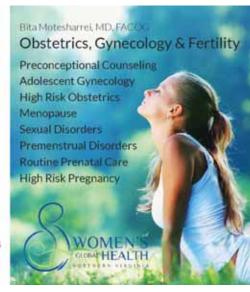




- Clinical professor of OBGYN at George Washington University
- Fellow of the American College of Obstetricians and Gynecologists
- Diplomate of American Board of Clostetrics and Gynecology

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# **Public Meetings**

2019 Fall Transportation Meetings

You are invited to participate in public meetings held by the Commonwealth Transportation Board. The meetings will begin with a brief open house followed by a public comment period. At the open house you can learn about various transportation initiatives, including:

- · Adjustments to Virginia's project prioritization process (SMART SCALE)
- Virginia's Statewide Transportation Improvement Program
- VTrans Draft Mid-term Transportation Needs (Virginia's Statewide Transportation Plan)
- Adjustments to the Highway Safety Improvement Program.

Representatives of the Office of Intermodal Planning and Investment (OIPI) and Departments of Transportation and Rail and Public Transportation will be in attendance to highlight their transportation programs and discuss your ideas and concerns about Virginia's transportation network. The open house will be followed by a public comment period, during which you may provide comments about the various initiatives. Comments will be accepted at the meeting and may also be submitted via email or online at www.CTB.Virginia.gov.

### Meeting Dates and Locations Open House begins at 4 p.m. in each of the locations unless otherwise noted.

Tuesday, October 15, 2019* Richmond District Richmond Marriott Short Pump 4240 Dominion Boulevard Glen Allen, VA 23060 *This meeting will also provide opportunity for comment on the I-95 Corridor Study Plan	Tuesday, October 22, 2019** Northern Virginia District Northern Virginia District Office Potomac Conference Room 4975 Alliance Drive Fairfax, VA 22030 **meeting begins at 6 p.m.	Monday, October 28, 2019*** Staunton District Doubletree Hotel Harrisonburg 1400 E. Market Street Harrisonburg, VA 22801 ***meeting begins at 3 p.m.
Wednesday, October 30, 2019 Salem District Holiday Inn Valley View 3315 Ordway Drive Roanoke, VA 24017	Monday, November 4, 2019 Lynchburg District Lynchburg District Complex Ramey Memorial Auditorium 4303 Campbell Avenue Lynchburg, VA 24501	Wednesday, November 6, 2019 Hampton Roads District Hampton Roads District Office 7511 Burbage Drive Suffolk, VA 23435
Thursday, November 7, 2019 Bristol District Southwest Virginia Higher Education Center One Partnership Circle Abingdon, VA 24210	Tuesday, November 12, 2019** Fredericksburg District James Monroe High School 2300 Washington Avenue Fredericksburg, VA 22401 **meeting begins at 6 p.m.	Wednesday, November 13, 2019 Culpeper District VDOT Culpeper District Office 1601 Orange Road Culpeper, VA 22701

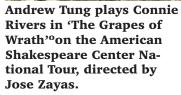
Fall meeting materials will be available at <a href="http://www.ctb.virginia.gov/planning/fallmeetings/">http://www.ctb.virginia.gov/planning/fallmeetings/</a> beginning October 15, 2019.

You may submit comments on any transportation projects and initiatives to OIPI Deputy Director Ronique Day, 1221 E. Broad St., Richmond, VA 23219 or <a href="mailto:PublicComments@OIPI.Virginia.gov">PublicComments@OIPI.Virginia.gov</a>. Comments will be accepted until November 30, 2019.

The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of, its services on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).

### News







Madeline Calais, who plays Imogen in 'Imogen' (aka 'Cymbeline') on the American Shakespeare Center National Tour, directed by Vanessa Morosco.º

# Shakespeare at Alden

# American Shakespeare Center on Tour returns to McLean.

By David Siegel
The Connection

or more than thirty years, American Shakespeare Center on Tour has been a staple for discerning audiences of all ages. American Shakespeare Center has earned its reputation as one of America's most respected professional touring theater groups.

At McLean Community Center patron request, American Shakespeare Center on Tour will once again display its signature style to Alden Theatre audiences. The American Shakespeare Center will offer three different plays performed in repertory by the same troupe of actors.

American Shakespeare Center's style of performance harkens back to how Shakespearean theater was once performed. The audience is a part of the performance. The actors not only perform the dialogue, but will provide live music before the play begins and during intermission. The performers even interact with the audience from the stage with helpful asides.

The plays to be performed include "Imogen" (aka "Cymbeline"), a play about a powerful Princess Imogen catapulted onto an epic journey when her father, King Cymbeline, banishes her soulmate. "The Grapes of Wrath," Steinbeck's iconic tale about the Oklahoma drought during the Great Depression forces the Joad family to flee their home for the

#### Where and When

McLean Community Center presents a weekend with the American Shakespeare Center on Tour at the Alden Theatre, 1234 Ingleside Road, McLean. Performances: Saturday, Oct. 26, 2019 and Sunday, Oct 27, 2019. Individual show tickets are \$40 for the general public, \$35 for seniors and \$30 for MCC tax district residents. Note: There is a separate interactive event titled "Brush Up on Your Shakespeare" on Tuesday, Oct. 22 at 7 p.m. The event includes Shakespeare specialists Hannah Hessell Rattner, Cass Morris and Tory Talbot Virchow. Tickets are \$5 MCC tax district residents and \$7 for non MCC tax district residents. There is also a package for all three ASC performances and the "Brush Up Your Shakespeare" event for \$80 MCC tax district residents, and \$110 for non-MCC tax district residents.

- ❖ Shakespeare's "Imogen" (Cymbeline) Saturday, Oct. 26, 2 p.m. Doors open and live music starts at 1:30 p.m. Recommended for age 13+
- Shakespeare's "A Midsummer Night's Dream"
- Saturday, Oct. 26, 7:30 p.m. Doors open and live music starts at 7 p.m.

  Recommended for All Ages.
- Steinbeck's "The Grapes of Wrath" Sunday, Oct. 27, 2 p.m. Doors open and live music starts at 1:30 p.m. Recommended for age 13+

promise of a new life in California. "A Midsummer Night's Dream," in which Shakespeare casts a theatrical spell powerful enough to make audiences of all ages believe in anything.

"We chose three plays that showcase the range of our repertory – there's a gut-busting comedy, a fantastical epic, and an American

See Shakespeare, Page 7

# NEWS



MCC Facilities Manager Joe McGovern and MCC Executive Director George Sachs with the VRPS Award for Best New Renovation.



MCC Executive Director George Sachs, MCC Graphic Designer and Webmaster David Craig and MCC Governing Board Chair Julie Waters with the VRPS Award for Most Innovative Marketing Piece.

# McLean Community Center Receives Two Awards

cLean Community Center received two awards at the Virginia Recreation and Park Society's 64th Annual Conference "Growing to New Heights," which was held in Tysons Corner, Sept. 7-10. More than 500 delegates from around the state gathered to learn, exchange ideas and discuss areas of common interest to rec-

reation and park professionals.

Highlighting each year's conference is a formal presentation of awards to individuals, departments and organizations throughout the state who have demonstrated excellence during the previous year. One hundred and fifteen applications were received for awards in 14 different categories. Judged by a jury of its peers, McLean

Community Center received an award in the Best New Renovation/Addition (Bricks and Mortar-population 25,001-50,000) category for the McLean Community Center Renovation and Expansion Project; and Most Innovative Marketing Piece (population 25,001-50,000) for the McLean Community Center 2018 Summer Camp Guide.

At its meeting on Wednesday, Sept. 25,

the McLean Community Center Governing Board recognized Executive Director George Sachs and Facilities Manager Joe McGovern for their work on the center's renovation project and MCC Graphic Designer and Webmaster David Craig for his design work on the center's 2018 summer camp guide.

For more information, call the Center at 703-790-0123, TTY: 711.

# Fur, Fins, and Feathers Concert At Langley High

By Elena Stoddard Langley High Senior

he Langley High School Orchestra will present their "Fur, Fins, and Feathers" concert on Tuesday, Oct. 22, at 7 p.m. in the Langley High School auditorium.

The orchestra will throw you back to the eighties by performing "Eye of the Tiger" arranged by a former Langley Orchestra student. As "The Lark Ascending" is played, a slide show featuring birds will be shown. Camille Saint-Saëns' famed "Carnival of the Animals" will put you right in the middle of a zoo as it presents sounds from a myriad of animals such as lions, elephants, hens, and sea creatures. Beautiful and vibrant multimedia artwork of wildlife will be displayed, created by a talented Langley High School student. "Of Glorious Plumage" illustrates birds at both rest and flight and will be played following the "Carnival of the Animals."

The orchestra will additionally play "Spirit, Stallion of the Cimarron" - a piece from the 2002 Dreamworks Animation film and composed by the acclaimed



PHOTOS BY ELENA STODDARD

All ages are invited to come to the Langley High Orchestra concert especially elementary and middle school students.

"The Lion King." This Walt Disney Pictures film received two Academy Awards for its impressive music and the Golden Globe Award for Best Motion Picture and recently was remade into a live action film in the summer of 2019 which makes it a fitting

Hans Zimmer. Hans Zimmer will also be fea- piece for this performance. Langley Orchestured as the students will play music from tra will add to this celebration of animals by playing "The Falconer" by Doug Spata and "The Speckled Hen Overture" by the award-winning composer, William Hofeldt.

> A hospitality table with reception refreshments will be right outside of the auditorium, thanks to the Langley Orchestra parents. This



**Langley High violinists rehearse** for their 'Fur, Fins, and Feathers' Concert on Tuesday, Oct. 22.

concert is free to the public and is intended for all ages - especially elementary and middle school students. Appropriate costumes are encouraged for all performers and audience members. Animal lover or not, come support your local high school and enjoy the performance.

# **OPINION**

# Dates, Deadlines amd Candidates

- ♦ On or About Sept. 20: Absentee Voting begins at the Office of Elections, 12000 Government Center Pkwy., Conference Rooms 2/3, Fairfax
- ♦ Oct. 15: Voter Registration Deadline. In-person: 5 p.m., online: 11:59 p.m.
- ♦ Oct. 29: Deadline to request an absentee ballot by mail, 5 p.m.
- ❖ Nov. 2 Final day to vote absentee in-person, 5 p.m.
- ❖ Nov. 5: Deadline to return your ballot to the Office of Elections, 7 p.m.
- ♦ Nov. 5: Election Day, Polling Places open 6 a.m. to 7 p.m.

Fairfax County Office of Elections,

Hours: Monday-Wednesday, Friday 8 a.m.-4:30 p.m.; Thursday, 8 a.m.-7 p.m.

12000 Government Center Parkway Suite 323
Fairfax, VA 22035
703-222-0776 TTY 711
voting@fairfaxcounty.gov

www.fairfaxcounty.gov/elec-

When you register to vote in Virginia, you do not register to vote by party. Virginia is an Open Primary state which means that any registered voter in Virginia can vote in either a Democratic or Republican primary. When both parties are holding a primary election, you will be asked which primary you want to vote in when you check in to vote with your photo

ID. Note, you may only vote in one

# **Voter ID Requirements:**

primary.

Per Virginia law effective July 1, 2014, all residents must provide valid photo identification when they vote in-person. Please consult the VA Department of Elections for the most up to date information regarding acceptable forms of voter photo ID.

Many types of photo ID are acceptable for voting in Virginia. You only need to show ONE acceptable photo ID to vote. Photo IDs can be used to vote up to one year after the ID has expired. Acceptable forms of valid identification: Virginia driver's license, Virginia DMV-issued photo ID, United States passport, Employer-issued photo ID, Student photo ID issued by a school, college, or university located in Virginia, Other U.S. or Virginia government-issued photo ID, Tribal enrollment or other tribal photo ID, Virginia Voter Photo ID card



On or About Sept. 20: Absentee Voting begins at the Office of Elections, 12000 Government Center Pkwy., Conference Rooms 2/3, Fairfax

If you get to your polling place without acceptable photo ID, you can vote a provisional ballot. You will be given instructions on what to do so your vote can count.

# OFFICES ON THE BALLOT, Fairfax County

- $\ \mbox{\ensuremath{\mbox{$\mbox{}\mbox{$$
- \* Member House of Delegates, vote for one in your district
- Commonwealth's Attorney, vote for one
  - ❖ Sheriff, vote for one
- ❖ Chairman Board of Supervisors, vote for one
- ❖ Member School Board at Large
- Member Board of Supervisors. vote for one in your district
- Member School Board. vote for one in your district
- Soil and Water Conservation
- Director Northern Virginia District
  - School Bonds Referenda

# **Voter Registration and Voter Photo ID Opportunities**

The Office of Elections is open during normal business hours to provide residents the opportunity to register to vote or obtain a free voter photo ID if needed. The Office of Elections also provides residents opportunities to attend offsite events throughout the year.

#### **School Bond Ballot Question**

This is the text of the public school bond question that will be on the Nov. 5, 2019, general election ballot:

Shall Fairfax County, Virginia, contract a debt, borrow money, and issue capital improvement

bonds in the maximum aggregate principal amount of \$360,000,000 for the purposes of providing funds, in addition to funds from school bonds previously authorized, to finance, including reimbursement to the County for temporary financing for, the costs of school improvements, including acquiring, building, expanding and renovating properties, including new sites, new buildings or additions, renovations and improvements to existing buildings, and furnishing and equipment, for the Fairfax County public school

#### Candidates, Fairfax County

Chairman, Board of Supervisors Jeffrey C. McKay (D)

Joseph F. Galdo (R)

**Commonwealth's Attorney** Steve T. Descano (D)

Steve T. Descano (D) Jonathan L. Fahey (I)

Sheriff

Stacey Ann Kincaid (D) Christopher F. De Carlo (I)

### **Board of Supervisors, District Representatives**

Braddock District James R. Walkinshaw (D) S. Jason Remer (R) Carey Chet Campbell (I)

**Dranesville District** 

John W. Foust (D) incumbent Ed. R. Martin (R)

#### **Hunter Mill District**

Walter L. Acorn (D) unopposed

#### Lee District

Rodney L. Lusk (D) unopposed

#### **Mason District**

Penelope A. "Penny" Gross (D) incumbent Gary N. Aiken (R)

#### Mount Vernon District

Daniel G. "Dan" Storck (D) incumbent, unopposed

#### Providence District

Dalia A. Palchik (D), unopposed

#### **Springfield District**

Linda D. Sperling (D) Patrick S. "Pat" Herrity (R) incumbent

#### Sully District

Kathy L. Smith (D) incumbent Srilekha R. Palle (R)

#### School Board

### School Board At-Large (vote for three)

Abrar E. Omeish (endorsed by Democrats)
Cheryl A. Buford (endorsed by Repub-

Cheryl A. Buford (endorsed by Republicans)
Priscilla M. DeStefano (endorsed by

Republicans)
Rachna Sizemore Heizer (endorsed by Democrats)

Vinson Palathingal (endorsed by Republicans)

licans)
Ilryong Moon, incumbent (withdrawn)
Karen A. Keys-Gamarra, incumbent (en-

dorsed by Democrats)

Braddock District, School Board

Zia Tompkins (endorsed by Republicans)

Megan O. McLaughlin, incumbent (endorsed by Democrats)

#### Dranesville District, School Board

Anastasia S. Karloutsos (endorsed by Republicans) Ardavan Mobasheri Elaine V. Tholen (endorsed by Democrats)

#### Hunter Mill District, School Board

Laura Ramirez Drain (endorsed by Republicans)
Melanie K. Meren (endorsed by Demo-

#### Lee District, School Board

Tamara J. Derenak Kaufax, incumbent, (endorsed by Democrats)

#### **Mason District, School Board**

Ricardy J. Anderson (endorsed by Democrats) Tom L. Pafford

#### Mount Vernon District, School Board

Pamela C. Ononiwu Steven D. Mosley (endorsed by Republicans)

Karen L. Corbett Sanders, incumbent (endorsed by Democrats)

#### Providence District, School Board

Andrea L. "Andi " Bayer (endorsed by Republicans) Jung Byun Karl V. Frisch (endorsed by Democrats)

#### Springfield District, School Board

Laura Jane H. Cohen (endorsed by Democrats) R. Kyle McDaniel Elizabeth L. Schultz, incumbent (endorsed by Republicans)

#### **Sully District, School Board**

Stella G. Pekarsky (endorsed by Democrats) Tom A. Wilson, incumbent (endorsed by Republicans)

#### Soil and Water Conservation Director Northern Virginia District Vote for Three

C. Jane Dudik (endorsed by Republicans)
Chris E. Koerner (endorsed by Democrats)

Christopher A. Bowen (endorsed by Republicans) Edward F. McGovern (endorsed by Re-

publicans)
Jonah E. "Jet" Thomas
Monica A. Billger (endorsed by Demo-

Monica A. Billger (endorsed by Democrats)
Gerald Owen "Jerry" Peters Jr., incum-

# bent, (endorsed by Democrats) General Assembly

#### **House of Delegates**

Kathleen J. Murphy (D), incumbent Gary G. Pan (R)

#### Mark I Kear

Mark L. Keam (D), incumbent, unopposed

#### District 36

Kenneth R. "Ken" Plum, incumbent, unopposed

See Election Day, Page II

# **CONECTION**

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Make sure that costumes are fire resistant, use reflective tape and opt for face paint instead of masks to help keep children safe this Halloween. Parents or other adult should accompany children under 12.



# Keeping Children Safe on Halloween

Safety advocates offer tips ranging from costumes to trick-or-treating.

By Marilyn Campbell
The Connection

rom princesses to superheroes, within the next two weeks, as Halloween ap-

proaches, many children will be choosing a costume. As children express their creativity with the help of wigs and light sabers, public safety advocates are encouraging caution both in costume selection and mapping-out a Halloween night route.

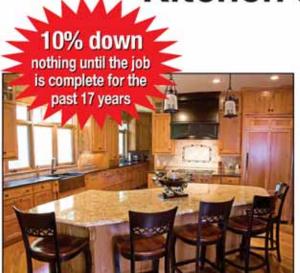
"There are several components to safety, first make certain the costumes are well-fitted so they aren't a tripping hazard," said Tammy Franks, senior program manager for Home and Commu-

SEE KEEPING, PAGE 10

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## News

# Shakespeare at Alden

From Page 2

tragedy - and make the most of our actors' dynamic, transformational abilities," said Ethan McSweeny, ASC, artistic director.

"On the surface, 'Imogen' (aka 'Cymbeline'), 'The Grapes of Wrath,' and 'A Midsummer Night's Dream' don't have much in common. But when performed in repertory, a common theme of voyages, survival, and discovery emerges - our characters are chasing love, fleeing persecution, discovering their purpose," added McSweeny. "But the similarities and relationships between the plays only start here ... we invite audiences to draw their own connections between each of the plays."

Describing the American Shakespeare Center style using universal lighting, minimal sets, character doubling, cross-gender casting, and live music, McSweeny noted, "We believe in creating exciting, imaginative, and inclusive theatre with an emphasis on clarity, language, Shakespeare's staging conditions, and continued experimentation. ASC's touring



Photo by Lauren Rogers Parker/ McLean Community Center

From left: Topher Embrey, who plays Bottom, and Madeline Calais, who plays Puck, in 'A Midsummer Night's Dream' on the American Shakespeare Center National Tour, directed by Nathan Winkelstein.

shows are intimate in scale, yet epic in scope, utilizing special performance conditions to blend Shakespeare's stagecraft with a modern sensibility.





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### CALENDAR

#### **ONGOING**

The Glow: A Pumpkin Wonderland. Through Oct. 27, Thursday-Sunday nights in Lake Fairfax Park, 140 Lake Fairfax Drive, Reston. Enjoy an immersive Halloween stroll along a trail illuminated by thousands of intricately carved pumpkins, many highlighting the Capital City's most famous including pumpkin look-a-likes of iconic landmarks, musicians, movie stars, superheroes and princesses. Advanced tickets are required. \$16.99 for children; \$22.99 for adults, at www.glowpumpkin.com/washingtondc.

McLean Farmers Market. Fridays, through Nov. 15, 8 a.m.-noon at Lewinsville Park, 1659 Chain Bridge Road, McLean. Sixteen local farmers and producers will sell fresh produce and fruits; meats; breads and pastries; jams; dairy products and eggs; herbs; flowers, coffee, and more. Visit www.fairfaxcounty.gov/parks/farmersmarkets/mclean.

#### THURSDAY/OCT. 17

Pumpkin Festival. 5-8 p.m. At the Shops of Avenir Place, 2677 Avenir Place, Vienna. Live music, a beer garden, games and pumpkin decorating. This festival is the perfect way to celebrate the fun and festive season that is fall. Free to attend. Visit www.avenirfest.com.

Free to attend. Visit www.avenirfest.com.

Celebrate "Hitchcocktober." 7 p.m. at
Angelika Film Center – Mosaic, 2911 District
Ave., Fairfax. The Birds (1963). Every Thursday
night in October, a classic film by Alfred
Hitchcock will be featured culminating with a
showing of Psycho on Halloween. \$14.50. Visit
www.AngleikaFilmCenter.com for more.

Meet Bill Lewers. 7:30-9 p.m. At Patrick Henry Library, 101 Maple Ave. E, Vienna. Meet the author of the Gatekeepers of Democracy series, fiction books that celebrate those who volunteer on Election Day to serve as election officers. Learn about "a day at the polls" as seen though the eyes of the election officers, who are truly the unsung heroes of the American election system. Books available for sale and signing. Visit https://librarycalendar.fairfaxcounty.gov/event/5247267.

#### FRIDAY/OCT. 18

Haunted Friday Night Trip. 4:30-11 p.m. Meet at McLean Community Center, 1234 Ingleside Ave., McLean. Cost is \$60/\$50 MCC district residents. The Old Firehouse staff invites the brave-hearted to join them on a haunted journey searching for ghosts, zombies and whatever creepy creatures might appear in the night. Admission to all attractions are included in the fee.

Refugee Chef Event. 5 to 10 p.m. At Hilton McLean Tysons Corner, McLean. Diners can savor Chef Nejat's dishes via a special tasting menu or a la carte. Highlights include Kabuli – braised rice with lamb, topped with raisins and slivered carrots; Kadoo – baked pumpkin with yogurt sauce, garlic and mint; Chicken Kabob, featuring an Afghan spice blend and cilantro chutney. A portion of the proceeds will be donated to Table Without Borders' non-profit partner HIAS, a leader in refugee resettlement and advocacy, and to help sustain Tables Without Borders after the event. Visit www.opentable.com/r/harth-mclean.

#### **OCT. 18 TO NOV 3**

"Guvnors" Play. At The Vienna Community
Center, 120 Cherry Street, SE, Vienna. The
Vienna Theatre Company's production of "One
Man, Two Guvnors" premieres at 8 p.m. Friday,
October 18. Other performances will be staged
at 8 p.m. October 19, 25, 26, and November 1
and 2. Matinee performances will be staged at 2
p.m. October 27 and November 3. Tickets are
\$15 and may be purchased online at
viennava.gov/webtrac or in person at the
Vienna Community Center.

#### SATURDAY/OCT. 19

Halloween at Town Green. 10:30 a.m.-12:30 p.m. At Vienna Town Green, 144 Maple Ave, E, Vienna. Children ages 2-10 are invited to get their spook on with the Town of Vienna at Halloween on the Green. At this free event, kids can enjoy arts and crafts, games, tricky treats, a moon bounce, tales dramatically told by Historic Vienna, Inc. volunteers, and a limited quantity of pumpkins to paint.

Valeclub Fall Fair. 11 a.m.-3 p.m. At Vale Schoolhouse, Corner Fox Mill and Vale Roads, Oakton. Bar-B-Q, bake sale; children's games, activities and pony rides, costume parade, haunted forest; Fairfax County Police car-touch and explore and more. Free. Visit the website: www.Valeschoolhouse.org.

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

The Pop-Ups Perform. 1 p.m. At McLean Community Center, 1234 Ingleside Ave., McLean. Cost is \$15/\$10 MCC district residents. From three-time Grammy nominees, The Pop Ups, "The Great Pretenders Club" takes family audiences of all ages on a scavenger hunt for the best imaginative play games your mind can dream up! This highly interactive show unfolds, propelled by award-winning music and dance beats that will catapult both young and old out of their seats. Tickets are on sale. Visit www.aldentheatre.org.

Fearless Girls. 2-3 p.m. At Patrick Henry Library, 101 Maple Ave. E, Vienna. "Fearless Girls": An Afternoon of Storytelling. Folk stories of brave women and fearless girls can be found around the world. Kristin Moyer will tell two stories about Molly Whuppie, from the collection The Adventures of Molly Whuppie and Other Appalachian Folktales, with a musical interlude. Visit https://vienna-va.aauw.net/.

Christian Concert. 7-8 p.m. At Great Falls United Methodist Church, 10100 Georgetown Pike, Great Falls. "One Waypoint" Christian Band Concert at Great Falls United Methodist Church. The program will include a variety of traditional and contemporary Christian music. Cost is \$10 advance/\$15 door. Pay Online at http://www.greatfallsumc.org/giving.html (Click on VANCO, Concert is last item on the list).

Bingo. 7-10 p.m. At Unity of Fairfax, 2854 Hunter Mill Road, Oakton. The community is invited to

Bingo. 7-10 p.m. At Unity of Fairfax, 2854 Hunter Mill Road, Oakton. The community is invited to join Unity of Fairfax for an evening of fun and connection as they play different Bingo games. Snacks and drinks are available for sale. Participants can make donations at the door to play. Suggested donation is \$20 for adults, \$10 for youth under 18. Additional cards will be available for an extra donation. The pot will be split between the church and winners of the various games. Visit https://unitybingooctober.eventbrite.com.

#### SUNDAY/OCT. 20

Breakfast Buffet. 8 a.m. to noon. At Vienna American Legion Post 180, 330 Center St., N. Vienna. Adults \$10, children 12 and under \$4. Get omelets, scrambled eggs, blueberry pancakes, bacon, sausage, biscuits and gravy and more. Call 703-938-6580.

McLean Pet Fest. 11 a.m. to 4 p.m. At Central Park, 1468 Dolley Madison Blvd., McLean. Free admission. The McLean Community Center has created the "purrfect" event for local pet owners and their beloved animals. Learn valuable information and get tips on a variety of pet products and services that can enhance the lives of your pet and improve your experience as a pet owner. A variety of pet care related exhibitors will be participating.

Grinding Demos. Noon to 3 p.m. At Colvin Run Mill, 10017 Colvin Run Road, Great Falls. See and hear 19th century technology at work as the miller grinds grain or corn. The mill tour and demo costs \$8 for adults; \$7 for students age 16 and older with ID; and \$6 for children and seniors. No reservations are required. While you're at the mill, don't miss the "Blacksmithing Demonstrations" from 11 a.m. to 3 p.m. Watch as the blacksmith fires up his forge and works with hammer and tongs to make iron tools and utensils. This demonstration is free for all ages, and no reservations are required. Call 703-759-2771 or visit www.fairfaxcounty.gov/parks/colvin-runmill.

Conversations in Consciousness. 2-4 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. What can the final words of the dying tell us about life after death? What does language tell us about altered states and new dimensions? Find out in this workshop! Cost is \$25. Visit https://

consciousnessconversation.eventbrite.com/.

I Dream a World. 4-6:30 p.m. At St. Luke Catholic Church, 7001 Georgetown Pike, McLean. The Reston Chorale presents I Dream a World, a concert of music by African-American composers, from stirring arrangements of traditional spirituals to contemporary choral settings of Langston Hughes' poems, plus instrumental works by Daniel Hurd and Scott Joplin. Guest artists include Soprano Simone Paulwell, Baritone James Martin and Composers Evelyn Simpson Curenton and Rev. David North. Visit www.restonchorale.org.

SCOV Gala 2019. From 4:30-9:30 p.m. At Westwood Country Club, 800 Maple Ave., E, Vienna. Shepherd's Center of Oakton-Vienna's (SCOV) celebrates volunteers, caregivers and

See Calendar, Page 9

### CALENDAR

#### From Page 8

veterans. Your Gala 2019 ticket will include complimentary wine, beer and appetizers throughout the Welcome Reception /Silent Auction, Sit-Down Dinner, Wine Pull, Heads or Tails 50/50 raffle and other fun activities. This year's gala entertainment will feature the Dueling Pianos from National Harbor. Tickets, meal choices and details available at one.bidpal.net/scovgala. Call 703-281-0538. Proceeds benefit SCOV programs and services.

#### MONDAY/OCT. 21

McLean Lunch Group. 11:30 a.m. to 2 p.m. At 6238 Old Dominion Drive, McLean. Enjoy lunch together with other AARP and McLeanCVA (Community Village Association) members and their guests. Enjoy a 15% discount on the entire

check. There will be a seminar, and no products will be promoted or sold — just casual fun and socializing with other members like you in McLean. Learn how AARP and McLeanCVA are making a difference in Northern Virginia. Sign up online at: https://

librarycalendar.fairfaxcounty.gov/event/5256604

#### TUESDAY/OCT. 22

Colbert King Speaks. 7:30 p.m. At Vienna Town Hall, 127 Center Street, South, Vienna. Pulitzer Prize-winning columnist for the Washington Post Colbert King will speak at Historic Vienna, Inc.'s meeting. He will discuss his coming of age as an African-American during the turbulence of the segregated 1950s. His talk is in conjunction with Historic Vienna's current exhibit Vienna in the 1950s. Visit www.historicviennainc.org.

#### BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### THROUGH OCT. 23

How to Build a Better Budget. At the McLean Community Center, 1234 Ingleside Ave., McLean. The McLean Community Center (MCC) Governing Board invites residents of Small District 1A-Dranesville to engage with planning Center's fiscal year 2021 budget. All meetings of the Governing Board are open to the public. The preliminary consolidated budget will be posted on the Center's website and available at the Center's reception desk. Visit www.mcleancenter.org/news-items/404-board-holds-meetings-on-fy2021-budget-proposal for more

Residents may submit written comments through Monday, Oct. 21 - by mail to McLean Community Center, 1234 Ingleside Ave., McLean VA 22101; fax 703-653-9435; or email to george.sachs@fairfaxcounty.gov.

The Board will approve the FY2021 budget when it meets at 7:30 p.m. on Wednesday, Oct. 23. The final budget will be approved by the Fairfax County Board of Supervisors in spring 2020.

#### THURSDAYS/OCT. 17, 24, 31,

**Adventures in Learning.** At Unitarian Universalist Congregation of Fairfax, Program Building 2709 Hunter Mill Rd, Oakton. Hosted by the Shepherd's Center of Oakton-Vienna. Call 703-281-0538 to register or view online at www.scov.org.







SHOW HIGHLIGHTS \*

FRIDAY OCT 25, 7PM

Military Night | Puissance High Jump

THURSDAY OCT 24, 7PM

Barn Night 1 "Halloween on Horseback"

SATURDAY OCT 26, 6:30PM

World Cup Night | President's Cup

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**Announcements** 

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**Announcements** 

**Announcements** 





# Keeping Children Safe on Halloween

"The same basic

rules of pedestrian

safety also apply on

Halloween. Cross the

street in crosswalks,

stay on the sidewalk

... and walk instead

nity Safety at the National Safety Council. "Instead of masks that could obstruct their view try using nontoxic face point."

It's possible to use face paint that it free of toxins,

but doesn't sacrifice a creative disguise, says Aieda Turner of costume supply store Total Fright in Arlington. "Mehron face paint is completely safe and it's made of aloe vera and cucumber and doesn't have any alcohol which can irritate a child's skin," she said. "Almost all children's costumes made now, even elaborate costumes, are fire resistant."

When children are trick-ortreating without a parent, says Franks, drivers should be able to see children, especially if they are wearing a dark costume. Adding glow-in-the-dark or reflective tape can help. "Children should carry a flashlight or glow stick so that they can see and be seen," she said. "Parents should make sure that costume is flame resistant and they should add a reflective component."

The costume itself shouldn't have accessories that pose hazards, says Franks. "For example, if your costume includes a sword or knife, make it out of foam or cardboard or something flexible," she said.

When out-and-about trick-or-treating on Halloween, retired pediatrician Julia Baker, MD, advises parents to accompany children under the age of 12. "Parents know their children best and should use their own judgement when it comes to allowing a

child to go trick-or-treating [without an adult]," she said. Parents should make a plan with their child about the route thev'll take so they'll know where to find them in an emergency situation. They should also agree on the time when a child should be back at home."

Children should carry a cell phone so that parents can contact them if necessary, says Baker. "Parents should definitely be able to reach their children on Halloween," she said. "As hard as it might be these days, parents should stress to their children the danger of texting and keeping their head buried in their phones while trick-or-treating." Staying in welllit areas and trick-or-treating with a group of friends can help make Halloween activities safer. "The same basic rules of pedestrian

safety also apply on Halloween," said Franks. "Cross the street in crosswalks, stay on the sidewalk instead of running through yards and walk instead of run-

of running when crossing the street so that you don't trip." -Tammy Franks, Home and Community Safety at the **National Safety Council** 

ning when crossing the street so that you don't trip."

**Announcements** 

Announcements

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg

**Announcements** 

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## **OPINION**

# **Election Day**

From Page 4

#### District 37

David L. Bulova (D), incumbent, unopposed

L. Kaye Kory (D), incumbent, unopposed

#### District 39

Vivian E. Watts (D), incumbent

#### **District 40**

Dan I. Helmer (D) Timothy D. "Tim" Hugo (R), incumbent

#### District 41

Eileen Filler-Corn (D), incumbent John M. Wolfe (I) Rachel D. Mace (L)

#### District 42

Kathy K. L. Tran (D), incumbent Steve P. Adragna (R)

#### **District 43**

Mark D. Sickles (D), incumbent

Paul E. Krizek (D), incumbent Richard T. Hayden (R)

#### **District 45**

Mark H. Levine (D), incumbent, unopposed

#### District 46

Charniele L. Herring (D), incumbent, unopposed

Patrick A. Hope (D), incumbent, unopposed

#### District 48

Richard C. "Rip" Sullivan (D), incumbent, unop-

#### District 49

Alfonso H. Lopez (D), incumbent Terry W. Modglin (I)

#### District 53

Marcus B. Simon (D), incumbent, unopposed

#### District 67

Karrie K. Delaney (D), incumbent, unopposed

#### District 86

Ibraheem S. Samirah (D), incumbent, unopposed

#### Virginia State Senate

#### District 30

Adam P. Ebbin (D), incumbent, unopposed

#### District 31

Barbara A. Favola (D), incumbent, unopposed

#### District 32

Janet D. Howell (D), incumbent Arthur G. Purves (R)

#### District 33

Jennifer B. Boysko (D), incumbent Suzanne D. Fox (R)

#### District 34

J. C. "Chap" Petersen (D), incumbent, unopposed

#### District 35

Richard L. "Dick" Saslaw (D), incumbent, unopposed

#### District 36

Scott A. Surovell (D), incumbent, unopposed

#### District 37

Dave W. Marsden (D), incumbent, unopposed

#### District 39

George L. Barker (D), incumbent S. W. "Dutch" Hillenburg (R)

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-Thomas Fuller

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### No Soap. Radio.



#### By KENNETH B. LOURIE

This is a punchline to a joke I heard 50-plus years ago during my adolescence. I never knew what the actual joke was, but somehow it was thought to be funny. And so too was it funny the other day when preparing to take a shower at home, I noticed that the bar of soap waiting for me in the shower was razor thin and insufficient for the task at hand. I then opened the bathroom vanity where I knew I had back up and saw there was only one bar remaining. It was the last hold-out of an eight pack I had bought many months ago. As Maurice Chevalier sang in the movie "Gigi:" "Ah. I remember it well."

And remember it well as I remember other similar bulk-type purchases. Sometimes, being diagnosed with a "terminal" form of cancer interferes in the most unusual way. When I buy things or make arrangements

when the use/benefit is in the future, I'll often wonder if I'll still be alive to actually derive the benefit from this day's commitment. As involves the soap; that day in the supermarket aisle, I was really looking for a two- or a threepack, not an eight-pack, hesitating to overbuy when I may under-use. I suppose if I had plenty of money and fewer financial concerns than I do now, I wouldn't have given this soap purchase any thought at all. But I'm me, not somebody else.

And sometimes, I don't want to be me. I'd rather be somebody else. Somebody else who throws a bit more caution to the wind. Somebody who damns the torpedoes and goes full speed ahead. Somebody who's a bit fast and furious and less slowsky, if I can invoke metaphorical Comcast turtles into the conversation. Nevertheless, at the end of the day (at the beginning, too), I may not be Sammy Davis Jr., but "I Gotta Be Me."

And 'me' is someone who doesn't throw caution anywhere, has never sworn at a torpedo and loves turtles, especially when they beat hares. My approach to this excruciating cancer ordeal is to keep my glass half full, compartmentalize, be positive about the negative and not "Live Like You Were Dying," as sung by Tim McGraw, but to live like I was living. Which to me has meant to live normally as if I didn't have stage IV lung cancer, with no bucket list or urgency about anything; and to assimilate having cancer into my life as just another variable, like the weather or the Red Sox bullpen.

Unfortunately, and it might just be me (Oh, really), but this kind of soapy mundane minutiae does occupy (I'm not saying pre-occupy though) my world. But it doesn't necessarily occupy it because I have cancer. It occupies it because I'm more like my mother than I am my father and cancer or not, it's what I do. And being exactly who I am in spite of my diagnosis is how I've rolled through these last 10-plus years. It's been a living for which I remain extraordinarily grateful and to be honest about it: amazingly lucky. Moreover, I make the same jokes, with or

without punchlines, do the same impressions, invoke the same popular culture references and make decisions as I always have. In addition, I allocate resources, juggle funds and plan for the future while being mindful of the present likewise as I always have. My diagnosis certainly defines me, but I try not to let it control me. Still, its reality seeps into every decision I make, from soap to nuts. It's the elephant in the room and the pebble in my shoe (actually that's the neuropathy in my feet).

Still I have to take things in stride - or else. When I saw that last remaining bar of soap, it conjured memories of the tightrope I have to walk (Leon Russell not withstanding). And it gave me pause: Wow, I made it through that entire pack. Now what? Soap. No radio. And so

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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