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Food, Music, Crafts Fairfax Fall Festival News, Page 4

Leonard Bernstein As His Daughter Remembers Him News, Page 13

Fairfax

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INTO FITNES

CAKE

PAGE, 8

MEDIUM

With their custom cakes and

cupcakes are (from left) Jeannette Lemay and Andrew Ramos

of Jett's Cakes at the Fairfax Fall Festival on Saturday, Oct. 12.

October 17-23, 2019







Growing glass pile.

Lawyers Road-Reston Parkway Park-And-Ride location

No More Curbside Pickup for Glass

Residents will have to take their glass bottles and jars to a purple bin.

> By Mercia Hobson The Connection

n Oct. 1, Fairfax County announced it will no longer accept glass bottles and jars in curbside recycling bins.

The county decided to make the announcement after consulting with private recycling sorting centers and Covanta Fairfax, Inc., which operates the waste-toenergy plant. With the elimination of glass jars and containers from its single-stream curbside program, the county provided options for glass containers.

"Residents should reuse glass containers or bring them to purple, glass-only recycling containers located throughout the region. If this is not possible, glass should be placed in the trash," said Fairfax County in its post.

Glass items not accepted included lamps, light bulbs, ceramics, porcelain, mirrors, windows and sheet glass.

Glass collected from the purple containers will be delivered to the only glass processing plant in the area, the I-95 landfill complex in Lorton.

When residents deliver used glass containers to purple, glass-only recycling containers, that glass is crushed and reused in county projects. Glass processed in Lorton is pulverized. It has been tested and reused in place of quarried gravel as bedding and fill construction projects.

For years, most glass has passed through the recycling process as residue, or waste. Some of the glass is applied as landfill cover, an approved use by the Virginia Department of Environmental Quality, but most of it is simply landfilled with other unrecyclable waste.

Broken glass should be packaged into a rigid container, labeled and set out with trash for disposal. Intact glass windows, sliding doors, glass sheets and mirrors can be taken to the I-66 Transfer Station and I-95 Landfill Complex for disposal.

The county forewarned Feb. 15, 2019 that it was encountering many problems with www.ConnectionNewspapers.com



Map showsNorthern Virginia's Glass Recovery Program's locations of Purple Glass Only Drop-Off Bins.

Glass Recycling Drop-Off Locations

Northern Virginia's Glass Recovery Program-Locations of Purple Glass Only Drop-Off Bins in Northern Virginia Partners:

FAIRFAX COUNTY

I-66 Transfer Station Fairfax County Recycling and Disposal Center Mount Vernon District Governmental Center Springfield District Governmental Center Mason District Governmental Center Sully District Governmental Center Providence Community Center Franconia Governmental Center Fairfax County Government Center – Lot B Reston South Park and Ride Dolley Madison Library

glass in its single-stream recycling. When glass comingled with other materials in the County's single-stream recycling program, it often broke during truck collection and transport to material recovery centers. The broken glass mixed with other more valuable recycled items such as cardboard and metals and contaminated them, lowering their scrap value and making them more

CITY OF ALEXANDRIA

South Royal Street & Jones Point Drive 4251 Eisenhower Ave 3224 Colvin St Tower Court & South Whiting Street

ARLINGTON COUNTY

2800 S Taylor St Quincy Park Aurora Hills Recreation Center Cherrydale Branch Library Lee Community Center

challenging to sell in the marketplace.

Compounding the problem, approximately two years ago, China, the largest consumer for recycled materials, imposed stricter import standards on the quality of recycled content it accepted. Also, the additional heavy weight of broken glass when intermixed with other recyclables presented extra costs when transporting the mixed

materials. The broken, abrasive glass also damaged machinery.

Ten other states have created container deposit laws or so-called "bottle bills." Under a bottle bill system, when you purchase a beverage container, you pay an additional deposit amount (usually 5 or 10 cents per container), which is added to the cost of the product. Once the product has been consumed, you take the empty container to a redemption center where you receive your deposit back.

According to Fairfax County, glass processed in Lorton is pulverized. It has been tested and reused in place of quarried gravel as bedding and fill construction projects such as the Flatlick Branch sanitary sewer replacement project. See w w w. y o u t u b e . c o m / w a t c h time continue=1&v=N0toyRgH YE.

For container glass, place it in the trash where it will go to the landfill with other unrecyclable waste, much like what is currently happening with contaminated recyclable materials in the county. According to "Fairfax County Government Public Works, *Shatter the Glass Ceiling – Recycle Glass @ I-95:*

"For years, most glass has passed through the recycling process as residue, or waste. Some of the glass is applied as landfill cover, an approved use by the Virginia Department of Environmental Quality, but most of it is simply landfilled with other unrecyclable waste."

"If the glass is broken," the county stated, "Carefully package into a rigid container. Label the package "GLASS" and set out with your trash for disposal... Intact glass windows, sliding doors, glass sheets and mirrors can be taken to the I-66 Transfer Station and I-95 Landfill Complex for disposal."

Virginia Recycles.org released on its site, the fact sheet "Container Glass Recycling in Virginia," by Northern Virginia Regional Commission and Northern Virginia Waste Management Board. The sheet described how other parts of the country recycle glass and multiple options to improve glass recycling in Virginia. Among options names were Deposit and Extended Producer Responsibility laws, recycling grant programs, and removal of glass containers from curbside and drop-off recycling programs with establishment of glass-only drop-off and collection programs which Fairfax instituted.

Fairfax Connection 🔹 October 17-23, 2019 🔹 3

An estimated 30,000 people attended the 43rd annual Fairfax Fall Festival.



Food, Music, Crafts: Fairfax Fall Festival

The Fairfax Fall Festival was Saturday, Oct. 12.

American Heritage Girls Troop 1907 (from left) Colleen, leader Shannon and Fiona Mathews, plus Sarah Matson, take donations for Wreaths across America.

Photos by Bonnie Hobbs/ The Connection







From left, Deborah Dillard and Molly Grimsley, both of Fairfax City's Commission on the Arts, at the Chalk it Up to Art area at the Fairfax Fall Festival.



Artist Mark Cottman sells polymer reproductions of his artwork.



GMU's Dirty Gold Brass Band performs outside Earp's Ordinary.

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Representing Fairfax City's Mara Hair and Mode are (from left) Austin Milyo, owner Danielle Wade, Setareh Sabti and Jocelyn Garcia.



The little girl at left participates in the lumberjack show while the crowd watches.

NOTICE TO THE PUBLIC OF AN APPLICATION BY VIRGINIA ELECTRIC AND POWER COMPANY FOR APPROVAL AND CERTIFICATION OF ELECTRIC FACILITIES: LOUDOUN-OX 230 KV TRANSMISSION LINE PARTIAL REBUILD <u>CASE NO. PUR-2019-00128</u>

On August 13, 2019, Virginia Electric and Power Company d/b/a Dominion Energy Virginia ("Dominion" or "Company") filed with the State Corporation Commission ("Commission") an application for approval and for a certificate of public convenience and necessity to construct and operate electric transmission facilities in Loudoun, Prince William, and Fairfax Counties, Virginia ("Application"). Dominion filed the Application pursuant to §56-46.1 of the Code of Virginia ("Code") and the Utility Facilities Act, Code §56-265.1 et seq.

Dominion proposes to rebuild, entirely within an existing right-of-way or on Companyowned property, five separate segments of its existing 230 kilovolt ("kV") transmission Lines #2173, #295, #265, #200, #2051, #2063, #266, and #2008, which are collocated at various points within the existing transmission line corridor between the Company's existing Loudoun and Ox substations ("Rebuild Project"). The Company proposes to:

(i) remove approximately 4.4 miles of existing 230 kV transmission Line #2008 between Structure #2008/1A and Structure #2008/24, retire approximately 8.4 miles of existing 115 kV transmission Line #156 between Loudoun Substation and Bull Run Substation, cut and loop in existing Line #265 into Bull Run Substation as the line passes directly overhead, and perform related substation work at the Loudoun, Bull Run, Mosby, Sully, and Clifton Substations (collectively, the "Loudoun-Bull Run Segment");

(ii) remove approximately 3.9 miles of existing 230 kV transmission Line #2173 on double circuit structures between Structure #2173/1A and Structure #2173/21, remove idle 230 kV transmission Line #1265, and rebuild approximately 3.9 miles of Line #2008 and Line #2173 on new, shared double circuit structures along the Line #2008 centerline between #2008/1A and Structure #2008/21 (collectively, the "Loudoun-Elklick Segment");

(iii) rebuild approximately 4.4 miles of existing 230 kV transmission Line #295 on new double circuit structures from existing Structure #295/21, remove idle 230 kV transmission Line #1265, rebuild 0.4 mile of Line #2008 between Elklick Junction and Dulles Junction on structures shared with Line #295, and rebuild approximately 4.0 miles of existing 230 kV transmission Line #265 between Dulles Junction and Bull Run Substation on structures shared with Line #295 (collectively, the "Elklick-Bull Run Segment");

(iv) rebuild approximately 3.2 miles of existing 230 kV transmission Line #265 on new double circuit structures between Bull Run Substation and Structure #265/4, rebuild approximately 0.6 mile of existing 230 kV transmission Line #200 on structures shared with Line #265 between Bull Run Substation and Pender Junction, and rebuild approximately 2.3 miles of existing 230 kV transmission Line #2051 on structures shared with Line #265 between Pender Junction and Structure #265/4 (collectively, "Bull Run-Clifton Segment"); and

(v) rebuild a combined total of approximately 6.4 miles of existing 230 kV transmission Line #2035 on new double circuit structures and rebuild a total of approximately 6.4 miles of existing 230 kV transmission Line #266 on structures shared with Line #2063 along the Clifton Substation DP section and the Moore DP-Ox Substation section (collectively, the "Clifton-Ox Segment").

Dominion states that the Rebuild Project is necessary to maintain the structural integrity and reliability of its transmission system in compliance with mandatory North American Electric Reliability Corporation Reliability Standards. Further, the Company states that the Rebuild Project will replace aging infrastructure that is at the end of its service life.

The Company states that the expected in-service date for the Rebuild Project is December 31, 2024. The estimated cost of the Rebuild Project is approximately \$67.5 million, which includes an estimated \$59.0 million cost for transmission-related work and approximately \$8.5 million for substation-related work. The estimated cost for each segment of the Rebuild Project is approximately (i) \$8.11 million for the Loudoun-Bull Run Segment, (ii) \$9.65 million for the Loudoun-Elklick Segment, (iii) \$13.14 million for the Elklick-Bull Run Segment, (iv) \$9.72 million for the Bull Run-Clifton Segment, and (v) \$18.35 million for the Clifton-Ox Segment.

The proposed Rebuild Project is located entirely within Dominion's service territory and existing right-of-way in Loudoun, Prince William, and Fairfax Counties.

The Loudoun-Elklick Segment includes replacement of 19 structures, currently ranging in height from 106 feet to 136 feet, with an average height of 124 feet. As proposed, the new structures for the Loudoun-Elklick Segment would range in height from 50 feet to 150 feet, with a proposed average height of 131 feet.

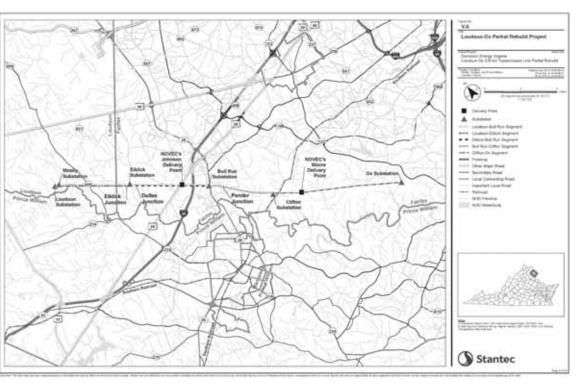
The Elklick-Bull Run Segment includes 2 sections: the Elklick Junction-Dulles Junction section and the Dulles Junction-Bull Run Substation section. The Elklick Junction-Dulles Junction section includes replacement of 4 structures, currently ranging in height from 35 feet to 115 feet, with an average height of 93 feet. As proposed, the new structures would range in height from 50 feet to 125 feet, with a proposed average height of 101 feet. The Dulles Junction-Bull Run Substation section includes the replacement of 24 structures, currently ranging in height from 95 feet to 140 feet, with an average of 117 feet. As proposed, the new structures would range in height from 85 feet to 147 feet, with an average height of 125 feet.

The Bull Run-Clifton Segment includes 2 sections: the Bull Run Substation-Pender Junction section and the Pender Junction-Clifton Substation section. The Bull Run Substation-Pender Junction section includes replacement of 4 structures, currently ranging in height from 109 feet to 151 feet, with an average height of 129 feet. As proposed, the new structures would range in height from 110 feet to 152 feet. with a proposed average height of 132 feet. The Pender Junction-Clifton Substation section includes replacement of 13 structures, currently ranging in height from 101 feet to 134 feet, with an average height of 119 feet. As proposed, the new structures would range in height from 110 feet to 147 feet, with an average height of 129 feet.

The Clifton-Ox Segment includes replacement of 39 structures, currently ranging in height from 101 feet to 158 feet, with an average height of 119 feet. As proposed, the new structures would range in height from 110 feet to 162 feet, with an average height of 130 feet.

All distances, heights, and directions are approximate. A sketch map of the proposal accompanies this notice. A more detailed map may be viewed on the Commission's website: <u>https://www.scc.virginia.gov/pur/elec/transline.aspx.</u>

The Commission may consider a route not significantly different from the routes described in this notice without



additional notice to the public.

A more complete description of the Rebuild Project may be found in the Company's Application.

The Commission entered an Order for Notice and Hearing and a Correcting Order in this proceeding that, among other things, scheduled public hearings in Fairfax County and Richmond, Virginia. A local public hearing will be convened on January 29, 2020, at 2 p.m. and 7 p.m. at the Sully District Governmental Center, 4900 Stonecroft Boulevard, Chantilly, Virginia 20151, for the sole purpose of receiving the testimony of public witnesses. The public hearing will resume on April 22, 2020, at 10 a.m., in the Commission's second floor courtroom located in the Tyler Building, 1300 East Main Street, Richmond, Virginia 23219, to receive testimony from members of the public and evidence related to the Application from the Company, any respondents, and the Commission's Staff. Any person desiring to testify as a public witness at this hearing should appear fifteen (15) minutes prior to the starting time of the hearing and contact the Commission's Bailiff.

Copies of the Application and documents filed in this case are available for interested persons to review in the Commission's Document Control Center, located on the first floor of the Tyler Building, 1300 East Main Street, Richmond, Virginia 23219, between the hours of 8:15 a.m. and 5 p.m., Monday through Friday, excluding holidays. Interested persons also may download unofficial copies from the Commission's website: <u>http://www.scc.virginia.gov/case.</u>

Copies of the Application and other supporting materials also may be inspected during regular business hours at the following location:

Dominion Energy Virginia 10900 Nuckols Road, 4th Floor Richmond, Virginia 23060 Attn: Lane Carr, Siting and Permitting Specialist

Interested persons also may obtain a copy of the Application by submitting a written request to counsel for the Company, David J. DePippo, Esquire, Dominion Energy Services, Inc., 120 Tredegar Street, Richmond, Virginia 23219. If acceptable to the requesting party, the Company may provide the documents by electronic means.

Any person or entity may participate as a respondent in this proceeding by filing, on or before December 20, 2019, a notice of participation. If not filed electronically, an original and fifteen (15) copies of the notice of participation shall be submitted to Joel H. Peck, Clerk, State Corporation Commission, c/o Document Control Center, P.O. Box 2118, Richmond, Virginia 23218-2118. A copy of the notice of participation as a respondent also must be sent to counsel for the Company at the address set forth above. Pursuant to Rule 5 VAC 5-20-80 B, *Participation as a respondent*, of the Commission's Rules of Practice and Procedure ("Rules of Practice"), any notice of participation shall set forth: (i) a precise statement of the interest of the respondent; (ii) a statement of the specific action sought to the extent then known; and (iii) the factual and legal basis for the action. All filings shall refer to Case No. PUR-2019-00128. For additional information about participation as a respondent, any person or entity should obtain a copy of the Commission's Order for Notice and Hearing and the Correcting Order.

On or before April 15, 2020, any interested person wishing to comment on the Application shall file written comments on the Application with the Clerk of the Commission at the address set forth above. Any interested person desiring to file comments electronically may do so on or before April 15, 2020, by following the instructions on the Commission's website: http://www.scc.virginia.gov/case. Compact discs or any other form of electronic storage medium may not be filed with the comments. All such comments shall refer to Case No. PUR-2019-00128.

All documents filed with the Office of the Clerk of the Commission in this docket may use both sides of the paper. In all other respects, all filings shall comply fully with the requirements of 5 VAC 5-20-150, *Copies and format*, of the Commission's Rules of Practice.

The Commission's Rules of Practice may be viewed at http://www.scc.virginia.gov/case. A printed copy of the Commission's Rules of Practice and an official copy of the Commission's Order for Notice and Hearing and the Correcting Order in this proceeding may be obtained from the Clerk of the Commission at the address set forth above.

VIRGINIA ELECTRIC AND POWER COMPANY

OPINION Dates, Deadlines and Candidates

On or About Sept. 20: Absentee Voting begins at the Office of Elections, 12000 Government Center Pkwy., Conference Rooms 2/3, Fairfax

♦ Oct. 15: Voter Registration Deadline. In-person: 5 p.m., online: 11:59 p.m.

Oct. 29: Deadline to request an absentee ballot by mail, 5 p.m.
Nov. 2 Final day to vote absentee in-person, 5 p.m.

✤ Nov. 5: Deadline to return your ballot to the Office of Elections, 7 p.m.

Nov. 5: Election Day, Polling Places open 6 a.m. to 7 p.m.

Fairfax County Office of Elections

Hours: Monday-Wednesday, Friday 8 a.m.-4:30 p.m.; Thursday, 8 a.m.-7 p.m.

12000 Government Center Parkway Suite 323

Fairfax, VA 22035

703-222-0776 TTY 711 voting@fairfaxcounty.gov www.fairfaxcounty.gov/elections/

When you register to vote in Virginia, you do not register to vote by party. Virginia is an Open Primary state which means that any registered voter in Virginia can vote in either a Democratic or Republican primary. When both parties are holding a primary election, you will be asked which primary you want to vote in when you check in to vote with your photo ID. Note, you may only vote in one primary.

Voter ID Requirements:

Per Virginia law effective July 1, 2014, all residents must provide valid photo identification when they vote in-person. Please consult the VA Department of Elections for the most up to date information regarding acceptable forms of

voter photo ID. Many types of photo ID are acceptable for voting in Virginia. You only need to show ONE acceptable photo ID to vote. Photo IDs can be used to vote up to one year after the ID has expired. Acceptable forms of valid identification: Virginia driver's license, Virginia DMV-issued photo ID, United States passport, Employer-issued photo ID, Student photo ID issued by a school, college, or university located in Virginia, Other U.S. or Virginia government-issued photo ID, Tribal enrollment or other tribal photo ID, Virginia Voter Photo ID card

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On or About Sept. 20: Absentee Voting begins at the Office of Elections, 12000 Government Center Pkwy., Conference Rooms 2/3, Fairfax

If you get to your polling place without acceptable photo ID, you can vote a provisional ballot. You will be given instructions on what to do so your vote can count.

OFFICES ON THE BALLOT, Fairfax County

Member Virginia Senate, vote for one in your district

- Member House of Delegates,
 vote for one in your district
 Commonwealth's Attorney,
- vote for one
 Sheriff, vote for one

Chairman Board of Supervisors, vote for one

♦ Member School Board at Large

Member Board of Supervisors. vote for one in your district

Member School Board. vote for one in your district

Soil and Water Conservation
 Director Northern Virginia District
 School Bonds Referenda

Voter Registration and Voter Photo ID Opportunities

The Office of Elections is open during normal business hours to provide residents the opportunity to register to vote or obtain a free voter photo ID if needed. The Office of Elections also provides residents opportunities to attend offsite events throughout the year.

School Bond Ballot Question

This is the text of the public school bond question that will be on the Nov. 5, 2019, general election ballot:

Shall Fairfax County, Virginia, contract a debt, borrow money, and issue capital improvement

bonds in the maximum aggregate principal amount of \$360,000,000 for the purposes of providing funds, in addition to funds from school bonds previously authorized, to finance, including reimbursement to the County for temporary financing for, the costs of school improvements, including acquiring, building, expanding and renovating properties, including new sites, new buildings or additions, renovations and improvements to existing buildings, and furnishing and equipment, for the Fairfax County public school system?

Candidates, Fairfax County

Chairman, Board of Supervisors Jeffrey C. McKay (D) Joseph F. Galdo (R)

Commonwealth's Attorney Steve T. Descano (D) Jonathan L. Fahey (I)

Sheriff Stacey Ann Kincaid (D) Christopher F. De Carlo (I)

Board of Supervisors, District Representatives Braddock District James R. Walkinshaw (D) S. Jason Remer (R) Carey Chet Campbell (I)

Dranesville District John W. Foust (D) incumbent Ed. R. Martin (R)

Hunter Mill District Walter L. Acorn (D) unopposed

Lee District Rodney L. Lusk (D) unopposed

Mason District Penelope A. "Penny" Gross (D) incumbent Gary N. Aiken (R)

Mount Vernon District Daniel G. "Dan" Storck (D) incumbent, unopposed

Providence District Dalia A. Palchik (D), unopposed

Springfield District

Linda D. Sperling (D) Patrick S. "Pat" Herrity (R) incumbent

Sully District Kathy L. Smith (D) incumbent Srilekha R. Palle (R)

School Board

School Board At-Large (vote for three)

Abrar E. Omeish (endorsed by Democrats) Cheryl A. Buford (endorsed by Republicans) Priscilla M. DeStefano (endorsed by Republicans) Rachna Sizemore Heizer (endorsed by Democrats)

Vinson Palathingal (endorsed by Republicans) Ilryong Moon, incumbent (withdrawn)

Karen A. Keys-Gamarra, incumbent (endorsed by Democrats) Braddock District, School Board Zia Tompkins (endorsed by Republicans)

Megan O. McLaughlin, incumbent (endorsed by Democrats)

Dranesville District, School Board

Anastasia S. Karloutsos (endorsed by Republicans) Ardavan Mobasheri Elaine V. Tholen (endorsed by Democrats)

Hunter Mill District,

School Board Laura Ramirez Drain (endorsed by Republicans) Melanie K. Meren (endorsed by Democrats)

Lee District, School Board Tamara J. Derenak Kaufax, incumbent, (endorsed by Democrats)

Mason District, School Board Ricardy J. Anderson (endorsed by Democrats) Tom L. Pafford

Mount Vernon District, School Board Pamela C. Ononiwu Steven D. Mosley (endorsed by Repub-

licans) Karen L. Corbett Sanders, incumbent (endorsed by Democrats)

Providence District, School Board Andrea L. "Andi " Bayer (endorsed by Republicans) Jung Byun Karl V. Frisch (endorsed by Democrats)

Springfield District, School Board Laura Jane H. Cohen (endorsed by Democrats) R. Kyle McDaniel Elizabeth L. Schultz, incumbent (endorsed by Republicans)

Sully District, School Board Stella G. Pekarsky (endorsed by Democrats) Tom A. Wilson, incumbent (endorsed by

Republicans)
Soil and Water

Conservation Director Northern Virginia District Vote for Three

C. Jane Dudik (endorsed by Republicans)

Chris E. Koerner (endorsed by Democrats) Christopher A. Bowen (endorsed by

Republicans) Edward F. McGovern (endorsed by Re-

publicans) Jonah E. "Jet" Thomas Monica A. Billger (endorsed by Democrats)

Gerald Owen "Jerry" Peters Jr., incumbent, (endorsed by Democrats)

General Assembly

House of Delegates District 34 Kathleen J. Murphy (D), incumbent Gary G. Pan (R)

District 35 Mark L. Keam (D), incumbent, unopposed

District 36

Kenneth R. "Ken" Plum, incumbent, unopposed

See Election Day, Page 15



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www.ConnectionNewspapers.com

Pathway Homes, Inc to Host 5K Walk to Help the Homeless

Pathway Homes, Inc. is hosting its 20th Annual Help the Homeless 5K walk to help provide non-timelimited housing and support services for adults with mental illness and co-occurring disorders throughout the Northern Virginia region — 100 percent of registration fees and donations in support of Pathways' walkers go directly to support residents of Pathway's homes and consumers of Pathway's supportive services.

More than 300 volunteers and residents throughout the region will raise awareness and funds to help improve the lives of adults affected by homelessness. Fairfax County residents and families are encouraged to participate in the walk. The 5K walk costs \$35 for adults, \$20 for youth, and \$15 for canines. Register at https:/ /pathwayhomes.akaraisin.com/ui/ Walk2019 Young participants are encouraged to wear their favorite Halloween costumes and dogs registered receive a bandana during the walk.

The walks will be held on Saturday, Oct. 19, 2019; 5K walk starts at 8:30 a.m. at the Veterans Amphitheater, 10455 Armstrong St., Fairfax.

For more than 30 years, Pathway Homes has been a leading provider of non-time-limited housing and support services for adults with mental illness and co-occurring disorders in the Northern Virginia region, embodying the spirit of recovery. Walking with Pathways not only spreads awareness towards our homeless community, but also helps us provide housing and support to individuals so they can focus on recovery and move forward on their path in life.

WEEK IN FAIRFAX Walkabout Fairfax Is Oct. 19

The public is invited to join Fairfax Mayor David Meyer, City Council members and City staff for Walkabout Fairfax. Set for this Saturday, Oct. 19, it's a walk through the historic downtown to see what's new, what's old, what stays, what goes and how it'll all fit together. Participants will meet outside the Fairfax Library, and the event will run from 10 a.m.-noon.

It's sponsored by Fairfax City Citizens for Smarter Growth and will enable feedback and the sharing of ideas regarding safety and improving the walking experience in this area of our community. Brook Hardin, director of Community Development and Planning, will lead the group from the Library steps to continue along Main street to the old Courthouse to hear about different proposals for the new Massey complex. The event will end in the park. Rain date set is Oct. 27.

CFTC Cabaret Set for Oct. 24

City of Fairfax Theatre Co.'s (CFTC) annual Gala Cabaret and Fundraiser to kick off its 2019-20 season is Thursday, Oct. 24, at 7 p.m. It will be held at Old Town Hall, 3999 University Drive in Fairfax. This year's theme is "What Makes a Hero," featuring stories and songs of triumph and courage. The evening will include a buffet dinner, performances from CFTC's summer musical, "Beauty and the Beast," and a raffle, with proceeds going toward improving CFTC's new scene shop. Tickets are available at https://fairfaxcitytheatre.ticketleap.com/fundraising-cabaretand-silent-auction/.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/ Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

MONDAYS THRU NOV. 11

Older Adults Shape Up. 9:15 a.m. to 2:45 p.m. At Shepherd Center of Fairfax-Burke, at Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. Cost is \$30. This program is open to all adults age 50 or better. Bring a brown bag lunch and stay for a full day of classes/ activities and socializing, or pick and choose the classes that interest you the most. Registration form and class schedule are available at https://

www.ConnectionNewspapers.com

s3.amazonaws.com/storage.nmstorage.com/scfbva/files/ailinsert-8-19.final_(2).pdf, or by calling the SCFB office at 703-426-2824.

THURSDAY/OCT. 17

What You Need to Know About Transportation. 7:30-10 a.m. At Waterford at Fair Oaks, 12025 Lee Jackson Memorial Highway, Fairfax. Do you have questions for the

SEE BULLETIN, PAGE 9



A photo from the 2018 5K Walk: More than 300 volunteers and residents throughout the region are expected to participate in Saturday's walk.

Photo contributed



Public Meetings 2019 Fall Transportation Meetings

You are invited to participate in public meetings held by the Commonwealth Transportation Board. The meetings will begin with a brief open house followed by a public comment period. At the open house you can learn about various transportation initiatives, including:

- Adjustments to Virginia's project prioritization process (SMART SCALE)
- Virginia's Statewide Transportation Improvement Program
- VTrans Draft Mid-term Transportation Needs (Virginia's Statewide Transportation Plan)
- Adjustments to the Highway Safety Improvement Program.

Representatives of the Office of Intermodal Planning and Investment (OIPI) and Departments of Transportation and Rail and Public Transportation will be in attendance to highlight their transportation programs and discuss your ideas and concerns about Virginia's transportation network. The open house will be followed by a public comment period, during which you may provide comments about the various initiatives. Comments will be accepted at the meeting and may also be submitted via email or online at www.CTB.Virginia.gov.

Meeting Dates and Locations Open House begins at 4 p.m. in each of the locations unless otherwise noted.

Tuesday, October 15, 2019* Richmond District Richmond Marriott Short Pump 4240 Dominion Boulevard Glen Allen, VA 23060 *This meeting will also provide opportunity for comment on the I-95 Corridor Study Plan	Tuesday, October 22, 2019** Northern Virginia District Northern Virginia District Office Potomac Conference Room 4975 Alliance Drive Fairfax, VA 22030 **meeting begins at 6 p.m.	Monday, October 28, 2019*** Staunton District Doubletree Hotel Harrisonburg 1400 E. Market Street Harrisonburg, VA 22801 ****meeting begins at 3 p.m.	
Wednesday, October 30, 2019 Salem District Holiday Inn Valley View 3315 Ordway Drive Roanoke, VA 24017	Monday, November 4, 2019 Lynchburg District Lynchburg District Complex Ramey Memorial Auditorium 4303 Campbell Avenue Lynchburg, VA 24501	Wednesday, November 6, 2019 Hampton Roads District Hampton Roads District Office 7511 Burbage Drive Suffolk, VA 23435	
Thursday, November 7, 2019 Bristol District Southwest Virginia Higher Education Center One Partnership Circle Abingdon, VA 24210	Tuesday, November 12, 2019** Fredericksburg District James Monroe High School 2300 Washington Avenue Fredericksburg, VA 22401 **meeting begins at 6 p.m.	Wednesday, November 13, 2019 Culpeper District VDOT Culpeper District Office 1601 Orange Road Culpeper, VA 22701	

Fall meeting materials will be available at <u>http://www.ctb.virginia.gov/planning/fallmeetings/</u> beginning October 15, 2019.

You may submit comments on any transportation projects and initiatives to OIPI Deputy Director Ronique Day, 1221 E. Broad St., Richmond, VA 23219 or <u>PublicComments@OIPI.Virginia.gov</u>. Comments will be accepted until November 30, 2019.

The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of, its services on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).

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Education Learning Fun



Make sure that costumes are fire resistant, use reflective tape and opt for face paint instead of masks to help keep children safe this Halloween. Parents or other adult should accompany children under 12.

Keeping Children Safe on Halloween

rules of pedestrian

safety also apply on

Halloween. Cross the

street in crosswalks,

stay on the sidewalk

... and walk instead

crossing the street so

-Tammy Franks, Home and

Community Safety at the

National Safety Council

that you don't trip."

of running when

Safety advocates offer tips ranging from costumes to trick-or-treating.

> By Marilyn Campbell The Connection

rom princesses to superheroes, within the next two weeks, as Halloween approaches, many children will be choosing a costume. As children express their creativity with the

help of wigs and light sabers, public safety advocates are encouraging caution both in costume selection and mapping-out a Halloween night route. "The same basic

"There are several components to safety, first make certain the costumes are well-fitted so they aren't a tripping hazard," said Tammy Franks, senior program manager for Home and Community Safety at the National Safety Council. "Instead of masks that could obstruct their view try using non-toxic face point."

It's possible to use face paint that it free of toxins, but doesn't sacrifice a creative disguise, says Aieda Turner of costume supply store Total Fright in Arlington. "Mehron face paint is completely safe and it's made of aloe vera and cucumber and doesn't have any alcohol which can irritate a child's skin. she said. "Almost all children's costumes made now, even elaborate costumes, are fire resistant."

ent, says Franks, drivers should be able to see children, especially if they are wearing a dark costume. crossing the street so that you don't trip."

Adding glow-in-the-dark or reflective tape can help. "Children should carry a flashlight or glow stick so that they can see and be seen," she said. "Parents should make sure that costume is flame resistant and they should add a reflective component."

The costume itself shouldn't have accessories that pose hazards, says Franks. "For example, if your costume includes a sword or knife, make it out of foam or cardboard or something flexible," she said.

When out-and-about trick-or-treating on Halloween, retired pediatrician Julia Baker, MD, advises parents to accompany children under the age of 12. "Parents know their children best and should use their own judgement when it comes to allowing a child to go trick-or-treating [without an adult]," she said. Parents should make a plan with their child

> about the route they'll take so they'll know where to find them in an emergency situation. They should also agree on the time when a child should be back at home."

> Children should carry a cell phone so that parents can contact them if necessary, says Baker. "Parents should definitely be able to reach their children on Halloween," she said. "As hard as it might be these days, parents should stress to their children the danger of texting and keeping their head buried in their phones while trick-or-treating."

Staying in well-lit areas and trick-or-treating with a group of friends can help make Halloween activities safer. "The same basic rules of pedestrian safety also apply on Halloween," said Franks. "Cross the street in cross-

When children are trick-or-treating without a par- walks, stay on the sidewalk instead of running through yards and walk instead of running when

8 * Fairfax Connection * October 17-23, 2019

www.ConnectionNewspapers.com

Food, Drink, Costumes And Fun in Old Town

Fairfax City Fall Crawl is Oct. 26.

basket.

By Bonnie Hobbs The Connection

airfax City held its first crawl, this past summer, and it was such a big hit that it's coming back again for this season, too. The Old Town Fairfax City Fall Crawl is slated for Saturday, Oct. 26, from 1-7 p.m.

It's a timed, self-guided tour free

to anyone 21 and over. And it's designed to connect patrons with Old Town Fairfax City restaurants in a fun way, while promoting a walkable downtown and providing visibility to the local restaurants.

It features nine restaurants in the City's downtown, specialty and drink and food options are available when a passport is shown.ºPassports may be picked up at the check-in location at Red Effect, 3950 University Drive, No. 103, which is centrally located at Old Town Plaza. Then, with passports in hand, patrons may chart

their own courses, trying new restaurants as well as visiting their all-time favorites.º

Each passport will identify the participating restaurants and specially priced food and beverages that customers may enjoy. When a purchase is made at those restaurants, the passport will be stamped. And while supplies last, people visiting four of the nine restaurants may return to the check-in location to receive a free, commemorative glass.º

Adding to the fun, new to the event is a costume contest, with people encouraged to wear their to share photos of their experi-Halloween costumes to the Fall Crawl. At the check-in location, photos will be taken of anyone tion, said Nguyen, "We encourdressed in costume, and participants will vote for their favorites. Prizes will be awarded for the best male and female costumes. Winners will receive a free, three- fallcrawl.

www.ConnectionNewspapers.com

BULLETIN BOARD

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panelists? Submit them to info@nvta.org for a chance to be in the know about upcoming transportation priorities and the impact on our regional mobility and infrastructure solutions. The speaker is The Honorable Pete Rahn, Secretary of Transportation, Maryland.

FRIDAY/OCT. 18

Become a Courageous Leader. 8 a.m. to 3:30 p.m. At American Legion Post, 3939 Oak Street, Fairfax. Leaders of all types in Central Fairfax are called to attend Leadercast Women 2019 to discover the power

of taking courage in their daily leadership lives. This year, attendees will be inspired by bold leaders whose stories will teach everyone what courage looks like. This event is hosted by the Central Fairfax Chamber of Commerce, the Greater Springfield Chamber of Commerce, the Northern Virginia Black Chamber of Commerce, and the Prince William Chamber of Commerce. Visit www.leadercast.com.

SATURDAY/OCT. 19

Concerts from Kirkwood. 3-4 p.m. at Kirkwood Presbyterian Church, 8336 Carrleigh Parkway, Springfield. "Concerts from Kirkwood" will present piano duo Charles and

Sophia, in a concert featuring music of Rossini, Bellini, Wagner, Ravel, and De Falla. Free although voluntary donations

accepted to support the series. Visit the website: concerts@kirkwoodpres.com

TUESDAY/OCT. 22

Car Seat Safety Check. 5-9 p.m. at the West Springfield district police station, 6140 Rolling Road. Fairfax County Police Department offers free safety check and install events throughout the year to ensure children travel safely. By appointment only; call 703-644-7377

SEE BULLETIN, PAGE 11



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The City's Economic Develop-

ment Authority is hosting the Fall

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are: Chubby Squirrel Brewing Co.,

Coyote Grille, High Side, Ornery

Beer Co., Patriots Pub & Grill, the

Auld Shebeen, the Wine House, the Old Firestation #3, and

"This event connects visitors directly to our restaurant community."

-Danette Nguyen, assistant director/programs manager of economic development

> "The Crawl celebrates some of the great restaurants we have in our historic Old Town, while promoting a walkable downtown," explained Danette Nguyen, assistant director/programs manager of economic development. "This event connects visitors directly to our restaurant community. And it's another, unique program developed by Economic Development for our hospitality industry that provides additional visibility like our Restaurant Week program did."

Participants are encouraged ence using the hashtag #FairfaxCitvFallCrawl. In addiage everyone to drink responsibly and not drink and drive." For more information, go to fairfaxcityconnected.com/

NEWS 'Music Is Perceived over the Entire Brain'

NeuroSound Music Therapy greets public at its Fairfax home.

By Bonnie Hobbs The Connection

usic can be many things – entertaining, stirring, relax ing and just plain fun. However, it also has the power to help improve people's cognitive, sensory and motor functions.

Based on research and results, it's called neurologic music therapy; and in the City of Fairfax, the place to find it is at NeuroSound Music Therapy. It opened in February at 10355 Democracy Lane, Suite B, and recently held an open house to give people an idea of the services it provides.

"We serve everyone and provide homebased services, plus here in the clinic and at facilities and schools," said Administrative Director/music therapist Kelsi Yingling-Tafaro. "We work with people with intellectual and developmental disabilities and work on their social skills through music."

Both group and individual sessions are offered, including sing-alongs and adapted music lessons based on the person's own pace and preferred learning styles. The staff also works with people with mentalhealth problems and with people living in nursing homes.



Photo Courtesy of Kelsi Yingling-Tafaro From left, twins Ava and Zoë Taylor play a gathering drum.

For example, said Yingling-Tafaro, "We work in memory-care units with dementia and Alzheimer's patients, and with people suffering from traumatic brain injuries. Music is perceived over the entire brain, so we can bypass the affected areas and create new pathways."

NeuroSound Music Therapy is open Tuesday-Saturday, from 9 a.m.-7 p.m. Phone 571-367-9951 or go to www.neurosoundmusictherapy.com for more information.

The staff comprises four, board-certified, music therapists. "I'm trained in neurologic



BONNIE HOBBS/THE CONNECTION From left are NeuroSound music therapists Zoe Gleason Volz, Alyssa Blackburn and Kelsi Yingling-Tafaro.

music therapy, working with neurologic disorders and techniques rooted in science to elicit change," explained Yingling-Tafaro. "So the name of the business is derived from that." "We offer free initial consultation to give each person an idea of our therapeutic style and services," she continued. "Then we do an assessment and determine each client's appropriate treatment plan, as well as how often it will be needed and for how long."

Cost for music-therapy services in the clinic is \$60 for 30 minutes, \$85 for 45 minutes and \$110 for 60 minutes. Home-based services cost an additional \$10. And the therapists work with people of all ages, from children through the elderly.

During the open house, there were socialgroup demonstrations, using group music therapies to teach social skills such as personal space, impulse control, taking turns, whole-body listening and appropriate speaking and singing volumes. There were also sing-alongs, information presentations, plus an instrument petting zoo enabling attendees to see and familiarize themselves with various musical instruments. In addition, children made musical rain sticks out of cardboard tubes, pipe cleaners and beads.

"We've been in business – in people's homes, schools and facilities – since 2015," said Yingling-Tafaro. "But we opened here in February to serve a larger clientele. Our goal as a music-therapy company is to provide client-centered services tailored to people's specific needs and to use music to reach their individualized goals."

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Free Estimates

Bulletin Board

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and press 0 at the recording to schedule. In preparation for appointment, install the seat using the instructions that came with the car seat. Trained officers will review the car seat instructions and car owner's manual to be certain that they are being followed as they should.

SATURDAY/OCT. 26

- Future Quest. 8 a.m. to 3 p.m. At George Mason University, Fairfax Campus, 4400 University Drive, Fairfax. Future Quest is a large college and career conference offered for free every two years at George Mason University. Students with disabilities in middle and high schools, their families and professionals who work with them are invited. The event is a full day of informative and interactive presentations on a huge variety of topics related to transition from high school to postsecondary life. It also features an extensive resource fair, with representatives from more than 40 organizations, as well as a book sale highlighting materials related to life after high school. Visit www.futurequestgmu.org.
- Fraud Fighting Event. 9 a.m. to 1 p.m. At Ferlazzo Building, 15941 Donald Custis Drive, Woodbridge. Every day, hundreds of local residents lose their hard-earned money to a variety of fraud schemes. In fact, every 2 seconds, a con artist steals someone's identity. To strike back against scammers, AARP Virginia and Prince William Area Agency on Aging are bringing together top experts and law enforcement officials to present a

free informational Scam Jam and Shredfest. The presenters will discuss scams targeting Virginians, such as fake solicitor schemes, bogus investment deals, lottery scams, email fraud, a grandparent ruse, and

the latest identity theft shams. Bring your documents to shred as they will have a shred truck on-site from 8 a.m. until 12 p.m. or until the shred truck fills up. **Incident Management Open**

- House. 9 a.m. to 1 p.m. At VDOT's Office, 4975 Alliance Drive, Fairfax. In preview of the Federal Highway Administration's National Traffic Incident Response Awareness Week Nov. 10-16, 2019, VDOT invites the public to its Third Annual Incident Management Open House to make equipment, systems, and staff available for residents to see the behind-the-scenes work that goes into this important regional partnership and effort. An outdoor touch-a-truck with more than 70 vehicles will help the public see an incident from the perspective of first responders who work in the roadway every day. Attendees can watch live demonstrations of K-9 skills, trapped patient extrication, live electricity lines, technical rescue, drone operations, HazMat, tree removal and more.
- Messy Church. 5-6:30 p.m. at St. Peter's in the Woods, 5911 Fairview Woods Drive, Fairfax Station. Join St. Peter's in the Woods for their monthly Messy Church. It's a worshiping community especially geared towards families and young children, but welcoming to all. Biblethemed crafts and activities, casual worship and a free, family-style dinner. Call 703-503-9210 for more. Registration is appreciated, visit www.stpetersinthewoods.org/events.

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Calendar

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

- Shir HaLev, the Community Jewish Chorale of Northern Virginia. Rehearsals are held select Tuesdays, 7:30-9 p.m. at Congregation Olam Tikvah, 3800 Glenbrook Road, Fairfax. The Chorale is a friendly, welcoming, adult volunteer choir. Membership in the group is open to all, members of Congregation Olam Tikvah and other Northern Virginians. Their repertoire consists mainly of Jewish liturgical music and also some contemporary Jewish music and some secular showtunes, too. Visit carolboydleon.com/shir_halev for more.
- Kingstowne Farmers Market. Fridays, through Oct. 25, 4-7 p.m. in the Giant parking lot, 5870 Kingstowne Towne Center, Alexandria. Farm fresh eggs, local honey, berries, fresh picked vegetables, fresh local fruits, baked breads and treats, chicken, tamales, salsa, hummus, gourmet sausage, fresh roasted coffee beans, and much, more. Call 703-642-0128 or visit www.fairfaxcounty.gov/parks/farmersmarkets/ kingstowne.
- Wakefield Farmers Market. Wednesdays, 2-6 p.m. through Oct. 30, at Wakefield Park, 8100 Braddock Road, Annandale. Eleven local farmers and producers will sell fresh produce and fruits; meats; breads and pastries; jams; dairy products and eggs; herbs; flowers, and more. All products are grown or produced by the vendors and come from within 125 miles. The Fairfax County Master Gardeners Association will be there each week, providing horticultural information to home gardeners in Fairfax County. Call 703-642-0128 or visit www.fairfaxcounty.gov/parks/ farmersmarkets/wakefield.
- Lorton Farmers Market. Sundays, 9 a.m.-noon, through Nov. 17, in the VRE Parking Lot, 8990 Lorton Station Blvd., Lorton. Eleven local farmers and producers sell fresh produce and fruits; meats; breads and pastries; jams; dairy products and eggs; herbs; flowers, and more. All products are grown or produced by the vendors and come from within 125 miles. The Fairfax County Master Gardeners Association will be there each week, providing horticultural information to home gardeners in Fairfax County. Call 703-642-0128 or visit www.fairfaxcounty.gov/parks/farmersmarkets/ lorton.
- Springfield Farmers Market. Saturdays, through Nov. 23, 10 a.m.-2 p.m. at Springfield Town Center, 6699 Spring Mall Drive, Springfield. Vendors include Cascade Beverage, Celestial/Fossil Farms, Chilanga Tortilla, Conecopia, Greenwich Farms, Iganacio's Produce, Kingdom Gourmet, Lola's Kusina, Lund's Produce, Smiths Mecklenburg, Taste Old Country, Three Puppies, Tyson Farm, and Windmill Meadows. Visit www.communityfoodworks.org or call 202-697-7768.
- foodworks.org or call 202-697-7768. **Sweet but Psycho.** Through Nov. 30, at Olly Olly, 10417 Main St., 2nd Floor, Fairfax. Olly Olly presents Sweet but Psycho: an avant-garde fairytale. Strangeland is a performance duo, made up of Bunni (Andiland) and Goatface (Strange Lens), that explores the superficial construct of reality. Call 703-789-6144 or visit ollyollyart.com for more.
- Burke Farmers Market. Through Dec. 21, 8 a.m.-noon at the VRE parking lot, 5671 Roberts Parkway, Burke. A great selection of fresh produce, baked goods, seafood, and dairy. All vendors make their own food or grow it locally within 125 miles. Call 703-642-0128 or visit www.fairfaxcounty.gov/parks/farmersmarkets/ burke for more.

NOW THROUGH DEC. 1

Braddock Wrestling Club. Online registration. The Braddock Wrestling Club is holding registration for the 2019-2020 season. The club supports wrestling for age groups 5 through 14 years old, boys and girls. All practices are held at Lake Braddock Secondary School. Cost is \$155 per wrestler. Link to registration can be found at braddockwrestlingclub.shutterfly.com/. Or contact William Flynn at bflynniv@verizon.net or call 571-230-0713.

FRIDAY-SUNDAY/OCT. 18-20

- Haunted Trail 2019 Breakout. Friday-Saturday, 7-11 p.m.; Sunday, 7-10 p.m. at Workhouse Arts Center, 9518 Workhouse Road, Lorton. The Workhouse Arts Center presents
- 12 Stairfax Connection Store 17-23, 2019

'Haunted Trail' at Workhouse

Workhouse Arts Center presents the "Haunted Trail" at 9518 Workhouse Road, Lorton, on weekend nights through Halloween Night. Dates and times: Oct. 18, 7-11 p.m., Oct. 19, 7-11 p.m., Oct. 20, 7-10 p.m., Oct. 25, 7-11 p.m., Oct. 26, 7-11 p.m., Oct. 27, 7-10 p.m., and Oct. 31, 7-10 p.m. Tickets: \$20. For more information visit www.workhousearts.org or call 703-584-2900.

Haunted Trail 2019 – Breakout – running each weekend during October and Halloween night. A storyline has been crafted on a prison Breakout theme with inmates running out of control through the woods and around the prison grounds (including through the only building on campus that still has jail cells), guards trying to capture them, and an army of terrifying clowns attempting to take over the prison. \$20. Visit www.workhousearts.org/ event/haunted-trail.

FRIDAY/OCT. 18

- NV Rides Celebration. 10:30 a.m. to 12 noon. At Pozez JCC of Northern Virginia, 8900 Little River Turnpike, Fairfax. It's been five years since NV Rides began coordinating and supporting volunteer driving programs throughout Northern Virginia. Help to celebrate NV Rides' fifth birthday. They will honor dedicated partner organizations and the most devoted drivers. Prizes, food, and raffles. Mingle with local politicians and learn more about volunteer driving opportunities. RSVP at 703-537-3070.
- All are welcome. Visit the website: https:// www.facebook.com/events/ 2428226453910420/
- **2019 Arts Awards.** 12-2 p.m. At Fairview Park Marriott, 3111 Fairview Park Drive, Falls Church. Presented by ARTSFAIRFAX, the event recognizes the extraordinary contributions of artists and arts organizations, as well as the corporations, foundations and individuals that support the arts in Fairfax County and the Cities of Fairfax and Falls Church. Sharon Bulova and Shashikant and Margaret Gupto will receive the Jinx Hazel Awards. To buy tickets or learn more about the Arts Awards, visit artsawards.org/ artsawards.
- Cocktails by Candlelight. 6-9 p.m. At George Mason's Gunston Hall, 10709 Gunston Road, Lorton. Have an evening out, 18th-century style! Sip and sample period cocktails and food. Go on a candlelight tour of George Mason's historic mansion and enjoy an evening with friends. Cost is \$35/\$25 members. Visit : https:// gunstonhall.org/event/cocktails-by-candlelight.
- Oktoberfest Dinner/Dance. 6-8 p.m. At American Legion Post 176, 6520 Amherst Ave., Springfield. Cost is \$20/person. Oktoberfest music presented by Renee Music Masters. Door prizes, dancing and fun.

SATURDAY/OCT. 19

- **Children's Consignment Sale**. 8 a.m. to 12 noon. At Grace Presbyterian Church, 7434 Bath Street, Springfield. The semi-annual Children's Consignment Sale is sponsored by Grace Weekday Preschool. The sale will make it simple for you to shop for all types of infant and children's clothing, toys, furniture and maternity items at affordable prices. Does not accept credit cards, but will accept cash (no \$100 bills please) and in-state personal checks with a current instate driver's license or valid military ID only. Call 703-451-3314 or visit the website:
- www.gracepresby.org/preschool **Help the Homeless 5K Walk.** 8:30 a.m. At Veterans Amphitheater, 10455 Armstrong Street, Fairfax. Pathway Homes, Inc. is hosting its 20th Annual Help the Homeless 5K walk to help provide non-time-limited housing and support services for adults with mental illness and co-occurring disorders throughout the Northern Virginia region. 100% of registration fees and donations in support of Pathways' walkers go directly to support residents of Pathway's homes and consumers of Pathway's supportive services. The 5K walk costs \$35 for adults, \$20 for youth, and \$15 for canines. Register at https://
- pathwayhomes.akaraisin.com/ui/Walk2019 FACETS Gala. 6:30-10 p.m. At INOVA Center for Personalized Health, 8100 Innovation Park Drive, Fairfax. Cost is \$150. FACETS' A Very



PHOTO COURTESY OF WORKHOUSE ARTS CENTER "Skeleton on Bicycle" - created by Tex Forrest with bicyclist Dale Marhanka.

Special Taste of Fall Gala offers a specially curated, locally-sourced fall tasting menu, delicious wine and local craft beer, fabulous live and silent auctions and so much more. The event supports FACETS work that help neighbors experiencing homelessness, poverty and hunger, and celebrates its commitment to a Fairfax County where everyone has a place to call home.

ост. 19-20

Family Campout. 2 p.m. Saturday to 11 a.m. Sunday. At Burke Lake Park, 7315 Ox Road, Fairfax Station. On Saturday, your family will enjoy a naturalist-led night hike, a family movie in the campground and a live animal talk. On Sunday morning, wake up and head to the marina for a tour boat ride and fishing from the banks.The cost is \$78. One registration per family. Activities are designed for campers age 5 to adult. Call 703-323-6600 or visit www.fairfaxcounty.gov/parks/burke-lake.

SUNDAY/OCT. 20

N Gauge Train Display. 1-4 p.m. At Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Northern Virginia NTRAK members will hold a N gauge Train Display. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Visit www.fairfax-station.org www.facebook.com/ FFXSRR phone 703-425-9225.

MONDAY/OCT. 21

Funday Monday. 10:30-11:30 a.m. at Old Town Hall, 3999 University Drive, Fairfax. Crafts, music, movement, and fun with Mr. Skip, My Gym, Paint Your Own Pottery and a new VIP series featuring community helpers and leaders. Free. Visit www.fairfaxva.gov/government/ parks-recreation/cultural-arts or call 703-385-2712.

THURSDAY/OCT. 24

- Celebrate "Hitchcocktober." 7 p.m. at Angelika Film Center – Mosaic, 2911 District Ave., Fairfax. The Lady Vanishes (1938). Every Thursday night in October, a classic film by Alfred Hitchcock will be featured culminating with a showing of Psycho on Halloween. \$14.50. Visit www.AngleikaFilmCenter.com for more.
- Visual Voices Artist Lecture. 7:30-9 p.m. At Harris Theater, George Mason University, Fairfax campus. Free. Visual Voices Artist Lecture: "Wickerham & Lomax: Supplementals, Collective Consciousness, and Communicable Diseases." Mason Exhibitions will also present "Selection," an exhibition by Wickerham and Lomax, from now through Nov. 9 in the Gillespie Gallery of Art. For the first time since starting their collaboration almost a decade ago, the Baltimore-based duo present a cross section of their cooperative and multi-faceted studio practice. Paintings, sculptures and elements from previous installations are brought together

in a single gallery, offering a unique opportunity to observe how their aesthetic intentions crosspollinate between projects and reveal some of the major themes of their practice.

FRIDAY-SUNDAY/OCT. 25-27

Haunted Trail 2019 – Breakout. Friday-Saturday, 7-11 p.m.; Sunday, 7-10 p.m. at Workhouse Arts Center, 9518 Workhouse Road, Lorton. The Workhouse Arts Center presents Haunted Trail 2019 – Breakout – running each weekend during October and Halloween night. A storyline has been crafted on a prison Breakout theme with inmates running out of control through the woods and around the prison grounds (including through the only building on campus that still has jail cells), guards trying to capture them, and an army of terrifying clowns attempting to take over the prison. \$20. Visit www.workhousearts.org/ event/haunted-trail.

SATURDAY/OCT. 26

- Future Quest. 8 a.m. to 3 p.m. At George Mason University. Future Quest is a College and Career Conference held every two years for middle and high school students with disabilities, young adults with disabilities, their families, and professionals who work with them. It is organized by George Mason University and the Northern Virginia Transition Coalition. One of the largest events of its kind in Virginia, Future Quest features more than 40 workshops and 40 exhibits related to successful life after high school. Visit www.http:// www.futurequestgmu.org.
- Originals Concert. 7:30-9 p.m. At Fairfax High School, 3501 Rebel Run, Fairfax. The creation of new music for symphonic band has been a major part of The City of Fairfax Band's history. The 50th anniversary season kicks off with a special program dedicated to music written for and premiered by CFB. Composed by some of America's most noted composers and representing a wide array of styles, many of these works have found their way into the standard literature and are being performed by concert bands worldwide. A major feature of the program is the World Premiere of CFB's latest commissioned work, A Southern Jubilee by legendary Hollywood film composer Bruce Broughton. Other works on the program are David Uber's Overture for Symphonic Band ("Lord Fairfax"), Samuel Laudenslager Sr.'s City of Fairfax Band March, Travis Cross's And the Grass Sings in the Meadows, Mark Camphouse's Foundation and Ira Hearshen's ballroom dance suite, Aragon: 1945-1952.Cost is \$15/\$10. Visit the website:
- https://www.fairfaxband.org/event/originals-cityof-fairfaxband-fall-concert-2019/
- Both Sides Tour XXIII. Leave at 8:15 a.m. Leaves from Franconia Museum at the Franconia Governmental Center, 6121 Franconia Road. Visit the site near Frederick where General George Meade Assumed Command just three days before Gettysburg. After lunch, ride with Jeb Stuart as he protects the Confederate retreat route back to the Potomac River. Enjoy coffee and donuts at the Franconia Museum or meet the bus at the pickup point in Leesburg. Cost: \$100 includes bus, lunch, and a fast-food value card on the way home, and a contribution to the Franconia Museum. No cancellations after October 1, 2019. Free parking nearby at Olivet Church because of early voting. This tour will cover a lot of ground and will arrive back in Franconia at 7 p.m. Pickup and drop off point in Leesburg at 9:30 a.m. and 5 p.m. Contact Don Hakenson at 703-971-4984 or dhakenson@verizon.net

OCT. 26-27

Ghost Train Halloween Ride. 10 a.m. to 6 p.m. At Burke Lake Park, 7315 Ox Road, Fairfax Station. Volunteers will be transforming the Burke Lake Park miniature train ride into a fun holiday adventure for children and adults of all ages. See your favorite nursery rhymes and bedtime stories come to life along the Fairytale Loop and try to spot a friendly witch in Witches' Junction. In addition to the train ride, family members can enjoy a moon bounce, carousel and pumpkin painting. Food and drink will be available for purchase from vendors and inside the Ice Cream Parlor. Be sure to dress for the occasion with your favorite Halloween costume. Tickets are \$6/age 2 and older: free for younger than age 2. Visit http://www.fairfaxcounty.gov/ parks/burkelakepark/.

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Leonard Bernstein As His **Daughter Remembers Him**

Presentation at Pozez JCC of Northern Virginia on Friday, Oct. 25.

> BY DAVID SIEGEL The Connection

hat was the prolific composer Leonard Bernstein's inspirations to create the music for "West Side Story" or "Candide"? Where did his sometimes boisterous, sometimes wrenching, sometimes jagged notes originate from? How did he develop such an identifiable sound and style as an orchestra conductor?

Northern Virginia audiences will have the opportunity to hear answers to these questions and more when Jamie Bernstein, daughter of Leonard Bernstein, visits the

Prozez JCC of Northern Virginia for an informative conversation built upon her memoir "Famous Father Girl: A Memoir of Growing up Bernstein." In her own right, Jamie Bernstein is a writer, broadcaster and filmmaker. She travels the world as a concert narrator.

"Having Ms. Bernstein as our first author of the 2019 cultural arts season at The J is a gift to the community." said Sarah Berry, The J's Arts and Ideas Director.

"This program also gives us a unique opportunity to weave Ms. Bernstein's beautiful memoir into our performing arts series by including live music from Marcolivia." As a quartet, Marcolivia will highlight how Leonard Bernstein bridged the gap between popular and classical music. They will also perform music from composers that influenced Bernstein.

In a conversation with Jamie Bernstein she indicated she will chat about the life of and life with Leonard Bernstein, the man she calls "larger than life." She made it clear that "all the love and energy he put into the world comes back."

As for some of his inspirations in his creative career, Jamie Bernstein noted that her father had great and offers diverse programming to appeal to the comspirituality as a deep essence. The musical notes "he



Photo courtesy Pozez JCC of Northern Virginia Jamie Bernstein, author "Famous Father Girl: A Memoir of Growing Up Bernstein," to speak at Pozez JCC of Northern Virgin.

Where and When

Pozez JCC of Northern Virginia presents Jamie Bernstein, author of "Famous Father Girl: A Memoir of Growing Up Bernstein" at 8900 Little River Turnpike. Event on Friday, Oct. 25 at 1 p.m. Tickets: \$25 (general admission), \$38 (admission and book). Information and tickets visit www.jccnv.org or call 703-537-3000.

strung together are uniquely identifiable as his finger print."

Jamie Bernstein also noted her father's symphonic works such as the violin solo from the slow movement of his "Serenade" and the rollicking "Profanation" from the "Jeremiah Symphony."

"All the love and energy he put into the world comes back," said Jamie Bernstein. She noted his "dogged hope" for a better world as contained in the music and lyrics of "Somewhere" from "West Side Story." Bernstein composed the music and Stephen Sondheim the lyrics; "Somewhere a place for us/ Peace and quiet and open air/Wait for us.

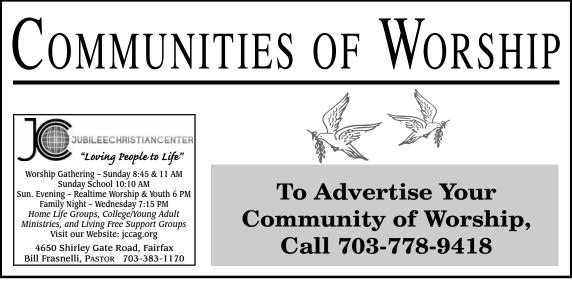
"Our event with Jamie Bernstein and Marcolivia is for everyone, regardless of your knowledge of Bernstein. The J welcomes all through our doors, munity at large." said Sarah Berry.



Community Service Awards Presented

On Sept. 7, the Lane's Mill Daughters of American **Revolution (DAR) Chapter Regent, Karen Burkett** presented the DAR Community Service Award to Dixie Mayall (above) for her exceptional volunteer work at the Fairfax County Animal Shelter in Fairfax, as well as her dedicated volunteer work at the Centreville Regional Library in Centreville. Also receiving a DAR Community Service Award was Carol Burton (below), for her exemplary volunteer services of many different departments at Inova Fair Oaks Hospital, Fairfax.







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Announcements

Announcements

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Announcements

Announcements

Uptick in Student Absentee Ballots Might Indicate Higher Turnout

By Imani Thaniel Capital News Service

n addition to hitting the books this fall, more Virginia college students may hit the polls next month, according to the Virginia Department of Elections.

Virginia Department of Elections data show that 10,923 students in Virginia have applied for absentee ballots this year. That's more than double the number of absentee ballot applications (4,878) received in 2015, the last year all 140 seats were up for reelection in the General Assembly, according to Christopher Piper, commissioner of the department.

Residents (including students) have requested 66,219 applications for absentee voting, according to state election data. Records show that 62,605 absentee ballots were filed four years ago. As of today, the state has filed 24,766 absentee ballots; it remains to be seen how many more are returned.

Piper said absentee ballots have increased in popularity. Last year, voters submitted 287,763 absentee ballots, the highest number of votes in the state during a non-presidential election based on the data available since 1976. The 2008 presidential election had the highest rate of absentee voting recorded in Virginia, with 506,672 absentee votes submitted.

"Using absentee voting is a good indicator of potential turnout, and if you look at previous elections and compare it to today there has been an increase in this election and overall," Piper said.

Traditionally, voter turnout is highest during presidential elections and drops during state elections. For instance, 72% of registered voters participated in the 2016 presidential election, but turnout for the 2017 gubernatorial election fell to 48%. That same year, the second highest number of absentee votes, 496,452, were filed.

Perhaps this election is predicted to spur higher voter turnout in part because it includes over 30 competitive races. Further, redistricting maps gave an advantage to some House Democrats, who hope to wrest back the slim majority Republicans hold — in both chambers.

As of Sept. 30, Virginia had 5,612,769 registered voters. In the 2015 election, nearly 5.2 million residents registered to vote and a little over 1.5 million, or 29%, actually voted.

Erin Burke Brown, the voter registration and turnout chair for VCU Votes, which promotes voter engagement at Virginia Commonwealth University, said it remains to be seen whether young voters will show up to the polls.

"It depends on whether young people are fired up to want things to change and have their voices heard," Brown said.

The last day to register to vote is Oct. 15. Applications for absentee ballots can be found online or by visiting the local registrar's office. The deadline to request an absentee ballot by mail is Oct. 29. The deadline to vote in-person absentee is Nov. 2.



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Opinion

Election Day

From Page 6

District 37 David L. Bulova (D), incumbent, unopposed

District 38 L. Kaye Kory (D), incumbent, unopposed District 39

Nick O. Bell (R) Vivian E. Watts (D), incumbent District 40

Dan I. Helmer (D) Timothy D. "Tim" Hugo (R), incumbent

District 41 Eileen Filler-Corn (D), incumbent John M. Wolfe (I) Rachel D. Mace (L)

District 42 Kathy K. L. Tran (D), incumbent Steve P. Adragna (R)

District 43 Mark D. Sickles (D), incumbent

District 44 Paul E. Krizek (D), incumbent Richard T. Hayden (R)

District 45 Mark H. Levine (D), incumbent, unopposed

District 46 Charniele L. Herring (D), incumbent, unopposed

District 47 Patrick A. Hope (D), incumbent, unopposed

District 48 Richard C. "Rip" Sullivan (D), incumbent, unopposed

District 49 Alfonso H. Lopez (D), incumbent Terry W. Modglin (I)

District 53 Marcus B. Simon (D), incumbent, unopposed

District 67 Karrie K. Delaney (D), incumbent, unopposed

District 86 Ibraheem S. Samirah (D), incumbent, unopposed

Virginia State Senate District 30 Adam P. Ebbin (D), incumbent, unopposed

District 31 Barbara A. Favola (D), incumbent, unopposed

District 32 Janet D. Howell (D), incumbent Arthur G. Purves (R)

District 33 Jennifer B. Boysko (D), incumbent Suzanne D. Fox (R)

District 34 J. C. "Chap" Petersen (D), incumbent, unopposed

District 35 Richard L. "Dick" Saslaw (D), incumbent, unopposed

District 36 Scott A. Surovell (D), incumbent, unopposed

District 37 Dave W. Marsden (D), incumbent, unopposed

District 39 George L. Barker (D), incumbent S. W. "Dutch" Hillenburg (R)

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No Soap. Radio.



By KENNETH B. LOURIE

This is a punchline to a joke I heard 50-plus years ago during my adolescence. I never knew what the actual joke was, but somehow it was thought to be funny. And so too was it funny the other day when preparing to take a shower at home, I noticed that the bar of soap waiting for me in the shower was razor thin and insufficient for the task at hand. I then opened the bathroom vanity where I knew I had back up and saw there was only one bar remaining. It was the last hold-out of an eight pack I had bought many months ago. As Maurice Chevalier sang in the movie "Gigi:" "Ah. I remember it well."

And remember it well as I remember other similar bulk-type purchases. Sometimes, being diagnosed with a "terminal" form of cancer interferes in the most unusual way. When I buy things or make arrangements

when the use/benefit is in the future, I'll often wonder if I'll still be alive to actually derive the benefit from this day's commitment. As involves the soap; that day in the supermarket aisle, I was really looking for a two- or a threepack, not an eight-pack, hesitating to overbuy when I may under-use. I suppose if I had plenty of money and fewer financial concerns than I do now, I wouldn't have given this soap purchase any thought at all. But I'm me, not somebody else.

And sometimes, I don't want to be me. I'd rather be somebody else. Somebody else who throws a bit more caution to the wind. Somebody who damns the torpedoes and goes full speed ahead. Somebody who's a bit fast and furious and less slowsky, if I can invoke metaphorical Comcast turtles into the conversation. Nevertheless, at the end of the day (at the beginning, too), I may not be Sammy Davis Jr., but "I Gotta Be Me."

And 'me' is someone who doesn't throw caution anywhere, has never sworn at a torpedo and loves turtles, especially when they beat hares. My approach to this excruciating cancer ordeal is to keep my glass half full, compartmentalize, be positive about the negative and not "Live Like You Were Dying," as sung by Tim McGraw, but to live like I was living. Which to me has meant to live normally as if I didn't have stage IV lung cancer, with no bucket list or urgency about anything; and to assimilate having cancer into my life as just another variable, like the weather or the Red Sox bullpen.

Unfortunately, and it might just be me (Oh, really), but this kind of soapy mundane minutiae does occupy (I'm not saying pre-occupy though) my world. But it doesn't necessarily occupy it because I have cancer. It occupies it because I'm more like my mother than I am my father and cancer or not, it's what I do. And being exactly who I am in spite of my diagnosis is how I've rolled through these last 10-plus years. It's been a living for which I remain extraordinarily grateful and to be honest about it: amazingly lucky.

Moreover, I make the same jokes, with or without punchlines, do the same impressions, invoke the same popular culture references and make decisions as I always have. In addition, I allocate resources, juggle funds and plan for the future while being mindful of the present likewise as I always have. My diagnosis certainly defines me, but I try not to let it control me. Still, its reality seeps into every decision I make, from soap to nuts. It's the elephant in the room and the pebble in my shoe (actually that's the neuropathy in my feet).

Still I have to take things in stride - or else. When I saw that last remaining bar of soap, it conjured memories of the tightrope I have to walk (Leon Russell not withstanding). And it gave me pause: Wow, I made it through that entire pack. Now what? Soap. No radio. And so it goes.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

