Reston

WELLBEING PAGE G

Reston Witches Rule the Water on All Hallow's Eve News, Page 5

A playful coven of Halloween witches on stand up paddle boards (SUPs) skim the waters of Lake Anne in Reston to kick off an evening of play and spooky brews.

Voting Early in Reston: Turnout Light But Steady News, Page 3

Reston Artist's Newest Mural — A Power House. .ятемтоо Роттехтек: Піме зеизітіуе матекіаl. QI-S-II эмон иі дэтезираЯ



November 6-12, 2019

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Volunteers arrange Democratic sample ballots for voters outside Precinct 222, Reston #3, Polling Place Reston Community Center-Lake Anne 1609-A Washington Plaza.

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did Virginia Driver's Li

Early Morning Voting: Turnout Light But Steady

Snapshot of Precinct 222 Reston #3.

By Mercia Hobson The Connection

light but steady stream of voters showed early Tuesday morning for Election Day 2019 at Precinct 222, Reston Community Center-Lake Anne 1609-A Washington Plaza. Volunteers like Diane Palmintera had already set up information booths in the plaza parking lot.

Working in the dark, well before the first light peeked, Palmintera explained why she was out in the cold doing what she did.

"We need to flip both the Virginia House and Senate to the

blue. All eyes of the nation are on Virginia," she said. "This will be the beginning of the blue wave." Palmintera stressed that so many things, such as gun violence prevention, education, health care, redistricting and the Equal Rights Amendment, were important in this election. "We must flip; it's important to send that message to the nation," she said. According to Fairfax County, Precinct 222 is in the districts of Supervisor Hunter Mill, Congressional 11, Senate 32 and Delegate 36.

At 6:01 a.m., Bob Millman of Reston, the first voter, showed in the parking lot. Inside the polling place, eight Election Officers waited. For Al Montgomery, this was his second year volunteering in the position. "We are here from 5 a.m.- 9 p.m. or later until we are finished. There are eight of us, and we stay the whole day." Rick Griffith, Assistant Chief Election Officer, said he'd been volunteering for eight www.ConnectionNewspapers.com

years, Assistant Chief for three of the eight.

Chief Election Officer, Elizabeth Schreffler explained the importance of the service to her. "My foremothers fought and died to ensure I had the right to vote. I do this to honor their sacrifice."

Voters continued to slowly stream in during the first minutes after the poll opened. They stood ready to cast their ballots in the off-year election, some focused on the state Senate election, 32nd District between Arthur G. Purves (R) and Janet D. Howell (D) and the Virginia House of Delegates, 36th District although the only name on the ballot for this district was Kenneth R. "Ken" Plum (D).

One school bond issue showed on the ballot for Fairfax County, \$360,000,000 to provide funds for "the costs of school improvements... for the Fairfax County public school system."

According to Election Officials present at Polling Place Reston Community Center-Lake Anne 1609-A Washington Plaza, approximately 150 voters received absentee ballots, and they anticipated 2,300 voters in the precinct. Shortly before 6:15 that morning, the Borland family of Reston entered the polling place. Sean held baby Olivia, 17 months, while mom, Emily, got out her license to exchange for the blue County of Fairfax Voting Permit. She would present it to an election officer and obtain her ballot.

Asked why they were at the polls so early, Sean chuckled and replied, "Baby Olivia woke up early and couldn't wait to vote."



Sean and Emily Borland of Reston arrive early with daughter Olivia, 17 months, at Polling Place Reston Community Center-Lake Anne 1609-A Washington Plaza, and together show off their Democratic Sample Ballot.



Still dark outside so early in the morning, a light but steady stream of voters turn out in Reston at Polling Place Reston Community Center-Lake Anne 1609-A Washington Plaza

Opinion

Race Still Matters: An Apology and Notice

am ashamed to admit that I was one of those race vs. class people. Perhaps this worldview was seeded by a junior paper at Princeton focused on public perceptions of Affirmative Action which became a chapter in Race vs. Class: The New Affirmative Action Debate (1996, University Press of America). Perhaps it was nurtured as I traveled the well-trod post-graduate path to a top management consulting firm where I made more in my first job out of college than either of my parents; seeming to confirm the dominant theory that socioeconomic mobility through educational path-

Commentary

ways was working, even for me, an African-American first-generation college

graduate. And perhaps it was cemented as I came of age in a time when, even on the left, a race-neutral social justice world view was more socially acceptable and therefore, less threatening, to my white colleagues, neighbors, and acquaintances.

Either way, I quickly began ascribing to the notion that socioeconomic mobility through improved educational opportunities could change the life trajectories of many economically vulnerable populations, including those who were racially marginalized. While tragic and all-too frequent national events provided sobering counterbalances to my wholehearted embrace of socioeconomic mobility as a tool for racial equality, everything else in my life was pushing me to a race-neutral world view on which I doubled-down.

However, this race-neutral worldview is a lie. The fact is that as an African-American Ivy League-educated woman in the 97th income percentile with the privilege of living in one of the wealthiest neighborhoods in the suburbs of Northern Virginia and sending my children to the best public schools money can buy:

Persistent gender and race pay gaps mean I am undercompensated as compared to both white men and white women. (#EqualityCan'tWait)

I am still three times more likely to die in childbirth as a white woman, even after controlling for education and income. (#Serena Williams)

My beautiful elementary-aged brown boys are more likely to be mistaken for criminals holding real guns during an epic neighborhood nerf battle than their white age mates. (#Tamir Rice 5th Anniversary)

My strong, independent 4th grade brown girl is more likely to be adultified by society and disproportionately disciplined or even criminalized in school. (#Girlhood Interrupted)

In my idyllic Great Falls neighborhood, if one of our wonderful neighbors calls the police to

conduct a welfare check on us because the front door is open or something else is askew, any member of my family might pay the ultimate price. (#Atatiana Jefferson)

And even though our first gift to our children was strong, distinguished (and not coincidentally) race-neutral names to limit the impact of explicit and implicit bias in their life aspirations, IF my boys make it to adulthood, they will have a 50-50 chance of falling from the top income quintile to the bottom income quintile, compared with white kids who grow up wealthy and are five times more likely to stay wealthy than to become poor. (#OpportunityInsights)

All of these experiences rest upon my race, and not my socioeconomic status. In 2019, in America, no factor, not my Ivy League education, advanced degree, career as a foundation executive, or 401k balance can mitigate the burden of living black in a society built for white people.

The fact is: Race STILL Matters.

So, consider this both an apology for ever discounting the role of race in the social justice fight and official notice that I will no longer stand by and watch others discount race either.

> RICSHAWN ADKINS ROANE GREAT FALLS

A Retrospective on this Election Cycle

By Kenneth R. "Ken" Plum State Delegate (D-36)

he outcomes of the election on Nov. 5 are not known as I write this column. (The Reston Connection will go to press before the polls close.) I will no doubt have much to say about the results in future writings as this election is going to be pivotal for the Commonwealth's his-

tory regardless of who turns out to be the winners. What I was able to observe in the weeks and days leading up to election day was the highest level of people willing to help throughout the state in knocking on doors, making phone calls, writing postcards, and otherwise willing to chip in for their favorite candidates. If the level of activity leading up to election day is any indication, the turnout of voters should have been record breaking. "When we vote, we win" became the mantra of campaigns hoping to hold onto power or to transfer it to a more progressive legislature. As I traveled around the state, I became aware that while I had focused on state legislative contests there were many local elections that were critical to the future of local boards of supervisors and school boards.

What is known before the first vote was cast is that these elections were the most expensive ever seen in off-year elections in Virginia. When the total expenses of both candidates in many legislative elections are added together,

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COMMENTARY

it will not be unusual that the total exceeds a million dollars. For some highly contentious races the totals exceed three million dollars. I have never seen the generosity of individuals to contribute to elections in other parts of the state as great as it was this year. There is a growing recognition that while

it is important who your elected official is, there is an equal importance to who holds the majority in the legislative body. You not only work to get your representatives elected, you also need to help the campaigns of those with whom he or she will have to work. Political contributions from out-of-state individuals and organizations poured into the state in record amounts.

Also interesting in this election cycle is the amazing transformation that occurred in some incumbent legislators. It took Virginia more than four years to approve Medicaid expansion in the state. Yet, if you listened to television commercials downstate you would not be able to find anyone who opposed the expansion. To the contrary, there were claims on the part of some incumbents who had voted against the expansion who in the campaign claimed credit for passing it. It is amazing what a refreshment with voters can do to some legislators' point of view and memories.

To analyze state and local election returns I

recommend that you go to the website of the State Board of Elections at www.elections.virginia.gov/resultsreports to see actual voting results. For more information on who the candidates were and how much they spent I suggest a visit to the Virginia Public Access Project, www.vpap.org/ elections. In future columns I will provide my take on what the election results mean for the future of the Commonwealth.

A special shout out of recognition and thank you goes to all who worked so hard this election cycle. You are what makes the system work. Thank you!

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for length, libel, grammar,

good taste and factual errors. Send to:

Letters to the Editor The Connection 1606 King St. Alexandria VA 22314 By e-mail: editors@connectionnewspapers.com



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NEWS DEPARTMENT: reston@connectionnewspapers.com

Kemal Kurspahic Editor ***** 703-778-9414 kemal@connectionnewspapers.com

Mercia Hobson Community Reporter mhobson@connectionnewspapers.com

Andrea Worker Contributing Writer aworker@connectionnewspapers.com

Jean Card Production Editor jcard@connectionnewspapers.com

ADVERTISING: For advertising information sales@connectionnewspapers.com 703-778-9431

Debbie Funk Display Advertising/National Sales 703-778-9444 debfunk@connectionnewspapers.com

David Griffin Marketing Assistant 703-778-9431 dgriffin@connectionnewspapers.com

> Classified & Employment Advertising 703-778-9431

Editor & Publisher Mary Kimm mkimm@connectionnewspapers.com @MaryKimm

Executive Vice President Jerry Vernon 703-549-0004 jvernon@connectionnewspapers.com

Managing Editor Kemal Kurspahic Art/Design: Laurence Foong, John Heinly, Ali Khaligh Production Manager: Geovani Flores

CIRCULATION circulation@connectionnewspapers.com



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A playful coven of Halloween witches on stand up paddle boards (SUPs) skim the waters of Lake Anne in **Reston to kick** off an evening of play and spooky brews.

Рнотоѕ ву

Mercia Hobson,

The Connection

Reston Witches Rule the Water on All Hallow's Eve

By Mercia Hobson The Connection

am so excited for tomorrow's Witches on the Water...I feel like a little kid excited for Halloween," said Kristi Guidry of Reston, the area's provincial community to "Live, Work and Play." With severe thunderstorms in the forecast and sudden bursts of high-speed wind gusting over Lake Anne in Reston, a flash mob coven of witches exchanged their broomsticks for stand up paddle boards (SUPs) on All Hallow's Eve. Reston is known for its Live, Work, Play lifestyle and 'Witches on the Water,' proved a most playful event.

Shortly after 3 p.m., approximately 30 witches and a few warlocks dressed in full costume for the occasion. They assembled at the Lakeside Cluster Dock and the boat ramp to Lake Anne on Inlet Court. Forming a fleet of two flotillas, the fifteen or so single SUPs and a monster board with a deck that rode 12 joined on the waters of Lake Anne. Even before admiring fans could see the fleet tracking, cackles and screams traveled with the wind to the Lake Anne Plaza dock. Owner of "All Around Acoustics," Trevor H lent the power of his stirring drum circle as entertainment. "One of my scariest opportunities ever," he said with a laugh.

"I was up for some Halloween fun. Anything to dress up," said Jenlene Nowak of Herndon after docking.

"I flew all the way from Peru," shared witch Ericka La Madrid. "We never do anything like this in Peru," she added.

"It wasn't hard to pull the witches of Lake Anne together," said Beth Allgaier of Reston, who then headed with the other sorcerers to Lake Anne Brew House for communal merriment and libations of 'Spooky Brews.'

> Witches give a call out after they successfully paddled their SUPs on the waters of Lake Anne in Reston with no one going overboard during the inaugural Witches on the Water, meant to kick off a night of Halloween fun.



Angela Narvaez disguises her paddle as a broom during Witches on Water at Lake Anne, Reston, a fun event for adults who arrived at the Lake Anne Plaza dock via stand up paddle boards late afternoon on all Hallow's eve, ready for a night of merriment, play and spooky brews.



South Lakes Junior Killed in a Single-Car Crash in Oakton

A teenager has died as a result of injuries from a crash that occurred around 6:30 p.m. Sunday night, Nov. 3 in Oakton near the intersection of Stuart Mill Road and Coulter Lane. Detectives from Crash Reconstruction Unit have preliminarily determined that the driver was travelling eastbound on Stuart Mill Road in a 2010 Kia Forte with four teenage passengers when the car ran off the right shoulder and hit a tree. All five teenage occupants were taken to local hospitals where one teen was pronounced deceased. The driver remains in life threatening condition while three passengers were treated for injuries not considered to be life threatening. Neither alcohol nor drugs appear to be factors which led to the crash. The possibility of speed being a factor is still being investigated.

The names of the driver and passengers are not being released due to legal restrictions contained within Virginia Code § 16.1-301.

Anyone with information about this crash is asked to contact Crash Reconstruction Unit at 703-280-0543. Tips can also be submitted anonymously through Crime Solvers by phone - 1-866-411-TIPS(866-411-8477), by text - Type "FCCS" plus tip to 847411, and by web - Click HERE. Download our Mobile tip411 App "Fairfax Co Crime Solvers". Anonymous tipsters are eligible for cash rewards of \$100 to \$1,000 dollars if their information leads to an arrest.

Monday afternoon the South Lakes High School Principal Kimberly Retzer shared "a sad news" with the school community: the teenager killed in the accident was Carter Smith, 17, a junior at South Lakes.

Redistricting Forum Nov. 17

The League of Women Voters of Fairfax Area the and OneVirginia2021 will hold a discussion on how to pass redistricting in Virginia in 2020. The event will take place on Nov. 17, 2019, 1-4 p.m., at the Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Speakers include the following

Virginia state legislators:

Sen. George Barker, Sen. Dave Marsden, Del. Karrie Delanev, Del. Mark Keam, Del. Kaye Kory, Del. Mark Sickles, Del. Mark Levine; Del. Ken Plum, Del. Ibraheem Samirah, Del. Marcus Simon and Del. Rip Sullivan, Jr.

Other participants include:

Andre Parvenu. California Citizens Redistricting Commission;

Brian Cannon, OneVirginia2021, Deb Wake, League of Women Voters of Virginia, and Wendy Fox-Grage, League of Women Voters of the Fairfax Area

This event is free and open to public. Register at: the lwv2019.eventbrite.com

Questions can be directed to: PR@lwv-fairfax.org.

The League of Women Voters of the Fairfax Area is a non-partisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues.

FBI Warns of Scammers Posing as Law Enforcement Officers

The FBI Washington Field Office has seen a recent increase in law enforcement impersonation phone calls. In this scam, fraudulent callers posing as local or federal law enforcement officers threaten to arrest the victim if money isn't sent. The callers will often "spoof," or fake, their phone numbers so the call appears to be coming from a local police station or federal law enforcement office on the recipient's caller ID.

These calls are fraudulent. Any legitimate law enforcement officer will not demand cash or gift cards from a member of the public. The FBI defines this type of scam as government impersonation fraud, in which criminals impersonate scammers are becoming more sophisticated and organized in their common-fraud-schemes.

approach, are technologically savvy, and often target young persons and the elderly.

To protect yourself from falling victim to this scam, be wary of answering phone calls from numbers you do not recognize. Do not send money to anybody that you do not personally know and trust. Never give out your personal information, including banking information.

According to the Internet Crimes Complaint Center (IC3), 10,978 people nationwide reported being victims of government impersonation scams in 2018, with losses totaling more than \$64,000,000.

Anyone who feels they were the victim of this or any other online scam should report the incident government officials in an attempt — immediately using the IC3 website to collect money. The criminals at www.ic3.gov. More information often threaten to extort victims about government impersonation with physical or financial harm or schemes and other online fraud the release of sensitive data. These schemes can be found at https:// www.fbi.gov/scams-and-safety/





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Wellbeing Diffusing Holiday Drama

Sanity-saving strategies to get us through the not-so-silent holiday nights.

By Marilyn Campbell The Connection

ater this month, Thanksgiving will usher in the holiday season, family gatherings and expectations of celebrations that are reminiscent of Currier and Ives-type scenes. For those who deal with difficult family members be they cousins, siblings, in-laws or outlaws, the most wonderful time of year can be met with dread. Having a few sanity-saving strategies can help get us through the not-so-silent holiday nights.

"Often, those closest to us can unfortunately spark the most amount of stress" said Nathan Leslie, Professor of Creative Writing at Northern Virginia Community College and au-

thor of the book "Hurry Up and Relax."

Focusing on one's own behaviors and responses rather than those we find difficult can offer a sense of empowerment "That's because in the end you cannot control how anyone else acts during this time, or ever," said Lorente. "The only thing that you really can control is how you react and respond to different people and situations. Being aware of your behavior and changing your mindset might be the best and only way to survive the holiday drama this season."

Whether it's a feeling **say** of obligation or hope **rel** for holiday cheer, before you head over the river and through the woods, know the reason for your trip. "First know why you are choosing to be around family members who might be difficult," said Carolyn Lorente, Ph.D., professor of psychology at Northern Virginia Community College.

"This helps you to take ownership and control of the situation. I think that a lot of the negative feelings stem from feeling out of control, obligated, and frustrated."

Setting boundaries and having an exit strategy can be sanity-saving. "[For example,] "when we start talking about topics such as my parenting style, or my politics, or my hair, I will leave the room," said Lorente. "Not with anger but with a sense that I am control of me not of my family member."

HURRY UP AND RELAX

COURTESY OF NATHAN LESLIE Nathan Leslie, author of the book, "Hurry Up and Relax," says journaling can help relieve stress during the holidays.

> "Focus on gratitude, fun, and the good things that this time may bring." — Carolyn Lorente, Ph.D Northern

Virginia Community College

A family ally can offer support or an exit strategy if family gatherings turn sour. "You can even develop a code word or phrase you can say to prompt your ally to intervene, politely interrupt, or help you get out of the situation promptly," said Joanne Bagshaw, PhD, Professor of Psychology at Montgomery College. "A family ally is also a good person to have for support."

For those who know that difficult family situations are unavoidable, set time limits. "Plan ahead to organize your time spent in this situation, and avoid staying at family members' homes if your relationship is challenging," said Bagshaw. "Also, structure your time, make sure there's not a lot of downtime that can lead to awkward conversations."

Choosing to give attention to the positive aspects of one's familial relationships can help diffuse tension, suggests Lorente. "Focus on gratitude, fun, and the good things that this

time may bring," she said. "You and your Mom may not agree on certain adult issues but look at what a great grandmother she is to your children."

"First know why you are choosing to be around family members who might be difficult. This helps you to take ownership and control of the situation."

— Carolyn Lorente, Ph.D Northern Virginia Community College

Putting pen to paper can help relieve stress. "Journaling is an excellent way to relieve stress and make sense out of chaos," said Leslie. "Writing...can be useful in giving mental order to the disorientation that the holidays might bring."

Visualize family events going well. Positive thoughts lead to positive feelings, advises Jerome Short, Ph.D., Licensed Clinical Psychologist and Associate Professor of Psychology at George Mason

University. "Be curious instead of critical," he said. "Wonder how others are thinking and feeling, and why," said Short. "Give others the benefit of the doubt."

"Wait before speaking if you have negative thoughts," continued Short. "Take a deep breath, visualize a favorite place, or walk away if you might regret what you say in the moment."

State Sen. Jennifer Boysko presents the Virginia General Assembly commendation to Food For Neighbors, represented by dedicated volunteer Christa Soltis. Рното ву

Robert Maxwell





ood For Neighbors recently received a visit from State Sen. Jennifer Boysko, who presented the nonprofit with an official commendation from the Virginia General Assembly. The General Assembly recognized Food For Neighbors for its efforts in combating hunger, more specifically, for providing Fairfax and Loudoun County students with a more reliable source of food.

"I thank Senator Boysko and other State leadership for this important expression of support," said Food For Neighbors founder Karen Joseph. "I'm thrilled that the Food For Neighbors message is reaching more people, and, with the help of many dedicated volunteers, I hope to see the program continue to expand."

An all-volunteer charity, Food For Neighbors has rapidly grown from serving more than 100 students at Herndon Middle School and Herndon High School, to serving nearly 1,000 students weekly.

The program now supports additional schools in Fairfax County, including Irving, Key, Jackson, Whitman, and Carl Sandburg Middle Schools as well as West Springfield, Lee, Bryant, Mountain View, West Potomac, and Mount Vernon High Schools. The program has moved into nearby Loudoun County schools including Sterling Middle School, Park View High School, River Bend Middle School, and Potomac Falls High School.

Food For Neighbors also provides supplemental food to Langston Hughes Middle School and the South Lakes High School food pantry.

Food For Neighbors thanks all of its community partners, sorters, drivers, and food contributors, who leave donations on their doorsteps in the well-known Red Bags for collection just a few times per year. To learn more and get involved, visit https:// www.foodforneighbors.org/get-involved/. Hunger is closer than you think.

Pack the Pantry at South Lakes vs. Herndon Football Game

he football game of the season, South Lakes High School vs Herndon High School, will be held at South Lakes High School on Friday, Nov. 8.

The game will start at 7 p.m.

Pack the Pantry event will also take place on this night to benefit the food pantries at both schools. Non-perishable donations will be accepted from 5:30 to 9 p.m. at both entrances to the stadium at South Lakes High School. Please help your neighbor and donate the following items: cereal, oatmeal, boxed milk, juice boxes, peanut butter, jelly, granola, breakfast and protein bars, fruit cups, applesauce, ramen, cup of noodles. There is a real need in the community.

Currently, South Lakes High School Food Pantry is helping with the needs of the community in assisting more than 200 families per week.



Kyle Knight, Agent

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Letter to

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While other insurers just see your home and car as a bundle or a combo deal, I take the time to see what they mean to you and give them the protection they deserve. LET'S TALK TODAY.







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Design & Environmental Achievement Awards

By Mercia Hobson The Connection

e are here this evening to celebrate both the built and the natural environ ment of Fairfax County," said Sharon Bulova during her congratulatory remarks at the start of the county's 2019 Design and Environmental Achievement Awards held at Fairfax County Government Center on Oct. 22. The evening ceremony recognized and celebrated 24 recipients in three categories, Fairfax County Friends of Trees Awards, Environmental Excellence Awards, and James M. Scott Exceptional Design Awards. Supervisors Dan Storck (D-Mount Vernon), John Foust (D-Dranesville), Cathy Hudgins (D-Hunter Mill) and Kathy Smith (D-Sully) joined Bulova at the ceremony where Brendan Ford, Geospatial Services Branch Manager served as Master of Ceremonies.

In his welcome, Ford said that as the county developed a new strategic plan, and after extensive community outreach hearing from thousands of people, one of nine priority areas resulting from that engagement was Health and the Environment. "The goal of that priority (Health and Wellness) is for Fairfax County to responsibly steward environmental resources, advance sustainability and promote optimal health and wellbeing for all. The awards we are celebrating tonight are certainly contributing to that overall goal," he said.

Bulova said: "Fairfax County would not enjoy the quality of life we have today without the tireless efforts of our residents, our volunteers, our employees and our business leaders who maintain and promote the health of our local environment ... but also work to make our county the beautiful place that it is through exceptional architecture, landscape and design."

Friends of Trees Awards - Sponsored by Fairfax County Tree Commission

Cathy Ledec, Chair, and Jim McGlone, Vice-Chair, Fairfax County Tree Commission presented certificates to three individual Fairfax County Public School teachers, two schools, and two organizations that volunteered time and effort to preserve, protect or plant trees. The individuals or organizations demonstrated outstanding conservation-based actions in preserving, protecting or planting trees according to Ford.

Award Recipients:

Beth Brickhouse, Grades 1-3 Teacher -Greenbriar East E.S, Chantilly

♦ Mark Mosely, Title I Resource Teacher-Dogwood E.S., Reston

♦ Michele Sullivan, Gifted Education Center Teacher-Mantua E.S, Fairfax

Belvedere E.S, Falls Church

✤ Riverside E.S., Alexandria

✤ Grounds Committee-Montebello Condominiums Unit Owners Association, Alexandria

Volunteers of the McLean Citizens As-

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2019 Design and Environmental Award recipients with members of the Fairfax County Board of Supervisors: Dan Storck (D-Mount Vernon), John Foust (D-Dranesville), Cathy Hudgins (D-Hunter Mill), Kathy Smith (D-Sully) and Chairman Sharon Bulova.



Photo courtesy of Fairfax County

Members of the RASER Working Group of Reston receive the 2019 Organization, Environmental Excellence Award; Dough Brit, Robin Duska, Carl Mitchell, Katie Shaw, Claudia Thompson-Deahl, Don Coran, Linda Fuller, Sara Piper and Stephanie Vargas.

sociation-Dead Run Stream Restoration, McLean

Environmental Excellence Awards

According to Ford, the Environmental Excellence Award recognized two individuals, two organizations and two county employees who dedicated personal time and expertise "for the better and support of countywide environmental goals and initiatives." Stella Koch, Chair of the Fairfax County Environment Quality Advisory Council presented the awards.

Award Recipients

Individual

Catherine Ledec, President, Friends of Huntley Meadows Park, Alexandria

Helen Stevens, Clinical Director, Inova
HealthPlex – Lorton Emergency Department
Organization

✤ Faith Alliance for Climate Solutions, Oakton

 Reston Annual State of the Environment (RASER) Working Group, Reston County Employee

 ✤ James Hart, Vice Chairman and Member-At-Large, Planning Commission

Noel Kaplan, Senior Environmental Planner (retired)

"Helen is another individual making a big difference... (Inova HealthPlex – Lorton Emergency Department) has become a leader in the recycling and elimination of styrofoam and single-use plastics," cited Ford. "Based on Helen's efforts, the office has a waste hauler that separately removes recycling and trash, collects and properly recycles plastic bags...and has a recycling process for cardboard and plastic containers. In 2018, more than 10,000 pieces were recycled. With Dianne Kenny, she funded a countertop dishwasher and reusable plates and silverware. She also worked with Mandy Kennedy to adopt a portion of the Lorton Road under the Adopt-A-Highway Program."

James M. Scott Exception Design Awards

According to Ford, the winners of this year's James M. Scott Exceptional Design Awards represented superior work of architecture that combined green building practices with outstanding site design and landscaping. Fairfax County established the award in 1984 to recognize achievement in the total design of a building and its site and raise awareness of outstanding planning and design projects among design professionals and the general public. A jury of design professionals, including architects, landscape architecture, planning and engineering selected the winners with awards granted in three categories, the highesthonor, followed by merit and honorable mention.

Kay Orr, a member of the Fairfax County Architectural Review Board, presented the awards.

Award Recipients

Honor George Mason University Peterson Family Health Sciences Hall, Architect: Perkins Eastman, Owner: George Mason University,

Signature at Reston Town Center, Architect: Shalom Baranes Associates, Owner: Boston Properties, architect: Perkins Eastman, Supervisor District: Hunter Mill, Reston, Merit

✤ Caboose Commons, Architect: DBI Architects, Owner: Caboose Brewing Company, Supervisor District: Providence,

Langley High School, Architect: Perkins Eastman, Owner: Fairfax County Public Schools, Supervisor District: Dranesville, McLean,

VITA Tysons, Architect: Shalom Baranes Associates, Owner: Macerich /Kettler, Supervisor District: Providence, Tysons, Honorable Mention

 EXO, Architect: R2L: Architects, Owner:
Greystar, Supervisor District: Hunter Mill, Reston.

Hollins Meadows Elementary School, Architect: MTFA Architecture, Owner: Fairfax County Public Schools, Supervisor District: Mount Vernon, Alexandria,

The Saint James Sports and Wellness Complex, Architects: HKS Architects, Owner: The St. James Group. Supervisor

See County, Page 9

www.ConnectionNewspapers.com

ENTERTAINMENT 'Matilda' Comes to NextStop Theatre

Musical family entertainment with a sense of wonder.

BY DAVID SIEGEL The Connection

ased on the treasured Roald Dahl novel about an extraordinary young girl who decides to fight back against the domineering adults in her life, including her parents and her school's headmistress named Miss Trunchbull. "Matilda" is a Tony Award winning musical entertainment for the whole family.

"Over the past six years, we have developed a tradition of producing a major family musical during the holiday season," said Evan Hoffmann, NextStop Artistic Director. "When I found out that 'Matilda' was becoming available, I jumped on it as fast as I could. This is an amazing musical and a story that I have always loved.

"First and foremost, we call it family friendly because^othis story really has something for all ages," added Hoffmann. "It is a great theatrical experience to share with your whole family.

"I love having young performers in our show. I believe strongly in the need to expose young people to theater," said Hoffmann. "However, I also firmly believe that young actors can frequently give some of the most compelling and authentic per-



Jane Keifer and Katelyn Marsh portray Matilda in the NextStop Theatre production of "Matilda."

Where and When

NextStop Theatre Education Program Production of "Matilda" at 269 Sunset Drive Park, Sunset Business Park, Herndon. Performances Nov. 14 to Dec. 22, 2019. Thursdays, Nov. 14 and Dec. 5, 2019 at 7 p.m. Fridays at 7 p.m., Saturday Nov, 16 at 7 p.m. is currently sold out. Saturday Nov. 23 and Nov 30 at 2 p.m. and 7 p.m., Dec, 1 and Dec. 8 at 2 p.m. and Dec. 15 at 2 p.m. and 7 p.m. with Dec. 22 at 2 p.m. Sunday Nov. 17 at 2 p.m., Nov. 24 at 2 p.m. and 7 p.m., Dec. 1 and Dec. 8 at 2 p.m., Dec. 15 at 2 p.m. and 7 p.m., with Dec. 22 at 2 p.m. Tickets: \$40-\$55. (NextStop strongly encourages booking in advance. Ticket prices increase as performances get nearer and fill up). For tickets call: 866-811-4111, or visit

www.NextstopTheatre.org. Note: NextStop has a limited quantities available of a Family 4 Pack. Buy 3 Get 1 Free with code "NextStopFam." There is a limit one 4-pack per patron per performance. For details visit www.NextstopTheatre.org.

formances. The twelve young actors in our production are a perfect example of that."

For "Matilda" there are two different full casts of young actors in the production. The two separate casts will alternate performing during the run of "Matilda" at NextStop.

Driving "Matilda" are nearly two dozen songs with music and lyrics by Tim Minchin with orchestration and additional music by Chris Nightingale.

For veteran musical director Elisa Rosman, "Matilda" is 100 percent energy. The musical numbers are actually wildly varied to fit the storytelling needs. For example, we go from fun fair ground music to really uplifting ballads to energizing revolution."

Rosman will lead a live band with instruments including keyboards, drums, bass, trumpet and a reed musician on^oflute, clarinet and saxophone and one trumpet player.º Examples of "Matilda" songs include two "at opposite ends of the spectrum in terms of mood," noted Rosman. The two are the sweeter "When I Grow Up" and the more militant "Revolting Children."

"I find them both to be almost anthems of empowerment and resilience."

"Matilda' has great music, wonderful characters, awesome production numbers, and a sense of magic and wonder that makes it a remarkable evening of entertainment," added Hoffmann.

The musical "Matilda" at NextStop is a magical story about a courageous, imaginative young girl who discovers how powerful she can become.

County Recognizes Design & Environmental Achievement

From Page 10

District: Mason, Springfield, ✤ John Marshall Library, Architect: Bowie Gridley Architects, Owner: Fairfax County Department of Public Works and Environmental Services, Supervisor Dis-

Awardee Comments

trict: Lee, Alexandria,

Cathy Ledec: "I am humbled to be recognized with this Fairfax County Environmental Excellence Award and express my deepest thanks to the Fairfax County Environment Quality Advisory Council. I use my voice to advocate for the protection and restoration of our environment and natural resources; I also work on projects that directly improve environmental conditions here in the County. Every development decision made in the County has an impact on our natural world, and we need to be sure that our environment gets the high priority that it deserves."

Jim Hart: "I greatly appreciate the recognition of the efforts of the Plan-



Screenshot via image Fairfax County

Signature at Reston Town Center, 2019 Honor Award James M. Scott Exceptional Design, Architect: Shalom Baranes Associates, Owner: **Boston Properties, Supervisor District: Hunter Mill.**

ning Commission and Fairfax County staff munity engagement on environmental to develop a consensus on environmental policy issues in land use. Continued com-

policy remains essential to the land use process. The Planning Commission's policy recommendations are improved by a careful evaluation of input from community stakeholders and industry."

Helen Stevens: "Leading people to make choices that inconvenience their workflow and lifestyle is a formidable project. Having the work recognized not only keeps me energized to continue discouraging a throwaway culture in the workplace, but it also inspires others to get on board with the program. A county that recognizes people for their efforts to become more conscious about singleuse items and awarding those who are trying to protect our environment will encourage a shift in culture that will benefit everyone in the long run. It is really satisfying to me when staff come up to me and say that they are adopting the same environmentally friendly practices at home that we are using here. I think that this is the most rewarding part."

To view images of the James M. Scott winning buildings visit flickr.com/photos/171330838@N08/48536413307/ in/album-72157710307915297.





for Bailey's Shelter and Supportive Housing in Falls Church joins mural installer, Brian King, owner of Artifice, Inc. in Arlington at the mural's unveiling on Oct 24.

Reston Artist's Newest Mural — A Power House "Bailey's Crossroads Community Mural" unveiled.

By Mercia Hobson The Connection

eston artist Dana Scheurer is known for her many commissions and installations, among them "The Midtown Community Mural" on New Dominion Parkway in Reston Town Center, Public Art Installation -Bicvcle Racks at Walker Nature Center and Lobby Installations -The Jordan in Arlington, Acing Baltimore office, The Serrano, Jackson's Crossing and The Woodbury Apartments according to the artist's website.

After the Oct. 24 ribbon-cutting for the new Bailey's Shelter and Supportive Housing, located at 5914 Seminary Road in Falls Church, the public had its first opportunity to view Scheurer's latest and perhaps her most compelling work, "Bailey's Crossroads Community Mural," designed for Bailey's Shelter and Supportive Housing in Falls Church. The shelter is the first of its kind in Fairfax County, a bright, 21st-century model offering 52 emergency beds for single adults including four medical respite beds, 18 permanent supportive "micro-units," an acute care facility, garden area and more.

According to Scheurer, Brian King who owns Artifice, Inc. in Arlington installed her design, with a bit of assistance from her, in the garden of the facilities' community dining room. The public can best see the community mural not from ground level, but down in the protected space accessed through the shelter, Scheurer shared. "This has been another great experience in painting for me. Very different from the original watercolor on paper," said Scheurer. "The process is amazing."

LIKE HER OTHER WORKS, whether mural, watercolor or exclusive limited edition, the well-saturated colors of the Bailey's mural depict significant events in surrealistic architectural and geometric structures, as well as symbols set in history according to Scheurer. The mural is whimsical, a visual architectural narrative, "charging into the 21st century," she described it; a journey for shelter residents, guests, and the public to peruse.

Partial close-up of "Bailey's Crossroads Community Mural," located at Bailey's Shelter and Supportive Housing in Falls Church.

A significant incident occurred in November 1861 that the New York Daily Tribune referred to as "The Great Review at Bailey's Crossroads recounted Scheurer. "Over 75,000 Union troops were reviewed by President Lincoln and approximately 75,000 spectators. Included in this assemblage was Julia Ward Howe, who credited the impressions made on her this day in part with her eventual penning of "The Battle Hymn of the Republic ... The mural contains images of historical markers that depict numerous events. The area was a large federal encampment and depicted in the mural is recognition of the earliest uses of observation balloons for intelligence purposes by the nation's first aeronaut, Thaddeus Lowe," said Scheurer.

The mural's precise forms and lines mesmerize the viewer and tell a somewhat whimsical story of Bailey's Crossroads. The shapes converge and overlay, with history moving left to right. "One of the more current significant icons of the urban transition at Bailey's presented in the mural is Skyline Towers, built on the site of the old Washington/Virginia airport that provides homes to hundreds of families and is the symbol of the modern and future Bailey's that will continue to grow and prosper," said Scheurer.

AFTER THE RIBBON-CUTTING, Scheurer and King pointed out a specific block in the mural, one to the far right. It would be something for residents and guests at Bailey's Shelter to aspire, "a place so important to us all," hinted Scheurer.

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Announcements

NOTICE OF OLD DOMINION ELECTRIC COOPERATIVE AND ITS MEMBER DISTRIBUTION COOPERATIVES TO SEEK WAIVER OF CERTAIN PURPA OBLIGATIONS FROM THE FEDERAL ENERGY REGULATORY COMMISSION

Take notice that on or after December 2, 2019, Old Dominion Electric Cooperative (ODEC) intends to file with the Federal Energy Regulatory Commission (FERC) a Petition requesting waiver of certain obligations in FERC's rules implementing Section 210 of the Public Utility Regulatory Policies Act of 1978 (PURPA), on behalf of itself and the following ODEC member distribution cooperatives which are regulated by the Virginia State Corporation Commission (VSCC): A&N Electric Cooperative, BARC Electric Cooperative, Community Electric Cooperative, Mecklenburg Electric Cooperative, Northern Neck Electric Cooperative, Prince George Electric Cooperative, Rappahannock Electric Cooperative, Shenandoah Valley Electric Cooperative, and Southside Electric Cooperative (collectively, the "Members")

The Petition will request waiver of FERC's regulations to allow ODEC and the Members to jointly implement their respective obligations under Section 210 of PURPA and under Part 292 of the FERC's regulations, 1'8 C.F.R. Part 292, as set forth in the PURPA Implementation Plan between ODEC and its member distribution cooperatives. PURPA Section 210 was enacted to encourage production of electric energy by qualifying cogeneration and small power production facilities (QFs). Part 292 of FERC's Regulations sets forth the requirements regarding arrangements between electric utilities and QFs. Part 292 requires electric utilities to purchase and sell energy and capacity from and to QFs. The PURPA Implementation Plan provides that (1) any QF may interconnect with the electric distribution systems of ODEC's Members or to ODEC's transmission system to the extent such QF is entitled to interconnection under Part 292 of the Commission's Regulations; (2) ODEC will purchase capacity and energy from QFs with a net capacity in excess of 100 kW and up to 20 MW as made available by such QFs, at ODEC's avoided cost; (3) each of the Members will sell supplementary, back-up and maintenance power to OFs on a rm or interruptible basis, upon request, at rates that are non-discriminatory, just and reasonable, and in the public interest; and (4) no QF will be subject to duplicative charges for interconnection or wheeling as a result of selling to ODEC and buying from a Member. By Order issued on August 9, 2019, in its Case No. PUR-2019-0047, the VSCC granted ODEC's motion for authorization to state that the VSCC endorses the Petition with respect to the Members.

Copies of the PURPA Implementation Plan will be sent to interested parties upon request. FERC will publish notice of the Petition in the Federal Register following receipt of the filing. That notice will specify that any person desiring to be heard in this matter can make the appropriate filing with the FE

Inquiries or comments concerning this matter should be addressed to: Old Dominion Electric Cooperative • 4201 Dominion Boulevard • Glen Allen, VA 23060 • (804) 968-4021 • Attn: General Counsel

> An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg

BULLETIN

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

Fairfax County Board of Supervisors Meetings in 2019

12000 Government Center Parkway Fairfax, VA 22035

Nov. 19, 2019 9:30 a.m. - Full Board of Supervisors Meeting

- ♦ 11 a.m. Personnel Committee
- ♦ 1:30 p.m. Legislative Committee
- ♦ 3 p.m. Budget Committee
- ✤ 5 p.m. Audit Committee

Dec. 3, 2019 9:30 a.m. - Full Board of Supervisors Meeting

✤ 3 p.m. - General Assembly Annual Reception and Work Session

MONDAY/NOV. 11

Veteran's Day Ceremony. 11 a.m. At Town Herndon Green, 777 Lynn Street, Herndon. The Wayne M Kidwell American Legion Post 184 will sponsor the Veterans Day Ceremony. The guest speaker will be Christopher Baity, President of Semper K9 Assistance Dogs. Baity is an OEF/ OIF veteran Marine Corps dog trainer and kennel master with three combat deployments, one civilian deployment and two additional overseas deployments with working dogs. He has over 18 years of dog training and handling experience. Currently a Certified Dog Trainer (CDT), evaluator and service dog instructor, Baity is proficient in animal behavior, obedience training, and kennel management.

THURSDAY/NOV. 14

Car Seat Safety Check. 5-8 p.m. at the Reston district police station, 1801 Cameron Glen Drive. Fairfax County Police Department offers free safety check and install events throughout the year to ensure children travel safely. By appointment only; call 703-478-0904 to schedule.

FRIDAY/NOV. 15

Construction Career Fair. 10 a.m. to 6 p.m. At Dulles Expo Center, North Hall, 4320 Chantilly Shopping Center, Chantilly. Interested in a career in building America's infrastructure? Employers will be collecting resumes, discussing current openings, and interview applicants on site. Industry employers are seeking new employees at all levels, from laborers to engineers. This event is free to all job seekers. Visit the website http://www.nuca.com/ careerfair.

TUESDAY/NOV. 19

DMV2GO at the Library. 9 a.m.-4 p.m. at Herndon Fortnightly Library, 768 Center St., Herndon. The wireless office on wheels offers all DMV services: driver's license and ID card applications and renewals, driving records, vehicle titles, license plates, decals, order disabled plates, and more. Information on all services available at dmv.virginia.gov/general/ #dmv 2go.

MONDAY/NOV 25

27th Annual Ethics Day. 8 a.m. to 3 p.m. At Sheraton Reston, 11810 Sunrise Valley Drive, Reston. In 1992, the Greater Reston Chamber of Commerce and South Lakes High School established a unique partnership to take the entire South Lakes senior class to the Sheraton Reston where they spend the day learning about ethical decision making and how it will affect their adult lives. Using a series of four complex but real-life scenarios, students are asked to review, discuss and reach ethical decisions for each scenario. Table Leaders, approximately 70 volunteers from the business community, lead a small group of 8-10 students through these scenarios and facilitate vibrant discussions. To learn more, contact Alicia Field, Events and Development Director, at 703-707-9045 or aliciaf@restonchamber.org.



BUSINESS DIRECTORY



By KENNETH B. LOURIE

Or let me go. So sang Engelbert Humperdink way back in 1967 about having lost that loving feeling. His lost loving feeling was not about his mortgage. The lyrics: "I have found a new love dear" imply if not clearly state that there's a woman involved. My lost loving feeling is about my mortgage. And contrary to Engelbert, I can't leave it, and believe me, I've tried, though I've never sung about it, only droned on about it in print. To invoke the legendary Ricky Ricardo, aka Desi Arnaz, from "I Love Lucy," originally broadcast in the mid- to late-50s: Let me 'splain.

It's been over 15 years since my last successful refinance. Twice in the intervening years I've tried to refinance. In each case, I've been denied even though I've had upwards of 50 percent equity and an 800 or so credit rating.

Between multiple problems with the house (lead paint on the exterior, broken windows, etc.) and less than ideal income documentation, debt to income ratio, yada, yada, yada, we've regularly been kicked to the curb, which we also don't have, so I gave up; and have proceeded over the years to fix some of the problems mentioned which unfortunately has not led to an acceptable resolution.

Time has passed, and after years of television advertisements by Henry Winkler, Fred Thompson and most recently, Thomas Magnum himself: Tom Selleck, promoting reverse mortgages for those nearing retirement, I buckled under the pressure of these years of paid celebrity endorsements and made a few inquiries. It turns out that given my - and circumstances semi-unique to us (no kids, lots of equity, need the money), we're perfect candidates. So we applied to company number one (denied) which led to company number two: denied. The second time the denial was not about income documentation and so forth as it was with the first "reverse-mortgager." No. It wasn't even about the house. This time it was about an out-building on our property, specifically the foundation of a "shed"/ stable standing derelicht in its duties and of no use to anyone. Not however of 'no use' to the appraiser, apparently, who mentioned its condition in his report to the mortgage underwriter who now has because of those findings, slam-dunked us (put our application on hold) pending the shed's disposition.

To summarize and recall another legendary figure from the 50s: author Joseph Heller, I'm in a bit of a "Catch-22." I can't refinance the house and get access to its equity because I can't meet the financial qualifications. And I can't reverse-mortgage the house - to gain access to the equity I need to live on, because the out-building on my property ("Belly Acres' as I call it) is a shell of its former self, so to speak, and needs upwards of \$100,000 of repairs (I've gotten an estimate), money that if I had/ could even get to, I'd need to live on, not spend on a building I'll never use/don't need. And neither can I sell the house (nor do we want to quite frankly) because the "shed" would be part of any deal, which means its repair would still be required. And one more thing, because the house is registered with the Federal Government as "Historic," we can't demolish this out-building either. In effect, we are stuck between a rock — as in those missing and cracked in the 100 year-old shed's foundation - and a hard place: the underwriter's intransigence and the Historic Preservation's rules. Let's call it a Catch-22 "A."

At this point, I don't really know which way to turn. I'm not exactly damned if I do, I'm more damned because I can't. I don't think I'm asking for any kind of special dispensation. I'm not involving the Pope. I just want, to quote singer/songwriter Nick Lowe from his 1974 song, ("What's So Funny 'Bout) Peace, Love and Understanding," some 'peace, love and understanding.' I'm not looking to make any trouble. In fact, I'm looking for the opposite: serenity, now and forever, with or without Seinfeld reruns. And L can afford it if the powers that he won't he less omnipotent and help a fella out. I swear I won't bother them if they won't bother me. Make the approval a Festivus-type occasion except it won't be for the rest of us, it will be just for me and my wife. I promise I won't tell a soul.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Calendar

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

- Season Extended at Farmers Market. On Saturdays, take advantage of the extended season until Dec. 7 at the Reston Market located at the Lake Anne Village Center, 1609-A Washington Plaza. You can preorder fresh produce, meats, cheese, pies, and eggs for the holidays or stop by for fresh produce, bread, and honey. Contact the Community Horticulture Office at 703-642-0128 or visit
- www.fairfaxcounty.gov/parks/farmersmarkets. A Gentlemen's Guide to Love & Murder. Through Nov. 9 at Reston Community Center's CenterStage, 2310 Colts Neck Road. Reston. Reston Community Players presents the D.C. Metro Premiere of "A Gentleman's Guide to Love & Murder," the 2014 Tony winner for Best Musical. Performances dates: November 1, 2, 3*, 8, 9. Starts 8 p.m. (*2 p.m. matinee). Tickets:are \$28/adult; \$24/seniors and students. Visit www.restonplayers.org or 703-476-4500 x3.
- Murder Mystery Theatre. 6:30-9:30 p.m., through Nov. 9 at StageCoach Theatre, 20937 Ashburn Road, Suites 115 & 120, Ashburn. "Murder on the British Express" — The British Express, the most elegant train of the 1950s, is bound from Northern England to London when the train comes to a sudden halt. On board are passengers, a mummy and the renowned detective, Hemlock Holmes. As passengers begin to mysteriously die, the famed detective must walk in the steps of the pharaoh to find a murderer most foul! Email: info@stagecoachtc.com. Visit stagecoachtc.com/
- murder-on-the-british-express/. 50th Anniversary of Apollo 11 Mission. Through Nov. 16, at Reston Museum, 1639 Washington Plaza, Reston. The Reston Historic Trust & Museum invites you to a special exhibition celebrating the 50th anniversary of the Apollo 11 Mission - the first-time humans stepped onto the surface of the moon. The poster exhibition is courtesy of the Smithsonian Institution Traveling Exhibition Service: Destination Moon. Visit www.restonmuseum.org.
- Quilt Exhibit. Through Nov. 16, Tuesdays thru Saturdays 9:30 a.m.-4 p.m.; Sundays 11:30 a.m.-4:30 p.m. At Loudoun Heritage Farm Museum at Route 28 and Route 7 in Claude Moore Park, Sterling. This exhibit showcases a selection of quilts on loan from the Waterford Quilter's Guild, Countryside Quilters, the Reston Chapter of Quilters Unlimited, and a vintage quilt from the Loudoun Museum. Visit www.heritagefarmmuseum.org.
- Herndon Farmers Market. Thursdays, through mid-November, 8 a.m-12:30 p.m. in Historic Downtown Herndon, Lynn Street. Visit www.herndon-va.gov/FarmersMarket
- Reston Farmers Market. Saturdays, through Dec. 7, 8 a.m.-noon at Lake Anne Village Center. 1609-A Washington Plaza, Reston. The largest of the Fairfax County Farmers Markets. SNAP accepted, bonus dollar program. For list of vendors and more information, visit www.fairfaxcounty.gov/parks/farmersmarkets/ reston.
- Centroid Towns: Like a Passing Shadow. Through Jan. 4, at GRACE, 12001 Market St., Suite 103, Reston. GRACE presents the next chapter of Baltimore-based artist Nate Larson's Centroid Towns project. Since the first US census in 1790, the United States Census Bureau has been recording the mean center of population as it moves steadily west and south. The first Centroid Town recorded was Chestertown, Maryland, and the projected Centroid of the 2020 census is Hartville, Missouri. Larson will dive deeper into the community of Waterford, Virginia, Centroid Town of 1810. Visit restonarts.org/exhibition/ nate-larson/ for more.

WEDNESDAY/NOV. 6

- Tag Day Concert. 7 p.m. At Herndon High School, 700 Bennett Street, Herndon. The Herndon High School Band's Tag Day Concert will feature Symphonic Winds as well as the Wind Ensemble doing a tribute to the Apollo 11 Launch, and the marching band will play their final time through this year's show called Heroes. This event will also include a wrap up of the band's trip to Normandy, France, last June for the D-Day 75th Anniversary. Some of the highlights are:
- A presentation of USS Herndon artifacts to the
- 12 * Reston Connection * November 6-12, 2019

The Herndon **Turkey Trot 5K Race will take** place on Saturday, Nov. 23 at the Herndon Community Center, 814 Ferndale Ave., Herndon.

Mosby Men, 1865 — The **Reston Historic** Trust & Museum is hosting local author Barbara **Glakas who** will be speaking about Herndon and pre-Reston history on Wednesday, Nov. 13.

Herndon Historical Society;

- A video presentation highlighting the various ways that the Pride of Herndon honored WWII veterans at the 75th anniversary of D-Day, especially the crew of the USS Herndon, the lead ship of the Allied armada;
- Proclamation by the Town of Herndon to be presented by Councilmember Jennifer Baker. Email: communications@herndonband.org. Author Dr. Azar Nafisi. 8 p.m. At Reston Community Center, 2310 Colts Neck Road, Reston. The Iranian-American best-selling author of Reading Lolita in Tehran, Azar Nafisi has electrified readers with a compassionate and often harrowing portrait of the Islamic revolution in Iran and how it affected one university professor and her students. \$15 Reston/\$20 Non-Reston. Visit www.restoncommunitycenter.com or call 703-476-4500.

THURSDAY/NOV. 7

- Author Dr. Charles Thomas Jr. 6 p.m. At Scrawl Books, Reston Town Center, 11911 Freedom Drive, Reston. Featuring Best Kept Secrets: From Invisible Walk-Ons to Life Champions. The book was written by an athlete for athletes and those with an athletic or personal development mindset. It's a book by a walk-on, for walk-ons, about walk-ons, and the power that we possess to move from feelings of invisibility to life champions. Meet the man who went from a walk-on at Notre Dame to CEO, to best-selling author and radio host.
- Alzheimer's Early Detection. 7-8 p.m. At Reston Regional Library, 11925 Bowman Towne Drive, Reston. At this interactive workshop presented by the Alzheimer's Association, National Area Chapter, you will learn the 10 Warning Signs of Alzheimer's disease and why early detection is crucial. Free. Visit the website: https://www.fairfaxcounty.gov/library/events

FRIDAY/NOV. 8

Ice Skating Season Begins. At Reston Town Center, Ice Skating Pavilion, Reston. Rock the Rink on Fridays, 8-10 p.m. Includes DJ music, games and prizes until 10 p.m.; skating continues until 11 p.m. Cartoon Skate is Saturdays, Nov. 9 until March 7, from 11 a.m. -1 p.m. Share the ice with cartoon characters. College Night is Thursdays, Nov. 14 until March 5, from 6 p.m. - 10 p.m. Receive \$2 off admission with valid college ID. Call 703-709.-6300 or visit www.restontowncenter.com/ skating.

NOV. 8-9

Everything Christmas Sale. Friday 3-7 p.m.; Saturday 8:30 a.m. to noon At First Baptist Church of Herndon, 681 Elden Street, Herndon.



The Closet's annual Everything Christmas Sale. community in grants to local nonprofits and scholarships. The Closet is a faith-based, volunteer driven nonprofit organization impacting the community through its thrift shop. In 2018, The Closet gave away more than \$94,000 worth of clothing and necessities to needy persons referred by an authorized social service agency or one of our member congregations, as well as donating more than \$125,000 in profits to local organizations and providing scholarships to local students. www.theclosetofgreaterherndon.org

- Book Launch Reception. 10 a.m. to noon. At ArtSpace, 750 Center Street, Herndon. A Day In Herndon is a new children's book about Herndon, Virginia, written by local author and illustrator duo Watt Hamlett and Jill Olinger Vinson. The book takes young readers on a tour around the town. It follows the adventures of six animals who leave Frying Pan Farm Park for the day on a field trip to Herndon. Their travels take them to the W&OD Trail, Bready Park, Farmer's Market, Fortnightly Library, Herndon Community Center pool, ArtSpace, Dranesville Tavern, and more, before they head back home. Visit www.adayinherndon.com.
- Sesame Street Birthday Celebration. 10:30 a.m. to 3 p.m. At Reston Regional Library, 11925 Bowman Towne Drive, Reston. Come celebrate Sesame Street's 50th birthday! We'll have games, activities, stories, songs and more! All Ages. Call 703-689-2700.
- My Sky Tonight Campfire. 7-8 p.m. At Lake Fairfax Park, 1400 Lake Fairfax Drive, Reston. Learn about the constellations and other night sky features while you enjoy a campfire and toast s'mores. Each family will receive a guide to the season's night sky. Cost is \$7 per person. Children must be accompanied by an adult registered in the program. This event is not appropriate for children younger than age 4. Call 703-471-5414 or visit www.fairfaxcounty.gov/parks/lake-fairfax.

SUNDAY/NOV. 10

Book Launch. 2 p.m. At Scrawl Books, Reston Town Center, 11911 Freedom Drive, Reston. Andrew Marble will discuss Boy on the Bridge the first-ever biography of John Shalikashvili, one of the United States's greatest military leaders. Shalikashvili and his family emigrated to the United States in 1952. He was drafted into the army in 1958 and rose steadily through the ranks. In 1993 Shalikashvili was tapped by President Bill Clinton to replace General Colin Powell as chairman of the Joint Chiefs of Staff,

becoming the first immigrant, first draftee, and first Officer Candidate School graduate to hold the position

Sideline Band Performs. 7 p.m. At Bluegrass Barn at Frying Pan Park, 2739 West Ox Road, Herndon. Tickets are \$18/advance; \$20/door. IBMA Award-winners, Sideline, will perform in Herndon. Visit www.sidelinebg.com or call 703-437-9101

WEDNESDAY/NOV. 13

Author Barbara Glakas. 7 p.m. At Jo Ann Rose Gallery, RCC Lake Anne, 1609-A Washington Plaza North, Reston. The Reston Historic Trust & Museum is hosting local author Barbara Glakas who will discuss her new book Hidden History of Herndon as well as pre-Reston history. Behind Herndon's past as a sleepy farming community hide forgotten tales of growth and progress. All programs of the Reston Historic Trust & Museum are supported in part by Reston Community Center. Email: info@restonmuseum.org

THURSDAY/NOV. 14

- Art Show and Sale. 3-6 p.m. At Waltonwood at Ashburn, 44141 Russell Branch Pkwy., Ashburn. Join in an afternoon of drinks, appetizers, live music and wonderful artwork. This event is free and open to the public. There will be a \$5 dollar suggested donation at the door. All proceeds from the event and art sales will benefit Insight Memory Care Center. RSVP: Register online, or contact Dana Rizzo at 703-967-4777 or dana.rizzo@singhmail.com.
- Author Michael Klare. 7 p.m. At Reston Regional Library, Reston. Will discuss his book, All Hell Breaking Loose: The Pentagon's Perspective on Climate Change. Of all the major institutions in American society, none take climate change as seriously as the U.S. military. Renowned security expert Michael Klare shows that the U.S. military sees the climate threat as imperiling the country on several fronts at once. While others still debate the causes of global warming, the Pentagon is intensely focused on its effects. Its response makes it clear that where it counts, the immense impact of climate change is not in doubt.

FRIDAY/NOV. 15

- DMV2Go at the Pavilion. 9 a.m.-4 p.m. at 11900 Market St., Reston Town Center. The wireless office on wheels offers all DMV services: driver's license and ID card applications and renewals, driving records, vehicle titles, license plates, decals, order disabled plates, and more. Information on all services available at dmv.virginia.gov/general/ #dmv_2go.
- Career Diplomacy: Life and Work in the **U.S. Foreign Service.** 2 p.m. At Reston Regional Library, Reston. Featuring talks by authors Harry W. Kopp and John K. Naland. Career Diplomacy is an insider's guide to the U.S. Foreign Service as an institution, a profession, and a career. Now in its third edition, the guide provides an up-to-date, authoritative, and candid account of the life and work of professional U.S. diplomats, who advance and protect this country's national security interests around the globe.

SATURDAY/NOV. 16

- Turkey Train. 9 a.m. to noon. At Lake Fairfax Park, 1400 Lake Fairfax Drive, Reston, Engine #62 of the Resources Railroad will be making the rounds at Lake Fairfax Park as part of a seasonal program. See how Eastern Woodland Indians hunted and how their tools were made. Create your own Thanksgiving-themed craft to take home. Cost is \$10 per person. The Fairfax County Park Authority also will be collecting non-perishable food to be donated to a local food bank. Call 703-471-5414 or visit
- www.fairfaxcounty.gov/parks/lake-fairfax. ArtSplash. 2 p.m. At Reston Regional Library, 11925 Bowman Towne Dr., Reston. Create your own colorful masterpiece in this painting workshop for adults led by artists from Abrakadoodle NOVA.
- Wellness Class for Adults. 2 p.m. At Reston Regional Library, 11925 Bowman Towne Dr., Reston. Join us to learn exercises and best practices for a healthy body and mind. Adults, Teens.

NOV. 16-17

"Matilda The Musical." 7 p.m. Saturday; 2 p.m. Sunday. At NextStop Theatre, 269 Sunset Park Drive, Herndon. Based on the beloved Roald Dahl novel, Matilda is the story of an extraordinary little girl who decides to fight back against tyrannical adults. Evan Hoffmann directs with Elisa Rosman as Music Director and Nicole Maneffa as Choreographer. Visit www.nextstoptheatre.org/shows/matilda/

www.ConnectionNewspapers.com



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SATURDAY/NOV. 9