 County employees and when they go to work each day, they expect to be going home that night. That expectation is not as simple for our public safety employees. ...

"Today, a much-respected officer, Thomas J. Bomba, will not be going home at the end of his

"He dedicated his life's work to the residents of Montgomery County. He was a 13-year veteran of the department, who was a friend to the officers he served with and a stalwart protector of the community he policed. Our thoughts and prayers go out to his family, friends and the Montgomery County Police Department. Our County lost one of our own and I ask the people of Montgomery County to keep Officer Bomba's family, his friends and fellow officers in your hearts during this very difficult time."

Ave., Gaithersburg. To participate, students must be enrolled in grades 9-12 at a public or private school, or be in a homeschool program, for the 2019-2020 school year. Additionally, entrants must reside in Maryland, Virginia or the District of Columbia. Poems must be the original work of the student and must not have been previously published online or in print. Poems must be submitted electronically via web at https:// tinyurl.com/yyvgqdpl by midnight ET on Thursday, February 20, 2020. Complete rules and regulations can be found online at https:// www.gaithersburgbookfestival.org/ gbf-programs/poetry-contest/ Questions can be emailed to writingcontest@gaithersburgbookfestival.org.

MONDAY/OCT. 21

FY21 Operating Budget Forum. At

Bethesda-Chevy Chase Regional Services Center 4805 Edgemoor Lane, Bethesda. Montgomery County Executive Marc Elrich is holding budget forums to seek input from residents about Fiscal Year 2021 (FY21) Operating Budget priorities. The County Council approves the operating budget at the end of May.

Flu Vaccination Campaign. 4:30-7:30 p.m. At the Universities at Shady Grove, Building II, 9630 Gudelsky Drive, Rockville.

Montgomery County will hold its annual flu vaccination campaign and urges residents to get a flu vaccination. Anyone not wanting to get the flu should receive the

SEE BULLETIN, PAGE 11







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www.heights.edu

Visit The Heights Forum for book reviews, interviews, and articles: www.heights.edu/forum
A resource for parents and teachers of "Men Fully Alive!"

POTOMAC DAY



Photo by Mary Kimm Jill Phillips of Squeal on Wheels, and Adam Greenberg of Potomac Pizza



Jill Phillips introduces a baby miniature teacup pig to Nathan Razak and his mom, Jen.

Potomac Day!



The Band, Retrospect



PHOTO BY ANDREA RAZAK

Jen and Nathan Razak at Potomac

Day.



PHOTO BY DEBBIE STEVENS

Bethesda Big Train Baseball represented by David Schneider, BUNT,
and Chris Rogers



Grant and Dima Jonathan Phillips with Cuddles.





PHOTOS BY JILL PHILLIPS

County Councilmember Andrew Friedson getting friendly with Squeals on Wheels Alpaca/Llama at Potomac Day, Oct. 12.

Ротомас Дау



Photo by Debbie Stevens

Citizens of the Year, Friends of the Library, **Potomac Chapter**



Photo by Andrea Razak

Climbing structure and a beautiful day.



Tents for the business fair with almost 100 represented.



Squeals on Wheels: Betsy Gordon and Cappy



PHOTO BY DEBBIE STEVENS

Aidan Hickey, Child Psychiatrist Susan Rich, MD, with Daisy and Sparky — Edward Grant.



SHOW HIGHLIGHTS *

COMPLIMENTARY TICKET PROGRAM

FOR MEMBERS OF SELECT COMMUNITY,

SERVICE, AND OTHER ORGANIZATIONS*

THURSDAY OCT 24, 7PM

Barn Night | "Halloween on Horseback"

SATURDAY OCT 26, 6:30PM World Cup Night | President's Cup

*Visit WIHS.org/FreeTickets for

Subject to terms and availability.

program details and updates.

Entertainment

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Maryland Renaissance Festival. Crownsville, Md. The Maryland Renaissance Festival celebrates its 43rd season with nine weekends of thrills, feasting, handmade crafts, entertainment and merriment. The 27-acre Village of Revel Grove comes to life each autumn with more than 200 professional performers on 10 stages in the forests and glades with over 140 artisans exhibiting crafts in their own renaissance shops, five taverns featuring cool libations, and 42 food and beverage emporiums. Tickets Sept. 14-Oct. 20, \$12-\$27. Group and multi-day discounts available. Children under 7, free. Visit www.marylandrenaissancefestival.com for more.

THURSDAY/OCT. 17

Diabetes, Dementia, Heart Disease and

Cancer. 8:30-10:30 a.m. At Charles E. Smith Life Communities, 6121 Montrose Road, Rockville. As a follow-up to the Sara and Samuel J. Lessans Healthcare Symposium, this event focuses on the commonalities and complexities of treating diabetes, dementia, heart disease and cancer in an older population. Speakers include: Edward Healy, M.D., MBA, Chair of Cardiology, Suburban Hospital; Linda Dunbar, Vice President of Care Management and Population Health; Johns Hopkins Healthcare; and Monica Talcott, Social Worker and Clinical Liaison, Season's Hospice.

Season's Hospice. **Beowulf T. Wonderbunny's Halloween**

Spooktacular. 10:30 a.m. At Potomac Library, 10101 Glenolden Drive, Potomac. For preschool and kindergarten age. After helping magician Tom Lilly pick out a Halloween balloon hat, Storytime ghouls and boils pitch in to help with the magic before getting Beowulf T. Wonderbunny's new haunted house ready in time for a special treat. Visit www.montgomerycountymd.gov.

S'mores Night. 5-7 p.m. At Elm Street Park, 4600 Elm Street, Bethesda. Make a delicious treat and cozy up for a festive evening outdoors with friends, complete with live music, board games and food and drinks sold by Bethesda restaurants. Call 301-215-6660 or visit www.bethesda.org.

FRIDAY-SUNDAY/OCT. 18-20

Halloween Eye Spy Trains. Friday, 4-6 p.m.; Saturday-Sunday, 10 a.m.-6 p.m. Bring the kids to ride Halloween Eye Spy Trains and search for all the characters hidden along the tracks. Great for families of all ages, Montgomery Parks' Cabin John Miniature Train will take a ride through "Trainslyvania." Visit ow.ly/ Ktjy50vSaTz for tickets.

SATURDAY/OCT. 19

Truck Touch. 10 a.m. to 2 p.m. At Suburban Nursery School, 7210 Hidden Creek Road, Bethesda. Kids of all ages can pretend to drive a school bus, explore construction rigs, delight at the sounds of the fire truck, and hop aboard many more vehicles. Along with the cool rides, guests can enjoy homemade baked goods, lunch from favorite local food trucks and shop a used toy and book sale. Cost is \$5/person; kids under 2 are free. Visit the website: https://suburbannursery-school.ticketleap.com/truck-touch-2019/

Potomac Conversation Club. 11 a.m. At Potomac Library, 10101 Glenolden Drive, Potomac. Practice English conversation in a friendly and relaxed setting. New members are always welcome. No registration. Join in at any time. For more information, call 240-777-0690.

Rockville's Antique and Classic Car Show.

11 a.m. to 3:30 p.m. At Rockville Civic Center Park, 603 Edmonston Drive, Rockville. The free show – one of the oldest and the largest in the mid-Atlantic region – will feature more than 500 vehicles, a car-related flea market, a car sales area, live music by Sons of Pirates and a moon bounce. Croydon Creek Nature Center will be open to visitors. The show is the premier nonjudged motor vehicle show in the region, offering the chance to share memories of classic cars of yesteryear. The theme of this year's show is "The 9s," featuring models from the last year of each decade from 1889-2019. Parking will be available at Rockville Civic Center Park, with



Photo contributed

Ann Mulla has lived on Masters Terrace in River Falls for about 30 years. She is with her grandson Ethan (he's three years old) at Potomac Day, Saturday, Oct. 12.

overflow parking at Rockville High School, 2100 Baltimore Road. A courtesy shuttle will run between the school and the show from 10:30 a.m.-4 p.m. For inclement weather updates, call 240-314-5022. Car owners can register their vehicle until 5 p.m. Wednesday, Oct. 16. After that, owners must register on the day of the event. To show or sell a car at the show, host a flea market booth, or learn more, visit www.rockvillemd.gov/carshow, call 240-314-8620 or email specialevents@rockvillemd.gov.

The Lustre Quartet. 5 p.m. At Faith United Methodist Church, 6810 Montose Road, Rockville. Lustre, otherwise known as "The Queens of Harmony," are rock stars in the field of a cappella singing. The concert is presented by Chapter O, MD of P.E.O., Philanthropic Educational Organization. P.E.O. is a nonprofit organization founded in 1869, and is dedicated to improving the lives of women through education. Tickets are \$20. To reserve tickets, email: PEOChapterOMD@gmail.com.

MONDAY/OCT. 21

Learn Basic Knitting. 4:30 p.m. At Potomac Library, 10101 Glenolden Drive, Potomac. Knitting is a great way to relax and spend your time. Bring your own needlecrafts or use our limited supplies. For ages 8 and up. All skill levels welcome! Meets once a month (except December) No registration required. This program is sponsored by the Friends of the Library-Potomac Chapter. No registration required.

"Life Underground – Get the Dirt on Soil Fungi." 8 p.m. At Brookside Gardens, 1800 Glenallan Ave., Wheaton. Free. Presented by the Silver Spring Garden Club and Serenella Linares Have you ever seen mushrooms popping up in your garden and wondered: "What is that? What is it doing to my plants?" During this talk we will explore the magical world of fungi, their functions, and how they are changing things in your garden. Come and learn about plant-fungi relationships and see the underground world like you have never seen it before. Learn some of the common species in the state of Maryland, and get a chance to see local species of mushrooms close-up.

WEDNESDAY/OCT. 23

Make a Cartesian Diver. 4:30 p.m. At Potomac Library, 10101 Glenolden Drive, Potomac.It's STEM Festival time! Join us at the Potomac Library to learn scientific concepts while making your own Cartesian Diver take home. No registration required.

Caring About Climate Change. 6:30-9 p.m. At Brookside Gardens, 1800 Glenallen Ave., Wheaton. Four short films on climate change



PHOTO CONTRIBUTED

West Montgomery County Citizens Association booth at Potomac Day, Saturday, Oct. 12, with, from left, Nancy Madden, Newsletter Editor; Susanne Lee, President; Barbara Hoover, Treasurer.

and youth leadership will conclude the series. Caring About Climate Change was produced by Montgomery County students as part of a Gandhi Brigade Youth Media summer program. Green Ambassadors and Save Tomorrow are from Young Voices for the Planet, and Waterways: Ellicott City was produced by students from Lansdowne High School near Baltimore with partner organizations. Visit www.montgomeryparks.org.

THURSDAY/OCT. 24

Baby and Toddler Storytime. 10:30 a.m. At Potomac Library, 10101 Glenolden Drive, Potomac. A storytime experience for our youngest library users and their caregivers. These 20-30 minute storytimes introduce a diverse collection of books, songs, rhymes and bounces developmentally appropriate for children from birth to when they start walking. This is a wonderful way to introduce your child to the joys and culture of reading in a positive and fun atmosphere. This storytime is designed so the baby will be in their caregiver's lap and the grownup is actively involved in the program.

Stay and Play. 11 a.m. At Potomac Library, 10101 Glenolden Drive, Potomac. For babies and toddlers, an open play program at the Potomac Library. We provide the toys and music-you bring the smiles! This program is for children aged 0 - 6 years old along with their families.

FRIDAY/OCT. 25

BOOtanical Family Festival. 5:30-8:30 p.m. At Brookside Gardens, 1800 Glenallan Ave., Wheaton. Cost is \$18. Children can dress in their favorite costume, participate in a garden costume parade, paint a pumpkin, try a pumpkin treat, and top the evening off listening to award winning storyteller Gary Lloyd present "Pumpkin Tales for the Young," telling tales more funny than scary. Space is limited. Register children ages 3 - 12. Parents are free. Please register each child expecting a pumpkin.

each child expecting a pumpkin.

"Port Authority." 8 p.m. At the Writer's Center,
4508 Walsh Street, Bethesda. Quotidian Theatre
Company launches its 2019-20 season with a
powerful re-staging of Conor McPherson's "Port
Authority." The play is the tale of the lost loves
and missed opportunities of three generations of
Dublin men. Fridays and Saturdays at 8 p.m.;
Saturdays and Sundays at 2 p.m. Tickets are \$35
Regular, \$30 Seniors, \$20 Students/Writer
Center Members, and \$20 for patrons 30 years
of age and under on all Fridays. Tickets for the
general public are available at Brown Paper
Tickets (https://www.brownpapertickets.com/
event/4313871) or by contacting the Quotidian
Theatre Company box office at 301-816-1023 or
qtcboxoffice@gmail.com.

FRIDAY-SUNDAY/OCT. 25-27

Halloween Eye Spy Trains. Friday, 4-6 p.m.; Saturday-Sunday, 10 a.m.-6 p.m. Bring the kids to ride Halloween Eye Spy Trains and search for all the characters hidden along the tracks. Great for families of all ages, Montgomery Parks' Cabin John Miniature Train will take a ride through "Trainslyvania." Visit ow.ly/ Ktjy50vSaTz for tickets.

SATURDAY/OCT. 26

Potomac Conversation Club. 11 a.m. At Potomac Library, 10101 Glenolden Drive, Potomac. Practice English conversation in a friendly and relaxed setting. New members are always welcome. No registration. Join in at any time. For more information, call 240-777-0690.

Artist Tom Greaves. 2 p.m. Artist talk at Galleries at BlackRock Center for the Arts, 12901 Town Commons Drive, Germantown. Free. Featuring his "Middlemost Draft." In a series of assemblages depicting the middle of an unfinished short story, Greaves challenges the viewer to question what is real and what is fake as we consider how our unintentional and perhaps unknown biases shape what we believe to be the truth. Visit www.tomgreavesart.com

Washington Conservatory of Music. 8 p.m. At Westmoreland Church, One Westmoreland Circle, Bethesda. Music of Brahms, Bozza, Dukas, Messien. Featuring Abel Pereira, horn; Nurit Bar-Josef, violin; and Audrey Andrist, piano. Free. Contact Kathy Judd at kjudd@washingtonconservatory.org.

SUNDAY/OCT. 27

Normandie Jazz Jam. 2:30-5:30 p.m. at Normandie Farms Restaurant, 10710 Falls Road, Potomac. The seven-piece Conservatory Classic Jazz Band opens with various music styles, New Orleans, Chicago, New York and more. Surprises occur when jammers join in to share their musical talents. Food and drinks enhance the experience. Free for youth and jammers; \$10 for others. Email labeaver1@verizon.net or call 240-447-2054.

Haunted House. 4-6 p.m. At Clara Barton Community Center, 7425 MacArthur Blvd., Cabin John. Your path will be haunted by spectral entities from beyond the grave, witches will tell your fortune (this includes both children and adults), games will test your nerves and skills. All ages are welcome, free of charge, though children under 12 are most likely to be spellbound. Little ones may want a hand to hold. There will be small gifts for the kids and refreshments for all. Call 240-777-4910.

Through the Looking Glass. 5 p.m. At Bradley Hills Church, 6601 Bradley Boulevard, Bethesda. Join The Thirteen for an exploration of some of the most beloved English-language composers. Featuring Tallis' symphonic-in-scope Gaude gloriosa Dei mater, Britten's touching and powerful Hymn to St. Cecilia, Pulitzer Prizewinning composer Caroline Shaw's Fly Away I, selected repertoire from the distinctly-American Sacred Harp repertoire, and more, this concert promises to be a display of virtuosity and artistry. Tickets for The Thirteen may be purchased by visiting https://www.thethirteenchoir.org.

News

Joint Aircraft Noise Study

County, Maryland, have jointly released a Request for Proposals (RFP) for consulting services in support of a study of aircraft noise proximate to Reagan National Airport.

The two jurisdictions will jointly hire a consultant for a study of aircraft noise, and recommendations for improvement.

Arlington has allocated \$125,000 for the work described in the Scope of Services, matched by an equal allocation by Montgomery, for a total budget of \$250,000.

From the RFP:

The purpose is to: analyze existing aircraft noise and operations data to enable understanding by the public; inform efforts by policymakers to reduce noise impacts; and to identify, evaluate and propose mitigations to reduce impacts on residents of Arlington County, Montgomery County, and other communities north of Ronald Reagan Washington National Airport (DCA).

The contractor will provide Arlington and Montgomery elected officials, staff, and representatives on the Metropolitan Washington Airports Authority (MWAA) DCA Community Working Group (CWG) with technical resources to better understand the nature of airspace management and possible alternatives and assist with coordination and broader community outreach among surrounding jurisdictions, MWAA, and the Federal Aviation Administration (FAA). The Aircraft Noise Abatement and Mitigation Study is to be completed within 12 months from the date of the execution of the contract and ongoing support services from the date of the execution of the Contract for a period of up to two years following completion of the Study. The selected Contractor will be entering into an agreement with Arlington County,

rlington County, Va. and Montgomery Virginia. The requested services have been agreed to by Arlington and Montgomery through a Public Entity Contract

> Since October 2015, Arlington has participated in the DCA Community Working Group as the venue for a regional discussion on aircraft noise impacts and solutions.

> The Community Working Group has a North of Airport committee composed of members from Arlington, Montgomery, and the District of Columbia. The DCA Community Working Group activities mirror those supported by the FAA and being undertaken across the country in other metropolitan areas seeking to address community impacts. Despite the creation of this group, and the deliberations it has hosted, there remains a lack of data-driven understanding of what has caused the increased noise impacts and what can be done to address them.

> Many jurisdictions around the region have grown frustrated with the pace and process of the Community Working Group and the perceived lack of responsiveness from MWAA and

> Participation in the Community Working Group remains robust as no other regional venue exists to address aircraft noise issues. A group of residents in Northwest Washington unsuccessfully sued the FAA over the new DCA flight procedures, and the State of Maryland has an active lawsuit against the FAA. Arlington and Montgomery, with their common interests north of the airport, have elected to fund and initiate their own joint analysis and related tasks through this RFP.

> The Counties aim through this RFP to take a holistic approach to procedure design, reducing aircraft noise where possible, and equitably sharing the impacts where necessary.

BULLETIN BOARD

FROM PAGE 7 seasonal flu vaccination, particularly the elderly, household members living with children younger than six months of age, health care workers and individuals with chronic illnesses. Flu shots will be available to individuals 6 months of age and older. There will be three FREE flu shot clinics for healthy, school aged children (ages 3 to 18 years) by appointment only. Flu Mist will not be available. Schedule appointments at https:// apps.montgomerycountymd.gov/ FluVaccine/ or call 311.

WEDNESDAY/OCT. 30

Youth Town Hall. 7-8:30 p.m. At Clarksburg High School, 22500 Wims Road, Clarksburg. The Montgomery County Council will host a youth town hall to learn more about the issues impacting young people in the County. Doors open at 6:30 p.m. for a pre-meeting pizza reception for students and Councilmembers in the school's cafeteria. The vouth reception provides students with a chance to meet their local representatives and to ask questions and get information about the issues that matter to them. At the pre-meeting reception, Councilmembers will visit with students and their family members. Call 240-777-7931. Learn more by watching: https://youtu.be/nT5F_Clwo2c

THURSDAY/OCT. 31

Applications Due. Leadership Maryland is now accepting applications for the Class of 2020. Leadership Maryland, the professional development program dedicated to building a better Maryland by harnessing the strength of its local business and community leaders, is now accepting applications for the Class of 2020. Leadership Maryland's selection committee will choose 52 applicants to complete an eight-month handson learning program focused on economic and environmental issues. Completed application, available online only at www.LeadershipMD.org. Completed application packages and registration fees must be received by Leadership Maryland (134 Holiday Court, Suite 318, Annapolis, Md. 21401) by 5 p.m. on October 31, 2019. Contact Leadership Maryland at 410-841-2101 or Info@LeadershipMD.org.

CRISIS PREVENTION SERVICES

EveryMind Crisis Prevention and Intervention specialists are available by phone, text and chat every hour of every day. The community can also look to EveryMind for mental health professionals who are prepared to talk about warning signs and ways anyone can help to prevent suicide from ending lives far too soon. EveryMind is an

independent 501(c)3 nonprofit organization. Visit Every-Mind.org. More resources

- ❖ Call or Text Montgomery County Hotline: 301-738-2255
- Chat: Crisis Prevention Chat: suicidepreventionlifeline.org/ chat/
- Call: National Suicide Prevention Lifeline: 1-800-273-8255
- www.every-mind.org/services/
- www.every-mind.org/wp-content/ uploads/2017/12/Talking-to-Kids-about-Suicide.pdf
- suicidepreventionlifeline.org
- www.suicidology.org

SUPPORT GROUPS

Cancer Support Groups. Held at Hope Connections for Cancer Support, Beaumont House at FASEB 9650 Rockville Pike Bethesda. Free. Weekly support groups for people with all types of cancer, caregivers, people with advanced cancer and a bereavement group. An ovarian/ gyn support group and group for young adults with cancer are offered twice a month, as are monthly groups for people with breast cancer, bladder cancer, blood cancers, and gastrointestinal cancers.Orientation sessions are held every Monday at 11 a.m. and the second and fourth Thursday of each month at 6 p.m. in Bethesda. RSVP at 301-634-7500 or info@hopeconnectionsforcancer.org.

POTOMAC ALMANAC

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No Soap. Radio.



By KENNETH B. LOURIE

This is a punchline to a joke I heard 50-plus years ago during my adolescence. I never knew what the actual joke was, but somehow it was thought to be funny. And so too was it funny the other day when preparing to take a shower at home, I noticed that the bar of soap waiting for me in the shower was razor thin and insufficient for the task at hand. I then opened the bathroom vanity where I knew I had back up and saw there was only one bar remaining. It was the last hold-out of an eight pack I had bought many months ago. As Maurice Chevalier sang in the movie "Gigi:" "Ah. I remember it well."

And remember it well as I remember other similar bulk-type purchases. Sometimes, being diagnosed with a "terminal" form of cancer interferes in the most unusual way. When I buy things or make arrangements

when the use/benefit is in the future, I'll often wonder if I'll still be alive to actually derive the benefit from this day's commitment. As involves the soap; that day in the supermarket aisle, I was really looking for a two- or a threepack, not an eight-pack, hesitating to overbuy when I may under-use. I suppose if I had plenty of money and fewer financial concerns than I do now, I wouldn't have given this soap purchase any thought at all. But I'm me, not somebody else.

And sometimes, I don't want to be me. I'd rather be somebody else. Somebody else who throws a bit more caution to the wind. Somebody who damns the torpedoes and goes full speed ahead. Somebody who's a bit fast and furious and less slowsky, if I can invoke metaphorical Comcast turtles into the conversation. Nevertheless, at the end of the day (at the beginning, too), I may not be Sammy Davis Jr., but "I Gotta Be Me."

And 'me' is someone who doesn't throw caution anywhere, has never sworn at a torpedo. and loves turtles, especially when they beat hares. My approach to this excruciating cancer ordeal is to keep my glass half full, compartmentalize, be positive about the negative and not "Live Like You Were Dying," as sung by Tim McGraw, but to live like I was living. Which to me has meant to live normally as if I didn't have stage IV lung cancer, with no bucket list or urgency about anything; and to assimilate having cancer into my life as just another variable, like the weather or the Red Sox bullpen

Unfortunately, and it might just be me (Oh, really), but this kind of soapy mundane minutiae does occupy (I'm not saying pre-occupy though) my world. But it doesn't necessarily occupy it because I have cancer. It occupies it because I'm more like my mother than I am my father and cancer or not, it's what I do. And being exactly who I am in spite of my diagnosis is how I've rolled through these last 10-plus years. It's been a living for which I remain extraordinarily grateful and to be honest about it: amazingly lucky.

Moreover, I make the same jokes, with or without punchlines, do the same impressions, invoke the same popular culture references and make decisions as I always have. In addition, I allocate resources, juggle funds and plan for the future while being mindful of the present likewise as I always have. My diagnosis certainly defines me, but I try not to let it control me. Still, its reality seeps into every decision I make, from soap to nuts. It's the elephant in the room and the pebble in my shoe (actually that's the neuropathy in my feet).

Still I have to take things in stride - or else. When I saw that last remaining bar of soap, it conjured memories of the tightrope I have to walk (Leon Russell not withstanding). And it gave me pause: Wow, I made it through that entire pack. Now what? Soap. No radio. And so

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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Nancy Ittellag



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