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Potomac ALMANAC

Children's & Teens' Almanac 2019



Emma G.
Grade 6
McLean School

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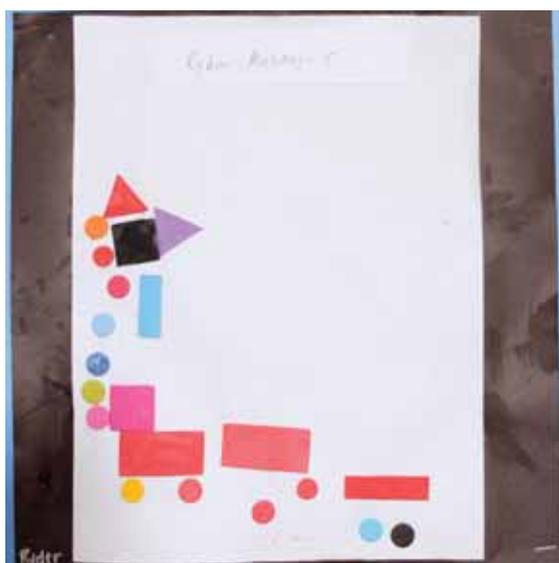
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www.camp-olympia.com

CHILDREN'S & TEENS' ALMANAC



"I'm driving the train to school with Camden. Then we're going to the north pole to see Santa."
Ryder Maloney, 5



"I made a robot and it can fly."
Graham Sellers, 5



Ibrahim Qadir, 4



Isa Shad, 3



Geneva 4-year-olds



Troy Brescia, 4



Natalie Matta, 4



Sophia Hilton, 4



Nao Uchida, 4

Come to one of these open-to-all events!

Pot-Luck Dinner

Thursday, Dec. 19, 6 pm

Please bring food to share for 6, please RSVP
Potomac Community Ctr, 11315 Falls Rd

Inter-generational Lunch & Games

for teens to seniors, please RSVP

Monday, Dec. 23, 11:30

Potomac Community Ctr, 11315 Falls Rd

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www.PotomacCommunityVillage.org

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1/22/2020.....A+ Camps & Schools

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- National Children's Dental Health Month

2/5/2020.....Valentine's Dining & Gifts

2/12/2020.....HomeLifeStyle

2/19/2020.....A+ Camps & Schools

2/26/2020.....Senior Living /

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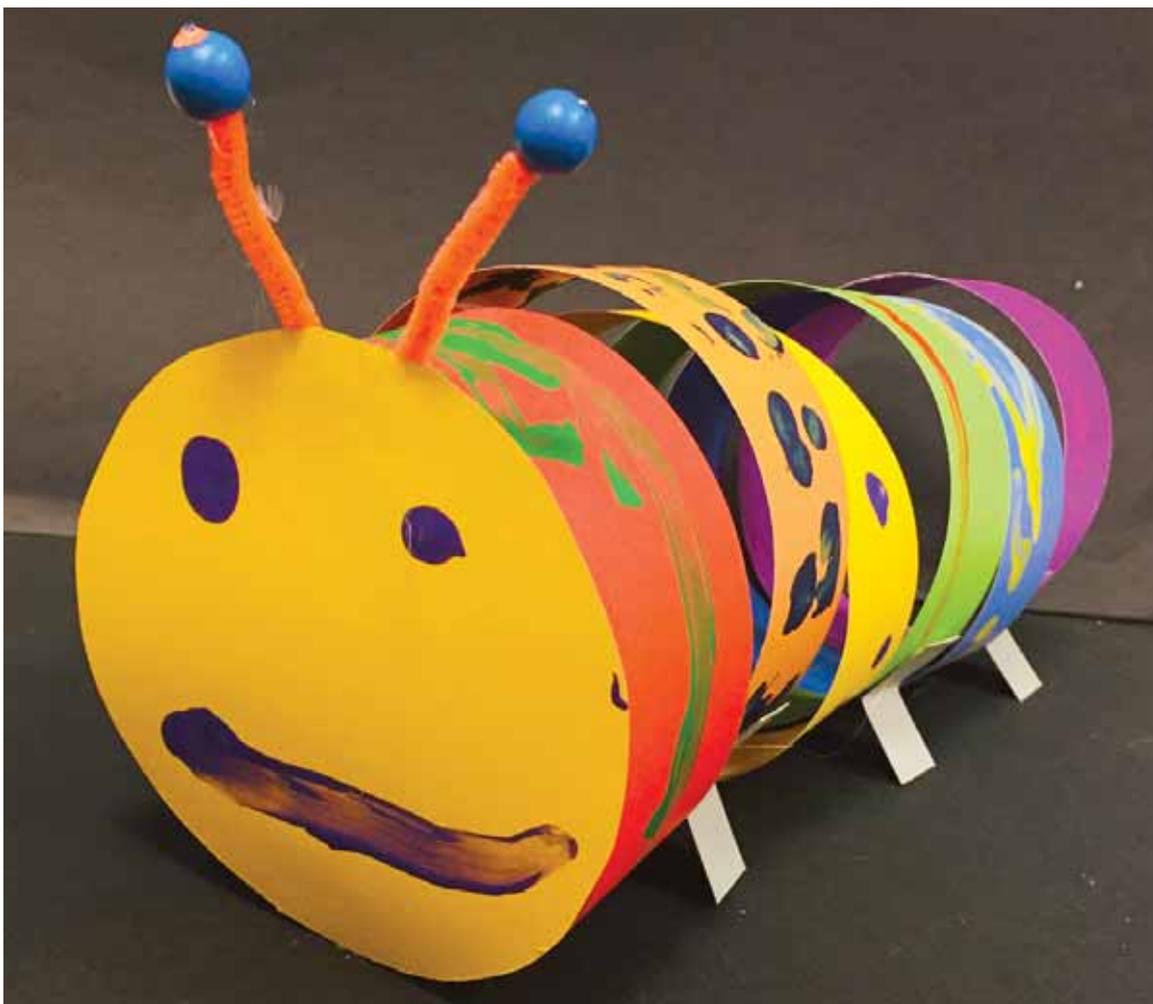
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CHILDREN'S & TEENS' ALMANAC



Oliver Schwarz-Albrecht, Christ Episcopal School, Preschool 2s, Gaithersburg



Aira Wirrotama, 3, Geneva Day School



**Sydney Smith,
Christ
Episcopal
School, PreK,
Kensington,
Teacher Mrs.
Valerie
Beaudoin**

HOOVER MIDDLE SCHOOL

Mrs. Bryant's Sixth Grade Class
Hoover Middle School, Potomac

The 2019-2020 football season

**Arshawn Fathi,
Age 11**

Last year I don't know if anyone remembers but, the Ravens, horrible. 49ers, horrible. Saints, h-o-r-r-i-b-l-e. Now, look at these teams! The top 3! The RAVENS! They beat the Patriots. I watched that game. I was so surprised. Take that Brady!

Plus, what's with all the violence this year? Every game pretty much has 4 fights. One for each quarter. Like Miles Garret for example. The Cleveland Defense. He got into a fight with the opposing team (Steelers) last Thursday

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night. He ripped off the opposing team's quarterback helmet, and whacked him in the head with it! Why? Ask Garret, cause I sure want to know. He was suspended for the REST OF THE SEASON! The officials are still debating if they want to extend it to NEXT SEASON too!

Let's get off NFL for a little and talk about the CFL. (College Football League) BYU kicks off its campaign with consecutive games vs. Utah, at Tennessee, vs. USC, and vs. Washington, giving the team one of the hardest starts in the FBS. Wow. That pretty much sums it up, doesn't it?

What I want to be

Bakari Taylor, age 12

When I grow up and finally get to start my career, I want to be a computer scientist or computer engineer. That

way I can help the future that I imagined living in as a kid, come sooner. I would want my kids to be able to experience that futuristic kind of feeling. And then I could code robots to help out around my house, babysit my kids and more. And I will still have time to have fun with my kids because I will have lots of time at my house since I am going to be working on my creations in my house and selling them for money. And my creations will be worth lots of money because they will be like the devices in movies like Star Wars and Back to The Future. When I grow up, I want to help change the world because even if we fall down we need to get up and keep moving forward.

The Best Gift I Ever Had: MY FAMILY

Chioma Obiora, age 11

Meaningful
Your own study guide (I think they are very smart.)

Funny
Amazing
Mine forever and ever
Incredible
Loveable
Your nightlight in the night

Winter Acrostic Poem
Carina He, age 11
Santa Claus
Nutcracker Ballet
Offices closed
Winter Wonderland

Fall is over
Layers of clothes
Angels in the snow
Kids watching The Grinch or Rudolph the Reindeer
Elves
Starbucks Peppermint Hot Cocoa

If I could have one superpower, Justin Lyons

This is a common question. Lots of people fantasize about it or ask their friends about it. Some employers even use it as a question at job interviews. So, the best answer— There is no "best answer." Everyone has their own wants or

SEE HOOVER MIDDLE. PAGE 5

CHILDREN'S & TEENS' ALMANAC



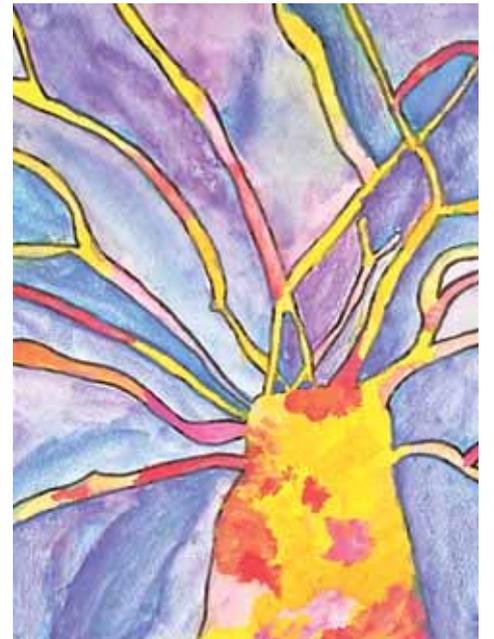
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**Color Theory Study by Sofie
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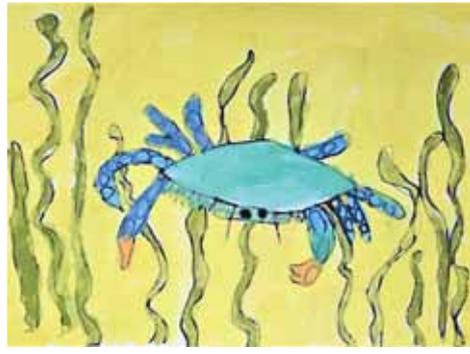
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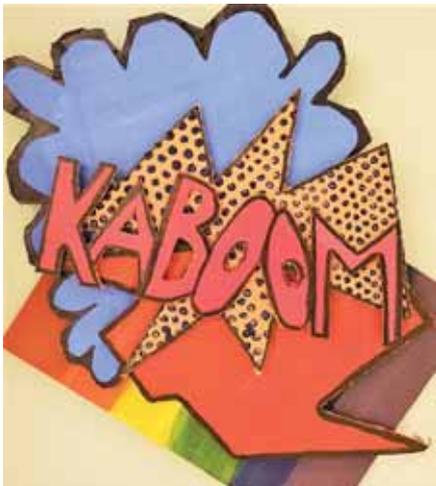
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Norwood School 6th Grade**



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CHILDREN'S & TEENS' ALMANAC

The Golden Lock (inspired by William Carlos Williams)

So much depends
upon

a single
golden lock

freshly polished,
and gleaming in
the moonlight

holding back the
terror from behind
the black door.



Poem by Zach S.
Christ Episcopal School

HOOVER MIDDLE SCHOOL

FROM PAGE 3

needs. A lot of people always choose things like flight or strength or invisibility or sometimes super speed. Flight would be a slightly bad power because flying too fast or high would most likely make you fall asleep or get airsick. Strength would not work because your muscles would probably break if you lifted something too heavy or punched something too fast. Invisibility would not work because your clothes would stay on your body. People would still know you are there unless you are completely naked, and that would be very embarrassing. And with super speed, your skin would likely peel off of you from the sheer amount of Gs of force that you are getting. So, what superpower do you choose? The answer is not really one because if you choose something really big, then there will be something that makes it unusable. Also, don't think about time travel because traveling through time means that you are also traveling through space, which creates another reality. If you bring things from the past back with you that creates a duplicate of that item, which rips the space-time continuum which will then make people teleport in and out of existence and through time. ... So, for this question, there is no real "right answer." In my opinion just choose something simple because there is always some type of backfire to it.

The Sacred Willow

Bianca Kovalovsky, Age 12

The Sacred Willow alone upon the grounds,
Her leaves rustling to every whisper of the wind,
The willow has seen all and all,
She has seen kingdoms rise and fall,
Hundreds of years,
War after war,
The world changes,
Through her eyes, humans have committed a great crime,
Tugging, pulling at her leaves until she has none left,
She is as cold as ice,
She saddens to what this world has become,
Terrorists,
Politics,
Violence,
Pollution,
She feels a nothingness in her soul,
Her bark turns brittle,
Her branches once filled with leaves sway limply,
The Willow slowly turns to dust,
The whisper of wind that once rustled

her leaves comfortably,
Has blown her soul into the luscious hills she used to sit upon,
Once untouched by humankind,
But let her soul not be forgotten,
For she brought the touch of peace some searched for,
She was the candle in the room of darkness,
Let the candle remain lit,
Let her heart swell inside of you,
Fight against what the world has become,
For my class,
My world,
My generation,
Are all willows.

Where The Sidewalk Ends

Maddie Kline, Age 12

If you've ever been to Beverly Farms Elementary school, you would see the sidewalks going off in either direction exiting the school. These continue for a long way on Postoak road but don't branch off onto Little Creek or Enid. As I walked to school in the morning, before it got too cold, I noticed multiple kids getting to school by walking on Little Creek, where there are no sidewalks. This wouldn't be a problem for middle schoolers, who can stay safe, but I also have a little brother of the age of 9 who goes to school at Beverly Farms right now. Whenever the weather was nice, we walked with our mom when we were young to get to school. However, this stopped when my little brother, then ___ years old, fell in a storm drain. My mom grabbed his coat hood and pulled him back up. If we had been walking on the sidewalks, there wouldn't be any risk of falling into storm drains. We hadn't walked after then until now, where I am in Hoover, my sister is in Tilden, and my little brother is in Beverly Farms. When the weather is nice, I walk with my cousin and his dog to school, where my sister takes a bus to school, and my other cousin comes to my house, where my mom walks both of them.

In my neighborhood, there are a lot of kids who will or already do go to Beverly Farms Elementary. We need sidewalks so that the mothers won't need to worry about their kids being run over or falling in a storm drain. There are kids who drive to school when they should be enjoying the nice weather. Parents shouldn't have to worry. In school zones, sidewalks mean safety.

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CHILDREN'S & TEENS' ALMANAC

McLEAN SCHOOL OF POTOMAC



Asha L-R 1 Grade 5



Peter O 2 Grade 7



Cai S 1 Grade 8



Emily U Grade 10



Delina M 1 Grade 7



Diego D 2 Grade 8



Kimi P 1 Grade 7



Ewan R (left) and Max P (right) Grade 5



Jasmyn L Grade 12



Marya M Grade 6



Aiden O. Grade 12



Elliot Grade 3



Reece M. Grade 12



Gretchen L. Grade 10



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lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

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**Now
We Wait**



By **KENNETH B. LOURIE**

The doctor told me that I'll probably receive results from today's biopsy in five to seven days. The pathologist will send the results to my oncologist who presumably will email them to me. Now whether that new information will cause a change in my treatment, I certainly don't know. However, I would imagine that knowing the genetic mutation/biomarker would cause an immediate change. We're not exactly waiting for Godot here. And neither is the process rocket science. It's medicine. It's research. It's years of clinical trials. All of which has led to the FDA's approval of more drugs for the treatment of lung cancer in the last three years than in the previous three decades, according to LUNGEVITY. Lung cancer research, after years of comparative neglect is finally getting the respect - and dollars, it deserves. After all, lung cancer is by far the leading cause of cancer deaths annually with up to 200,000 new cases diagnosed every year.

"Targeted Therapy" is what I'm talking about. And it's a simple as is sounds. A specific medicine is more effective when given to a patient with a specific biomarker (type of tumor; they're not all the same). Eleven years ago when I was first diagnosed, mutations were not yet a part of the oncologist's playbook. Now, they're on page one. After years of receiving treatment based on old-ish/conventional methods, I am about to move to the head of the class. Maybe even become the teacher's pet (I'm already my oncologist's prize cow.) This is not experimental stuff, this is state of the art, so to speak. And soon, if I'm lucky, I will join the ranks.

At this juncture, I know very little specifically about what might happen next. I have learned during my years of treatment and meetings with my oncologist that future scenarios are rarely discussed. Sure, we've occasionally mapped out, generally speaking, a course of action/reaction, but my oncologist prefers not to get too far ahead of where we are at present. One new symptom and/or unexpected result from a CT scan or a brain MRI and once again, it will be "Katie, bar the door." Accordingly, I have become a patient patient. That's not double talk, that's years of experience. I'd like to think it's part of the reason I'm still alive.

Another reason I'm still alive is the Team Lourie philosophy: hoping Kenny can stay alive until research catches up - or even passes you by which then enables you to take advantage of the next big thing/new drug. Over the last 11 years, I've been the beneficiary of research that has provided drugs which allowed me to live years beyond my original "13 month to two year" prognosis (in quotes because that's what my oncologist said). Now I hope to be the beneficiary once again of the latest and greatest treatment: "Targeted Therapy." If so, another 11 years would suit me just fine.

To say I'm excited would not exactly describe my state of mind. Hopeful, of course. Anxious, for sure, because I think my oncologist, per our last meeting, was anticipating my future a bit and switching from my present opdivo immunotherapy to something brand new (or a new combination of medicines) seemed timely to him. Ergo, my needle biopsy today at the Inter-ventional radiologist. I guess you could say "I'm pleased as punch," though, to quote Hubert Horatio Humphrey Jr., the 38th Vice President of the United States, that I had this procedure. It opens up/creates new treatment possibilities which for a nearly 11-year cancer survivor is likely way more important than I realize. After all, my oncologist did characterize my non small-cell lung cancer, stage IV diagnosis as "terminal." A disease for which my oncologist also said that he "could treat, but that he couldn't cure." Well, I don't suppose he can cure me now with whatever targeted therapy matches my tumor's biomarker so I'm counting on these new drugs being able to treat me some more. I could live with that.

*Kenny Lourie is an Advertising Representative
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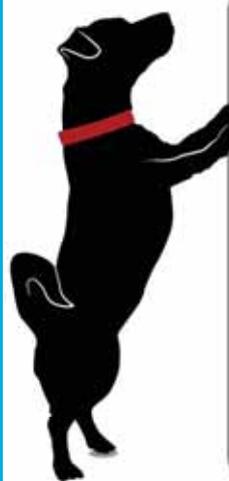


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