

The Arlington Connection

What to Put in That Stocking

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Marnie Nicholson,
co-owner of Company
Flowers on N. Pollard
Street, points to a row of
tiny treasures just made
for Christmas stockings.

HomeLifeStyle

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DECEMBER 11-17, 2019

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PHOTO BY SHIRLEY RUHE/ARLINGTON CONNECTION

What to Put in That Christmas Stocking



Ivan Sanchez holds a bass popper used to catch bass in the Potomac River or the James River. The case at District Angling on N. Pollard Street is filled with all sizes and patterns of flies including the Dave's hopper meant to mimic the grasshoppers that get blown into the water on hot summer days.

Marnie Nicholson, co-owner of Company Flowers on N. Pollard Street, points to a row of tiny treasures just made for Christmas stockings. The shelf offerings range from red, yellow and blue bird whistles to wildlife snow globes with a deer, bear or eagle trapped inside the globe to bumpy balls and flashing stars. "And," she says picking up a rainbow twirler, "we always have a big box of these because they sell out fast." She demonstrates the label instruction to "spin to create a dazzling rainbow" as the ball expands, twirls and folds back on itself entertaining the customers nearby.



PHOTOS BY SHIRLEY RUHE/ARLINGTON CONNECTION



Close by there are rows of mini-notes, each containing 100 pages and a cover quote to fit all of your friends and co-workers. One declares, "Whoever said 'diamonds are a girl's best friend' never owned a dog." Another says, "I'm not bossy. I just have better ideas."

At the other end of the case lined with rows of bug wannabes is an Adams fly which Sanchez describes as a workhorse trout fly for the spring and summer. "It is a generic pattern that mimics a bug." Sanchez says that District Angling has 960 different patterns of flies from the fur ant used up in the Shenandoah for brook trout to the surf candy for salt-water species. An entire row of leaders of different weights and sizes is also just stocking size for that fisherman who wants to build his own fishing pole.



Step in the door at Urban Farmhouse on Wilson Blvd. and you can fill up several stockings with red and white polka dot holiday tea towels, hand-painted canvas Santa Claus figures, a variety of ornaments displayed on a white wire tree or oversize key rings in vegan, silicone or the luxury leather ring in a pouch. Julie Tate, who co-owns the store with her mother, says, "A good item to fit in a stocking is the milk bottle candle from a farmer north of Baltimore." At this time of year, the most popular choices are Mulled Berry Wine, 1768 Balsam Fir and The Hearth.



The silver reindeer candle holders sit right above the bottle brush tree shaped like a Christmas tree at Urban Farmhouse and according to Tate they can really be used to scrub bottles and "would look cute next to the sink. I love these little tin ornaments shaped like the United States and if you live in a different state, you can move the marker to any place."



GRAPHIC BY ARLINGTON COMMUNITY COALITION



PHOTO BY @REAGAN_AIRPORT

Project Journey includes a new terminal on the northern end and new security checkpoints that modernizes Reagan National Airport.

Out with the old Crystal City that once housed the Navy, and in with Amazon, biking, and scooters that scream “multi modal.”

Transportation Hub Emerging at Reagan National Airport

Amazon and Project Journey are underway in Arlington.

BY MIKE SALMON
THE CONNECTION

With the introduction of Amazon and “Project Journey,” the Reagan National Airport expansion project, change is in store for the Crystal City of old. The wheels are in motion now, covering everything from an expanded bicycle network, new walkways, roads and a new commuter

terminal at the airport to handle the growth. According to the Arlington Community Coalition, Northern Virginia will be the largest recipient of transportation investment in the entire metro area through 2030, including \$15 billion in committed multi-modal transportation investments by 2023 and an additional \$14 billion planned in the remaining years to 2030. Their list of transportation additions include another entrance to the Crystal City Metro, pedestrian bridges, the express lanes sprouting up in several locations, Metro expansion on the Silver Line and improvements at Dulles Airport, so the \$15 billion has a larger footprint than just Crystal City, which also has a new name, “National Landing.”

Project Journey is about half way done, and this includes a new terminal on the north end of the airport, as well as relocated security checkpoints to open National Hall, and provide access to all the restaurants and shops. The current construction impacts the roadways that go by terminals A and C to some extent. The total price for Project Journey is \$1 billion. “Metro riders can see the frames of new buildings taking shape next to Terminal B/C, but their trip to the airport is not affected by the construction,” said project spokesperson Rob Yingling. “Roadway access to Reagan National will remain available from the GW Parkway and Route 1, but we encourage all travelers to take Metro to avoid

airport roadway congestion,” he added.

Rideshare, Rail and Roadways

According to Arlington County, 77 percent of Amazon employees are projected to use public transit, walk, or bike to work in Arlington. The Crystal City Sector Plan aims to “create vibrant, pedestrian oriented streets through the better use of sidewalks, streetscapes, and open space areas to improve space for pedestrians, bicyclists, parking, and transit,” the fact sheet stated.

Much of this expansion will flow into Ar-

SEE AIRPORT, PAGE 11

Traffic Ahead: 2019 Wreaths Across America

75 tractor trailers and numerous support vehicles will deliver to Arlington National Cemetery.

ARLINGTON, Va. –The annual Wreaths Across America escort of handmade, balsam wreaths destined for Arlington National Cemetery will begin arriving in Arlington County on Friday, December 13th. The annual convoy of wreaths, originating in Maine and ending at Arlington National Cemetery, includes over 75 tractor trailers and numerous support vehicles that will reach the Cemetery at various times throughout the day.

On Saturday, December 14th, several thousand volunteers will descend upon the Cemetery and help lay wreaths on every gravesite throughout the property beginning at 8 AM. The public can anticipate

large crowds and heavy pedestrian traffic related to the event. Traffic is expected to be impacted in and around the immediate area. Motorists are advised to allot extra travel time and seek alternate routes to reduce road congestion.

Road Closures: The Arlington County Police Department and its law enforcement partnering agencies will close roads and monitor traffic conditions in support of the event. Volunteers and the general public should be aware of the following potential traffic disruptions on December 14th, starting at 5 AM until approximately 2 PM:

❖ Southgate Road, between Columbia Pike and S. Oak Street, will be closed and

restricted to authorized vehicles only. Temporary no parking signs will be posted and vehicles in violation will be towed after 12 PM on Friday, December 13th.

❖ Marshall Drive, between N. Meade Street and Rt. 110, will be closed and restricted to shuttle bus traffic only.

❖ Meade St. will be closed from N. 14th Street to Marshall Drive, except for local residents and those using the Wright Gate to access Joint Base Myer-Henderson Hall.

❖ Memorial Avenue, from Memorial Circle to the entrance of the Cemetery will be closed. Access to the Memorial Bridge from southbound George Washington Parkway and northbound Rt. 110 will also be

closed.

❖ Additional road closures will be implemented in locations along I-395, the George Washington Parkway, Joint Base Myer-Henderson Hall, and the Pentagon Reservation by the Virginia State Police, United States Park Police, Joint Base Myer-Henderson Hall Police, and the Pentagon Force Protection Agency.

❖ Other roads not listed may be closed for short durations at the discretion of law enforcement in the interest of public safety.

Motorists are reminded that parking on the shoulder of Rt. 110 is strictly prohibited. Any vehicle that is left unattended will

SEE TRAFFIC, PAGE 11



Alexandria City Manager Mark Jenks sports his 4-H T-shirt at the Virginia Cooperative Extension breakfast Friday, Dec. 6.



Arlington County Board Member Libby Garvey and Alexandria City Manager Mark Jenks.



Elizabeth Bennett-Parker, Vice-Mayor of the City of Alexandria.

BY SHIRLEY RUHE/CONNECTION NEWSPAPERS

Extension Outreach Meets Community Needs

BY SHIRLEY RUHE
ARLINGTON CONNECTION

Alexandria City Manager Mark Jenks, sporting his 4-H T-shirt and speaking to the annual Virginia Cooperative Extension breakfast at Fairlington Community Center, recounts the values he learned as a long time 4-H member. “The kids in my family started at seven, got cows, ponies (we called them a big horses.) We managed expenses.”

He says, “I had a Christmas tree farm with my brother. The values we learned to carry out our duties to help out around the farm were core to becoming adults.”

Later his dad went on to become 4-H di-

rector of the state of Pennsylvania and to work out how to make these values relevant to kids in Pittsburgh and Philadelphia.

Reggie Morris, head of the 4-H office of Alexandria says his job is “to provide education for kids who don’t really like to go outside much anymore. They are out in the dirt. Kids are our future.”

Vice Mayor Elizabeth Bennett-Parker spoke about the Master Food Volunteers, another of the important Virginia Cooperative Extension programs important to her that target nutrition and health cooking including SNAP outreach, cooking classes for children, and senior citizens and cooking demonstrations at food pantries.

Bennett-Parker co-leads Together We

Bake in Alexandria and is the founder of Fruitcycle that produces healthy snacks from locally-sourced produce that would otherwise go to waste while also providing jobs for women who had been homeless or formerly incarcerated. She said since she was elected to the City Council she has been focusing on food issues such as Meals on Wheels, ALIVE, and the City budget which she explains doubled this year for certain food programs.

The Fairlington Community Center is filled with booths focused on the many extension activities offered to the community. Mary Sanders, Coordinator for the Energy Masters program, explains they train volunteers in six classes followed by a work

day. They focus on tenant education, a typical workday for volunteers. The volunteers work in low-income housing on caulking around windows and doors, sealing air holes, changing out shower heads, insulation of outlets. She says in a year they complete conservation efforts in over 100 apartments.

Virginia Smith, a new volunteer who has just finished training says they do light work on site but it isn’t difficult. Sanders says the volunteers have a very broad range of skills and level of expertise from building their own addition to “what is a screwdriver.” When she makes up teams, she says she creates a mix of skills.

SEE COMMUNITY NEEDS, PAGE 10



Virginia Cooperative Extension Master Food Volunteers prepare buffet of healthy and nutritious foods for VCE Extension breakfast Dec. 6.



Mary Sanders, Coordinator of Virginia Cooperative Extension Energy Masters program and Virginia Smith, a new volunteer who has just finished training.



Judy Connally, a former Virginia delegate from Arlington and member of the Virginia Cooperative Extension leadership council with Edwin Jones, Statewide Director of Virginia Cooperative Extension.

FLOURISHING AFTER 55

Arlington Office of 55+ Programs 12/8-14/19

55+ Centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

55+ Travel American Holiday Festival, DAR, D.C., Army Band, Sunday, Dec. 8, \$5; Festival of Lights, Upper Marlboro, MD, Tuesday, Dec. 10, \$12; Riverside

Christmas Spectacular, Fredericksburg, Wednesday, Dec. 11, \$59 (includes lunch); National Museum of African American History and Culture, D.C., Friday, Dec. 13, \$6; National Theatre, D.C., "Fiddler on the Roof," Saturday, Dec. 14, \$110. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

55+ Travel Baltimore Symphony Orchestra and Cirque Nutcracker, Sunday, Dec. 15, \$102 (includes lunch);

Lewis Ginter Botanical Garden, Dominion GardenFest of Lights, Richmond, Monday, Dec. 16, \$56; Reynolds Tavern High Tea, Annapolis, \$43; new International Spy Museum, D.C., Thursday, Dec. 19, \$22. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

NEW PROGRAMS:

Van Gogh and Japan, illustrated lecture, Monday, Dec. 9, 1:30 p.m., \$6, Aurora Hills. De-

SEE FLOURISHING, PAGE 6

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HOMELIFE STYLE

Erica Burns of Erica Burns Interiors designed a holiday tree that features bright colors, sparkling materials, and soft and textured finishes to engage the senses.

PHOTO BY
RICHIE DOWNS/
ASICO PHOTO



Lighting Up the Season

Holiday designs to benefit Children's National Hospital.

BY MARILYN CAMPBELL
THE CONNECTION

Holiday trees donned with a wide array of décor that ranges from musical instruments and fairies to dollhouses and mice will be on display to raise money for charity later this month. "Light Up the Season," the annual event that highlights creative collaborations between Children's National Hospital patients and notable area artists will be held on Sunday, Dec. 15, 2019 from 1 p.m. to 4 p.m. at the Four Seasons Hotel in Washington, D.C.

As part of the project, patient-designer teams created custom holiday trees, mantelpieces, menorahs and dollhouses — all available for purchase — with proceeds going to Children's National to support programs that improve the health and well-being of children across the Washington, D.C. region.

Inspired by the children's Christmas book, "If You Take a Mouse to the Movies," the tree created by Quintece Hill-Mattauszek of Studio Q Designs in Alexandria features mice decorating the holiday tree while under a whimsical snowfall.

"Through a child's eyes mice are symbols of youth and innocence with their resourceful courage, adorable curiosity, and their perspective of seeing the world from a different point of view, just like children," she said. "We have embraced them in children's literature for decades because of the lessons they teach, the values they instill, and playfulness they leave in our hearts."

Using a recording of "O Tannenbaum" and musical-themed ornaments, Potomac, Md. designer Sharon Kleinman of Transitions by Sharon Kleinman, assembled a melodious creation. "During our get-to-know-you session, I discovered that my partner is quite the musician," she said. "He plays several instruments and is passionate about music. We decided

to make our tree a musical tree."

Taking inspiration from their patient-partner's love of animals, the design team at Pamela Harvey Interiors in Oak Hill, created a display that includes a dollhouse and a fully decorated 7.5 foot tree with a modern farmhouse vibe.

"Our team had a lot of fun decorating ... we added lighting, wallpaper, area carpets, wood furniture and soft furnishings," said Harvey. "We even decorated it with tiny wreaths and Christmas trees complete with tiny presents. Our tree includes a selection of handmade clay ornaments. Each ornament is stamped with a different animal and attached with a simple satin ribbon."

Keeping the modern farmhouse theme continuous, the Harvey team combined green, plaid, white, silver and natural wood tones to complement the animal ornaments. "We are presenting our patient with a barnyard animal farm, which is decorated with the same theme, as our gift for inspiring us to create holiday decor that can be enjoyed for many years," said Harvey.

Fairies and folklore were the basis for the Christmas tree created Sandra Meyer of Ella Scott Design in Bethesda. The patient's predilection for all things mythical was brought to life in a tree

filled with flowers, fantasy and mythical fairies in nature-themed setting. "Fairies have a long history [of] symbolizing kindness and a desire to help humans," said Meyer. "Light Up the Season" is a fairy-like event that exists to help others."

Light Up the Season will be held on Sunday, Dec. 15, 2019 from 1 to 4 p.m. at the Four Seasons Hotel in Washington, D.C. Tickets for the event are \$50 per child (ages 16 and under), \$85 per adult and \$250 for a family of four (package includes two adults and two children 16 and under). For more information, visit www.childrensnational.org/lightuptheseason or email lightuptheseasondc@gmail.com.

"My partner is quite the musician. He plays several instruments and is passionate about music. We decided to make our tree a musical tree."

— Sharon Kleinman,
Transitions by Sharon Kleinman

Centreville Man Charged In I-66 Crash in Arlington

At 12:29 a.m. Thursday, Dec. 5, Virginia State Police responded to a crash within a Highway Work Zone in the westbound lanes of I-66 at Quincy Street near Exit 72 in Arlington County.

A GMC Yukon traveling west on I-66 swerved into the active work zone and struck six highway construction workers. The vehicle continued off the right side of the I-66 and crashed into a light pole.

There were three occupants in the GMC. The driver and a passenger in the GMC fled the scene on foot. State police and Arlington Police apprehended the two near the scene.

Arlington County Fire transported a total of eight individuals. Four of the highway workers are still being treated at Fairfax Inova for serious, but non-life threatening, injuries.

Two other highway workers and the two male GMC passengers were transported to George Washington University Hospital for treatment of minor injuries. The driver of the Yukon, Kevin L. Blyther, 44, of Centreville, has been charged with driving while intoxicated, one felony count for failure to stop at the scene of a crash involving an injury and one count of driving on a suspended/revoked license. Blyther is being held at the Arlington County Adult Detention Center.

There was a Virginia State Police vehicle positioned in the work zone with its blue lights flashing and the work zone was equipped with additional safety equipment and amber flashing lights to alert motorists of the active Highway Work Zone.

The crash remains under investigation.

FLOURISHING AFTER 55

FROM PAGE 5
tails, 703-228-5722.

Easy, elegant side dishes, Monday, Dec. 9, 11 a.m., Walter Reed. Details, 703-228-0955.

Line dancing, absolute beginners, Mondays, 10:30 a.m., TJ Community Center. Free. Details, 703-228-4771.

55+ Biking group seeking rotating leaders for trips on local bike paths, trails, neighborhoods. Details, 703-228-4771.

Writers session, Tuesday, Dec. 10, 11:30 a.m., Lee. Details, 703-228-0555.

Personal safety advice, Tuesday, Dec. 10, 1 p.m., Arlington Mill. Details, 703-228-7369.

Singles Holiday Party, wear ugly sweater, Wednesday, Dec. 11, 6:30-8:30 p.m., Arlington Mill. Register, 703-228-7369.

Arlington Walking Club members (55+) to visit War Memorials, D.C., Wednesday, Dec. 11, 9:30 a.m., \$4. Register, 703-228-4771.

Updating health directives and wills advice, Thursday, Dec. 12, 11 a.m., Langston-Brown. Details, 703-228-6300.

Artventures class, palette knife painting, Friday, Dec. 13, 1 p.m., Walter Reed. Details, 703-228-0955.

Vision boards for the New Year, Friday, Dec. 13, 1 p.m.,

Arlington Mill. Details, 703-228-7369.

Lee Walkers, walk along Cleveland Park Urban Trail, D.C., Friday, Dec. 13, 10 a.m., \$4. Details,

NEW PROGRAMS:
Social art swap, Sunday, Dec. 15, 1:30-3:30 p.m., Arlington Mill. Call for details, 703-228-7369.

Adult coloring reduces stress, Monday, Dec. 16, 1:30 p.m., Lee. Details, 703-228-0555.

Current events, local and world news, Monday, Dec. 16, 10 a.m., Walter Reed. Details, 703-228-0955.

Line dancing, absolute beginners, Mondays, 10:30 a.m., TJ Community Center. Free. Details, 703-228-4771.

55+ Biking group seeking rotating leaders for trips on local bike paths, trails, neighborhoods. Details, 703-228-4771.

Acoustic Café, various performers, Tuesday, Dec. 17, 7-8:30 p.m., Walter Reed. Details, 703-228-0955.

Cooking winter squash demo, Tuesday, Dec. 17, 11 a.m., Langston-Brown. Details, 703-228-6300.

AARP driver safety class, Wednesday, Dec. 18 and Thursday, Dec. 19, 9 a.m. – 1 p.m., Arlington Mill. \$20 or \$15 for AARP members. Register, 703-228-7369.

The Arlington Connection

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HOLIDAY ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Historical Holiday Exhibit. Now thru Feb. 1, 2020, from 1-4 p.m. At Arlington Historical Museum, 1805 South Arlington Ridge Road, Arlington. Visit the Arlington Historical Museum to see the annual holiday exhibit, this year featuring promotional items that local Arlington businesses gave away to customers to encourage customers to spend money. “Gimmes” were useful, fanciful, or designed to be constantly on display or carried by the customer. Often the gimme had little to do with the business or product. The exhibit contains items from the beginning of the 20th century to modern objects. Visit free during museum hours: Fri.-Sun. 1-4 p.m. Visit the website: <https://arlingtonhistoricalsociety.org>

Re/Seen Photography Exhibit. Through Dec. 21, 12-5 p.m. At Fred Schneider Gallery of Art, 888 N. Quincy Street, Suite 102, Arlington. Re/Seen: Photographs by Jason Horowitz presents a “then and now” collection of work representative of how the artists’ interests in abstraction and representation have continued throughout his career as the technology he uses to create the work has evolved. The exhibit shows Horowitz’s earlier still-life photographs which resemble underwater space scenes. Inspired by his pet fish in their aquariums, micro-photography, among other things, Horowitz suspended plants and flowers in gelatin as if they were trapped in amber. Visit the website: www.fredschnidergalleryofart.com

Art Exhibit: Borrowed from Dust. Through Dec. 22, Wednesday-Sunday, noon-5 p.m. (or by appointment) at Arlington Arts Center, 3550 Wilson Blvd. Arlington Arts Center presents Borrowed from Dust, a solo exhibition of new work by AAC resident artist Marissa Long. This exhibition is Long’s first solo show in AAC’s Wyatt Resident Artists Gallery. Borrowed from Dust is a meditation on memory, loss, and impermanence. Visit www.arlingtonartscenter.org or call 703-248-6800.

Regional Biennial: Assembly 2019. Through Dec. 22, Wednesday-Sunday, noon-5 p.m. (or by appointment) at Arlington Arts Center, 3550 Wilson Blvd. Arlington Arts Center is pleased to announce Assembly 2019, AAC’s inaugural regional biennial. This new exhibition program will explore current material and conceptual trends among artists in the region, and will feature work by young and emerging artists alongside new work by artists with longstanding connections to the Mid-Atlantic region and its art scenes. Visit www.arlingtonartscenter.org or call 703-248-6800.

A Chorus Line. Through Jan. 5, 2020. At Signature Theatre, 4200 Campbell Ave., Arlington. Winner of nine Tony Awards and the Pulitzer Prize, overflowing with sensational ballet, tap and jazz dance numbers, this non-stop showcase features the acclaimed songs “At the Ballet,” “The Music and the Mirror,” “What I Did for Love” and more. With one of the largest casts in Signature history, A Chorus Line is the one singular sensation for the holiday season. Choreographed by Denis Jones and directed by Matthew Gardiner. Visit www.sigtheatre.org.

Forty+ Dance Project. Through Jan. 14, 2020, 11:30 a.m. to 1:30 p.m. At Theatre on the Run, 3700 S Four Mile Run Drive, Arlington. Cost is \$160. Forty+ Project is an eight week series of creative rehearsals to develop new dance work. Directed by professional dance choreographer, Carly Johnson, Forty+ celebrates the collective creativity of people past the age of 40. Forty+ is frequently seen in concerts presented by Jane Franklin Dance and for organizations serving older adults. This project culminates with a performance at Theatre on the Run on Jan. 25, 2020. The project is open to people of all physical facilities. No previous performance experience is necessary. Visit the website: <https://www.janefranklin.com/adult-dance/forty-plus>

NOW THRU DEC. 24

Festival of the Trees. At Fashion Centre at Pentagon City, 1100 S. Hayes Street, Arlington. Will include a variety of Christmas trees decorated by local nonprofits, including Arlington Food Assistance Center, Animal Welfare League of Arlington, Doorways for Women and Families, Arlington Artists Alliance, District Veteran Braintrust, Simon Youth



Michael Chen (13)



Tucker Stone (16)



Daniel Kim (15)

NCE Holiday Concert

The NCE Holiday Concert will be held Saturday, Dec. 14 at the Unitarian Universalist Church of Arlington.

SATURDAY/DEC. 14

NCE Holiday Concert. 7:30 p.m. At Unitarian Universalist Church of Arlington, 4444 Arlington Blvd., Arlington. The NCE Holiday Cheer Concert will bring the finest classical masterpieces and holiday favorites together for the whole family. Featuring 2019 NCE Outstanding Young Artist Award Winners Michael Chen, 13, first prize; Tucker Stone, 16, second prize; and Daniel Chen, 15, third prize. They will join the ensemble to perform the music of Mozart, Granados, Prokofiev and Gershwin. Holiday Cheer features artistic director/violinist Leo Sushansky, Natasha Dukan(piano), Jorge Orozco (violin), Uri Wassertzug (viola), Sean Neidlinger (cello) and Patrick D.McCoy (tenor). The concert will be followed by a wine and cheese reception. Tickets: \$36 Adult / \$18 Student.



“CSI: Christmas Scene Investigators”

Encore Stage & Studio presents “CSI: Christmas Scene Investigators from Dec. 6-15.

NOW THRU DEC. 15

“CSI: Christmas Scene Investigators.” At Gunston Arts Center — Theatre Two, 2700 S. Lang Street, Arlington. Santa Claus is missing. During the last rehearsal for the annual Christmas Show, the action comes to a screeching halt when the cast discovers that the Santa Claus statue has been stolen. Mrs. Dickens calls in the Clue Club — a group of eccentric students who take mystery and detection into the realm of science. Full of more surprises than a fruitcake, the Clue Club finds they have successfully fulfilled their duty as “Christmas Scene Investigators” when they discover the true meaning of Christmas. Show times are Friday, Dec. 13, 2019 at 7:30 p.m.; Saturday, Dec. 14, 2019 at 11 a.m. and 3 p.m.; Sunday, Dec. 15, 2019 at 3 p.m. Recommended for ages 4 and older. Tickets \$15 for Adults, \$12 for Children, Students, Military, and Seniors. Group discounts are available. Tickets are available online at www.encorestage.org or by calling the box office at 703-548-1154.

Foundation, Susan G. Komen and the White House Historical Association. Every Saturday from 5-7 p.m. a different charity will be featured where guests can meet with organization representatives, warm up at the hot chocolate station, create cheerful crafts, enjoy live music and more. Visit simon.com/fashioncentreatpentagoncity

WEDNESDAY/DEC. 11

Cold-blooded Afternoons: Snakes. 3:30-4:30 p.m. At Gulf Branch Nature Center, 3608 Military Road, Arlington. Ages 5 to 12. Early release day from school? Come on over to the nature center to discover some cold-blooded creatures on a cold afternoon! Snakes are amazing predators, capturing their food without any legs. Discover how different snakes catch

and eat their prey. Meet a live snake up close and watch it eat. Call 703-228-3403.

Gingerbread Design and Creative Cocktails.

5-8 p.m. At Ritz Carlton, Ambassador Room, 1250 S. Hayes Street, Arlington. Sleigh Belles Extravaganza: Expand your creativity with gingerbread decoration as well as creative spirits (cocktails) of the season. Festive hors d’oeuvres and wines round out the evening. Enter the raffle drawing for a chance to win an exquisite gift basket or a complimentary stay. Sleigh Belle attire encouraged. Cost is \$99. Analili.Kilroy@RitzCarlton.com or 703- 412-2721.

THURSDAY/DEC. 12

Arlington FOUA Meeting. 6:30-8:30 p.m. At Arlington Central Library, 1015 North Quincy

Street, Arlington. Join Arlington Friends of Urban Agriculture for its winter meeting and presentation on MWCOC’s

What Our Region Grows report and our annual Golden Radish Award, plus board elections and 2020 plans.

Free and open to the public. RSVP to Robin Broder at info@arlingtonurbanag.org or visit the website: <http://home.arlingtonurbanag.org/>

Holiday Workshop with Arte e Vino:

Champagne. 6:30-9 p.m. At Arlington Arts Center, 3550 Wilson Blvd., Arlington. This workshop will get you in the holiday spirit as you enjoy sampling champagnes and sparkling beverages while exploring a printmaking technique that uses bubbles of color to create a unique composition. Participants will mix, dip, and layer to compose multiple small works of art. At the end of the workshop, participants will have the opportunity to frame one of their works.

DEC. 12-16

Lions Club Fundraiser. At Overlee Pool (Bath House, lower level), 6030 Lee Highway, Arlington. Lions, Arlington Northwest charity fundraiser featuring fresh citrus, pecans, maple syrup. Hours are Thursday, 8 a.m.-7:30 p.m.; Friday, 9:30 a.m.-5 p.m.; Saturday, 9:30 a.m.-3:30 p.m.; Sunday, 11:30 a.m.-3:30 p.m.; and Monday, 8 a.m.-5 p.m. Call 703-528-1130.

SATURDAY/DEC. 14

R.I.P. - Remove Invasive Plants. 9:30 - 11:30 a.m. At Gulf Branch Nature Center, 3608 Military Road, Arlington. Adults, teens and families ages 8 and up. Want to restore habitat and increase species diversity right here in Arlington? Work parties are held every month. We are making a real difference, with the return of ferns and wildflowers, and the animals that depend on them, in areas once covered in destructive invasive plants. Help make it happen. Call 703-228-3403.

GRUMP Holiday Market. 11 a.m. to 4 p.m. At Crystal City Shops, 2100 Crystal Drive, Arlington. GRUMP is back for its 9th year. At GRUMP you can shop local from 50 artists and makers, stop for a photo op with one of our many Yetis, and participate in our full day of creative workshops. Free. Visit the website: <https://www.crystalcity.org/do/grump>

Woodpeckers in Our Woods. 2 - 3:30 p.m. At Long Branch Nature Center, 625 S Carlin Springs Road, Arlington. Families ages 6 and up. Register children and adults; children must be accompanied by a registered adult. Arlington hosts six kinds of woodpeckers in the winter, let’s see how many we can find! We’ll also keep our eyes out for nest cavities, sap wells and other signs of woodpeckers at work. Cost is \$5. Call 703-228-6535.

Movie Night — “The Polar Express.” 5:30 p.m. At Ballston Exchange, 4201 Wilson Blvd., Second Floor, Arlington. Free. “The Polar Express” — When a doubting young boy takes an extraordinary train ride to the North Pole, he embarks on a journey of self-discovery that shows him that the wonder of life never fades for those who believe. Each movie will be held in the pop-up theater in Ballston Exchange. Guests will enjoy free popcorn, candy, juice, and soda. For the adults in the family, this event is BYOB!

NCE Holiday Concert. 7:30 p.m. At Unitarian Universalist Church of Arlington, 4444 Arlington Blvd., Arlington. The NCE Holiday Cheer Concert will bring the finest classical masterpieces and holiday favorites together for the whole family. Featuring 2019 NCE Outstanding Young Artist Award Winners Michael Chen, 13, first prize; Tucker Stone, 16, second prize; and Daniel Chen, 15, third prize. They will join the ensemble to perform the music of Mozart, Granados, Prokofiev and Gershwin. Holiday Cheer features artistic director/violinist Leo Sushansky, Natasha Dukan(piano), Jorge Orozco (violin), Uri Wassertzug (viola), Sean Neidlinger (cello) and Patrick D.McCoy (tenor). The concert will be followed by a wine and cheese reception. Tickets: \$36 Adult / \$18 Student.

SUNDAY/DEC. 15

A Walker Chapel Christmas. 10:30 a.m. At Walker Chapel United Methodist Church, 4102 N. Glebe Road, Arlington. The Walker Chapel Choir, an ensemble from the Falls Church Concert Band, other instrumental musicians,

SEE CALENDAR, PAGE 9

HOLIDAY ENTERTAINMENT

Suit Up for the Candy Cane Bar Crawl

By HOPE NELSON

Amid the hustle and bustle of Christmas tree lightings, boat parades, holiday parties and card-mailing, there's one Del Ray tradition that has planted its feet firmly on the holiday schedule from year to year: The Candy Cane Bar Crawl, scheduled this year for Saturday from 1 to 6.

Now in its fourth year, the crawl has grown exponentially from its humble beginnings, says Crawl committee member Lola Capps. What started with a handful of about 50 participants has grown to an expected 500 this year, she said, founded largely on community support and neighborhood foundations – and strengthened by an all-volunteer cast.

“We’ve gone through and done it a couple of times, it always has a pretty good turnout; it’s grown every year,” Capps said.

And with 15 restaurants on board, participants will have no shortage of food and drink options as the afternoon ticks by. Everyone will start their day at either Lena’s Wood-fired Pizza or RT’s – the designated check-in points – and will then mosey their way through Del Ray, stopping off at the likes of Hops n Shine, St. Elmo’s and more.

Along the way, their participant lanyards will earn bar-crawlers food and drink specials at each stop, Capps said. But the best part is the social aspect.

“Walking around with your friends – or new friends – having different drink specials, festive drinks ... Typically all the restaurants will have something specific to the bar crawl,” she said.

And participants can rest easy that their admission fee helps support a good cause: Community Lodgings, which provides transitional housing and housing assistance to neighbors experiencing homelessness. A portion of the proceeds from the Candy



Cane Bar Crawl will help fund Community Lodgings’ programs and mission – helping make the afternoon fit into the holiday spirit in yet another way.

Participating restaurants include: Rt’s Restaurant, Hops N’Shine, Northside10, Cheesetique Del Ray, Catch on The Ave, Stomping Ground, Pork Barrel BBQ, Del Ray Pizzeria, St. Elmo’s Coffee Pub, Evening Star Cafe, KAiZEN Tavern, Live Oak Restaurant, Charlie’s On The Avenue, The Garden, and Lena’s Wood-Fired Pizza & Tap.

With one foot in a fun social outing and

presentation, we’ll tiptoe outside to see these little pixies glide in for an evening meal. These creatures are truly one of the natural wonders of the Arlington! Call 703-228-6535.

Movie Night — “Elf.” 5:30 p.m. At Ballston Exchange, 4201 Wilson Blvd., Second Floor, Arlington. Free. “Elf” — Buddy was accidentally transported to the North Pole as a toddler and raised among Santa’s elves. Unable to shake the feeling that he doesn’t fit in, the adult Buddy travels to New York in search of his real father. Each movie will be held in the pop-up theater in Ballston Exchange. Guests will enjoy free popcorn, candy, juice, and soda. For the adults in the family, this event is BYOB!

Solstice Eve Hike & Campfire. 7-8 p.m. At Gulf Branch Nature Center, Arlington. Families ages 3 and up. Register children and adults; children must be accompanied by a registered adult. Celebrate the longest night of the year with candle making and roasting marshmallows for s’mores! Then we’ll take a night hike under the stars. Call 703-228-3403.

SUNDAY/DEC. 22

Getting Ready For Winter Walk. 2-3:30 p.m. At Long Branch Nature Center, Arlington. Families ages 5 and up. Register children and adults; children must be accompanied by a registered adult. As the days get shorter and colder the animals living in Glencarlyn Park are getting ready for winter. We’ll take a walk through various habitats to learn about what different species do to survive the winter; sleep, fly away or go out in the cold. Call 703-228-6535.

FRIDAY/DEC. 27

Flying Squirrel Lore & More. 5-6 p.m. At Long Branch Nature Center, Arlington. Families ages 4 and up. Register children and adults; children must be accompanied by a registered adult. Flying squirrels are found throughout the wooded neighborhoods of Arlington but are seldom seen. Join us to learn about these engaging nocturnal acrobats. After an indoor presentation, we’ll tiptoe outside to see these little pixies glide in for an evening meal. These creatures are truly one of the natural wonders of the Arlington. Call 703-228-6535.

MORE ONGOING

Arlington Historical Museum. Wednesdays, 12:30-3:30 p.m.; Saturdays and Sundays, 1-4 p.m. Arlington Historical Museum, owned and operated by the Arlington Historical Society, is located at 1805 S. Arlington Ridge Road. The two-story brick structure was built in 1891 as the Hume School, named for Frank Hume who gave some of the property for the school. It is the oldest school building in Arlington County.

IF YOU GO

Del Ray Candy Cane Bar Crawl

WHEN: SATURDAY, 1-6 P.M.

Check in or register: Lena’s Wood-Fired Pizza and Tap, 401 E. Braddock Road, or RT’s, 3804 Mount Vernon Ave.

Tickets: \$15 in advance; \$20 at the door.

Dress for success: “We do have a costume contest,” committee member Lola Capps says. “People need to wear fun, funky, festive attire.”

another in supporting nonprofit causes, the whole afternoon comes down to community, Capps says. And that’s what makes the bar crawl so special.

“It’s truly community,” Capps said, adding that the businesses and residents have come together to build the community, “making it that Del Ray is a great place.”

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

Now a museum, it houses permanent and temporary local history exhibits ranging from pre-1607 to Sept. 11, 2001. Visit arlingtonhistoricalsociety.org.

Civil War Artifact Display. Saturdays and Sundays, 10 a.m.-2 p.m. at Fort C.F. Smith Park Visitor Center, 2411 24th St. N. The New Fort C.F. Smith Park Visitor Center features displays about Union soldiers and the Defenses of Washington between 1861 and 1865. Artifacts from archaeological studies from Forts Ethan Allen and C.F. Smith are on display. Kids can try on replica Civil War uniforms and learn about camp life. Visit parks.arlingtonva.us/locations/fort-cf-smith-park/.

Arlington Farmers Market. Every Saturday, 8 a.m.-noon at the corner of N. 14th Street and N. Courthouse Road. A weekly celebration of local food including fresh produce, meats, dairy, cheese, baked goods, free range eggs, specialty items, cut flowers, plants and herbs. Email csingiser@cfwdc.org or call 917-733-6402.

FRESHFARM Market. 3-7 p.m. on Tuesdays at 1900 Crystal Drive. Shop from local farmers and producers with seasonal fruits and vegetables, fresh-cut flowers, container plants and herbs, farm-raised eggs, all-natural meats, artisan baked goods, and specialty foods. Visit www.crystalcity.org for more.

Mobile Bike Repair. 8 a.m.-3 p.m. on Thursdays at 1900 Crystal Drive. Drop off your bike on Thursday morning and have it tuned up and ready to ride before heading home. Email DC@velofix.com, or phone 855-VELO-FIX for more.

Food Truck Thursdays. 11 a.m.-2 p.m. at 1900 Crystal Drive and 201 12th St. Actual truck schedules are subject to change so be sure to follow your favorites. Visit www.crystalcity.org for more.

Healthy Lifestyle Runs. Saturdays, 9 a.m. at Roosevelt Island, George Washington Memorial Parkway. American Cancer Society partners with parkrun USA to promote fitness in the fight against cancer. Free. Visit www.parkrun.us/rooseveltislanddc/ for more.

Friday Night Live. 8 p.m. Fridays at the Church at Clarendon, 1210 N. Highland St., Suite A. Local musicians perform. Free. Visit 1bc.org

Arlington’s Historical Museum Open on First Wednesdays. The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County’s history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Visit arlingtonhistoricalsociety.org.

CALENDAR

FROM PAGE 8

and readers will lead this celebration of the season with a program of music and readings. Everyone is invited to attend the annual tradition of Lessons and Carols. Call 703-538-5200 or visit www.walkerchapel.org.

R.I.P. - Remove Invasive Plants. 2-4 p.m. At Long Branch Nature Center, 625 S Carlin Springs Road, Arlington. Adults, teens and families ages 8 and up. Want to restore habitat and increase native species diversity right here in Arlington? Work parties are held every month and are making a difference with the return of ferns, wildflowers and the animals that depend on them to areas once covered in destructive invasive plants. Help make it happen. Call 703-228-6535.

NOW THRU DEC. 15

“CSI: Christmas Scene Investigators.” At Gunston Arts Center — Theatre Two, 2700 S. Lang Street, Arlington. Santa Claus is missing. During the last rehearsal for the annual Christmas Show, the action comes to a screeching halt when the cast discovers that the Santa Claus statue has been stolen. Mrs. Dickens calls in the Clue Club — a group of eccentric students who take mystery and detection into the realm of science. Full of more surprises than a fruitcake, the Clue Club finds they have successfully fulfilled their duty as “Christmas Scene Investigators” when they discover the true meaning of Christmas. Show times are Friday, Dec. 13, 2019 at 7:30 p.m.; Saturday, Dec. 14, 2019 at 11 a.m. and 3 p.m.; Sunday, Dec. 15, 2019 at 3 p.m. Recommended for ages 4 and older. Tickets \$15 for Adults, \$12 for Children, Students, Military, and Seniors. Group discounts are available. Tickets are available online at www.encorestage.org or by calling the box office at 703-548-1154.

MONDAY/DEC. 16

Dementia-Friendly Arlington. 2-3 p.m. At Westover Library, 1644 N. McKinley Road, Arlington. Learn to change the way you think, act, and talk about dementia. Raise awareness, reduce stigma, and improve compassion. Free, no registration required. Visit the website: <https://arlingtonva.libcal.com/event/5838822>

AWLA’s Forties Fundraiser. 7-9:30 p.m. At Signature Theatre, 4200 Campbell Ave., Arlington. The Animal Welfare League of Arlington is hosting a 1940’s Holiday Affair. Signature Theatre will be transformed for the final celebration of AWLA’s 75th Anniversary year. Tickets include one complimentary drink token, delicious vegetarian and vegan food, a

visit to the photo booth, music, dancing, a magician, and best of all, proceeds from ticket sales directly benefit animals in need at AWLA. Tickets are \$75.

THURSDAY/DEC. 19

Deep Dive: Wintertime Economics. 8-9 p.m. At Gulf Branch Nature Center, Arlington. Adults. Take a Deep Dive into a natural history topic that scratches more than just the surface. What are the trade-offs to winter survival strategies? How much does a tiny chickadee need to eat to survive the cold winter nights? What are the advantages for cold-blooded animals that spend winter underwater? There’s more to surviving winter than just eating or sleeping a lot. Call 703-228-3403.

FRIDAY/DEC. 20

Snowflake Art. 4-5 p.m. At Long Branch Nature Center, Arlington. Ages 6 to 10. Big, little and even clay snowflakes! Like in nature each flake will be unique and beautiful. Participants can make snowflake decorations and ornaments from a variety of materials to bring home for the holidays. We’ll even throw in a little snowflake science. Call 703-228-6535.

SATURDAY/DEC. 21

Ugly Sweaterasana. 10:30 a.m. At New District Brewing Company, 2709 S. Oakland Street, Arlington. The class will move through an all-level (and all reindeer approved) vinyasa yoga class with a special soundtrack of the season and will follow up with drinks (must be 21+ to drink). The \$20 ticket price (online; walk-ins are \$25) includes the class and your first pint of refreshing craft beer. BYO mat. Ugly holiday sweaters highly encouraged.

Gifts for Wildlife. 2:30-4 p.m. At Long Branch Nature Center, Arlington. Families ages 4 and up. Register children and adults; children must be accompanied by a registered adult. This time of year, is the giving season! With food being scarce the local birds and wildlife could use some kindness too. Join us as we make edible garlands and ornaments to hang on trees outside. You can even make an ornament to take home for the wildlife in your backyard. We’ll also learn other ways to help wildlife year-round. Call 703-228-6535.

Flying Squirrel Lore & More. 5-6 p.m. At Long Branch Nature Center, Arlington. Families ages 4 and up. Register children and adults; children must be accompanied by a registered adult. Flying squirrels are found throughout the wooded neighborhoods of Arlington but are seldom seen. Join us to learn about these engaging nocturnal acrobats. After an indoor

Legals

ABC LICENSE

EAMR LLC trading as Bracket Room, 1210 N Garfield St., Arlington, VA 22201-6814. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises/Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Eric Rose, Managing Member. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

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Announcements

Announcements

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News

Elected Prosecutors Pledge To Visit Correctional Facilities

Parisa Dehghani-Tafti among prosecutors seeking greater understanding of conditions of incarceration.

Parisa Dehghani-Tafti joined 38 elected prosecutors from across the country and committed to personally visit the correctional facilities in which individuals prosecuted by their office are placed. Recognizing that “it is vital for prosecutors to understand the true impact of their decisions and to see firsthand the jails, prisons and juvenile facilities in their jurisdiction,” these elected leaders also committed to implementing requirements for all prosecutors in their offices to visit these facilities and to incorporate this concept into ongoing job expectations.

Parisa Dehghani-Tafti, Commonwealth’s Attorney Elect for Arlington County and the City of Falls Church, said, “A prosecutor’s job is to hold in her mind and weigh in practice the safety of the community, the needs of victims, and a just punishment for defendants. How can we achieve that balance unless we see and understand for ourselves the outcomes of our decisions?”

Despite the fact that prosecutors have immense influence over who becomes incarcerated and for how long, many have never set foot inside a prison, jail or juvenile correctional facility. As more prosecutors implement reforms to shrink the footprint of the justice system, it is critical to develop a deep understanding of correctional facilities – including an understanding of how isolated, dehumanizing and unsafe conditions can impact an individual’s rehabilitation efforts, and in turn the safety of the communities to which they return.

“Prosecutors control the front door of the justice system through their charging decisions — and so much that follows in the lives of individuals in their community when that door is opened,” said Miriam Krinsky, Executive Director of Fair and Just Prosecution. “As such, they have an obligation to see and understand the conditions in the jails and prisons where their advocacy sends people, as well as the impact of those decisions on the individuals incarcerated within their walls, their families and the broader community.

Today’s pledge, joined in by a wide swath of prosecutors from around the country, seeks to embed in the culture of DAs’ offices the recognition that decisions to incarcerate someone should never be taken lightly. We hope that by bringing prosecutors closer to those impacted by their actions, they will have a new perspective as they weigh the decision to incarcerate against other options that will keep individuals in community settings.”

The pledge will be implemented by Tafti’s Office over the coming year, during which time she, as well as all prosecutors in her office, will complete visits to their local prison, jail and juvenile facilities, and implement ongoing requirements for staff. This is a build out of the initiative launched by FAMM as part of their #VisitAPrison challenge, an effort to encourage elected policy leaders throughout all levels of government to personally visit correctional facilities.

Fair and Just Prosecution is a national network of elected prosecutors working towards common-sense, compassionate criminal justice reforms. To learn more about FJP’s work, visit <http://www.fairandjustprosecution.org/> or follow us on Facebook@FairAndJustProsecution.

Some Pledge Participants
Buta Biberaj
Commonwealth’s Attorney-Elect, Loudoun County, Virginia

Parisa Dehghani-Tafti
Commonwealth’s Attorney-Elect, Arlington County and the City of Falls Church, Virginia

Jim Hingeley
Commonwealth’s Attorney-Elect, Albemarle County, Virginia

Stephanie Morales
Commonwealth’s Attorney, Portsmouth, Virginia

Marilyn J. Mosby
State’s Attorney, Baltimore City, Maryland

Karl A. Racine
Attorney General, District of Columbia

Parisa Dehghani-Tafti
Commonwealth’s Attorney Elect
571-310-5804
pronouns: she, her/s

Community Needs

FROM PAGE 4

Bill Lee is a Master Financial Education volunteer who has been working on financial training, especially with youth since 2013. “We have two youth simulations, one for elementary school that uses monopoly money in a Kids Marketplace. The second version is a Reality Store for middle school kids where we use a spreadsheet instead of monopoly money.” He explains they figure out their household dollars each month on a sheet of paper. “Sometimes they find they have to buy a cheaper used car.”

Virginia Cooperative Extension also sponsors Master Food Volunteers to teach nutrition and health cooking as well as Extension Master Gardeners to provide public classes and workshops on container gardening, pest management and composting.

This Virginia Cooperative Extension breakfast is held every year with a buffet of healthy nutritious foods provided by the Master Food volunteers. This year attendees choose from avocado toast with fresh

veggies or goat cheeses, mini spinach frittatas, build your own parfaits and flour free chocolate chip muffins. Arlington School Board and County Board members as well as Alexandria School Board and City Council joined community leaders and Virginia Cooperative Extension volunteers in celebrating the achievements made during the last year through the many extension activities and programs.

Virginia Agricultural Experiment Station researchers and specialists work in Blacksburg and at the state’s 11 Agricultural Research and Extension Centers to create the knowledge that they share with VCE agents. This information is passed down through the research-based education programs to help the people of Arlington County and the City of Alexandria improve their lives.

Last year the return on investment for every dollar invested in the extension by Arlington County was \$11.60, and the value of extension volunteer hours was \$1,139,972.



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News Airport

FROM PAGE 3

lington and Alexandria, according to predictions by the Arlington Community Coalition. In Alexandria, the Potomac Yard Metro Station is being enhanced to cater to the Amazon buildings going in nearby, and there are modifications planned at East Glebe Road. In Arlington, there is a new bike trail crossing planned at Four Mile Run, platform expansion at the Crystal City Virginia Railway Express station, improvements on transit stations on Columbia Pike, and a new pedestrian bridge from Crystal City to the airport.

Since 2010, the Crystal City Metro stations have suffered, with a 29 percent drop in metro ridership, mostly due to the Base Realignment and Closure (BRAC) and budget sequestration. The transportation systems serving National Landing currently have substantial unused capacity to accommodate additional travelers, according to Arlington Economic Development information.

The Arlington Community Coalition is a diverse group of residents, business and community leaders coming together to voice support for the National Landing area transformation and Amazon's new headquarters. Coalition members include Lyft, Consumer Technology Association, JBG Smith, the Community Foundation for Northern Virginia, Virginia Tech, March of Dimes, LCOR, and some small businesses.

Traffic

FROM PAGE 3

be towed at the owner's expense. Stopping or standing in the travel lanes to discharge or pick up passengers is also prohibited, and police officers will be patrolling along Rt. 110 to address observed violations of applicable traffic laws.

Attendees are encouraged to travel by multimodal and public transportation options to reduce vehicular congestion. The Rosslyn and Pentagon metro stations are a short walk to the Cemetery.

Designated rideshare drop-off and pick-up zones has been established at the Hayes lot located at 599-549 Army Navy Drive. From this location, volunteers will need to walk to the Cemetery's South Gate entrance. Volunteers seeking additional event information should visit the Arlington National Cemetery website.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

BOARD MEMBERS TO BE SWORN-IN

The public is invited to join the Arlington County Board at the swearing-in of Board Members Katie Cristol and Christian Dorsey on Thursday, Dec. 19, 2019. Paul Ferguson, Clerk of the Circuit Court of Arlington and the City of Falls Church, will officiate. Ms. Cristol and Mr. Dorsey were re-elected to four-year terms on the County Board on Nov. 5, 2019. The ceremony will begin at 5 p.m. and will be followed by a reception in the third-floor atrium outside the Board Room, Room 307 in the Ellen M. Bozman Government Center, 2100 Clarendon Blvd. The ceremony will be live-streamed on the County website. You can also watch it on Arlington TV's (ATV) YouTube Channel or on the County's cable channel, on Comcast 1085 (HD) and Verizon FiOs 39 and 40.

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Still Processing



By KENNETH B. LOURIE

Off we go — or not — into the wild blue yonder. It seems that my most recent CT scan's results, described as "a little worse" by my oncologist are indeed cause for some reflection and change. (I'm not quite able to say "cause for concern," yet.) As such, to make the most effective change, per my oncologist's orders, I am scheduled for a needle biopsy on the Wednesday this column publishes. This procedure will determine, if there is a match, to the specific type of cancer tumor that I have. (Without boring you with too many details, the short version is that all cancer tumors are not alike. Biomarkers/genetic mutations such as ALK, BRAF, EGFR, NTRK, PD-L1 and ROS1 are the most common, and certain medicines work better against certain tumor types. Variation in the tumor types, such as the ones I've described, is a relatively recent discovery in lung cancer research.)

What this research has led to is another new kind of cancer treatment known as "targeted therapy." This means than rather than "flying blind," to use one of my brother, Richard's, favorite expressions, and employing a one-size-fits-all kind of approach to treatment, oncologists now have specific medicines to infuse when the tumor's genetic mutation is confirmed. Wednesday hopefully, will confirm something. However, researchers have not discovered all the tumor types so it's possible that this biopsy will reveal nothing useful for me and in effect, I'll be back to square one-ish.

As for what 'square-one-ish' means? It means that I'll likely be infusing medicines that previously worked for a time but whose infusions were stopped after they all ran their successful course years ago. As I've been told whenever this change became necessary, cancer cells eventually figure out what's happening to them and then the tumors begin growing. Once this growth is indicated on the CT scan, a new medicine is usually started, and on and on it goes until, apparently now, for me anyhow. "Targeted therapy" offers lots of new medicines. I just need a match. Unfortunately, there's no guarantee the biopsy will provide just such a match. There's only one way to find out. On Wednesday, we will begin to find out. To say I have a lot riding on this determination is the understatement of the year; at least for Team Lourie, it is. If I'm forced to repeat infusions from medicines that stopped working years ago, it'll be "Katie, bar the door," as we say in Boston which means, "Look out!"

I'm trying not to 'look out' though. I'm trying not to look anywhere, except straight ahead. Just because my life may be at stake, is no time to deviate from the norm that has been my modus operandi over the past 11 years. I'm not quite ready to consider that my stage IV lung cancer survival is coming to an end. Maybe it's just staggering and within a week or so, I'll get my bearings again. New medical information getting me new medical treatment is sure to put a bounce back in my step. For the first time in 11 years, to quote George Costanza from Seinfeld: "I'm back, baby." This could be the jolt my body needs to get me through to the next

research level. The Team Lourie strategy has always been for me to try and live long enough to reach the next medical breakthrough. So far, I've benefited from a few: tarceva, avastin and alimta; all miracle drugs according to my oncologist, and here I am, living proof that it has all worked.

Until I hear, post procedure, from my oncologist, in the interim, I am re-experiencing many what-happens-if-and-when emotions that I've not wrestled with for years. Unfortunately, this hospital visit is taking me back to the visit/biopsy I had in Feb. 2009 which confirmed the malignancy in my lungs in the first place. And here I am, hopefully not in the last place, waiting for the results of a biopsy yet again. It didn't work out so good in 2009. I just hope I have better luck in 2019.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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