

SENIOR LIVING

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January 30, 2020

Smedley Sworn in as Fire Chief

City celebrates first African American Fire Chief.

By Jeanne Theismann Gazette Packet

orey A. Smedley was officially sworn into office as Chief of the Alexandria Fire Department in a standing room only ceremony Jan. 28 in the Vola Lawson Lobby at City Hall.

Smedley, who was named acting Fire Chief following the retirement of Chief Robert Dube last summer, became the city's first African American Fire Chief upon his permanent appointment to the role in December.

"The Alexandria Fire Department is a core function of city government," said City Manager Mark Jinks. "It's important to have someone in charge who embodies the city's values of respect, collaboration, teamwork and integrity and with Chief Smedley we have that all in one package."

Smedley joined the AFD in 2015 following more than 20 years of service with the Prince George's County Fire Department. While there he rose through the ranks from



Alexandria Fire Chief Corey Smedley is sworn in by Circuit Court Clerk Greg Parks during a Jan. 28 ceremony at City Hall. Smedley was named to the role in December, becoming the city's first African American Fire Chief.

firefighter/paramedic, acting technician, lieutenant, captain, battalion chief, assistant chief and deputy fire chief. He also held roles

such as the Special Assistant to the Deputy Chief for Public Safety and Homeland Security, SEE FIRE CHIEF, PAGE 8

Infant Seat Installation at Police Headquarters

BY SHIRLEY RUHE
GAZETTE PACKET

ars are lining up in the parking lot at Police Headquarters on Saturday, Jan. 25. Jessica Diaz and 10-month old Isabelle are standing beside their white Audi while Alexandria Officer Carl Stowe inspects the installation of her infant car seat at a car seat inspection event held by the Alexandria Police Department.

"I see you have elected to use the latch system. "I'm going to teach you some tricks." He continues, "These are tested but the seat belt and latch are never tested together." Stowe tells Diaz that he finds the latch easier to make tighter but ultimately it is her de-



Officer Carl Stowe advises Jessica Diaz who had come in with her daughter, 10-month-old Isabelle to get an inspection of the infant seat.

cision." Diaz says, "I feel like I could get Jessica out faster in an emergency using the latch sys-

tem."

Stowe continues, "Again location SEE INFANT SEAT, PAGE 3



Officials participating in the Prescription Drug Take Back Day: APD Captain Gregg Ladislaw; City of Alexandria Youth Development Team Leader Noraine Buttar; APD Captain Monica Lisle; City of Alexandria Opioid Response Coordinator Emily Bentley; Allen Lomax, Chair of the Substance Abuse Prevention Coalition of Alexandria; Sergeant Valarie Wright, Alexandria Sheriff's Office; Assistant Police Chief Don Hayes; and Police Chief Michael Brown.

What to Do with Unused Medication

BY SHIRLEY RUHE
GAZETTE PACKET

on't know what to do with your leftover medication? Wonder if you can flush medication down the toilet or the sink?

The City of Alexandria has alternatives for safe disposal, both through drug take back days and permanent disposal boxes located around the city.

The City of Alexandria holds Prescription Drug Take Back Days quarterly. Saturday, Jan. 25 Officer Matt O'Malley sits at a table just inside Police Headquarters with a bin for disposal of unused medications. Along with the collection of medications on site, he is handing out packets of DETERRA, which deactivates drugs safely and quickly at home for people who can't make it to a disposal site.

Emma Beall, Coordinator of the

Substance Abuse Prevention Coalition of Alexandria, says they work with Alexandria Senior Services to dispense these packets along with Meals on Wheels. "If you think about it, who probably has unused medications. It's senior citizens."

O'Malley says DETERRA is easy to use. Just open the bag and put in the pills, liquids or patches. Fill halfway up with warm water and wait 30 seconds. Then seal tightly and gently shake pouch and dispose in the normal trash.

During the take back event they accept unused, expired or unwanted prescriptions and over the counter medications including pet medication. The Sheriff's Department drops off the medication collected at Covanta, a waste management company, where it is destroyed.

Alexandria began participating See Unused, Page 5

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Equal Housing Opportunity







Predatory Student Lenders hope to crack down on student-loan servicing companies.

Northern Virginia lawmakers

BY MICHAEL LEE POPE GAZETTE PACKET

s a high school student, Katlyn Weiser dreamed of attending George Mason University. She wanted to have a career in public service, being in the room where it happens on Capitol Hill. But instead she found herself under a mountain of debt, struggling to keep up with meeting minimum payments and ultimately being forced to make a difficult decision about her future. She says she'll never forget the day when an agent from loan-servicing company Navient told her that she should probably drop out of school to pay off her student debt.

"I cried," says Weiser. "I cried a lot because I had come so far. I had become the first person in my family to go to college, one of the first people in my high school to go to college, and it was sad to hear that because I had come so far."

Weiser did not listen. She didn't drop out, and she's now a senior at George Mason University. She says she has determined that she can't afford a career in public service, so she plans on being a lobbyist instead. She's one of the student borrowers state Sen. Janet Howell (D-32) wants to help with a bill she calls the Borrowers Bill of Rights. It would use the power of the State Corporation Commission to crack down on

what she calls the egregious practices of student loan servicing companies.

"We can regulate these student loan servicers to ensure we're protecting our borrowers from shady

practices, and believe me there are shady practices," says Howell. "Every other type of debt is regulated in Virginia except student loans debt. This lack of regulation is



Katlyn Weiser speaks at a press conference in Richmond in favor of a bill designed to crack down on egregious practices of student loan servicing companies.

collectively carrying more than \$41 billion worth of student debt."

Democrats have wanted to crack down on student-loan servicing companies for years, but the Republican-led House of Del-

was able to get similar legislation through the Senate, Simon found that the Republican-led House was not interested.

majority over and over. Even when Howell

"It's interesting that a number of delegates

who have been sympathetic but didn't think this was the right solution voted for the bill in committee this year," said Simon. "So I think we're on a glider path here, although there are a few people who continue to be-

lieve that we shouldn't be helping out students for whatever reason."

This year, Democrats are in control of the General Assembly.

That's opened the floodgates for a number of issues, and cracking down on student-loan servicing companies is one of them. Howell's bill cracking down on student loan servicing companies passed a Senate committee with a unanimous vote. And Simon has a similar bill that's already passed the House with an 84 to 15 vote.

"When student-loan servicers engage in deceptive and predatory practices, borrowers can face insurmountable barriers to financial security," says Anna Scholl, executive director of Progress Virginia.

The bill requires student loan servicing companies get a license to operate in Virginia from the State Corporation Commission, which would crack down on egregious practices like misrepresenting the amount of money due, recklessly applying loan pay-🛚 ments to outstanding balances and failing to report payment history to consumer credit bureaus. Violators would be hit with a \$2,500 fee.

"This bill is not about free college," said Seth Frotman, executive director of the Student Borrower Protection Center. "This bill is about making sure borrowers in the Commonwealth who took on debt to chase the American dream aren't ripped off in the process."

All of the egregious practices outlined in the bill are already illegal.

But borrowers would have to hire a lawyer and file a federal lawsuit to take action, which is not a workable solution for people who are already under a mountain of debt. Instead, this bill makes these actions a violation of state law and empowers the State Corporation Commission to go after bad

That way borrowers who feel they've been wronged could file a complaint with the Bureau of Financial Regulation.

"Why are Virginia borrowers having to resort to lawsuits for their consumer protections?" asked Del. Cia Price (D-95). "It is past time for student loan borrowers in Virginia — like me — to have commonsense protections."

"This lack of regulation is egregious given one million borrowers are collectively carrying more than \$41 billion worth of student debt."

— Sen. Janet Howell (D-32)

egates has blocked the effort. Del. Marcus Simon (D-53) has introduced legislation to have the State Corporation Commission regulate student-loan servicing companies egregious given one million borrowers are for years only to be blocked by the GOP

Infant Seat Installation at Police Headquarters

From Page 1

of the seat is important. The safest place in the back seat is to put the seat in the

"I didn't know that. I'll do that," Diaz says. "Have you registered the seat with the manufacturer yet? Important to do."

Officer Abby Fillinger leans across the back seat from the driver's side. "I am looking for the model number so I can look for any recalls associated with the seat." Lt. Sarah Cooper, a volunteer from Prince William Fire and Rescue, does an on-the-spot check. "No recalls yet."

clipboard. "Jessica's height?"

"24 inches."

"Weight?"

"About 20 pounds. As you can see, she likes to eat."

Cooper says they have inspected about 20 www.ConnectionNewspapers.com

cars in the last two hours since the car inspections began at 8 a.m. The event will go until noon. "Most of them have been installed correctly except the one we just did ahead of this one. But we refine things a little to enable them to strap in more tightly."

In the meantime Fillinger is trying to work with Diaz's strap. "Each latch has an adjustment to pull it thin. See this is wrapped around.'

"Oh that is what I was doing wrong."

Alexandria Officer Alex Trapero says 24 people had signed up on the website for Fillinger fills out a detailed form on her today's event and they have had 18 so far with some drop ins. He says, "this is our first child seat event although we have been doing child seat installation upon request of citizens."

> He adds, "we're hoping to start having these events once a month."



Officers Stowe and Fillinger discuss the car seat installation while Lt. Sarah Cooper from Prince William Fire & Rescue (center) checks the car seat model number for recalls.

Alexandria Gazette Packet & January 30 - February 5, 2020 & 3

IN THE KITCHEN

Meet Chef Santiago Lopez at Mia's Italian Kitchen

By Shirley Ruhe
Gazette Packet

antiago Lopez pulls out a 3-4 pound flank steak from the cooler for the Sunday gravy, the customer favorite at Mia's Italian Kitchen on King Street. The first step is to make the braciola. "I'll clean the flank steak up by removing some of the fat. But I'll keep some to melt into the gravy and give it a nice flavor."

Lopez sticks the tip of a sharp knife into the side of the flank steak and carefully slices it through to create a flap of meat. "I pull this back so I can stuff the flank steak and roll it." First he seasons the meat with a sprinkling of Kosher salt and coarse black pepper, then spreads a mixture of panko crumbs, grated parmesan, parsley, thyme, oregano and small pieces of mozzarella. "The mozzarella helps bind the mix."

Lopez rolls the meat tightly and winds butcher's tape around the roll to secure the meat. "I salted the inside, now the outside."

"I'm gonna get the rest of the meats and sear everything." Lopez pulls out a tray of 12 beef meatballs made with panko bread crumbs, eggs, ricotta and fresh pepper. He sets a tray of 12 chicken thighs on the counter with a tray of 12 three-inch pieces of sweet Italian sausage and 12 hot Italian sausage meatballs. "Of course, this is a

recipe that serves 12; each person gets a piece of each meat."

Lopez squirts vegetable oil into an aluminum skillet and turns the burner on high, swirling the oil around to cover the bottom of the pan. "I will cook three chicken thighs at a time. The whole point is to get the crumbs on the bottom, get a nice golden brown on the chicken bits at the bottom of the pan. That's where the flavor is."

He starts another skillet on the adjoining burner and places 12 meatballs in the hot oil. Lopez jiggles the meatballs to turn them over and turns to check the bottom of the chicken thighs. "I cook them about five minutes to get a nice golden brown. I want to get it caramelized.

He then adds four pepperoncini, five cloves of smashed garlic, three bay leaves and a Spanish onion sliced in half.

"After the meats are seared, I throw them in the pot to simmer on a back burner for seven hours. "I don't stir it often because the heat is so low the sauce doesn't stick to the bottom of the pan and it might break up the meatballs

"This will be served with rigatoni. It will cook for three minutes. We have a pasta extruder in back and make all of our pasta in house." Now he is ready to prepare one portion of Sunday gravy. Lopez checks the rigatoni for al dente and flips it from the basket into a large white bowl. "I don't toss it with the sauce. I want the meat on top. Now that you have all of the meat, I ladle about 7 ounces of sauce on the top. It gets this color from all the juices from the pan."

Finally he garnishes the dish with dried



Rolling the stuffed flank steak for the braciola.



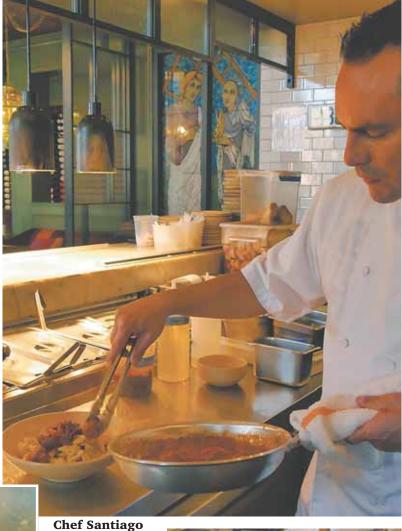
Sautéing chicken and beef meatballs to get tasty crumbs



Finished Sunday Gravy at Mia's Italian Kitchen on King Street

parsley and thyme. Lopez says this dish is time consuming but worth it. He says he sells about 120 servings a week. Lopez started off to become an engineer. But while he was in school he was working in a restaurant and he discovered he liked cooking better. And he had the added incentive of his grandparents' bakery back in Colombia with those tiny special Spanish pound cakes his grandma made for him whenever he stayed with her. So after two semesters he quit engineering and went to culinary school. Now he is Corporate Chef who oversees all of the 8 Mia's restaurants.

Lopez says his Sunday gravy is called Neapolitan gravy in Italy, and the combination of meats depends on who is making it; everyone has their own recipe. But he comments confidentially, his combination is the best.



Lopez placing meats on homemade rigatoni.

> Lining up meats for the Sunday gravy

Photos by Shirley Ruhe Gazette Packet





Tomato "gravy" simmering for 7 hours

Unused Medication

From Page 1

in the National Prescription Drug Take Back Day in September 2010. They have expanded from spring and fall events to quarterly drug take back days and are now the only locale in the nation to hold four take back days annually. Beall says, "It's really interesting when people drop off their unused medications, you get their vignettes. Sometimes people have had their wisdom teeth out and didn't know what to do with their leftover medications. They are so glad; they didn't know they could return the medications."

Drop off sites include First Baptist Church, Alexandria Police Department Headquarters, Fire Station 210 and the Neighborhood Pharmacy of Del Ray.

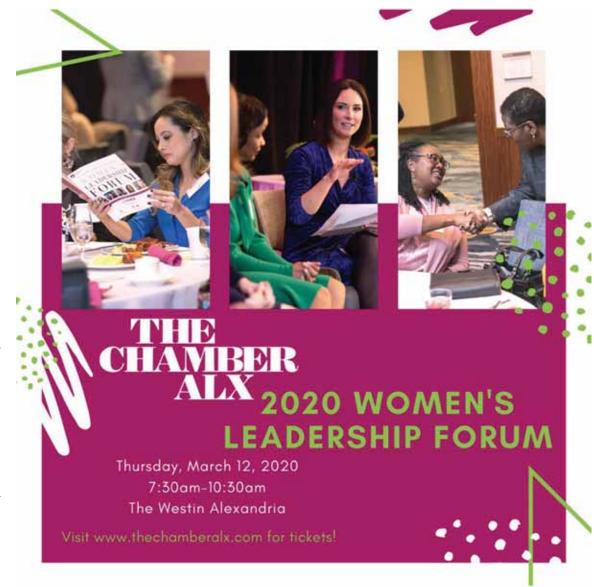
Permanent drop boxes are located at the Neighborhood Pharmacy of Del Ray every day with differing hours, Inova Alexandria Hospital from 5 a.m.-9 p.m. daily, and the Alexandria Police Department just inside the entrance 24 hours a day.

SAPCA works with police, fire department, sheriff, and health officials as well as the City Opioid Work Group to sponsor the take cording to Beall. to 240 pounds of unuse emedication during take back day.

back events. SAPCA is a community coalition made up of law enforcement, schools, City health and recreation agencies, non-profits, parents and youth who dedicate their efforts to reducing underage substance use and abuse in the City of Alexandria.

The availability of medications in family medicine cabinets can inadvertently make access easier for those struggling with addiction. Statistics released by SARPCA indicate that 54 percent of individuals who abused painkillers got them from a friend or relative. In addition, improper disposal of drugs can harm the environment, as sewage treatment plants are not equipped to filter dissolved drugs out of wastewater.

In 2019 Alexandria collected over 1,600 pounds of unused medication at drug take back events. Currently the U.S. is experiencing an opioid epidemic exacerbated by the over prescription of medications, and there were 59 opioid overdoses in Alexandria last year, 11 of which were fatal. According to Beall. they collected 240 pounds of unused and expired emedication during Saturday's drug take back day.





Special Edition: PET Connection

Publishes: Feb 26, 2020 Ads close: Feb 20, 2020

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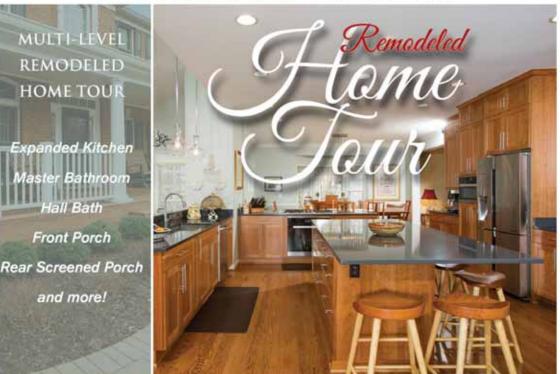
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OPINION

For More Housing to Help, It Must Be In the Right Place

Increase state money for affordable housing and land-use policies that help address our region's housing supply needs.

By Mayor Justin Wilson

he dismal science of housing economics is in vogue as never before. At a politically polarized moment in our history, there is an unlikely coalescing of conventional wisdom across the spectrum. How else could it be explained that Secretary Ben Carson, President Trump's Secre-

tary of Housing and Urban Development and Jason Furman, President Obama's Chair of the Council of Economic Advisers are in violent agreement? How shocking is it that the Brookings Institute and the Cato Institute agree on a

it that the Sierra Club and the National Association of Home Builders have substantial agreement? All of these disparate voices have come together in agreement that our housing crisis has a common culprit: local governments.

A raft of new legislation has been proposed in Richmond seeking to increase our housing supply from afar. This well-meaning legislation demonstrates a recognition of the problem, but sadly lacks the nuance and precision only possible in the local land-use

he City of Alexandria

presented its Pocket

Parks Improvement

Plan to the Alexandria Park and

Recreation Commission on

Thursday, January 16. The pub-

lic is invited to review and pro-

The Plan examines the City's

25 pocket parks, which are de-

fined as being municipally

owned parks that measure less

than half an acre.

vide comments on the Plan.

process. The legislation usurps local authority, removes the voice of residents from the process, but perhaps worse yet, such legislation could exacerbate existing prob-

With wide swaths of our population being priced out of our nation's urban and suburban areas, local policymakers are grappling with a housing crisis that

Location, location: residential density is best in close proximity to job centers and transit infrastructure.

policy approach? How unlikely is threatens our economic growth, chokes our roads, challenges even modest climate efforts and turns the economics of funding government nearly upside down. With the Federal government retreating from the playing field and state governments largely absent, action on housing has fallen solely to local governments.

In 2018, City staff conducted an

initial outreach, including site ob-

servations, surveys, and work-

shops, to gather an understanding

about park users' preferences, in-

cluding areas that should be en-

hanced, transformed and pre-

served. This information was used

to develop the draft Plan for the

Over the summer of 2019, feed-

Staff refined the plans to incor-

porate the feedback received and

developed an implementation

strategy for each recommenda-

back on the draft Plan was solic-

25 City pocket parks.

nity meetings.

Governments (COG) brought together the region's local governments to make commitments around new housing creation. The new housing targets contemplate 320,000 additional housing units, with most proposed to be near activity centers or transit, and most to be affordable to low and middle-income earners. Each jurisdiction must now work within

their local processes to bring these new units to reality. For each jurisdiction they will work to find the right mix of new committed affordable housing and market-rate housing to address the gap between expected future job growth and the existing

housing stock.

In Alexandria, our ownership stock has been largely stagnant for the past decade.

Ten years ago, we had 21,883 single-family homes. Today, we have 200 less. Ten years ago, we had 18,247 condos. Today, we have just about 400 more. Now our rental stock has grown, during that period, from 33,467 apartments a decade ago, to 40,188 today. Included in these numbers are nearly 1,500 committed affordable units in the past 6 years. While we share of the new COG commitments, we are well-positioned to

The focus of the COG housing commitments and most forwardthinking local planning is to place residential density in close proximity to job centers and transit infrastructure. Doing so reduces commutes, reduces climate impact, reduces costs for residents and increases economic vitality. The consequence of the "broadbrush" legislation being proposed in Richmond would be to not only add density in areas proximate to these job centers and transit infrastructure, but also far-flung areas with little infrastructure. This would compound many of the challenges we face.

A far more enlightened approach for the Commonwealth to take would be to further increase state investment in the development of affordable housing and tie the receipt of such funding to the adoption of land-use policies that help address our region's housing supply needs.

Such an approach would enhance the partnership between the Commonwealth and local jurisdictions and ensure more committed affordable housing in the areas that can benefit from that invest-

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These are heady times for those that believe it's time to address the supply side of our housing equation as a method to improve affordability. Last year, the Metropolitan Washington Council of have more work to do to meet our

City of Alexandria Seeks Alexandria Park and Recreation Commission Endorsement for the Pocket Parks Improvement Plan

> reviewing the plans to develop the budget. Based on the result, an improvement plan will be established for each of the 25 pocket parks. Recommendations from the plan will inform future budgetary and resource decisions.

View the Plan https:// www.alexandriava.gov/recreation/info/ default.aspx?id=65170#P ocketParkPlanning and send comments for the Park and Recreation Commission to Ana Vicinanzo. Urban Planner, ana.vicinanzo@alexandriava.gov by Feb. 19. The Alexandria Park and Recreation Commission will hold a public hearing about their endorsement of the Plan on Feb.

20, at 7 p.m., at Mount Vernon Recreation Center (2701 Commonwealth Avenue).

For more information, contact Ana Vicinanzo, Urban Plan-

ana.vicinanzo@alexandriava.gov or 703.746.5494.

Note: The Plan supports the implementation of the approved 2002 Strategic Master Plan for Open Space, Park and Recreation, and therefore does not require Planning Commission approval.

For reasonable disability accontact commodation, ana.vicinanzo@alexandriava.gov or call 703.746.5494, Virginia Relay 711.

tions and future needs. Through the Plan, strategies are identified and prioritized to achieve short- and long-term incremen-

park's history, existing condi-

The Plan is a study of each ited through surveys and commu-

Newspaper

SENIOR LIVING

Tax Season, Tax Scams

The most common tricks and have to avoid them.

By Marilyn Campbell
The Connection

ax season and tax scams often go handin-hand. Scammers will try to steal tax documents, money and even a person's identity and seniors are often their prime target.

"Con artists will target anyone, but older adults are targeted at higher rates because criminals go where the money is, and older adults have the majority of wealth because of their years of hard work and savings," said Amy Nofziger, Director of Fraud Victim Support at the AARP. "Plus, older adults have not grown up with the technology of today, which has grown so fast."

"Older Adults are often targets because they are going through life transitions and scammers can be very convincing," added Rachel Coates, Director of the Arlington County Agency on Aging. "Awareness is critical."

While numerous scams abound, there are some that are currently more prevalent than others. "The complaints we hear...is the IRS phone scam," said Stacy Northrop of the Fairfax County Office of Public Affairs. "This is where the caller will state that a warrant of arrest has been is-

sued for the victim." "The crook will claim that the recipient in trouble for not paying enough in taxes or not filing properly," added Eric Friedman, Director of the Montgomery County Office of Consumer Protection. "Crooks instill a sense of fear and urgency, then they'll trick the consumer into wiring money or paying over the phone with a prepaid gift card. Consumers make quick decisions that they wouldn't make if there wasn't a sense of urgency."

Some of the features commonly thought to be safe-guards may not be so, says Friedman. "You cannot trust Caller ID to tell you who's really on the other end of the

phone," he said. "Caller ID is of no value because crooks can say anything over the phone. They can have IRS as the name that appears to make it look official."

Telephone calls and emails are two warning signs Norfziger. "It's important to know the red flags of of a scam. scams." she said. "Even

"This is not how the government actually operates," said Nofziger of AARP. "You would always first receive a letter from the IRS, and they would never threaten you with arrest or use foul language. If you receive this type of call, hang up the phone."

Fraudulent emails and websites can be created to look as though they are from a government agency.

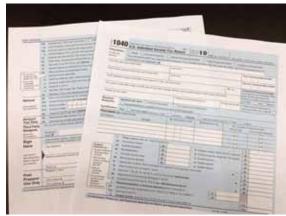


PHOTO BY MARILYN CAMPBELL

Know the warning signs to avoid scams this tax season.

For Help and More Information

- AARP Fraud Watch Network at www.aarp.org/ FraudWatchNetwork. AARP Fraud Watch Network Helpline and our trained fraud specialists can help walk you through it: 877-908-3360.
- Free Help at Montgomery County Libraries: https:// www.montgomerycountymd.gov/volunteercenter/ Resources/Files/taxaideflyer.pdf
- Tax ID Theft Awareness Week: https:// www.idtheftcenter.org/tax-identity-theft-awareness-week-2020/
- ❖ Arlington Adult Protective Services 703-228-1700
- Fairfax County Silver Shield Anti-Scam Campaign https:// www.fairfaxcounty.gov/familyservices/older-adults/fairfaxcounty-silver-shield-anti-scam-campaign

"If anyone calls, mails, emails or texts you asking for money, that is a red flag. If they ask you for personal information such as your Medicare number, Social Security number or financial information, it's a huge red flag."

— Amy Nofziger, Director of Fraud Victim Support at the AARP "Many older adults are unaware that criminals are lurking on what we consider innocent websites or apps, like "Words with Friends," Instagram or other social media platforms," said Nofziger. "This is why education and warning people about the red flags is crucial."

Identify theft is also prevalent during tax season, says Friedman of Montgomery County. "Crooks will steal someone's social security number and file [taxes] really early, like in January or February, before the consumer files their return," he said. "When the consumer really does file, the IRS rejects it. When the problem is reported, the IRS will

have to investigate which takes months to resolve, which is not good if you're getting a refund."

Scammers seek to obtain money from a victim often in the form of wire transfers or cash, says Norfziger. "It's important to know the red flags of

scams," she said. "Even though the scam tactics might vary, the criminals' demands never change. They want money or personal information. So if anyone calls, mails, emails or texts you asking for money, that is a red flag. If they ask you for personal information such as your Medicare number, Social Security number or financial information, it's a huge red flag."

"Crooks instill a sense of fear and urgency. Consumers make quick decisions that they wouldn't make if there wasn't a sense of urgency."

— Eric Friedman, Montgomery County Office of Consumer Protection



Special Edition: PET Connection

Publishes: Feb 26, 2020 Ads close: Feb 20, 2020

The Pet Connection will publish on February 26 and photos and stories of your pets with you and your family should be submitted by February 20.

This edition provides a great advertising opportunity to reach pet owners where they live in a section sure to attract and hold their attention - be sure to take advantage of our different advertising options.

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Reaching Suburban Washington's Leading Households

Oris Gazette Packet

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City Celebrates first African American Fire Chief

From Page

Duty Chief for Emergency Operations, Fire Marshal, FedEx Field Stadium Commander and Special Events Commander.

Following his move to Alexandria, Smedley served as Deputy Chief of the Office of Emergency Management and Homeland Security and Assistant Chief of Administration prior to his appointment as Acting Fire Chief on December 16, 2019.

Smedley holds a Bachelor of Arts degree from the University of the District of Columbia, a Master of Science from Johns Hopkins University and a Certified Public Manager Credential from George Washington University. He also served in the U.S. Army Reserve.

"We're very excited to celebrate Chief Smedley's promotion to Chief of the Alexandria Fire Department," said Mayor Justin Wilson. "Protecting the safety of life and property is one of the most sacred obligations of government. I feel very confident in Chief Smedley's leadership and his stewardship of the department and the men and women who serve."

Jean Smedley stands with her son, Chief Corey Smedley, right, and Mayor Justin Wilson at the swearing-in ceremony at City Hall.



Fire Chief Corey Smedley, left, is congratulated by Sheriff Dana Lawhorne following Smedley's swearing in Jan. 28 at City Hall.





Alexandria Fire Chief Corey Smedley makes remarks following his formal swearing in Jan. 28 at City Hall.



Fire Chief Corey Smedley, second from right, with wife Yolanda and sons Justin Evans and Cemille Smedley celebrate following Smedley's formal swearing in Jan. 28 at City Hall.

$Bon\ Voyage\ {\tt Feb.1\ send\ off\ for\ Historic\ Hose\ Carriage}.$

By Jeanne Theismann Gazette Packet

he Friendship Firehouse Museum will bid a temporary adieu to the historic 1858 Prettyman Hose Carriage with a send-off reception Feb. 1 prior to its removal for restoration and conservation work.

On hand at the reception will be Conservator Josiah Wagener, who will discuss how the conservation treatment will affect the appearance of the apparatus and the techniques he will use for treatment. The hose-reel carriage was made in Alexandria in the North Pitt Street shop of coach maker and Friendship member Robert F. Prettyman. State of the art technology of its time, it provided firefighters a steady stream of water.

The Friendship Fire Company purchased the ornate hose reel carriage in 1858. Through the support of the Friendship Veterans Fire Engine Association, community donors and its win as the No. 1 Virginia Endangered Artifact of 2019, Historic Alexandria is sending the hose carriage off for the much-needed conser-

vation.

"This is a great opportunity to see the Friendship Firehouse Museum," said Friendship Firehouse Veterans Association member Joe Shumard. "On exhibit with the hose carriage are buckets, hoses, axes, and Friendship's mid-19th century suction engine – elaborately decorated with the company's clasped-hands insignia."

Shumard noted that in addition to fighting fires, Friendship members participated in parades and performed ceremonial duties for civic events. Ceremonial artifacts such as helmets, capes and other regalia are exhibited in the Firehouse Meeting Room.

The reception will be held at the Friendship Firehouse Museum, 107 S. Alfred St., beginning at 12:30 p.m. The event is free and open to the public and refreshments will be served. For more information, visit www.friendshipfireco.org.

Conservation work is set to begin on the 1858 Prettyman Hose Carriage. A reception will be held Feb. 1 prior to its removal from the Friendship Firehouse Museum.





A send off reception for the 1858
Prettyman Hose
Carriage will be
held Feb. 1 at
12:30 p.m. at the
Friendship
Firehouse Museum
prior to its removal for conservation and restoration work.



Eddie Longosz, right, Director of Scouting for the Washington Nationals, and Don Hughes, left, president of the Alexandria Sportsman's Club, honor the Athletes of the Month at the Jan. 22 ASC meeting at the Old Dominion Boat Club. Recognized were: Andrew Lavayen, SSSA Wrestling; Jared Cross, SSSA Basketball; Haley Sabol, EHS Basketball; Darius Johnson, EHS Basketball; Ronan Lauinger, T.C. Williams Swimming; Caroline Schie, T.C. Williams Basketball; and Siobhan Chawk, Bishop Ireton Swim and Dive.



Eddie Longosz, Director of Scouting Operations for the reigning World Series Champion Washington Nationals, speaks to the crowd at the Jan. 22 meeting of the Alexandria Sportsman's Club at the Old Dominion Boat Club.

Photos by Laura Hatcher Photography

Baseball Banter Sportsman's Club hosts Nationals' Longosz.

By Jeanne Theismann Gazette Packet

ddie Longosz, Director of Scouting Operations for the reigning World Series Champion Washington Nationals, was the featured speaker at the Jan. 22 meeting of the Alexandria Sportsman's Club.

Longosz, who joined the Nationals in 2010, gave the crowd an inside look at team operations before presenting the January Athletes of the Month awards. Recognized at the event were: Recognized were: An-

drew Lavayen, SSSA Wrestling; Jared Cross, SSSA Basketball; Haley Sabol, EHS Basketball; Darius Johnson, EHS Basketball; Ronan Lauinger, T.C. Williams Swimming; Caroline Schie, T.C. Williams Basketball; and Siobhan Chawk, Bishop Ireton Swim and Dive.

Founded in 1947, the ASC is a nonprofit organization dedicated to promoting athletic and scholastic achievement among Alexandria's youth and celebrating local sports camaraderie and history. For more information, visit

www.alexandriavasports.org.

Power Play

Visit Alexandria launches leadership program.

By Jeanne Theismann Gazette Packet

he Fred W. Smith National Library for the Study of George Washington at Mount Vernon was the setting for the Jan. 16 launch of The Leadership Collection at Alexandria, a new initiative by Visit Alexandria to highlight customized leadership training and teambuilding programs for corporations and executives.

More than 60 guests attended the reception, which highlighted three Alexandria-based leadership and team building institutes —the George Washington Leadership Institute at Mount Vernon, McChrystal Group Leadership Institute and Building Momentum.

"Alexandria offers meeting experiences that aren't found in other places, and the new Leadership Collection at Alexandria is the perfect example of that," said Lorraine Lloyd, vice president of sales and international marketing for Visit Alexandria. "We're thrilled to bring our partners together and offer this new program that provides groundbreaking content with top-end facilitators in one-of-a kind venues and an inspiring destination that's easily accessible."

Through the Leadership Collection at Alexandria, Visit Alexandria will offer customizable programs targeting meeting planners and CEOs to help corporations improve teamwork and leadership skills. Partnering with Visit Alexandria are the George Washington Leadership Institute at Mount Vernon, Building Momentum, a veteran-owned problem-solving, technology and engineering consulting group, and McChrystal Group Leadership Institute, founded by retired four-star general Stan McChrystal. For more information, visit www.AlexandriaLeadershipCollection.com.

Clare Moore, right, gives attendees a tour of the vault, which holds Washington's books and rare manuscripts, during The Leadership Collection at Alexandria launch event Jan.

16 at the Fred W. Smith National Library for the Study of George Washington at Mount Vernon.



Cheyanne Dwyer of Building Momentum, Brad Halsey of Building Momentum, Lorraine Lloyd of Visit Alexandria, Joseph Stoltz of George Washington's Mount Vernon, Marty Schweitzer of McChrystal Group, and Tom Kaiden of Visit Alexandria celebrate the launch of The Leadership Collection at Alexandria on Jan. 16 at the Fred W. Smith National Library for the Study of George Washington at Mount Vernon



ENTERTAINMENT

4 Dates to Circle in February

By Hope Nelson

tart the month with ice cream and see it through to an Oktoberfeststyle anniversary celebration, with plenty of stop-offs in between. What's cooking in Alexandria this February? Read on to find out.

Ice Cream for Breakfast Day at Jeni's Splendid Ice Creams, Feb. 1

APPETITE

Why not kick the month off in the most decadent

way possible? From 8 a.m. to noon on the first day of the month - happily a Saturday, at that - Jeni's will be scooping up the shop's new skillet cinnamon roll ice cream. Need a little more kick with your cream? Try a

like - a scoop of ice cream tucked into a mug of coffee. (Pro tip: Get there early to snag a souvenir mug.) All the profits from the four-hour event will go to DoSomething.org. 102 S. Patrick St. 8 a.m.-

Colossal IX Release Party at Port City Brewing, Feb. 1

Port City Brewing is celebrating its ninth anniversary, and what better way to ring in a new year but with the newest version of its Colossal series. This year's model is a Weizenbock style, bringing a full-bodied, wheat-based beer to the table. If you've missed some of the Colossal brews from years past, several varieties will be on offer with limited supply. Count on live music and

coffee float, which is just what it sounds a variety of food trucks to keep things lively all day. And can't make it to the Saturday event? Port City will kick off its weekend celebration with some Friday festivities, as well. 3950 Wheeler Ave. Noon-11 p.m.

Chocolate and Cheese Class at Cheesetique, Feb. 10

Just in time for Valentine's Day, Cheesetique will help you step up your Agame. Cheesetique owner Jill Erber and chocolatier Robert Kingsbury team up to walk you through an evening of decadence. Learn about how to make chocolate, how to pair said chocolate with both wine and cheese and, naturally, get ready to taste the samplings. An abundance of chocolate, plus half a dozen cheeses and two wines, will be available for taste-testing - all in the name of education, of course. 2411 Mount Vernon Ave. 7-8:30 p.m. \$55.

Village Brauhaus One-Year Anniversary Party, Feb. 22

Forget Oktoberfest - the German-style restaurant in Old Town is having a celebration for another reason this February. Village Brauhaus turns a year old this month, and the pub is having a party to toast the occasion. Food specials - and beer specials, naturally - will be on offer all day, and Johnny Koenig and his band will bring in live music from 3 to 7 p.m. 710 King St. 11:30 a.m.-2 a.m.

Hope Nelson is the author of "Classic Restaurants of Alexandria" and owns the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

Calendar

Submit entertainment announcewww.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

"Repetitions." Now thru Feb. 9. At Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union Street, Alexandria. Repeated patterns, repeated themes. repeated textures and repeated colors all lead to interesting and exciting pieces. Themed work will be eligible for recognition by the jurors. Nonthemed work will also be exhibited. Visit the website:

www.Potomacfiberartsgallery.com

"The King's Shadow." Now thru April
19. 8 p.m. At The Lab at
Convergence, 1819 N. Quaker Lane, Alexandria. In this season, Shakespeare's Histories: "The King's Shadow" runs January 2nd - April 19th, 2020; "Richard the Second" runs January 2 - April 18, 2020; "Henry the Fourth, Part 1" runs January 30 - April 18, 2020; "Henry the Fourth, Part 2" runs February 13 - April 19, 2020; and "Henry the Fifth" runs March 12 - April 19, 2020. These plays follow the troubled passing of the English crown from the philosopher King Richard II, to the conqueror King Henry IV, to his rogue son, Prince Hal. With his father's deeds looming over him, Hal indulges in a reckless adolescence that tarnishes his reputation. But when the time comes to rule, Hal must take control of how history will remember him, unite his country, and become the legendary King Henry V. Tickets are \$35. Contact boxoffice@bravespiritstheatre.com or www.bravespiritstheatre.com.

NOW THRU DEC. 9

Life Drawing Sessions. At Del Ray Artisans, 2704 Mount Vernon Ave., Alexandria. Looking for a chance to hone your figure drawing skills? Del Rav Artisans offers a range of open life drawing sessions for just this purpose. Just drop in for the session and bring your supplies to draw or paint the live models. Fee ranges from \$8-\$12. All skill levels are welcome. Visit DelRayArtisans.org/

FEB. 29 Winter Pruning for Woody Plants.



The house of Alexandria town founder Col. John Carlyle, who is turning 300.

Happy 300th Birthday John Carlyle 8

Saturday/Feb., 12-4 p.m. At Carlyle House Historic Park, Alexandria. Help wish a happy 300th birthday to Alexandria town founder, Col. John Carlyle. Festivities will include 18th-century dancing, live music, and a birthday treat! Admission is free, but donations are welcome.

10 - 11:30 a.m. At American Horticultural Society River Farm, 7931 E. Boulevard Drive, Alexandria. Winter is the best time to prune many trees and shrubs. Come for hands-on training on the how, when, and why to prune hedges, multi-stem shrubs, small trees, and large branches. The results will be healthier and fuller growth, better flowers and fruit, and attractive landscaping. Bring your own tools, and remember to dress for the weather! Entire class is held outdoors. This class is offered by Extension Master Gardeners. Free. Advance registration required by Feb. 26, at mgnv.org. Space is limited and we cannot accept walk-ins. Call 703-228-6414 or email mgarlalex@gmail.com

THURSDAY/JAN. 30

Chamber Reception. 6-9 p.m. At National Industries for the Blind, 3000 Potomac Avenue, Alexandria. Alexandria Chamber of Commerce 2020 Chairman's Reception presented by United States Senate Federal Credit Union. They'll be highlighting what's on the horizon for Alexandria as we enter the 2020s. The event will feature food, music,

drinks and a live auction.

FRIDAY/JAN. 31

Travel Tech. 10:15 a.m. – 12 p.m. At Ellen Coolidge Burke Branch Library, 4701 Seminary Road, Alexandria. Before you explore the world, see what website and travel apps are available to help you plan your next trip. In the class we will examine free apps and websites that can be used to plan your trip and offer assistance during your stay away. Please feel free to bring your device to follow along. Registration is preferred.

JAN.31 TO FEB. 1

Tasting Room Colossal IX Release Party. Friday, Jan. 31, 2020, 12-10 p.m. and Saturday, Feb. 1, 2020, 12-11 p.m. At Port City Brewing Company, 3950 Wheeler Avenue. Alexandria. To toast to nine years of brewing, Port City Brewing Company will release COLOSSAL IX, a German-Style Weizenbock and host a two-day Release and Anniversary Party.

SATURDAY, FEB. 1

Shoreline Trash Cleanup. 9 a.m. to 12 p.m. At Belle Haven Park, South Parking Lot, GW Memorial Parkway,

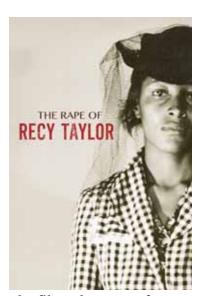
The Rape of Recy Taylor

Saturday/Feb. 8, 11 a.m. at Alexandria's History Museum at the Lyceum, Alexandria. The Alexandria Black History Museum will be hosting a screening of the award-winning documentary film The Rape of Recy Taylor followed by a discussion and audience Q&A at Alexandria's History Museum at the Lyceum. Cost is \$10, reservations required at <u>alexandriava.gov/shop</u>. Recy Taylor, a 24-year-old Black mother and sharecropper, was gang raped by six white boys in 1944 Alabama. Sexual violence like this happened commonly in the Jim Crow South and few women spoke up in fear for their lives. Not Recy Taylor: She bravely identified her rapists. The NAACP sent its rape investigator Rosa Parks to Alabama, who rallied support and triggered an unprecedented outcry for justice. Visit: therapeofrecytaylor.com.

Alexandria (22307). Join the Friends of Dyke Marsh for a Potomac River shoreline cleanup. Wear warm clothes, sturdy shoes and bring water. Probably not good for children under age 8. No pets, please. Call Glenda Booth at 703-765-5233 or visit the website www.fodm.org.

Used Book Sale. 10 a.m. – 4 p.m. at Sherwood Regional Library, 2501 Sherwood Hall Lane, Alexandria. Selection of over 20,000 gently used children's books, fiction, history, biography, home and garden, cooking, crafts, sports, religion, travel, CDs, DVDs, and more. Unless specially priced, \$1 for hard backs, 50 cents for large paperbacks, and 25 cents for mass market paperbacks. Visit https://www.fairfaxcounty.gov/ library/branches/friends-ofsherwood-regional.

Storytime with Young Historians. 11 a.m. At The Alexandria Black History Museum, 902 Wythe Street, Alexandria. Bring your children to the Alexandria Black History Museum for cultural stories and creative craft activities that introduce history and promote diversity. The Museum Educator will be reading The Undefeated written by author Kwame Alexander and illustrated by Kadir Nelson. All ages are welcome, but



The film, The Rape of Recy Taylor will be shown on Saturday, Feb. 8 at the Alexandria's History Museum at the Lyceum.

most suitable for children 3-6 years old. Admission is \$3 per person. Tickets are available online at alexandriava.gov/shop. Call 703-746-4356 or visit <u>alexandriava.gov/</u> blackhistory.

Multi-Level Remodeled Home

Tour. 12-4 p.m. At 6837 Corder Lane, Lorton. Learn how your neighbors are modifying their homes for a better quality of life. Bring family and friends together in a way that fits your lifestyle. Create open, private, and specialized spaces for all to visit comfortably. Presented by Sun Design, an Architectural Design-Build firm. Call 703-425-5588 or visit www.SunDesignInc.com. **Hose Carriage Send-Off.** 12:30-2

p.m. At Friendship Firehouse . Museum, 107 S. Alfred Street, Alexandria. The Friendship Fire Company purchased an ornate hose reel carriage in 1858. Now, thanks to the support of the Friendship Veterans Fire Engine Association, community donors, and its win as the No. 1 Virginia Endangered Artifact of 2019. Historic Alexandria is sending the hose carriage off for muchneeded conservation. Come and wish the hose carriage Bon Voyage. Visit www.friendshipfirehouse.net.; or

SEE CALENDAR, PAGE 11

www.ConnectionNewspapers.com

Entertainment

FROM PAGE 10 contact the museum by calling 703-746-3891.

Washington Gardener Seed
Exchange. 12:30-4:30 p.m. At
Green Spring Gardens, 4603 Green
Spring Road, Alexandria./(Adults)
Washington Gardener Magazine is
co-hosting the 15th annual seed
exchange at Green Spring Gardens
with lectures, a face-to-face seed
swap, and more. Bring your extra
seeds to swap and leave with a bag
full of seeds, new garden friends, and
expert planting advice. Verified
Friends of Green Spring members
\$15 (code CIE.4043), other guests
\$20 (code CIE.5B00). Register

Gardens at 703-642-5173.

Hot Cocoa Wetland Night Hike. 5-6:30 p.m. At Huntley Meadows Park, 3701 Lockheed Blvd., Alexandria. Sip hot cocoa and join a naturalist for a winter wetland tour after dark. Look for signs and listen for sounds of beavers, owls, deer and other nocturnal winter animals. Cost is \$9 per person. Children must be accompanied by a registered adult. Call 703-768-2525 or visit www.fairfaxcounty.gov/parks/

huntley-meadows.

online at www.fairfaxcounty.gov/

parks/parktakes or call Green Spring

Country-Western Dance. 7-9:30 p.m. at Lincolnia Senior Center, 4710 North Chambliss St., Alexandria. The Northern Virginia Country-Western Dance Association will hold a dance with lessons, 6-7 p.m. and open dancing, 7-9:30 p.m. A DJ provides music. Couples and singles of all ages welcome. Admission for members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. Smoke-free, alcohol-free. BYO refreshments. Visit www.nvcwda.org for more.



The Alexandria All City High School Art Exhibition hosted by the Convergence Arts Initiative returns Feb. 7 – March 28.

Student Art Exhibit

Feb. 7 to March 28, At the Gallery at Convergence, 1801 N. Quaker Lane, Alexandria. The Alexandria All City High School Art Exhibition hosted by the Convergence Arts Initiative returns Feb. 7 – March 28 for its fifth year. 2020's experience will feature over 90 Alexandria high school students representing six high schools including public, private, and independent spanning over 10 different mediums of art. Returning for 2020's collaborative event are students from Bishop Ireton, Episcopal High School, T.C. Williams, St. Stephen's and St. Agnes School, Commonwealth Academy, and The Howard Gardner School.

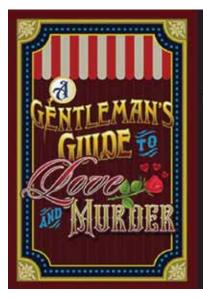
Artists Reception: Friday, February 21st 2020. 7 – 9 p.m.

FHLL Field of Dreams Gala. 7 p.m.
At Mount Vernon Country Club, 5111
Old Mill Road, Alexandria. Join Fort
Hunt Little League at the Field of
Dreams Fundraiser and Gala.
Proceeds will benefit FHLL fields and
training programs. Cost is \$100.

Visit the website: forthuntlittleleague.org

SUNDAY, FEB. 2
Winter Lecture: Building a Piet

SEE CALENDAR, PAGE 12



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19/20

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ENTERTAINMENT



The Yale Whiffepoofs will perform on Friday, Feb. 7 at the George Washington Masonic National Memorial.

Yale Wiffenpoofs Perform

Friday/Feb., 7:30 p.m. At George Washington Masonic National Memorial, 101 Callahan Drive, Alexandria. The Alexandria dria Harmonizers present the Yale Whiffenpoofs. The group, now with women, is the world's oldest collegiate a cappella ensemble and celebrated for its excellence. The award-winning Harmonizer chorus, now in its 72nd year, will also perform. Cost is \$30. Visit the website: www.harmonizers.org

CALENDAR

From Page 11

Oudolf Meadow. 1:30-2:30 p.m. At Green Spring Gardens, 4603 Green Spring Road, Alexandria./ (Adults) Join horticulturist Gregg Tepper as he shares the engaging tale of building a Piet Oudolf designed Meadow Garden. With every great project and large planting there is a story, and Gregg shares the background, the details and all the behind-the-scenes magic that made this garden a reality. \$10 per person. Register online at www.fairfaxcounty.gov/parks/ parktakes (code D7A.7D99) or call

Green Spring Gardens at 703-642-

The President's Own Marine Band. 2 p.m. At Schlesinger Concert Hall at NOVA, 4915 East Campus Drive, Alexandria. The U.S. Marine Band presents "Traditions." For 222 years, the U.S. Marine Band has brought the finest music to the American people, the Commandant of the Marine Corps, and the President of the United States. As the nation's oldest continually active professional musical organization, The President's Own" has become an important symbol of our country's living history. In honor of that storied heritage, this traditional program offers Sousa marches, stunning overtures, virtuosic solos, and two of the most important works composed for band: Percy Grainger's Lincolnshire Posy and Gustav Holst's

First Suite in E-flat. George Washington's Alexandria

Tour. 2-:30 p.m. At 101 N. Union Street, Alexandria. Explore historic Old Town Alexandria as George Washington knew it. This 90-minute guided walking tour will explore sites associated with Washington and his closest colleagues, including John Fitzgerald's warehouse, Captain's Row, Gentry Row, the Apothecary shop, Ramsay House, Market Square, the Carlyle House, Wise's Tavern, Duvall Tavern, Gadsby's Tavern, and Washington's townhouse. The tour begins behind the Torpedo Factory's south entrance, in front of Vola's Dockside Grill. Free. No reservations required. Offered by the Office of Historic Alexandria. Contact 703599-4010 or suej020924@gmail.com.

TUESDAY/FEB. 4

Seeds: Selecting and Starting. 7 -8:30 p.m. At Barrett Library, 717 Queen Street, Alexandria. Jumpstart your vegetable garden. Get the scoop on seed selection - hybrid vs. heirloom, which seeds to start indoors and what's required to get them growing. Learn how to make your own starter pots, create simple lighting systems, and practice winter sowing by starting seeds outdoors in milk-jug greenhouses. Germination is complex, but seed starting is reassuringly simple. This class is offered by Extension Master Gardeners. Free. Advance registration requested at mgnv.org. Call 703-228-6414 or email mgarlalex@gmail.com.

THURSDAY/FEB. 6

Decluttering Workshop. 1-3 p.m. At Charles Beatley Library, 5005 Duke Street, Alexandria. At Home in Alexandria is sponsoring a Decluttering and Downsizing Workshop featuring experts who will guide you on getting started or getting help in this process. Preregistration is required. Free. Visit the website www.athomeinalexandria.org

FRIDAY/FEB. 7

Opening Reception. 7-9 p.m. At Del Ray Artisans Gallery in the Colasanto Center, 2704 Mount Vernon Avenue, Alexandria. Opening reception for the "Kondo vs. Chaos" art exhibit (Feb. 7 – March 1), which explores ways artists visualize the world and their preference for order, disarray, or a balance of both. Meet the artists. Gallery hours are: Thursdays 12-6 p.m., Fridays 12-9 p.m., Saturdays 12-9 p.m., and Sundays 12-6 p.m. The gallery is free, open to the public, and accessible. Visit www.delrayartisans.org/event/ kondo-vs-chaos/

FEB. 7 TO MARCH 28

Student Art Exhibit. At the Gallery at Convergence, 1801 N. Quaker Lane, Alexandria, The Alexandria All City High School Art Exhibition

hosted by the Convergence Arts Initiative returns Feb. 7 – March 28 for its fifth year. 2020's experience will feature 90 Alexandria high school students representing six high schools including public, private, and independent spanning over 10 different mediums of art. Returning for 2020's collaborative event are students from Bishop Ireton, Episcopal High School, T.C. Williams, St. Stephen's and St. Agnes School, Commonwealth Academy, and The Howard Gardner School. Artists Reception: Friday, Feb. 21 from 7 - 9

SATURDAY/FEB. 8

Alexandria Boutique Warehouse

Sale. 9 a.m. to 4 p.m. At Westin Alexandria Old Town, Alexandria. Deemed in the region as the "Super Bowl of Shopping Event," the winter deals event will take place at the Westin Hotel located in the Carlyle District of Old Town Alexandria. The fun, yet casual, free to enter event will include a variety of new boutiques and retailers not only located in Alexandria, but throughout the Metro region. Deal seekers will find the very best from Alexandria's and the regions finest retailers and indie brands with various brands of clothing, shoes, jewelry, home furnishings and more up to 80% off retail prices.

 $\textbf{Speaker Joan Mullholland.}\ 10:30 \\$ a.m. At Sherwood Regional Library 2501 Sherwood Hall Lane, Alexandria. Joan Mullholland, American Civil Rights activist and a Freedom Rider, with video documentary. Sponsored by the Mount Vernon AAUW. Contact Patsy Quick, Mt. Vernon AAUW President, at pnquick@cox.net.

Art Show Reception. 1-3 p.m. At Green Spring Gardens, 4603 Green Spring Road, Alexandria./Dawn Flores, mixed media (at the Horticulture Center) and Katherine Ko, oil paintings (at the Historic House). Horticulture Center Hours: Monday-Saturday 9 a.m.-4:30 p.m., Sunday noon-4:30 p.m. Historic House Hours: Wednesday-Sunday noon-4:30 p.m. Free admission. The art show runs 02/04 through 03/29.



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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.

-Werner Heisenberg

Announcements

Legals



The City Council of the City of Alexandria will be attending Local Government Leg-islative Day, Thursday, February 6, 2020, at the Omni Richmond Hotel, located at 100 South 12th Street, Richmond, Virginia There will also be a dinner with the City's Legislative Delegation following the Lo-cal Government Legislative Day activities There will three or more Council members

For information, please call (703) 746-4550.

Gloria A. Sitton, CMC City Clerk and Clerk of Council

Announcements





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Announcements Announcements

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Candidates must apply at www.ocss-va.org

Announcements

Announcements



Legals Legals

SUMMONS

CIVIL (ORIGINAL)

IN THE SUPERIOR COURT OF THE VIRGIN ISLANDS DIVISION OF ST. THOMAS AND ST. JOHN

RC ST. THOMAS, LLC,

Plaintiff.

Case No. ST-13-CV-239

ACTION FOR DEBT AND FORECLOSURE OF REAL PROPERTY, and MORTGAGE

PHILIP N. PILGRIM, CHARLES W. FERREL, JOHN AMARI, RICHARD AMARI, and Heirs at Law of NORMA J. AMARI, deceased, and her unknown heirs, devisees, grantees, assignees, lienors, creditors, trustees, or other claimants; and all parties having a claim, right, title or interest in the property

Richard Amari, Defendant ADDRESS: 2121 Jamieson, Apt 502 VA 22314 Alexandria,

Within the time limited by law (see note below) you are hereby required to appear before this Court and answer to a claim filed against you in this action. In case of your failure to appear or answer, judgment by default will be taken against you as demanded in the Complaint for ACTION FOR DEBT AND FORECLOSURE OF REAL PROPERTY MORTGAGE

Witness my hand and the Seal of the Court this 25th day of February, 2019.

ESTRELLA GEORGE

Richard P. Farrelly, Esq. Birch, de Jongh & Hindels, PLLC Poinsettia House at Bluebeard's Castle 1330 Estate Taarnebjerg St. Thomas, USVI 00802

Telephone: (340) 774-1100/Telecopier: (340) 774-7300

NOTE: The Defendant, if served personally, is required to file his/her answer or other defense with the Clerk of this Court, and to serve a copy thereof upon the Plaintiff's attorney within twenty (20) days after service of this Summons, excluding the date of service. If served by publication or by personal service outside of the jurisdiction, the Defendant is required to file his/her answer or other defense with the Clerk of this Court, and to serve a copy thereof upon the attorney for the Plaintiff within thirty (30) days after the completion of the period of publication or personal service outside of the jurisdiction.

Announcements

Announcements

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Announcements

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Employment

Property Manager:

Plan & direct all operations on property. Resumes to Mr. Abdul-Baki, Main Street Retail LC, 1010 Pendleton St, Alexandria, Va 22314

Legals

ABC LICENSE

Thai Signature Group LLC trading as Thai Signature Local Thai Street Food and Bar, 722 King St Alexandra VA 22314 . The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises, Mixed Beverage Restaurant license to sell or manufacture al coholic beverages. Veerayut Wiwattanachai-saeng. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals

PUBLIC NOTICE

AT&T proposes to replace an existing 30' utility light pole with a new 40' utility light pole and install a top-mounted antenna at 43.3' at 530 S Saint Asaph St, Alexandria, VA (20192128). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

Legals

PUBLIC NOTICE

AT&T proposes to replace an existing 30' wood utility pole with a new 40' wood utility pole and install a top-mounted antenna at 43.3' at 911 S Jefferson St, Alexandria, VA (20192127). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

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Can You Spell Thyroidectomy? (Or Ice Cream?)

By KENNETH B. LOURIE

I couldn't before, Mr. Rogers, but now I can. And I even know what it means, which 10 days ago, in my neighborhood, I wouldn't have had a clue. Now, not only do I have a clue, I have a date for surgery: Jan. 27. Moreover, in addition to a date (and I don't mean my wife, Dina), I have a time and a place, a list of pre-surgical dos and don'ts, and a few items to buy: a post-surgical healing ointment and a special scrub to help minimize the risk of infection. And of course, I've been advised to wear loose-fitting clothing, perhaps a button down cardigan will do. If all goes well, I'll be home in my jammies around supper time when my recovery begins. Details of which are still a bit sketchy. I suppose I'll have to 'recover' to find out.

Let me amend that last sentence: I'll be on a soft-food diet for five days. What might not jump at you is that I don't eat many soft foods (M&Ms melting in one's mouth instead of their hands likely doesn't count). More significantly and quite out of my ordinary, my wife, Dina will be managing and controlling my menu. So far that menu includes eggs, pudding, apple sauce; all good but her last two items: spinach and kale, not good at all. I imagine I'll survive the surgery, but given how rarely Dina and have shared meals together over the years, I may not survive the recovery. And though her heart and head might be in the right place, I'm afraid my knife and fork won't be. During the best of times, I'm challenging to feed. After my surgery, I'm likely going to be at my worst. Although I certainly don't look it, food has always been the bane of my existence.

But at that post-surgical point, aren't I entitled? I mean, when I was a little boy and had my tonsils removed, I remember being given ice cream to eat - in bed. That had never happened before - or since, quite frankly. Soft foods. What's softer than ice cream? Why should I be deprived? I have two types of cancer. Yet so far, I don't see ice cream on the list. Maybe Dina's waiting for confirmation from the surgeon that cold foods are just as soft as hot. If true, I think I'm going to need that in ALL CAPS to convince my wife to give in to my indulgences. After all, one's thyroid gland isn't extracted every day so shouldn't I scream (perhaps whisper would be advisable) for ice cream? Wouldn't it soothe the savage beast that I might be after surgery? Presumably there will be some pain or discomfort and/or side effects from prescription medications I'm obliged to take so why not humor me; I like to laugh.

Except there's really nothing funny about surgery, other than the old joke: it's minor surgery when it's someone else, when it's me, it's major. So even though I've been told on relatively good authority that a thyroidectomy is not exactly major surgery, it's still me that's being anesthetized and operated on for four hours. And though I'd rather it would be somebody else. I don't see how that would help remove my thyroid gland which apparently has spread cancer to my neck and a lymph node. I guess if it has to come out, it might as well come out of me. And then we can get on to the business of learning whether I have one cancer or two and perhaps get an updated assessment of my life expectancy. If I had my druthers, I'd just as soon have only one cancer. Two is too much.

That being said/vented, right now, I just want to wake up after surgery and get home. And wnen I get there, either that night or for breakfast the next day, there better be a pint or two of ice cream with my name on it. I think it's only fair, don't you?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SATURDAY/FEB. 1

Foster Parent Orientation.11 a.m. to 12:30 p.m. At Duncan Library, 2501 Commonwealth Ave, Alexandria. The City of Alexandria will hold a free, no obligation information session for prospective foster parents. An agency representative will be on hand to answer any questions and explain the requirements to foster and/or adopt. To RSVP, call 703-746-5858 or email Christine.Levine@alexandriava.gov.

ALEXANDRIA SOLICITS FEEDBACK

The City of Alexandria is soliciting feedback on the name of the park at 3550 Commonwealth Avenue, located on the corner of Commonwealth Avenue and Reed Avenue. The public is invited to participate in an online survey now through March 3, 2020 to provide feedback on two proposed names:

- 1. Unity Park: As stated in the proposal, Unity Park reflects the "hopes and dreams that we have for this park...it would be a place of connection, recreation, and fun for all of the people that live in the neighborhoods surrounding it. It would also serve as a reminder of where we have come from and where we are going. In addition, the name also speaks to the fact that it sits between several neighborhoods and recognizes all the work the residents of the various surrounding neighborhoods put into the original park construction.'
- Shirley Tyler Park: The proposal states that for more than 40 years, Mrs. Shirley Tyler was a community leader in Alexandria. Tyler and her family moved to Arlandria in 1965 where she was a resident until her death in February 2018. They were the first African American homeowners in their neighborhood. Tyler became involved in the Arlandria Civic Association. In 1973, Tyler was appointed to the Alexandria School Board. From 1974 to 1976, she served as vice chair and from 1980 to 1982 served as the first African American female chairperson. She was an educator. From 1969 to 1979, she was a 2nd and 3rd grade teacher at Grace Episcopal School. In 1975, she became the Headmistress and remained in that position until her retirement in 1989. Visit alexandriava.gov/100128.

POLICE DEPARTMENT ACCEPTING APPLICATIONS

Get to know your Police Department. The 10-week Alexandria Community Police Academy provides an opportunity for residents to learn about various aspects of the Police Department, such as administrative philosophy, internal policies and the guiding principles of law and ethical conduct governing the delivery of police services. Classes are a combination of lecture and interactive activities. Class topics will include patrol operations, gangs, crime prevention, crime scene investigations, criminal investigations and the Special Operations Team. The academy will be held every Wednesday from

6:30 p.m. to 10 p.m. at the Police Department's Headquarters at 3600 Wheeler Ave in the Community Room, located on the 1st floor. Classes begin on March 11, 2020 and will end with a formal graduation ceremony on May 20,

The program is offered free of charge, however as a condition of participating in the Community Police Academy, each participant will be asked to volunteer for a minimum of 10 hours per year post graduation. Visit www.alexandriava.gov/ police and search Community Police Academy or e-mail the Volunteer Office at mary.bruno@alexandriava.gov. The deadline for registrations is Feb. 7, 2020.

To see other academies offered by the city, visit www.alexandriava.gov/academies.

VOLUNTEERS NEEDED

Help the Alexandria Domestic Violence Program (DVP) and Sexual Assault Center (SAC) make a positive impact for those in need and increase awareness of domestic violence and sexual assault in our community by becoming a volunteer. Volunteers benefit from the unique experience of interacting personally with victims of domestic violence and sexual assault. There are opportunities in DVP for special events volunteers, court advocates and shelter supervisors, Call 703-746-4911 or visit alexandriava.gov/DomesticViolence. To become a SAC volunteer, which includes opportunities for Volunteer Hotline Advocates, call Lydia at 703-746-3127 or visit alexandriava.gov/





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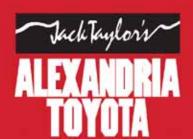
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Old Town \$1,649,999

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