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Page 7



EVENT TITLE:

Evaluating Your Relapsing MS

WHEN:

November 1st, 2019 at 12:00pm

WHERE:

Capital Grille 1861 International Dr Mclean, VA 22102

SPEAKER(S):

Heidi Crayton, M.D., Vienna, VA

Please RSVP so we can reserve your seat. Use event code PEP-14395 Visit RMStreatmentevent.com or call 1.877.895.1136

This special event is for people with relapsing MS and their Care Partners to learn about an infusion treatment option. You'll also hear from an RMS patient.

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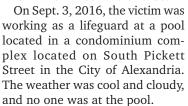
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News

Genetic Genealogy Leads to Rape Conviction

Verbatim report from City of Alexandria Office of the Commonwealth's Attorney.

n Oct. 17, 2019, Jesse Bjerke, a 38-year old Arlington resident, pleaded guilty to Rape, Object Sexual Penetration, Abduction with the Intent to Defile and three counts of Use of a Firearm in the Commission of a Felony. The charges relate to a violent sexual assault that occurred in 2016. A statement of facts read at the time of the plea revealed the following information about the offense.



Around 12:30 a man arrived at the pool asking if he had left his flip-flops there the day before. The victim looked around the pool area



Jesse Bjerke

and went into a pump room where found items are stored, and the man followed her around as she did so. Having not found the

shoes, the man left.

The man returned sometime after 1 p.m. and asked if they could look for the shoes again. He again followed the victim around the pool area and to the pump room. When she turned to tell the man that the shoes were not there, the man pointed a gun at her face. The victim screamed, and the man told her, "Stop screaming, or I'll shoot you in the mouth." The man then instructed the victim to get on her

SEE GENETIC, PAGE 5

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News

E-CARE Draws Big Crowd

BY SHIRLEY RUHE Arlington Connection

ars lined up for blocks on Quincy Street in the designated lane created for Arlington's E-CARE recycling event on Saturday, Oct. 19.

Arlington residents were able to safely dispose of hazardous household materials and recycle items including bikes, electronics, and small metal items such as pots and pans. hazardous household materials are flammable, corrosive, poisonous or potentially hazardous products such as automotive fluid, paint, fluorescent light bulbs, corrosives, household cleaners, lawn and garden chemicals, printer ink and cartridges and propane tank cylinders.

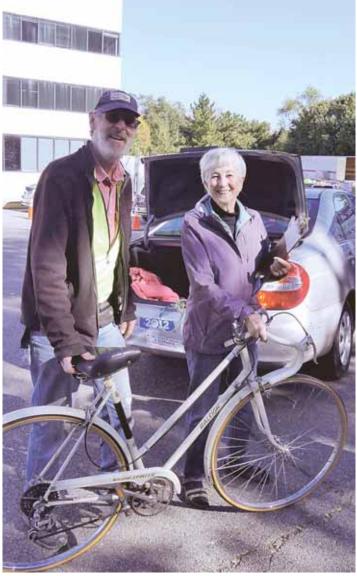
The event also included donation of serviceable and repairable bikes. Keith Oberg, who founded the Bikes for the World in 2005, says he has been doing this in the area with the County since 1995. "We have collected over 200,000 bikes. I expect to get about 100 today. We already have 15 this morning." Oberg says the donations ebb and flow during the day but there is a rush at

Oberg comments that most of the bikes are donated from the Washington-

Baltimore area. They come from people doing fall house cleaning or apartment managers who have bikes left behind.

"We have this event twice a year and you'd think we would run out of bikes in the area. But," he says, "it's like that fishing analogy. What is the sustainable yield?"

Oberg says the bikes are repaired if necessary and given out according to the greatest need. Some are donated locally but most are sent overseas to Africa or the Caribbean nations.



Keith Oberg, who originated the Bikes for the World in Arlington in 2005, accepts an old Raleigh bike from Sharon Simkin. She says the bike had been converted from a three-speed to a five-speed.



Cars wait in line for blocks to donate hazardous materials and bikes at the semi-annual E-CARE event on Saturday, Oct. 19.



The Dorothy Hamm Middle School inaugural Girls soccer team went undefeated this season to win the Arlington County Championship. DHMS opened its doors to education this Fall. The team is coached by the school Resource Officer, Tiffanie Hegerty.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

DROP-OFF SITES FOR GLASS

- Arlington residents have three more drop-off sites for recycling used glass jars and bottles. Customized purple-and-green bins now stand
- Aurora Hills Community Center/Branch Library, 735 18th St. S. ❖ Cherrydale Branch Library, 2190 N. Military
- Lee Community Center, 5722 Lee Highway. Residents are now formally asked to keep glass out of single-stream "blue cart" recycling collected weekly at the curb. (Other troublesome items to keep out of the blue carts: plastic bags, shredded paper, wire hangers and garden hoses. Try the County's Where Does It Go? database for a particular type of item.)

WEDNESDAY/OCT. 23

Transfer of Arlington's Historic Materials. Arlington Public Library announces the return of thousands of historic materials from the Library of Virginia. Some of these repatriated records date back to the

- late 1840s, which make these the oldest records in the Center for Local History's collection. A goldmine for genealogical researchers, these documents provide a window into our social, economic and agricultural history. The acquisition
- Personal property tax records dating back to the late 1840s;
- * Precinct and teacher registers from the early
- Election papers and other miscellaneous
- A sampling of the collection will be on display at a public viewing on October 23, from 2-3:30 p.m. at the newly remodeled Community Archives, at the Woodmont Community Center on 2422 N. Fillmore St. in Arlington. For more information, visit arlingtonva.us/ acquisition

THURSDAY/OCT. 24

ChallengeHER Event. 9 a.m. to 3:30 p.m. At DoubleTree by Hilton, 300 Army Navy Drive, Arlington. ChallengeHER is free for all registrants as part of a national initiative designed to promote the WOSB Federal Contracting Program, to bring more womenowned firms into the federal government's supply chain, and provide an avenue for SEE BULLETIN, PAGE 4

Netherlands Carillon To Be Restored and Elevated

The addition of three bells will elevate its status to 'grand carillon.'

he National Park Service (NPS) and the Embassy of the King dom of the Netherlands earlier this week celebrated the start of a project to restore the Netherlands Carillon and add three bells to elevate its status to "grand carillon."

Ambassador André Haspels of the Embassy of the Kingdom of the Netherlands and George Washington Memorial Parkway Superintendent Charles Cuvelier, National Park Service (NPS), rang handheld bells to celebrate the beginning of the project and the continued friendship between the U.S. and the Kingdom of the Netherlands.

"The Netherlands Carillon is an integral part of Washington's monumental landscape with a

multitude of purposes but for the Dutch, the Carillon symbolizes our gratitude to the US for assistance during and after World War II and represents the friendship our nations continue to share based on the values of freedom, and democracy," said Ambassador Haspels.

Monday, Oct. 21, the first of 50 bells was removed by crane to make its journey to the Netherlands. Dutch company Royal Eijsbouts will restore the bells. The three new bells and improvements to the carillon instrument, including a new music console and keyboard, are made possible by donations to the Embassy.

"The carillon restoration symbolizes the continued partnership between the Netherlands and the United States," Superintendent Cuvelier said. "While the bells are being restored in the Netherlands, the National Park Service will repair and replace steel cladding, improve the structure, remove rust and repaint the carillon." The project is scheduled to be completed in 2021.

The Netherlands Carillon project also signals the start of the Embassy's initiative, "75 Years of Freedom."

The campaign will include a series of events to commemorate the end of World War II, highlighting the U.S. contributions to the liberation of the Netherlands and celebrating Dutch freedom and transatlantic ties since 1945. On April 4, 1952, Queen Juliana of the Netherlands visited the U.S. to present a small silver bell to President Truman as a token of the carillon that was to come.

In 1954, the first bells were installed in the carillon, which was then located in West Potomac Park. Since 1960, the Netherlands Carillon has stood adjacent to the U.S. Marine Corps War Memorial in Arlington Ridge Park. Throughout the year, people attend live concerts of jazz, pop and patriotic music performed by carillonneurs. The bells can also be heard during automated concerts and chiming every 15 minutes. The Embassy marks Dutch Remembrance Day every May 4 by observing a moment of silence and placing a wreath at the base of the carillon.

During today's ceremony, Diederik Oostdijk, author and historian, spoke about the carillon's history and how it continues to foster an international relationship through public art.

Police Investigate

Shooting in Green Valley he Arlington County Police Department's Homicide/Robbery Unit is investigating a shooting that took place on the evening of Oct. 15, 2019 in the Green Valley neighborhood. The preliminary investigation indicated that the suspect and victim were engaged in a dispute, during which the suspect discharged his firearm. Police identified the suspect as Joshua Hueston, 23, of Arlington. He was taken into custody, without incident, by Arlington County Police on the evening of Oct. 16. Hueston is charged with Aggravated Malicious Wounding, Use of a Firearm in the Commission of a Felony, Possession of a Firearm by a Convicted Felon and Discharging a Firearm in a Public Place. He is

Arlington County Detention Facility. At approximately 7:25 p.m., on Oct. 15, police were dispatched to the area of 24th Road S. at Shirlington Road for the report of a possible gunshot heard. Upon arrival, officers located an adult male victim suffering from a gunshot wound in the 3200 block of 24th Street S. and immediately began rendering aid. The victim was transported by medics to an area hospital with injuries that are considered non-life-threatening.

The factors that preceded the incident remain under investigation. Anyone with information and/or home surveillance that may assist the investigation is asked to contact Detective J. Senn of the Homicide/Robbery Unit at 703-228-4049 jsenn@arlingtonva.us

BULLETIN BOARD

From Page 3

government agencies to meet qualified women-owned small business contractors. In addition to matchmaking sessions and networking, attendees will better understand the federal contracting process, hear from successful WOSBs. and learn how to team on contracts. Experts will discuss anticipated changes and opportunities in the

being held without bond at the

Workshop. 6:30-8:30 p.m. At Arlington Čentral Library, 1015 N homeowner or business owner in Arlington? Were you surprised by impacts from the recent flash flooding, or gaps in your insurance coverage? Come to one of these

workshops to learn about making your property more flood resilient. Learn how you can reduce your risk from flash flooding from expert speakers on hazard mitigation, flood resilient design, and flood insurance.

SATURDAY/OCT. 26

Free Native Tree Pickup. 8 a.m.-3 p.m. at Tucker Field - Barcroft Park Parking Lot, 4200 S. Four Mile Run Department of Parks and Recreation is providing 400 young native trees to Arlington residents as part of the mission to expand and enhance Arlington's urban tree canopy. Tree Stewards who work to protect, preserve and enhance the urban tree

SEE BULLETIN, PAGE 11



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Trick or Treat

Oktoberfest Fall Bazaar on Satur-

The event features clothing for

children and adults, a jewelry and

fashion boutique, household

day, Oct. 26 from 9 a.m.-3 p.m.

Oct. 27, 12 – 2 p.m.

Methodist Church is

holding its annual

The Village at Shirlington celebrates Halloween with Trickor-Treating in the neighborhood on Sunday, October 27, 12-2 pm. Trick-or-treaters can

rick-or-Treating Fun at collect candy and treats from The Village at Shirlington shops and restau-Shirlington Sunday, rants and enjoy family-friendly entertainment and face-paint ing in the plaza.

zoo for the kids. A cafe will offer

breakfast and lunch with a bake

Walker Chapel UCC is located at

- SHIRLEY RUHE

4102 N. Glebe Rd. All proceeds are

donated to charity.

sale in case you're extra hungry.

Registration for Shirlington Trick-or-Treat is required for kids, ONLY. Adults do not need to register for tickets.

WOSB program.

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Oktoberfest at Walker Chapel

alker Chapel United goods and furniture and a petting

Genetic Genealogy

From Page 2

knees, and he zip-tied her hands behind her back. He put tissues in her mouth to prevent her from screaming, and he put on blue latex gloves.

The man told the victim, "I am going to rape you, kill you, or I will do both." He again threatened to shoot her if she screamed, and he ordered her to not look at him. The victim closed her eyes.

The man removed the victim's clothing He applied pressure to her throat and struck her in the head several times. ... After he raped her, he got up and fled the scene on foot.

The victim was able to get out of the room 5 minutes later, and she called her boyfriend, who called the police. The first officer on scene found the victim, half-naked and still zip-tied so tightly that her hands were turning blue. The victim was transported to Fairfax INOVA Hospital for medical care and the performance of a Sexual Assault Nurse Examination (SANE). During the evaluation, the nurse noted multiple bruises and abrasions consistent with the victim's report, to include internal injuries caused by the attack.

A DNA profile was developed from the sperm located within the victim, but a search revealed no match in law enforcement databases. After traditional attempts to identify a suspect were unsuccessful and all leads had been exhausted, the Alexandria Police Department contracted with Parabon Nanolabs to have the suspect's DNA analyzed using genetic genealogy. Parabon investigators used a public access site called GEDmatch to search for relatives of the suspect. Using the list of relatives and the strength of the relationship, Parabon was able to suggest one suspect for further investigation: Jesse Bjerke, the defendant.

Detective Ryan Clinch of the Alexandria Police Department performed covert surveillance and collected abandoned trash outside the defendant's home, as well as straws that the defendant left at a restaurant. A comparison of the DNA located on those items to the DNA found within the suspect's sperm yielded a match. Upon arrest, the defendant's known DNA sample was collected, and the Department of Forensic Science calculated the odds of randomly selecting a match at 1 in 7.2 billion, which is approximately the world population.

After the defendant was arrested, the investigation continued.

The defendant's employment records were subpoenaed from Alexandria INOVA Hospital, where the defendant had been employed as a nurse in the emergency room. The INOVA records revealed that on the day of the offense, the defendant unexpectedly left work at 8:30 a.m., just an hour and a half into his shift, claiming to be sick. A search warrant for the defendant's phone location data revealed that after he left work, he drove around Alexandria and Fairfax County for the remainder of the morning. At 12:30 p.m., he turned his phone off, and at 12:41 p.m., he turned it back on; at that time, his phone connected with the cell tower closest to the crime scene.

His phone again used that tower at 1:06 p.m., and then he turned it off again during the time period of the offense, from 1:23 p.m. until 2:15 p.m. During the precise two times that the victim reported that the suspect was at the pool, the defendant had turned off his phone—and his last known location prior to turning it off was the closest cell phone tower to the pool, located just 600 feet away.

brought in Fairfax County. It would be improper for my office to comment on an open investigation and I therefore defer to the Fairfax County Police Department."

"I commend the outstanding work on this case by detectives of the Alexandria Police Department,"

Search warrants executed upon the defendant's cell phone revealed that he had a specific interest in reading—and then deleting—articles about how genetic

genealogy has been used to solve cold case rape offenses. A search warrant upon his email account showed that during the same time he was reading about genetic genealogy's use of public records to identify suspects, the defendant sought to delete accounts that tracked his location and remove his name from public records databases.

The case was investigated by Detective Ryan Clinch of the Alexandria Police Department, with significant support from Parabon Nanolabs

and the Virginia Department of Forensic Science. Senior Assistant

Commonwealth's Attorney Jessica Best Smith prosecuted the matter on the behalf of the Commonwealth.

Commonwealth's Attorney Bryan Porter said: "This crime was preplanned

and brutal. While I am pleased that the matter was successfully resolved, no guilty plea or sentence can right the wrongs the defendant committed or

ameliorate the pain and trauma inflicted upon a defenseless victim."

"With regard to the plea agreement there are, in effect two conditions.

First, the Commonwealth cannot ask for the sentence of 'life in prison,' while it remains free to argue for a specific term of years that could, in effect, equate to life. As a reminder, Virginia has eliminated parole. Second, the defendant is free to appeal the adverse ruling of his motion to suppress with regards to the collection of DNA evidence in this case. The Commonwealth welcomes such appellate review

because, as the trial court decided, the current state of the law explicitly supports the collection of abandoned evidence for DNA analysis."

"The Commonwealth notes that the genetic genealogy techniques used to break this case are an outstanding use of technology by which violent rapists are identified.

While the Commonwealth understands that a balance between personal privacy and investigation must be struck, that balance is achieved when a rapist voluntarily abandons property and a search warrant, based on probable cause and issued by a judicial officer, is used to confirm his identification as the perpetrator. To put it plainly, without genetic genealogy, a violent rapist would not have been identified and this defendant would currently be at liberty, capable to rape again with impunity whenever the urge arose within him." "There is media interest about a possible additional charge against the defendant being brought in Fairfax County. It would be improper for my office to comment on an open investigation and County Police Department.'

"I commend the outstanding work on this case by detectives of the Alexandria Police Department, whose dedication to bringing a violent rapist to justice is inspiring."



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SENIOR LIVING

2.4 Million Older Adults In U.S. Identify as LGBT

The joys and obstacles of coming out later in life

BY MARILYN CAMPBELL The Connection

married father of five, George Murphy seemed to have it all. The successful construction company he founded, afforded him luxuries such as private school tuition for all of his children, a sprawling home in McLean, Va., and a marriage that spanned more than three decades. Still, something was missing: a satisfying romantic life.

"I loved my wife but I was not sexually attracted to her," said Murphy, now 62 and in a seven-year relationship with a man 20 years his junior. "I've

known since I was 16 that I was attracted to men, but I kept it hidden. I grew up in southern Virginia and there's no way it would have been acceptable."

According to the American Psychological Association, more than 2.4 million adults over 65 in the

United States identify as lesbian, gay, bisexual or transgender, with many coming out later in life. During October, Lesbian, Gay, Bisexual and Transgender (LGBT) History Month, advocates are working to raise awareness of the particular issues facing older

"Many of the issues are emotional," said Bethesda marriage and family therapist Carol Barnaby. "If you think about it, feeling like you're being forced to lead a double life can cause a laundry list of issues."

Anne Whitty grew up in a devoutly Irish Catholic home, one that disavowed any romantic relationship that wasn't heterosexual. "We were taught that relationships with someone of the same sex were one of the worst types of sins," she said. "But I've know that I was lesbian since I was 30.

Now the 62 year old grandmother of four, who is married to a 73-year-old woman, says she feels liberated and finally able to live as she feels she was intended. "I'd felt a low-grade depression for most of my adult because there was a part of me that I tried to pretend didn't exist," she said. "When I was growing up, that was something that we didn't even discuss, so I was never able to get help."

"Being forced to live most of your life as someone you're not can be overwhelmingly stressful and lead to depression," adds Barnaby. "So many older adults – and younger people too – use alcohol and even drugs, to squash those feelings, which in reality only compounds them."

> Seniors like Whitty, whose sexuality is at odds with their religious upbringing, can find themselves suddenly disconnected from an important part of their lives, says Barnaby. "To be accepted is something that most of us want, but when you're suddenly rejected by

a source of comfort that you've had for 40 or 50 years, it can lead to incredible loneliness, especially if you've also been rejected by some family and friends."

Suddenly experiencing discrimination for the first time in one's life can be perplexing, advises Barnaby. "For those who've never had to deal with being treated differently because of the way they looked, suddenly being singled out as a minority can be tough."

In spite of the emotional obstacles that those who decide to come out after a marriage and family, the outcome makes the effort worthwhile. "I feel like I'm finally free," said Murphy.

"Flourishing After 55"

"Flourishing After 55" from Arlington Office of 55+

Programs 11/4-9/19

55+ Centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

55+ Travel:

Hagerstown (MD) Prime Outlets, Monday, Nov. 4, \$9;

Dover (DE) Downs Casino, Tuesday, Nov. 5, \$9;

U.S. Army Band at Congressional Cemetery, D.C., Wednesday, Nov. 6,

Northern Virginia Christmas Market, Friday, Nov. 8, \$9 plus \$8 cash

Scenic Railroad Fall Foliage Tour, Cumberland, MD, Saturday, Nov. 9, \$70 (incl. box lunch).

Call Arlington County 55 + Travel, 703-228-4748. Registration re-

NEW PROGRAMS:

55+ Arts & Crafts Exhibit,

Monday, Nov. 4, 11 a.m.- 2 p.m., Langston Brown. Details, 703-228-6300

Country musicians and singers needed first and third Mondays, 11:15 a.m., Lee. Details, 703-228-0555.

Senior ice skating, MedStar Capitals Iceplex, Ballston Quarter, Mondays, 8:10-9:20 a.m., Wednesdays, 8:25-9:25

Details, 703-228-4771

"I feel like I'm

-George Murphy, McLean

finally free."

Chronic disease self management, six week workshop begins Tuesday, Nov. 5, 10 a.m. 0noon, Arlington Mill. Details, 7 03-228-7369

Diabetes awareness, Wednesday, Nov. 6, 11 a.m., Walter Reed. Details, 703-228-6300.

Poker basics, Wednesday, Nov. 6, 6:30 p.m., Arlington Mill. Details, 703-228-7369

Famous artists' techniques revealed, Wednesday, Nov. 6, 4:30 p.m., Langston-Brown. Details,

703-228-6300

The war in Afghanistan film, discussion with Carole Strickler, retired foreign service officer, Wednesday, Nov. 6, 12:30 p.m.

Russkie Musikanti Ensemble, to

Aurora Hills. Details, 703-228-5722.

perform in traditional Russian folk costumes, Thursday, Nov. 7, 11 a.m., Arlington Mill.

Details, 703-2228-7369.

Alternative therapies in dementia care, Thursday, Nov. 7, 11:30 a.m.. Lee. Details, 703-228-

Exploring the U.S. Botanic **Garden**, three part program, begins Thursday, Nov. 7, 11 a.m., Lee. Details, 703-228-0555.

Arlington Mill Trekkers, Thursdays, 9 a.m., free. Details, 703-

Lee Walkers, Lee Senior Center, will walk in Brookside Gardens, Wheaton, MD, Friday, Nov. 8, 10

\$4. Register, 703-228-4771.

One-on-one memory screenings, free, by appointment, Friday, Nov. 8, 10 a.m. – noon, Aurora Hills. Details,

703-228-5722.

Artventures, landscapes in watercolor, Friday, Nov. 8, 1 p.m., Aurora Hills, Details, 703-228-5722.

Classical music enthusiasts, Fridays, 1-3 p.m., Madison. Details, 703-228-4878.

Arlington County Board to Consider E-Scooter Regulations

lose to a half-million trips were taken on rental e-scooters in Arlington during the first 10 months of the pilot. Trips during the summer of 2019 averaged about 80,000 a month.

The Arlington County Board will hold a public hearing and consider regulations for e-scooters and other shared mobility devices at its November 2019 Board Meeting, after receiving the evaluation of staff's yearlong demonstration project launched in October 2018.

"Our community has a wide variety of opinions about e-scooters and e-bikes," Arlington County Board Chair Christian Dorsey said. "But the demonstration project clearly showed these devices are serving a need and add another safer, more sustainable travel option than driving a car. We look forward to hearing from the public in November on the Manager's proposals for regulating these devices in Arlington."

A public hearing at the Nov. 16, 2019 County Board Meeting will allow comment on proposed regulations of shared mobility devices. The proposed revisions include allowing the devices to be used on County streets, sidewalks and multi-use trails and putting in place a permit fee structure for private companies offering the devices. During the pilot program, the devices have been prohibited on County sidewalks.

Virginia State Code allows unrestricted operation of motorized skateboards and scooters on sidewalks and trails unless more restrictive local ordinances are adopted by Jan. 1, 2020.

Pilot Project Key Findings

Nearly a half-million rides were taken on rental e-scooters in Arlington during the first 10 months of the pilot. The pilot project evaluation found the devices are well-used and popular among riders and offer potential community benefits, but also found that there are challenges related to perception of safety of riders and pedestrians, parking impacts on sidewalks, disparity in deployment across the community, and the need

for better riding infrastructure on streets.

"Scooters appear to improve accessibility, particularly to public transit," staff found. "About 10 percent of respondents reported using transit more frequently than before, suggesting that the devices help bridge the last-mile gap."

Thirty-one percent of e-scooter users reported using their personal vehicles less frequently and 38 percent reported using ridehailing services less frequently. About a third of all trips were reported directly replacing potential automobile trips.

Acknowledging many complaints of improperly parked devices, staff noted that "improperly parked e-scooters have the potential to create a tripping hazard for people walking, particularly people with visual or mobility impairments." While parking complaints declined in frequency during the pilot, staff has recommended amending County Code to address the need for clear and enforceable guidance on how to park shared mobility devices in a way that minimizes conflicts with other roadway and sidewalk users.

Sidewalk use, speed limits

Noting that 62 percent of e-scooter riders report always or often using bike lanes, and 24 percent reported using shared lanes with cars, staff proposed allowing scooters upon any sidewalk except along streets where protected bicycle lanes are available in the direction of travel.

Scooter Corrals

The ordinance would set a maximum speed of 15 mph for on-street e-scooter rides and 20 mph for power-assisted bicycles, with a maximum sidewalk speed of six mph for all devices.

A permit process should be established, staff proposed, to hold operators to performance standards, including equity expectations "to ensure that access to these services is made as broad as possible." The proposed permit process expects that at least 15 percent of permit-holders' devices in service be deployed each morning in locations outside the Rosslyn-Ballston and



Uber Scooter, this one in Alexandria.

Route 1 development corridors. Vendors who provide accessible vehicles such as handcycles or tricycles would not have those devices counted against fleet size or any Countywide cap. Permit holders would be required to provide discounted access programs to encourage use by lower-income community members, and provide a 24-hour customer service phone line with Spanish language ability.

Public Engagement

Throughout the pilot project, staff sought public feedback on the devices through a multi-pronged outreach program that included thousands of responses to an online feedback form; in-person discussions at many community events and a dedicated

email comment line. A working group that included representatives of Arlington Public Schools, the Arlington County Police Department and the County departments of Parks & Recreation and Environmental Services developed recommendations for updating County Code to regulate the devices. Presentations on the pilot project were made to numerous County advisory commissions and committees.

To read the Board report, <u>visit the County website</u>. Scroll to Item No. 42 on the agenda for the Saturday, Oct. 16, 2019 Regular County Board Meeting. You can also find information on <u>speaking at a public hearing</u> before the County Board on the County website.

Crystal City Apartment Tower Approved

rystal City's Verizon site will be redeveloped with a 19-story apartment tower within walking distance of Metro that will include 12 affordable housing units, under a plan approved today by the Arlington County Board.

The major site plan amendment allows the owner to redevelop the property with a 306-unit multifamily residential building with approximately 11,428 square feet of retail and related modifications of use regulations. "The community's goals for Crystal City, as embodied in the Crystal City Sector Plan, include a better balance of housing and commercial buildings, more affordable housing in this transit-rich neighborhood, and new open space," County Board Chair Christian Dorsey said. "This redevelopment is in keeping with all of those goals."The Board voted unanimously to approve the removal of a portion of the right-of-way for

Old South Eads Street, a rezoning and site plan amendment for the proposed redevelopment.

To read the staff report, visit the County website. Scroll to item No. 41 on the agenda for the Saturday, Oct. 19, 2019 Regular County Board Meeting. Developer LCOR has agreed to provide on site seven two-bedroom and five one-bedroom affordable units that will be contractually committed to remain affordable for 30 years. Two units will be fully accessible. The developer also will contribute \$1.059 million to the County's Affordable Housing Investment Fund. The building will achieve a Leadership in Energy Efficiency and Design (LEED) Silver certification. The approved tower, located at 400 11th Street South on a nearly one-acre site, will front County-owned property (the "Teardrop Parcel") and 11th Street South to the north and 12th Street South to the

south

The building will be divided into two sections at the 11th floor, with an offset between the upper and lower sections, and will include a 19th-floor terrace for residents. The apartments will be built above ground floor retail and a three-level underground parking garage with 148 parking spaces.

The developer has agreed to contribute \$1.43 million to the County for open space improvements to help plan and design the New Park at South Eads Street and Army Navy Drive, and construction of the South Parcel adjacent to the site. The Board indicated, in its discussion, that it expects the planning effort to get underway within 180 days, and that another \$1.179 million public open space contribution associated with the adjacent Altaire Apartments will be added to the New Park budget.

The County will engage the community in shaping the Park Master Plan and Design Guidelines for the new park. Additional community benefits include the developer improving the streetscape around the site's perimeter; contributing \$75,000 to the County Public Art Fund; \$90,000 to support the Eads Street Bicycle and Pedestrian Improvements Project, and installing an inbuilding wireless emergency responder communications system to enable public safety to communicate within the building during any emergency.

Public engagementPublic engagement for the proposed redevelopment included informing civic associations around the site, review by the County's Site Plan Review Committee over three meetings between May and July 2019, and reviews by the Housing, Transportation, and Planning Commissions in October 2019.

Entertainment

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Fridays at the Fountain. Fridays, through Oct. 25, 5-9 p.m. at The Stand at the Crystal City Water Park, 1601 Crystal Drive. Fridays at the Fountain is a seasonal pop-up beer garden set within the Crystal City Water Park, featuring food, drink and a rotating lineup of live music from local bands and musicians. Free to attend; selection of food available for purchase. Call 703-412-9430 or visit www.crystalcity.org/do/fridays-at-the-fountain for more.

Art Exhibit: Lumistory. Through Oct. 26,
Wednesday-Sunday, noon-5 p.m. at Fred
Schnider Gallery of Art, 888 N Quincy St. #102.
Melanie Kehoss' cut paper light boxes explore
the origins of cultural phenomena, from cuisine,
to mourning, to social media. This solo show
will include the public debut of five works, an
installation about the history of sugar, and
more. Free. Visit

www.fredschnidergalleryofart.com or call 703-841-9404.

All That Jazz. Saturdays through Oct. 26, 11 a.m.-noon at the Arlington County Cultural Affairs Building, 3700 S. Four Mile Run Drive. All That Jazz is a kid's dance class open to ages 6-11. This energetic and varied class includes warm-ups and combinations to discover ways to bring character and imagination to theatrical performance. \$105. Visit www.janefranklin.com/classes or call 703-933-1111.

On Stage: Escaped Alone. Through Nov. 3, at Signature Theatre 4200 Campbell Ave. Four charming women sit in an English garden enjoying afternoon tea – with a side of terrors, large and small. Escaped Alone is a play many will want to talk about after they have seen it, and a lovely cup of tea is just the ticket to warm up a good conversation outside the ARK Theatre after each performance. See performance dates, specialty shows and extras at

www.sigtheatre.org.

Basketball Shooting Clinics. Sundays through Nov. 3, 2-3 p.m. At Trinity Presbyterian Church, 5547 Lee Highway, Arlington. Register now for Sunday basketball shooting clinics using the state-of-the-art Dr. Dish CT basketball shooting machine. Cost \$20 per half hour, Register at Bulldawgbasketball.com.

Arlington Mill Farmer's Market. Saturdays, through Nov. 23, 9 a.m.-1 p.m. at Arlington Mill Community Center, 909 S. Dinwiddie St. The market features produce, meats, and dairy products from our region's top local vendors. Support local farmers and entrepreneurs. Come for opening day and meet special guests, the Arlington Art Truck, South Arlington Moms Club, Long Branch Nature Center, and more. Visit columbia-pike.org/fm-arlington-mill.

Art Exhibit: Borrowed from Dust. Through

Art Exhibit: Borrowed from Dust. Through
Dec. 22, Wednesday-Sunday, noon-5 p.m. (or by
appointment) at Arlington Arts Center, 3550
Wilson Blvd. Arlington Arts Center presents
Borrowed from Dust, a solo exhibition of new
work by AAC resident artist Marissa Long. This
exhibition is Long's first solo show in AAC's
Wyatt Resident Artists Gallery. Borrowed from
Dust is a meditation on memory, loss, and
impermanence. An opening reception is
scheduled for Saturday, Sept. 21, 6-9 p.m. Visit
www.arlingtonartscenter.org or call 703-2486800.

Regional Biennial: Assembly 2019. Through Dec. 22, Wednesday-Sunday, noon-5 p.m. (or by appointment) at Arlington Arts Center, 3550 Wilson Blvd. Arlington Arts Center is pleased to announce Assembly 2019, AAC's inaugural regional biennial. This new exhibition program will explore current material and conceptual trends among artists in the region, and will feature work by young and emerging artists alongside new work by artists with longstanding connections to the Mid-Atlantic region and its art scenes. An opening reception is scheduled for Saturday, Sept. 21, 6-9 p.m. Visit www.arlingtonartscenter.org or call 703-248-6800.

OCT. 21-28

Arlington Restaurant Week. This is the first Restaurant Week event dedicated to the restaurant scene in Arlington. Previously, the Arlington Chamber partnered with regional Chambers to produce the Northern Virginia Restaurant Week. Building off the success of that event, the Chamber is looking forward to using its strong connections to the Arlington restaurant community to showcase the many vibrant and diverse restaurants within the county's 26 square miles. For more information about restaurant registration or sponsorship opportunities, contact Operations Coordinator Olivia McKay at 703-525-2400 or chamber@arlingtonchamber.org.

WEDNESDAY/OCT. 23.

Woman of Worth. 7-9 p.m. At Trade Roots Gift Store & Coffee Shop, 5852 Washington Blvd., Arlington. A talk by Melanie Rigney, author of Woman of Worth: Prayers and Reflections for Women Inspired by the Book of Proverbs. Free. Learn more about Melanie at www.rejoicebeglad.com.

THURSDAY/OCT. 24

Harvest of Hope Event. 11 a.m. to 1 p.m. At Army Navy Country Club, 1700 Army Navy Drive, Arlington. Volunteers of America of Chesapeake and Carolinas will host the 10th annual Harvest for Hope to benefit the organization's health and human services programs. The event brings together more than 250 guests from across the public and private sectors who are passionate about empowering the lives of those in need. This year's goal is to raise \$100,000 to support VOA's programs that empower self-sufficiency and inspire hope among the vulnerable individuals, families and veterans served throughout the Commonwealth and the District of Columbia. Visit https://www.voachesapeake.org/harvestforhope2019.

FRIDAY, OCT. 25

Survival Skills: Cordage. 4-5 p.m. At Long Branch Nature Center, Arlington. For ages 8 to 12. Learn hands-on traditional survival skills! We'll learn how to weave rope and other natural materials for making strands and tying knots so you'll never be left hanging. Call 703-228-6535. Cost is \$5. #612929-D

Popcorn Campfire. 6-7 p.m. At Long Branch Nature Center, Arlington. Families. Register children and adults; children must be accompanied by a registered adult. The whole family is invited to join us at the Long Branch amphitheater for lots of old-fashioned fun. This engaging program will be filled with entertaining activities that may include stories, special animal guests, games, songs and of course, S'mores. Call 703-228-6535. Cost is \$5.

OCT. 25, 26 AND 31

Boy Scout Haunted House. At 4228 N. Old Glebe Road, Arlington. Fun for all ages plus candy for the brave souls who make it through. Food donations for Arlington Food Assistance Center are accepted. Hours: Friday, Oct. 25, 7–10 p.m.;Saturday, Oct. 26, 7–10 p.m.; Thursday, Halloween 6:30–9 p.m. The Haunted House is run by Boy Scouts from Troop 104.

SATURDAY/OCT. 26

Fruit Trees for the Home Garden. 10 a.m. to 12 p.m. At Fairlington Community Center, 3308 S. Stafford Street, Arlington. Are you ready to turn your yard into a mini-food forest? Come learn tips and techniques to help you successfully select and care for fruit trees commonly grown in our area such as apples, cherries, peaches, nectarines, figs, pears and other fruits. You'll learn best practices for assessing your site, pruning, watering and fertilizing, integrated pest management, and other techniques to maximize your harvest. This class is offered by Extension Master Gardeners. Call 703-228-6414 or email mgarlalex@gmail.com.

Forest Meditation Walk. 10 a.m. - 12 p.m. At Long Branch Nature Center, Arlington. Adults. Inspired by the Japanese Shinrin-yoku, or "Forest Bathing", we will explore the forest around Long Branch Nature Center through a meditation style walk. This is a two-hour class that will take participants off of the beaten path and move slowly, experiencing the forest through our senses with mediation. Participants should be ready to sit on the ground and be outside rain or shine. Call 703-228-6535.. Free. #612949



"A Brief History of Tea", a papercut lightbox by Melanie Kehoss, will be on display at Fred Schnider Gallery of Art.

Art Exhibit: Lumistory

Melanie Kehoss' cut paper light boxes explore the origins of cultural phenomena, from cuisine, to mourning, to social media. This solo show will include the public debut of five works, an installation about the history of sugar, and more. The exhibit runs through Oct. 26, Wednesday-Sunday, noon-5 p.m. at Fred Schnider Gallery of Art, 888 N Quincy St. #102. Free. Visit www.fredschnidergalleryofart.com or call 703-841-9404.

Mosaic International Showcase. Noon to 5 p.m. At Fashion Centre at Pentagon City, 1100 S. Hayes Street, Arlington. Free. Guests are invited to "travel around the world" and explore art, music, food samplings, live performances and more from various countries. This year's featured countries include China, Egypt, France, Germany, Greece, India, Mexico and more. Shoppers can also look forward to exploring the season's latest trends at fan-favorite brands, including BOSS, Eloquii, Nordstrom, UNTUCKit and Windsor. Visit simon.com/

Spooky Spirits Cocktail Class. 2-3:30 p.m. At The Ritz-Carlton, Pentagon City, Arlington. "Taylor Made" Cocktail Series: Get into the Halloween spirit and learn how to craft Halloween-themed cocktails with the hotel's head mixologist, Robert Taylor. These cocktails are great to create at home after making it through a whole neighborhood of trick-ortreaters. Taylor creates spirited cocktails for Halloween: "Poisoned Apple" and "Witches Brew." The class cost is \$45 per person, which includes a recipe card and complimentary Lite Bites. Contact the Restaurant Director at 703-412-2762.

Dia de Muertos / Day of the Dead. 6-7:30 p.m. At Long Branch Nature Center, Arlington. Families. Come celebrate the Day of the Dead for a night of family fun. They'll make calaveras the decorative sugar skull masks and costumes, enjoy holiday snacks, and see some night animals up close. Afterward, they'll go on a fun night hike through the candlelit forest. Register children and adults, children must be accompanied by a registered adult. Call 703-228-6535. Cost is \$7. #612959-O

Arctoberfest - A Halloween Extravaganza. 6-

9 p.m. At The Knights of Columbus, Main Ballroom, 5115 Little Falls Road, Arlington. Arctoberfest is a fun, family-oriented Halloween party for people with and without disabilities. It's perfect for kids of all ages, adults, and families to attend together. The highlight of the event is the chance to experience an indoor "Haunted House." With spooky lighting, surprises await around every corner, you'll never know what may pop up out of the fog. If that's not enough spooky fun, a wander through the indoor "grave yard" will raise your 'spirits.' Tickets are \$25 per person. Visit https:// TheArcofNoVa.org/Arctoberfest.

SATURDAYS THRU OCT. 26

All That Jazz. 11 a.m.-noon at the Arlington County Cultural Affairs Building, 3700 S. Four Mile Run Drive. All That Jazz is a kid's dance class open to ages 6-11. This energetic and varied class includes warm-ups and combinations to discover ways to bring character and imagination to theatrical performance. \$105. Visit www.janefranklin.com/classes or call 703-933-1111.

SUNDAY/OCT. 27

Trick-or-Treating. 12-2 p.m. At The Village at Shirlington, 2700 S. Quincy Street, Arlington. Trick-or-treaters can collect candy and treats from Shirlington shops and restaurants and enjoy family-friendly entertainment and facepainting in the plaza. Registration is for kids only. Adults do not need to register. Visit https://www.eventbrite.com/e/trick-or-treat-the-village-tickets-76069876047

WEDNESDAY, OCT. 30

Oak ID Hike. 1-3 p.m. At Long Branch Nature Center, Arlington. Adults. Come meet the oak/ hickory trees in the forests of Arlington. Join Urban Forestry Manager Vincent Verweij for a lesson on identifying our local oak trees on a walk through Glencarlyn Park. Participants will look at leaves, bark and nuts to identify species in this large family. The walk will include hills, uneven surfaces and walking off trail. Call 703-228-6535. Cost is \$10. #612949-J

THURSDAY/OCT. 31

Trick-or-Treating. 5-7 p.m. At Fashion Centre at Pentagon City, 1100 S. Hayes Street, Arlington. Calling all little pumpkins — ghouls and gals are invited to enjoy not-so-spooky fun at Fashion Centre at Pentagon City. Costumed kiddos can trick-or-treat for crave-worthy candy and tempting treats at participating stores displaying a Jack-O-Lantern sticker in the window. Families can also shop for the season's latest looks at top brands, including Gap, Macy's, Nordstrom, The Children's Place and more.

FRIDAY/NOV. 1

Costumes & Camouflage Campfire. 6-7 p.m. At Gulf Branch Nature Center, Arlington. The whole family is invited to join in our campfires, for lots of old fashioned fun. You'll hear campfire stories, may meet some animal guests, play games, sing songs and, of course, enjoy S'mores! Each campfire has a nature theme and promises to entertain. Visit parks.arlingtonva.us/campfires.

SATURDAY/NOV 2

Hiking the Arlington Line. 9:30 a.m. - 12 p.m. At Fort C.F. Smith Park, Arlington. Families ages 10 and up. Register children and adults; children must be accompanied by a registered adult. Explore the remnants of Forts Strong and C.F. Smith with Arlington County and National Park Service Historians. Constructed by the Union army for the defense of Washington, these forts occupied the northern end of what became known as the Arlington Line. Learn the stories of the forts and their defenders at this important junction between north and south. This is a three-mile loop-hike on sidewalk and park trails. Call 703-228-4775.

Woman's Club Bazaar. 10 a.m. to 4 p.m. At 700 S. Buchanan Street, Arlington. Includes 15-plus craft vendors, bake sale, lunch served, White House Ornaments, raffles. Proceeds will go toward many local charities and Wakefield High

SEE CALENDAR, PAGE 9

ENTERTAINMENT

From Page 8

School Scholarship Fund. Call 703-553-5800 or email Womansclubarlington@gmail.com.

Dominion Hills Craft Show. 10 a.m. to 5 p.m. At Dominion Hills Community House, 6000 Wilson Blvd., Arlington. The 16th Annual Dominion Hills Fall Craft Show will present 12 local and regional artisans featuring: framed artwork, jewelry, chocolate, pottery, quilts, glassware, notecards and bath and body products. Admission is free. Come and browse original, handcrafted works for unique and reasonably priced gifts for the holidays. On Facebook at www.facebook.com/dominionhillsfallcraftshow. Contact Julie Jernigan at 703/864-2973 or jules@julesjewelsjewelrv.com.

Native American Games. 2-3:30 p.m. At Long Branch Nature Center, Arlington. Ages 8 to 12. Young hunters would hone their skills with games to prepare themselves for survival. Come test yourself with spear throwing, relay races in the woods, and other challenges. Call 703-228-6535.

Crossing Borders: Stories About Faith, Courage and Hope. 2-5 p.m. At Church of the Covenant, 2666 Military Road, Arlington. The program showcases four regional tellers who share their experiences about encounters with "other"people from different cultures, races, religions, and countries. Storytellers include Noa Baum, Danita Green, Gayle Turner, and Sufian Zhemukhov. Following the performance, Baum will facilitate a one-hour storytelling workshop, where participants get a chance to tell a partner a quick story, using prompts. The fun workshop gives people an opportunity to share themselves and learn something about a stranger. The event wraps up with a light fellowship meal. Price: \$40 individuals; \$20 students; \$65 family (2 to 4 people of any age). Tickets: www.LunaRiverVoices.com/ events

Dia de Los Muertos. 5 to 8 p.m. At 3550 Wilson Blvd., Arlington. Join in family-friendly art projects, face painting, live dance performances by Ballet Folklorico Mi Herencia Mexicana, and traditional mariachi music by Mariachi Los Amigos. Mexican hot chocolate and pan de muerto will be served at AAC with delicious options from acclaimed local food trucks available on the lawn. In conjunction with the celebration, AAC's Día de los Muertos exhibition will feature Arte de Estambre works by Francisco Loza. These works reflect themes that include interpretations of Huichol ceremonies and spirituality, Mexican families and cultural traditions, the environment, and immigration. Presented by Arlington Arts Center.

Dancing with the Arlington Stars. 6-9 p.m. At AUSA Conference and Event Center, 2425 Wilson Blvd., Arlington. The Bonder and Amanda Johnson Community Development Corporation (BAJCDC) will mark its 20th anniversary of service with a fundraiser event themed, "Dancing With The Arlington Stars". Since October 1999, the BAJCDC has primarily served residents of the historic Green Valley section of South Arlington. The center provides services such as health care, employment, job services, housing assistance, food bank distribution, and tutoring services. Though the center is located in the heart of Green Valley, the BAJCDC receives and fulfills requests for assistance from residents across Arlington County. Tickets are \$100, and can be purchased at https:// www.eventbrite.com/e/dancingwith-the-arlington-stars-tickets-70924036703.

NOV. 2-DEC. 14

Musical Theatre & Movement. 11 a.m. to 12 p.m. At Arlington County Cultural Affairs Building, 3700 S. Four Mile Run Drive, Arlington. Musical Theatre and Movement is a youth dance class open to ages 6-11. In this class, students will work with music from popular musicals. The group will develop characters and a simple story

line. Tuition: \$105 for 6 class session.
Visit the website: https://
www.janefranklin.com/classes

SUNDAY/NOV. 3

School Open House. 12-2 p.m. At Saint Catholic School, 980 N. Frederick Street, Arlington. The public is invited to a school-wide tour to visit the classrooms, meet teachers and staff and talk with Saint Ann Student Ambassadors. Find out what makes Saint Ann Catholic School and Community stand out. Have your academic and admission questions answered while meeting with Saint Ann parents, students and administration. Prefer a private tour? Email schooltours@stann.org. La escuela Santa Ana ofrece visitas guiadas en espanol. Visit the website: www.stann.org

TUESDAY/NOV. 5

Build a Fairy Village. 10 - 11:30 a.m. At Gulf Branch Nature Center, Arlington. Ages 5 to 12. No school today! Come build a village for fairies, toads, skinks and trolls. They'll mix up some magic potions to take home too. Come dressed in your magical or medieval best. Call 703-228-3403

Election Day Storytime. 10:30 - 11 a.m. At Long Branch Nature Center, Arlington. Ages 2 and up. Register child only, but caregivers must attend. We'll read stories with a patriotic theme. Call 703-228-6535. Survival Skills: Shelter Building. 4-

Survival Skills: Shelter Building. 4 5 p.m. At Long Branch Nature Center, Arlington. Ages 9 to 14. Learn hands-on traditional survival skills. You'll learn how and where to build temporary shelters to keep you warm and dry. We'll cover defeating drafts and finding insulating materials, too. Call 703-228-6535

Microgreens. 7-8:30 p.m. At
Shirlington Branch Library, 4200
Campbell Ave., Arlington. Learn the benefits of microgreens and some simple ways to grow these delicious, nutritious and inexpensive baby plants and sprouts in your own home. Plus, they provide supplies for you to plant your own container. So come prepared to get a bit dirty while you make your own microgreen garden in class. This event is offered by Extension Master Gardeners. Free. Advance registration requested at mgnv.org. Call 703-228-6414 or email mgarlalex@gmail.com.

WEDNESDAY/NOV. 6

Northern Virginia Bird Club Walk.

8:30 - 11 a.m. at Long Branch Nature Center, Arlington. Adults. Join members of the Northern Virginia Bird Club for one or all of these informal walks through Long Branch and Glencarlyn Park in search of resident and migratory birds. Experienced and beginning birders welcomed. Bring binoculars and field guides if you have them. Call 703-228-6535.

SATURDAY/NOV. 9

Thanksgiving Food Drive. 10 a.m. to 1 p.m. At Trinity Presbyterian Church, 5533 16th Street, North, Arlington. Basketball youth get a free session on the state-of-the-art Dr. Dish CT basketball shooting machine with food donation. Register and get

info at Bulldawgbasketball.com. Visit the website: bulldawgbasketball.com

SATURDAY/NOV. 9, 16, 23

Jane Franklin Dance. 7:30-8:30 p.m. At Theatre on the Run, 3700 S. Four Mile Run Drive, Arlington. Mix It Up, a concert series at Theatre on the Run in Arlington features dance, music and movement by distinctive Washington, D.C., area artists. Each week look for a different up-close performance. Who will perform and when? Mix It Up takes place with performances by Jane Franklin Dance, Forty+ by Kelsey Rohr, Light Switch Dance Theatre and choreography by Emily Crews and Rachel Luebbert. Cost is \$22. Visit the website: https:// www.janefranklin.com/mix-it-up.

TUESDAY/NOV 19

School Open House. 9:30-11:30 a.m. At Saint Catholic School, 980 N. Frederick Street, Arlington. The public is invited to a school-wide tour to visit the classrooms, meet teachers and staff and talk with Saint Ann Student Ambassadors. Find out what makes Saint Ann Catholic School and Community stand out. Have your academic and admission questions answered while meeting with Saint Ann parents, students and administration. Prefer a private tour? Email schooltours@stann.org, La escuela Santa Ana ofrece visitas guiadas en espanol. Visit the website: www.stann.org

MORE ONGOING

Arlington Historical Museum.

Wednesdays, 12:30-3:30 p.m.; Saturdays and Sundays, 1-4 p.m. Arlington Historical Museum, owned and operated by the Arlington Historical Society, is located at 1805 S. Arlington Ridge Road. The two-story brick structure was built in 1891 as the Hume School, named for Frank Hume who gave some of the property for the school. It is the oldest school building in Arlington County. Now a museum, it houses permanent and temporary local history exhibits ranging from pre-1607 to Sept. 11, 2001. Visit arlingtonhistoricalsociety.org.

Civil War Artifact Display.

Saturdays and Sundays, 10 a.m.-2 p.m. at Fort C.F. Smith Park Visitor Center, 2411 24th St. N. The New Fort C.F. Smith Park Visitor Center features displays about Union soldiers and the Defenses of Washington between 1861 and 1865. Artifacts from archaeological studies from Forts Ethan Allen and C.F. Smith are on display. Kids can try on replica Civil War uniforms and learn about camp life. Visit parks.arlingtonva.us/locations/fort-cf-smith-park/.

Arlington Farmers Market. Every Saturday, 8 a.m.-noon at the corner of N. 14th Street and N. Courthouse Road. A weekly celebration of local food including fresh produce, meats, dairy, cheese, baked goods, free range eggs, specialty items, cut flowers, plants and herbs. Email csingiser@cfwdc.org or call 917-733-6402

FRESHFARM Market. 3-7 p.m. on Tuesdays at 1900 Crystal Drive. Shop from local farmers and producers with seasonal fruits and vegetables, fresh-cut flowers, container plants and herbs, farm-raised eggs, allnatural meats, artisan baked goods, and specialty foods. Visit www.crystalcity.org for more.

Mobile Bike Repair. 8 a.m.-3 p.m. on Thursdays at 1900 Crystal Drive. Drop off your bike on Thursday morning and have it tuned up and ready to ride before heading home. Email DC@velofix.com, or phone 855-VELO-FIX for more.

Alexandria Film Festival





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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them -Werner Heisenberg

Announcements

Legals

ABC LICENSE

SLOPPY MAMA'S, LLC trading as Sloppy Mama's Barbeque, 5731 Lee Highway, Arlington, VA 22207-1424. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine & Beer On & Off Premises license to sell or manufacture alcoholic beverages. Mandy Neuman, owner. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.

Legals

ABC LICENSE

RI SI BU Inc. trading as AROMA RESTAU-RANT, 4044 CAMPBELL AVE, ARLINGTON, COUNTY, ARLINGTON, VIRGINIA 22206. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a WINE AND BEER ON PREMISES AND MIXED BEVERAGE license to sell or manufacture alcoholic beverages. SIMRAN CHHATWAL, President, authorizing advertisement. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Announcements



Announcements

Announcements



Private 395 Acre Estate w/ 14,127 SF French Country Home plus guest house, Kentucky style barn, & extensive outdoor living area! Selling for former MLB star Brandon Inge. Prev. listed at \$4,625,000. Bid live or online. Details at TRFAuctions.com | (434) 847-7741 | VAAF501

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ARTS

Celebrating Visionary Contribution

ARTSFairfax 2019 Arts Awards

By Mercia Hobson The Connection

t ARTSFairfax 2019 Arts Awards on Oct. 18, the nonprofit organization presented a total of five awards in four categories to six honorees: Emerging Arts Award - NextStop Theater Company; Arts Achievement Award - Foon Sham of Arlington; Arts Philanthropy Award - Stephen Roberts; Jinx Hazel Award-The Honorable Sharon Bulova; and Jinx Hazel Award - Shashi and Margaret Gupta. Held at the Fairview Park Marriott Hotel, the event brought together 350 arts supporters, many dignitaries, civic leaders and philanthropic contributors to celebrate the exemplary honorees for their exceptional arts contributions and impact on the community and beyond.

Tim Sargeant, Vice-Chair of the **ARTS**Fairfax Board, served as Master of Ceremonies. He kicked off the awards luncheon by welcoming to the stage Shelly Hazel, **ARTS**Fairfax Board Chair. She described the impact arts made on her young life when music and art teachers gave her "courage and confidence" and when life seemed to be continually changing due to frequent moves. "That's why I dedicated my life to helping others discover the beauty and strength music and fine arts can teach every one of us."

President and CEO of **ARTS**Fairfax, Linda Sullivan introduced Justin Fairfax, Lieutenant Governor of Virginia. Fairfax said the arts were a catalyst for the Northern Virginia community and economic development. "The arts are not only about our quality of life but our economy. The arts in Northern Virginia alone add about 7,000 jobs to our region, [millions of dollars] in arts-related spending annually, and five million people participate in the arts every single year," he said.

Virginia Del. Kathleen Murphy (D-34) presented a Proclamation from the Virginia House of Delegates to Margi Vanderhye, a former delegate from the 34th District of Virginia and former Executive Director, Virginia Commission for the Arts. "The arts thrive in Virginia because of her support," Murphy said.

Vanderhye said it was a remarkable thing to be acknowledged by people she respected and admired for doing something she deeply and passionately loved and cared about.

Each Honoree received a certificate, crystal award and a hand-thrown ceramic vessel commissioned and created by artist Bikki Stricker of Falls Church.

Steven Roberts received the Arts Philanthropy award in recognition of his significant investment and creation of the first donor fund at the Northern Virginia Community Foundation dedicated to the arts. As a component of the Foundation's Permanent Fund.

"It was a great surprise to be selected for this, but on the other hand, it's not every day a new fund for the arts gets established in Northern Virginia... I can now announce, in two weeks, we will be proceeding with the second donor cycle ... and we will be sending out invitations for proposals from arts organizations and artists. ... The Ross-Roberts Fund is part of the permanent fund of the Community Foundation for Northern Virginia."

Honoree Foon Sham received the Arts Achievement Award for his sculptures, primarily of wood. The Arts Achievement Award recognizes outstanding achievements of an artist in any discipline, who has produced unique, creative, innovative concepts in their work, and has made a lasting contribution to their



Sculptor Foon Sham of Arlington is recognized as ARTSFairfax 2019 Honoree with the Arts Achievement Award. Beside him stand U.S. Rep. Gerald E. Connolly (D-11) and Linda S. Sullivan, President and CEO of ARTSFairfax.

discipline.

"In any given community, most of us are working on practical needs, in jobs that are intense and hectic but necessary for survival," said Foon Sham. "A balance is needed to satisfy our minds and souls, such as images and objects that are pleasing, visually inspiring or relaxing. Art is another form of communication; it is just as vital as books, songs, and newspapers, etc. Artists need to convey with their messages or share what they see is beautiful, and what they think is important."

Artists must "give [the viewer] a unique experience they never had before. Give them hope and peace," the Arlington sculptor said. "Give them joy and excitements. Give them something to share with others, ideas, visions and tastes. Give them an opportunity to think."

Emerging Arts Award was presented to NextStop Theatre in Herndon and Producing Artistic Director of NextStop Theatre Evan Hoffman, and Vicki Kyle, President of the Board of Directors, accepted the award on behalf of the organization.

This year, **ARTS**Fairfax presented two Jinx Hazel Arts Awards. "Our first awardee is Margaret and Shashi Gupta in recognition of the significant and impactful support they have provided for Early Childhood education in the arts," he said. The Gupta cofounded Apex CoVantage, an international technology company based in the Town of Herndon. The Guptas' donated \$1 million in support of Wolf Trap Institute for Early Learning Through the Arts, a program of Wolf Trap Foundation for the Performing Arts. It marked the largest individual gift in the 35-year history of the Wolf Trap Institute.

Honoree Margaret Gupta said, "Being recognized for our support of Wolf Trap's Arts Infused Education Program means the world to us...Arts is one of the most effective ways to reach children and this program is remarkable. ... It means so much to us; our gift is going to enrich the lives of disadvantaged children."

ARTSFairfax also honored Chairman Sharon Bulova "in recognition of the tremendous work she had done to make Fairfax a great place to live, work and play. She supports the arts broadly and significantly."

BULLETIN BOARD

FROM PAGE 4

canopy will be on site to help select a tree, answer questions and share tips about caring for the tree. Free. One tree per household. Visit environment.arlingtonva.us/register-for-yourfree-tree/ to register.

SUNDAY/OCT. 27

Connective Media Talk. 6-7:30 p.m. At Congregation Etz Hayim, 2920 Arlington Blvd., Arlington. Learn about the Joan & Irwin Jacobs Technion-Cornell Institute on Roosevelt Island, a graduate program centered on interdisciplinary hubs in Connective Media and Health Tech. In May 2016, the inaugural graduating class received dual master's degrees from Cornell and the Technion, representing the first time a foreign university granted a degree in the U.S. This joint effort is expected to transform New York City into a global tech hub. A light kosher dinner will be served. This event is free of charge and there will be no solicitation of funds.

TUESDAY/OCT. 29

Free Native Tree Pickup. 5-7 p.m. at Reed-Westover Parking Lot, 1644 N McKinley Road. The Arlington County Department of Parks and Recreation is providing 400 young native trees to Arlington residents as part of the mission to expand and enhance Arlington's urban tree canopy. Tree Stewards who work to protect, preserve and enhance the urban tree canopy will be on site to help select a tree, answer questions and share tips about caring for the tree. Free. One tree per household. Visit environment.arlingtonva.us/register-for-your-

free-tree/ to register.

Upper Bluemont Park Conceptional Design.

7-8:30 p.m. At Ashlawn Elementary School, 5950 8th Road North, Arlington. This Parks Maintenance Capital project will address the tennis courts, tennis court lighting, restroom/ storage, shelter, parking lot, adjoining section of Four Mile Run Trail, site furnishings, walkways, ADA improvements, drainage, and landscaping. Funding to construct the project will come from an upcoming Capital Improvement Plan. They will outline the project's scope of work and schedule, present an analysis of the existing site conditions, and conduct a break-out session in which you will be able to ask questions and share ideas with the project team. The feedback gathered will be used for the conceptual design

NOV. 1-4

Arlington Memorial Bridge will close to drivers, pedestrians and bicyclists from 10 p.m. on Friday, Nov. 1 until 5 a.m. on Monday, Nov. 4. During the closure, workers will prepare the southside of the bridge to accommodate traffic. When the bridge reopens, drivers, pedestrians, and bicyclists will use the newly rehabilitated southside. After the temporary closure ends, the lane configuration will be the same as it is now:

- One lane will be open eastbound (into D.C.).
- One lane will be open westbound (toward Va.).
- One lane will be reversible to accommodate rush hour traffic.

The schedule for lane shifts will also stay the same. Monday through Friday, the reversible lane will run eastbound (into D.C.) from 4 a.m. to noon and westbound (toward Va.) from noon through the overnight hours until 4 a.m. On Saturdays, Sundays and federal government holidays, two lanes will always run eastbound and one lane will always run westbound. Drivers should watch the overhead signals on the bridge to know which lanes are open for travel in their direction. Check online for updates at go.nps.gov/MemorialBridge.

THURSDAY/NOV. 7

League of Women Voters Meeting. 6:30-8 p.m. At Arlington Central Library, 1015 North Quincy Street, Arlington. The League of Women Voters of Arlington will hold an organizing meeting for election 2020 to brainstorm ideas r ensuring that 100% of Arlington and Alexandria City residents who can vote, DO vote in the November 2020 election. The 2020 elections are coming up quickly. Voter registration for Super Tuesday ends on February 10, 2020! All are invited to learn how to get involved. We want to be sure that we leave no stone unturned in 2020. Visit https://www.lwvarlingtonva.org/



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"Maturation"



By KENNETH B. LOURIE

When I heard this word used recently, twice, I thought it was one of my father's made-up words like "surgerize" and "confliction" risen from his memory to finally enter the world of Merriam-Webster. And so they have, sort of. Apparently, "maturation" is a word some doctors use to answer any and all questions asked by patients inquiring as to why something or other health wise is happening to them. In short, "maturation" means wear and tear. If Mick Mulvaney were the doctor, he might have said: "It happens all the time. Get over it!" Fortunately, he wasn't. Rather, he is the acting White House Chief of Staff, a man who likewise may be asking his doctor a few questions. The answers to which will likely not be "maturation." "What were you thinking?" might be first and foremost.

For a cancer patient (yours truly) who has survived above and beyond the call of his oncologist's original prognosis, "maturation," to quote Boston Red Sox television announcer - and Hall of Famer, Dennis Eckersley, "Is a beautiful thing." Diagnosed at age 54 and a half when all bodily functions were "performing within normal parameters," to quote Commander Data from "Star Trek: Next Generation," thinking I'd outlive my original prognosis from late February, 2009, and have senior-type moments 10-plus years later, was unrealistic, if I were to interpret my oncologist's rather grim demeanor.

Yet here I am, Medicare card in wallet and still writing cancer columns as if cancer was only an astrological sign rather than the dreaded - and feared disease, that it is. However, having cancer doesn't mean that I don't experience similar aches and pains as the rest of you. It simply means "Other than that, Mrs. Lincoln, how was the play?" A sarcastic reference to the fact that other things are still occurring, despite the obvious. Cancer doesn't preclude other older age medical realities from rearing their predictable ugly head: gray hair, bone loss, muscle weakness, memory loss, to name a few; it just complicates them and in so doing, confuses you.

It complicates them by ignoring them for fear that they are cancer-related and thus life-threatening and visiting a doctor would merely confirm your worst fear: dying/death, an upside down version of what you don't know not hurting you. And by neglecting to see a doctor, the symptoms (for me, it was a pain in my upper left arm/ shoulder which turned out to be a rotator cuff problem) becomes worse and more severe than it otherwise would have become if you simply went to the doctor in the first place, and you end up suffering needlessly because it's actually not cancer, it's "maturation." So you're confused like "Bob's Big Boy" used to be: You don't know whether to stay or go.

When you're diagnosed with a "terminal" disease," you want to live, but it's extremely difficult not to think about dying. It dominates your brain and preoccupies your mind. Old age and living a full retirement become signposts in the distance that you can never quite read. And since you can never quite read them, you're not really prepared for what they say. Some of what they say - or infer, is that you're going to be visiting doctors more regularly than you ever have, and it's not necessarily all bad. It's merely a sign of your times which are now changing and you're living beyond a certain age, unexpected as it may have initially been suggested. As such, maintenance will be required to keep the older body and brain functioning. Ignoring symptoms, as my doctors have made clear to me, is NOT GOOD. Neither is assuming that such and such or so and so is good, bad or indifferent. It is what it is and It may be something or it may be nothing. Presuming facts and feelings which are not yet in evidence is a bit like putting the cart in front of the horse.

I know I'm afraid of dying. What these more recent pains and subsequent visits to the doctors have also shown me is that I can't be afraid of living.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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